

MEDICAL EXAMINATION REPORT (MER)

If the examinee is suffering from an acute life threatening situation, you may be obliged to disclose the result of the medical examination to the examinee.

| | | |
|---------------------------|---|--|
| 1. Name of the examinee | : | Mr./Mrs./Ms. <u>Lijana TN.</u> |
| 2. Mark of Identification | : | (Mole/Scar/any other (specify location)): |
| 3. Age/Date of Birth | : | <u>31/F</u> Gender: F/M |
| 4. Photo ID Checked | : | (Passport/Election Card/PAN Card/Driving Licence/Company ID) |

PHYSICAL DETAILS:

| | | |
|--------------------------------------|-----------------------------------|---------------------------------|
| a. Height <u>155/148</u> (cms) | b. Weight <u>62kg</u> (Kgs) | c. Girth of Abdomen (cms) |
| d. Pulse Rate <u>74</u> (/Min) | e. Blood Pressure | Systolic Diastolic |
| | 1 st Reading | <u>120</u> <u>80</u> |
| | 2 nd Reading | |

FAMILY HISTORY:

| Relation | Age if Living | Health Status | If deceased, age at the time and cause |
|------------|---------------|---------------|--|
| Father | | | |
| Mother | | | |
| Brother(s) | | | |
| Sister(s) | | | |

HABITS & ADDICTIONS: Does the examinee consume any of the following?

| Tobacco in any form | Sedative | Alcohol |
|-------------------------------------|-------------------------------------|-------------------------------------|
| <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> |

PERSONAL HISTORY

- a. Are you presently in good health and entirely free from any mental or Physical impairment or deformity. If No, please attach details. Y/N
- b. Have you undergone/been advised any surgical procedure? Y/N
- c. During the last 5 years have you been medically examined, received any advice or treatment or admitted to any hospital? Y/N
- d. Have you lost or gained weight in past 12 months? Y/N

Have you ever suffered from any of the following?

- Psychological Disorders or any kind of disorders of the Nervous System? Y/N
- Any disorders of Respiratory system? Y/N
- Any Cardiac or Circulatory Disorders? Y/N
- Enlarged glands or any form of Cancer/Tumour? Y/N
- Any Musculoskeletal disorder? Y/N
- Any disorder of Gastrointestinal System? Y/N
- Unexplained recurrent or persistent fever, and/or weight loss? Y/N
- Have you been tested for HIV/HBsAg / HCV before? If yes attach reports Y/N
- Are you presently taking medication of any kind? Y/N

DDRC Diagnostics Limited

Corp. Office: DDRC Tower, G- 131, Panampilly Nagar, Ernakulam - 682 036
Ph No. 0484-2318223, 2318222, e-mail: info@ddrc.com, web: www.ddrc.com

Corp. Office: DDRC Tower, G-131, Panampilly Nagar, Ernakulam - 682 036. Ph No. 2310688, 2318222. web: www.ddrc.com

Any disorders of Urinary System? Y N

Any disorder of the Eyes, Ears, Nose, Throat or Mouth & Skin Y N

FOR FEMALE CANDIDATES ONLY

- a. Is there any history of diseases of breast/genital organs? Y N
- b. Is there any history of abnormal PAP Smear/Mammogram/USG of Pelvis or any other tests? (If yes attach reports) Y N
- c. Do you suspect any disease of Uterus, Cervix or Ovaries? Y N

- d. Do you have any history of miscarriage/abortion or MTP Y N
- e. For Parous Women, were there any complication during pregnancy such as gestational diabetes, hypertension etc Y N
- f. Are you now pregnant? If yes, how many months? Y N

CONFIDENTIAL COMMENTS FROM MEDICAL EXAMINER

- Was the examinee co-operative? Y N
- Is there anything about the examinee's health, lifestyle that might affect him/her in the near future with regard to his/her job? Y N
- Are there any points on which you suggest further information be obtained? Y N
- Based on your clinical impression, please provide your suggestions and recommendations below;

Grade II No fatty liver

- Do you think he/she is **MEDICALLY FIT** or UNFIT for employment. Y N

MEDICAL EXAMINER'S DECLARATION

I hereby confirm that I have examined the above individual after verification of his/her identity and the findings stated above are true and correct to the best of my knowledge.

Name & Signature of the Medical Examiner

[Signature]
Dr. SERIN LOPEZ, MBBS
MEDICAL OFFICER
DDRC Diagnostics Ltd.
Aster Square, Medical College P.O., TVM
Reg. No. 77656

Seal of Medical Examiner



Name & Seal of DDRC SRL Branch

Date & Time

DDRC

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Regd. Office: 4th Floor, Prime Square, Plot No.1, Gaiwadi Industrial Estate, S.V. Road, Goregaon (West), Mumbai - 400062.

| | | | | |
|---------------------|-----------------------|-----------|-------------|------------------|
| Acc no:4182WG008186 | Name: Mrs. Lijina T N | Age: 31 y | Sex: Female | Date: 22.07.2023 |
|---------------------|-----------------------|-----------|-------------|------------------|

US SCAN WHOLE ABDOMEN (TAS ONLY)

LIVER is normal in size (14.8 cm). Margins are regular. **Hepatic parenchyma shows increased echogenicity.** No focal lesions seen. No dilatation of intrahepatic biliary radicles. CBD is not dilated. Portal vein is normal in caliber (10.4 mm).

GALL BLADDER is minimally distended. No pericholecystic fluid seen.

SPLEEN is normal in size (9.9 cm) and parenchymal echotexture. No focal lesion seen.

PANCREAS Head and body visualized, appears normal in size and parenchymal echotexture. Pancreatic duct is not dilated.

RIGHT KIDNEY is normal in size (9.5 x 3.6 cm) and shows normal parenchymal echotexture. Cortico medullary differentiation is maintained. Parenchymal thickness is normal. No echogenic focus with shadowing suggestive of renal calculi seen. No dilatation of pelvicalyceal system seen. Ureter is not dilated. Perinephric spaces are normal.

LEFT KIDNEY is normal in size (10.4 x 3.6 cm) and shows normal parenchymal echotexture. Cortico medullary differentiation is maintained. Parenchymal thickness is normal. No echogenic focus with shadowing suggestive of renal calculi seen. No dilatation of pelvicalyceal system seen. Ureter is not dilated. Perinephric spaces are normal.

PARAAORTIC AREA (*upper part visualized*), No retroperitoneal lymphadenopathy or mass seen.

URINARY BLADDER is distended, normal in wall thickness, lumen clear.

UTERUS measures 8.1 x 2.6 x 5.1 cm, myometrial echopattern normal. No focal lesions seen. Endometrial thickness is 3.9 mm. **Cervix appears elongated (H/o cesarian section noted).**

Both ovaries are normal. Right ovary measures 3 x 1.9 cm. Left ovary measures 2.7 x 1.9 cm. No adnexal mass seen. No fluid in pouch of Douglas.

No ascites or pleural effusion.

Gaseous distension of bowel loops noted. No obvious bowel wall thickening seen sonologically.

CONCLUSION:-

- **Grade II / III fatty liver - suggest LFT correlation.**
- **No other significant abnormality detected in present study.**


Dr. Nisha Unni MD , DNB (RD)
Consultant radiologist.

Thanks for referral. Your feedback will be appreciated.
(Please bring relevant investigation reports during all visits)
Because of technical and technological limitations complete accuracy cannot be assured on imaging.
Suggested correlation with clinical findings and other relevant investigations consultations, and if required repeat imaging recommended in the event of controversies.

(For appointments / any clarification of report please contact 9496005190 between 9 am – 5.30 pm).

DDR Diagnostic Services Limited

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ID: 008186

Diagnosis Information:

Female
31 Years
cm

mmHg
kg

mw. Kyjina. T.N

| | | |
|---------|----------------|-----|
| HR | : 80 | bpm |
| P | : 97 | ms |
| PR | : 158 | ms |
| QRS | : 78 | ms |
| QT/QTc | : 378/438 | ms |
| P/QRS/T | : 30/79/34 | ° |
| RV5/SV1 | : 1.20/1.0.546 | mV |

Report Confirmation



V1

V2

V3

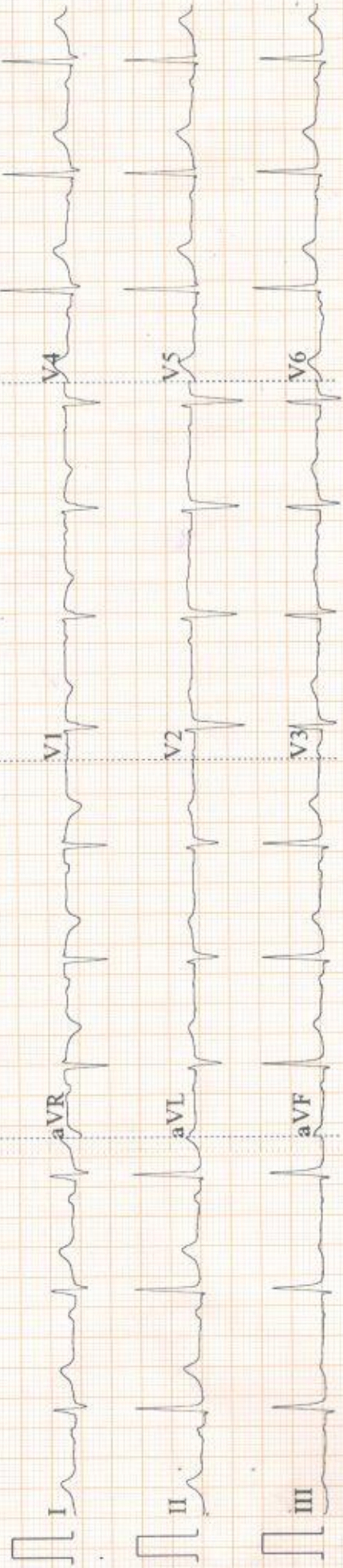
V4

[Signature]
Dr. SERGIO LOPEZ, MBBS
 MEDICAL OFFICER
 DDRC
 Diagnostics Ltd.
 Asst. Square, Medical College PO, TVM
 Reg. No. 77656

Standard

| | | | | |
|----------|-----|------|-------|-------------------|
| Standard | L I | L II | L III | L III Inspiration |
|----------|-----|------|-------|-------------------|

ID: 008186 22-07-2023 09:54:43 AM



0.5-35Hz AC50 25mm/s 10mm/mV ♡79 V1.0 SEMIP V1.7 DDR-C-AGILUS

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NAME : MRS LIJINA T N

AGE:31/F

DATE:22-07-2023

CHEST X-RAY REPORT

CHEST X-RAY PA VIEW : Trachea central
 No cardiomegaly
 Normal vascularity
 No parenchymal lesion.
 Costophrenic and cardiophrenic angles clear

➤ **IMPRESSION** : **Normal Chest Xray**

ELECTRO CARDIOGRAM : NSR: 80/minute
 No evidence of ischaemia.

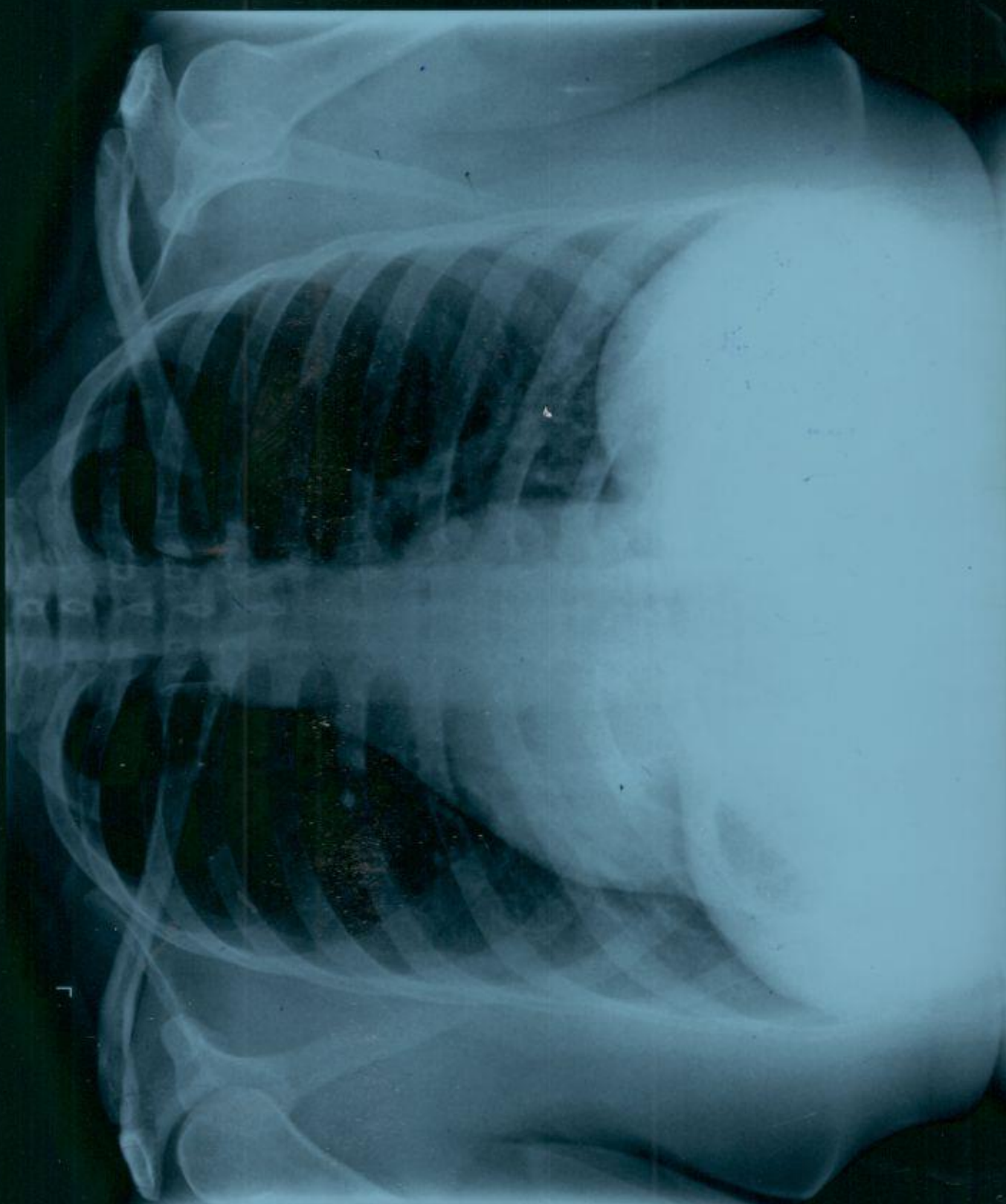
➤ **IMPRESSION** : **Normal Ecg.**

Company name: BOB



Serin Lopez
 Dr. SERIN LOPEZ, MBBS
 MEDICAL OFFICER
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 Reg. No. 77656

