

**Medical Certificate**

1. Name (in Full): Nilesk Borak

2. Age: 42 yrs.

Is general appearance healthy? yes

3. Are there any symptoms or signs suggesting abnormality? Or disease of the respiratory system? none

4. Any sign of Skin diseases. none

5. Any Sign of infectious diseases. NAD

6. Observations – Blood Test  
- Urine Test  
- X ray Chest

7. Ophthal check up – NAD

8 Audiometry – NAD

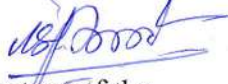
9 Dental – NAD


10 ENT observation –

11 Gynaecologist \_\_\_\_\_

12 Fitness fit.

I declare that the person examined signed in the space marked below is fit.

  
Signature of the person examined

  
Signature of the Medical Examiner

Date: 11/3/23

Name of the Medical Examiner Dr Ashwini Joshi

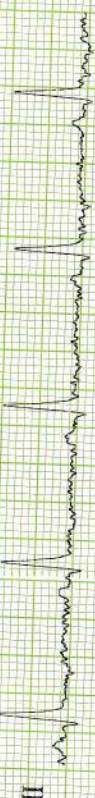
Dr. Ashwini S. Joshi  
MBBS; DNB (MED)  
CONSULTING PHYSICIAN  
REG. NO. 200702/1086



5mm/s 0.5-25Hz  
10mm/mV



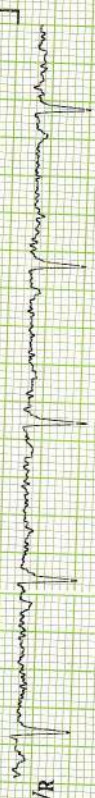
V1 10mm/mV



V2



V3



V4



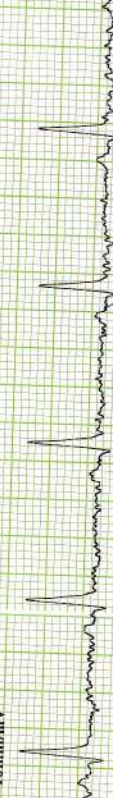
V5



V6



10mm/mV



*[Handwritten signature]*

ID : 0522

Name: \_\_\_\_\_

Sex : \_\_\_\_\_

Age : \_\_\_\_\_

HR : 71 bpm  
R-R : 845 ms  
P-R : 153 ms  
QRS : 100 ms  
QT/QTc : 364/395 ms  
P/QRS/T : 25/61/-33 °  
RV5/SV1 : 1.250/0.760 mV  
RV5+SV1 : 2.010 mV

-- Sinus Rhythm  
-- Unspecified T Abnormality

Unconfirmed report

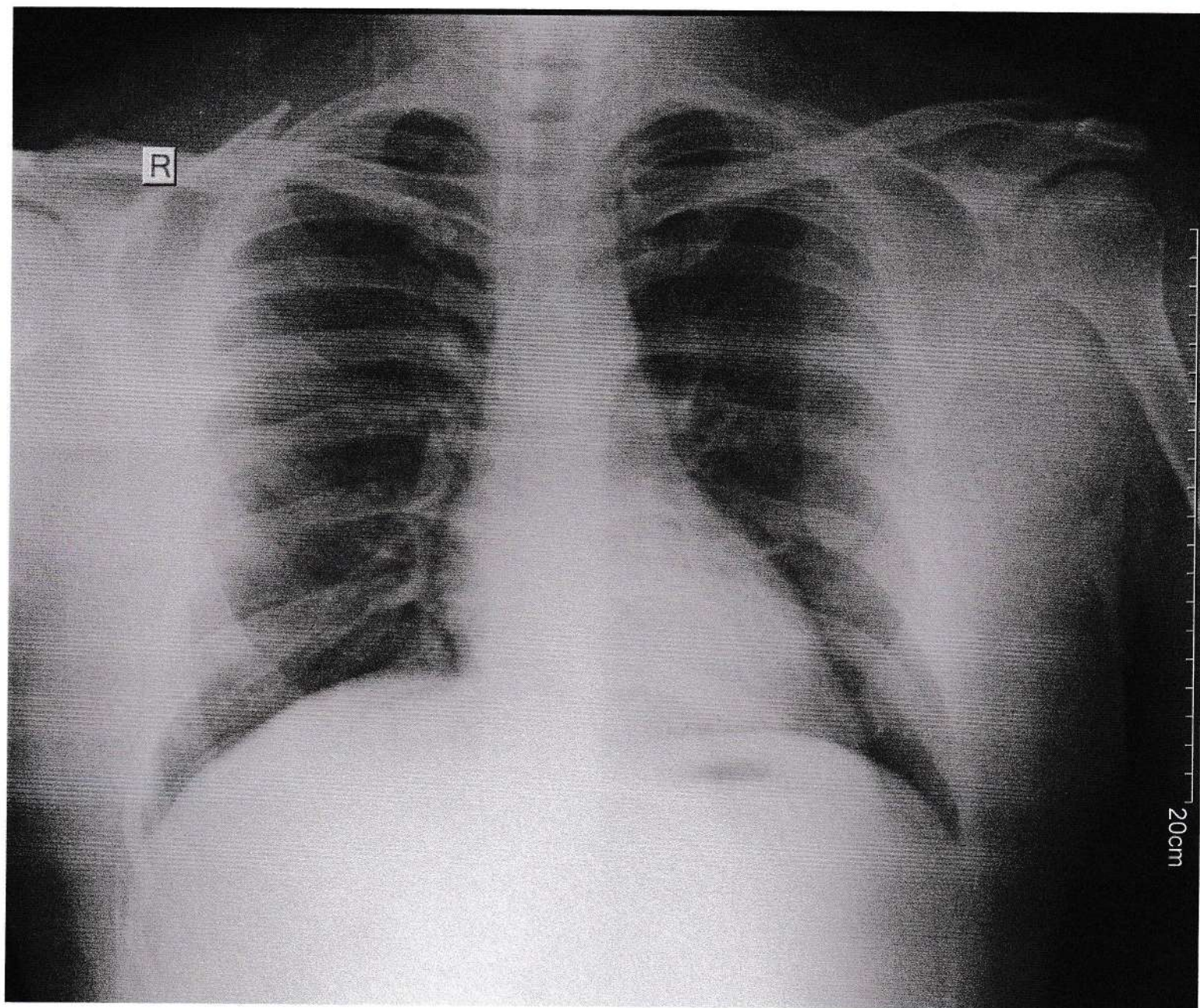
Verified by: *[Signature]*





borate, Nilesh,  
Sex: Male  
DOB: 07/26/1982  
ID: PAT000251

Acq. Date: 03/11/2023  
Acq. Time: 9:43:45 PM  
Exp. Index: 1321



CHEST  
PA  
W: 4096, L: 2048  
Tech ID: admin



Scale: 0.0  
Carestream Health R&D Hospital





Patient Name: Nilesh Borate  
Age: 41 Years/M

Referred Doctor: Dr.Rituparna shinde  
Date: 11/03/2023

**2D ECHOCARDIOGRAPHY / DOPPLER REPORT**

Parameter	Value	Parameter	Value
LA	32mm	LVPWd	10mm
AO	28mm	LVIDs	25mm
IVSd	9mm	LVEF	60%
LVIDd	44mm	IVC	Normal

**LEFT VENTRICLE :** Normal LV dimension  
Normal LV systolic function. LVEF = 60%  
No RWMA.  
Normal diastolic function.

**RIGHT VENTRICLE:** Normal in size and function.No mitral regurgitation.  
Left atrium and right atrium is normal.

**AV VALVES:** Mitral valve normal structure,  
Acceptable gradients across Mitral valves and Tricuspid Valves.  
There is no Tricuspid valves regurgitation.  
Estimated PA pressure is normal.

**SL VALVES :** Acceptable gradients across Aortic Valve and pulmonary valves.  
No Aortic Valve regurgitation.

**IVS & IAS :** Intact  
No Pericardial effusion, thrombus, Vegetation  
**IVC:** IVC not dialated and shows near total collapse.  
Normal RA Pressure.

**IMPRESSION :** Normal LV dimension  
Normal LV systolic and diastolic function. LVEF = 60%  
No RWMA.  
Normal PA & RA pressure.

**DR. RITUPARNA S. SHINDE**  
MD, DNB (Cardiology)  
Interventional Cardiologist  
Reg.No. 2000/02/0065

**Dr.Rituparna Shinde**  
MD,DNB Cardiology)





**Patient Name: Mr.Nilesh Borate**

**Age: 41Yrs/Male**

**Ref By: -Insurance**

**Date: 11/03/2023**

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**RADIOGRAPH OF CHEST – PA VIEW**

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**Observation** : Both the lungs are clear and the hila appear normal.  
No obvious parenchymal lung lesion seen in either side.  
Both costophrenic angles are clear.  
Cardio-aortic silhouette has normal appearance.  
No obvious bony abnormalities seen.

**Impression** : No significant abnormality noted.

**Dr. Punya J**  
**MBBS,MD(RADIO-DIAG) Consultant Radiologist**  
**Reg No.2022/05/1131**





Patient Name: Mr. Nilesh Borate

Age: 41 yrs/ Male.

Ref By: Dr.

