

NAME:	Mr. Pravin Undegankar	UHID:	
AGE:	24	DATE OF HEALTHCHECK:	11/3/2023
GENDER:	M.		

HEIGHT:	179	MARITAL STATUS:	M
WEIGHT:	70	NO OF CHILDREN:	1
BMI:	21.8		

C/O: Pain in legs

K/C/O: PRESENT MEDICATION: - No

P/M/H: - No

P/S/H: - No

ALLERGY: - NO

PHYSICAL ACTIVITY: Active / Moderate / Sedentary ✓

H/A: SMOKING:

FAMILY HISTORY FATHER: - CUR ✓

ALCOHOL: - No ✓

MOTHER: - No ✓

TOBACCO/PAN: - No ✓

O/E:

LYMPHADENOPATHY:

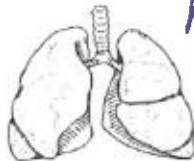
BP: 110/70 PULSE: - 88/min

PALLOR/ICTERUS/CYNOSIS/CLUBBING: - No ✓

TEMPERATURE: - N SCARS:

OEDEMA:

S/E:
RS:



P/A: - No ✓

CVS: - No ✓

Extremities & Spine: - No ✓

CNS: - Conscious, oriented

ENT:
Skin: - No ✓

Vision:

	Without Glass		With Glass	
	Right Eye	Left Eye	Right Eye	Left Eye
FAR :				
NEAR :				
COLOUR VISION:				

• ANDHERI • COLABA • NASHIK • VASHI

Name: Mr. Pravin D. Undeyankar.

Age: 35/A

Date of Health check-up: 11/03/2023

Findings and Recommendation:

Findings:-

- Trigly - 220
- SGOT - 49.
- USG ABD - Gr. I fatty liver
Gall bladder polyp.

Recommendation:-

- Low fat, fibre diet
- Food rich in omega 3 fatty acids in diet
- Oil restricted diet (500ml / lesser / month)
- Regular exercise - brisk walk @ 40 min / day
- Repeat :- lipid profile @ 1 month
- Surgeon opinion.

Signature:

Consultant -

Dr. Mahesh Naik

DR MAHESH NAIK
PHYSICIAN

DENTAL CHECKUP

Name: Ms. Pravin Undegaonkar	MR NO:
Age/Gender : 34 / M.	Date: 11/3

Medical history: Diabetes Hypertension

EXAMINATION	UPPER RIGHT	UPPER LEFT	LOWER LEFT	LOWER RIGHT
Calculus & Stains				
Mobility				
Caries (Cavities)				
a) Class 1 (Occlusal)				
b) Class 2 (Proximal)				
c) Class 5 (Cervical)				
Faulty Restoration				
Faulty Crown				
Fractured Tooth				
Root Pieces				
Impacted Tooth			8	
Missing Tooth				
Existing Denture				

TREATMENT ADVISED:

TREATMENT	UPPER RIGHT	UPPER LEFT	LOWER LEFT	LOWER RIGHT
Restoration / Filling				
Root Canal Therapy				
Crown				
Extraction			8	

Oral Prophylaxis: Scaling & polishing

Orthodontic Advice for Braces: Yes / No

Prosthetic Advice to Replace Missing Teeth: Denture Bridge Implant

Oral Habits: Tobacco Cigarette Others since ___ years

Advice to quit any form of tobacco as it can cause cancer.

Other Findings: NA

Dr. [Signature]

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OPHTHALMIC EVALUATION

UHID No.: _____ Date: 11/3/23

Name: Mr. Praveen Age: 34 Gender: Male / Female

Without Correction :

Distance: Right Eye 6/6 Left Eye 6/6
NB

Near : Right Eye _____ Left Eye 5/6

With Correction :

Distance: Right Eye _____ Left Eye _____

Near : Right Eye _____ Left Eye _____

	RIGHT					LEFT				
	SPH	CYL	AXIS	PRISM	VA	SPH	CYL	AXIS	PRISM	VA
Distance										
Near										

Colour Vision : Normal BC

Anterior Segment Examination : _____

Pupils : NO BC

Fundus : _____

Intraocular Pressure : 12 mm BC

Diagnosis : _____

Advice : _____

Re-Check on 6 months (This Prescription needs verification every year)

Dr. [Signature]
 (Consultant Ophthalmologist)

