

LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,
Mediwheel (Arcofemi Healthcare Limited)
Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	MR. SINGH SANDEEP KUMAR
EC NO.	102592
DESIGNATION	SINGLE WINDOW OPERATOR A
PLACE OF WORK	GHAZIABAD, NEW ARYA NAGAR
BIRTHDATE	01-07-1987
PROPOSED DATE OF HEALTH CHECKUP	21-10-2022
BOOKING REFERENCE NO.	22D102592100028072E

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **19-10-2022** till **31-03-2023** The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

Chief General Manager
HRM Department
Bank of Baroda

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))


SUGGESTIVE LIST OF MEDICAL TESTS

FOR MALE	FOR FEMALE
CBC	CBC
ESR	ESR
Blood Group & RH Factor	Blood Group & RH Factor
Blood and Urine Sugar Fasting	Blood and Urine Sugar Fasting
Blood and Urine Sugar PP	Blood and Urine Sugar PP
Stool Routine	Stool Routine
Lipid Profile	Lipid Profile
Total Cholesterol	Total Cholesterol
HDL	HDL
LDL	LDL
VLDL	VLDL
Triglycerides	Triglycerides
HDL / LDL ratio	HDL / LDL ratio
Liver Profile	Liver Profile
AST	AST
ALT	ALT
GGT	GGT
Bilirubin (total, direct, indirect)	Bilirubin (total, direct, indirect)
ALP	ALP
Proteins (T, Albumin, Globulin)	Proteins (T, Albumin, Globulin)
Kidney Profile	Kidney Profile
Serum creatinine	Serum creatinine
Blood Urea Nitrogen	Blood Urea Nitrogen
Uric Acid	Uric Acid
HBA1C	HBA1C
Routine urine analysis	Routine urine analysis
USG Whole Abdomen	USG Whole Abdomen
General Tests	General Tests
X Ray Chest	X Ray Chest
ECG	ECG
2D/3D ECHO / TMT	2D/3D ECHO / TMT
Stress Test	Thyroid Profile (T3, T4, TSH)
PSA Male (above 40 years)	Mammography (above 40 years) and Pap Smear (above 30 years).
Thyroid Profile (T3, T4, TSH)	Dental Check-up consultation
Dental Check-up consultation	Physician Consultation
Physician Consultation	Eye Check-up consultation
Eye Check-up consultation	Skin/ENT consultation
Skin/ENT consultation	Gynaec Consultation

संदीप कुमार सिंह
Sandeep Kumar Singh
जन्म तिथि / DOB : 01/07/1987
पुंस्व / Male

8691 5666 6456

आधार - आम आदमी का अधिकार



7827275823



भारत सरकार
Ministry of India

पता:

S/O Rajbeer Singh, प्लॉट नं. 78,

शिवपुरी नगर, गाँव/गाँव,
Nagar, Ukar Pradesh, 201002

Address:

S/O Rajbeer Singh, s m -78,

Shivpurī Nagar, Ghazalabad, KAU

201002

8691 5666 6456

1847
1800 300 1947

help@utkal.gov.in

www.utkal.gov.in

35years Male Caucasian

Vent. rate	64 bpm
PR interval	132 ms
QRS duration	78 ms
QT/QTc	368/379 ms
P-R-T axes	1 72 60

