NH Narayana
Multispeciality Hospital
Unit of Narayana Health

ECHOCARDIOGRAPHY REPORT

Patient ID	: 10140000281235	**Report Date**	: 4-4-2023
Patient Name:	: Miss Nandini M K		
Age / Gender	: 32 Years / female	**Cath Number**	:
Render No	:		

MEASURMENT

AO	: 24 (20 - 40)mm	**LVID(d)**	: 32 (36 - 52)mm	**IVS**	: 9 (6 - 11)mm
LA	: 22 (19 - 40)mm	**LVID s**	: 28 (23 - 39)mm	**PWD**	: 9 (6 - 11)mm
EF	: 60% (>50%)	**ESV**	: 15 ml	**EDV**	: 40 ml

VALVES

Mitral Valve : Normal
Aortic valve : Normal
Tricuspid Valve : Normal
Pulmonary Valve : Normal

CHAMBERS

Left Atrium : Normal
Right Atrium : Normal
Left Ventricle : Normal
Right Ventricle : Normal

SEPTAE

IVS : Intact
IAS : Intact

GREAT ARTERIES

Aorta : Normal
Pulmonary Artery : Normal

DOPPLER DATA

Mitral	:	E/A 0.9/0.6 m/s
Aortic	:	Normal
Tricuspid	:	Trivial TR / Mild PAH, PASP 30mmHg
Pulmonary	:	Normal
LVOT	:	Normal
Vegetation/Thrombus	:	Normal
Pericardium	:	Normal

WALL MOTION ABNORMALITIES NO RWMA

FINAL DIAGNOSIS

- NORMAL CHAMBER DIMENSIONS
- TRIVIAL TRICUSPID REGURGITATION / MILD PULMONARY ARTERIAL HYPERTENSION
- NO RWMA
- NORMAL LV FUNCTION (LVEF-60%)
- LEFT ARCH / NO COA

DR KESHAVA MURTHY.V
(SENIOR INTERVENTIONAL CARDIOLOGIST)

DR SRINIVAS P
(INTERVENTIONAL CARDIOLOGIST)

DR ANAND LINGAN
(SENIOR PEDIATRIC / ADULT INTERVENTIONAL CARDIOLOGIST)

DONE BY : SUVARNA

Narayana Multispeciality Hospital
Narayana Hrudayalaya Surgical Hospital Pvt. Ltd. CIN: L85100KA2010PTC055453
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Emergencies **98539-98539**

NARAYANA MULTISPECIALITY HOSPITAL
DEVANUR
MYSORE-19

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: MRS.NANDINI M.K,
Patient ID: 1014000281235
Height: 152 cm
Weight: 53 kg

DOB: 25.09.1990
Age: 32 yrs
Gender: Female
Race: Indian

Study Date: 04.04.2023
Test Type: Treadmill Stress Test
Protocol: BRUCE

Referring Physician: DR.CHYTHANYA D.C.
Attending Physician: DR.ANAND LINGAN
Technician: Mr.BHARATH KUMAR

Medications:
NIL

Medical History:
NIL

Reason for Exercise Test:
Screening for IHD

Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed [mph]	Grade [%]	HR [bpm]	BP [mmHg]	Comment
PRETEST	SUPINE	00:23	0.00	0.00	68	100/60	
	STANDING	00:01	0.00	0.00	67		
	WARM-UP	01:24	0.90	0.00	71	100/60	
EXERCISE	STAGE 1	03:00	1.70	10.00	112	110/70	
	STAGE 2	03:00	2.50	12.00	136	120/70	
	STAGE 3	02:41	3.40	14.00	150	130/70	
RECOVERY		05:41	0.00	0.00	80	110/70	

The patient exercised according to the BRUCE for 8:40 min:s, achieving a work level of Max. METS: 10.10. The resting heart rate of 66 bpm rose to a maximal heart rate of 153 bpm. This value represents 81 % of the maximal, age-predicted heart rate. The resting blood pressure of 100/60 mmHg , rose to a maximum blood pressure of 130/70 mmHg. The exercise test was stopped due to Fatigue.

