



Mediwheel
...Your wellness partner

011-
41195959 Email:wellness@mediwheel.in

Dear MR. KUMAR ASHISH,

Please find the confirmation for following request.

Booking Date :10-06-2022
Package Name Medi-Wheel Metro Full Body Health Checkup Male Below
40
Name of Diagnostic/Hospital:Manipal Hospitals
Address of Diagnostic/Hospital NH-24 Hapur Road,Oppo. Bahmeta Village, Near Lancroft
Golf Links Apartment
Contact Details :7011520510
City :Ghaziabad
State :Uttar Pradesh
Pincode :201002
Appointment Date :25-06-2022
Confirmation Status :Confirmed
Preferred Time :09:45:AM
Comment :APPOINTMENT TIME 9:00AM

Instructions to undergo Health Check:

1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
2. During fasting time do not take any kind of medication, alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning.
3. Bring urine sample in a container if possible (containers are available at the Health Check centre).
4. Please bring all your medical prescriptions and previous health medical records with you.
5. Kindly inform the health check reception in case if you have a history of diabetes and cardiac problems.

For Women:

1. Pregnant Women or those suspecting are advised not to undergo any X-Ray test.
2. It is advisable not to undergo any Health Check during menstrual cycle.

Request you to reach half an hour before the scheduled time.

In case of further assistance, Please reach out to Team Mediwheel.

Bank of Baroda Ltd. 1956

1956-57

1957-58

1958-59

If saved, please return to:
BANK OF BARODA
Bank of Baroda Building,
18, Parliament Street,
New Delhi-110001, India
Phone: 54-11-2222-7730

VEE 222 / Blood Group O+

VEE 222

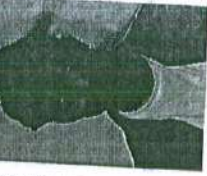
Identification Mark Mole on nose



भारत सरकार

भारत सरकार

आधार



आशीष कुमार

Asthish Kumar

जन्म तिथि/DOB: 14/01/1990

पुरुष/ MALE

Mobile No: 9821460049

9729 2085 9011

VID : 9104 1393 8130-2248

Download Date: 05/10/2020

मेरा आधार, मेरी पहचान



संविधानसभा-संविधान

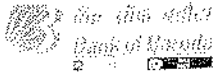


पता: राजेंद्र झा, एसएफ-06, ओम शक्ति पुरम,
गोविन्दपुरम, गजियाबाद,
उत्तर प्रदेश - 201013

Address :
C/O: Rajendra Jha, SF-06 Chitransh dreams
society, om shanti puram, Goyindpuram,
Ghaziabad,
Uttar Pradesh - 201013

9729 2085 9011
www.ujdaai.gov.in
help@ujdaai.gov.in

1947



LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,
Mediwheel (Arcofemi Healthcare Limited)
Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	MR. KUMAR ASHISH
EC NO.	180387
DESIGNATION	BRANCH OPERATIONS
PLACE OF WORK	GHAZIABAD,NAVYUG MAIN MARKET
BIRTHDATE	14-01-1990
PROPOSED DATE OF HEALTH CHECKUP	25-06-2022
BOOKING REFERENCE NO.	22J180387100020132E

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **10-06-2022** till **31-03-2023** The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

Chief General Manager
HRM Department
Bank of Baroda

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))

