

SARDA

CENTRE FOR DIABETES & SELF CARE

NAME: MRS.RITU SHINDE

SEX: Female AGE: .

REF. BY : BOB

DATE :24/03/2023

BLOOD PROFILE

TEST	RESULT	NORMAL
BLOOD UREA N2	10 mg%	5-25 mg %
CREATININE	0.9mg%	0.6-1.4 mg %
BILIRUBIN TOTAL	0.57mg%	0.2-1.0 mg
DIRECT	0.14	0.0-0.3
INDIRECT	0.43	0.3-0.7
S.G.O.T	20 IU/L	15-40 IU/L
S.G.P.T	25 IU/L	15-40 IU/L
ALK PHOSPHATASE	113 IU/L	42-128IUL
S.PROTEIN TOTAL	7.5gm%	6.0-8.0 gm%
ALBUMIN	4.3gm%	3.2-4.4 gm%
GLOBULINS	3.2gm%	2.3-3.5 gm%
ALB/GLO RATIO	1.3	
G.G.T.P	19	upto50IU
SR.URIC ACID	5.4	3.5-7.0 mg %\$sruric-

Dr.S R. SARDA
M.D. (Pathology) No.56462
Dr. Sampat Sarda
SARDA CENTRE FOR DIABETES & SELF CARE
4, M.D. (Pathology) Road, Aurangabad
Phone: 2333851, 2334858

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NAME: MRS.RITU SHINDE

SEX: Female AGE: .

REF. BY : BOB

DATE :24/03/2023

COMPLETE BLOOD COUNT

TEST	RESULT	NORMAL RANGE
WBC COUNT	8100 /cumm	4.0 - 11.0 x 10 ³ /cumm
Haemoglobin:	12.4 g%	13.0 - 18.0 g%
Platelets:	4,26000 /cumm	1,50,000 - 4,50,000 / cumm
Red Blood Cells:	4.18 /Mill/ul	4.20 - 6.00 Mill/ul
MCV:	85.9 fL	80.0 - 97.0 fL
MCH:	29.6 pg	26.0 - 32.0 pg
MCHC:	34.5 g/dL	31.0 - 36.0 g/dL
HCT:	35.9 %	37.0 - 51.0 %
Differential Count		
Neutrophils:	51 %	40 - 75 %
Lymphocyte:	37 %	20 - 45 %
Monocytes:	07 %	2 - 10 %
Eosinophills:	05 %	1 - 06 %
Basophills:	00 %	0 - 1 %
ESR:	15 mm at 1 Hr.	Male: 0 - 8 mm at 1 Hr. Female: 0 - 20 mm at 1 Hr.

Dr. S R. SARDA
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M.D. (Pathology)
Phone Nos: 2333851, 2334858

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NAME: MRS.RITU SHINDE

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DATE :24/03/2023

GYCOCYTED HAEMOGLOBIN

TEST	RESULT	NORMAL
HbA1C:	5.4 %	4.7-5.9 %
M.B.G	102.22% mg	70 - 120 mg

INTERPRETATION:

FOR DIABETIC PATIENT

Good Control: 6.0 - 7.0 %

Fair Diabetic Control: 7.0 - 8.0 %

Unsatisfactory control: 8.0 - 10 %

Poor Diabetic Control: Above 10 %

AGE: YRS

THYROID FUCTION TEST

TEST	RESULT	NORMAL RANGE
Total T 3 :	115.70 ng/ml	87-178 ng/ml
Total T 4 :	7.98 ug/dl	4.87 - 11.72 ug/dl
TSH Ultrasensitive :	4.19 uIU/ml	0.38 -5.33uIU/ml

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M.D.(Pathology)
Ph: 2333851, 2334858

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SEX: Female AGE: .

REF. BY : BOB

DATE :24/03/2023

LIPID PROFILE

Serum Cholesterol :	169 mg/dl	130 - 250 mg/dl
HDL Cholesterol:	37 mg/dl	30 - 95 mg/dl
Serum Triglyceride:	141 mg/dl	up to 165 mg/dl
LDL Cholesterol:	103.8 mg/dl	up to 165 mg/dl
VLDL Cholesterol:	28.2 mg/dl	up to 40 mg/dl
LDL. / HDL Cholesterol Ratio:	2.81	Low risk : 0.5 - 3.0 Moderate risk: 3.0 - 6.0 High risk: > 6.0
CHOL./HDL Cholesterol Ratio:	4.57	Low risk : 3.3 - 4.4 Average risk: 4.4 - 7.1 Moderate risk: 7.0 - 11.0 High risk: > 11

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NAME: MRS.RITU SHINDE

SEX: Female AGE: .

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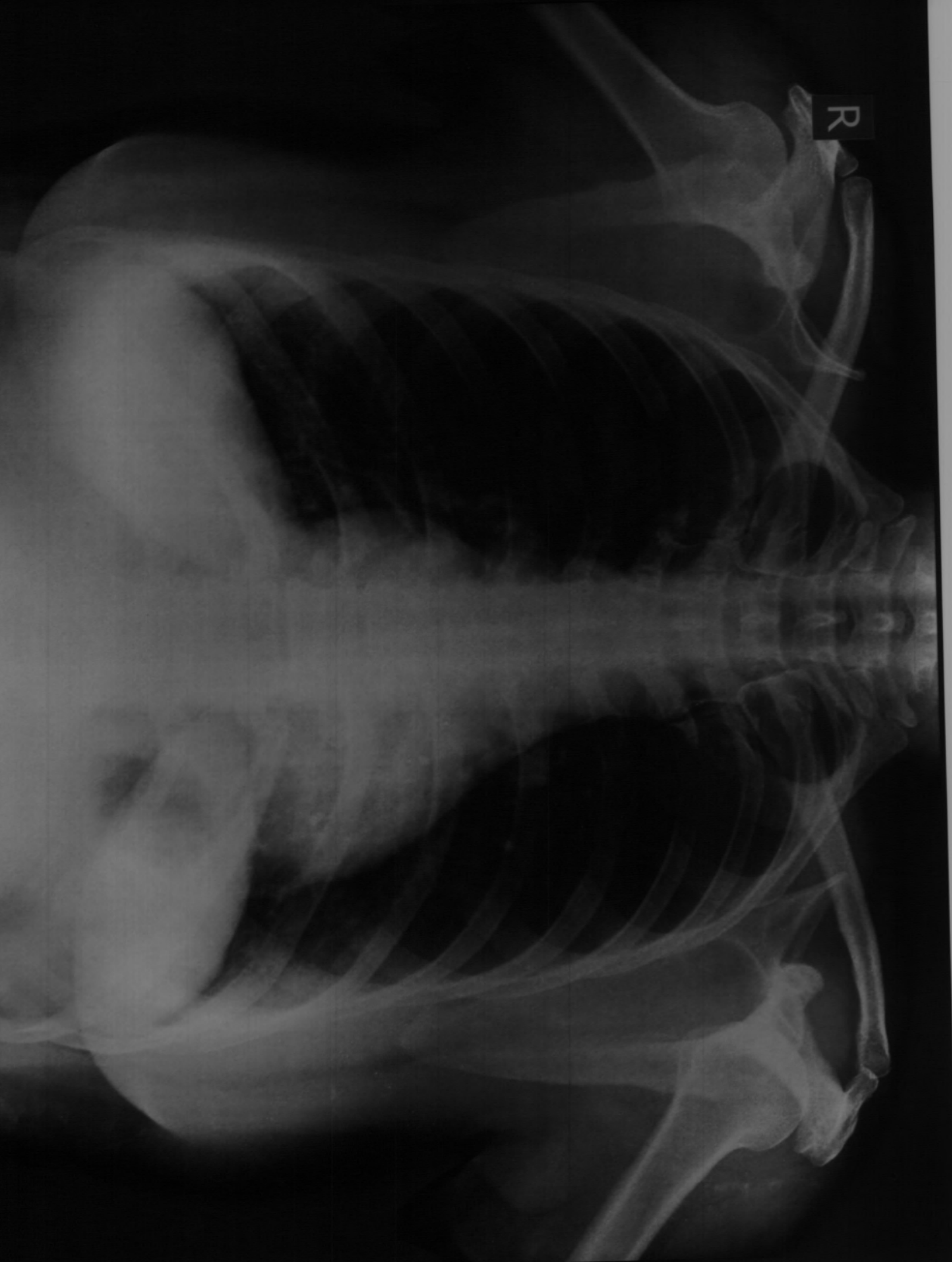
DATE :24/03/2023

