

# THE DIAGNOSTIC & IMAGING CENTRE

Plot No. 147, 2nd Floor, Main Road, Sec.7,  
Dwarka, New Delhi-110078 Ph. 011-49078567

**PANKAJ CHAUHAN**

**TREADMILL TEST REPORT**

ID : 3511  
 DATE : 12-11-2022  
 AGE/SEX : 32 / M  
 HT/WT : 0 / 0  
 REF. BY :

PROTOCOL : Bruce  
 HISTORY : Checkup/Physical fitness,  
 INDICATION :  
 MEDICATION :

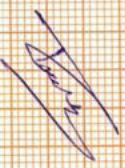
PHASE	TOTAL TIME	STAGE TIME	SPEED Km/Hr	GRADE %	H.R. bpm	B.P. mmHg	RPP x100	ST LEVEL (MM)			METS
								II	V1	V5	
SUPINE					93	120 / 80	111	2	-0.2	2.3	
STANDING					86	120 / 80	103	2	-0.3	2.2	
HYPERTENT					89	120 / 80	106	2	-0.2	2.3	
Stage 1	2:55	0:21	2.7	10	95	130 / 80	123	2	-0.2	2.4	4.67
Stage 2	5:55	2:55	4	12	111	140 / 80	155	2	-0.6	2.4	7.04
Stage 3	8:55	2:55	5.4	14	132	150 / 80	198	2.3	-0.4	3	9.92
Stage 4	11:2	2:2	6.7	16	165	160 / 80	264	2.2	-1	3.1	12.71
PR-EXERCISE	11:16	2:16	6.7	16	163	160 / 80	260	1.8	-1.1	2.6	13.02
RECOVERY	12:31	0:55			103	150 / 80	154	2.8	-0.6	3.2	
RECOVERY	13:31	1:55			91	140 / 80	127	1.1	-0.2	1	
RECOVERY	14:31	2:55			80	130 / 80	104	0.6	-0.3	0.8	
RECOVERY	15:11	3:35			81	120 / 80	97	0.7	-0.3	0.7	

**RESULTS**

EXERCISE DURATION : 11:16  
 MAX HEART RATE : 165 bpm  
 MAX BLOOD PRESSURE : 160 / 80 mm Hg  
 REASON OF TERMINATION : Achieved THR,  
 BP RESPONSE : Normal,  
 ARRYTHMIA : None,  
 H.R. RESPONSE : Normal Chronotropic Response,  
 IMPRESSIONS :

MAX WORK LOAD : 13.02 MKTS

Negative for Provocable myocardial ischemia,



  
**Dr. Karan Chandra**  
 MBBS, MD, DIF (Cardiology)  
 Cardiology  
 DMG R/2848

Technician :

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 I.D. 3511  
 Age 32/M  
 Date 12-11-2022

