



LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,
MediWheel (M/s. Arcofemi Healthcare Pvt. Ltd.)

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	MR. KUMAR MAHESH
EC NO.	109751
DESIGNATION	SENIOR CUSTOMER SERVICE ASSOCIATE (CASH)
PLACE OF WORK	KUDWAR
BIRTHDATE	10-08-1989
PROPOSED DATE OF HEALTH CHECKUP	14-09-2024
BOOKING REFERENCE NO.	24S109751100112202E

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **29-08-2024** till **31-03-2025**. The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/

Chief General Manager
HRM & Marketing Department
Bank of Baroda


Dr. J.P. SINGH
M.D.(Medicine) / ACP (USA)
Director & Consultant Physician
(JPK Hospitals & Trauma Center Pvt.Ltd.)

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact MediWheel (M/s. Arcofemi Healthcare Pvt. Ltd.))

 भारत सरकार
Government of India

 महेश कुमार
Mahesh Kumar
जन्म तिथि/DOB: 10/08/1989
पुरुष / MALE



5233 5722 9317

मेरा आधार. मेरी पहचान

Mahesh Kumar

Dr. J.P. SINGH
• M.D.(Medicine) FACP (USA)
Director & Consultant Physician
(JPK Hospitals & Trauma Center Pvt.Ltd.)

 भारतीय विशिष्ट पहचान प्राधिकरण
UNIQUE IDENTIFICATION AUTHORITY OF INDIA

पता:
संबोधित: राम यश, 226, खारा चंदौर,
खारा, सुल्तानपुर,
उत्तर प्रदेश - 228121

Address:
S/O: Ram Yash, 226, khara
chandaor, Khara, Sultanpur,
Uttar Pradesh - 228121

5233 5722 9317



बैंक ऑफ़ बड़ौदा
Bank of Baroda

नाम- महेश कुमार

Name - MAHESH KUMAR

कर्मचारी कूट क्र- 109751

E.C.No. - 109751

*Punjab
Lahore*

जारीकर्ता प्राधिकारी
Issuing Authority



Mahesh Kumar

धारक के हस्ताक्षर
Signature of Holder

Mahesh Kumar

Dr.J.P.SINGH
M.D.(Medicine) FACP (USA)
Director & Consultant Physician
(JPK Hospitals & Trauma Center Pvt.Ltd.)

ID: 1
Mahesh Kumar
Male 35 Years
Req. No. :

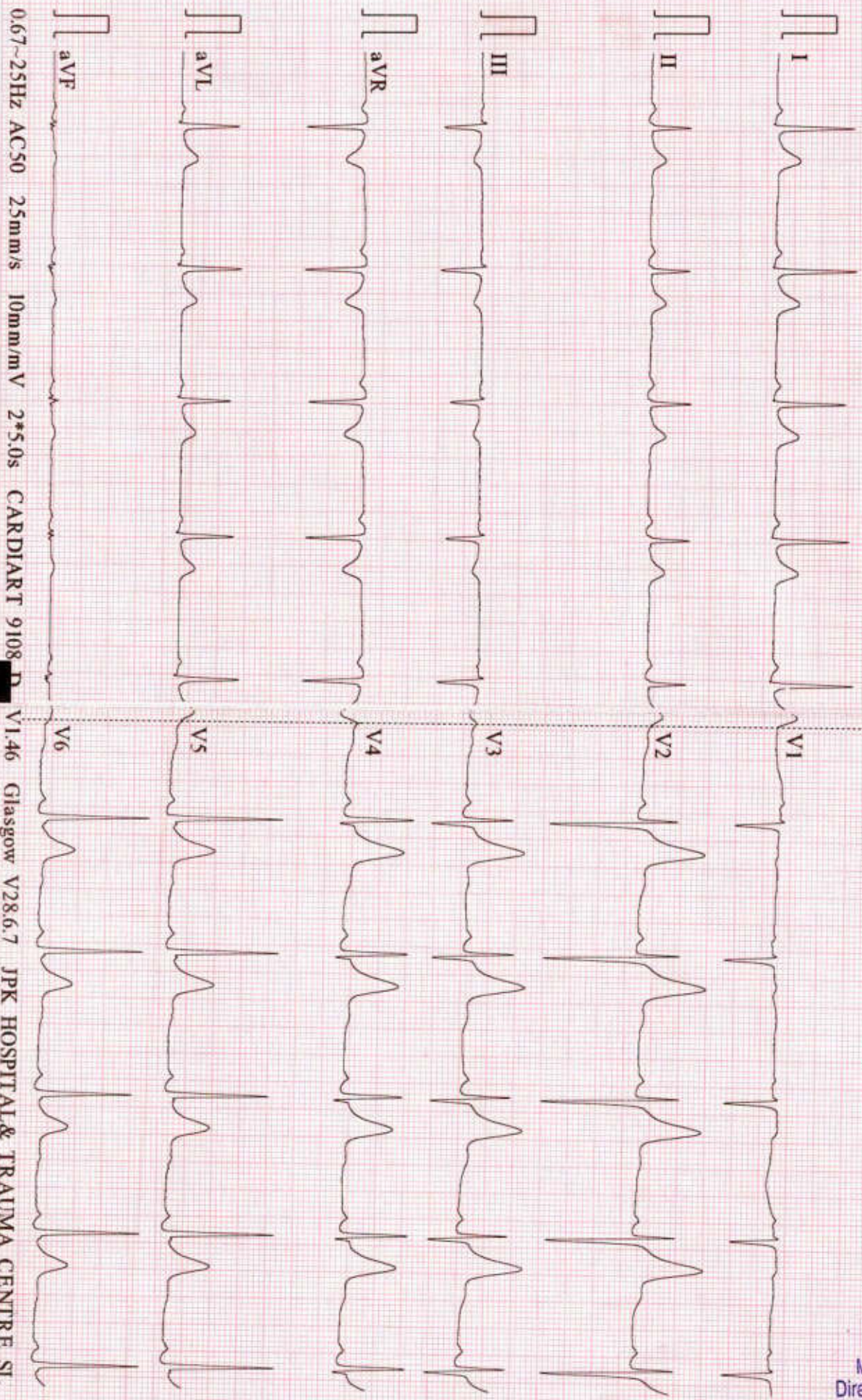
14-09-2024 09:57:34
HR : 58 bpm
P : 116 ms
PR : 156 ms
QRS : 82 ms
QT/QTcBz : 384/378 ms
P/QRST : 32/3/13 °
RV5/SV1 : 1.972/0.852 mV

Diagnosis Information:
Sinus bradycardia
Normal ECG except for rate

Report Confirmed by:

Mahesh Kumar

Dr. J.P. SINGH
M.D.(Medicine) FACP (USA)
Director & Consultant Physician
(JPK Hospitals & Trauma Center Pvt.LI)



0.67~25Hz AC50 25mm/s 10mm/mV 2*5.0s CARDIART 9108 D V1.46 Glasgow V28.6.7 JPK HOSPITAL & TRAUMA CENTRE SL



JPK HOSPITAL

and Trauma Centre Pvt. Ltd.

ढंढिया नगर बाईपास चौराहा, सैफुल्लागंज, सुलतानपुर (उ०प्र०)-228001

Mob.: 8738008963 | www.jpkhospital.com REG.: RMEE2339926

JPK HOSPITAL
॥ सर्वे सन्तु निरामयाः ॥

Report No.	: 5672	Bill No. / Day Sr.	: 09/14/2024
Patient Name	: Mr. Mahesh Kumar	Receiving Date	: 09/14/2024
Age(Y-M-D)	: 33 - 0 - 0	Reporting Date	: 09/14/2024
Sex	: Male		
Referred By	: Dr. J. P. Singh		

X - RAY CHEST P.A.

TRACHEA	-	: Trachea in central,
CARDIC SHADOW	-	: The cardiac size and silhouette is normal.
ANGLES	-	: Both costophrenic angles are clear.
PARRENCHYMA	-	: Both lung fields are clear & have normal volume bronchovascular pattern.
C/ T RATIO	-	: Normal
MEDIASTINUM	-	: No mediastinal shift is seen.
DIAPHRAGM	-	: Both domes of the diaphragm are normal in position, outline & curvature.
IMPRESSION	-	: NORMAL FINDING

Dr. J.P. SINGH
M.D.(Medicine) FACP (USA)
Director & Consultant Physician
(JPK Hospitals & Trauma Center Pvt.Ltd.)

Associate Centre

JPK CLINIC & DIAGNOSTICS

Super Market, Sultanpur -228 001 (U.P.)

Ph.: 05362-241192, 9196008963 | www.jpkhospital.com



सर्वे सन्तु निरामया

राज डायग्नोस्टिक एण्ड मेडीकेयर

डिजिटल एक्सरे, पैथॉलाजी, अल्ट्रासाउण्ड, ई.सी.जी.

ठाकुर प्रसाद काम्प्लेक्स, निकट सिटी कार्ट मॉल, गल्ला मण्डी मोड़, जिला अस्पताल रोड-सुलतानपुर

Report No : 51,573
 Patient Name : Mr. MAHESH KUMAR
 Age (Y-M-D) : 35 - 0 - 0
 Sex : Male
 Referred By : DHS



Bill No. / Day Sr.: 14-Sep-24 12
 Receiving Date : 15-Sep-24 12
 Reporting Date :

ULTRASONOGRAPHIC FINDINGS OF WHOLE ABDOMEN MALE.

