# Health Check up Booking Confirmed Request(bobS37892),Package Code-PKG10000240, Beneficiary Code-16615









Mark as unread



### Mediwheel <wellness@mediwheel.in>

Tide 4/11/20/13 3 03 PM

To: PHC [MH-Ghaziabad);

Cc: customercare@mediwheel.in;

Action Items

An Place Commence of the



- 011-41195959

Email:wellness@mediwheel.in

Hi Manipal Hospitals,

Diagnostic/Hospital Location: NH-24 Hapur Road, Oppo. Bahmeta Village, Near Lancroft Golf Links Apartment, City: Ghaziabad

We have received the confirmation for the following booking .

Beneficiary

Name

: PKG10000240

Beneficiary

Name

: mayank batham

Member Age : 32

Member Gender: Male

Member Relation: Spouse

Package Name : Medi-Wheel Metro Full Body Health Checkup Male Below 40

Location : NEW DELHI, Delhi-110091

Contact Details : 8765679850

Booking Date : 11-04-2023

Appointment

Date

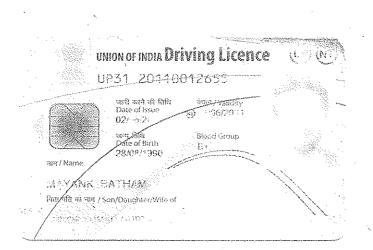
: 14-04-2023

#### Instructions to undergo Health Check:

- 1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
- 2. During fasting time do not take any kind of medication, alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning.
- 3. Bring urine sample in a container if possible (containers are available at the Health Check centre).
- 4. Please bring all your medical prescriptions and previous health medical records with you.
- 5. Kindly inform the health check reception in case if you have a history of diabetes and cardiac problems.

#### For Women:

- Pregnant Women or those suspecting are advised not to undergo any X-Ray test.
- 2. It is advisable not to undergo any Health Check during menstrual cycle.

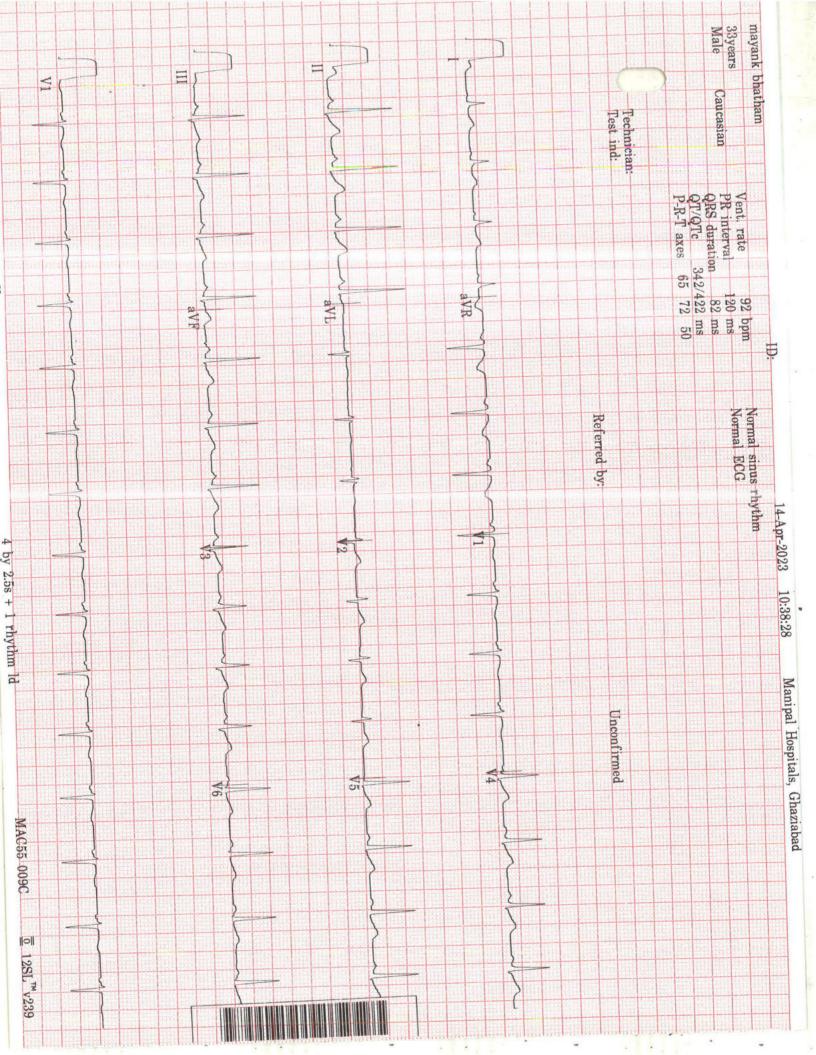


UP31 20110012655. UP01383767MT

WMCWG
206/2011 GZ/06/2011

WP GRAND FURWA IMLI CHAURAHA
HNO-565
CAKI IMPUR KHERI:

Holder's Signature virtually Issuing Authority Sign









#### TMT INVESTIGATION REPORT

Patient Name: Mr MAYANK BATHAM

Location

: Ghaziabad

Age/Sex

: 33Year(s)/male

Visit No

: V0000000001-GHZB

MRN No

MH010618738

Order Date

: 14/04/2023

Ref. Doctor : HCP

Report Date

: 14/04/2023

Protocol

: Bruce

MPHR

: 187BPM

**Duration of exercise** 

: 7min 10sec

85% of MPHR

: 158BPM

Reason for termination : THR achieved

Peak HR Achieved: 160BPM

Blood Pressure (mmHg) : Baseline BP : 140/88mmHg

% Target HR

: 85%

Peak BP : 150/88mmHg

METS

: 8.8METS

STAGE	TIME (min)	H.R (bpm)	BP (mmHg)	SYMPTOMS	ECG CHANGES	ARRHYTHMIA
PRE- EXC.	0:00	92	140/88	Nil	No ST changes seen	Nil
STAGE 1	3:00	128	146/88	Nil	No ST changes seen	Nil
STAGE 2	3:00	148	150/88	Nil	T wave inversion in inferolateral leads	Nil
STAGE 3	1:10	160	150/88	Nil	T wave inversion in inferolateral leads	Nil
RECOVERY	4:30	107	144/88	Nil	-	Nil

### **COMMENTS:**

- No ST changes in base line ECG.
- T wave inversion in inferolateral leads in stage II and III.
- Normal chronotropic response.
- Normal blood pressure response.
- · Fair effort tolerance.

### **IMPRESSION:**

Treadmill test is mildly positive for exercise induced reversible myocardial ischemia.

Dr. Bhupendra Singh

Dr. Abhishek Singh

Dr. Sudhanshu Mishra

Sr. Consultant Cardiology

MD, DM (CARDIOLOGY), FACC MD, DNB (CARDIOLOGY), MNAMS MD

Sr.Consultant Cardiology

Cardiology Registrar

NH - 24, Hapur Road, Opp. Bahmeta Village, Ghaziabad, Uttar Pradesh - 201 002 : 0120-616 5666

Page 1 of 2



# RADIOLOGY REPORT

		Modality	US
Name	MAYANK BATHAM	Accession No	R5413952
Patient ID	MH010618738	Scan Date	14-04-2023 11:24:32
Gender/Age	M / 32Y 7M 17D	Report Date	14-04-2023 16:43:01
Ref. Phys	Dr. HEALTH CHECK MGD	•	

USG ABDOMEN & PELVIS LIVER: appears enlarged in size (measures 154 mm) but normal in shape and shows diffuse increase in liver echotexture,

in keeping with diffuse grade I fatty infiltration. Rest normal.

SPLEEN: Spleen is normal in size (measures 78 mm), shape and echotexture. Rest normal.

PORTAL VEIN: Appears normal in size and measures 11 mm.

COMMON BILE DUCT: Appears normal in size and measures 3.5 mm.

IVC, HEPATIC VEINS: Normal.

GALL BLADDER: Gall bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.

KIDNEYS: Bilateral kidneys are normal in size, shape and echotexture. Cortico-medullary differentiation is maintained.

Rest normal.

Left Kidney: measures 101 x 43 mm. It shows a concretion measuring 2.1 mm at lower calyx.

PELVI-CALYCEAL SYSTEMS: Compact.

URINARY BLADDER: Urinary bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.

PROSTATE: Prostate is normal in size, shape and echotexture. It measures 40 x 28 x 27 mm with volume 16 cc. Rest

normal.

SEMINAL VESICLES: Normal.

BOWEL: Visualized bowel loors appear normal.

- -Hepatomegaly with diffuse grade I fatty infiltration in liver. IMPRESSION
- -Left renal concretion.

Recommend clinical correlation.

