

Metro Hospital & Heart Institute, Haridwar

Health Check-up Certificate

COMPANY M. Ad Wheel (Bank of Baroda)

EMPLOYEE NO. 111834 DEPTT. Sight window DATE 11/3/23

NAME Mansoj Kumar AGE/SEX 38/M DOB 15/1/84

DESIGNATION - MOBILE NO 9999 495669

CHEST (INSP) 102 cm. CHEST (EXP) 96 cm. CHEST EXPANSION 06 cm

HEIGHT 156 cm. WEIGHT 70 Kg. BMI -

P/R 84 per mt. BP 112/68 mmHg SIGN OF EMP Mansoj Kumar

EXAMINATION/INVESTIGATIONS

No	Investigations	Room No	Result
✓ 1	LAB INVESTIGATIONS	Path Lab	Hb <u>10.6 gm/l.</u> TLC <u>5670</u> / DLC <u>58.1/33.0/7.0/1.9</u> F <u>93%</u> / PP <u>169.4</u> / RBS
	BLOOD SUGAR F/PP/RANDOM	Path Lab	
✓	BLOOD GROUP ? HbA1c	Path Lab	<u>A+</u> HbA1c <u>10.6%</u>
✓ 2	URINE	Path Lab	<u>Acb NIL</u> / <u>cytes NIL</u>
✓ 3	STOOL	Path Lab	<u>ova/cyst - Not seen</u>
✓ 4	X RAY CHEST.PA	Radiology	<u>NAD</u>
✓ 5	ULTRASONOGRAPHY (Whole Abd)	Radiology	<u>Gr fatty liver / Small Rt renal Calculus</u>
✓ 6	ECG.	Health check up	<u>WNL</u>
✓ 7	ECHO	Radiology	<u>Normal study.</u>
8	TMT	Radiology	
9	PFT	Health check up	
10	AUDIOMETRY	25	
11	ENT EXAM	25	
12	DENTAL EXAMINATION	24	
✓ 13	ACUITY OF VISION/COLOUR VISION	13	<u>Dist 6/6</u> / <u>6/6</u> / <u>NVC</u> / <u>NG</u> / <u>NC</u> / <u>CV</u>
✓ 14	EXAMINATION BY PHYSICIAN	23	<u>ONE</u> / <u>NAD</u> / <u>Lymphaden</u> / <u>NAD</u> / <u>Per</u> / <u>scrotal</u>
✓ 15	Lipid Profile		<u>SGOT/SGPT ↑</u> / <u>Polycythemia</u>

Observations - KFT - WNL
ASA
Advice - Thyroid Profile - WNL

Δ - BSEP - ↑
- RT Renal Calculus.

Dr. Anil Singh
Occupational Health Specialist

SUGGESTIVE LIST OF MEDICAL TESTS

FOR MALE	FOR FEMALE
CBC	CBC
ESR	ESR
Blood Group & RH Factor	Blood Group & RH Factor
Blood and Urine Sugar Fasting	Blood and Urine Sugar Fasting
Blood and Urine Sugar PP	Blood and Urine Sugar PP
Stool Routine	Stool Routine
Lipid Profile	Lipid Profile
Total Cholesterol	Total Cholesterol
HDL	HDL
LDL	LDL
VLDL	VLDL
Triglycerides	Triglycerides
HDL / LDL ratio	HDL / LDL ratio
Liver Profile	Liver Profile
AST	AST
ALT	ALT
GGT	GGT
Bilirubin (total, direct, indirect)	Bilirubin (total, direct, indirect)
ALP	ALP
Proteins (T, Albumin, Globulin)	Proteins (T, Albumin, Globulin)
Kidney Profile	Kidney Profile
Serum creatinine	Serum creatinine
Blood Urea Nitrogen	Blood Urea Nitrogen
Uric Acid	Uric Acid
HBA1C	HBA1C
Routine urine analysis	Routine urine analysis
USG Whole Abdomen	USG Whole Abdomen
General Tests	General Tests
X Ray Chest	X Ray Chest
ECG	ECG
2D/3D ECHO / TMT	2D/3D ECHO / TMT
Stress Test	Thyroid Profile (T3, T4, TSH)
PSA Male (above 40 years)	Mammography (above 40 years) and Pap Smear (above 30 years).
Thyroid Profile (T3, T4, TSH)	Dental Check-up consultation
Dental Check-up consultation	Physician Consultation
Physician Consultation	Eye Check-up consultation
Eye Check-up consultation	Skin/ENT consultation
Skin/ENT consultation	Gynaec Consultation



