



NABL & ISO 9001 : 2008 Certified
Wellness . Diagnostics
A Unit of Gian Life Care Limited



7/216 (6), Swaroop Nagar
(In Front of L.L.R. Hospital), Kanpur
Mob. : 8808051576
E-mail : reportsgpx@gmail.com
arunguptagpx@gmail.com

Gian Pathology and X-Ray

Pathology . Radiology

Gian Life Line - Health Checkup

Lab No.	: 012302250024	Reg No/BarcodeNo	: 532087/01483235
Patient Name	: Mrs..ANAMIKA SHARMA	Reg. Date	: 25/Feb/2023 09:12AM
Age/Sex	: 36 Y / Female	Sample Taken Date	: 25/Feb/2023 10:14AM
Client Code/Name	: MEDIWHEEL FULL BODY CHECKUP	Report Date	: 25/Feb/2023 12:53PM
Referred By Doctor	: Dr. BANK OF BARODA		

BIOCHEMISTRY

MEDIWHEEL FEMALE BELOW 40

Blood Sugar (Fasting)

Blood Sugar Fasting 80 mg/dl 70 - 100
Glucose Oxidase Peroxidase

Sample Type:Plasma

Blood Sugar (PP)

Blood Sugar PP (2 Hr.) 91 mg/dL 70 - 140
Glucose Oxidase Peroxidase

Sample Type:Plasma

GAMMA GT/GGT

GAMMA GT / GGT 31 IU/l 12 - 43

Not in NABL Scope

Sample Type:Serum

BUN / BLOOD UREA NITROGEN

BLOOD UREA NITROGEN 11 mg/dl 7.0 - 18.7
Urease

Sample Type:Serum

CREATININE SERUM

CREATININE, Serum 0.74 mg/dl 0.52 - 1.04
Aminohydrolase

Sample Type:Serum

URIC ACID

URIC ACID, Serum 5.1 mg/dl 2.5 - 6.2
Uricase Peroxidase

Sample Type:Serum



Arun Kumar Gupta

Dr. Arun Kumar Gupta

M.D. Chief Pathologist
(Reg No. 34930)

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BIOCHEMISTRY

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LFT/LIVER FUNCTION TESTS

BILIRUBIN TOTAL Reflectance spectrophotometry	0.35	mg/dl	0.10 - 1.00
BILIRUBIN DIRECT Reflectance Spectrophotometry	0.14	mg/dl	0.0 - 0.3
BILIRUBIN INDIRECT Reflectance Spectrophotometry	0.21	mg/dl	0.10 - 1.1
SGOT /AST Mutipoint Rate with P-5-P	16	U/L	14 - 36
SGPT /ALT UV with P5P	12	U/L	0.0 - 55
Alk. Phosphatase, Serum PNPP AMP BUFFER	69	U/L	38 - 126
PROTEIN TOTAL Biuret	7.0	g/dl	6.4 - 8.3
ALBUMIN BCP	3.9	g/dl	3.5 - 5.0
GLOBULIN Calculated	3.1	g/dl	2.3 - 3.5
A/G RATIO Calculated	1.26	Ratio	1.5 - 2.5

Sample Type:Serum



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BIOCHEMISTRY

MEDIWHEEL FEMALE BELOW 40

Lipid Profile

CHOLESTEROL TOTAL Cholesterol Oxidase	206	mg/dl	Desirable: <200 Boderline High: 200 – 239 High : ≥240
TRIGLYCERIDES Lip/Gluceroel Kinase	80	mg/dl	Normal <150 Boderline High: 150 – 199 High : 200 – 499 Very High: ≥500
HDL CHOLESTEROL Non HDL Precopitation	41	mg/dl	40 - 60
LDL CHOLESTEROL Calculated	149	mg/dl	100 - 130
VLDL CALCULATED Calculated	16	mg/dl	13 - 36
CHOL/ HDL RATIO Calculated	5.02	Ratio	Less than 4.0
LDL / HDL RATIO	3.63		3.3 - 4.4 (Low Risk) 4.4-7.1 (Average Risk) 7.1-11.0 (Moderate Risk)

Ratio of LDL to HDL

Risk	Men	Women
Very low (1/2 average)	1	1.5
Average risk	3.6	3.2
Moderate risk (2x average)	6.3	5.0
High risk (3x risk)	8	6.1

HDL levels have an inverse relationship with coronary heart disease. The ability of **HDL** to predict the development of coronary atherosclerosis has been estimated to be four times greater than **LDL** and eight times greater than **TC**. Treatment is recommended for those with a **HDL** level below 40 mg/dL. An **HDL** of 60 mg/dL is considered protection against heart disease.

Preparation:

Blood should be collected after a 12-hour fast (no food or drink, except water). For the most accurate results, wait at least 2 months after a heart attack, surgery, infection, injury or pregnancy to check Lipid Profile.

Sample Type:Serum



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MEDIWHEEL FEMALE BELOW 40

BUN/CREATININE RATIO

BLOOD UREA NITROGEN Urease	11	mg/dl	7.0 - 18.7
CREATININE, Serum Aminohydrolaase	0.74	mg/dl	0.52 - 1.04
Ratio	14.86	mg/dl	5 - 20

Sample Type:Serum



A Gupta

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Age/Sex	: 36 Y / Female	Sample Taken Date	: 25/Feb/2023 02:23PM
Client Code/Name	: MEDIWHEEL FULL BODY CHECKUP	Report Date	: 25/Feb/2023 02:41PM
Referred By Doctor	: Dr. BANK OF BARODA		

CLINICAL PATHOLOGY

MEDIWHEEL FEMALE BELOW 40

MEDIWHEEL FEMALE BELOW 40

URINE SUGAR (F)

URINE SUGAR (F) NIL

(*Not in NABL Scope*)

URINE ROUTINE EXAMINATION

Method -Dipstick And Microscopy

PHYSICAL EXAMINATION

COLOUR	YELLOW	
SPECIFIC GRAVITY (Based on pka change)	1.025	1.001 - 1.030
pH (methylred/Bromothymol blue method)	6.5	7.50 - 8.0
TURBIDITY	ABSENT	
Deposit (UR)	ABSENT	

Chemical

PROTEIN Dipstick/Tetra bromophenol blue/ Heat & Acid Test method).	NIL	Nil
GLUCOSE (Oxidase Peroxidase method)	NIL	Nil
KETONE (Nitroprusside Method)	NEGATIVE	Nil
BILL PIGMENT (Diazo Method)	NEGATIVE	Negative
UROBILINOGEN (Ehrlich reaction)	NEGATIVE	Normal
Nitrite (Based on presence of bacteria)	NEGATIVE	Negative
Leucocyte Esterase (Esterase Diazonium Method)	NEGATIVE	Negative

After Centrifugation at 2500 R.P.M. For 5 Minutes

MICROSCOPIC EXAMINATION

RBC (Microscopic)	0-1 (FRESH)	per HPF	
PUS CELLS (Microscopic)	1-2	Per HPF	0 - 5 WBC/hpf
EPITHELIAL CELLS (Microscopic)	10-12	Per HPF	
CASTS (Microscopic)	NIL	Per LPF	
CRYSTALS (Microscopic)	NIL		
Amorphous Material (Microscopic)	Nil		Nil
BACTERIA (Microscopic)	NIL	Per HPF	0-0