BLOOD SUGAR EXAMINATION

TEST	RESULT
Fasting Blood Sugar:	108 mg/dl

REFERANCE RANGE	:	NON DIABETIC	IGT	DIABETIC
FASTING		</=90MG	90-126 mg %	>/=126mg %
POSTMEAL		</=140mg	140-200mg%	>/=200mg

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4, Vyanktesh Nagar, Jalna Road, Aurangabad
Phone No. 2333851, 2334858



MRS RITU SHINDE Age 43 YRS Female

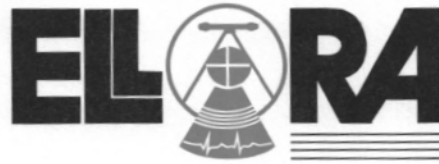
Chest PA Patient ID

Ref Dr - DR S SARDA

Date 25.03.2023 AM 11:05:16

Ellora Diagnostic Centre, Aurangabad (0240) 2353182

DIGITAL X-RAY
INTERVENTIONAL RADIOLOGY
3D/4D SONOGRAPHY & COLOR DOPPLER
2-D ECHOCARDIOGRAPHY
PERIPHERAL COLOR DOPPLER
HI-SPEED HELICAL C.T. SCAN
C.T. ANGIOGRAPHY
PATHOLOGY LAB. SERVICES



DIAGNOSTIC CENTRE
X-RAY, IMAGING & PATHOLOGY

1, VYANKATESH NAGAR, OPP. SFS
HIGH SCHOOL, JALNA ROAD,
AURANGABAD - 431005
☎ : 0240 - 2353182, 2325282, 8446100111

MRS RITU SHINDE

25-03-2023

Ref. by:

CHEST PA VIEW

Trachea central.

Apices are clear.

Both lung fields appeared well pneuamtised and appeared normal.

Both cp angles are clear.

Cardiac silhoutte appeared normal.

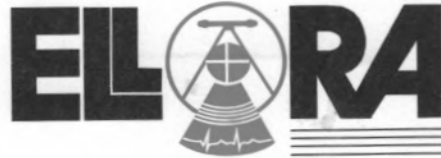
**IMPRESSION :
NORMAL CHEST.**

DR. P. A. BARJATYA
M.B.B.S., M.D.
9823344449

Dr. Gokuldas S. Lahoti
Radiologist
Regd.No.59887
Sarda Center For Diabetes & Selfcare
4, Venkatesh Nagar Rd, Aurangabad.

DR. G. S. LAHOTI
M.B.B.S., D.M.R.D.
9850171587

DIGITAL X-RAY
INTERVENTIONAL RADIOLOGY
3D/4D SONOGRAPHY & COLOR DOPPLER
2-D ECHOCARDIOGRAPHY
PERIPHERAL COLOR DOPPLER
HI-SPEED HELICAL C.T. SCAN
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HIGH SCHOOL, JALNA ROAD,
AURANGABAD - 431005
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RITU SHINDE

25-03-2023

Ref. by:

USG ABDOMEN

Liver is normal in size, and revealed normal echotexture.
Intrahepatic biliary radicles and portovenous echocomplex appeared normal.
No e/o any focal solid, cystic, or diffuse parenchymal pathology seen.
Normal cbd and portal vein.
Gallbladder is physiologically distended and appeared normal, no e/o any gallbladder calculus.
Normal gb wall thickness.
Spleen is normal in size & echogenicity. no e/o focal lesion seen.
Pancreas is normal in size, shape and echotexture. Normal peripancreatic fat planes.
No e/o pancreatic calcification/calculi. normal pancreatic duct.
Both kidneys are normal in size, shape, position and revealed normal cortical & medullary echopattern,
No e/o any calculus seen, No e/o hydronephrosis.
No e/o ascitis. no e/o any paraaortic adenopathy.
Normal bowel loop peristalsis & caliber.
Urinary bladder is well distended and appeared normal, no e/o any vesical calculus or mass lesion.
No changes of cystitis.
Normal uterus, adnexae.

IMPRESSION :

NORMAL LIVER, GALL BLADDER, SPLEEN, PANCREAS, BOTH KIDNEYS, .
NORMAL UR BLADDER, UTERUS, ADNEXAE.

DR. P. A. BARJATYA
M.B.B.S., M.D.
9823344449

Dr. Gokuldas S. Lahoti
Radiologist
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M.B.B.S., D.M.R.D.
9850171587

Date:- 25/3/23

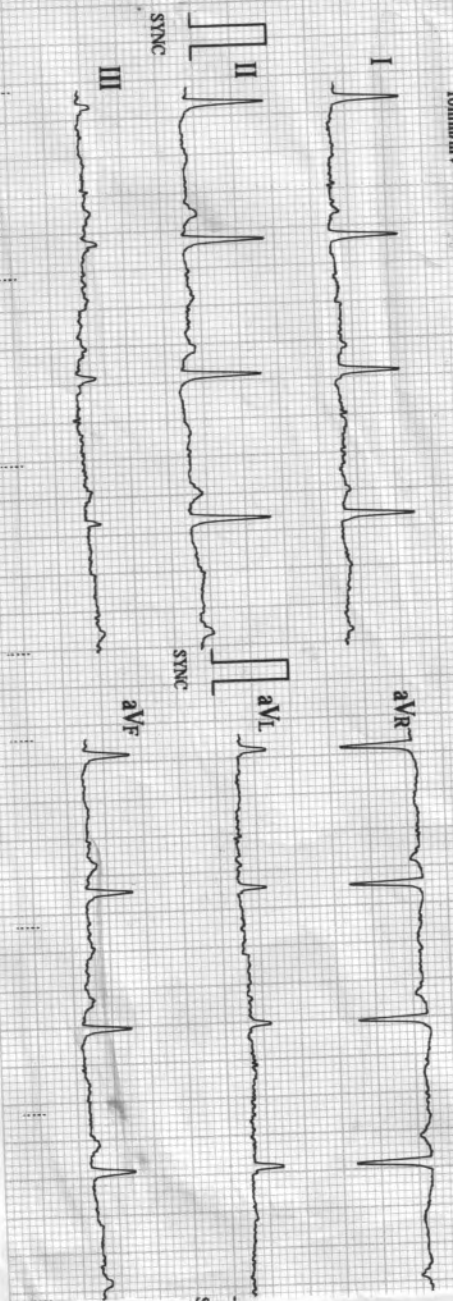
Name Ritu. Shinde Age/Sex 43/FAddress Bank of Badvela**OPHTHALMIC EXAMINATION REPORT**

	<u>Right Eye</u>	<u>Left eye</u>
Vision Distant	6/6	6/6
Vision Near	N6cm, ND	N6cm, ND
Anterior segment	<u>NAD</u>	<u>NAD</u>
Pupils	<u>NSRTL</u>	<u>NSRTL</u>
Lens	clear	clear
Tension	<u>Normal</u>	<u>Normal</u>
Fundus:-	DISC WNL C/D 0.3 FRT	DISC WNL C/D 0.3 FRT
Colour Vision	Normal	Normal

Impression: BE with normal WNL.

