

LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,
Mediwheel (Arcofemi Healthcare Limited)
Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	MR. PANWAR AMIT
EC NO.	115374
DESIGNATION	TASK FORCE - RECOVERY CELL
PLACE OF WORK	GHAZIABAD,VAISHALI
BIRTHDATE	16-01-1987
PROPOSED DATE OF HEALTH CHECKUP	25-06-2022
BOOKING REFERENCE NO.	22J115374100020812E

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **23-06-2022** till **31-03-2023** The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-


**Chief General Manager
HRM Department
Bank of Baroda**

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))



नाम AMIT PANWAR
Name

कर्मचारी कूट क्र 115374
E. C. No.


जारीकर्ता प्राधिकारी (उप.क्षे.प्र.)
Issuing Authority (D.R.M.)




धारक के हस्ताक्षर
Signature of Holder



UNION OF INDIA **Driving Licence** (UP) (NT)


UP14-20060027910

जारी करने की तिथि Date of Issue	वैधता / Validity
14/08/2006	13/08/2026
जन्म तिथि Date of Birth	Blood Group
16/01/1987	O+

नाम / Name
AMIT PANWAR

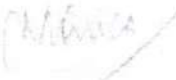
पिता/पति/ससुराल, या, माता / Son/Daughter/Wife of
OM **PRAKASH PANWAR**

DUPLICATE



RADIOLOGY REPORT

Name	AMIT PANWAR	Modality	US
Patient ID	GHZB-0000175114	Accession No	1110722
Gender/Age	M / 35Y 5M 7D	Scan Date	25-06-2022 14:15:25
Ref. Phys	Dr. Vinay Bhat	Report Date	25-06-2022 14:37:47


Dr. Monica Shekhawat, MBBS,DNB,
Consultant Radiologist, Reg No MCI 11 10887

This document is digitally signed and hence no manual signature is required

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Teleradiology services provided by Manipal Hospitals Radiology Group
NH-24, Hapur Road, Near Landcraft Golflinks, Ghaziabad - 201002

www.manipalhospitals.com

Page 2 of 2

This report is subject to the terms and conditions mentioned overleaf

RADIOLOGY REPORT

Name	AMIT PANWAR	Modality	US
Patient ID	GHZB-0000175114	Accession No	1110722
Gender/Age	M / 35Y 5M 7D	Scan Date	25-06-2022 14:15:25
Ref. Phys	Dr. Vinay Bhat	Report Date	25-06-2022 14:37:47

USG ABDOMEN & PELVIS

FINDINGS

LIVER: appears grossly enlarged in size (measures 200 mm) but normal in shape and shows diffuse increase in liver echotexture, in keeping with diffuse grade II fatty infiltration along with coarsening of echotexture. Rest normal

SPLEEN: Spleen is normal in size (measures 98 mm), shape and echotexture. Rest normal.

PORTAL VEIN: Appears normal in size and measures 10.8 mm.

COMMON BILE DUCT: Appears normal in size and measures 3.1 mm.

IVC, HEPATIC VEINS: Normal.

BILIARY SYSTEM: Normal.

GALL BLADDER: Gall bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.

PANCREAS: Pancreas is normal in size, shape and echotexture. Rest normal.

KIDNEYS: Right Kidney is normal in size (measures 126 x 51 mm with parenchymal thickness 14.7 mm), shape and echotexture. Cortico-medullary differentiation is maintained. Rest normal.

Left Kidney is normal in size (measures 116 x 68 mm with parenchymal thickness 8.5 mm) and shape but shows raised renal cortical echotexture. Cortico-medullary differentiation is not maintained. Rest normal.

PELVI-CALYCEAL SYSTEMS: Mild to moderate left sided hydroureteronephrosis is seen due to a calculus measuring ~11.1 mm seen in left upper ureter. Pelvi-calyceal system is compact on right side.

NODES: Not enlarged.

FLUID: Nil significant.

URINARY BLADDER: Urinary bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.

