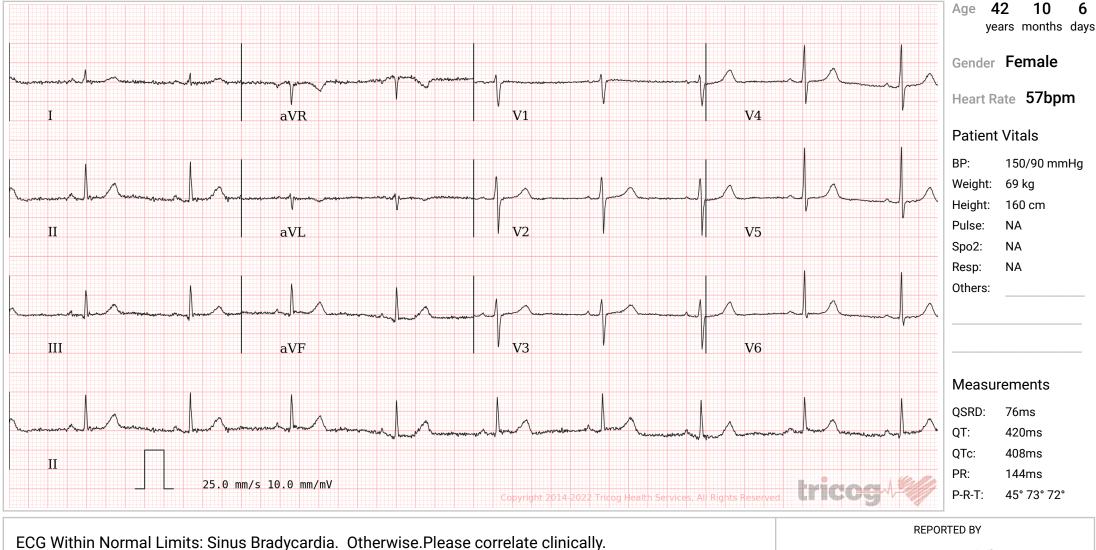
SUBURBAN DIAGNOSTICS - VASHI



Patient Name: SIDDHI KUMARI Patient ID: 2207127593 Date and Time: 12th Mar 22 3:35 PM





Dr.Anand N Motwani M.D (General Medicine) Reg No 39329 M.M.C

Disclaimer: 1) Analysis in this report is based on ECG alone and should be used as an adjunct to clinical history, symptoms, and results of other invasive and non-invasive tests and must be interpreted by a qualified physician. 2) Patient vitals are as entered by the clinician and not derived from the ECG.



SUBUR	BAN 🌺			K
DIAGNOS				E
CID	: 2207127593			Р
Name	: Ms Siddhi kumari			0
Age / Sex	: 42 Years/Female		Use a QR Code Scanner Application To Scan the Code	-
Ref. Dr	:	Reg. Date	: 12-Mar-2022 / 11:37	R
Reg. Location	: Vashi Main Centre	Reported	: 12-Mar-2022 / 13:00	Т

MAMMOGRAPHY

Both mammograms have been performed with cranio-caudal (CC) and medio-lateral oblique (MLO) views. Mixed fibrofatty and fibroglandular pattern is noted in both breasts.

No evidence of focal asymmetric density / spiculated high density mass lesion / retraction/clusters of microcalcification is seen.

No abnormal skin thickening is seen.

Sonomammography of both breasts show normal parenchymal echotexture.

The right breast shows simple cystic lesions of sizes 4.2 mm in the 10-11 O'clock position and 4.2 mm in the 6 O'clock position.

The left breast shows simple cysts of sizes 3.2 mm in the 2-3 O'clock position and 2.6 mm in the 6 O'clock position.

Bilateral reactive axillary lymphadenopathy is seen.

IMPRESSION :

BILATERAL BREAST SIMPLE CYSTS. ACR BIRADS CATEGORY II.

SUGGEST:

Follow up mammography after one year is suggested. Please bring all the films for comparison.

ACR BIRADS CATEGORY

[American college of radiology breast imaging reporting and data system]. I Negative_____IV Suspicious (Indeterminate). II Benign finding V Highly suggestive of malignancy. III Probably benign finding.