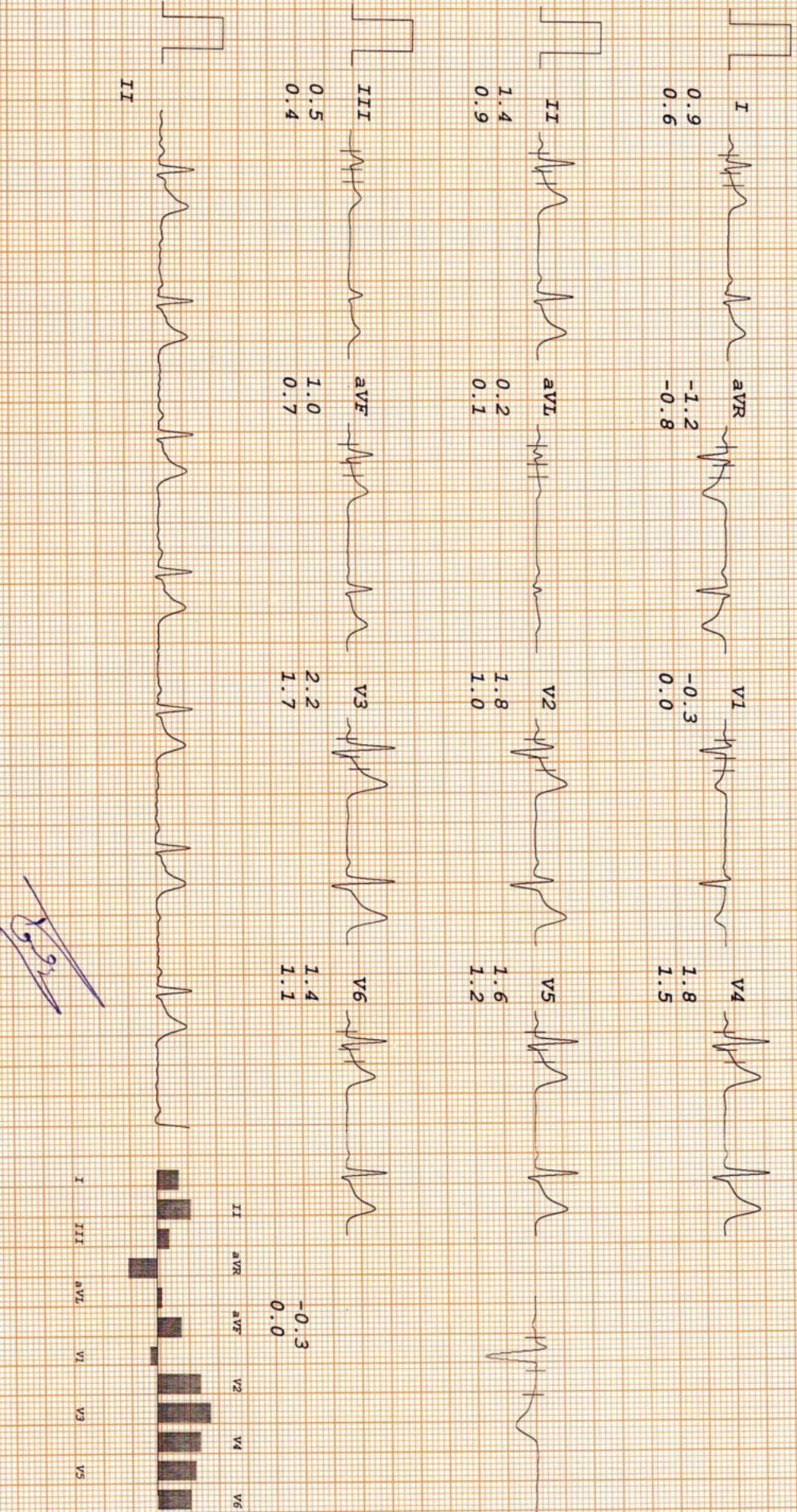
RATE 68bpm  
 B.P. 120/80

PRETEST  
 SUPINE

ST @ 10mm/mV  
 80ms PostJ

LINKED MEDIAN

Mag. X 2  
 V1



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RATE 86bpm  
B.P. 120/80

PRETEST  
STANDING

ST @ 10mm/mV  
80ms Post J

LINKED MEDIAN

Mag. X 2

V1

I 1.2  
1.0  
aVR -1.5  
-1.1

V1 -0.3  
-0.4

V4 2.4  
1.7

II 1.9  
1.2  
aVL 0.3  
0.4

V2 2.6  
1.7

V5 2.2  
1.6

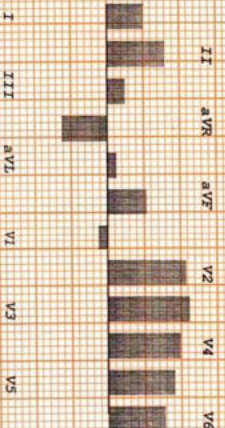
III 0.6  
0.2  
aVF 1.3  
0.7

V3 2.7  
2.0

V6 1.9  
1.3

-0.3  
-0.4

II



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RATE 89bpm

B.P. 120/80

PRETEST

HYPERVENT

ST @ 10mm/mV

80ms PostJ

PHASE TIME 0:21

LINKED MEDIAN

Mag. X 2

V1

I 1.0  
0.8  
aVR -1.4  
-1.1

V1 -0.2  
-0.4

V4 2.7  
1.9

II 1.7  
1.3  
aVL 0.1  
0.1

V2 2.4  
1.6

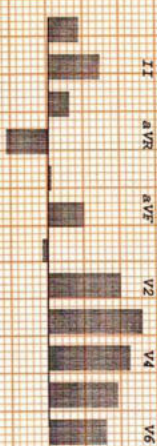
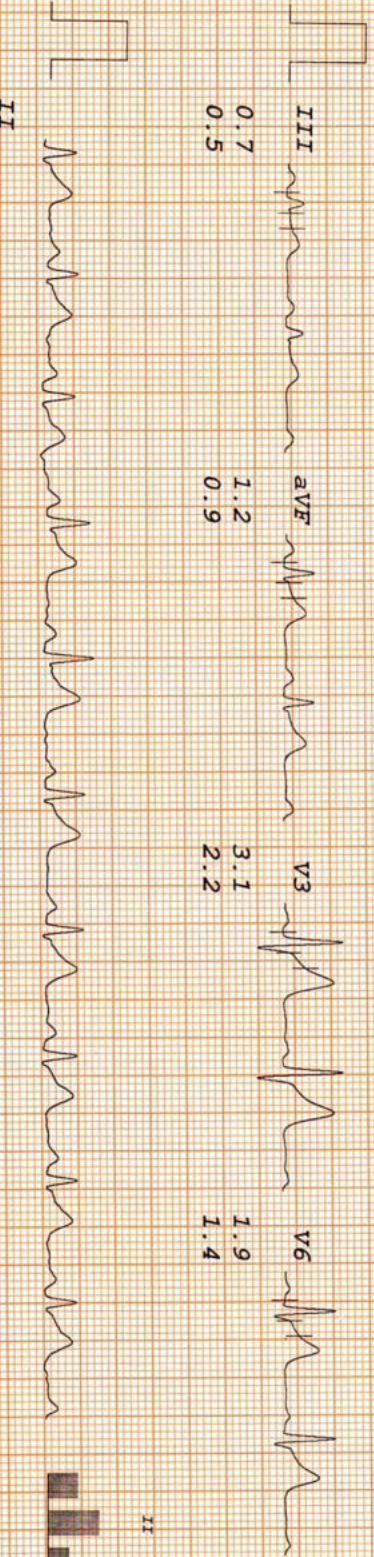
V5 2.3  
1.5