PROSTATE: Prostate is normal in size, shape and echotexture. It measures 28 x 27 x 25 mm with volume 10 cc. Rest normal.

SEMINAL VESICLES: Normal.

BOWEL: Visualized bowel loops appear normal.

IMPRESSION

-Left upper ureteric calculus with proximal mild to moderate hydroureteronephrosis along with renal parenchymal disease affecting left kidney (ADV: RFT correlation).

-Gross hepatomegaly with diffuse grade II fatty infiltration in liver with coarsening of echotexture (ADV: LFT Correlation and Fibroscan / Liver Elastography for further evaluation).

ADV: NCCT-KUB for further evaluation.

Recommend clinical correlation.

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RADIOLOGY REPORT

Name	AMIT PANWAR	Modality	DX
Patient ID	GHZB-0000175114	Accession No	1110723
Gender/Age	M / 35Y 5M 7D	Scan Date	25-06-2022 13:36:37
Ref. Phys	Dr. Vinay Bhat	Report Date	25-06-2022 16:21:09

XR- CHEST PA VIEW

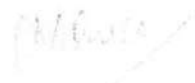
FINDINGS:

LUNGS: Bronchovascular markings appear prominent.
 TRACHEA: Normal.
 CARINA: Normal.
 RIGHT AND LEFT MAIN BRONCHI: Normal.
 PLEURA: Normal.
 HEART: Normal.
 RIGHT HEART BORDER: Normal.
 LEFT HEART BORDER: Normal.
 PULMONARY BAY: Normal.
 PULMONARY HILA: Normal.
 AORTA: Normal.
 THORACIC SPINE: Normal.
 OTHER VISUALIZED BONES: Normal.
 VISUALIZED SOFT TISSUES: Normal.
 DIAPHRAGM: Normal.
 VISUALIZED ABDOMEN: Normal.
 VISUALIZED NECK: Normal.

IMPRESSION:

Prominent bronchovascular markings in bilateral lung fields.

Recommend clinical correlation.



Dr. Monica Shekhawat, MBBS, DNB,
 Consultant Radiologist, Reg No MCI 11 10887

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Human Care Medical Charitable Trust



Registered Office : Sector-6,Dwarka, New Delhi- 110075

HCMCT

ManipalHospitals

LIFE'S ON



Name : MR AMIT PANWAR Age : 35 Yr(s) Sex :Male
Registration No : MH010206433 RefHosp No : ghzb-0000175114 Lab No : 32220608994
Patient Episode : R03000039323 Collection Date : 25 Jun 2022 20:24
Referred By : MANIPAL HOSPITALS GHAZIABAD Reporting Date : 26 Jun 2022 09:19
Receiving Date : 25 Jun 2022 21:05

BIOCHEMISTRY

THYROID PROFILE, Serum

			Adult > 20 yrs
T3 - Triiodothyronine (ECLIA)	1.23	ng/ml	[0.70-2.04]
T4 - Thyroxine (ECLIA)	8.29	micg/dl	[4.60-12.00]
Thyroid Stimulating Hormone (ECLIA)	1.930	µIU/mL	[0.340-4.250]

Note : TSH levels are subject to circadian variation, reaching peak levels between 2-4.a.m.and at a minimum between 6-10 pm.Factors such as change of seasons hormonal fluctuations,Ca or Fe supplements,high fibre diet,stress and illness affect TSH results.

* References ranges recommended by the American Thyroid Association

1) Thyroid. 2011 Oct;21(10):1081-125.PMID .21787128

2) <http://www.thyroid-info.com/articles/tsh-fluctuating.html>

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-----END OF REPORT-----

Dr. Lona Mohapatra
CONSULTANT PATHOLOGY

Human Care Medical Charitable Trust

Adjoining MTNL Building, Main Road Sector 6, Dwarka, New Delhi - 110075.