LIVER	: Liver is normal in size and echogenicity. No focal or diffuse mass lesion seen.No IHBD dilatation seen.
GALL BLADDER	: Gall bladder is normal in distension & shows echofree lumen. Wall thickness is within normal limit. No obvious GB calculus / sludgeness noted.
PV/CBD	: Portal vein and CBD are normal in their course and calibre.
PANCREAS	: Pancreas is normal in size, contour & echotexture.
SPLEEN.	: Spleen is normal in size mm and echogenicity. No focal or diffuse mass lesion seen.
KIDNEYS	: Both kidneys are normal in size, contour and echopattern. Cortico medullary differentiation is normally preserved. No calculus or mass lesion is seen.No hydronephrosis is seen.
URETER	: B/L ureters are normally visualized.
U.BLADDER	: Urinary Bladder is normal in wall thickness with evidence of anechoic lumen. No calculi or mass lesion seen.
PROSTATE	: Prostate is normal in size,shape & echo-texture. No mass lesion is seen .
POST VOID	: Not done.
BOWEL	: Gaseous Bowel loops are normal in calibre & wall thickness.No dilated loops are seen.No ascitis or fluid collection seen in abdominal cavity. No obvious lymphadenopathy noted.
IMPRESSION	: NORMAL FINDINGS

Dr.J.P.SINGH
 M.D.(Medicine) FACP (USA)
 Director & Consultant Physician
 (JPK Hospitals & Trauma Center Pvt.Ltd.)

Dr. Amit Kumar
 M.B.B.S. MS
 Reg.No.-29176

Dr. Amit Kumar
 (Sonologist.)

Timings : 8.30 AM to 7.30 PM, Sunday, 9.00 AM to 2.00 PM.

This is Profession opinion clinicians are requested to correlate pathological finding with clinical feature.
 If there is any doubt please repeat test free of cost.

{ NOT FOR MEDICO LEGAL PURPOSE }



JPK HOSPITAL and Trauma Centre Pvt. Ltd.

Tantiya Nagar Bypass Chauraha
Sultanpur (U.P.) - 228119
Mob.: 8738008963



Patient ID : JPKH-MRN-50207
Name : Mr. MAHESH KUMAR
Age/Gender : 35Y/M
Date/Time : 15-09-2024/14:50
Referred By : SELF

INVESTIGATION

RESULT

REFERENCE RANGE

LRN-014309

Post Prandial Blood Glucose
Observation

BIO-CHEMISTRY

Post Prandial Blood Glucose

118.4 mg/dL

90 - 140 mg/dL

Sample Collection 15 Sep 2024 / 14:50
Result Approval 23 Sep 2024 / 16:05

----- End of Report -----



Rakesh
Rakesh Sharma
Lab Technician

Dr. SHIWANGI
MBBS, DCP (DNB)
Consultant Pathologist
(JPK Hospitals & Trauma Center Pvt. Ltd.)

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Facilities Available

- Dialysis
- ECG
- PFT
- Endoscopy
- Hematology
- Biochemistry
- Microbiology
- FNAC
- Sample Collection from Home & Online Delivery of Reports
- ABP
- TMT
- Echocardiography
- Ultrasound
- Histopathology

JPK HOSPITAL and Trauma Centre Pvt. Ltd.

Tantiya Nagar Bypass Chauraha
Sultanpur (U.P.) - 228119
Mob.: 8738008963



Patient ID : JPKH-MRN-50207
Name : Mr. MAHESH KUMAR
Age/Gender : 35Y/M
Date/Time : 14-09-2024/14:06
Referred By : SELF

INVESTIGATION

RESULT

REFERENCE RANGE

LRN-014242

Uric Acid

BIO-CHEMISTRY

Uric Acid

4.21 mg/dL

Male 4.0-8.5 mg/dL

Female: 2.7-7.3 mg/dL

Observation

Sample Collection 14 Sep 2024 / 14:29
Result Approval 16 Sep 2024 / 20:03

LRN-014243

Bilirubin Total

Liver Function Test (LFT)

0.25 mg/dL

10.0 - 14.0 mg/dL

3-5 Days (Premature)

4.0 - 8.0 mg/dL

3-5 Days (Full Term)

0.0 - 1.0 mg/dL (Adult)

Bilirubin Direct

0.21 mg/dL

0.0 - 0.2 mg/dL

Bilirubin Indirect

0.04 mg/dL

0.0 - 0.8 mg/dL

SGOT

25.0 U/L

upto 40 U/L (Males)

upto 32 U/L (Females)

SGPT

22.3 U/L

upto 41 U/L (Males)

upto 33 U/L (Females)

Alkaline Phosphatase

88.0 U/L

UPTO 125 U/L

Total Protein

7.25 g/dL

6.0 - 8.0 g/dL

Albumin

3.23 g/dL

3.5 - 5.2 g/dL

Globulin

2.02 g/dL

1.5 - 3.0 g/dL

A/G

1.59

1 - 2

JPK HOSPITAL
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Sample Collection 14 Sep 2024 / 14:29
Result Approval 16 Sep 2024 / 20:03

LRN-014242

GGT

Gamma Glutamyl transferase (GGT)

22.2 U/L

5-36 U/L (Female)

8-61 U/L (Male)

Observation

Rakesh

Rakesh Sharma
Lab Technician

Dr. SHIV ANGI
MBBS, DCP (DNB)
Consultant Pathologist
(JPK Hospitals & Trauma Center Pvt. Ltd.)

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Patient ID : JPKH-MRN-50207
Name : Mr. MAHESH KUMAR
Age/Gender : 35Y/M
Date/Time : 14-09-2024/14:06
Referred By : SELF

INVESTIGATION

RESULT

REFERENCE RANGE

Sample Collection 14 Sep 2024 / 14:29
Result Approval 16 Sep 2024 / 20:03

LRN-014242

PSA TOTAL

PSA Total
0.21 ng/mL

<4.00 ng/mL

Observation

Sample Collection 14 Sep 2024 / 14:29
Result Approval 23 Sep 2024 / 15:52

LRN-014243

Blood Urea Nitrogen (BUN)

Blood Urea Nitrogen (BUN)
14.5 mg/dL

5-18 mg/dL Infant/Child
6-20 mg/dL Adult
8-23 mg/dL Adult >60Yr

Sample Collection 14 Sep 2024 / 14:29
Result Approval 16 Sep 2024 / 20:03

LRN-014242

Serum Creatinine

Serum Creatinine
0.9 mg/dL

Male 0.9-1.3 mg/dL
Female 0.6-1.1 mg/dL

Observation

Sample Collection 14 Sep 2024 / 14:29
Result Approval 16 Sep 2024 / 20:03

LRN-014243

Total Cholesterol

Lipid Profile
165.2 mg/dL

Desirable < 200 mg/dL
Borderline 200-239 mg/dL
High > 240 mg/dL
Normal < 150 mg/dL
Borderline High 150-199 mg/dL
High 200-499 mg/dL
Very high > 500 mg/dL

Triglycerides

121.0 mg/dL

Rakesh

Rakesh Sharma
Lab Technician

Dr. SHIWANGI
MBBS, DCP (DNB)
Consultant Pathologist
(JPK Hospitals & Trauma Center Pvt.Ltd.)

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JPK HOSPITAL and Trauma Centre Pvt. Ltd.

Tantiya Nagar Bypass Chauraha
Sultanpur (U.P.) - 228119
Mob.: 8738008963



Patient ID : JPKH-MRN-50207
Name : Mr. MAHESH KUMAR
Age/Gender : 35Y/M
Date/Time : 14-09-2024/14:06
Referred By : SELF

INVESTIGATION	RESULT	REFERENCE RANGE
HDL	55.7 mg/dL	Low < 40 mg/dL Normal 40 -60 mg/dL High > 60 mg/dL
LDL	97.1 mg/dL	Optimal <100 mg/dL Near Optimal 100-129 mg/dL Borderline high 130-159 mg/dL High 160-189 mg/dL Very high >190 mg/dL
VLDL	24.2 mg/dL	15-30 mg/dL Desirable < 20 mg/dL Borderline High 21-39 mg/dL High > 40 mg/dL
TC/HDL Ratio	2.9	(Less than 5.0)
LDL/HDL	1.7	UPTO 3.5

Sample Collection 14 Sep 2024 / 14:29
Result Approval 23 Sep 2024 / 15:52

LRN-014242

Fasting Blood Sugar
Observation

Fasting blood sugar

92.5 mg/dL

70-110 mg/dl

Sample Collection 14 Sep 2024 / 14:29
Result Approval 23 Sep 2024 / 15:52

LRN-014244

Glycosylated Haemoglobin

HbA1C

4.9 %

4-6% - NON-DIABETIC
6-7% - GOOD CONTROL
7-8% - FAIR CONTROL
>8% - ACTION SUGGESTED

Sample Collection 14 Sep 2024 / 14:29
Result Approval 16 Sep 2024 / 20:03

Rakesh

Rakesh Sharma
Lab Technician

Dr. SHIWANGI
MBBS, MCP (DNB)
Consultant Pathologist
(JPK Hospitals & Trauma Center Pvt.Ltd.)

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Facilities Available

- Dialysis ● ECG ● PFT ● Endoscopy ● Hematology ● Biochemistry ● Microbiology ● FNAC
- Sample Collection from Home & Online Delivery of Reports ● ABP ● TMT ● Echocardiography ● Ultrasound ● Histopathology

JPK HOSPITAL and Trauma Centre Pvt. Ltd.