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CLINICAL PATHOLOGY

MEDIWHEEL FEMALE BELOW 40

URINE SUGAR (PP)

URINE SUGAR (PP) NIL

(*Not in NABL Scope*)



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HAEMATOLOGY

MEDIWHEEL FEMALE BELOW 40

MEDIWHEEL FEMALE BELOW 40

CBC / COMPLETE BLOOD COUNT

HEMOGLOBIN (Hb) Photometry Cyanide Free	11.6	g/dl	12.0 - 15.0
TLC Impedance	10200	/cumm	4000-10000
DLC (%)			
NEUTROPHIL DHSS/Microscopic	63	%	40-80
LYMPHOCYTE DHSS/Microscopic	28	%	24-44
EOSINOPHIL DHSS/Microscopic	3	%	01-06
MONOCYTE DHSS/Microscopic	6	%	3-6
Platelet Impedance/Microscopic	344	10 ³ /μL	150 - 410
RBC COUNT Impedance	4.3	10 ⁶ /μL	3.8 - 4.8
PCV (HCT) Numeric Integration	35.8	%	36-46
MCV Calculated	84.1	fL	83-91
MCH Calculated	27.2	pg	27-32
MCHC Calculated	32.3	g/dL	31.5-34.5
RDW-CV Calculated	13.9	%	11.6 - 14.0
MPV	9.1	fL	8 - 12
ABSOLUTE NEUTROPHIL COUNT DHSS/Calculated	6.5	10 ³ /μL	2.00-7.00
ABSOLUTE LYMPHOCYTE COUNT DHSS/Calculated	2.8	10 ³ /μL	1.0-3.0
ABSOLUTE MONOCYTE COUNT DHSS/Calculated	0.5	10 ³ /μL	0.0-20-1.0
ABSOLUTE EOSINOPHIL COUNT DHSS/Calculated	0.3	10 ³ /μL	0.02 - 0.50

Sample Type Whole Blood EDTA



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HAEMATOLOGY

MEDIWHEEL FEMALE BELOW 40

MEDIWHEEL FEMALE BELOW 40

ESR WESTERGREN (Automated)

ESR WESTERGREN (Automated) WESTERGREN	22	mm	0 - 14
-------------------------------------------	----	----	--------

Not in NABL Scope

Sample Type:EDTA Blood

ABO Rh / BLOOD GROUP Tube Agglutination (FORWARD & REVERSE Method)

BLOOD GROUP / ABO-RH

ABO	O	.	-
Reverse & Forward			
Rh	POSITIVE	.	-
Reverse & Forward			

Sample Type:EDTA Blood



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HAEMATOLOGY

MEDIWHEEL FEMALE BELOW 40

HbA1C/GLYCATED HEMOGLOBIN/GHB

HBA1C/GLYCATED HEMOGLOBIN 5.9 %
Average of Glucose Level 123 mg/dl

Test is done by HPLC method (Gold Standard) D-10 Analyzer.

Expected Values :-

Test	Normal Range	
HbA1c	Non Diabetic:	4.0% - 6.0%
	Good Control:	6.1% - 8.0%
	Poor Control:	8.1% - 9.0 %
	Unsatisfactory:	> 9 %

To convert an A1c to the new average mean blood glucose, use this formula:
eAG(mg/dl) = (28.7 X HbA1c) - 46.7

Not in NABL Scope

Sample Type:EDTA Blood



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IMMUNOASSAY

MEDIWHEEL FEMALE BELOW 40

MEDIWHEEL FEMALE BELOW 40

T3 / TRIDOTHYRONINE TOTAL

T3 TOTAL 1.08 ng/mL 0.35 - 1.93
CLIA

Increased levels are seen in hyperthyroidism and decreased levels are seen in hypothyroidism.

Sample Type:Serum

T4 / THYROXIN TOTAL

T4 TOTAL 10.21 µg/dl 4.50 - 10.9
CLIA

Increased levels are seen in graves disease cancer of thyroid as symptoms of hyperthyroidism.Low levels are seen in hypothyroidism whose symptoms are myoxyedema hashmito disease and pituitary disorders



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IMMUNOASSAY

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MEDIWHEEL FEMALE BELOW 40

TSH (Thyroid Stimulating Hormone)

TSH (ECLIA) 2.46 μ U/ml 0.35 - 5.50
CLIA

NOTE:

Guidelines for interpretation of abnormal thyroid function test.

TSH	T4/FT4	T3/FT3	Interpretation
High	Normal Normal	Mild(subclinical)	Hypothyroidism.
High	Low	Low/Normal	Hypothyroidism
Low	Normal Normal	Mild (subclinical)	Hyperthyroidism.
Low	High/Normal	High/Normal	Hyperthyroidism
Low	Low/Normal	Low/Normal	Rare pituitary(secondary)Hypothyroidism

Sample Type:Serum



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X-RAY

MEDIWHEEL FEMALE BELOW 40

MEDIWHEEL FEMALE BELOW 40

X RAY CHEST PA VIEW

DIAPHRAGMS ARE NORMAL.

COSTOPHRENIC ANGLES ARE CLEAR.

CARDIAC SHADOW IS NORMAL.

HILAR SHADOWS ARE HEAVY.

ACCENTUATED MARKINGS SEEN.

NO PARENCHYMAL LESION IS NOTED.

BOTH LUNG BASES APPEAR HAZY BECAUSE

OF OVERLAPPING OF BREAST SHADOWS.

ACTIVE DISEASE OF LUNGS OR PLEURA IS NOT INDICATED.

DR. S. KHURANA
M.B.B.S.,D.M.R.E.

*** End Of Report ***





7/216 (6), SWAROOP NAGAR (IN FORN OF L.L.R. HOSPITAL) KANPUR

173 (532087) / ANAMIKA SHARMA / 36 Yrs / F / 0 Cms / 0 Kg Date: 25-Feb-2023 Refd By : BANK OF BARODA

Stage	Time	Duration	Belt Speed (mph)	Elevation	METs	Rate	BP	RPP	PVC	Comments
Supine	00:41	0:01	00.0	00.0	01.0	86	114/70	098	00	
Standing	00:58	0:01	00.0	00.0	01.0	100	114/70	114	00	
HV	01:12	0:01	00.0	00.0	01.0	115	114/70	131	00	
ExStart	01:19	0:01	00.0	00.0	01.0	86	114/70	123	00	
BRUCE Stage 1	04:19	3:00	01.7	10.0	04.7	164	124/74	203	08	
PeakEx	05:38	1:19	02.5	12.0	05.8	167	124/74	207	02	
Recovery	06:37	1:00	00.0	00.0	01.0	167	120/72	200	00	
Recovery	07:37				00.0	0	120/70	141	00	
Recovery	08:47	3:09	00.0	00.0	01.0	105	116/70	121	00	

Findings :

Exercise Time : 04:20
 Max HR Attained : 167 bpm 91% of Target 184
 Max BP Attained : 124/74
 Max WorkLoad Attained : 5.8 Fair response to induced stress
 Max ST Dep Lead & Value : II & -4.1 mm
 Duke Treadmill Score : 10.7
 Test Objective : For Testing
 History : Nil
 Test End Reasons : Dyspnoea, Leg Fatigue

Doctor : DR. KUSH KUMAR TYAGI D.M.