Phone: +91 11 4967 4967 | www.manipalhospitals.com | www.hcmct.in

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E-2019-0026/27/07/2019-26/07/2021

N-2019-0113/27/07/2019-26/07/2021

IND18.6278/05/12/2018- 04/12/2019

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Registered Office : Sector-6,Dwarka, New Delhi- 110075

HCMCT

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LIFE'S ON



Name : MR AMIT PANWAR Age : 35 Yr(s) Sex : Male
Registration No : MH010206433 RefHosp No. : ghzb-0000175114 Lab No : 32220608994
Patient Episode : R03000039323 Collection Date : 25 Jun 2022 20:24
Referred By : MANIPAL HOSPITALS GHAZIABAD Reporting Date : 26 Jun 2022 09:19
Receiving Date : 25 Jun 2022 21:05

BIOCHEMISTRY

Glycosylated Hemoglobin

Specimen: EDTA

HbA1c (Glycosylated Hemoglobin)

6.6 #

As per American Diabetes Association (ADA)
% [4.0-6.5] HbA1c in %
Non diabetic adults \geq 18years $<$ 5.7
Prediabetes (At Risk) 5.7-6.4
Diagnosing Diabetes \geq 6.5

Methodology

Turbidimetric inhibition immunoassay (TINIA)

Estimated Average Glucose (eAG)

143

mg/dl

Comments : HbA1c provides an index of average blood glucose levels over the past 8-12 weeks and is a much better indicator of long term glycemic control.

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-----END OF REPORT-----

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LABORATORY REPORT

Name	AMIT PANWAR	Age	35y 5m 9d	Gender	MALE
MRN	GHZB-0000175114	Visit No	V0000000001-GHZB		
Lab No	G000320895	Collected On	25/06/2022 5:33PM	Received On	25/06/2022 5:34PM
Referred By	Vinay Bhat	Reported On	25/06/2022 6:15PM		

Test Name	Result	Criticality Factor	Biological Reference Interval	Test Method
GLUCOSE, POST PRANDIAL (PP), 2 HOURS (Serum Post Prandial)	158 mg/dl		80 -140 mg/dl	

..... END OF REPORT

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MCT-39093
DR ALKA DIXIT VATS
CONSULTANT PATHOLOGIST
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LABORATORY REPORT

Name	AMIT PANWAR	Age	35y 5m 9d	Gender	MALE
MRN	GHZB-0000175114	Visit No	V0000000001-GHZB		
Lab No	G000320856	Collected On	25/06/2022 1:24PM	Received On	25/06/2022 1:29PM
Referred By	Vinay Bhat	Reported On	25/06/2022 3:24PM		

Test Name	Result	Criticality Factor	Biological Reference Interval	Test Method
Indirect Bilirubin	0.49		0.1 - 0.3 mg/dl	
TOTAL PROTEIN, SERUM	7.2 g/dl		6.6 - 8.7 g/dl	
ALBUMIN, SERUM	4.56 g/dl		3.5 - 5.2 gm/dl	
A/G RATIO (ALBUMIN / GLOBULIN RATIO)	1.73		1:1 - 2.5:1	
GLOBULIN, SERUM	2.6			
SGPT	66 IU/L		17 - 63 IU/L	
SGOT	40 IU/L		0 - 40 IU/L	
GGTP, GGT, GAMMA GT, GAMMA GLUTAMYL TRANSPEPTIDASE	121 IU/L		7 - 50 U/L	
ALKALINE PHOSPHATASE, ALP	102 IU/L		32 - 91 IU/L	

***** END OF REPORT *****

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CONSULTANT PATHOLOGIST
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LABORATORY REPORT

Name	AMIT PANWAR	Age	35y 5m 9d	Gender	MALE
MRN	GHZB-0000175114	Visit No	V0000000001-GHZB		
Lab No	G000320856	Collected On	25/06/2022 1:24PM	Received On	25/06/2022 1:29PM
Referred By	Vinay Bhat	Reported On	25/06/2022 3:24PM		

