

To,

The Coordinator,
Mediwheel (Arcofemi Healthcare Limited)
Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following spouse of our employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS OF HEALTH CHECK UP BENEFICIARY	
NAME	BHARAT MISHRA
DATE OF BIRTH	24-06-1992
PROPOSED DATE OF HEALTH CHECKUP FOR EMPLOYEE SPOUSE	31-12-2022
BOOKING REFERENCE NO.	22D122871100035286S
SPOUSE DETAILS	
EMPLOYEE NAME	MRS. MISHRA MITALI
EMPLOYEE EC NO.	122871
EMPLOYEE DESIGNATION	SINGLE WINDOW OPERATOR A
EMPLOYEE PLACE OF WORK	SULTANPUR,RO SULTANPUR
EMPLOYEE BIRTHDATE	30-12-1992

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **31-12-2022** till **31-03-2023**. The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee's spouse and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

Chief General Manager
HRM Department
Bank of Baroda

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))

Dr. Pawan Kumar Singh
M.B.B.S. DNB (Medicine)
UPMCI-61330
Director & Consultant Physician
JPK Clinic & Diagnostics
(A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.)

भारत सरकार
GOVERNMENT OF INDIA

भरत मिश्रा
Bharat Mishra
DOB: 24-06-1992
Gender: Male

9989 8914 4853

आधार- आम आदमी का अधिकार

(Handwritten signature)

भारतीय विशिष्ट पहचान प्राधिकरण
UNIQUE IDENTIFICATION AUTHORITY OF INDIA

Address:
S/o Ashok Kumar Mishra, S. D.a.v.
College Campus, Arya Nagar, Arya
Nagar, Lucknow, Uttar Pradesh,
226004

1947
1800 300 1947

help@uidai.gov.in

www.uidai.gov.in

P.O. Box No. 1947,
Bengaluru-560 001

(Handwritten signature)

Dr. Pawan Kumar Singh
M.B.B.S. (MB (Medicine))
UPMCI-61330
Surgeon & Consultant Physician
JPK Clinic & Diagnostics
A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.



बैंक ऑफ़ बड़ोदा
Bank of Baroda



नाम- भरत मिश्र
Name - BHARAT MISHRA
कर्मचारी कूट क्र- 119936
E.C.No. - 119936

जारीकर्ता प्राधिकारी
Issuing Authority

धारक के हस्ताक्षर
Signature of Holder

Dr. Pawan Kumar Singh
M.B.B.S. D.M.B (Medicine)
UPMCI-67830
Director & Consultant Physician
JPK Clinic & Diagnostics
(A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.)

MR BHARD7 MISHRD

11.01.2023 9.13.33
JPK CLINIC AND DIAGNOSTICS
NORMAL COMPOUND SUPER MARKET
SULTANPUR

ALWAYS CE

Location:
Room:
Order Number:
Indication:
Medication 1:
Medication 2:
Medication 3:

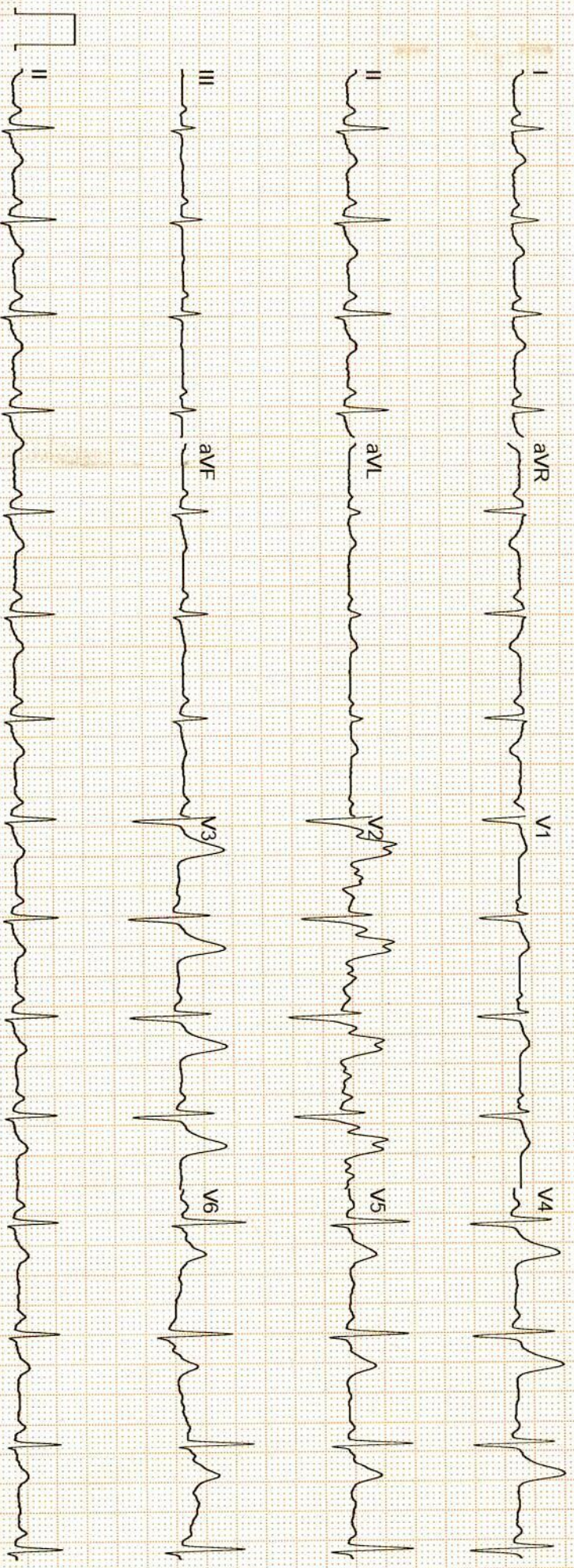
88 bpm
- / - mmHg

Technician:
Ordering Ph: DR. J.P. SINGH
Referring Ph:
Attending Ph:

QRS : 70 ms
QT / QTcBaz : 344 / 416 ms
PR : 128 ms
P : 88 ms
RR / PP : 680 / 681 ms
P / QRS / T : 51 / 47 / 34 degrees

Normal sinus rhythm with sinus arrhythmia
Normal ECG

Bhavad Mishra



GE MAC2000 1.1 12SL™ V241

25 mm/s 10 mm/mV

ADS 0.56-20 Hz 50 Hz

4x2.5x3_25_R1

Unconfirmed

1/1

Dr. Pawan Kumar Singh
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सर्वे सन्तु निरामया

राज डायग्नोस्टिक एण्ड मेडीकेयर

डिजिटल एक्सरे, पैथॉलाजी, अल्ट्रासाउण्ड, ई.सी.जी.

ठाकुर प्रसाद काम्प्लेक्स, निकट NY माल, गल्ला मण्डी मोड़, जिला अस्पताल रोड-सुलतानपुर

Report No : 13,923
 Patient Name : Mr. BHARAT MISHRA
 Age (Y-M-D) : 0 - 0 - 0
 Sex : Male
 Referred By : DHS



Bill No. / Day Sr.: 1/11/2023 12
 Receiving Date : 1/11/2023 12
 Reporting Date :

X-RAY CHEST P.A.

TRACHEA- : Trachea is central,
 CARDIAC SHADOW- : The cardiac size and silhouette is normal.
 ANGLES- : Both costophrenic angles are clear.
 PARENCHYMA- : Both lung fields are clear & have normal volume bronchovascular pattern.
 C / T RATIO- : Normal
 MEDIASTINUM- : no mediastinal shift is seen.
 DOME OF DIAPHRAGM- : Both domes of the diaphragm are normal in position, outline & curvature.
 IMPRESSION- : NORMAL FINDING

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 Director & Consultant Physician
 JPK Clinic & Diagnostics
 (A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.)

Dr. Amit Kumar
 M.B.B.S. MS
 Rea.No.-29176
 Dr. Amit Kumar
 (Sonologist.)



Timings : 8.30 AM to 7.30 PM, Sunday, 9.00 AM to 2.00 PM.

This is Profession opinion clinicians are requested to correlate pathological finding with clinical feature.

If there is any doubt please repeat test free of cost.

{ NOT FOR MEDICO LEGAL PURPOSE }



सर्वे सन्तु निरामया

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ठाकुर प्रसाद काम्प्लेक्स, निकट NY माल, गल्ला मण्डी मोड़, जिला अस्पताल रोड-सुलतानपुर

Report No : 13,921
 Patient Name : Smt. MITALI MISHRA
 Age (Y-M-D) : 23 - 0 - 0
 Sex : Female
 Referred By : DHS



Bill No. / Day Sr.: 11-Jan-23 12:
 Receiving Date : 11-Jan-23 12:
 Reporting Date :

ULTRASONOGRAPHIC STUDY OF WHOLE ABDOMEN FEMALE.

LIVER	: Liver is normal in size and echogenicity . No focal or diffuse mass lesion seen.No IHBD dilatation seen.
GALL BLADDER	: Gall bladder is normal in distension & shows echofree lumen.Wall thickness is within normal limit. No obvious GB calculus / sludgeness noted.
PV & CBD	: Portal vein and CBD are normal in their course and calibre
PANCREAS	: Pancreas is normal in size, contour and echotexture.
SPLEEN	: Spleen is normal in size and echogenicity. No mass lesion seen
KIDNEYS	: Both kidneys are normal in size, contour and echopattern. Cortico medullary differentiation is normally preserved. No calculus or mass lesion is seen. No hydronephrosis is seen.
URETER	: Normally visualized.
URINARY BLADDER	: Urinary Bladder is normal in wall thickness with evidence of anechoic lumen.No calculi or mass lesion seen.
UTERUS	: Uterus is normal in size 75.0 x 40.0 x 42.0 mm and morphology.No obvious space occupying lesion noted
CERVIX	: Normal in size,shape & echogenicity.
OVARY & ADN.	: Both normally visualized.
P.O.D	: No free fluid collection is seen.
BOWEL	: Bowels are normal.no significant gas shadow seen.
IMPRESSION	: NORMAL SONOGRAPHIC STUDY OF ABDOMEN.