To,

The Coordinator,
Mediwheel (Arcofemi Healthcare Limited)
Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following spouse of our employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS OF HEALTH CHECK UP BENEFICIARY	
NAME	MANOJ KUMAR
DATE OF BIRTH	15-07-1984
PROPOSED DATE OF HEALTH CHECKUP FOR EMPLOYEE SPOUSE	08-10-2022
BOOKING REFERENCE NO.	22D111834100027310S
SPOUSE DETAILS	
EMPLOYEE NAME	MRS. HIRNIWAL JYOTI
EMPLOYEE EC NO.	111834
EMPLOYEE DESIGNATION	SINGLE WINDOW OPERATOR A
EMPLOYEE PLACE OF WORK	HARDWAR, HARDWAR MAIN
EMPLOYEE BIRTHDATE	29-10-1984

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **06-10-2022** till **31-03-2023**. The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee's spouse and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

**Chief General Manager
HRM Department
Bank of Baroda**

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))

10



METRO HOSPITAL & HEART INSTITUTE

(A unit of Sunhill Hospitals Private Ltd.), CIN No. U33201DL2006PTC156918

Reg. Off : 21, Community Centre, Preet Vihar, Delhi - 92

GST No.: 05AAKCS5409G1ZD

Plot No. F-1, Sector-6A, SIDCUL, Ranipur, Haridwar (UK) - 249403, www.metrohospitals.com

Phone No.: 01334-239040, 239042, 239053

BILL OF SUPPLY (OUTPATIENT CREDIT BILL)

Bill No	: MHWOP/202229296	Date/Time	: 11/03/2023 09:45
Name	: Mr. Manoj Kumar	UHID	: MHWID/2023004110
Age/Sex	: 38 Y /Male	Category	: CASH
Address	: HUL,Haridwar Uttarakhand India	Req. Dr.	: Dr. ANIL SINGH
Tel	: 9999497664		
Comp Name	: MEDIWHEEL#ARCOFEMI HEALTH LTD. (MEDIWHEEL_HARIDWAR)		

HEALTH CARE SERVICES	Req. No.	AMOUNT(Rs.)
Package - MediWheel Full Body Health Checkup Male Below 40 (Rs.1800)Feb2022		1800.00
CBC (COMPLETE BLOOD COUNT/HAEMOGRAM)	10342892	
ESR	10342892	
URINE ROUTINE ANALYSIS	10342892	
STOOL ROUTINE EXAMINATION	10342892	
BLOOD GROUP	10342892	
BLOOD SUGAR -FASTING	10342892	
URINE SUGAR	10342892	
BLOOD SUGAR -PP	10342892	
HB1AC	10342892	
THYROID PROFILE	10342892	
LIPID PROFILE	10342892	
KFT (KIDNEY FUNCTION TEST)	10342892	
LFT (LIVER FUNCTION TEST)	10342892	
ECG	80100616	
TMT/ECHO	80100616	
X-RAY CHEST PA View	70222370	
USG WHOLE ABDOMEN	70222370	
Dr. Physician Consultation {First Visit}	Patient No 4	
Dr. Eye Consultation {Second Visit}	Patient No 4	

NA

Bill Amount: 1800.00
Net Bill Amt Credit: 1300.00

Credit Bill Towards **MEDIWHEEL#ARCOFEMI HEALTH LTD.**, an Amount of Rupees One Thousand Eight Hundred Only

Signature of Patient/Attendant.....
Relation with patient.....
Contact No.....
Run Date : 11/03/2023 09:45



Mr. Manoj Kumar
Age - 38/M
Date - 11-03-23
HR 61 bpm



Interpretation:

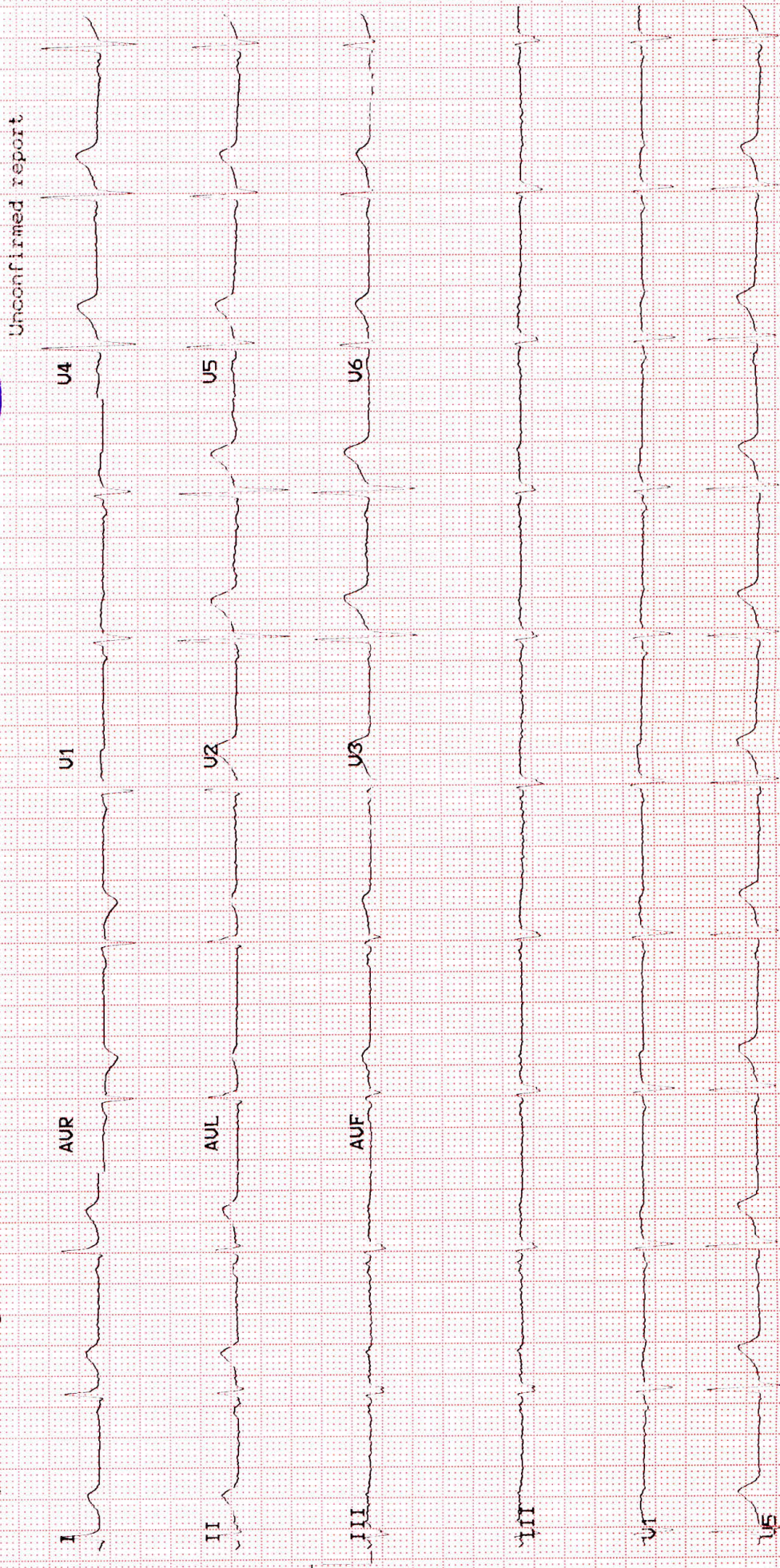
R/S inversion area between U1 probably normal ECG

Measurement Results:

QRS : 94 ms
 QT/QTcB : 402 / 408 ms
 PR : 140 ms
 P : 114 ms
 RR/PP : 972 / 950 ms
 P/QRS/T : 35/ 5/ 30 degrees
 QT/QTcBD : 46 / 47 ms
 Sokolow : 1.3 mV
 NK : 8

< P
 < T
 < QRS

aVR -90
 aVL
 aVF
 I
 II
 III +90
 aUR
 aUL
 aUF



Unconfirmed report



we treat...HE CURES

Metro Hospital & Heart Institute

(A unit of Sunhill Hospital Private Limited)

OPD CONSULTATION

Patient Name Mr. Manoj Kumar Age/Sex 38y / M Reg. No. _____

Doctor's Name Dr. Sushil Kumar

Date 11-03-23

Time 12.00

OPHTHALMIC EXAMINATION

VISION

DISTANCE VISION-

egham
Rt 6/6
Lt 6/6

NEAR VISION-

Rt NIB
Lt NIB

COLOUR VISION — Normal

EYE EXAMINATION

Cornea
Ant Chamber
Pupil
Fundus Examination

W.N.C

ADVICE-

Signature



METRO

HOSPITAL & HEART INSTITUTE

(A unit of Sunhill Hospitals Private Limited)
(NABH & ISO 9001: 2008 Certified)