Date: 11-Mar-23

### ULTRASOUND EXAMINATION OF ABDOMEN AND PELVIS

Liver is normal in size and shows normal echotexture. No focal mass. Hepatic and portal veins are normal.

Gall Bladder is well distended. Walls are thin. No obvious calculi. CBD is unremarkable. No intrahepatic biliary dilatation

Pancreatic head appears normal. Body and tail of pancreas obscured by gas shadow.

Spleen is normal in size and texture.

Both kidneys are normal in size and texture. Corticomedullary differentiation is intact. No hydronephrosis or calculus seen on either side.

RK: 10.8 cm

LK: 10.9 cm

Visualized bowel loops are normal in calibre and peristalsis.

No ascites. No obvious enlarged nodes.

Urinary Bladder is distended. Its walls are thin. No intrinsic pathology seen.

Prostate is normal in size and texture.

#### **Impression:**

**No significant abnormality in abdomen and pelvis.**

*Punya J*

**Dr. Punya J**

**MBBS, MD(RADIO-DIAG)CONSULTANT RADIOLOGIST**

**Reg No. 2022/05/1131**





<b>Name</b>	Mr. Nilesh Borate	<b>Collected Time</b>	11-03-2023 11:09 AM
<b>Age/Gender</b>	41 Years / MALE	<b>Received Time</b>	11-03-2023 11:09 AM
<b>PRN</b>	ALRS/113/2022-2023/3442	<b>Reported Time</b>	11-03-2023 03:51 PM
<b>Lab ID</b>	ALRS/D/22-23/3427		
<b>Ref Doctor</b>			

Test Name	Result	Unit	Bio. Ref. Range
<b>Hemogram</b>			
Hemoglobin	12.1 * A	gm%	13.0 - 18.0
<b>WBC Count</b>			
Total WBC Count	4600	/cmm	4000 - 11000
<b>Differential count</b>			
Neutrophil	58	%	40 - 75
Lymphocytes	36	%	20 - 45
Eosinophil	01	%	Below 6
Monocytes	05	%	Below 8
<b>RBC Indices</b>			
Haematocrit	38.0 * A	%	40 - 54
R.B.C Count	5.37	mil./cmm	4.5 - 5.5
M.C.V	70.8 * A	fL	76 - 96
M.C.H	22.5 * A	PG	27 - 32
M.C.H.C	31.8 * A	gm/dl	32 - 36
RDW-CV	15.6 * A	%	11.5 - 14.5
Platelet Count	213000	/cmm	150000 - 450000

**Comments on P.B.S**

R.B.C Morphology	Normocytic mild hypochromia
W.B.C	No abnormal cells seen.
Platelet	Adequate.




**Dr. Simi Athavale**  
MBBS, (DGP) CONSULTANT PATHOLOGIST (Reg. No. 84648)

----- End Of Report -----

NOTE : \*A (Abnormal), \*C (Abnormal & Critical)



<b>Name</b>	Mr. Nilesh Borate	<b>Collected Time</b>	11-03-2023 11:09 AM
<b>Age/Gender</b>	41 Years / MALE	<b>Received Time</b>	11-03-2023 11:09 AM
<b>PRN</b>	ALRS/113/2022-2023/3442	<b>Reported Time</b>	11-03-2023 04:00 PM
<b>Lab ID</b>	ALRS/D/22-23/3427		
<b>Ref Doctor</b>			

Test Name	Result	Unit	Bio. Ref. Range
<b>Glycosylated Hb / HbA1c</b>			
HbA1c	5.8	%	Below 6 (Normal) 6 - 7 (Good Control) 7 - 8 (Fair Control) 8 - 10 (Unsatisfactory Control) Above 10 (Poor Control)
Method	BORONATE AFFINITY		
Instrument Used	Abott-Affinion		

**Blood Sugar F and PP**

**Blood Sugar Fasting and Post Prandial**

Blood Sugar Fasting	93.2	mg/dl	70 - 110
Blood Sugar Post Prandial	100.4	mg/dl	70 - 140

Method: GOD-POD  
Instrument Used: ERBA EM-200 Fully automatic random access biochemistry analyzer.

**Blood Group**

ABO Type: B  
Rh (D) Type: Positive

**ESR**

ESR: 12 \*A Below 10  
Unit: mm after 1 hour  
Method: Wintrobe method



*Satti*

**Dr. Simi Athavale**  
MBBS, (DCP) CONSULTANT PATHOLOGIST (Reg. No. 84648)

----- End Of Report -----

NOTE: \*A (Abnormal), \*C (Abnormal & Critical)



Report Generated by: Niramay Solutions



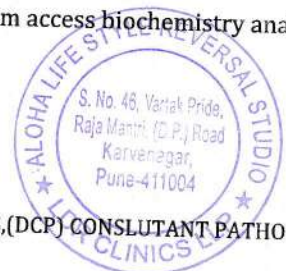


Name Mr. Nilesh Borate  
Age/Gender 41 Years / MALE  
PRN ALRS/113/2022-2023/3442  
Lab ID ALRS/D/22-23/3427  
Ref Doctor

Collected Time 11-03-2023 11:09 AM  
Received Time 11-03-2023 11:09 AM  
Reported Time 11-03-2023 03:51 PM

Test Name	Result	Unit	Bio. Ref. Range
<b>Liver Function Test</b>			
Sr Total Bilirubin	0.47	mg/dl	0.1 - 1.2
Sr Direct Bilirubin	0.29	mg/dl	0.0 - 0.4
Sr Indirect Bilirubin	0.18	mg/dl	0.1 - 1.2
Alkaline Phosphatase	89.0	IU/L	50 - 150
S.G.P.T	21.3	IU/L	Below 40
S.G.O.T	54.6 * A	IU/L	Below 40
Sr Total Protein	6.5	mg/dl	6.0 - 8.0
Sr Albumin	4.0	mg/dl	3.7 - 5.3
Sr Globulin	2.5	mg/dl	2.3 - 3.6
A:G ratio	1.6	%	1.2:1 - 2:1
INTRUMENT USED	Erba EM 200- Fully Automatic Random Access Chemistry Analyzer		

<b>Lipid Profile</b>			
S.Cholesterol	136.0	mg/dl	Below 200
S.Triglycerides	61.5	mg/dl	40 - 160
HDL Cholesterol	54.5	mg/dl	35.3 - 79.5
VLDL Cholesterol	12.3	mg/dl	Below 41 (Desirable)
LDL Cholesterol Direct	68.5	mg/dl	0.0 - 130
LDLC/HDLC Ratio	1.26		Below 3.4
S.Cholesterol/HDLC Ratio	2.5		Below 4.5
Instrument Used	ERBA EM-200 Fully automatic random access biochemistry analyzer.		



*Satti*

**Dr. Simi Athavale**  
MBBS,(DCP) CONSULTANT PATHOLOGIST (Reg. No. 84648)

----- End Of Report -----

NOTE : \*A (Abnormal), \*C (Abnormal & Critical)



Report Generated by: Niramay Solutions







**Name** Mr. Nilesh Borate  
**Age/Gender** 41 Years / MALE  
**PRN** ALRS/113/2022-2023/3442  
**Lab ID** ALRS/D/22-23/3427  
**Ref Doctor**

**Collected Time** 11-03-2023 11:09 AM  
**Received Time** 11-03-2023 11:09 AM  
**Reported Time** 11-03-2023 03:52 PM

Test Name	Result	Unit	Bio. Ref. Range
<b>Uric acid</b>			
<b>Serum Uric Acid</b>			
Sr.Uric Acid	6.1	mg/dl	3.5 - 7.2
<b>BUN</b>			
<b>Blood Urea Nitrogen</b>			
Blood Urea Nitrogen	11.6	mg/dl	5.0 - 21.0
<b>Creatinine</b>			
Serum Creatinine	1.0	mg/dl	0.7 - 1.3
Method	Enzymatic		
Instrument Used	ERBA EM-200 Fully automatic random access biochemistry analyzer.		
<b>GGTP</b>			
Gamma GT ( GGTP )	21.4	U/L	10 - 50

  
**Dr. Simi Athavale**  
MBBS,(DCP) CONSULTANT PATHOLOGIST (Reg. No. 84648)



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End Of Report  
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NOTE : \*A (Abnormal), \*C (Abnormal & Critical)

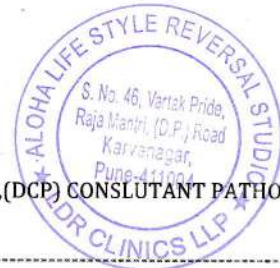






**Name** Mr. Nilesh Borate **Collected Time** 11-03-2023 11:09 AM  
**Age/Gender** 41 Years / MALE **Received Time** 11-03-2023 11:09 AM  
**PRN** ALRS/113/2022-2023/3442 **Reported Time** 11-03-2023 03:52 PM  
**Lab ID** ALRS/D/22-23/3427  
**Ref Doctor**

Test Name	Result	Unit	Bio. Ref. Range
<b>Urine Analysis</b>			
<b>Physical Examination</b>			
Quantity	30	ml	
Colour	Pale Yellow		
Appearance	Clear		
Specific gravity	1.025		1 - 1.03
<b>Chemical Examination</b>			
Reaction (pH)	Acidic		
Proteins	Absent		
Glucose	Absent		
Ketone Bodies	Absent		
Bile Salts	Absent		
Bile Pigments	Absent		
Urobilinogen	Normal		
<b>Microscopic Examination</b>			
Pus Cells	Absent	/hpf	
Epithelial Cells	Absent	/hpf	
RBC	Absent	/hpf	
Casts	Absent		
Crystals	Absent		



