

Subject: Health Check up Booking Confirmed Request(bobE48188),Package Code-PKG1000227,
Beneficiary Code-26170

Mediwheel <wellness@mediwheel.in>

Sent: Thu, 12 Oct 2023 13:24:24 GMT+0530

To: You

Cc: customercare@mediwheel.in

24

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MedSave

011-41195959

Email:wellness@mediwheel.in

Hi Metro Hospital & Heart Institute,

Diagnostic/Hospital Location :Plot No. F - 1, Sector 6A, SIDCUL Sector 8A, Road, Integrated Industrial
Estate, BHEL Township ,City:Haridwar

We have received the confirmation for the following booking .

Beneficiary Name : PKG1000227

Beneficiary Name : MR. KUMAR ANKIT

Member Age : 27

Member Gender : Male

Member Relation : Employee

Package Name : Medi-wheel Full Body Health Checkup Male Below 40

Location : LAKSAR,Uttarakhand-247663

Contact Details : 8433067797

Booking Date : 12-10-2023

Appointment Date : 14-10-2023

Instructions to undergo Health Check:

1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
2. During fasting time do not take any kind of medication, alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning.
3. Bring urine sample in a container if possible (containers are available at the Health Check centre).
4. Please bring all your medical prescriptions and previous health medical records with you.
5. Kindly inform the health check reception in case if you have a history of diabetes and cardiac problems.

For Women:

1. Pregnant Women or those suspecting are advised not to undergo any X-Ray test.
2. It is advisable not to undergo any Health Check during menstrual cycle.

We request you to facilitate the employee on priority.

Subject: Health Check up Booking Request(bobE48188), Beneficiary Code-26170

Mediwheel <wellness@mediwheel.in>

Sent: Thu, 12 Oct 2023 12:46:00 GMT+0530

To: You

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Email:wellness@mediwheel.in

Dear **Metro Hospital & Heart Institute,**

City : Haridwar . **Address :** Plot No. F - 1, Sector 6A, SIDCUL Sector 8A, Road, Integrated Industrial Estate, BHEL Township ,

We have received the confirmation for the following booking .

Name : MR. KUMAR ANKIT
Age : 27
Gender : Male
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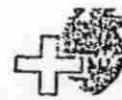
| Member Information | | | |
|-------------------------|-----|--------|--------------|
| Booked Member Name | Age | Gender | Cost(In INR) |
| MR. KUMAR ANKIT | 27 | Male | Cashless |
| Total amount to be paid | | | Cashless |

We will get back to you with confirmation update shortly. Please find the package details as attached for your reference.

Package Name : Medi-wheel Full Body-Health Checkup Male Below 40 - Includes (37)Tests

Tests included in this Package

Ecg, TSH, X-ray Chest, Stress Test (tmt)/ 2d Echo, Blood Sugar Postprandial, A:g Ratio, Blood Group, Total Cholesterol, Triglycerides, Fasting Blood Sugar, Ultrasound Whole Abdomen , Glycosylated Haemoglobin (hba1c), Hdl, Vldl, Urine Analysis, LDL, Total Protine, General Consultation, HDL/ LDL ratio, GGT(Gamma-glutamyl Transferase), Eye Check-up consultation, ALP (ALKALINE PHOSPHATASE), Uric Acid, AST/ALT Ratio, Serum Protein, CBC with ESR, Stool Analysis, Urine Sugar Fasting, Urine Sugar PP, T3, T4, Cholesterol Total / HDL Ratio, BUN, BUN/Creatinine Ratio, Bilirubin Total & Direct and Indirect, Albumin, Globulin



Patient Name..... Ankit Kumar Age/Sex.....
Doctor..... Dr. Naman Agarwal Reg.No.....
Date.....
Time.....

