

**Dr. Animesh Choudhary**

MD (Internal Medicine), FCC, FAGE

Ex Physician - AIIMS, New Delhi, Fortis Escorts Raipur

Reg. No. CGMC 3583/2011

• मधुमेह • वातरोग • गठियारोग • हृदयरोग • थायराइड • श्वसन रोग • दमा

MR. Raman Palivool  
Age - 29y/m

23/03/22

BP - 130/80  
P - 90/mnt  
CBC - 15.7 / 6.66 / 219 / 10  
FBS - 90, HbA1c - 5.2  
lipid - 157 / 112 / 42 / 92.6  
chole - 1.01  
ft - 30/23  
SA - 1.04, TSH - 3.32

for routine checkup  
No H/O DM/HM

Person is fit at time of examination  
for routine work.

Dr  
Animesh

- High pro Ponder हेतु पावनी में डीए  
- Cep Vitamin कोष वाटने में काउंस  
x Immunity



Dr. Animesh Choudhary  
MD Medicine  
Reg. No. CGMC 3583/2011  
Apollo Clinic, Raipur

### OP CASE SHEET

MRNO : FRAI.0000022144  
Patient Name : Mr. RAMAN PALIWAL  
Sex / Age : Male / 29 Y  
Address : RAIPUR

Date : 22-03-2022  
Department : General ENT  
Consultant : Dr. Kunica Somani  
Mobile No : +919100000000

Pulse : 90/min	B.P : 130/80	Resp :	Temp :
Weight : 66kg	Height :	BMI :	Waist Circum :

Chief Complaints : Routine ENT check up.

Past History :


General and Systemic Examination :

Ears : B/H TM intact  
Nose : Mild Deviated nasal septum  
Throat : NAD

Diagnosis and Final Impression :

Treatment, Recommendation and Investigations :

Follow Up :

Doctor Signature With Date :   
Dr. Kunica Somani  
M.B.B.S., DNB-ENT  
C.G.M.C. 8798/2019



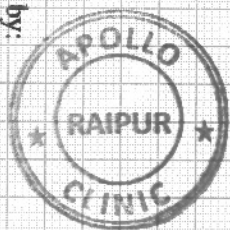
MR RAMAN  
Male 29Years

22-05-2022 10:22:48 AM

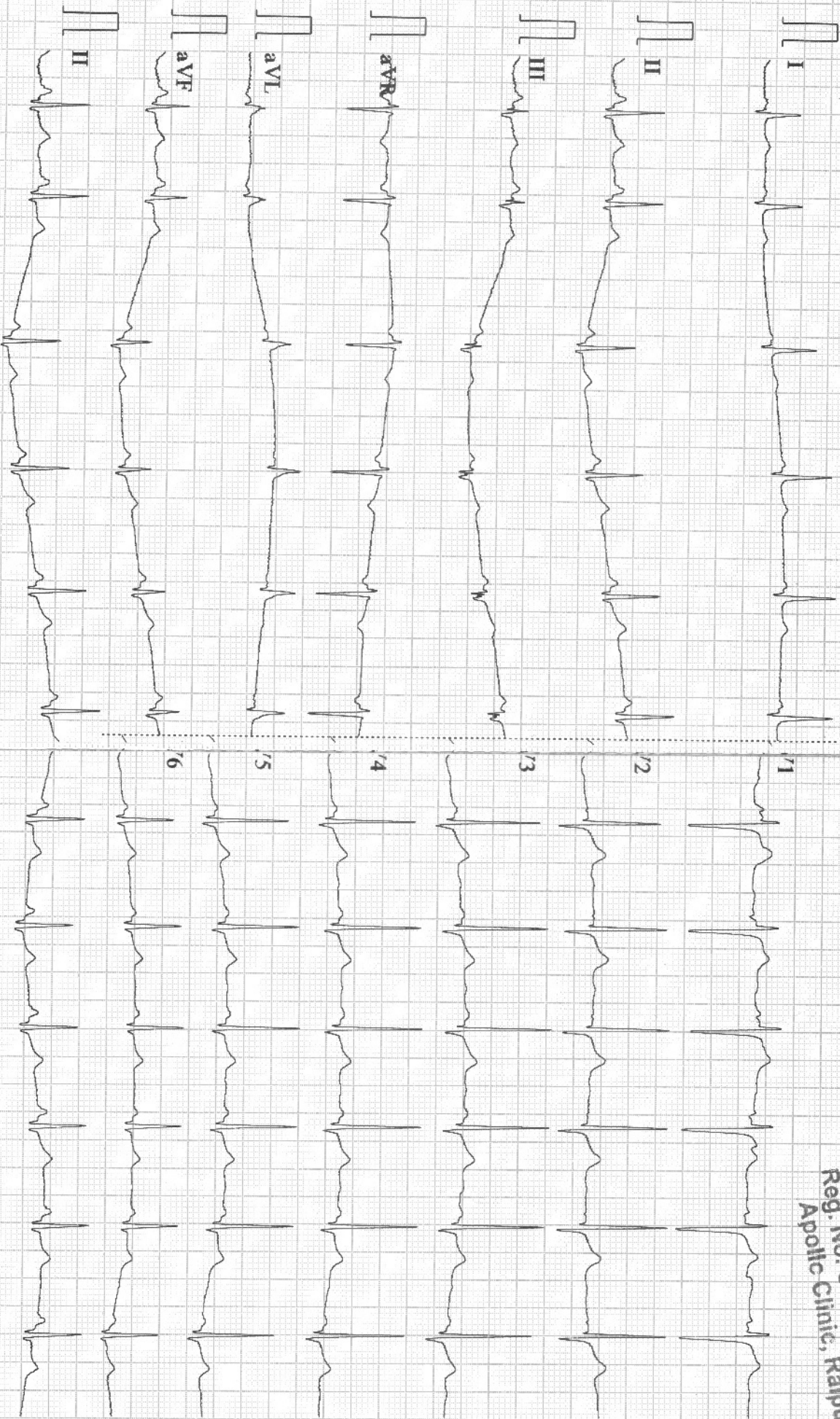
HR : 73 bpm  
P : 92 ms  
PR : 110 ms  
QRS : 96 ms  
QT/QTc : 364/402 ms  
P/QRST : 72/18/63 °  
RV5/SV1 : 1.35/1.150 mV

Diagnosis Information:  
Sinus arrhythmia  
Normal ECG

Report Confirmed by:



Dr. Animesh Choudhary  
MD Medicine  
Reg. No. CGMC 3583/2014  
Apollo Clinic, Raipur



005~45Hz AC50 25mm/s 10mm/mV 2\*5.0s+1r 73 CARDIA

108 D V143 Glasgow V28.6.0 APOLLO CLINIC RAIPUR

Patient Name	: Mr. RAMAN PALIWAL	MR No	: FRAI.000022144
Age/Sex	: 29 Y/M	Visit No	: FRAIOPV40079
Pres Doctor	:	Bill Date	: 22-03-2022 01:43
Ref.by	: Bank of Baroda	Report Date	: 22-03-2022 19:24

**CHEST X – RAY PA VIEW**

**FINDINGS:**

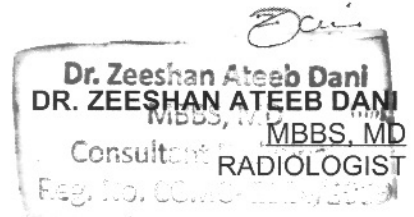
- Both the domes of diaphragm and CP angles are normal.
- Both the hila and mediastinum are normal.
- Both the lung fields are clear. No e/o focal parenchymal lesion.
- Cardio-thoracic ratio is normal.
- Soft tissues and bony cage are unremarkable.