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An ISO 9001:2015 Certified Center

Super Market, Sultanpur -228 001 (U.P.)

Ph. : 05362-241192, 9196008963

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Patient ID : 042836
Name : Mr. BHARAT MISHRA
Age/Gender : 30Y/M
Date/Time : 11-01-2023/18:29
Referred By : SELF

INVESTIGATION	RESULT	REFERENCE RANGE
BIO-CHEMISTRY		
LRN-004484 PSA TOTAL	PSA Total 0.65 ng/mL	<4.00 ng/mL
Sample Collection Time 11 Jan 2023 / 18:29 Result Approval Time 13 Jan 2023 / 16:41		
LRN-004484 Fasting Blood Sugar	Fasting blood sugar 96.0 mg/dL	70-110 mg/dl
Sample Collection Time 11 Jan 2023 / 18:29 Result Approval Time 13 Jan 2023 / 16:41		
LRN-004486 Blood Urea Nitrogen (BUN)	Blood Urea Nitrogen (BUN) 10.2 mg/dL	5-18 mg/dL Infant/Child 6-20 mg/dL Adult 8-23 mg/dL Adult >60Yr
Sample Collection Time 11 Jan 2023 / 18:29 Result Approval Time 13 Jan 2023 / 16:41		
LRN-004484 Serum Creatinine	Serum Creatinine 1.2 mg/dL	Male 0.9-1.3 mg/dL Female 0.6-1.1 mg/dL
Sample Collection Time 11 Jan 2023 / 18:29 Result Approval Time 13 Jan 2023 / 16:41		
LRN-004486 Total Cholesterol	Lipid Profile 175.9 mg/dl	Desirable < 200 mg/dL Borderline 200-239 mg/dL High > 240 mg/dL
Triglycerides	110.4 mg/dL	Normal < 150 mg/dL Borderline High 150-199 mg/dL High 200-499 mg/dL Very high > 500 mg/dL

Rakesh

Rakesh Sharma
Lab Technician

Dr. Pawan Kumar Singh

M.B.B.S. DNB (Medicine)

UPMCI-61330

Senior & Consultant Physician

JPK Clinic & Diagnostics

(A Unit of JPK Hospitals & Trauma Center Pvt. Ltd.)

Dr. SHIWANGI

MBBS, DCC (DNB)

Consultant Pathologist

JPK Clinic & Diagnostics

(A Unit of JPK Hospitals & Trauma Center Pvt. Ltd.)

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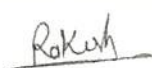


Super Market, Sultanpur -228 001 (U.P.)

Ph. : 05362-241192, 9196008963

www.jpkhospitals.com



Patient ID : 042836
Name : Mr. BHARAT MISHRA
Age/Gender : 30Y/M
Date/Time : 11-01-2023/18:29
Referred By : SELF

INVESTIGATION	RESULT	REFERENCE RANGE
HDL	57.4 mg/dL	Low < 40 mg/dL Normal 40 -60 mg/dL High > 60 mg/dL
LDL	86.3 mg/dL	Optimal <100 mg/dL Near Optimal 100-129 mg/dL Borderline high 130-159 mg/dL High 160-189 mg/dL Very high >190 mg/dL
VLDL	22.0 mg/dL	15-30 mg/dL Desirable < 20 mg/dL Borderline High 21-39 mg/dL High > 40 mg/dL
TC/HDL Ratio	3.0	(Less than 5.0)
LDL/HDL	1.5	UPTO 3.5
Sample Collection Time 11 Jan 2023 / 18:29 Result Approval Time 13 Jan 2023 / 16:41		
LRN-004484		
Post Prandial Blood Glucose	134.2 mg/dL	90 - 140 mg/dL
Sample Collection Time 11 Jan 2023 / 18:29 Result Approval Time 13 Jan 2023 / 16:41		
LRN-004487		
Glycosylated Haemoglobin	5.3 %	4-6% - NON-DIABETIC 6-7% - GOOD CONTROL 7-8% - FAIR CONTROL >8% - ACTION SUGGESTED
Sample Collection Time 11 Jan 2023 / 18:29 Result Approval Time 13 Jan 2023 / 16:41		
LRN-004484		
Uric Acid	5.7 mg/dL	
Sample Collection Time 11 Jan 2023 / 18:29 Result Approval Time 13 Jan 2023 / 16:41		
 Rakesh Sharma Lab Technician	 Dr. Pawan Kumar Singh M.B.B.S. DNB (Medicine) UPMCI-61330 Director & Consultant Physician JPK Clinic & Diagnostics (A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.)	 Dr. SHIWANJI MBBS, D.P. (DNB) Consultant Pathologist JPK Clinic & Diagnostics (A Unit of JPK Hospitals & Trauma Center Pvt. Ltd.)

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Facilities Available

2 of 7 ECG PFT Endoscopy Hematology Biochemistry Microbiology FNAC Histopathology
Sample Collection from Home & Online Delivery of Reports ABP IMT Echocardiography Ultrasound

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Patient ID : 042836
Name : Mr. BHARAT MISHRA
Age/Gender : 30Y/M
Date/Time : 11-01-2023/18:29
Referred By : SELF

INVESTIGATION	RESULT	REFERENCE RANGE
Liver Function Test (LFT)		
Bilirubin Total	1.94 mg/dL	10.0 - 14.0 mg/dL 3-5 Days (Premature) 4.0 - 8.0 mg/dL 3-5 Days (Full Term) 0.0 - 1.0 mg/dL (Adult)
Bilirubin Direct	0.33 mg/dL	0.0 - 0.2 mg/dL
Bilirubin Indirect	1.61 mg/dL	0.0 - 0.8 mg/dL
SGOT	36.8 U/L	upto 40 U/L (Males) upto 32 U/L (Females)
SGPT	32.0 U/L	upto 41 U/L (Males) upto 33 U/L (Females)
Alkaline Phosphatase	85.4 U/L	UPTO 125 U/L
Total Protein	6.74 g/dL	6.0 - 8.0 g/dL
Albumin	4.35 g/dL	3.5 - 5.2 g/dL
Globulin	2.39 g/dL	1.5 - 3.0 g/dL
A/G	2.8	1 - 2
Sample Collection Time 11 Jan 2023 / 18:29 Result Approval Time 13 Jan 2023 / 16:42		
Gamma Glutamyl transferase (GGT)		
GGT	21.4 U/L	5-36 U/L (Female) 8-61 U/L (Male)
Sample Collection Time 11 Jan 2023 / 18:29 Result Approval Time 13 Jan 2023 / 16:41		

Rakesh

Rakesh Sharma
Lab Technician

Dr. Pawan Kumar Singh

M.B.B.S. DNB (Medicine)

UPMCI-61330

Senior & Consultant Physician

JPK Clinic & Diagnostics

(A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.)

Dr. SHIWANGI

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Patient ID : 042836
Name : Mr. BHARAT MISHRA
Age/Gender : 30Y/M
Date/Time : 11-01-2023/18:29
Referred By : SELF

INVESTIGATION	RESULT	REFERENCE RANGE
HAEMATOLOGY		
Complete Blood Count		
Haemoglobin	15.2 g/dL	13-18g/dL(>15yr Adult Male) 12-15g/dL(>15yrAdult Female)
WBC Count	6970	4000-11,000/cumm
Differential Count		
Neutrophils	47 %	40-75 %
Lymphocytes	34 %	20-45 %
Eosinophils	13 %	01-08 %
Monocytes	06 %	02-10 %
Basophils	00 %	00-01 %
RBC Count	4.56 million/cumm	4.5-6.0 million/cumm (Male) 4.0-5.5 million/cumm (Female)
PCV	44.8 %	40-54 % (>15yr Adult Male) 34-48 % (>15yr Adult Female)
MCV	96.3 fl	75-95 fl
MCH	33.3 pg	26-32 pg
MCHC	33.9 %	30-35%
Platelet Count	150000 cells/cumm	150000 - 400000 cells/cumm
Mean Platelet Volume(MPV)	14.1 fL	7.5-11.5 fL
RDW-CV	13.4 %	11-16 %
RDW-SD	49.9 %	35-56 %
Sample Collection Time 11 Jan 2023 / 18:29 Result Approval Time 13 Jan 2023 / 16:41		
Erythrocyte sedimentation Rate (ESR)		
Erythrocyte sedimentation Rate (ESR)	10 mm/hr	Male : 0 - 10 mm/hr Female : 0 - 20 mm/hr
Sample Collection Time 11 Jan 2023 / 18:29 Result Approval Time 13 Jan 2023 / 16:41		
Blood grouping and Rh typing		
Blood Group	AB	

LRN-004483

Rakesh Sharma
Lab Technician

Dr. Pawan Kumar Singh
M.B.B.S. DNB (Medicine)
UPMCI-61330
Instructor & Consultant Physician
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Dr. SHIWANGI
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Patient ID : 042836
Name : Mr. BHARAT MISHRA
Age/Gender : 30Y/M
Date/Time : 11-01-2023/18:29
Referred By : SELF

INVESTIGATION

RESULT

REFERENCE RANGE

RH Typing

POSITIVE (+)

Sample Collection Time 11 Jan 2023 / 18:29

Result Approval Time 13 Jan 2023 / 16:41

Rakesh

Rakesh Sharma
Lab Technician

Dr. Pawan Kumar Singh

M.B.B.S. DNB (Medicine)
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5 of 7 ECG • PFT • Endoscopy • Hematology • Biochemistry • Microbiology • FNAC • Histopathology

