

**ANNUAL HEALTH CHECK UP**

98

NAME: Sadashiv Shinde

AGE: 47 SEX-  MALE / FEMALE

DATE: - 24/12/22

UHID: \_\_\_\_\_

HEIGHT: 167 CM

BP: 140/90 mmHg

WEIGHT: 72.4 Kg

SP O2: - 98%  
Temp - 37.2f

CHIEF COMPLAINTS: \_\_\_\_\_

MEDICAL HISTORY: HTN - 1 1/2 year Tab -  
Dm - 05 year Tab - 2 Mar - DS. 1 - 150mg

SURGICAL HISTORY: PO PTCA - 05 year

PERSONAL HISTORY:

MARITAL STATUS: Married / Unmarried

No of Children: 03

HABITS: SMOKING TOBACCO ALCOHOL <sup>occ</sup> PAAN SNUFF

DIET: VEG, NONVEG, MIXED

PHYSICAL ACTIVITY LEVEL: Walking

FAMILY HISTORY: H/O HTN/ DM/CAD/ASTHMA/ CANCER/ANY OTHER

- ① - Father (D) - 90
- ② - Mother (D) - 85
- ③ - Brother (A) - 60
- ④ - Sister (A) - 50 - Dm

PO - covid - May - 2021 - Hospital

Vaccine - (3)



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QFAHN/BILL/003/V1



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HOSPITALS  
NASHIK

Name : Mr. SADASHIV KISAN SHINDE Age : 47Yr 6Mth 21Days Gender : Male  
UHID : MHN1.0000131003 / NSKAH29216 W/BNo/RefNo : AHC  
SIN \ LRN : 11564975 \ 11564973 \ 11564980 \ 687902  
Specimen : Serum  
Ref Doctor : SELF REFERRAL



Collected on : 24-DEC-2022 12:39:59 PM Received on : 24-DEC-2022 12:40:17 PM Reported on : 24-DEC-2022 04:38:53 PM

**MediWheel Full Body Health Checkup Male Above 40**

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
GLUCOSE - SERUM / PLASMA (POST PRANDIAL) (GOD-PAP)	192 *	Normal: <140	mg/dL
ALT(SGPT) - SERUM / PLASMA (UV,Using Pyridoxal Phosphate:IFCC)	25 *	Healthy Adults:30 - 65	U/L
ALBUMIN - SERUM (BCG)	3.9	Healthy Adults:3.5-5.0	g/dL
GLOBULIN - SERUM:(Calculated)	4.2 *	Healthy Adults:1.8 - 3.6	g/dL
ALBUMIN:GLOBULIN - SERUM(RATIO) (Calculated)	0.9 *	Healthy Adults:1.1 - 1.8	U/L
ALKALINE PHOSPHATASE - SERUM/PLASMA (Modified IFCC Method)	78	0 - 100	U/L
AST (SGOT) - SERUM (UV,Using Pyridoxal Phosphate:IFCC)	35	Healthy Adults:15 - 37	U/L
BILIRUBIN, TOTAL - SERUM (DCA with ATCS)	0.8	Healthy Adults:<=1.0	mg/dL
CHOLESTEROL - SERUM / PLASMA (CHOD-PAP with ATCS)	138	Desirable:<200 Borderline:200 - 240 High Risk:>=240	mg/dL
CREATININE - SERUM / PLASMA (Enzymatic Method)	1.1	Healthy Men: 0.8 - 1.3	mg/dL
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	45	0 - 50	U/L