Report :

Sample Name: Stress Test Graded Exercise Treadmill
Description: .

INDICATIONS: R/O CAD.

PROCEDURE DONE: Graded exercise treadmill stress test.

STRESS ECG RESULTS:

NORMAL FUNCTIONAL CAPACITY, ADEQUATE B.P. RESPONSE, THR 90% ACHIEVED,
NO CHEST PAIN, DYSPNOEA WITHOUT SIGNIFICANT ST-T CHANGES DURING EXERCISE
AND RECOVERY. NO ARRHYTHAEMIA.

TEST IS NEGATIVE FOR STRESS INDUCED REVERSIBLE MYOCARDIAL ISCHEMIA
FOR THIS MUCH OF WORK LOAD.

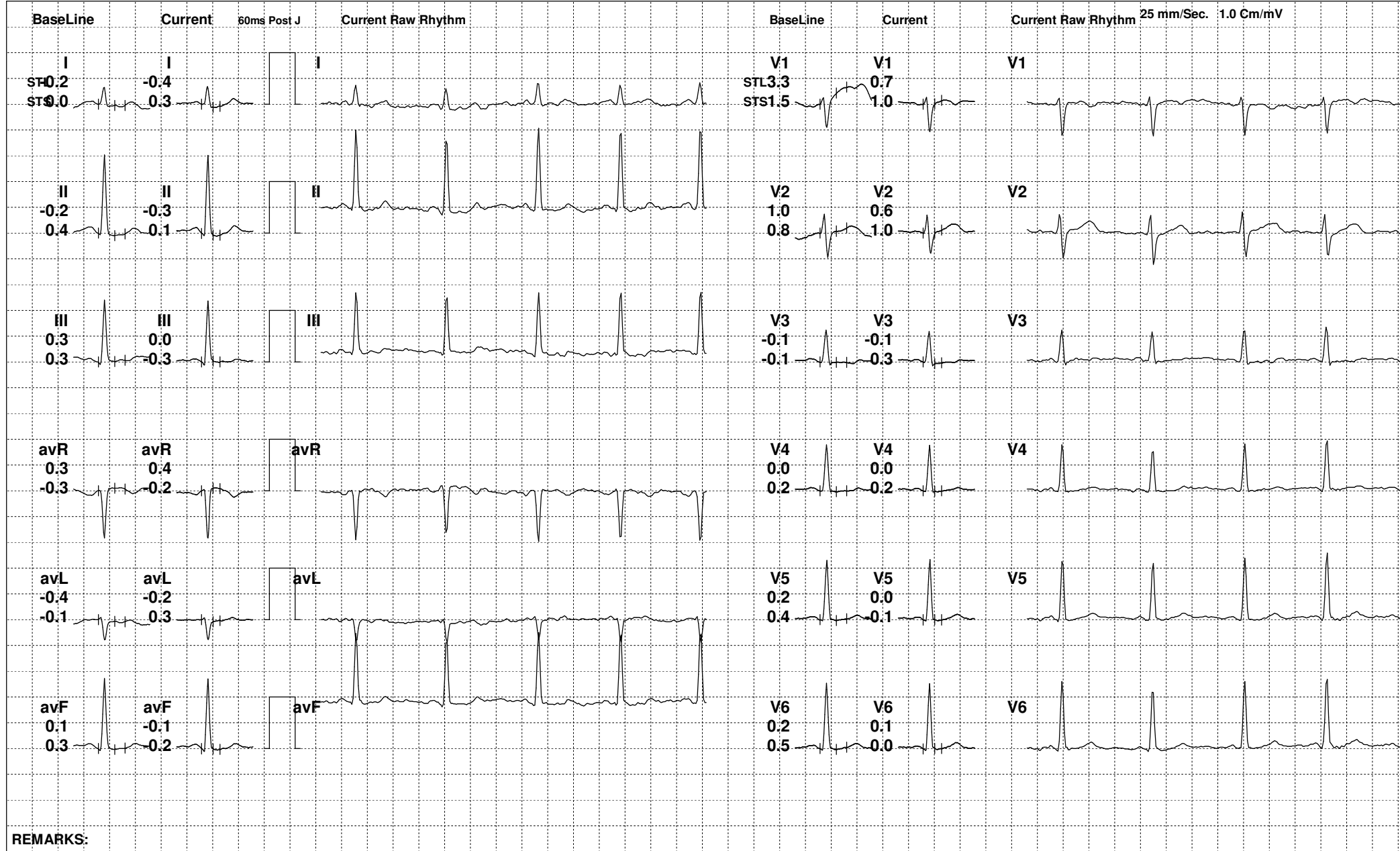
Doctor : DR. KUSH KUMAR TYAGI D.M.



173 (532087) / ANAMIKA SHARMA / 36 Yrs / F

Date: 25-Feb-2023 01:22:54 PM METS: 1.0/ 86 bpm 46% of THR BP: 114/70 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 00:39 0.0 mph, 0.0%