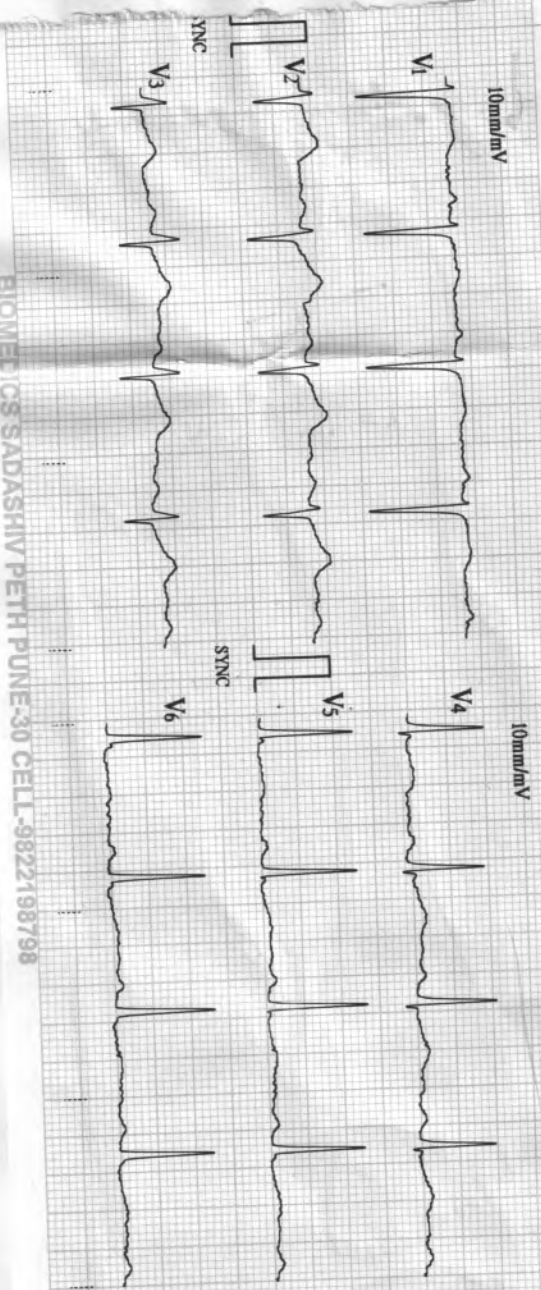
Dr. Jay Lohiya
M.B.B.S., D.O., (BOM), D.N.B.F.C.P.S.
REG. NO. 25436
TIRUPATI NETRALAYA & DENTAL CLINIC
AURANGABAD.

25mm/s 0.5-25Hz
10mm/mV



798 ECG-1203 V2.004 (BIOS: V2.004 / AMP: V1.008)

10mm/mV



BIOMEDICS SADASHIV PETH PUNE-30 CELL-9822198798

03/25/2023 11:16

ID : 2284

Name: Sharda

Sex :

Age :

HR	: 78	bpm
R-R	: 761	ms
P-R	: 168	ms
QRS	: 86	ms
QT/QTc	: 386/442	ms
P/QRS/T	: 65/39/37	°
RV5/SV1	: 1.290/1.210	mV
RV5+SV1	: 2.500	mV

Machine Interpretation Only

Confirm with Physician

Physician:

SARDA

CENTRE FOR DIABETES & SELF CARE

4, Vyankatesh Nagar, Jaina Road, Aurangabad. Ph. : (0240) 2333851, 2334858.

Name: Mrs. Rishi Shinde Age: 53yrs
DOB

CLINICAL SUMMARY:

Weight: _____ Height (Cms): _____ Blood Pressure: _____

ECG FINDINGS:

Rate: 78/min ORS. Complex: N

Rhythm: N ST Segment: N

Mechanism: N T. Wave: N

Axis: N QT Interval: N

P. Wave: N PR Interval: N

Recommendation: Wm

Date: 25/9/25
Dr. A. S. SARDA
M.D. Reg. No. 7357A
SARDA CENTER FOR DIABETES & SELF CARE
4, Vyankateshnagar, Jaina Road, Aurangabad
Phone No. 2333851, 2334858

Name : Mrs.Ritu Shinde

Date: 25/03/2023

Age/Sex: 43Yrs/Female

Ref By DR. Sarda sir

Stress Test Report

- 1) Protocol-Bruce
- 2) Exercise Time-6.38min
- 3) Baseline Heart Rate and Blood Pressure-80bpm.BP-140/90mm of Hg.
- 4) Mets-8.90
- 5) ST-T Segment Changes-No Significant ST-T changes increasing as compare to baseline.
- 6) Angina-None
- 7) Arrhythmias-None
- 8) Other Symptoms-None
- 9) Maximal Heart Rate and Blood Pressure-155bpm.BP-170/90mm of Hg.
- 10) Predicted Maximal Heart Rate Achieve -87%
- 11) Reason for Termination- Dyspnea.

CONCLUSION :- Stress Test Negative for exercise induced ischemia.



**DR.DEORAO THENGE
M.D.D.N.B.(CARDIOLOGY)**



**Dr. Devrao Thenge
MD, DNB (Cardiology)
Reg. No. 2081/02/491**

ASIAN HOSPITAL
MOTIWALA SQUARE
AURANGABAD

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: Shinde, Ritu
Patient ID: 91402
Height: 159 cm
Weight: 73 kg

DOB: 22.12.1979
Age: 43yrs
Gender: Female
Race: Asian

Study Date: 25.03.2023
Test Type: --
Protocol: BRUCE

Referring Physician: --
Attending Physician: DR. DEORAO THENGE
Technician: --

Medications:
--

Medical History:
--

Reason for Exercise Test:
--

Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:08	0.00	0.00	79	140/90	
	STANDING	00:07	0.50	0.00	75		
EXERCISE	STAGE 1	03:00	1.70	10.00	122	150/90	
	STAGE 2	03:00	2.50	12.00	142	160/90	
	STAGE 3	00:39	3.40	14.00	155		
RECOVERY		04:02	0.00	0.00	85	170/90	

The patient exercised according to the BRUCE for 6:38 min:s, achieving a work level of Max. METS: 8.90. The resting heart rate of 80 bpm rose to a maximal heart rate of 155 bpm. This value represents 87 % of the maximal, age-predicted heart rate. The resting blood pressure of 140/90 mmHg, rose to a maximum blood pressure of 170/90 mmHg. The exercise test was stopped due to Dyspnea.

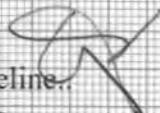
Interpretation

Summary: Resting ECG: ST-T Changes.
Functional Capacity: normal.
HR Response to Exercise: appropriate.
BP Response to Exercise: normal resting BP - appropriate response.
Chest Pain: none.
Arrhythmias: none.
ST Changes: none.
Overall impression: Normal stress test.