Interpretation

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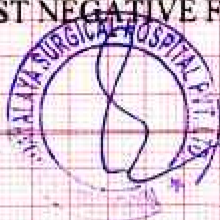
Conclusions

GOOD EFFORT TOLERANCE
NORMAL HR AND BP RESPONSE
NO ANGINA OR ARRHYTHMIA
SLOW UPSLOPING ST-DEPRESSION NOTED DURING EXERCISE, WHICH DID NOT PERSIST IN RECOVERY
IMP:-- STRESS TEST NEGATIVE FOR INDUCIBLE ISCHAEMIA



Physician ______________ Technician ______________

MRS.NANDINI M.K. — NARAYANA MULTISPECIALITY HOSPITAL

Patient ID: 10140000281235
04.04.2023 Female 152 cm 53 kg
1:27:51pm 32 yrs Indian
Meds: NIL

Test Reason: Screening for IHD
Medical History: NIL

Ref. MD: DR.CHYTHANYA D.C. Ordering MD:
Technician: Mr.BHARATH KUMAR Test Type: Treadmill Stress Test
Comment:

BRUCE: Exercise Time 08:40
Max HR: 153 bpm 81 % of max predicted 188 bpm HR at rest: 66
Max BP: 130/70 mmHg BP at rest: 100/60 Max RPP: 19890 mmHg*bpm
Maximum Workload: 10.10 METS
Max. ST: -2.05 mm, -0.47 mV/s in V6; EXERCISE STAGE 3 7:00
Arrhythmia: VBIG:2, PVC:29, PSVC:4
ST/HR index: 1.82 µV/bpm
ST/HR slope: 2.13 µV/bpm (V5)
HR reserve used: 68 %
HR recovery: 39 bpm
VE recovery: 0 VE/min
ST/HR hysteresis: -0.012 mV (I)
QRS duration: BASELINE: 84 ms, PEAK EX: 84 ms, REC: 90 ms
Reasons for Termination: Fatigue
Conclusion: GOOD EFFORT TOLERANCE
NORMAL HR AND BP RESPONSE
NO ANGINA OR ARRHYTHMIA
SLOW UPSLOPING ST-DEPRESSION NOTED DURING EXERCISE, WHICH DID NOT PERSIST IN RECOVERY
IMP:-- STRESS TEST NEGATIVE FOR INDUCIBLE ISCHAEMIA
Room:
Location: * 0 *

Phase Name	Stage Name	Time in Stage	Speed [mph]	Grade [%]	Workload [METS]	HR [bpm]	BP [mmHg]	RPP [mmHg*bp	VE [/min]	ST Level V6 [mm]	Comment
PRETEST	SUPINE	00:23	0.00	0.00	1.0	68	100/60	6800	0	0.00	
	STANDING	00:01	0.00	0.00	1.0	67		6700	0	0.00	
	WARM-UP	01:24	0.90	0.00	1.6	71	100/60	7100	0	0.30	
EXERCISE	STAGE 1	03:00	1.70	10.00	4.6	112	110/70	12320	3	-0.35	
	STAGE 2	03:00	2.50	12.00	7.0	136	120/70	16320	4	-1.50	
	STAGE 3	02:41	3.40	14.00	10.1	150	130/70	19500	1	-1.50	
RECOVERY		05:41	0.00	0.00	1.0	80	110/70	8800	0	-0.05	

Patient Name	NANDINI M K	Requested By	Dr. Chythanya D C
MRN	10140000281235	Procedure DateTime	2023-04-04 09:18:58
Age/Sex	32y/ Female	Hospital	NH-Mysore

X-RAY CHEST PA VIEW

Clinical details : Health check up

The C.T.Ratio is within normal limits.

The lung fields are clear.

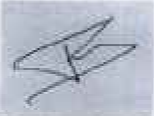
The costo and cardiophrenic angles are free.

The domes of diaphragm are normally placed.

The bony thorax shows no gross abnormality.

IMPRESSION: No abnormality detected.

To correlate clinically.



Dr. Rakesh Sharma
Consultant Radiologist

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Emergencies
98539-98539

Patient Name	NANDINI M K	Requested By	Dr. Chythanya D C
MRN	10140000281235	Procedure DateTime	2023-04-04 11:47:01
Age/Sex	/ Female	Hospital	NH-Mysore

ULTRASOUND SCAN OF ABDOMEN AND PELVIS (MHC)

LIVER - Normal in size and echotexture. No obvious focal lesions.

BILIARY RADICLES - No dilatation.