*Signature*

**Dr. Simi Athavale**  
MBBS,(DCP) CONSULTANT PATHOLOGIST (Reg. No. 84648)

-----End Of Report-----

NOTE : \*A (Abnormal), \*C (Abnormal & Critical)



Report Generated by: Niramay Solutions

1 / 1

11-03-2023



Registration.Date : 11/03/2023  
**Patient Name** : MR. BORATE NILESH  
 Age / Gender : 41 Yrs / Male  
 Reference (Dr.) : ALOHA LIFESTYLE REVERSAL STUDIO  
 Sample Collected : From Ldr Clinics Llp (Aloha Lifestyle Reversal Studio)



Patient ID No. : 1076559  
 Reg Date/Time : 11-03-2023 02:10pm  
 Sample Coll.Date/Time : 11-03-2023 02:10pm  
 Report Date/Time : 11-03-2023 03:21pm

### Thyroid Stimulating Hormone (TSH)

Investigation	Result	Units	Reference Range
Ultra TSH, Serum (Method: ECLIA/ CLIA)	: 1.963	uIU/mL	0.35 - 5.5

**NOTE :**

- 1) The TSH levels are subject to diurnal/circadian variation, reaching to peak levels between 2-4 a.m. and at a minimum between 6-10 p.m. The variation is to the order of 50%, hence the time when sample is collected has influence on the levels of TSH.
- 2) Many substances produced in central nervous system, even in healthy euthyroid individuals, may enhance or suppress TSH production in addition to the feedback effect of thyroid hormone.
- 3) Furthermore, although TSH levels rise and fall in response to changes in the concentration of Free T4, individuals appear to have their own setpoints and factors such as race and age also contribute to variability in TSH levels.
- 4) Alterations of normal pituitary response are also common in patients with a variety of illnesses which can affect the levels of TSH.
- 5) Inter-assay variations are possible on different immunoassay platforms.

**CLINICAL USE:**

- 1) Diagnose Hypothyroidism and Hyperthyroidism.
- 2) Monitor T4 replacement or T4 suppressive therapy.
- 3) Quantify TSH levels in the subnormal range.
- 4) Increased levels of TSH are found in Primary hypothyroidism, Subclinical hypothyroidism, TSH dependent Hyperthyroidism, Thyroid hormone resistance.
- 5) Decreased levels of TSH are found in Grave's disease, Autoimmune thyroid hormone secretion, TSH deficiency.

(R = Rechecked, H = High, L = Low.)

**-End Of Report-**



Dr.Saurabh Gujrathi  
M.D.(Path.)

Dr.Ashish N. Dhande  
M.D.(Path.)

Dr.Nitin L. Dhande  
M.D.(Path.)

Print.Date : 11/03/2023 03:31PM

Test processed at "Dhande Pathlab Diagnostics Pvt.Ltd." Pune





PATIENT ID : R  
 PATIENT NAME : NILESH BORATE 41/M

Report time : 12:48 pm  
 March 11, 2023 12:48 pm

PROTOCOL : BRUCE  
 PATIENT HEIGHT : 164 Cm  
 PATIENT WEIGHT : 84.00 Kg  
 PATIENT ADD. :

Ref. By : Not Applicable  
 ( Not Applicable )



OBJECT OF TEST : Routine check up  
 RISK FACTOR :  
 ACTIVITY : Very active  
 MEDICATION :  
 BRIEF HISTORY :  
 OTHER INVESTIGATION :  
 REASON FOR TERMINATION : Max HR  
 EXERCISE TOLERANCE : Good  
 EXERCISE INDUCED ARRHYTHMIA :  
 HAEMO RESPONSE :  
 CHRONO RESPONSE : Normal  
 FINAL IMPRESSION : Good effort tolerance  
 No angina / dyspnoea  
 No significant ST - T Changes Seen  
 Stress Test Negative for stress induced ischemia.

  
**DR. RITUPARNA S. SHINDE**  
 MD. DNB (Cardiology)  
 Interventional Cardiologist  
 Reg.No. 2090/02/0005  
**Dr. RITUPARNA SHINDE**  
**M.D., DNB, (CARDIOLOGY)**

PATIENT ID : R  
 PATIENT NAME : NILESH BORATE 41/M

LDR CLINIC LLP  
 SR NO. 46, VARTAK PRIDE, D.P. ROAD, KARVE NAGAR, PUNE  
 Summary Report

Report time :  
 March 11, 2023

12:48 pm  
 12:48 pm

PROTOCOL : BRUCE  
 PATIENT HEIGHT : 164 Cm  
 PATIENT WEIGHT : 84.00 Kg  
 PATIENT ADD. :

Ref. By : Not Applicable  
 ( Not Applicable )

Stage	Stage Time	Speed (Kmph) / Grade (%)	HR bpm	BP mmHg	R.P.P. X 1000	METS	ST Level I	Stage Comments
Pre-Test	00:15	0.00 / 0.00	0	0 / 0	0	1.00	0.00	
Supine	00:07	0.00 / 0.00	66	120 / 70	7	1.00	0.87	
Standing	00:05	0.00 / 0.00	72	120 / 70	8	1.00	0.90	
HyperVentilation	00:07	0.00 / 0.00	74	120 / 70	8	1.00	0.77	
Wait For Exercise	00:07	0.00 / 0.00	72	120 / 70	8	1.00	0.68	
Exercise Stage 1	03:00	2.70 / 10.00	109	130 / 80	14	5.70	1.55	
Exercise Stage 2	03:00	4.00 / 12.00	125	140 / 80	17	8.00	1.74	
Exercise Stage 3	03:00	5.50 / 14.00	146	150 / 90	21	10.60	2.32	
Peak Exercise	00:31	6.80 / 16.00	152	150 / 90	22	10.60	2.22	
Recovery 1	01:00	0.00 / 0.00	137	150 / 90	20	1.00	3.06	
Recovery 3	03:00	0.00 / 0.00	96	130 / 90	12	1.00	1.32	

TOTAL EXER TIME : 9 : 31 min  
 MAX HR : 156 bpm (87.15 % of 179 bpm)  
 MAX BP : 150 / 90 mmHg  
 MAX WORKLOAD : 10.60  
 DISTANCE COVERED : 0.67 Km  
 DOUBLE PRODUCT : 23400.00

**DR. RITUPARNA S. SHINDE**  
 MD, DNB (Cardiology)  
 Interventional Cardiologist  
 Reg.No. 2020/02/0965  
**Dr. RITUPARNA SHINDE**  
**M.D., DNB, (CARDIOLOGY)**



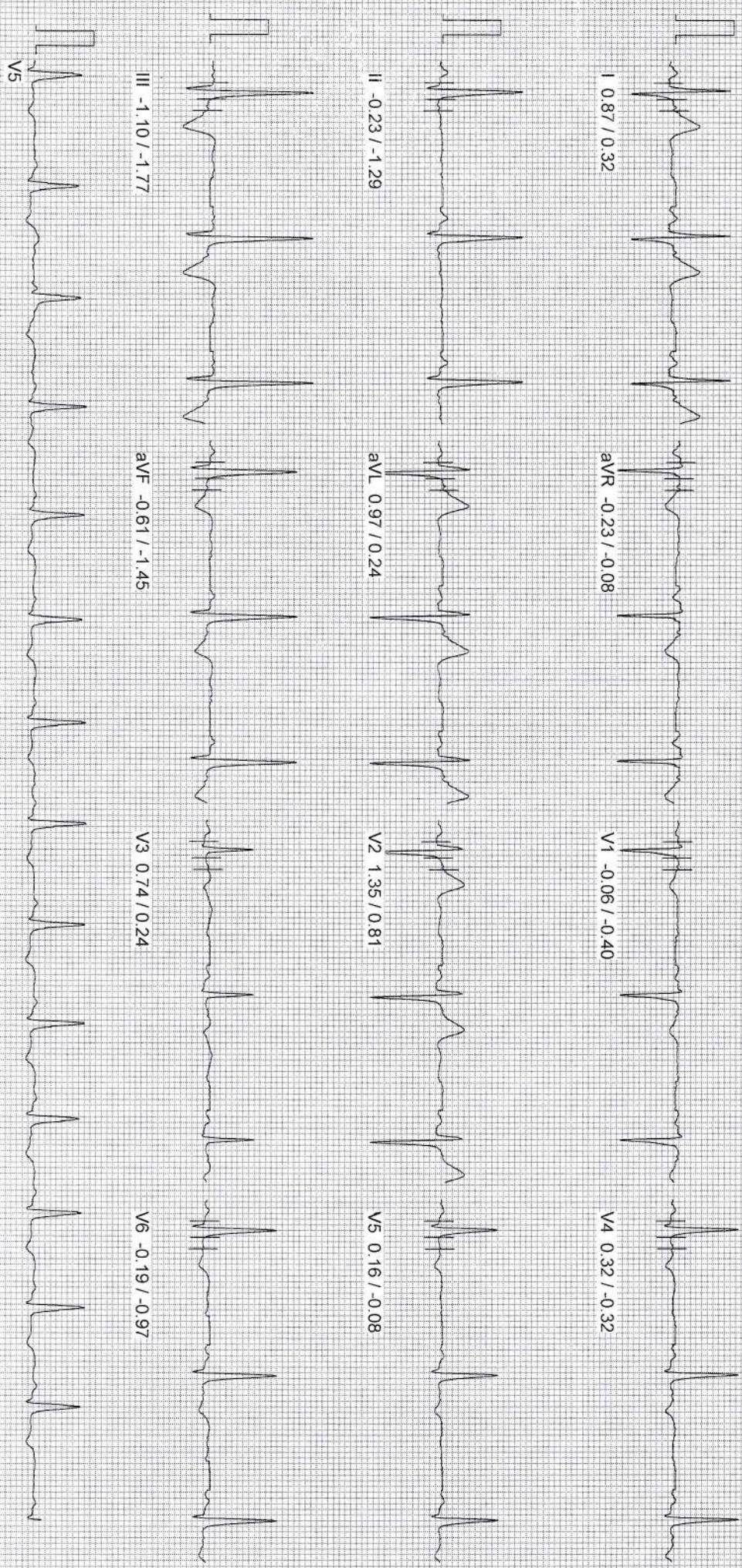
PATIENT ID : R HEIGHT : 164 Cm WEIGHT : 84.00 Kg  
PATIENT NAME : NILESH BORATE 41M

