

CONSULTATION SUMMARY

Patient MRN : 17540000335102
Patient Name : Nihal Nayak
Gender/Age/Dob : Male , 29 Years , 19/12/93
Patient Phone No : 7978801851
Patient Address : Dhamtari,Dhamtari,Dhamtari,
Chhattisgarh,India,-493773

Consultation Date : 10/06/2023 01:00 PM
Consultant : Dr. Renuka Sharma
(OPHTHALMOLOGY)
Consultation Type : OP , NEW VISIT



CHIEF COMPLAINTS & HISTORY OF PRESENT ILLNESS

- CAME FOR ROUTINE :
HEALTH CHECK UP

PAST MEDICAL HISTORY

- No significant past medical history

PROCEDURE HISTORY

- No known surgical history

ALLERGY

- No known allergies

NOTES

- O/E

VA - 6/6 UA RT
6/6 UA LT

IOT - Normal (d)
Normal (d)

Acceptance - NIL BE

A/S OK OU

P/S OK OU

MEDICATION ORDER

DRUG NAME	PATIENT INSTRUCTION
1) CAMPHOR+NAPHAZOLINE+METHYLCELLULOSE- DROPS-10ML-OCUREST PLUS	(1 - 1 - 1 - 1) Qty: 1 Start Date: Jun 10, 2023



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DRUG NAME

- 2) POLYMYXIN
B+CHLORAMPHENICOL+DEXAMETHASON-
DROPS-5ML-OCUPOL DX
- 3) CARBOXYMETHYLCELLULOSE-DROPS-0.5%
10ML-REFRESH TEARS

PATIENT INSTRUCTION

- (1 - 1 - 1 - 1) Drops For 1 Month | Qty: 11 | Start Date: Jun 10, 2023 | End Date: Jul 09, 2023
- (1 - 0 - 1 - 1) For 1 Month | Qty: 11 | Start Date: Jun 10, 2023 | End Date: Jul 09, 2023

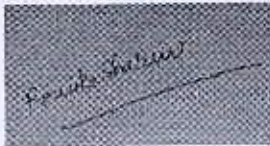
FAMILY HISTORY

- No significant family history

SOCIAL HISTORY

- No significant social history

CONSULTANT DETAILS



Dr. Renuka Sharma , VISITING CONSULTANT , OPHTHALMOLOGY
Registration No : 2434/2009

One free consultation with the same doctor within next 6 days.

Printed By: Dr. Renuka Sharma | Printed On: 10.06.2023 14:49



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Patient Name :Nihal Nayak
Gender/Age/Dob :Male , 29 Years , 19/12/93
Patient Phone No :7978801851
Patient Address :Dhamtari,Dhamtari,Dhamtari,
Chhattisgarh,India,-493773

Consultation Date :10/06/2023 12:57 PM
Consultant :Dr. Mukesh Kumar Sharma
(GENERAL MEDICINE)
Consultation Type :OP , NEW VISIT



CLINICAL DIAGNOSIS

- DYSLIPIDEMIA

CHIEF COMPLAINTS & HISTORY OF PRESENT ILLNESS

- CAME FOR HEALTH CHECK UP :
- NO H/O CO-MORBIDITIES :
- B/L COSTAL MARGIN :

PAST MEDICAL HISTORY

- No significant past medical history

VITALS

Blood Pressure: 108/78 mmHg Heart Rate: 71 bpm Temperature: 98.3 F
Respiratory Rate: 18 /min
SPO2 : 96 % , Room air
Weight: 79 kg
Fall Score: Low Pain Score: 0

ALLERGY

- No known allergies

MEDICATION ORDER

- DRUG NAME**
- 1) ATORVASTATIN+FENOFIBRATE-TABLET-10MG+160MG-**TONACT TG**
 - 2) ESOMEPRAZOLE+DOMPERIDONE-CAPSULE-40MG+30MG-**YEES D**

p-r-1

PATIENT INSTRUCTION

Once Daily (0 - 0 - 0 - 1) Tablet Orally After Food For 30 Days | Qty: 30 | Start Date: Jun 10, 2023 | End Date: Jul 09, 2023

