

NAME:	Mr. Tarath Dalav	UHID:	
AGE:	29	DATE OF HEALTHCHECK:	30/2/2023
GENDER:	M		

HEIGHT:	166	MARITAL STATUS:	M
WEIGHT:	53.1	NO OF CHILDREN:	1
BMI:	19.1		

C/O: Increased frequency of urine, Irritability
K/C/O: -
P/M/H: - No
P/S/H: - No
PRESENT MEDICATION: -

ALLERGY: - No

PHYSICAL ACTIVITY: Active/ Moderate/ Sedentary ✓

H/A: SMOKING:

ALCOHOL: NAD

TOBACCO/PAN: NAD

FAMILY HISTORY FATHER: NAD

MOTHER: NAD

O/E:

BP: 110/80 PULSE: 84/min

TEMPERATURE: 36.5 SCARS: -

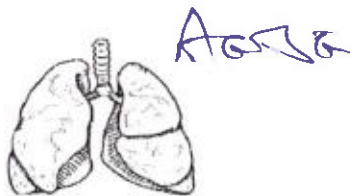
LYMPHADENOPATHY: NAD

PALLOR/ICTERUS/CYNOSIS/CLUBBING: NAD

OEDEMA:

S/E:

RS:



P/A: NAD

CVS: Subt

Extremities & Spine: NAD

CNS: cerebellum, unsteady

ENT:

Skin: NAD

Vision:

	Without Glass		With Glass	
	Right Eye	Left Eye	Right Eye	Left Eye
FAR :				
NEAR :				
COLOUR VISION:				

Name: Mr. Trinath Dalai Age: 39 Date of Health check-up: 30/3/23

Findings and Recommendation:

Findings:-

Recommendation:-

- Urologist Opinion

Signature:

Consultant -


DR MAYUR GARG
MBBS, MD MEDICINE
REG NO : 2017020378

DENTAL CHECKUP

Name: Trinath Dalai	MR NO:
Age/Gender : 39 / M	Date: 30/3/23

Medical history: Diabetes Hypertension _____

EXAMINATION	UPPER RIGHT	UPPER LEFT	LOWER LEFT	LOWER RIGHT
Calculus & Stains			✓	✓
Mobility				
Caries (Cavities)				
a) Class 1 (Occlusal)				
b) Class 2 (Proximal)				
c) Class 5 (Cervical)				
Faulty Restoration				
Faulty Crown				
Fractured Tooth				
Root Pieces				
Impacted Tooth				
Missing Tooth				
Existing Denture				

TREATMENT ADVISED:

TREATMENT	UPPER RIGHT	UPPER LEFT	LOWER LEFT	LOWER RIGHT
Restoration / Filling				
Root Canal Therapy				
Crown				
Extraction				

Oral Prophylaxis: Scaling & polishing
 Orthodontic Advice for Braces: Yes / No
 Prosthetic Advice to Replace Missing Teeth: Denture Bridge Implant
 Oral Habits: Tobacco Cigarette Others since ___ years
 Advice to quit any form of tobacco as it can cause cancer.
 Other Findings: NA

- Scaling and polishing - 1200
 - Adv OPG



• ANDHERI • COLABA • NASHIK • VASHI

ENT EVALUATION

Name: Trinath Dalal	MR NO:
Age/Gender: 39y / M.	Date: 30/03/23.

EAR :

Tympanic Membrane:

Pre-auricular :-

Pina / EAC:

Mastoid Tuning Fork tests :-

Pure tone audiometry

Bill TM (N)
Intact

Rinne's ^R / _L +ve
Weber → ←

NOSE :-

External Nose :-

Anterior Rhinoscopy:-

Post - Nasal space:-

} (N)

THROAT :-

70% scopy :

Tongue / palate / Teeth :-

} (N)

NECK :-

Nodes :-

Thyroid :-

Glands :-

} (N)

Sleep -Related examination:-

Tongue - Base :-

Palate:-

Uvula:

} (N)

INVESTIGATIONS :

IMPRESSION:- ENT examination within normal limit at present.