Investigations have their limitations. They only help in diagnosing the disease in correlation to clinical symptoms and other related tests. Please interpret accordingly.

-----End of Report-----

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Age / Sex	: 42 Years/Female	
Ref. Dr	:	Reg. Date
Reg. Location	: Vashi Main Centre	Reported

Dr Shilpa Beri MBBS DMRE Reg No 2002/05/2302 Consultant Radiologist

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Ms Siddhi kumari			0
42 Years/Female		Use a QR Code Scanner Application To Scan the Code	D
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Vashi Main Centre	Reported	: 12-Mar-2022 / 12:57	Т
	ALTHIER LIVING 2207127593 Ms Siddhi kumari 42 Years/Female	ALTHIER LIVING 2207127593 Ms Siddhi kumari 42 Years/Female Reg. Date	ICS ICS ALTHIER LIVING ISSUE 2207127593 ISSUE Ms Siddhi kumari ISE a QR Code Scanner Application To Scan the Code 42 Years/Female ISE a QR Code Scanner Application To Scan the Code Reg. Date : 12-Mar-2022 / 12:23

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USG WHOLE ABDOMEN

LIVER :

The liver is normal in size, shape and smooth margins. It shows bright parenchymal echo pattern. The intra hepatic biliary and portal radical appear normal. The main portal vein and CBD appears normal. The left lobe of the liver shows simple cystic lesion measuring 12.7 mm. The right lobe of the liver shows a simple cystic lesion measuring 22 x 19 mm.

GALL BLADDER :

The gall bladder fossa is empty, consistent with the history of cholecystectomy

PANCREAS:

The pancreas well visualised and appears normal.No evidence of solid or cystic mass lesion is noted

KIDNEYS:

Both the kidneys are normal in size shape and echotexture. Upper pole of the right kidney shows simple cyst of size 12.7 mm and the lower pole simple cortical cyst of size 8.1 mm and 9.6 mm. Midpole of the right kidney shows a simple cyst of size 16.4 mm.Lower pole of the left kidney shows simple cyst of sizes 10.9 mm, 6.7 mm and 6.9 and midpole of left kidney shows simple cyst of size 4.2 mm.

No evidence of any calculus, hydronephrosis or mass lesion seen.

Right kidney measures 10.6 x 4.3 cms. Left kidney measures 10.4 x 4.4 cms.

SPLEEN:

The spleen is normal in size and shape and echotexture. No evidence of focal lesion is noted. There is no evidence of any lymphadenopathy or ascitis

URINARY BLADDER:

The urinary bladder is well distended. It shows thin walls and sharp mucosa. No evidence of calculus is noted. No mass or diverticulum is seen.

UTERUS:

The Uterus is anteverted and appears normal. It measures 8.6 x 3.1 x 5.3 cm in size. The endometrial thickness is 4.8 mm.

OVARIES:

Both the ovaries are well visualised and appears normal. Right ovary measures- 2.2 x 1.4 cms Left ovary measures- 2.8 x 1.6 cms There is no evidence of any ovarian or adnexal mass seen

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IMPRESSION:

Grade I fatty infiltration of liver with simple hepatic cysts. Bilateral renal simple cysts.

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Dr Shilpa Beri MBBS DMRE Reg No 2002/05/2302 **Consultant Radiologist**

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X-RAY CHEST PA VIEW

Both lung fields are clear.

Both costo-phrenic angles are clear.

The cardiac size and shape are within normal limits.

The domes of diaphragm are normal in position and outlines.

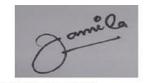
The skeleton under review appears normal.

IMPRESSION:

NO SIGNIFICANT ABNORMALITY IS DETECTED.

-----End of Report-----

This report is prepared and physically checked by Dr Jamila Johar Fani before dispatch.



