

NEF

**MEDICAL EXAMINATION REPORT (MER)**

If the examinee is suffering from an acute life threatening situation, you may be obliged to disclose the result of the medical examination to the examinee.

1. Name of the examinee	:	Mr./Mrs./Ms. <u>Dr. Vivek Lakshmanan</u>
2. Mark of Identification	:	(Mole/Scar/any other (specify location)):
3. Age/Date of Birth	:	<u>05.03.1986</u> Gender: <u>F/M</u> ✓
4. Photo ID Checked	:	(Passport/Election Card/PAN Card/Driving Licence/Company ID)

**PHYSICAL DETAILS:**

a. Height ..... <u>174</u> ..... (cms)	b. Weight ..... <u>70</u> ..... (Kgs)	c. Girth of Abdomen ..... <u>72</u> ..... (cms)
d. Pulse Rate ..... <u>70</u> ..... (/Min)	e. Blood Pressure:	Systolic <u>120</u> Diastolic <u>80</u>
		1 <sup>st</sup> Reading
		2 <sup>nd</sup> Reading

**FAMILY HISTORY:**

Relation	Age if Living	Health Status	If deceased, age at the time and cause
Father		/ NS	
Mother			
Brother(s)			
Sister(s)			

**HABITS & ADDICTIONS:** Does the examinee consume any of the following?

Tobacco in any form	Sedative	Alcohol
—	—	—

**PERSONAL HISTORY**

- a. Are you presently in good health and entirely free from any mental or Physical impairment or deformity. If No, please attach details. None **Y/N**
- b. Have you undergone/been advised any surgical procedure? Appendix **Y/N**
- c. During the last 5 years have you been medically examined, received any advice or treatment or admitted to any hospital? **Y/N**
- d. Have you lost or gained weight in past 12 months? **Y/N**

**Have you ever suffered from any of the following?**

- Psychological Disorders or any kind of disorders of the Nervous System? **Y/N**
- Any disorders of Respiratory system? **Y/N**
- Any Cardiac or Circulatory Disorders? **Y/N**
- Enlarged glands or any form of Cancer/Tumour? **Y/N**
- Any Musculoskeletal disorder? **Y/N**
- Any disorder of Gastrointestinal System? **Y/N**
- Unexplained recurrent or persistent fever, and/or weight loss **Y/N**
- Have you been tested for HIV/HBsAg / HCV before? If yes attach reports **Y/N**
- Are you presently taking medication of any kind? MDI (50) **Y/N**

• Any disorders of Urinary System?

Y/N

• Any disorder of the Eyes, Ears, Nose, Throat or Mouth & Skin

Y/N

**FOR FEMALE CANDIDATES ONLY** NA

a. Is there any history of diseases of breast/genital organs?

Y/N

d. Do you have any history of miscarriage/abortion or MTP

Y/N

b. Is there any history of abnormal PAP Smear/Mammogram/USG of Pelvis or any other tests? (If yes attach reports)

Y/N

e. For Parous Women, were there any complication during pregnancy such as gestational diabetes, hypertension etc

Y/N

c. Do you suspect any disease of Uterus, Cervix or Ovaries?

Y/N

f. Are you now pregnant? If yes, how many months?

Y/N

**CONFIDENTIAL COMMENTS FROM MEDICAL EXAMINER**

➤ Was the examinee co-operative?

Y/N

➤ Is there anything about the examinee's health, lifestyle that might affect him/her in the near future with regard to his/her job?

Y/N

➤ Are there any points on which you suggest further information be obtained?

Y/N

➤ Based on your clinical impression, please provide your suggestions and recommendations below;

Medical consult

➤ Do you think he/she is MEDICALLY FIT or UNFIT for employment.

FIT

**MEDICAL EXAMINER'S DECLARATION**

I hereby confirm that I have examined the above individual after verification of his/her identity and the findings stated above are true and correct to the best of my knowledge.

