

IPSC PAIN AND SPINE HOSPITAL
 PLOT-453 NEAR SBI BANK SECTOR-19
 DWARKA NEW DELHI-110075, PH: 9555437357

puja.mishra

TREADMILL TEST REPORT

ID : 3728
 DATE : 12-03-2023
 AGE/SEX : 41 / F
 HT/WT : 0 / 0
 REF. BY :

PROTOCOL : Bruce
 HISTORY :
 INDICATION : Checkup/Physical fitness,
 MEDICATION :

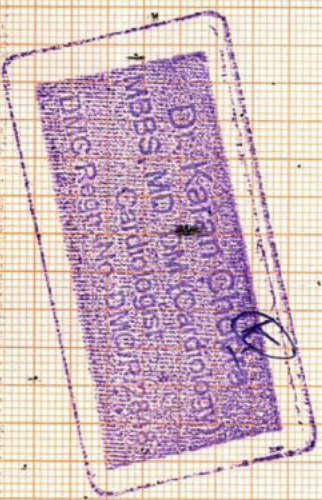
PHASE	TOTAL TIME	STAGE TIME	SPEED Km/Hr	GRADE %	H.R. bpm	B.P. mmHg	RPP x100	ST LEVEL (MM)			METS
								II	V1	V5	
SUPINE					72	120 / 80	86	0.9	-0.2	0.5	
STANDING					86	120 / 80	103	1.3	-0.2	0.8	
HYPERTENT					97	120 / 80	116	2.4	-0.6	1.7	
Stage 1	2:55	0:16	2.7	10	141	130 / 80	183	0.4	0.1	0.7	4.67
Stage 2	4:25	1:25	4	12	155	150 / 80	232	0.9	-0.5	0.1	5.89
Stage 2	5:55	2:55	4	12	162	160 / 80	259	0.4	-0.3	-0.4	7.04
PK-EXERCISE	6:10	0:10	5.4	14	168	160 / 80	268	0.1	-0.3	-0.1	7.26
RECOVERY	7:20	0:55			121	150 / 80	181	0.9	-0.2	0.6	
RECOVERY	8:20	1:55			102	140 / 80	142	0.5	0	0.1	
RECOVERY	9:20	2:55			98	130 / 80	127	0.4	-0.1	0.1	
RECOVERY	9:41	3:16			96	120 / 80	115	0.3	0.1	0.1	

RESULTS

EXERCISE DURATION : 6:10
 MAX HEART RATE : 168 bpm
 MAX BLOOD PRESSURE : 160 / 80 mm Hg
 REASON OF TERMINATION : Achieved THR,
 BP RESPONSE : Normal,
 ARRYTHMIA : None,
 H.R. RESPONSE : Normal
 IMPRESSIONS : Normal Chronotropic Response,
 Negative for Provocable myocardial ischemia,

MAX WORK LOAD : 7.26 METS

Technician :



Puja Mishra

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I.D. 3728
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PRETEST
SUPINE
RATE 72bpm
B.P. 120/80

ST @ 10mm/mv
80ms Post J

LINKED MEDIAN

Mag. X 2

V1.