**IMPRESSION:**

- **NO SIGNIFICANT ABNORMALITY SEEN.**

**Advised: Clinical correlation and further evaluation if clinically indicated.**

Technician



Patient Name : Mr. RAMAN PALIWAL  
 UHID/MR No. : FRAI.0000022144  
 Visit Date : 22-03-2022 13:43  
 Sample Collected on : 22-03-2022 14:04  
 Ref Doctor : Bank of Baroda

Age / Gender : 29Y/Male  
 OP Visit No : FRAIOPV40079  
 Reported on : 23-03-2022 12:17  
 Specimen : Whole Blood ( Edta )  
 Pres Doctor: :

DEPARTMENT OF LABORATORY MEDICINE

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
<b>HAEMOGRAM</b>			
Hb(Haemoglobin) Method: CELL COUNTER	15.7	13 - 17.2	gm%
RBC Count Method: CELL COUNTER	4.91	3.5 - 5.5	million/ cumm
PCV / Haematocrit Method: CELL COUNTER	46.9	37 - 50	%
MCV Method: CELL COUNTER	95.6	76 - 96	fl
MCH Method: CELL COUNTER	32.0	27 - 32	pg
MCHC Method: CELL COUNTER	33.4	31 - 35	gm/dl
RDW Method: CELL COUNTER	13.7	12 - 15.1	%
Total Leukocyte Count Method: CELL COUNTER	6.66	4 - 11	thous/ cumm
Neutrophil Method: CELL COUNTER	55	40 - 75	%
Lymphocyte Method: CELL COUNTER	35	20 - 40	%
Eosinophil Method: CELL COUNTER	02	1 - 6	%
Monocyte Method: CELL COUNTER	08	2 - 8	%
Basophil Method: CELL COUNTER	00	0 - 1	%
Platelet Count Method: CELL COUNTER	219	150 - 450	lacs/cumm
E S R Method: Westergren's Method	10	00 - 20	mm/hr

End of the report

Results are to be correlated clinically

Apollo Clinic

\*THIS PAPER IS USED FOR CLINICAL REPORTING PURPOSE ONLY

Lab Technician / Technologist  
 LICENSURE BY MINISTRY OF HEALTH PVT. LTD.

RITU JANGDE  
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Dr. PRIYANKA R SAHAI  
 M.B.B.S., MD  
 9771 4033341/42

**Patient Name** : Mr. RAMAN PALIWAL  
**UHID/MR No.** : FRAI.0000022144  
**Visit Date** : 22-03-2022 13:43  
**Sample Collected on** : 22-03-2022 14:04  
**Ref Doctor** : Bank of Baroda

**Age / Gender** : 29Y/Male  
**OP Visit No** : FRAIOPV40079  
**Reported on** : 23-03-2022 12:17  
**Specimen** : EDTA Blood  
**Pres Doctor:** :

**DEPARTMENT OF LABORATORY MEDICINE**

<u>TEST NAME</u>	<u>RESULT</u>	<u>BIOLOGICAL REFERENCE INTERVALS</u>	<u>UNITS</u>
<b>BLOOD GROUP AND RH TYPE</b>			
BLOOD GROUP Method: Slide Test	A		
RH:	Positive		
<b>TEST NAME</b>			
<b>GLUCOSE - ( FASTING )</b>			
GLUCOSE - ( FASTING ) Method: REAGENT GRADE WATER	90.0	60 - 120	mg/dl
<b>GLUCOSE - ( POST PRANDIAL )</b>			
GLUCOSE - ( POST PRANDIAL ) Method: REAGENT GRADE WATER	110.0	70 - 140	mg/dl
<b>GLYCOSYLATED HEMOGLOBIN (HBA1C)</b>			
GLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD.. Method: TURBIDOMETRY	5.2	Non-diabetic: <= 5.6 Pre-diabetic: 5.7 - 6.4 Diabetic: >= 6.5	%

**End of the report**

*Results are to be correlated clinically*

Lab Technician / Technologist  
RITU\_JANGDE



Dr. PRIYANKA R SAHAI  
M.B.B.S, MD  
PATHOLOGIST

**Patient Name** : Mr. RAMAN PALIWAL  
**UHID/MR No.** : FRAI.0000022144  
**Visit Date** : 22-03-2022 13:43  
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**Ref Doctor** : Bank of Baroda

**Age / Gender** : 29Y/Male  
**OP Visit No** : FRAIOPV40079  
**Reported on** : 23-03-2022 12:17  
**Specimen** : Serum  
**Pres Doctor:** :

**DEPARTMENT OF LABORATORY MEDICINE**

<b>TEST NAME</b>	<b>RESULT</b>	<b>BIOLOGICAL REFERENCE INTERVALS</b>	<b>UNITS</b>
<b>LIPID PROFILE TEST (PACKAGE)</b>			
Total Cholesterol Method: Spectrophotometric	157.0	00 - 200	mg/dl
Triglyceride Method: Spectrophotometric	112.0	60 - 150	mg/dl
HDL Method: Spectrophotometric	42.0	35 - 60	mg/dl
LDL Method: Spectrophotometric	92.6	60 - 130	mg/dl
VLDL Method: Spectrophotometric	22.4	10 - 50	mg/dl
Cholesterol/HDL Method: Spectrophotometric	3.73		

**End of the report**

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**Ref Doctor** : Bank of Baroda

**Age / Gender** : 29Y/Male  
**OP Visit No** : FRAIOPV40079  
**Reported on** : 23-03-2022 12:17  
**Specimen** : Serum  
**Pres Doctor:** :

**DEPARTMENT OF LABORATORY MEDICINE**

<b>TEST NAME</b>	<b>RESULT</b>	<b>BIOLOGICAL REFERENCE INTERVALS</b>	<b>UNITS</b>
<b>KFT - RENAL PROFILE-SERUM</b>			
BUN : Method: Spectrophotometric	12	7 - 20	mg/dL
Creatinine . Method: Jaffe	1.01	0.6 - 1.2	mg/dL
Uric Acid Method: Enzymatic	4.2	2.6 - 7.2	mg/dL

**End of the report**

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**Ref Doctor** : Bank of Baroda

**Age / Gender** : 29Y/Male  
**OP Visit No** : FRAIOPV40079  
**Reported on** : 23-03-2022 12:17  
**Specimen** : Serum  
**Pres Doctor:** :

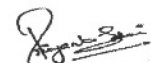
**DEPARTMENT OF LABORATORY MEDICINE**

<b>TEST NAME</b>	<b>RESULT</b>	<b>BIOLOGICAL REFERENCE INTERVALS</b>	<b>UNITS</b>
<b>LIVER FUNCTION TEST (PACKAGE)</b>			
TOTAL BILIRUBIN (DPD) Method: Enzymatic	0.9	0.1 - 1.2	mg/dl
DIRECT BILIRUBIN (DPD) Method: Spectrophotometric	0.1	0.05 - 0.3	mg/dl
INDIRECT BILLIRUBIN Method: Spectrophotometric	0.8	0.1 - 1.0	mg/dl
SGPT/ALT (IFCC) Method: Enzymatic	30	6 - 40	U/L
SGOT/AST (IFCC) Method: Enzymatic	23	6 - 32	U/L
S.ALKALINE PHOSPHATASE Method: ENZYME DILUENT	91	25 - 147	U/L
TOTAL PROTEIN (BIURET) Method: Spectrophotometric	7.4	6 - 8	g/dl
ALBUMIN (BCG) Method: Spectrophotometric	4.1	3.5 - 5.0	g/dl
S.GLOBULIN Method: Spectrophotometric	3.3	1.5 - 3.6	g/dl
S.A/G RATIO Method: Spectrophotometric	1.24		

**End of the report**

*Results are to be correlated clinically*

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PATHOLOGIST

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0771 4033341/42

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**Visit Date** : 22-03-2022 13:43  
**Sample Collected on** : 22-03-2022 14:04  
**Ref Doctor** : Bank of Baroda