Name & Signature of the Medical Examiner :

Seal of Medical Examiner :

Dr. GEORGE THOMAS  
MD, FCSI, FIAE  
MEDICAL EXAMINER  
Reg: 86614

Name & Seal of DDRC SRL Branch :

Date & Time :



27/03/23

**DDRC SRL Diagnostics Limited**

Corp. Office: DDRC SRL Tower, G- 131, Panampilly Nagar, Ernakulam - 682 036  
Ph No. 0484-2318223, 2318222, e-mail: info@ddrcsrl.com, web: www.ddrcsrl.com

Regd. Office: 4th Floor, Prime Square, Plot No.1, Gaiwadi Industrial Estate, S.V. Road, Goregaon (West), Mumbai - 400062.

भारत सरकार  
Government of India

Vivek Lakshmanan  
Year of Birth : 1986  
Male

5807 8331 8573

आधार - आम आदमी का अधिकार



*Dr. Vivek  
25/3/2023*



भारतीय विशिष्ट पहचान प्राधिकरण  
Unique Identification Authority of India

Address:  
S/O: Muthiah Pillai, 604/1, M S Road, Meenambika Hospital,  
Krishnancoil, Vadasery, Kanniyakumari, Nagercoil, Tamil  
Nadu, 629001

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www.uidai.gov.in



Patient Ref. No. 66600003872005

CLIENT CODE : CA00010147 - MEDIWHEEL  
 CLIENT'S NAME AND ADDRESS: MEDIWHEEL HEALTHCARE LIMITED

MEDIWHEEL ARCOFEMI HEALTHCARE LIMITED  
 F701A, LADO SARAI, NEW DELHI,  
 SOUTH DELHI, DELHI,  
 SOUTH DELHI 110030  
 DELHI INDIA  
 8800465156

DDRC SRL DIAGNOSTICS  
 DDRC SRL Tower, G-131, Panampilly Nagar,  
 PANAMPALLY NAGAR, 682036  
 KERALA, INDIA  
 Tel : 93334 93334  
 Email : customercare.ddrc@srl.in

PATIENT NAME : VIVEK LAKSHMANAN

PATIENT ID : VIVEM2503874126

ACCESSION NO : 4126WC008891 AGE : 36 Years SEX : Male

ABHA NO :

DRAWN :

RECEIVED : 25/03/2023 09:18

REPORTED : 25/03/2023 17:28

REFERRING DOCTOR : DR. MDIWHEEL

CLIENT PATIENT ID :

Test Report Status	Results	Biological Reference Interval	Units
Preliminary			

**MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT****TREADMILL TEST**

TREADMILL TEST

TEST NOT DONE



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**MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT**

**BUN/CREAT RATIO**

BUN/CREAT RATIO 16.04

**CREATININE, SERUM**

CREATININE 0.81 18 - 60 yrs : 0.9 - 1.3 mg/dL  
METHOD : JAFFE KINETIC METHOD

GLUCOSE, POST-PRANDIAL, PLASMA RESULT PENDING

**GLUCOSE FASTING, FLUORIDE PLASMA**

GLUCOSE, FASTING, PLASMA 95  
Diabetes Mellitus : > or = 126. mg/dL  
Impaired fasting Glucose/  
Prediabetes : 101 - 125.  
Hypoglycemia : < 55.

**GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA WHOLE BLOOD**

GLYCOSYLATED HEMOGLOBIN (HBA1C) 5.7  
Normal : 4.0 - 5.6%. %  
Non-diabetic level : < 5.7%.  
Diabetic : >6.5%

Glycemic control goal  
More stringent goal : < 6.5 %.  
General goal : < 7%.  
Less stringent goal : < 8%.

Glycemic targets in CKD :-  
If eGFR > 60 : < 7%.  
If eGFR < 60 : 7 - 8.5%.

