



SINCE 1994

# NADKARNI PATHOLOGY LABORATORY

Dr. Mrs. Sangeeta V. Nadkarni

Consulting Pathologist (MMC Reg. No. 53839)

Add Reg. No. : 1872/2000

E-mail : healthcare.nadkarni@gmail.com

Consultant Pathologist • SHASHWAT HOSPITAL



MAIN LABORATORY : 1, Indraprastha Chambers, Ground Floor, Near Amber Hall, Karve Road, Pune 411 038. Ph. : 97635 93646, 8983 7777 93 • Timings : Monday to Saturday 7 am to 8 pm

Reg No : 202202091430435 / OPD  
Name : Mr. AKHIL JAIN  
Referred Dr : MEDI WHEEL

Sex / Age : Male / 32Y  
Reg Date : 26/02/2022 10:55 AM  
Report Date : 26/02/2022 12:22 PM

## CLINICAL PATHOLOGY

| Test Name                      | Result      | Unit | Reference Range |
|--------------------------------|-------------|------|-----------------|
| <b>URINE ANALYSIS REPORT</b>   |             |      |                 |
| Quantity                       | 10          | ml   |                 |
| Colour                         | Pale Yellow |      |                 |
| Appearance                     | Clear       |      |                 |
| <b>Chemical Examination</b>    |             |      |                 |
| Albumin                        | Absent      |      |                 |
| Sugar                          | Absent      |      |                 |
| Bile Pigments                  | Absent      |      |                 |
| Urobilinogen                   | Normal      |      |                 |
| Reaction                       | Acidic      |      |                 |
| Acetone-Ketone                 | Negative    |      |                 |
| Nitrite                        | Negative    |      |                 |
| <b>Microscopic Examination</b> |             |      |                 |
| RBCs                           | Absent      |      |                 |
| PUS Cells                      | 1-2         |      |                 |
| Epithelial Cells               | 2-3         |      |                 |
| Casts                          | Absent      |      |                 |
| Other Findings                 | NIL         |      |                 |

End of Report

*SvNadkarni*

Dr Sangeeta Nadkarni  
Pathologist

MD (PATH)

Dr. (Mrs.) Sangeeta V. Nadkarni  
Consultant Pathologist MD (Path.)  
MMC Reg.No.53839

1, Indraprastha Chambers,  
Ground Floor, Opp. Kirloskar Kisan,  
Karve Road, Kothrud, Pune-411038  
Tel.: 8983777793 / 9763593646

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HOME VISIT AVAILABLE BY APPOINTMENT

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Off. Karve Road, Kothrud, Pune - 38. Ph. : 2545 7347, 8983 7777 92  
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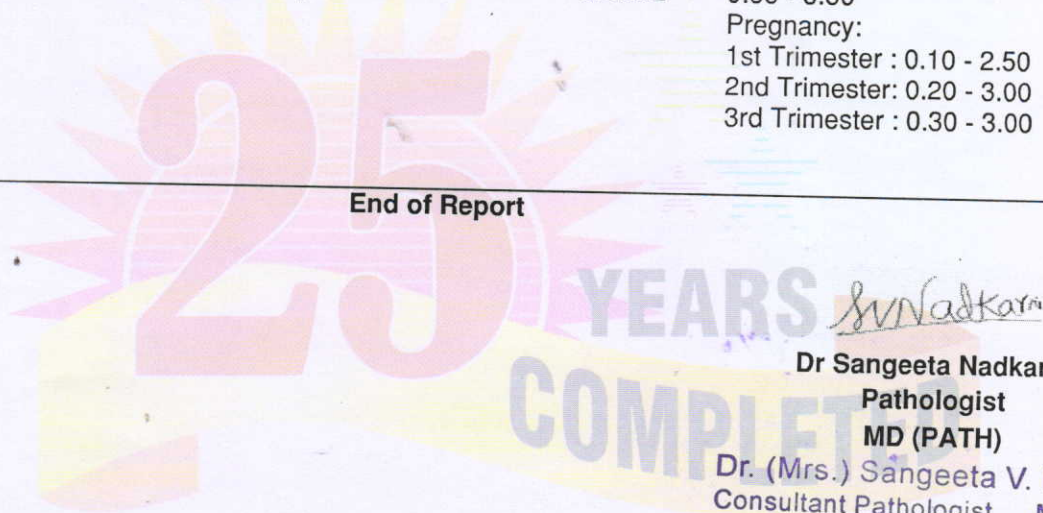
Sex / Age : Male / 32Y

Reg Date : 26/02/2022 10:55 AM

Report Date : 26/02/2022 06:16 PM

**SPECIAL TEST**

| Test Name                                | Result | Unit   | Reference Range   |
|--|--------|--------|---|
| <b>Thyroid Panel - I</b>                 |        |        |   |
| Serum T3 (Tri-Iodothyronine)             | 1.5    | ng/mL  | 0.70 - 2.04<br>Pregnancy:<br>1st Trimester : 0.81 - 1.90<br>2nd Trimester: 1.00 - 2.60<br>3rd Trimester : 1.00 - 2.60 |
| Serum T4 (Thyroxine)                     | 8.35   | ug/dL  | 5.5 - 12.5  |
| Thyroid Stimulating Hormones (Ultra TSH) | 4.6    | uIU/mL | 0.35 - 5.50<br>Pregnancy:<br>1st Trimester : 0.10 - 2.50<br>2nd Trimester: 0.20 - 3.00<br>3rd Trimester : 0.30 - 3.00 |

**End of Report****Dr Sangeeta Nadkarni**

Pathologist

MD (PATH)

Dr. (Mrs.) Sangeeta V. Nadkarni  
Consultant Pathologist MD (Path.)

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Name : Mr. AKHIL JAIN

Referred Dr : MEDI WHEEL

Sex / Age : Male / 32Y

Reg Date : 26/02/2022 10:55 AM

Report Date : 26/02/2022 01:34 PM

### BIOCHEMISTRY

| Test Name                    | Result | Unit | Reference Range  |
|------------------------------|--------|------|--|
| HbA1C                        | 5.4    | %    | Non Diabetic : 04 - 06<br>Excellent Control : 06 - 07 %<br>Fair Control : 07 - 08%<br>Unsatisfactory : 08 - 10%<br>Poor Control: Above 10% |
| Estimated Mean Glucose (eAg) | 108.28 | mg%  | 70 - 140   |

#### Interpretation :

Glycosylated Haemoglobin is accurate and true index of the " Mean Blood Glucose Level in the body for the previous 2-3 months.

HbA1c is an indicator of glycemic control. HbA1c represent average glycemia over the past six to eight weeks.

Glycation of hemoglobin occurs the entire 120 days life span of the red blood cell, but within this 120 days.

Recent glycemia has the largest influence on the HbA1c value.

Clinical studies suggest that a patient in stable control will have 50% of their HbA1c formed in the month before sampling, 25% in the month before that, and the remaining 25% in months 2-4.

End of Report

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## BIOCHEMISTRY

| Test Name                  | Result | Unit  | Reference Range   |
|----------------------------|--------|-------|---|
| <b>LIPID PROFILE</b>       |        |       |   |
| S. Cholesterol             | 170    | mg/dl | Desirable Chol: 200mg/DI Borderline Chol: 200-239mg/DI High Chol: >240mg/DI                   |
| S. Triglycerides           | 133    | mg/dl | Upto 190  |
| HDL Cholesterol            | 45     | mg/dL | 30 - 70   |
| LDL Cholesterol            | 98.4   | mg/dl | Upto 150  |
| VLDL Cholesterol           | 26.6   | mg/dl | 07 to 35  |
| S.Cholesterol/HDL Ratio    | 3.78   |       | LOW RISK - 3.3 To 4.4 AVERAGE RISK - 4.4 TO 7.1 MODERATE RISK - 7.1 TO 11.1 HIGH RISK - >11.0 |
| LDL Chole/HDL Chole        | 2.19   |       | LOW RISK - 0.5 To 3.0 MODERATE RISK - 3.0 TO 6.0 HIGH RISK - >6.0                             |
| S. Triglycerides/HDL Chole | 2.96   |       | Desirable : < 3.00  |

### Note :

Cholesterol : CHOD PAP; HDL Cholesterol: Direct ; LDL:Direct Measurement ; Triglycerides :GPO;  
(\*\*The Above Reference range is Desirable/Optimal Range )

End of Report

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### BIOCHEMISTRY

| Test Name                  | Result      | Unit  | Reference Range                                  |
|----------------------------|-------------|-------|--|
| <b>Liver Function Test</b> |             |       |  |
| Bilirubin- Total           | 0.70        | mg/dl | 0.1 - 1.2  |
| Bilirubin- Direct          | <b>0.50</b> | mg/dL | 0.0 - 0.4  |
| Bilirubin- Indirect        | 0.20        | mg/dL | 0.1 - 0.8  |
| SGPT                       | 40.0        | IU/L  | 05 - 40  |
| SGOT                       | 39.0        | IU/L  | 05 - 40  |
| Alkaline Phosphatase       | 74          | IU/L  | Male : 53 -128<br>Child : 54 -369<br>Neo: 54-369 |
| Total Proteins             | 7           | gm/dl | 6.0 - 8.0  |
| Serum Albumin              | 4.1         | gm/dl | 3.2 -5.5   |
| Serum Globulin             | 2.9         | gm/dl | 2.3 -3.5   |
| AVG ratio                  | 1.41        |       | 1.0 -2.3   |
| GGTP                       | 21          |       | 05 -50   |

End of Report

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 Pathologist

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Reg No : 202203091430034 / OPD  
Name : Mr. AKHIL JAIN  
Referred Dr : MEDIWHEEL

Sex / Age : Male / 32Y  
Reg Date : 02/03/2022 05:25 PM  
Report Date : 02/03/2022 05:28 PM

## BIOCHEMISTRY

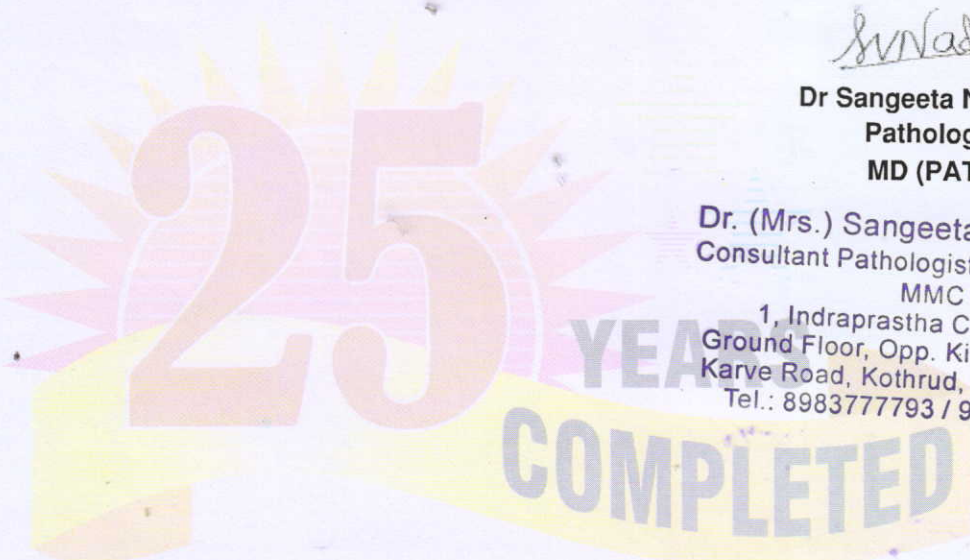
| Test Name                                    | Result | Unit  | Reference Range |
|--|--------|-------|-----------------|
| <b>Blood Sugar Fasting and Post Prandial</b> |        |       |                 |
| Blood Sugar Fasting                          | 107    | mg/dl | 70 - 110        |
| Blood Sugar Post Prandial                    | 118    | mg/dl | Upto 140        |