Tantiya Nagar Bypass Chauraha
Sultanpur (U.P.) - 228119
Mob.: 8738008963



Patient ID : JPKH-MRN-50207
Name : Mr. MAHESH KUMAR
Age/Gender : 35Y/M
Date/Time : 14-09-2024/14:06
Referred By : SELF

INVESTIGATION

RESULT

REFERENCE RANGE

LRN-014240

HAEMATOLOGY

Erythrocyte sedimentation Rate (ESR)

Erythrocyte sedimentation Rate (ESR)

09 mm/hr

Male : 0 - 10 mm/hr

Female : 0 - 20 mm/hr

Observation

Sample Collection 14 Sep 2024 / 14:29
Result Approval 16 Sep 2024 / 20:03

LRN-014241

Blood grouping and Rh typing

Blood Group

A

RH Typing

POSITIVE (+)

Observation

Sample Collection 14 Sep 2024 / 14:29
Result Approval 14 Sep 2024 / 15:01

LRN-014239

Complete Blood Count

Haemoglobin

13.4 g/dL

13-18g/dL(>15yr Adult Male)

12-15g/dL(>15yrAdult Female)

WBC Count

6370

4000-11,000/cumm

Differential Count

Neutrophils

53 %

40-75 %

Lymphocytes

40 %

20-45 %

Eosinophils

02 %

01-08 %

Monocytes

05 %

02-10 %

Basophils

00 %

00-01 %

RBC Count

4.36 million/cumm

4.5-6.0 million/cumm (Male)

4.0-5.5 million/cumm (Female)

PCV

40.3 %

40-54 % (>15yr Adult Male)

34-48 % (>15yr Adult Female)

MCV

92.4 fl

75-95 fl

MCH

30.8 pg

26-32 pg

MCHC

33.3 %

30-35%

Rakesh Sharma
Lab Technician

Dr. SHIWANGI
MBBS, DCP (DNB)
Consultant Pathologist
(JPK Hospitals & Trauma Center Pvt. Ltd.)

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JPK HOSPITAL and Trauma Centre Pvt. Ltd.

Tantiya Nagar Bypass Chauraha
Sultanpur (U.P.) - 228119
Mob.: 8738008963



Patient ID : JPKH-MRN-50207
Name : Mr. MAHESH KUMAR
Age/Gender : 35Y/M
Date/Time : 14-09-2024/14:06
Referred By : SELF

INVESTIGATION	RESULT	REFERENCE RANGE
Platelet Count	238000 cells/cumm	150000 - 400000 cells/cumm
Mean Platelet Volume(MPV)	11.8 fL	7.5-11.5 fL
RDW-CV	13.7 %	11-16 %
RDW-SD	48.6 %	35-56 %
Observation		

Sample Collection 14 Sep 2024 / 14:29
Result Approval 14 Sep 2024 / 15:01



Rakesh

Rakesh Sharma
Lab Technician

Dr. SHIWANGI
MBBS, D.P. (DNB)
Consultant Pathologist
(JPK Hospitals & Trauma Center Pvt. Ltd.)

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Facilities Available

- Dialysis ● ECG ● PFT ● Endoscopy ● Hematology ● Biochemistry ● Microbiology ● FNAC
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JPK HOSPITAL and Trauma Centre Pvt. Ltd.

Tantiya Nagar Bypass Chauraha
Sultanpur (U.P.) - 228119
Mob.: 8738008963



Patient ID : JPKH-MRN-50207
Name : Mr. MAHESH KUMAR
Age/Gender : 35Y/M
Date/Time : 14-09-2024/14:06
Referred By : SELF

INVESTIGATION

RESULT

REFERENCE RANGE

LRN-014245

Clinical Pathology
URINE-ROUTINE/MICROSCOPY

PHYSICAL EXAMINATION

Quantity in ml : 20.ML
Urine Color : PALE YELLOW
Reaction : ACIDIC

CHEMICAL EXAMINATION

Leukocytes : NEGATIVE
Nitrite : NEGATIVE
Urobilinogen : NEGATIVE
pH : 6..0
Blood : NEGATIVE
Sp.Gravity : 1.020
Ketone : NEGATIVE
Bilirubin : NEGATIVE
Glucose : NEGATIVE
Protein : NEGATIVE

MICROSCOPIC EXAMINATION

Epithelial Cells : 1-2/HFG
RBC : NIL
Pus Cells : 2-3/HPF
Casts : NOT SEEN
Crystals : NOT SEEN
Observation :

Sample Collection 14 Sep 2024 / 14:29
Result Approval 16 Sep 2024 / 20:03

JPK HOSPITAL
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Rakesh

Rakesh Sharma
Lab Technician

Dr. SHIWANGI
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- Sample Collection from Home & Online Delivery of Reports ● ABP ● TMT ● Echocardiography ● Ultrasound ● Histopathology

JPK HOSPITAL and Trauma Centre Pvt. Ltd.

Tantiya Nagar Bypass Chauraha
Sultanpur (U.P.) - 228119
Mob.: 8738008963



Patient ID : JPKH-MRN-50207
Name : Mr. MAHESH KUMAR
Age/Gender : 35Y/M
Date/Time : 14-09-2024/14:06
Referred By : SELF

INVESTIGATION

RESULT

REFERENCE RANGE

LRN-014246

T3 1.24 ng/mL
T4 87.4 ng/mL
TSH 2.77 μ IU/mL

CHEMILUMINESCENCE IMMUNOASSAY

Thyroid Function Test (T3, T4, TSH)


0.69-2.15
52-127
21 weeks- 20 years: 0.7-6.4 μ IU/mL
21-54 years: 0.4 - 4.2 μ IU/mL
55- 87 years: 0.5 – 8.9 μ IU/mL
Pregnancy:
1st Trimester: 0.24 – 2.99 μ IU/mL
2nd Trimester: 0.46 – 2.95 μ IU/mL
3rd Trimester: 0.43 – 2.78 μ IU/mL

Observation

Sample Collection 14 Sep 2024 / 14:29
Result Approval 23 Sep 2024 / 15:52

— End of Report —

JPK HOSPITAL
॥ सर्वे सन्तु निरामयाः ॥


Rakesh Sharma
Lab Technician

Dr. SHIWANGI
MBBS, DCP (DNB)
Consultant Pathologist
(JPK Hospitals & Trauma Center Pvt.Ltd.)

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Facilities Available

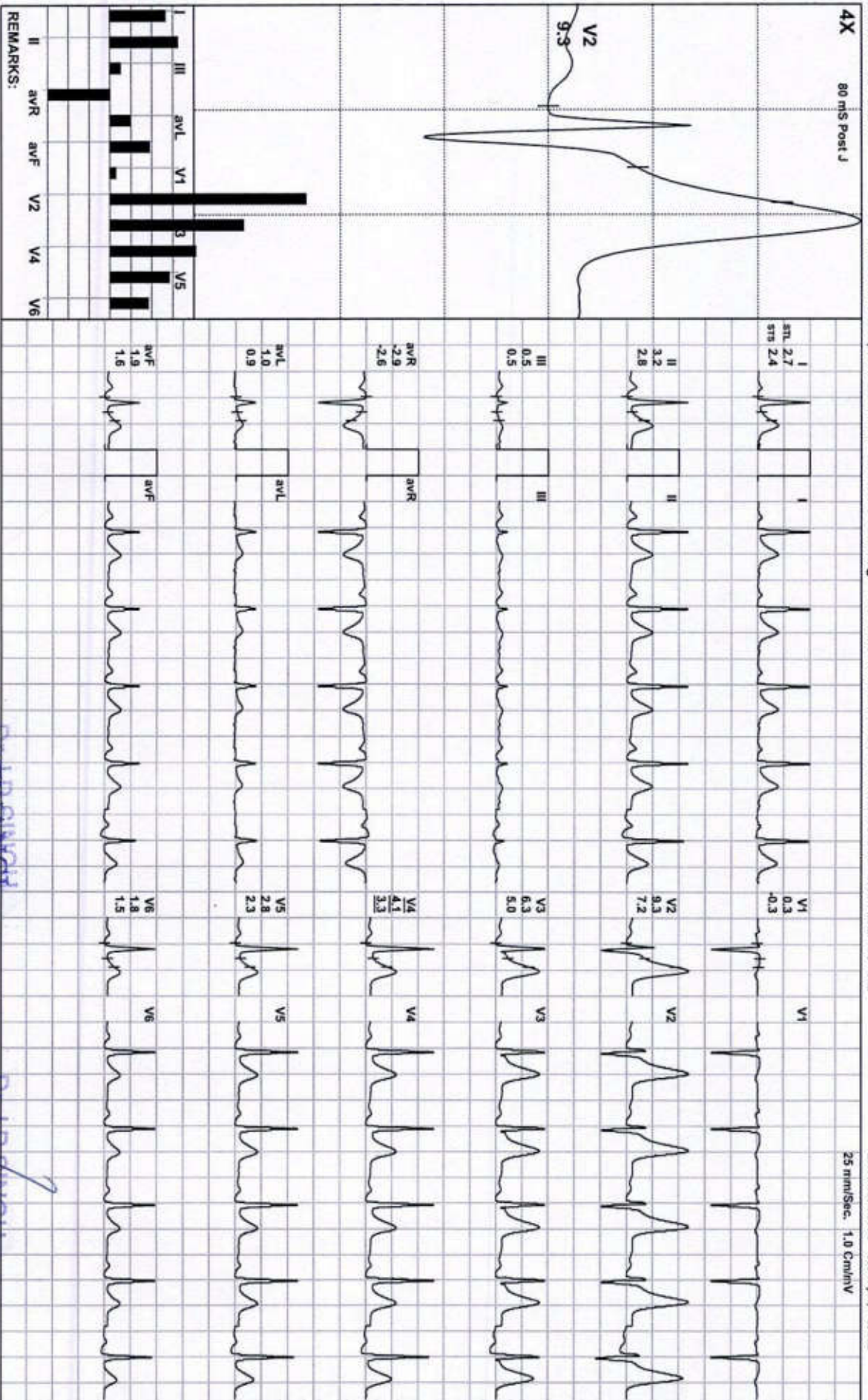
- Dialysis ● ECG ● PFT ● Endoscopy ● Hematology ● Biochemistry ● Microbiology ● FNAC
- Sample Collection from Home & Online Delivery of Reports ● ABP ● TMT ● Echocardiography ● Ultrasound ● Histopathology



Date: 14 - 09 - 2024

METS: 1.0/ 88 bpm 48% of THR BP: 120/80 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