Dr Jamila Johar Fani MD Radiologist Reg No 2018/01/0007 Consultant Radiologist

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CID : 2207127593 Name : MS.SIDDHI KUMARI Age / Gender : 42 Years / Female Consulting Dr. : -Reg. Location : Vashi (Main Centre)



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Application To Scan the Code Collected :12-Mar-2022 / 11:06

Reported :12-Mar-20

:12-Mar-2022 / 14:41

MEDIWHEEL FULL BODY HEALTH CHECKUP FEMALE ABOVE 40/2D ECHO

CBC (Complete Blood Count), Blood			
PARAMETER	RESULTS	BIOLOGICAL REF RANGE	<u>METHOD</u>
RBC PARAMETERS			
Haemoglobin	13.0	12.0-15.0 g/dL	Spectrophotometric
RBC	4.30	3.8-4.8 mil/cmm	Elect. Impedance
PCV	40.5	36-46 %	Measured
MCV	94	80-100 fl	Calculated
MCH	30.3	27-32 pg	Calculated
MCHC	32.1	31.5-34.5 g/dL	Calculated
RDW	15.0	11.6-14.0 %	Calculated
WBC PARAMETERS			
WBC Total Count	5690	4000-10000 /cmm	Elect. Impedance
WBC DIFFERENTIAL AND A	BSOLUTE COUNTS		
Lymphocytes	29.0	20-40 %	
Absolute Lymphocytes	1650.1	1000-3000 /cmm	Calculated
Monocytes	5.1	2-10 %	
Absolute Monocytes	290.2	200-1000 /cmm	Calculated
Neutrophils	63.0	40-80 %	
Absolute Neutrophils	3584.7	2000-7000 /cmm	Calculated
Eosinophils	1.9	1-6 %	
Absolute Eosinophils	108.1	20-500 /cmm	Calculated
Basophils	1.0	0.1-2 %	
Absolute Basophils	56.9	20-100 /cmm	Calculated
Immature Leukocytes	-		

WBC Differential Count by Absorbance & Impedance method/Microscopy.

PLATELET PARAMETERS	<u> </u>		
Platelet Count	260000	150000-400000 /cmm	Elect. Impedance
MPV	10.1	6-11 fl	Calculated
PDW	17.4	11-18 %	Calculated
RBC MORPHOLOGY			
Hypochromia	-		
Microcytosis	-		

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Macrocytosis	-			
Anisocytosis	-			

Allisocytosis			
Poikilocytosis	-		
Polychromasia	-		
Target Cells	-		
Basophilic Stippling	-		
Normoblasts	-		
Others	Normocytic,Normochromic		
WBC MORPHOLOGY	-		
PLATELET MORPHOLOGY			
COMMENT	-		
Specimen: EDTA Whole Blood			
ESR, EDTA WB	30	2-20 mm at 1 hr.	Westergren

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MEDIWHEEL FULL BODY HEALTH CHECKUP FEMALE ABOVE 40/2D ECHO PARAMETER **BIOLOGICAL REF RANGE** RESULTS **METHOD** GLUCOSE (SUGAR) FASTING, 97.6 Non-Diabetic: < 100 mg/dl Hexokinase Fluoride Plasma Impaired Fasting Glucose: 100-125 mg/dl Diabetic: >/= 126 mg/dl GLUCOSE (SUGAR) PP, Fluoride 91.6 Non-Diabetic: < 140 mg/dl Hexokinase Plasma PP/R Impaired Glucose Tolerance: 140-199 mg/dl Diabetic: >/= 200 mg/dl Urine Sugar (Fasting) Absent Absent Urine Ketones (Fasting) Absent Absent

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MEDIWHEEL FULL BODY HEALTH CHECKUP FEMALE ABOVE 40/2D ECHO GLYCOSYLATED HEMOGLOBIN (HbA1c) BIOLOGICAL REE BANGE

<u>FARAMLILR</u>	<u>KLJULIJ</u>	DIOLOGICAL KLI KANGL	METHOD
Glycosylated Hemoglobin (HbA1c), EDTA WB - CC	5.5	Non-Diabetic Level: < 5.7 % Prediabetic Level: 5.7-6.4 % Diabetic Level: >/= 6.5 %	HPLC
Estimated Average Glucose (eAG), EDTA WB - CC	111.2	mg/dl	Calculated

Intended use:

- In patients who are meeting treatment goals, HbA1c test should be performed at least 2 times a year
- In patients whose therapy has changed or who are not meeting glycemic goals, it should be performed quarterly
- For microvascular disease prevention, the HbA1C goal for non pregnant adults in general is Less than 7%.