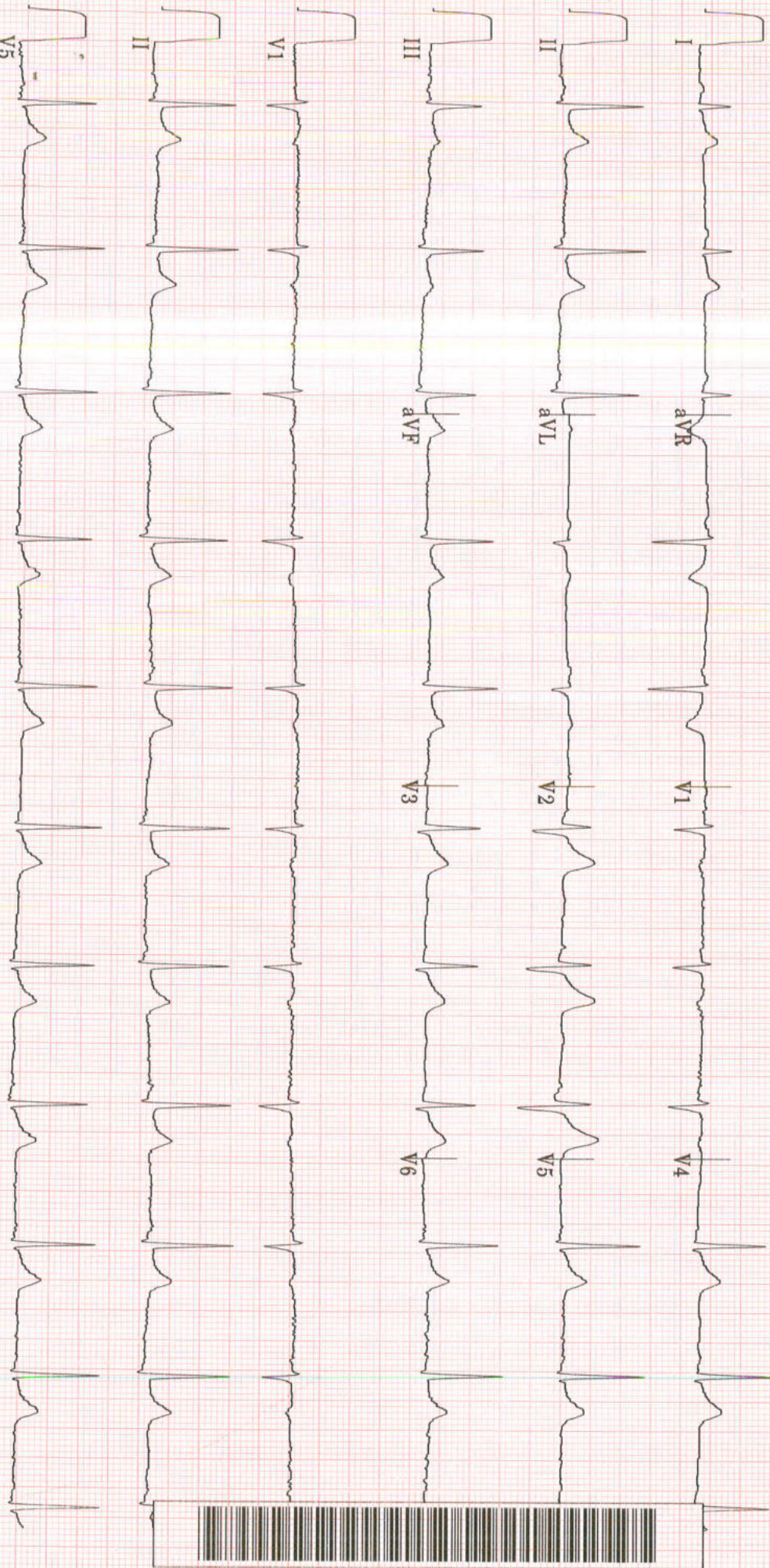
Normal sinus rhythm
 Early repolarization
 Normal ECG



Technician:
 Test ind:

Referred by:

Unconfirmed





TMT INVESTIGATION REPORT

Patient Name : Mr. SANDEEP KUMAR SINGH	Location : Ghaziabad
Age/Sex : 35Year(s)/male	Visit No : V000000001-GHZB
MRN No :GHZB-0000181513	Order Date : 22/11/2022
Ref. Doctor : HCP	Report Date : 22/11/2022

Protocol : Bruce **MPHR** : 185BPM
Duration of exercise : 7min 34sec **85% of MPHR** : 157BPM
Reason for termination : THR achieved **Peak HR Achieved** : 161BPM
Blood Pressure (mmHg) : Baseline BP : 126/84mmHg **% Target HR** : 87%
Peak BP : 134/84mmHg **METS** : 9.4METS

STAGE	TIME (min)	H.R (bpm)	BP (mmHg)	SYMPTOMS	ECG CHANGES	ARRHYTHMIA
PRE- EXC.	0:00	65	126/84	Nil	No ST changes seen	Nil
STAGE 1	3:00	105	130/84	Nil	No ST changes seen	Nil
STAGE 2	3:00	127	134/84	Nil	No ST changes seen	Nil
STAGE 3	1:34	159	134/84	Nil	No ST changes seen	Nil
RECOVERY	3:37	91	130/84	Nil	No ST changes seen	Nil

COMMENTS:

- No ST changes in base line ECG.
- No ST changes during exercise and recovery.
- Normal chronotropic response.
- Normal blood pressure response.
- Fair effort tolerance.