End of Report

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## HAEMATOLOGY

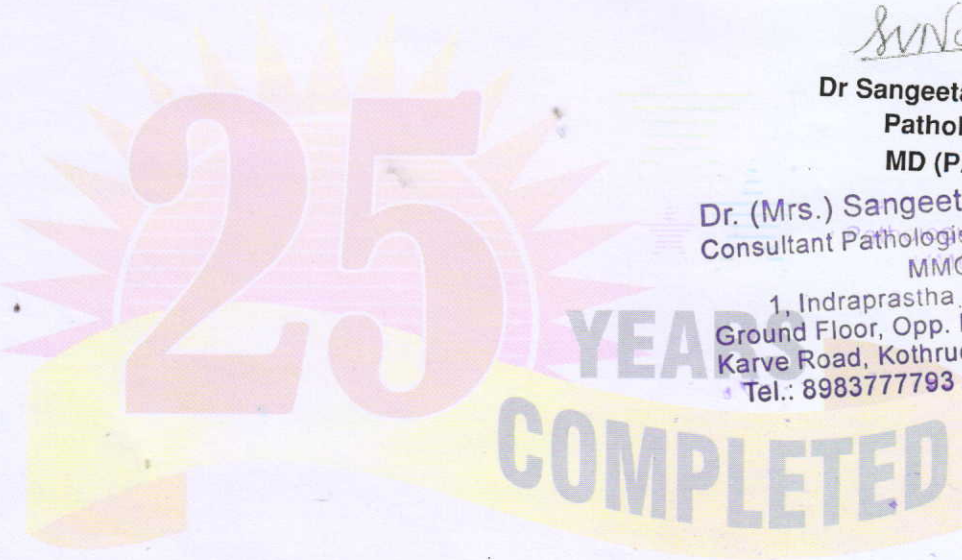
| Test Name   | Result   | Unit | Reference Range |
|-------------|----------|------|-----------------|
| Blood Group |          |      |                 |
| ABO Type    | O        |      |                 |
| Rh (D) Type | POSITIVE |      |                 |

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## HAEMATOLOGY

| Test Name                             | Result   | Unit     | Reference Range  |
|---------------------------------------|--|----------|--|
| <b>HAEMOGRAM ON CELL COUNTER</b>      |  |          |  |
| HAEMOGLOBIN                           | 13.2   | gm/dl    | 12.5-18  |
| RBC COUNT                             | 4.7  | mill/cmm | 4.5 - 6.5  |
| PACKED CELL VOLUME (PCV)              | 40   | %        | 37 - 54  |
| MCV                                   | 85.29  | fL       | 82 - 98  |
| MCH                                   | 28.1   | pgms     | 27 - 33  |
| MCHC                                  | 33   | %        | 32 - 36  |
| <b>Total WBC count</b>                | 4800   | /cmm     | 4500- 11000  |
| <b>Differential Leucocytes Counts</b> |  |          |  |
| Neutrophil                            | 58   | %        | 50 - 70  |
| Lymphocytes                           | 38   | %        | 20 - 40  |
| Monocytes                             | 02   | %        | 0 - 12   |
| Eosinophils                           | 02   | %        | 02 - 06  |
| Basophils                             | 00   | %        | 00 - 01  |
| <b>Platelet Count*</b>                | 150000   | /cmm     | 150000 - 450000  |
| RBC Morphology                        | NORMOCYTIC & NORMOCHROMIC                            |          |  |
| WBC Morphology                        | NO ABNORMALITY SEEN                                  |          |  |
| Platelet Morphology                   | ADEQUATE   |          |  |
| Peripheral Smear Examination          | NEGATIVE FOR MALARIAL PARASITE                       |          |  |
| E.S.R.                                | 05   |          | M : 0 mm to 7 mm<br>F : 0 mm to 15 mm<br>( by Wintrobe's ) |
| Instrument Used                       | Fully Automated Biosystem Cell Counter SYSMEX XP-100 |          |  |

**End of Report**

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 Pathologist

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PATIENT ID : 806/2022 HEIGHT : 181 Cm WEIGHT : 77.00 Kg  
 PATIENT NAME : Mr Akhil Jain 32/M

PROTOCOL : BRUCE  
 STAGE : Recovery

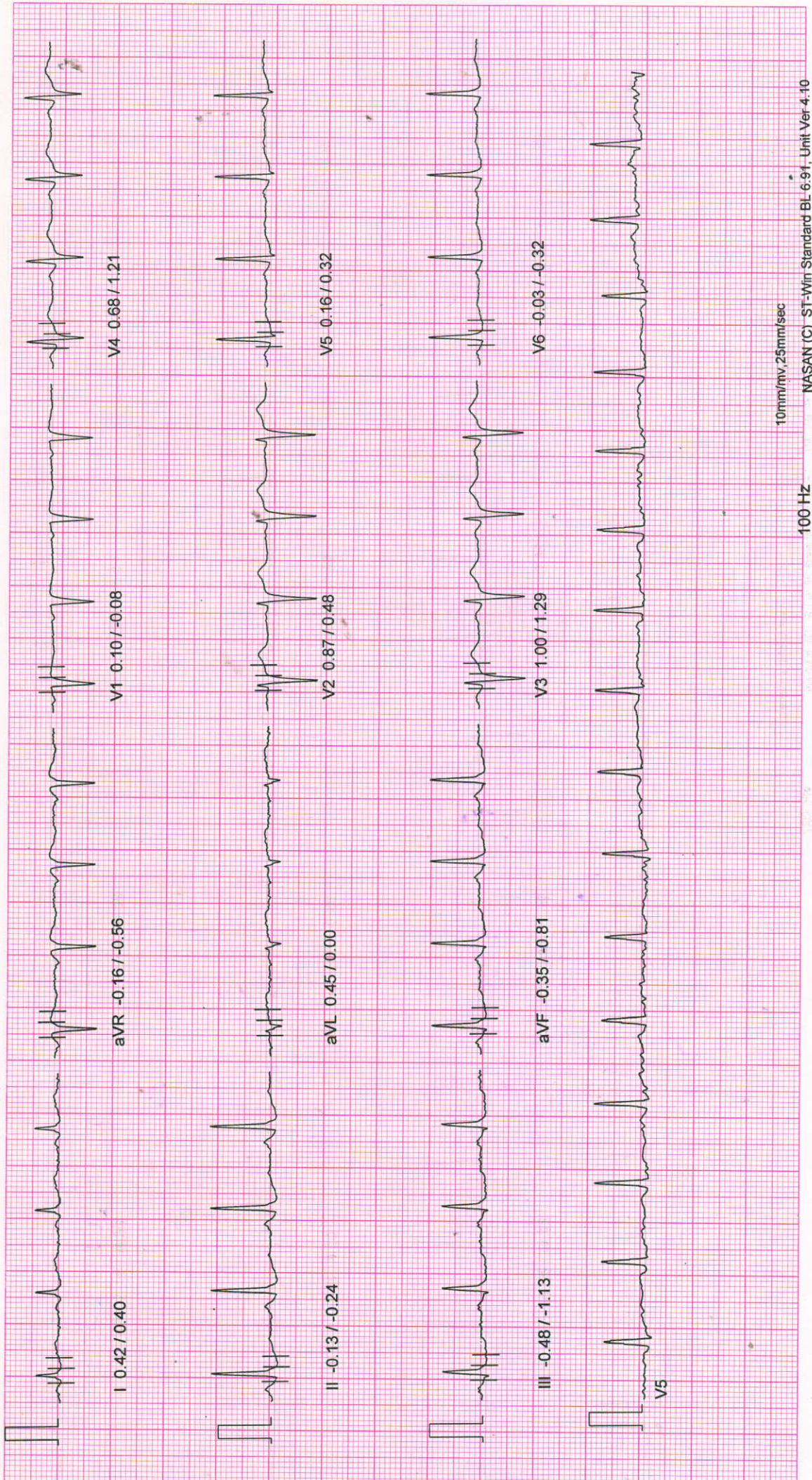
ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