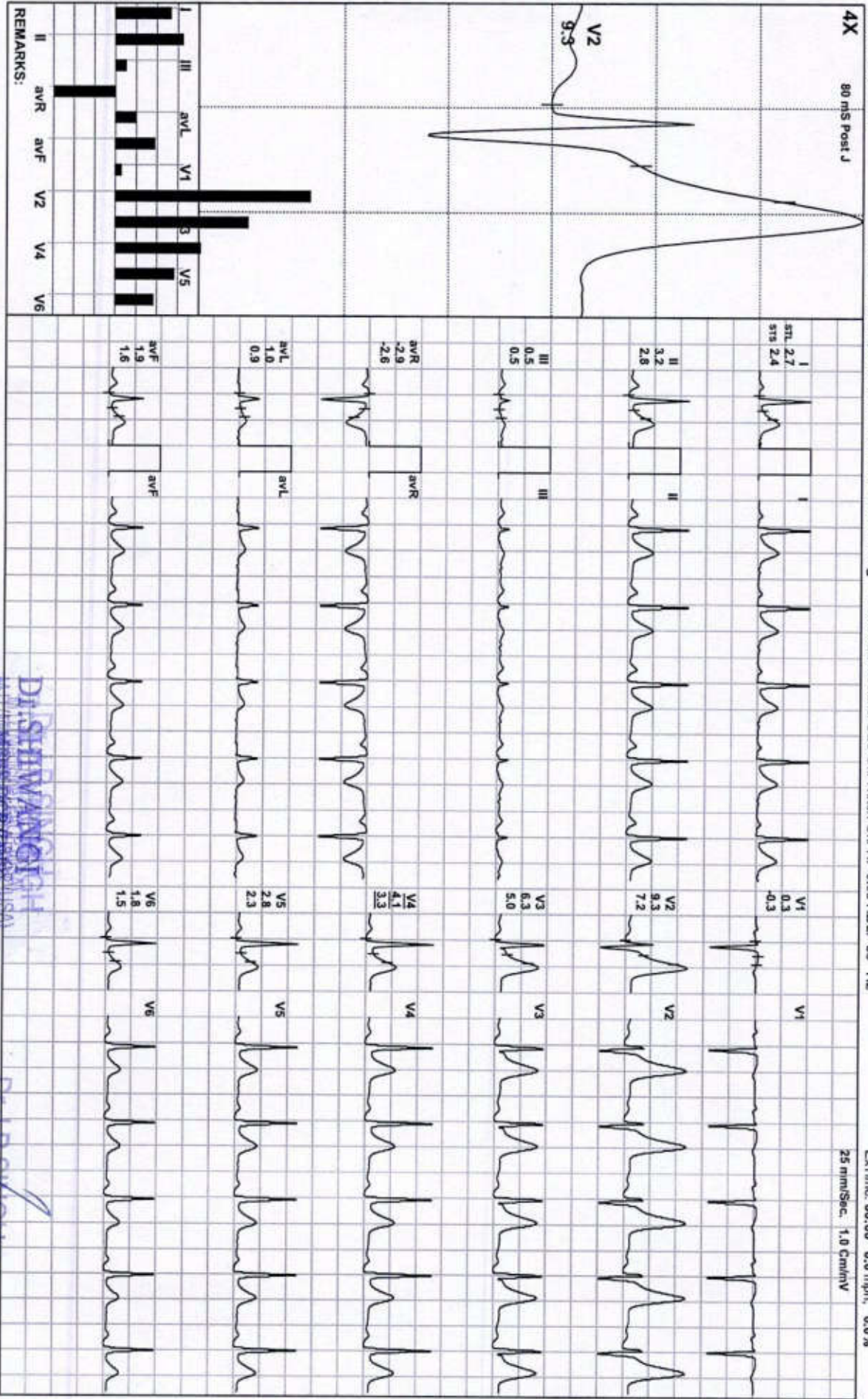
EXTIME: 00:00 0.0 mph, 0.0%



DR. SHIV ANGI
M.D. (Medicine) FACP (USA)
Director & Consultant Physician
(JPK Hospitals & Trauma Center Pvt.Ltd.)

DR. J.P. SINGH
M.D. (Medicine) FACP (USA)
Director & Consultant Physician
(JPK Hospitals & Trauma Center Pvt.Ltd.)

BRUCE: Standing(0:13)



Dr. Shivangini

Dr. J.P. Singh

Director & Consultant Physician
(JPK Hospitals & Trauma Center Pvt.Ltd.)

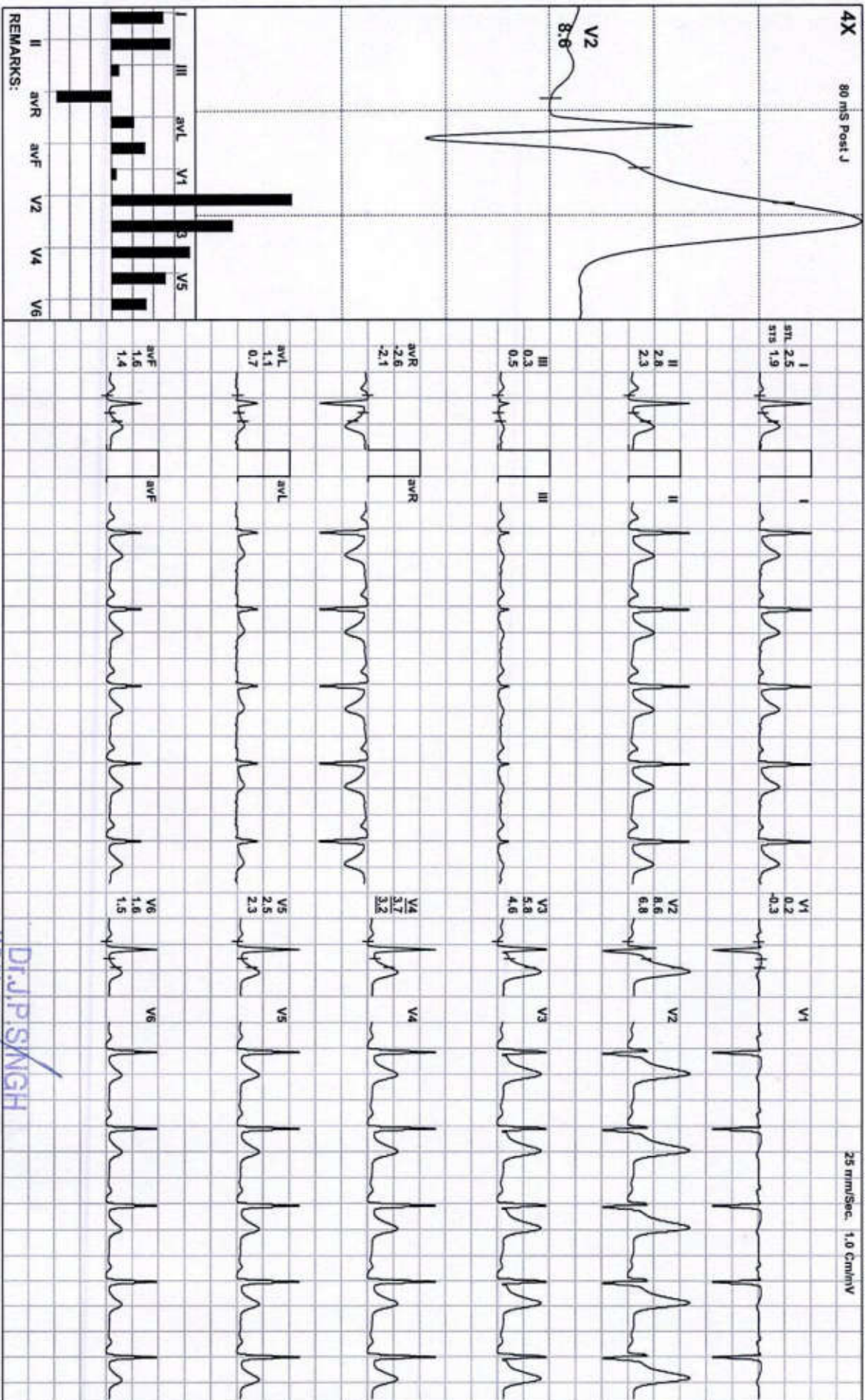
M.D. (Medicine) ACP (USA)
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Date: 14 - 09 - 2024

METS: 1.0/ 89 bpm 48% of THR BP: 120/80 mmHg Combined Medians/ BLC Onv Notch Onv HF 0.05 Hz/LF 3S Hz

EXTIME: 00:00 0.0 mph, 0.0%



M.D. (Medicine) ACP (USA)
Director & Consultant Physician
(JPK Hospitals & Trauma Center Pvt.Ltd.)