Dr. AMOL S. POKARE
MBBS, MS, DNB (ENT)
Reg. No. 2013/05/1403
Contact- 8446941033

• ANDHERI • COLABA • NASHIK • VASHI

QRS : 90 ms
 QT/QTcBaz : 354 / 379 ms
 PR : 156 ms
 P : 102 ms
 RR/PP : 870 / 869 ms
 P/QRS/T : 71 / 46 / 53 degrees

Normal sinus rhythm
Normal ECG

WNL

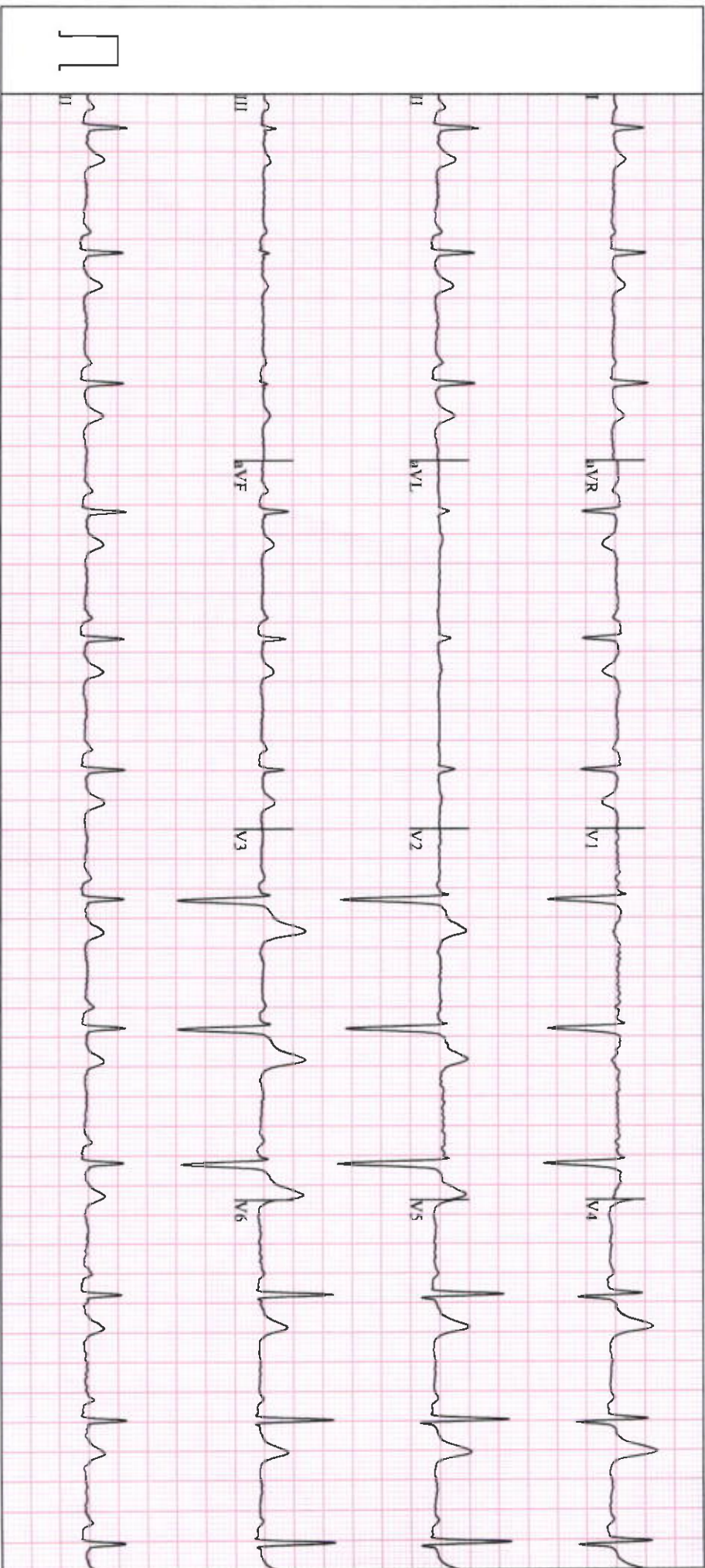
NORMAL ECG

DR. ANIRBAN DASGUPTA

M.B., B.S., D.N.B. Medicine

Diploma Cardiology

MMC -2005/02/0920



PATIENT'S NAME	TRINATH DALAI	AGE :- 39 Y/M
UHID		DATE :- 30-03-23

2D Echo and Colour doppler report

- All cardiac chambers are normal in dimension.
- No obvious resting regional wall motion abnormalities (RWMA).
- Interatrial and Interventricular septum – Appears Normal
- Valves – Structurally normal.
- Good biventricular function.
- IVC is normal.
- Pericardium is normal.
- Great vessels - Origin and visualized proximal part are normal.
- No coarctation of aorta.

Doppler study

- Normal flow across all the valves.
- No pulmonary hypertension.
- PASP – 14 mmHg.
- No diastolic dysfunction.
- Peak systolic gradients across LVOT/AV – 06mmHg.

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Measurements

Aorta annulus	20 mm
Left Atrium	29 mm
LVID(Systole)	25 mm
LVID(Diastole)	35 mm
IVS(Diastole)	11 mm
PW(Diastole)	11 mm
LV ejection fraction.	55-60%

Conclusion

- Good biventricular function
- No RWMA
- Valves – Structurally normal
- No diastolic dysfunction
- No PAH.



DR. RISHI BHARGAVA

MD DM

CONSULTANT INTERVENTIONAL CARDIOLOGIST

• ANDHERI • COLABA • NASHIK • VASHI

PATIENT'S NAME	TRINATH DALAI	AGE :- 39y/M
UHID		DATE :- .30 Mar. 23

X-RAY CHEST PA VEIW

OBSERVATION:

Bilateral lung fields are clear.