Name : Mr. Pravin Deepakrao Undegaonkar Gender : Male Age : 34 Years
 UHID : FVAH 5462 Bill No : Lab No : V-1343-23
 Ref. by : SELF Sample Col.Dt : 11/03/2023 8:40
 Barcode No : 8356 Reported On : 11/03/2023 18:08


TEST RESULTS BIOLOGICAL REFERENCE INTERVAL

HAEMOGRAM(CBC,ESR,P/S)-WB (EDTA)

Haemoglobin(Colorimetric method)	14.3	g/dl	13 - 18
RBC Count (Impedance)	4.84	Millions/cumm.	4 - 6.2
PCV/Haematocrit(Calculated)	41.3	%	35 - 55
MCV:(Calculated)	85.3	fl	78 - 98
MCH:(Calculated)	29.6	pg	26 - 34
MCHC:(Calculated)	34.7	gm/dl	30 - 36
RDW-CV:	14	%	11.5 - 16.5
Total Leucocyte count(Impedance)	6690	/cumm.	4000 - 10500
Neutrophils:	54	%	40 - 75
Lymphocytes:	40	%	20 - 40
Eosinophils:	04	%	0 - 6
Monocytes:	02	%	2 - 10
Basophils:	00	%	0 - 2
Platelets Count(Impedance method)	2.42	Lakhs/c.mm	1.5 - 4.5
MPV	8.4	fl	6.0 - 11.0
ESR(Westergren Method)	08	mm/1st hr	0 - 20
Peripheral Smear (Microscopic examination)			
RBCs:	Normochromic, Normocytic		
WBCs:	Normal		
Platelets	Adequate		
Note:	Test Run on 5 part cell counter. Manual diff performed.		

Alsaba Shaikh
Entered By

Ms Kaveri Gaonkar
Verified By

Page 4 of 9

Dr. Milind Patwardhan
M.D(Path)
Chief Pathologist

End of Report
 Results are to be correlated clinically

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TEST

RESULTS

Blood Grouping (ABO & Rh)-WB(EDTA) Serum

ABO Group:

:A:

Rh Type:


Positive

Method :

Tube Agglutination (forward and reverse)

Shweta Unavane
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TEST	RESULTS	UNITS	BIOLOGICAL REFERENCE INTERVAL
PLASMA GLUCOSE			
Fasting Plasma Glucose :	98	mg/dL	Normal < 100 mg/dL Impaired Fasting glucose : 101 to 125 mg/dL Diabetes Mellitus : >= 126 mg/dL (on more than one occasion) (American diabetes association guidelines 2016)
Post Prandial Plasma Glucose :	91	mg/dL	Normal < 140 mg/dL Impaired Post Prandial glucose : 140 to 199 mg/dL Diabetes Mellitus : >= 200 mg/dL (on more than one occasion) (American diabetes association guidelines 2016)

Method : Hexokinase

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Page 3 of 4

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TEST RESULTS UNITS BIOLOGICAL REFERENCE INTERVAL

Lipid Profile- Serum

S. Cholesterol(Oxidase)	204	mg/dL	Desirable < 200 Borderline:>200-<240 Undesirable:>240
S. Triglyceride(GPO-POD)	220	mg/dL	Desirable < 150 Borderline:>150-<499 Undesirable:>500
S. VLDL:(Calculated)	44	mg/dL	Desirable < 30
S. HDL-Cholesterol(Direct)	28.4	mg/dL	Desirable > 60 Borderline:>40-<59 Undesirable:<40
S. LDL:(calculated)	131.6	mg/dL	Desirable < 130 Borderline:>130-<159 Undesirable:>160
Ratio Cholesterol/HDL	7.2		3.5 - 5
Ratio of LDL/HDL	4.6		2.5 - 3.5

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Page 6 of 6
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Chief Pathologist

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TEST RESULTS UNITS BIOLOGICAL REFERENCE INTERVAL


LFT(Liver Function Tests)-Serum

S.Total Protein (Biuret method)	7.09	g/dL	6.6 - 8.7
S.Albumin (BCG method)	4.72	g/dL	3.5 - 5.2
S.Globulin (Calculated)	2.37	g/dL	2 - 3.5
S.A/G Ratio:(Calculated)	1.99		0.9 - 2
S.Total Bilirubin (DPD):	1.03	mg/dL	0.1 - 1.2
S.Direct Bilirubin (DPD):	0.26	mg/dL	0.1 - 0.3
S.Indirect Bilirubin (Calculated)	0.77	mg/dL	0.1 - 1.0
S.AST (SGOT)(IFCC Kinetic with P5P): 28		U/L	5 - 40
S.ALT (SGPT) (IFCC Kinetic with P5P): 49		U/L	5 - 41
S.Alk Phosphatase(pNPP-AMP Kinetic): 98		U/L	40 - 129
S.GGT(IFCC Kinetic): 31		U/L	11 - 50