February 26, 2022 02:12 pm  
 Report time : 02:29 pm

PHASE TIME : 09:10  
 STAGE DURATION : 06:00  
 HR : 96 bpm  
 QRS Lead : V5

SPEED: 0.0 kmph  
 GRADE: 0.0  
 BP : 120 / 80 mmHg  
 METs : 1.00

Linked Median Report



10mm/mv, 25mm/sec

100 Hz

NASAN (C) ST-Win Standard BL 6.97, Unit Ver 4.10



# NADKARNI PATHOLOGY LABORATORY

PATIENT ID : 806/2022 HEIGHT : 181 Cm WEIGHT : 77.00 Kg

PATIENT NAME : Mr Akhil Jain 32/M

PROTOCOL : BRUCE

STAGE : Recovery

ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

## Linked Median Report

February 26, 2022 02:12 pm

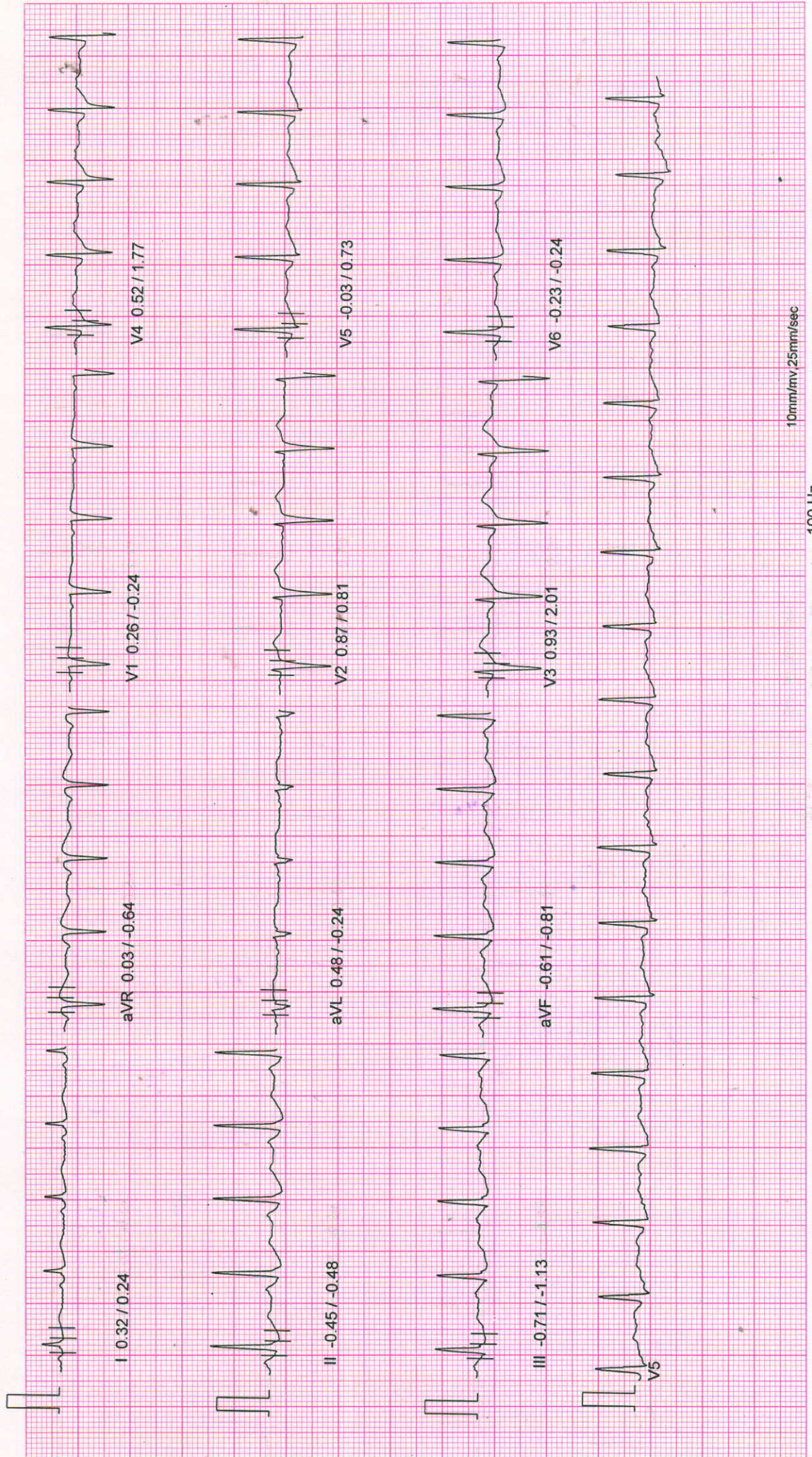
Report time : 02:26 pm

PHASE TIME : 09:10 SPEED: 0.0 kmph

STAGE DURATION : 03:00 GRADE: 0.0

HR : 107 bpm BP : 140 / 80 mmHg

QRS Lead : V5 METs : 1.00





# NADKARNI PATHOLOGY LABORATORY

PATIENT ID : 806/2022 HEIGHT : 181 Cm WEIGHT : 77.00 Kg

PATIENT NAME : Mr Akhil Jain 32/M

PROTOCOL : BRUCE

STAGE : Exercise Stage 3

ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

February 26, 2022 02:12 pm

Report time : 02:22 pm

PHASE TIME : 09:00

SPEED: 5.5 kmph

STAGE DURATION : 03:00

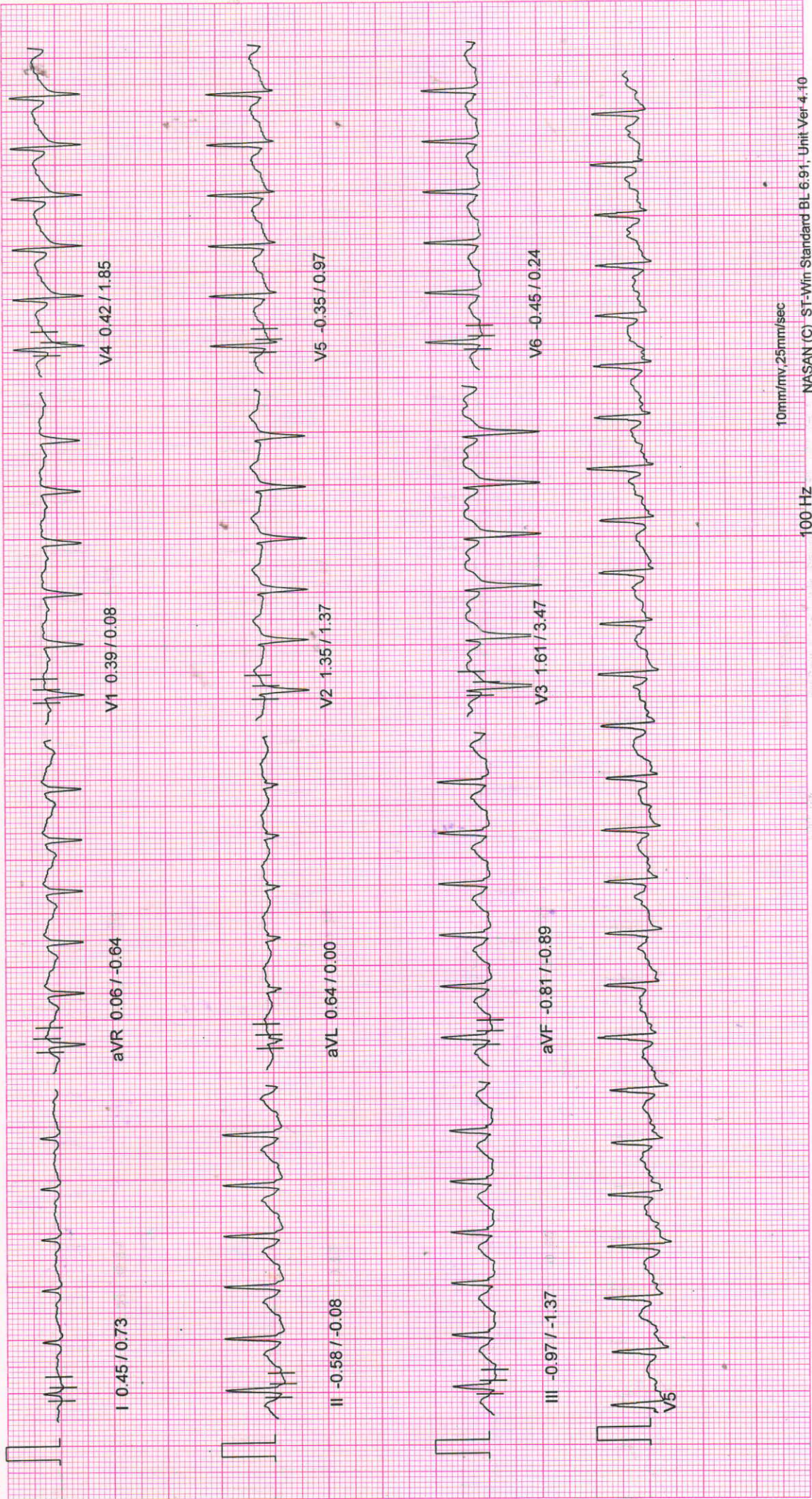
GRADE: 14.0

HR : 154 bpm

BP : 160 / 80 mmHg

QRS Lead : V5

METs : 10.60





# NADKARNI PATHOLOGY LABORATORY

PATIENT ID : 806/2022 HEIGHT : 181 Cm WEIGHT : 77.00 Kg

PATIENT NAME : Mr Akhil Jain 32/M

PROTOCOL : BRUCE

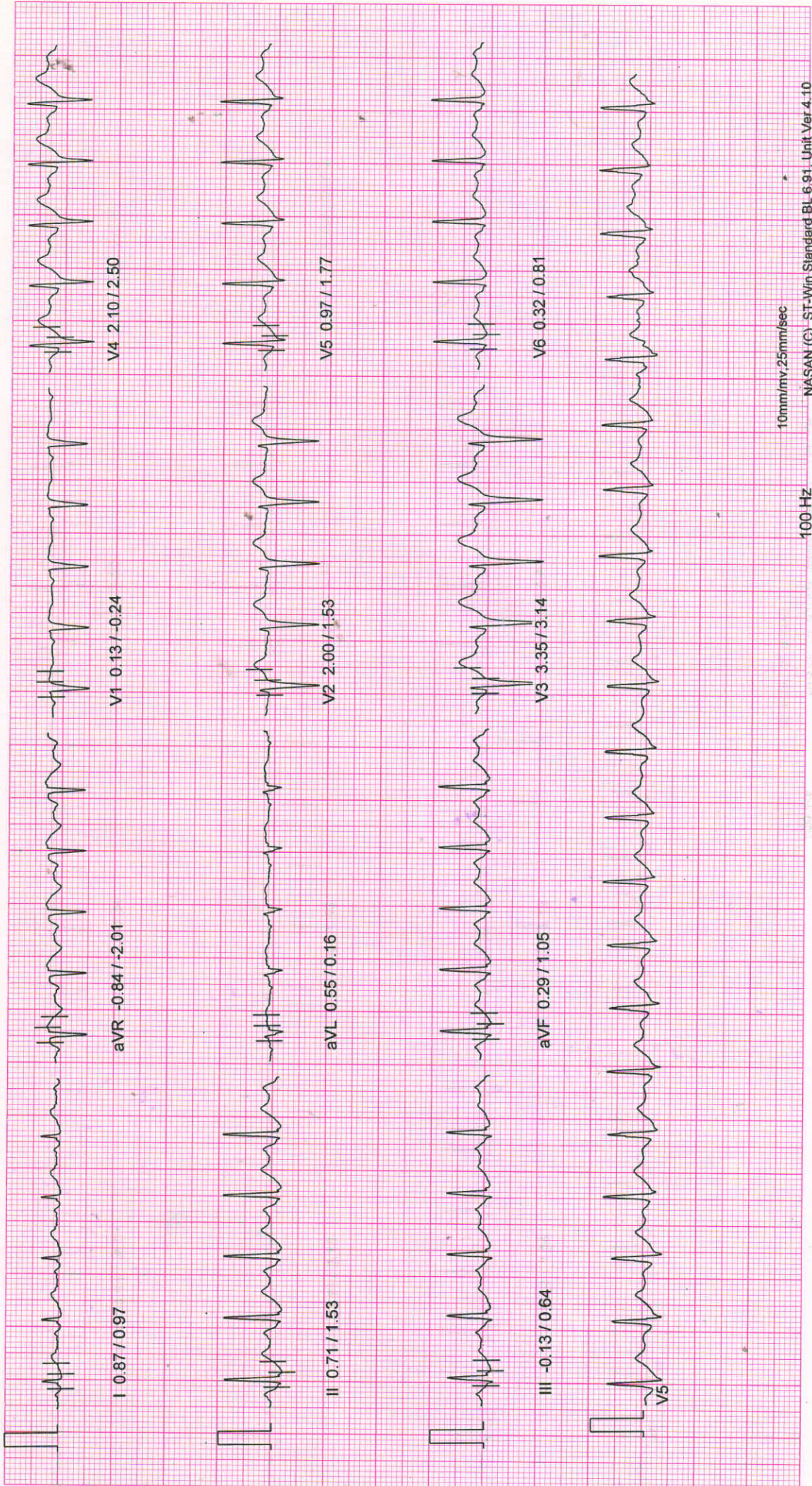
STAGE : Recovery

ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

February 26, 2022 02:12 pm

Report time : 02:24 pm

PHASE TIME : 09:10 SPEED: 0.0 kmph  
STAGE DURATION : 01:00 GRADE: 0.0  
HR : 133 bpm BP : 150 / 80 mmHg  
QRS Lead : V5 METs : 1.00



10mm/mv, 25mm/sec

100 Hz

NASAN (C) - ST-Win Standard BL 6.91, Unit Ver 4.10



# NADKARNI PATHOLOGY LABORATORY

PATIENT ID : 806/2022 HEIGHT : 181 Cm WEIGHT : 77.00 Kg

PATIENT NAME : Mr Akhil Jain 32/M

PROTOCOL : BRUCE

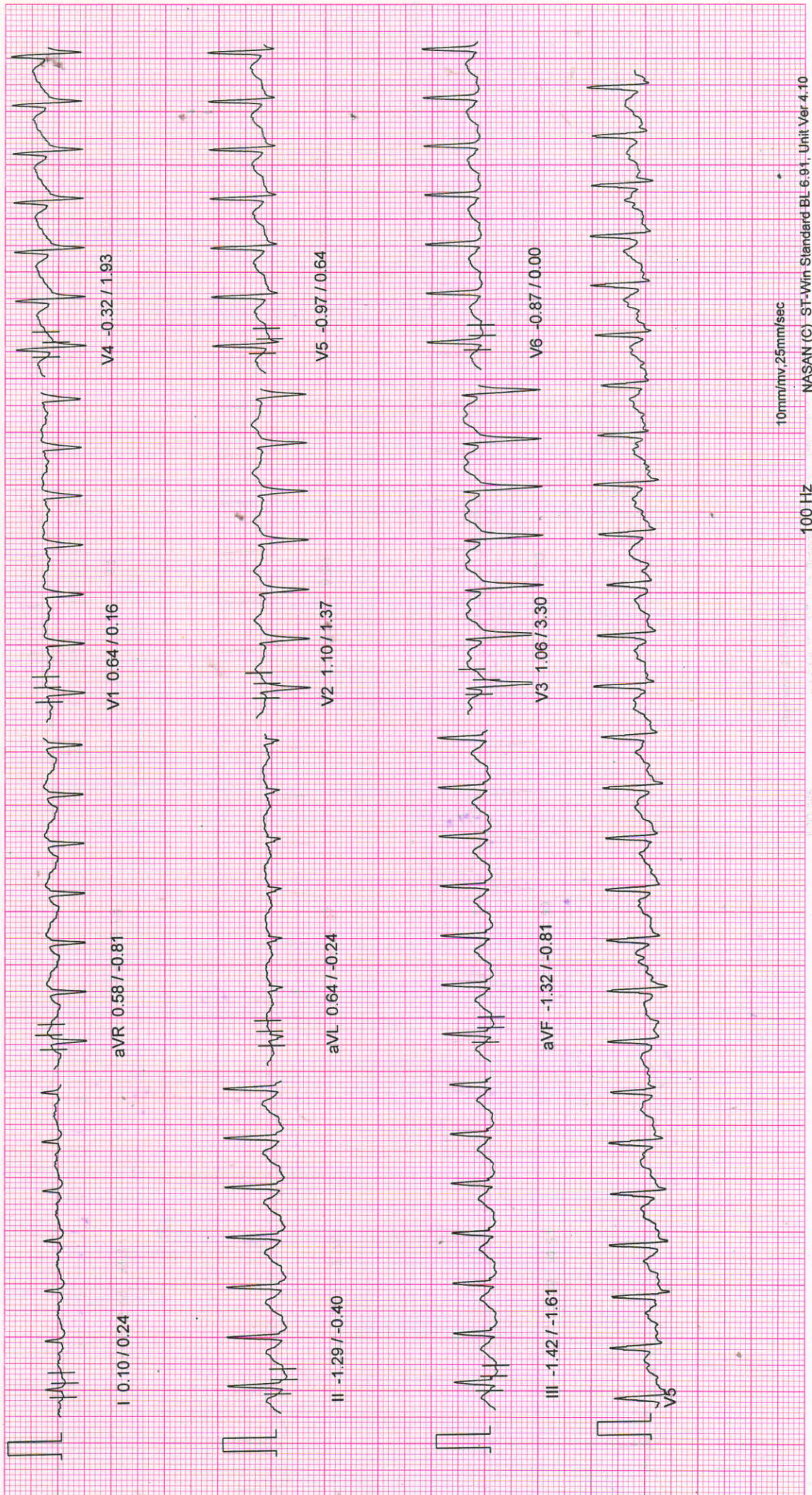
STAGE : Peak Exercise

ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

February 26, 2022 02:12 pm  
Report time : 02:23 pm

PHASE TIME : 09:10 SPEED: 6.8 kmph  
STAGE DURATION : 00:10 GRADE: 16.0  
HR : 160 bpm BP : 160 / 80 mmHg  
QRS Lead : V5 METS : 10.60