IMPRESSION:

Treadmill test is **negative** for exercise induced reversible myocardial ischemia.

Dr. Bhupendra Singh

MD, DM (CARDIOLOGY), FACC
Sr. Consultant Cardiology

Dr. Abhishek Singh

MD, DNB (CARDIOLOGY), MNAMS
Sr. Consultant Cardiology

Dr. Sudhanshu Mishra

MD
Cardiology Registrar

Manipal Hospital, Ghaziabad

NH - 24, Hapur Road, Opp. Bahmeta Village, Ghaziabad, Uttar Pradesh - 201 002

P : 0120-616 5666

Page 1 of 2

Manipal Health Enterprises Private Limited

CIN: U85110KA2003PTC033055

Regd. Off. The Annexe, #98/2, Rustom Bagh, Off. HAL Airport Road, Bengaluru - 560 017

P +91 80 4936 0300 E info@manipalhospitals.com www.manipalhospitals.com

RADIOLOGY REPORT

Name	SANDEEP KUMAR SINGH	Modality	DX
Patient ID	GHZB-0000181513	Accession No	1164581
Gender/Age	M / 35Y 4M 22D	Scan Date	22-11-2022 09:52:30
Ref. Phys	Dr. Vinay Bhat	Report Date	22-11-2022 10:35:48

XR- CHEST PA VIEW

FINDINGS:

LUNGS: Normal.
 TRACHEA: Normal.
 CARINA: Normal.
 RIGHT AND LEFT MAIN BRONCHI: Normal.
 PLEURA: Normal.
 HEART: Normal.
 RIGHT HEART BORDER: Normal.
 LEFT HEART BORDER: Normal.
 PULMONARY BAY: Normal.
 PULMONARY HILA: Normal.
 AORTA: Normal.
 THORACIC SPINE: Normal.
 OTHER VISUALIZED BONES: Normal.
 VISUALIZED SOFT TISSUES: Normal.
 DIAPHRAGM: Normal.
 VISUALIZED ABDOMEN: Normal.
 VISUALIZED NECK: Normal.

IMPRESSION:

No significant abnormality noted.
 Recommend clinical correlation.



Dr. Monica Shekhawat, MBBS, DNB,
 Consultant Radiologist, Reg No MCI 11 10887

This document is digitally signed and hence no manual signature is required

Teleradiology services provided by Manipal Hospitals Radiology Group

MANIPAL HOSPITALS

NH-24, Hapur Road, Near Landcraft Golflinks, Ghaziabad - 201002

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This report is subject to the terms and conditions mentioned overleaf

RADIOLOGY REPORT

Name	SANDEEP KUMAR SINGH	Modality	US
Patient ID	GHZB-0000181513	Accession No	1164580
Gender/Age	M / 35Y 4M 22D	Scan Date	22-11-2022 10:54:03
Ref. Phys	Dr. Vinay Bhat	Report Date	22-11-2022 12:07:46

USG ABDOMEN & PELVIS**FINDINGS**

LIVER: Liver is normal in size (measures 138 mm), shape and echotexture. Rest normal.

SPLEEN: Spleen is normal in size (measures 86 mm), shape and echotexture. Rest normal.

PORTAL VEIN: Appears normal in size 9.5.

COMMON BILE DUCT: Appears normal in size and measures 3.2 mm.

IVC, HEPATIC VEINS: Normal.

BILIARY SYSTEM: Normal.

GALL BLADDER: Gall bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.

PANCREAS: Pancreas is normal in size, shape and echotexture. Rest normal.

