



NABL & ISO 9001 : 2008 Certified
Wellness . Diagnostics
A Unit of Gian Life Care Limited



7/216 (6), Swaroop Nagar
(In Front of L.L.R. Hospital), Kanpur
Mob. : 8808051576
E-mail : reportsgpx@gmail.com
arunguptagpx@gmail.com

Gian Pathology and X-Ray

Pathology . Radiology

Gian Life Line - Health Checkup

Lab No.	: 012308200024	Reg No/BarcodeNo	: 628555/01543967
Patient Name	: Mr..RITU RAJ SINGH	Reg. Date	: 20/Aug/2023 09:03AM
Age/Sex	: 35 Y / Male	Sample Taken Date	: 20/Aug/2023 11:04AM
Client Code/Name	: MEDIWHEEL FULL BODY CHECKUP	Report Date	: 20/Aug/2023 11:38AM
Referred By Doctor	: Dr. BANK OF BARODA		

BIOCHEMISTRY

MEDIWHEEL MALE BELOW 40

Blood Sugar (Fasting)

Blood Sugar Fasting 93 mg/dl 70 - 100
Hexokinase

Sample Type:Plasma

Blood Sugar (PP)

Blood Sugar PP (2 Hr.) 99 mg/dl 70-140
Hexokinase

Sample Type:Plasma

GAMMA GT/GGT

GAMMA GT / GGT 58 IU/l 12 - 64

Not in NABL Scope

Sample Type:Serum

BUN / BLOOD UREA NITROGEN

BLOOD UREA NITROGEN 7 mg/dl 8.9 - 20.6
Urease

Sample Type:Serum

CREATININE SERUM

CREATININE, Serum 0.75 mg/dl 0.70 - 1.30
Kinetic Alkaline Picrate

Sample Type:Serum

URIC ACID

URIC ACID, Serum 6.0 mg/dl 3.7 - 7.7
Uricase

Sample Type:Serum



A Gupta

Dr. Arun Kumar Gupta
M.D. Chief Pathologist
(Reg No. 34930)



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BIOCHEMISTRY

MEDIWHEEL MALE BELOW 40

LFT/LIVER FUNCTION TESTS

BILIRUBIN TOTAL Diazonium Salt	0.54	mg/dl	0.20 - 1.20
BILIRUBIN DIRECT Diazo Reaction	0.21	mg/dl	0.0 - 0.5
BILIRUBIN INDIRECT Calculated	0.33	mg/dl	0.10 - 0.8
SGOT /AST Enzymatic (NADH(Without P-5-P))	51	U/L	5 - 34
SGPT /ALT Enzymatic (NADH(Without P-5-P))	79	U/L	0.0 - 55
Alk. Phosphatase, Serum PNPP AMP Kinetic	66	U/L	40 - 150
PROTEIN TOTAL Biuret	7.5	g/dl	6.4 - 8.3
ALBUMIN BCG	4.7	g/dl	3.5 - 5.0
GLOBULIN Calculated	2.8	g/dl	2.3 - 3.5
A/G RATIO Calculated	1.68	Ratio	1.5 - 2.5

Sample Type:Serum



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BIOCHEMISTRY

MEDIWHEEL MALE BELOW 40

Lipid Profile

CHOLESTEROL TOTAL Enzymetic	179	mg/dl	Desirable: <200 Boderline High: 200 – 239 High : ≥240
TRIGLYCERIDES GPO	213	mg/dl	Normal <150 Boderline High: 150 – 199 High : 200 – 499 Very High: ≥500
HDL CHOLESTEROL Accelerator Selective Detergent	39	mg/dl	40 - 60
LDL CHOLESTEROL Calculated	97.4	mg/dl	70 - 130
VLDL CALCULATED Calculated	42.6	mg/dl	13 - 36
CHOL/ HDL RATIO Calculated	4.59	Ratio	Less than 4.0
LDL / HDL RATIO	2.5		

Ratio of LDL to HDL

Risk	Men	Women
Very low (1/2 average)	1	1.5
Average risk	3.6	3.2
Moderate risk (2x average)	6.3	5.0
High risk (3x risk)	8	6.1

HDL levels have an inverse relationship with coronary heart disease. The ability of **HDL** to predict the development of coronary atherosclerosis has been estimated to be four times greater than **LDL** and eight times greater than **TC**. Treatment is recommended for those with a **HDL** level below 40 mg/dL. An **HDL** of 60 mg/dL is considered protection against heart disease.

Preparation:

Blood should be collected after a 12-hour fast (no food or drink, except water). For the most accurate results, wait at least 2 months after a heart attack, surgery, infection, injury or pregnancy to check Lipid Profile.

Sample Type:Serum



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BIOCHEMISTRY

MEDIWHEEL MALE BELOW 40

BUN/CREATININE RATIO

BLOOD UREA NITROGEN Urease	7	mg/dl	8.9 - 20.6
CREATININE, Serum Kinetic Alkaline Picrate	0.75	mg/dl	0.70 - 1.30
Ratio	9.33	mg/dl	5 - 20

Sample Type:Serum



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CLINICAL PATHOLOGY

MEDIWHEEL MALE BELOW 40

MEDIWHEEL MALE BELOW 40

URINE SUGAR (F)

URINE SUGAR (F) NIL

(*Not in NABL Scope*)

URINE ROUTINE EXAMINATION

Method -Dipstick And Microscopy

PHYSICAL EXAMINATION

COLOUR	STRAW	
SPECIFIC GRAVITY (Based on pka change)	1.020	1.001-1.030
pH (methylred/Bromothymol blue method)	6	4.6 - 8.0
TURBIDITY	NIL	
Deposit (UR)	NIL	

Chemical

PROTEIN Dipstick/Tetra bromophenol blue/ Heat & Acid Test method).	NIL	Nil
GLUCOSE (Oxidase Peroxidase method)	NIL	Nil
KETONE (Nitroprusside Method)	NEGATIVE	Nil
BILL PIGMENT (Diazo Method)	NEGATIVE	Negative
UROBILINOGEN (Ehrlich reaction)	NEGATIVE	Normal
Nitrite (Based on presence of bacteria)	NEGATIVE	Negative
Leucocyte Esterase (Esterase Diazonium Method)	NEGATIVE	Negative

After Centrifugation at 2500 R.P.M. For 5 Minutes

MICROSCOPIC EXAMINATION

RBC (Microscopic)	NIL	/ HPF	
PUS CELLS (Microscopic)	1-2	Per HPF	0 - 5 WBC/hpf
EPITHELIAL CELLS (Microscopic)	NIL	/hpf	Nil
CASTS (Microscopic)	NIL	Per LPF	0-0
CRYSTALS (Microscopic)	NIL		
Amorphous Material (Microscopic)	Nil	Per HPF	Nil
BACTERIA (Microscopic)	NIL	Per HPF	0-0