I
0.4
0.3

aVR
-0.6
-0.5

V1
-0.2
-0.1

V4
0.6
0.3

II
0.9
0.7

aVL
0.0
-0.1

V2
0.6
0.4

V5
0.5
0.4

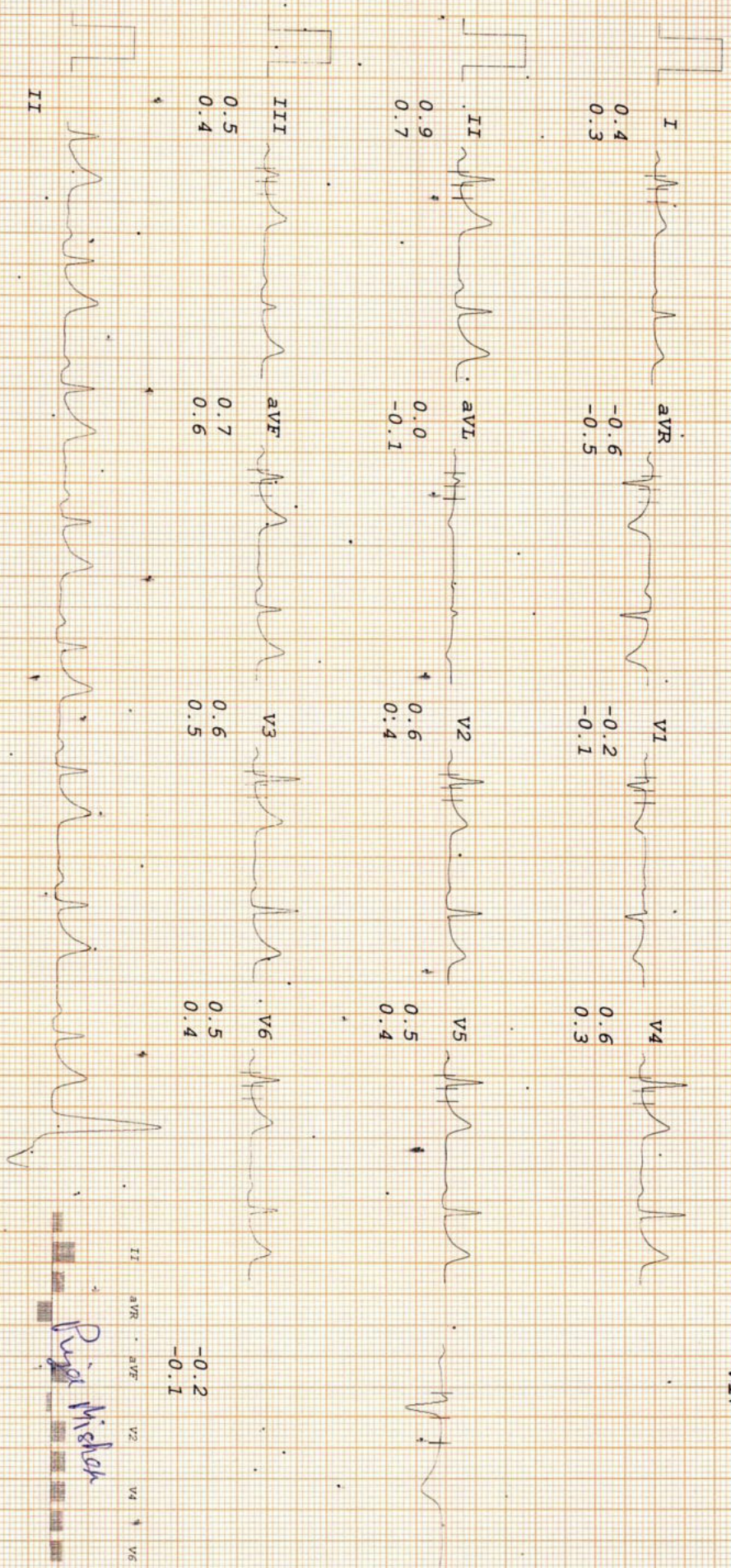
III
0.5
0.4

aVF
0.7
0.6

V3
0.6
0.5

V6
0.5
0.4

-0.2
-0.1



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RATE 86bpm
 B.P. 120/80

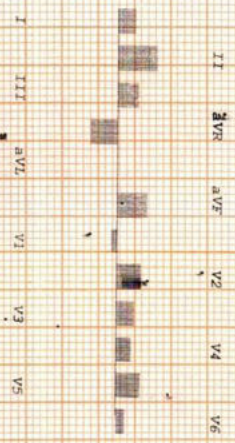
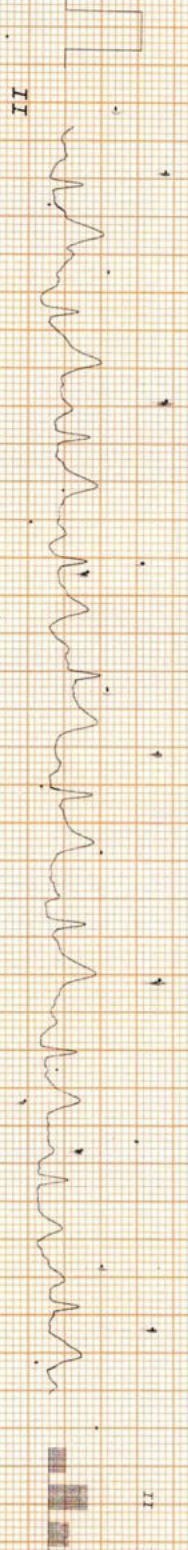
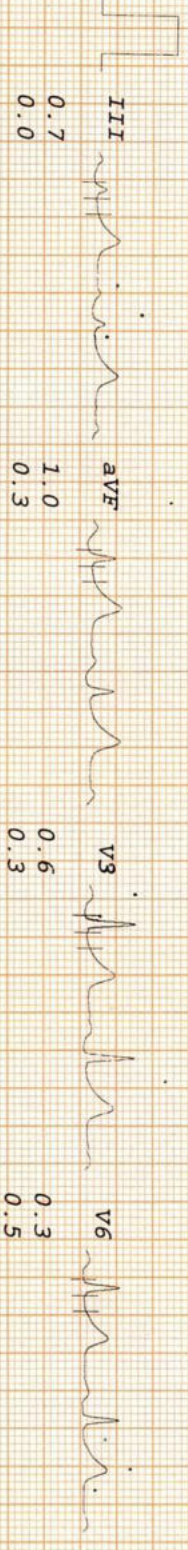