KIDNEYS: Bilateral kidneys are normal in size, shape and echotexture. Cortico-medullary differentiation is maintained. Rest normal.

Right Kidney: measures 96 x 51 mm.

Left Kidney: measures 103 x 49 mm.

PELVI-CALYCEAL SYSTEMS: Compact.

NODES: Not enlarged.

FLUID: Nil significant.

URINARY BLADDER: Urinary bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.

PROSTATE: Prostate is normal in size, shape and echotexture. It measures 38 x 26 x 22 mm with volume 11 cc. Rest normal.

SEMINAL VESICLES: Normal.

BOWEL: Visualized bowel loops appear normal.

IMPRESSION

No significant abnormality seen

Recommend clinical correlation.



Dr. Prabhat Prakash Gupta,
MBBS, DNB, MNAMS, FRCR(I)
Consultant Radiologist, Reg no DMC/R/14242

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LABORATORY REPORT

Name	SANDEEP KUMAR SINGH	Age	35y 4m 24d	Gender	MALE
MRN	GHZB-0000181513	Visit No	V0000000001-GHZB		
Lab No	G000337043	Collected On	22/11/2022 9:39AM	Received On	22/11/2022 9:40AM
Referred By	Vinay Bhat	Reported On	22/11/2022 10:23AM		

Test Name	Result	Criticality Factor	Biological Reference Interval	Test Method
GLUCOSE, FASTING (F) (Serum Fasting)	103 mg/dl		70 - 110 mg/dl	

***** END OF REPORT *****

Processed by :- DEEPTI KUMARI

Charu
Registration No: 42422
DR CHARU AGARWAL
CONSULTANT PATHOLOGIST
Pathologist

Report Printed On: 23/11/2022 8:45AM

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LABORATORY REPORT

Name	SANDEEP KUMAR SINGH	Age	35y 4m 24d	Gender	MALE
MRN	GHZB-0000181513	Visit No	V0000000001-GHZB		
Lab No	G000337059	Collected On	22/11/2022 11:13AM	Received On	22/11/2022 11:13AM
Referred By	Vinay Bhat	Reported On	22/11/2022 12:48PM		

Test Name	Result	Criticality Factor	Biological Reference Interval
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URINE EXAMINATION, ROUTINE (Urine)

PHYSICAL EXAMINATION

Colour	P.YELLOW
Appearance	CLEAR
pH	6.5
Specific gravity	1.010

CHEMICAL EXAMINATION

Glucose	Nil
Protein	Absent
Ketone bodies	Absent
Urobilinogen	Absent

MICROSCOPIC EXAMINATION

Leukocytes	2-4/HPF
Erythrocytes	0-1/HPF
Epithelial Cells	0-1/HPF
Casts	NIL
Crystals	NIL
Others	NIL

***** END OF REPORT *****

Processed by :- TANNU PRAJAPATI

Charu
Registration No: 42422
DR CHARU AGARWAL
CONSULTANT PATHOLOGIST
Pathologist

Report Printed On: 23/11/2022 8:45AM

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LABORATORY REPORT

Name	SANDEEP KUMAR SINGH	Age	35y 4m 24d	Gender	MALE
MRN	GHZB-0000181513	Visit No	V0000000001-GHZB		
Lab No	G000337086	Collected On	22/11/2022 1:54PM	Received On	22/11/2022 1:55PM
Referred By	Vinay Bhat	Reported On	22/11/2022 3:02PM		

Test Name	Result	Criticality Factor	Biological Reference Interval	Test Method
GLUCOSE, POST PRANDIAL (PP), 2 HOURS (Serum Post Prandial)	110 mg/dl		80 -140 mg/dl	

***** END OF REPORT *****

Processed by :- TANNU PRAJAPATI

Alka
MCT-39093
DR ALKA DIXIT VATS
CONSULTANT PATHOLOGIST
PATHOLOGIST

LABORATORY REPORT

Name	SANDEEP KUMAR SINGH	Age	35y 4m 24d	Gender	MALE
MRN	GHZB-0000181513	Visit No	V0000000001-GHZB		
Lab No	G000337044	Collected On	22/11/2022 9:40AM	Received On	22/11/2022 9:40AM
Referred By	Vinay Bhat	Reported On	22/11/2022 1:05PM		