MEAN PLASMA GLUCOSE 116.9 High < 116.0 mg/dL

**LIPID PROFILE, SERUM**

CHOLESTEROL 220  
Desirable : < 200 mg/dL  
Borderline : 200-239

TRIGLYCERIDES 177 High Normal : < 150 mg/dL  
High : 150-199

Hypertriglyceridemia : 200-499  
Very High : > 499

HDL CHOLESTEROL 43  
General range : 40-60 mg/dL

DIRECT LDL CHOLESTEROL 154  
Optimum : < 100 mg/dL  
Above Optimum : 100-139

Borderline High : 130-159  
High : 160-189  
Very High : >or= 190



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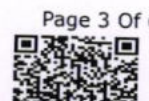
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NON HDL CHOLESTEROL	177	<b>High</b> Desirable: Less than 130 Above Desirable: 130 - 159 Borderline High: 160 - 189 High: 190 - 219 Very high: > or = 220	mg/dL
VERY LOW DENSITY LIPOPROTEIN	35.4	<b>High</b> Desirable value : 10 - 35	mg/dL
CHOL/HDL RATIO	5.1	<b>High</b> 3.3-4.4 Low Risk 4.5-7.0 Average Risk 7.1-11.0 Moderate Risk > 11.0 High Risk	
LDL/HDL RATIO	3.6	<b>High</b> 0.5 - 3.0 Desirable/Low Risk 3.1 - 6.0 Borderline/Moderate Risk >6.0 High Risk	
<b>LIVER FUNCTION TEST WITH GGT</b>			
BILIRUBIN, TOTAL	0.50	General Range : < 1.1	mg/dL
BILIRUBIN, DIRECT	0.16	General Range : < 0.3	mg/dL
BILIRUBIN, INDIRECT	0.33	0.00 - 0.60	mg/dL
TOTAL PROTEIN	7.6	Ambulatory : 6.4 - 8.3 Recumbant : 6 - 7.8	g/dL
ALBUMIN	4.6	20-60yrs : 3.5 - 5.2	g/dL
GLOBULIN	3.0	2.0 - 4.0 Neonates - Pre Mature: 0.29 - 1.04	g/dL
ALBUMIN/GLOBULIN RATIO	1.5	1.00 - 2.00	RATIO
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	36	Adults : < 40	U/L
ALANINE AMINOTRANSFERASE (ALT/SGPT)	59	Adults : < 45	U/L
ALKALINE PHOSPHATASE	70	Adult(<60yrs) : 40 -130	U/L
GAMMA GLUTAMYL TRANSFERASE (GGT)	38	Adult (Male) : < 60	U/L
<b>TOTAL PROTEIN, SERUM</b>			
TOTAL PROTEIN	7.6	Ambulatory : 6.4 - 8.3 Recumbant : 6 - 7.8	g/dL
<b>URIC ACID, SERUM</b>			
URIC ACID	6.1	Adults : 3.4-7	mg/dL
<b>ABO GROUP &amp; RH TYPE, EDTA WHOLE BLOOD</b>			
ABO GROUP		TYPE B	
RH TYPE		POSITIVE	



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<b>BLOOD COUNTS, EDTA WHOLE BLOOD</b>			
HEMOGLOBIN	14.3	13.0 - 17.0	g/dL
RED BLOOD CELL COUNT	4.84	4.5 - 5.5	mil/ $\mu$ L
WHITE BLOOD CELL COUNT	6.09	4.0 - 10.0	thou/ $\mu$ L
PLATELET COUNT	262	150 - 410	thou/ $\mu$ L
<b>RBC AND PLATELET INDICES</b>			
HEMATOCRIT	42.6	40 - 50	%
MEAN CORPUSCULAR VOL	88.1	83 - 101	fL
MEAN CORPUSCULAR HGB.	29.5	27.0 - 32.0	pg
MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION	33.5	31.5 - 34.5	g/dL
RED CELL DISTRIBUTION WIDTH	16.2	12.0 - 18.0	%
MENTZER INDEX	18.2		
MEAN PLATELET VOLUME	7.0	6.8 - 10.9	fL
<b>WBC DIFFERENTIAL COUNT</b>			
SEGMENTED NEUTROPHILS	58	40 - 80	%
LYMPHOCYTES	33	20 - 40	%
MONOCYTES	7	2 - 10	%
EOSINOPHILS	2	1 - 6	%
BASOPHILS	0	0 - 2	%
ABSOLUTE NEUTROPHIL COUNT	3.53	2.0 - 7.0	thou/ $\mu$ L
ABSOLUTE LYMPHOCYTE COUNT	2.01	1 - 3	thou/ $\mu$ L
ABSOLUTE MONOCYTE COUNT	0.43	0.20 - 1.00	thou/ $\mu$ L
ABSOLUTE EOSINOPHIL COUNT	0.12	0.02 - 0.50	thou/ $\mu$ L
ABSOLUTE BASOPHIL COUNT	0.00	0.00 - 0.10	thou/ $\mu$ L
NEUTROPHIL LYMPHOCYTE RATIO (NLR)	1.8		
<b>ERYTHROCYTE SEDIMENTATION RATE (ESR), WHOLE BLOOD</b>			
SEDIMENTATION RATE (ESR)	04	0 - 14	mm at 1 hr
<b>SUGAR URINE - POST PRANDIAL</b>			
	RESULT PENDING		
<b>THYROID PANEL, SERUM</b>			
T3	122.50	80 - 200	ng/dL
T4	7.92	5.1 - 14.1	$\mu$ g/dl
TSH 3RD GENERATION	1.660	21-50 yrs : 0.4 - 4.2	$\mu$ IU/mL



