

LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,
Mediwheel (Arcofemi Healthcare Limited)
Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	MS. POOJA
EC NO.	109270
DESIGNATION	CLEARING HUB
PLACE OF WORK	GHAZIABAD
BIRTHDATE	06-08-1989
PROPOSED DATE OF HEALTH CHECKUP	14-01-2023
BOOKING REFERENCE NO.	22M109270100035918E

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **07-01-2023** till **31-03-2023**. The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

Chief General Manager
HRM Department
Bank of Baroda

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))



बैंक ऑफ़ बड़ौदा
Bank of Baroda

NAME **POOJA**
Name

EMPLOYEE ID **109270**

POOJA



Issuing Authority: _____ Signature of holder: _____



सत्यमेव जयते
भारत सरकार



आधार

भारतीय विज्ञान संस्थान
भारत सरकार
Unique Identification Authority of India

नामांकन क्रम / Enrollment No 1001/18045/03051

To,
पूजा
Pooja
D/O Pramod Kumar Tyagi
Morta
Ghaziabad Ghaziabad
Uttar Pradesh 201001

06/03/2012

Ref. 30 / 09D / 59587 / 59850 / P



UE284521321IN



आपका आधार क्रमांक / Your Aadhaar No. :

3222 6651 5871

आधार - आम आदमी का अधिकार



भारत सरकार



पूजा
Pooja
जन्म वर्ष / Year of Birth : 1989
महिला / Female



3222 6651 5871

आधार - आम आदमी का अधिकार



सूचना

- आधार पहचान का प्रमाण है, नागरिकता का नहीं।
- पहचान का प्रमाण ऑनलाईन ऑथन्टीकेशन द्वारा प्राप्त करें।

INFORMATION

- Aadhaar is proof of identity, not of citizenship.
- To establish identity, authenticate online.

- आधार देश भर में मान्य है।
- आधार भविष्य में सरकारी और गैर-सरकारी सेवाओं का लाभ उठाने में उपयोगी होगा।
- Aadhaar is valid throughout the country.
- Aadhaar will be helpful in availing Government and Non-Government services in future.

09D/59587



भारतीय विशिष्ट पहचान प्राधिकरण
INDIAN IDENTIFICATION AUTHORITY OF INDIA

पता: D/O प्रमोद कुमार त्यागी, मोरटा,
गाज़ियाबाद, गाज़ियाबाद, उत्तर प्रदेश,
201001

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Ghaziabad, Uttar Pradesh,
201001

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P.O. Box No.1947,
Bengaluru-560 001

RADIOLOGY REPORT

Name	Pooja TYAGI	Modality	US
Patient ID	MH010712607	Accession No	R5037204
Gender/Age	F / 33Y 5M 9D	Scan Date	14-01-2023 11:33:35
Ref. Phys	Dr. HEALTH CHECK MGD	Report Date	14-01-2023 14:00:12

USG ABDOMEN & PELVIS**FINDINGS**

LIVER: appears enlarged in size (measures 155 mm) but normal in shape and shows diffuse increase in liver echotexture, in keeping with diffuse grade I fatty infiltration. Rest normal.

SPLEEN: Spleen is normal in size (measures 96 mm), shape and echotexture. Rest normal.

PORTAL VEIN: Appears normal in size and measures 10 mm.

COMMON BILE DUCT: Appears normal in size and measures 3.2 mm.

IVC, HEPATIC VEINS: Normal.

BILIARY SYSTEM: Normal.

GALL BLADDER: Gall bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.

PANCREAS: Pancreas is normal in size, shape and echotexture. Rest normal.

KIDNEYS: Bilateral kidneys are normal in size, shape and echotexture. Cortico-medullary differentiation is maintained. Rest normal.

Right Kidney: measures 95 x 43 mm.

Left Kidney: measures 85 x 43 mm. A small cortical cyst with cyst wall calcification measuring 7 x 7 mm is seen at mid pole.

PELVI-CALYCEAL SYSTEMS: Compact.

NODES: Not enlarged.

FLUID: Nil significant.

URINARY BLADDER: Urinary bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.

UTERUS: Uterus is retroverted, normal in size (measures 74 x 37 x 35 mm) and shape but shows coarse myometrial echotexture. Endometrial thickness measures 5.3 mm. Cervix appears normal.