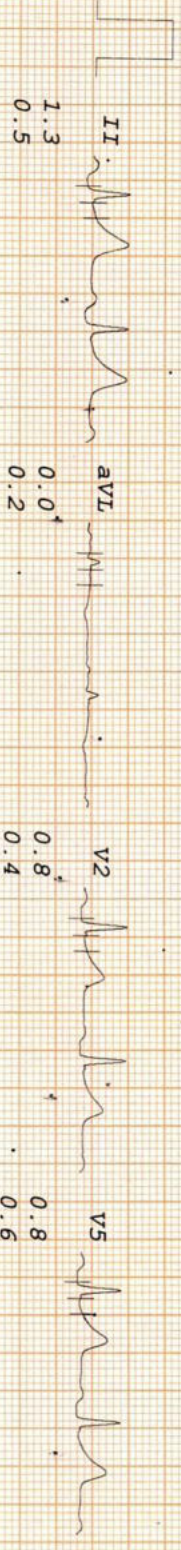
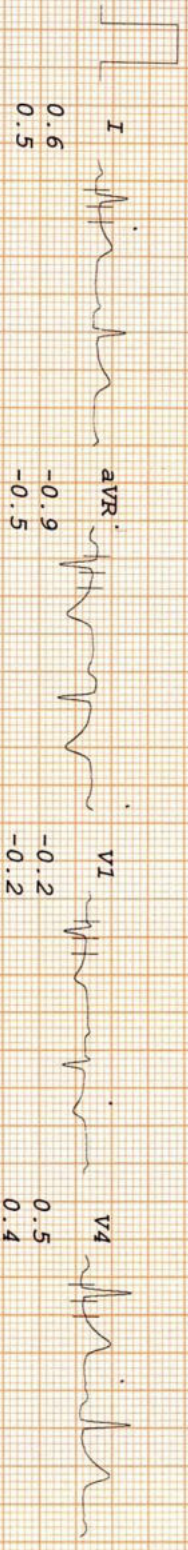
PRETEST
 STANDING

ST @ 10mm/mV
 80ms PostJ

LINKED MEDIAN

Mag. X 2

V1



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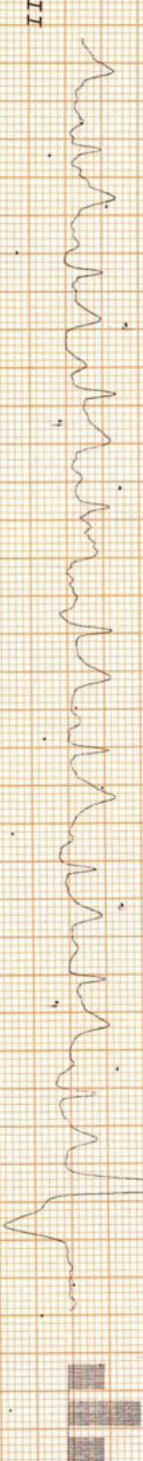
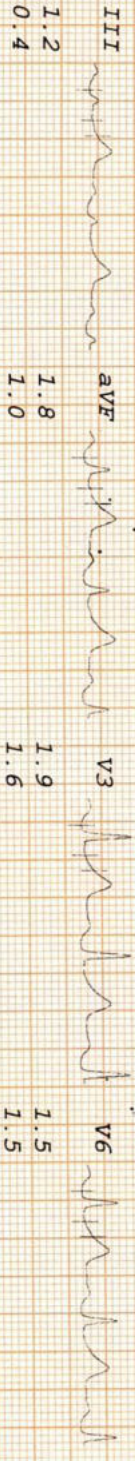
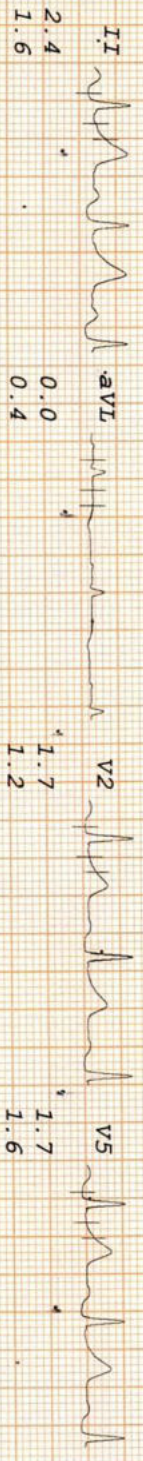
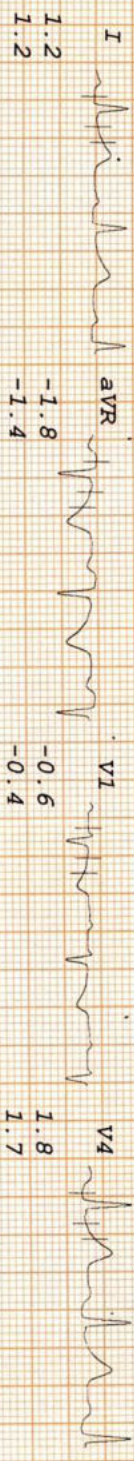
RATE 97bpm
B.P. 120/80