SUGGESTIVE LIST OF MEDICAL TESTS

FOR MALE	FOR FEMALE
CBC	CBC
ESR	ESR
Blood Group & RH Factor	Blood Group & RH Factor
Blood and Urine Sugar Fasting	Blood and Urine Sugar Fasting
Blood and Urine Sugar PP	Blood and Urine Sugar PP
Stool Routine	Stool Routine
Lipid Profile	Lipid Profile
Total Cholesterol	Total Cholesterol
HDL	HDL
LDL	LDL
VLDL	VLDL
Triglycerides	Triglycerides
HDL / LDL ratio	HDL / LDL ratio
Liver Profile	Liver Profile
AST	AST
ALT	ALT
GGT	GGT
Bilirubin (total, direct, indirect)	Bilirubin (total, direct, indirect)
ALP	ALP
Proteins (T, Albumin, Globulin)	Proteins (T, Albumin, Globulin)
Kidney Profile	Kidney Profile
Serum creatinine	Serum creatinine
Blood Urea Nitrogen	Blood Urea Nitrogen
Uric Acid	Uric Acid
HBA1C	HBA1C
Routine urine analysis	Routine urine analysis
USG Whole Abdomen	USG Whole Abdomen
General Tests	General Tests
X Ray Chest	X Ray Chest
ECG	ECG
2D/3D ECHO / TMT	2D/3D ECHO / TMT
Stress Test	Thyroid Profile (T3, T4, TSH)
PSA Male (above 40 years)	Mammography (above 40 years) and Pap Smear (above 30 years).
Thyroid Profile (T3, T4, TSH)	Dental Check-up consultation
Dental Check-up consultation	Physician Consultation
Physician Consultation	Eye Check-up consultation
Eye Check-up consultation	Skin/ENT consultation
Skin/ENT consultation	Gynaec Consultation

LABORATORY REPORT

Name	ASHISH KUMAR	Age	32y 5m 11d	Gender	MALE
MRN	GHZB-0000175080	Visit No	V0000000001-GHZB		
Lab No	G000320794	Collected On	25/06/2022 9:16AM	Received On	25/06/2022 9:18AM
Referred By	Deepak Verma	Reported On	25/06/2022 11:25AM		

Test Name	Result	Criticality Factor	Biological Reference Interval	Test Method
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GLUCOSE, FASTING (F) (Serum Fasting)	106 mg/dl		70 - 110 mg/dl	
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***** END OF REPORT *****

Processed by :- SHAHID SAIFI

Charu Agarwal
Registration No: 45492
DR CHARU AGARWAL
CONSULTANT PATHOLOGIST
Pathologist

Report Printed On: 27/6/2022 8:48AM

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LABORATORY REPORT

Name	ASHISH KUMAR	Age	32y 5m 11d	Gender	MALE
MRN	GHZB-0000175080	Visit No	V0000000001-GHZB		
Lab No	G000320812	Collected On	25/06/2022 10:17AM	Received On	25/06/2022 10:18AM
Referred By	Deepak Verma	Reported On	25/06/2022 3:01PM		

Test Name	Result	Criticality Factor	Biological Reference Interval
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URINE EXAMINATION, ROUTINE (Urine)**PHYSICAL EXAMINATION**

Colour	PALE YELLOW
Appearance	CLEAR
pH	6.5
Specific gravity	1.005

CHEMICAL EXAMINATION

Glucose	Nil
Protein	Absent
Ketone bodies	Absent
Urobilinogen	Absent

MICROSCOPIC EXAMINATION

Leukocytes	1-2 /HPF
Erythrocytes	NIL
Epithelial Cells	0-1 /HPF
Casts	NIL
Crystals	NIL
Others	NIL

***** END OF REPORT *****

Processed by :- KAPIL GAUR

Alka
MCT-39093
DR ALKA DIXIT VATS
CONSULTANT PATHOLOGIST
PATHOLOGIST

Report Printed On: 27/6/2022 8:48AM

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LABORATORY REPORT

Name	ASHISH KUMAR	Age	32y 5m 11d	Gender	MALE
MRN	GHZB-0000175080	Visit No	V0000000001-GHZB		
Lab No	G000320795	Collected On	25/06/2022 9:17AM	Received On	25/06/2022 9:18AM
Referred By	Deepak Verma	Reported On	25/06/2022 3:05PM		

Test Name	Result	Criticality Factor	Biological Reference Interval
ESR (WESTERGREN),AUTOMATED ERYTHROCYTE SEDIMENTATION RATE	8 mm/1st hour		0 - 15 mm/Hr