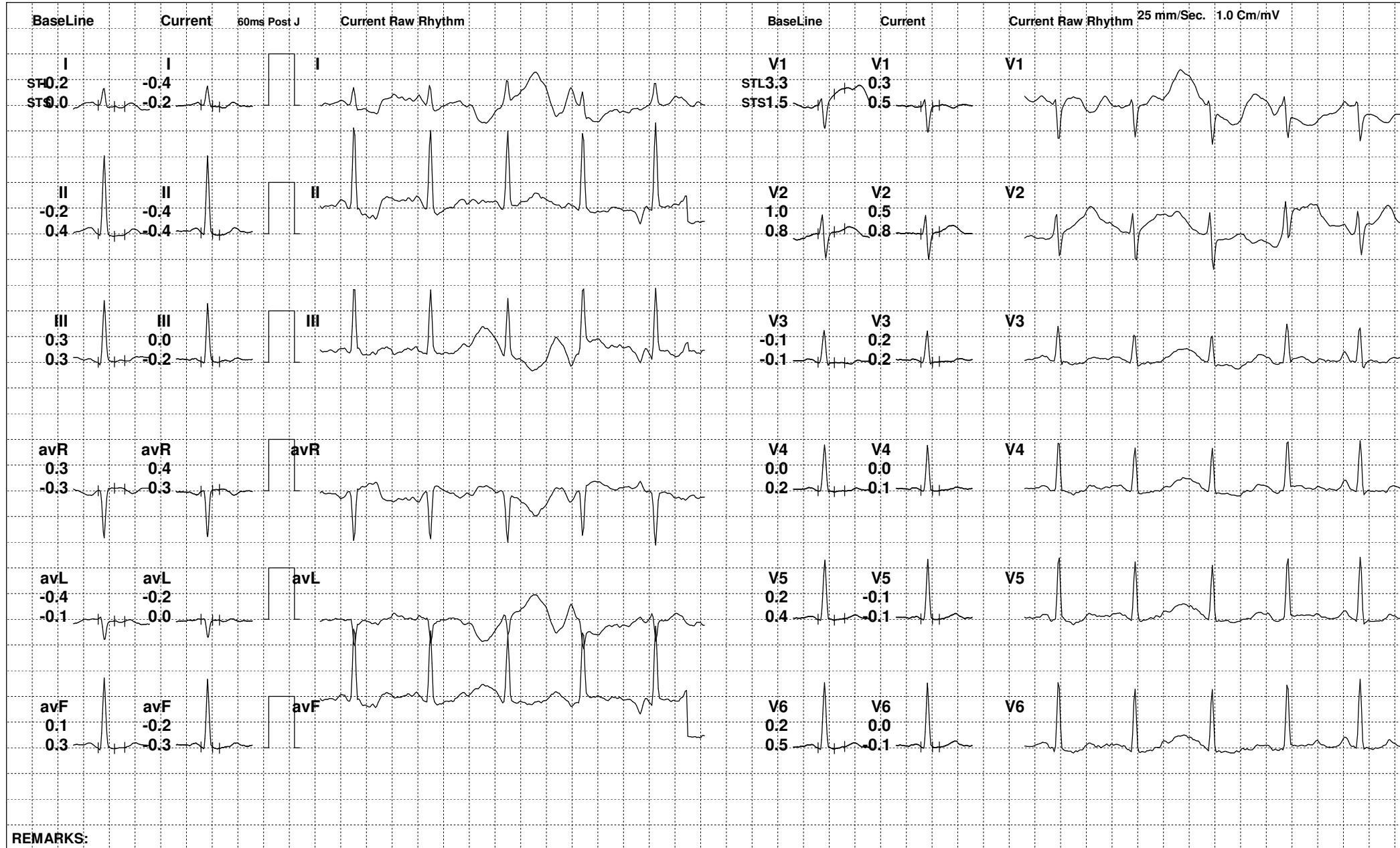
REMARKS:



173 (532087) / ANAMIKA SHARMA / 36 Yrs / F

Date: 25-Feb-2023 01:22:54 PM METS: 1.0/ 100 bpm 54% of THR BP: 114/70 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 00:56 0.0 mph, 0.0%



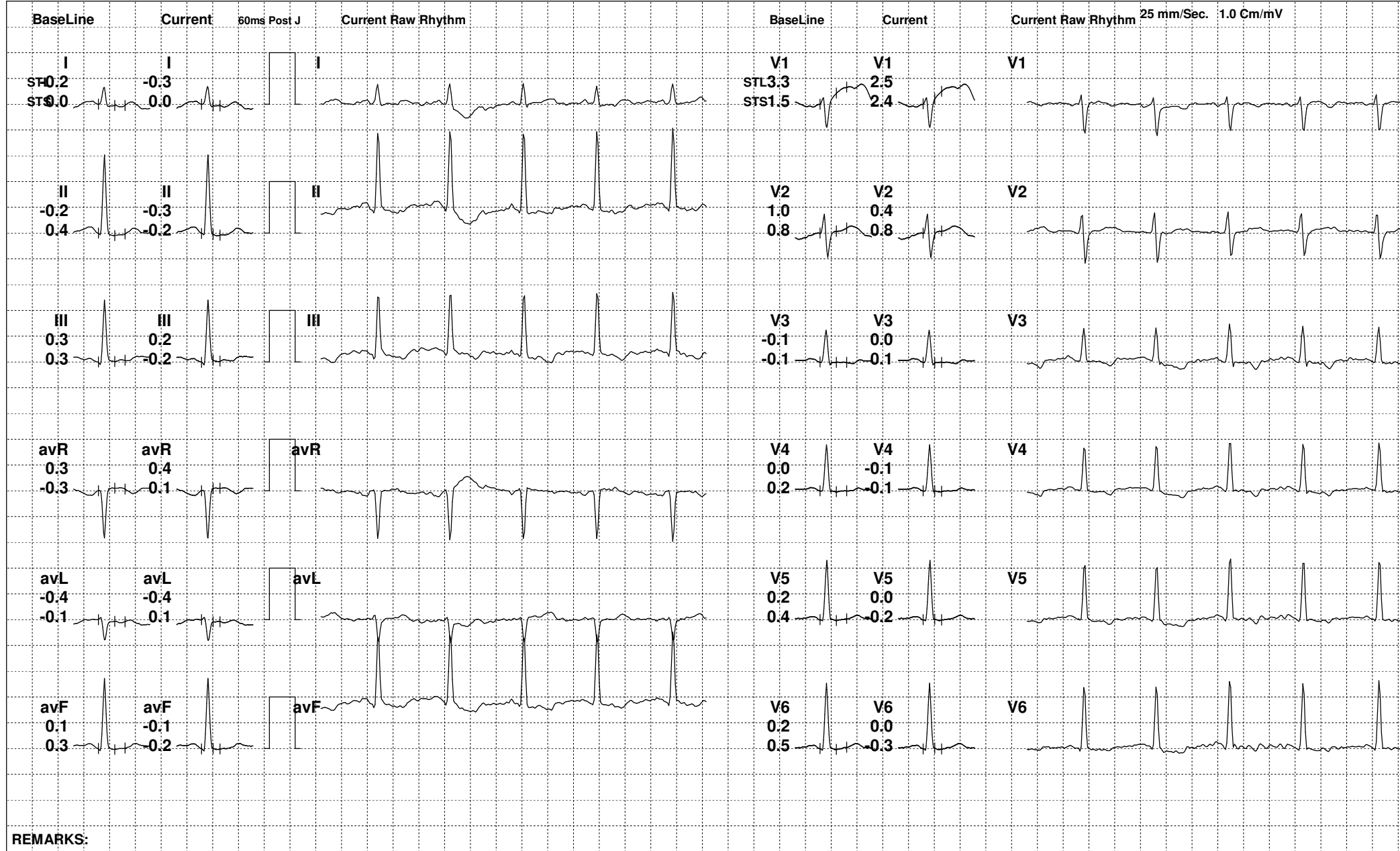
REMARKS:



173 (532087) / ANAMIKA SHARMA / 36 Yrs / F

Date: 25-Feb-2023 01:22:54 PM METS: 1.0/ 108 bpm 58% of THR BP: 114/70 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 01:10 0.0 mph, 0.0%

