Name	:	**Mr. KUMAR ABHISHEK**			
PID No.	:	MED111348415	**Register On**	:	22/10/2022 8:46 AM
SID No.	:	712232267	**Collection On**	:	22/10/2022 9:11 AM
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Investigation	Observed Value	Unit	Biological Reference Interval

HAEMATOLOGY

Complete Blood Count With - ESR

Haemoglobin (EDTA Blood/*Spectrophotometry*)	**13.4**	g/dL	13.5 - 18.0

INTERPRETATION: Haemoglobin values vary in Men, Women & Children. Low haemoglobin values may be due to nutritional deficiency, blood loss, renal failure etc. Higher values are often due to dehydration, smoking , high altitudes , hypoxia etc.

PCV (Packed Cell Volume) / Haematocrit (EDTA Blood/*Derived*)	**40.6**	%	42 - 52
RBC Count (EDTA Blood/*Automated Blood cell Counter*)	**4.01**	mill/cu.mm	4.7 - 6.0
MCV (Mean Corpuscular Volume) (EDTA Blood/*Derived from Impedance*)	**101.0**	fL	78 - 100
MCH (Mean Corpuscular Haemoglobin) (EDTA Blood/*Derived*)	**33.5**	pg	27 - 32
MCHC (Mean Corpuscular Haemoglobin concentration) (EDTA Blood/*Derived*)	33.1	g/dL	32 - 36
RDW-CV (*Derived*)	**23.4**	%	11.5 - 16.0
RDW-SD (*Derived*)	**82.72**	fL	39 - 46
Total WBC Count (TC) (EDTA Blood/*Derived from Impedance*)	7890	cells/cu.mm	4000 - 11000
Neutrophils (Blood/*Impedance Variation & Flow Cytometry*)	63	%	40 - 75
Lymphocytes (Blood/*Impedance Variation & Flow Cytometry*)	28	%	20 - 45

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<u>Investigation</u>	<u>Observed Value</u>	<u>Unit</u>	<u>Biological Reference Interval</u>
Eosinophils (Blood/*Impedance Variation & Flow Cytometry*)	04	%	01 - 06
Monocytes (Blood/*Impedance Variation & Flow Cytometry*)	05	%	01 - 10
Basophils (Blood/*Impedance Variation & Flow Cytometry*)	00	%	00 - 02
Absolute Neutrophil count (EDTA Blood/*Impedance Variation & Flow Cytometry*)	4.97	10^3 / µl	1.5 - 6.6
Absolute Lymphocyte Count (EDTA Blood/*Impedance Variation & Flow Cytometry*)	2.21	10^3 / µl	1.5 - 3.5
Absolute Eosinophil Count (AEC) (EDTA Blood/*Impedance Variation & Flow Cytometry*)	0.32	10^3 / µl	0.04 - 0.44
Absolute Monocyte Count (EDTA Blood/*Impedance Variation & Flow Cytometry*)	0.39	10^3 / µl	< 1.0
Absolute Basophil count (EDTA Blood/*Impedance Variation & Flow Cytometry*)	0.00	10^3 / µl	< 0.2
Platelet Count (EDTA Blood/*Derived from Impedance*)	230	10^3 / µl	150 - 450
MPV (Blood/*Derived*)	10.1	fL	7.9 - 13.7
PCT	0.23	%	0.18 - 0.28
ESR (Erythrocyte Sedimentation Rate) (Citrated Blood/*Automated ESR analyser*)	**19**	mm/hr	< 15

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Investigation	Observed Value	Unit	Biological Reference Interval

BIOCHEMISTRY

Liver Function Test

Investigation	Observed Value	Unit	Biological Reference Interval
Bilirubin(Total) (Serum/*Diazotized Sulfanilic Acid*)	1.0	mg/dL	0.1 - 1.2
Bilirubin(Direct) (Serum/*Diazotized Sulfanilic Acid*)	0.3	mg/dL	0.0 - 0.3
Bilirubin(Indirect) (Serum/*Derived*)	0.70	mg/dL	0.1 - 1.0
Total Protein (Serum/*Biuret*)	6.8	gm/dl	6.0 - 8.0
Albumin (Serum/*Bromocresol green*)	4.2	gm/dl	3.5 - 5.2
Globulin (Serum/*Derived*)	2.60	gm/dL	2.3 - 3.6
A : G Ratio (Serum/*Derived*)	1.62		1.1 - 2.2

INTERPRETATION: Remark : Electrophoresis is the preferred method

Investigation	Observed Value	Unit	Biological Reference Interval
SGOT/AST (Aspartate Aminotransferase) (Serum/*IFCC / Kinetic*)	24	U/L	5 - 40
SGPT/ALT (Alanine Aminotransferase) (Serum/*IFCC / Kinetic*)	26	U/L	5 - 41
Alkaline Phosphatase (SAP) (Serum/*PNPP / Kinetic*)	**134**	U/L	53 - 128
GGT(Gamma Glutamyl Transpeptidase) (Serum/*IFCC / Kinetic*)	34	U/L	< 55