III 0.7  
0.5  
aVF 1.2  
0.9

V3 3.1  
2.2

V6 1.9  
1.4

-0.2  
-0.4



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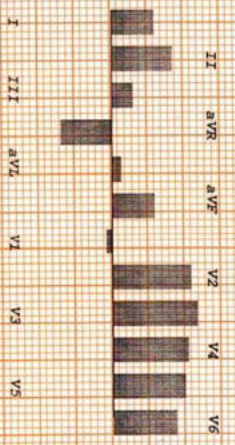
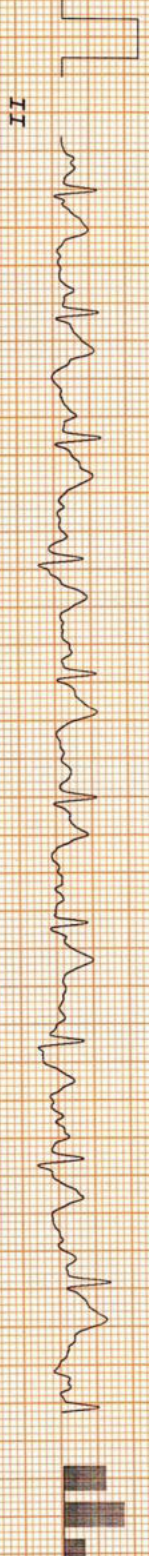
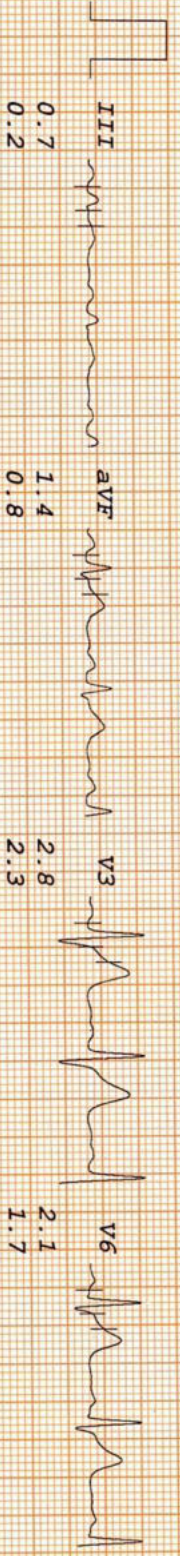
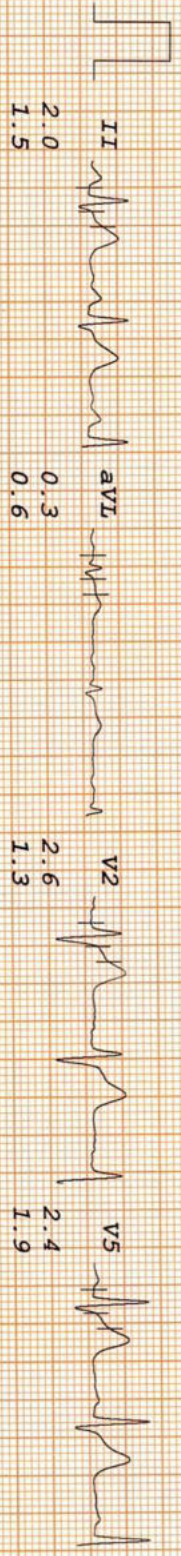
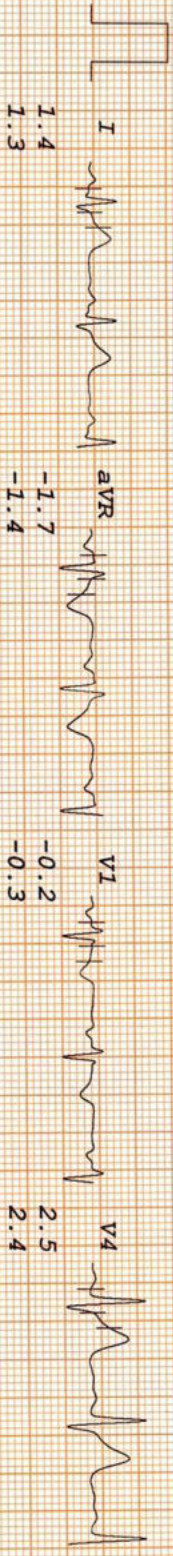
**PANKAJ CHAUHAN**  
 I.D. 3511  
 Age 32/M  
 Date 12-11-2022