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CLINICAL PATHOLOGY

MEDIWHEEL MALE BELOW 40

URINE SUGAR (PP)

URINE SUGAR (PP) NIL

(*Not in NABL Scope*)



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HAEMATOLOGY

MEDIWHEEL MALE BELOW 40



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HAEMATOLOGY

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CBC / COMPLETE BLOOD COUNT

HEMOGLOBIN (Hb) Photometry Cyanide Free	14.40	g/dl	13.5-17.5
TLC Impedence	6390	/cumm	4000-11000
DLC (%)			
NEUTROPHIL DHSS/Microscopic	48	%	40-80
LYMPHOCYTE DHSS/Microscopic	37	%	24-44
EOSINOPHIL DHSS/Microscopic	9	%	01-06
MONOCYTE DHSS/Microscopic	6	%	3-6
Platelet Impedance/Microscopic	158	10 ³ /μL	140 - 440
RBC COUNT Impedance	4.86	10 ⁶ /μL	4.5 - 5.5
PCV (HCT) Numeric Integration	44.6	%	41-53
MCV Calculated	91.8	fL	83-91
MCH Calculated	29.6	pg	26-34
MCHC Calculated	32.3	g/dL	31-37
RDW-CV Calculated	14.4	%	11.6 - 14.0
MPV IG	12.5 0.2	fL %	8 - 12 0 - 0.5
ABSOLUTE LEUCOCYTE COUNT	2.34		
ABSOLUTE NEUTROPHIL COUNT DHSS/Calculated	3.07	10 ³ /μL	2.00-7.00
ABSOLUTE LYMPHOCYTE COUNT DHSS/Calculated	2.36	10 ³ /μL	1.0-3.0
ABSOLUTE MONOCYTE COUNT DHSS/Calculated	0.38	10 ³ /μL	0.0.20-1.0
ABSOLUTE EOSINOPHIL COUNT DHSS/Calculated	0.58	10 ³ /μL	0.02 - 0.50
N/L Ratio	1.30	Ratio	Normal:1-3,Mildly High: 4-6,Moderately High:7-9 Severly High: >9.0

Sample Type Whole Blood EDTA



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	: BODY CHECKUP		
Referred By Doctor	: Dr. BANK OF BARODA		

HAEMATOLOGY

MEDIWHEEL MALE BELOW 40

MEDIWHEEL MALE BELOW 40

ESR WESTERGREN (Automated)

ESR WESTERGREN (Automated) WESTERGREN	8	mm	0 - 14
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Not in NABL Scope

Sample Type:EDTA Blood

ABO Rh / BLOOD GROUP Tube Agglutination (FORWARD & REVERSE Method)

BLOOD GROUP / ABO-RH

ABO	A
Reverse & Forward	
Rh	POSITIVE
Reverse & Forward	

Sample Type:EDTA Blood



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HAEMATOLOGY

MEDIWHEEL MALE BELOW 40

HbA1C/GLYCATED HEMOGLOBIN/GHB

HBA1C/GLYCATED HEMOGLOBIN 5.0 %
Average of Glucose Level 97 mg/dl
Test is done by HPLC method (Gold Standard) D-10 Analyzer.

Expected Values :-

Test	Normal Range	
HbA1c	Non Diabetic:	4.0% - 6.0%
	Good Control:	6.1% - 8.0%
	Poor Control:	8.1% - 9.0 %
	Unsatisfactory:	> 9 %

To convert an A1c to the new average mean blood glucose, use this formula:
 $eAG(mg/dl) = (28.7 \times HbA1c) - 46.7$

Not in NABL Scope

Sample Type:EDTA Blood



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IMMUNOASSAY

MEDIWHEEL MALE BELOW 40

MEDIWHEEL MALE BELOW 40

T3 / TRIDOTHYRONINE TOTAL

T3 TOTAL CMIA	1.12	ng/mL	0.35 - 1.93
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Sample Type:Serum

T4 / THYROXIN TOTAL

T4 TOTAL CMIA	8.87	µg/dl	4.50 - 10.9
------------------	------	-------	-------------

Increased levels are seen in graves disease cancer of thyroid as symptoms of hyperthyroidism.Low levels are seen in hypothyroidism whose symptoms are myoxyedema hashmito disease and pituitary disorders



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IMMUNOASSAY

MEDIWHEEL MALE BELOW 40

MEDIWHEEL MALE BELOW 40

TSH (Thyroid Stimulating Hormone)

TSH (ECLIA) 2.39 μ IU/ml 0.35 - 5.50
CMIA

NOTE:

Guidelines for interpretation of abnormal thyroid function test.

TSH	T4/FT4	T3/FT3	Interpretation
High	Normal Normal	Mild(subclinical)	Hypothyroidism.
High	Low	Low/Normal	Hypothyroidism
Low	Normal Normal	Mild (subclinical)	Hyperthyroidism.
Low	High/Normal	High/Normal	Hyperthyroidism
Low	Low/Normal	Low/Normal	Rare pituitary(secondary)Hypothyroidism

Sample Type:Serum



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Client Code/Name	: MEDIWHEEL FULL BODY CHECKUP	Report Date	: 25/Aug/2023 11:52AM
Referred By Doctor	: Dr. BANK OF BARODA		

X-RAY

MEDIWHEEL MALE BELOW 40

MEDIWHEEL MALE BELOW 40

X RAY CHEST PA VIEW

Diaphragms are normal.

C.P. angles are clear.

Cardiac shadow is normal.

Trachea is in midline.

Hilar shadow are heavy.

Broncho-vascular markings are prominent ----- Bronchitis.

No parenchymal lesion is seen.

Advise :- Correlate Clinically.

DR. S. KHURANA
M.B.B.S.,D.M.R.E.