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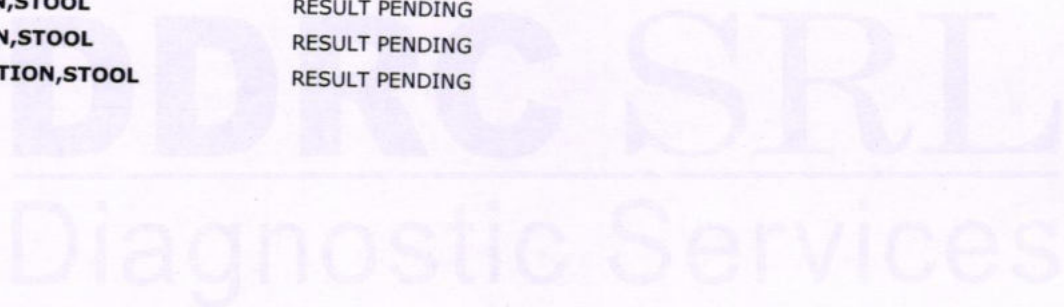
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<b>Preliminary</b>		
PHYSICAL EXAMINATION, URINE	RESULT PENDING	
CHEMICAL EXAMINATION, URINE	RESULT PENDING	
MICROSCOPIC EXAMINATION, URINE	RESULT PENDING	
BLOOD UREA NITROGEN (BUN), SERUM		
BLOOD UREA NITROGEN	13	Adult(<60 yrs) : 6 to 20 mg/dL
SUGAR URINE - FASTING	RESULT PENDING	
PHYSICAL EXAMINATION, STOOL	RESULT PENDING	
CHEMICAL EXAMINATION, STOOL	RESULT PENDING	
MICROSCOPIC EXAMINATION, STOOL	RESULT PENDING	



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<b>Preliminary</b>		

**MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT**

ECG WITH REPORT

REPORT

TEST NOT DONE

USG ABDOMEN AND PELVIS

REPORT

TEST NOT DONE

CHEST X-RAY WITH REPORT

REPORT

TEST COMPLETED

**\*\*End Of Report\*\***Please visit [www.ddrcsrl.com](http://www.ddrcsrl.com) for related Test Information for this accession


 DR.HARI SHANKAR, MBBS MD  
 (Reg No - TCMC:62092)  
 HEAD - Biochemistry &  
 Immunology



 DR.VIJAY K N, MBBS MD(PATH)  
 (Reg No - KMC:91816)  
 HEAD-HAEMATOLOGY &  
 CLINICAL PATHOLOGY



 DR.SMITHA PAULSON, MD  
 (PATH), DPB  
 (Reg No - TCMC:35960)  
 LAB DIRECTOR & HEAD-  
 HISTOPATHOLOGY &  
 CYTOLOGY


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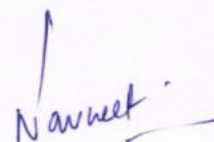


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NAME: MR VIVEK LAKSHMANAN	STUDY DATE 25/03/2023
AGE / SEX :36 YRS / M	REPORTING DATE 25/03/2023
REFERRED BY : MEDIWHEEL	ACC NO : 4126WC008891

**X - RAY - CHEST PA VIEW**

- Both the lung fields are clear.
- B/L hila and mediastinal shadows are normal.
- Cardiac silhouette appears normal.
- Cardio - thoracic ratio is normal.
- Bilateral CP angles and domes of diaphragm appear normal.

**IMPRESSION: NORMAL STUDY****Kindly correlate clinically****Dr. NAVNEET KAUR, MBBS,MD**  
**Consultant Radiologist.**