Test Name	Result	Criticality Factor	Biological Reference Interval	Test Method
KIDNEY FUNCTION TESTS (Serum)				
UREA	21.1 mg/dl		15 - 40 mg/dl	
CREATININE, SERUM	0.60 mg/dl		0.7 - 1.2 mg/dl	
URIC ACID	9.5 mg/dl		4 - 8.5 mg/dl	
SODIUM, SERUM	135.5 mmol/L		136 - 144 mmol/ L	
POTASSIUM, SERUM	3.76 mmol/L		3.6 - 5.1 mmol/L	
CHLORIDE, SERUM	102.8 mmol/L		101 - 111 mmol/L	
LIPID PROFILE (Serum)				
CHOLESTEROL, TOTAL	211 mg/dl		Upto 200 mg/dl	
TRIGLYCERIDES, SERUM	366 mg/dl		Upto 150 mg/dl	
CHOLESTEROL, HDL, DIRECT	35 mg/dl		35 - 65 mg/dl	
CHOLESTEROL, LDL, DIRECT	103 mg/dl		0 -120 mg/dl	
Cholesterol, VLDL	73 mg/dl		0 - 35 mg/dl	
LIVER FUNCTION TESTS (Serum)				
BILIRUBIN, TOTAL	0.60 mg/dl		0.3 -1.2 mg/dl	
BILIRUBIN, DIRECT	0.11 mg/dl		0 - 0.3 mg/dl	
Report Printed On:	27/6/2022	9:01AM		

LABORATORY REPORT

Name	AMIT PANWAR	Age	35y 5m 9d	Gender	MALE
MRN	GHZB-0000175114	Visit No	V0000000001-GHZB		
Lab No	G000320856	Collected On	25/06/2022 1:24PM	Received On	25/06/2022 1:29PM
Referred By	Vinay Bhat	Reported On	25/06/2022 3:05PM		

Test Name

Result

**Criticality
Factor**

**Biological
Reference Interval**

***** END OF REPORT *****

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PATHOLOGIST

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LABORATORY REPORT

Name	AMIT PANWAR	Age	35y 5m 9d	Gender	MALE
MRN	GHZB-0000175114	Visit No	V0000000001-GHZB		
Lab No	G000320856	Collected On	25/06/2022 1:24PM	Received On	25/06/2022 1:29PM
Referred By	Vinay Bhat	Reported On	25/06/2022 6:03PM		

Test Name	Result	Criticality Factor	Biological Reference Interval
BLOOD GROUP (A, B, O) AND RH FACTOR WITH REVERSE GROUPING (Whole Blood)			
BLOOD GROUPING	"O"		
RH TYPING	POSITIVE		
HEMOGLOBIN, HB	14.4 g/dl		12 - 16 gm/ dl
MEAN CORPUSCULAR HAEMOGLOBIN CONCENTRATION, MCHC	35.6 g/dl		33 - 36%
ESR (WESTERGREN), AUTOMATED ERYTHROCYTE SEDIMENTATION RATE	10 mm/1st hour		0 - 15 mm/Hr
MEAN CORPUSCULAR HAEMOGLOBIN, MCH	32.0 pg		26 - 34 pg
MEAN CORPUSCULAR VOLUME, MCV	89.8 fl		77 - 97 fl
PLATELET COUNT	315 x10 ³ cells/ Cumm		150x10 ³ - 400x10 ³ cells/cumm
RED BLOOD CELLS, RBC COUNT	4.50 million/cu mm		3.8 - 5.3 millions /cumm
RED CELL DISTRIBUTION WIDTH, RDW	14.2 %		11.5 - 14.5 %
LEUCOCYTE COUNT, TOTAL (TLC), AUTOMATED	13.72 x10³ cells/ Cumm		4x10 ³ - 11x10 ³ cells/cumm
HEMATOCRIT (HCT)	40.4 %		34 - 45%
BASOPHILS	00 %		0 - 2%
EOSINOPHILS	03 %		2 - 7 %
LYMPHOCYTES	21 %		17 - 45 %
MONOCYTES	06 %		4 - 13%
NEUTROPHILS	70 %		40 - 80%