• Sample Collection from Home & Online Delivery of Reports • ABP • IMT • Echocardiography • Ultrasound

REF# 2785

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Patient ID : 042836
Name : Mr. BHARAT MISHRA
Age/Gender : 30Y/M
Date/Time : 11-01-2023/18:29
Referred By : SELF

INVESTIGATION

RESULT

REFERENCE RANGE

LRN-004488

Clinical Pathology

URINE - ROUTINE/MICROSCOPY

PHYSICAL EXAMINATION

Quantity in ml

20 ML

Urine Color

PALE YELLOW

Reaction

ACIDIC

CHEMICAL EXAMINATION

Leukocytes

NEGATIVE

Nitrite

NEGATIVE

Urobilinogen

NEGATIVE

pH

6.0

Blood

NEGATIVE

Sp.Gravity

1.020

Ketone

NEGATIVE

Bilirubin

NEGATIVE

Glucose

NEGATIVE

Protein

NEGATIVE

MICROSCOPIC EXAMINATION

Epithelial Cells

2-3/HIGH POWER FIELD

RBC

NIL

Pus Cells

1-2/HIGH POWER FIELD

Casts

NOT SEEN

Crystals

NOT SEEN

Sample Collection Time 11 Jan 2023 / 18:29

Result Approval Time 13 Jan 2023 / 16:41

Rakesh Sharma
Lab Technician

Dr. Pawan Kumar Singh
M.B.B.S. DNB (Medicine)
UPMCI-61339
Senior & Consultant Physician
JPK Clinic & Diagnostics
(A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.)

Dr. SHIWANGI
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Consultant Pathologist
JPK Clinic & Diagnostics
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6 of 7 ECG PFT Endoscopy Hematology Biochemistry Microbiology FNAC Histopathology

Sample Collection from Home & Online Delivery of Reports ABP TMT Echocardiography Ultrasound

Printed by Rakesh Sharma / 2023-01-13 / 16:44:04

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Ph. : 05362-241192, 9196008963

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An ISO 9001:2015 Certified Center

Patient ID : 042836
Name : Mr. BHARAT MISHRA
Age/Gender : 30Y/M
Date/Time : 11-01-2023/18:29
Referred By : SELF

INVESTIGATION

RESULT

REFERENCE RANGE

LRN-004489

CHEMILUMINESCENCE IMMUNOASSAY

Thyroid Function Test (T3, T4, TSH)

T3	1.20 ng/mL	0.69-2.15
T4	112.4 ng/mL	52-127
TSH	2.16 μ IU/mL	21 weeks- 20 years: 0.7-6.4 μ IU/mL 21-54 years: 0.4 - 4.2 μ IU/mL 55- 87 years: 0.5 – 8.9 μ IU/mL Pregnancy: 1st Trimester: 0.24 – 2.99 μ IU/mL 2nd Trimester: 0.46 – 2.95 μ IU/mL 3rd Trimester: 0.43 – 2.78 μ IU/mL

Sample Collection Time 11 Jan 2023 / 18:29

Result Approval Time 13 Jan 2023 / 16:41

----- End of Report -----

Rakesh

Rakesh Sharma
Lab Technician

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Facilities Available

7 of 7 REF# 2785 Printed by Rakesh Sharma /2023-01-13 / 16:44:04
● ECG ● PFT ● Endoscopy ● Hematology ● Biochemistry ● Microbiology ● FNAC ● Histopathology
● Sample Collection from Home & Online Delivery of Reports ● ABP ● IMT ● Echocardiography ● Ultrasound

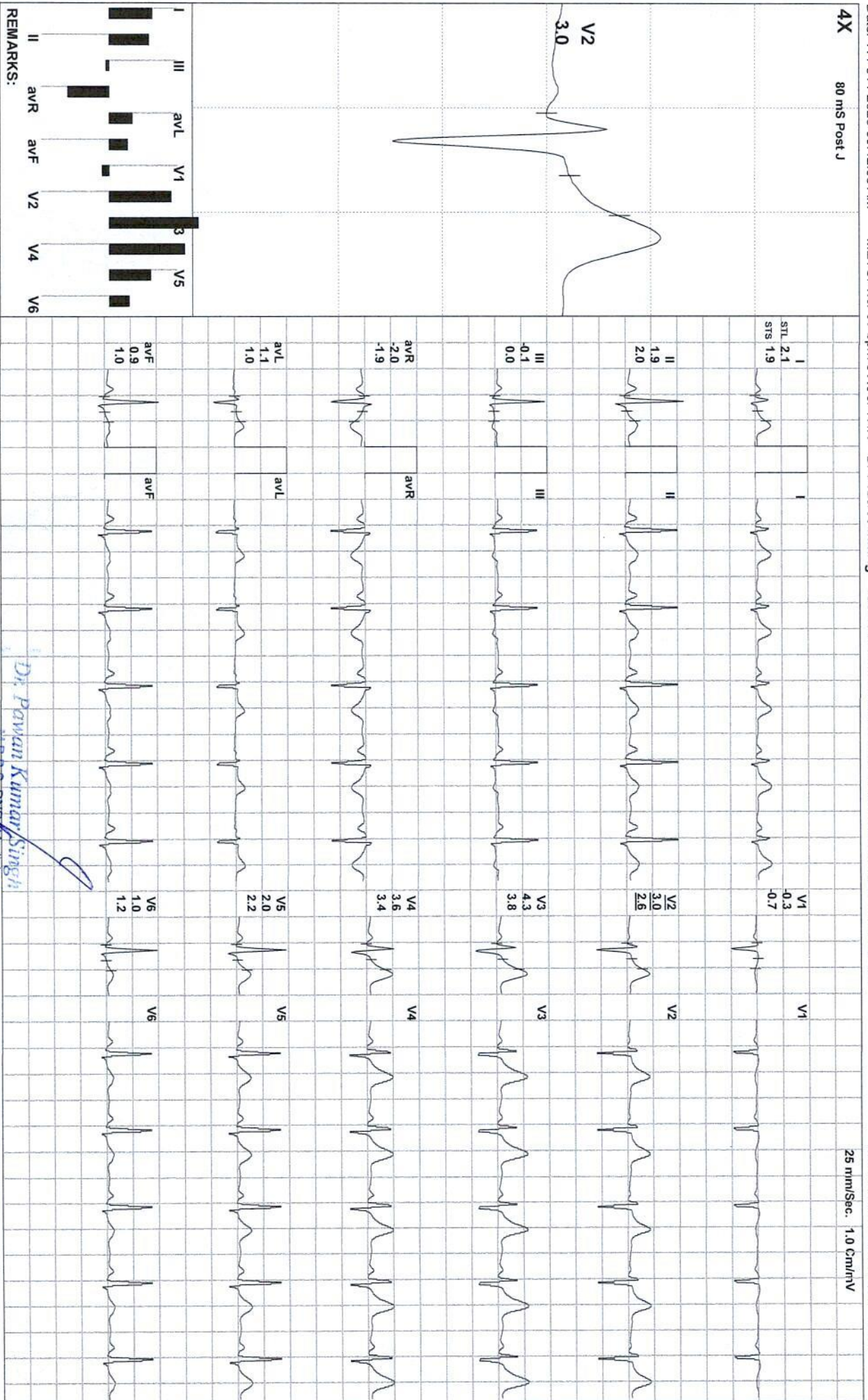


Date: 11 / 01 / 2023 09:42:08 AM METS: 1.0/ 97 bpm 51% of THR BP: 120/80 mmHg Combined Medians/ BLC On/ Natch On/ HF 0.05 HZ/LF 35 HZ

EXTime: 00:00 0.0 mph, 0.0%

4X 80 ms Post J

25 mm/Sec. 1.0 Cm/InV



REMARKS:

Dr. Pawan Kumar Singh
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UPMCI-61332