PRETEST
HYPERVENT
PHASE TIME 0:16

ST @ 10mm/mv
80ms PostJ

LINKED MEDIAN

Mag. X 2
V1



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Puja Mishra
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RATE 141bpm
B.P. 130/80

Bruce
Stage 1
TOTAL TIME 2:55
PHASE TIME 2:55

ST @ 10mm/mV
80ms PostJ
Speed 2.7 km/hr
SLOPE 10 %

LINKED MEDIAN

Mag. X 2

V1

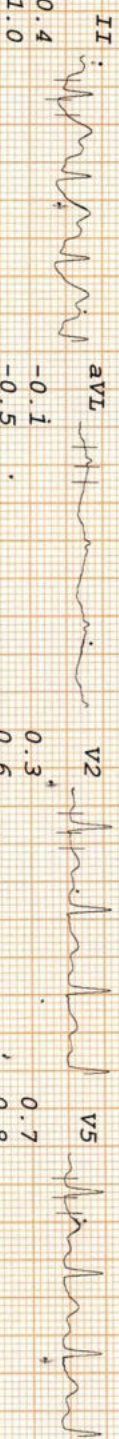


0.1
0.0

aVR -0.3
-0.5

V1 0.1
-0.3

V4 0.4
0.5

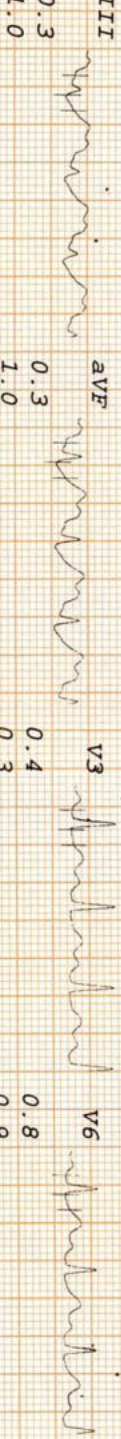


0.4
1.0

aVL -0.1
-0.5

V2 0.3
0.6

V5 0.7
0.8

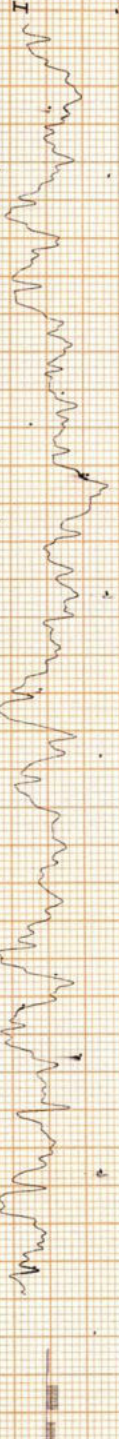


0.3
1.0

aVF 0.3
1.0

V3 0.4
0.3

V6 0.8
0.9



0.1
-0.3

V1 0.1
-0.3

V2 0.1
-0.3

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RATE 155bpm
 B.P. 150/80

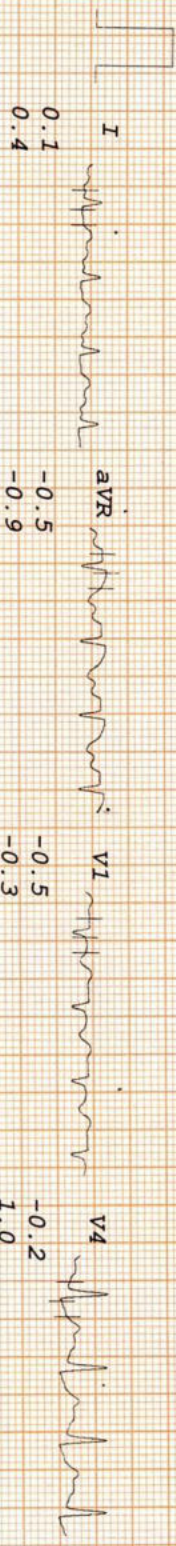
Bruce
 Stage 2
 TOTAL TIME 4:25
 PHASE TIME 1:25