**RATE 95bpm**  
**B.P. 130/80**  
**STAGE 1**  
**TOTAL TIME 2:55**  
**PHASE TIME 2:55**

**ST @ 10mm/mV**  
**80ms PostJ**  
**Speed 2.7 km/hr**  
**SLOPE 10 %**

**LINKED MEDIAN**

Mag. X 2



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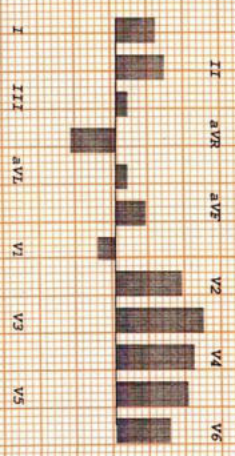
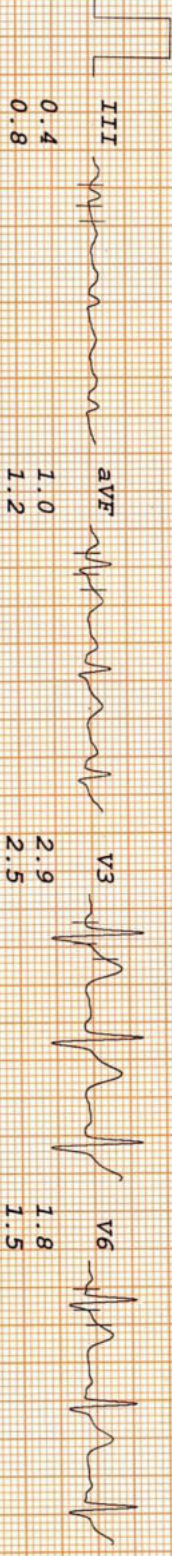
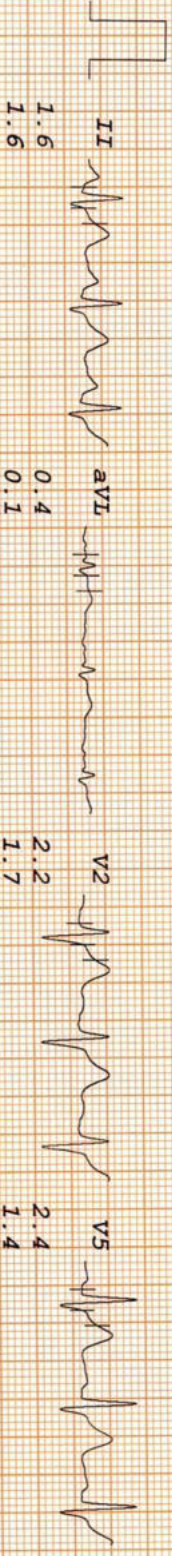
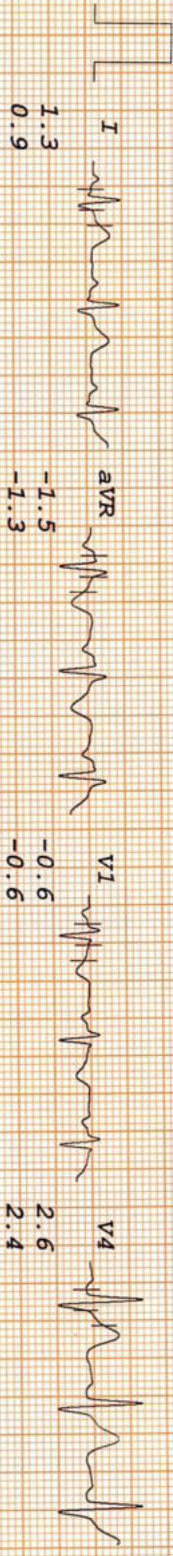
Rate 111bpm  
B.P. 140/80