Dr. J. P. SINGH

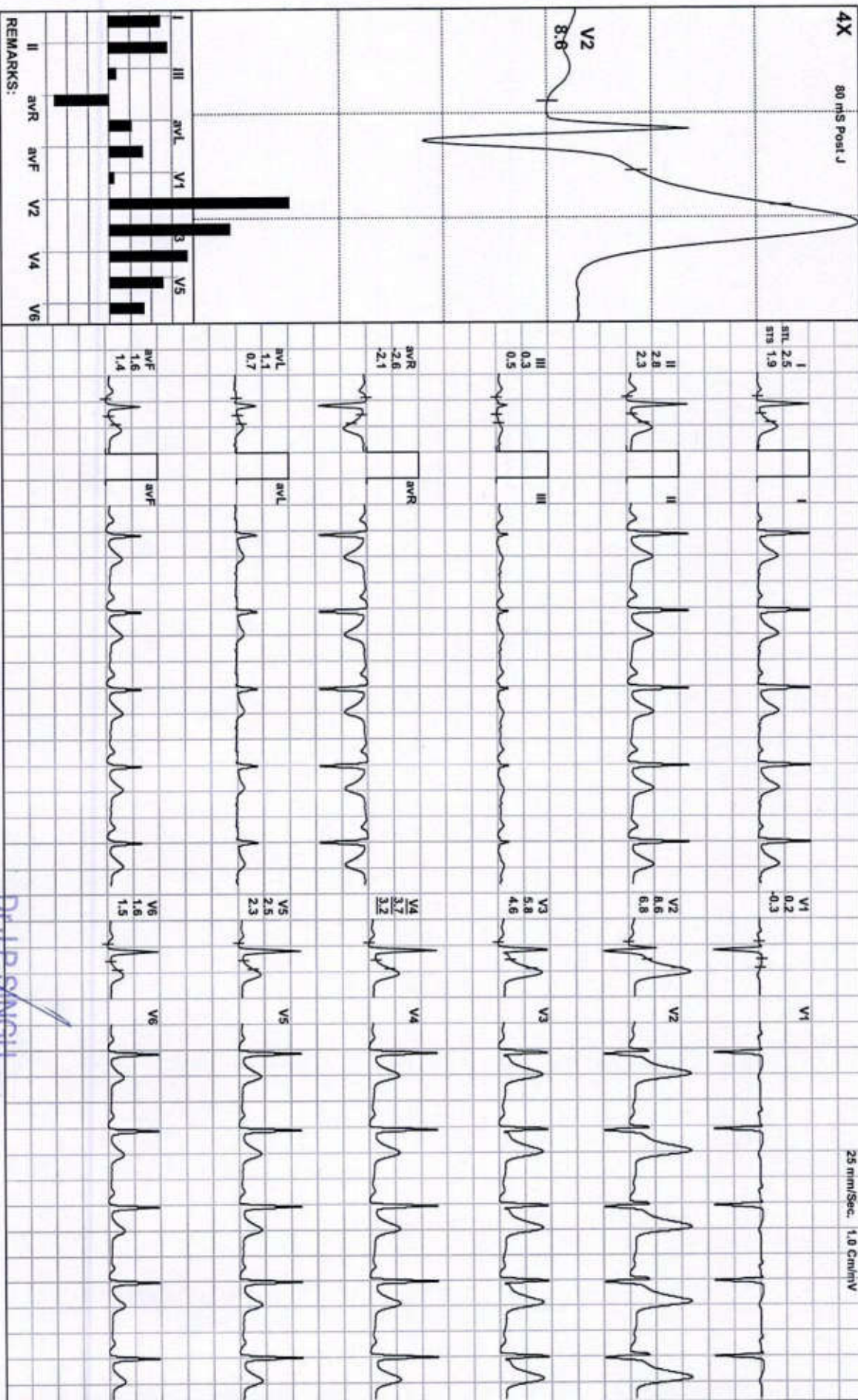


MAHESH KUMAR / 35 Yrs / M / 168 Cms / 70 Kg / HR : 89

Date: 14 - 09 - 2024

METS: 1.0/ 89 bpm 48% of THR BP: 120/80 mmHg Combined Medians/ BLC Orv Natch Orv HF 0.05 Hz/LF 35 Hz

EXTIME: 00:00 0.0 mph, 0.0%

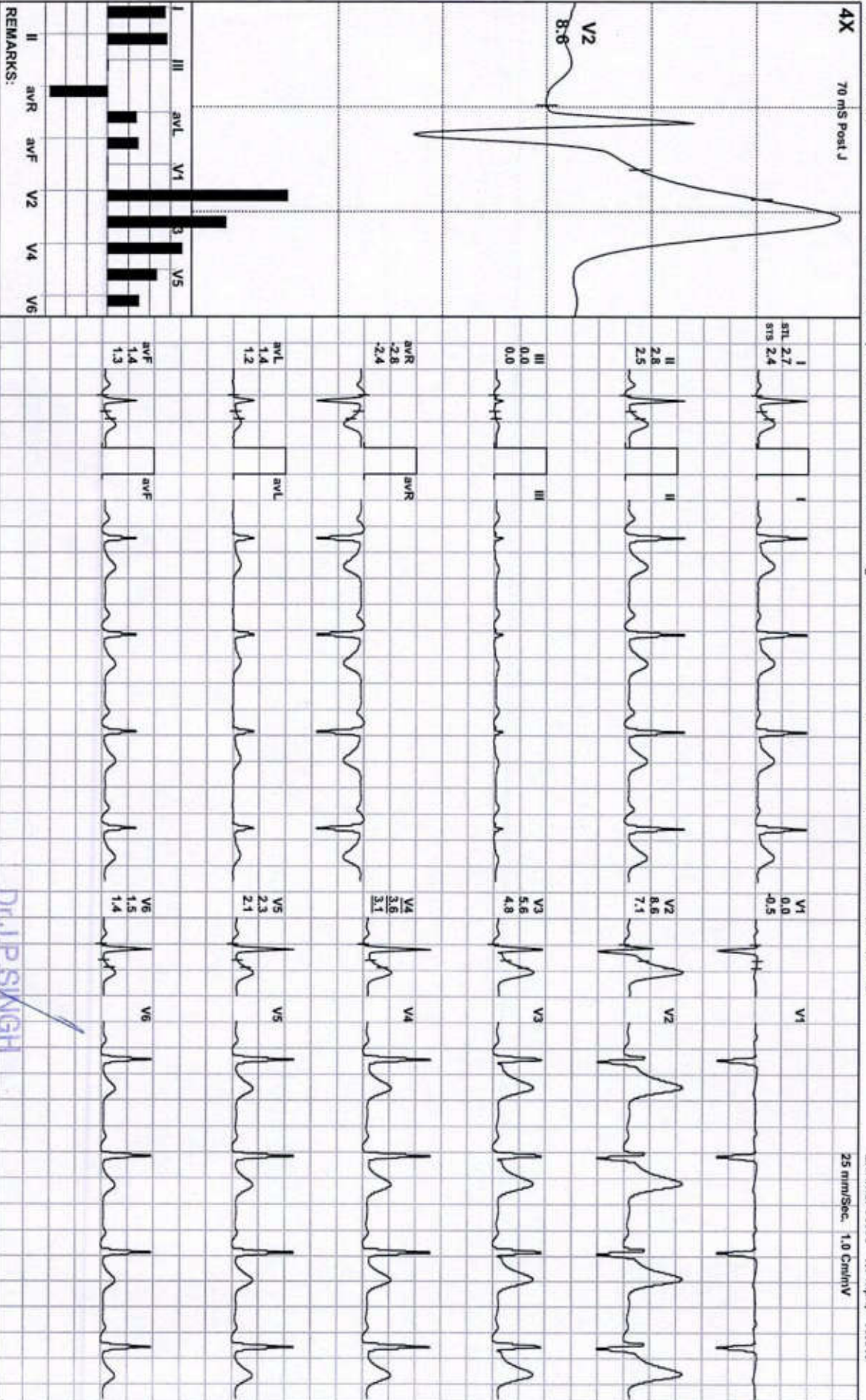


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M.D. (Medicine) / FACP (USA)
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Date: 14 - 09 - 2024

METS: 1.1 / 83 bpm 45% of THR BP: 120/80 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

EXTIME: 00:00 1.7 mph, 10.0%



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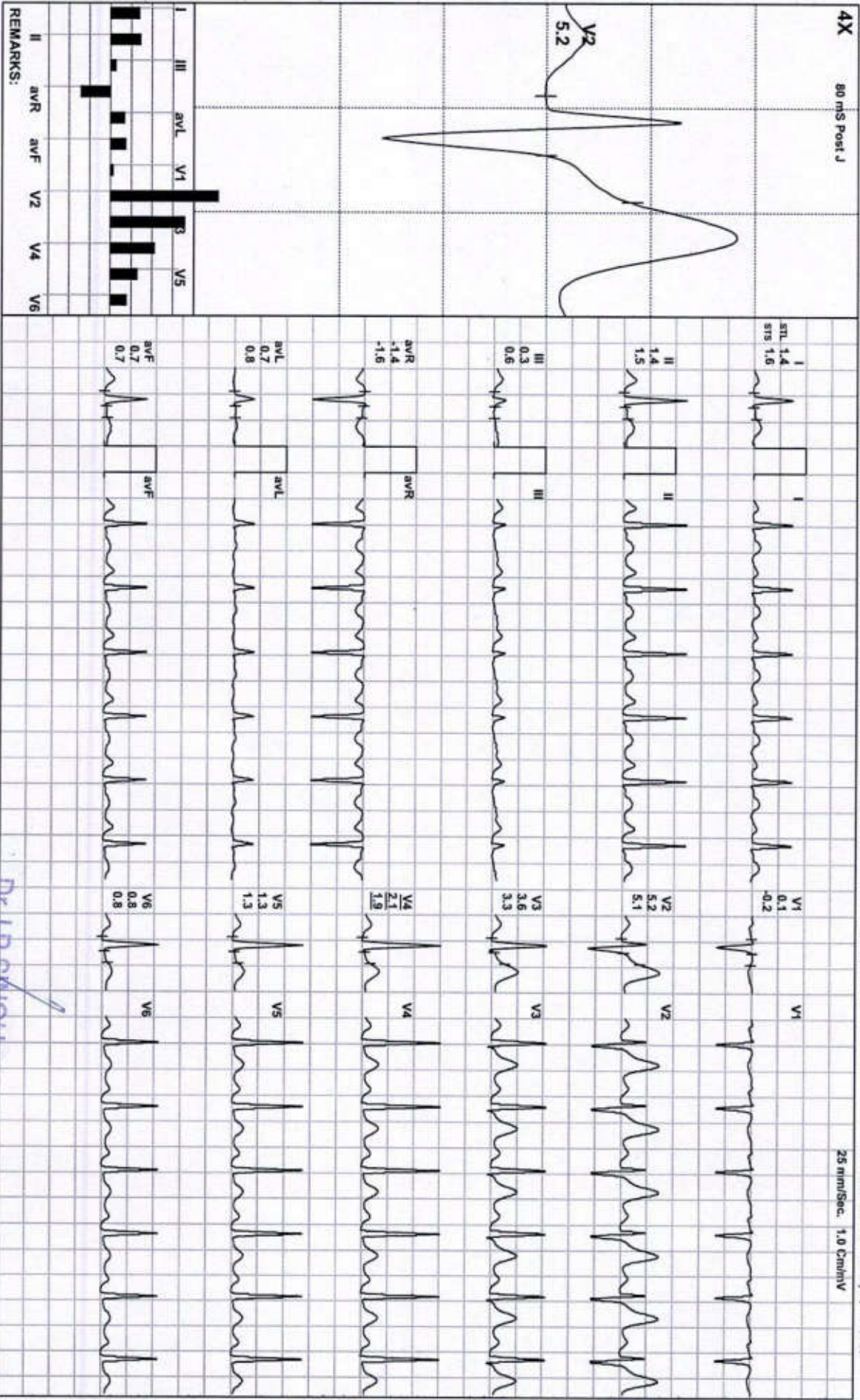
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Date: 14 - 09 - 2024

