

LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,  
Mediwheel (Arcofemi Healthcare Limited)  
Helpline number: 011- 41195959

Dear Sir / Madam,

**Sub: Annual Health Checkup for the employees of Bank of Baroda**

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	MR. TAYLOR ASHISH
EC NO.	104294
DESIGNATION	SINGLE WINDOW OPERATOR A
PLACE OF WORK	JAIPUR,BAIS GODAM
BIRTHDATE	16-01-1988
PROPOSED DATE OF HEALTH CHECKUP	13-06-2023
BOOKING REFERENCE NO.	23J104294100061750E

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **12-06-2023** till **31-03-2024** The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

**Chief General Manager**  
**HRM Department**  
**Bank of Baroda**

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))



# CONSULTATION SUMMARY

**Patient MRN** : 15010000340018  
**Patient Name** : Mr ASHISH TOYLOR  
**Gender/Age/Dob** : Male , 34 Years , 14/11/88  
**Patient Phone No** : 8619260359  
**Patient Address** : H NO-30 MOTI VIHAR  
SHEOPUR,Jaipur,Rajasthan,IN,  
-302033

**Consultation Date** : 13/06/2023 01:14 PM  
**Consultant** : Dr. Deepak Garg (NON  
INVASIVE DIAGNOSTIC  
SERVICES)  
**Consultation Type** : OP , NEW VISIT



## CHIEF COMPLAINTS & HISTORY OF PRESENT ILLNESS

- HEALTH CHECKUP : NO COMPLAINS
- SNORING : ? SLEEP APNOE

## DIAGNOSIS

- 102512003 | Healthy adult, Primary, Final, 13/06/2023
- 72863001 | Snoring, Secondary, Provisional, 13/06/2023

## MEDICATION ORDER

DRUG NAME	PATIENT INSTRUCTION
1) CALCIUM CARBONATE+VITD3+MECOBALAMIN+P5P- TABLET- 1250MG+2000IU+1500MCG+20MG- <b>GEMCAL XT</b>	Once Daily ( 0 - 1 - 0 - 0 ) Tablet Orally After Food For 1 Month   Qty: 30   Start Date: Jun 13, 2023   End Date: Jul 12, 2023

## ADVICE

- VITAMIN D25 AND VITAMIN B12 LEVEL ON NEXT VISIT.

## VITALS

Blood Pressure: 120/80 mmHg Heart Rate: 68 bpm

## PROCEDURE HISTORY

- No known surgical history

## PAST MEDICAL HISTORY

- No significant past medical history

## CROSS CONSULTATION

- Dr. Shivani Swami, PULMONOLOGY on 13/06/2023

## FOLLOW UP DETAILS

### Narayana Multispeciality Hospital

(A unit of Narayana Hrudayalaya Limited) CIN: L85110KA2000PLC027497

Registered Office: 258/A, Bommasandra Industrial Area, Anekal Taluk, Bangalore 560099

Hospital Address: Sector-28, Kumbha Marg, Pratap Nagar, Jaipur 302033

Tel: +91 141 7122 233 | Email: info.jpr@narayanahealth.org | [www.narayanahealth.org](http://www.narayanahealth.org)

GST No. 08AABCN1685J1Z8



Appointments

**1800-309-0309 (Toll Free)**

Emergencies

**99837-32222**

Dr. DEEPAK GARG  
M.B.B.S-DIP (Cardiology)  
Consultant - Interventional Medicine  
Reg. No. 21803  
Narayana Multispeciality Hospital, Jaipur



- **Physical Consultation after 1 Month**

**ALLERGY**

- No known allergies

**FAMILY HISTORY**

- No significant family history

**SOCIAL HISTORY**

- No significant social history

**CONSULTANT DETAILS**



Dr. DEEPAK GARG  
M.B.B.S. DIP (Cardiology)  
Consultant-Preventive Medicine  
Reg No. 21959  
Narayana Multispeciality Hospital, Jaipur

Dr. Deepak Garg , JUNIOR CONSULTANT , NON INVASIVE DIAGNOSTIC SERVICES

One free consultation with the same doctor within next 6 days.

