DIAGNOSTIC REPORT

SRL Diagnostics

PATIENT NAME : SONAL BHATT	**REF. DOCTOR :** SELF	
CODE/NAME & ADDRESS : C000138362 ACROFEMI HEALTHCARE LTD (MEDIWHEEL) F-703, LADO SARAI, MEHRAULISOUTH WEST DELHI NEW DELHI 110030 8800465156	ACCESSION NO : **0030WB005257** PATIENT ID : SONAF03106830 CLIENT PATIENT ID: ABHA NO :	AGE/SEX :54 Years Female DRAWN : RECEIVED :25/02/2023 08:23:17 REPORTED :27/02/2023 15:46:59

Test Report Status **Preliminary**	Results	Biological Reference Interval	Units

MEDI WHEEL FULL BODY HEALTH CHECKUP ABOVE 40FEMALE

XRAY-CHEST

IMPRESSION — NO ABNORMALITY DETECTED

TMT OR ECHO

TMT OR ECHO — 2D-ECHO DONE

2D ECHOCARDIOGRAPHY & COLOR DOPPLER STUDY

INDICATION - CARDIAC EVALUATION
HR - 80/min, sinus
CARDIAC CHAMBER DIMENSION AND FUNCTION
LA: Normal
LV: Normal, No wall motion abnormality
LV systolic function - Normal, LVEF - 60%
LV diastolic function - Grade I diastolic dysfunction
RA: Normal, RV: Normal
CARDIAC VALVES -
Mitral valve - Normal, No mitral regurgitation.
Aortic valve - Three leaflets, No aortic regurgitation
Tricuspid valve - Trivial tricuspid regurgitation, No PAH
Pulmonary valve - Normal
Septae (IAS/IVS) - Intact on trans-thoracic echo
Clot/Vegetation/Pericardial effusion - No
Great Arteries (Aorta/pulmonary artery) - Normal
IVC - Normal calibre and collapsibility
MEASUREMENTS -

AO	LA	IVS	PW	LVIDd	LVIDs
21	24	9	9	40	22

CONCLUSION:-
NORMAL CHAMBER DIMENSIONS
NO RWMA, NORMAL LV SYSTOLIC FUNCTION, LVEF - 60%
GRADE I LV DIASTOLIC DYSFUNCTION
NORMAL PA PRESSURE

DR JIGNESH PARIKH
DNB (MED), DNB (CARD)
CARDIOLOGIST

ECG

ECG — WITHIN NORMAL LIMITS

MAMOGRAPHY (BOTH BREASTS)

Dr.Swati Pravin Mulani
Lab Head

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Patient Ref. No. 775000002438805

DIAGNOSTIC REPORT

SRL Diagnostics

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MAMOGRAPHY BOTH BREASTS	RIGHT BREAST - Shows mixed fatty and glandular parenchyma. No focal lesion is seen. LEFT BREAST - Shows mixed fatty and glandular parenchyma. No focal lesion is seen. No obvious axillary adenopathy noted on either side. Clinical correlation. SoS X-Mammography if clinically indicated.		
MEDICAL HISTORY			
RELEVANT PRESENT HISTORY	K/C/O HYPERTENSION, UNDER TREATMENT		
RELEVANT PAST HISTORY	ANGIOPLASTY IN 2019.		
RELEVANT PERSONAL HISTORY	NOT SIGNIFICANT		
MENSTRUAL HISTORY (FOR FEMALES)	REGULAR.		
LMP (FOR FEMALES)	LMP - 19-01-2023		
RELEVANT FAMILY HISTORY	HIGH BLOOD PRESSURE, HEART DISEASE		
OCCUPATIONAL HISTORY	NOT SIGNIFICANT		
HISTORY OF MEDICATIONS	CAP. ROSUMAC GOLD, TAB. TELMA-CT		
ANTHROPOMETRIC DATA & BMI			
HEIGHT IN METERS	1.57		mts
WEIGHT IN KGS.	84		Kgs
BMI	34	BMI & Weight Status as follows: Below 18.5: Underweight 18.5 - 24.9: Normal 25.0 - 29.9: Overweight 30.0 and Above: Obese	kg/sqmts
GENERAL EXAMINATION			
MENTAL / EMOTIONAL STATE	NORMAL		
PHYSICAL ATTITUDE	NORMAL		
GENERAL APPEARANCE / NUTRITIONAL STATUS	OVERWEIGHT		
BUILT / SKELETAL FRAMEWORK	AVERAGE		
FACIAL APPEARANCE	NORMAL		
SKIN	NORMAL		