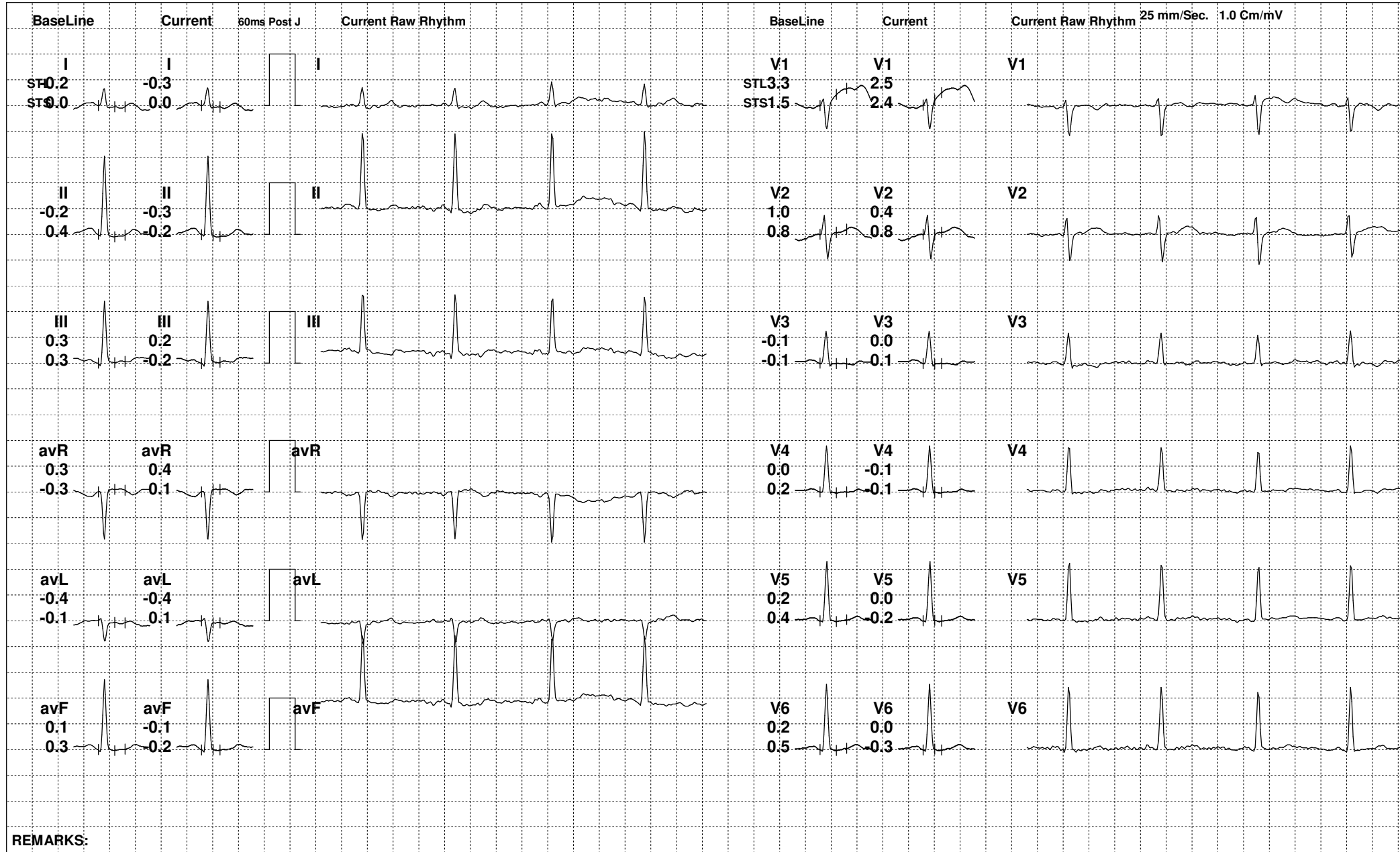




173 (532087) / ANAMIKA SHARMA / 36 Yrs / F

Date: 25-Feb-2023 01:22:54 PM METS: 1.0/ 86 bpm 46% of THR BP: 114/70 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 01:17 0.0 mph, 0.0%



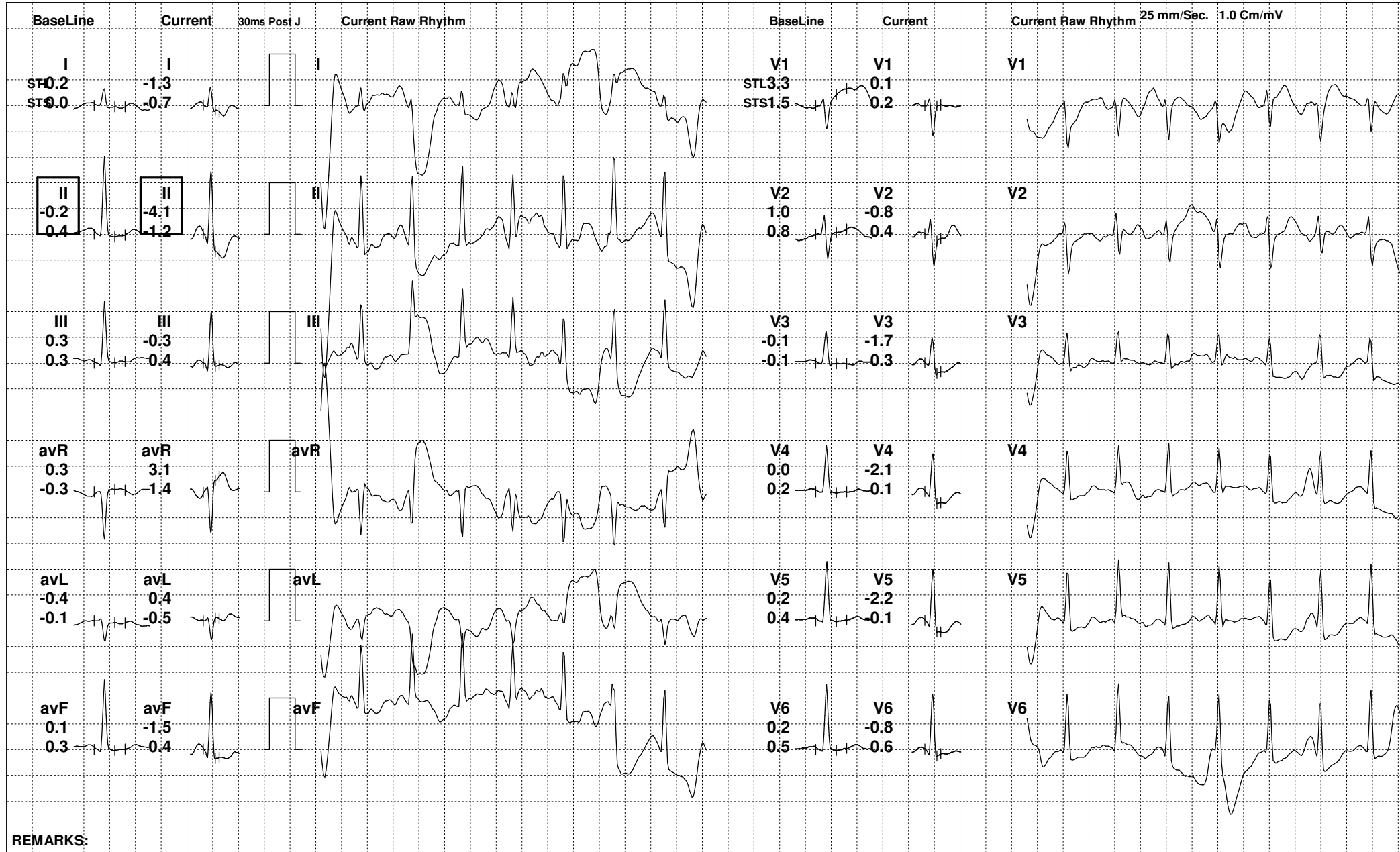
REMARKS:



173 (532087) / ANAMIKA SHARMA / 36 Yrs / F

Date: 25-Feb-2023 01:22:54 PM METS: 4.7/ 153 bpm 83% of THR BP: 124/74 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 03:00 1.7 mph, 10.0%



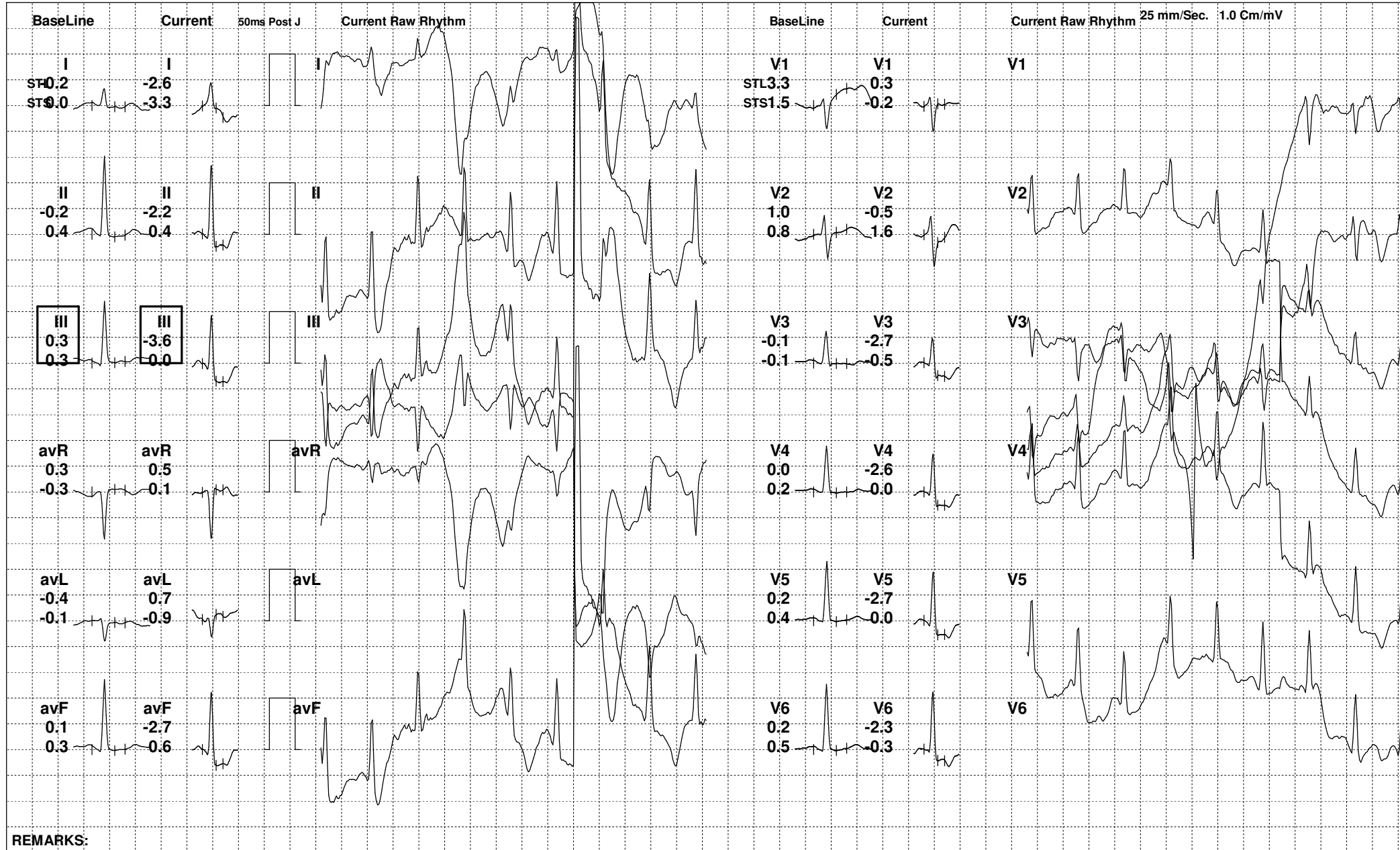
REMARKS:



173 (532087) / ANAMIKA SHARMA / 36 Yrs / F

Date: 25-Feb-2023 01:22:54 PM METS: 5.8/ 157 bpm 85% of THR BP: 124/74 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 04:19 2.5 mph, 12.0%