Printed By: Dr. Deepak Garg | Printed On: 13.06.2023 13:21



# CONSULTATION SUMMARY

**Patient MRN** :15010000340018  
**Patient Name** :Mr ASHISH TOYLOR  
**Gender/Age/Dob** :Male , 34 Years , 14/11/88  
**Patient Phone No** :8619260359  
**Patient Address** :H NO-30 MOTI VIHAR  
SHEOPUR,Jaipur,Rajasthan,IN,  
-302033

**Consultation Date** :13/06/2023 11:36 AM  
**Consultant** :Dr. Anil Goyal  
(OPHTHALMOLOGY)  
**Consultation Type** :OP , NEW VISIT



## CHIEF COMPLAINTS & HISTORY OF PRESENT ILLNESS

- ROUTINE CHECKUP :

## PAST MEDICAL HISTORY

- No significant past medical history

## NOTES

- ADV GL NO RE -1.25@180 LE PLAIN AR/CR GL FOR COMPUTER USE

## SYSTEMIC EXAMINATION

- Eyes : VN RE 6/9 LE 6/6 N6 BE S/L NAD BE

## MEDICATION ORDER

<u>DRUG NAME</u>	<u>PATIENT INSTRUCTION</u>
1) CARBOXYMETHYLCELLULOSE-DROPS-0.5% 10ML- <b>REFRESH TEARS</b>	Thrice Daily ( 1 - 1 - 1 - 0 ) For 1 Month   Qty: 1   Start Date: Jun 13, 2023   End Date: Jul 12, 2023

## PROCEDURE HISTORY

- No known surgical history

## ALLERGY

- No known allergies

## FAMILY HISTORY

- No significant family history

## SOCIAL HISTORY

- No significant social history

## Narayana Multispeciality Hospital

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Appointments

**1800-309-0309 (Toll Free)**

Emergencies

**99837-32222**



Mr ASHISH TOYLOR (15010000340018)

**CONSULTANT DETAILS**



Dr. Anil Goyal , VISITING CONSULTANT , OPHTHALMOLOGY

Dr. ANIL GOYAL  
M.B.B.S., M.D. (Ophthalmology)  
Registration No. (BMC-17444)  
Narayana Multispeciality Hospital

One free consultation with the same doctor within next 6 days.

Printed By: Dr. Anil Goyal | Printed On: 13.06.2023 11:42

**Narayana Multispeciality Hospital**

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Emergencies

**99837-32222**



MRN NO: 15010000340018  
PATIENT'S ASHISH TOYLOR  
DR. NAME: DEEPAK GARG

DATE 13/06/2023  
AGE/SEX: 34 YRS./M

**ULTRASOUND STUDY OF ABDOMEN & PELVIS (PHC)**

**Liver:** - Normal in size, shape & echotexture. No evidence of any mass lesion is seen. Bilobar Intrahepatic biliary radicals are not dilated.

**Gall Bladder:** - Is distended. Lumen is clear. Wall thickness is normal.

**CBD:** - Normal in calibre. No calculus is seen in visualized part of CBD.

**Portal Vein:** - Normal in calibre.

**Pancreas:** - Normal in size & echotexture. No focal lesion is seen. MPD is not dilated.

**Spleen :** - Normal in size & echotexture. No focal lesion is seen.

**Right Kidney:** - Normal in shape, size & location. Echotexture is normal. Corticomedullary differentiation is maintained. There is no evidence of calculus or hydronephrosis.

**Left Kidney:** - Normal in shape, size & location. Echotexture is normal. Corticomedullary differentiation is maintained. There is no evidence of calculus or hydronephrosis.

**Urinary Bladder:** - is distended. No calculus or mass lesion is seen. Wall thickness is normal.

**Prostate:** - is normal in size, shape and echotexture

**Others:** - No free fluid is seen in abdomen.

**Impression:** *USG findings are suggestive of: -*

- *No sonographic abnormality is seen.*

*Correlate clinically & with other related investigations.*



Dr. Swati Jain  
Consultant Radiologist

Dr. Vijay Kumar Sharma  
Consultant Radiologist

Dr. Sunny Maharwal  
Consultant Radiologist

*This is a preventive health checkup sonography report with no available clinical details and previous records.*



**DEPARTMENT OF LABORATORY MEDICINE**

Final Report

Patient Name : Mr ASHISH TOYLOR MRN : 15010000340018 Gender/Age : MALE , 34y (14/11/1988)

Collected On : 13/06/2023 08:46 AM Received On : 13/06/2023 08:47 AM Reported On : 13/06/2023 10:39 AM