Conclusions

Exercise of bruce protocol for 6.38 min.
Target heart rate achieved.
No angina/arrhythmias.No Significant ST-T Changes increasing as compare to baseline.
Test is negative for induced ischemia.




Dr. Devrao Thenge
MD, DNB (Cardiology)
Reg. No. 2001/02/491

Physician _____ Technician _____

Tabular Summary

Shinde, Ritu
 Patient ID 91402
 25.03.2023
 2:12:52pm

Female 159 cm 73 kg
 43yrs Asian
 Meds:

BRUCE: Total Exercise Time 06:38
 Max HR: 155 bpm 87% of max predicted 177 bpm HR at rest: 80
 Max BP: 170/90 mmHg BP at rest: 140/90 Max RPP: 22720 mmHg*bpm

Maximum Workload: 8.90 METS
 Max ST: -1.70 mm, 0.00 mV/s in II; EXERCISE STAGE I 01:30
 Arrhythmia: A:99, PVC:3, PSVC:8
 ST/HR index: 1.38 μ V/bpm

Reasons for Termination: Dyspnea

Summary: Resting ECG: ST-T Changes. Functional Capacity: normal. HR Response to Exercise: appropriate. BP Response to Exercise: normal resting BP - appropriate response. Chest Pain: none. Arrhythmias: none. ST Changes: none. Overall impression: Normal stress test.

Conclusion: Exercise of bruce protocol for 6.38 min.

Target heart rate achieved.

No angina/arrhythmias.No Significant ST-T Changes increasing as compare to baseline..
 Test is negative for induced ischemia.

Test Reason:

Medical History:

Ref. MD: Ordering MD:

Technician: Test Type:

Comment:

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	Workload (METS)	HR (bpm)	BP (mmHg)	RPP (mmHg*bpm)	VE (/min)	ST Level (H mm)	Comment
PRETEST	SUPINE	00:08	0.00	0.00	1.0	79	140/90	11060	1	-0.40	
EXERCISE	STANDING	00:07	0.50	0.00	1.0	75			1	-0.35	
	STAGE 1	03:00	1.70	10.00	4.6	122	150/90	18300	1	-1.25	
	STAGE 2	03:00	2.50	12.00	7.0	142	160/90	22720	0	-1.10	
RECOVERY	STAGE 3	00:39	3.40	14.00	8.9	155			0	-1.40	
		04:02	0.00	0.00	1.0	85	170/90	14450	0	-0.75	

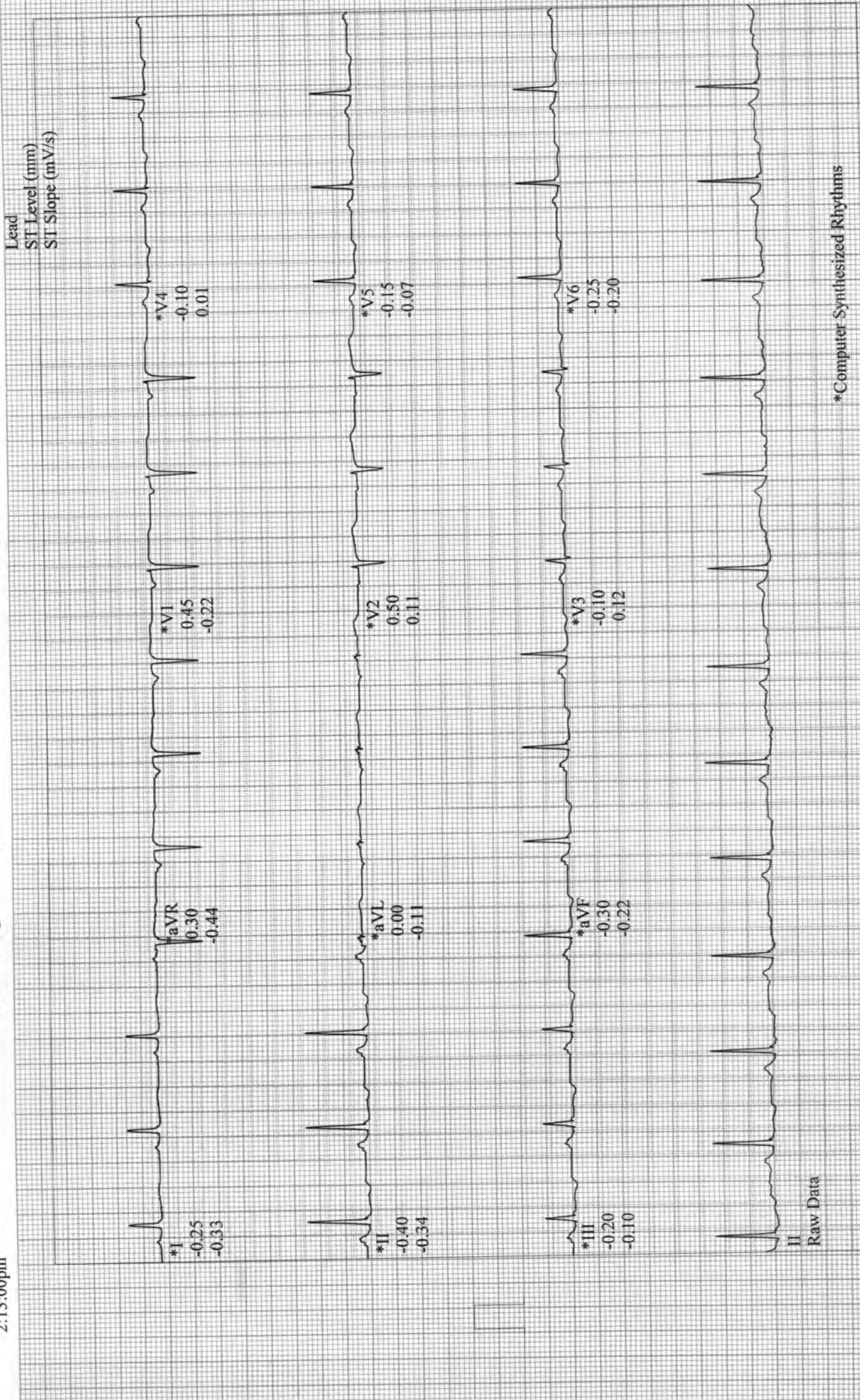
Shinde, Ritu
Patient ID 91402
25.03.2023
2:13:00pm

BRUCE
0.0 mph
0.0 %

PRETEST
SUPINE
00:07

79 bpm
140/90 mmHg

Lead
ST Level (mm)
ST Slope (mV/s)