Test Name	Result	Criticality Factor	Biological Reference Interval
BLOOD GROUP (A, B, O) AND RH FACTOR WITH REVERSE GROUPING (Whole Blood)			
BLOOD GROUPING	'AB'		
RH TYPING	POSITIVE		
HEMOGLOBIN, HB	15.4 g/dl		12 - 16 gm/ dl
MEAN CORPUSCULAR HAEMOGLOBIN CONCENTRATION, MCHC	33.4 g/dl		33 - 36%
ESR (WESTERGREIN),AUTOMATED ERYTHROCYTE SEDIMENTATION RATE	05 mm/1st hour		0 - 15 mm/Hr
MEAN CORPUSCULAR HAEMOGLOBIN, MCH	32.4 pg		26 -34 pg
MEAN CORPUSCULAR VOLUME, MCV	96.8 fl		77 - 97 fl
PLATELET COUNT	157 x10 ³ cells/ Cumm		150x10 ³ - 400x10 ³ cells/cumm
RED BLOOD CELLS, RBC COUNT	4.76 million/cu mm		3.8 - 5.3 millions /cumm
RED CELL DISTRIBUTION WIDTH, RDW	13.9 %		11.5 - 14.5 %
LEUCOCYTE COUNT, TOTAL (TLC), AUTOMATED	9.54 x10 ³ cells/ Cumm		4x10 ³ - 11x10 ³ cells/cumm
HEMATOCRIT (HCT)	46.1 %		34 -45%
BASOPHILS	00 %		0 - 2%
EOSINOPHILS	02 %		2 -7 %
LYMPHOCYTES	33 %		17 - 45 %
MONOCYTES	07 %		4 -13%
NEUTROPHILS	58 %		40 - 80%

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LABORATORY REPORT

Name	SANDEEP KUMAR SINGH	Age	35y 4m 24d	Gender	MALE
MRN	GHZB-0000181513	Visit No	V0000000001-GHZB		
Lab No	G000337044	Collected On	22/11/2022 9:40AM	Received On	22/11/2022 9:40AM
Referred By	Vinay Bhat	Reported On	22/11/2022 11:24AM		

Test Name

Result

**Criticality
Factor**

**Biological
Reference Interval**

***** END OF REPORT *****

Processed by :- DEEPTI KUMARI

Charu
Registration No: 40422
DR CHARU AGARWAL
CONSULTANT PATHOLOGIST
Pathologist

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LABORATORY REPORT

Name	SANDEEP KUMAR SINGH	Age	35y 4m 24d	Gender	MALE
MRN	GHZB-0000181513	Visit No	V0000000001-GHZB		
Lab No	G000337044	Collected On	22/11/2022 9:40AM	Received On	22/11/2022 9:40AM
Referred By	Vinay Bhat	Reported On	22/11/2022 3:45PM		

Test Name	Result	Criticality Factor	Biological Reference Interval	Test Method
HBA1C (Whole Blood)	5.3 %		Normal: < or = 5.6 % Increased risk for Diabetes (Pre-diabetes): 5.7 – 6.4 % Diabetes: > or = 6.5 % If you are a Diabetic, please consult your doctor for your HbA1c target.	

***** END OF REPORT *****

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mct-39093
DR ALKA DIXIT VATS
 CONSULANT PATHOLOGIST
 PATHOLOGIST

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LABORATORY REPORT

Name	SANDEEP KUMAR SINGH	Age	35y 4m 24d	Gender	MALE
MRN	GHZB-0000181513	Visit No	V0000000001-GHZB		
Lab No	G000337044	Collected On	22/11/2022 9:40AM	Received On	22/11/2022 9:40AM
Referred By	Vinay Bhat	Reported On	22/11/2022 11:24AM		