ST @ 10mm/mV
 80ms PostJ
 Speed 4 km/hr
 SLOPE 12 8

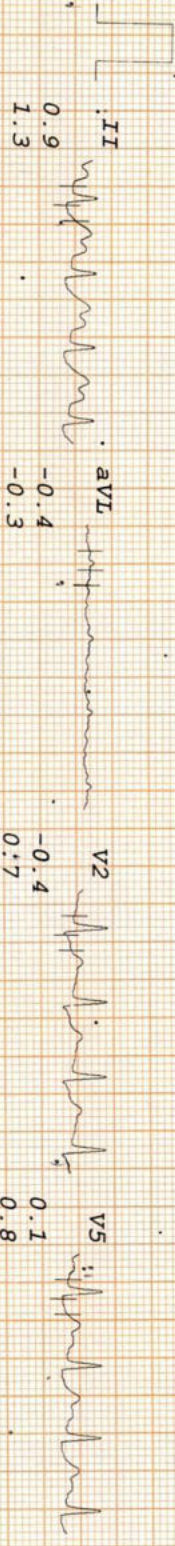
LINKED MEDIAN

Mag. X 2

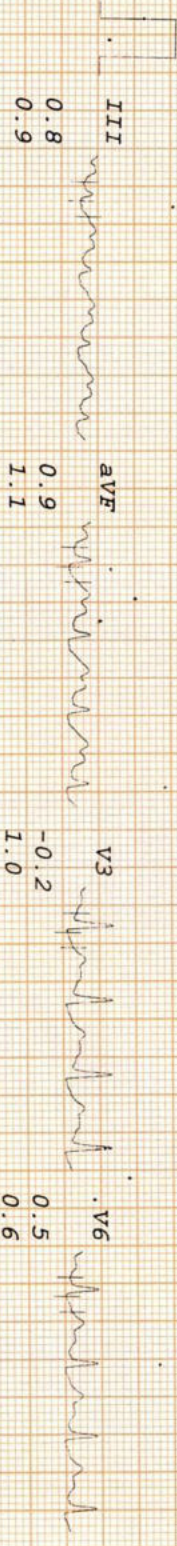
VI



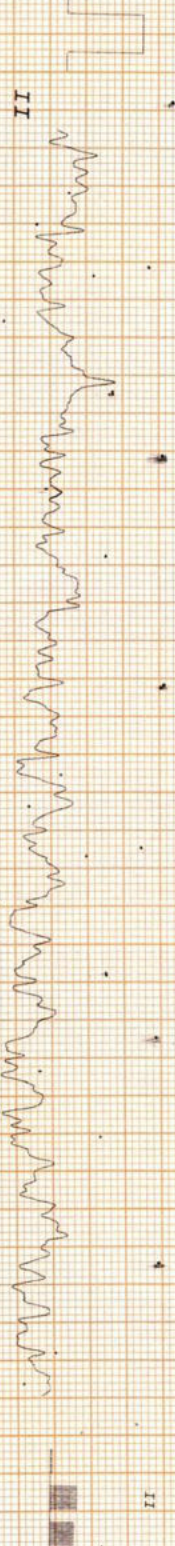
V4
-0.2
1.0



V5
0.1
0.8



V6
0.5
0.6



-0.5
-0.3

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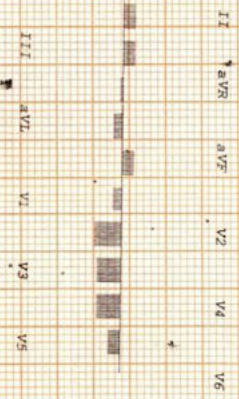
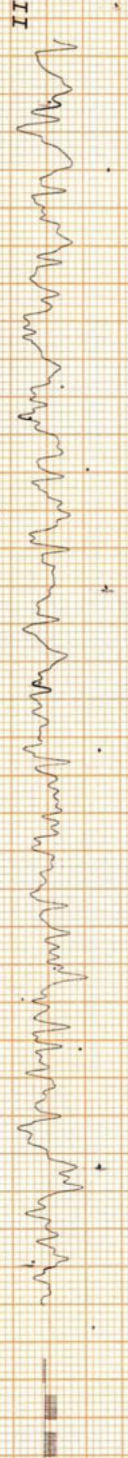
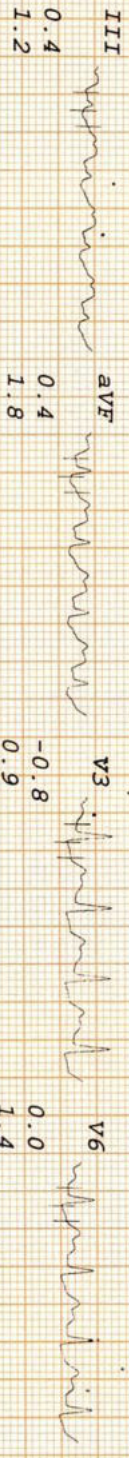