***** END OF REPORT *****

Processed by :- KAPIL GAUR

Alka
mcy-39093
DR ALKA DIXIT VATS
 CONSULANT PATHOLOGIST
 PATHOLOGIST

LABORATORY REPORT

Name	ASHISH KUMAR	Age	32y 5m 11d	Gender	MALE
MRN	GHZB-0000175080	Visit No	V0000000001-GHZB		
Lab No	G000320795	Collected On	25/06/2022 9:17AM	Received On	25/06/2022 9:18AM
Referred By	Deepak Verma	Reported On	25/06/2022 12:52PM		

Test Name	Result	Criticality Factor	Biological Reference Interval
BLOOD GROUP (A, B, O) AND RH FACTOR WITH REVERSE GROUPING (Whole Blood)			
BLOOD GROUPING	"O"		
RH TYPING	POSITIVE		
HEMOGLOBIN, HB	15.9 g/dl		12 - 16 gm/ dl
MEAN CORPUSCULAR HAEMOGLOBIN CONCENTRATION, MCHC	33.9 g/dl		33 - 36%
MEAN CORPUSCULAR HAEMOGLOBIN, MCH	30.3 pg		26 -34 pg
MEAN CORPUSCULAR VOLUME, MCV	89.5 fl		77 - 97 fl
PLATELET COUNT	155 x10 ³ cells/ Cumm		150x10 ³ - 400x10 ³ cells/cumm
RED BLOOD CELLS, RBC COUNT	5.24 million/cu mm		3.8 - 5.3 millions /cumm
RED CELL DISTRIBUTION WIDTH, RDW	13.8 %		11.5 - 14.5 %
LEUCOCYTE COUNT, TOTAL (TLC), AUTOMATED	5.85 x10 ³ cells/ Cumm		4x10 ³ - 11x10 ³ cells/cumm
HEMATOCRIT (HCT)	46.9 %		34 -45%
BASOPHILS	00 %		0 - 2%
EOSINOPHILS	03 %		2 -7 %
LYMPHOCYTES	40 %		17 - 45 %
MONOCYTES	05 %		4 -13%
NEUTROPHILS	52 %		40 - 80%

Report Printed On: 27/6/2022 8:48AM

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LABORATORY REPORT

Name	ASHISH KUMAR	Age	32y 5m 11d	Gender	MALE
MRN	GHZB-0000175080	Visit No	V0000000001-GHZB		
Lab No	G000320795	Collected On	25/06/2022 9:17AM	Received On	25/06/2022 9:18AM
Referred By	Deepak Verma	Reported On	25/06/2022 11:28AM		

***** END OF REPORT *****

Processed by :- SHAHID SAIFI

Dr. Charu
Registration No: 42422
DR CHARU AGARWAL
CONSULTANT PATHOLOGIST
Pathologist

Report Printed On: 27/6/2022 8:48AM

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LABORATORY REPORT

Name	ASHISH KUMAR	Age	32y 5m 11d	Gender	MALE
MRN	GHZB-0000175080	Visit No	V0000000001-GHZB		
Lab No	G000320795	Collected On	25/06/2022 9:17AM	Received On	25/06/2022 9:18AM
Referred By	Deepak Verma	Reported On	25/06/2022 11:26AM		