OVARIES: Both ovaries are normal in size, shape and echotexture. Rest normal.

Right ovary measures 21 x 20 x 17 mm with volume 3.7 cc.

Left ovary measures 24 x 22 x 12 mm with volume 3.5 cc.

Bilateral adnexa is clear.

No free fluid is seen in cul-de-sac.

BOWEL: Visualized bowel loops appear normal.

IMPRESSION

-Hepatomegaly with diffuse grade I fatty infiltration in liver.

-Small left renal cortical cyst with cyst wall calcification.

-Coarse myometrial echotexture of uterus.

Recommend clinical correlation.

MANIPAL HOSPITALS

This document is digitally signed and hence no physical signature is required

Teleradiology services provided by Manipal Hospitals Radiology Group

This report is subject to the terms and conditions mentioned overleaf

RADIOLOGY REPORT

Name	Pooja TYAGI	Modality	US
Patient ID	MH010712607	Accession No	R5037204
Gender/Age	F / 33Y 5M 9D	Scan Date	14-01-2023 11:33:35
Ref. Phys	Dr. HEALTH CHECK MGD	Report Date	14-01-2023 14:00:12



Dr. Monica Shekhawat, MBBS, DNB,
Consultant Radiologist, Reg No MCI 11 10887

RADIOLOGY REPORT

Name	Pooja TYAGI	Modality	DX
Patient ID	MH010712607	Accession No	R5037203
Gender/Age	F / 33Y 5M 9D	Scan Date	14-01-2023 11:18:25
Ref. Phys	Dr. HEALTH CHECK MGD	Report Date	14-01-2023 11:32:03

XR- CHEST PA VIEW

FINDINGS:

LUNGS: Normal.
 TRACHEA: Normal.
 CARINA: Normal.
 RIGHT AND LEFT MAIN BRONCHI: Normal.
 PLEURA: Normal.
 HEART: Normal.
 RIGHT HEART BORDER: Normal.
 LEFT HEART BORDER: Normal.
 PULMONARY BAY: Normal.
 PULMONARY HILA: Normal.
 AORTA: Normal.
 THORACIC SPINE: Normal.
 OTHER VISUALIZED BONES: Normal.
 VISUALIZED SOFT TISSUES: Normal.
 DIAPHRAGM: Normal.
 VISUALIZED ABDOMEN: Normal.
 VISUALIZED NECK: Normal.

IMPRESSION:

No significant abnormality noted.

Recommend clinical correlation.



Dr. Monica Shekhawat, MBBS, DNB,
 Consultant Radiologist, Reg No MCI 11 10887

MANIPAL HOSPITALS

This document is digitally signed and hence no manual signature required

Teleradiology services provided by Manipal Hospitals Radiology Group

This report is subject to the terms and conditions mentioned overleaf

LABORATORY REPORT

Name	: MRS POOJA TYAGI	Age	: 33 Yr(s) Sex :Female
Registration No	: MH010712607	Lab No	: 32230105090
Patient Episode	: H18000000149	Collection Date	: 14 Jan 2023 20:32
Referred By	: HEALTH CHECK MGD	Reporting Date	: 14 Jan 2023 21:55
Receiving Date	: 14 Jan 2023 21:04		

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
THYROID PROFILE, Serum			
T3 - Triiodothyronine (ECLIA)	0.92	ng/ml	[0.70-2.04]
T4 - Thyroxine (ECLIA)	7.19	micg/dl	[4.60-12.00]
Thyroid Stimulating Hormone (ECLIA)	5.340 #	μIU/mL	[0.340-4.250]
1st Trimester:0.6 - 3.4		micIU/mL	
2nd Trimester:0.37 - 3.6		micIU/mL	
3rd Trimester:0.38 - 4.04		micIU/mL	

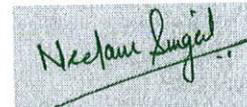
Note : TSH levels are subject to circadian variation, reaching peak levels between 2-4.a.m.and at a minimum between 6-10 pm.Factors such as change of seasons hormonal fluctuations,Ca or Fe supplements,high fibre diet,stress and illness affect TSH results.