Clinical Significance:

- HbA1c, Glycosylated hemoglobin or glycated hemoglobin, is hemoglobin with glucose molecule attached to it.
- The HbA1c test evaluates the average amount of glucose in the blood over the last 2 to 3 months by measuring the percentage of glycosylated hemoglobin in the blood.

Test Interpretation:

- The HbA1c test evaluates the average amount of glucose in the blood over the last 2 to 3 months by measuring the percentage of Glycosylated hemoglobin in the blood.
- HbA1c test may be used to screen for and diagnose diabetes or risk of developing diabetes.
- To monitor compliance and long term blood glucose level control in patients with diabetes.
- Index of diabetic control, predicting development and progression of diabetic micro vascular complications.

Factors affecting HbA1c results:

Increased in: High fetal hemoglobin, Chronic renal failure, Iron deficiency anemia, Splenectomy, Increased serum triglycerides, Alcohol ingestion, Lead/opiate poisoning and Salicylate treatment.

Decreased in: Shortened RBC lifespan (Hemolytic anemia, blood loss), following transfusions, pregnancy, ingestion of large amount of Vitamin E or Vitamin C and Hemoglobinopathies

Reflex tests: Blood glucose levels, CGM (Continuous Glucose monitoring)

References: ADA recommendations, AACC, Wallach's interpretation of diagnostic tests 10th edition.

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MEDIWHEEL FULL BODY HEALTH CHECKUP FEMALE ABOVE 40/2D ECHO URINE EXAMINATION REPORT

<u>PARAMETER</u>	RESULTS	BIOLOGICAL REF RANGE	<u>METHOD</u>
PHYSICAL EXAMINATION			
Color	Pale yellow	Pale Yellow	-
Reaction (pH)	Acidic (6.0)	4.5 - 8.0	Chemical Indicator
Specific Gravity	1.010	1.001-1.030	Chemical Indicator
Transparency	Slight hazy	Clear	-
Volume (ml)	30 ml	-	-
CHEMICAL EXAMINATION			
Proteins	Absent	Absent	pH Indicator
Glucose	Absent	Absent	GOD-POD
Ketones	Absent	Absent	Legals Test
Blood	Trace	Absent	Peroxidase
Bilirubin	Absent	Absent	Diazonium Salt
Urobilinogen	Normal	Normal	Diazonium Salt
Nitrite	Absent	Absent	Griess Test
MICROSCOPIC EXAMINATION			
Leukocytes(Pus cells)/hpf	4-6	0-5/hpf	
Red Blood Cells / hpf	Occasional	0-2/hpf	
Epithelial Cells / hpf	8-10		
Casts	Absent	Absent	
Crystals	Absent	Absent	
Amorphous debris	Absent	Absent	
Bacteria / hpf	18-20	Less than 20/hpf	

Kindly correlate clinically.

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MEDIWHEEL FULL BODY HEALTH CHECKUP FEMALE ABOVE 40/2D ECHO BLOOD GROUPING & Rh TYPING

PARAMETER

RESULTS

ABO GROUP O Rh TYPING POSITIVE

NOTE: Test performed by automated column agglutination technology (CAT) which is more sensitive than conventional methods.

Note: This sample is not tested for Bombay blood group.

Specimen: EDTA Whole Blood and/or serum

Clinical significance:

ABO system is most important of all blood group in transfusion medicine

Limitations:

- ABO blood group of new born is performed only by cell (forward) grouping because allo antibodies in cord blood are of maternal origin.
- Since A & B antigens are not fully developed at birth, both Anti-A & Anti-B antibodies appear after the first 4 to 6 months of life. As a result, weaker reactions may occur with red cells of newborns than of adults.
- Confirmation of newborn's blood group is indicated when A & B antigen expression and the isoagglutinins are fully developed at 2 to 4 years of age & remains constant throughout life.
- Cord blood is contaminated with Wharton's jelly that causes red cell aggregation leading to false positive result
- The Hh blood group also known as Oh or Bombay blood group is rare blood group type. The term Bombay is used to refer the phenotype that lacks normal expression of ABH antigens because of inheritance of hh genotype.