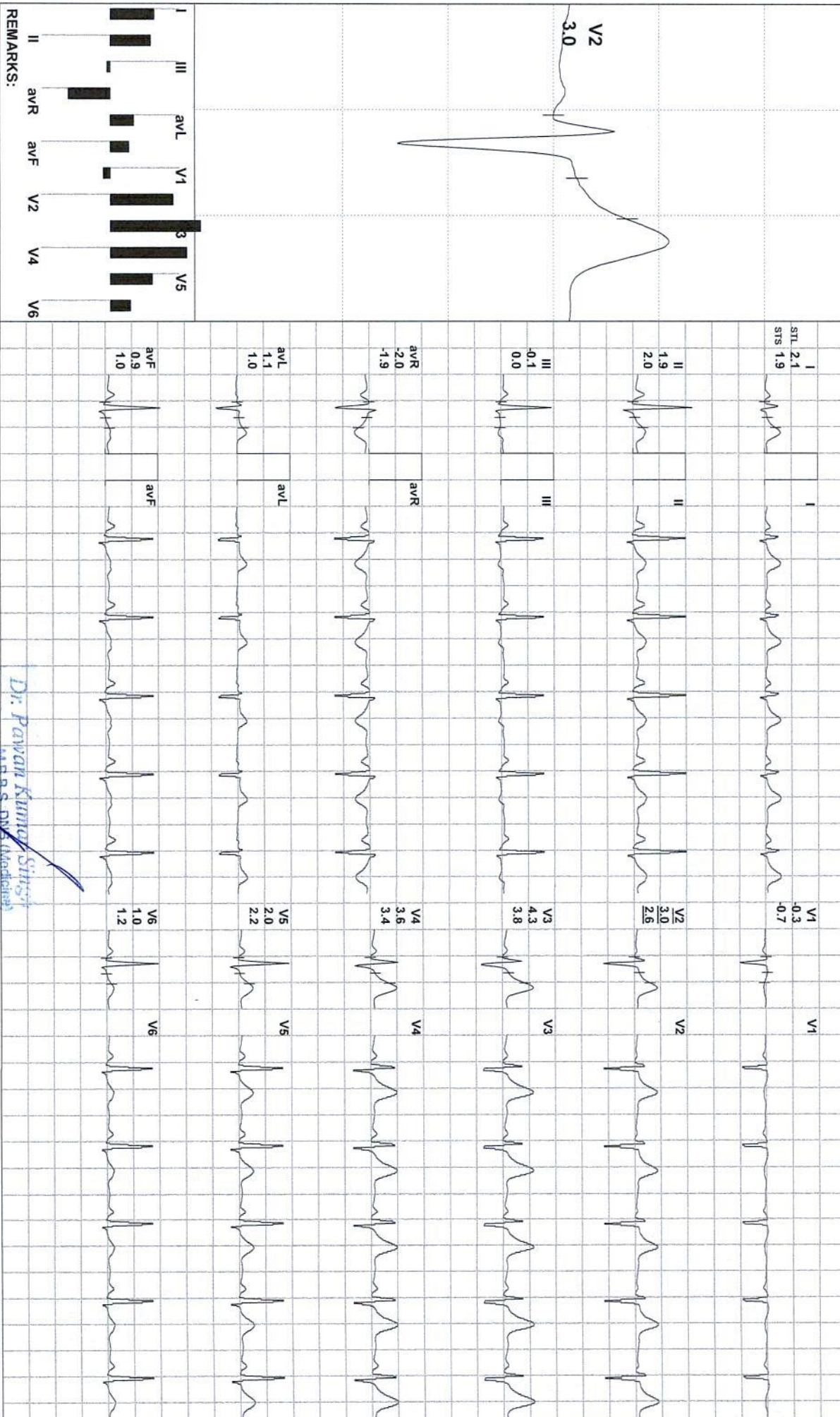
Director & Consultant Physician
JPK Clinic & Diagnostics
A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.

(ADX_GEM217220330)(R)Allengers



Date: 11 / 01 / 2023 09:42:08 AM METS: 1.0/ 97 bpm 51% of THR BP: 120/80 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

4X 80 ms Post J 25 mm/Sec. 1.0 Cm/mV EXTime: 00:00 0.0 mph, 0.0%



REMARKS:

Dr. Pawan Kumar Singh
 M.B.B.S. DM (Medical) UPMCI-61730
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(ADX_GEM217220330)(R)Allengers



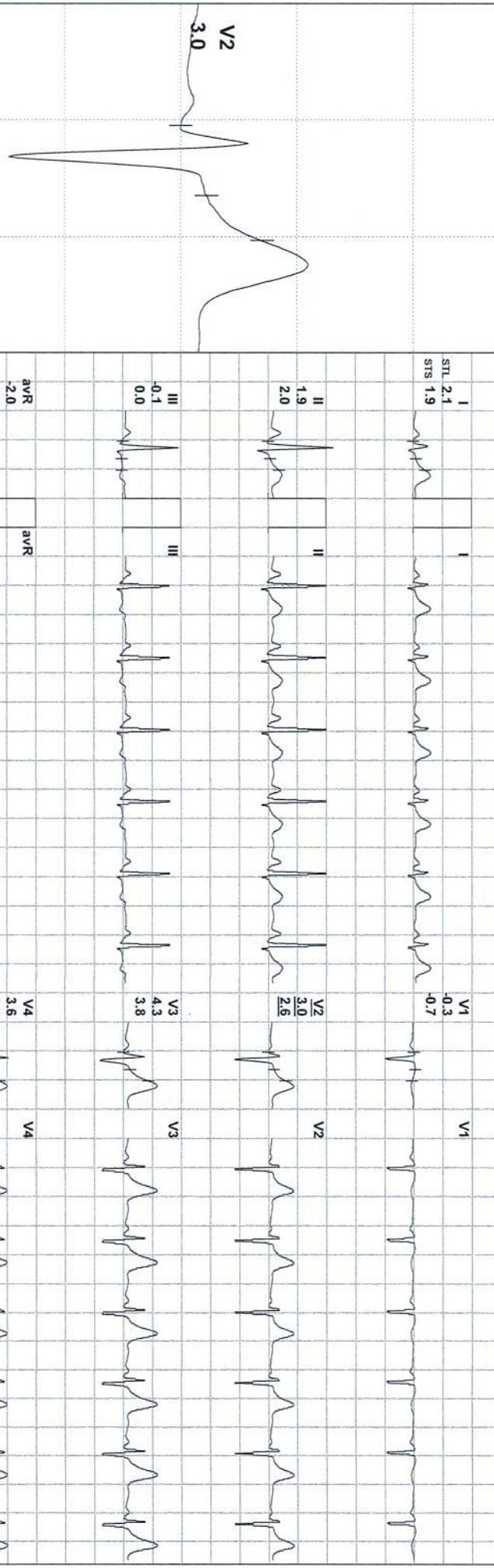
BHARAT MISHRA / 30 Yrs / M / 174 Cms / 72 Kg / HR : 112

Date: 11 / 01 / 2023 09:42:08 AM METS: 1.0/ 112 bpm 59% of THR BP: 120/80 mmHg Combined Medians/ BLC On/ Natch On/ HF 0.05 HZ/LF 35 Hz

ExtTime: 00:00 0.0 mph, 0.0%

4X 80 ms Post J

25 mm/Sec. 1.0 Cm/rV



Lead	STL	STV	STV	STL	STV	STV	STL	STV	STV	STL	STV	STV
I	2.1											
II	1.9											
III	0.1											
aVR	-2.0											
aVL	1.1											
aVF	0.9											
V1	-0.3											
V2	3.0											
V3	4.3											
V4	3.6											
V5	2.0											
V6	1.0											

REMARKS:

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LPHNO-61930

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Catheter of JPK Hospital & Trauma Centre Pvt. Ltd.

(ADX_GEM217220330)(R)Allengers

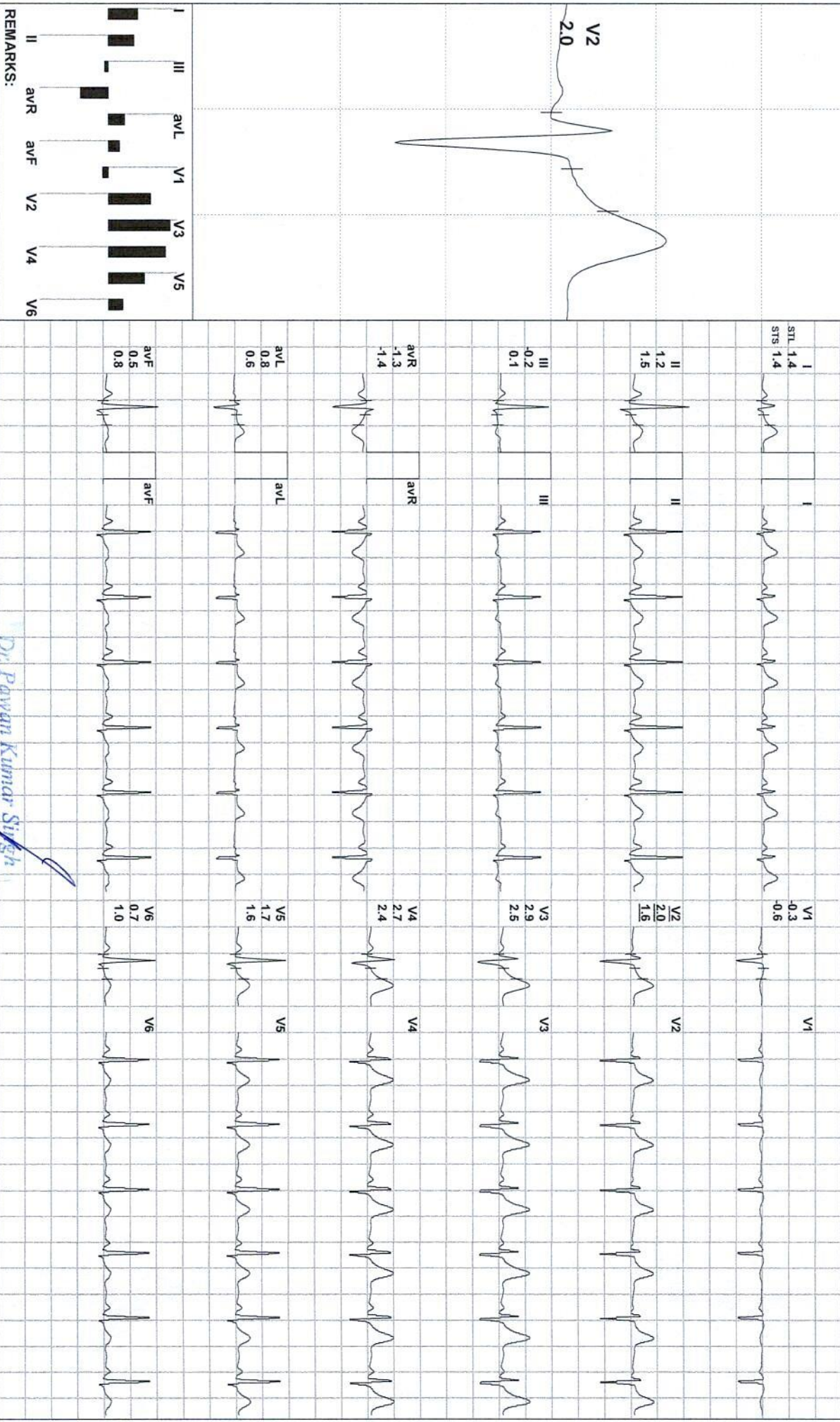


BHARAT MISHRA / 30 Yrs / M / 174 Cms / 72 Kg / HR : 112

Date: 11 / 01 / 2023 09:42:08 AM METS: 1.0/ 112 bpm 59% of THR BP: 120/80 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 HZLF 35 Hz ExtTime: 00:00 0.0 mph, 0.0%