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(L-gamma-glutamyl-3-carboxy-4-nitranilide) <b>HDL CHOLESTEROL - SERUM / PLASMA</b> (Immunoinhibition)	52	Low: <40 High: >=60 Desirable :< 4.5	mg/dL
<b>TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated)</b>	2.7		
<b>LDL CHOLESTEROL - SERUM / PLASMA (DIRECT LDL)</b> (Enzymatic Method)	121		mg/dL
<b>PROTEIN, TOTAL - SERUM / PLASMA</b> (Modified Biuret)	8.1	Healthy Adults:6.4 - 8.2	g/dL
<b>TOTAL T3: TRI IODOTHYRONINE - SERUM</b> (Chemiluminescence)	108	Healthy Adults: 69 - 215	ng/dL
<b>TOTAL T4: THYROXINE - SERUM</b> (Chemiluminescence)	8.1	Healthy Adults: 5.2-12.7	µg/dL
<b>TRIGLYCERIDES - SERUM</b> (GPO-PAP with ATCS)	103	Normal: <150 Borderline High:150-199 High: 200-499 Very High: >=500	mg/dL
<b>TSH: THYROID STIMULATING HORMONE - SERUM</b> (Chemiluminescence)	1.7	Euthyroid: 0.3 - 4.5 Hypothyroid: 7.1 - >75	uIU/mL
<b>UREA - SERUM / PLASMA</b> (Enzymatic,Urease-GLDH)	22	Healthy Adults:15 - 38	mg/dL
<b>UREA NITROGEN SERUM/PLASMA:(Calculated)</b>	10	Healthy Adults:7 - 18	mg/dL
<b>URIC ACID - SERUM</b> (Enzymatic colorimetric)	5.6	Healthy Men: 3.5 - 7.2	mg/dL
<b>BILIRUBIN CONJUGATED (DIRECT) - SERUM</b>	0.3	Healthy Adults:0.0-0.3	mg/dL



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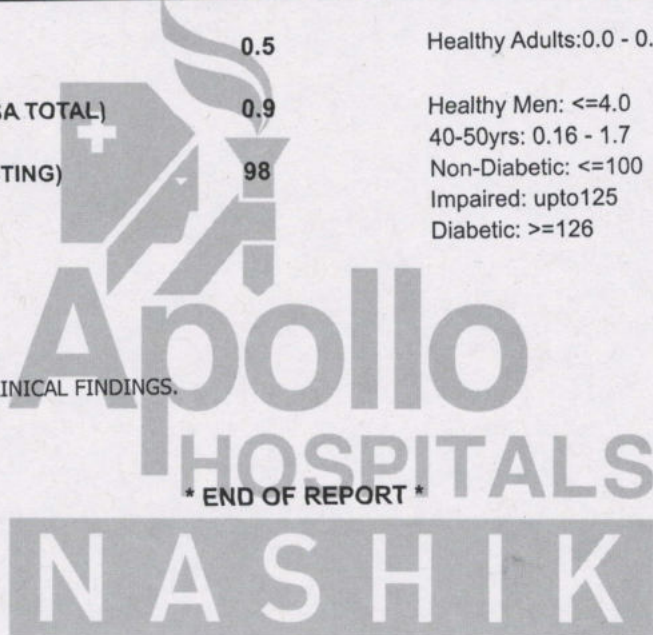


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(DCA with ATCS)			
<b>BILIRUBIN UNCONJUGATED -</b>	<b>0.5</b>	Healthy Adults:0.0 - 0.7	mg/dL
<b>SERUM(Calculated)</b>			
<b>PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL)</b>	<b>0.9</b>	Healthy Men: <=4.0	ng/mL
(Chemiluminescence)		40-50yrs: 0.16 - 1.7	
<b>GLUCOSE - SERUM / PLASMA (FASTING)</b>	<b>98</b>	Non-Diabetic: <=100	mg/dL
(GOD-PAP)		Impaired: upto125	
		Diabetic: >=126	

Report Status:Final

KINDLY CORRELATE RESULTS WITH CLINICAL FINDINGS.



\* END OF REPORT \*

CHECKED BY 724600  
724600

*Binal*

Printed On : 25-DEC-2022 10:53:51 AM

Dr.Minal Desale



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 UHID : MHN1.0000131003 / NSKAH29216 W/BN/RefNo : AHC  
 SIN \ LRN : 11564976 \ 687902  
 Specimen : Whole blood  
 Ref Doctor : SELF REFERRAL



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MediWheel Full Body Health Checkup Male Above 40

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
GLYCOSYLATED HEMOGLOBIN (HbA1C) - WHOLE BLOOD (Immunoturbidimetric assay)	6.6 *	HbA1C Degree of Control <6.0 Non-diabetic level <7.0 Goal* >8.0 Action Suggested**	%
Mean Plasma Glucose (MPG) Estimate:	157.6600		mg/dL

\*Some danger of hypoglycemic reaction in Type I diabetics. Some glucose intolerant individuals and "sub-clinical" diabetics may show(elevated) HbA1c in this area.  
 \*\*High risk of developing long term complications. "Action Suggested" depends on individual patient circumstances.