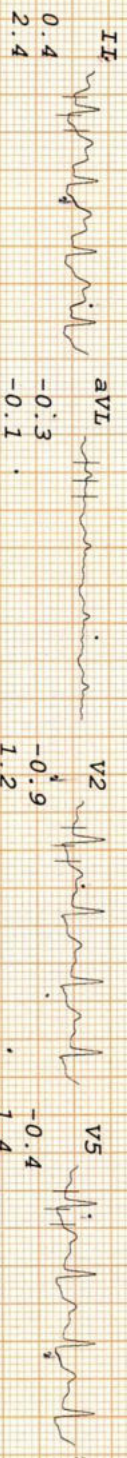
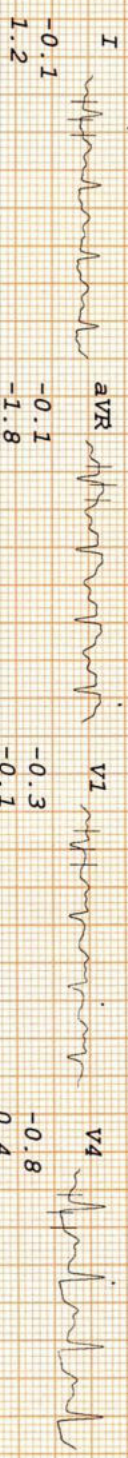
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RATE 162bpm
B.P. 160/80
Bruce Stage 2
TOTAL TIME 5:55
PHASE TIME 2:55

ST @ 10mm/mv
80ms PostJ
Speed 4 km/hr
SLOPE 12 &

LINKED MEDIAN

Mag. X 2



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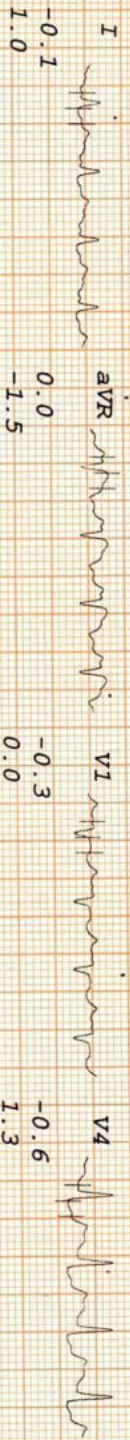
Rate 168bpm
 B.P. 160/80
 PK-EXERCISE
 TOTAL TIME 6:10
 PHASE TIME 0:10