Radiology Investigation Report

Name : Mr. Manoj Kumar
Ref. By : Dr. ANIL SINGH
IP/OP : OP/202229296
Date : 11/03/2023

Age/Sex : 38 Y/M
UHID NO : 2023004110
Request No : 70222370

USG WHOLE ABDOMEN

The diaphragm is normal in contour & respiratory excursion. There is no ascitis or lymph node mass.

Liver is normal in size, shape, outline & **raised echotexture**. No focal area of abnormal echogenecity is seen in liver. Intrahepatic biliary radicles are not dilated. Portal vein & portal venous radicles are normal.

Gall bladder is normal in shape & size. Gall bladder wall is not thick. No mass lesion / calculus is seen in gall bladder. Common bile duct is normal in course & caliber. No calculus is seen in its lumen.

Spleen & pancreas appears normal in shape, size, outline & echotexture.

Both the kidneys are normal in shape, size, outline & echotexture. Renal parenchymal thickness is normal. Corticomedullary junction is defined & is normal. There is no hydronephrosis. **There is small right renal calculus measuring approx 3.5 mm.**

Urinary bladder is normal in contour & capacity. Bladder wall is not thick. No pathological filling defect / vesical calculus is seen in bladder. Ureterovesical junctions appear normal.

Prostate is normal in shape, outline & echotexture. Prostatic capsule & periprostatic facial planes appear normal.

IMPRESSION : Grade I fatty liver.
Small right renal calculus.



DR. PRAKASH CHANDRA PANDEY
MBBS, DMRD
CONSULTANT RADIOLOGIST

Note:

- (1) Not Valid for medical-legal purposes.
- (2) This is a professional opinion based on imaging finding and not the diagnosis.
- (3) In case of any discrepancy due to machine error or typing error, please get it rectified immediately.

**METRO****HOSPITAL & HEART INSTITUTE**

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(NABH & ISO 9001: 2008 Certified)

Radiology Investigation Report

Name : Mr. Manoj Kumar
Ref. By : Dr. ANIL SINGH
IP/OP : OP/202229296
Date : 11/03/2023

Age/Sex : 38 Y/M
UHID NO : 2023004110
Request No : 70222370

X-RAY CHEST PA View

Trachea is central.

Bilateral hila are normal in size & density.

Cardiac silhouette is normal.

Bilateral lung fields are clear.

Bilateral Costophrenic angles are normal.

Bilateral domes of diaphragm are normal in position & contour.

Bones and soft tissues are normal.

IMPRESSION : Normal skiagram



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Emergency : +91 8191902600, Phone : 01334 - 239040 / 42 / 43, Fax : 01334 - 239043

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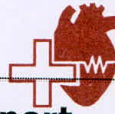
Regd. Office : 21, Community Center, Preet Vihar, New Delhi-110092

CIN No.: U33201DL2006PTC156918

13-Mar-23 10:08 AM

MHHI/CL/0115/Rev. No. 01

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METRO

HOSPITAL & HEART INSTITUTE
(A unit of Sunhill Hospitals Private Limited)
(NABH & ISO 9001: 2008 Certified)

Pathology Report

Name : Mr. Manoj Kumar
 Ref. By : Dr. ANIL SINGH
 IP/OP : OP/202229296
 Sample Date : 11/03/2023
 Reporting Date: 11/03/2023

Age/Sex : 38 Y/M
 UHID : 2023004110
 Request No. : 10342892
 Sample Time : 09:49
 Reporting Time: 20:30

Test	Result	Unit	Bio. Ref. Inter. Test Method
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Biochemistry

LFT (LIVER FUNCTION TEST)

BILIRUBIN INDIRECT	0.46	mg/dl	0.2-0.8
SGOT	59.0	U/L	10-42
SGPT	88.0	U/L	10-42
BIILIRUBIN TOTAL	1.06	mg/dl	0.2-1.0
ALKALINE PHOSPHATASE	84.0	IU/L	28-111
BILIRUBIN DIRECT	0.60	mg/dl	0.1-0.4
TOTAL PROTEIN	6.9	gm/dl	6.4-8.2
ALBUMIN	3.5	g/dl	3.5-5.0
GLOBULIN	3.4	gm/dl	2.0-4.0
AG RATIO	1.0	-	-