*** End Of Report ***





7/216 (6), SWAROOP NAGAR (IN FORN OF L.L.R. HOSPITAL) KANPUR

233 (628555) / RITURAJ SINGH / 35 Yrs / M / 0 Cms / 0 Kg Date: 20-Aug-2023 Refd By : BANK OF BARODA

Stage	Time	Duration	Belt Speed (mph)	Elevation	METs	Rate	BP	RPP	PVC	Comments
Supine	00:28	0:01	00.0	00.0	01.0	52	124/82	064	00	
Standing	00:43	0:01	00.0	00.0	01.0	53	124/82	065	00	
HV	00:51	0:01	00.0	00.0	01.0	53	124/82	065	00	
ExStart	00:58	0:01	00.0	00.0	01.0	51	124/82	065	00	
BRUCE Stage 1	03:58	3:00	01.7	10.0	04.7	067	134/86	089	02	
PeakEx	06:57	3:00	02.5	12.0	07.1	148	144/90	213	00	
Recovery	07:56	1:00	00.0	00.0	01.0	148	140/88	207	00	
Recovery	08:56	2:00	00.0	00.0	01.0	122	136/86	182	03	
Recovery	10:07	3:10	00.0	00.0	01.0	116	132/84	161	01	

Findings :

Exercise Time : 06:00
 Max HR Attained : 148 bpm 80% of Target 185
 Max BP Attained : 144/90
 Max WorkLoad Attained : 7.1 Fair response to induced stress
 Max ST Dep Lead & Value : V3 & -4.7 mm
 Duke Treadmill Score : 09.8
 Test Objective : For Testing
 History : Nil
 Test End Reasons : Fatigue

Doctor : DR. KUSH KUMAR TYAGI D.M.



Report :

Sample Name: Stress Test Graded Exercise Treadmill
Description: .

INDICATIONS: R/O CAD.

PROCEDURE DONE: Graded exercise treadmill stress test.

STRESS ECG RESULTS:

FAIR EXERCISE TOLERANCE, ADEQUATE B.P. RESPONSE, THR 79% ACHIEVED,
NO CHEST PAIN / DYSPNOEA, NO SIGNIFICANT ST-T CHANGES DURING EXERCISE
AND RECOVERY. NO ARRHYTHAEMIA.

TEST IS NEGATIVE FOR STRESS INDUCED REVERSIBLE MYOCARDIAL ISCHEMIA.

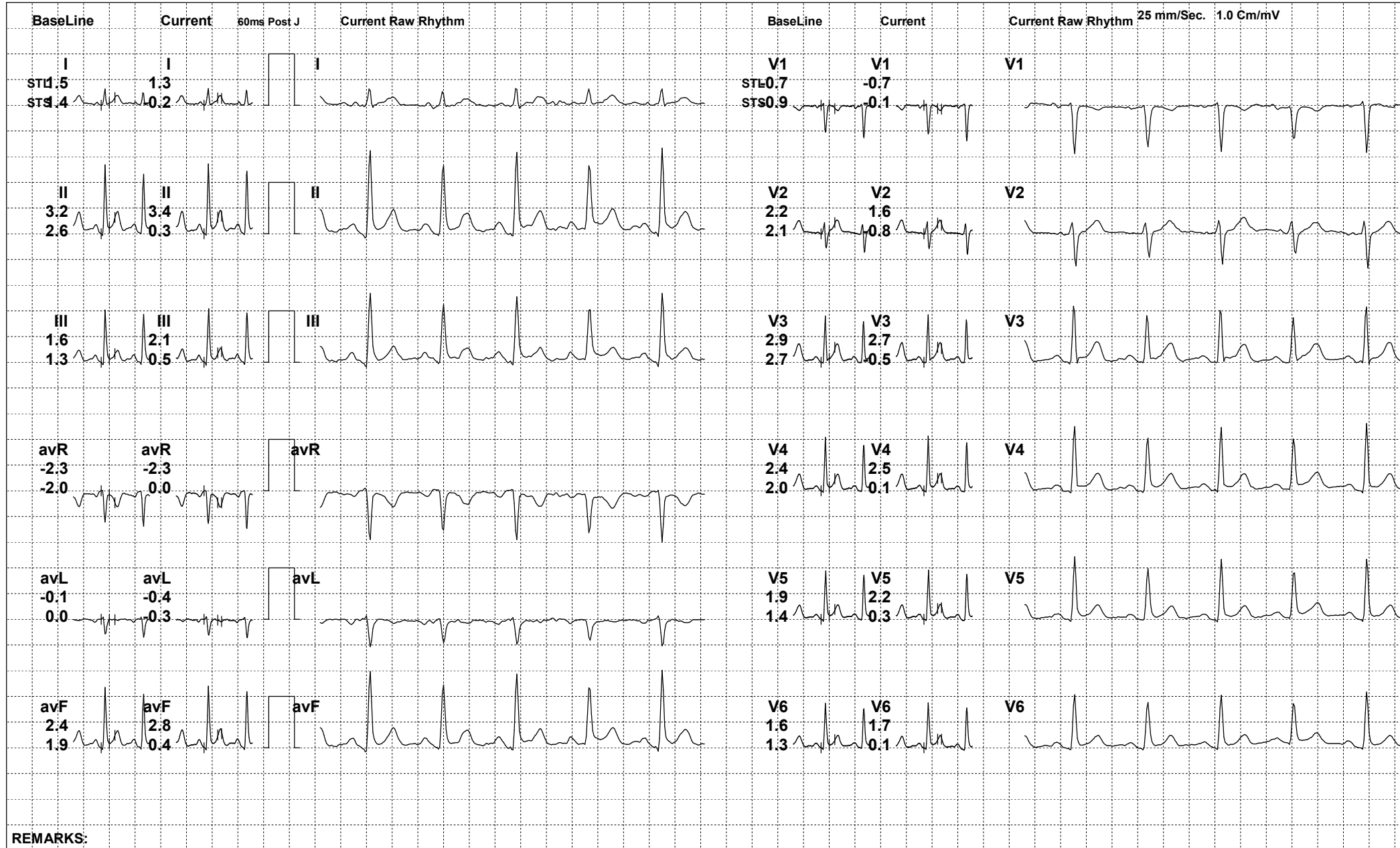
Doctor : DR. KUSH KUMAR TYAGI D.M.