CBD - Normal in size. No evidence of calculi.

GALL BLADDER - Partially distended.

PORTAL VEIN - Normal in caliber.

PANCREAS - Head and body of pancreas show normal echotexture.

SPLEEN - Normal.

KIDNEYS - Both kidneys are normal in size and echotexture. No evidence of calyceal dilatation or calculi seen.

BLADDER - Distended and appears normal.

UTERUS - appears normal.

EMT - 4.3mm.

Both ovaries show normal echotexture.

No free fluid seen in the abdomen.

IMPRESSION: No abnormality detected sonologically.
To correlate clinically.

Dr. Roopa K
Consultant Radiologist

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ID: 10140000281235
Name: MISS NANDINI M K
Age: 32 Years
Gender: Female

2023-04-04 09:43:52

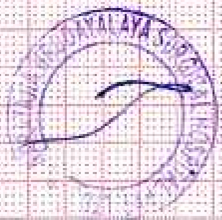
Vent. Rate	71 bpm
PR Interval	152 ms
QRS Duration	82 ms
QT/QTc Interval	418/437 ms
P/QRS/T Axes	59/49/52 deg

QTc:Hodges

Sinus rhythm
Lateral ST abnormality is nonspecific

Borderline ECG

Unconfirmed Diagnosis



I
II
III
aVR
aVL
aVF
II
V1
V2
V3
V4
V5
V6

25 mm/s 10 mm/mV 50 Hz BDR 35 Hz NARAYANA SURGICAL HOSPITAL MYSORU 02.10.00/V28.4.1 SN:FN-21032459

Final Report

DEPARTMENT OF LABORATORY MEDICINE

Patient Name : Miss NANDINI M K MRN : 10140000281235 Gender/Age : FEMALE , 32y (25/09/1990)

Collected On : 04/04/2023 08:55 AM Received On : 04/04/2023 09:16 AM Reported On : 04/04/2023 12:14 PM

Barcode : 602304040067 Specimen : Serum Consultant : Dr. Chythanya D C(GENERAL MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 8861482505

BIOCHEMISTRY

Test	Result	Unit	Biological Reference Interval
SERUM CREATININE			
Serum Creatinine (Spectrophotometry)	0.7	mg/dL	0.6-1.2
eGFR (Calculated By MDRD Formula)	97.0	mL/min/1.73m2	-
Blood Urea Nitrogen (BUN) (Spectrophotometry)	8	mg/dL	7.0-20.0
Serum Sodium (Spectrophotometry)	143	mmol/L	135.0-150.0
Serum Potassium (Spectrophotometry)	4.6	mmol/L	3.5-5.0
Serum Calcium (Spectrophotometry)	9.2	mg/dL	8.4-10.2
Serum Magnesium (Spectrophotometry)	2.0	mg/dL	1.6-2.3
Serum Phosphorus (Spectrophotometry)	3.7	mg/dL	3.7-6.5
LIPID PROFILE (CHOL,TRIG,HDL,LDL,VLDL)			
Cholesterol Total (Spectrophotometry)	159	mg/dL	Normal <200 High >240 Borderline 200 - 239
Triglycerides (Spectrophotometry)	91	mg/dL	Very High >500 Borderline High 150 - 199 High 200 - 499
HDL Cholesterol (HDLC) (Spectrophotometry)	50	mg/dL	40.0-60.0
Non-HDL Cholesterol (Spectrophotometry)	109.0	-	-
LDL Cholesterol (Calculated)	91	mg/dL	Desirable: <100 Optimal: 100-129 Borderline High: 130-159 High : 160-189 Very High: >190
VLDL Cholesterol (Spectrophotometry)	18	mg/dL	0.0-40.0

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Patient Name : Miss NANDINI M K MRN : 10140000281235 Gender/Age : FEMALE , 32y (25/09/1990)