Both hila are normal.
Bilateral cardiophrenic and costophrenic angles are normal.
The trachea is central.
Aorta appears normal.
The mediastinal and cardiac silhouette are normal.
Soft tissues of the chest wall are normal.
Bony thorax is normal.

IMPRESSION:

- No significant abnormality seen.



DR.CHHAYA S. SANGANI
CONSULTANT SONOLOGIST
Reg No. 073826

• ANDHERI • COLABA • NASHIK • VASHI

PATIENT'S NAME	TRINATH DALAI	AGE :- 39 y/M
UHID NO		30 Mar 2023

USG WHOLE ABDOMEN

LIVER is normal in size, shape and echotexture .No evidence of any focal lesion. The portal vein appears normal & shows normal hepatopetal flow. No evidence of intra-hepatic biliary duct dilatation.

Gall Bladder appears well distended with normal wall thickness. There is no calculus or pericholecystic collection or free fluid noted. CBD appears normal.

Visualised parts of head & body of pancreas appear normal. PD is not dilated.

SPLEEN is normal in size, and echotexture. No focal lesion seen. SV is normal.

Both kidneys are normal in size, shape and echotexture with normal parenchymal reflectivity and maintained cortico-medullary differentiation. No hydronephrosis or calculi or mass seen.
RIGHT KIDNEY measures 10.0 x 4.1 cm. **LEFT KIDNEY** measures 10.0 x 4.5 cm.

Urinary Bladder is adequately distended; no e/o any obvious wall thickening or mass or calculi seen.

PROSTATE is normal in size, shape & echotexture.

Visualised bowel loops appear normal. There is no free fluid seen.

IMPRESSION –

- No significant abnormality detected.

THIS REPORT IS NOT TO BE USED FOR MEDICOLEGAL PURPOSE.THE CONTENTS OF THIS REPORT REQUIRE CLINICAL CO-RELATION BEFORE ANY APPLICATION.