ST @ 10mm/mv
 80ms PostJ
 Speed 5.4 km/hr
 Slope 14 %

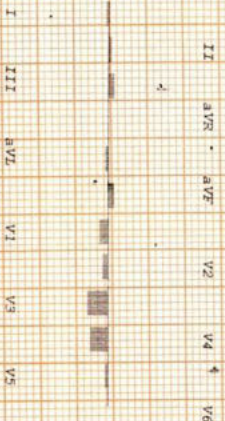
LINKED MEDIAN

Mag. X 2

V1



-0.3
0.0



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RATE 121bpm
 B.P. 150/80

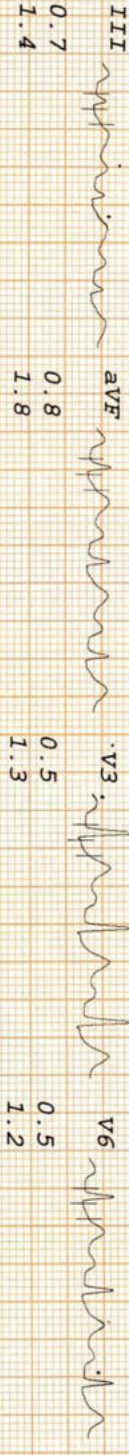
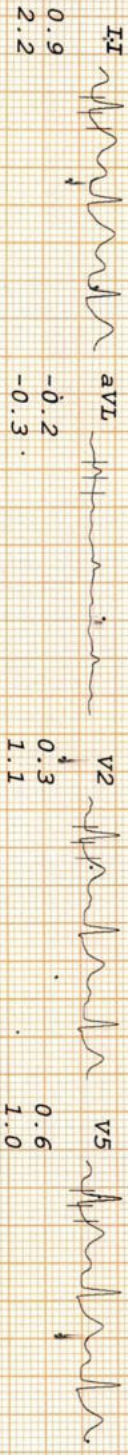
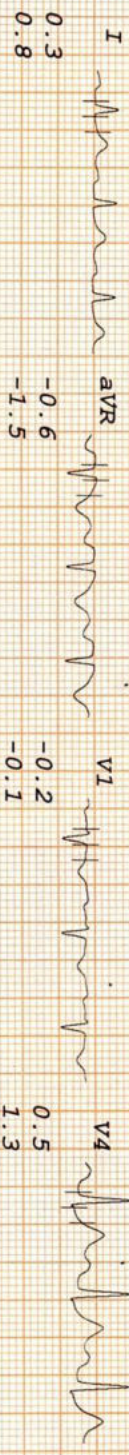
Bruce
 RECOVERY
 TOTAL TIME 7:20
 PHASE TIME 0:55

ST @ 10mm/mV
 80ms PostJ

LINKED MEDIAN

Mag. X 2

V1



-0.2
 -0.1

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RATE 102bpm
B.P. 140/80

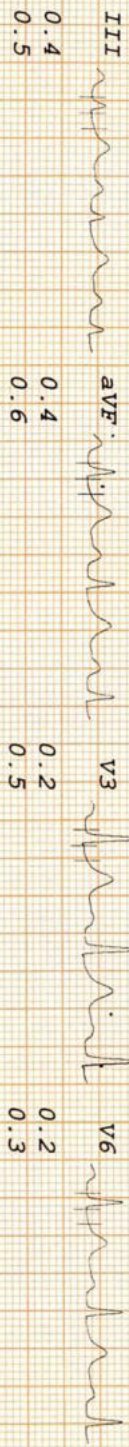
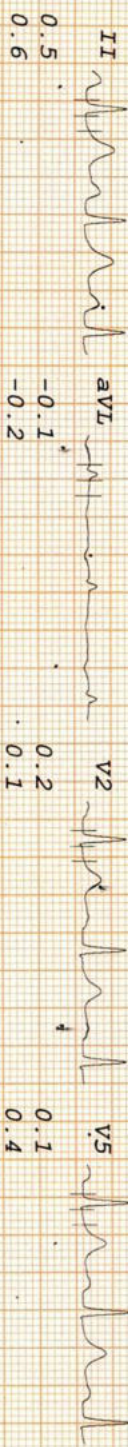
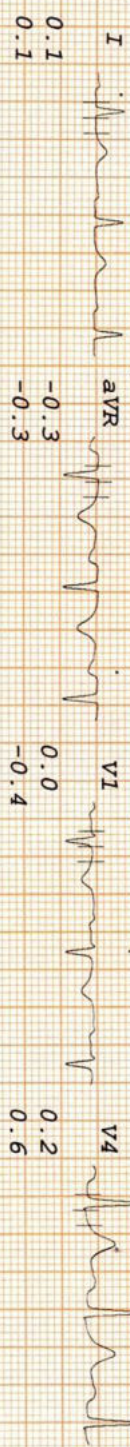
Bruce
RECOVERY
TOTAL TIME 8:20
PHASE TIME 1:55