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UPPER LIMB	NORMAL		
LOWER LIMB	NORMAL		
NECK	NORMAL		
NECK LYMPHATICS / SALIVARY GLANDS	NOT ENLARGED OR TENDER		
THYROID GLAND	NOT ENLARGED		
CAROTID PULSATION	NORMAL		
TEMPERATURE	NORMAL		
PULSE	82/MIN REGULAR, ALL PERIPHERAL PULSES WELL FELT, NO CAROTID BRUIT		
RESPIRATORY RATE	NORMAL		
CARDIOVASCULAR SYSTEM			
BP	112/70 MM HG (SITTING)		mm/Hg
PERICARDIUM	NORMAL		
APEX BEAT	NORMAL		
HEART SOUNDS	NORMAL		
MURMURS	ABSENT		
RESPIRATORY SYSTEM			
SIZE AND SHAPE OF CHEST	NORMAL		
MOVEMENTS OF CHEST	SYMMETRICAL		
BREATH SOUNDS INTENSITY	NORMAL		
BREATH SOUNDS QUALITY	VESICULAR (NORMAL)		
ADDED SOUNDS	ABSENT		
PER ABDOMEN			
APPEARANCE	NORMAL		
VENOUS PROMINENCE	ABSENT		
LIVER	NOT PALPABLE		
SPLEEN	NOT PALPABLE		
HERNIA	ABSENT		
CENTRAL NERVOUS SYSTEM			
HIGHER FUNCTIONS	NORMAL		
CRANIAL NERVES	NORMAL		
CEREBELLAR FUNCTIONS	NORMAL		

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SENSORY SYSTEM	NORMAL		
MOTOR SYSTEM	NORMAL		
REFLEXES	NORMAL		
MUSCULOSKELETAL SYSTEM			
SPINE	NORMAL		
JOINTS	NORMAL		
BASIC EYE EXAMINATION			
CONJUNCTIVA	NORMAL		
EYELIDS	NORMAL		
EYE MOVEMENTS	NORMAL		
CORNEA	NORMAL		
DISTANT VISION RIGHT EYE WITHOUT GLASSES	DISTANT VISION - 6/9		
DISTANT VISION LEFT EYE WITHOUT GLASSES	DISTANT VISION - 6/9		
NEAR VISION RIGHT EYE WITHOUT GLASSES	NEAR VISION - N 10		
NEAR VISION LEFT EYE WITHOUT GLASSES	NEAR VISION - N 10		
COLOUR VISION	NORMAL		
BASIC ENT EXAMINATION			
EXTERNAL EAR CANAL	NORMAL		
TYMPANIC MEMBRANE	NORMAL		
NOSE	NO ABNORMALITY DETECTED		
SINUSES	NORMAL		
THROAT	NO ABNORMALITY DETECTED		
TONSILS	NOT ENLARGED		
SUMMARY			
RELEVANT HISTORY	K/C/O HYPERTENSION, UNDER TREATMENT		
RELEVANT GP EXAMINATION FINDINGS	NOT SIGNIFICANT		
RELEVANT LAB INVESTIGATIONS	HBA1C RAISED (6.1%) POST PRANDIAL BLOOD SUGAR LEVEL RAISED - 171 MG/DL TRIGLYCERIDE RAISED (182 mg/dL) HDL CHOLESTEROL LOW (32 mg/dL) DIRECT BILLIRUBIN RAISED - 0.35 MG/DL BLOOD DETECTED (+) IN URINE RBC'S 2-3 / HPF IN URINE		

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RELEVANT NON PATHOLOGY DIAGNOSTICS	NO ABNORMALITIES DETECTED		
REMARKS / RECOMMENDATIONS	ADV. REDUCE PROCESSED FOOD IN DIET INCREASE UNSATURATED FATS IN DIET REDUCE FRIED & OILY FOOD IN DIET REPEAT BILIRUBIN AFTER 15 DAYS DIABETIC DIET, REGULLAR EXRCISE. REDUCE INTAKE OF SWEETS, SUGAR & STARCH IN DIET. DO FASTING & POST PRANDIAL BLOOD SUGAR LEVEL AFTER 1 MONTH FOLLOW UP WITH DIABETOLOGIST. FOLLOW UP WITH EYE SPECIALIST FOLLOW UP WITH GASTROENTEROLOGIST.		
FITNESS STATUS			
FITNESS STATUS	FIT (WITH MEDICAL ADVICE) (AS PER REQUESTED PANEL OF TESTS)		

Comments

****

OUR DOCTORS ON PANEL FOR NON-PATHOLOGICAL REPORTS:

1. DR. JIGNESH PARIKH: DNB (CARDIOLOGY), N.B.E (CONSULTANT CARDIOLOGIST)
2. DR.SANJAY JOSHI, D M R D, DNB - RADIOLOGIST
3. DR. SUCHARITA PARANJPE, MBBS, FCPS (OPHTHALMOLOGY)
4. DR. (MRS.) MANJUSHA PRABHUNE - GYNAECOLOGIST.
5. DR. (MRS.) NIMKAR – GYNAECOLOGIST.

This report bears the signature of the in-charge of the facility.
Panel doctors are responsible for the results/reports of their individual specialty.

****

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MEDI WHEEL FULL BODY HEALTH CHECKUP ABOVE 40FEMALE

ULTRASOUND ABDOMEN

ULTRASOUND ABDOMEN

ULTRASONOGRAPHY OF ABDOMEN & PELVIS

LIVER: Liver is normal in size. **Grade I / II changes of fatty liver are noted.** No focal intra-hepatic lesion is detected. Intrahepatic biliary radicals are not dilated. Portal vein is normal

GALL BLADDER: Gall bladder shows normal thickness of its walls. No calculi are seen. Common bile duct is normal .

PANCREAS: Pancreas is normal in size and echo pattern.

SPLEEN: Spleen is normal in size . It is normal in shape and position. Echoes are normal. Splenic vein is not dilated .

RIGHT KIDNEY: Normal in position, size and outline. Corticomedullary differentiation is maintained. Central sinus echoes are compact.No evidence of calculus is seen.No hydronephrosis.