## Linked Median Report



10mm/mv, 25mm/sec

100 Hz

NASAN (C) - ST-Win Standard BL 6.91 - Unit Ver 4.10



# NADKARNI PATHOLOGY LABORATORY

PATIENT ID : 806/2022 HEIGHT : 181 Cm WEIGHT : 77.00 Kg

PATIENT NAME : Mr Akhil Jain 32/M

PROTOCOL : BRUCE

STAGE : Exercise Stage 2

ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

February 26, 2022 02:12 pm  
Report time : 02:19 pm

PHASE TIME : 06:00

STAGE DURATION : 03:00

HR : 121 bpm

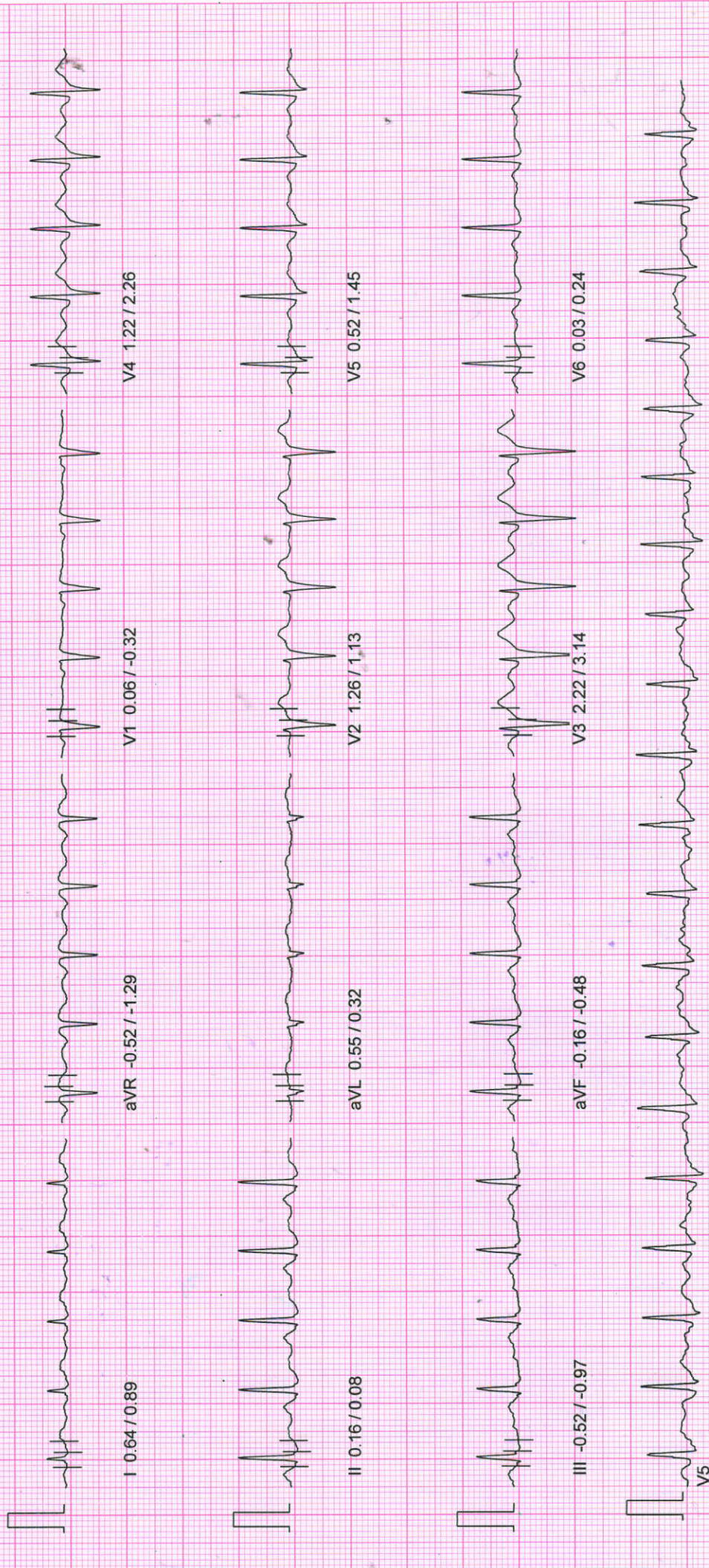
QRS Lead : V5

SPEED: 4.0 kmph

GRADE: 12.0

BP : 130 / 80 mmHg

METS : 8:00



10mm/mv, 25mm/sec

100 Hz

NASAN (C) ST-Win Standard BL 6.91, Unit Ver 4.10



# NADKARNI PATHOLOGY LABORATORY

PATIENT ID : 806/2022 HEIGHT : 181 Cm WEIGHT : 77.00 Kg

PATIENT NAME : Mr Akhil Jain 32/M

PROTOCOL : BRUCE

STAGE : Exercise Stage 1

ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

February 26, 2022 02:12 pm

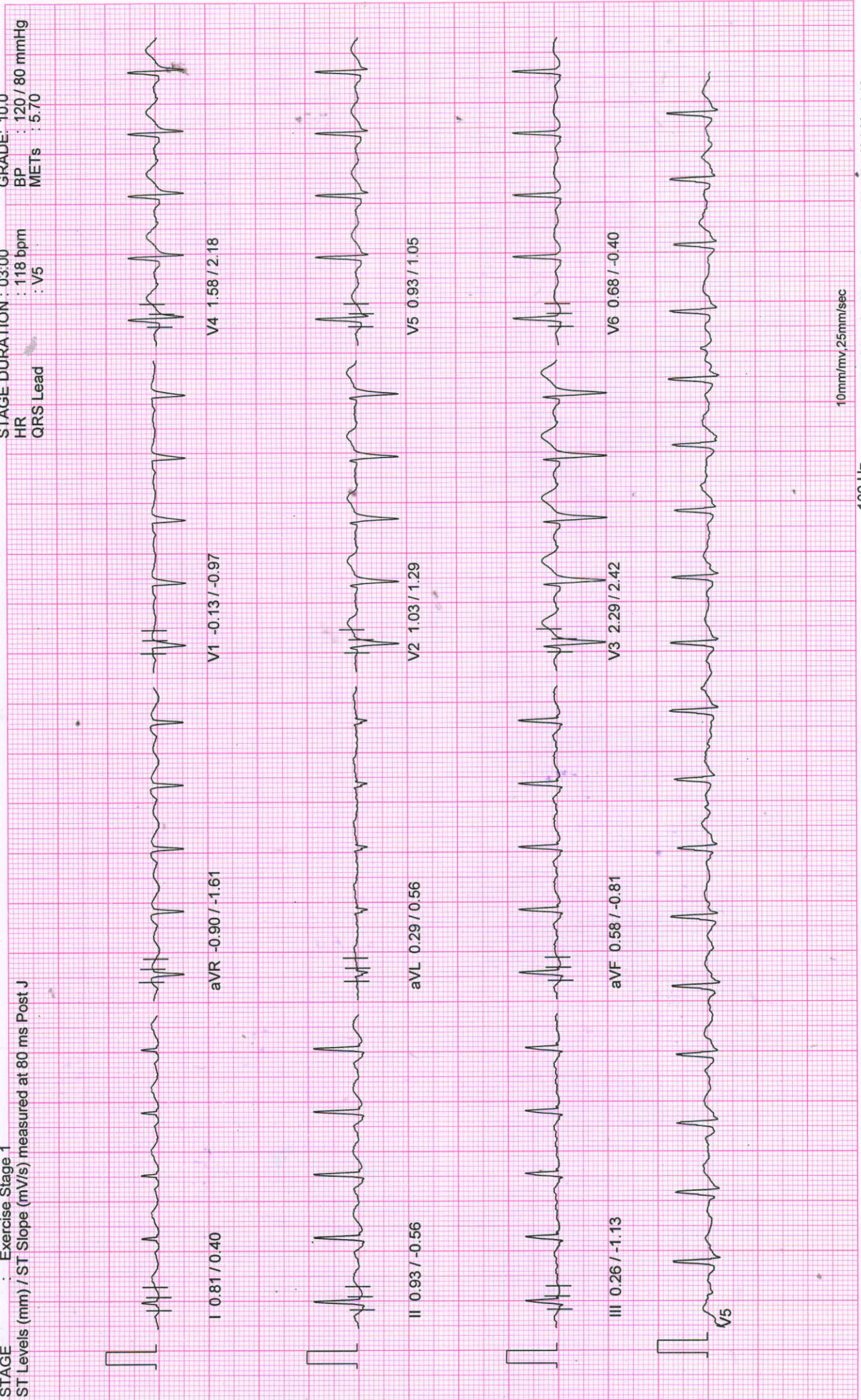
Report time : 02:16 pm

PHASE TIME : 03:00 SPEED: 2.7 kmph

STAGE DURATION : 03:00 GRADE: 10.0

HR : 118 bpm BP : 120 / 80 mmHg

QRS Lead : V5 METs : 5.70



10mm/mv, 25mm/sec

100 Hz

NASAN (C) ST-Win Standard BL 6.91, Unit Ver 4.10



# NADKARNI PATHOLOGY LABORATORY

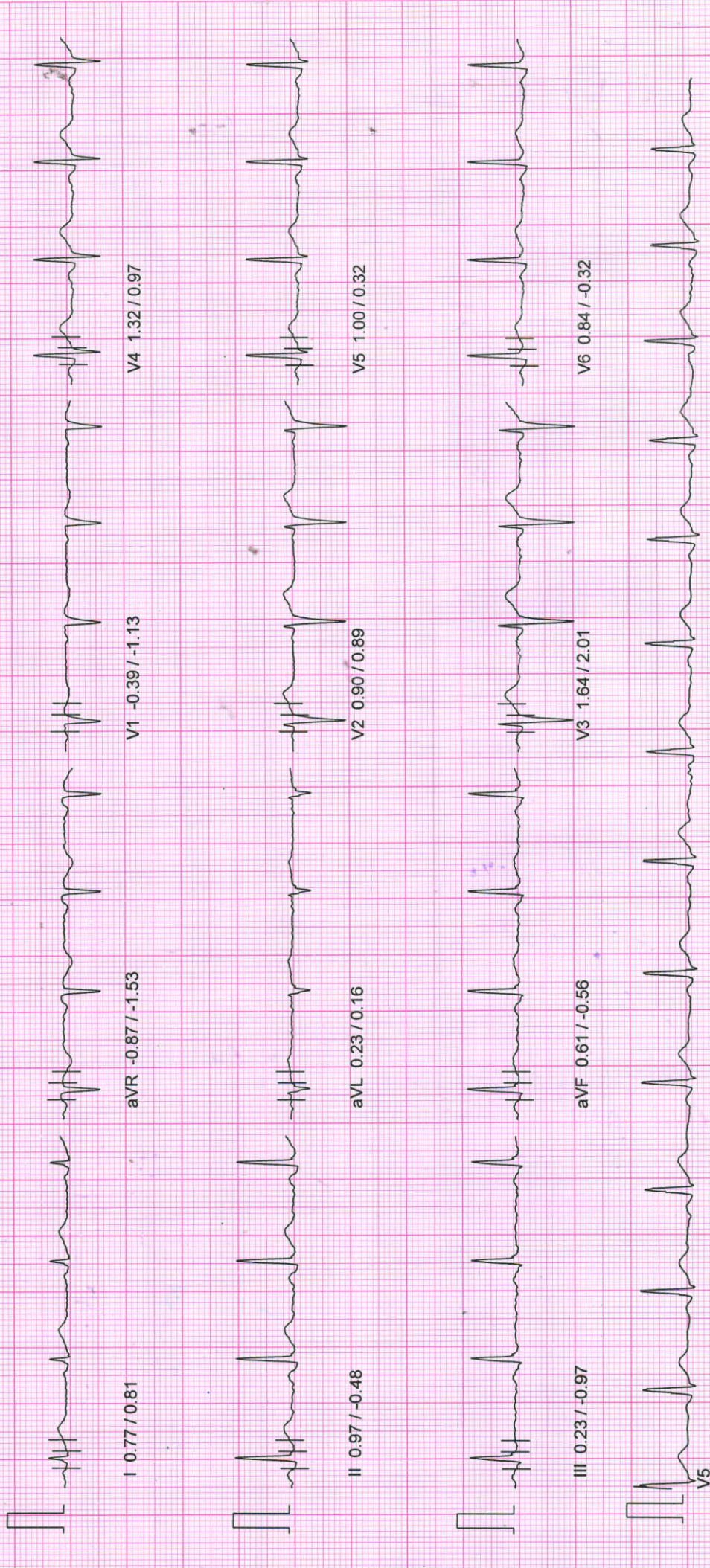
PATIENT ID : 806/2022 HEIGHT : 181 Cm WEIGHT : 77.00 Kg  
PATIENT NAME : Mr Akhil Jain 32/M