DENTAL EXAMINATION

➤ **TEETH STATUS** = Good

- **MISSING** - None
- **DECAYED** - None

➤ **ORAL HYGIENE STATUS** = Good

- **STAINS** - Absent
- **CALCULUS** - Absent

[Handwritten signature]

प्रति,

समन्वयक,
Mediwheel (Arcofemi Healthcare Limited)
हेल्पलाइन नंबर: 011-41195959

महोदय/ महोदया,

विषय: बैंक ऑफ़ बड़ौदा के कर्मचारियों के लिए वार्षिक स्वास्थ्य जांच।

हम आपको सूचित करना चाहते हैं कि हमारे कर्मचारी जिनका विवरण निम्नानुसार हैं हमारे करार के अनुसार आपके द्वारा उपलब्ध कराई गई कैशलेस वार्षिक स्वास्थ्य जांच सुविधा का लाभ लेना चाहते हैं।

| | कर्मचारी विवरण |
|------------------------------------|--------------------------|
| नाम | MR. KUMAR ANKIT |
| क.कू.संख्या | 114047 |
| पदनाम | SINGLE WINDOW OPERATOR A |
| कार्य का स्थान | LAKSAR |
| जन्म की तारीख | 10-03-1993 |
| स्वास्थ्य जांच की प्रस्तावित तारीख | 14-10-2023 |
| बुकिंग संदर्भ सं. | 23D114047100071782E |

यह अनुमोदन/ संस्तुति पत्र तभी वैध माना जाएगा जब इसे बैंक ऑफ़ बड़ौदा के कर्मचारी आईडी कार्ड की प्रति के साथ प्रस्तुत किया जाएगा। यह अनुमोदन पत्र दिनांक 10-10-2023 से 31-03-2024 तक मान्य है। इस पत्र के साथ किए जाने वाले चिकित्सा जांच की सूची अनुलग्नक के रूप में दी गई है। कृपया नोट करें कि उक्त स्वास्थ्य जांच हमारी टाई-अप व्यवस्था के अनुसार कैशलेस सुविधा है। हम अनुरोध करते हैं कि आप हमारे कर्मचारी के स्वास्थ्य जांच संबंधी आवश्यकताओं पर उचित कार्रवाई करें तथा इस संबंध में अपनी सर्वोच्च प्राथमिकता तथा सर्वोत्तम संसाधन उपलब्ध कराएं। उपर्युक्त सारणी में दी गई कर्मचारी कूट संख्या एवं बुकिंग संदर्भ संख्या का उल्लेख अनिवार्य रूप से इनवॉइस में किया जाना चाहिए।

हम इस संबंध में आपके सहयोग की अपेक्षा करते हैं।

भवदीय,

हस्ता/-

(मुख्य महाप्रबंधक)

मानव संसाधन प्रबंधन विभाग

बैंक ऑफ़ बड़ौदा

(नोट: यह कंप्यूटर द्वारा जनरेट किया गया पत्र है। हस्ताक्षर की आवश्यकता नहीं है। कृपया किसी भी स्पष्टीकरण के लिए Mediwheel (Arcofemi Healthcare Limited) से संपर्क करें।)



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we treat...HE CURES

Metro Hospital & Heart Institute

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OPD CONSULTATION

Patient Name Kumar Ankit Age/Sex 30/M Reg. No.

Doctor's Name Dr. Sushil Kumar

Date 14/10/23 Time

OPHTHALMIC EXAMINATION

VISION

DISTANCE VISION-

Rt 6/6

Lt 6/6

NEAR VISION-

Rt N/G

Lt N/G

COLOUR VISION

Normal

EYE EXAMINATION

Cornea

Ant Chamber

Pupil

Fundus Examination

ADVICE-

Dr. Sushil Kumar, [Signature] (Ophthalmologist)
Consultant Ophthalmologist
Metro Hospital & Heart Institute
SIDCUL, Haridwar. Reg. No.-2672 (UK)

Plot No. F-1, Sector-6A, SIDCUL, Haridwar - 249 403

Emergency : +91 8191902600, Phone : 01334 - 239040 / 42 / 43, Fax : 01334 - 239043