LEFT KIDNEY: Normal in position, size and outline. Corticomedullary differentiation is maintained. Central sinus echoes are compact.No evidence of calculus is seen.No hydronephrosis.

URINARY BLADDER: Urinary bladder is normal in wall thickness with clear contents**.** Its walls show a smooth outline. There is no evidence of any intraluminal or perivesicle abnormality.

UTERUS: Uterus is normal in size & shape. Endometrium is central and normal in thickness. Myometrial echogenecity appears uniform. Cervix is normal.

OVARIES : Both ovaries are normal in size, shape and echo pattern.No abnormal adnexa mass lesion is seen.No free fluid is detected in pouch of Douglas and Morissons pouch.

No e/o any retroperitoneal lymphadenopathy.
No e/o any free fluid noted in abdomen.

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Clinical correlation.
Sub optimal window due to obesity.

Interpretation(s)
MEDICAL
HISTORY-**********
THIS REPORT CARRIES THE SIGNATURE OF OUR LABORATORY DIRECTOR. THIS IS AN INVIOLABLE FEATURE OF OUR LAB MANAGEMENT SOFTWARE. HOWEVER, ALL EXAMINATIONS AND INVESTIGATIONS HAVE BEEN CONDUCTED BY OUR PANEL OF DOCTORS.

****

FITNESS STATUS-Conclusion on an individual's Fitness, which is commented upon mainly for Pre employment cases, is based on multi factorial findings and does not depend on any one single parameter. The final Fitness assigned to a candidate will depend on the Physician's findings and overall judgement on a case to case basis, details of the candidate's past and personal history; as well as the comprehensiveness of the diagnostic panel which has been requested for .These are then further correlated with details of the job under consideration to eventually fit the right man to the right job.
Basis the above, SRL classifies a candidate's Fitness Status into one of the following categories:
• Fit (As per requested panel of tests) – SRL Limited gives the individual a clean chit to join the organization, on the basis of the General Physical Examination and the specific test panel requestec for.
• Fit (with medical advice) (As per requested panel of tests) - This indicates that although the candidate can be declared as FIT to join the job, minimal problems have been detected during the Pre- employment examination. Examples of conditions which could fall in this category could be cases of mild reversible medical abnormalities such as height weight disproportions, borderline raised Blood Pressure readings, mildly raised Blood sugar anc Blood Lipid levels, Hematuria, etc. Most of these relate to sedentary lifestyles and come under the broad category of life style disorders. The idea is to caution an individual to bring about certain lifestyle changes as well as seek a Physician"s consultation and counseling in order to bring back to normal the mildly deranged parameters. For all purposes the individual is FIT to join the job.
• Fitness on Hold (Temporary Unfit) (As per requested panel of tests) - Candidate's reports are kept on hold when either the diagnostic tests or the physical findings reveal the presence of a medical condition which warrants further tests, counseling and/or specialist opinion, on the basis of which a candidate can either be placed into Fit, Fit (With Medical Advice), or Unfit category. Conditions which may fall into this category could be high blood pressure, abnormal ECG, heart murmurs, abnormal vision, grossly elevated blood sugars, etc.
• Unfit (As per requested panel of tests) - An unfit report by SRL Limited clearly indicates that the individual is not suitable for the respective job profile e.g. total color blindness in color related jobs.

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HAEMATOLOGY - CBC

MEDI WHEEL FULL BODY HEALTH CHECKUP ABOVE 40FEMALE

	Results	Biological Reference Interval	Units
BLOOD COUNTS,EDTA WHOLE BLOOD			
HEMOGLOBIN (HB)	13.3	12.0 - 15.0	g/dL
RED BLOOD CELL (RBC) COUNT METHOD : ELECTRICAL IMPEDANCE	**4.86 High**	3.8 - 4.8	mil/µL
WHITE BLOOD CELL (WBC) COUNT METHOD : ELECTRICAL IMPEDANCE	8.00	4.0 - 10.0	thou/µL
PLATELET COUNT METHOD : ELECTRICAL IMPEDANCE	366	150 - 410	thou/µL
RBC AND PLATELET INDICES			
HEMATOCRIT (PCV) METHOD : CALCULATED	40.9	36 - 46	%
MEAN CORPUSCULAR VOLUME (MCV) METHOD : CALCULATED	84.0	83 - 101	fL
MEAN CORPUSCULAR HEMOGLOBIN (MCH) METHOD : CALCULATED	27.5	27.0 - 32.0	pg
MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION (MCHC) METHOD : CALCULATED	32.6	31.5 - 34.5	g/dL
RED CELL DISTRIBUTION WIDTH (RDW) METHOD : CALCULATED	12.4	11.6 - 14.0	%
MENTZER INDEX	17.3		
MEAN PLATELET VOLUME (MPV) METHOD : CELL COUNTER (CALCULATED)	9.1	6.8 - 10.9	fL
WBC DIFFERENTIAL COUNT			
NEUTROPHILS METHOD : ELECTRICAL IMPEDANCE/MICROSCOPY	54	40 - 80	%
LYMPHOCYTES METHOD : ELECTRICAL IMPEDANCE/MICROSCOPY	34	20 - 40	%
MONOCYTES	8	2 - 10	%
EOSINOPHILS METHOD : ELECTRICAL IMPEDANCE/MICROSCOPY	4	1 - 6	%
BASOPHILS METHOD : ELECTRICAL IMPEDANCE/MICROSCOPY	0	0 - 2	%