233 (628555) / RITURAJ SINGH / 35 Yrs / M

Date: 20-Aug-2023 02:41:12 PM METS: 1.0/ 52 bpm 28% of THR BP: 124/82 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 00:26 0.0 mph, 0.0%



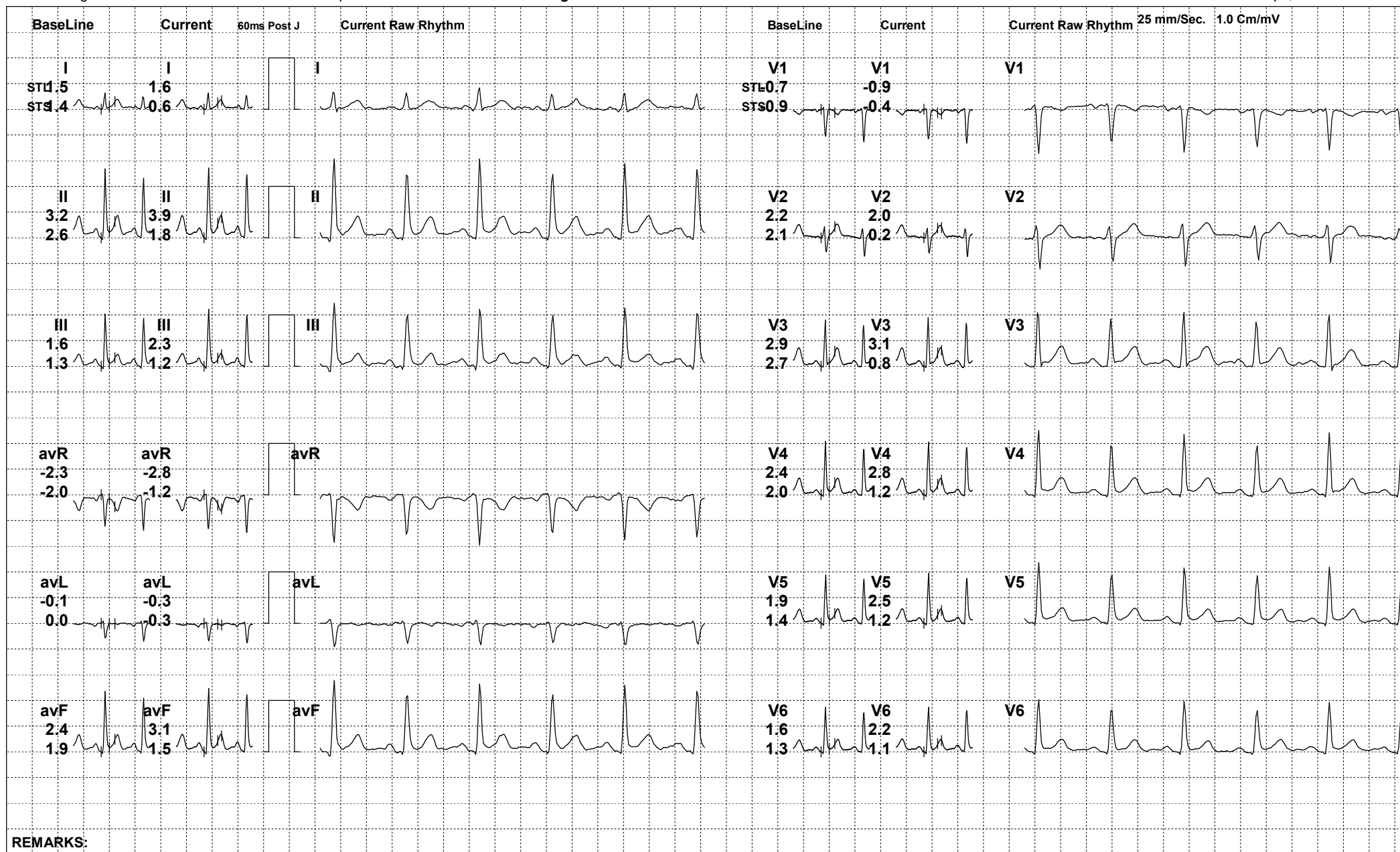
REMARKS:



233 (628555) / RITURAJ SINGH / 35 Yrs / M

Date: 20-Aug-2023 02:41:12 PM METS: 1.0/ 53 bpm 28% of THR BP: 124/82 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 00:41 0.0 mph, 0.0%



REMARKS:



233 (628555) / RITURAJ SINGH / 35 Yrs / M

Date: 20-Aug-2023 02:41:12 PM METS: 1.0/ 53 bpm 28% of THR BP: 124/82 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 00:49 0.0 mph, 0.0%



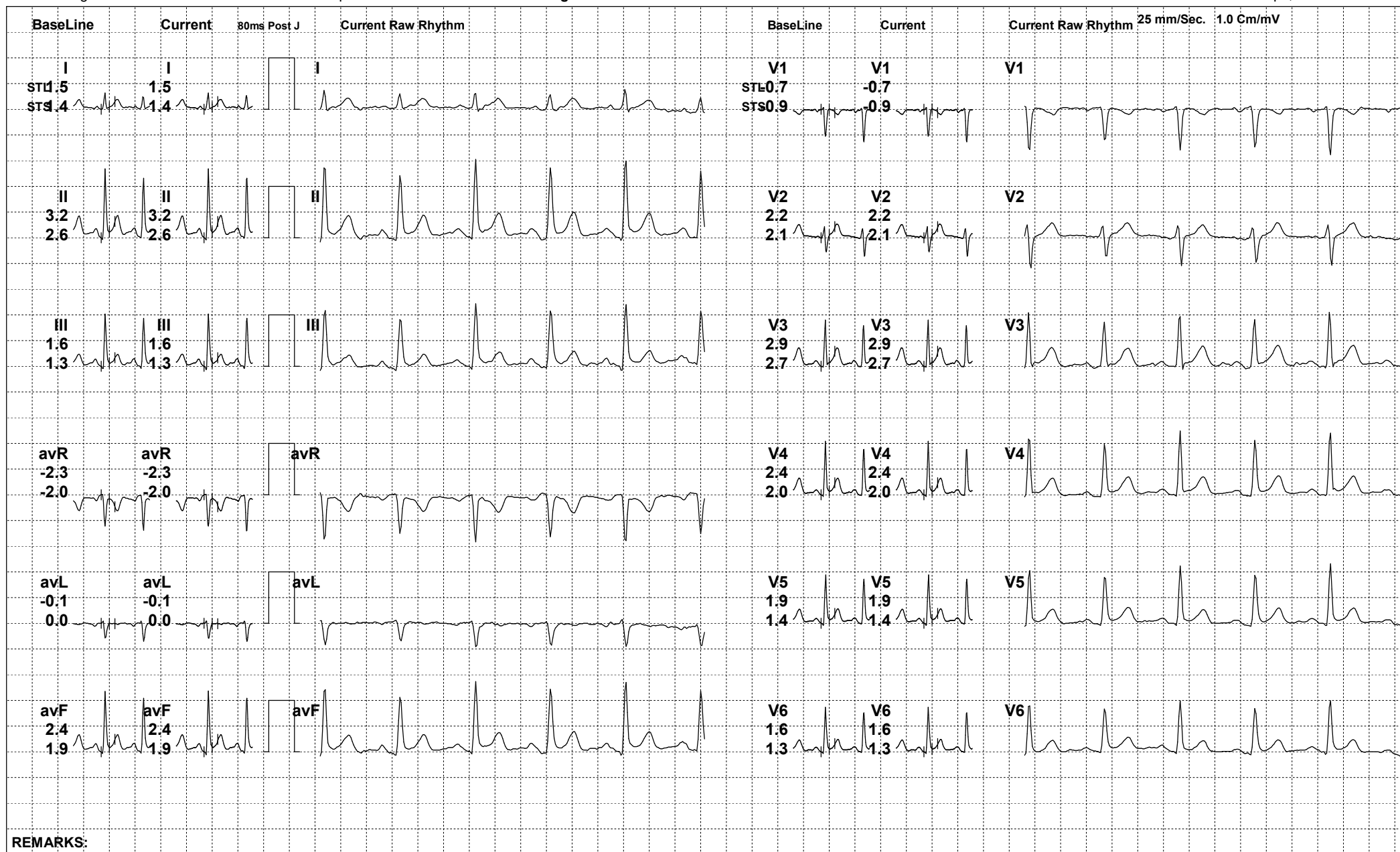
REMARKS:



233 (628555) / RITURAJ SINGH / 35 Yrs / M

Date: 20-Aug-2023 02:41:12 PM METS: 1.0/ 51 bpm 27% of THR BP: 124/82 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 00:56 0.0 mph, 0.0%



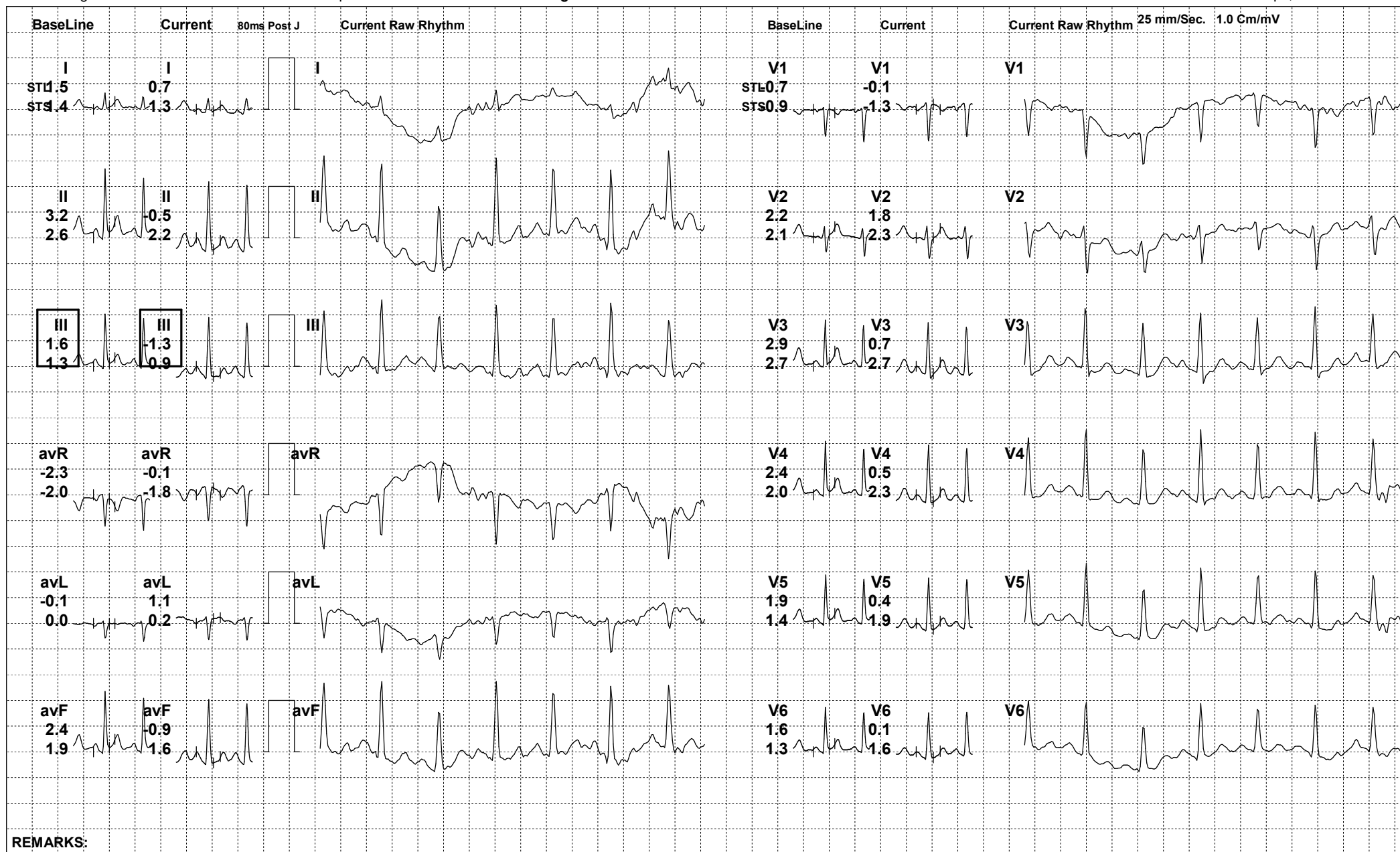
REMARKS:



233 (628555) / RITURAJ SINGH / 35 Yrs / M

Date: 20-Aug-2023 02:41:12 PM METS: 4.7/ 67 bpm 36% of THR BP: 134/86 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 03:00 1.7 mph, 10.0%