Once Daily (1 - 0 - 0 - 0) Capsule Orally After Food For 30 Days | Qty: 30 | Start Date: Jun 10, 2023 | End Date: Jul 09, 2023

Dr. Mukesh



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DRUG NAME

(D + A)

3) ACECLOFENAC+PARACETAMOL+SERRATIOPEPTIDAS-TABLET-100MG+500MG+15MG-**HIFENAC B Sp**

PATIENT INSTRUCTION

Twice Daily (1 - 0 - 0 - 1) Tablet Orally After Food For 3 Days | Qty: 6 | Start Date: Jun 10, 2023 | End Date: Jun 12, 2023

4) BENFOTIAMIN+VB12+ALA+FA+INOSITOL+VB6+CRM-TABLET-200MG+1.5MG+200MG+1.5MG+100MG+3MG+200MCG-**SANIGOLD OD**

Once Daily (1 - 0 - 0 - 0) Tablet Orally After Food For 30 Days | Qty: 30 | Start Date: Jun 10, 2023 | End Date: Jul 09, 2023

PROCEDURE HISTORY

(D - x)

- No known surgical history

NOTES

- LIFE STYLE MODIFICATIONS AS ADVISED
LOW SALT DIET, AVOID SPICY N JUNK FOODS
REGULAR EXERCISE

A
USA (Abd)

SOCIAL HISTORY

- No significant social history

FAMILY HISTORY

- No significant family history

CONSULTANT DETAILS

Dr. Mukesh Kumar Sharma , CONSULTANT , GENERAL MEDICINE
Registration No : 5549/2014

One free consultation with the same doctor within next 6 days.

Printed By: Dr. Mukesh Kumar Sharma | Printed On: 10.06.2023 15:46



DEPARTMENT OF LABORATORY MEDICINE

Patient Name : Nihal Nayak MRN : 17540000335102 Gender/Age : MALE , 29y (19/12/1993)
 Collected On : 10/06/2023 11:43 AM Received On : 10/06/2023 12:21 PM Reported On : 10/06/2023 02:04 PM
 Barcode : 1R2306100170 Specimen : Whole Blood Consultant : Dr. Mukesh Kumar Sharma(GENERAL MEDICINE)
 Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 7978801851

BIOCHEMISTRY

Test	Result	Unit	Biological Reference Interval
HbA1c			
HbA1c (HPLC NGSP Certified)	5.3	%	Both: Normal: 4.0-5.6 Both: Pre Diabetes: 5.7-6.4 Both: Diabetes: => 6.5 ADA Recommendation 2017
Estimated Average Glucose	105.41	-	-

Interpretation:

- HbA1c above 6.5% can be used to diagnose diabetes provided the patient has symptoms. If the patient does not have symptoms with HbA1c > 6.5%, repeat measurement on further sample. If the repeat test result is < 6.5%, consider as diabetes high risk and repeat measurement after 6 months.
- HbA1c measurement is not appropriate in diagnosing diabetes in children, suspicion of type 1 diabetes, symptoms of diabetes for less than 2 months, pregnancy, hemoglobinopathies, medications that may result sudden increase in glucose, anemia, renal failure, HIV infection, malignancies, severe chronic hepatic, and renal disease.
- Any sample with >15% should be suspected of having a haemoglobin variant.

LIPID PROFILE (CHOL,TRIG,HDL,LDL,VLDL)

Cholesterol Total (Cholesterol Oxidase/oxidase)	293 H	mg/dL	0.0-200.0
Triglycerides (LPL/GK)	172 H	mg/dL	0.0-150.0
HDL Cholesterol (HDLC) (Dextran Sulphate/ PEG Cholesterol Esterase)	43	mg/dL	40.0-60.0
Non-HDL Cholesterol	250.0	-	-
LDL Cholesterol (Cholesterol Oxidase Esterase Peroxidase)	216 H	mg/dL	0.0-100.0
VLDL Cholesterol (Calculated)	34	mg/dL	0.0-40.0
Cholesterol /HDL Ratio (Calculated)	6.9 H	-	0.0-5.0