Report Status:Final

KINDLY CORRELATE RESULTS WITH CLINICAL FINDINGS.

\* END OF REPORT \*

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724600

*Binal*

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Dr.Minal Desale



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 UHID : MHN1.0000131003 / NSKAH29216 W/BNo/RefNo : AHC  
 SIN ILRN : 11564979 \ 11564978 \ 687902  
 Specimen : Urine  
 Ref Doctor : SELF REFERRAL



Collected on : 24-DEC-2022 12:24:09 PM Received on : 24-DEC-2022 12:25:06 PM Reported on : 24-DEC-2022 01:16:33 PM

**MediWheel Full Body Health Checkup Male Above 40**

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
<b>URINE ROUTINE (CUE)</b>			
Specific Gravity	1.010 *	1.016 - 1.026	
Color,:	PALE YELLOW		
Transparency:	Clear		
Reaction:	Acidic		
Protein :	Negative		
Sugar:	Negative		
pH	5.5	4.6 - 8	
Blood:	Negative		
Ketone	Negative		
Bile Pigments:	Negative		
Urobilinogen	Normal		
Nitrite	Negative		
<b>DEPOSITS:</b>			
RBC	0	0 - 2	/hpf
WBC/Pus Cells	0-2/HPF		/hpf
Tc/Sqc(Transitional/Squamous epithelial cells)	4-6/HPF		/hpf
<b>C B C WITH ESR (AUTOMATION + STANDARD METHOD)</b>			
Hemoglobin	14.2	13.0 - 18.0	g/dl
Haematocrit	43.6	39.0 - 54.0	%
RBC COUNT	4.27	4.2 - 6.5	Million/ul
MCV	95	75.0 - 95.0	fl
MCH	32	26.0 - 32.0	pg



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**Apollo**  
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Name : **Mr. SADASHIV KISAN SHINDE** Age : **47Yr 6Mth 21Days** Gender : **Male**  
 UHID : **MHN1.0000131003 / NSKAH29216** W/BNo/RefNo : **AHC**  
 SIN ILRN : **11564979 \ 11564978 \ 687902**  
 Specimen : **Urine**  
 Ref Doctor : **SELF REFERRAL**



Collected on : 24-DEC-2022 12:24:09 PM Received on : 24-DEC-2022 12:25:06 PM Reported on : 24-DEC-2022 01:16:33 PM

MCHC	32.7	31.0 - 36.0	g/dl
RDW	15.6	11 - 16	%
Platelet Count(Optical/Impedance)	160	140 - 440	10 <sup>3</sup> /mm <sup>3</sup>
TLC Count	4.46	4.0 - 11.0	10 <sup>3</sup> /mm <sup>3</sup>
<b>Differential Count</b>			
Neutrophils	46	45 - 75	%
Lymphocytes	45	20 - 45	%
Eosinophils	02	1 - 6	%
Monocytes	07	1 - 10	%
Basophils	00	0 - 1	%
ERYTHROCYTE SEDIMENTATION RATE (ESR)	06	0 - 10	mm/1st hr

Comments : Casts :Absent  
Crystals:Absent

Report Status:Final

KINDLY CORRELATE RESULTS WITH CLINICAL FINDINGS.

\* END OF REPORT \*

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721947

Dr.KISHOR KHODKE

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### MD (Radiology)

**Patient Details** : Mr. SADASHIV KISAN SHINDE | Male | 47Yr 6Mth 21Days  
**UHID** : MHN1.0000131003 **Patient Location:** AHC  
**Patient Identifier:** NSKAH29216   
**DRN** : 222031325 **Completed on :** 24-DEC-2022 13:56  
**Ref Doctor** : SELF REFERRAL

### ULTRASOUND - WHOLE ABDOMEN

**LIVER** : Normal in size. Diffuse increase in echogenicity of the liver parenchyma is suggestive of fatty infiltration.

No I.H.B.D./ focal lesions.

**PORTAL VEIN**: Normal in size.

**GALL BLADDER**: Well distended with normal walls and lumen.

No calculi/pericholecystic fluid.

**COMMON BILE DUCT**: Normal in size.

**PANCREAS** : Visualized portion of head and body of pancreas appears normal in size and echotexture. Rest of the pancreas is obscured due to bowel gases.