DR SERIN LOPEZ MBBS**Reg No 77656****DDRC AGILUS DIAGNOSTICS LTD**



DRRC AGILUS

PATIENT NAME : MRS LIJINA T N
REF. DOCTOR : SELF
CODE/NAME & ADDRESS : CA00010147 -

 MEDIWHEEL ARCOFEMI HEALTHCARE LIMITED
 F701A, LADO SARAI, NEW DELHI, SOUTH DELHI,
 DELHI,
 SOUTH DELHI 110030
 8800465156

ACCESSION NO : 4182WG008186
PATIENT ID : MRSLF2207924182
CLIENT PATIENT ID:
ABHA NO :
AGE/SEX : 31 Years Female
DRAWN :
RECEIVED : 22/07/2023 08:55:43
REPORTED : 24/07/2023 08:03:26

| Test Report Status | <u>Preliminary</u> | Results | Biological Reference Interval | Units |
|--------------------|--------------------|---------|-------------------------------|-------|
|--------------------|--------------------|---------|-------------------------------|-------|

MEDIWHEEL HEALTH CHECKUP BELOW 40(F)TMT
TREADMILL TEST

TREADMILL TEST REPORT GIVEN

PHYSICAL EXAMINATION

PHYSICAL EXAMINATION REPORT GIVEN



DR NISHA UNNI, MBBS,MD
(RD),DNB (Reg.No:50162)
Consultant Radiologist


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Patient Ref. No. 66600005287169

PATIENT NAME : MRS LIJINA T N

REF. DOCTOR : SELF

CODE/NAME & ADDRESS : CA00010147 -

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MEDIWHEEL HEALTH CHECKUP BELOW 40(F)TMT**ECG WITH REPORT****REPORT**

REPORT GIVEN

USG ABDOMEN AND PELVIS**REPORT**

REPORT GIVEN

CHEST X-RAY WITH REPORT**REPORT**

REPORT GIVEN

HAEMATOLOGY - CBC**MEDIWHEEL HEALTH CHECKUP BELOW 40(F)TMT****BLOOD COUNTS, EDTA WHOLE BLOOD**

| | | | |
|------------------------|-----------------|-------------|---------------|
| HEMOGLOBIN | 11.9 Low | 12.0 - 15.0 | g/dL |
| RED BLOOD CELL COUNT | 4.72 | 3.80 - 4.80 | mil/ μ L |
| WHITE BLOOD CELL COUNT | 9.13 | 4.0 - 10.0 | thou/ μ L |
| PLATELET COUNT | 377 | 150 - 410 | thou/ μ L |

RBC AND PLATELET INDICES

| | | | |
|---|-----------------|---------------|------|
| HEMATOCRIT | 37.6 | 36.0 - 46.0 | % |
| MEAN CORPUSCULAR VOL | 79.7 Low | 83.0 - 101 | fL |
| MEAN CORPUSCULAR HGB. | 25.2 Low | 27.0 - 32.0 | pg |
| MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION | 31.6 | 31.50 - 34.50 | g/dL |



DR NISHA UNNI, MBBS, MD
(RD), DNB (Reg.No:50162)
Consultant Radiologist



DR. VAISHALI RAJAN, MBBS DCP
(Pathology)
(Reg No - TCC 27150)
HOD - HAEMATOLOGY

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| | | | |
|-----------------------------|------|--------------|----|
| RED CELL DISTRIBUTION WIDTH | 13.0 | 11.60 - 14.0 | % |
| MENTZER INDEX | 16.9 | | |
| MEAN PLATELET VOLUME | 7.8 | 6.80 - 10.90 | fL |

WBC DIFFERENTIAL COUNT

| | | | |
|-----------------------------------|-----------------|-------------|---------------|
| SEGMENTED NEUTROPHILS | 62 | 40.0 - 80.0 | % |
| LYMPHOCYTES | 31 | 20.0 - 40.0 | % |
| MONOCYTES | 5 | 2.0 - 10.0 | % |
| EOSINOPHILS | 2 | 1.0 - 6.0 | % |
| BASOPHILS | 0 | 0.0 - 1.0 | % |
| ABSOLUTE NEUTROPHIL COUNT | 5.66 | 2.0 - 7.0 | thou/ μ L |
| ABSOLUTE LYMPHOCYTE COUNT | 2.83 | 1.0 - 3.0 | thou/ μ L |
| ABSOLUTE MONOCYTE COUNT | 0.46 | 0.20 - 1.0 | thou/ μ L |
| ABSOLUTE EOSINOPHIL COUNT | 0.20 | 0.02 - 0.50 | thou/ μ L |
| ABSOLUTE BASOPHIL COUNT | 0.00 Low | 0.02 - 0.10 | thou/ μ L |
| NEUTROPHIL LYMPHOCYTE RATIO (NLR) | 2.0 | | |

ERYTHROCYTE SEDIMENTATION RATE (ESR), WHOLE BLOOD

| | | | |
|--------------------------|----------------|--------|------------|
| SEDIMENTATION RATE (ESR) | 48 High | 0 - 20 | mm at 1 hr |
|--------------------------|----------------|--------|------------|

SUGAR URINE - POST PRANDIAL

| | | |
|-----------------------------|--------------|--------------|
| SUGAR URINE - POST PRANDIAL | NOT DETECTED | NOT DETECTED |
|-----------------------------|--------------|--------------|

SUGAR URINE - FASTING

| | | |
|-----------------------|--------------|--------------|
| SUGAR URINE - FASTING | NOT DETECTED | NOT DETECTED |
|-----------------------|--------------|--------------|

DR. VAISHALI RAJAN, MBBS DCP
(Pathology)
(Reg No - TCC 27150)
HOD - HAEMATOLOGY



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AGE/SEX : 31 Years Female

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IMMUNOHAEMATOLOGY

MEDIWHEEL HEALTH CHECKUP BELOW 40(F)TMT**ABO GROUP & RH TYPE, EDTA WHOLE BLOOD**

| | |
|-----------|----------|
| ABO GROUP | TYPE A |
| RH TYPE | POSITIVE |

METHOD : COLUMN AGGLUTINATION TECHNOLOGY

BIO CHEMISTRY

MEDIWHEEL HEALTH CHECKUP BELOW 40(F)TMT**BLOOD UREA NITROGEN (BUN), SERUM**

| | | | |
|---------------------|---|--------------------------|-------|
| BLOOD UREA NITROGEN | 4 | Adult(<60 yrs) : 6 to 20 | mg/dL |
|---------------------|---|--------------------------|-------|

BUN/CREAT RATIO

| | |
|-----------------|-----|
| BUN/CREAT RATIO | 6.9 |
|-----------------|-----|

CREATININE, SERUM

| | | | |
|------------|------|-------------------------|-------|
| CREATININE | 0.58 | 18 - 60 yrs : 0.6 - 1.1 | mg/dL |
|------------|------|-------------------------|-------|

GLUCOSE, POST-PRANDIAL, PLASMA

| | | |
|--------------------------------|-----|--|
| GLUCOSE, POST-PRANDIAL, PLASMA | 127 | Diabetes Mellitus : > or = 200mg/dL Impaired Glucose tolerance/ Prediabetes : 140 - 199. Hypoglycemia : < 55. |
|--------------------------------|-----|--|

Astha Yadav

Vaishali

DR. ASTHA YADAV, MD
Biochemistry
(Reg No - DMC/R/20690)
CONSULTANT BIOCHEMISTDR. VAISHALI RAJAN, MBBS DCP
(Pathology)
(Reg No - TCC 27150)
HOD - HAEMATOLOGY

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GLUCOSE FASTING,FLUORIDE PLASMA

| | | |
|--------------------------|----|--|
| GLUCOSE, FASTING, PLASMA | 83 | Diabetes Mellitus : > or = 126mg/dL Impaired fasting Glucose/ Prediabetes : 101 - 125. Hypoglycemia : < 55. |
|--------------------------|----|--|

GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA WHOLE BLOOD

| | | |
|---------------------------------|-----|---|
| GLYCOSYLATED HEMOGLOBIN (HBA1C) | 5.8 | Normal : 4.0 - 5.6% Non-diabetic level : < 5.7%. Diabetic : >6.5% |
|---------------------------------|-----|---|

Glycemic control goal
More stringent goal : < 6.5 %.
General goal : < 7%.
Less stringent goal : < 8%.

Glycemic targets in CKD :-
If eGFR > 60 : < 7%.
If eGFR < 60 : 7 - 8.5%.

| | | |
|---------------------|-------------------|---------------|
| MEAN PLASMA GLUCOSE | 119.8 High | < 116.0 mg/dL |
|---------------------|-------------------|---------------|

LIVER FUNCTION TEST WITH GGT

| | | |
|---------------------|------|--|
| BILIRUBIN, TOTAL | 0.32 | General Range : < 1.1 mg/dL |
| BILIRUBIN, DIRECT | 0.16 | General Range : < 0.3 mg/dL |
| BILIRUBIN, INDIRECT | 0.16 | 0.1 - 1.0 mg/dL |
| TOTAL PROTEIN | 7.6 | Ambulatory : 6.4 - 8.3 g/dL Recumbant : 6 - 7.8 |
| ALBUMIN | 4.6 | 20-60yrs : 3.5 - 5.2 g/dL |
| GLOBULIN | 3.0 | 2.0 - 3.5 g/dL |

DR. ASTHA YADAV, MD
Biochemistry
(Reg No - DMC/R/20690)
CONSULTANT BIOCHEMIST



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ACCESSION NO : **4182WG008186** **AGE/SEX :** 31 Years Female
PATIENT ID : MRSLF2207924182 **DRAWN :**
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| | | | |
|---------------------------------------|-----|---------------------------|-------|
| ALBUMIN/GLOBULIN RATIO | 1.5 | 1.0 - 2.1 | RATIO |
| ASPARTATE AMINOTRANSFERASE (AST/SGOT) | 21 | Adults : < 33 | U/L |
| ALANINE AMINOTRANSFERASE (ALT/SGPT) | 17 | Adults : < 34 | U/L |
| ALKALINE PHOSPHATASE | 71 | Adult (<60yrs) : 35 - 105 | U/L |
| GAMMA GLUTAMYL TRANSFERASE (GGT) | 18 | Adult (female) : < 40 | U/L |

TOTAL PROTEIN, SERUM

| | | | |
|---------------|-----|---|------|
| TOTAL PROTEIN | 7.6 | Ambulatory : 6.4 - 8.3 Recumbant : 6 - 7.8 | g/dL |
|---------------|-----|---|------|

URIC ACID, SERUM

| | | | |
|-----------|-----|------------------|-------|
| URIC ACID | 5.7 | Adults : 2.4-5.7 | mg/dL |
|-----------|-----|------------------|-------|

BIOCHEMISTRY - LIPID

MEDIWHEEL HEALTH CHECKUP BELOW 40(F)TMT

LIPID PROFILE, SERUM

| | | | |
|-------------------------|-----------------|---|-------|
| CHOLESTEROL | 175 | Desirable : < 200 Borderline : 200-239 High : >or= 240 | mg/dL |
| TRIGLYCERIDES | 249 High | Normal : < 150 High : 150-199 Hypertriglyceridemia : 200-499 Very High : > 499 | mg/dL |
| HDL CHOLESTEROL | 39 | General range : 40-60 | mg/dL |
| LDL CHOLESTEROL, DIRECT | 113 | Optimum : < 100 Above Optimum : 100-139 Borderline High : 130-159 High : 160-189 Very High : >or= 190 | mg/dL |