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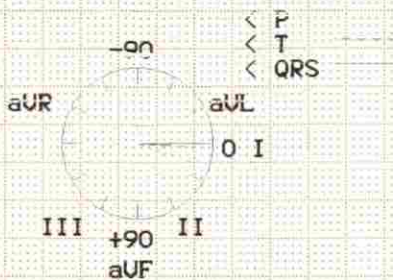
Regd. Office : 21, Community Center, Preet Vihar, New Delhi-110092

CIN No.: U33201DL2006PTC156918

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Measurement Results:

QRS : 94 ms
 QT/QTcB : 360 / 361 ms
 PR : 138 ms
 P : 108 ms
 RR/PP : 996 / 1000 ms
 P/QRS/T : 20/ 0/ 5 degrees
 QTd/QTcBD : 28 / 28 ms
 Sokolow : 2.0 mV
 NK : 8

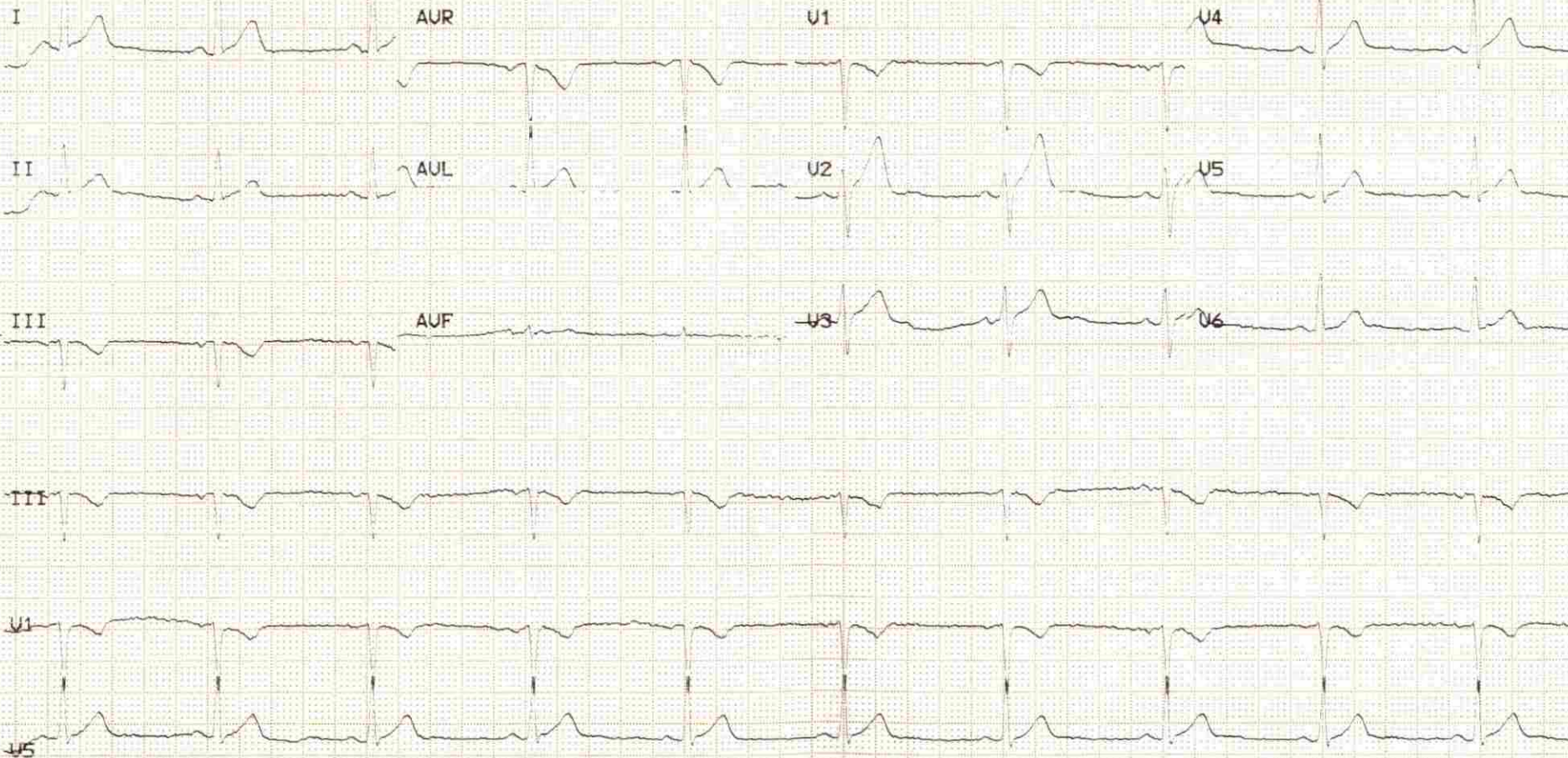


Interpretation:

14-10-23

slightly depressed ST segment (anterior)
borderline ECG

Unconfirmed report





Radiology Investigation Report

34

Name : Mr. Ankit Kumar
Ref. By : Dr. ANIL SINGH
IP/OP : OP/202311324
Date : 14/10/2023

Age/Sex : 27 Y/M
UHID NO : 2023018021
Request No : 70240509

USG WHOLE ABDOMEN

The diaphragm is normal in contour & respiratory excursion. There is no ascitis or lymph node mass.

Liver is normal in size, shape, outline & **raised echotexture**. No focal area of abnormal echogenecity is seen in liver. Intrahepatic biliary radicles are not dilated. Portal vein & portal venous radicles are normal.

Gall bladder is normal in shape & size. Gall bladder wall is not thick. No mass lesion / calculus is seen in gall bladder. Common bile duct is normal in course & caliber. No calculus is seen in its lumen.


Spleen & pancreas appears normal in shape, size, outline & echotexture.

Both the kidneys are normal in shape, size, outline & echotexture. Renal parenchymal thickness is normal. Corticomedullary junction is defined & is normal. There is no hydronephrosis. No echogenic renal calculus is seen.

Urinary bladder is normal in contour & capacity. Bladder wall is not thick. No pathological filling defect / vesical calculus is seen in bladder. Ureterovesical junctions appear normal.