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LABORATORY REPORT

Name	AMIT PANWAR	Age	35y 5m 9d	Gender	MALE
MRN	GHZB-0000175114	Visit No	V0000000001-GHZB		
Lab No	G000320870	Collected On	25/06/2022 2:29PM	Received On	25/06/2022 2:32PM
Referred By	Vinay Bhat	Reported On	25/06/2022 6:02PM		

Test Name	Result	Criticality Factor	Biological Reference Interval
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URINE EXAMINATION, ROUTINE (Urine)

PHYSICAL EXAMINATION

Colour	PALE YELLOW
Appearance	S.TURBID
pH	6.0
Specific gravity	1.010

CHEMICAL EXAMINATION

Glucose	Nil
Protein	Absent
Ketone bodies	Absent
Urobilinogen	Absent

MICROSCOPIC EXAMINATION

Leukocytes	2-4 /HPF
Erythrocytes	2-3 /HPF
Epithelial Cells	0-1 /HPF
Casts	NIL
Crystals	NIL
Others	NIL

..... END OF REPORT

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 PATHOLOGIST

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LABORATORY REPORT

Name	AMIT PANWAR	Age	35y 5m 9d	Gender	MALE
MRN	GHZB-0000175114	Visit No	V0000000001-GHZB		
Lab No	G000320855	Collected On	25/06/2022 1:24PM	Received On	25/06/2022 1:29PM
Referred By	Vinay Bhat	Reported On	25/06/2022 3:23PM		

Test Name	Result	Criticality Factor	Biological Reference Interval	Test Method
GLUCOSE, FASTING (F) (Serum Fasting)	120 mg/dl		70 - 110 mg/dl	