4X 80 mS Post J

25 mm/Sec. 1.0 Cm/mV



REMARKS:

Dr. Pawan Kumar Singh

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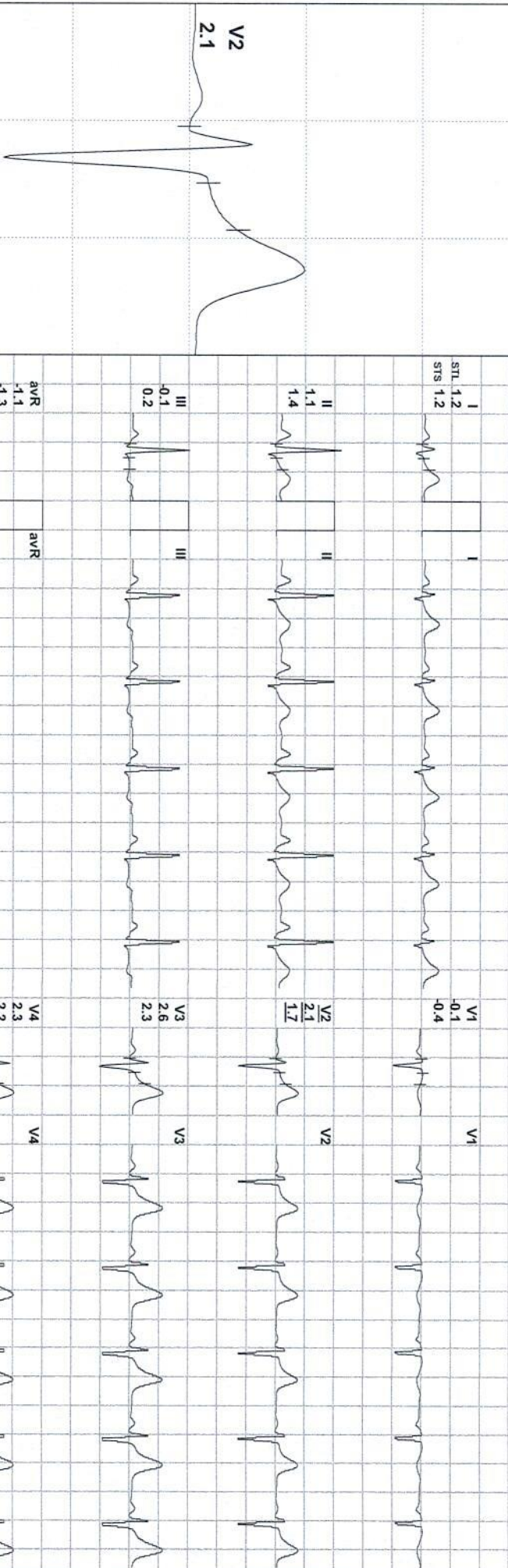
(ADX_GEM217220330)(R)Allergers

Date: 11 / 01 / 2023 09:42:08 AM METS: 1.0/ 102 bpm 54% of THR BP: 120/80 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 HZLF 35 Hz

ExTime: 00:00 0.0 mph, 0.0%

4X 80 mS Post J

25 mm/Sec. 1.0 Cm/mV



Lead	STL	STS
I	1.2	1.2
II	1.1	1.4
III	-0.1	0.2
aVR	-1.1	-1.3
aVL	0.6	0.5
aVF	0.5	0.8
V1	-0.1	-0.4
V2	2.1	1.7
V3	2.6	2.3
V4	2.3	2.2
V5	0.9	1.1
V6	0.5	0.8

REMARKS:

D. Pawan Kumar Singh
 M.B.B.S, D.M. (Medicine)
 DPMCI-61250

Director & Consultant Physician
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(ADX_GEM217220330)(R)Allengers



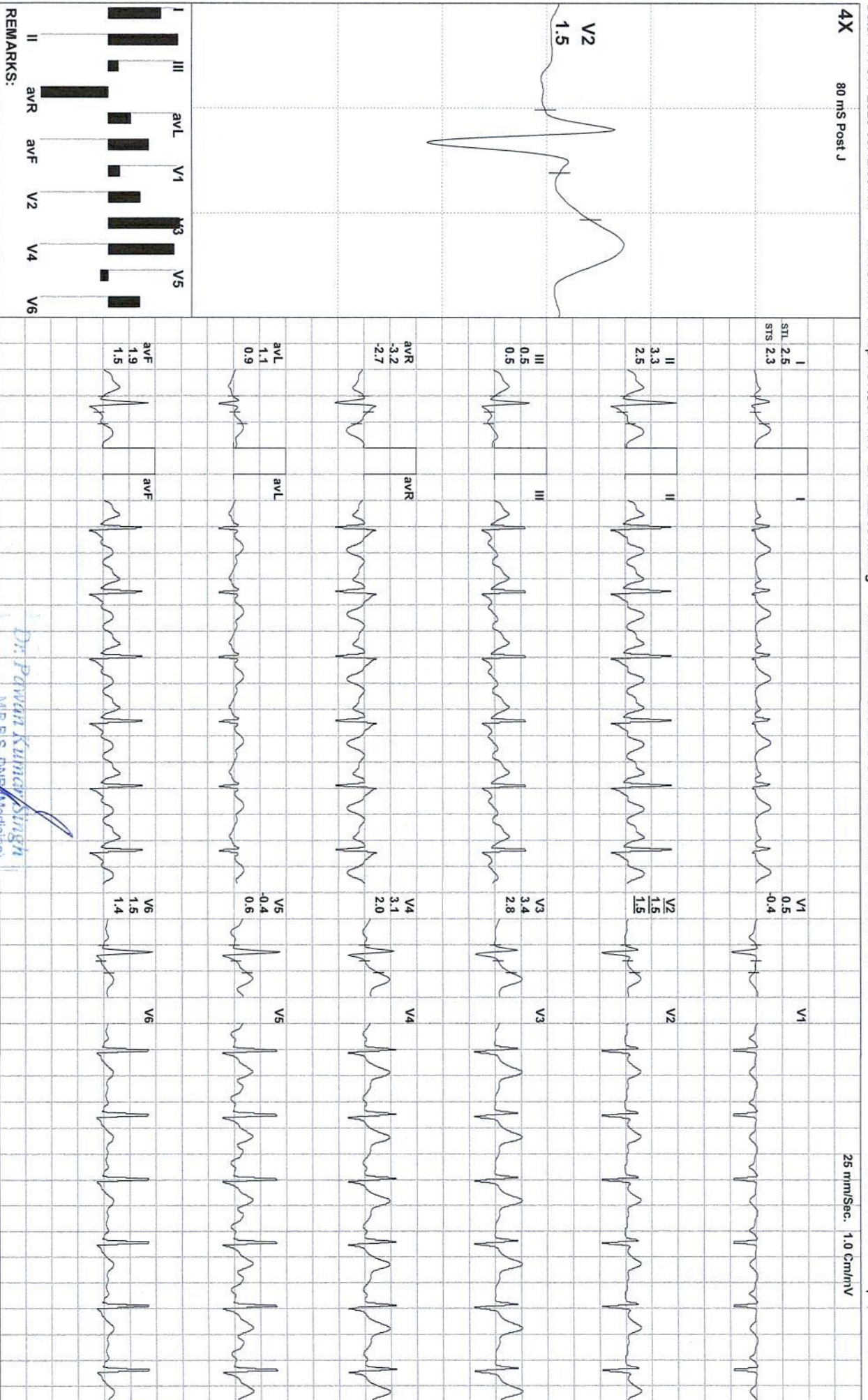
BHARAT MISHRA / 30 Yrs / M / 174 Cms / 72 Kg / HR : 116

Date: 11 / 01 / 2023 09:42:08 AM METS: 4.7/ 116 bpm 61% of THR BP: 122/80 mmHg Combined Medians/ BLC On/ Noich On/ HF 0.05 HZ/LF 35 HZ

ExTime: 03:00 1.7 mph 10.0%

4X 80 mS Post J

25 mm/Sec. 1.0 Cm/mV



REMARKS:

Dr. Pawan Kumar Singh
 MB, BS, DPM (Medicine)
 UPMCI-6133

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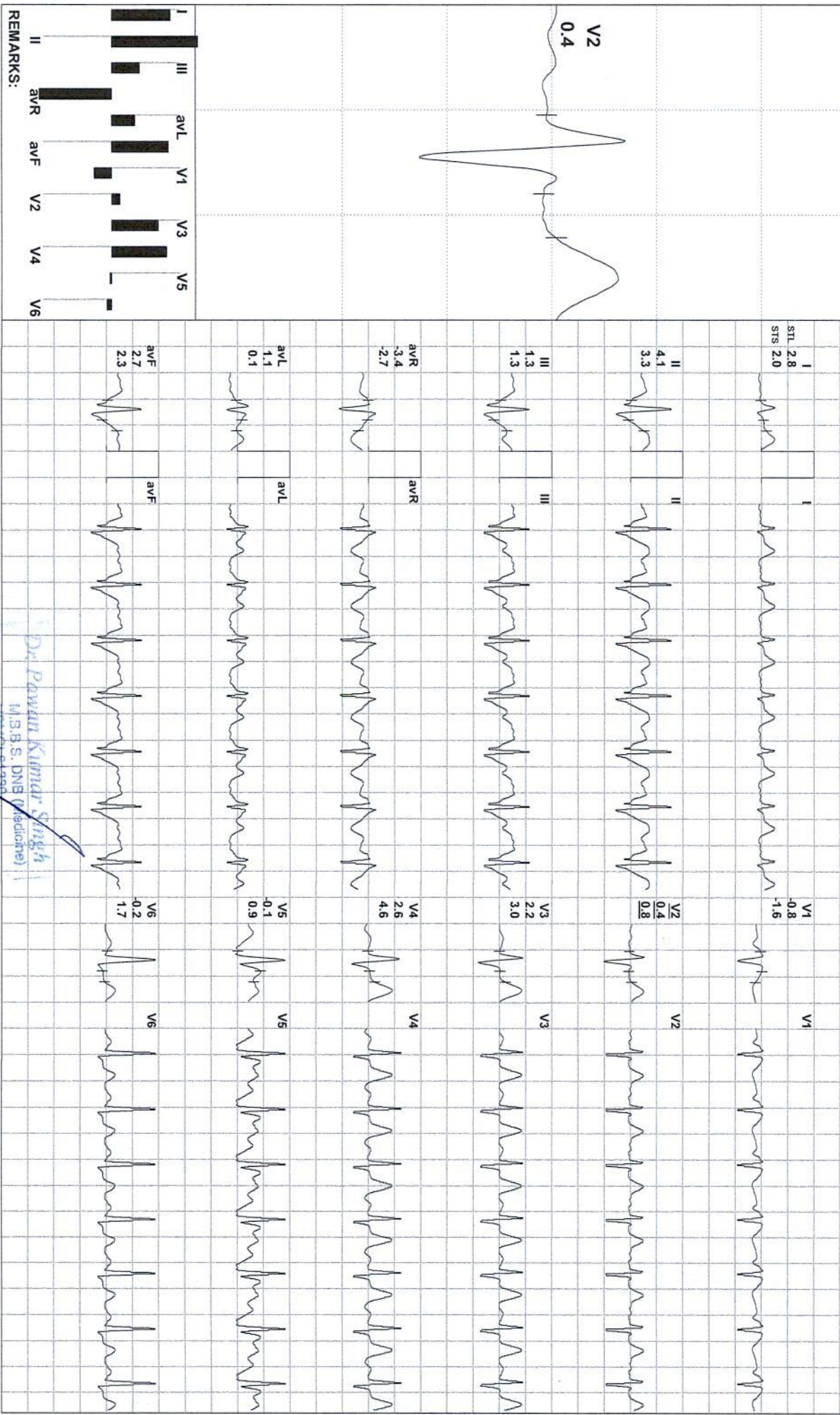
(ADX_GEM217220330)(R)Allengers



BHARAT MISHRA / 30 YRS / M / 174 Cms / 72 Kg / HR : 137

Date: 11 / 01 / 2023 09:42:08 AM METS: 7.1/ 137 bpm 72% of THR BP: 124/82 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 HZ/LF 35 HZ

4X 60 mS Post J 25 mm/Sec. 1.0 Cm/mV



REMARKS:

Dr. Pawan Kumar Singh
M.D. (B.S. DNB (Medicine))
Ufnr01-61399

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1st Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.

(ADX_GEM217220330)(R)Allengers

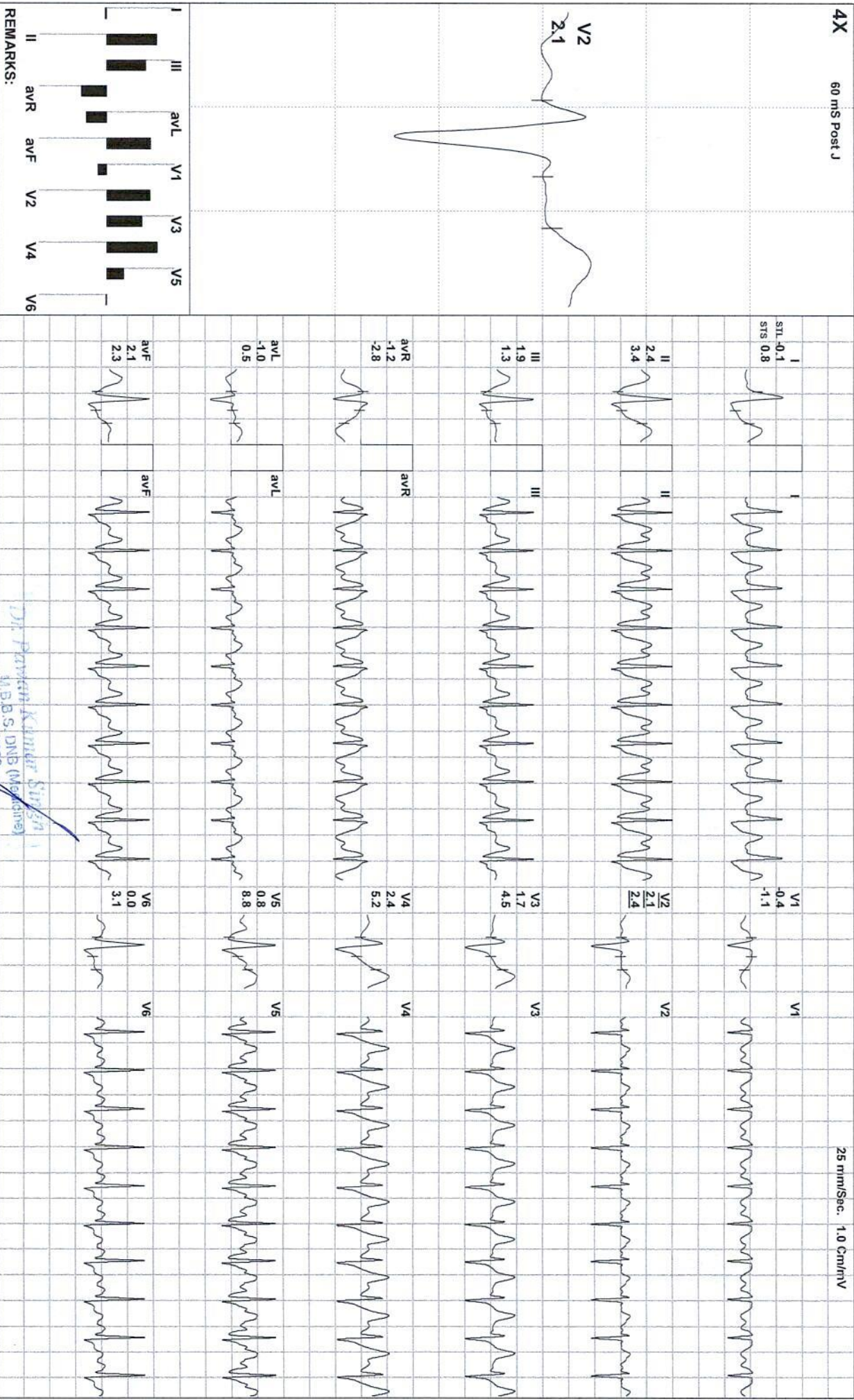
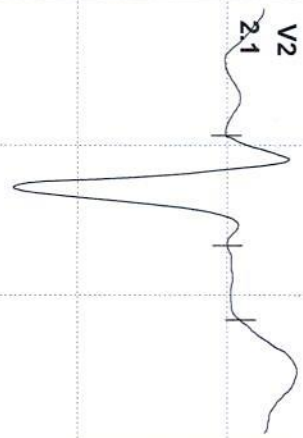


BHARAT MISHRA / 30 Yrs / M / 174 Cms / 72 Kg / HR : 179

Date: 11 / 01 / 2023 09:42:08 AM METS: 10.2 / 179 bpm 94% of THR BP: 126/84 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

4X 60 mS Post J

ExtTime: 09:00 3.4 mph 14.0%
25 mm/Sec. 1.0 Cm/mV



REMARKS:

Dr. Pawan Kumar Singh
M.B.B.S., DNB (Medicine)

UP:ICR-01350

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(ADX_GEM217220330)(R)Allengers