II
Raw Data

*Computer Synthesized Rhythms

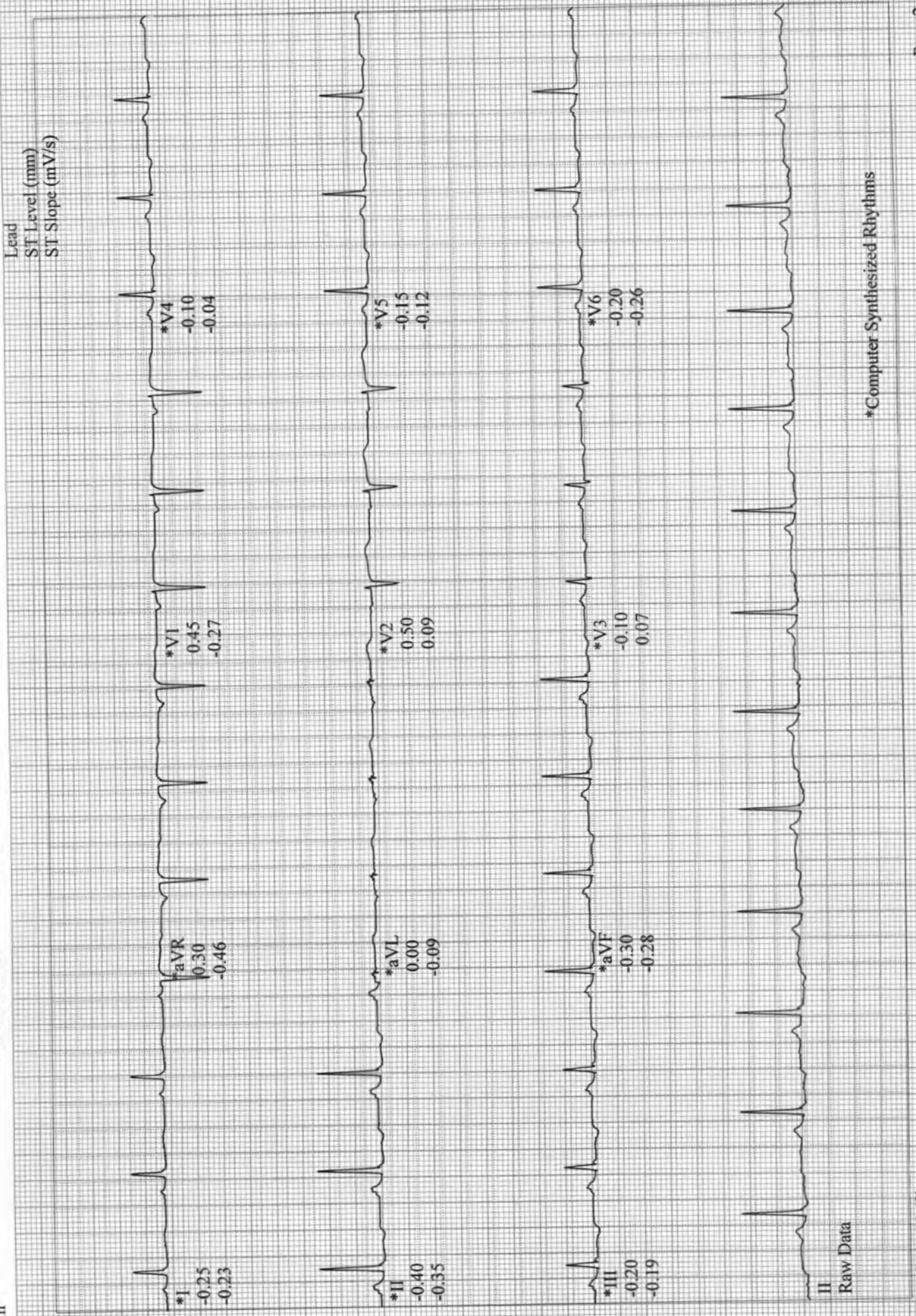
BRUCE
0.0 mph
0.0 %

PRETEST
STANDING
00:08

79 bpm
140/90 mmHg

Shinde, Ritu
Patient ID 91402
25.03.2023
2:13:01pm

Lead
ST Level (mm)
ST Slope (mV/s)