**Age / Gender** : 29Y/Male  
**OP Visit No** : FRAIOPV40079  
**Reported on** : 23-03-2022 12:17  
**Specimen** : Serum(Spl)  
**Pres Doctor:** :


**DEPARTMENT OF LABORATORY MEDICINE**

<u>TEST NAME</u>	<u>RESULT</u>	<u>BIOLOGICAL REFERENCE INTERVALS</u>	<u>UNITS</u>
<b>PSA TOTAL</b>			
PSA TOTAL Method: SANDWICH METHOD	1.04	<4	ng/ml
<b>THYROID PROFILE - I(T3,T4 AND TSH)</b>			
T3: Method: CLIA	1.07	0.60 - 1.81	ng/ml
T4: Method: CLIA	8.46	5.01 - 12.45	ug/dl
TSH: Method: CLIA	3.32	0.35 - 5.5	uIU/ml

**End of the report**

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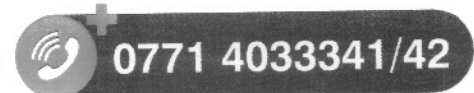
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**OP Visit No** : FRAIOPV40079  
**Reported on** : 23-03-2022 12:17  
**Specimen** : Urine  
**Pres Doctor:** :

**DEPARTMENT OF LABORATORY MEDICINE**

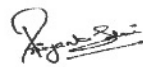
**URINE ROUTINE EXAMINATION**

Test	Result	Bio. Ref. Interval
<b>PHYSICAL EXAMINATION:</b>		
Volume of urine	25 ml	
Colour	Pale Yellow	
Specific Gravity	1.020	1.001 - 1.030
Deposit	Absent	Absent
Appearance	Clear	Clear
pH	6.0	5.0 - 7.5
<b>CHEMICAL EXAMINATION:</b>		
Protein	Absent	Absent
Sugar	Absent	Absent
Ketone Bodies	Absent	Absent
Blood	Absent	Absent
Leukocytes	Absent	Absent
Urobilinogen	Absent	Absent
Bili Pigments	Absent	Absent
<b>MICROSCOPIC EXAMINATION:</b>		
Pus Cell	2 - 4	0 - 5 / hpf
Red Blood Cells	Not Seen	0 - 2 / hpf
Epithelial Cells	Occasional	0 - 5 / hpf
Cast	Not Seen	Not seen
Crystals	Not Seen	Not seen

**End of the report**

*Results are to be correlated clinically*

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pollo  
aipur

03 / MR RAMAN / 29 Yrs / M / 170 Cms / 66 Kg Date: 22-Mar-2022

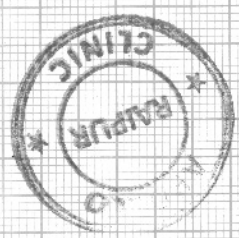
Stage	Time	Duration	Speed(Kmph)	Elevation	METs	Rate	% THR	BP	RPP	PVC	Comments
upline	00:03	0:03	00.0	00.0	01.0	087	46 %	130/70	113	00	
tanding	00:08	0:05	00.0	00.0	01.0	090	47 %	130/70	117	00	
xStart	00:14	0:06	00.0	00.0	01.0	090	47 %	130/70	117	00	
RUCE Stage 1	03:14	3:00	02.7	10.0	04.7	115	60 %	130/80	149	00	
RUCE Stage 2	06:14	3:00	04.0	12.0	07.1	136	71 %	130/80	176	00	
PeakEx	09:00	2:46	05.5	14.0	10.0	155	81 %	130/90	201	00	
Recovery	09:30	0:30	00.8	00.0	04.2	150	79 %	130/90	195	00	
Recovery	10:00	1:00	00.8	00.0	01.2	138	72 %	130/80	179	00	
Recovery	10:17	1:17	00.8	00.0	01.0	136	71 %	130/80	176	00	

**FINDINGS :**

- Exercise Time : 08:46
- Max HR Attained : 155 bpm 81% of Target 191
- Max BP Attained : 130/90
- Max WorkLoad Attained : 10 Good response to induced stress
- Test End Reasons : Test Complete, Heart Rate Achieved

**REPORT**

Report: Stress test is Negative for Reversible Myocardial Ischemia with good function capacity.




Doctor : DR DEEPAN DAS MBBS DIP: CARDIO



BRUCE:Supine(0:06)

pollo

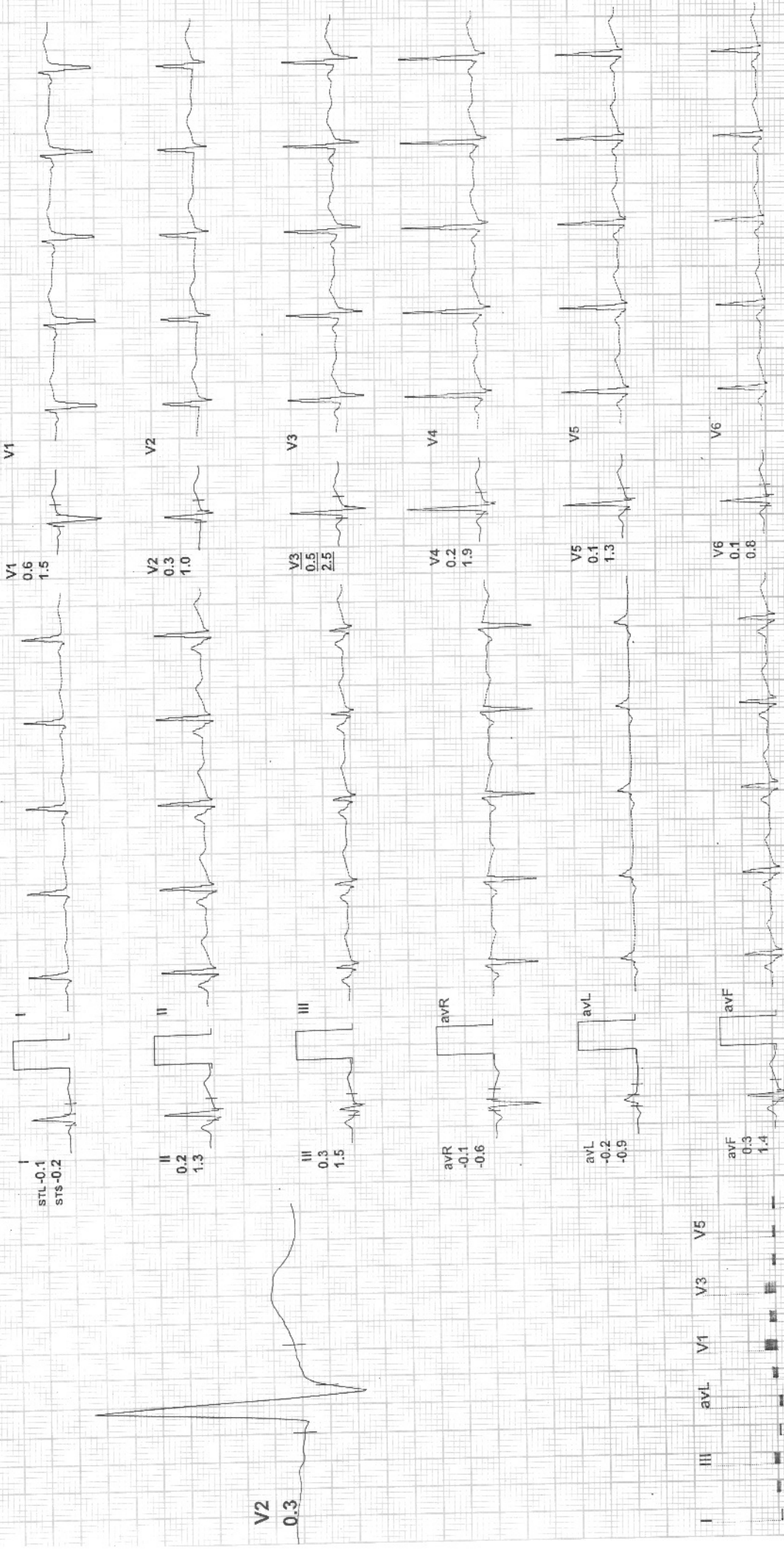
03 / MR RAMAN / 29 Yrs / M / 170 Cms / 66 Kg / HR : 87