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Page 7 of 9



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TEST	RESULTS	BIOLOGICAL REFERENCE INTERVAL
BIOCHEMISTRY		
S.Urea(Urease Method)	24.7 mg/dl	10.0 - 45.0
BUN (Calculated)	11.52 mg/dL	5 - 20
S.Creatinine(Jaffe's Method)	0.86 mg/dl	0.50 - 1.3
BUN / Creatinine Ratio	13.4	9:1 - 23:1
S.Uric Acid(Uricase Method)	6.0 mg/dl	3.4 - 7.0

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TEST	RESULTS	UNITS	BIOLOGICAL REFERENCE INTERVAL
Thyroid (T3,T4,TSH)- Serum			
Total T3 (Tri-iodo Thyronine) (ECLIA)	2.48	nmol/L	1.3 - 3.1 nmol/L
Total T4 (Thyroxine) (ECLIA)	120.5	nmol/L	66 - 181 nmol/L
TSH-Ultrasensitive (Thyroid-stimulating hormone) Method : ECLIA	1.98	□IU/ml	Euthyroid :0.35 - 5.50 □IU/ml Hyperthyroid : < 0.35 □IU/ml Hypothyroid : > 5.50 □IU/ml

Grey zone values observed in physiological/therapeutic effect.

Note:

T3 :

1. Decreased values of T3 (T4 and TSH normal) have minimal Clinical significance and not recommended for diagnosis of hypothyroidism.
2. Total T3 and T4 values may also be altered in other conditions due to changes in serum proteins or binding sites ,Pregnancy, Drugs (Androgens,Estrogens,O C pills, Phenytoin) etc. In such cases Free T3 and free T4 give corrected Values.
3. Total T3 may decrease by < 25 percent in healthy older individuals

T4 :

1. Total T3 and T4 Values may also be altered in other condition due to changes in serum proteins or binding sites, Pregnancy Drugs (Androgens,Estrogens,O C pills, Phenytoin), Nerphrosis etc. In such cases Free T3 and Free T4 give Corrected values.

TSH :

1. TSH Values may be transiently altered because of non thyroidal illness like severe infections,liver disease, renal and heart failure. Severe burns, trauma and surgery etc.
2. Drugs that decrease TSH values e,g L dopa, Glucocorticoids.
3. Drugs that increase TSH values e.g. Iodine,Lithium, Amiodarone

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Page 8 of 9 Chief Pathologist

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TEST RESULTS BIOLOGICAL REFERENCE INTERVAL

URINE REPORT

PHYSICAL EXAMINATION

QUANTITY	60	mL	
COLOUR	Pale Yellow		
APPEARANCE	Clear		Clear
SEDIMENT	Absent		Absent

CHEMICAL EXAMINATION(Strip Method)

REACTION(PH)	6.0	4.6 - 8.0
SPECIFIC GRAVITY	1.005	1.005 - 1.030
URINE ALBUMIN	Absent	Absent
URINE SUGAR(Qualitative)	Absent	Absent
KETONES	Absent	Absent
BILE SALTS	Absent	Absent
BILE PIGMENTS	Absent	Absent
UROBILINOGEN	Normal(<1 mg/dl)	Normal
OCCULT BLOOD	Absent	Absent
Nitrites	Absent	Absent

MICROSCOPIC EXAMINATION

WBC CELLS	1 - 2/hpf	0 - 3/hpf
RED BLOOD CELLS	Nil /HPF	Absent
EPITHELIAL CELLS	Occasional	3 - 4/hpf
CASTS	Absent	Absent
CRYSTALS	Absent	Absent
BACTERIA	Absent	Absent

Anushka Chavan
Entered By

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Verified By



Dr. Milind Patwardhan
M.D(Path)

Page 9 of 9 Chief Pathologist

End of Report
Results are to be correlated clinically

Pravin, Undegaonkar
5462

34 Years

Male

11.03.2023 9:19:44
Apollo Clinic
1st Flr, The Emerald, Sector-12,
Vashi, Mumbai-400703.