Test Name	Result	Criticality Factor	Biological Reference Interval	Test Method
KIDNEY FUNCTION TESTS (Serum)				
UREA	17.2 mg/dl		15 - 40 mg/dl	
CREATININE, SERUM	0.89 mg/dl		0.7 - 1.2 mg/dl	
URIC ACID	5.1 mg/dl		4 - 8.5 mg/dl	
SODIUM, SERUM	138.6 mmol/L		136 - 144 mmol/ L	
POTASSIUM, SERUM	4.46 mmol/L		3.6 - 5.1 mmol/L	
CHLORIDE, SERUM	101.0 mmol/L		101 - 111 mmol/L	
LIPID PROFILE (Serum)				
CHOLESTEROL, TOTAL	181 mg/dl		Upto 200 mg/dl	
TRIGLYCERIDES, SERUM	110 mg/dl		Upto 150 mg/dl	
CHOLESTEROL, HDL, DIRECT	38 mg/dl		35 - 65 mg/dl	
CHOLESTEROL, LDL, DIRECT	121 mg/dl		0 -120 mg/dl	
Cholesterol, VLDL	22 mg/dl		0 - 35 mg/dl	
LIVER FUNCTION TESTS (Serum)				
BILIRUBIN, TOTAL	0.76 mg/dl		0.3 -1.2 mg/dl	
BILIRUBIN, DIRECT	0.18 mg/dl		0 - 0.3 mg/dl	
Report Printed On:	27/6/2022	8:48AM		

LABORATORY REPORT

Name	ASHISH KUMAR	Age	32y 5m 11d	Gender	MALE
MRN	GHZB-0000175080	Visit No	V0000000001-GHZB		
Lab No	G000320795	Collected On	25/06/2022 9:17AM	Received On	25/06/2022 9:18AM
Referred By	Deepak Verma	Reported On	25/06/2022 11:26AM		

Test Name	Result	Criticality Factor	Biological Reference Interval	Test Method
Indirect Bilirubin	0.58		0.1 - 0.3 mg/dl	
TOTAL PROTEIN, SERUM	7.4 g/dl		6.6 - 8.7 g/dl	
ALBUMIN, SERUM	5.19 g/dl		3.5 - 5.2 gm/dl	
A/G RATIO (ALBUMIN / GLOBULIN RATIO)	2.35		1:1 - 2.5:1	
GLOBULIN, SERUM	2.2			
SGPT	39 IU/L		17 - 63 IU/L	
SGOT	26 IU/L		0 - 40 IU/L	
GGTP, GGT, GAMMA GT, GAMMA GLUTAMYL TRANSPEPTIDASE	46 IU/L		7 -50 U/L	
ALKALINE PHOSPHATASE, ALP	97 IU/L		32 -91 IU/L	

..... END OF REPORT

Processed by :- SHAHID SAIFI

Charu Agarwal
Registration No: 419422
DR CHARU AGARWAL
CONSULTANT PATHOLOGIST
Pathologist

Report Printed On: 27/6/2022 8:48AM

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LABORATORY REPORT

Name	ASHISH KUMAR	Age	32y 5m 11d	Gender	MALE
MRN	GHZB-0000175080	Visit No	V0000000001-GHZB		
Lab No	G000320844	Collected On	25/06/2022 1:11PM	Received On	25/06/2022 1:11PM
Referred By	Deepak Verma	Reported On	25/06/2022 3:23PM		

Test Name	Result	Criticality Factor	Biological Reference Interval	Test Method
GLUCOSE, POST PRANDIAL (PP), 2 HOURS (Serum Post Prandial)	95 mg/dl		80 -140 mg/dl	

***** END OF REPORT *****

Processed by :- KAPIL GAUR

Alka
MCT-39093
DR ALKA DIXIT VATS
CONSULTANT PATHOLOGIST
PATHOLOGIST



HCMCT

Manipal Hospitals

LIFE'S ON



Name : ASHISH KUMAR
Registration No : MH010204627
Patient Episode : R03000039289
Referred By : MANIPAL HOSPITALS GHAZIABAD
Receiving Date : 25 Jun 2022 14:19
Age : 32 Yr(s) Sex : Male
Lab No : 32220608924
Collection Date : 25 Jun 2022 14:11
Reporting Date : 25 Jun 2022 15:19

BIOCHEMISTRY

THYROID PROFILE, Serum

			Adult > 20 yrs
T3 - Triiodothyronine (ECLIA)	1.17	ng/ml	[0.70-2.04]
T4 - Thyroxine (ECLIA)	8.04	micg/dl	[4.60-12.00]
Thyroid Stimulating Hormone (ECLIA)	3.490	µIU/mL	[0.340-4.250]

Note : TSH levels are subject to circadian variation, reaching peak levels between 2-4.a.m.and at a minimum between 6-10 pm.Factors such as change of seasons hormonal fluctuations, Ca or Fe supplements, high fibre diet, stress and illness affect TSH results.