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ABSOLUTE NEUTROPHIL COUNT METHOD : CALCULATED	4.32	2.0 - 7.0	thou/µL
ABSOLUTE LYMPHOCYTE COUNT METHOD : CALCULATED	2.72	1.0 - 3.0	thou/µL
ABSOLUTE MONOCYTE COUNT METHOD : CALCULATED	0.64	0.2 - 1.0	thou/µL
ABSOLUTE EOSINOPHIL COUNT METHOD : CALCULATED	0.32	0.02 - 0.50	thou/µL
ABSOLUTE BASOPHIL COUNT METHOD : CALCULATED	**0.00 Low**	0.02 - 0.10	thou/µL
NEUTROPHIL LYMPHOCYTE RATIO (NLR) METHOD : CALCULATED	1.6		
MORPHOLOGY			
REMARKS	RBCS: PREDOMINANTLY NORMOCYTIC NORMOCHROMIC. WBCS: WBCS ARE NORMAL IN NUMBER & MORPHOLOGY. PLATELETS: ADEQUATE ON PERIPHERAL SMEAR.		

Interpretation(s)
BLOOD COUNTS,EDTA WHOLE BLOOD-The cell morphology is well preserved for 24hrs. However after 24-48 hrs a progressive increase in MCV and HCT is observed leading to a decrease in MCHC. A direct smear is recommended for an accurate differential count and for examination of RBC morphology.
RBC AND PLATELET INDICES-Mentzer index (MCV/RBC) is an automated cell-counter based calculated screen tool to differentiate cases of Iron deficiency anaemia(>13) from Beta thalassaemia trait
(<13) in patients with microcytic anaemia. This needs to be interpreted in line with clinical correlation and suspicion. Estimation of HbA2 remains the gold standard for diagnosing a case of beta thalassaemia trait.
WBC DIFFERENTIAL COUNT-The optimal threshold of 3.3 for NLR showed a prognostic possibility of clinical symptoms to change from mild to severe in COVID positive patients. When age = 49.5 years olc and NLR = 3.3, 46.1% COVID-19 patients with mild disease might become severe. By contrast, when age < 49.5 years olc and NLR < 3.3, COVID-19 patients tend to show mild disease.
(Reference to - The diagnostic and predictive role of NLR, d-NLR and PLR in COVID-19 patients ; A.-P. Yang, et al.; International Immunopharmacology 84 (2020) 106504
This ratio element is a calculatec parameter and out of NABL scope.

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HAEMATOLOGY

MEDI WHEEL FULL BODY HEALTH CHECKUP ABOVE 40FEMALE

ERYTHROCYTE SEDIMENTATION RATE (ESR),WHOLE BLOOD			
E.S.R	15	0 - 20	mm at 1 hr
METHOD : WESTERGREN METHOD			

Interpretation(s)
ERYTHROCYTE SEDIMENTATION RATE (ESR),WHOLE BLOOD-**TEST DESCRIPTION** :-
Erythrocyte sedimentation rate (ESR) is a test that indirectly measures the degree of inflammation present in the body. The test actually measures the rate of fall (sedimentation) of erythrocytes in a sample of blood that has been placed into a tall, thin, vertical tube. Results are reported as the millimetres of clear fluid (plasma) that are present at the top portion of the tube after one hour. Nowadays fully automated instruments are available to measure ESR.

ESR is not diagnostic; it is a non-specific test that may be elevated in a number of different conditions. It provides general information about the presence of an inflammatory condition.CRP is superior to ESR because it is more sensitive and reflects a more rapid change.

TEST INTERPRETATION
Increase in: Infections, Vasculities, Inflammatory arthritis, Renal disease, Anemia, Malignancies and plasma cell dyscrasias, Acute allergy Tissue injury, Pregnancy, Estrogen medication, Aging.
Finding a very accelerated ESR**(>100 mm/hour)** in patients with ill-defined symptoms directs the physician to search for a systemic disease (Paraproteinemias, Disseminated malignancies, connective tissue disease, severe infections such as bacterial endocarditis).
In pregnancy BRI in first trimester is 0-48 mm/hr(62 if anemic) and in seconc trimester (0-70 mm /hr(95 if anemic). ESR returns to normal 4th week post partum.
Decreased in: Polycythemia vera, Sickle cell anemia

LIMITATIONS
False elevated ESR : Increased fibrinogen, Drugs(Vitamin A, Dextran etc), Hypercholesterolemia
False Decreased : Poikilocytosis,(SickleCells,spherocytes),Microcytosis, Low fibrinogen, Very high WBC counts, Drugs(Quinine, salicylates)

REFERENCE :
1. Nathan and Oski's Haematology of Infancy and Childhood, 5th edition;2. Paediatric reference intervals. AACC Press, 7th edition. Edited by S. Soldin;3. The reference for the adult reference range is "Practical Haematology by Dacie and Lewis,10th edition.