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| CODE/NAME & ADDRESS : CA00010147 - MEDIWHEEL ARCOFEMI HEALTHCARE LIMITED F701A, LADO SARAI, NEW DELHI, SOUTH DELHI, DELHI, SOUTH DELHI 110030 8800465156 | | ACCESSION NO : 4182WG008186 | AGE/SEX : 31 Years Female |
| | | PATIENT ID : MRS LF2207924182 | DRAWN : |
| | | CLIENT PATIENT ID: | RECEIVED : 22/07/2023 08:55:43 |
| | | ABHA NO : | REPORTED : 24/07/2023 08:03:26 |

| Test Report Status | Preliminary | Results | Units |
|---|-------------|-------------------------------------|--|
| NON HDL CHOLESTEROL | | 136 High | Desirable : < 130 Above Desirable : 130 -159 Borderline High : 160 - 189 High : 190 - 219 Very high : > / = 220 mg/dL |
| VERY LOW DENSITY LIPOPROTEIN CHOL/HDL RATIO | | 49.8 High 4.5 High | </= 30.0 mg/dL Low Risk : 3.3 - 4.4 Average Risk : 4.5 - 7.0 Moderate Risk : 7.1 - 11.0 High Risk : > 11.0 |
| LDL/HDL RATIO | | 2.9 | Desirable/Low Risk - 0.5-3 Borderline/Moderate Risk- 3.1-6 High Risk- >6.0 |

SPECIALISED CHEMISTRY - HORMONE

MEDIWHEEL HEALTH CHECKUP BELOW 40(F)TMT

THYROID PANEL, SERUM

| | | | |
|--------------------|--------|--|--------|
| T3 | 119.00 | Non-Pregnant : 80-200 Pregnant Trimester-wise 1st : 81-190 2nd : 100-260 3rd : 100-260 | ng/dL |
| T4 | 10.60 | Adults : 4.5-12.1 | µg/dl |
| TSH 3RD GENERATION | 2.230 | Non-Pregnant : 0.4-4.2 Pregnant Trimester-wise : 1st : 0.1 - 2.5 2nd : 0.2 - 3 3rd : 0.3 - 3 | µIU/mL |

DR. ASTHA YADAV, MD
Biochemistry
(Reg No - DMC/R/20690)
CONSULTANT BIOCHEMIST

DR. VAISHALI RAJAN, MBBS DCP
(Pathology)
(Reg No - TCC 27150)
HOD - HAEMATOLOGY



View Details



View Report

PERFORMED AT :

DDRC SRL DIAGNOSTICS LTD
ASTER SQUARE BUILDING, ULLLOOR,
MEDICAL COLLEGE P.O
TRIVANDRUM, 695011
KERALA, INDIA
Tel : 93334 93334, Fax : CIN - U85190MH2006PTC161480
Email : customercare.ddrc@agilus.in



Patient Ref. No. 66600005287169

| | | | |
|--|--|-------------------------------------|---------------------------------------|
| PATIENT NAME : MRS LIJINA T N | | REF. DOCTOR : SELF | |
| CODE/NAME & ADDRESS : CA00010147 - MEDIWHEEL ARCOFEMI HEALTHCARE LIMITED F701A, LADO SARAI, NEW DELHI, SOUTH DELHI, DELHI, SOUTH DELHI 110030 8800465156 | | ACCESSION NO : 4182WG008186 | AGE/SEX : 31 Years Female |
| | | PATIENT ID : MRSLF2207924182 | DRAWN : |
| | | CLIENT PATIENT ID: | RECEIVED : 22/07/2023 08:55:43 |
| | | ABHA NO : | REPORTED : 24/07/2023 08:03:26 |

| Test Report Status | Preliminary | Results | Units |
|--------------------|-------------|---------|-------|
|--------------------|-------------|---------|-------|

CLINICAL PATH - URINALYSIS

MEDIWHEEL HEALTH CHECKUP BELOW 40(F)TMT

PHYSICAL EXAMINATION, URINE

| | |
|------------|-------------|
| COLOR | PALE YELLOW |
| APPEARANCE | CLEAR |

CHEMICAL EXAMINATION, URINE

| | | |
|-------------------|--------------|---------------|
| PH | 6.0 | 4.7 - 7.5 |
| SPECIFIC GRAVITY | 1.012 | 1.003 - 1.035 |
| PROTEIN | NEGATIVE | NOT DETECTED |
| GLUCOSE | NEGATIVE | NOT DETECTED |
| KETONES | NEGATIVE | NOT DETECTED |
| BLOOD | NOT DETECTED | NOT DETECTED |
| BILIRUBIN | NEGATIVE | NOT DETECTED |
| UROBILINOGEN | NORMAL | NORMAL |
| METHOD : DIPSTICK | | |
| NITRITE | NEGATIVE | NOT DETECTED |

MICROSCOPIC EXAMINATION, URINE

| | | | |
|------------------|--------------|--------------|------|
| RED BLOOD CELLS | NOT DETECTED | NOT DETECTED | /HPF |
| WBC | 0-1 | 0-5 | /HPF |
| EPITHELIAL CELLS | 2-3 | 0-5 | /HPF |
| CASTS | NEGATIVE | | |
| CRYSTALS | NEGATIVE | | |
| REMARKS | NIL | | |

METHOD : AUTOMATED ANALYSER, MICROSCOPY

DR.VAISHALI RAJAN, MBBS DCP
(Pathology)
(Reg No - TCC 27150)
HOD - HAEMATOLOGY



View Details



View Report

PERFORMED AT :

DDRC SRL DIAGNOSTICS LTD
ASTER SQUARE BUILDING, ULLLOOR,
MEDICAL COLLEGE P.O
TRIVANDRUM, 695011
KERALA, INDIA
Tel : 93334 93334, Fax : CIN - U85190MH2006PTC161480
Email : customercare.ddrc@agilus.in



Patient Ref. No. 66600005287169

PATIENT NAME : MRS LIJINA T N
REF. DOCTOR : SELF
CODE/NAME & ADDRESS : CA00010147 -

 MEDIWHEEL ARCOFEMI HEALTHCARE LIMITED
 F701A, LADO SARAI, NEW DELHI, SOUTH DELHI,
 DELHI,
 SOUTH DELHI 110030
 8800465156

ACCESSION NO : 4182WG008186
PATIENT ID : MRSLF2207924182
CLIENT PATIENT ID:
ABHA NO :
AGE/SEX : 31 Years Female
DRAWN :
RECEIVED : 22/07/2023 08:55:43
REPORTED : 24/07/2023 08:03:26

| Test Report Status | <u>Preliminary</u> | Results | Units |
|--------------------|--------------------|---------|-------|
|--------------------|--------------------|---------|-------|

CLINICAL PATH - STOOL ANALYSIS
MEDIWHEEL HEALTH CHECKUP BELOW 40(F)TMT RESULT PENDING

PHYSICAL EXAMINATION,STOOL RESULT PENDING

CHEMICAL EXAMINATION,STOOL RESULT PENDING

MICROSCOPIC EXAMINATION,STOOL RESULT PENDING


View Details



View Report

PERFORMED AT :

 DDRC SRL DIAGNOSTICS LTD
 ASTER SQUARE BUILDING, ULLOOR,
 MEDICAL COLLEGE P.O
 TRIVANDRUM, 695011
 KERALA, INDIA
 Tel : 93334 93334, Fax : CIN - U85190MH2006PTC161480
 Email : customercare.ddrc@agilus.in

Patient Ref. No. 66600005287169

DDRC SRL

Patient Details

Name: LIJINA T N ID: 4182WG008186

Age: 31 y

Clinical History: NIL

Date: 22-Jul-23

Sex: F

Time: 1:21:32 PM

Height: 149 cms

Weight: 65 Kgs

Medications: NIL

Test Details

Protocol: Bruce

Total Exec. Time: 6 m 2 s

Max. BP: 170 / 80 mmHg

Test Termination Criteria: THR ATTAINED

Pr.MHR: 189 bpm

Max. HR: 188 (99% of Pr.MHR)bpm

Max. BP x HR: 31960 mmHg/min

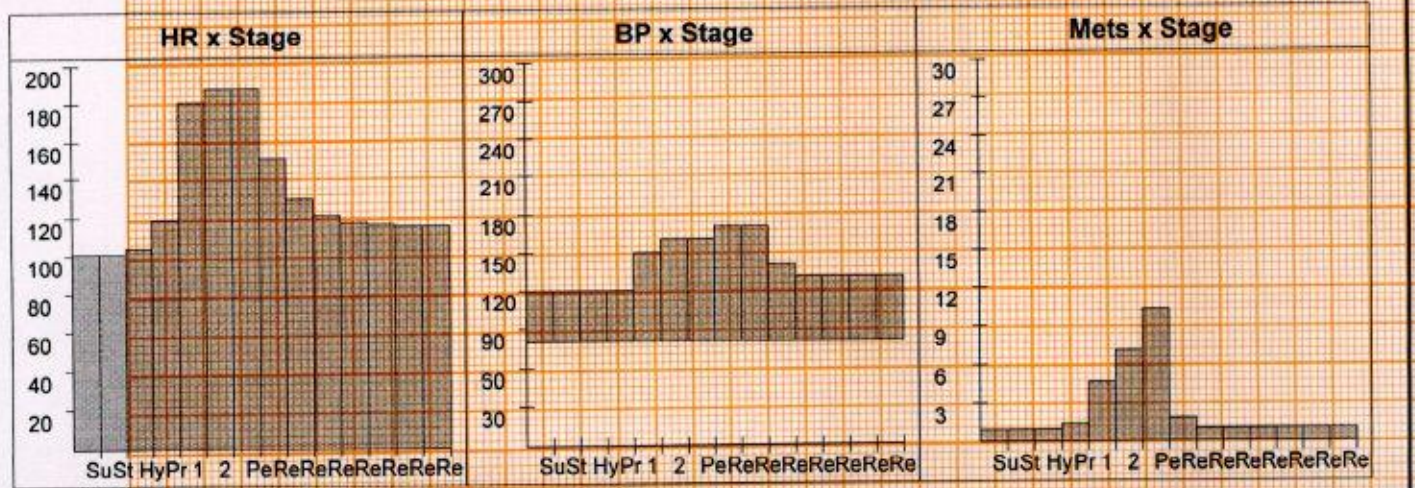
THR: 170 (90 % of Pr.MHR) bpm

Max. Mets: 10.20

Min. BP x HR: 8080 mmHg/min

Protocol Details

| Stage Name | Stage Time (min : sec) | Mets | Speed (mph) | Grade (%) | Heart Rate (bpm) | Max. BP (mm/Hg) | Max. ST Level (mm) | Max. ST Slope (mV/s) |
|------------------|---------------------------|------|----------------|--------------|------------------------|--------------------|--------------------------|----------------------------|
| Supine | 0 : 37 | 1.0 | 0 | 0 | 101 | 120 / 80 | -1.27 III | 1.42 II |
| Standing | 0 : 3 | 1.0 | 0 | 0 | 101 | 120 / 80 | -1.27 III | 1.42 II |
| Hyperventilation | 0 : 24 | 1.0 | 0 | 0 | 104 | 120 / 80 | -1.27 III | 1.42 II |
| 1 | 3 : 0 | 4.6 | 1.7 | 10 | 181 | 150 / 80 | -2.55 III | 4.60 I |
| 2 | 3 : 0 | 7.0 | 2.5 | 12 | 188 | 160 / 80 | -3.61 III | 5.66 I |
| Peak Ex | 0 : 2 | 10.2 | 3.4 | 14 | 188 | 160 / 80 | -2.12 III | 4.95 I |
| Recovery(1) | 1 : 0 | 1.8 | 1 | 0 | 151 | 170 / 80 | -3.82 aVR | 5.66 I |
| Recovery(2) | 1 : 0 | 1.0 | 0 | 0 | 129 | 170 / 80 | -3.82 aVR | 5.66 I |
| Recovery(3) | 1 : 0 | 1.0 | 0 | 0 | 121 | 140 / 80 | -1.91 aVR | 3.54 II |
| Recovery(4) | 1 : 0 | 1.0 | 0 | 0 | 117 | 130 / 80 | -1.06 III | 1.06 II |
| Recovery(5) | 1 : 0 | 1.0 | 0 | 0 | 116 | 130 / 80 | -1.06 III | 1.06 II |
| Recovery(6) | 1 : 0 | 1.0 | 0 | 0 | 115 | 130 / 80 | -1.06 III | 1.06 II |
| Recovery(7) | 0 : 0 | 1.0 | 0 | 0 | 115 | 130 / 80 | -0.64 III | 0.71 II |



DDRC S'L

Patient Details

Date: 22-Jul-23

Time: 1:21:32 PM

Name: LIJINA T N ID: 4182WG008186

Age: 31 y

Sex: F

Height: 149 cms

Weight: 65 Kgs

Interpretation

The patient exercised according to the Bruce protocol for 6 m 2 s achieving a work level of Max. METS : 10.20. Resting heart rate initially 101 bpm, rose to a max. heart rate of 188 (99% of Pr.MHR) bpm. Resting blood Pressure 120 / 80 mmHg, rose to a maximum blood pressure of 170 / 80 mmHg.