ST @ 10mm/mv
80ms PostJ

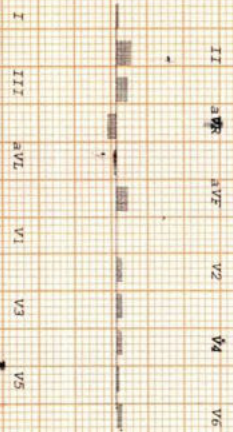
LINKED MEDIAN

Mag. X 2

V1



0.0
-0.4



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Rate 98bpm
B.P. 130/80

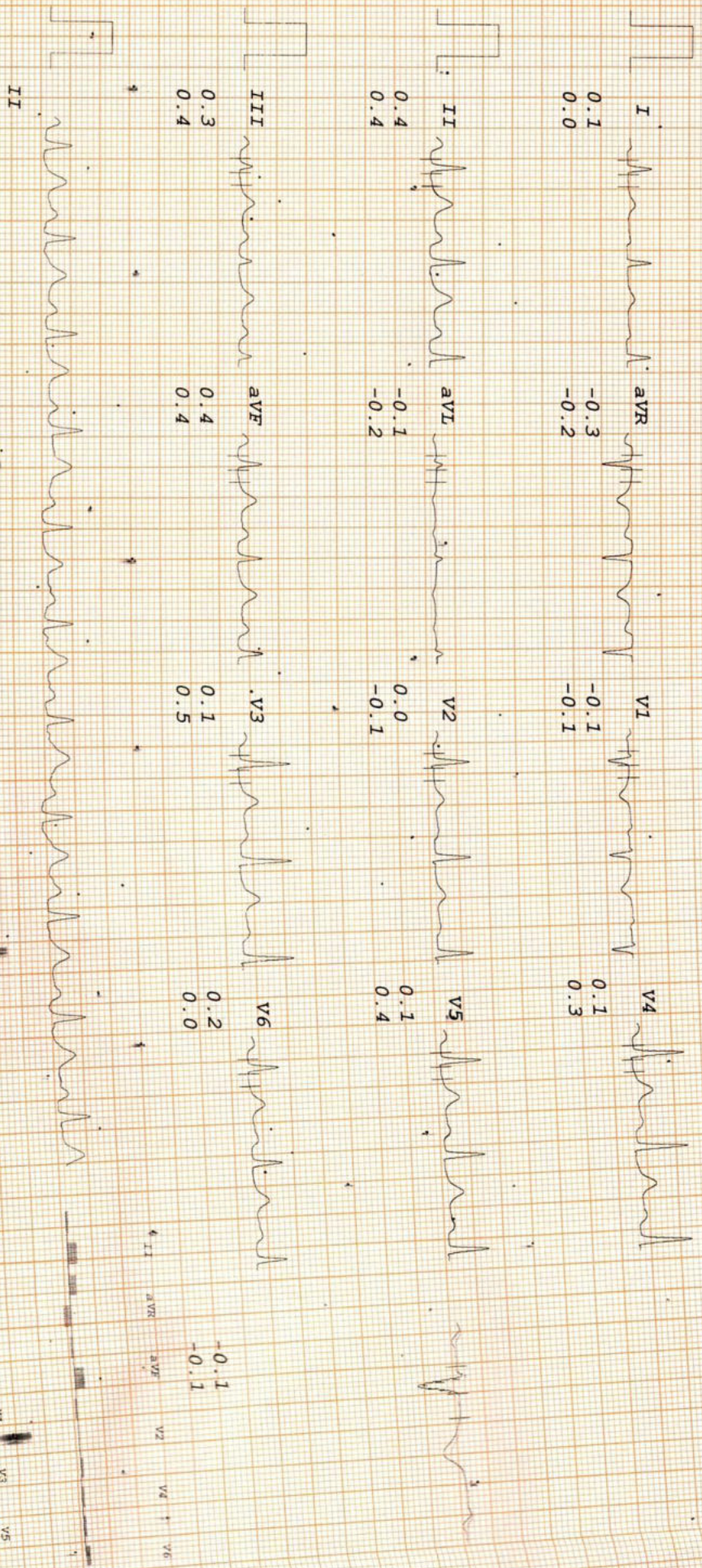
Bruce
RECOVERY
TOTAL TIME 9:20
PHASE TIME 2:55

ST @ 10mm/mV
80ms PostJ

Age 41/F
Date 12-03-2023

LINKED MEDIAN

Mag: X 2
V1



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Puja Mishra
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Age 41/F
Date 12-03-2023

Rate 96bpm
B.P. 120/80

Brice
RECOVERY
TOTAL TIME 9:41
PHASE TIME 3:16

ST @ 10mm/mV
80ms Post J

LINKED MEDIAN

Mag. X 2

V1