Linked Median Report

March 11, 2023 12:48 pm  
Report time : 12:48 pm

PROTOCOL : BRUCE  
STAGE : Pre-Test  
ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

PHASE TIME : 00:15 SPEED: 0.0 kmph  
STAGE DURATION : 00:00 GRADE: 0.0  
HR : 0 bpm BP : 120 / 70 mmHg  
QRS Lead : V5 METs : 1.00



100 HZ

NASAN (C) ST-Win Deluxe BL 6.91, Unit Ver 4.20

10mm/mv 25mm/sec



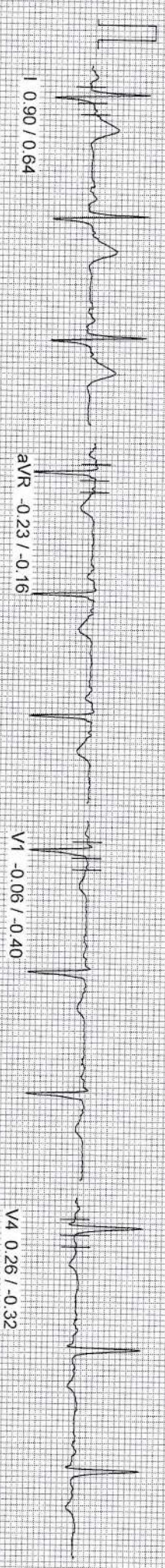
PATIENT ID : R HEIGHT : 164 Cm WEIGHT : 84.00 Kg  
PATIENT NAME : NILESH BORATE 41/M

LDR CLINIC LLP  
Linked Median Report

March 11, 2023 12:48 pm  
Report time : 12:48 pm

PROTOCOL : BRUCE  
STAGE : Supine  
ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

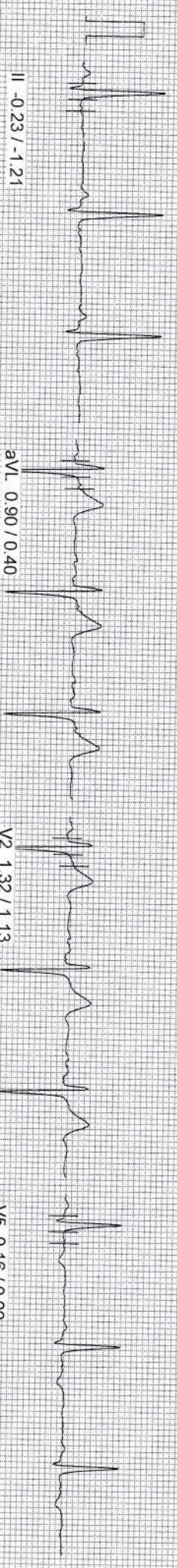
PHASE TIME : 00:22 SPEED: 0.0 kmph  
STAGE DURATION : 00:00 GRADE: 0.0  
HR : 66 bpm BP : 120 / 70 mmHg  
QRS Lead : V5 METs : 1.00



aVR -0.23 / -0.16

V1 -0.06 / -0.40

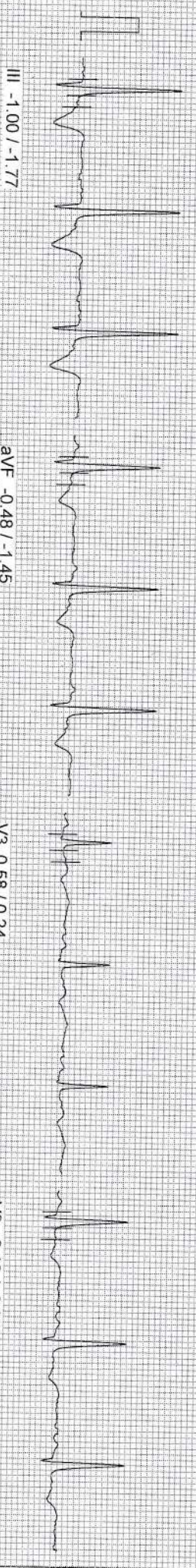
V4 0.26 / -0.32



aVL 0.90 / 0.40

V2 1.32 / 1.13

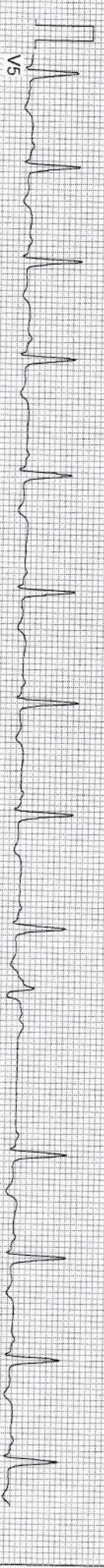
V5 0.16 / 0.00



aVF -0.48 / -1.45

V3 0.58 / 0.24

V6 -0.19 / -0.97



100 Hz

10mm/mv 25mm/Sec



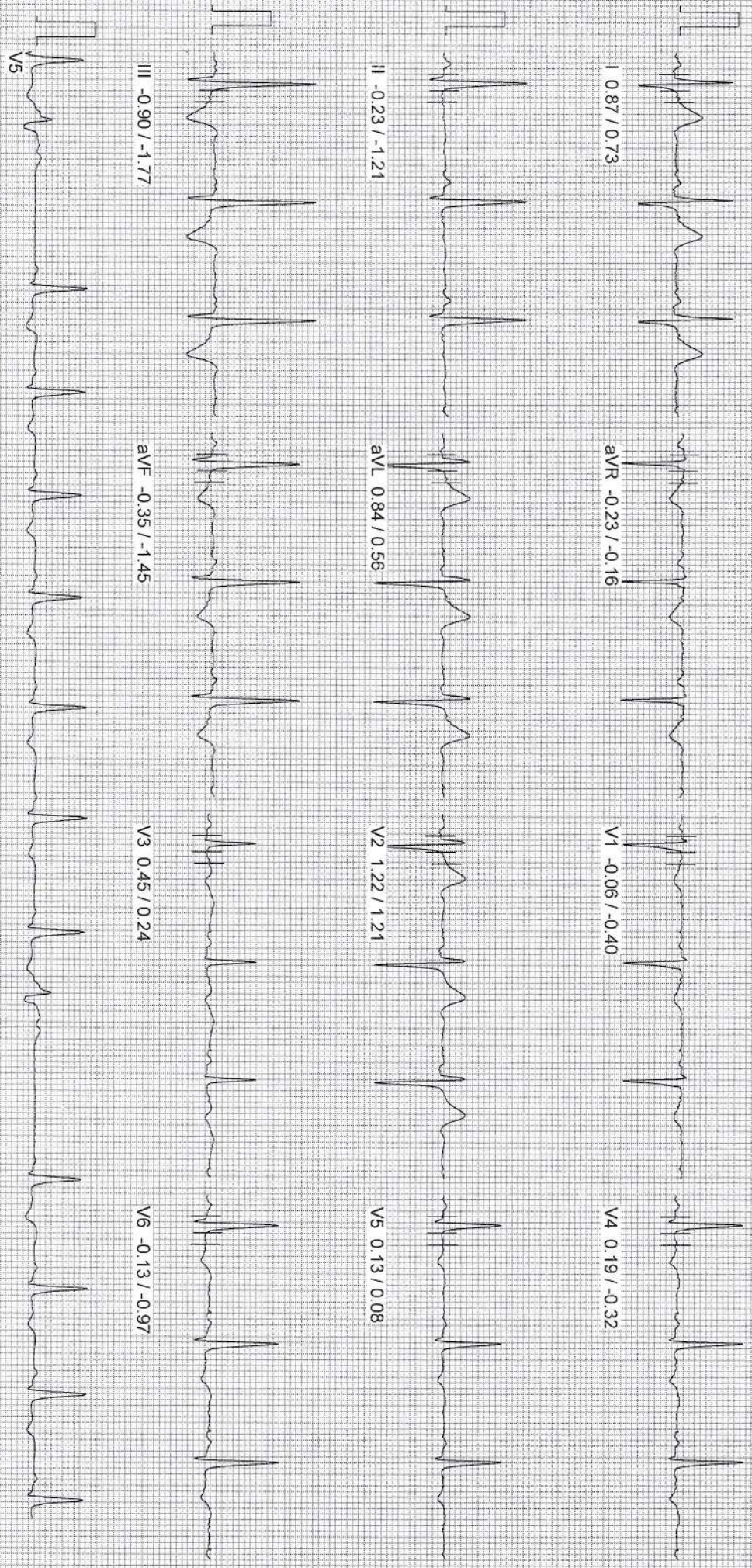
PATIENT ID : R HEIGHT : 164 CM WEIGHT : 84.00 Kg  
PATIENT NAME : NILESH BORATE 41/M