* References ranges recommended by the American Thyroid Association

- 1) Thyroid. 2011 Oct;21(10):1081-125.PMID .21787128
- 2) <http://www.thyroid-info.com/articles/tsh-fluctuating.html>

Page 1 of 1

-----END OF REPORT-----

Neelam Singal

Dr. Neelam Singal
CONSULTANT BIOCHEMISTRY

Human Care Medical Charitable Trust

Adjoining MTNL Building, Main Road, Sector 6, Dwarka, New Delhi - 110075.

Phone: +91 11 4967 4967 | www.manipalhospitals.com | www.hcmct.in

NABH Accredited Hospital
H-2019-0640/09/06/2019-08/06/2022

NABL Accredited Hospital
MC/3228/04/09/2019-03/09/2021

Awarded Emergency Excellence Services
E-2019-0026/27/07/2019-26/07/2021

Awarded Nursing Excellence Services
N-2019-0113/27/07/2019-26/07/2021

Awarded Clean & Green Hospital
IND18.6278/05/12/2018-04/12/2019



ASHISH KUMAR G000320795

PID NO: P1082200010918
Age: 32.0 Year(s) Sex: Male



Reference: Dr. DEEPAK VERMA

Sample Collected At:
Manipal Hospital
NH-24, HAPUR ROAD, OPP. BAHMETA,
GHAZIABAD 201002
201002

VID: 220108000006967

Registered On:
25/06/2022 12:07 PM
Collected On:
25/06/2022 12:07 PM
Reported On:
25/06/2022 01:21 PM

HbA1c Glycated Haemoglobin

(EDTA Whole Blood)

Investigation

HbA1C- Glycated Haemoglobin
(HPLC)

Observed Value

5.8

Unit

%

Biological Reference Interval

Non-diabetic: <= 5.6
Pre-diabetic: 5.7-6.4
Diabetic: >= 6.5

Estimated Average Glucose (eAG) \$

119.76

mg/dL

Interpretation & Remark:

- HbA1c is used for monitoring diabetic control. It reflects the estimated average glucose (eAG).
- HbA1c has been endorsed by clinical groups & ADA (American Diabetes Association) guidelines 2017, for diagnosis of diabetes using a cut-off point of 6.5%.
- Trends in HbA1c are a better indicator of diabetic control than a solitary test.
- Low glycated haemoglobin (below 4%) in a non-diabetic individual are often associated with systemic inflammatory diseases, chronic anaemia (especially severe iron deficiency & haemolytic), chronic renal failure and liver diseases. Clinical correlation suggested.
- To estimate the eAG from the HbA1C value, the following equation is used: $eAG(mg/dl) = 28.7 * A1c - 46.7$
- Interference of Haemoglobinopathies in HbA1c estimation.
 - For HbF > 25%, an alternate platform (Fructosamine) is recommended for testing of HbA1c.
 - Homozygous hemoglobinopathy is detected, fructosamine is recommended for monitoring diabetic status
 - Heterozygous state detected (D10/ turbo is corrected for HbS and HbC trait).
- In known diabetic patients, following values can be considered as a tool for monitoring the glycemic control. Excellent Control - 6 to 7 %, Fair to Good Control - 7 to 8 %, Unsatisfactory Control - 8 to 10 % and Poor Control - More than 10 % .

Note : Hemoglobin electrophoresis (HPLC method) is recommended for detecting hemoglobinopathy.