II
Raw Data

*Computer Synthesized Rhythms

Shinde, Ritu
Patient ID 91402
25.03.2023
2:16:01pm

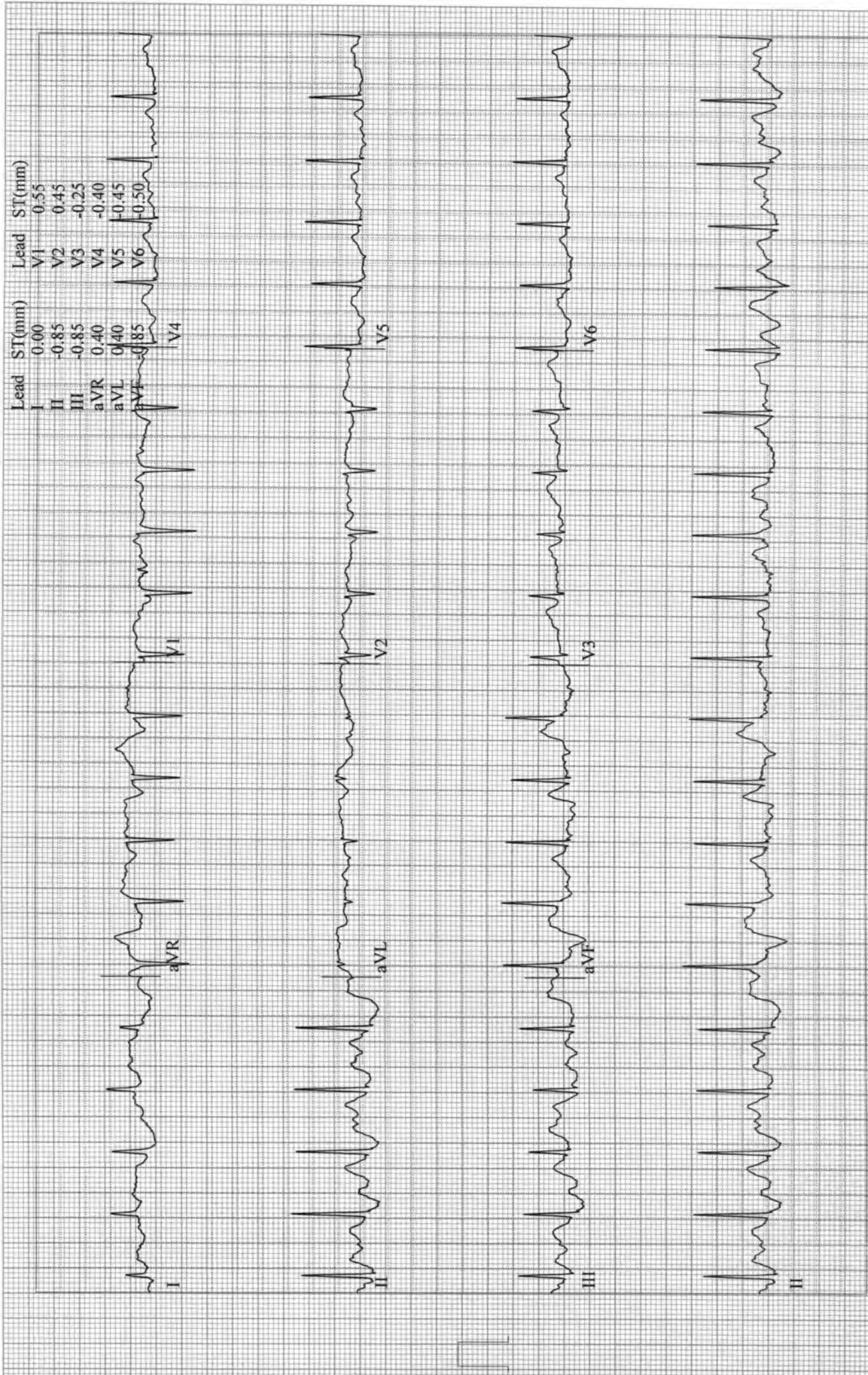
12-Lead Report

EXERCISE
STAGE 1
02:50
BRUCE
1.7 mph
10.0 %

122 bpm
150/90 mmHg

ASIAN HOSPITAL

Measured at 60ms Post J (10mm/mV)
Auto Points



Shinde, Ritu
Patient ID 91402
25.03.2023
2:19:01pm

12-Lead Report
EXERCISE
STAGE 2
05:50

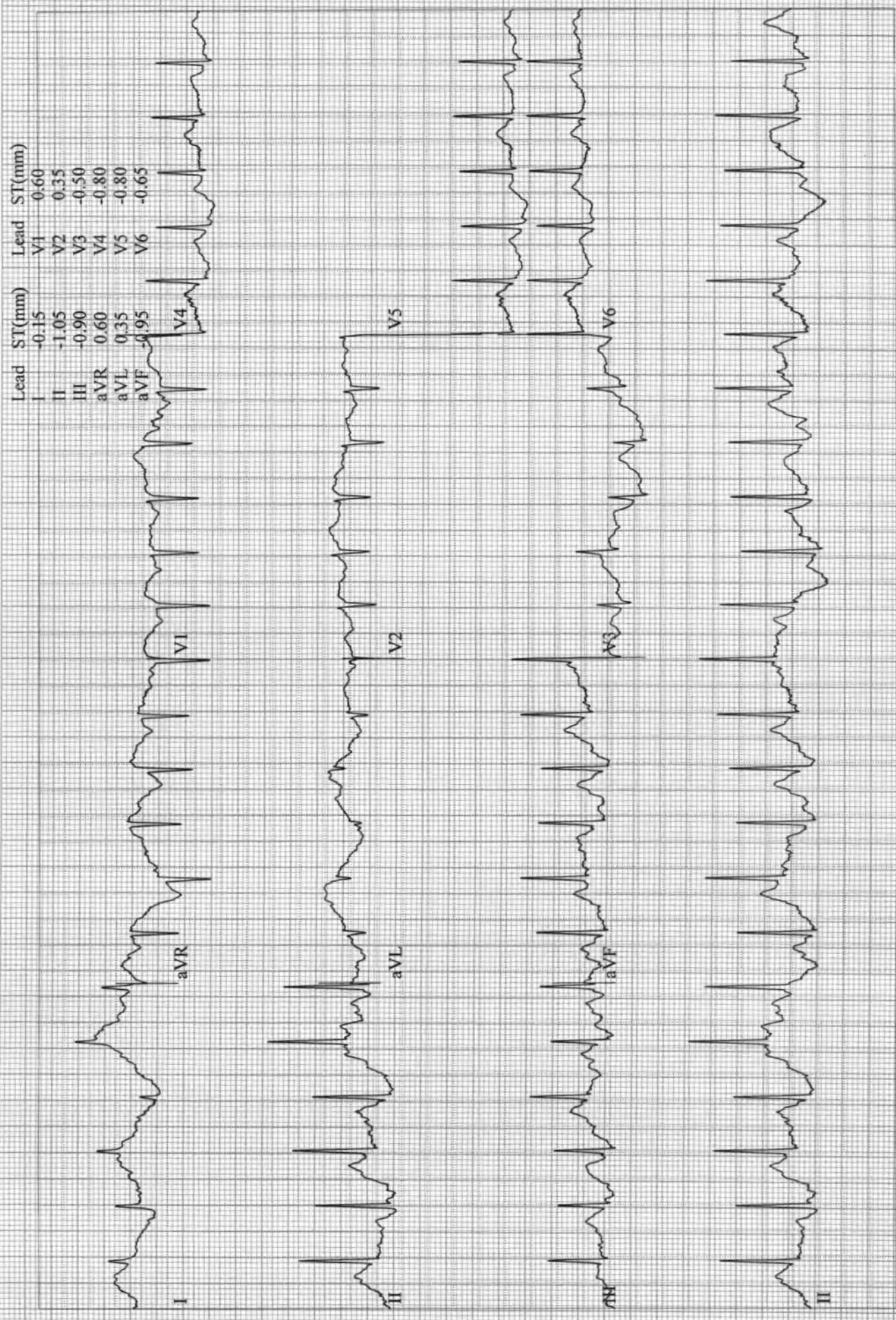
144 bpm
160/90 mmHg

BRUCE
2.5 mph
12.0 %

ASIAN HOSPITAL

Measured at 60ms Post J (10mm/mV)
Auto Points

Lead	ST(mm)	Lead	ST(mm)
I	-0.15	V1	0.60
II	-1.05	V2	0.35
III	-0.90	V3	-0.50
aVR	0.60	V4	-0.80
aVL	0.35	V5	-0.80
aVF	-0.95	V6	-0.65



12-Lead Report (PEAK EXERCISE)

