

Name : Mr. SAYAN SAPUI (37 /M)

Date : 23/09/2022

Address : 13 B/1,SATCHASI PARA LANE,P.O-BARANAGAR,SINTHEE, KOLKATA, KOLKATA,  
WEST BENGAL, INDIA

Examined by:

UHID : AGHL.0001482964

Package : MEDI WHEEL FULL BODY HCK - MALE (BELOW 40 YRS  
WITH TMT/ECHO)

AHC No : AMHLAH157699



## CHIEF COMPLAINTS

For corporate health checkup  
No specific complaints

## PRESENT KNOWN ILLNESS

### Present known illness

- Hypertension, Heart disease
- type 2 Since - 2 yrs Medication - regular
- Since - 2 yrs Medication - regular
- hypothyroidism Since - 5 yrs Medication - regular
- Since - 8 mths Medication - regular
- Since - childhood Medication - regular



## DRUG ALLERGY

NO KNOWN ALLERGY :24/09/2022  
PENICILLIN :13/04/2019



## SYSTEMIC REVIEW

### Cardiovascular system

Palpitation - yes; Since - 8 mths; Exacerbated by - anxiety

### Respiratory system

Sneezing - yes; Exacerbated by - allergens, dust

### Gastrointestinal system

Appetite - normal; Dyspepsia - no; Bowel habits - regular; Piles - no; Hernia - no

### Genitourinary system

- Nil Significant

### Eyes

Vision - normal with glasses

### ENT

- Normal hearing

### Musculoskeletal system

Spine and joints  
Back (lower) - pain; Elbow (bilateral) - pain; Knee (right) - pain; Shoulder (right) - pain

### Weight

- stable



## Present medications

- T Istamet 50/500 BD
- T Azulix 2 MF OD
- T Eltroxine 75mcg OD
- T Rosumac 20mg OD
- T Febigud 40 OD
- T Telikast L OD
- inhaler Symbicort 360 1 puff OD

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### Past medical history

Covid 19 - Yes  
- in 2020, 2021, 2022  
Post detection (3 Weeks) - No  
Hospitalization for Covid 19 - No  
Malaria - 2004  
Typhoid - 2004  
Dengue - 2021



### Surgical history

Surgical history - Nil



### Personal history

Marital status - Married  
Diet - Non Vegetarian  
Alcohol - does not consume alcohol  
Smoking - No  
Chews tobacco - No  
Physical activity - Mild



### Family history

Father - has expired  
Aged - 78  
- had Alzheimer's  
Mother - alive  
Aged - 78  
Sisters - 1  
Diabetes - mother,maternal  
grandmother,maternal  
grandfather  
Hypertension - mother  
Coronary artery disease - mother,paternal  
grandfather  
Cancer - None  
Asthma - maternal  
grandmother,maternal  
grandfather,aunt

## PHYSICAL EXAMINATION



### General

Build - obese  
Height - 168  
Weight - 90  
BMI - 31.89  
Pallor - No  
Oedema - no



### Cardiovascular system

Heart rate (Per minute) - 82  
Rhythm - Regular  
- B.P. Sitting  
Systolic(mm of Hg) - 112  
Diastolic(mm of Hg) - 78  
Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath sounds



### Abdomen

Organomegaly - No  
Tenderness - No



### Central nervous system

- No neurological deficit

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**COMPLETE HAEMOGRAM PROFILE**

Test Name	Result	Unit	Level	Range
Hemoglobin	12.4 *	g/dl	●	13.0-17.0
RBC COUNT	7.04 *	Million/ ul	●	4.5-5.5
Hematocrit - Hct:	41.1	%	●	41-53
MCV	58.4 *	fl	●	83-101
MCH	17.7 *	pg	●	27-32
MCHC	30.3 *	%	●	31.5-34.5
RDW	16.5 *	%	●	11.8-14.0
WBC Count	10900 *	/cu mm	●	4000-10000
Platelet Count	2.19	lacs/cu mm	●	1.5-4.0
Neutrophils	58	%	●	40-80
Lymphocytes	32	%	●	20-40
Monocytes	07	%	●	2-10
Eosinophils	03	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Anisocytosis+, Microcytic Hypochromic. Poikilocytosis+. Target cells+.			
Platelets:	Adequate on the smear			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	02	mm/1st hr	●	0-15

Bile Pigments	Not Detected
RBC	Nil /hpf
Pus Cells	Occasional/hpf
Epithelial Cells	Occasional/hpf
Casts:	Not Found
Crystals:	Not Found
Note	Biological reference interval RBC- 0-2/hpf Pus Cell - 0-5/hpf.

**URINE SUGAR - POST PRANDIAL (QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	+			

**URINE SUGAR- FASTING(QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

**BLOOD GROUPING AND TYPING (ABO AND RH)**

Test Name	Result	Unit	Level	Range
ABO Group:	AB			
Rh (D) Type:	POSITIVE			

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	84 *	U/L	●	10-40
ALBUMIN - SERUM	4.4	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	95	U/L	●	53-128
AST (SGOT) - SERUM	58 *	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	0.8	mg/dL	●	0.0-1.0

**URINE ROUTINE AND MICROSCOPY**

Test Name	Result	Unit	Level	Range
Volume:	30	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.025			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			

● Within Normal Range    ● Borderline High/Low    ● Out of Range

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**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	121	mg/dL	●	0-200

LDL CHOLESTEROL -SERUM	71	mg/dL	●	Optimal: <100
VLDL CHOLESTEROL - SERUM (Calculated)	14	mg/dL	●	0-35

**CREATININE - SERUM**

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.8 *	mg/dL	●	0.9-1.3

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.6	g/dL	●	6.4-8.3
GLOBULIN: (CALCULATED) - SERUM	3.2	g/dL	●	1.8-3.6

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	108 *	U/L	●	7-64

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	1.0	ng/ml	●	0.8-2
TOTAL T4: THYROXINE - SERUM	10.2	µg/dL	●	5.1-14.1

**GLUCOSE - PLASMA (FASTING)**

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	92	mg/dL	●	70-99

**GLUCOSE - PLASMA (POST PRANDIAL)**

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	193 *	mg/dL	●	70-140

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	155 *	mg/dL	●	0-150

**HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD**

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	6.6 *	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >/= 6.5% ADA Therapeutic goal : <7%

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	4.3 *	µIU/mL	●	0.270-4.200

**URIC ACID - SERUM**

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	2.4 *	mg/dL	●	3.5-7.2

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	36	mg/dL	●	30-70

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.1	mg/dL	●	0.0-0.2

**BUN (BLOOD UREA NITROGEN)**

Test Name	Result	Unit	Level	Range
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● Within Normal Range    ● Borderline High/Low    ● Out of Range

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BUN (BLOOD UREA NITROGEN) 8.6 mg/dL ● 7.0-18.0

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.4:1.0			1.0-2.0

### ECG

NORMAL SINUS RHYTHM, WITHIN NORMAL LIMITS.

### TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

### ULTRASOUND SCREENING WHOLE ABDOMEN

- \* Hepatomegaly with grade-II fatty changes.
- \* Mild splenomegaly.

### X-RAY CHEST PA

Chest skiagram does not reveal any significant abnormality.

### INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

### Haematology

STOOL ROUTINE

● Within Normal Range    ● Borderline High/Low    ● Out of Range

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**Other Lifestyle Changes & Recommendations :-**

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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