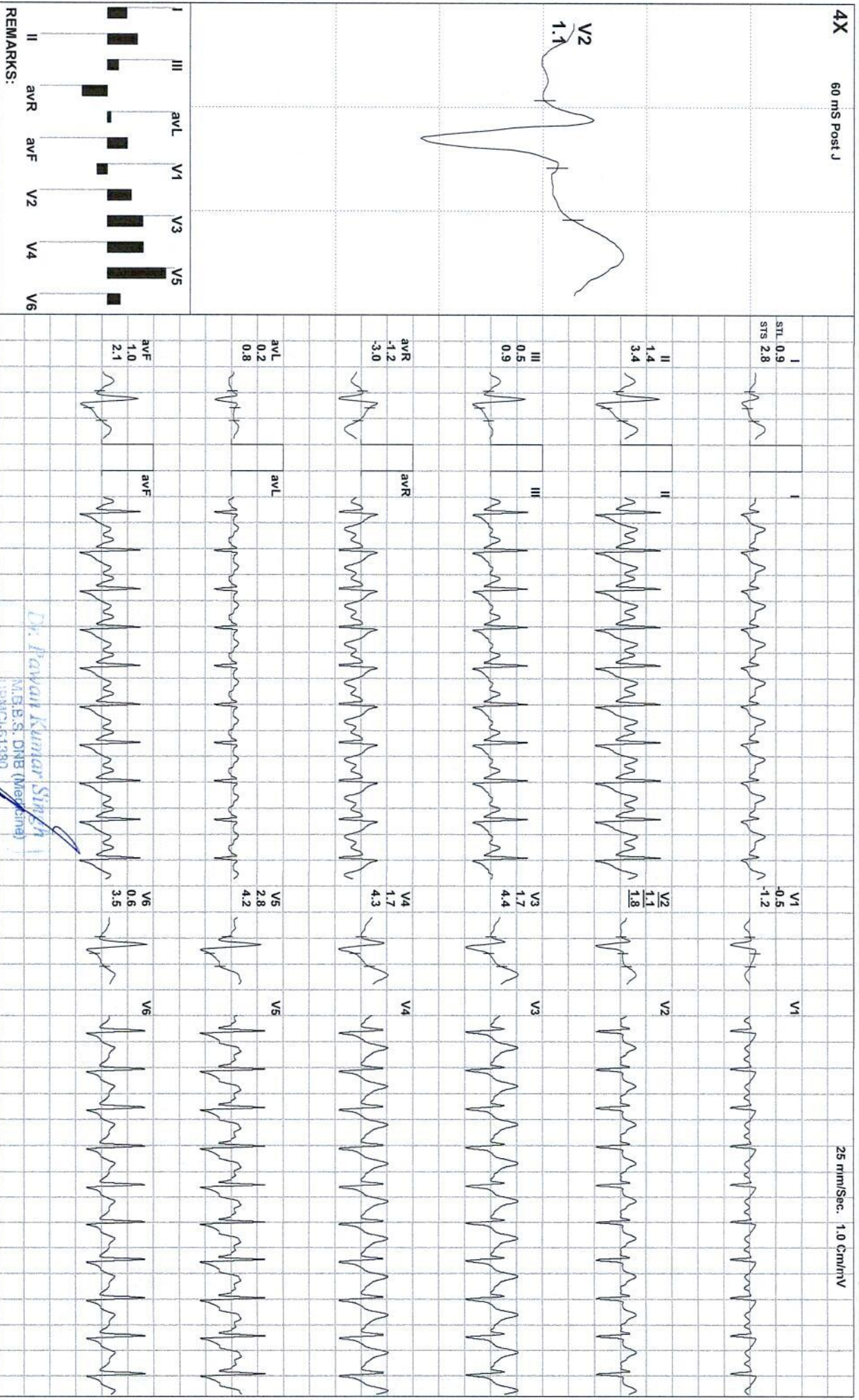
BHARAT MISHRA / 30 Yrs / M / 174 Cms / 72 Kg / HR : 193

Date: 11 / 01 / 2023 09:42:08 AM METS: 12.1 / 193 bpm 102% of THR BP: 128/86 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 10:42 4.2 mph, 16.0%

4X 60 ms Post J

25 mm/Sec. 1.0 Cm/mV



REMARKS:

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IPD/MCH/61380

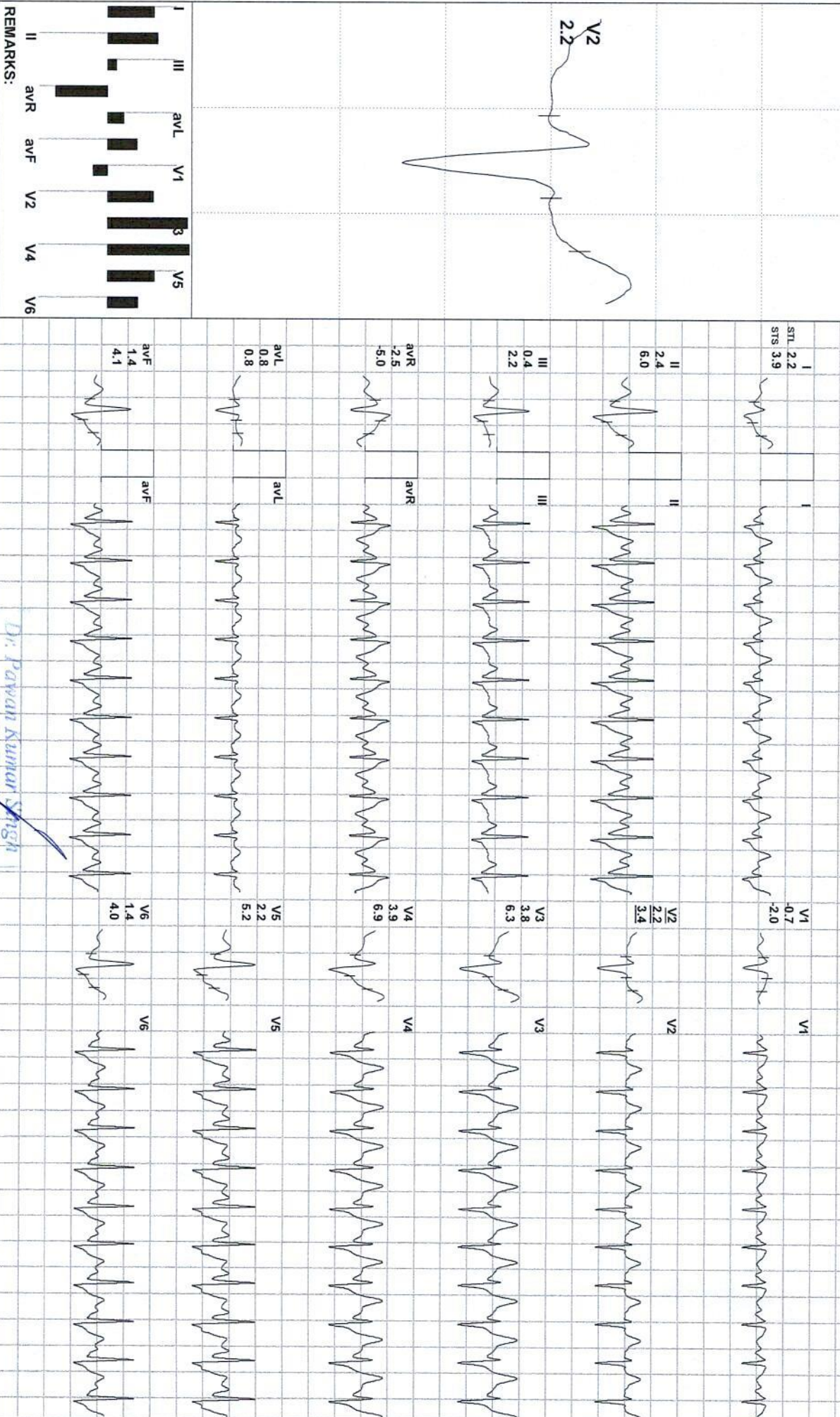
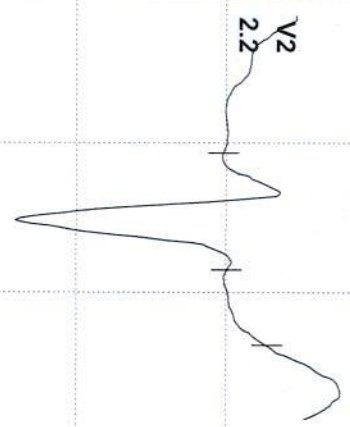
Director & Consultant Physician
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(ADX_GEM217220330)(R)Allengers



Date: 11 / 01 / 2023 09:42:08 AM METS: 7.3/ 180 bpm 95% of THR BP: 128/86 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 HZ/LF 35 HZ ExtTime: 10:42 1.1 mph, 0.0%

4X 60 mS Post J 25 mm/Sec. 1.0 Cm/mV



REMARKS:

Dr. Pawan Kumar Singh
 (M.D. D.S. DNB (Medicine))
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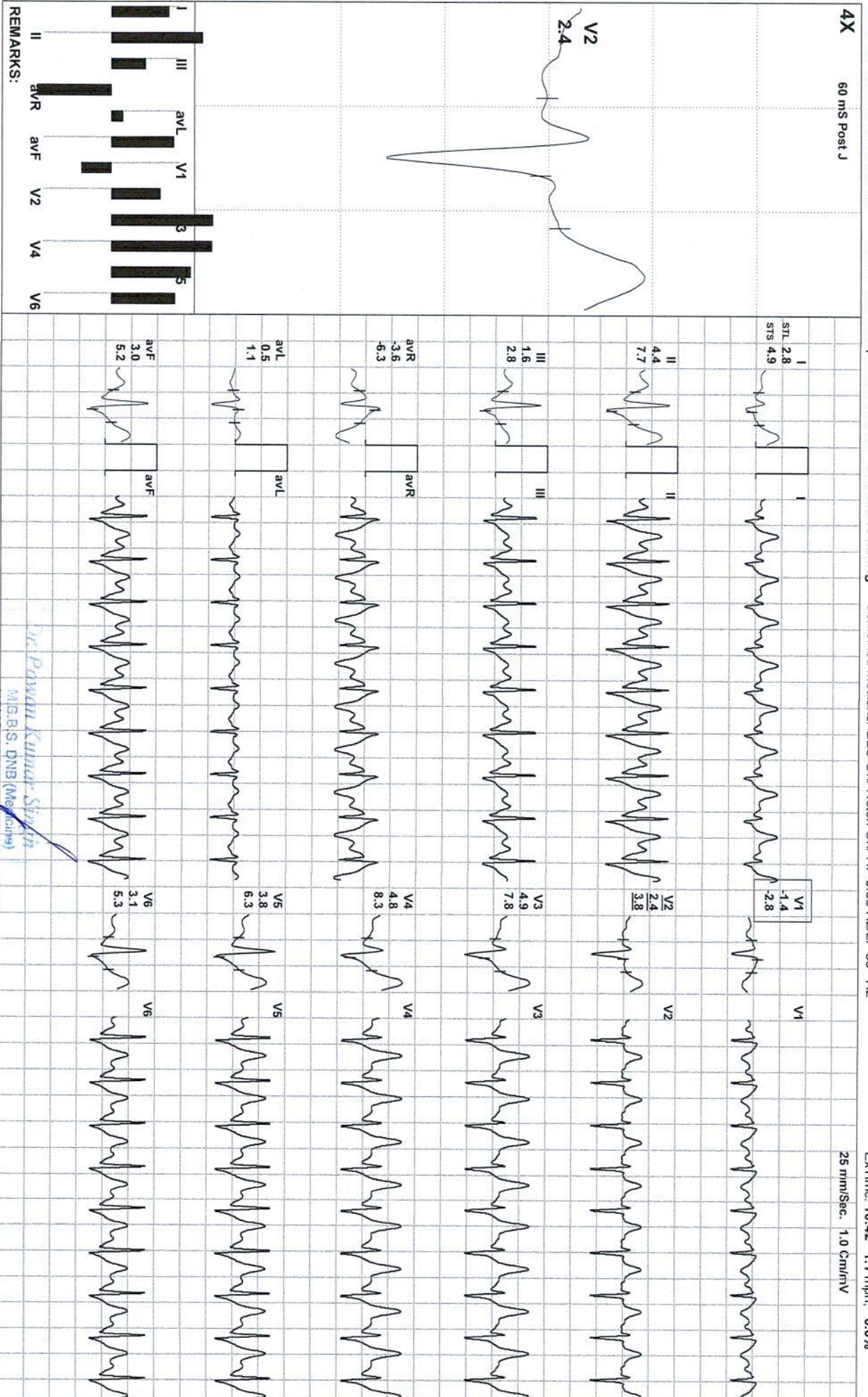
(ADX_GEM217220330)(R)Allergens



