

Name : Mr. ARJUN GHOSH (48 /M)

Date : 05/01/2023

Address :

Examined by: Dr .JHUMA BAGCHI

UHID : AMHL.0002071201

Package : MEDI WHEEL FULL BODY HCK - MALE (ABOVE 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH164437



## CHIEF COMPLAINTS

Lump at back

## PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,  
Hypertension,  
Dyslipidemia, Thyroid  
disorder



## DRUG ALLERGY

NO KNOWN ALLERGY :05/01/2023



## SYSTEMIC REVIEW

### Cardiovascular system

- Nil Significant

### Respiratory system

- Nil Significant

### Gastrointestinal system

Symptoms - bloating, flatulence

### Genitourinary system

- Nil Significant

### Central nervous system

- Nil Significant

### Eyes

- Nil Significant

### ENT

- Nil Significant

### Musculoskeletal system

Spine and joints

- Nil Significant

### Skin

- Nil Significant



### Past medical history

Past medical history - nil significant



### Personal history

Marital status - Married

No. of children - 2

Diet - Vegetarian

Alcohol - does not consume alcohol

Smoking - No

Chews tobacco - No

Physical activity - Mild



### Family history

Father - alive

Mother - has expired

Brothers - 4

Sisters - 1

Diabetes - father

Age - greater than 50

Hypertension - father

Coronary artery

disease - none

Cancer - None

CVA - father

## PHYSICAL EXAMINATION



### General

Build - over weight

Height - 168

Weight - 78

BMI - 27.64

Pallor - No

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Oedema - no  
- Sebaceous cyst at back



### Cardiovascular system

Heart rate (Per minute) - 66  
Rhythm - Regular  
- B.P. Sitting  
Systolic(mm of Hg) - 140  
Diastolic(mm of Hg) - 90  
Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath sounds



### Abdomen

Organomegaly - No  
Tenderness - No



### Central nervous system

- No neurological deficit

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**COMPLETE HAEMOGRAM PROFILE**

Test Name	Result	Unit	Level	Range
Hemoglobin	15.5	g/dl	●	13.0-17.0
RBC COUNT	5.24	Million/ ul	●	4.5-5.5
Hematocrit - Hct:	45.5	%	●	41-53
MCV	86.7	fl	●	83-101
MCH	29.5	pg	●	27-32
MCHC	34.0	%	●	31.5-34.5
RDW	13.8	%	●	11.8-14.0
WBC Count	10200 *	/cu mm	●	4000-10000
Platelet Count	1.62	lacs/cu mm	●	1.5-4.0
Neutrophils	59	%	●	40-80
Lymphocytes	31	%	●	20-40
Monocytes	06	%	●	2-10
Eosinophils	04	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate on the smear			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	12	mm/1st hr	●	0-15

**URINE ROUTINE AND MICROSCOPY**

Test Name	Result	Unit	Level	Range
Volume:	30	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.005			
pH:	6.0			
Albumin:	Not Detected			
Glucose	+++			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		

Pus Cells	Occasionalhpf
Epithelial Cells	Occasionalhpf
Casts:	Not Found
Crystals:	Not Found
Note	Biological reference interval RBC- 0-2/hpf Pus Cell - 0-5/hpf.
NOTE : -	Urine glucose rechecked and confirmed by Benedict's test

**URINE SUGAR - POST PRANDIAL (QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	+++			

**URINE SUGAR- FASTING(QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	+++			

**BLOOD GROUPING AND TYPING (ABO AND RH)**

Test Name	Result	Unit	Level	Range
ABO Group:	B			
Rh (D) Type:	POSITIVE			

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	34	U/L	●	10-40
ALBUMIN - SERUM	4.5	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	169 *	U/L	●	53-128
AST (SGOT) - SERUM	28	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	1.0	mg/dL	●	0.0-1.0

● Within Normal Range    ● Borderline High/Low    ● Out of Range

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**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	218 *	mg/dL	●	0-200

LDL CHOLESTEROL -SERUM	145 *	mg/dL	●	Optimal: <100
VLDL CHOLESTEROL - SERUM (Calculated)	27	mg/dL	●	0-35

**CREATININE - SERUM**

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.8 *	mg/dL	●	0.9-1.3

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.9	g/dL	●	6.4-8.3
GLOBULIN: (CALCULATED) - SERUM	3.4	g/dL	●	1.8-3.6

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	63	U/L	●	7-64

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	1.0	ng/ml	●	0.8-2
TOTAL T4: THYROXINE - SERUM	11.7	µg/dL	●	5.1-14.1

**GLUCOSE - PLASMA (FASTING)**

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	269 *	mg/dL	●	70-99

**GLUCOSE - PLASMA (POST PRANDIAL)**

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	399 *	mg/dL	●	70-140

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	202 *	mg/dL	●	0-150

**HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD**

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	10.8 *	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >/= 6.5% ADA Therapeutic goal : <7%

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	1.9	µIU/mL	●	0.270-4.200

**URIC ACID - SERUM**

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	4.8	mg/dL	●	3.5-7.2

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	46	mg/dL	●	30-70

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.2	mg/dL	●	0.0-0.2

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### PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM

Test Name	Result	Unit	Level	Range
PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM	0.72	ng/mL	●	0.00-6.50

### BUN (BLOOD UREA NITROGEN)

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	6.7 *	mg/dL	●	7.0-18.0

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.3		●	1.0-2.0

### ECG

SINUS RHYTHM.  
NEGATIVE T WAVE ANTERIOR, LATERAL LEADS.  
LOW VOLTAGE T WAVES IN LIMB LEADS.

### ULTRASOUND SCREENING WHOLE ABDOMEN

\* Mild hepatomegaly with grade-I fatty liver.

### X-RAY CHEST PA

Chest skiagram does not reveal any significant abnormality.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

### Haematology

STOOL ROUTINE

### CARDIOLOGY

TREADMILL TEST / STRESS TEST

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Printed By :

**Dr.JHUMA BAGCHI**  
AHC Physician / Consultant Internal Medicine

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.