72 bpm
--/-- mmHg

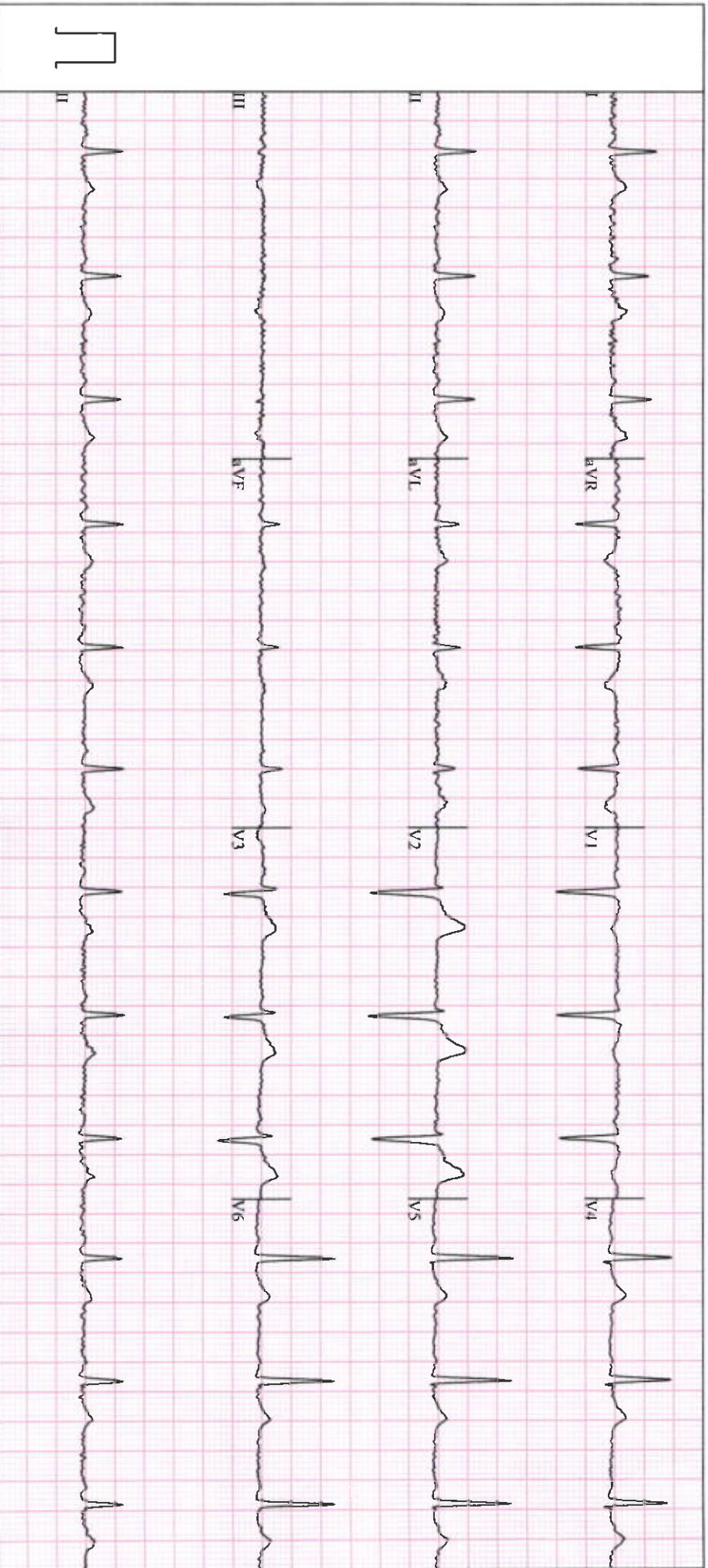
QRS : 72 ms
QT / QTcBaz : 382 / 418 ms
PR : 118 ms
P : 68 ms
RR / PP : 830 / 833 ms
P / QRS / T : 9 / 33 / 23 degrees

Normal sinus rhythm
Normal ECG

NORMAL ECG

WNL

DR. ANIRBAN DASGUPTA
H. B. S., D.N. B. Medicine
Diploma Cardiology
MMC-2005/02/0920



GE MAC2000

1.1

12SL™ v241

25 mm/s

10 mm/mV

ADS

0.56-20 Hz

50 Hz

Unconfirmed
4x2.5x3_25_R1

1/1

Apollo Clinic
The Emerald, Plot No-195/B, Sector-12,
Neel Siddhi Towers, Vashi-400703