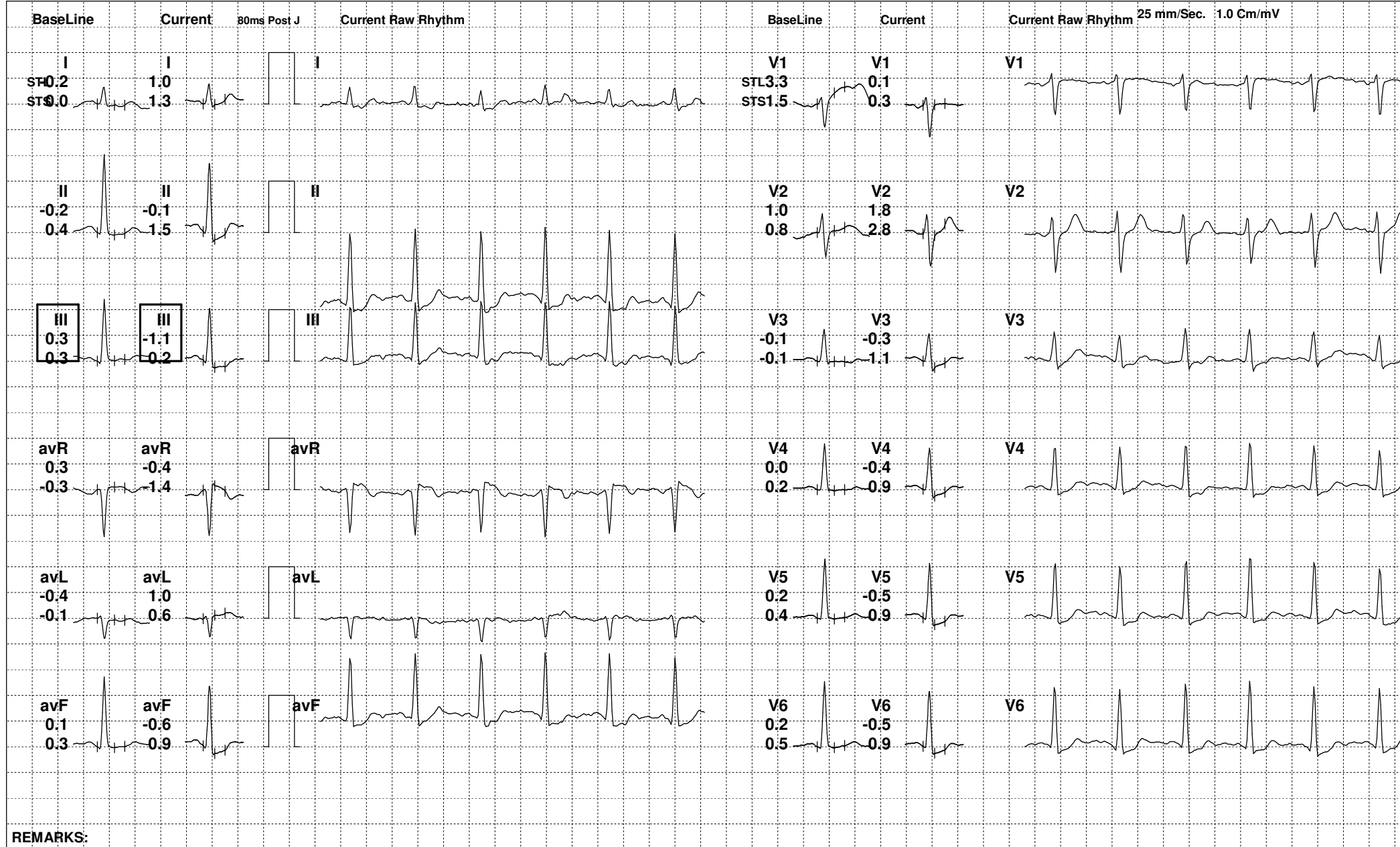




173 (532087) / ANAMIKA SHARMA / 36 Yrs / F

Date: 25-Feb-2023 01:22:54 PM METS: 1.0/ 118 bpm 64% of THR BP: 120/72 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 04:20 0.0 mph, 0.0%

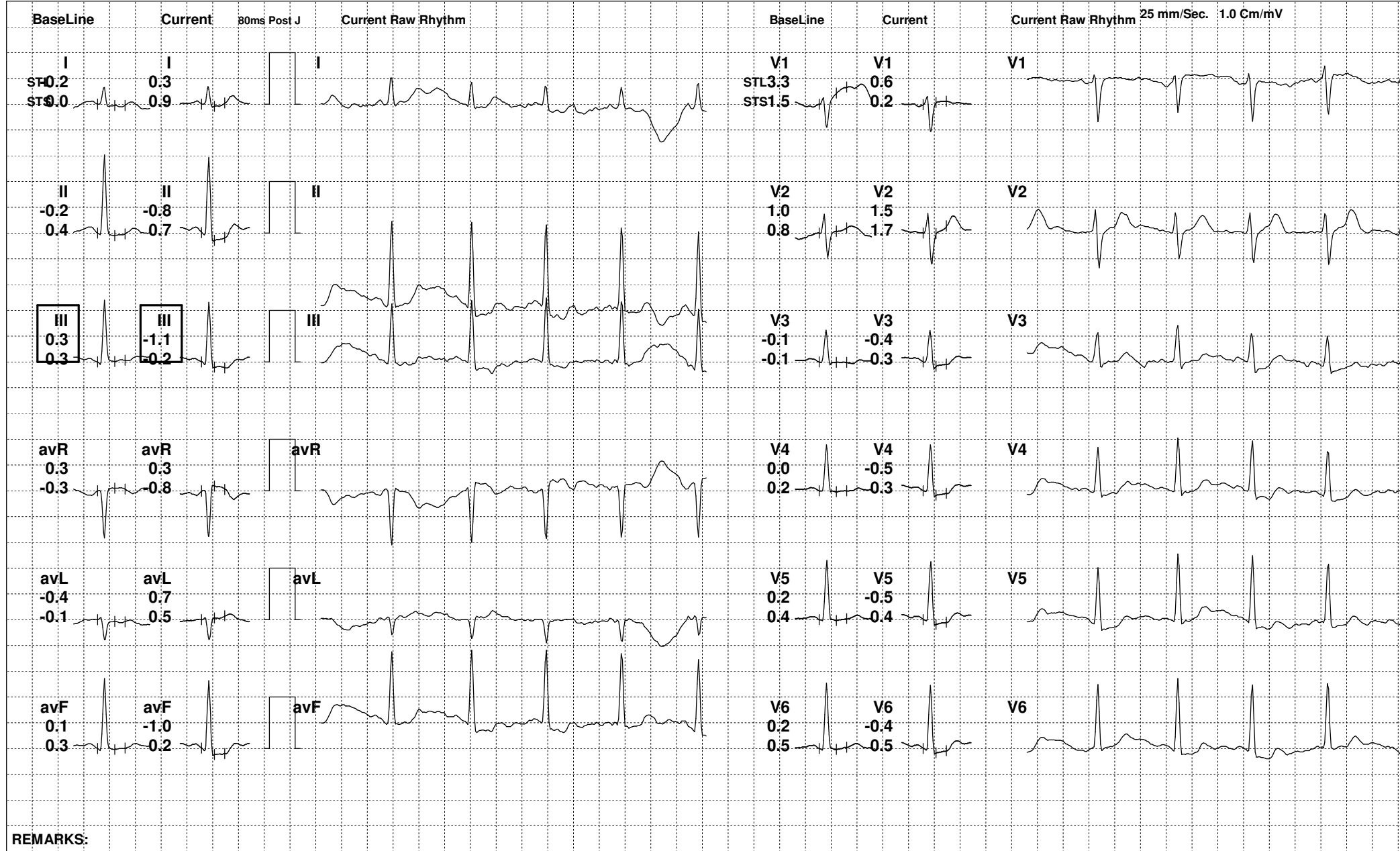




173 (532087) / ANAMIKA SHARMA / 36 Yrs / F

Date: 25-Feb-2023 01:22:54 PM METS: 0.0/ 0 bpm 0% of THR BP: 120/70 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 00:00 0.0 mph, 0.0%