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Patient Ref. No. 775000002438805

DIAGNOSTIC REPORT

SRL Diagnostics

PATIENT NAME : SONAL BHATT	**REF. DOCTOR :** SELF	
CODE/NAME & ADDRESS : C000138362 ACROFEMI HEALTHCARE LTD (MEDIWHEEL) F-703, LADO SARAI, MEHRAULISOUTH WEST DELHI NEW DELHI 110030 8800465156	ACCESSION NO : **0030WB005257** PATIENT ID : SONAF03106830 CLIENT PATIENT ID: ABHA NO :	AGE/SEX :54 Years Female DRAWN : RECEIVED :25/02/2023 08:23:17 REPORTED :27/02/2023 15:46:59

Test Report Status **Preliminary**	Results	Biological Reference Interval	Units

IMMUNOHAEMATOLOGY

MEDI WHEEL FULL BODY HEALTH CHECKUP ABOVE 40FEMALE

ABO GROUP & RH TYPE, EDTA WHOLE BLOOD

ABO GROUP	TYPE B		
METHOD : TUBE AGGLUTINATION			
RH TYPE	POSITIVE		
METHOD : TUBE AGGLUTINATION			

Interpretation(s)
ABO GROUP & RH TYPE, EDTA WHOLE BLOOD-
Blood group is identified by antigens and antibodies present in the blood. Antigens are protein molecules found on the surface of red blood cells. Antibodies are found in plasma. To determine blood group, red cells are mixed with different antibody solutions to give A,B,O or AB.

Disclaimer: "Please note, as the results of previous ABO and Rh group (Blood Group) for pregnant women are not available, please check with the patient records for availability of the same."

The test is performed by both forward as well as reverse grouping methods.

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BIOCHEMISTRY

MEDI WHEEL FULL BODY HEALTH CHECKUP ABOVE 40FEMALE

GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA WHOLE BLOOD			
HBA1C	**6.1 High**	Non-diabetic: < 5.7 Pre-diabetics: 5.7 - 6.4 Diabetics: > or = 6.5 Therapeutic goals: < 7.0 Action suggested : > 8.0 (ADA Guideline 2021)	%
METHOD : HPLC			
ESTIMATED AVERAGE GLUCOSE(EAG)	**128.4 High**	< 116.0	mg/dL
GLUCOSE FASTING,FLUORIDE PLASMA			
FBS (FASTING BLOOD SUGAR)	98	74 - 99	mg/dL
METHOD : HEXOKINASE			
GLUCOSE, POST-PRANDIAL, PLASMA			
PPBS(POST PRANDIAL BLOOD SUGAR)	**171 High**	Normal: < 140, Impaired Glucose Tolerance:140-199 Diabetic > or = 200	mg/dL
METHOD : HEXOKINASE			
LIPID PROFILE, SERUM			
CHOLESTEROL, TOTAL	100	Desirable: <200 BorderlineHigh : 200-239 High : > or = 240	mg/dL
TRIGLYCERIDES	**182 High**	Desirable: < 150 Borderline High: 150 - 199 High: 200 - 499 Very High : > or = 500	mg/dL
METHOD : ENZYMATIC WITH GLYCEROL BLANK			
HDL CHOLESTEROL	**32 Low**	< 40 Low > or = 60 High	mg/dL
METHOD : DIRECT MEASURE - PEG			

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CHOLESTEROL LDL	32	Adult levels: Optimal < 100 Near optimal/above optimal: 100-129 Borderline high : 130-159 High : 160-189 Very high : = 190	mg/dL
NON HDL CHOLESTEROL	68	Desirable: Less than 130 Above Desirable: 130 - 159 Borderline High: 160 - 189 High: 190 - 219 Very high: > or = 220	mg/dL
VERY LOW DENSITY LIPOPROTEIN	36.4		mg/dL
CHOL/HDL RATIO	3.1		
LDL/HDL RATIO	1.0	0.5 - 3.0 Desirable/Low Risk 3.1 - 6.0 Borderline/Moderate Risk >6.0 High Risk	

Interpretation(s)

LIVER FUNCTION PROFILE, SERUM

BILIRUBIN, TOTAL METHOD : DIAZONIUM ION, BLANKED (ROCHE)	0.91	0.0 - 1.2	mg/dL
BILIRUBIN, DIRECT METHOD : DIAZOTIZATION	**0.35 High**	0.0 - 0.2	mg/dL
BILIRUBIN, INDIRECT METHOD : CALCULATED PARAMETER	0.56	0.00 - 1.00	mg/dL
TOTAL PROTEIN METHOD : BIURET, REAGENT BLANK, END POINT	6.9	6.4 - 8.3	g/dL
ALBUMIN METHOD : BROMOCRESOL GREEN (BCG)	3.9	3.50 - 5.20	g/dL
GLOBULIN METHOD : CALCULATED PARAMETER	3.0	2.0 - 4.1	g/dL
ALBUMIN/GLOBULIN RATIO METHOD : CALCULATED PARAMETER	1.3	1.0 - 2.0	RATIO
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	17	UPTO 32	U/L