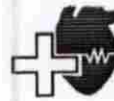
Prostate is normal in shape, outline & echotexture. Prostatic capsule & periprostatic facial planes appear normal.

IMPRESSION : Grade I fatty liver.


DR. PRAKASH CHANDRA PANDEY
MBBS, DMRD
CONSULTANT RADIOLOGIST

Note:

- (1) Not Valid for medical-legal purposes.
- (2) This is a professional opinion based on imaging finding and not the diagnosis.
- (3) In case of any discrepancy due to machine error or typing error, please get it rectified immediately.



Radiology Investigation Report


Name : Mr. Ankit Kumar
Ref. By : Dr. ANIL SINGH
IP/OP : OP/202311324
Date : 14/10/2023

Age/Sex : 27 Y/M
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Request No : 70240509

X-RAY CHEST PA View

Cardiac contour & size are normal.
Trachea is central.
Lung fields are clear.
Hilar shadows are normal.
Costophrenic angles are clear.
Bony rib cage is normal.

IMPRESSION: NORMAL CHEST.


DR. PRAKASH CHANDRA PANDEY
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2D ECHOCARDIOGRAPHY

| | | | |
|--------------|-----------------|----------|------------|
| Name: | Mr. Ankit Kumar | UHID No: | 2023018021 |
| Age/Sex: | 27Y/M | Ward: | OPD |
| Referred by: | Dr. Anil Singh | Date: | 14.10.2023 |

ACOUSTIC WINDOW: Normal

MEASUREMENTS AND CALCULATIONS

| Measurements | Observed Value | Reference Value |
|----------------------|----------------|--|
| IVS (ED) | 0.9 | (0.6 – 1.1 cm) |
| LVPW (ED) | 1.1 | (0.6 – 1.1 cm) |
| LVID (ED) | 3.7 | Male (3.7 – 5.5 cm) Female (3.7 – 5.2 cm) |
| Aortic root diameter | 2.2 | (2.0 – 3.7 cm) |
| LA dimension | 3.0 | Male (1.9 – 4.0 cm) Female (1.7 – 3.8 cm) |
| LV EF | 60% | (55 – 75%) |