DR.CHHAYA S. SANGANI
CONSULTANT SONOLOGIST
Reg: No. 073826

• ANDHERI • COLABA • NASHIK • VASHI

NAME:	Mr. Timothy Dalar	UHID:	
AGE:	39 yrs	DATE OF HEALTHCHECK:	30/07/2023
GENDER:	Male		

HEIGHT:	166 cm	MARITAL STATUS:	M
WEIGHT:	53 kg	NO OF CHILDREN:	1
BMI:	19.1		

C/O: Increased frequency of urine, Irritability

K/C/O: -
PRESENT MEDICATION: -

P/M/H: - No

P/S/H: - No

ALLERGY: - No

PHYSICAL ACTIVITY: Active / Moderate / Sedentary

H/A: SMOKING:

FAMILY HISTORY FATHER: - No

ALCOHOL: - No

MOTHER: - No

TOBACCO/PAN: - No

O/E:

LYMPHADENOPATHY: - No

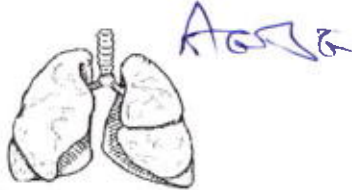
BP: 110/80 mmHg PULSE: 84/min

PALLOR/ICTERUS/CYNOSIS/CLUBBING: - No

TEMPERATURE: - SCARS: -

OEDEMA:

S/E:
RS:



P/A: - No

CVS: Subt

Extremities & Spine: - No

CNS: cerebellum, subacute

ENT:

Skin: - No

Vision:

	Without Glass		With Glass	
	Right Eye	Left Eye	Right Eye	Left Eye
FAR :				
NEAR :				
COLOUR VISION:				

Name: Mr. Trinath Dalai Age: 39 Date of Health check-up: 20/3/23

Findings and Recommendation:

Findings:-

Recommendation:-

- Urologist opinion
- Repeat CBC with manual platelet count and follow up with report

Signature:
Consultant -

DR MAYUR GARG
MBBS, MD MEDICINE
REG NO : 2017020378

DENTAL CHECKUP

Name: Trinath Dalai	MR NO:
Age/Gender : 39 / M	Date: 30/3/23

Medical history: Diabetes Hypertension

EXAMINATION	UPPER RIGHT	UPPER LEFT	LOWER LEFT	LOWER RIGHT
Calculus & Stains			✓	✓
Mobility				
Caries (Cavities)				
a) Class 1 (Occlusal)				
b) Class 2 (Proximal)				
c) Class 5 (Cervical)				
Faulty Restoration				
Faulty Crown				
Fractured Tooth				
Root Pieces				
Impacted Tooth				
Missing Tooth				
Existing Denture				

TREATMENT ADVISED:

TREATMENT	UPPER RIGHT	UPPER LEFT	LOWER LEFT	LOWER RIGHT
Restoration / Filling				
Root Canal Therapy				
Crown				
Extraction				

Oral Prophylaxis: Scaling & polishing
 Orthodontic Advice for Braces: Yes / No
 Prosthetic Advice to Replace Missing Teeth: Denture Bridge Implant
 Oral Habits: Tobacco Cigarette Others since ___ years
 Advice to quit any form of tobacco as it can cause cancer.
 Other Findings: NA

- Scaling and polishing - 1200
 - Adv OPG



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ENT EVALUATION

Name: Trinath Dalal	MR NO:
Age/Gender: 39y / M.	Date: 30/03/23.

EAR :

Tympanic Membrane:

Pre-auricular :-

Pina / EAC:

Mastoid Tuning Fork tests :-

Pure tone audiometry

BIL TM (N)

Intact

Rinne's ^R / _L +ve

weber → ←

NOSE :-

External Nose :-

Anterior Rhinoscopy:-

Post - Nasal space:-

(N)

THROAT :-

70% scopy :

Tongue / palate / Teeth :-

(N)

NECK :-

Nodes :-

Thyroid :-

Glands :-

(N)

Sleep -Related examination:-

Tongue - Base :-

Palate:-

Uvula:

(N)

INVESTIGATIONS :

IMPRESSION:-

ENT examination within normal limit at present.