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ALANINE AMINOTRANSFERASE (ALT/SGPT)	16	UPTO 34	U/L
ALKALINE PHOSPHATASE METHOD : PNPP - AMP BUFFER	57	35 - 104	U/L
GAMMA GLUTAMYL TRANSFERASE (GGT) METHOD : GAMMA GLUTAMYL-3-CARBOXY-4-NITROANALIDE (IFCC)	21	5 - 36	U/L
LACTATE DEHYDROGENASE METHOD : LACTATE -PYRUVATE	160	135 - 214	U/L
BLOOD UREA NITROGEN (BUN), SERUM			
BLOOD UREA NITROGEN METHOD : UREASE COLORIMETRIC	6	6 - 20	mg/dL
CREATININE, SERUM			
CREATININE METHOD : JAFFE'S ALKALINE PICRATE -IFCC IDMS STANDARDIZED	0.62	0.50 - 0.90	mg/dL
BUN/CREAT RATIO			
BUN/CREAT RATIO	9.68	5.0 - 15.0	
URIC ACID, SERUM			
URIC ACID METHOD : URICASE, COLORIMETRIC	4.8	2.6 - 6.0	mg/dL
TOTAL PROTEIN, SERUM			
TOTAL PROTEIN METHOD : BIURET, REAGENT BLANK, END POINT	6.9	6.4 - 8.3	g/dL
ALBUMIN, SERUM			
ALBUMIN METHOD : BROMOCRESOL GREEN (BCG)	3.9	3.5 - 5.2	g/dL
GLOBULIN			
GLOBULIN METHOD : CALCULATED PARAMETER	3.0	2.0 - 4.1	g/dL
ELECTROLYTES (NA/K/CL), SERUM			
SODIUM, SERUM METHOD : ISE INDIRECT	**136 Low**	137 - 145	mmol/L
POTASSIUM, SERUM METHOD : ISE INDIRECT	**3.40 Low**	3.6 - 5.0	mmol/L
CHLORIDE, SERUM METHOD : ISE INDIRECT	102	98 - 107	mmol/L

Interpretation(s)

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Test Report Status **Preliminary**	Results	Biological Reference Interval	Units

Interpretation(s)
GLYCOSYLATED HEMOGLOBIN(HBA1C), ED IA WHOLE BLOOD-**Used For**:

1.Evaluating the long-term control of blood glucose concentrations in diabetic patients.
2.Diagnosing diabetes.
3.Identifying patients at increased risk for diabetes (prediabetes).
The ADA recommends measurement of HbA1c (typically 3-4 times per year for type 1 anc poorly controllec type 2 diabetic patients, and 2 times per year for well-controllec type 2 diabetic patients) to determine whether a patients metabolic control has remained continuously within the target range.
1.eAG (Estimated average glucose) converts percentage HbA1c to md/dl, to compare blood glucose levels.
2. eAG gives an evaluation of blood glucose levels for the last couple of months.
3. eAG is calculated as eAG (mg/dl) = 28.7 '* HbA1c - 46.7

HbA1c Estimation can get affected due to :
I.Shortened Erythrocyte survival : Any condition that shortens erythrocyte survival or decreases mean erythrocyte age (e.g. recovery from acute blood loss,hemolytic anemia) will falsely lower HbA1c test results.Fructosamine is recommended in these patients which indicates diabetes control over 15 days.
II.Vitamin C & E are reported to falsely lower test results.(possibly by inhibiting glycation of hemoglobin.
III.Iron deficiency anemia is reported to increase test results. Hypertriglyceridemia,uremia, hyperbilirubinemia, chronic alcoholism,chronic ingestion of salicylates & opiates addiction are reported to interfere with some assay methods,falsely increasing results.
IV.Interference of hemoglobinopathies in HbA1c estimation is seen in
a.Homozygous hemoglobinopathy. Fructosamine is recommended for testing of HbA1c.
b.Heterozygous state detected (D10 is corrected for HbS & HbC trait.)
c.HbF > 25% on alternate paltform (Boronate affinity chromatography) is recommended for testing of HbA1c.Abnormal Hemoglobin electrophoresis (HPLC method) is recommendec for detecting a hemoglobinopathy
GLUCOSE FASTING,FLUORIDE PLASMA-**TEST DESCRIPTION**
Normally, the glucose concentration in extracellular fluid is closely regulatec so that a source of energy is readily available to tissues anc sothat no glucose is excreted in the urine.
Increased in
Diabetes mellitus, Cushing' s syndrome (10 – 15%), chronic pancreatitis (30%). Drugs:corticosteroids,phenytoin, estrogen, thiazides.
Decreased in
Pancreatic islet cell disease with increased insulin,insulinoma,adrenocortical insufficiency, hypopituitarism,diffuse liver disease, malignancy (adrenocortical, stomach,fibrosarcoma), infant of a diabetic mother, enzyme deficiency diseases(e.g., galactosemia),Drugs- insulin, ethanol, propranolol; sulfonylureas,tolbutamide, and other oral hypoglycemic agents.
NOTE: While random serum glucose levels correlate with home glucose monitoring results (weekly mean capillary glucose values), there is wide fluctuation within individuals.Thus, glycosylated hemoglobin(HbA1c) levels are favored to monitor glycemic control.
High fasting glucose level in comparison to post prandial glucose level may be seen due to effect of Oral Hypoglycaemics & Insulin treatment, Renal Glyosuria, Glycaemic index & response to food consumed, Alimentary Hypoglycemia, Increased insulin response & sensitivity etc.
GLUCOSE, POST-PRANDIAL, PLASMA-High fasting glucose level in comparison to post prandial glucose level may be seen due to effect of Oral Hypoglycaemics & Insulin treatment, Renal Glyosuria, Glycaemic index & response to food consumed, Alimentary Hypoglycemia, Increased insulin response & sensitivity etc.Additional test HbA1c
LIVER FUNCTION PROFILE, SERUM-LIVER FUNCTION PROFILE
Bilirubin is a yellowish pigment found in bile and is a breakdown product of normal heme catabolism. Bilirubin is excreted in bile and urine, and elevated levels may give yellow discoloration in jaundice.Elevated levels results from increased bilirubin production (eg, hemolysis and ineffective erythropoiesis), decreasec bilirubin excretion (eg, obstruction and hepatitis), and abnormal bilirubin metabolism (eg, hereditary and neonatal jaundice). Conjugatec (direct) bilirubin is elevated more than unconjugatec (indirect) bilirubin in Viral hepatitis, Drug reactions, Alcoholic liver disease Conjugated (direct) bilirubin is also elevatec more than unconjugated (indirect) bilirubin when there is some kind of blockage of the bile ducts like in Gallstones getting into the bile ducts, tumors &Scarring of the bile ducts. Increased unconjugated (indirect) bilirubin may be a result of Hemolytic or pernicious anemia, Transfusion reaction & a common metabolic condition termed Gilbert syndrome, due to low levels of the enzyme that attaches sugar molecules to bilirubin.
AST is an enzyme found in various parts of the body. AST is found in the liver, heart, skeletal muscle, kidneys, brain, anc red blood cells, and it is commonly measured clinically as a marker for liver health. AST levels increase during chronic viral hepatitis, blockage of the bile duct, cirrhosis of the liver,liver cancer,kidney failure,hemolytic anemia,pancreatitis,hemochromatosis. AST levels may also increase after a heart attack or strenuous activity.ALT test measures the amount of this enzyme in the blood.ALT is founc mainly in the liver, but also in smaller amounts in the kidneys,heart,muscles, and pancreas.It is commonly measured as a part of a diagnostic evaluation of hepatocellular injury, to determine liver health.AST levels increase during acute hepatitis,sometimes due to a viral infection,ischemia to the liver,chronic hepatitis,obstruction of bile ducts,cirrhosis.
ALP is a protein found in almost all body tissues. Tissues with higher amounts of ALP include the liver,bile ducts and bone.Elevated ALP levels are seen in Biliary obstruction, Osteoblastic bone tumors, osteomalacia, hepatitis, Hyperparathyroidism, Leukemia, Lymphoma, Paget'''s disease,Rickets,Sarcoidosis etc. Lower-than-normal ALP levels