* References ranges recommended by the American Thyroid Association

- 1) Thyroid. 2011 Oct;21(10):1081-125.PMID .21787128
- 2) <http://www.thyroid-info.com/articles/tsh-fluctuating.html>

Page 1 of 8

-----END OF REPORT-----



Dr. Neelam Singal
CONSULTANT BIOCHEMISTRY

LABORATORY REPORT

Name	: MRS POOJA TYAGI	Age	: 33 Yr(s) Sex :Female
Registration No	: MH010712607	Lab No	: 202301001475
Patient Episode	: H18000000149	Collection Date	: 14 Jan 2023 10:28
Referred By	: HEALTH CHECK MGD	Reporting Date	: 14 Jan 2023 12:52
Receiving Date	: 14 Jan 2023 10:28		

HAEMATOLOGY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
COMPLETE BLOOD COUNT (AUTOMATED)		SPECIMEN-EDTA Whole Blood	
RBC COUNT (IMPEDENCE)	3.89	millions/cu mm	[3.80-4.80]
HEMOGLOBIN	10.7 #	g/dl	[12.0-15.0]
Method:cyanide free SLS-colorimetry			
HEMATOCRIT (CALCULATED)	32.9 #	%	[36.0-46.0]
MCV (DERIVED)	84.6	fL	[83.0-101.0]
MCH (CALCULATED)	27.5	pg	[27.0-32.0]
MCHC (CALCULATED)	32.5	g/dl	[31.5-34.5]
RDW CV% (DERIVED)	15.5 #	%	[11.6-14.0]
Platelet count	292	x 10 ³ cells/cumm	[150-400]
MPV (DERIVED)	12.2		
WBC COUNT (TC) (IMPEDENCE)	8.28	x 10 ³ cells/cumm	[4.00-10.00]
DIFFERENTIAL COUNT (VCS TECHNOLOGY/MICROSCOPY)			
Neutrophils	39.0 #	%	[40.0-80.0]
Lymphocytes	50.0 #	%	[17.0-45.0]
Monocytes	8.0	%	[2.0-10.0]
Eosinophils	3.0	%	[2.0-7.0]
Basophils	0.0	%	[0.0-2.0]
ESR	36.0 #	/1sthour	[0.0-

LABORATORY REPORT

Name	: MRS POOJA TYAGI	Age	: 33 Yr(s) Sex :Female
Registration No	: MH010712607	Lab No	: 202301001475
Patient Episode	: H18000000149	Collection Date	: 14 Jan 2023 10:28
Referred By	: HEALTH CHECK MGD	Reporting Date	: 14 Jan 2023 17:20
Receiving Date	: 14 Jan 2023 10:28		

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
Glycosylated Hemoglobin			
Specimen: EDTA			
HbA1c (Glycosylated Hemoglobin)	5.7 #	%	[0.0-5.6]
Method: HPLC			

As per American Diabetes Association (ADA)
HbA1c in %
Non diabetic adults >= 18years <5.7
Prediabetes (At Risk) 5.7-6.4
Diagnosing Diabetes >= 6.5

Estimated Average Glucose (eAG) 117 mg/dl

Comments : HbA1c provides an index of average blood glucose levels over the past 8-12 weeks and is a much better indicator of long term glycemic control.

ROUTINE URINE ANALYSIS (Semi Automated) Specimen-Urine

MACROSCOPIC DESCRIPTION

Colour	PALE YELLOW	(Pale Yellow - Yellow)
Appearance	CLEAR	
Reaction [pH]	6.0	(4.6-8.0)
Specific Gravity	1.020	(1.003-1.035)

CHEMICAL EXAMINATION

Protein/Albumin	+	(NOT DETECTED)
Glucose	Normal	(NOT DETECTED)
Ketone Bodies	Negative	Ketone Bodies Negative (NOT DETECTED)
Urobilinogen	Normal	(NORMAL)

LABORATORY REPORT

Name	: MRS POOJA TYAGI	Age	: 33 Yr(s) Sex :Female
Registration No	: MH010712607	Lab No	: 202301001475
Patient Episode	: H18000000149	Collection Date	: 14 Jan 2023 13:58
Referred By	: HEALTH CHECK MGD	Reporting Date	: 14 Jan 2023 16:58
Receiving Date	: 14 Jan 2023 13:58		