February 26, 2022 02:12 pm  
Report time : 02:13 pm

PROTOCOL : BRUCE  
STAGE : Wait For Exercise

PHASE TIME : 01:25 SPEED: 0.0 kmph  
STAGE DURATION : 00:00 GRADE: 0.0  
HR : 87 bpm BP : 120 / 80 mmHg  
QRS Lead : V5 METs : 3.40

ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J



10mm/mv, 25mm/sec

100 Hz

NASAN (C) ST-Win Standard BL 6.91, Unit Ver 4.10



# NADKARNI PATHOLOGY LABORATORY

PATIENT ID : 806/2022 HEIGHT : 181 Cm WEIGHT : 77.00 Kg

PATIENT NAME : Mr Akhil Jain 32/M

PROTOCOL : BRUCE

STAGE : HyperVentilation

ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

February 26, 2022 02:12 pm  
Report time : 02:13 pm

PHASE TIME : 01:10

STAGE DURATION : 00:00

HR : 85 bpm

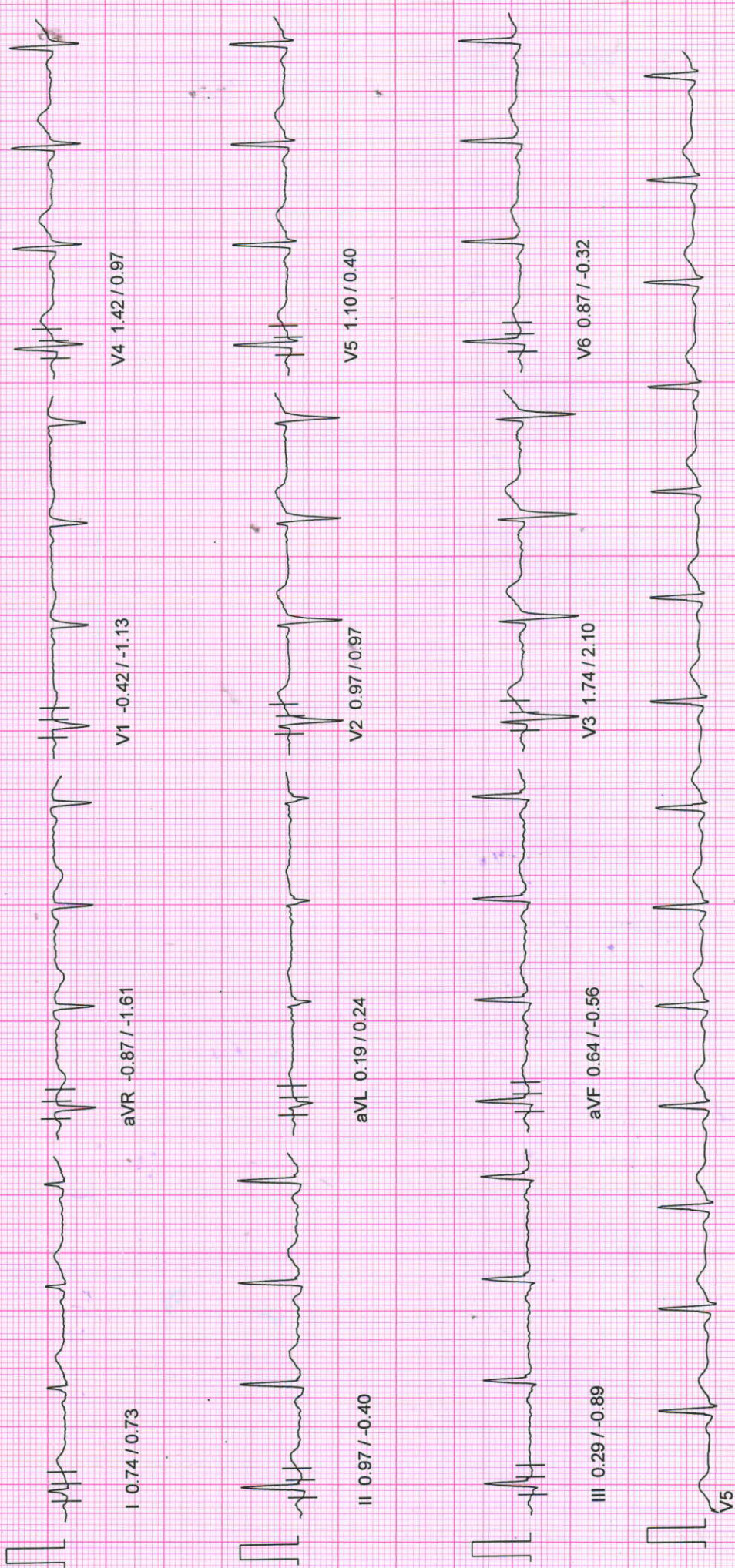
QRS Lead : V5

SPEED: 0.0 kmph

GRADE: 0.0

BP : 120 / 80 mmHg

METS : 1.00



10mm/mv, 25mm/sec

100 Hz

NASAN (C) ST-Win Standard BL 6.91, Unit Ver 4.10



# NADKARNI PATHOLOGY LABORATORY

February 26, 2022 02:12 pm  
Report time : 02:13 pm

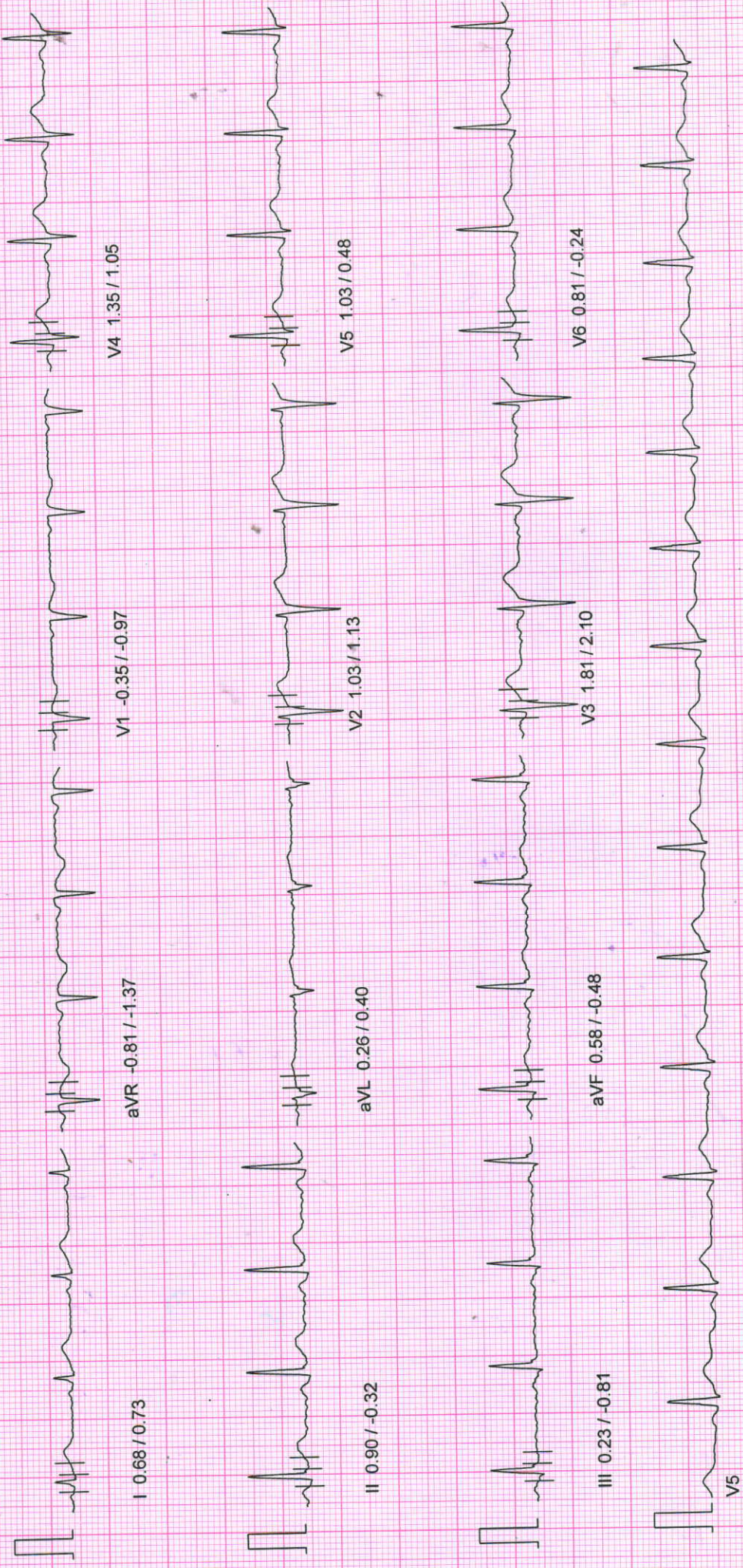
Linked Medián Report

PATIENT ID : 806/2022 HEIGHT : 181 Cm WEIGHT : 77.00 Kg

PATIENT NAME : Mr Akhil Jain 32/M

PROTOCOL : BRUCE  
STAGE : Standing  
ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

PHASE TIME : 00:54 SPEED: 0.0 kmph  
STAGE DURATION : 00:00 GRADE: 0.0  
HR : 84 bpm BP : 120 / 80 mmHg  
QRS Lead : V5 METs : 1.00