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Investigation	Observed Value	Unit	Biological Reference Interval
Lipid Profile			
Cholesterol Total (Serum/*Oxidase / Peroxidase method*)	148	mg/dL	Optimal: < 200 Borderline: 200 - 239 High Risk: >= 240
Triglycerides (Serum/*Glycerol phosphate oxidase / peroxidase*)	**171**	mg/dL	Optimal: < 150 Borderline: 150 - 199 High: 200 - 499 Very High: >=500

INTERPRETATION: The reference ranges are based on fasting condition. Triglyceride levels change drastically in response to food, increasing as much as 5 to 10 times the fasting levels, just a few hours after eating. Fasting triglyceride levels show considerable diurnal variation too. There is evidence recommending triglycerides estimation in non-fasting condition for evaluating the risk of heart disease and screening for metabolic syndrome, as non-fasting sample is more representative of the `usual` circulating level of triglycerides during most part of the day.

Investigation	Observed Value	Unit	Biological Reference Interval
HDL Cholesterol (Serum/*Immunoinhibition*)	**35**	mg/dL	Optimal(Negative Risk Factor): >= 60 Borderline: 40 - 59 High Risk: < 40
LDL Cholesterol (Serum/*Calculated*)	78.8	mg/dL	Optimal: < 100 Above Optimal: 100 - 129 Borderline: 130 - 159 High: 160 - 189 Very High: >=190
VLDL Cholesterol (Serum/*Calculated*)	**34.2**	mg/dL	< 30
Non HDL Cholesterol (Serum/*Calculated*)	113.0	mg/dL	Optimal: < 130 Above Optimal: 130 - 159 Borderline High: 160 - 189 High: 190 - 219 Very High: >=220

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The results pertain to sample tested.   Page 4 of 11

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Investigation	Observed Value	Unit	Biological Reference Interval

INTERPRETATION: 1.Non-HDL Cholesterol is now proven to be a better cardiovascular risk marker than LDL Cholesterol.
2.It is the sum of all potentially atherogenic proteins including LDL, IDL, VLDL and chylomicrons and it is the "new bad cholesterol" and is a co-primary target for cholesterol lowering therapy.

Investigation	Observed Value	Unit	Biological Reference Interval
Total Cholesterol/HDL Cholesterol Ratio (Serum/*Calculated*)	4.2		Optimal: < 3.3 Low Risk: 3.4 - 4.4 Average Risk: 4.5 - 7.1 Moderate Risk: 7.2 - 11.0 High Risk: > 11.0
Triglyceride/HDL Cholesterol Ratio (TG/HDL) (Serum/*Calculated*)	4.9		Optimal: < 2.5 Mild to moderate risk: 2.5 - 5.0 High Risk: > 5.0
LDL/HDL Cholesterol Ratio (Serum/*Calculated*)	2.3		Optimal: 0.5 - 3.0 Borderline: 3.1 - 6.0 High Risk: > 6.0

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MEDALL

Investigation	Observed Value	Unit	Biological Reference Interval
Glycosylated Haemoglobin (HbA1c)			
HbA1C (Whole Blood/*HPLC)*	**5.7**	%	Normal: 4.5 - 5.6 Prediabetes: 5.7 - 6.4 Diabetic: >= 6.5

INTERPRETATION: If Diabetes - Good control : 6.1 - 7.0 % , Fair control : 7.1 - 8.0 % , Poor control >= 8.1 %

Remark: Kindly correlate clinically.

Estimated Average Glucose (Whole Blood*)*	116.89	mg/dL	

INTERPRETATION: Comments

HbA1c provides an index of Average Blood Glucose levels over the past 8 - 12 weeks and is a much better indicator of long term glycemic control as compared to blood and urinary glucose determinations.

Conditions that prolong RBC life span like Iron deficiency anemia, Vitamin B12 & Folate deficiency, hypertriglyceridemia,hyperbilirubinemia,Drugs, Alcohol, Lead Poisoning, Asplenia can give falsely elevated HbA1C values.

Conditions that shorten RBC survival like acute or chronic blood loss, hemolytic anemia, Hemoglobinopathies, Splenomegaly,Vitamin E ingestion, Pregnancy, End stage Renal disease can cause falsely low HbA1c.

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Investigation	Observed Value	Unit	Biological Reference Interval

IMMUNOASSAY

THYROID PROFILE / TFT

Investigation	Observed Value	Unit	Biological Reference Interval
T3 (Triiodothyronine) - Total	1.19	ng/ml	0.7 - 2.04

(Serum/*Chemiluminescent Immunometric Assay (CLIA)*)

INTERPRETATION:
Comment :
Total T3 variation can be seen in other condition like pregnancy, drugs, nephrosis etc. In such cases, Free T3 is recommended as it is Metabolically active.