This document is digitally signed and hence no manual signature is required

Teleradiology services provided by Manipal Hospitals Radiology Group MANIPAL HOSPITALS

NH-24, Hapur Road, Near Landcraft Golflinks, Ghaziabad - 201002

www.manipalhospitals.com

This report is subject to the terms and conditions mentioned overleaf

CA RAD-10-V2.1-Oct 12

Page 1 of 2



# RADIOLOGY REPORT

Name	MAYANK BATHAM	Modality	US
Patient ID	MH010618738	Accession No	R5413952
Gender/Age	M / 32Y 7M 17D	Scan Date	14-04-2023 11:24:32
Ref. Phys	Dr. HEALTH CHECK MGD	Report Date	14-04-2023 16:43:01

Dr. Prabhat Prakash Gupta,

MBBS, DNB, MNAMS, FRCR(I)

Consultant Radiologist, Reg no DMC/R/14242

This document is digitally signed and hence no manual signature is required

Teleradiology services provided by Manipal Hospitals Radiology Group

**MANIPAL HOSPITALS** 

NH-24, Hapur Road, Near Landcraft Golflinks, Ghaziabad - 201002

Page 2 of 2

www.manipalhospitals.com



Name

MAYANK BATHAM

Age

32 Yr(s) Sex : Male

Registration No

MH010618738

Lab No

32230405128

Patient Episode

H18000000448

Collection Date:

14 Apr 2023 21:21

Referred By

: HEALTH CHECK MGD

Reporting Date: 15 Apr 2023 07:42

Receiving Date

: 14 Apr 2023 21:28

#### BIOCHEMISTRY

TEST

RESULT

UNIT

BIOLOGICAL REFERENCE INTERVAL

Specimen Type : Serum

THYROID PROFILE, Serum

T3 - Triiodothyronine (ECLIA) 1.23 ng/ml [0.70-2.04] T4 - Thyroxine (ECLIA) 8.54 µg/dl [4.60-12.00] Thyroid Stimulating Hormone (ECLIA) 4.320 # uIU/mL [0.340-4.250]

Note: TSH levels are subject to circadian variation, reaching peak levels between 2-4.a.m.and at a minimum between 6-10 pm. Factors such as change of seasons hormonal fluctuations, Ca or Fe supplements, high fibre diet, stress and illness affect TSH results.

- \* References ranges recommended by the American Thyroid Association
- 1) Thyroid. 2011 Oct; 21(10):1081-125.PMID .21787128
- 2) http://www.thyroid-info.com/articles/tsh-fluctuating.html

Page 1 of 9

-----END OF REPORT-----

Dr. Neelam Singal

CONSULTANT BIOCHEMISTRY

Neclan Sugal



Name : MAYANK BATHAM

Age : 32 Yr(s) Sex :Male

Registration No

: MH010618738

Lab No : 202304001598

Patient Episode

: H18000000448

Collection Date: 14 Apr

14 Apr 2023 10:06

Referred By

: HEALTH CHECK MGD

Reporting Date: 14 Ap

14 Apr 2023 11:50

**Receiving Date** 

: 14 Apr 2023 11:37

#### HAEMATOLOGY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL

COMPLETE BLOOD COUNT (AUTOM	ATED)	SPECIMEN-EDTA Whole	ole Blood	
RBC COUNT (IMPEDENCE)	4.84	millions/cu mm	[4.50-5.50]	
HEMOGLOBIN	14.2	g/dl	[12.0-16.0]	
Method:cyanide free SLS-cold	orimetry			
HEMATOCRIT (CALCULATED)	41.7	%	[40.0-50.0]	
MCV (DERIVED)	86.2	fL	[83.0-101.0]	
MCH (CALCULATED)	29.3	pg	[27.0-32.0]	
MCHC (CALCULATED)	34.1	g/dl	[31.5-34.5]	
RDW CV% (DERIVED)	12.3	8	[11.6-14.0]	
Platelet count	299	x 10 <sup>3</sup> cells/cumm	[150-400]	
MPV(DERIVED)	9.8			
WBC COUNT(TC)(IMPEDENCE) DIFFERENTIAL COUNT (VCS TECHNOLOGY/MICROSCOPY)	6.54	x 103 cells/cumm	[4.00-10.00]	
Neutrophils	50.0	90	[40.0-80.0]	
Lymphocytes	42.0	de	[17.0-45.0]	
Monocytes	6.0	0/0	[2.0-10.0]	
Eosinophils	2.0	0/0	[2.0-7.0]	
Basophils	0.0	90	[0.0-2.0]	
ESR	15.0 #	/1sthour	[0.0-	

Page 2 of 9



Name

MAYANK BATHAM

Age

32 Yr(s) Sex :Male

Registration No

MH010618738

Lab No

202304001598

Patient Episode

H18000000448

Collection Date:

14 Apr 2023 10:06

Referred By

: HEALTH CHECK MGD

Reporting Date:

14 Apr 2023 16:42

Receiving Date

14 Apr 2023 11:37

BIOCHEMISTRY

TEST

RESULT

UNIT

BIOLOGICAL REFERENCE INTERVAL

Glycosylated Hemoglobin

Specimen: EDTA

HbAlc (Glycosylated Hemoglobin)

7.1 #

[0.0-5.6]

Method: HPLC

As per American Diabetes Association (ADA

HbAlc in %

Non diabetic adults >= 18years <5.7

Prediabetes (At Risk )5.7-6.4 Diagnosing Diabetes >= 6.5

Estimated Average Glucose (eAG)

.157

mg/dl

Comments : HbAlc provides an index of average blood glucose levels over the past

8-12 weeks and is a much better indicator of long term glycemic control.

ROUTINE URINE ANALYSIS (Semi Automated) Specimen-Urine

MACROSCOPIC DESCRIPTION

Colour

PALE YELLOW

(Pale Yellow - Yellow)

Appearance

CLEAR

Reaction[pH]

7.0

Specific Gravity

1.005

(1.003 - 1.035)

(4.6-8.0)

CHEMICAL EXAMINATION

Protein/Albumin

Negative

(NEGATIVE)

Glucose

NIL

(NIL)

Ketone Bodies Urobilinogen

Negative Normal

(NEGATIVE)

(NORMAL)

Page 3 of 9



Name

MAYANK BATHAM

Age

32 Yr(s) Sex :Male

Registration No.

MH010618738

Lab No

202304001598

Patient Episode

H18000000448

Collection Date:

14 Apr 2023 11:37

Referred By

HEALTH CHECK MGD

Reporting Date:

14 Apr 2023 15:15

Receiving Date

14 Apr 2023 11:37

#### CLINICAL PATHOLOGY

/hpf

MICROSCOPIC	EXAMINATION	(Automated/	Manual)

Pus Cells

1-2 /hpf

(0-5/hpf)

RBC

NIL

(0-2/hpf)

Epithelial Cells CASTS

NIL

NIL

Crystals OTHERS

NIL NIL

### Serum LIPID PROFILE

Serum	TOTAL	CHOLESTEROL

mg/dl

[<200] Moderate risk:200-239

High risk:>240

TRIGLYCERIDES (GPO/POD) 149 mg/dl

[<150] Borderline high: 151-199

High: 200 - 499 Very high: >500

HDL- CHOLESTEROL

40.0

191

mg/dl

[35.0-65.0]

Method: Enzymatic Immunoimhibition VLDL- CHOLESTEROL (Calculated) CHOLESTEROL, LDL, CALCULATED

30 121.0 # mg/dl mg/dl

[0-35][<120.0]

Near/

Above optimal-100-129

4.8

3.0

Borderline High: 130-159

High Risk: 160-189

<4.0 Optimal

4.0-5.0 Borderline

>6 High Risk

LDL.CHOL/HDL.CHOL Ratio(Calculated)

T.Chol/HDL.Chol ratio(Calculated)

<3 Optimal

3-4 Borderline

>6 High Risk

Note:

Page 4 of 9



MAYANK BATHAM Name

Age

32 Yr(s) Sex :Male

Registration No

MH010618738

Lab No

202304001598

Patient Episode

H1180000000448

Collection Date:

14 Apr 2023 10:06

Referred By

HEALTH CHECK MGD

Reporting Date: 14 Apr 2023 11:42

Receiving Date

14 Apr 2023 11:37

BIOCHEMISTRY

TEST

RESULT

UNIT

BIOLOGICAL REFERENCE INTERVAL

Reference ranges based on ATP III Classifications.

#### KIDNEY PROFILE

Specimen: Serum			
UREA	29.2	mg/dl	[15.0-40.0]
Method: GLDH, Kinatic assay			
BUN, BLOOD UREA NITROGEN	13.6	mg/dl	[8.0-20.0]
Method: Calculated			
CREATININE, SERUM	0.73	mg/dl	[0.70-1.20]
Method: Jaffe rate-IDMS Standardizat	tion		
URIC ACID	7.2	mg/dl	[4.0-8.5]
Method:uricase PAP			
SODIUM, SERUM	138.20	mmol/L	[136.00-144.00]
POTASSIUM, SERUM	4.49	mmol/L	[3.60-5.10]
SERUM CHLORIDE	101.1	mmol/1	[101.0-111.0]
Method: ISE Indirect			
eGFR (calculated) .	122.7	ml/min/1.73sq.m	[>60.0]
Technical Note			

eGFR which is primarily based on Serum Creatinine is a derivation of CKD-EPI 2009 equation normalized to1.73 sq.m BSA and is not applicable to individuals below 18 years. eGFR tends to be less accurate when Serum Creatinine estimation is indeterminate e.g. patients at extremes of muscle mass, on unusual diets etc. and samples with severe Hemolysis Icterus / Lipemia.