LIVER FUNCTION TEST(LFT)

Bilirubin Total (Caffeine Benzoate)	1.0	mg/dL	0.2-1.3
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Patient Name : Nihal Nayak MRN : 17540000335102 Gender/Age : MALE , 29y (19/12/1993)

Conjugated Bilirubin (Direct) (Caffeine Benzoate)	0.4	mg/dL	0.0-0.4
Unconjugated Bilirubin (Indirect) (Calculated)	0.6	-	0.2-0.8
Total Protein (Biuret Method)	8.2	gm/dL	6.3-8.3
Serum Albumin (Bromocresol Purple Dye Binding)	4.4	gm/dL	3.5-5.0
Serum Globulin (Calculated)	3.8 H	-	2.3-3.5
Albumin To Globulin (A/G)Ratio	1.16	-	1.0-2.1
SGOT (AST) (UV With Pyridoxal-5-phosphate)	50	IU/L	17.0-59.0
SGPT (ALT) (UV With Pyridoxal-5-phosphate)	77 H	U/L	21.0-72.0
Alkaline Phosphatase (ALP)	86	IU/L	38.0-126.0
Gamma Glutamyl Transferase (GGT) (GCNA)	42	U/L	15.0-73.0
RENAL PACKAGE - 2 (RFT FASTING)			
Fasting Blood Sugar (FBS) (Hexokinase)	103 H	mg/dL	70.0-99.0
Blood Urea Nitrogen (BUN) (Urease)	11	mg/dL	9.0-20.0
SERUM CREATININE			
Serum Creatinine (Jaffe's Kinetic IDMS)	1.2	mg/dL	Male :0.66-1.25 Female :0.52-1.04
eGFR (Calculated)	71.6	mL/min/1.73m ²	Both: <60 indicative of renal impairment Both: Note:eGFR is inaccurate for Hemodynamically unstable patients eGFR is not applicable for less than 18
Serum Sodium (Indirect IMT)	144	mmol/L	137.0-150.0
Serum Potassium (Indirect IMT)	4.8	mmol/L	3.5-5.1
Serum Chloride	103	mmol/L	95.0-106.0
Serum Calcium (Cresol Complex)	10.2	mg/dL	8.4-10.2

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Patient Name : Nihal Nayak MRN : 17540000335102 Gender/Age : MALE , 29y (19/12/1993)

Serum Magnesium (Methyl Thymol Blue Dye Binding)	2.2	mg/dL	1.6-2.3
Serum Uric Acid (Uricase)	8.0	mg/dL	3.5-8.5
Serum Phosphorus (Phosphomolybdate Reduction)	4.6 H	mg/dL	2.5-4.5



Dr. Neeraj Naik
 M.B.B.S, D.C.P Consultant Pathologist
 Consultant

HAEMATOLOGY

Test	Result	Unit	Biological Reference Interval
COMPLETE BLOOD COUNT (CBC)			
Haemoglobin (Hb%) (Photometric Measurement)	15.9	g/dL	14.0-16.0
Red Blood Cell Count (Electrical Impedance)	4.98	millions/ μ L	4.5-6.5
PCV (Packed Cell Volume) / Hematocrit (Calculated)	47.1	%	40.0-54.0
MCV (Mean Corpuscular Volume) (Derived From RBC Histogram)	94.7	fL	76.0-96.0
MCH (Mean Corpuscular Haemoglobin) (Calculated)	31.9	pg	27.0-32.0
MCHC (Mean Corpuscular Haemoglobin Concentration) (Calculated)	33.7	%	30.0-36.0
Red Cell Distribution Width (RDW) (Derived)	14.4 H	%	11.6-14.0
Platelet Count (Electrical Impedance Plus Microscopy)	359	Thousand / μ L	150.0-450.0
Mean Platelet Volume (MPV)	8.6	fL	7.0-11.7

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Patient Name : Nihal Nayak MRN : 17540000335102 Gender/Age : MALE , 29y (19/12/1993)