NO ANGINA/ARRHYTHMIAS/SOB

GOOD EFFORT TOLERANCE

NO SIGNIFICANT ST CHANGES

TEST IS NEGATIVE FOR INDUCIBLE ISCHEMIA



Dr SHASHIKANTH Y.S
MBBS,MD,DM(Cardiology)
Consultant Cardiologist
TCMC Reg No: 73538

Ref. Doctor: MEDIWHEEL

Doctor: DR.SHASHIKANTH.Y.S

(Summary Report edited by user)

DDRC S L

LIJINA T N (31 F)

ID: 4182WG008186

Date: 22-Jul-23

B.P: 120 / 80

Protocol: Bruce

Stage: Supine

Speed: 0 mph

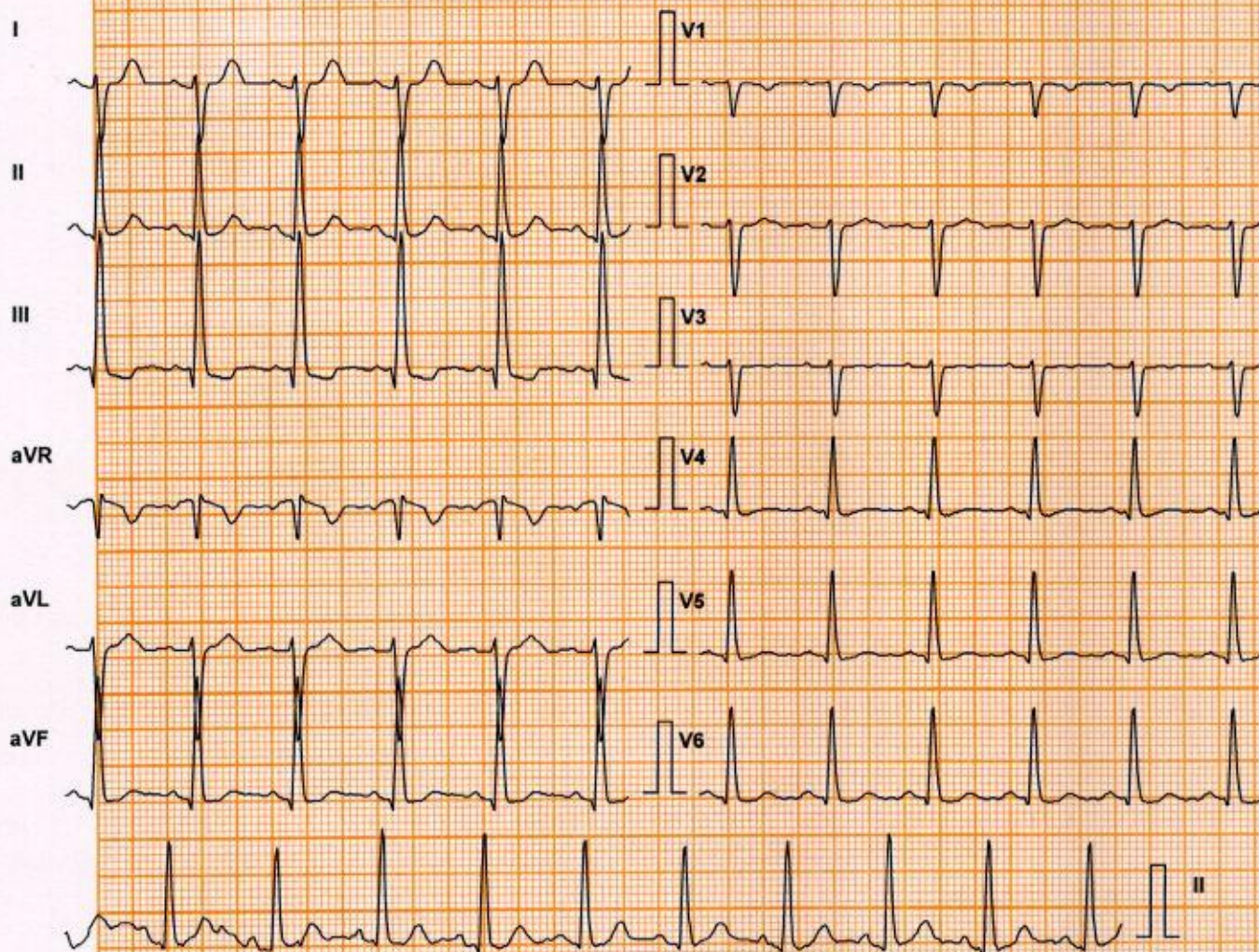
Grade: 0 %

Exec Time : 0 m 0 s

Stage Time : 0 m 31 s

HR: 103 bpm

(THR: 170 bpm)



| Lead | ST Level (mm) | ST Slope (mV / s) |
|------|---------------|-------------------|
| I | 1.1 | 0.7 |
| II | 0.6 | 0.7 |
| III | -1.1 | -0.7 |
| aVR | -1.1 | -1.1 |
| aVL | 1.1 | 1.4 |
| aVF | 0.0 | 0.4 |
| V1 | -0.2 | -0.4 |
| V2 | 0.4 | 0.4 |
| V3 | 0.2 | 0.4 |
| V4 | -0.2 | 0.4 |
| V5 | 0.0 | 0.4 |
| V6 | -0.4 | 0.0 |

Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Schiller Spandan V 4.7

Iso = R - 60 ms J = R + 60 ms

Post J = J + 60 ms

Linked Median

DDRC S L

LIJINA T N (31 F)

ID: 4182WG008186

Date: 22-Jul-23

B.P: 120 / 80

Protocol: Bruce

Stage: Standing

Speed: 0 mph

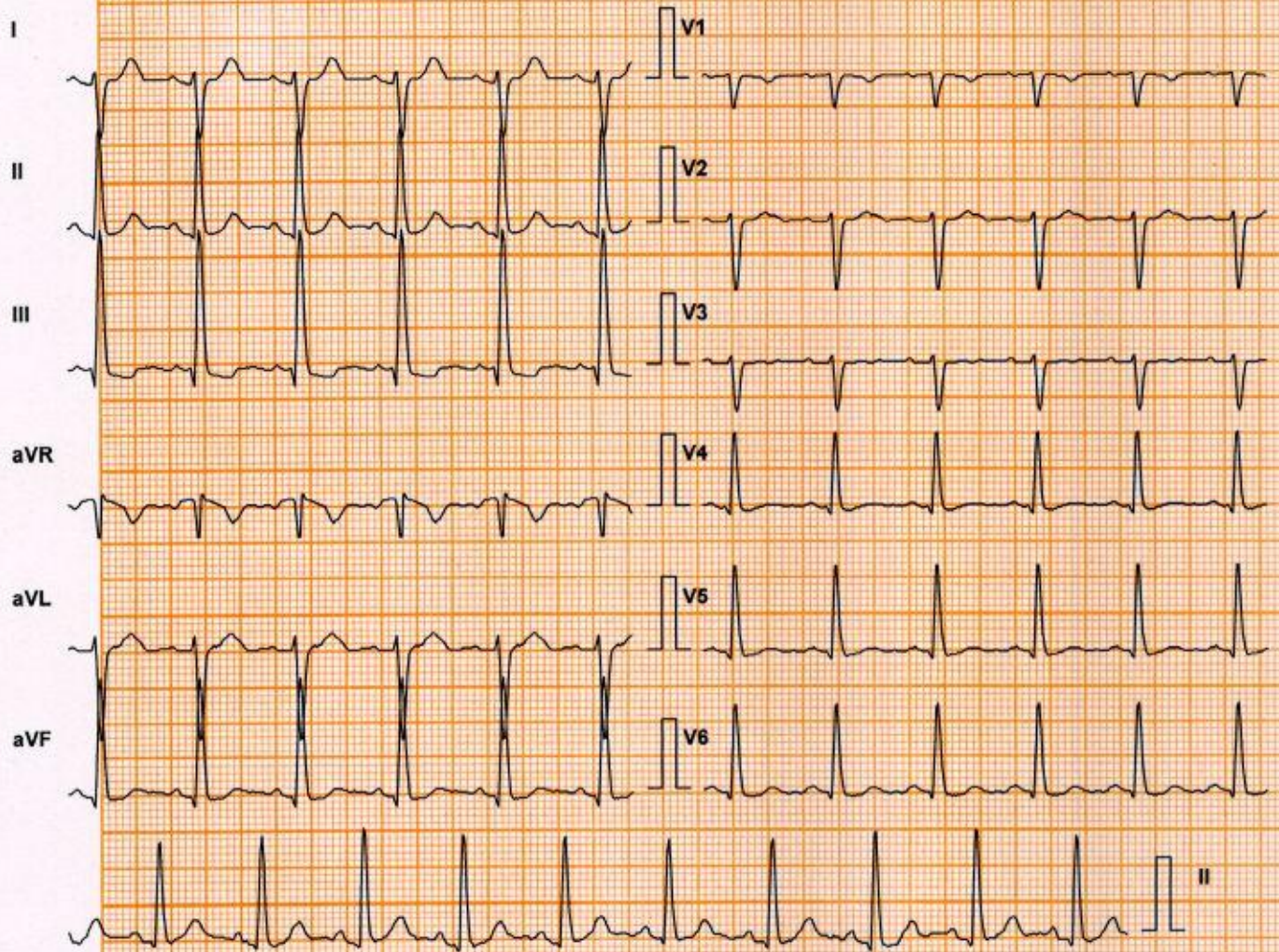
Grade: 0 %

Exec Time : 0 m 0 s

Stage Time : 0 m 34 s

HR: 103 bpm

(THR: 170 bpm)



| Lead | ST Level (mm) | ST Slope (mV / s) |
|------|---------------|-------------------|
| I | 1.1 | 0.7 |
| II | 0.6 | 0.7 |
| III | -1.1 | -0.7 |
| aVR | -1.1 | -1.1 |
| aVL | 1.1 | 1.4 |
| aVF | 0.0 | 0.4 |
| V1 | -0.2 | -0.4 |
| V2 | 0.4 | 0.4 |
| V3 | 0.2 | 0.4 |
| V4 | -0.2 | 0.4 |
| V5 | 0.0 | 0.4 |
| V6 | -0.4 | 0.0 |

Chart Speed: 25 mm/sec
Schiller Spandan V 4.7

Filter: 35 Hz
Iso = R - 60 ms J = R + 60 ms

Mains Filt: ON
Post J = J + 60 ms

Amp: 10 mm
Linked Median

DDRC S.L

LIJINA T N (31 F)