Refernces:

- 1. Denise M Harmening, Modern Blood Banking and Transfusion Practices- 6th Edition 2012. F.A. Davis company. Philadelphia
- 2. AABB technical manual

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Dr.VRUSHALI SHROFF M.D.(PATH) Pathologist

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MEDIWHEEL FULL BODY HEALTH CHECKUP FEMALE ABOVE 40/2D ECHO LIPID PROFILE

PARAMETER	RESULTS	BIOLOGICAL REF RANGE	<u>METHOD</u>
CHOLESTEROL, Serum	232.5	Desirable: <200 mg/dl Borderline High: 200-239mg/dl High: >/=240 mg/dl	Enzymatic
TRIGLYCERIDES, Serum	103.3	Normal: <150 mg/dl Borderline-high: 150 - 199 mg/dl High: 200 - 499 mg/dl Very high:>/=500 mg/dl	Enzymatic
HDL CHOLESTEROL, Serum	47.9	Desirable: >60 mg/dl Borderline: 40 - 60 mg/dl Low (High risk): <40 mg/dl	Enzymatic
NON HDL CHOLESTEROL, Serum	184.6	Desirable: <130 mg/dl Borderline-high:130 - 159 mg/dl High:160 - 189 mg/dl Very high: >/=190 mg/dl	Calculated
LDL CHOLESTEROL, Serum	164.0	Optimal: <100 mg/dl Near Optimal: 100 - 129 mg/dl Borderline High: 130 - 159 mg/dl High: 160 - 189 mg/dl Very High: >/= 190 mg/dl	Colorimetric
VLDL CHOLESTEROL, Serum	20.6	< /= 30 mg/dl	Calculated
CHOL / HDL CHOL RATIO, Serum	4.9	0-4.5 Ratio	Calculated
LDL CHOL / HDL CHOL RATIO, Serum	3.4	0-3.5 Ratio	Calculated
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MEDIWHEEL FULL BODY HEALTH CHECKUP FEMALE ABOVE 40/2D ECHO KIDNEY FUNCTION TESTS

PARAMETER	<u>RESULTS</u>	BIOLOGICAL REF RANGE	<u>METHOD</u>
BLOOD UREA, Serum	24.2	12.8-42.8 mg/dl	Kinetic
BUN, Serum	11.3	6-20 mg/dl	Calculated
CREATININE, Serum	0.76	0.51-0.95 mg/dl	Enzymatic
eGFR, Serum	89	>60 ml/min/1.73sqm	Calculated
TOTAL PROTEINS, Serum	7.5	6.4-8.3 g/dL	Biuret
ALBUMIN, Serum	4.6	3.5-5.2 g/dL	BCG
GLOBULIN, Serum	2.9	2.3-3.5 g/dL	Calculated
A/G RATIO, Serum	1.6	1 - 2	Calculated
URIC ACID, Serum	5.2	2.4-5.7 mg/dl	Enzymatic
PHOSPHORUS, Serum	3.1	2.7-4.5 mg/dl	Molybdate UV
CALCIUM, Serum	9.6	8.6-10.0 mg/dl	N-BAPTA
SODIUM, Serum	140	135-148 mmol/l	ISE
POTASSIUM, Serum	4.4	3.5-5.3 mmol/l	ISE
CHLORIDE, Serum	103	98-107 mmol/l	ISE

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MEDIWHEEL FULL BODY HEALTH CHECKUP FEMALE ABOVE 40/2D ECHO THYROID FUNCTION TESTS				
PARAMETER	<u>RESULTS</u>	BIOLOGICAL REF RANGE	<u>METHOD</u>	
Free T3, Serum	4.8	3.5-6.5 pmol/L	ECLIA	
Free T4, Serum	15.2	11.5-22.7 pmol/L First Trimester:9.0-24.7 Second Trimester:6.4-20.59 Third Trimester:6.4-20.59	ECLIA	
sensitiveTSH, Serum	2.59	0.35-5.5 microIU/ml First Trimester:0.1-2.5 Second Trimester:0.2-3.0 Third Trimester:0.3-3.0	ECLIA	

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Interpretation:

A thyroid panel is used to evaluate thyroid function and/or help diagnose various thyroid disorders.