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: PRAVIN, UNDEGAONKAR
Patient ID: 5462
Height:
Weight:

DOB: 13.03.1989
Age: 33yrs
Gender: Male
Race: Asian

Study Date: 11.03.2023
Test Type: Treadmill Stress Test
Protocol: BRUCE

Referring Physician: --
Attending Physician: DR.ANIRBAN DASGUPTA
Technician: Anita Gaikwad

Medications:
NIL

Medical History:
NIL

Reason for Exercise Test:
Screening for CAD

Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:08	0.00	0.00	97	110/80	
	STANDING	00:14	0.00	0.00	103		
	HYPERV.	00:16	0.00	0.00	102		
	WARM-UP	00:16	0.00	0.00	96		
EXERCISE	STAGE 1	02:04	1.70	10.00	151	120/80	
	STAGE 2	03:00	2.50	12.00	179	140/90	
	STAGE 3	00:28	3.40	14.00	184	150/90	
RECOVERY		01:08	0.00	0.00	139	160/90	

The patient exercised according to the BRUCE for 5:30 min:s, achieving a work level of Max. METS: 8.30. The resting heart rate of 100 bpm rose to a maximal heart rate of 187 bpm. This value represents 100 % of the maximal, age-predicted heart rate. The resting blood pressure of 110/80 mmHg, rose to a maximum blood pressure of 160/90 mmHg. The exercise test was stopped due to Target heart rate achieved.

Interpretation

Summary: Resting ECG: normal.
Functional Capacity: normal.
HR Response to Exercise: appropriate.
BP Response to Exercise: normal resting BP - appropriate response.
Chest Pain: none.
Arrhythmias: none.
ST Changes: none.
Overall impression: Normal stress test.

Conclusions

TMT IS NEGATIVE FOR INDUCIBLE MYOCARDIAL ISCHAEMIA AT THE WORKLOAD ACHIEVED

Physician-DR.ANIRBAN DASGUPTA

Anirban Dasgupta
Dr. ANIRBAN DASGUPTA
M.B.,B.S., D.N.B. Medicine
Diploma Cardiology
MMC -2005/02/0920

PATIENT'S NAME	PRAVIN UNDEGAONKAR	AGE :- 34 y/M
UHID NO	5462	11 Mar 2023

X-RAY CHEST PA VEIW

OBSERVATION:

Bilateral lung fields are clear.
Both hila are normal.
Bilateral cardiophrenic and costophrenic angles are normal.
The trachea is central.
Aorta appears normal.
The mediastinal and cardiac silhouette are normal.
Soft tissues of the chest wall are normal.
Bony thorax is normal.

IMPRESSION:

➤ No significant abnormality seen.



DR. DISHA MINOCHA
DMRE (RADIOLOGIST)

PATIENT'S NAME	PRAVIN UNDEGAONKAR	AGE :- 34 y/M
UHID NO		11 Mar 2023

USG WHOLE ABDOMEN

LIVER is normal in size, shape and shows bright echotexture .No evidence of any focal lesion. The portal vein appears normal & shows normal hepatopetal flow. No evidence of intra-hepatic biliary duct dilatation.

Gall Bladder appears well distended with normal wall thickness.there is a polyp 5 mm at the anterior wall. There is no calculus or pericholecystic collection or free fluid noted. CBD appears normal.

Visualised parts of head & body of pancreas appear normal. PD is not dilated.

SPLEEN is normal in size and echotexture. No focal lesion seen. SV is normal.

Both kidneys are normal in size, shape and echotexture with normal parenchymal reflectivity and maintained cortico-medullary differentiation. No hydronephrosis or calculi or mass seen.
RIGHT KIDNEY measures 10.3 x 3.6 cm. **LEFT KIDNEY** measures 11.2 x 4.8 cm.

Urinary Bladder is adequately distended; no e/o any obvious wall thickening or mass or calculi seen.

PROSTATE is normal in size, shape & echotexture. It measures approximately 17 gms.

Visualised bowel loops appear normal. There is no free fluid seen.

IMPRESSION -

- **Grade I fatty liver.**
- **Gallbladder polyp.**
- **No other significant abnormality detected.**

THIS REPORT IS NOT TO BE USED FOR MEDICOLEGAL PURPOSE.THE CONTENTS OF THIS REPORT REQUIRE CLINICAL CO-RELATION BEFORE ANY APPLICATION.



DR. DISHA MINOCHA
DMRE (RADIOLOGIST)