10mm/mv, 25mm/sec

100 Hz

NASAN (C) ST-Win Standard BL 6.91, Unit Ver 4.10



# NADKARNI PATHOLOGY LABORATORY

PATIENT ID : 806/2022 HEIGHT : 181 Cm WEIGHT : 77.00 Kg

Linked Medián Report

February 26, 2022 02:12 pm  
Report time : 02:13 pm

PATIENT NAME : Mr Akhil Jain 32/M

PROTOCOL : BRUCE

STAGE : Supine

ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

PHASE TIME : 00:36

STAGE DURATION : 00:00

HR : 88 bpm

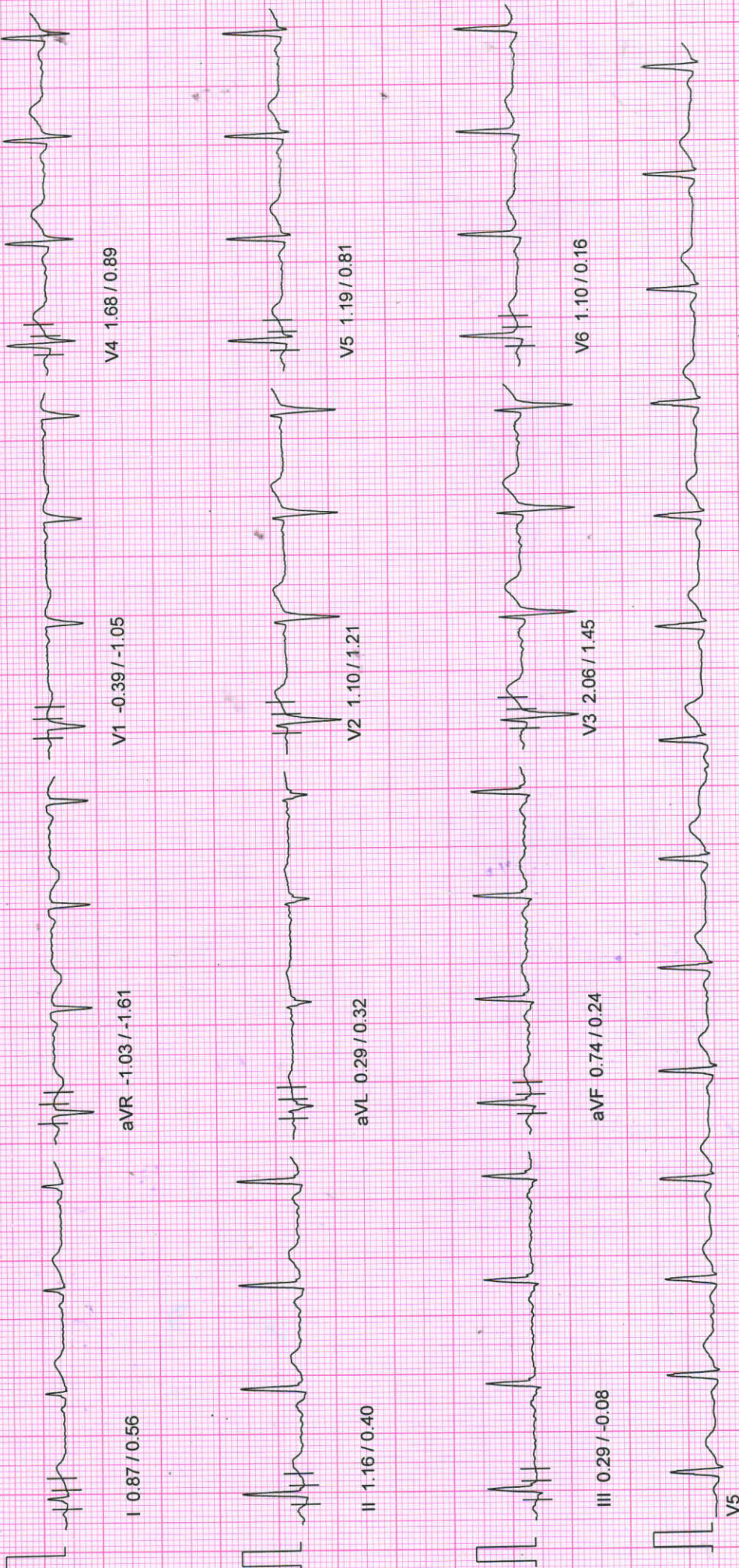
QRS Lead : V5

SPEED: 0.0 kmph

GRADE: 0.0

BP : 120 / 80 mmHg

METS : 1.00



*Akhil Jain*



# NADKARNI PATHOLOGY LABORATORY

February 26, 2022 02:12 pm  
Report time : 02:12 pm

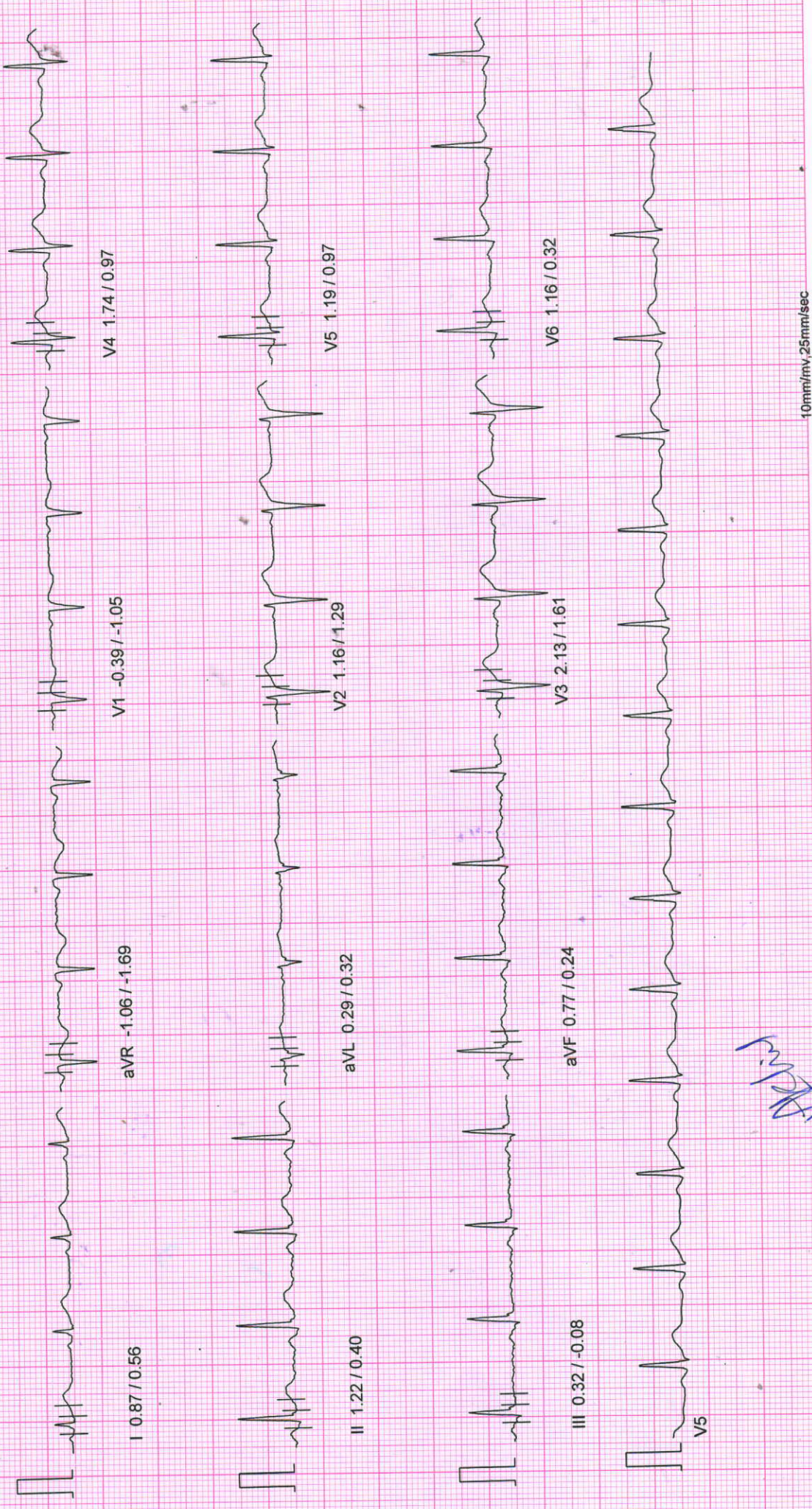
Linked Median Report

PATIENT ID : 806/2022 HEIGHT : 181 Cm WEIGHT : 77.00 Kg

PATIENT NAME : Mr Akhil Jain 32/M

PROTOCOL : BRUCE  
STAGE : Pre-Test  
ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

PHASE TIME : 00:20 SPEED: 0.0 kmph  
STAGE DURATION : 00:00 GRADE: 0.0  
HR : 89 bpm BP : 120 / 80 mmHg  
QRS Lead : V5 METs : 1.00



10mm/mv, 25mm/sec

100 Hz

NASAN (C) ST-Win Standard BL 6.91, Unit Ver 4.10



# NADKARNI PATHOLOGY LABORATORY

February 26, 2022      02:12 pm  
Report time                      02:12 pm

ST Tables

PATIENT ID : 806/2022    HEIGHT : 181 Cm    WEIGHT : 77.00 Kg  
PATIENT NAME : Mr Akhil Jain 32/M

PROTOCOL : BRUCE

## ST LEVELS

| Phase             | I   | II   | III  | aVR  | aVL | aVF  | V1   | V2  | V3  | V4   | V5   | V6   |
|-------------------|-----|------|------|------|-----|------|------|-----|-----|------|------|------|
| Pre-Test          | 0.9 | 1.2  | 0.3  | -1.1 | 0.3 | 0.8  | -0.4 | 1.2 | 2.1 | 1.7  | 1.2  | 1.2  |
| Supine            | 0.9 | 1.2  | 0.3  | -1.0 | 0.3 | 0.7  | -0.4 | 1.1 | 2.1 | 1.7  | 1.1  | 1.1  |
| Standing          | 0.7 | 0.9  | 0.2  | -0.8 | 0.3 | 0.6  | -0.4 | 1.0 | 1.8 | 1.4  | 1.0  | 0.8  |
| HyperVentilation  | 0.7 | 1.0  | 0.3  | -0.9 | 0.2 | 0.6  | -0.4 | 1.0 | 1.7 | 1.4  | 1.1  | 0.9  |
| Wait For Exercise | 0.7 | 0.9  | 0.3  | -0.8 | 0.2 | 0.6  | -0.4 | 0.9 | 1.6 | 1.3  | 1.0  | 0.8  |
| Exercise Stage 1  | 0.8 | 0.9  | 0.3  | -0.9 | 0.3 | 0.5  | -0.1 | 1.0 | 2.3 | 1.6  | 0.9  | 0.7  |
| Exercise Stage 2  | 0.8 | 0.1  | -0.7 | -0.5 | 0.7 | -0.3 | -0.1 | 1.4 | 2.1 | 1.3  | 0.6  | -0.0 |
| Exercise Stage 3  | 0.5 | -0.3 | -0.9 | -0.1 | 0.7 | -0.6 | 0.5  | 1.6 | 2.1 | 0.8  | -0.2 | -0.5 |
| Peak Exercise     | 0.1 | -1.3 | -1.5 | 0.6  | 0.7 | -1.4 | 0.6  | 1.1 | 1.0 | -0.4 | -0.8 | -0.7 |
| Recovery 1        | 0.7 | 0.7  | -0.1 | -0.7 | 0.5 | 0.4  | 0.2  | 1.9 | 3.2 | 2.0  | 0.9  | 0.3  |
| Recovery 3        | 0.3 | -0.4 | -0.5 | -0.0 | 0.4 | -0.4 | 0.3  | 0.7 | 0.8 | 0.4  | -0.1 | -0.3 |
| Recovery 6        | 0.4 | -0.3 | -0.6 | -0.2 | 0.5 | -0.4 | 0.2  | 0.7 | 0.7 | 0.4  | 0.1  | -0.2 |

## ST SLOPES

| Phase             | I    | II   | III  | aVR  | aVL  | aVF  | V1   | V2   | V3  | V4  | V5  | V6   |
|-------------------|------|------|------|------|------|------|------|------|-----|-----|-----|------|
| Pre-Test          | 0.6  | 0.4  | -0.1 | -1.7 | 0.3  | 0.2  | -1.0 | 1.3  | 1.6 | 1.0 | 1.0 | 0.3  |
| Supine            | 0.6  | 0.4  | -0.1 | -1.6 | 0.3  | 0.2  | -1.0 | 1.2  | 1.5 | 0.9 | 0.8 | 0.2  |
| Standing          | 0.7  | -0.3 | -0.8 | -1.4 | 0.4  | -0.5 | -1.0 | 1.1  | 2.1 | 1.0 | 0.5 | -0.3 |
| HyperVentilation  | 0.7  | -0.4 | -0.9 | -1.6 | 0.2  | -0.6 | -1.1 | 1.0  | 2.1 | 1.0 | 0.4 | -0.3 |
| Wait For Exercise | 0.7  | -0.5 | -0.9 | -1.5 | 0.2  | -0.6 | -1.1 | 0.9  | 2.0 | 1.0 | 0.3 | -0.3 |
| Exercise Stage 1  | 0.4  | -0.5 | -1.0 | -1.5 | 0.6  | -0.7 | -0.9 | 1.4  | 2.4 | 2.2 | 1.0 | -0.2 |
| Exercise Stage 2  | 1.0  | -0.1 | -0.9 | -1.5 | 0.7  | -0.5 | -0.6 | 1.5  | 2.8 | 2.3 | 1.4 | 0.3  |
| Exercise Stage 3  | 0.9  | 0.8  | -0.1 | -1.3 | 0.2  | 0.6  | -0.4 | 1.0  | 2.5 | 2.0 | 0.7 | 0.4  |
| Peak Exercise     | 0.2  | 0.2  | -1.0 | -0.8 | 0.0  | -0.3 | 0.1  | 1.3  | 3.2 | 1.5 | 0.6 | 0.4  |
| Recovery 1        | 1.0  | 1.4  | 0.2  | -2.0 | -0.1 | 0.8  | -0.1 | 1.7  | 3.5 | 2.7 | 1.6 | 0.6  |
| Recovery 3        | 0.3  | -1.6 | -2.3 | -1.0 | -0.3 | -1.9 | -0.2 | 0.6  | 2.3 | 1.7 | 0.4 | -1.0 |
| Recovery 6        | -0.2 | -1.5 | -1.4 | -0.9 | 0.5  | -1.6 | -0.2 | -0.3 | 0.9 | 0.9 | 0.2 | -0.8 |