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Test Report Status **Preliminary**	Results	Biological Reference Interval	Units

seen in Hypophosphatasia,Malnutrition,Protein deficiency,Wilson""s disease.GGT is an enzyme founc in cell membranes of many tissues mainly in the liver,kidney and pancreas.It is also found in other tissues including intestine,spleen,heart, brain and seminal vesicles.The highest concentration is in the kidney,but the liver is considered the source of normal enzyme activity.Serum GGT has been widely used as an index of liver dysfunction.Elevated serum GGT activity can be found in diseases of the liver,biliary system and pancreas.Conditions that increase serum GGT are obstructive liver disease,high alcohol consumption and use of enzyme-inducing drugs etc.Serum total protein,also known as total protein,is a biochemical test for measuring the total amount of protein in serum.Protein in the plasma is made up of albumin anc globulin.Higher-than-normal levels may be due to:Chronic inflammation or infection,including HIV and hepatitis B or C,Multiple myeloma,Waldenstrom""s disease.Lower-than-normal levels may be due to: Agammaglobulinemia,Bleeding (hemorrhage),Burns,Glomerulonephritis,Liver disease, Malabsorption,Malnutrition,Nephrotic syndrome,Protein-losing enteropathy etc.Human serum albumin is the most abundant protein in human blood plasma.It is produced in the liver.Albumin constitutes about half of the blood serum protein.Low blood albumin levels (hypoalbuminemia) can be caused by:Liver disease like cirrhosis of the liver, nephrotic syndrome,protein-losing enteropathy,Burns,hemodilution,increased vascular permeability or decreased lymphatic clearance,malnutrition and wasting etc
BLOOD UREA NITROGEN (BUN), SERUM-Causes of Increased levels include Pre renal (High protein diet, Increased protein catabolism, GI haemorrhage, Cortisol, Dehydration, CHF Renal), Renal Failure, Post Renal (Malignancy, Nephrolithiasis, Prostatism)
Causes of decreased level include Liver disease, SIADH.
CREATININE, SERUM-Higher than normal level may be due to:
- Blockage in the urinary tract
- Kidney problems, such as kidney damage or failure, infection, or reduced blood flow
- Loss of body fluid (dehydration)
- Muscle problems, such as breakdown of muscle fibers
- Problems during pregnancy, such as seizures (eclampsia)), or high blood pressure caused by pregnancy (preeclampsia)

Lower than normal level may be due to:
- Myasthenia Gravis
- Muscular dystrophy

URIC ACID, SERUM-**Causes of Increased levels:**-Dietary(High Protein Intake,Prolonged Fasting,Rapid weight loss),Gout,Lesch nyhan syndrome,Type 2 DM,Metabolic syndrome
Causes of decreased levels-Low Zinc intake,OCP,Multiple Sclerosis
TOTAL PROTEIN, SERUM-Serum total protein,also known as total protein, is a biochemical test for measuring the total amount of protein in serum..Protein in the plasma is made up of albumin and globulin