Page 5 of 9



Name

MAYANK BATHAM

Age

32 Yr(s) Sex: Male

Registration No

MH010618738

Lab No

202304001598

Patient Episode

Collection Date:

14 Apr 2023 10:06

Referred By

H18000000448

HEALTH CHECK MGD

Reporting Date:

14 Apr 2023 11:42

BIOLOGICAL REFERENCE INTERVAL

Receiving Date

TEST

14 Apr 2023 11:37

#### BIOCHEMISTRY

RESULT

LIVER FUNCTION TEST				
BILIRUBIN - TOTAL Method: D P D	0.66	mg/dl	[0.30-1.20]	
BILIRUBIN - DIRECT Method: DPD	0.13	mg/dl	[0.00-0.30]	
INDIRECT BILIRUBIN(SERUM) Method: Calculation	0.53	mg/dl	[0.10-0.90]	
TOTAL PROTEINS (SERUM) Method: BIURET	7.60	gm/dl	[6.60-8.70]	
ALBUMIN (SERUM) Method: BCG	4.82	g/dl	[3.50-5.20]	
GLOBULINS (SERUM) Method: Calculation	2.80	gm/dl.	[1.80-3.40]	
PROTEIN SERUM (A-G) RATIO Method: Calculation	1.73		[1.00-2.50]	
AST(SGOT) (SERUM) Method: IFCC W/O P5P	21.00	U/L	[0.00-40.00]	
ALT(SGPT) (SERUM) Method: IFCC W/O P5P	34.00	U/L	[17.00-63.00]	
Serum Alkaline Phosphatase Method: AMP BUFFER IFCC)	70.0	IU/L	[32.0-91.0]	
GGT	24.0		[7.0-50.0]	

Page 6 of 9



Name

MAYANK BATHAM

Age

32 Yr(s) Sex :Male

Registration No

MH010618738

Lab No

202304001598

Patient Episode

Collection Date:

Referred By

H18000000448

14 Apr 2023 10:06

HEALTH CHECK MGD

Reporting Date: 14 Apr 2023 16:37

**Receiving Date** 

14 Apr 2023 11:37

BLOOD BANK

TEST

RESULT

UNIT

BIOLOGICAL REFERENCE INTERVAL

Blood Group & Rh Typing (Agglutination by gel/tube technique) Specimen-Blood

Blood Group & Rh typing

B Rh(D) Positive

Technical note:

ABO grouping and Rh typing is done by cell and serum grouping by microplate / gel technique.

Page 7 of 9

-----END OF REPORT---

Dr. Charu Agarwal Consultant Pathologist



Name

MAYANK BATHAM

Age

32 Yr(s) Sex :Male

Registration No

MH010618738

Lab No

202304001599

Patient Episode

H18000000448

Collection Date:

Referred By

HEALTH CHECK MGD

14 Apr 2023 10:06

Reporting Date:

14 Apr 2023 11:42

**Receiving Date** 

14 Apr 2023 10:06

BIOCHEMISTRY

TEST

RESULT

UNIT

BIOLOGICAL REFERENCE INTERVAL

GLUCOSE-Fasting

Specimen: Plasma

GLUCOSE, FASTING (F)

107.0

mg/dl

[70.0-110.0]

Method: Hexokinase

Page 8 of 9

Dr. Charu Agarwal Consultant Pathologist



Name

MAYANK BATHAM

Age

32 Yr(s) Sex :Male

Registration No

MH010618738

Lab No

202304001600

Patient Episode

H18000000448

Collection Date:

14 Apr 2023 13:34

Referred By

HEALTH CHECK MGD

Reporting Date: 14 Apr 2023 15:06

Receiving Date

14 Apr 2023 13:34

BIOCHEMISTRY

TEST

RESULT

UNIT

BIOLOGICAL REFERENCE INTERVAL

PLASMA GLUCOSE

Specimen: Plasma

GLUCOSE, POST PRANDIAL (PP), 2 HOURS

187.0 #

mg/dl

[80.0-140.0]

Method: Hexokinase

Note:

Conditions which can lead to lower postprandial glucose levels as compared to fasting glucose are excessive insulin release, rapid gastric emptying, brisk glucose absorption , post exercise

Page 9 of 9

-----END OF REPORT-----

Dr. Alka Dixit Vats Consultant Pathologist