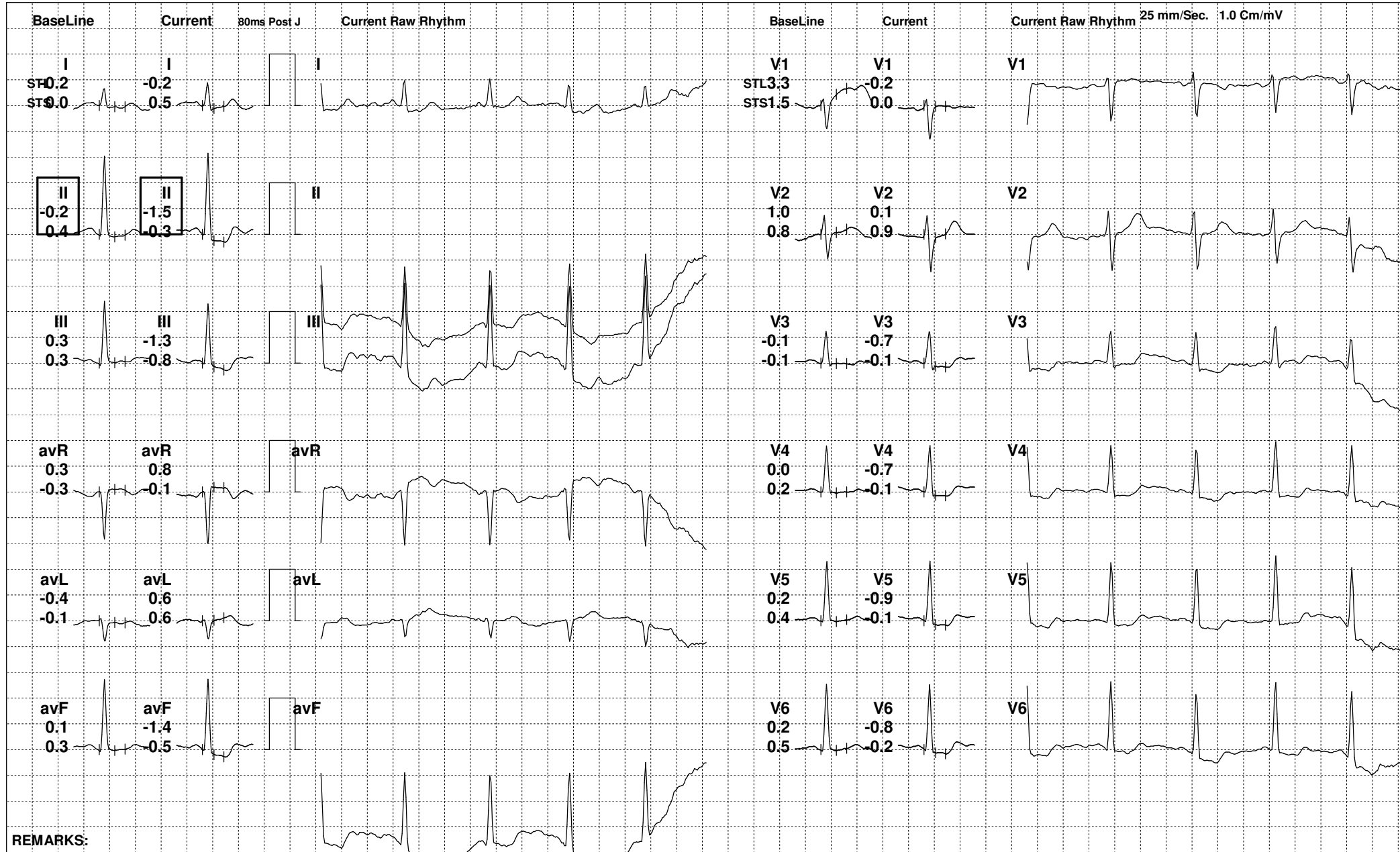
REMARKS:



173 (532087) / ANAMIKA SHARMA / 36 Yrs / F

Date: 25-Feb-2023 01:22:54 PM METS: 1.0/ 79 bpm 42% of THR BP: 116/70 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

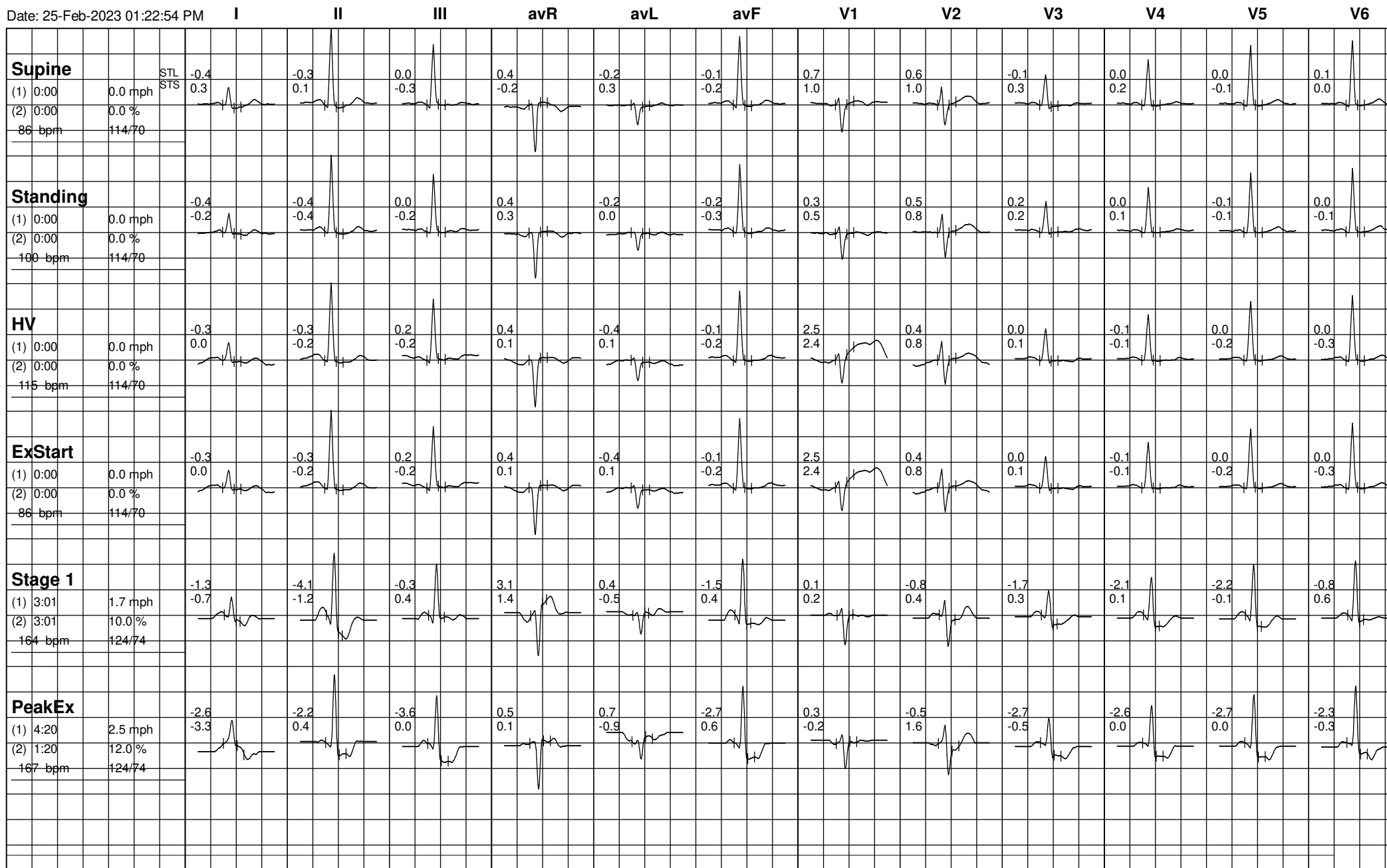
ExTime: 04:20 0.0 mph, 0.0%





173 (532087) / ANAMIKA SHARMA / 36 Yrs / F

Date: 25-Feb-2023 01:22:54 PM





173 (532087) / ANAMIKA SHARMA / 36 Yrs / F

Date: 25-Feb-2023 01:22:54 PM