Clinical Significance:

1)TSH Values between 5.5 to 15 microIU/ml should be correlated clinically or repeat the test with new sample as physiological factors can give falsely high TSH.

2)TSH values may be trasiently altered becuase of non thyroidal illness like severe infections, liver disease, renal and heart severe burns, trauma and surgery etc.

TSH	FT4 / T4	FT3 / T3	Interpretation
High	Normal	Normal	Subclinical hypothyroidism, poor compliance with thyroxine, drugs like amiodarone, Recovery phase of non- thyroidal illness, TSH Resistance.
High	Low	Low	Hypothyroidism, Autoimmune thyroiditis, post radio iodine Rx, post thyroidectomy, Anti thyroid drugs, tyrosine kinase inhibitors & amiodarone, amyloid deposits in thyroid, thyroid tumors & congenital hypothyroidism.
Low	High	High	Hyperthyroidism, Graves disease, toxic multinodular goiter, toxic adenoma, excess iodine or thyroxine intake, pregnancy related (hyperemesis gravidarum, hydatiform mole)
Low	Normal	Normal	Subclinical Hyperthyroidism, recent Rx for Hyperthyroidism, drugs like steroids & dopamine), Non thyroidal illness.
Low	Low	Low	Central Hypothyroidism, Non Thyroidal Illness, Recent Rx for Hyperthyroidism.
High	High	High	Interfering anti TPO antibodies, Drug interference: Amiodarone, Heparin, Beta Blockers, steroids & anti epileptics.

Diurnal Variation:TSH follows a diurnal rhythm and is at maximum between 2 am and 4 am, and is at a minimum between 6 pm and 10 pm. The variation is on the order of 50 to 206%. Biological variation:19.7%(with in subject variation)

Reflex Tests: Anti thyroid Antibodies, USG Thyroid , TSH receptor Antibody. Thyroglobulin, Calcitonin

Limitations: Samples should not be taken from patients receiving therapy with high biotin doses (i.e. >5 mg/day) until atleast 8 hours following the last biotin administration.

Reference:

1.O.koulouri et al. / Best Practice and Research clinical Endocrinology and Metabolism 27(2013)

2. Interpretation of the thyroid function tests, Dayan et al. THE LANCET . Vol 357

3. Tietz, Text Book of Clinical Chemistry and Molecular Biology -5th Edition

4.Biological Variation: From principles to Practice-Callum G Fraser (AACC Press)

*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD Panvel Lab, Panvel East *** End Of Report ***

Authenticity Check

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Page 10 of 11

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MEDIWHEEL FULL BODY HEALTH CHECKUP FEMALE ABOVE 40/2D ECHO LIVER FUNCTION TESTS

PARAMETER	RESULTS	BIOLOGICAL REF RANGE	<u>METHOD</u>
BILIRUBIN (TOTAL), Serum	0.33	0.1-1.2 mg/dl	Colorimetric
BILIRUBIN (DIRECT), Serum	0.15	0-0.3 mg/dl	Diazo
BILIRUBIN (INDIRECT), Serum	0.18	0.1-1.0 mg/dl	Calculated
TOTAL PROTEINS, Serum	7.5	6.4-8.3 g/dL	Biuret
ALBUMIN, Serum	4.6	3.5-5.2 g/dL	BCG
GLOBULIN, Serum	2.9	2.3-3.5 g/dL	Calculated
A/G RATIO, Serum	1.6	1 - 2	Calculated
SGOT (AST), Serum	16.7	5-32 U/L	NADH (w/o P-5-P)
SGPT (ALT), Serum	11.1	5-33 U/L	NADH (w/o P-5-P)
GAMMA GT, Serum	12.0	3-40 U/L	Enzymatic
ALKALINE PHOSPHATASE, Serum	75.8	35-105 U/L	Colorimetric

*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD Panvel Lab, Panvel East *** End Of Report ***



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Page 11 of 11

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