Total Leucocyte Count(WBC) (Electrical impedance) 7.2 Thous/cumm 4.0-10.0

DIFFERENTIAL COUNT (DC)

Neutrophils (VCS Technology Plus Microscopy)	65	%	40.0-75.0
Lymphocytes (VCS Technology Plus Microscopy)	28	%	20.0-45.0
Monocytes (VCS Technology Plus Microscopy)	05	%	2.0-10.0
Eosinophils (VCS Technology Plus Microscopy)	02	%	0.0-6.0
Basophils	00	%	0.0-1.0
Absolute Neutrophil Count	4.68	-	-
Absolute Lymphocyte Count	2.02	-	-
Absolute Monocyte Count	0.36	-	-
Absolute Eosinophil Count	0.14	-	-

BLOOD GROUP & RH TYPING

Blood Group	"A"	-	-
RH Typing	Positive	-	-
Erythrocyte Sedimentation Rate (ESR) (Westergren Method)	10	mm/hr	0.0-10.0



Dr. Neeraj Naik
 M.B.B.S ,D.C.P Consultant Pathologist
 Consultant



BIOCHEMISTRY

Test	Result	Unit	Biological Reference Interval
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Patient Name : Nihal Nayak MRN : 17540000335102 Gender/Age : MALE , 29y (19/12/1993)

Fasting Blood Sugar (FBS) (Hexokinase) **103 H** mg/dL 70.0-99.0

Naik

Dr. Neha Baid
 M.B.B.S, MD Consultant Microbiologist
 Consultant

IMMUNOLOGY

Test	Result	Unit	Biological Reference Interval
THYROID PROFILE (T3, T4, TSH)			
Tri Iodo Thyronine (T3) (Chemiluminescence)	1.49	ng/mL	0.97-1.69
Thyroxine (T4) (Chemiluminescence)	11.9 H	ug/dl	5.53-11.0
TSH (Thyroid Stimulating Hormone) (Chemiluminescence)	4.581	mIU/mL	0.465-4.68

Naik

Dr. Neeraj Naik
 M.B.B.S, D.C.P Consultant Pathologist
 Consultant

CLINICAL PATHOLOGY

Test	Result	Unit	Biological Reference Interval
URINE ROUTINE & MICROSCOPY			
PHYSICAL EXAMINATION			
Volume	10	ml	-
Colour	Pale Yellow	-	-



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Patient Name : Nihal Nayak MRN : 17540000335102 Gender/Age : MALE , 29y (19/12/1993)

Appearance	Slightly Turbid	-	-
CHEMICAL EXAMINATION			
pH(Reaction)	5.5	-	4.5-7.5
Sp. Gravity (Automated)	1.020	-	1.002-1.03
Protein	Negative	-	Negative
Urine Glucose	Negative	-	Negative
Ketone Bodies	Negative	-	Negative
Bile Salts	Negative	-	Negative
Bile Pigment (Bilirubin)	Negative	-	Negative
Urobilinogen	Negative	-	Negative
Urine Leucocyte Esterase	Negative	-	Negative
Blood Urine	Negative	-	Negative
Nitrite	Negative	-	Negative
MICROSCOPIC EXAMINATION			
Pus Cells (Microscopy)	2-3	/hpf	2-3
RBC (Microscopy)	Not Seen	/hpf	0-0
Epithelial Cells (Microscopy)	1-2	/hpf	2-3.
Crystals	Not Seen	-	-
Casts	Not Seen	-	-
Bacteria	Not Seen	-	-
Urine For Sugar (Fasting)	Negative	-	-

--End of Report--

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ID: 17450000335102
Name: MR NIHAL NAYAK
Age: 29 Years
Gender: Male