**AORTA, IVC** and para aortic areas are normal.

**SPLEEN** : Normal in size and echotexture.

**KIDNEYS**: Both kidneys are normal in site, size and echotexture.

No evidence of calculi/ hydronephrosis.

Right kidney measures : 10.7 x 4.8 cm.

Left kidney measures : 9.8 x 5.5 cm.

**URINARY BLADDER**: Well distended with normal walls.

No evidence of calculi/ growth/ diverticula.

**PROSTATE** : Normal in size with homogenous echogenicity. No evidence of calcification within.



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Mr. SADASHIV KISAN SHINDE

MHN1.0000131003

NSKAH29216

**ULTRASOUND - WHOLE ABDOMEN**

Prostate measures : 25gms.

Seminal vesicles are normal.

Visualized bowel loops appear grossly normal.

No evidence of any free fluid in the peritoneal cavity.

**Impression**

Grade I fatty infiltration of liver.

No other significant abnormality is detected.

--- END OF THE REPORT ---

Kunal Kalyanrao Patil

Consultant - MD (Radiodiagnosis)






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### MD (Radiology)

**Patient Details** : Mr. SADASHIV KISAN SHINDE | Male | 47Yr 6Mth 21Days  
**UHID** : MHN1.0000131003 **Patient Location:** AHC  
**Patient Identifier:** NSKAH29216   
**DRN** : 122050904 **Completed on :** 24-DEC-2022 13:01  
**Ref Doctor** : SELF REFERRAL

### X-RAY CHEST PA

Both lung fields are clear.

Both hila are normal in size and position.

Costophrenic and cardiophrenic angles are clear.

Cardiac size and contour are within normal limits.

Rib cage is normal.

Soft tissues are normal.

#### **Impression**

No significant abnormality is detected.

--- END OF THE REPORT ---

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Consultant - MD (Radiodiagnosis)




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### MD (Radiology)

**Patient Details** : Mr. SHARAD ANANTRAO DHAGE | Male | 44Yr 6Mth 23Days  
**UHID** : MHN1.0000115655 **Patient Location:** AHC  
**Patient Identifier:** NSKAH29181   
**DRN** : 122050955 **Completed on :** 24-DEC-2022 10:37  
**Ref Doctor** : SELF REFERRAL

### X-RAY CHEST PA

Both lung fields are clear.

Both hila are normal in size and position.

Costophrenic and cardiophrenic angles are clear.

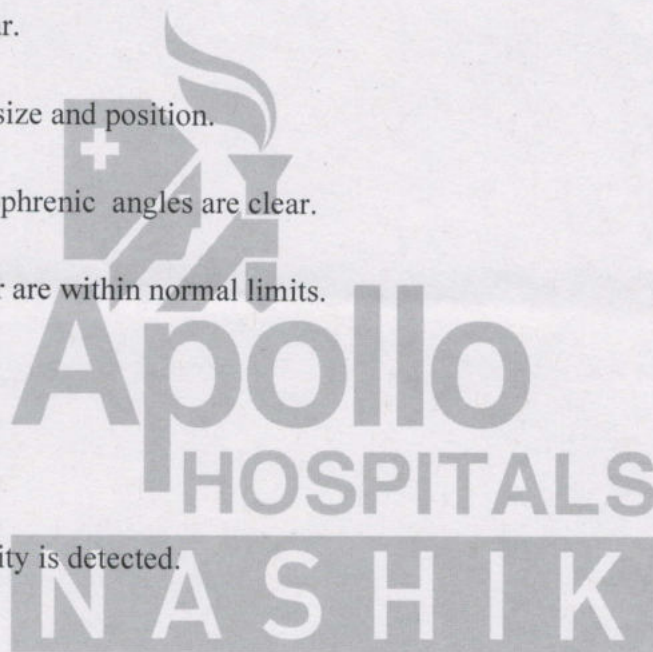
Cardiac size and contour are within normal limits.

Rib cage is normal.

Soft tissues are normal.

#### **Impression**

No significant abnormality is detected.