ExTime: 00:00 0.0 Kmph, 0.0%  
25 mm/Sec. 1.0 Cm/mV

METS: 1.0/ 87 bpm 46% of THR BP: 130/70 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ate: 22-Mar-2022 10:36:22 AM

4X 80 mS Post J



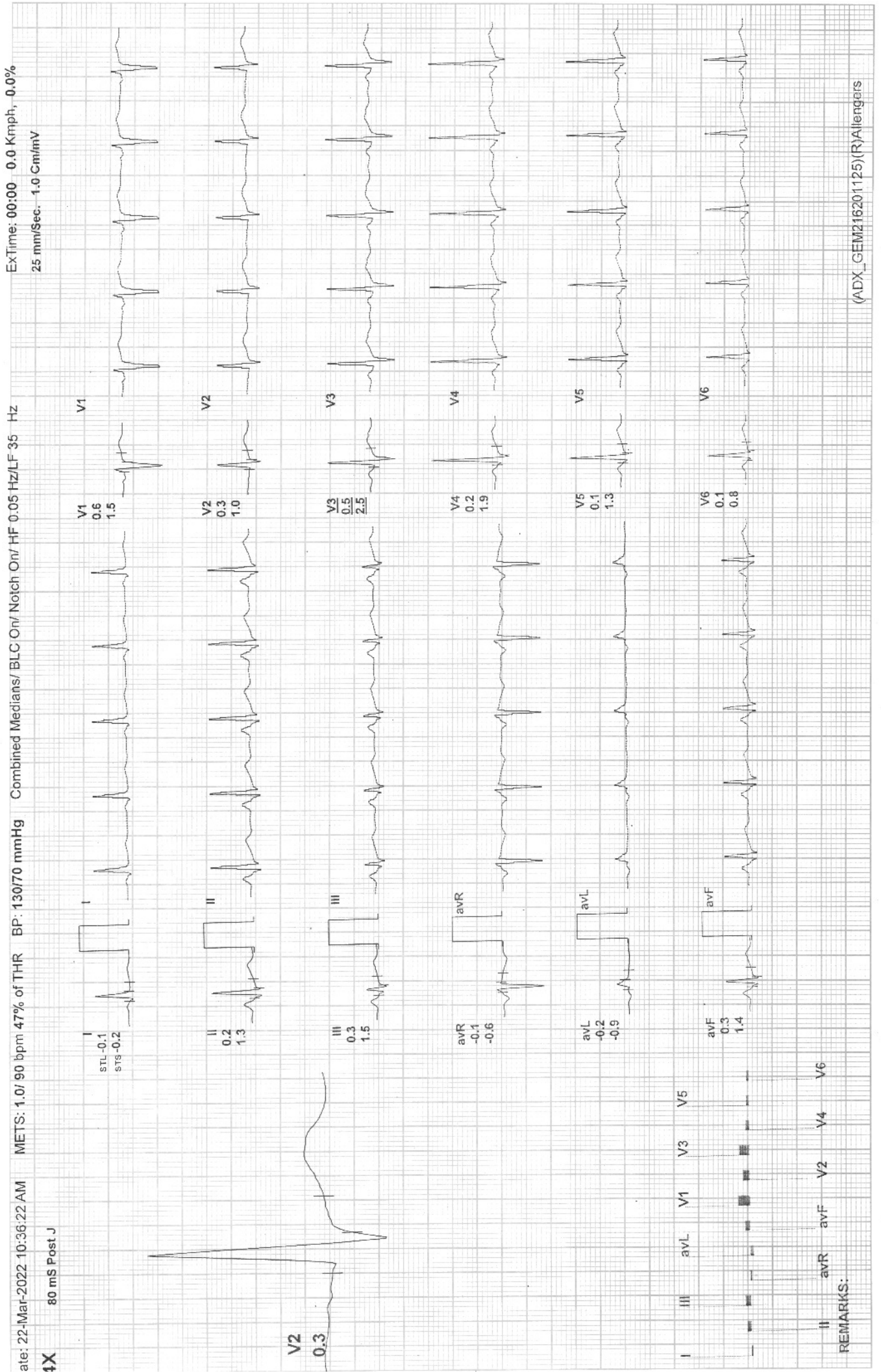
REMARKS:



# BRUCE:Standing(0:06)

.pollo

03 / MR RAMAN / 29 Yrs / M / 170 Cms / 66 Kg / HR : 90





ExStart

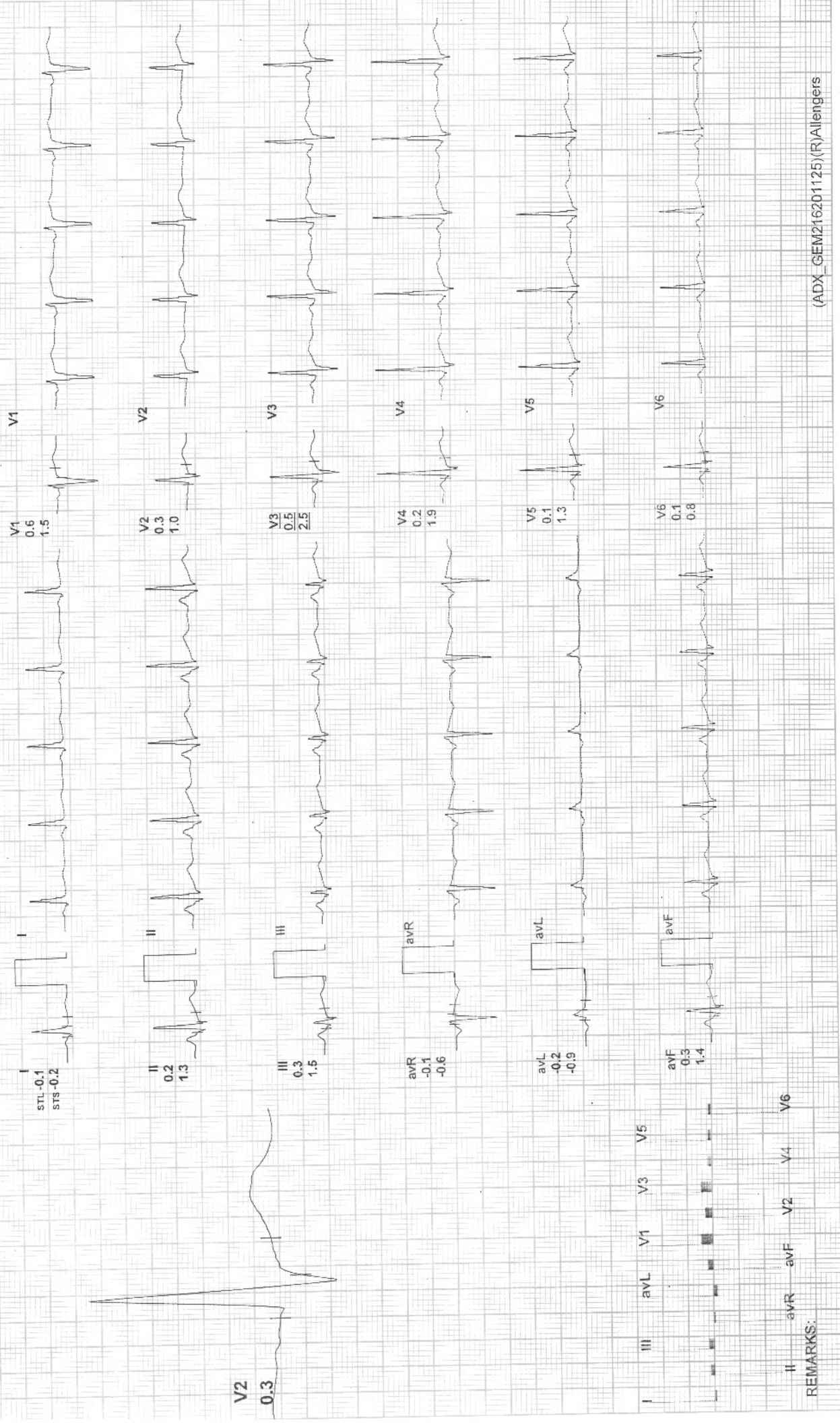
pollo

23 / MR RAMAN / 29 Yrs / M / 170 Cms / 66 Kg / HR : 90

ExTime: 00:00 0.0 Kmph, 0.0%  
25 mm/Sec. 1.0 Cm/mV

MEETS: 1.0/ 90 bpm 47% of THR BP: 130/70 mmHg Combined Medians/ BLC On/ HF 0.05 Hz/LF 35 Hz

IX 80 mS Post J



(ADX\_GEM2162D1125)(R)Allengers



# BRUCE: Stage 1 (3:00)

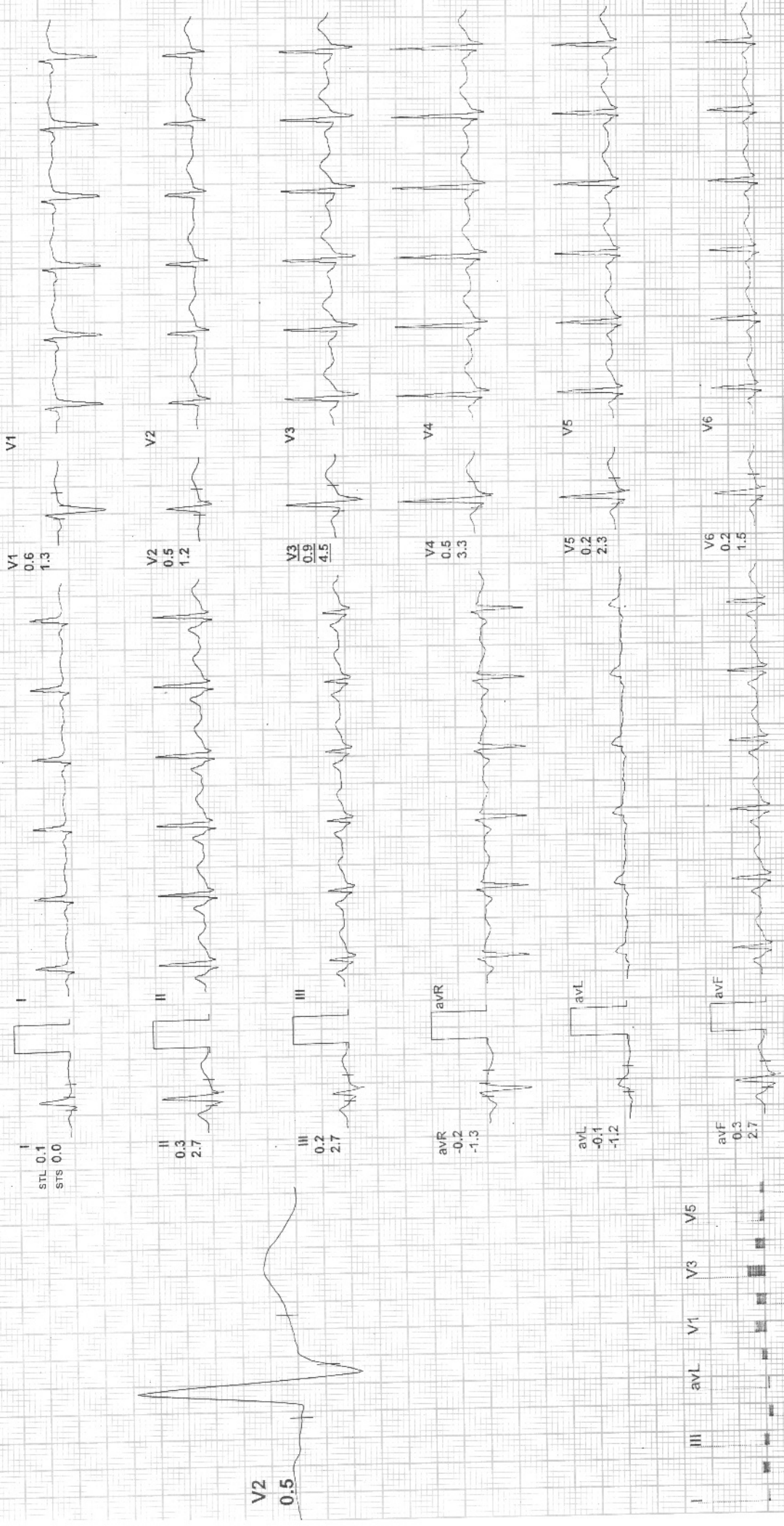
pollo

33 / MR RAMAN / 29 Yrs / M / 170 Cms / 66 Kg / HR : 115

ExTime: 03:00 2.7 Kmph, 10.0%  
25 mm/Sec. 1.0 Cm/mV

date: 22-Mar-2022 10:36:22 AM METS: 4.7 / 115 bpm 60% of THR BP: 130/80 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

X 80 mS Post J



REMARKS:





# BRUCE: Stage 2 (3:00)

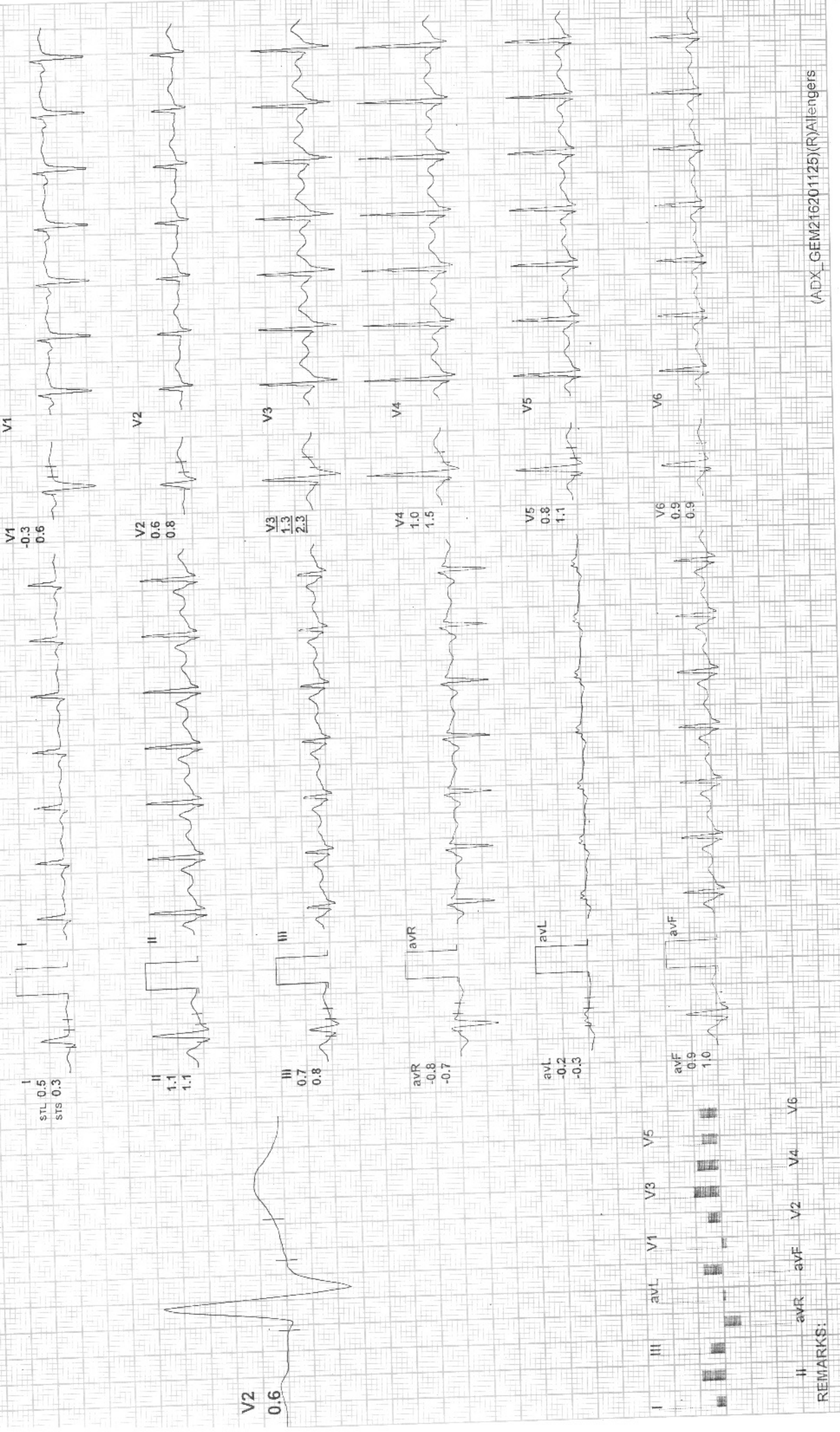
sollo

3 / MR RAMAN / 29 Yrs / M / 170 Cms / 66 Kg / HR : 136

ExtTime: 06:00 4.0 Kmph, 12.0%  
25 mm/Sec. 1.0 Cm/mV

te: 22-May-2022 10:36:22 AM METS: 7.1/ 136 bpm 71% of THR BP: 130/80 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

X 60 mS Post J



REMARKS:

(ADX\_GEM216201125)(R)Allengers



PeakEx

pollo

03 / MR RAMAN / 29 Yrs / M / 170 Cms / 66 Kg / HR : 155

ExTime: 08:46 5.5 Kmph, 14.0%  
25 mm/Sec. 1.0 Cm/mV

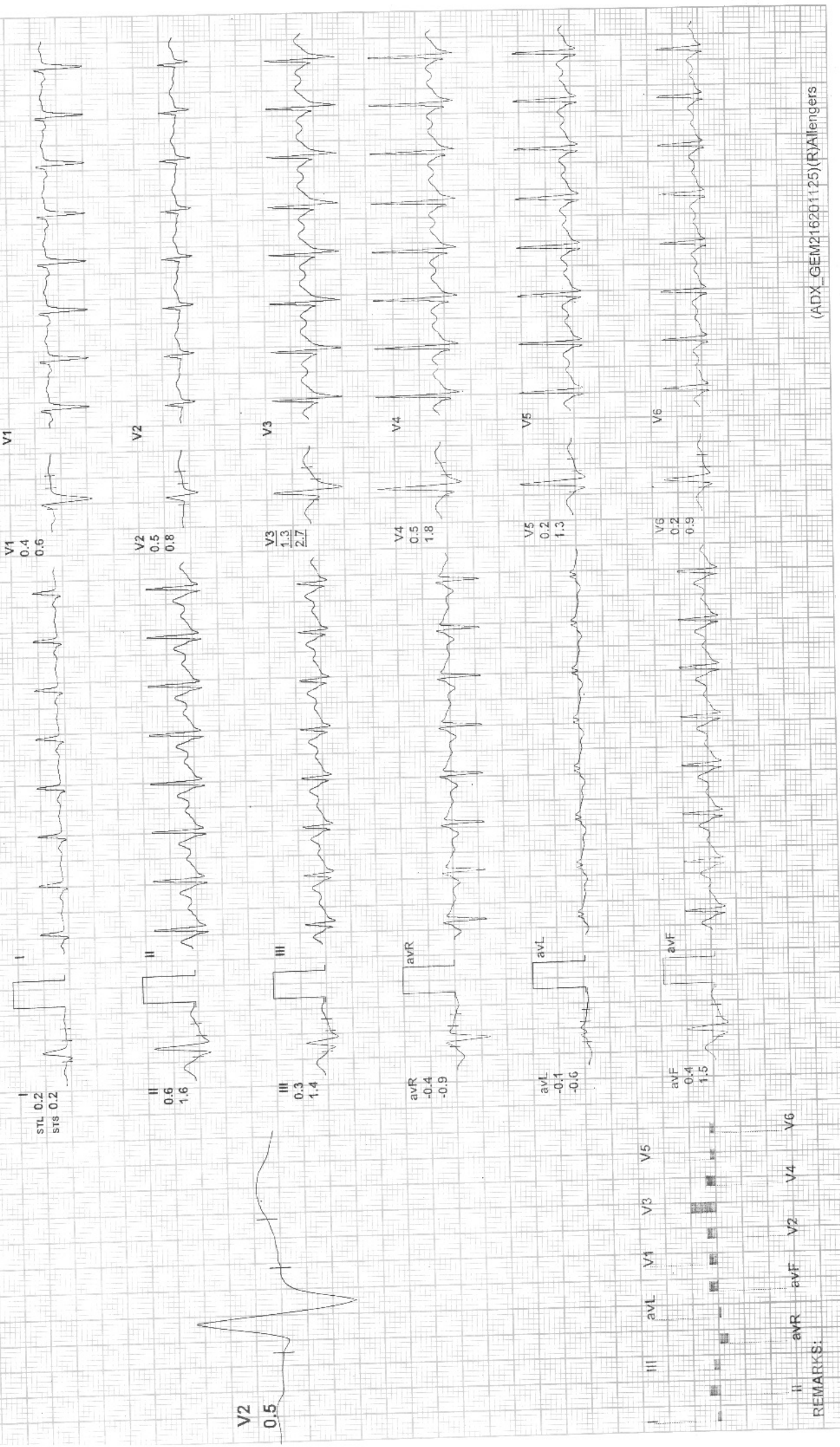
Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

Date: 22-Mar-2022 10:36:22 AM

METS: 10.0/ 165 bpm 81% of THR

BP: 130/90 mmHg

IX 60 mS Post J



REMARKS:

(ADX\_GEM216201125)(R)Allengers



Recovery(0:30)