2023-06-10 12:08:25

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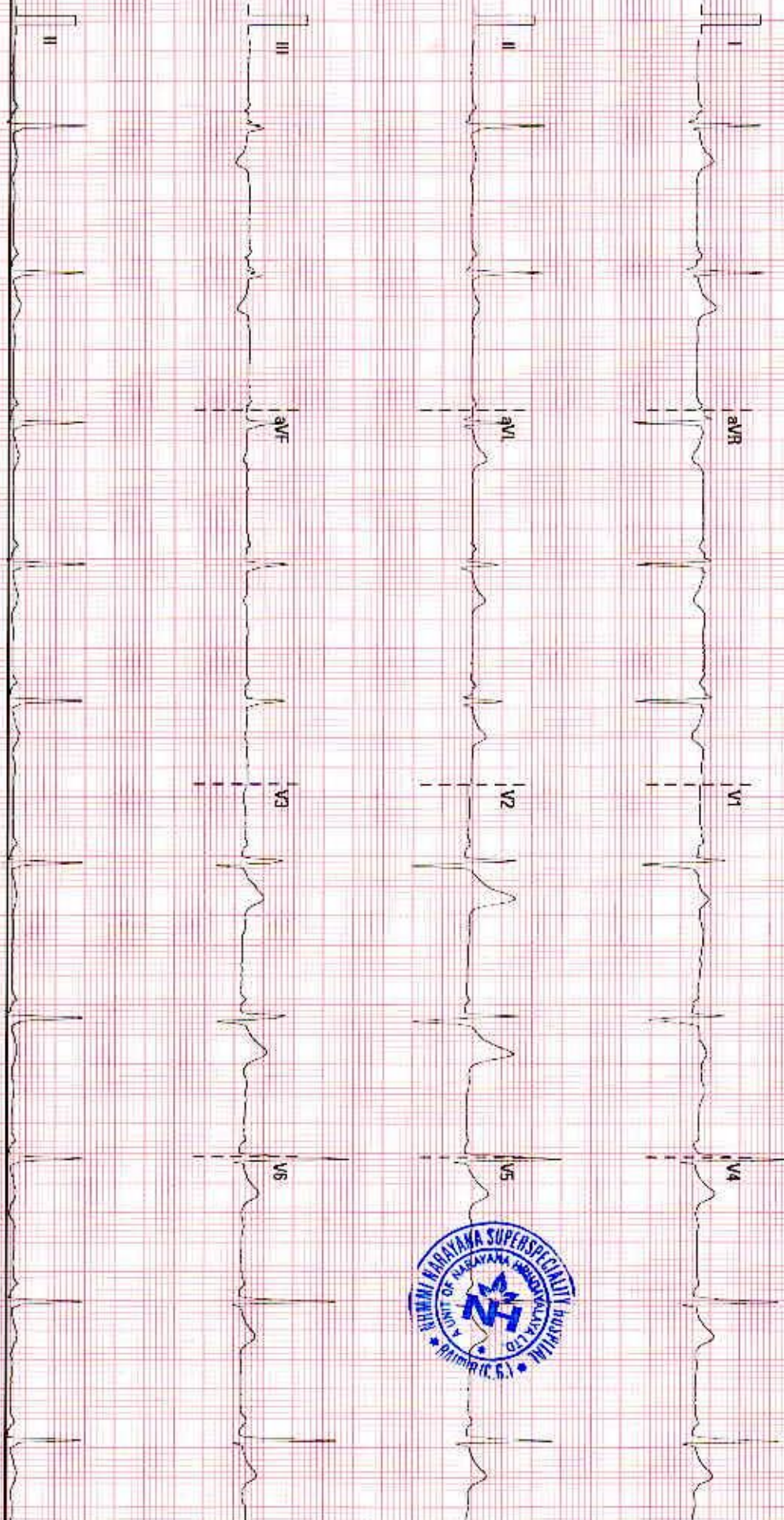
Vent. Rate
PR Interval
QRS Duration
QT/QTc Interval
P/QRS/T Axes
DT:chodigos

61 bpm
130 ms
86 ms
378/380 ms
33/43/-6 deg

Sinus arrhythmia
Inferior T wave abnormality may be age and gender related : consider
normal variant