CLINICAL PATHOLOGY

MICROSCOPIC EXAMINATION (Automated/Manual)

Pus Cells	2-4 /hpf	(0-5/hpf)
RBC	4-6 /hpf	(0-2/hpf)
Epithelial Cells	10-12 /hpf	
CASTS	nil	
Crystals	nil	
OTHERS	nil	

Serum LIPID PROFILE

Serum TOTAL CHOLESTEROL	179	mg/dl	[<200] Moderate risk:200-239 High risk:>240
TRIGLYCERIDES (GPO/POD)	145	mg/dl	[<150] Borderline high:151-199 High: 200 - 499 Very high:>500
HDL- CHOLESTEROL	50.0	mg/dl	[35.0-65.0]
Method : Enzymatic Immunoimhibition			
VLDL- CHOLESTEROL (Calculated)	29	mg/dl	[0-35]
CHOLESTEROL, LDL, DIRECT	100.0	mg/dl	[<120.0] Near/ Borderline High:130-159 High Risk:160-189
above optimal-100-129			<4.0 Optimal 4.0-5.0 Borderline >6 High Risk
T.Chol/HDL.Chol ratio(Calculated)	3.6		
LDL.CHOL/HDL.CHOL Ratio(Calculated)	2.0		<3 Optimal 3-4 Borderline >6 High Risk

Note:

Page 4 of 8

LABORATORY REPORT

Name	: MRS POOJA TYAGI	Age	: 33 Yr(s) Sex :Female
Registration No	: MH010712607	Lab No	: 202301001475
Patient Episode	: H18000000149	Collection Date	: 14 Jan 2023 10:28
Referred By	: HEALTH CHECK MGD	Reporting Date	: 14 Jan 2023 12:52
Receiving Date	: 14 Jan 2023 10:28		

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
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Reference ranges based on ATP III Classifications.

KIDNEY PROFILE

Specimen: Serum			
UREA	16.1	mg/dl	[15.0-40.0]
Method: GLDH, Kinatic assay			
BUN, BLOOD UREA NITROGEN	7.5 #	mg/dl	[8.0-20.0]
Method: Calculated			
CREATININE, SERUM	0.67 #	mg/dl	[0.70-1.20]
Method: Jaffe rate-IDMS Standardization			
URIC ACID	6.1	mg/dl	[4.0-8.5]
Method:uricase PAP			
SODIUM, SERUM	137.4	mmol/L	[136.0-144.0]
POTASSIUM, SERUM	4.00	mmol/L	[3.60-5.10]
SERUM CHLORIDE	103.7	mmol/l	[101.0-111.0]
Method: ISE Indirect			

eGFR (calculated)	115.9	ml/min/1.73sq.m	[>60.0]
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Technical Note
 eGFR which is primarily based on Serum Creatinine is a derivation of CKD-EPI 2009 equation normalized to 1.73 sq.m BSA and is not applicable to individuals below 18 years. eGFR tends to be less accurate when Serum Creatinine estimation is indeterminate e.g. patients at extremes of muscle mass, on unusual diets etc. and samples with severe Hemolysis Icterus / Lipemia.

LABORATORY REPORT

Name : MRS POOJA TYAGI
Registration No : MH010712607
Patient Episode : H18000000149
Referred By : HEALTH CHECK MGD
Receiving Date : 14 Jan 2023 10:28

Age : 33 Yr(s) Sex :Female
Lab No : 202301001475
Collection Date : 14 Jan 2023 10:28
Reporting Date : 14 Jan 2023 12:52

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
LIVER FUNCTION TEST			
BILIRUBIN - TOTAL Method: D P D	0.39	mg/dl	[0.30-1.20]
BILIRUBIN - DIRECT Method: DPD	0.08	mg/dl	[0.00-0.30]
INDIRECT BILIRUBIN (SERUM) Method: Calculation	0.31 #	mg/dl	[0.10-0.30]
TOTAL PROTEINS (SERUM) Method: BIURET	7.50	gm/dl	[6.60-8.70]
ALBUMIN (SERUM) Method: BCG	4.02	g/dl	[3.50-5.20]
GLOBULINS (SERUM) Method: Calculation	3.50 #	gm/dl	[1.80-3.40]
PROTEIN SERUM (A-G) RATIO Method: Calculation	1.16		[1.00-2.50]
AST(SGOT) (SERUM) Method: IFCC W/O P5P	28.00	U/L	[0.00-40.00]
ALT(SGPT) (SERUM) Method: IFCC W/O P5P	27.00	U/L	[14.00-54.00]
Serum Alkaline Phosphatase Method: AMP BUFFER IFCC)	108.0 #	IU/L	[40.0-98.0]
GGT	28.0		[7.0-50.0]