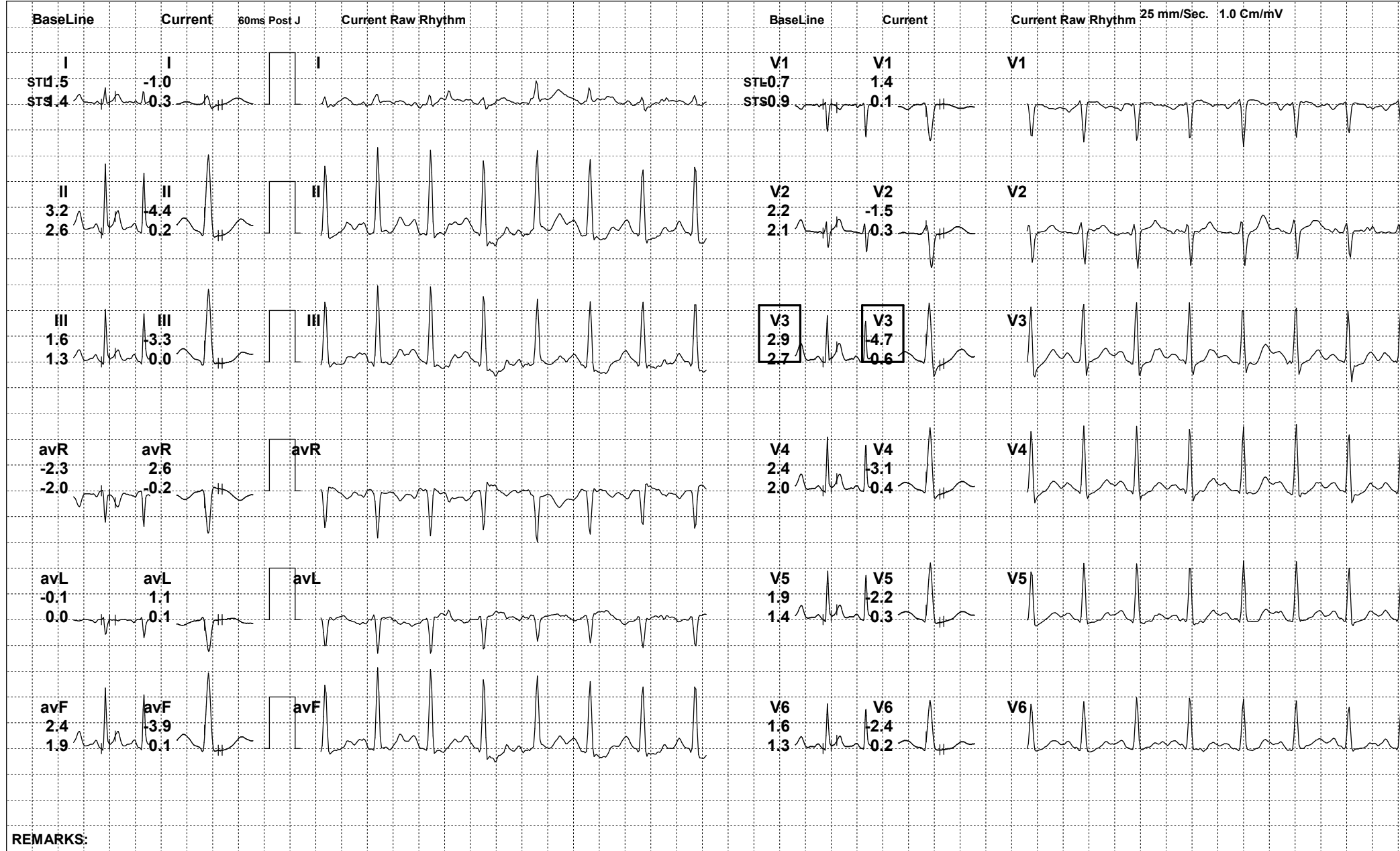




233 (628555) / RITURAJ SINGH / 35 Yrs / M

Date: 20-Aug-2023 02:41:12 PM METS: 7.1/ 146 bpm 78% of THR BP: 144/90 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 05:59 2.5 mph, 12.0%



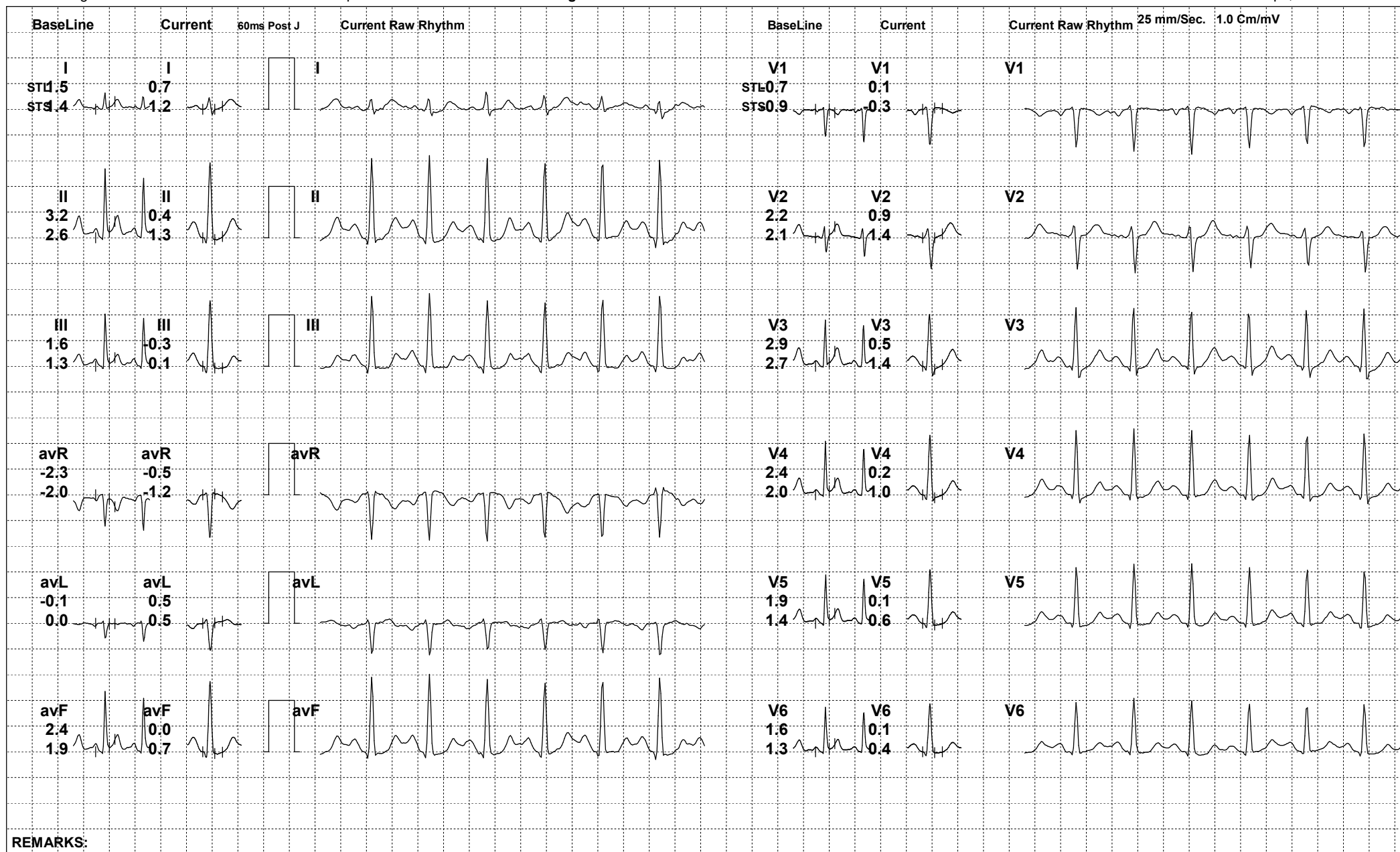
REMARKS:



233 (628555) / RITURAJ SINGH / 35 Yrs / M

Date: 20-Aug-2023 02:41:12 PM METS: 1.0/ 134 bpm 72% of THR BP: 140/88 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 06:00 0.0 mph, 0.0%



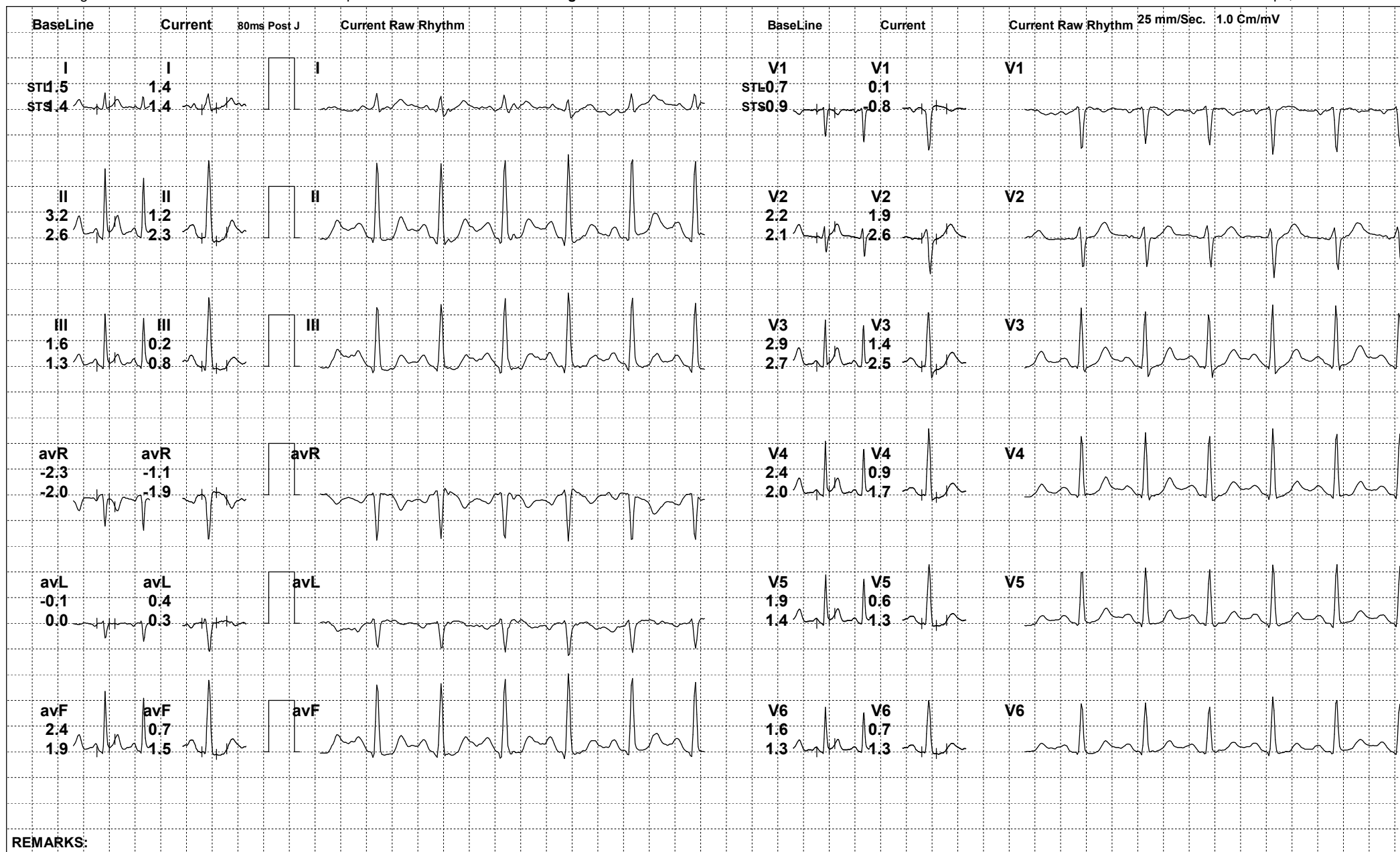
REMARKS:



233 (628555) / RITURAJ SINGH / 35 Yrs / M

Date: 20-Aug-2023 02:41:12 PM METS: 1.0/ 122 bpm 65% of THR BP: 136/86 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 06:00 0.0 mph, 0.0%