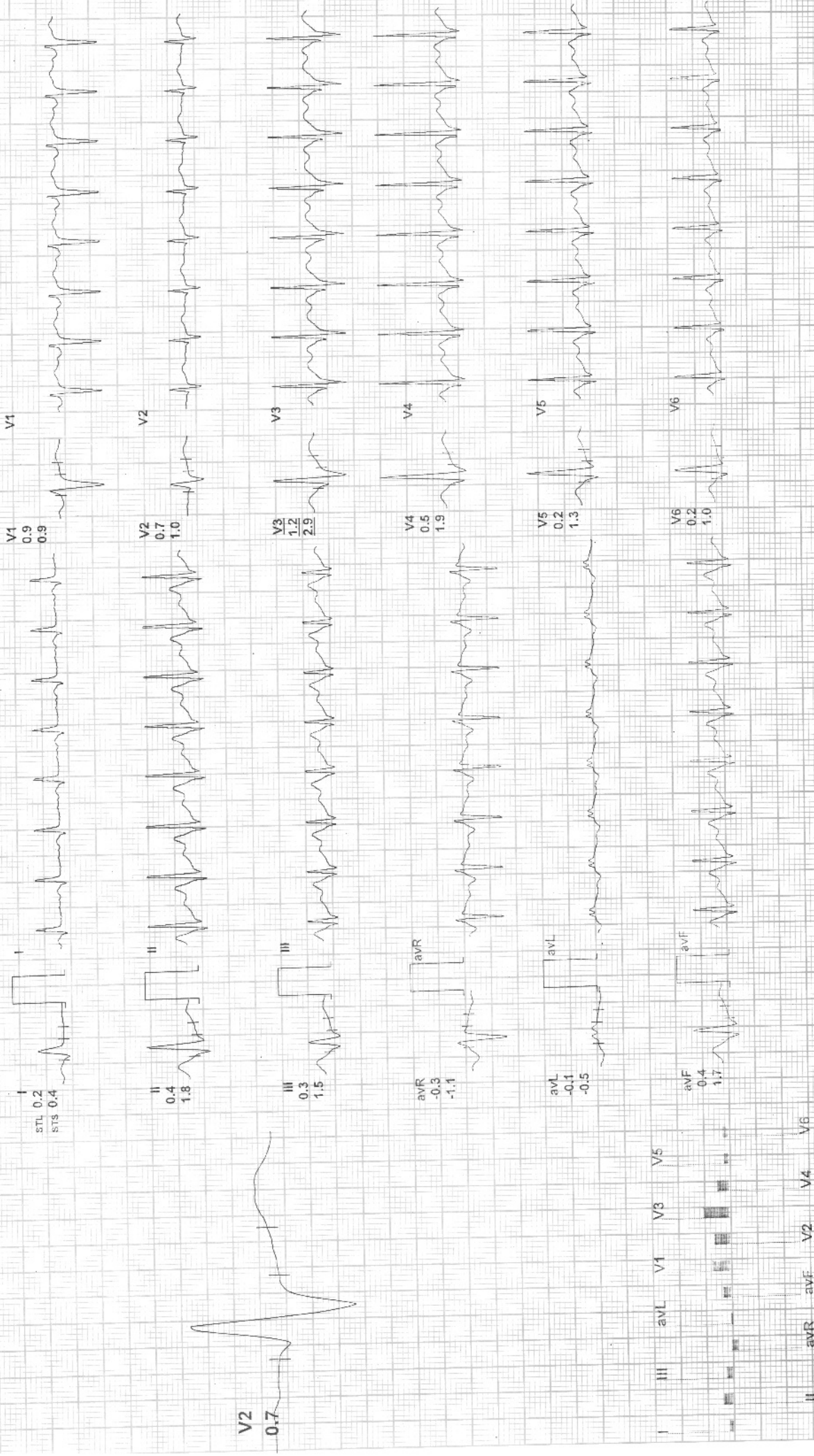
pollo

03 / MR RAMAN / 29 Yrs / M / 170 Cms / 66 Kg / HR : 150

ExTime: 08:46 0.8 KmPh, 0.0%  
25 mm/Sec. 1.0 Cm/mV

ate: 22-Mar-2022 10:36:22 AM METS: 4.2/ 150 bpm 79% of THR BP: 130/90 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

4X 60 mS Post-J



REMARKS:

(ADX\_GEM216201125)(RVA)engens



# Recovery(1:00)

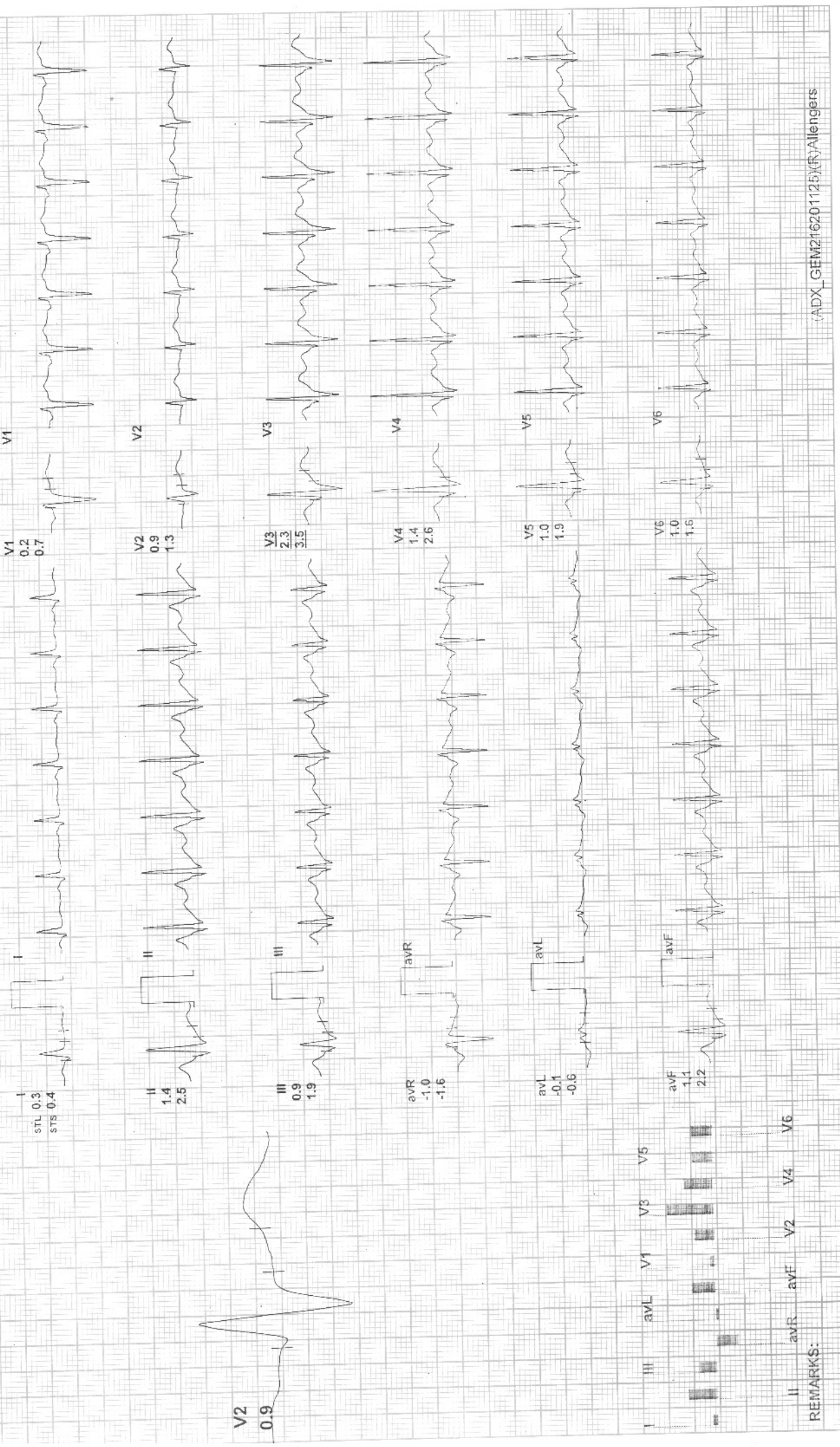
pollo

3 / MR RAMAN / 29 Yrs / M / 170 Cms / 66 Kg / HR : 138

ExTime: 08:46 0.8 Kmph, 0.0%  
25 mm/Sec. 1.0 Cm/mV

Date: 22-Mar-2022 10:36:22 AM METS: 1.2/138 bpm 72% of THR BP: 130/80 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