LABORATORY REPORT

Name : MRS POOJA TYAGI **Age** : 33 Yr(s) Sex :Female
Registration No : MH010712607 **Lab No** : 202301001475
Patient Episode : H18000000149 **Collection Date** : 14 Jan 2023 10:28
Referred By : HEALTH CHECK MGD **Reporting Date** : 14 Jan 2023 16:53
Receiving Date : 14 Jan 2023 10:28

BLOOD BANK

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
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Blood Group & Rh Typing (Agglutination by gel/tube technique) Specimen-Blood

Blood Group & Rh typing O Rh(D) Positive

Technical note:

ABO grouping and Rh typing is done by cell and serum grouping by microplate / gel technique.

Page 7 of 8

-----END OF REPORT-----



Dr. Charu Agarwal
Consultant Pathologist

LABORATORY REPORT

Name : MRS POOJA TYAGI Age : 33 Yr(s) Sex :Female
Registration No : MH010712607 Lab No : 202301001476
Patient Episode : H18000000149 Collection Date : 14 Jan 2023 10:28
Referred By : HEALTH CHECK MGD Reporting Date : 14 Jan 2023 12:52
Receiving Date : 14 Jan 2023 10:28

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
GLUCOSE-Fasting Specimen: Plasma GLUCOSE, FASTING (F) Method: Hexokinase	89.0	mg/dl	[70.0-110.0]

Page 8 of 8

-----END OF REPORT-----



Dr. Charu Agarwal
Consultant Pathologist

ID:

pooja tyagi
33years
Female Asian

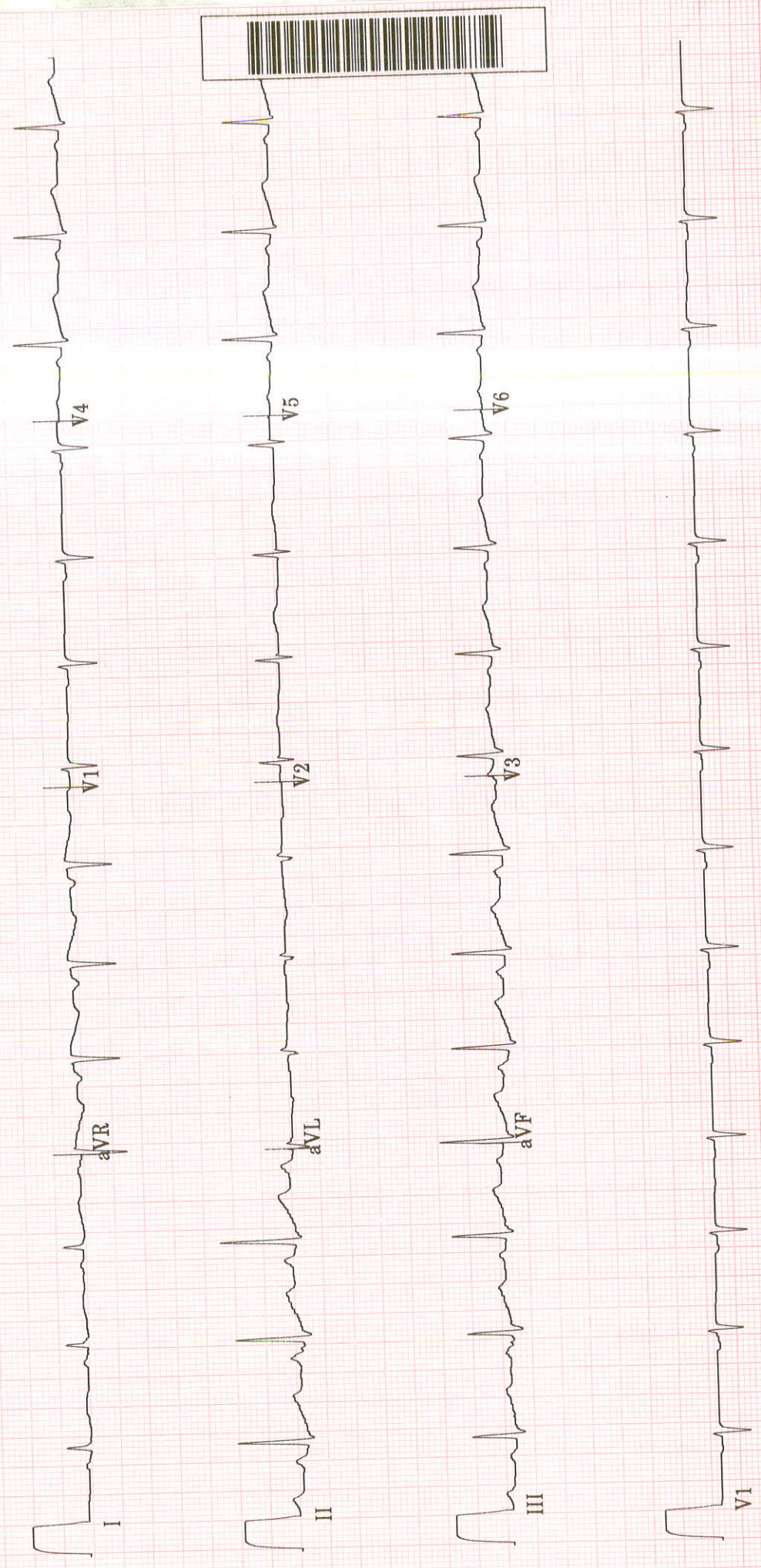
Vent. rate 86 bpm
PR interval 148 ms
QRS duration 76 ms
QT/QTc 422/504 ms
P-R-T axes 66 68 71