ID: 4182WG008186

Date: 22-Jul-23

B.P: 120 / 80

Protocol: Bruce

Stage: Hyperventilation

Speed: 0 mph

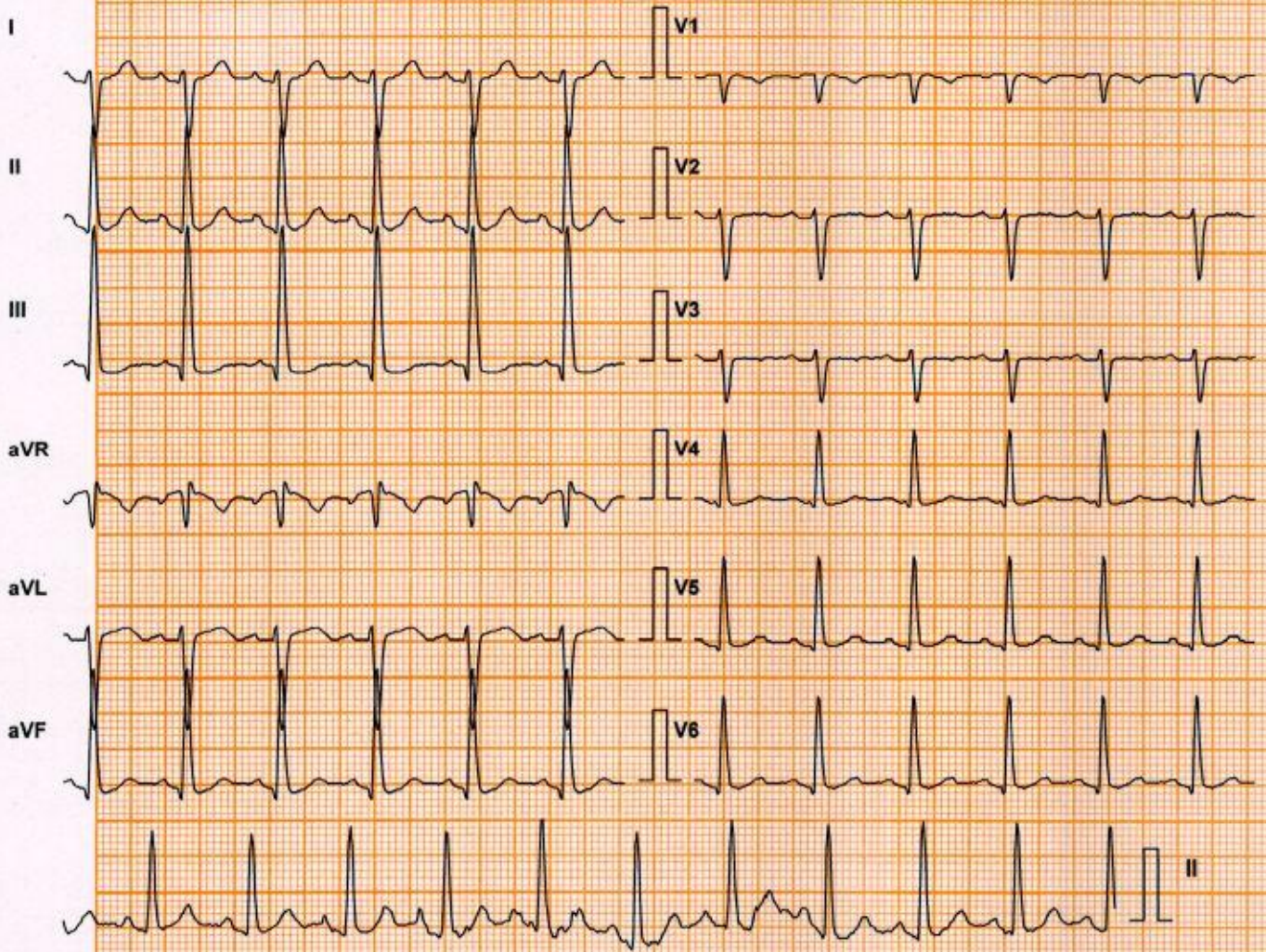
Grade: 0 %

Exec Time : 0 m 0 s

Stage Time : 0 m 18 s

HR: 110 bpm

(THR: 170 bpm)



| Lead | ST Level (mm) | ST Slope (mV/s) |
|------|---------------|-----------------|
| I | 1.1 | 0.7 |
| II | 0.4 | 1.1 |
| III | -1.1 | -0.4 |
| aVR | -0.8 | -1.1 |
| aVL | 1.1 | 1.1 |
| aVF | -0.2 | 0.4 |
| V1 | -0.4 | -0.7 |
| V2 | 0.4 | 0.4 |
| V3 | 0.2 | 0.0 |
| V4 | 0.0 | 0.4 |
| V5 | 0.2 | 0.0 |
| V6 | 0.2 | 0.4 |

Chart Speed: 25 mm/sec
Schiller Spandan V 4.7

Filter: 35 Hz
Iso = R - 60 ms J = R + 60 ms

Mains Filt: ON
Post J = J + 60 ms

Amp: 10 mm
Linked Median

DDRC S' L

LIJINA T N (31 F)

Protocol: Bruce

Exec Time : 2 m 54 s

ID: 4182WG008186

Stage: 1

Stage Time : 2 m 54 s

Date: 22-Jul-23

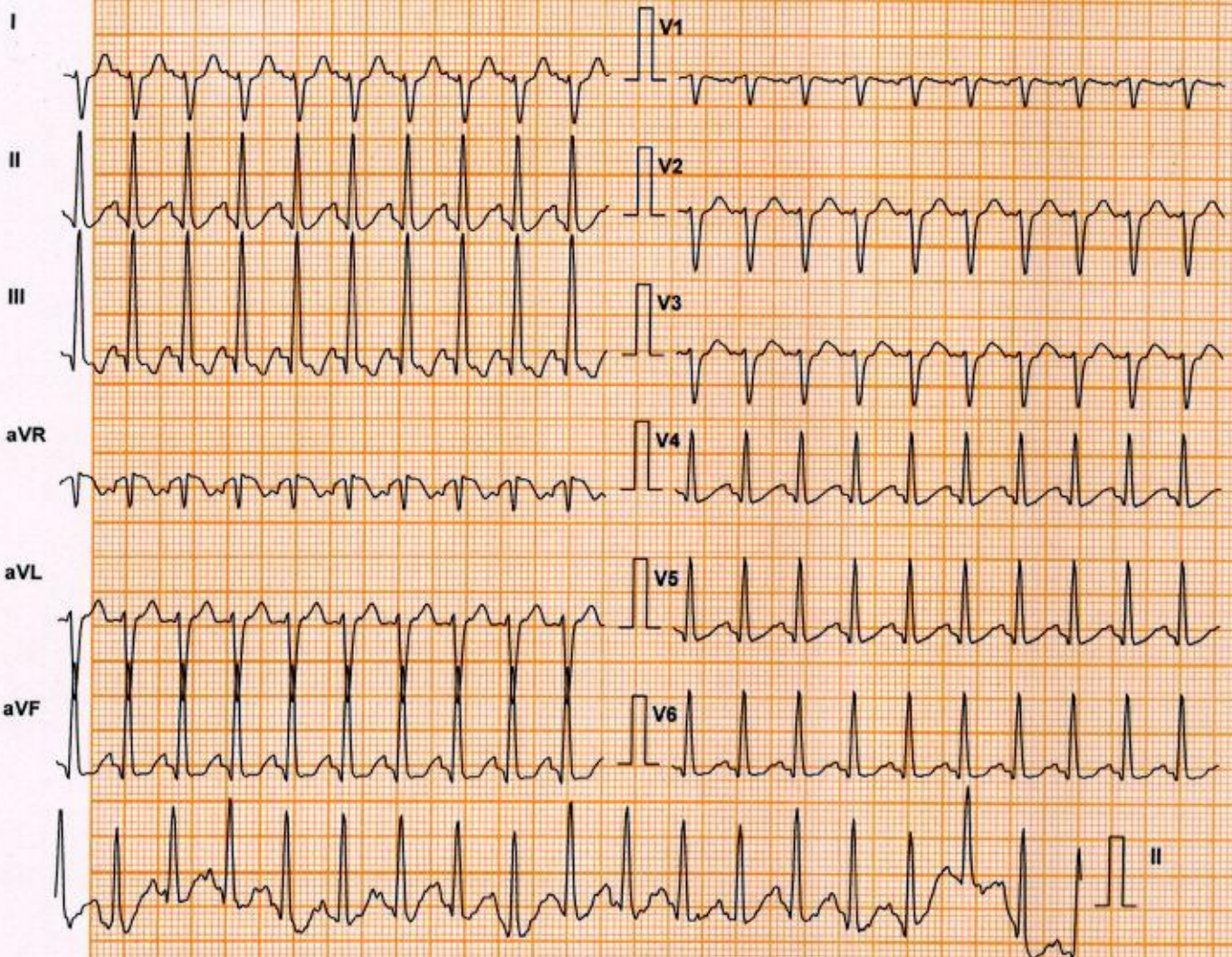
Speed: 1.7 mph

HR: 181 bpm

B.P: 150 / 80

Grade: 10 %

(THR: 170 bpm)



| Lead | ST Level (mm) | ST Slope (mV/s) |
|------|---------------|-----------------|
| I | 2.5 | 3.9 |
| aVR | -1.5 | -2.8 |
| V1 | -0.4 | -0.7 |
| V4 | 0.2 | 1.8 |
| II | 0.6 | 2.8 |
| aVL | 2.8 | 3.2 |
| V2 | 2.1 | 3.2 |
| V5 | 0.2 | 1.4 |
| III | -2.5 | -1.8 |
| aVF | -1.1 | 0.4 |
| V3 | 1.7 | 2.8 |
| V6 | -0.2 | 1.1 |

Chart Speed: 25 mm/sec
Schiller Spandan V 4.7

Filter: 35 Hz
Iso = R - 60 ms J = R + 60 ms

Mains Filt. ON
Post J = J + 60 ms

Amp: 10 mm
Linked Median

DDRC S. L

LIJINA T N (31 F)

ID: 4182WG008186

Date: 22-Jul-23

B.P: 160 / 80

Protocol: Bruce

Stage: 2

Speed: 2.5 mph

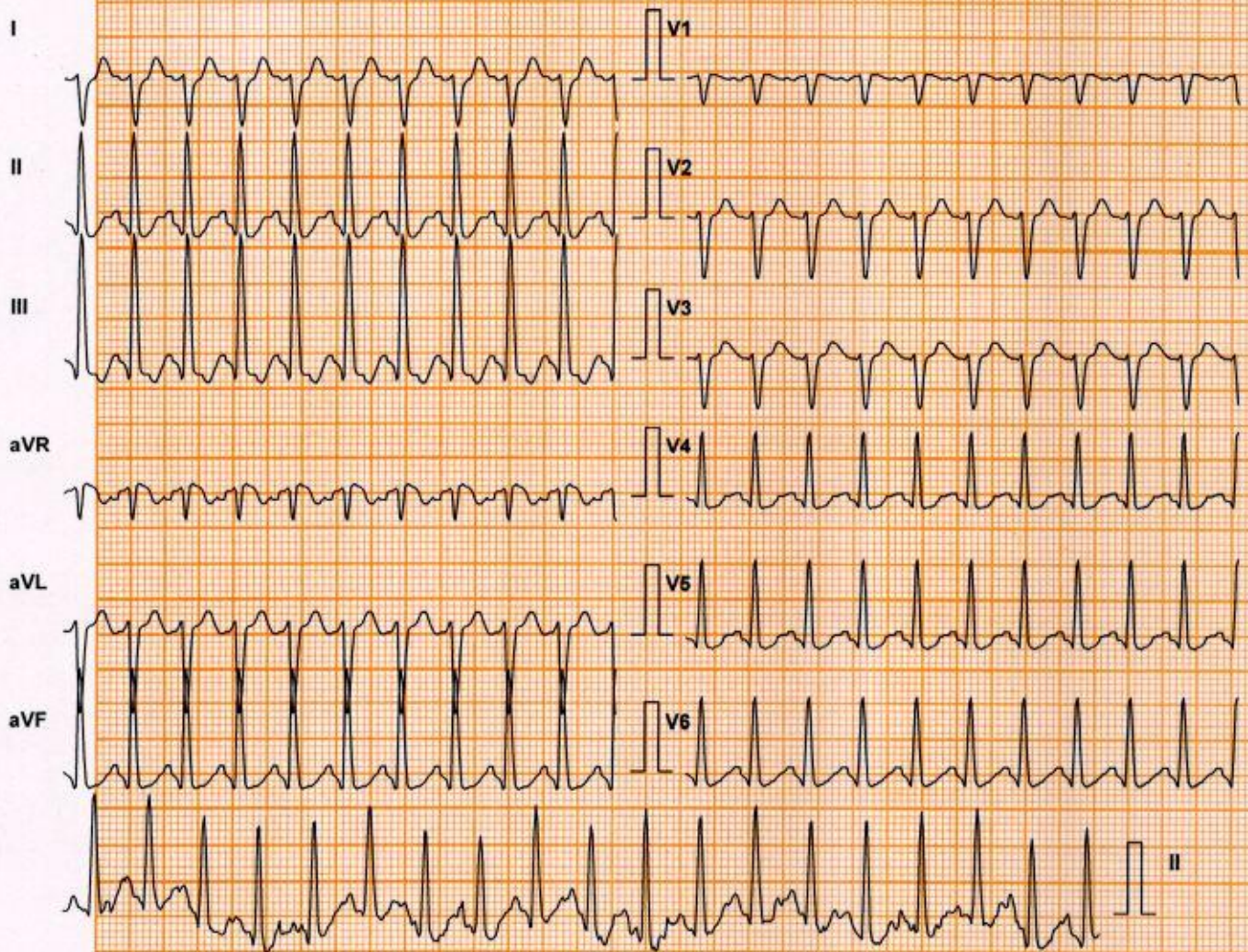
Grade: 12 %

Exec Time : 5 m 54 s

Stage Time : 2 m 54 s

HR: 188 bpm

(THR: 170 bpm)



| Lead | ST Level (mm) | ST Slope (mV/s) |
|------|---------------|-----------------|
| I | 3.0 | 5.0 |
| aVR | -1.9 | -4.2 |
| V1 | -0.2 | -1.1 |
| V4 | 0.6 | 2.5 |
| II | 0.8 | 3.9 |
| aVL | 2.8 | 3.5 |
| V2 | 2.8 | 3.9 |
| V5 | 0.4 | 2.5 |
| III | -2.3 | -1.4 |
| aVF | -0.6 | 1.4 |
| V3 | 2.3 | 3.5 |
| V6 | 0.2 | 2.1 |

Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Schiller Spandan V4.7

Iso = R - 60 ms J = R + 60 ms

Post J = J + 60 ms

Linked Median

DDRC SRL

LIJINA T N (31 F)