METS: 4.7/ 118 bpm 64% of THR BP- 122/82 mmHg Combined Medians/ BLC Or/ Nach Or/ HF 0.05 HzLF 35 Hz

EXTime: 03:00 1.7 mph, 10.0%



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M.D. (Medicine)-FACP (USA)
Director & Consultant Physician
(JPK Hospitals & Trauma Center Pvt Ltd)

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MAHESH KUMAR / 35 Yrs / M / 168 Cms / 70 Kg / HR : 134

BRUCE: Stage 2(3:00)



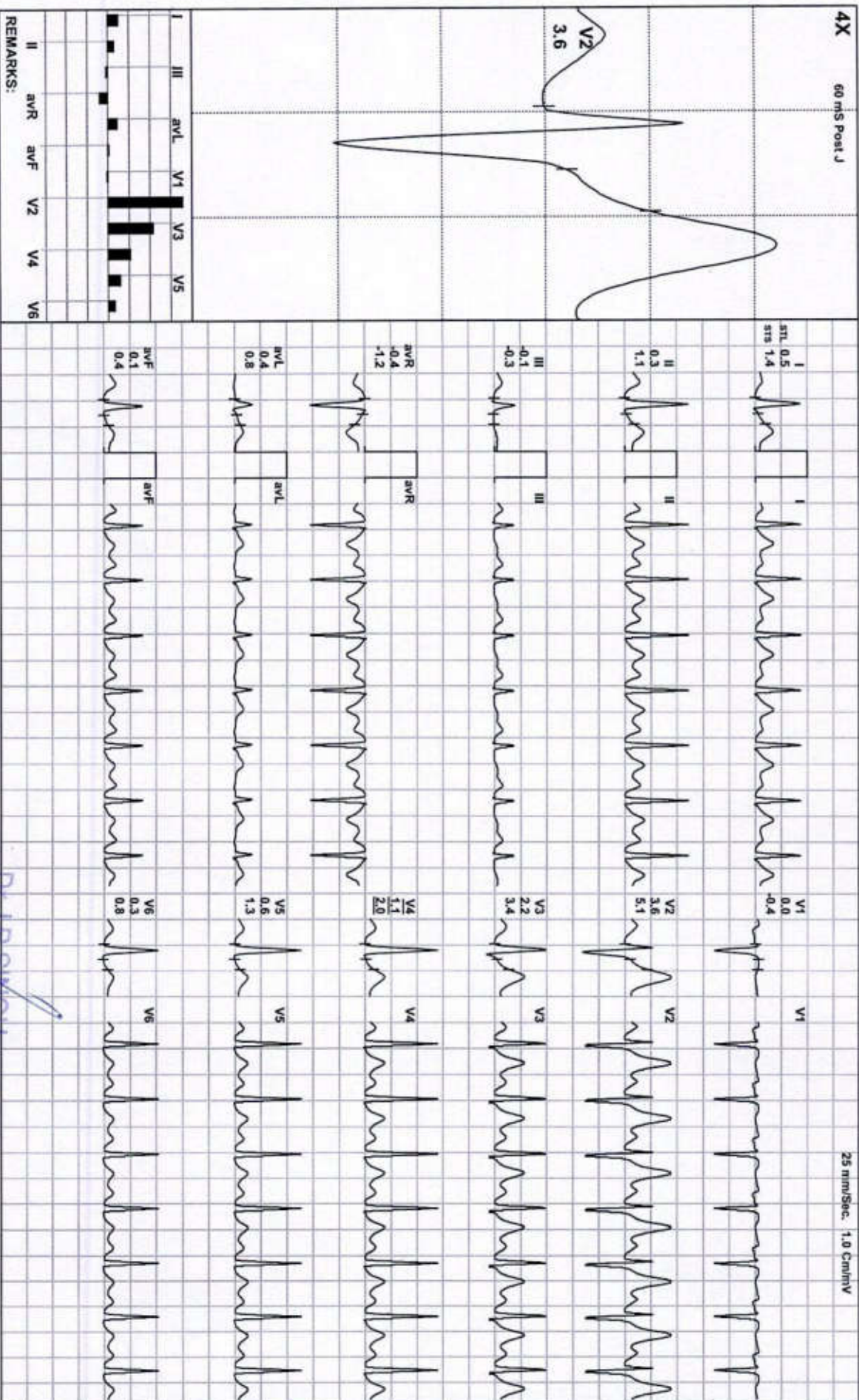
Date: 14 - 09 - 2024

METS: 7.1/ 134 bpm 72% of THR BP: 124/85 mmHg Combined Medians/ BLC Or/ Natch Or/ HF 0.05 Hz/LF 35 Hz

EXTIME: 06:00 2.5 mph, 12.0%

4X 60 mS Post J

25 mm/Sec. 1.0 Cm/mV



REMARKS:

Lead	ST	T
I		
II		
III		
aVR		
aVL		
aVF		
V1		
V2		
V3		
V4		
V5		
V6		

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 Director & Consultant Physician
 (JPK Hospitals & Trauma Center Pvt Ltd.)