Normal sinus rhythm
Prolonged QT
Abnormal ECG

Technician:
Test ind:

Unconfirmed

Referred by: hcp





TMT INVESTIGATION REPORT

Patient Name : Mrs.Pooja TYAGI	Location : Ghaziabad
Age/Sex : 33Year(s)/Female	Visit No : V0000000001-GHZB
MRN No :MH010712607	Order Date : 14/01/2023
Ref. Doctor : HCP	Report Date : 14/01/2023

Protocol : Bruce **MPHR** : 187BPM
Duration of exercise : 6min 11sec **85% of MPHR** : 158BPM
Reason for termination : THR achieved **Peak HR Achieved** : 161BPM
Blood Pressure (mmHg) : Baseline BP : 134/94mmHg **% Target HR** : 86%
Peak BP : 146/94mmHg **METS** : 7.2METS

STAGE	TIME (min)	H.R (bpm)	BP (mmHg)	SYMPTOMS	ECG CHANGES	ARRHYTHMIA
PRE- EXC.	0:00	84	134/94	Nil	No ST changes seen	Nil
STAGE 1	3:00	135	140/94	Nil	No ST changes seen	Nil
STAGE 2	3:00	159	146/94	Nil	No ST changes seen	Nil
STAGE 3	0:11	160	146/94	Nil	No ST changes seen	Nil
RECOVERY	2:50	112	140/94	Nil	No ST changes seen	Nil

COMMENTS:

- No ST changes in base line ECG.
- No ST changes during exercise and recovery.
- Normal chronotropic response.
- Normal blood pressure response.
- Fair effort tolerance.

IMPRESSION:

Treadmill test is **negative** for exercise induced reversible myocardial ischemia.

Dr. Bhupendra SinghMD, DM (CARDIOLOGY),FACC
Sr. Consultant Cardiology**Dr. Abhishek Singh**MD, DNB (CARDIOLOGY),MNAMS
Sr.Consultant Cardiology**Dr. Sudhanshu Mishra**MD
Cardiology Registrar

Manipal Hospital, Ghaziabad

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P : 0120-616 5666

Page 1 of 2

Manipal Health Enterprises Private Limited

CIN: U85110KA2003PTC033055

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