ID: 4182WG008186

Date: 22-Jul-23

B.P: 160 / 80

Protocol: Bruce

Stage: Peak Ex

Speed: 2.5 mph

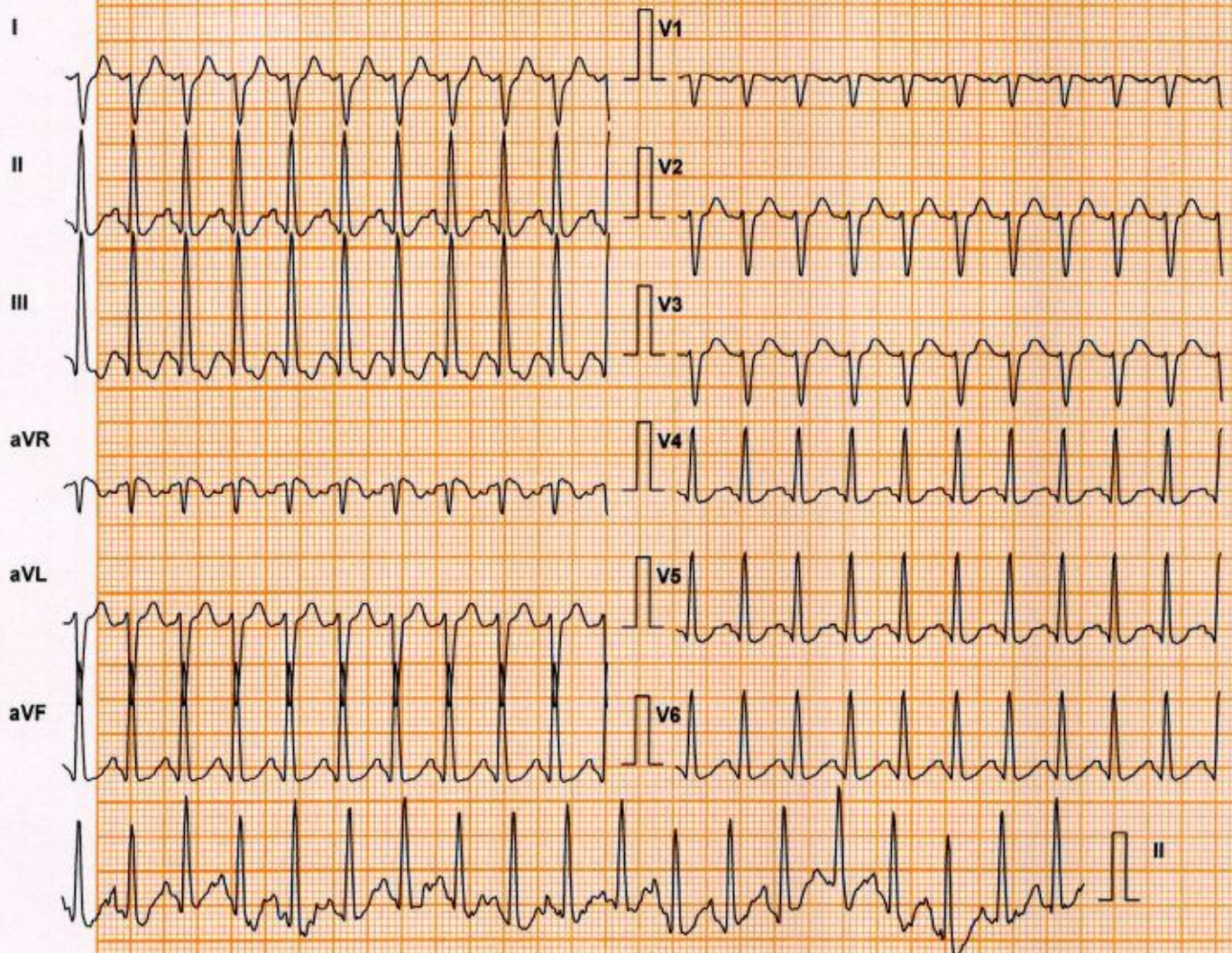
Grade: 12 %

Exec Time : 5 m 56 s

Stage Time : 2 m 56 s

HR: 188 bpm

(THR: 170 bpm)



| Lead | ST Level (mm) | ST Slope (mV/s) |
|------|---------------|-----------------|
| I | 3.0 | 5.0 |
| aVR | -1.9 | -4.2 |
| V1 | -0.2 | -1.1 |
| V4 | 0.6 | 2.5 |
| II | 0.8 | 3.9 |
| aVL | 2.8 | 3.5 |
| V2 | 2.8 | 3.9 |
| V5 | 0.4 | 2.5 |
| III | -2.3 | -1.4 |
| aVF | -0.6 | 1.4 |
| V3 | 2.3 | 3.5 |
| V6 | 0.2 | 2.1 |

Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Schiller Spandan V 4.7

Iso = R - 60 ms J = R + 60 ms

Post J = J + 60 ms

Linked Median

DDRC S' L

LIJINA T N (31 F)

ID: 4182WG008186

Date: 22-Jul-23

B.P: 170 / 80

Protocol: Bruce

Stage: Recovery(1)

Speed: 1 mph

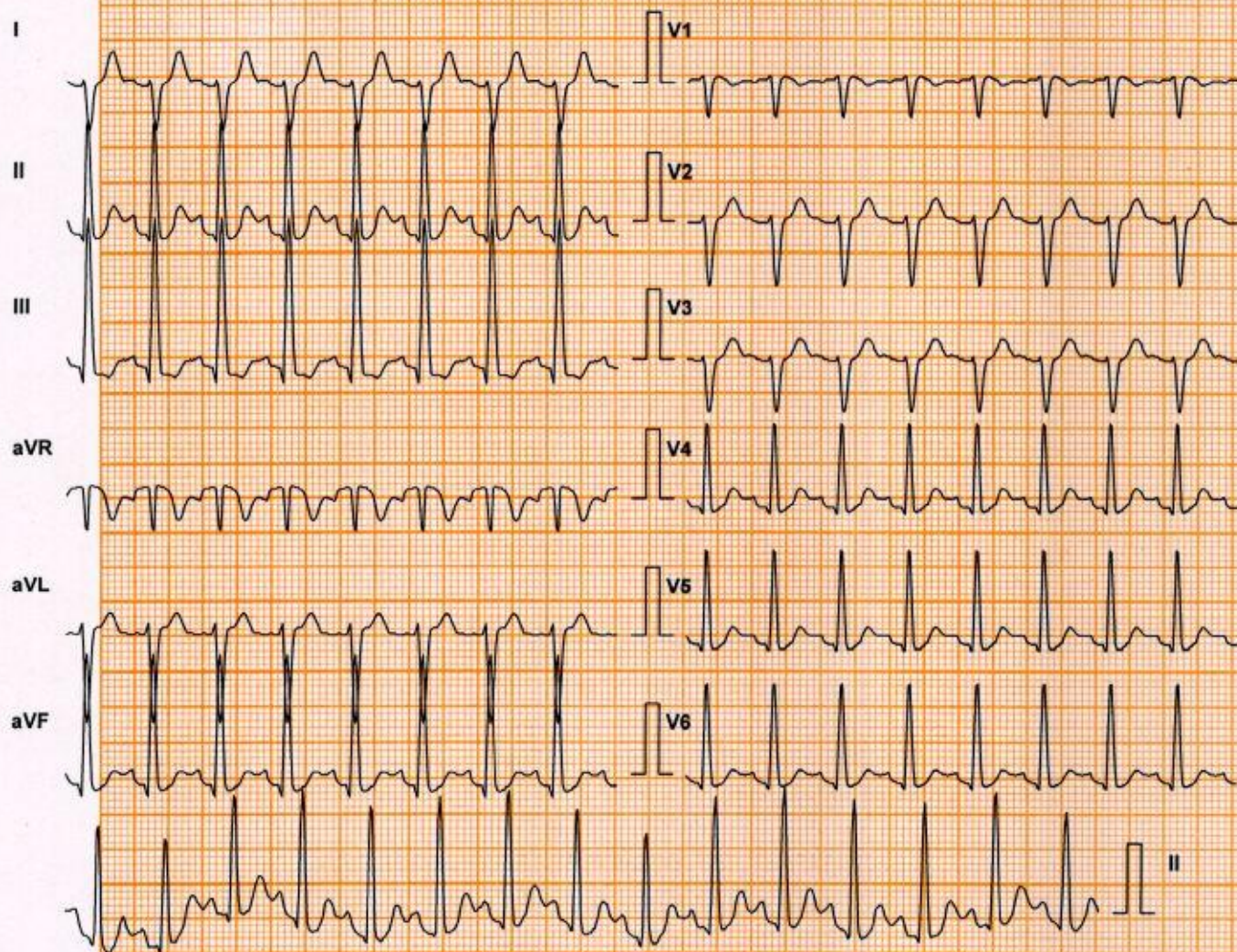
Grade: 0 %

Exec Time : 6 m 2 s

Stage Time : 0 m 54 s

HR: 150 bpm

(THR: 170 bpm)



| Lead | ST Level (mm) | ST Slope (mV/s) |
|------|---------------|-----------------|
| I | 4.2 | 5.0 |
| aVR | -3.6 | -5.3 |
| V1 | -0.6 | -1.4 |
| V4 | 2.1 | 3.5 |
| II | 3.0 | 5.7 |
| aVL | 3.2 | 3.9 |
| V2 | 3.2 | 4.2 |
| V5 | 1.9 | 3.5 |
| III | -1.3 | -0.4 |
| aVF | 1.1 | 2.8 |
| V3 | 2.8 | 3.9 |
| V6 | 1.1 | 2.5 |

Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Schiller Spandan V4.7

Iso = R - 60 ms J = R + 60 ms

Post J = J + 60 ms

Linked Median

DDRC S.L

LIJINA TN (31 F)

ID: 4182WG008186

Date: 22-Jul-23

B.P: 170 / 80

Protocol: Bruce

Stage: Recovery(2)

Speed: 0 mph

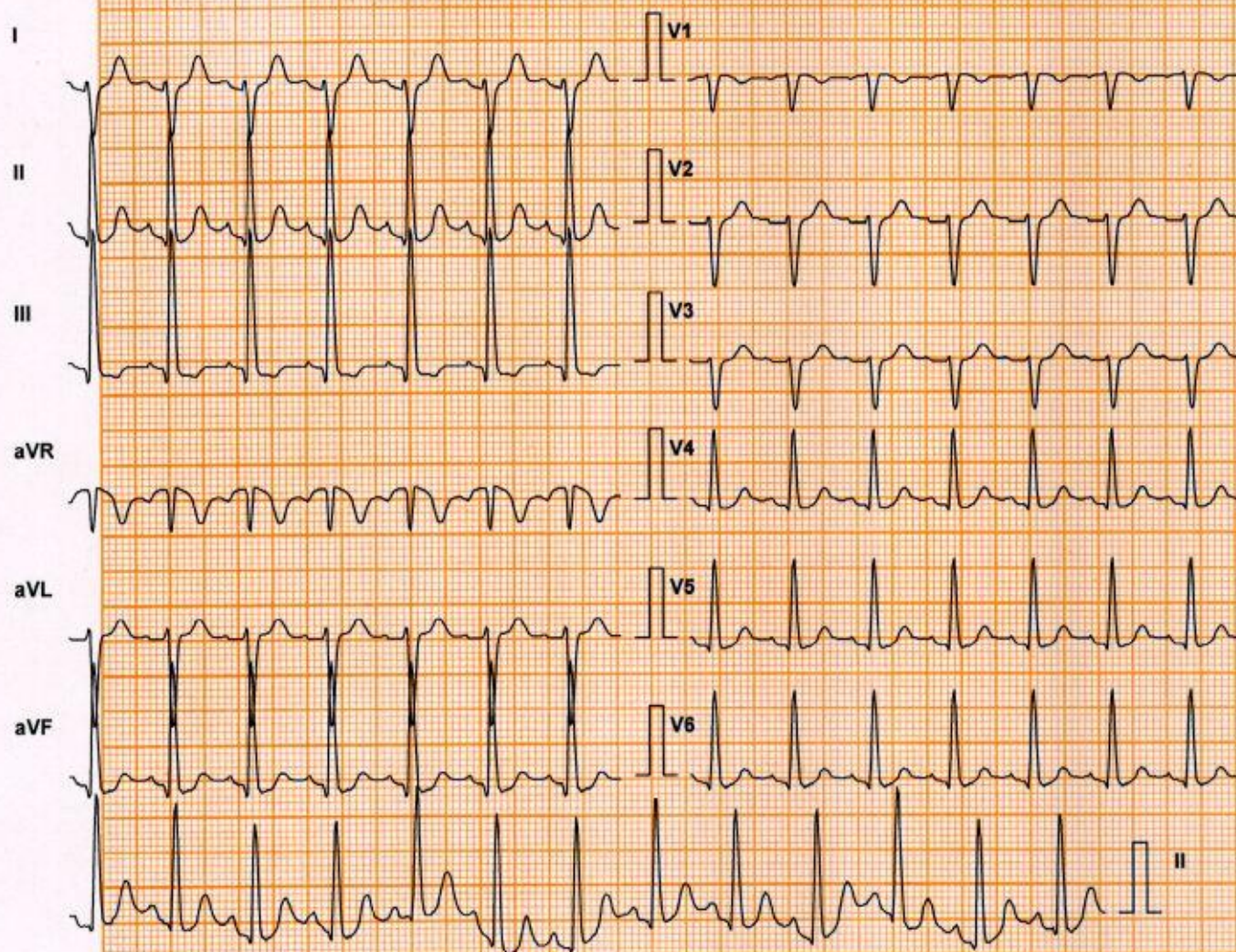
Grade: 0 %

Exec Time : 6 m 2 s

Stage Time : 0 m 54 s

HR: 129 bpm

(THR: 170 bpm)



| Lead | ST Level (mm) | ST Slope (mV/s) |
|------|---------------|-----------------|
| I | 2.3 | 3.2 |
| II | 1.3 | 2.8 |
| III | -1.3 | -0.7 |
| aVR | -1.7 | -2.5 |
| aVL | 1.7 | 1.8 |
| aVF | 0.0 | 1.4 |
| V1 | -0.4 | -1.1 |
| V2 | 1.7 | 2.1 |
| V3 | 1.1 | 1.4 |
| V4 | 0.8 | 1.8 |
| V5 | 0.8 | 1.8 |
| V6 | 0.6 | 1.8 |

Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Schiller Spandan V 4.7

Iso = R - 60 ms J = R + 60 ms

Post J = J + 60 ms

Linked Median

LIJINA T N (31 F)

Protocol: Bruce

Exec Time : 6 m 2 s

DDRC S L

ID: 4182WG008186

Stage: Recovery(3)

Stage Time : 0 m 54 s

Date: 22-Jul-23

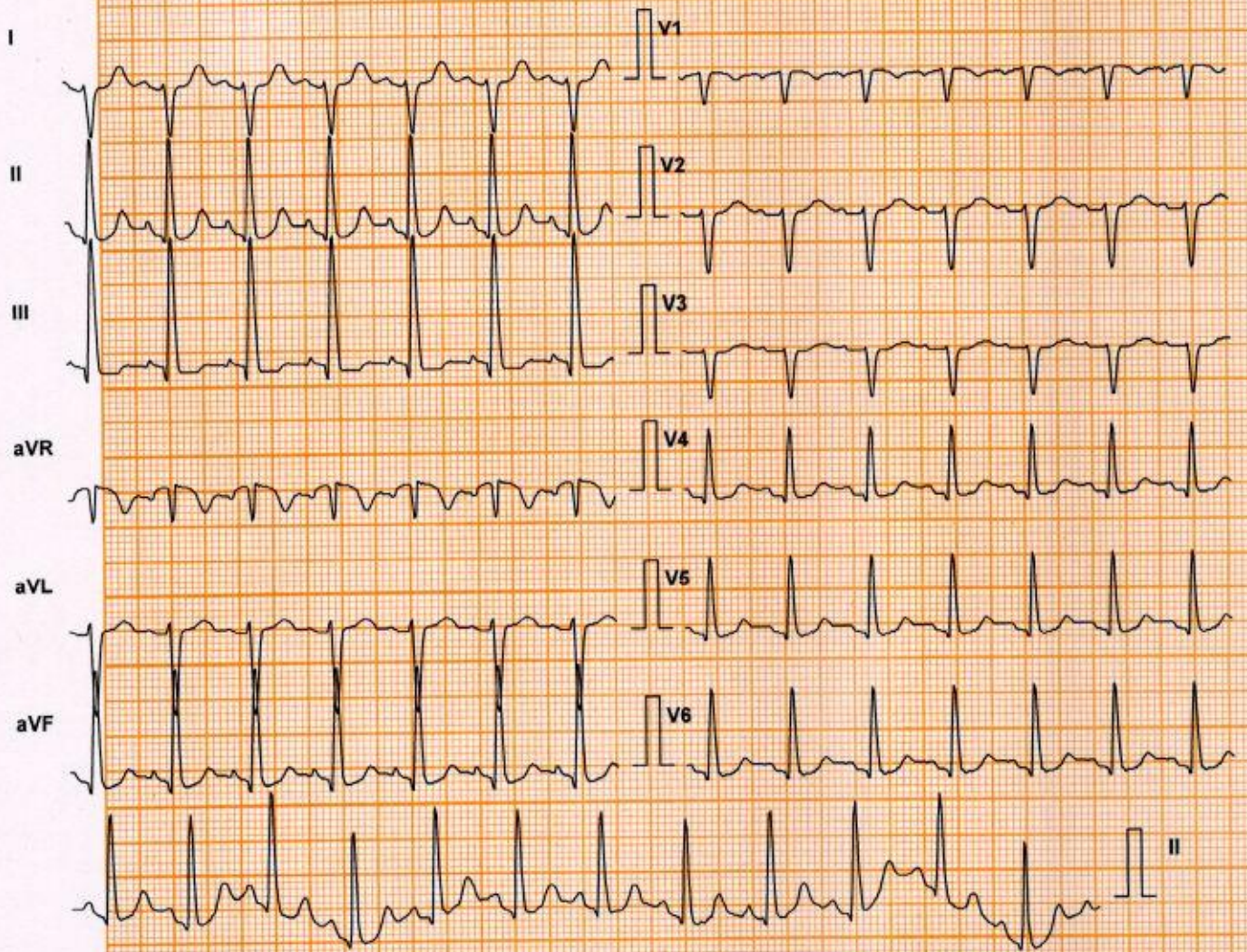
Speed: 0 mph

HR: 124 bpm

B.P: 140 / 80

Grade: 0 %

(THR: 170 bpm)



| Lead | ST Level (mm) | ST Slope (mV/s) |
|------|---------------|-----------------|
| I | 0.8 | 0.7 |
| aVR | -0.8 | -1.1 |
| V1 | 0.0 | -0.4 |
| V4 | 0.2 | 0.4 |
| II | 0.4 | 1.1 |
| aVL | 1.1 | 0.7 |
| V2 | 0.8 | 0.7 |
| V5 | 0.2 | 0.7 |
| III | -1.1 | -0.4 |
| aVF | -0.2 | 0.4 |
| V3 | 0.2 | 0.4 |
| V6 | 0.2 | 0.7 |

Chart Speed: 25 mm/sec
Schiller Spandan V 4.7

Filter: 35 Hz
Iso = R - 60 ms J = R + 60 ms

Mains Filt: ON
Post J = J + 60 ms

Amp: 10 mm
Linked Median

LIJINA TN (31 F)

Protocol: Bruce

Exec Time : 6 m 2 s

DDRC S³L

ID: 4182WG008186

Stage: Recovery(4)

Stage Time : 0 m 54 s

Date: 22-Jul-23

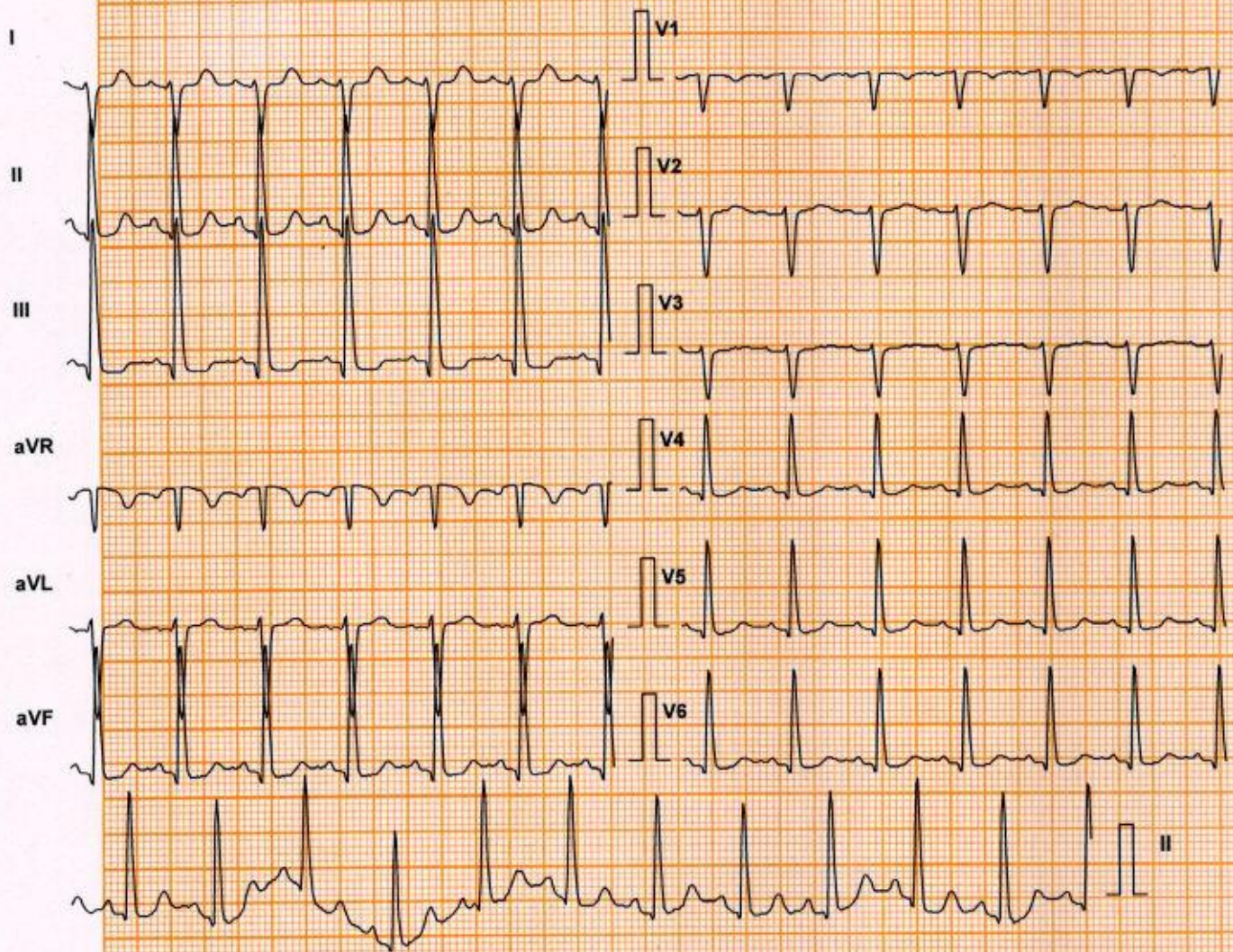
Speed: 0 mph

HR: 117 bpm

B.P: 130 / 80

Grade: 0 %

(THR: 170 bpm)



| Lead | ST Level (mm) | ST Slope (mV/s) |
|------|---------------|-----------------|
| I | 0.6 | 0.4 |
| aVR | -0.4 | -0.7 |
| V1 | 0.0 | 0.0 |
| V4 | -0.2 | 0.4 |
| II | 0.0 | 0.7 |
| aVL | 1.1 | 0.7 |
| V2 | 0.6 | 0.4 |
| V5 | 0.0 | 0.4 |
| III | -1.1 | -0.4 |
| aVF | -0.4 | 0.0 |
| V3 | 0.2 | 0.4 |
| V6 | -0.2 | 0.0 |

Chart Speed: 25 mm/sec
Schiller Spandan V 4.7

Filter: 35 Hz
Iso = R - 60 ms J = R + 60 ms

Mains Filt: ON
Post J = J + 60 ms

Amp: 10 mm
Linked Median

DDRC S. L

LIJINA TN (31 F)

ID: 4182WG008186

Date: 22-Jul-23

B.P: 130 / 80

Protocol: Bruce

Stage: Recovery(5)