# NADKARNI PATHOLOGY LABORATORY

indraprastha chamber, ground floor, karve road, PUNE-411038

Report time : 02:12 pm  
February 26, 2022

## Summary Report

PATIENT ID : 806/2022  
PATIENT NAME : Mr Akhil Jain 32/M

Ref. By : Mediwheel

PROTOCOL : BRUCE

PATIENT HEIGHT : 181 Cm

PATIENT WEIGHT : 77.00 Kg

PATIENT ADD. : pune

( Mediwheel )

| Stage             | StageSpeed (Kmph) / Time Grade (%) | HR bpm | BP mmHg  | R.P.P. X 1000 | METS  | ST Level I | Stage Comments |
|-------------------|------------------------------------|--------|----------|---------------|-------|------------|----------------|
| Pre-Test          | 00:20 0.00 / 0.00                  | 89     | 120 / 80 | 10            | 1.00  | 0.87       |                |
| Supine            | 00:15 0.00 / 0.00                  | 88     | 120 / 80 | 10            | 1.00  | 0.87       |                |
| Standing          | 00:18 0.00 / 0.00                  | 84     | 120 / 80 | 10            | 1.00  | 0.68       |                |
| HyperVentilation  | 00:15 0.00 / 0.00                  | 85     | 120 / 80 | 10            | 1.00  | 0.74       |                |
| Wait For Exercise | 00:15 0.00 / 0.00                  | 87     | 120 / 80 | 10            | 1.00  | 0.71       |                |
| Exercise Stage 1  | 03:00 2.70 / 10.00                 | 118    | 120 / 80 | 14            | 5.70  | 0.77       |                |
| Exercise Stage 2  | 03:00 4.00 / 12.00                 | 121    | 130 / 80 | 15            | 8.00  | 0.81       |                |
| Exercise Stage 3  | 03:00 5.50 / 14.00                 | 154    | 160 / 80 | 24            | 10.60 | 0.45       |                |
| Peak Exercise     | 00:09 6.80 / 16.00                 | 160    | 160 / 80 | 25            | 10.60 | 0.13       |                |
| Recovery 1        | 01:00 0.00 / 0.00                  | 133    | 150 / 80 | 19            | 1.00  | 0.71       |                |
| Recovery 3        | 03:00 0.00 / 0.00                  | 107    | 140 / 80 | 14            | 1.00  | 0.26       |                |
| Recovery 6        | 06:00 0.00 / 0.00                  | 96     | 120 / 80 | 11            | 1.00  | 0.42       |                |

MAX BP : 160 / 80 mmHg

MAX HR : 163 bpm (86.70 % of 188 bpm)

DOUBLE PRODUCT : 26080.00

TOTAL EXER TIME : 9 : 9 min

MAX WORKLOAD : 10.60

DISTANCE COVERED : 0.63 Km

**Dr. Vivekanand M. Nadkarni**  
M.B.B.S., D.T.M. & H. (Gen.), FCGP, MIOASH  
MMC Reg. No. 42328



**Dr. VIVEKANAND M. NADKARNI**  
M.B.B.S., D.T.M. & H.

Physician  
**Health Care Clinic**  
Varun Complex, Kulkarni Marg, Kothrud  
Pune-411 038.



# NADKARNI PATHOLOGY LABORATORY

indraprastha chamber, ground floor, karve road, PUNE-411038

PATIENT ID : 806/2022

PATIENT NAME : Mr Akhil Jain 32/M

## Summary Report

Report time : 02:12 pm

February 26, 2022

PROTOCOL : BRUCE

Ref. By : Mediwheel

PATIENT HEIGHT : 181 Cm

PATIENT WEIGHT : 77.00 Kg

PATIENT ADD.: pune

OBJECT OF TEST

RISK FACTOR

ACTIVITY

MEDICATION

: Routine check up

: Male

: Sedentary

: Tab Telvas CT LS OD since 6months

Tab Prolomet XL25mg OD since 6months

BRIEF HISTORY

: job profile service

Hypertension detected last 6months

OTHER INVESTIGATION

REASON FOR TERMINATION

EXERCISE TOLERANCE

EXERCISE INDUCED ARRHYTHMIA

HAEMO RESPONSE

CHRONO RESPONSE

FINAL IMPRESSION

: Max HR

: Good

: No

: Normal

: Normal

: Stress test is negative for exercise induced Ischaemic heart disease.

Good Effort Tolerance.

No Arrhythmias seen during test period,

Normal Haemodynamic and Chronotropic responses

**Dr. Vivekanand M. Nadkarni**

M.B.B.S., D.T.M. & H. (Gen.), FCCP, MHO

MMC Reg.No.42322

Physician

Health Care Clinic

Varun Complex, Kulkarni Marg, Kothrud

Pune-411 038.

**Dr. VIVEKANAND M. NADKARNI**

**M.B.B.S., D.T.M.& H.**



R

AKHIL JAIN Male / 32 YRS

Chest PA

26/02/2022 12:40:27 PM

SHRI DASHABHUJA X-RAY CLINIC. PUNE. 020-25468187.





**SHRI DASHABHUJA  
X-RAY CLINIC**

Digital X-Ray (CR System) Available  
OPG Facility Available

GANGAVATARANA, Ground Floor, Plot  
No. 7, S. No. 42 A/1A/2F, Dashbhujja  
Ganesh Colony, Near Dashbhujja  
Ganesh Temple, Next to Mankar Dosa  
Center, Karve Road, Pune. 411038.  
Clinic : 2546 8187, 8308839383  
Res : 2422 1359, 9822041859

**Dr. LALIT P. PATHAK**

M. D. Radiologist  
Reg. No. 52382

Timing : 9.00 a.m. To 1.30 p.m.  
4.30 p.m. To 8.30 p.m.

**SUNDAY CLOSED**

NAME:MR AKHIL JAIN.

DATE:26 2 2022.

REF BY:DR VIVEK NADKARNI.

X RAY CHEST PA VIEW.

Both the domes of the diaphragm are clear & at normal position.  
The heart, the aorta, the mediastinum & the pulmonary vasculature  
reveal no abnormality.

Lungs show no acute or active parenchymal pathology.

Pleural sinuses are clear on both sides.

There is no evidence of any hilar or mediastinal lymphadenopathy.

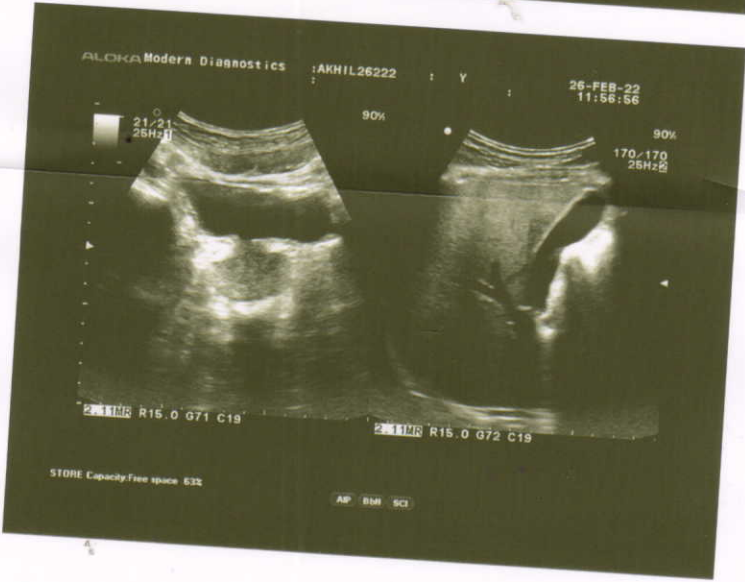
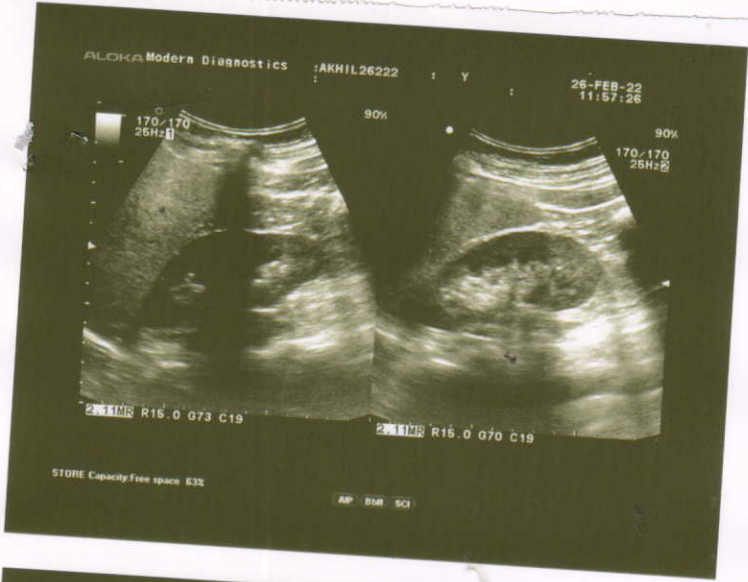
No pathology is evident in the thoracic bony cage &  
the soft tissues.

CONCLUSION:NORMAL X RAY CHEST PA VIEW.

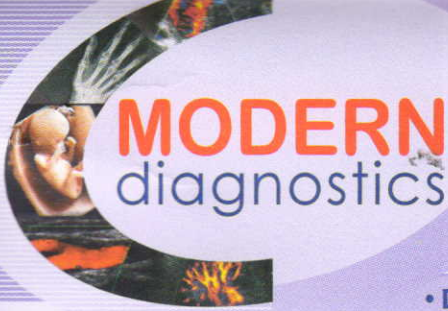
**CBCT, OPG & PORTABLE X-RAY FACILITY AVAILABLE**

(P.T.O)









**Dr. Prashant Naik**

M.D. (Radiology)

Reg. No. 58314

Time : 5.00 pm to 7.00 pm By Appointment

**Dr. Kedar Athawale**

DMRD DNB (Radiology)