--- END OF THE REPORT ---

Kunal Kalyanrao Patil

Consultant - MD (Radiodiagnosis)



# OPHTHALMOLOGY



Name: Mr. Sadashev Shinde  
 Occupation: \_\_\_\_\_  
 Age: 47 Sex: Male  Female  S/M/W/D  
 Address: Nsh  
 Tel. No. \_\_\_\_\_

Date: 24/12/22 UNIT \_\_\_\_\_  
 Room No. \_\_\_\_\_ Out Patient   
 Ref. Physician: \_\_\_\_\_  
 Copies to: \_\_\_\_\_

## REPORT ON OPHTHALMIC EXAMINATION

HISTORY: Angioplasty done 7y back - On Blood thinner  
Recently made in 1 month  
back

PRESENT COMPLAINT: \_\_\_\_\_

PAST HISTORY: DM HTN / ALLERGY

**ON EXAMINATION**

sydby → lydby  
g

VISION:

RE

6/6

LE

6/6

	RIGHT					LEFT					
	PGP	SPH	CYL	AXIS	VA	PGP	SPH	CYL	AXIS	VA	
DIST		<u>_____</u>						<u>_____</u>			
NEAR		<u>_____</u>						<u>_____</u>			

AR / Retinoscopy:

	RIGHT			LEFT		
	SPH	CYL	AXIS	SPH	CYL	AXIS
	<u>_____</u>			<u>_____</u>		

Refraction or Acceptance:

recently  
made  
Specs.

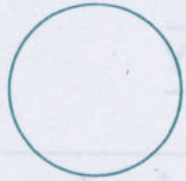
	RIGHT					LEFT				
	SPH	CYL	AXIS	VA	SPH	CYL	AXIS	VA		
DIST	<u>_____</u>				<u>6/6</u>	<u>_____</u>				
NEAR	<u>_____</u>				<u>m</u>	<u>_____</u>				

CVN  
to

Anterior Sigmoid :

RE

LE

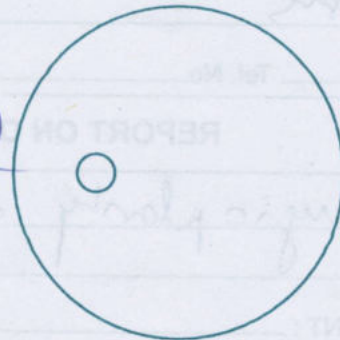


Handwritten notes: @ pupils normal, @ clear

Fundus :

RE

LE



Handwritten note: @ good

Diagnosis :

Handwritten diagnosis: @ Refractive error

Advise / Rx:

Handwritten advice: Rx for Refractive error, b/w 1000

LEFT				RIGHT			
SPH	CYL	AXIS	AV	SPH	CYL	AXIS	AV

CONSULTANT OPHTHALMOLOGIST



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24/12/22

Education Shinde.

47

- Steins +++
- Cal ++
- Generalised cavity. upper & lower
- Attrition upper
- missing tooth. upper. lower.
- Root Pics upper.
- Adv. Scaling, Filling, RC. Cap, fpo.