Higher-than-normal levels may be due to: Chronic inflammation or infection, including HIV and hepatitis B or C, Multiple myeloma, Waldenstrom""""""""""""s disease
Lower-than-normal levels may be due to: Agammaglobulinemia, Bleeding (hemorrhage),Burns,Glomerulonephritis, Liver disease, Malabsorption, Malnutrition, Nephrotic syndrome,Protein-losing enteropathy etc.
ALBUMIN, SERUM-Human serum albumin is the most abundant protein in human blood plasma. It is produced in the liver. Albumin constitutes about half of the blood serum protein. Low blood albumin levels (hypoalbuminemia) can be caused by: Liver disease like cirrhosis of the liver, nephrotic syndrome, protein-losing enteropathy, Burns, hemodilution, increased vascular permeability or decreased lymphatic clearance,malnutrition and wasting etc.

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CLINICAL PATH - URINALYSIS

MEDI WHEEL FULL BODY HEALTH CHECKUP ABOVE 40FEMALE

PHYSICAL EXAMINATION, URINE			
COLOR	PALE YELLOW		
APPEARANCE	CLEAR		
METHOD : DIPSTICK, MICROSCOPY			
CHEMICAL EXAMINATION, URINE			
PH	6.5	4.7 - 7.5	
METHOD : DIPSTICK			
SPECIFIC GRAVITY	<=1.005	1.003 - 1.035	
METHOD : DIPSTICK			
PROTEIN	NOT DETECTED	NOT DETECTED	
METHOD : DIPSTICK			
GLUCOSE	NOT DETECTED	NOT DETECTED	
METHOD : DIPSTICK			
KETONES	NOT DETECTED	NOT DETECTED	
METHOD : DIPSTICK			
BLOOD	**DETECTED (+)**	NOT DETECTED	
METHOD : DIPSTICK			
BILIRUBIN	NOT DETECTED	NOT DETECTED	
METHOD : DIPSTICK (DIAZOTISED DICHLOROANILINE)			
UROBILINOGEN	NORMAL	NORMAL	
METHOD : DIPSTICK			
NITRITE	NOT DETECTED	NOT DETECTED	
METHOD : DIPSTICK			
MICROSCOPIC EXAMINATION, URINE			
RED BLOOD CELLS	**2 - 3**	NOT DETECTED	/HPF
METHOD : MICROSCOPIC EXAMINATION			
PUS CELL (WBC'S)	2-3	0-5	/HPF
METHOD : MICROSCOPIC EXAMINATION			
EPITHELIAL CELLS	3-5	0-5	/HPF
METHOD : MICROSCOPIC EXAMINATION			
CASTS	NOT DETECTED		
METHOD : MICROSCOPIC EXAMINATION			
CRYSTALS	NOT DETECTED		

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METHOD : MICROSCOPIC EXAMINATION			
BACTERIA	NOT DETECTED	NOT DETECTED	
METHOD : MICROSCOPIC EXAMINATION			
REMARKS	URINE ANALYSIS : MICROSCOPIC EXAMINATION IS CARRIED OUT ON CENTRIFUGED URINARY SEDIMENT.		

Interpretation(s)

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CYTOLOGY

MEDI WHEEL FULL BODY HEALTH CHECKUP ABOVE 40 FEMALE	RESULT PENDING
PAPANICOLAOU SMEAR	RESULT PENDING
LETTER	RESULT PENDING

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SPECIALISED CHEMISTRY - HORMONE

MEDI WHEEL FULL BODY HEALTH CHECKUP ABOVE 40FEMALE

THYROID PANEL, SERUM

T3	128.29	58 - 159	ng/dL
T4	8.05	4.87 - 11.71	µg/dL
TSH (ULTRASENSITIVE)	1.478	0.350 - 4.940	µIU/mL

****End Of Report****

Please visit www.srlworld.com for related Test Information for this accession

CONDITIONS OF LABORATORY TESTING & REPORTING

1. It is presumed that the test sample belongs to the patient named or identified in the test requisition form.
2. All tests are performed and reported as per the turnaround time stated in the SRL Directory of Services.
3. Result delays could occur due to unforeseen circumstances such as non-availability of kits / equipment breakdown / natural calamities / technical downtime or any other unforeseen event.
4. A requested test might not be performed if:
   i. Specimen received is insufficient or inappropriate
   ii. Specimen quality is unsatisfactory
   iii. Incorrect specimen type
   iv. Discrepancy between identification on specimen container label and test requisition form
5. SRL confirms that all tests have been performed or assayed with highest quality standards, clinical safety & technical integrity.
6. Laboratory results should not be interpreted in isolation; it must be correlated with clinical information and be interpreted by registered medical practitioners only to determine final diagnosis.
7. Test results may vary based on time of collection, physiological condition of the patient, current medication or nutritional and dietary changes. Please consult your doctor or call us for any clarification.
8. Test results cannot be used for Medico legal purposes.
9. In case of queries please call customer care (91115 91115) within 48 hours of the report.

SRL Limited
Fortis Hospital, Sector 62, Phase VIII,
Mohali 160062

Dr.Swati Pravin Mulani
Lab Head

View Details View Report

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