LDR CLINIC LLP  
Linked Median Report

March 11, 2023 12:48 pm  
Report time : 12:48 pm

PROTOCOL : BRUCE  
STAGE : Standing  
ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

PHASE TIME : 00:28 SPEED: 0.0 kmph  
STAGE DURATION : 00:00 GRADE: 0.0  
HR : 72 bpm BP : 120 / 70 mmHg  
QRS Lead : V5 METS : 1.00



100 Hz

10mm/rmv 25mm/sec



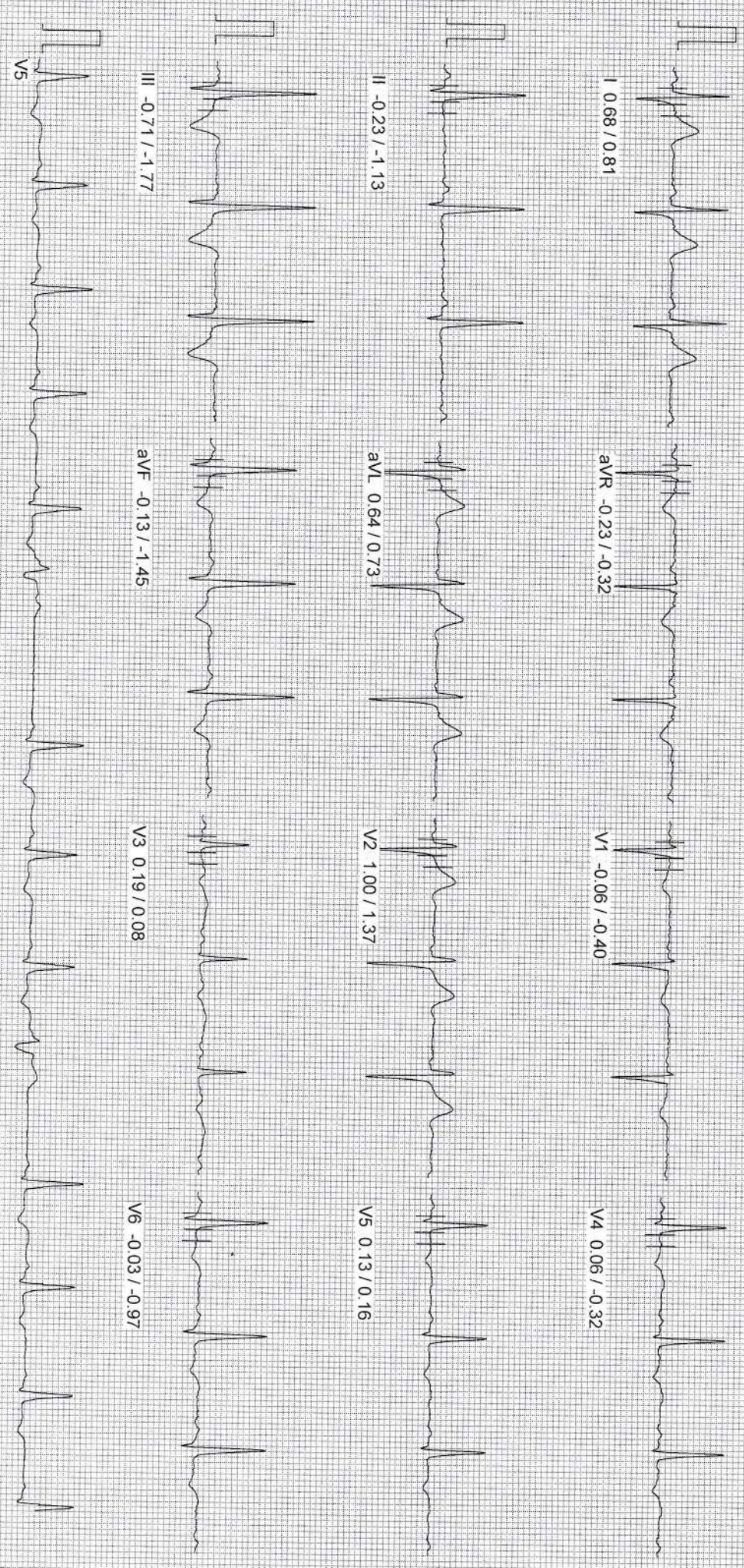
PATIENT ID : R HEIGHT : 164 Cm WEIGHT : 84.00 Kg  
PATIENT NAME : NILESH BORATE 41/M

LDR CLINIC LLP  
Linked Median Report

March 11, 2023 12:48 pm  
Report time : 12:48 pm

PROTOCOL : BRUCE  
STAGE : HyperVentilation  
ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

PHASE TIME : 00:36 SPEED: 0.0 kmph  
STAGE DURATION : 00:00 GRADE: 0.0  
HR : 74 bpm BP : 120 / 70 mmHg  
QRS Lead : V5 METs : 1.00





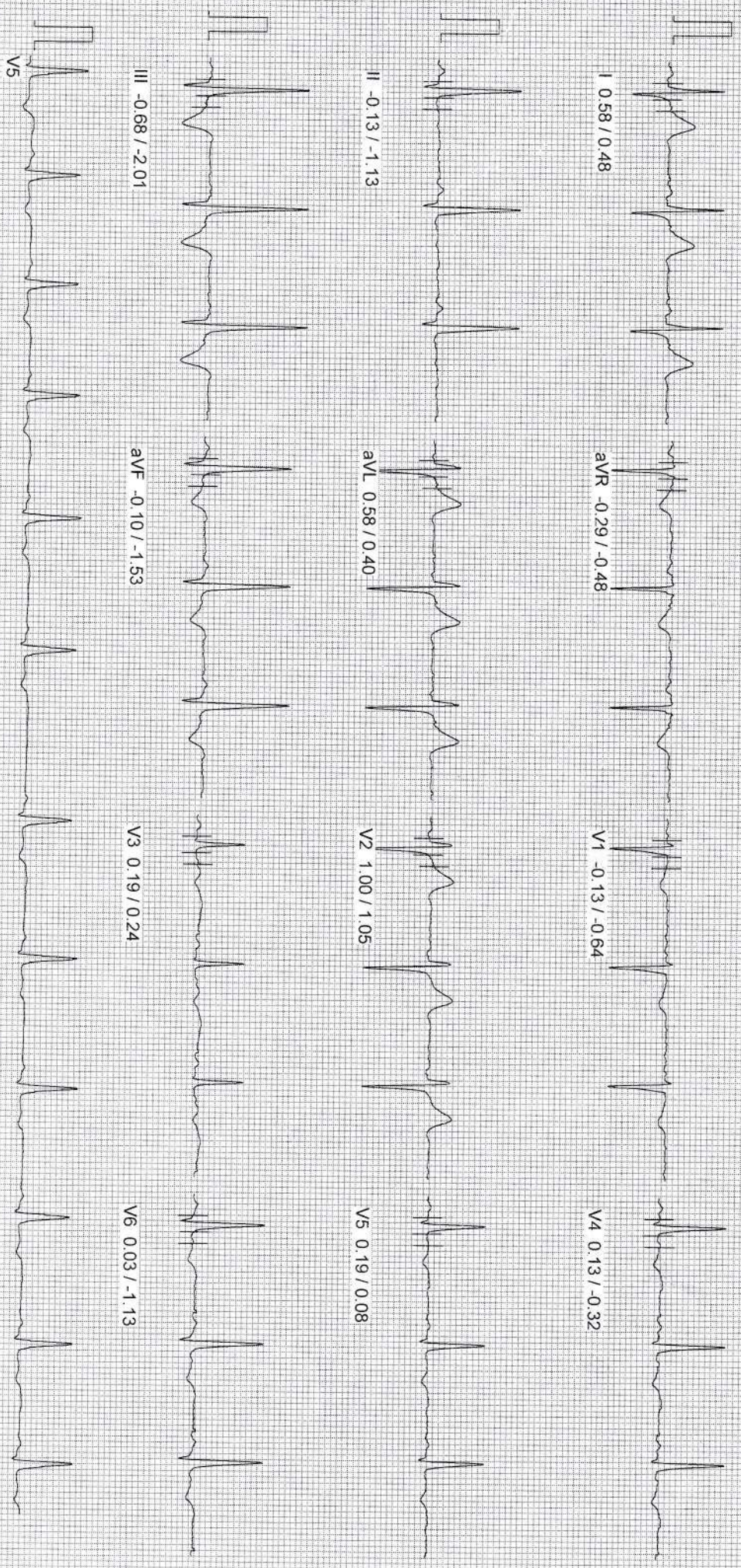
PATIENT ID : R HEIGHT : 164 cm WEIGHT : 84.00 Kg  
PATIENT NAME : NILESH BORATE 41/M

