

Name : Mr. BHABASINDHU MRIDHA (57 /M)

Date : 09/09/2022

Address : S-4/27, A P NAGAR,PS-SONARPUR, KOLKATA, KOLKATA, WEST BENGAL, INDIA

Examined by:

UHID : AGHL.0001619718

Package : MEDI WHEEL FULL BODY HCK - MALE (ABOVE 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH156471



CHIEF COMPLAINTS

For corporate health checkup
No specific complaints

PRESENT KNOWN ILLNESS

Present known illness

No history of : - Diabetes mellitus, Dyslipidemia, Thyroid disorder, Heart disease, Stroke, Asthma
Hypertension : Since - 4 yrs; Medication - regular



SYSTEMIC REVIEW

Cardiovascular system

High blood pressure - yes; Medication - yes

Respiratory system

- Nil Significant

Gastrointestinal system

Appetite - normal; Dyspepsia - no; Piles - no

Genitourinary system

Frequency - normal

Central nervous system

- Nil Significant

Eyes

Vision - normal with glasses; Glasses - yes; Glasses for - reading

ENT

- Normal hearing

Musculoskeletal system

Spine and joints
Knee (bilateral) - pain

Weight

- stable



Present medications

- Dytor 5mg



Past medical history

Covid 19 - Yes
- 2020,2021
Hospitalization for Covid 19 - Yes
Oxygen support - Yes



Surgical history

Surgical history - Nil

Immunization history

- Covid Dose1,Covid Dose2



Personal history

Marital status - Married
No. of children - 2
Diet - Non Vegetarian
Alcohol - does not consume alcohol
Smoking - No

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Chews tobacco	- No	Organomegaly	- No
Chews paan	- No	Tenderness	- No
Physical activity	- Sedentary	Bowel sounds	- Normal

Family history

Father	- has expired
Aged	- 85
Cause	- natural cause
	- 60
Mother	- has expired
Cause	- stroke
Brothers	- 1
Sisters	- 2
Hypertension	- sisters
Coronary artery disease	- none
Cancer	- maternal grandfather
CVA	- sisters

PHYSICAL EXAMINATION

General

Build	- over weight
Height	- 169
Weight	- 74.50
BMI	- 26.08
Pallor	- No
Oedema	- no

Cardiovascular system

Heart rate (Per minute)	- 72
Rhythm	- Regular
Systolic(mm of Hg)	- 120
Diastolic(mm of Hg)	- 78
Heart sounds	- S1S2+

Respiratory system

Breath sounds	- Normal vesicular breath sounds
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Abdomen

Appearance	- Normal
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Printed By : SHARMISTHA MALLIK

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COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	12.2 *	g/dl	●	13.0-17.0
RBC COUNT	4.74	Million/ ul	●	4.5-5.5
Hematocrit - Hct:	37.6 *	%	●	41-53
MCV	79.4 *	fl	●	83-101
MCH	25.8 *	pg	●	27-32
MCHC	32.4	%	●	31.5-34.5
RDW	15.4 *	%	●	11.8-14.0
WBC Count	6500	/cu mm	●	4000-10000
Platelet Count	1.56	lacs/cu mm	●	1.5-4.0
Neutrophils	62	%	●	40-80
Lymphocytes	26	%	●	20-40
Monocytes	08	%	●	2-10
Eosinophils	04	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Microcytic Hypochromic RBCs.			
Platelets:	Adequate on the smear			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	21 *	mm/1st hr	●	0-15

URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	40	mL		
Colour:	Pale Straw			
Appearance	Clear			
Specific Gravity	1.010			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	Occasional/hpf			

Epithelial Cells	Occasional/hpf
Casts:	Not Found
Crystals:	Not Found
Note	Biological reference interval RBC- 0-2/hpf Pus Cell - 0-5/hpf.

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	O			
Rh (D) Type:	POSITIVE			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	17	U/L	●	10-40
ALBUMIN - SERUM	4.6	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	89	U/L	●	53-128
AST (SGOT) - SERUM	27	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	1.7 *	mg/dL	●	0.0-1.0

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	188	mg/dL	●	0-200

CREATININE - SERUM

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	1.4 *	mg/dL	●	0.9-1.3

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
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● Within Normal Range ● Borderline High/Low ● Out of Range

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GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM 10 U/L ● 7-64

GLUCOSE - PLASMA (FASTING)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (FASTING) 87 mg/dL ● 70-99

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (POST PRANDIAL) 132 mg/dL ● 70-140

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

Test Name Result Unit Level Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD 5.1 % ● Nondiabetic : 4 - 5.6 %
Prediabetics : 5.7 - 6.4%
Diabetes : >= 6.5%
ADA Therapeutic goal : <7%

Note Hemoglobin variant present, HbA1c can not be measured accurately. Hemoglobin electrophoresis suggested.

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
HDL CHOLESTEROL - SERUM 60 mg/dL ● 30-70
LDL CHOLESTEROL -SERUM 108 mg/dL ● Optimal: <100
VLDL CHOLESTEROL - SERUM (Calculated) 20 mg/dL ● 0-35

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
PROTEIN TOTAL - SERUM 8.1 g/dL ● 6.4-8.3
GLOBULIN: (CALCULATED) - SERUM 3.5 g/dL ● 1.8-3.6

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range
TOTAL T3: TRI IODOTHYRONINE - SERUM 1.0 ng/ml ● 0.8-2
TOTAL T4: THYROXINE - SERUM 7.9 ug/dL ● 5.1-14.1

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
TRIGLYCERIDES - SERUM 91 mg/dL ● 0-150

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range
TSH: THYROID STIMULATING HORMONE - SERUM 5.7 * uIU/mL ● 0.270-4.200

URIC ACID - SERUM

Test Name Result Unit Level Range
URIC ACID - SERUM 6.8 mg/dL ● 3.5-7.2

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM 0.3 * mg/dL ● 0.0-0.2

PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM

Test Name Result Unit Level Range
PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM 0.63 ng/mL ● 0.00-6.50

BUN (BLOOD UREA NITROGEN)

Test Name Result Unit Level Range
BUN (BLOOD UREA NITROGEN) 15.7 mg/dL ● 7.0-18.0

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
A/G - RATIO 1.3:1.0 1.0-2.0

ECG

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SINUS RHYTHM.
LEFT AXIS DEVIATION.

TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

ULTRASOUND SCREENING WHOLE ABDOMEN

* No significant abnormality is seen.

X-RAY CHEST PA

Chest skiagram does not reveal any significant abnormality.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Haematology

STOOL ROUTINE

 Within Normal Range  Borderline High/Low  Out of Range

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Other Lifestyle Changes & Recommendations :-

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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