KFT (KIDNEY FUNCTION TEST)

UREA	21.0	mg/dl	15-45
SODIUM	138.0	mmol/L	135-155
CREATININE	0.94	mg/dl	0.6-1.3
URIC ACID	5.1	mg/dl	3.0-7.6
BUN	10.0	mg/dl	05-20
POTTASSIUM	4.1	mmol/L	3.5-5.5
CALCIUM	9.2	mg/dl	8.5-10.5

Hematology

BLOOD GROUP

ABO	A	-	-
Rh	POSITIVE	-	-
ESR	17	mm/hr	20

*** End of Reports ***

Dr. Vishal Arora
MBBS, DCP
(Consultant Pathologist)



Note:

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- The values are to be collaborated with clinical findings by qualified doctor and any alarming and unexpected results should be reported to Lab urgently for recheck and manual typing errors.
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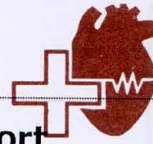
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CIN No.: U33201DL2006PTC156918

MHHI/CL/0115/Rev. No. 01



METRO PATH LABS

Pathology Report

(A unit of Sunhill Hospitals Private Limited)

Name : Mr. Manoj Kumar
Ref. By : Dr. ANIL SINGH
IP/OP : OP/202229296
Sample Date : 11/03/2023
Reporting Date: 11/03/2023

Age/Sex : 38 Y/M (ISO & NABH Certified)
UHD : 2023004110
Request No. : 10342892
Sample Time : 09:49
Reporting Time: 20:30

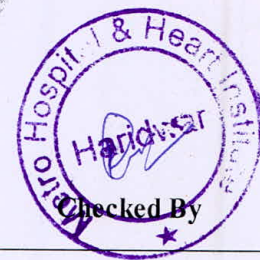
Test	Result	Unit	Bio. Ref. Inter. Test Method
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Urine Examination

URINE SUGAR	NIL		
URINE ROUTINE ANALYSIS			
PHYSICAL EXAMINATION			
COLOUR	STRAW	-	
TRANSPARENCY	CLEAR	-	
S. GRAVITY	1.025	-	
CHEMICAL EXAMINATION			
ALBUMIN	NIL	-	
SUGAR	NIL	-	
pH	6.0	-	
BLOOD	NIL	-	
KETONE	NIL	-	
MICROSCOPIC EXAMINATION			
PUS CELLS	2-3	-	
EPITHELIAL CELLS	1-2	-	
RBC	NIL	-	
CRYSTALS	NIL	-	
CAST	NIL	-	
BACTERIA	NIL	-	
AMORPHOUS PHOSPHATE	NIL	-	
AMORPHOUS URATES	NIL	-	

*** End of Reports ***

Dr. Vishal Arora
MBBS, DCP
(Consultant Pathologist)



Note:

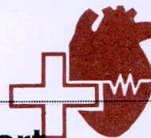
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Test	Result	Unit	Bio. Ref. Inter.	Test Method
------	--------	------	------------------	-------------

Biochemistry

HB1AC	5.6	%	4.5-6.3	
BLOOD SUGAR -PP	169.0	mg/dl	70.0-140.0	
BLOOD SUGAR -FASTING	93.0	mg/dl	70.0-110.0	
LIPID PROFILE				
TOTAL CHOLESTEROL	202.0	mg/dl	00-250.0	
HDL-CHOLESTEROL	44.0	mg/dl	00-50.0	
LDL	91.0	mg/dl	00-150.0	
TRIGLYCERIDES	334.0	md/dl	30-150	
VLDL	67.0	mg/dl	0-50	
CHOL/HDL Ratio	4.6		<4.5	

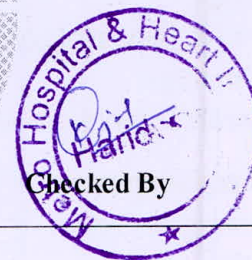
Serology & Immunology

THYROID PROFILE

T3	2.60	nmol/L	1.70-3.10
T4	10.7	µg/dl	5.95-15.4
TSH	1.94	µIU/L	0.46-4.68

*** End of Reports ***

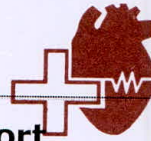
Dr. Vishal Arora
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Test	Result	Unit Bio. Ref. Inter. Test Method
------	--------	-----------------------------------