MORPHOLOGICAL DATA

| | | | |
|-----------------|--------|-----------------|--------|
| Mitral valve | Normal | Right Atrium | Normal |
| Aortic valve | Normal | Right Ventricle | Normal |
| Tricuspid valve | Normal | PA | Normal |
| Pulmonary valve | Normal | IVS | Intact |
| | | IAS | Intact |

DOPPLER STUDY

| Valve | Regurges | Velocities (cm/s) | Gradients (mmHg) |
|-----------|----------|-------------------------|------------------|
| Mitral | Trace | E – 66, A – 81, E/A < 1 | |
| Aortic | Nil | Vel – 103 | |
| Tricuspid | Trace | Vel – 235 | PASP – 25 |
| Pulmonary | Nil | Vel – 89 | |

Plot No. F-1 Sector – 6A, SIDCUL, HARIDWAR – 249 403

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FINAL IMPRESSION

- Normal Acoustic Window
- Normal Chambers Dimensions
- No RWMA
- LVEF~60%
- No LVDD
- Trace MR, Trace TR, PASP 25 mmHg
- No pericardial effusion
- No Intracardiac clot

Dr. Krishna CK

MD, DNB (Medicine), DNB (Cardiology)
Consultant Interventional Cardiology
UKMC Reg. No: 12883

Dr. Ajit Kumar

MBBS, PGDCC
Associate Consultant, Cardiology
UKMC Reg. No: 7569

(Note: This document is not for medico-legal purpose)

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Pathology Report

Name : Mr. Ankit Kumar
Ref. By : Dr. ANIL SINGH
IP/OP : OP/202311324
Sample Date : 14/10/2023
Reporting Date: 15/10/2023

Age/Sex : 27 Y/M
UHID : 2023018021
Request No. : 10374758
Sample Time : 12:46
Reporting Time : 01:19

| Test | Result | Unit | Bio. Ref. Inter. Test Method |
|------|--------|------|------------------------------|
|------|--------|------|------------------------------|

Hematology

CBC (COMPLETE BLOOD COUNT/HAEMOGRAM)

| | | | |
|------------------------|------|-----------|------------|
| HB | 15.0 | gm/dl | M - 13-18 |
| TLC | 7810 | /cumm | 4000-11000 |
| DLC (WBC DIFFERENTIAL) | | | |
| NEUTROPHILS | 30 | % | 45-75 |
| LYMPHOCYTES | 60 | % | 25-45 |
| EOSINOPHILS | 03 | % | 1-6 |
| MONOCYTES | 07 | % | 2-8 |
| BASOPHILS | 00 | % | --<2 |
| RBC | 5.68 | million | 3.5-5.5 |
| PCV | 48.6 | % | 36-52 |
| MCV | 85.6 | fL | 80-100 |
| MCH | 30.9 | PG | 27-32 |
| MCHC | 33.5 | gm/dl | 31-37 |
| PLATELET COUNT | 1.38 | lakh/cumm | 1.5-4.5 |
| RDW | 13.5 | % | 11.5-15 |

BLOOD GROUP

| | | | |
|-----|----------|-------|----|
| ABO | A | - | - |
| Rh | POSITIVE | - | - |
| ESR | 14 | mm/hr | 20 |

Serology & Immunology

THYROID PROFILE

| | | | |
|-----|------|--------|-----------|
| T3 | 2.88 | nmol/L | 1.70-3.10 |
| T4 | 14.0 | µg/dl | 5.95-15.4 |
| TSH | 1.86 | µIU/L | 0.46-4.68 |

*** End of Reports ***

Dr. Vishal Arora
MBBS, DCP
(Consultant Pathologist)

Checked By

Note:

1. These reports are mere estimation of values at that particular time and are liable to vary/change in different conditions in different laboratories.
2. The values are to be collaborated with clinical findings by qualified doctor and any alarming and unexpected results should be reported to Lab urgently for recheck and manual typing errors.
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4. All card based tests are screening test therefore need confirmation by other alternative test like (PCR, ELISA).