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PATHOLOGIST

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amit panwar

ID: 000175114

27-Jun-2022 10:54:47

Manipal Hospitals, Ghaziabad

35years

Vent. rate 131 bpm

Sinus tachycardia

Male

Caucasian

PR interval 126 ms

Otherwise normal ECG

QRS duration 78 ms

QT/QTc 302/445 ms

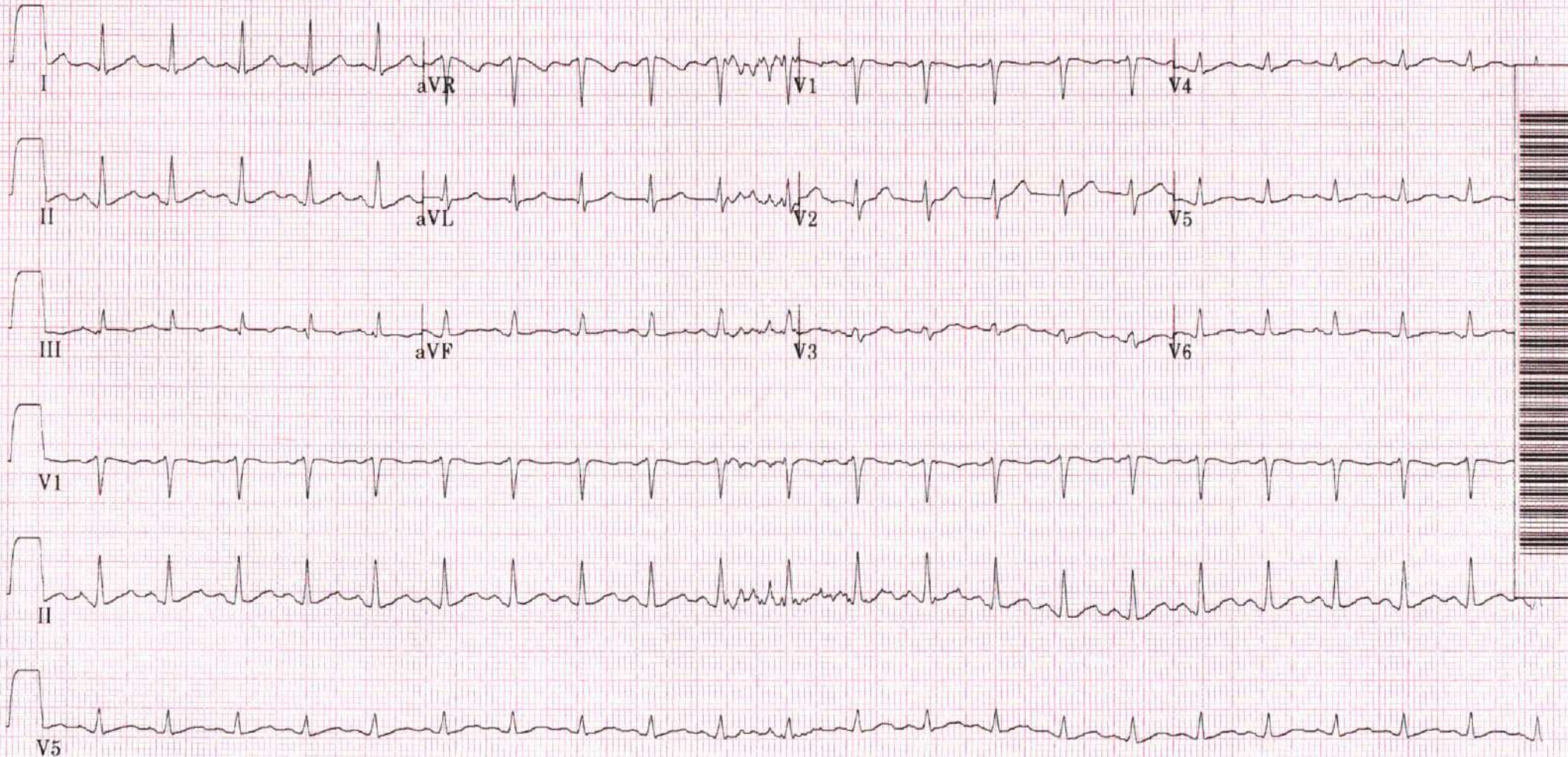
P-R-T axes 56 47 38

Technician:

Test ind:

Referred by:

Unconfirmed





TMT INVESTIGATION REPORT

Patient Name : Mr. AMIT PANWAR	Location : Ghaziabad
Age/Sex : 35Year(s)/male	Visit No : V0000000001-GHZB
MRN No : GHZB-0000175114	Order Date : 25/6/2022
Ref. Doctor : HCP	Report Date : 27/6/2022

Protocol	: Bruce	MPHR	: 185BPM
Duration of exercise	: 4min 11sec	85% of MPHR	: 157BPM
Reason for termination	: Patient fatigue	Peak HR Achieved	: 169BPM
Blood Pressure (mmHg)	: Baseline BP : 140/92mmHg	% Target HR	: 91%
	Peak BP : 154/96mmHg	METS	: 6.0METS

STAGE	TIME (min)	H.R (bpm)	BP (mmHg)	SYMPTOMS	ECG CHANGES	ARRHYTHMIA
PRE- EXC.	0:00	129	140/92	Nil	No ST changes seen	Nil
STAGE 1	3:00	161	146/92	Nil	No ST changes seen	Nil
STAGE 2	1:11	169	154/96	Nil	No ST changes seen	Nil
RECOVERY	4:39	144	146/96	Nil	ST changes persisted	Nil

COMMENTS:

- No ST changes in base line ECG.
- No ST changes at peak.
- No ST changes in recovery.
- Normal chronotropic response.
- Normal blood pressure response.
- Poor effort tolerance.

IMPRESSION:

Treadmill test is **negative** for exercise induced reversible myocardial ischemia.

Dr. Bhupendra Singh
MD, DM (CARDIOLOGY), FACC
Sr. Consultant Cardiology

Dr. Abhishek Singh
MD, DNB (CARDIOLOGY), MNAMS
Sr. Consultant Cardiology

Dr. Sudhanshu Mishra
MD
Cardiology Registrar