Stool Examination

STOOL ROUTINE EXAMINATION

MACROSCOPIC EXAMINATION

COLOUR	BROWNISH	-NA
CONSISTENCY	SEMI SOLID	-NA
BLOOD	ABSENT	-NIL
MUCUS	NIL	-NIL

MICROSCOPIC EXAMINATION

PUS CELLS	0-1	-NIL
RBC	NIL	-NIL
VEGETABLE CELLS	NIL	-NIL
OVA	ABSENT	-NIL
CYSTS	NIL	-NIL
OTHERS	NIL	-NIL

*** End of Reports ***

Dr. Vishal Arora
MBBS, DCP
(Consultant Pathologist)



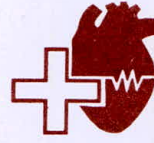
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METRO PATH LABS

(A unit of Sunhill Hospitals Private Limited)

(ISO & NABH Certified)

CIN No.: U33201DL2006PTC156918

10

Patient Name : **Mr. MANOJ**
DOB/Age/Gender : 38 Year "S/ Male
Pateint ID : - 10
Referred By : **Dr.**

Sample Collected Date : Mar,11/2023
Report Date : Mar,11/2023
Report Time : 06:03 PM

Test Description	Value(S)	Unit(S)	Refrence Range
------------------	----------	---------	----------------

Complete Blood Count &:{C.B.C.} HAEMATOLOGY

Hemoglobin:-	10.6	mg/dl	12.5-----16.5
T L C:-	5.670	Cells/cumm	4.000—11.000
D L C:-			
Neutrophils:-	58.1	%	45 - 75
Lymphocytes:-	33.0	%	25 - 45
Eosinophils:-	7.0	%	1 - 6
Monocytes:-	1.90	%	2 - 8
Basophils:-	0.00	%	---<2
RED BLOOD CELLS Count:R.B.C:	4.61	Million/cu/mm	3.5 - 5.5
PACKED CELL VOLUME {HCT} P.C.V	37.5	%	36 - 52
MEAN CELLS VOLUME:(M.C.V):	80.7	f1	80 - 100
MEAN CELLS HEMOGLOBIN:M.C.H	22.3	pg	27 - 32
MEAN CELLS HEMGRAM CONCENTRATION:-M.C.H.C: 27.7		gm/dl	31 - 37
PLATELETS COUNT:-	1.83	Lakh/cu mm	1.50 - 4.50
RDW:-	16.0	%	11.5 - 15.0

End Of Report



Plot No. F-1, Sector-6A, SIDCUL, Haridwar - 249 403

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2D ECHOCARDIOGRAPHY

Name:	Mr. Manoj Kumar	UHID0 No:	2023004110
Age/Sex:	38Y/M	Ward:	OPD
Referred by:	Dr. Anil Singh	Date:	11.03.2023

ACOUSTIC WINDOW: Normal

MEASUREMENTS AND CALCULATIONS

Measurements	Observed Value	Reference Value
IVS (ED)	1.1	(0.6 – 1.1 cm)
LVPW (ED)	1.0	(0.6 – 1.1 cm)
LVID (ED)	4.7	Male (3.7 – 5.5 cm) Female (3.7 – 5.2 cm)
Aortic root diameter	2.5	(2.0 – 3.7 cm)
LA dimension	2.8	Male (1.9 – 4.0 cm) Female (1.7 – 3.8 cm)
LV EF	60%	(55 – 75%)

MORPHOLOGICAL DATA

Mitral valve	Normal	Right Atrium	Normal
Aortic valve	Normal	Right Ventricle	Normal
Tricuspid valve	Normal	PA	Normal
Pulmonary valve	Normal	IVS	Intact
		IAS	Intact

DOPPLER STUDY

Valve	Regurges	Velocities (cm/s)	Gradients (mmHg)
Mitral	Trace	E – 91, A – 44, E/A>1	
Aortic	Nil	Vel – 160	
Tricuspid	Mild	Vel – 258	PASP – 31
Pulmonary	Nil	Vel – 100	



METRO

HOSPITAL & HEART INSTITUTE

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FINAL IMPRESSION

- Normal Acoustic Window
- Normal Chambers Dimensions
- No RWMA
- LVEF~60%
- No LVDD
- Trace MR, Mild TR, PASP 31 mmHg
- No pericardial effusion
- No Intracardiac clot



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(Note: This document is not for medico-legal purpose)

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