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Age/Sex : 27 Y/M
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| Test | Result | Unit | Bio. Ref. Inter. Test Method |
|-----------------------------------|--------|--------|------------------------------|
| Biochemistry | | | |
| HBIAC | 7.0 | % | 4.5-6.3 |
| BLOOD SUGAR -PP | 276.0 | mg/dl | 70.0-140.0 |
| BLOOD SUGAR -FASTING | 162.0 | mg/dl | 70.0-110.0 |
| LIPID PROFILE | | | |
| TOTAL CHOLESTEROL | 160.0 | mg/dl | 00-250.0 |
| HDL-CHOLESTEROL | 32.0 | mg/dl | 00-50.0 |
| LDL | 110.0 | mg/dl | 00-150.0 |
| TRIGLYCERIDES | 90.0 | md/dl | 30-150 |
| VLDL | 18.0 | mg/dl | 0-50 |
| CHOL/HDL Ratio | 5.0 | | <4.5 |
| LFT (LIVER FUNCTION TEST) | | | |
| BILIRUBIN INDIRECT | 0.30 | mg/dl | 0.2-0.8 |
| SGOT | 38.0 | U/L | 10-42 |
| SGPT | 64.0 | U/L | 10-42 |
| BILIRUBIN TOTAL | 0.60 | mg/dl | 0.2-1.0 |
| ALKALINE PHOSPHATASE | 93.0 | IU/L | 28-111 |
| BILIRUBIN DIRECT | 0.30 | mg/dl | 0.1-0.4 |
| TOTAL PROTEIN | 7.5 | gm/dl | 6.4-8.2 |
| ALBUMIN | 4.0 | g/dl | 3.5-5.0 |
| GLOBULIN | 3.5 | gm/dl | 2.0-4.0 |
| AG RATIO | 1.1 | | - |
| KFT (KIDNEY FUNCTION TEST) | | | |
| UREA | 19.2 | mg/dl | 15-45 |
| SODIUM | 146.0 | mmol/L | 135-155 |
| CREATININE | 0.66 | mg/dl | 0.6-1.3 |
| URIC ACID | 4.9 | mg/dl | 3.0-7.6 |
| BUN | 9.1 | mg/dl | 05-20 |
| POTASSIUM | 4.6 | mmol/L | 3.5-5.5 |
| CALCIUM | 10.0 | mg/dl | 8.5-10.5 |

*** End of Reports ***

Dr. Vishal Arora
 MBBS, DCP
 (Consultant Pathologist)

Checked By *All*

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|------|--------|------|------------------------------|

Urine Examination

URINE ROUTINE ANALYSIS

PHYSICAL EXAMINATION

| | | | |
|--------------|--------|---|---|
| COLOUR | PALE | - | - |
| TRANSPARENCY | YELLOW | - | - |
| S. GRAVITY | TURBID | - | - |
| | 1.030 | - | - |

CHEMICAL EXAMINATION

| | | | |
|---------|-----|---|---|
| ALBUMIN | NIL | - | - |
| SUGAR | ++ | - | - |
| pH | 6.0 | - | - |
| BLOOD | NIL | - | - |
| KETONE | NIL | - | - |

MICROSCOPIC EXAMINATION

| | | | |
|---------------------|-----|---|---|
| PUS CELLS | 4-5 | - | - |
| EPITHELIAL CELLS | 1-2 | - | - |
| RBC | 4-5 | - | - |
| CRYSTALS | NIL | - | - |
| CAST | NIL | - | - |
| BACTERIA | NIL | - | - |
| AMORPHOUS PHOSPHATE | NIL | - | - |
| AMORPHOUS URATES | NIL | - | - |

*** End of Reports ***

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- All card based tests are screening test therefore need confirmation by other alternative test like (PCR, ELISA).

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