Barcode : 412306130055 Specimen : Whole Blood Consultant : Dr. Deepak Garg(NON INVASIVE DIAGNOSTIC SERVICES)

Sample adequacy : Satisfactory Visit No : OP-002 Patient Mobile No : 8619260359

**HAEMATOLOGY**

Test	Result	Unit	Biological Reference Interval
<b>COMPLETE BLOOD COUNT (CBC)</b>			
Haemoglobin (Hb%) (Photometric Measurement)	15.6	g/dL	13.0-17.0
Red Blood Cell Count (Electrical Impedance)	4.71	millions/ $\mu$ L	4.2-6.0
PCV (Packed Cell Volume) / Hematocrit (Calculated)	48.6	%	40.0-54.0
MCV (Mean Corpuscular Volume) (Derived)	<b>103 H</b>	fL	80.0-100.0
MCH (Mean Corpuscular Haemoglobin) (Calculated)	33.2	pg	32.0-35.0
MCHC (Mean Corpuscular Haemoglobin Concentration) (Calculated)	32.1	g/L	27.0-34.0
Red Cell Distribution Width (RDW)	14.7	%	12.0-18.0
Platelet Count (Electrical Impedance Plus Microscopy)	261	Thousand / $\mu$ L	150.0-400.0
Total Leucocyte Count(WBC) (Electrical Impedance / Flow Cytometric)	8.6	Thous/cumm	4.0-10.0
<b>DIFFERENTIAL COUNT (DC)</b>			
Neutrophils	60.6	%	40.0-75.0
Lymphocytes	33.8	%	15.0-45.0
Monocytes	<b>1.6 L</b>	%	4.0-13.0
Eosinophils	3.1	%	0.5-7.0
Basophils	0.9	%	0.0-2.0

Page 1 of 5

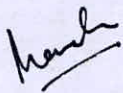


Patient Name : Mr ASHISH TOYLOR MRN : 15010000340018 Gender/Age : MALE , 34y (14/11/1988)

Absolute Neutrophil Count	5.22	Thousand / $\mu$ L	1.5-7.0
Absolute Lymphocyte Count	2.91	Thousand / $\mu$ L	1.0-4.0
Absolute Monocyte Count	<b>0.14 L</b>	Thousand / $\mu$ L	0.2-0.8
Absolute Eosinophil Count	<b>0.27 H</b>	Thousand / $\mu$ L	0.0-0.2
Absolute Basophil Count	0.08	Thousand / $\mu$ L	0.0-0.2

As per the recommendation of International Council for Standardization in Hematology, the differential counts are additionally being reported as absolute numbers.

<b>Erythrocyte Sedimentation Rate (ESR)</b> (Westergren Method)	04	mm/hr	0.0-10.0
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Dr. Manisha Agarwal  
MBBS, DNB Pathology and DCP  
Consultant

#### BIOCHEMISTRY

Test	Result	Unit	Biological Reference Interval
<b>SERUM CREATININE</b>			
Serum Creatinine	0.87	mg/dL	0.66-1.25
eGFR	100.5	mL/min/1.73m <sup>2</sup>	Both: <60 indicative of renal impairment Both: Note:eGFR is inaccurate for Hemodynamically unstable patients eGFR is not applicable for less than 18
<b>Blood Urea Nitrogen (BUN)</b> (Colorimetric (Urease UV))	<b>7.98 L</b>	mg/dL	9.0-20.0
<b>Serum Uric Acid</b> (Colorimetric - Uricase,Peroxidase)	8.00	mg/dL	3.5-8.5