BRUCE
3.4 mph
14.0 %

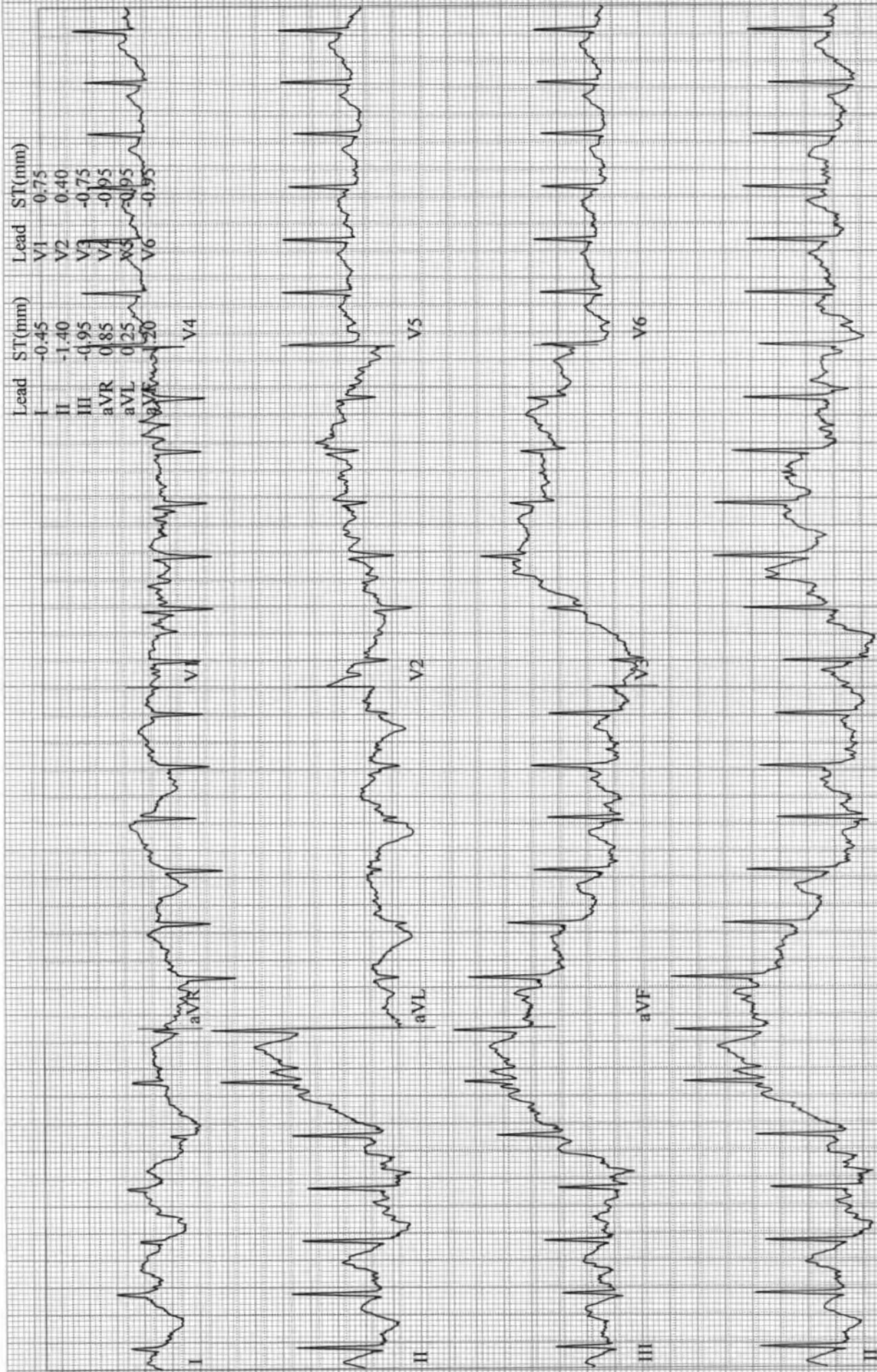
EXERCISE
STAGE 3
06:39

155 bpm

Shinde, Ritu
Patient ID 91402
25.03.2023
2:19:50pm

Measured at 60ms Post J (10mm/mV)
Auto Points

Lead	ST(mm)	Lead	ST(mm)
I	-0.45	V1	0.75
II	-1.40	V2	0.40
III	-0.95	V3	-0.75
aVR	0.85	V4	-0.95
aVL	0.25	V5	0.95
aVF	0.20	V6	-0.95



12-Lead Report

BRUCE
0.0 mph
0.0 %

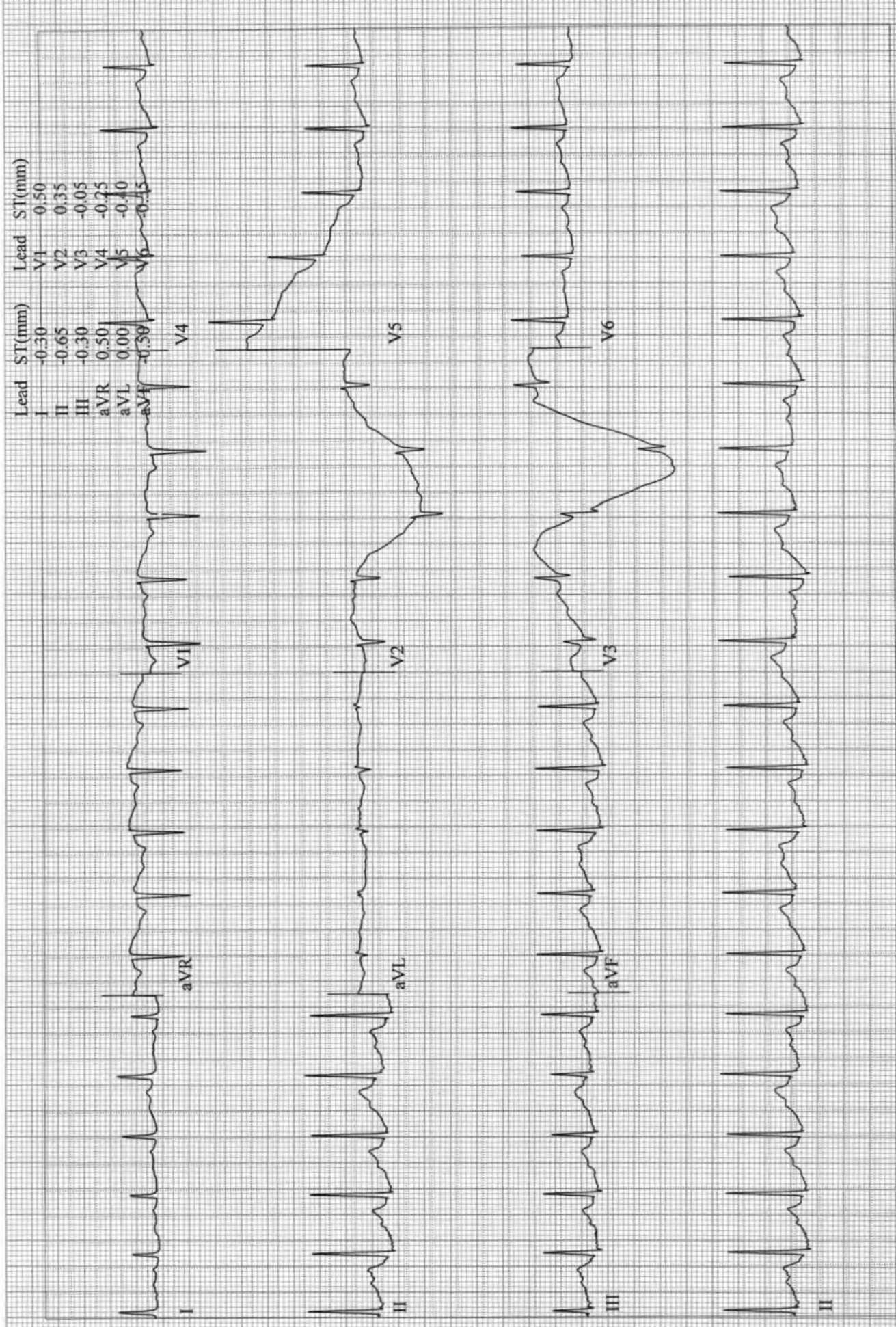
RECOVERY
#1
00:50

131 bpm

Shinde, Ritu
Patient ID 91402
25.03.2023
2:20:39pm

Measured at 60ms Post J (10mm/mV)
Auto Points

Lead	ST(mm)	Lead	ST(mm)
I	-0.30	V1	0.50
II	-0.65	V2	0.35
III	-0.30	V3	-0.05
aVR	0.50	V4	-0.25
aVL	0.00	V5	-0.40
aVF	-0.50	V6	-0.15