Cholesterol /HDL Ratio (Spectrophotometry)	3.2	-	0.0-5.0
Vitamin B-12 (Enhanced Chemiluminescence Immunoassay (CLIA))	159	pg/mL	159.0-1000.0
Vitamin D 25 Hydroxy (Vitamin D Total) (Enhanced Chemiluminescence Immunoassay (CLIA))	63.0	ng/mL	30.0-100.0
LIVER FUNCTION TEST(LFT)			
Bilirubin Total (Spectrophotometry)	0.9	mg/dL	0.0-1.3
Conjugated Bilirubin (Direct) (Spectrophotometry)	0.3	mg/dL	0.0-0.3
Unconjugated Bilirubin (Indirect) (Spectrophotometry)	0.6	mg/dL	0.3-0.8
Total Protein (Spectrophotometry)	8.0	g/dL	6.4-8.2
Serum Albumin (Spectrophotometry)	4.5	g/dL	3.4-5.0
Serum Globulin (Spectrophotometry)	3.5	-	-
Albumin To Globulin (A/G)Ratio (Spectrophotometry)	1.29	-	1.0-2.1
SGOT (AST) (Spectrophotometry)	29	IU/L	15.0-37.0
SGPT (ALT) (Spectrophotometry)	30	IU/L	30.0-65.0
Alkaline Phosphatase (ALP) (Spectrophotometry)	82	IU/L	50.0-136.0
Gamma Glutamyl Transferase (GGT) (Spectrophotometry)	37	IU/L	15.0-85.0
THYROID PROFILE (T3, T4, TSH)			
Tri Iodo Thyronine (T3) (Enhanced Chemiluminescence Immunoassay (CLIA))	1.36	ng/dL	0.6-1.81
Thyroxine (T4) (Enhanced Chemiluminescence Immunoassay (CLIA))	11.8	ug/dl	3.2-12.6

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Patient Name : Miss N^NDINI M K MRN : 10140000281235 Gender/Age : FEMALE , 32y (25/09/1990)

TSH (Thyroid Stimulating Hormone) (Enhanced Chemiluminescence Immunoassay (CLIA))	1.138	mIU/L	> 18 Year(s) : 0.4 -4.5 Pregnancy: 1st Trimester: 0.129-3.120 2nd Trimester: 0.274-2.652 3rd Trimester: 0.312-2.947

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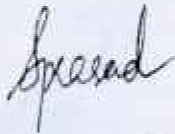

Dr. Shivaprasad P.N
MBBS, MD
CONSULTANT PATHOLOGIST

Note

- Abnormal results are highlighted.
- Results relate to the sample only.
- Kindly correlate clinically

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DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Miss NANDINI M K MRN : 10140000281235 Gender/Age : FEMALE , 32y (25/09/1990)

Collected On : 04/04/2023 10:43 AM Received On : 04/04/2023 11:04 AM Reported On : 04/04/2023 11:37 AM

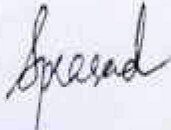
Barcode : 602304040132 Specimen : Plasma Consultant : Dr. Chythanya D C(GENERAL MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 8861482505

BIOCHEMISTRY

Test	Result	Unit	Biological Reference Interval
Post Prandial Blood Sugar (PPBS) (Spectrophotometry)	110	mg/dL	100.0-140.0

--End of Report-



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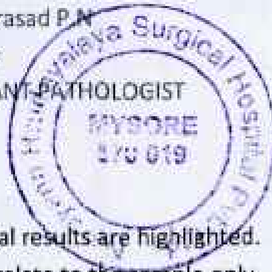

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DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Miss NANDINI M K MRN : 10140000281235 Gender/Age : FEMALE , 32y (25/09/1990)

Collected On : 04/04/2023 08:55 AM Received On : 04/04/2023 09:16 AM Reported On : 04/04/2023 09:35 AM

Barcode : 622304040012 Specimen : Urine Consultant : Dr. Chythanya D C(GENERAL MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 8861482505

PATHOLOGY

Test	Result	Unit	Biological Reference Interval
URINE ROUTINE & MICROSCOPY			
PHYSICAL EXAMINATION			
Volume	20	ml	-
Colour	Pale Yellow	-	-
Appearance	Clear	-	-
CHEMICAL EXAMINATION			
pH(Reaction)	5.5	-	4.8-7.5
Sp. Gravity	1.030	-	1.005 - 1.030
Protein	Negative	-	-
Urine Glucose	Negative	-	-
Ketone Bodies	Negative	-	Negative
Bile Salts	Negative	-	Negative
Bile Pigment (Bilirubin)	Negative	-	Negative
Urobilinogen	Normal	-	-
Urine Leucocyte Esterase	Negative	-	Negative
Blood Urine	Negative	-	Negative
Nitrite	Negative	-	Negative
MICROSCOPIC EXAMINATION			