Bruce  
Stage 2  
TOTAL TIME 5:55  
PHASE TIME 2:55

ST @ 10mm/mV  
80ms PostJ  
Speed 4 km/hr  
SLOPE 12 %

LINKED MEDIAN

Mag. X 2



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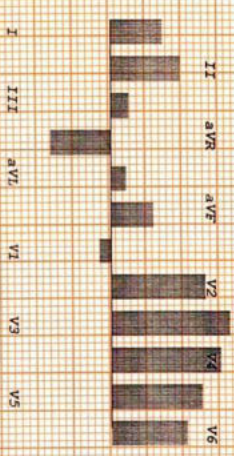
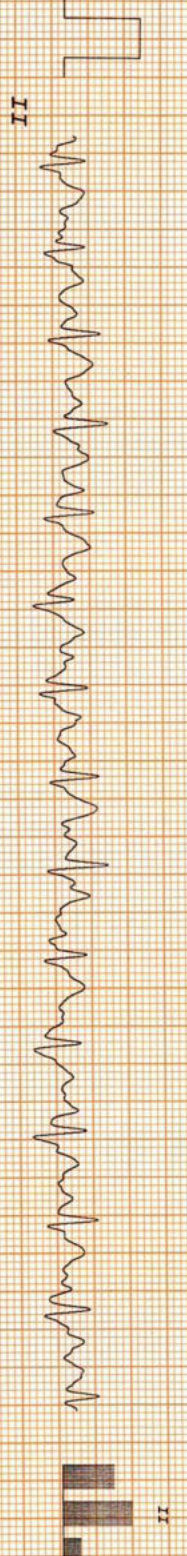
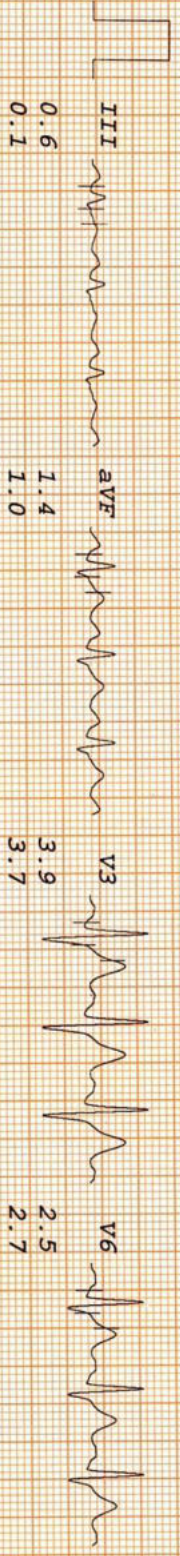
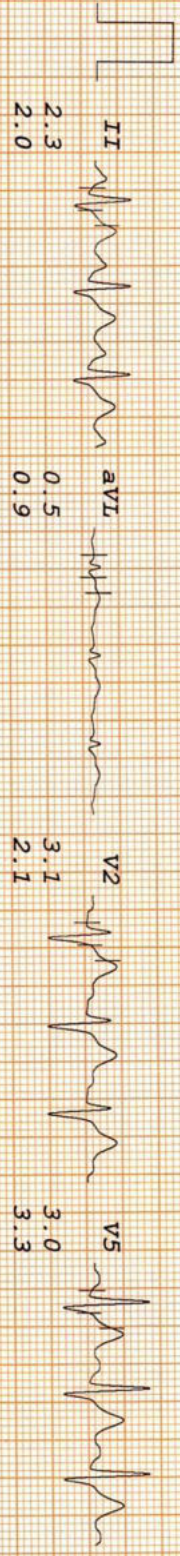
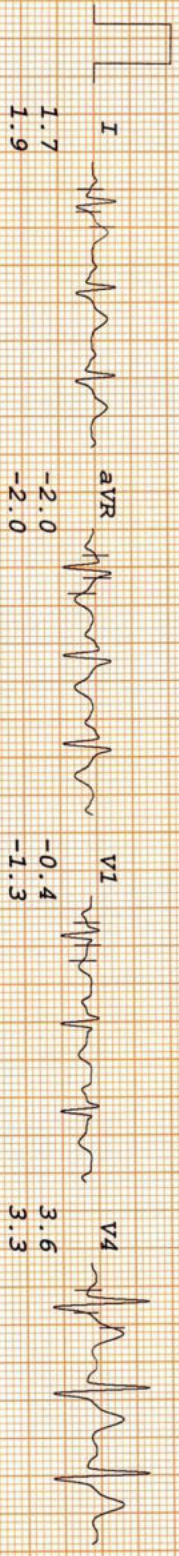
PANKAJ CHAUHAN  
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Rate 132bpm  
B.P. 150/80  
Bruce  
Stage 3  
TOTAL TIME 8:55  
PHASE TIME 2:55