Test Name	Result	Criticality Factor	Biological Reference Interval	Test Method
KIDNEY FUNCTION TESTS (Serum)				
UREA	32.9 mg/dl		15 - 40 mg/dl	
CREATININE, SERUM	0.82 mg/dl		0.7 - 1.2 mg/dl	
URIC ACID	4.4 mg/dl		4 - 8.5 mg/dl	
SODIUM, SERUM	139.7 mmol/L		136 - 144 mmol/ L	
POTASSIUM, SERUM	4.66 mmol/L		3.6 - 5.1 mmol/L	
CHLORIDE, SERUM	104.2 mmol/L		101 - 111 mmol/L	
LIPID PROFILE (Serum)				
CHOLESTEROL, TOTAL	241 mg/dl		Upto 200 mg/dl	
TRIGLYCERIDES, SERUM	262 mg/dl		Upto 150 mg/dl	
CHOLESTEROL, HDL, DIRECT	50 mg/dl		35 - 65 mg/dl	
CHOLESTEROL, LDL, DIRECT	139 mg/dl		0 -120 mg/dl	
Cholesterol, VLDL	52 mg/dl		0 - 35 mg/dl	
LIVER FUNCTION TESTS (Serum)				
BILIRUBIN, TOTAL	0.48 mg/dl		0.3 -1.2 mg/dl	
BILIRUBIN, DIRECT	0.07 mg/dl		0 - 0.3 mg/dl	

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LABORATORY REPORT

Name	SANDEEP KUMAR SINGH	Age	35y 4m 24d	Gender	MALE
MRN	GHZB-0000181513	Visit No	V0000000001-GHZB		
Lab No	G000337044	Collected On	22/11/2022 9:40AM	Received On	22/11/2022 9:40AM
Referred By	Vinay Bhat	Reported On	22/11/2022 11:24AM		

Test Name	Result	Criticality Factor	Biological Reference Interval	Test Method
Indirect Bilirubin	0.41		0.1 - 0.3 mg/dl	
TOTAL PROTEIN, SERUM	7.9 g/dl		6.6 - 8.7 g/dl	
ALBUMIN, SERUM	4.70 g/dl		3.5 - 5.2 gm/dl	
A/G RATIO (ALBUMIN / GLOBULIN RATIO)	1.47		1:1 - 2.5:1	
GLOBULIN, SERUM	3.2			
SGPT	29 IU/L		17 - 63 IU/L	
SGOT	20 IU/L		0 - 40 IU/L	
GGTP, GGT, GAMMA GT, GAMMA GLUTAMYL TRANSPEPTIDASE	20 IU/L		7 - 50 U/L	
ALKALINE PHOSPHATASE, ALP	95 IU/L		32 - 91 IU/L	

***** END OF REPORT *****

Processed by :- DEEPTI KUMARI

Charu
Registration No: 42422

DR CHARU AGARWAL
CONSULTANT PATHOLOGIST
Pathologist

Report Printed On: 23/11/2022 8:45AM

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Name : SANDEEP KUMAR SINGH Age : 35 Yr(s) Sex : Male
 Registration No : MH010584425 Lab No : 32221107609
 Patient Episode : R03000046286 Collection Date : 22 Nov 2022 14:08
 Referred By : MANIPAL HOSPITALS GHAZIABAD Reporting Date : 22 Nov 2022 16:00
 Receiving Date : 22 Nov 2022 14:19

BIOCHEMISTRY

THYROID PROFILE, Serum

Parameter	Result	Unit	Reference Range
T3 - Triiodothyronine (ECLIA)	0.99	ng/ml	[0.70-2.04]
T4 - Thyroxine (ECLIA)	7.17	micg/dl	[4.60-12.00]
Thyroid Stimulating Hormone (ECLIA)	2.860	µIU/mL	[0.340-4.250]

Note : TSH levels are subject to circadian variation, reaching peak levels between 2-4 a.m. and at a minimum between 6-10 pm. Factors such as change of seasons, hormonal fluctuations, Ca or Fe supplements, high fibre diet, stress and illness affect TSH results.

* References ranges recommended by the American Thyroid Association

- 1) Thyroid. 2011 Oct;21(10):1081-125.PMID .21787128
- 2) <http://www.thyroid-info.com/articles/tsh-fluctuating.html>

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-----END OF REPORT-----

Dr. Neelam Singal
 CONSULTANT BIOCHEMISTRY