LDR CLINIC LLP  
Linked Median Report

March 11, 2023 12:48 pm  
Report time : 12:49 pm

PROTOCOL : BRUCE  
STAGE : Wait For Exercise  
ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

PHASE TIME : 00:43 SPEED: 0.0 kmph  
STAGE DURATION : 00:00 GRADE: 0.0  
HR : 72 bpm BP : 120 / 70 mmHg  
QRS Lead : V5 METs : 3.40



100 Hz  
10mm/mv, 25mm/sec  
NASAN (C) ST-Win Deluxe BL 6.91, Unit Ver 4.20



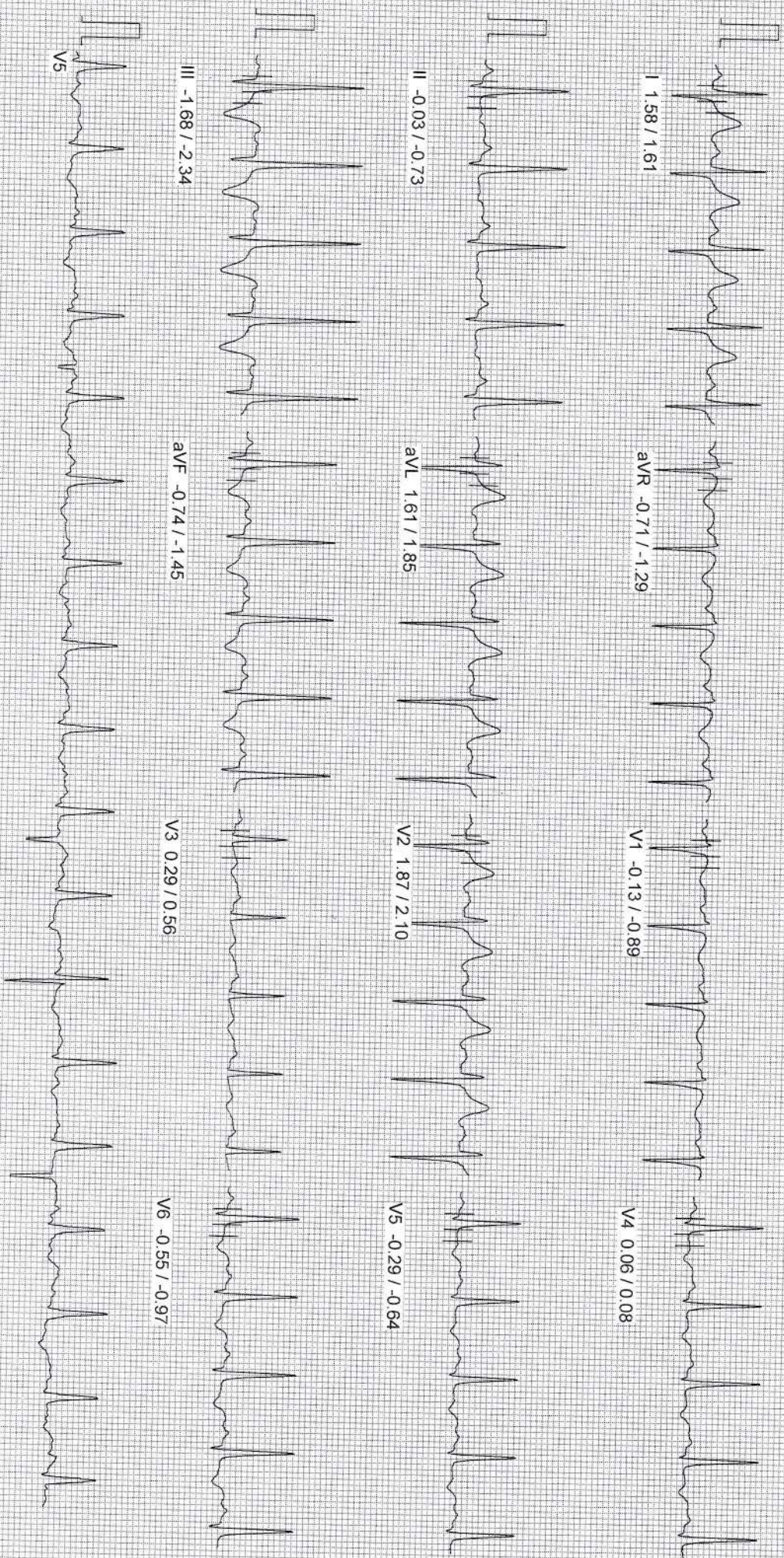
PATIENT ID : R HEIGHT : 164 Cm WEIGHT : 84.00 Kg  
PATIENT NAME : NILESH BORATE 41/M

LDR CLINIC LLP  
Linked Median Report

March 11, 2023 12:48 pm

PROTOCOL : BRUCE  
STAGE : Exercise Stage 1  
ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

PHASE TIME : 03:00 SPEED: 2.7 kmph  
STAGE DURATION : 03:00 GRADE: 10.0  
HR : 109 bpm BP : 130 / 80 mmHg  
QRS Lead : V5 METS : 5.70



100 Hz

10mm/mv 25mm/sec



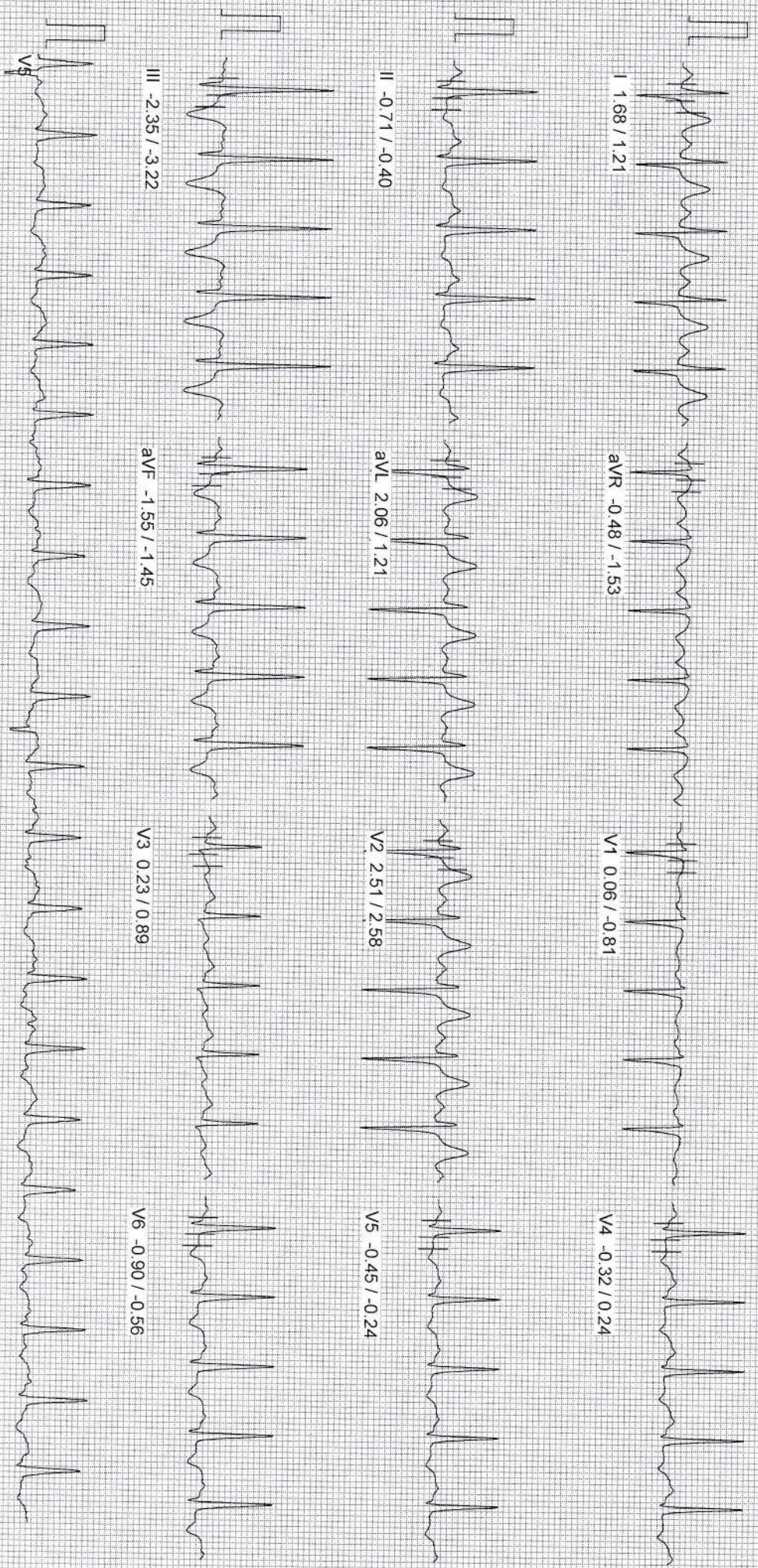
PATIENT ID : R HEIGHT : 164 Cm WEIGHT : 84.00 Kg  
PATIENT NAME : NILESH BORATE 41/M