ST @ 10mm/mV  
80ms PostJ  
Speed 5.4 km/hr  
SLOPE 14 %

LINKED MEDIAN

Mag. X 2



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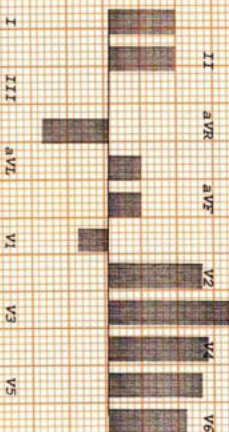
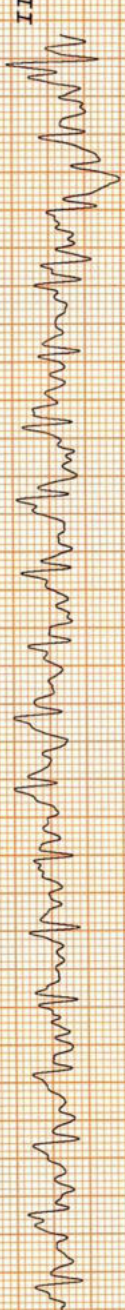
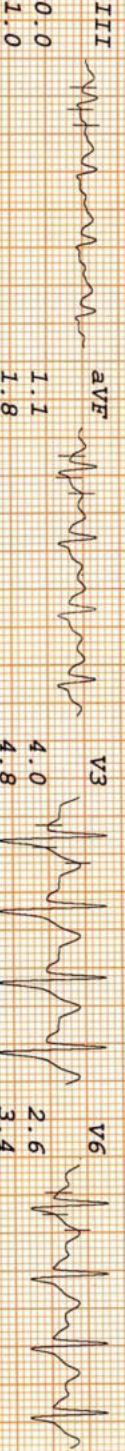
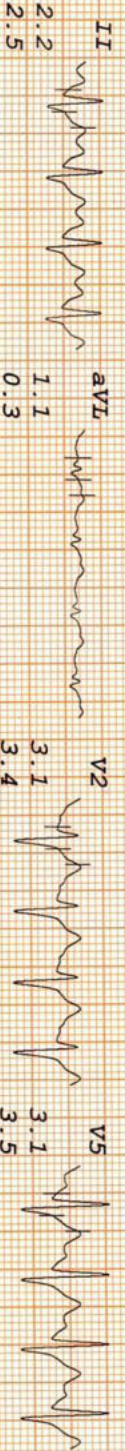
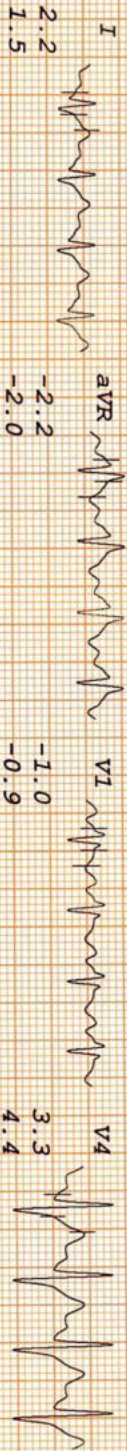
**RATE 165bpm**  
 B.P. 160/80

**Bruce**  
 Stage 4  
 TOTAL TIME 11:02  
 PHASE TIME 2:02

**ST @ 10mm/mV**  
 80ms PostJ  
 Speed 6.7 km/hr  
 SLOPE 16 &

**LINKED MEDIAN**

Mag. X 2





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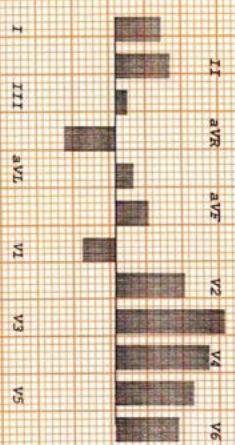
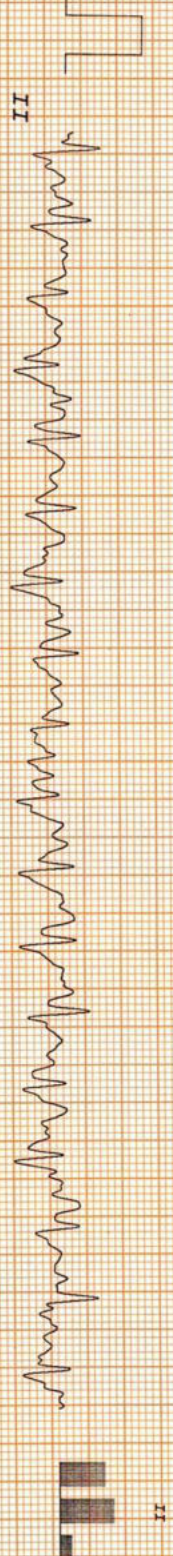
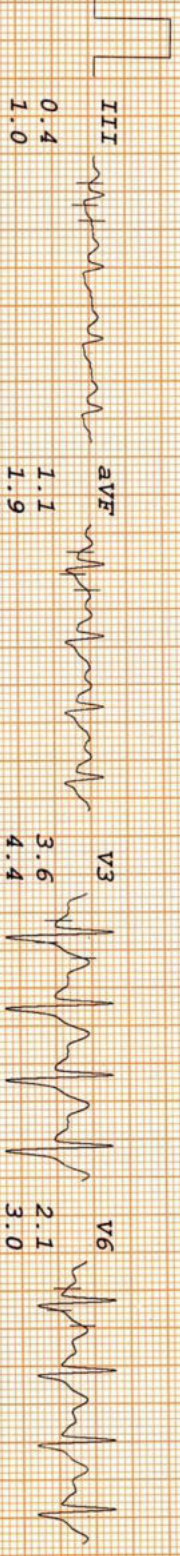
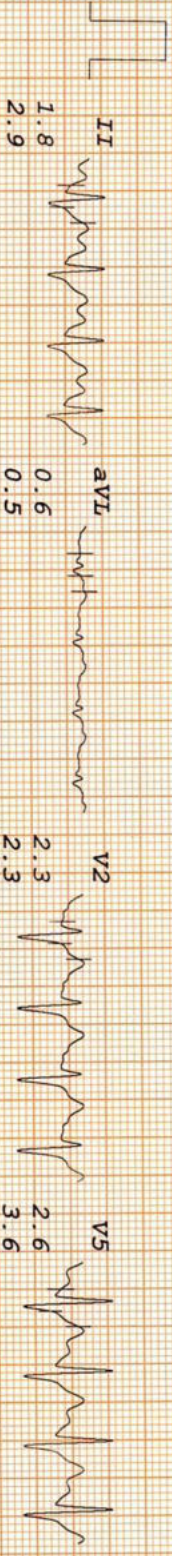
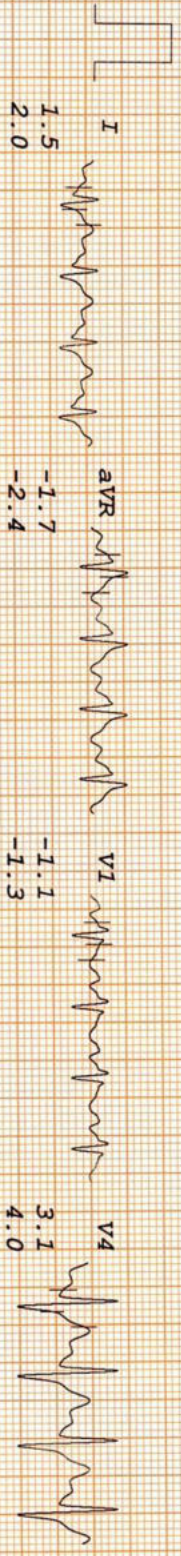
**RATE 163bpm**  
 B.P. 160/80