#### LIPID PROFILE (CHOL,TRIG,HDL,LDL,VLDL)



Patient Name : Mr ASHISH TOYLOR MRN : 15010000340018 Gender/Age : MALE , 34y (14/11/1988)			
Cholesterol Total (Enzymatic Method (cholesterol Oxidase, Esterase, Peroxidase))	192.9	mg/dL	Both: Desirable: < 200 Both: Borderline High: 200-239 Both: High: > 240
Triglycerides (Enzymatic Method (lipase, Kinase, Oxidase And Peroxidase))	242.5 H	mg/dL	Both: Normal: < 150 Both: Borderline High: 150-199 Both: High : 200-499 Both: Very High: => 500
HDL Cholesterol (HDLC) (Direct Measure, PTA /MgCl2)	28.1 L	mg/dL	Low: < 40 High: => 60
Non-HDL Cholesterol	164.8	-	-
LDL Cholesterol (Friedewald Formula)	116.3 H	mg/dL	Both: Desirable: < 100 Both: Optimal: 100-129 Both: Borderline High: 130-159 Both: High: 160-189 Both: Very High: > 190
VLDL Cholesterol (Friedewald Formula)	48.5	mg/dL	10.0-50.0
Cholesterol /HDL Ratio	6.9 H	-	0.0-5.0
<b>Total Protein</b> (Biuret (alkaline Cupric Sulfate))	8.05	gm/dL	6.3-8.2
<b>SGOT (AST)</b> (Enzymatic Colorimetric)	42	U/L	17.0-59.0
<b>SGPT (ALT)</b> (UV With PSP -IFCC)	52 H	U/L	<50.0
<b>Alkaline Phosphatase (ALP)</b>	71	U/L	38.0-126.0
<b>Gamma Glutamyl Transferase (GGT)</b> (L-gamma-glutamyl-4-nitroanalide/glycylglycine Kinetic Method)	50	U/L	15.0-73.0
<b>THYROID PROFILE (T3, T4, TSH)</b>			
Tri Iodo Thyronine (T3) (Enhanced Chemiluminescence)	1.26	ng/ml	0.97-1.69
Thyroxine (T4) (Enhanced Chemiluminescence)	7.76	ug/dl	4.3-12.5
TSH (Thyroid Stimulating Hormone) (Enhanced Chemiluminescence)	4.63	uIU/ml	0.35-5.5



Patient Name : Mr ASHISH TOYLOR MRN : 15010000340018 Gender/Age : MALE , 34y (14/11/1988)

*Anil*

Dr. Anil Sharma  
MBBS , MD ( Microbiology )  
Senior Consultant

**CLINICAL PATHOLOGY**

Test	Result	Unit	Biological Reference Interval
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**URINE ROUTINE & MICROSCOPY**

**PHYSICAL EXAMINATION**

Volume	25 H	ml	0.0-0.0
Colour	Pale Yellow	-	0-0
Appearance	Clear	-	0-36500

**CHEMICAL EXAMINATION**

pH(Reaction)	6.0	-	4.5-9.0
Sp. Gravity	>=1.030	-	1.002-1.03
Protein	Negative	-	0-0
Urine Glucose	Negative	-	0-0

**MICROSCOPIC EXAMINATION**

Pus Cells	1-2	/hpf	-
RBC	Nil	/hpf	-
Epithelial Cells	1-2	/hpf	-
Crystals	Nil	-	-
Casts	Nil	-	-

Page 4 of 5

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GST No. 08AABCN1685J1Z8



Appointments

**1800-309-0309 (Toll Free)**

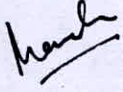
Emergencies

**99837-32222**



Patient Name : Mr ASHISH TOYLOR MRN : 15010000340018 Gender/Age : MALE , 34y (14/11/1988)

--End of Report--



Dr. Manisha Agarwal  
MBBS, DNB Pathology and DCP  
Consultant

**Note**

- Abnormal results are highlighted.
- Results relate to the sample only.
- Kindly correlate clinically.





DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Mr ASHISH TOYLOR MRN : 15010000340018 Gender/Age : MALE , 34y (14/11/1988)

Collected On : 13/06/2023 08:46 AM Received On : 13/06/2023 08:47 AM Reported On : 13/06/2023 10:32 AM

Barcode : 402306130072 Specimen : Whole Blood Consultant : Dr. Deepak Garg(NON INVASIVE DIAGNOSTIC SERVICES)

Sample adequacy : Satisfactory Visit No : OP-002 Patient Mobile No : 8619260359

BIOCHEMISTRY

Test	Result	Unit	Biological Reference Interval
Fasting Blood Sugar (FBS) (Colorimetric (Glucose Oxidase Hydrogen Peroxidase))	106	mg/dL	65.0-110.0

HBA1C

HbA1c	5.8 H	%	<= 5.7%-NORMAL 5.7-6.4% - PREDIABETES >=6.5% - DIABETES
Estimated Average Glucose	119.76	mg/dL	<140.0

Interpretation:

- HbA1C above 6.5% can be used to diagnose diabetes provided the patient has symptoms. If the patient does not have symptoms with HbA1C>6.5%, repeat measurement on further sample. If the repeat test result is <6.5%, consider as diabetes high risk and repeat measurement after 6 months.
- HbA1C measurement is not appropriate in diagnosing diabetes in children, suspicion of type 1 diabetes, symptoms of diabetes for less than 2 months, pregnancy, hemoglobinopathies, medications that may result sudden increase in glucose, anemia, renal failure, HIV infection, malignancies, severe chronic hepatic, and renal disease.
- Any sample with >15% should be suspected of having a haemoglobin variant.