*(Signature)*

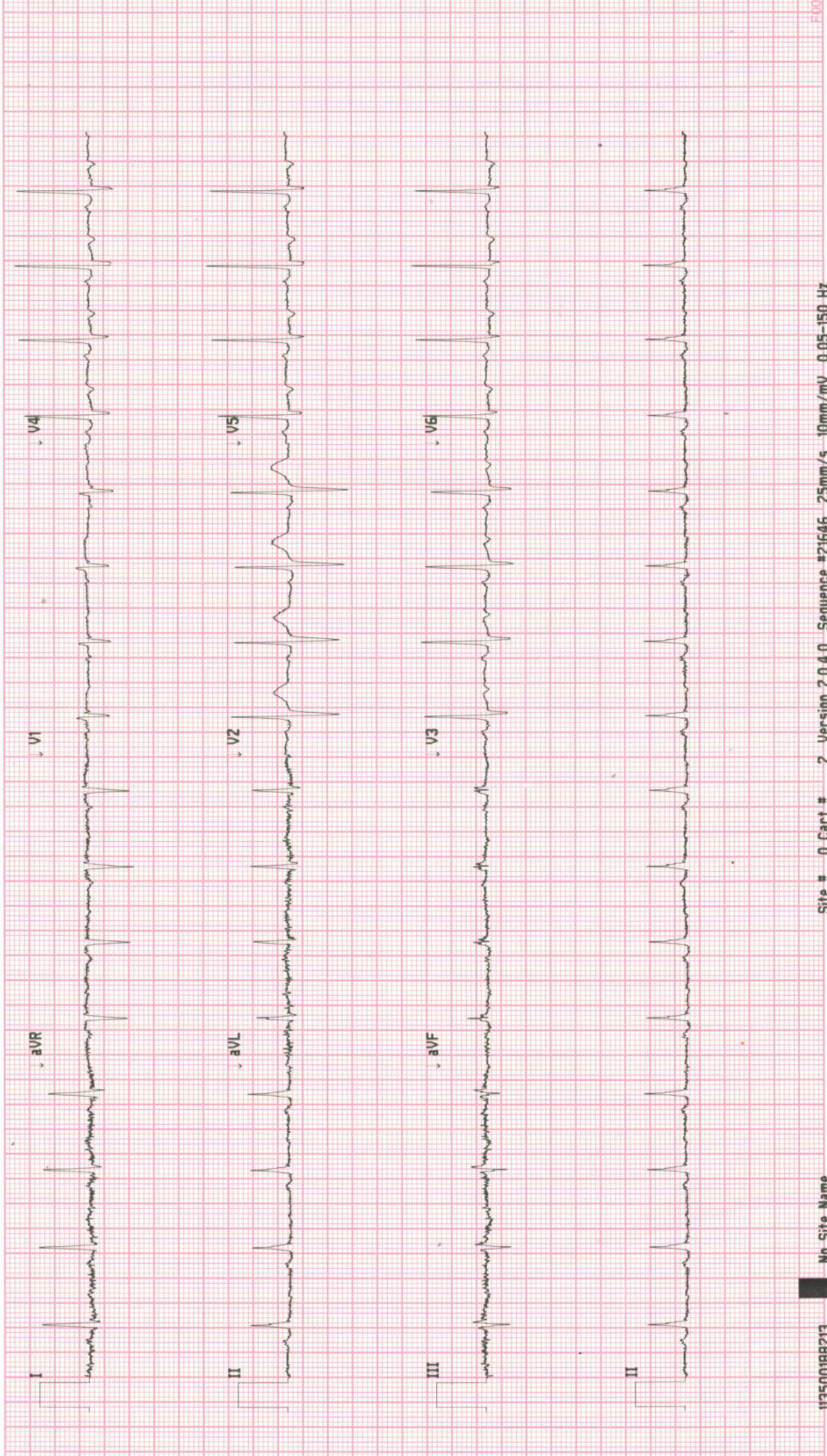
Shinde, Sadhasiv  
ID:  
DOB:  
47yr, Male

24-Dec-2022 12:50:01

Vent rate: 98 BPM  
PR int: 133 ms  
QRS dur: 86 ms  
QT/QTc: 308/364 ms  
P-R-T axes: 43 22 -12

SINUS RHYTHM  
MODERATE T-WAVE ABNORMALITY, CONSIDER LATERAL ISCHEMIA [-0.1+ mv T WAVE IN I/aVL/V5/V6]  
ABNORMAL ECG

UNCONFIRMED REPORT





ID: 000131001

Visit:

30years

Asian

Female

BRUCE

Max HR: 152bpm 87% of max predicted 173bpm

Max BP: 120/80

Reason for Termination: Max HR attained

Total Exercise time: 7:17

25.0 mm/s

10.0 mm/mV

100hz

8.9METS

Referred by:

Test ind:

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	WorkLoad (METS)	HR (bpm)	BP (mmHg)	RPP (x100)
PRETEST	SUPINE	1:12	**.*	**.*	1.0	73	100/70	73
	STANDING	0:12	**.*	**.*	1.0	79	100/70	79
	HYPERVENT	0:13	0.8	0.0	1.0	80	100/70	80
EXERCISE	STAGE 1	3:00	1.7	10.0	4.6	110	100/70	110
	STAGE 2	3:00	2.5	12.0	7.0	136	110/70	150
	STAGE 3	1:17	3.4	14.0	8.9	152	120/80	182
RECOVERY	Post	3:06	**.*	**.*	1.0	103	120/80	124

TMT Negative for SI

Technician: MEGHA

APOLLO HOSPITAL NASIK

Unconfirmed

MAC55 010B