Borderline ECG

Unconfirmed Diagnosis



25 mm/s

10 mm/mV

50 Hz

BDN 35 Hz

NRI NRI NARAYANA HOSPITAL, RAIPUR

02.10.08.V28 4.1

SR.FN:14027135

DEPARTMENT OF LABORATORY MEDICINE

Patient Name : Nihal Nayak MRN : 17540000335102 Gender/Age : MALE , 29y (19/12/1993)
 Collected On : 10/06/2023 11:43 AM Received On : 10/06/2023 12:21 PM Reported On : 10/06/2023 03:35 PM
 Barcode : 1R2306100170 Specimen : Whole Blood Consultant : Dr. Mukesh Kumar Sharma(GENERAL MEDICINE)
 Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 7978801851

BIOCHEMISTRY

Test	Result	Unit	Biological Reference Interval
Post Prandial Blood Sugar (PPBS)	118 L	mg/dL	120.0-140.0
HbA1C			
HbA1c (HPLC NGSP Certified)	5.3	%	Both: Normal: 4.0-5.6 Both: Pre Diabetes: 5.7-6.4 Both: Diabetes: => 6.5 ADA Recommendation 2017
Estimated Average Glucose	105.41	-	-

Interpretation:

- HbA1C above 6.5% can be used to diagnose diabetes provided the patient has symptoms. If the patient does not have symptoms with HbA1C>6.5%, repeat measurement on further sample. If the repeat test result is <6.5%, consider as diabetes high risk and repeat measurement after 6 months.
- HbA1C measurement is not appropriate in diagnosing diabetes in children, suspicion of type 1 diabetes, symptoms of diabetes for less than 2 months, pregnancy, hemoglobinopathies, medications that may result sudden increase in glucose, anemia, renal failure, HIV infection, malignancies, severe chronic hepatic, and renal disease.
- Any sample with >15% should be suspected of having a haemoglobin variant.

LIPID PROFILE (CHOL,TRIG,HDL,LDL,VLDL)

Cholesterol Total (Cholesterol Oxidase/oxidase)	293 H	mg/dL	0.0-200.0
Triglycerides (LPL/GK)	172 H	mg/dL	0.0-150.0
HDL Cholesterol (HDL-C) (Dextran Sulphate/ PEG Cholesterol Esterase)	43	mg/dL	40.0-60.0
Non-HDL Cholesterol	250.0	-	-
LDL Cholesterol (Cholesterol Oxidase Esterase Peroxidase)	216 H	mg/dL	0.0-100.0
VLDL Cholesterol (Calculated)	34	mg/dL	0.0-40.0
Cholesterol /HDL Ratio (Calculated)	6.9 H		0.0-5.0

LIVER FUNCTION TEST(LFT)



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ECHOCARDIOGRAPHY REPORT

Patient ID : 17540000335102 Report Date : 10/06/2023
Patient Name: : Mr. Nihal Nayak
Age / Gender : 29 Years/ male

MEASUREMENT

AO : 28 (20 - 35)mm LVID(d) : 50 (36 - 52)mm IVS: 09 (06 -11)mm
LA : 31 (19 - 40)mm LVID s : 28 (23 - 39)mm PW: 09 (06 - 11)mm
EF : 60%

VALVES

Mitral Valve : Normal
Aortic valve : Normal
Tricuspid Valve : Normal
Pulmonary Valve : Normal

CHAMBERS

Left Atrium : Normal
Right Atrium : Normal
Left Ventricle : Normal
Right Ventricle : Normal RV function, TAPSE-20mm

SEPTAE

IVS : Intact
IAS : Intact

GREAT ARTERIES

Aorta : Normal
Pulmonary Artery : Normal



Patient ID : 17540000335102 Report Date : 10/06/2023
Patient Name: : Mr. Nihal Nayak
Age / Gender : 29 Years/ male

WALL MOTION ABNORMALITIES

No RWMA at rest

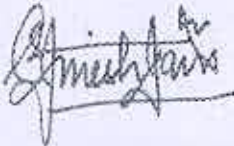
FINAL DIAGNOSIS

- No RWMA at rest
- Normal LV systolic function. LVEF-60%.
- Normal cardiac chambers dimension
- E>A
- Normal RV function, TAPSE-20mm
- IVC normal & collapsing >50% with respiratory variation.
- No I/C clot, vegetation or pericardial effusion