Reg. No. 84908

Time : 11.00 am to 1.00 pm By Appointment

• DIGITAL X-RAY • SONOGRAPHY • COLOUR DOPPLER

Patient's Name Mr Akhil Jain  
Ref By Dr V M Nadkarni  
Date February 26, 2022

### USG ABDOMEN & PELVIS

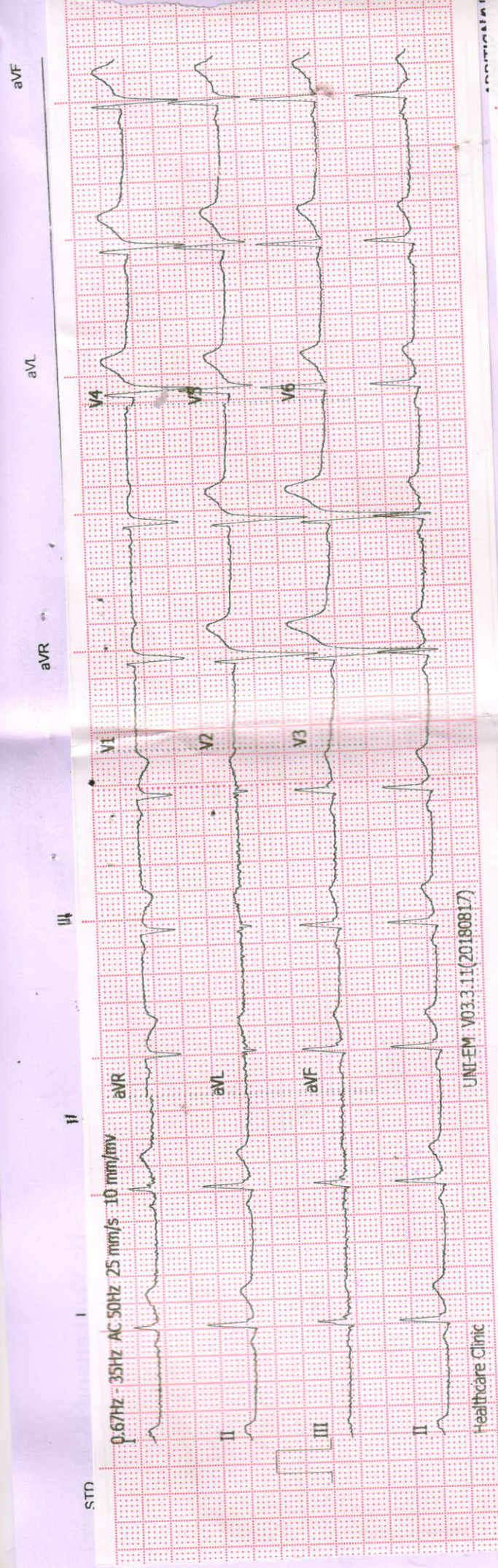
Liver normal in size, shape & outline & reveals normal echo-texture.  
No focal lesion seen. Intra hepatic biliary and portal vein radicles normal.  
Gall bladder physiologically distended & shows clear contents. No calculi. No e/o cholecystitis.  
Portal vein & CBD normal. No calculus in CBD.  
Spleen & visualized pancreas show normal size & echoanatomy. Tail of pancreas not visualized due to unavoidable bowel gas.  
Both kidneys normal in size, shape, outline & position.  
Right kidney :- 97mm x 41mm.  
Left kidney :- 99mm x 41mm.  
No hydronephrosis, hydroureter on either side. No calculus seen in both kidneys or in visualized ureters.  
Cortico-medullary differentiation normal.  
Urinary bladder is well filled. No mural or luminal pathology seen. Prostate normal in size, echotexture; measures 32mmx28mmx 30mm.  
Aorta & IVC normal. No lymphadenopathy. No loculated or free fluid collection seen in abdomen or pelvis. No abnormally dilated bowel loops seen.

### IMPRESSION

No abnormality appreciated in this USG study of Abdomen & Pelvis

**Dr. Kedar Athawale**  
DMRD, DNB  
Thanks for referral  
**DR. KEDAR ATHAWALE**  
DMRD DNB (Radiology)  
Reg. No. 84908





UNI-EM V03.3.11(20180817)  
 Name: jain, akhil  
 Sex: Male  
 Age: 32yrs  
 26-02-2022 11:23:03 AM  
 Healthcare Clinic



CLINICAL HISTORY

RATE: 60/min

RHYTHM: regular

MECHANISM: Sinus

P WAVE: -0.04 sec

P R: 0.14 sec

QRS: Normal time of deflection

QTc: 0.36 sec

CONCLUSIONS:

Normal ECG

ST: isoelectric

T WAVE: Normal upright

Q WAVE: No abnormal wave

AXIS: +60 degrees

POSITION OF HEART: Semi vertical

PRECARDIAL LEADS: Normal R progression

B.P.:

DRUGS:

*Archi*

Client's Signature

*Wadekar*

Doctor's Signature

**Dr. Vivekanand M. Nadlani**

M.B.B.S., D.T.M. & H. (Lon.), FCGP, JOSH

MMC Reg. No. 42322

Physician

Health Care Clinic

Varun Complex, Kulkarni Marg, Kothrud,

Pune-411 038.



► *Health Care Clinic*

Varun Complex, Office No. 1,  
Near Swapnashilp Complex, Kothrud, Pune 411038.

Timing : 10.30 a.m. to 1.00 p.m.

4.30 pm to 6 pm (By Appt.)

Tel : 65003646, 2545 7347

► *Health Care Clinic*

7/1, Anand Nagar, Paud Road,  
Kothrud, Pune 411038.

Timing : 9 a.m. to 10.30 a.m. & 6.00 p.m. to 8.30 p.m.

Tel. : 65003650 Mob.: 9970171939

E-mail : nadviv@yahoo.com

**Dr. Vivekanand M. Nadkarni**

M.B.B.S., D.T.M. & H. (Lon), FCGP, MIOSH (U.K.)

MMC Reg. No. 42322

**Physician**

- Family Medicine
- Tropical Medicine
- Occupational Health
- ACLS Instructor

DATE 26/2/22

**ELECTROCARDIOGRAM**

NAME AKHIL JAIN AGE 32

REF. BY mediwheel B.P. \_\_\_\_\_



FOR COMPLETION BY EXAMINING DOCTOR (N=Normal A= Abnormal )

|          | N | A | (Leave blank if unassessed) |
|----------|---|---|-----------------------------|
| MEDICAL  | ✓ |   | 01. Eyes                    |
|          | ✓ |   | 02. Ears, Nose, Throat      |
| HISTORY  | ✓ |   | 03. Respiratory             |
|          | ✓ |   | 04. Cardiovascular          |
|          | ✓ |   | 05. Gastro-Intestinal       |
| PRESENT  | ✓ |   | 06. Genito-Urinary          |
|          | ✓ |   | 07. Musculo-Skeletal        |
| SYMPTOMS | ✓ |   | 08. Nervous System          |
|          | ✓ |   | 09. Skin & Allergies        |
|          | ✓ |   | 10. Endocrine               |
|          | ✓ |   | 11. Other                   |

HT since 8-10 month.  
on Tab. Telvas. CT LS. op.  
Tab. Prolomet x 2. 25-0D.

Diabetes on 2020 Taken Medicine  
for 1 month - Then stopped.

|                         |   |  |                          |
|-------------------------|---|--|--------------------------|
| PHYSICAL<br>EXAMINATION | ✓ |  | 01. Eyes & Pupils        |
|                         | ✓ |  | 02. E.N.T.               |
|                         | ✓ |  | 03. Teeth & Mouth        |
|                         | ✓ |  | 04. Lungs & Chest        |
|                         | ✓ |  | 05. Cardiovascular Sys.  |
|                         | ✓ |  | 06. Abdo. Viscera        |
|                         | ✓ |  | 07. Hernial Orifices     |
|                         | ✓ |  | 08. Genito - Urinary     |
|                         | ✓ |  | 09. Musculo-Skeletal     |
|                         | ✓ |  | 10. Skin & Vericose Vns. |
|                         | ✓ |  | 11. C.N.S.               |
|                         | ✓ |  | 12. Other                |

BP - 120/80 mm Hg.

Chest : Insp. 91 / Exp. 92 / Abd. 91  
cm cm cm

Investigations :

| HEIGHT    | WEIGHT     | BMI                       | B.P.            | PULSE           | HEARING | VISION | DISTANT                        | NEAR | COLOUR VISION | BLOOD GROUP    |
|-----------|------------|---------------------------|-----------------|-----------------|---------|--------|--------------------------------|------|---------------|----------------|
| 181<br>cm | 77.5<br>kg | 23.6<br>kg/m <sup>2</sup> | 120/80<br>mm Hg | 70/m<br>Regular | ⊕       | ⊕      | Uncorrected<br>-2.75 -2.75 ⊕ ⊕ | ⊕ ⊕  | ⊕             | O <sup>+</sup> |
|           |            |                           |                 |                 |         |        | Corrected<br>-⊕ ⊕ ⊕ ⊕          | ⊕    |               |                |

Assessment

*Kalpana*  
Dr. (Mrs.) Kalpana N. Shirodkar  
M.D.C.H. (MUMBAI)  
No. 49067  
CHILDREN SPECIALIST

Dr. V.M. Nadkarni



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MMC Reg. No. 42322  
Physician, Tropical & Family Medicine,  
Occupational Health

**MEDICAL EXAMINATION REPORT**

No.:  
Date: 26/2/2022.

Surname: Jain Name: Akhil

Age: 32 yrs Sex: male Birth Date: 30/12/1989.

Address: Manded city, sinhogad Road, Pune.

Occupation: IT professional.

Personal History: Tobacco: NO Alcohol: NO.

Misc.: Allergy: NO.

Immunization History: Covishield both dose done.

Previous Medical History: Hypercholesterolemia - 8-10 months.  
Hypertension since 8-10 months.  
on Tab. Telvas CT LS. OD.  
Tab. Prolomet XL 25 OD.  
Diabetes - 2020 - Taken Tabs for 1 month. Then  
Stopped.





भारत सरकार  
GOVERNMENT OF INDIA



अखिल जैन

Akhil Jain

जन्य तिथि/ DOB: 30/12/1989

पुरुष / MALE



6335 4861 4541

आधार-आम आदमी का अधिकार

*Akhil*

*Kalpana*

**Dr. (Mrs.) Kalpana N. Shirodkar**  
M.D., D.C.H. (MUMBAI)  
MMC Reg. No. 49067  
CHILDREN SPECIALIST



### Feedback - Pre Policy Life Insurance Medical Checks

**HEALTH CARE CLINIC**  
**NADKARNI LABORATORY**  
 CH. 6001, Karve Road, Kothrud, Pune-38

This is to confirm & certify that I have gone through the medical examination through Medical Center situated at \_\_\_\_\_ / Home Visit on DD/MM/YYYY to complete the requisite medical formalities towards my application for life insurance from \_\_\_\_\_ Insurance Company vide Proposal Form bearing no \_\_\_\_\_ dated \_\_\_\_\_ 26-2-2022

I do confirm specifically that the following medical activities have been performed for me:

- |  |   |                             |
|--|---|-----------------------------|
| 1. Full Medical Report (Medical Questionnaire) | Yes <input checked="" type="checkbox"/> | No <input type="checkbox"/> |
| 2. Sample Collection                           |   |                             |
| a. Blood                                       | Yes <input checked="" type="checkbox"/> | No <input type="checkbox"/> |
| b. Urine                                       | Yes <input checked="" type="checkbox"/> | No <input type="checkbox"/> |
| 3. Electro Cardio Gram (ECG)                   | Yes <input checked="" type="checkbox"/> | No <input type="checkbox"/> |
| 4. Treadmill Test (TMT)                        | Yes <input checked="" type="checkbox"/> | No <input type="checkbox"/> |

5. Others USG, Chest X-Ray

I have furnished my ID Proof Aadhar Card bearing ID No. XXXX XXXX 4541 at the time of my medical.

**Feedback Form**

- Behavior and cooperation of staff
 

|                             |  |                                  |                               |
|-----------------------------|--|----------------------------------|-------------------------------|
| Reception/ Clinic/ Hospital | <input checked="" type="checkbox"/> Good | <input type="checkbox"/> Average | <input type="checkbox"/> Poor |
| Technician/ Doctors         | <input checked="" type="checkbox"/> Good | <input type="checkbox"/> Average | <input type="checkbox"/> Poor |
- Time Management  Good  Average  Poor
- Upkeep of hospital  Good  Average  Poor
- Technology & Skills  Good  Average  Poor
- Please remark if the medical check procedure was satisfactory Yes  No

(Medical Facility- Location; Facility Set-up, instruments, cleanliness; Process followed; etc. Also on the Medical Staff: Appearance; Technical Know-how; Behaviour etc.)

- If No please provide details or let us know of anything additional you would like to provide as comments and / or suggestions

|   |  |
|---|--|
| <p>Signature of the Life to be Insured<br/>(Proposer in case of Life insured being minor)</p> <p style="text-align: center;"><u>Akil Jain</u></p> <p>Name of the Life to be Insured with date<br/>(Proposer (in case of Life insured being minor)</p> | <p>Signature of Visiting/Attending Doctor</p> <p style="text-align: center;"><u>Dr. (Mrs) Kalpana N. Shirodkar</u></p> <p>Name of Visiting/Attending Doctor</p> <p style="text-align: center;">M.D., D.C.H. (MUMBAI)<br/>MMC Reg. No. 49067<br/>CHILDREN SPECIALIST</p> <p>MC Registration No. _____</p> <p>Doctor Stamp with date</p> |
|---|--|