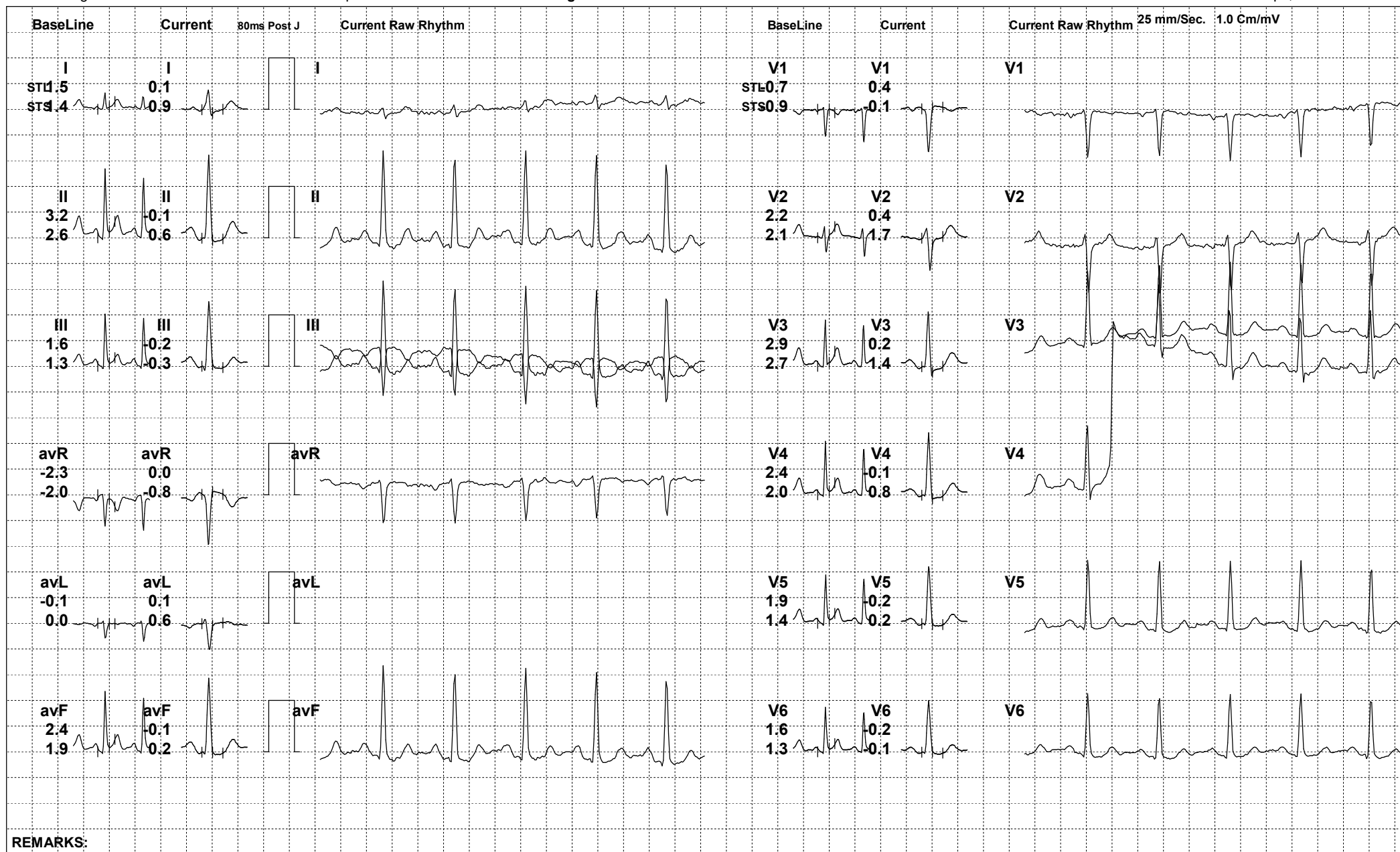
REMARKS:



233 (628555) / RITURAJ SINGH / 35 Yrs / M

Date: 20-Aug-2023 02:41:12 PM METS: 1.0/ 116 bpm 62% of THR BP: 132/84 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 06:00 0.0 mph, 0.0%

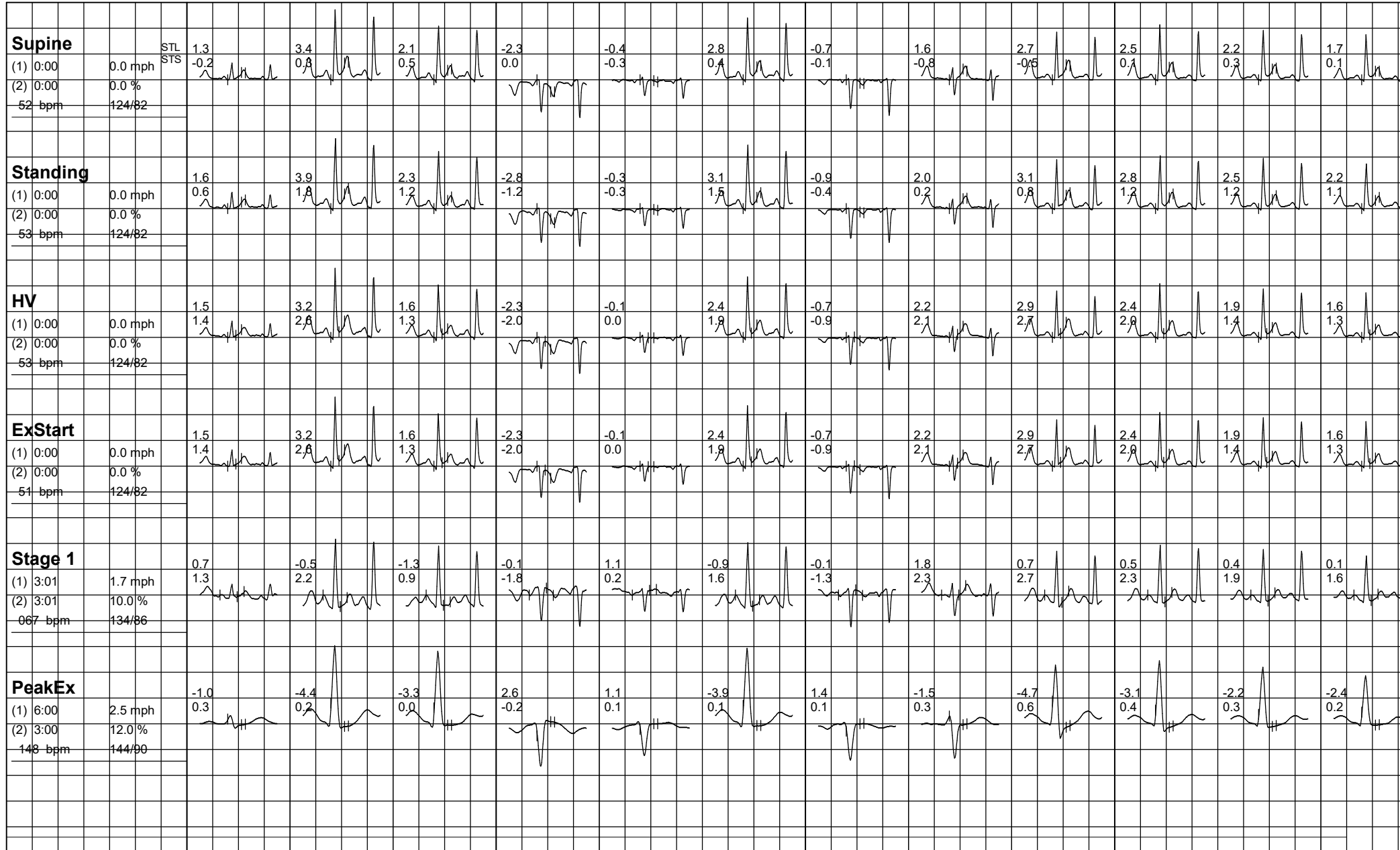


REMARKS:



233 (628555) / RITURAJ SINGH / 35 Yrs / M

Date: 20-Aug-2023 02:41:12 PM





233 (628555) / RITURAJ SINGH / 35 Yrs / M

Date: 20-Aug-2023 02:41:12 PM