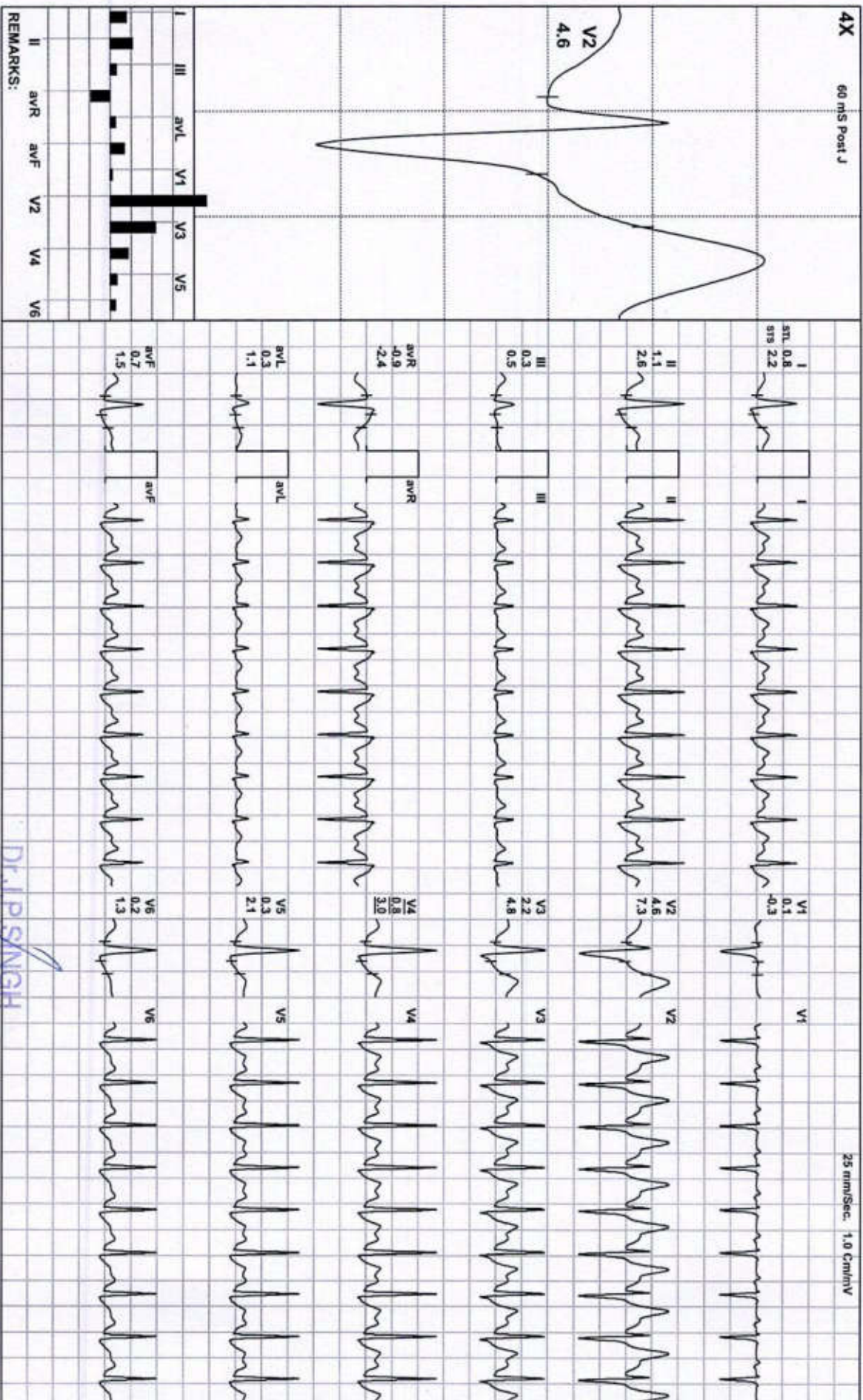


Date: 14 - 09 - 2024

METS: 10.2/ 162 bpm 88% of THR BP: 126/87 mmHg

Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

EXTime: 09:00 3.4 mph, 14.0%



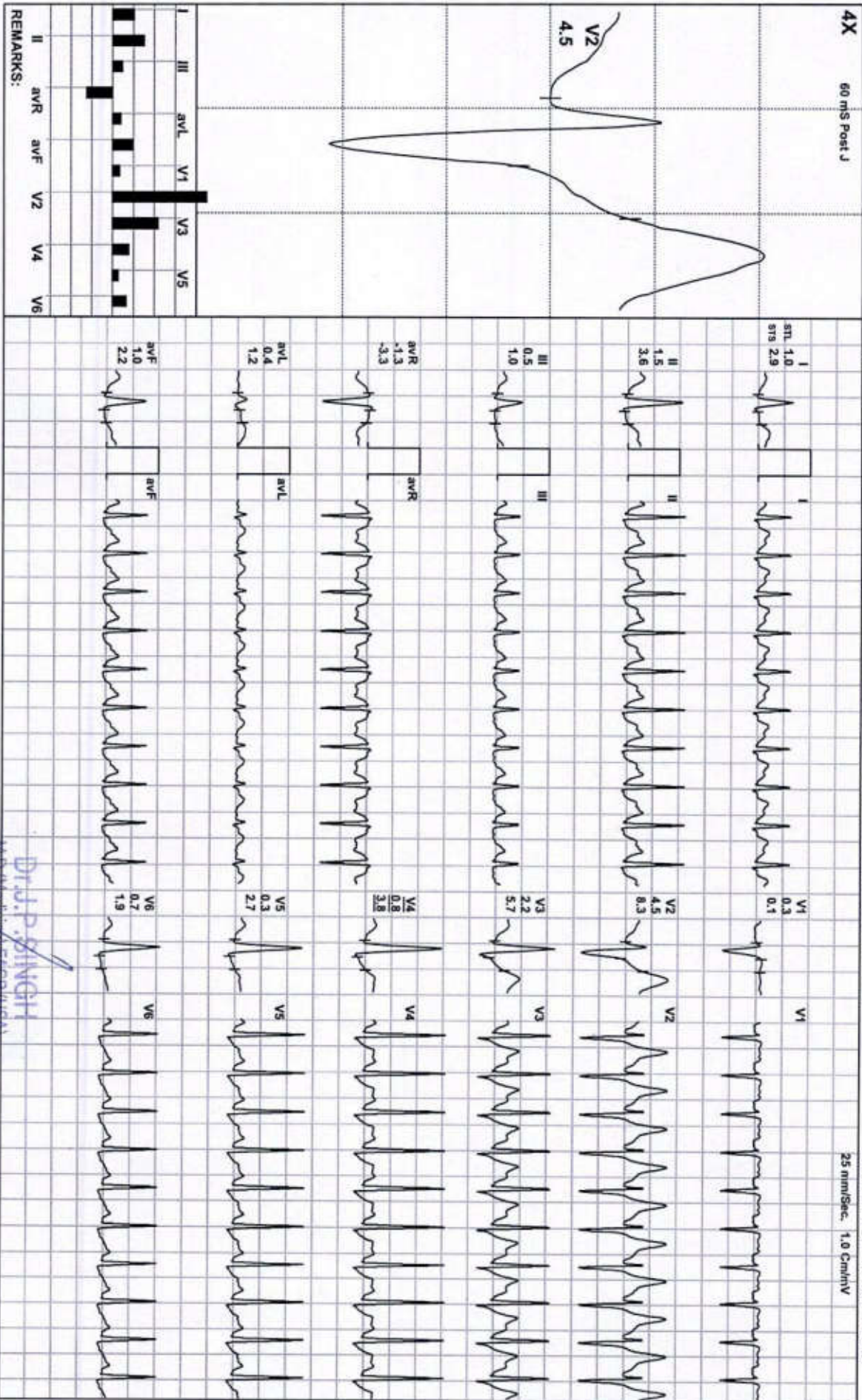
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M.D. (Medicine), FACP (USA)
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Date: 14 - 09 - 2024

METS: 11.6/179 bpm 97% of THR BP: 126/87 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

EXTime: 10:15 4.2 mph, 16.0%

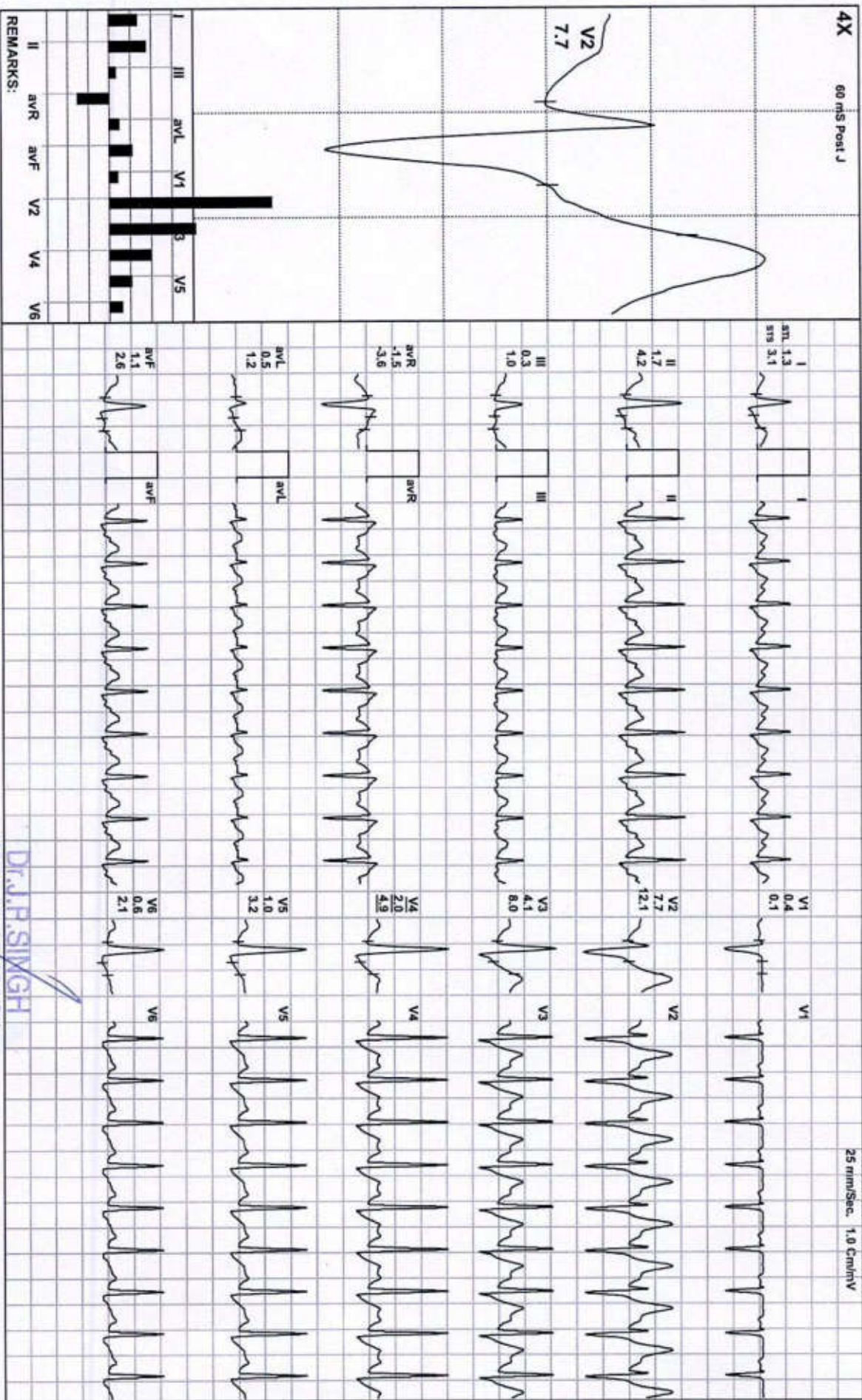


REMARKS:

DR. J. P. SINGH

M.D. (Medicine) FRCP (USA)

Director & Consultant Physician
(JPK Hospitals & Trauma Center Pvt.Ltd.)