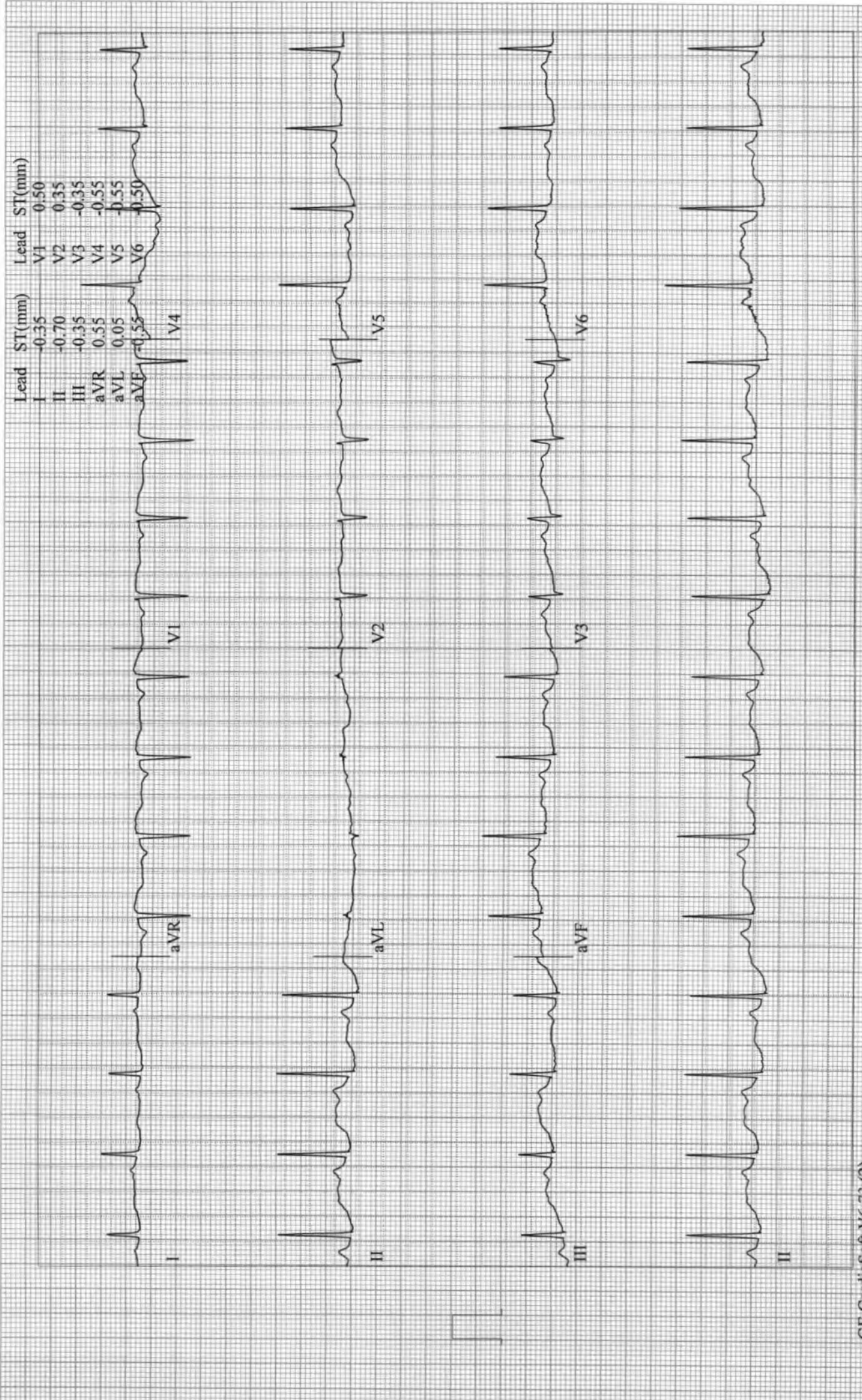
Shinde, Ritu
 Patient ID 91402
 25.03.2023
 2:21:39pm

12-Lead Report
 RECOVERY
 #1
 01:50

BRUCE
 0.0 mph
 0.0 %

ASIAN HOSPITAL

Measured at 60ms Post J (10mm/mV)
 Auto Points



Shinde, Ritu
Patient ID 91402
25.03.2023
2:22:39pm

12-Lead Report

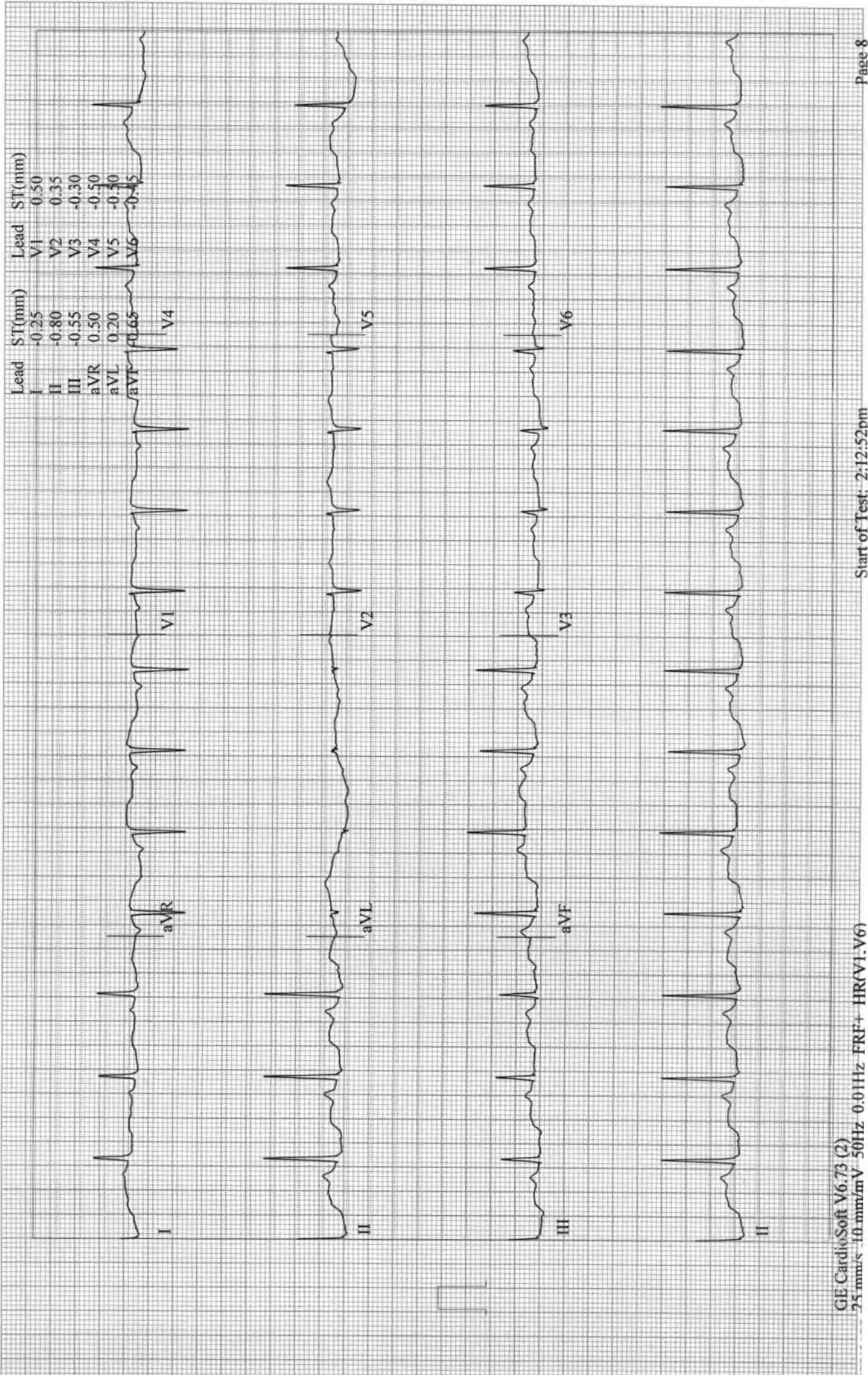
RECOVERY
#1
02:50

90 bpm
170/90 mmHg

BRUCE
0.0 mph
0.0 %

ASIAN HOSPITAL

Measured at 60ms Post J (10mm/mV)
Auto Points



Shinde, Ritu
Patient ID 91402
25.03.2023
2:23:39pm

12-Lead Report
RECOVERY
#1
03:50

90 bpm

BRUCE
0.0 mph
0.0 %

ASIAN HOSPITAL

Measured at 60ms Post J (10mm/mV)
Auto Points

Lead	ST(mm)	Lead	ST(mm)
I	-0.25	V1	0.50
II	-0.70	V2	0.30
III	-0.50	V3	-0.35
aVR	0.50	V4	-0.45
aVL	0.15	V5	-0.50
aVF	-0.60	V6	-0.50