Bilirubin Total (Dyphylline, Diazonium Salt)	1.15	mg/dL	0.2-1.3
Albumin To Globulin (A/G)Ratio	1.27	-	1.0-2.1



Dr. Anil Sharma  
MBBS , MD ( Microbiology )  
Senior Consultant

CLINICAL PATHOLOGY

Test	Result	Unit
Urine For Sugar (Fasting)	NEGATIVE	-

Page 1 of 2



Patient Name : Mr ASHISH TOYLOR MRN : 15010000340018 Gender/Age : MALE , 34y (14/11/1988)

--End of Report--



Dr. Manisha Agarwal  
MBBS, DNB Pathology and DCP  
Consultant

**Note**

- Abnormal results are highlighted.
- Results relate to the sample only.
- Kindly correlate clinically.





<b>Patient Name</b>	ASHISH TOYLOR	<b>Requested By</b>	Dr.^Deepak^Garg
<b>MRN</b>	15010000340018	<b>Procedure DateTime</b>	2023-06-13 09:12:17
<b>Age/Sex</b>	34Y 6M / Male	<b>Hospital</b>	NH JAIPUR

**X-RAY CHEST P.A. VIEW**

**Clinical profile not known.**

Both lung fields are clear. No parenchymal lesion noted.

Both CP angles are clear.

Cardiac shadow is within normal limits.

Bony thorax & soft tissue appears normal.

Domes of diaphragm are normally placed.

**Correlate clinically & with other related investigations.**



**Dr. Jainendra Jain**  
Senior Consultant(Radiology)

This is a digitally signed valid document. Reported Date/Time: 2023-06-13 12:24:27



# ADULT TRANS-THORACIC ECHO REPORT

**PATIENT NAME** : Mr ASHISH TOYLOR  
**GENDER/AGE** : Male, 34 Years  
**LOCATION** :-

**PATIENT MRN** : 15010000340018  
**PROCEDURE DATE** : 13/06/2023 10:10 AM  
**REQUESTED BY** : Dr. Deepak Garg



## IMPRESSION

- CLINICAL PROFILE :- CARDIAC EVALUATION
- ALL CARDIAC CHAMBERS ARE NORMAL
- ALL CARDIAC VALVES ARE NORMAL
- IAS/IVS INTACT
- NO RWMA, LVEF=60% (VISUALLY ESTIMATED)
- NORMAL LV SYSTOLIC FUNCTION.
- NORMAL LV DIASTOLIC FUNCTION.
- NO CLOT/VEGETATION/MASS/PERICARDIAL EFFUSION.
- PLEASE CORRELATE CLINICALLY AND WITH OTHER INVESTIGATIONS.

## FINDINGS

### CHAMBERS

LEFT ATRIUM : AP DIAMETER(MM): 33  
LEFT VENTRICLE : LVIDD(MM) : 41 IVSD(MM) : 11 EDV(ML) : 76  
LVIDS(MM) : 27 LVPWD(MM) : 11 ESV(ML) : 27  
E/A RATIO : E/E'(AVERAGE) : LVEF(%) : 60

### VALVES

MITRAL : NORMAL MOBILITY AND THICKNESS WITH NO CALCIFICATION. SUB VALVAR STRUCTURES ARE NORMAL  
AORTIC : NORMAL MOBILITY AND THICKNESS WITH NO CALCIFICATION  
TRICUSPID : NORMAL MOBILITY AND THICKNESS WITH NO CALCIFICATION. SUB VALVAR STRUCTURES ARE NORMAL  
PULMONARY : NORMAL MOBILITY AND THICKNESS WITH NO CALCIFICATION

*Se*

DR. SITARAM GUPTA  
JUNIOR CONSULTANT



ID: 1501000340010  
Name: MR ASHISH  
Age:  
Gender:

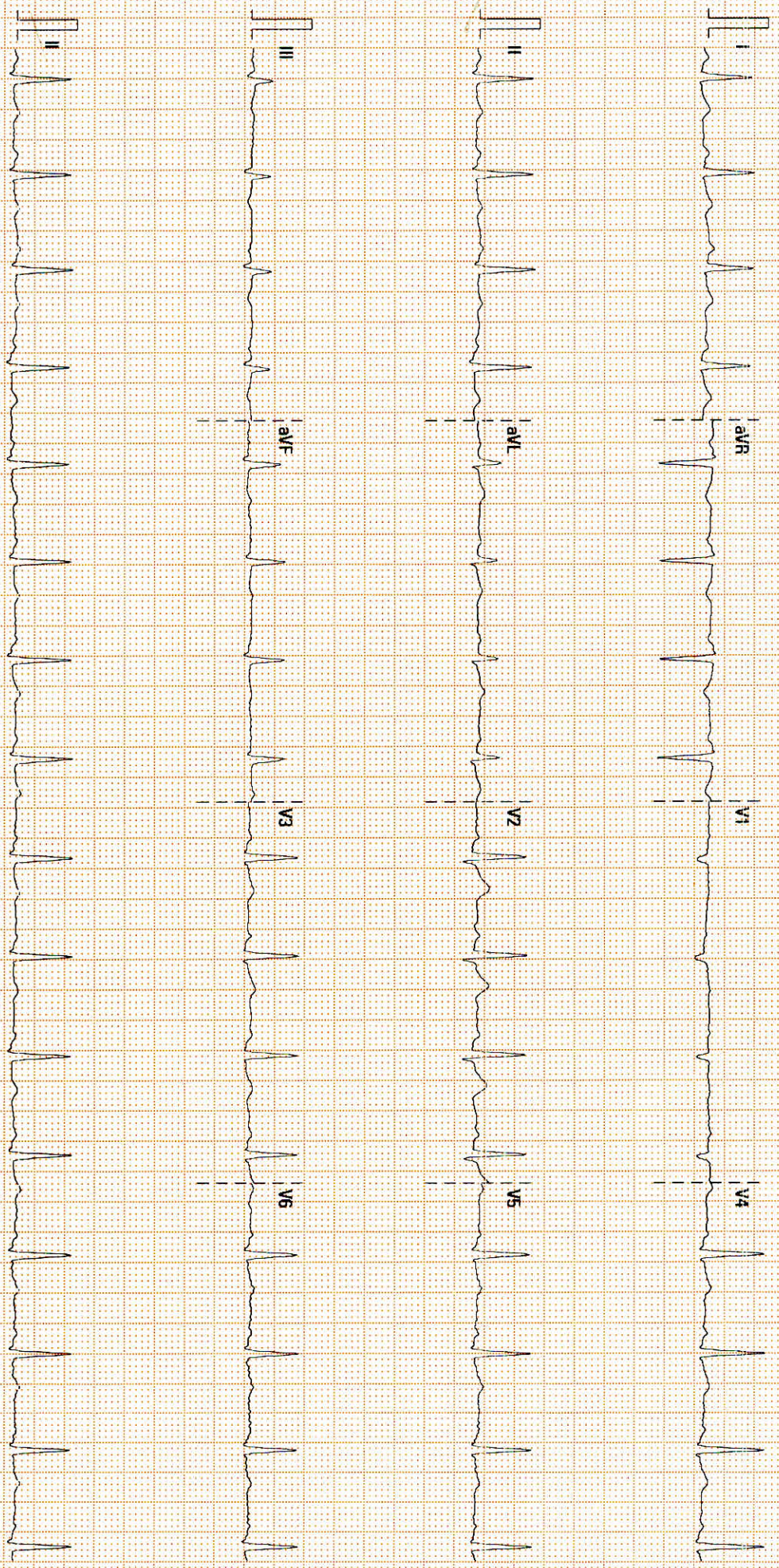
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Vert. Rate  
PR Interval  
QRS Duration  
QT/QTc Interval  
P/QRS/T Axes  
Gibberidge

93 bpm  
126 ms  
86 ms  
338/296 ms  
13/42/12 deg

Sinus rhythm  
— Interpretation made without knowing patient's gender/age —  
Normal ECG

Unconfirmed Diagnosis



25 June '23

10:00 AM

500.00mV

02:07:00 V2.5.1

SN: 41-90034105