Dr. AMOL S. KARE
MBBS, MS, DNB (ENT)
Reg. No. 2013/05/1403
Contact- 8446941033

• ANDHERI • COLABA • NASHIK • VASHI

Name : Mr. Trinath Dalal Gender : Male Age : 39 Years
UHID : Bill No : Lab No : V-3754-23
Ref. by : SELF Sample Col.Dt : 30/03/2023 10:10
Barcode No : 768 Reported On : 30/03/2023 20:22

TEST

RESULTS

Blood Grouping (ABO & Rh)-WB(EDTA) Serum

ABO Group:

:B:

Rh Type:

Positive

Method :

Tube Agglutination (forward and reverse)

Shweta Unavane
Entered By

Ms Kaveri Gaonkar
Verified By



Dr. Milind Patwardhan
M.D(Path)
Chief Pathologist

End of Report
Results are to be correlated clinically


Name : Mr. Trinath Dalal Gender : Male Age : 39 Years
UHID : Bill No : Lab No : V-3754-23
Ref. by : SELF Sample Col.Dt : 30/03/2023 10:10
Barcode No : 768 Reported On : 30/03/2023 20:22

TEST	RESULTS	UNITS	BIOLOGICAL REFERENCE INTERVAL
PLASMA GLUCOSE			
Fasting Plasma Glucose :	88	mg/dL	Normal < 100 mg/dL Impaired Fasting glucose : 101 to 125 mg/dL Diabetes Mellitus : \geq 126 mg/dL (on more than one occasion) (American diabetes association guidelines 2016)
Post Prandial Plasma Glucose :	103	mg/dL	Normal < 140 mg/dL Impaired Post Prandial glucose : 140 to 199 mg/dL Diabetes Mellitus : \geq 200 mg/dL (on more than one occasion) (American diabetes association guidelines 2016)

Method : Hexokinase

Vasanti Gondal
Entered By

Ms Kaveri Gaonkar
Verified By



Dr. Milind Patwardhan
M.D(Path)
Chief Pathologist

Page 7 of 9

End of Report
Results are to be correlated clinically

Name : Mr. Trinath Dalal Gender : Male Age : 39 Years
UHID : Bill No : Lab No : V-3754-23
Ref. by : SELF Sample Col.Dt : 30/03/2023 10:10
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TEST	RESULTS	UNITS	BIOLOGICAL REFERENCE INTERVAL
Lipid Profile- Serum			
S. Cholesterol(Oxidase)	194	mg/dL	Desirable < 200 Borderline: >200-<240 Undesirable: >240
S. Triglyceride(GPO-POD)	148	mg/dL	Desirable < 150 Borderline: >150-<499 Undesirable: >500
S. VLDL:(Calculated)	29.6	mg/dL	Desirable <30
S. HDL-Cholesterol(Direct)	<u>35.0</u>	mg/dL	Desirable > 60 Borderline: >40-<59 Undesirable: <40
S. LDL:(calculated)	129.4	mg/dL	Desirable < 130 Borderline: >130-<159 Undesirable: >160
Ratio Cholesterol/HDL	<u>5.5</u>		3.5 - 5
Ratio of LDL/HDL	<u>3.7</u>		2.5 - 3.5

Vasanti Gondal
Entered By

Ms Kaveri Gaonkar
Verified By



Dr. Milind Patwardhan
M.D(Path)
Chief Pathologist

End of Report
Results are to be correlated clinically

Page 1 of 9

Name : Mr. Trinath Dalal Gender : Male Age : 39 Years
UHID : Bill No : Lab No : V-3754-23
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Barcode No : 768 Reported On : 30/03/2023 20:22