**Bruce**  
 PK-EXERCISE  
 TOTAL TIME 11:16  
 PHASE TIME 2:16

**ST @ 10mm/mV**  
 80ms PostJ  
 Speed 6.7 km/hr  
 SLOPE 16 %

**LINKED MEDIAN**

Mag. X 2





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Rate 91bpm  
 B.P. 140/80

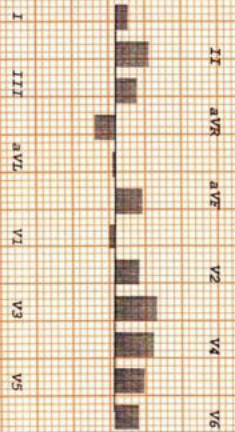
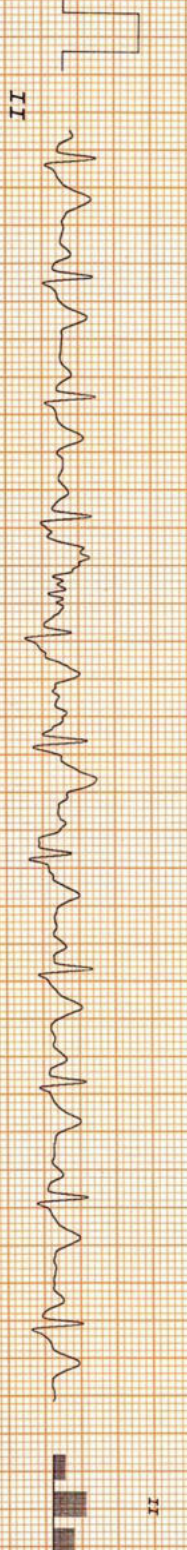
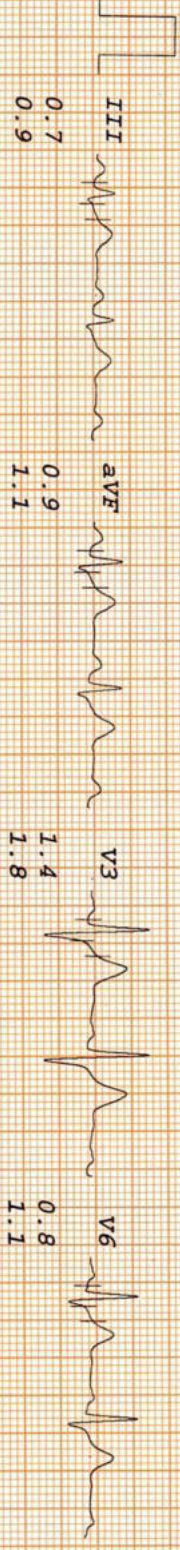
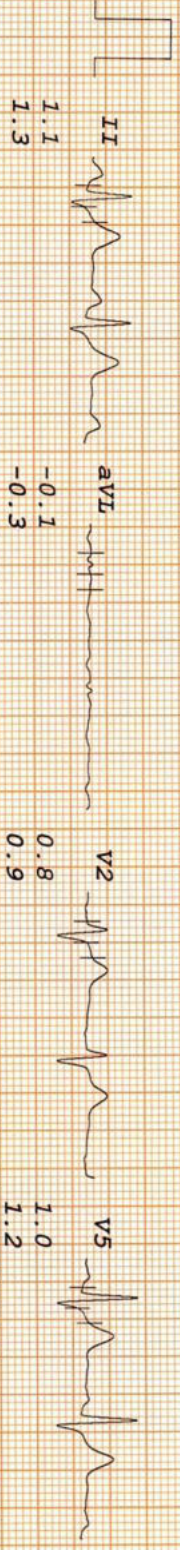
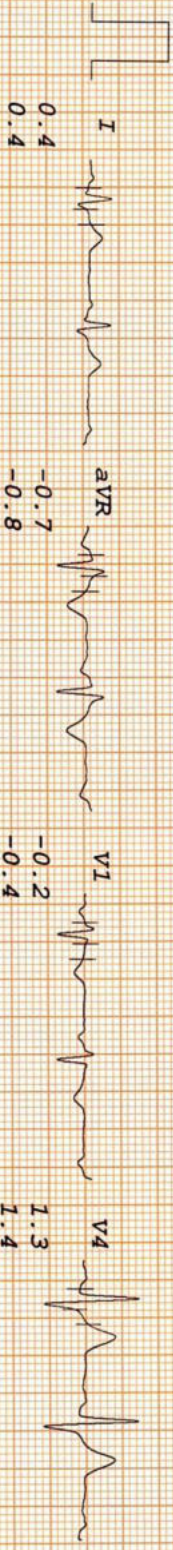
Bruce  
 RECOVERY  
 TOTAL TIME 13:31  
 PHASE TIME 1:55