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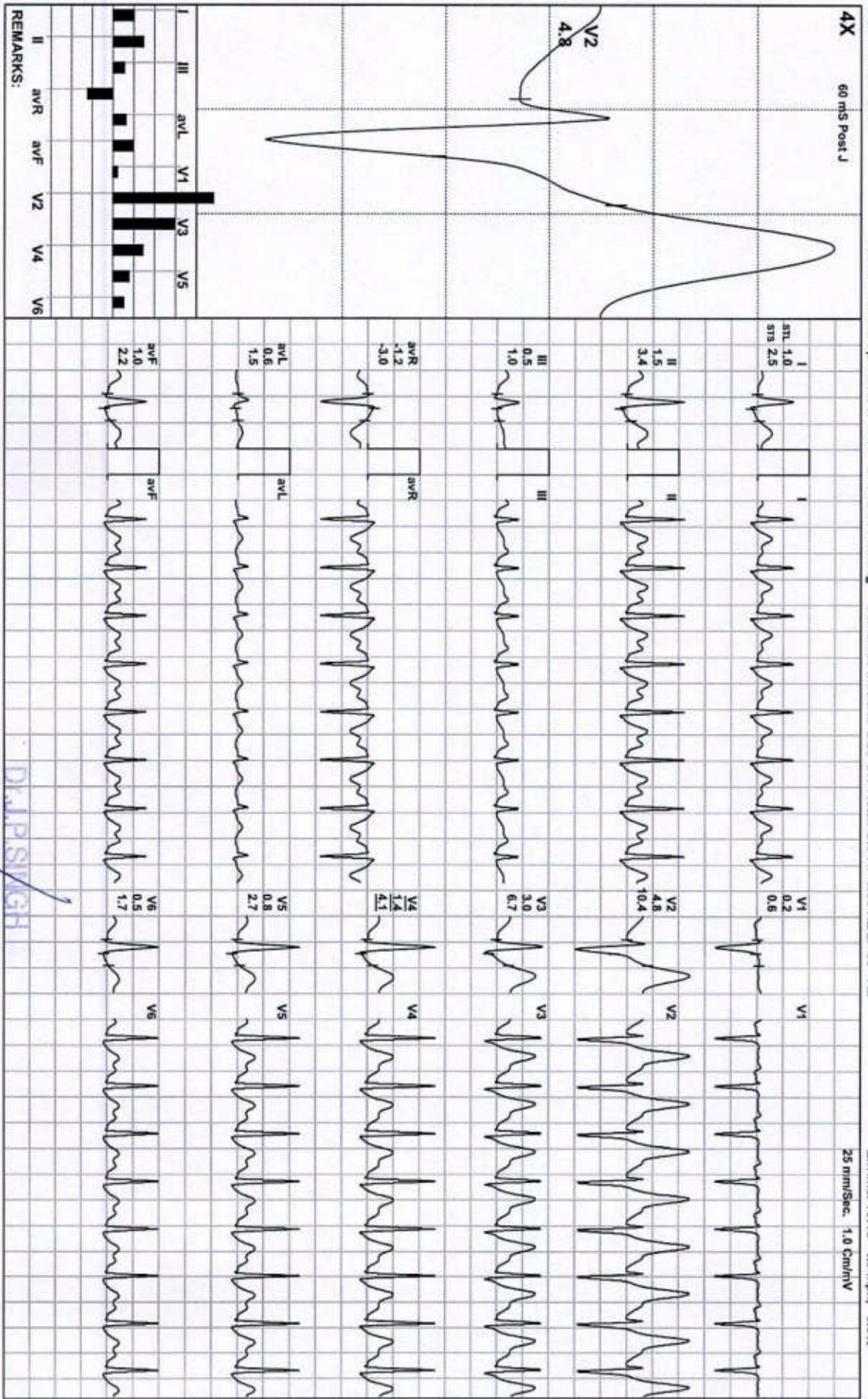
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Date: 14 - 09 - 2024

METS: 4.3/ 155 bpm 84% of THR BP- 124/85 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

EXTime: 10:15 1.0 mph, 0.0%



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MAHESH KUMAR / 35 Yrs / M / 168 Cms / 70 Kg / HR : 146

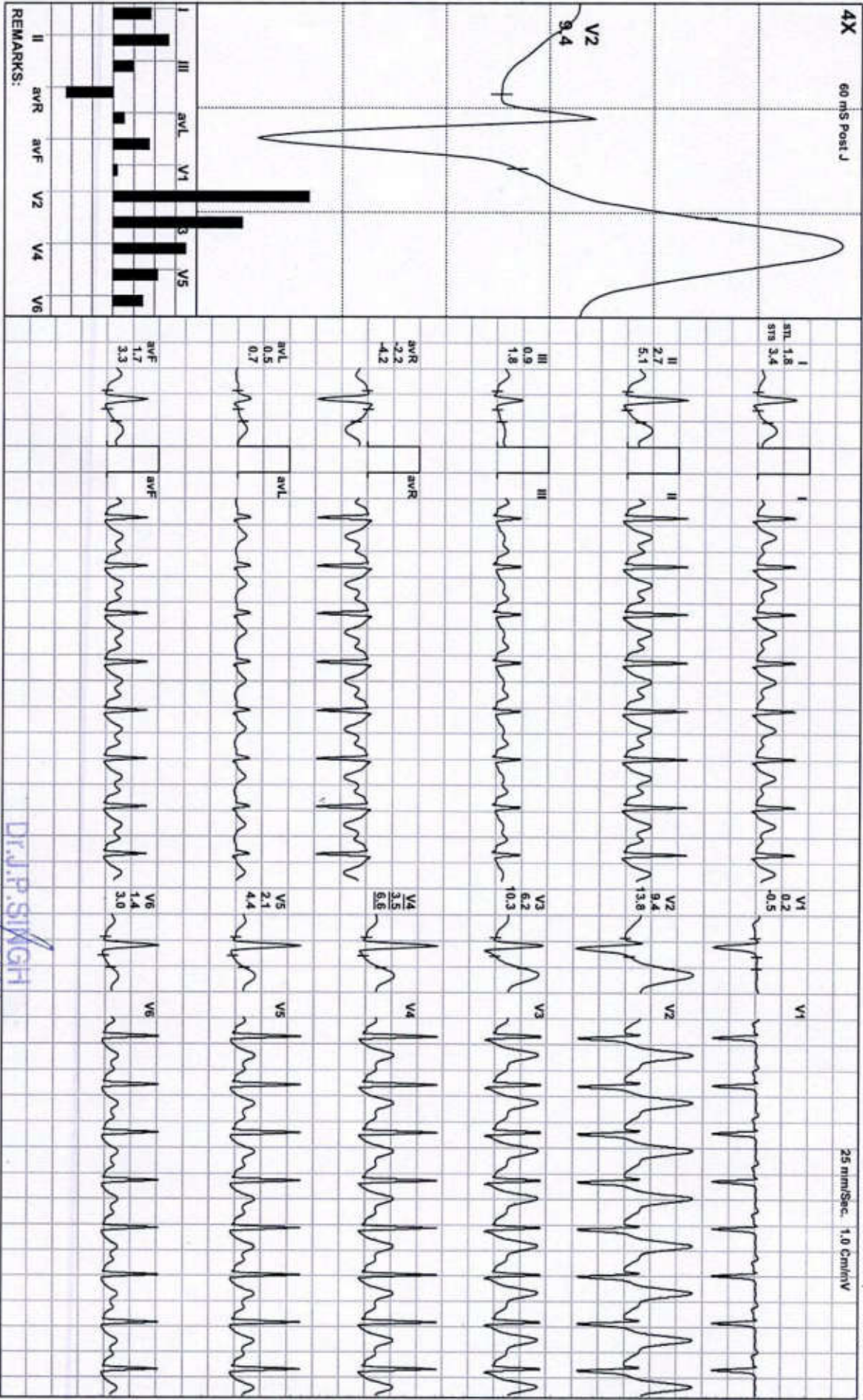
Recovery(1:06)



Date: 14 - 09 - 2024

METS: 3.6l 146 bpm 79% of THR BP: 124/85 mmHg Combined Medians/ BLC On/ Natch On/ HF 0.05 Hz/LF 35 Hz

EXTIME: 10:15 0.0 mph, 0.0%



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M.D.(Medicine) FACP (USA)
Director & Consultant Physician
(JPK Hospitals & Trauma Center Pvt.Ltd.)



MAHESH KUMAR / 35 Yrs / M / 168 Cms / 70 Kg
Date: 14 - 09 - 2024 Technician : RAKESH SHARMA Examined By: DR J P SINGH
Non-CardiacPain Angina /Non-Hypercholestromia/Non-Diabetic/Negative EstrogenNon-Athlete

Stage	Time	Duration	Speed(mph)	Elevation	METS	Rate	%THR	BP	RPP	PVC	Comments
Supine	00:14	0:14	00.0	00.0	01.0	088	48 %	120/80	105	00	
Standing	00:18	0:04	00.0	00.0	01.0	088	48 %	120/80	105	00	
HV	00:22	0:04	00.0	00.0	01.0	089	48 %	120/80	106	00	
Warm Up	00:27	0:05	00.0	00.0	01.0	089	48 %	120/80	106	00	
ExStart	00:32	0:05	01.7	10.0	01.1	083	45 %	120/80	099	00	
BRUCE Stage 1	03:32	3:00	01.7	10.0	04.7	118	64 %	122/82	143	00	
BRUCE Stage 2	06:32	3:00	02.5	12.0	07.1	134	72 %	124/85	166	00	
BRUCE Stage 3	09:32	3:00	03.4	14.0	10.2	162	88 %	126/87	204	00	
PeakEx	10:47	1:15	04.2	16.0	11.6	179	97 %	126/87	225	00	
Recovery	11:17	0:30	01.0	00.0	07.3	169	91 %	126/87	212	00	
Recovery	11:47	1:00	01.0	00.0	04.3	155	84 %	124/85	192	00	
Recovery	11:53	1:06	00.0	00.0	03.6	146	79 %	124/85	181	00	

FINDINGS :

Exercise Time : 10:15
 Max HR Attained : 179 bpm 97% of Target 185
 Max BP Attained : 126/87 (mm/Hg)
 Max Workload Attained : 11.6 Good response to induced stress
 Max ST Dep Lead & Avg ST Value: III & -0.1 mm In Stage 2
 Test End Reasons : Test Complete

REPORT :

TEST OBJECTIVE : ROUTINE CHECK UP
 ACTIVITY : VERY ACTIVE

Dr.J.P.SINGH
 M.D.(Medicine) FACP (USA)
 Director & Consultant Physician
 (JPK Hospitals & Trauma Center Pvt.Ltd.)

Doctor : DR J.P.SINGH

OTHER INVESTIGATION : NO
REASON FOR TERMINATION : TEST COMPLETE
EXERCISE TOLERANCE : GOOD
EXERCISE INDUCED ARRHYTHMIAS : NO
HAEMODYNAMIC RESPONSE : NORMAL
CHRONOTROPIC RESPONSE : NORMAL
FINAL IMPRESSION : STRESS TEST IS NEGATIVE FOR EXERCISE INDUCED ISCHAEMIC HEART DISEASE

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