TEST RESULTS UNITS BIOLOGICAL REFERENCE INTERVAL

LFT(Liver Function Tests)-Serum

S.Total Protein (Biuret method)	7.38	g/dL	6.6 - 8.7
S.Albumin (BCG method)	4.70	g/dL	3.5 - 5.2
S.Globulin (Calculated)	2.68	g/dL	2 - 3.5
S.A/G Ratio:(Calculated)	1.75		0.9 - 2
S.Total Bilirubin (DPD):	0.79	mg/dL	0.1 - 1.2
S.Direct Bilirubin (DPD):	0.25	mg/dL	0.1 - 0.3
S.Indirect Bilirubin (Calculated)	0.54	mg/dL	0.1 - 1.0
S.AST (SGOT)(IFCC Kinetic with P5P): 29		U/L	5 - 40
S.ALT (SGPT) (IFCC Kinetic with P5P): 46		U/L	5 - 41
S.Alk Phosphatase(pNPP-AMP Kinetic): 84		U/L	40 - 129
S.GGT(IFCC Kinetic): 14		U/L	11 - 50

Name : Mr. Trinath Dalal Gender : Male Age : 39 Years
UHID : Bill No : Lab No : V-3754-23
Ref. by : SELF Sample Col.Dt : 30/03/2023 10:10
Barcode No : 768 Reported On : 30/03/2023 20:22

TEST	RESULTS	UNITS	BIOLOGICAL REFERENCE INTERVAL
Thyroid (T3,T4,TSH)- Serum			
Total T3 (Tri-iodo Thyronine) (ECLIA)	1.91	nmol/L	1.3 - 3.1 nmol/L
Total T4 (Thyroxine) (ECLIA)	95.01	nmol/L	66 - 181 nmol/L
TSH-Ultrasensitive (Thyroid-stimulating hormone) Method : ECLIA	2.36	□IU/ml	Euthyroid : 0.35 - 5.50 □IU/ml Hyperthyroid : < 0.35 □IU/ml Hypothyroid : > 5.50 □IU/ml

Grey zone values observed in physiological/therapeutic effect.

Note:

T3 :

1. Decreased values of T3 (T4 and TSH normal) have minimal Clinical significance and not recommended for diagnosis of hypothyroidism.
2. Total T3 and T4 values may also be altered in other conditions due to changes in serum proteins or binding sites ,Pregnancy, Drugs (Androgens,Estrogens,O C pills, Phenytoin) etc. In such cases Free T3 and free T4 give corrected Values.
3. Total T3 may decrease by < 25 percent in healthy older individuals

T4 :

1. Total T3 and T4 Values may also be altered in other condition due to changes in serum proteins or binding sites, Pregnancy Drugs (Androgens,Estrogens,O C pills, Phenytoin), Nerphrosis etc. In such cases Free T3 and Free T4 give Corrected values.

TSH :

1. TSH Values may be transiently altered because of non thyroidal illness like severe infections,liver disease, renal and heart failure. Severe burns, trauma and surgery etc.
2. Drugs that decrease TSH values e,g L dopa, Glucocorticoids.
3. Drugs that increase TSH values e.g. Iodine,Lithium, Amiodarone

Mrunal Gurav
Entered By

Ms Kaveri Gaonkar
Verified By



Dr. Milind Patwardhan
M.D(Path)

Chief Pathologist

End of Report

Results are to be correlated clinically

Name : Mr. Trinath Dalal Gender : Male Age : 39 Years
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TEST RESULTS BIOLOGICAL REFERENCE INTERVAL

URINE REPORT

PHYSICAL EXAMINATION

QUANTITY	40	mL	
COLOUR	Pale Yellow		
APPEARANCE	Clear		Clear
SEDIMENT	Absent		Absent

CHEMICAL EXAMINATION(Strip Method)


REACTION(PH)	6.0		4.6 - 8.0
SPECIFIC GRAVITY	1.005		1.005 - 1.030
URINE ALBUMIN	Absent		Absent
URINE SUGAR(Qualitative)	Absent		Absent
KETONES	Absent		Absent
BILE SALTS	Absent		Absent
BILE PIGMENTS	Absent		Absent
UROBILINOGEN	Normal(<1 mg/dl)		Normal
OCCULT BLOOD	Absent		Absent
Nitrites	Absent		Absent

MICROSCOPIC EXAMINATION

PUS CELLS	Occasional		0 - 3/hpf
RED BLOOD CELLS	Nil /HPF		Absent
EPITHELIAL CELLS	1 - 2 / hpf		3 - 4/hpf
CASTS	Absent		Absent
CRYSTALS	Absent		Absent
BACTERIA	Absent		Absent