X 60 mS Post J

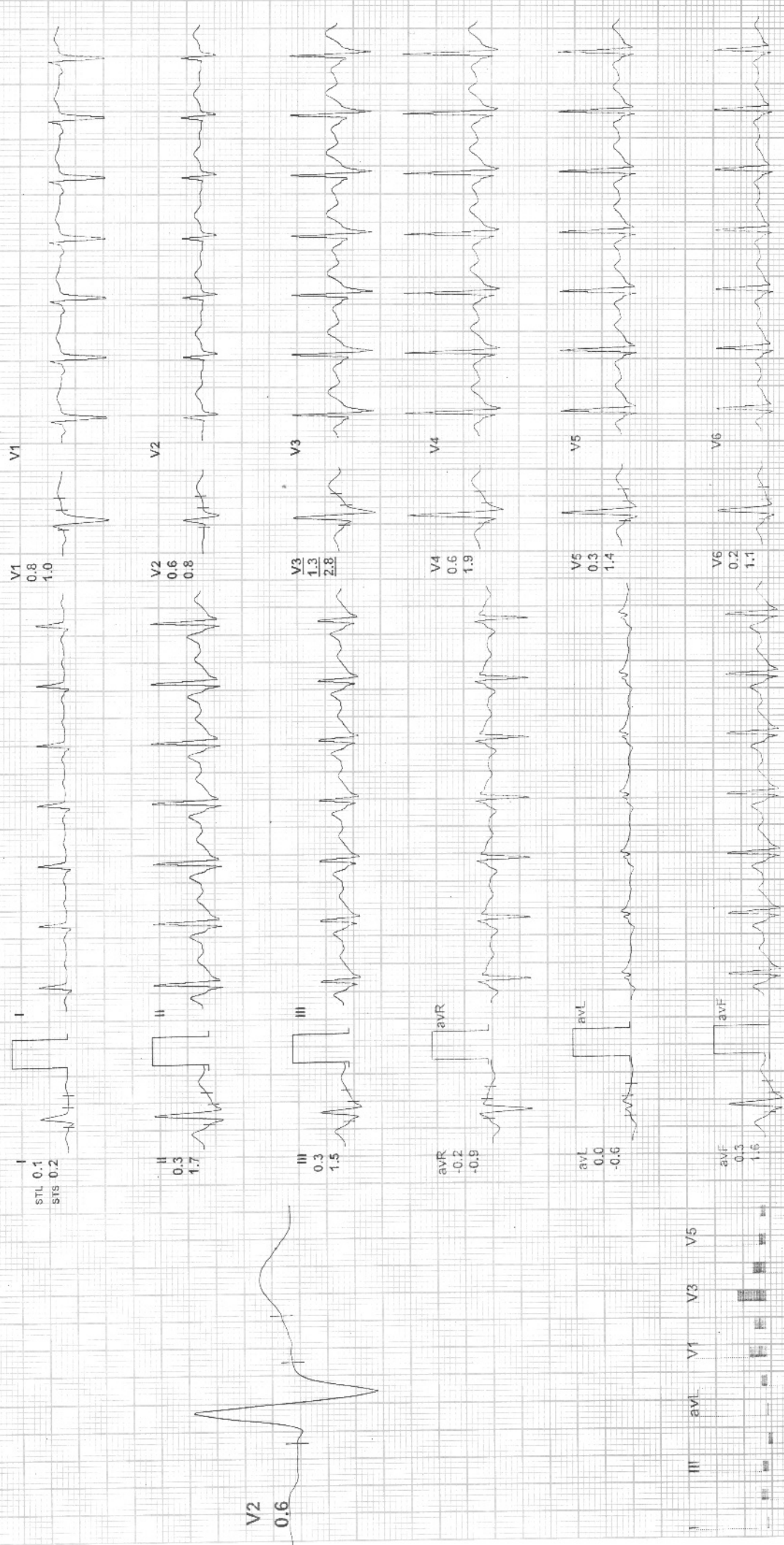




ExtTime: 08:46 0.8 Kmph, 0.0%  
25 mm/Sec. 1.0 Cm/mV

date: 22-Mar-2022 10:36:22 AM METS: 1.0/136 bpm 71% of THR BP: 130/80 mmHg Combined Medians/ BLC On/ HF 0.05 Hz/LF 35 Hz

4X 60 mS Post J



REMARKS:

(ADX\_GEM216201125)(R)Alenglers

**EXAMINATION OF EYES :- ( BY OPHTHALMOLOGIST )**

Patient Name Ms. Kammam

Date 22/3/22


Sex/Age 29Y/M

MR No .....

Employee Id .....

<b>EXTERNAL EXAMINATION</b>				
SQUINT				
NYSTAGMUS				
COLOUR VISION				
NAD				
FUNDUS:(RE):-		(LE):-		
WNL		WNL		
INDIVIDUAL COLOUR IDENTIFICATION				
NORMAL				
DISTANT VISION:(RE):-		(LE):-		
6/6		6/6		
NEAR VISION:(RE):-		(LE):-		
N6		N6		
NIGHT BLINDNESS				
NAD				
	SPH	CYL	AXIS	ADD
RIGHT	—————			
LEFT	—————			
<b>REMARKS :-</b>				



  
**Dr. Vikas Mishra**  
 MBBS, MCh (Ophthalmologist)  
 Reg. No. CGMC 621/2006





LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,  
Mediwheel (Arcofemi Healthcare Limited)  
Helpline number: 011- 41195959

Dear Sir / Madam,

**Sub: Annual Health Checkup for the employees of Bank of Baroda**

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	MR. PALIWAL RAMAN
EC NO.	182052
DESIGNATION	SINGLE WINDOW OPERATOR A
PLACE OF WORK	AMLESHWAR
BIRTHDATE	22-11-1992
PROPOSED DATE OF HEALTH CHECKUP	22-03-2022
BOOKING REFERENCE NO.	21M182052100015746E

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **17-03-2022** till **31-03-2022** The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.


Yours faithfully,

Sd/-


**Chief General Manager**  
**HRM Department**  
**Bank of Baroda**

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))





**જાન સંભાળો**  
**Bank of Baroda**



નામ: **RAMAN PALEWAL**

સુરક્ષા કાર્ડ નંબર  
P.C. No. - 182052

*Rathod*  
Authorizing Authority

*Raman*  
Signature of Holder

જો આ સુરક્ષા કાર્ડ શોધાય તો  
આ સુરક્ષા કાર્ડ (સુરક્ષા)  
કો. 26, બંદ્રા-કાફા, આસ. ગ્રા. સંકીર્ણ, મુંબઈ 400051  
સં. 91 22 2778 0198 થી 22 2652 8747

If found, please return to  
Ass. General Manager (Security)  
Bank of Baroda, Baroda Corporate Centre  
C-26, G-Block Bandra-Kafa Complex, Mumbai 400051, India

આ સુરક્ષા કાર્ડ શોધાય તો  
સુરક્ષા કાર્ડ (સુરક્ષા) - મોડેલ ડાબા બાજુ પર

સં. 91 22 2778 0198 થી 22 2652 8747

**PATIENT NAME:- MR.RAMAN**  
**REF BY :- BOB**

**AGE/SEX:-29YRS/M**  
**DATE:-22.03.2022**

**USG ABDOMEN**

**Liver:** Liver is normal in size, smooth in outline with normal echotexture. IHBR's are not dilated. CBD is not dilated. Portal vein and hepatic veins are normal.

**Gall bladder:** Distended & normal

**Pancreas & Paraaortic Region:** Normal.

**Spleen:** Is normal in size and echotexture.

Kidneys	RIGHT	LEFT
SIZE	10.20X4.00cm	9.10X4.10cm
CORTICAL ECHOGENICITY	Normal	Normal
CORTICOMEDULLARY DIFFERENTIATION	Maintained	Maintained
PCS	Not dilated	Not dilated
Any other remarks	Nil	Nil

**Urinary bladder.-** Distended & normal. Shows normal uniform wall thickness with smooth inner margin.

**Prostate:** is normal in size shape & echotexture.

No free fluid in abdomen.

Visualized bowel loops are normal.

No significant intra-abdominal lymphadenopathy seen.

**IMPRESSION:**

**USG abdomen within normal limits.**

**Advised clinical correlation/further evaluation if clinically indicated.**