Patient Name : Miss NANDINI M K MRN : 10140000281235 Gender/Age : FEMALE , 32y (25/09/1990)

Pus Cells	1-2/hpf	-	0-2
RBC	Nil	-	-
Epithelial Cells	1-2/hpf	-	2-4
Crystals	Not Seen	-	-
Casts	Not Seen	-	-

--End of Report-

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Unit of Narayana Health

DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Miss NANDINI M K MRN : 10140000281235 Gender/Age : FEMALE , 32y (25/09/1990)

Collected On : 04/04/2023 08:55 AM Received On : 04/04/2023 09:16 AM Reported On : 04/04/2023 09:47 AM

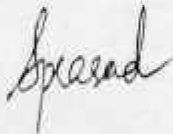
Barcode : 602304040068 Specimen : Plasma Consultant : Dr. Chythanya D C(GENERAL MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 8861482505

BIOCHEMISTRY

Test	Result	Unit	Biological Reference Interval
Fasting Blood Sugar (FBS) (Spectrophotometry)	91	mg/dL	70.0-100.0

--End of Report-



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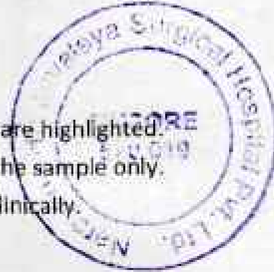

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DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : **Miss NANDINI M K** MRN : **10140000281235** Gender/Age : **FEMALE , 32y (25/09/1990)**

Collected On : **04/04/2023 08:55 AM** Received On : **04/04/2023 09:16 AM** Reported On : **04/04/2023 10:42 AM**

Barcode : **602304040069** Specimen : **Whole Blood** Consultant : **Dr. Chythanya D C(GENERAL MEDICINE)**

Sample adequacy : **Satisfactory** Visit No : **OP-001** Patient Mobile No : **8861482505**

BIOCHEMISTRY

Test	Result	Unit	Biological Reference Interval
HBA1C			
HbA1c (HPLC METHOD)	5.1	%	Upto - Normal (Non Diabetic Level): < 6 Good Control: 6.01-7.00 Fair Control: 7.01-8.00 Poor Control: > 8.01
Estimated Average Glucose (HPLC METHOD)	99.67	-	-

Interpretation:

1. HbA1C above 6.5% can be used to diagnose diabetes provided the patient has symptoms. If the patient does not have symptoms with HbA1C>6.5%, repeat measurement on further sample. If the repeat test result is <6.5%, consider as diabetes high risk and repeat measurement after 6 months.

2. HbA1C measurement is not appropriate in diagnosing diabetes in children, suspicion of type 1 diabetes, symptoms of diabetes for less than 2 months, pregnancy, hemoglobinopathies, medications that may result sudden increase in glucose, anemia, renal failure, HIV infection, malignancies, severe chronic hepatic, and renal disease.

3. Any sample with >15% should be suspected of having a haemoglobin variant.

--End of Report-

Dr. Shivaprasad P.N
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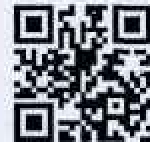

Narayana Multispeciality Hospital
Narayana Hrudayalaya Surgical Hospital Pvt. Ltd. CIN L85100KA2010PTC055453
Registered Office: 258/A, Bommasandra Industrial Area, Anekal Taluk, Bangalore 560099
Hospital Address: CAH/1, 3rd Phase, Devanur, Mysore 570019
Tel: +91 821 7122 222 | Fax: +91 821 7122 235 | Email: info.mys@narayanahealth.org | **www.narayanahealth.org**

Appointments
1800-309-0309 (Toll Free)
Emergencies
98539-98539

NH Narayana
Multispeciality Hospital
Unit of Narayana Health

DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : **Miss NANDINI M K** MRN : **10140000281235** Gender/Age : **FEMALE , 32y (25/09/1990)**

Collected On : **04/04/2023 08:55 AM** Received On : **04/04/2023 09:16 AM** Reported On : **04/04/2023 09:53 AM**

Barcode : **612304040031** Specimen : **Whole Blood** Consultant : **Dr. Chythanya D C(GENERAL MEDICINE)**