Ms Kaveri Gaonkar
Entered By

Ms Kaveri Gaonkar
Verified By


 Dr. Milind Patwardhan
 M.D(Path)
 Chief Pathologist

End of Report
 Results are to be correlated clinically

QRS : 90 ms
QT/QTcBaz : 354 / 379 ms
PR : 156 ms
P : 102 ms
RR / PP : 870 / 869 ms
P / QRS / T : 71 / 46 / 53 degrees

Normal sinus rhythm
Normal ECG

WNL

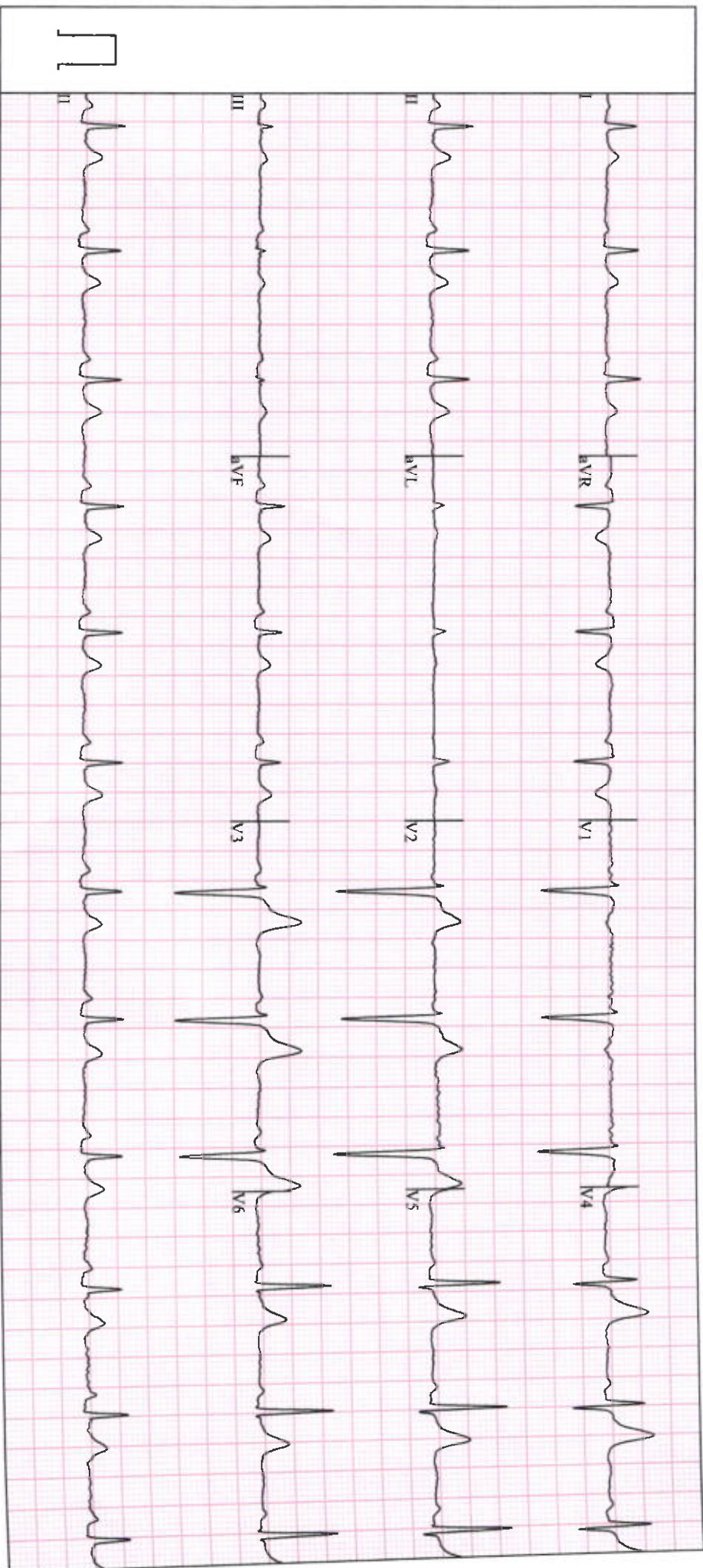
NORMAL ECG

DR. ANIRBAN DASGUPTA

M.B., B.S., D.N.B. Medicine

Diploma Cardiology

MMC-2005/02/0920



PATIENT'S NAME	TRINATH DALAI	AGE :- 39 Y/M
UHID		DATE :- 30-03-23

2D Echo and Colour doppler report

- All cardiac chambers are normal in dimension.
- No obvious resting regional wall motion abnormalities (RWMA).
- Interatrial and Interventricular septum – Appears Normal
- Valves – Structurally normal.
- Good biventricular function.
- IVC is normal.
- Pericardium is normal.
- Great vessels - Origin and visualized proximal part are normal.
- No coarctation of aorta.

Doppler study

- Normal flow across all the valves.
- No pulmonary hypertension.
- PASP – 14 mmHg.
- No diastolic dysfunction.
- Peak systolic gradients across LVOT/AV – 06mmHg.

• ANDHERI • COLABA • NASHIK • VASHI

Measurements

Aorta annulus	20 mm
Left Atrium	29 mm
LVID(Systole)	25 mm
LVID(Diastole)	35 mm
IVS(Diastole)	11 mm
PW(Diastole)	11 mm
LV ejection fraction.	55-60%

Conclusion

- Good biventricular function
- No RWMA
- Valves – Structurally normal
- No diastolic dysfunction
- No PAH.



DR. RISHI BHARGAVA

MD DM

CONSULTANT INTERVENTIONAL CARDIOLOGIST

• ANDHERI • COLABA • NASHIK • VASHI

PATIENT'S NAME	TRINATH DALAI	AGE :- 39y/M
UHID		DATE :- 30 Mar. 23

X-RAY CHEST PA VIEW

OBSERVATION:

Bilateral lung fields are clear.
Both hila are normal.