LDR CLINIC LLP  
Linked Median Report

March 11, 2023 12:48 pm  
Report time : 12:55 pm

PROTOCOL : BRUCE  
STAGE : Exercise Stage 2  
ST Levels (mm) / ST Slope (mv/s) measured at 80 ms Post J

PHASE TIME : 06:00 SPEED: 4.0 kmph  
STAGE DURATION : 03:00 GRADE: 12.0  
HR : 125 bpm BP : 140 / 80 mmHg  
QRS Lead : V5 METs : 8.00



100 HZ

10mm/mv 25mm/sec



PATIENT ID : R HEIGHT : 164 Cm WEIGHT : 84.00 Kg  
PATIENT NAME : NILESH BORATE 41/M

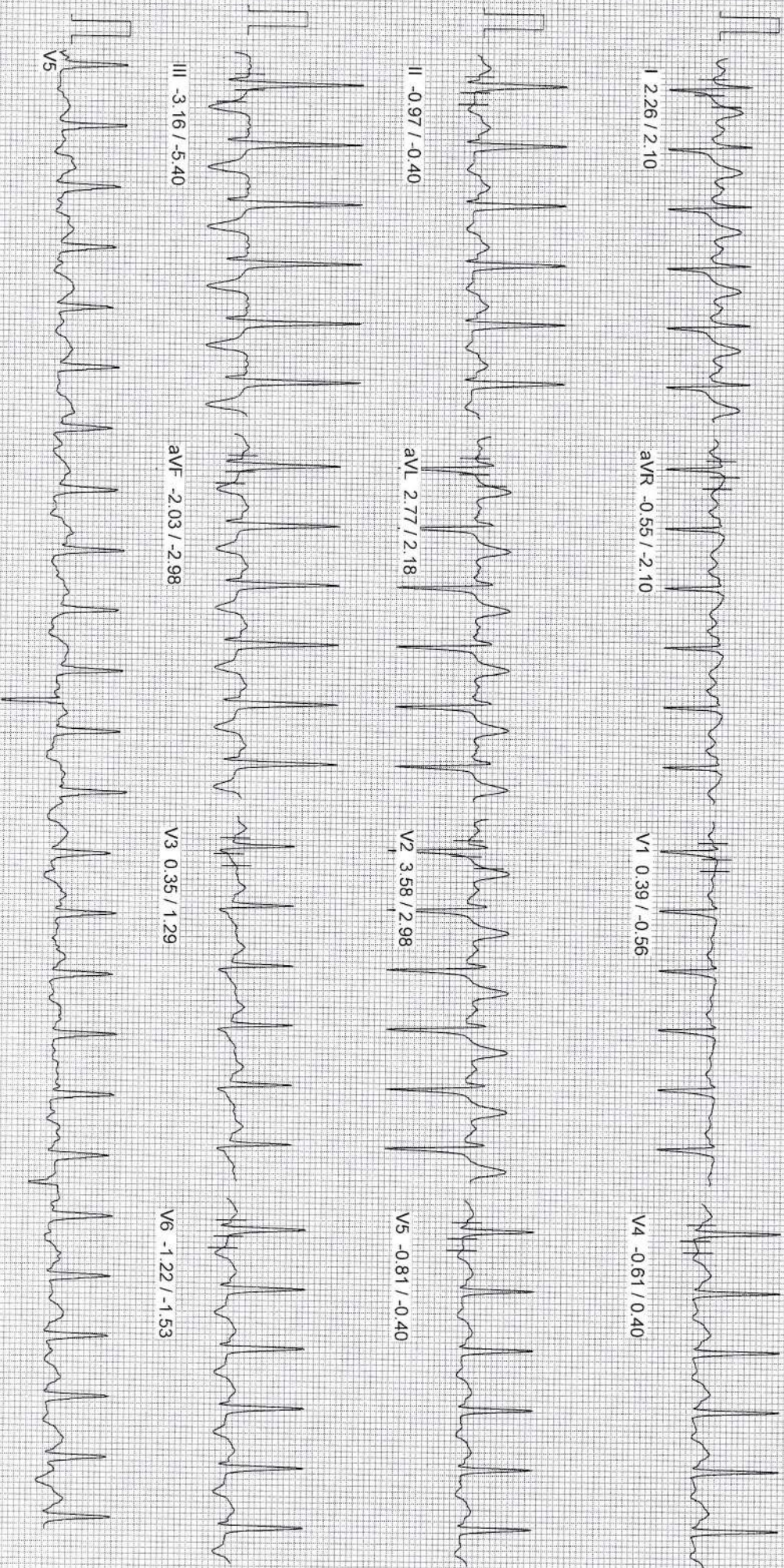
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Linked Median Report

March 11, 2023 12:48 pm  
Report time 12:58 pm

PROTOCOL : BRUCE  
STAGE : Exercise Stage 3  
ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

PHASE TIME : 09:00 SPEED: 5.5 kmph  
STAGE DURATION : 03:00 GRADE: 14.0  
HR : 146 bpm BP : 150 / 90 mmHg  
QRS Lead : V5 METS : 10.60



10mm/mv, 25mm/sec

100 Hz



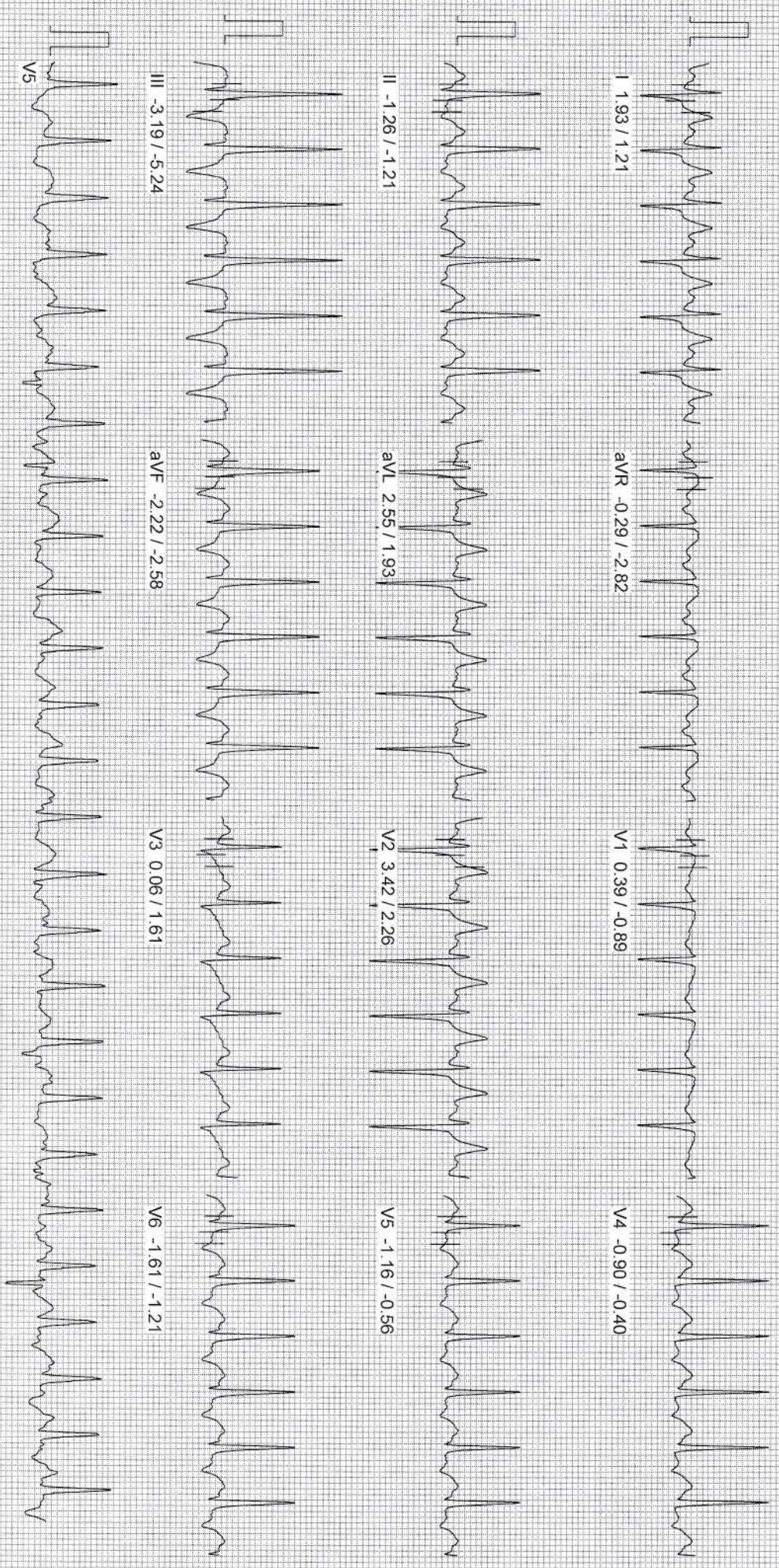
PATIENT ID : R HEIGHT : 164 Cm WEIGHT : 84.00 Kg  
PATIENT NAME : NILESH BORATE 41M

Linked Median Report

March 11, 2023 12:48 pm  
Report time : 12:58 pm

PROTOCOL : BRUCE  
STAGE : Peak Exercise  
ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