ST @ 10mm/mV  
 80ms Post J

LINKED MEDIAN

Mag. X 2

V1



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RATE 80bpm  
B.P. 130/80

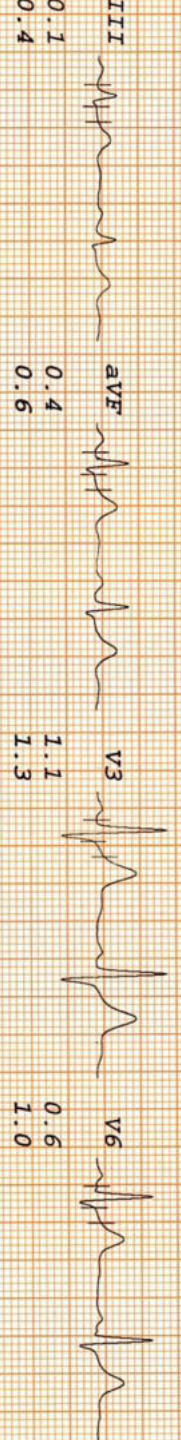
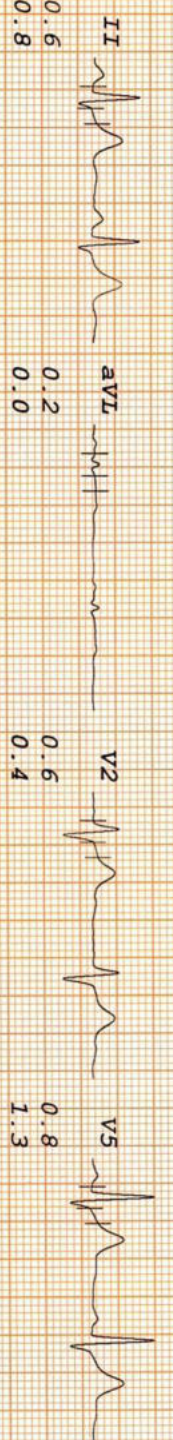
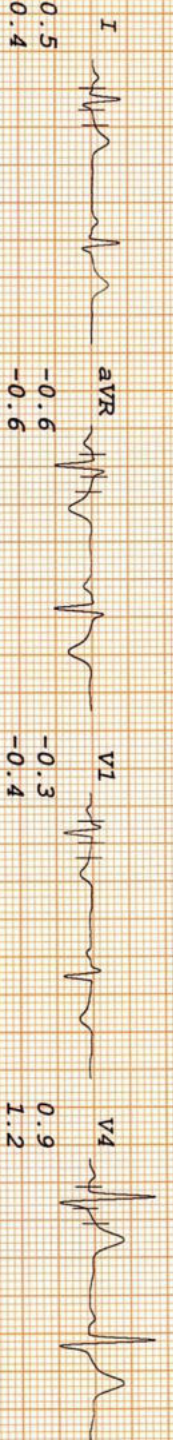
Bruce  
RECOVERY  
TOTAL TIME 14:31  
PHASE TIME 2:55

ST @ 10mm/mV  
80ms PostJ

LINKED MEDIAN

Mag. X 2

V1



-0.3  
-0.4