Bilateral cardiophrenic and costophrenic angles are normal.
The trachea is central.
Aorta appears normal.
The mediastinal and cardiac silhouette are normal.
Soft tissues of the chest wall are normal.
Bony thorax is normal.

IMPRESSION:

- No significant abnormality seen.



DR. CHHAYA S. SANGANI
CONSULTANT SONOLOGIST
Reg No. 073826

• ANDHERI • COLABA • NASHIK • VASHI

PATIENT'S NAME	TRINATH DALAI	AGE :- 39 y/M
UHID NO		30 Mar 2023

USG WHOLE ABDOMEN

LIVER is normal in size, shape and echotexture .No evidence of any focal lesion. The portal vein appears normal & shows normal hepatopetal flow. No evidence of intra-hepatic biliary duct dilatation.

Gall Bladder appears well distended with normal wall thickness. There is no calculus or pericholecystic collection or free fluid noted. CBD appears normal.

Visualised parts of head & body of pancreas appear normal. PD is not dilated.

SPLEEN is normal in size, and echotexture. No focal lesion seen. SV is normal.

Both kidneys are normal in size, shape and echotexture with normal parenchymal reflectivity and maintained cortico-medullary differentiation. No hydronephrosis or calculi or mass seen.

RIGHT KIDNEY measures 10.0 x 4.1 cm. **LEFT KIDNEY** measures 10.0 x 4.5 cm.

Urinary Bladder is adequately distended; no e/o any obvious wall thickening or mass or calculi seen.

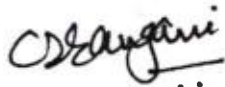
PROSTATE is normal in size, shape & echotexture.

Visualised bowel loops appear normal. There is no free fluid seen.

IMPRESSION –

- **No significant abnormality detected.**

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DR.CHHAYA S. SANGANI
CONSULTANT SONOLOGIST
Reg: No. 073826

• ANDHERI • COLABA • NASHIK • VASHI