PHASE TIME : 09:32 SPEED: 6.8 kmph  
STAGE DURATION : 00:32 GRADE: 16.0  
HR : 152 bpm BP : 150 / 90 mmHg  
QRS Lead : V5 METs : 10.60



100 Hz

10mm/mv 25mm/sec



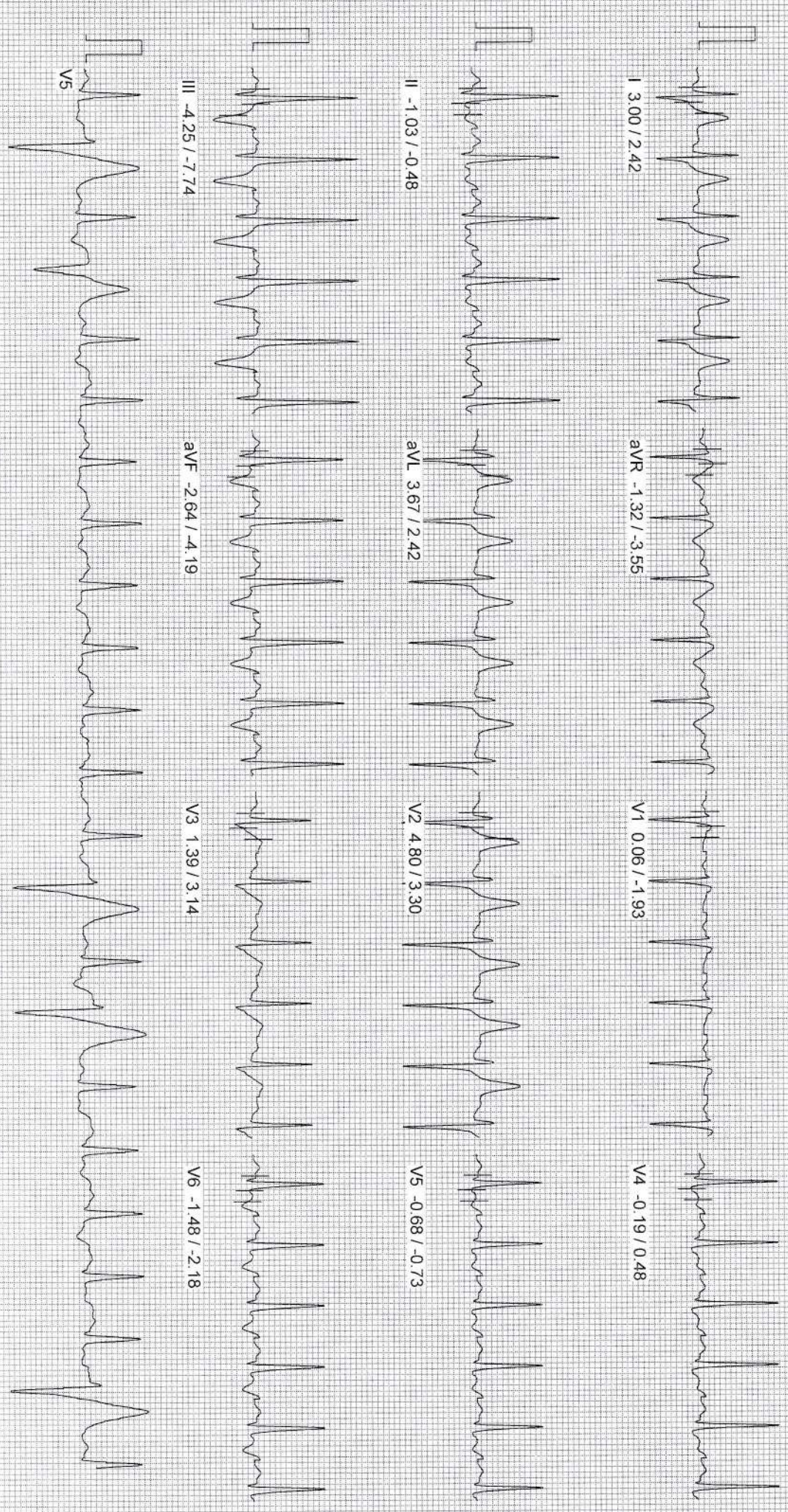
PATIENT ID : R HEIGHT : 164 Cm WEIGHT : 84.00 Kg  
PATIENT NAME : NILESH BORATE 41/M

LDR CLINIC LLP  
Linked Median Report

March 11, 2023 12:48 pm  
Report time : 12:59 pm

PROTOCOL : BRUCE  
STAGE : Recovery  
ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

PHASE TIME : 09:32 SPEED: 0.0 kmph  
STAGE DURATION : 01:00 GRADE: 0.0  
HR : 137 bpm BP : 150 / 90 mmHg  
QRS Lead : V5 METs : 1.00





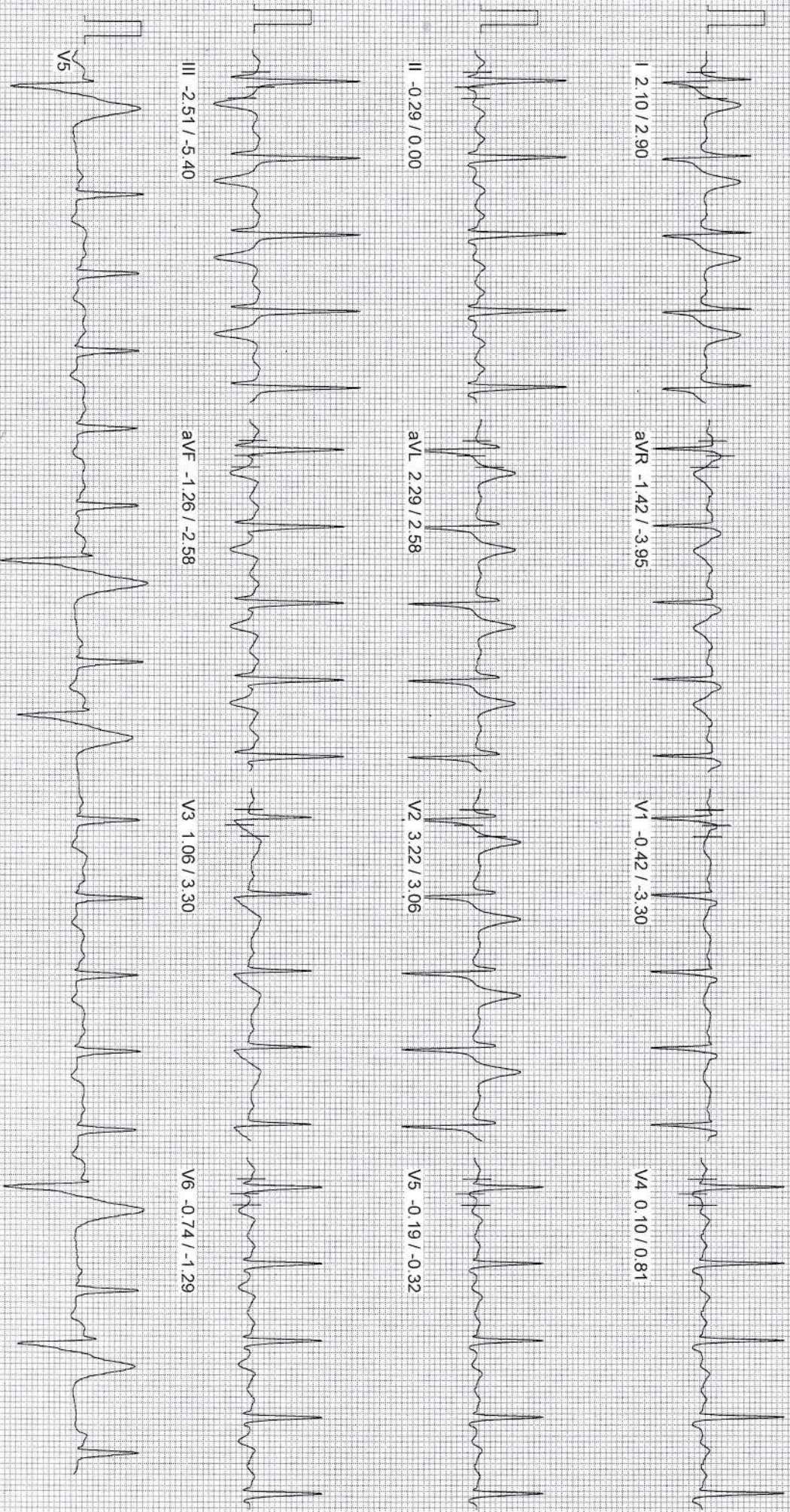
PATIENT ID : R HEIGHT : 164 Cm WEIGHT : 84.00 Kg  
PATIENT NAME : NILESH BORATE 41/M

Linked Median Report

March 11, 2023 12:48 pm  
Report time : 01:00 pm

PROTOCOL : BRUCE  
STAGE : Recovery  
ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

PHASE TIME : 09:32 SPEED: 0.0 kmph  
STAGE DURATION : 02:00 GRADE: 0.0  
HR : 115 bpm BP : 150 / 90 mmHg  
QRS Lead : V5 METS : 1.00



10mm/rmv, 25mm/sec

100 HZ

NASAN (C) ST-Win Deluxe BL 6.91, Unit Ver 4.20