BHARAT MISHRA / 30 Yrs / M / 174 Cms / 72 Kg / HR : 167

Date: 11 / 01 / 2023 09:42:08 AM METS: 4.3/ 167 bpm 88% of THR BP: 128/86 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 HZ/LF 35 HZ

EXTime: 10:42 1.1 mph, 0.0%



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Gated, JPK Hospital & Trauma Centre Fw. Etn

(ADX_GEM217220330)(R)Allengers

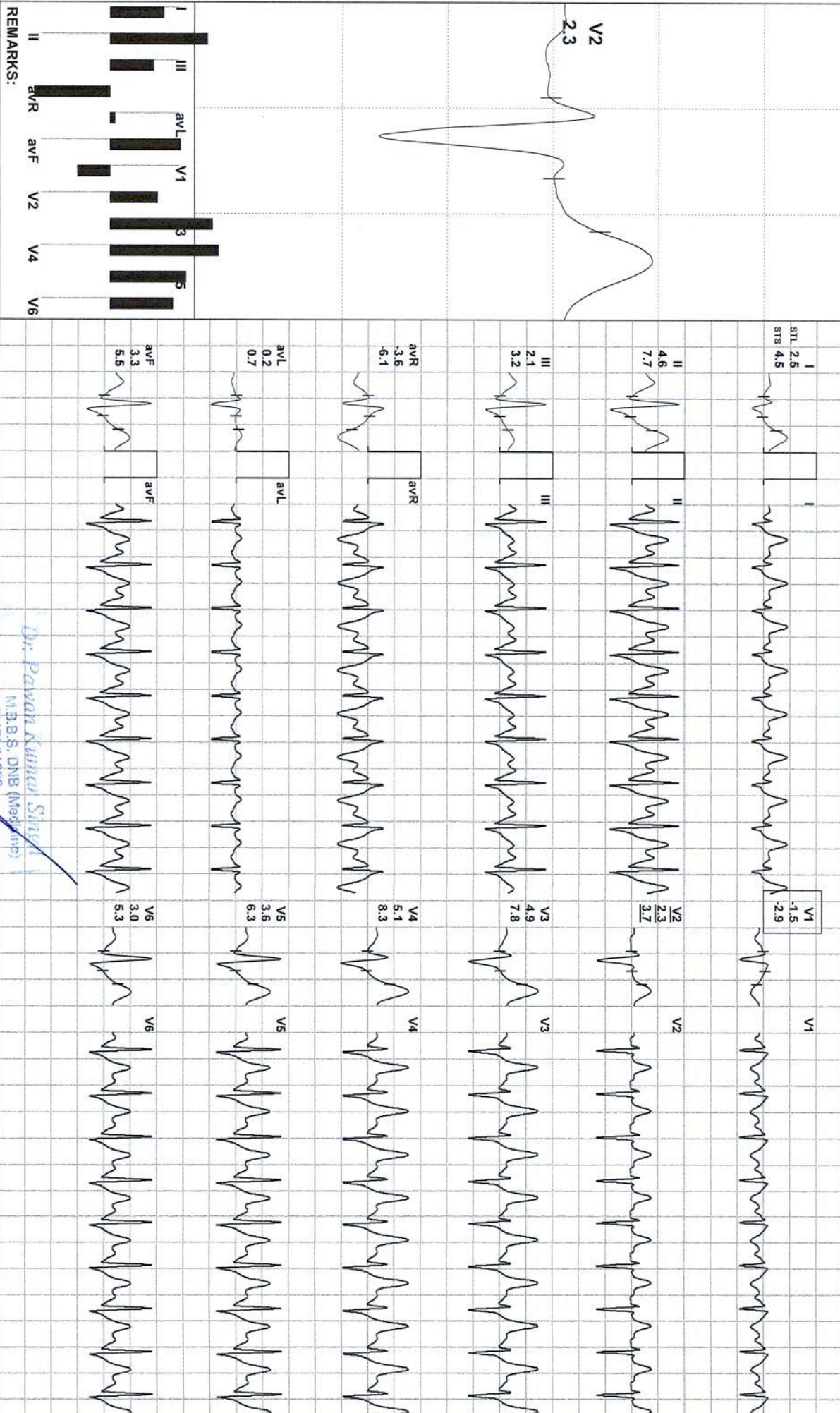


Date: 11 / 01 / 2023 09:42:08 AM METS: 3.2/ 167 bpm 88% of THR BP: 128/86 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 10:42 0.0 mph, 0.0%

4X 60 ms Post J

25 mm/Sec. 1.0 Cm/rV



REMARKS:

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DPMSC-01550

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JPK Clinic & Diagnostics
Affiliated to JPK Hospital & Trauma Centre Pvt. Ltd.

(ADX_GEM217220330)(R)/Allengers

BHARAT MISHRA / 30 Yrs / M / 174 Cms / 72 Kg
Date: 11 / 01 / 2023 09:42:08 AM Refd By : SELF Examined By: DR PAWAN KUMAR SINGH

Stage	Time	Duration	Speed(mph)	Elevation	METS	Rate	%THR	BP	RPP	PVC	Comments
Supine	00:05	0:05	00.0	00.0	01.0	097	51 %	120/80	116	00	
Standing	00:11	0:06	00.0	00.0	01.0	097	51 %	120/80	116	00	
HV	00:16	0:05	00.0	00.0	01.0	112	59 %	120/80	134	00	
Warm Up	00:23	0:07	00.0	00.0	01.0	112	59 %	120/80	134	00	
ExStart	00:34	0:11	00.0	00.0	01.0	102	54 %	120/80	122	00	
BRUCE Stage 1	03:34	3:00	01.7	10.0	04.7	116	61 %	122/80	141	00	
BRUCE Stage 2	06:34	3:00	02.5	12.0	07.1	137	72 %	124/82	169	00	
BRUCE Stage 3	09:34	3:00	03.4	14.0	10.2	179	94 %	126/84	225	00	
PeakEx	11:16	1:42	04.2	16.0	12.1	193	102 %	128/86	247	00	
Recovery	11:46	0:30	01.1	00.0	07.3	180	95 %	128/86	230	00	
Recovery	12:16	1:00	01.1	00.0	04.3	167	88 %	128/86	213	00	
Recovery	12:26	1:10	00.0	00.0	03.2	167	88 %	128/86	213	00	

FINDINGS :

Exercise Time : 10:42
Initial HR (ExStrt) : 102 bpm 54% of Target 190
Initial BP (ExStrt) : 120/80 (mm/Hg)
Max Workload Attained : 12.1 Good response to induced stress
Max ST Dep Lead & Avg ST Value: V1 & -1.5 mm in Recovery
Duke Treadmill Score : 10.7
Test End Reasons : Test Complete

Max HR Attained 193 bpm 102% of Target 190
Max BP Attained 128/86 (mm/Hg)
VO2Max : 42.4 ml/Kg/min (Good)

REPORT :

TEST OBJECTIVE

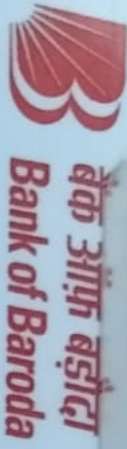
ROUTINE CHECK UP


Dr. Pawan Kumar Singh
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 UFMCH-6139
 Consultant & Consultant Physician
 JPK Clinic & Diagnostics
 44, Unit of JPK Hospital & Trauma Centre Pvt. Ltd

Doctor : DR PAWAN KUMAR SINGH

RISK FACTOR	:	NONE
ACTIVITY	:	VERY ACTIVE
MEDICATION	:	NONE
REASON FOR TERMINATION	:	TEST COMPLETE
EXERCISE TOLERANCE	:	GOOD
EXERCISE INDUCED ARRHYTHMIAS	:	NO
HAEMODYNAMIC RESPONSE	:	NORMAL
CHRONOTROPIC RESPONSE	:	NORMAL
FINAL IMPRESSION	:	STRESS TEST IS NEGATIVE FOR EXERCISE INDUCED ISCHAEMIC HEART DISEASE


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नाम- भरत मिश्र

Name - BHARAT MISHRA

कर्मचारी कूट क्र- 119936

E.C.No. - 119936

जारीकर्ता प्राधिकारी
Issuing Authority



धारक के हस्ताक्षर
Signature of Holder



 GPS Map Camera



Sultanpur, Uttar Pradesh, India

736G+G53, Lal Diggī Rd, Civil Line,

Sultanpur, Uttar Pradesh 228001, India

Lat 26.261286°

Long 82.075421°

11/01/23 04:45 PM GMT +05:30