T4 (Thyroxine) - Total	9.44	Microg/dl	4.2 - 12.0

(Serum/*Chemiluminescent Immunometric Assay (CLIA)*)

INTERPRETATION:
Comment :
Total T4 variation can be seen in other condition like pregnancy, drugs, nephrosis etc. In such cases, Free T4 is recommended as it is Metabolically active.

TSH (Thyroid Stimulating Hormone)	2.142	µIU/mL	0.35 - 5.50

(Serum/*Chemiluminescent Immunometric Assay (CLIA)*)

INTERPRETATION:
Reference range for cord blood - upto 20
1 st trimester: 0.1-2.5
2 nd trimester 0.2-3.0
3 rd trimester : 0.3-3.0
(Indian Thyroid Society Guidelines)
Comment :
1.TSH reference range during pregnancy depends on Iodine intake, TPO status, Serum HCG concentration, race, Ethnicity and BMI.
2.TSH Levels are subject to circadian variation, reaching peak levels between 2-4am and at a minimum between 6-10PM.The variation can be of the order of 50%,hence time of the day has influence on the measured serum TSH concentrations.
3.Values&amplt;0.03 µIU/mL need to be clinically correlated due to presence of rare TSH variant in some individuals.

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Investigation	Observed Value	Unit	Biological Reference Interval

CLINICAL PATHOLOGY

PHYSICAL EXAMINATION

Investigation	Observed Value	Unit	Biological Reference Interval
Colour (Urine/*Physical examination*)	Pale yellow		Yellow to Amber
Volume (Urine/*Physical examination*)	25		ml
Appearance (Urine)	Clear		

CHEMICAL EXAMINATION

Investigation	Observed Value	Unit	Biological Reference Interval
pH (Urine)	7.0		4.5 - 8.0
Specific Gravity (Urine/*Dip Stick ¯Reagent strip method*)	1.015		1.002 - 1.035
Protein (Urine/*Dip Stick ¯Reagent strip method*)	Negative		Negative
Glucose (Urine)	Nil		Nil
Ketone (Urine/*Dip Stick ¯Reagent strip method*)	Nil		Nil
Leukocytes (Urine)	Negative	leuco/uL	Negative
Nitrite (Urine/*Dip Stick ¯Reagent strip method*)	Nil		Nil
Bilirubin (Urine)	Negative	mg/dL	Negative

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Investigation	Observed Value	Unit	Biological Reference Interval
Blood (Urine)	Nil		Nil
Urobilinogen (Urine/*Dip Stick ⁻ Reagent strip method*)	Normal		Within normal limits
Urine Microscopy Pictures			
RBCs (Urine/*Microscopy*)	Nil	/hpf	NIL
Pus Cells (Urine/*Microscopy*)	4-6	/hpf	< 5
Epithelial Cells (Urine/*Microscopy*)	2-3	/hpf	No ranges
Others (Urine)	Nil		Nil

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Investigation	Observed Value	Unit	Biological Reference Interval

IMMUNOHAEMATOLOGY

BLOOD GROUPING AND Rh TYPING   'B' 'Positive'
(EDTA Blood/*Agglutination)*

Remark: Test to be confirmed by gel method.

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Investigation	Observed Value	Unit	Biological Reference Interval
BIOCHEMISTRY			
BUN / Creatinine Ratio	9.1		
Glucose Fasting (FBS) (Plasma - F/*GOD- POD)*	98	mg/dL	Normal: < 100 Pre Diabetic: 100 - 125 Diabetic: >= 126

INTERPRETATION: Factors such as type, quantity and time of food intake, Physical activity, Psychological stress, and drugs can influence blood glucose level.

Urine sugar, Fasting (Urine - F*)*	Nil		Nil
Glucose Postprandial (PPBS) (Plasma - PP/*GOD - POD)*	123	mg/dL	70 - 140

INTERPRETATION:
Factors such as type, quantity and time of food intake, Physical activity, Psychological stress, and drugs can influence blood glucose level.
Fasting blood glucose level may be higher than Postprandial glucose, because of physiological surge in Postprandial Insulin secretion, Insulin resistance, Exercise or Stress, Dawn Phenomenon, Somogyi Phenomenon, Anti- diabetic medication during treatment for Diabetes.

Urine Sugar (PP-2 hours) (Urine - PP*)*	Negative		Negative
Blood Urea Nitrogen (BUN) (Serum/*Urease UV / derived)*	7.3	mg/dL	7.0 - 21
Creatinine (Serum/*Jaffe Kinetic)*	**0.8**	mg/dL	0.9 - 1.3

INTERPRETATION: Elevated Creatinine values are encountered in increased muscle mass, severe dehydration, Pre-eclampsia, increased ingestion of cooked meat, consuming Protein/ Creatine supplements, Diabetic Ketoacidosis, prolonged fasting, renal dysfunction and drugs such as cefoxitin ,cefazolin, ACE inhibitors ,angiotensin II receptor antagonists,N-acetylcyteine , chemotherapeutic agent such as flucytosine etc.

Uric Acid (Serum/*Uricase/Peroxidase)*	5.0	mg/dL	3.5 - 7.2

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-- End of Report --