Speed: 0 mph

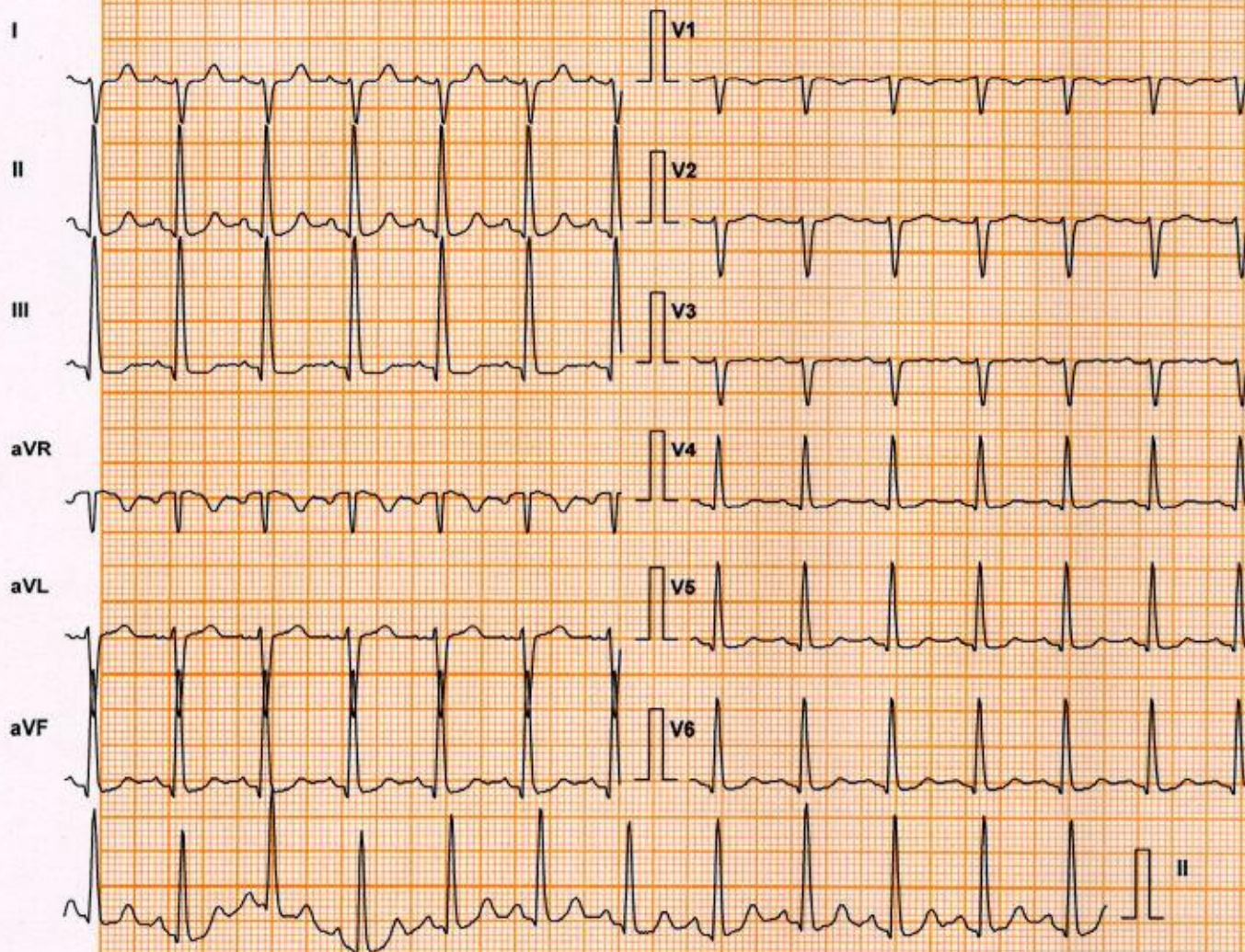
Grade: 0 %

Exec Time : 6 m 2 s

Stage Time : 0 m 54 s

HR: 117 bpm

(THR: 170 bpm)



| Lead | ST Level (mm) | ST Slope (mV/s) |
|------|---------------|-----------------|
| I | 0.4 | 0.0 |
| aVR | -0.4 | -0.7 |
| V1 | 0.0 | -0.4 |
| V4 | 0.0 | 0.4 |
| II | 0.0 | 0.7 |
| aVL | 0.8 | 0.7 |
| V2 | 0.4 | 0.4 |
| V5 | -0.2 | 0.4 |
| III | -0.8 | -0.4 |
| aVF | -0.4 | 0.4 |
| V3 | 0.2 | 0.0 |
| V6 | -0.2 | 0.0 |

Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Schiller Spandan V 4.7

Iso = R - 60 ms J = R + 60 ms

Post J = J + 60 ms

Linked Median

DDRC S₁L

LIJINA T N (31 F)

ID: 4182WG008186

Date: 22-Jul-23

B.P: 130 / 80

Protocol: Bruce

Stage: Recovery(6)

Speed: 0 mph

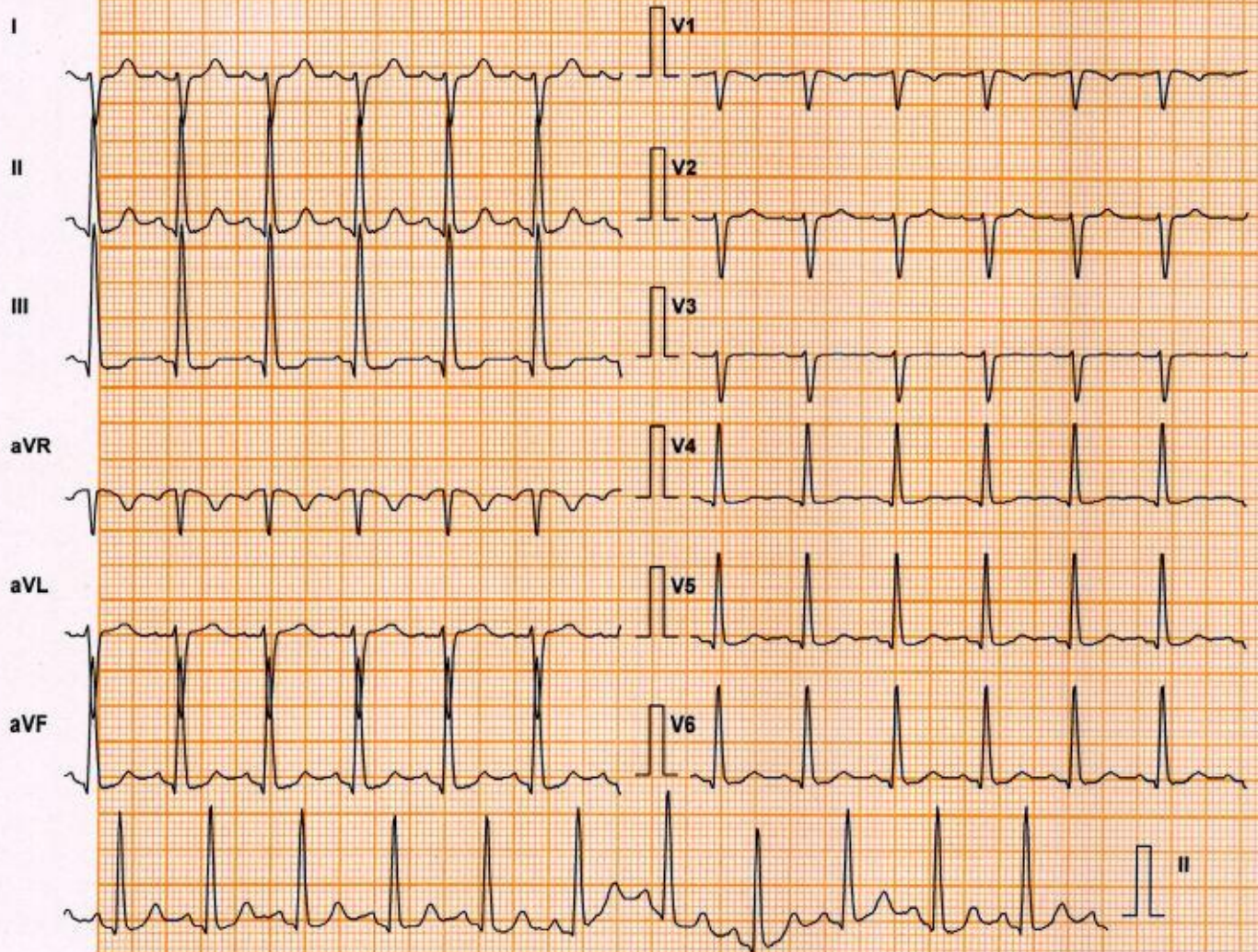
Grade: 0 %

Exec Time : 6 m 2 s

Stage Time : 0 m 54 s

HR: 115 bpm

(THR: 170 bpm)



| Lead | ST Level (mm) | ST Slope (mV/s) |
|------|---------------|-----------------|
| I | 0.6 | 0.4 |
| II | 0.2 | 0.7 |
| III | -0.8 | 0.0 |
| aVR | -0.6 | -0.7 |
| aVL | 0.8 | 0.4 |
| aVF | -0.2 | 0.4 |
| V1 | 0.0 | -0.7 |
| V2 | 0.4 | 0.4 |
| V3 | 0.2 | 0.0 |
| V4 | 0.0 | 0.0 |
| V5 | 0.0 | 0.4 |
| V6 | 0.0 | 0.4 |

Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Schiller Spandan V4.7

Iso = R - 60 ms J = R + 60 ms

Post J = J + 60 ms

Linked Median

LIJINA T N (31 F)

ID: 4182WG008186

Date: 22-Jul-23

B.P: 130 / 80

Protocol: Bruce

Stage: Recovery(7)

Speed: 0 mph

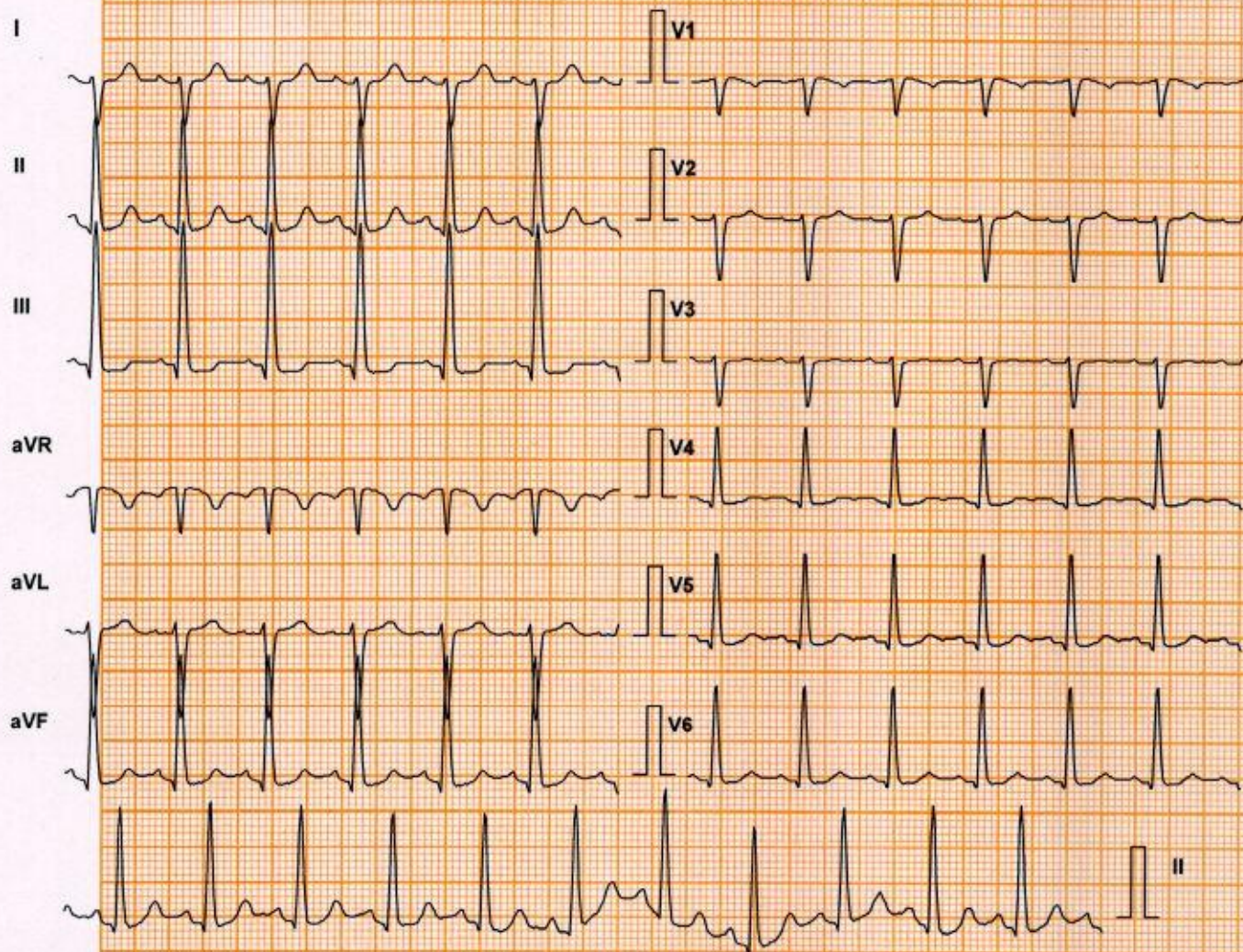
Grade: 0 %

Exec Time : 6 m 2 s

Stage Time : 0 m 54 s

HR: 115 bpm

(THR: 170 bpm)



| Lead | ST Level (mm) | ST Slope (mV/s) |
|------|---------------|-----------------|
| I | 0.6 | 0.4 |
| aVR | -0.6 | -0.7 |
| V1 | 0.0 | -0.7 |
| V4 | 0.0 | 0.0 |
| II | 0.2 | 0.7 |
| aVL | 0.8 | 0.4 |
| V2 | 0.4 | 0.4 |
| V5 | 0.0 | 0.4 |
| III | -0.8 | 0.0 |
| aVF | -0.2 | 0.4 |
| V3 | 0.2 | 0.0 |
| V6 | 0.0 | 0.4 |

Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Schiller Spandan V4.7

Iso = R - 60 ms J = R + 60 ms

Post J = J + 60 ms

Linked Median