-- End of Report --


Dr. Mohit Jain
MD Pathology



RADIOLOGY REPORT

Name	ASHISH KUMAR	Modality	US
Patient ID	GH7B-0000175080	Accession No	1110425
Gender/Age	M / 32Y 5M 9D	Scan Date	25-06-2022 09:58:38
Ref. Phys	Dr. Deepak Verma	Report Date	25-06-2022 10:39:23

USG ABDOMEN & PELVIS

FINDINGS

LIVER: appears normal in size (measures 138 mm) and shape but shows diffuse increase in liver echotexture, in keeping with diffuse grade I fatty infiltration. Rest normal.

SPLEEN: Spleen is normal in size (measures 105 mm), shape and echotexture. Rest normal.

PORTAL VEIN: Appears normal in size and measures 9.5 mm.

COMMON BILE DUCT: Appears normal in size and measures 3.5 mm.

IVC, HEPATIC VEINS: Normal.

BILIARY SYSTEM: Normal.

GALL BLADDER: Gall bladder is well distended with normal walls (~ 2.6 mm). A well-defined echogenic shadow without posterior acoustic shadowing is seen embedded in anterior wall of gallbladder measuring ~ 3.5 mm suggesting polyp/ solitary cholesterol granule. Low level echoes are also seen in its lumen suggesting sludge.

PANCREAS: Pancreas is normal in size, shape and echotexture. Rest normal.

KIDNEYS: Bilateral kidneys are normal in size, shape and echotexture. Cortico-medullary differentiation is maintained. Rest normal.

Right Kidney: measures 100 x 51 mm.

Left Kidney: measures 99 x 53 mm.

PELVI-CALYCEAL SYSTEMS: Compact.

NODES: Not enlarged.

FLUID: Nil significant.

URINARY BLADDER: Urinary bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.

PROSTATE: Prostate is normal in size, shape and echotexture. It measures 31 x 26 x 24 mm with volume 10 cc. Rest normal.

SEMINAL VESICLES: Normal.

BOWEL: Visualized bowel loops appear normal.


IMPRESSION

- Diffuse grade I fatty infiltration in liver.
- Polyp/ Solitary cholesterol granule embedded in anterior wall of gallbladder along with sludge in gallbladder lumen.

Recommend clinical correlation.

RADIOLOGY REPORT

Name	ASHISH KUMAR	Modality	US
Patient ID	GHZB-0000175080	Accession No	1110425
Gender/Age	M / 32Y 5M 9D	Scan Date	25-06-2022 09:58:38
Ref. Phys	Dr. Deepak Verma	Report Date	25-06-2022 10:39:23


Dr. Monica Shekhawat, MBBS, DNB,
Consultant Radiologist, Reg No MCI 11 10887

RADIOLOGY REPORT

Name	ASHISH KUMAR	Modality	DX
Patient ID	GHZB-0000175080	Accession No	1110426
Gender / Age	M / 32Y 5M 9D	Scan Date	25-06-2022 09:31:27
Ref. Phys	Dr. Deepak Verma	Report Date	25-06-2022 10:18:44

XR- CHEST PA VIEW


FINDINGS:

LUNGS: Normal.
 TRACHEA: Normal.
 CARINA: Normal.
 RIGHT AND LEFT MAIN BRONCHI: Normal.
 PLEURA: Normal.
 HEART: Normal.
 RIGHT HEART BORDER: Normal.
 LEFT HEART BORDER: Normal.
 PULMONARY BAY: Normal.
 PULMONARY HILA: Normal.
 AORTA: Normal.
 THORACIC SPINE: Normal.
 OTHER VISUALIZED BONES: Normal.
 VISUALIZED SOFT TISSUES: Normal.
 DIAPHRAGM: Normal.
 VISUALIZED ABDOMEN: Normal.
 VISUALIZED NECK: Normal.

IMPRESSION:

No significant abnormality noted.

Recommend clinical correlation .



Dr. Monica Shekhawat, MBBS, DNB,
Consultant Radiologist, Reg No MCI 11 10887