Sample adequacy : **Satisfactory** Visit No : **OP-001** Patient Mobile No : **8861482505**

HAEMATOLOGY LAB

Test	Result	Unit	Biological Reference Interval
BLOOD GROUP & RH TYPING			
Blood Group (Slide Technique And Tube Technique)	"B"	-	-
RH Typing (Slide Technique And Tube Technique)	Positive	-	-
COMPLETE BLOOD COUNT (CBC)			
Haemoglobin (Hb%) (Coulter Principle)	14.51	g/dL	12.0-15.0
Red Blood Cell Count (Coulter Principle)	4.95	Million/ul	3.8-5.8
PCV (Packed Cell Volume) / Hematocrit (Calculated)	43.3	%	36.0-46.0
MCV (Mean Corpuscular Volume) (Derived From RBC Histogram)	87.5	fL	76.0-96.0
MCH (Mean Corpuscular Haemoglobin) (Calculated)	29.3	pg	27.0-32.0
MCHC (Mean Corpuscular Haemoglobin Concentration) (Calculated)	33.5	g/L	30.0-35.0
Red Cell Distribution Width (RDW) (Derived From RBC Histogram)	13.7	%	11.6-14.0
Platelet Count (Coulter Principle)	250	Thous/µL	150.0-400.0
Mean Platelet Volume (MPV)	7.91	fL	7.0-11.7
Total Leucocyte Count(WBC) (Coulter Principle)	**3.88 L**	Thous/cumm	4.0-11.0
DIFFERENTIAL COUNT (DC)			
Neutrophils (Optical/Impedance)	**33.28 L**	%	40.0-75.0

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Patient Name : Miss NANDINI M K MRN : 10140000281235 Gender/Age : FEMALE , 32y (25/09/1990)

Lymphocytes (Optical/Impedance)	**59.07 H**	%	20.0-45.0
Monocytes (Optical/Impedance)	4.91	%	2.0-10.0
Eosinophils (Optical/Impedance)	2.50	%	1.0-6.0
Basophils	0.24	%	0.0-1.0
Absolute Neutrophil Count	1.29	-	-
Absolute Lympocyte Count	2.29	-	-
Absolute Monocyte Count	0.19	-	-
Absolute Eosinophil Count	0.1	-	-
Absolute Basophil Count	0.01	-	-

As per the recommendation of International Council for Standardization in Hematology, the differential counts are additionally being reported as absolute numbers.

--End of Report-

Dr. Shivaprasad P.N
MBBS, MD
CONSULTANT PATHOLOGIST

Note

- Abnormal results are highlighted.
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- Kindly correlate clinically.

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![NH Narayana Multispeciality Hospital — Unit of Narayana Health]

NH Narayana
Multispeciality Hospital
Unit of Narayana Health

DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Miss NANDINI M K MRN : 10140000281235 Gender/Age : FEMALE , 32y (25/09/1990)

Collected On : 04/04/2023 08:55 AM Received On : 04/04/2023 09:16 AM Reported On : 04/04/2023 09:52 AM

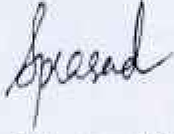
Barcode : 612304040032 Specimen : Whole Blood - ESR Consultant : Dr. Chythanya D C(GENERAL MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 8861482505

HAEMATOLOGY LAB

Test	Result	Unit	Biological Reference Interval
Erythrocyte Sedimentation Rate (ESR) (Westergren Method)	**22 H**	mm/1hr	0.0-19.0

--End of Report-



Dr. Shivaprasad P.N
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DEPARTMENT OF LABORATORY MEDICINE Final Report

Patient Name : Miss NANDINI M K MRN : 10140000281235 Gender/Age : FEMALE , 32y (25/09/1990)

Collected On : 04/04/2023 10:43 AM Received On : 04/04/2023 12:37 PM Reported On : 04/04/2023 01:16 PM

Barcode : 622304040027 Specimen : Urine Consultant : Dr. Chythanya D C(GENERAL MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 8861482505

PATHOLOGY

Test	Result	Unit
Urine For Sugar (Semiquantitative Strip Method-*Glucose Oxidase Technique)*	Negative	-

--End of Report-

Dr. Shivaprasad P.N
MBBS, MD
CONSULTANT PATHOLOGIST

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