Dr. S.Gouniyal
MD, DM
Senior Interventional Cardiologist

DR. PRASHANT MADHARIA
MD, PGDCC
Consultant Non- Invasive Cardiology



Dr. JINESH JAIN
MD, DM
Consultant, interventional Cardiology



Package Details

Patient Name : Nihal Nayak, 17540000335107, male, 29y 5m

Package Name : EHF MEDIUMWHEEL FULL BODY HEALTH CHECK PACKAGE MALE BELOW 40 YRS

Start Date : 10/06/2023 11:27 End Date : 11/06/2023 11:27

Generated By: Indrashish Mukherjee

Generated On : 10-06-2023 11:30

Service Name	Ordered Date	Service Center	Consultant	Qty	Explicit
USG ABDOMEN WHOLE	10/06/2023 11:27 AM	ULTRASONOGRAPHY-GF	Dr. Mukesh Kumar Sharma	1	No
XRAY CHEST PA	10/06/2023 11:27 AM	XRAY-GF	Dr. Mukesh Kumar Sharma	1	No
ECHO SCREENING	10/06/2023 11:27 AM	ECHO-1F	Dr. Mukesh Kumar Sharma	1	No
ECG	10/06/2023 11:27 AM	ECG	Dr. Mukesh Kumar Sharma	1	No
RENAL PACKAGE - 2 (RFT FASTING)	10/06/2023 11:27 AM	BIOCHEMISTRY	Dr. Mukesh Kumar Sharma	1	No
URINE FOR SUGAR (POST PRANDIAL)	10/06/2023 11:27 AM	CLINICAL PATHOLOGY	Dr. Mukesh Kumar Sharma	1	No
URIC ACID	10/06/2023 11:27 AM	BIOCHEMISTRY	Dr. Mukesh Kumar Sharma	1	No
LIVER FUNCTION TEST (LFT)	10/06/2023 11:27 AM	BIOCHEMISTRY	Dr. Mukesh Kumar Sharma	1	No
LIPID PROFILE (CHOL, TRIG, HDL, LDL, VLDL)	10/06/2023 11:27 AM	BIOCHEMISTRY	Dr. Mukesh Kumar Sharma	1	No
THYROID PROFILE (T3, T4, TSH)	10/06/2023 11:27 AM	IMMUNOLOGY	Dr. Mukesh Kumar Sharma	1	No
URINE FOR SUGAR (FASTING)	10/06/2023 11:27 AM	CLINICAL PATHOLOGY	Dr. Mukesh Kumar Sharma	1	No
POST PRANDIAL BLOOD SUGAR (PPBS)	10/06/2023 11:27 AM	BIOCHEMISTRY	Dr. Mukesh Kumar Sharma	1	No
FASTING BLOOD SUGAR (FBS)	10/06/2023 11:27 AM	BIOCHEMISTRY	Dr. Mukesh Kumar Sharma	1	No
BLOOD GROUP & RH TYPING	10/06/2023 11:27 AM	HAEMATOLOGY	Dr. Mukesh Kumar Sharma	1	No
STOOL ROUTINE EXAMINATION	10/06/2023 11:27 AM	CLINICAL PATHOLOGY	Dr. Mukesh Kumar Sharma	1	No
URINE ROUTINE & MICROSCOPY	10/06/2023 11:27 AM	CLINICAL PATHOLOGY	Dr. Mukesh Kumar Sharma	1	No
ERYTHROCYTE SEDIMENTATION RATE (ESR)	10/06/2023 11:27 AM	HAEMATOLOGY	Dr. Mukesh Kumar Sharma	1	No
COMPLETE BLOOD COUNT (CBC)	10/06/2023 11:27 AM	HAEMATOLOGY	Dr. Mukesh Kumar Sharma	1	No
CONSULTATION - FIRST VISIT	10/06/2023 11:27 AM	OPD-GF	Dr. Mukesh Kumar Sharma	1	No
CONSULTATION - FIRST VISIT	10/06/2023 11:28 AM	OPD-GF	Dr. Renuka Sharma	1	No

