

MR KUSHAL RUWATIA

ID : 133

DATE : 26/03/2022

AGE/SEX : 31 /M

HT/WT : 165 / 83

REF. BY : MEDIMWHEEL

TREADMILL TEST REPORT

PROTOCOL : Bruce

HISTORY : Checkup/Physical fitness,

INDICATION : CARDIAC EVALUATION FOR INSURANCE

MEDICATION : NONE

PHASE	TOTAL TIME	STAGE TIME	SPEED Km/Hr	GRADE %	H.R. bpm	B.P. mmHg	RPP x100	ST LEVEL (MM)			METS	
								II	V1	V5		
SUPINE					96	130 / 90	124	1	-0.2		0.6	
STANDING					95	130 / 90	123	1	-0.2		0.6	
HYPERVENT		0:28			87	130 / 90	113	2.3	-1.4		0.9	
VALSALVA					88	130 / 90	114	2.3	-1.5		0.9	
Stage 1	2:55	2:55	2.7	10	118	140 / 100	165	0.9	0		0.6	4.67
Stage 2	5:55	2:55	4	12	144	150 / 100	216	0.4	0.4		0.3	7.04
PK-EXERCISE	7:8	1:8	5.4	14	168	150 / 100	252	0.2	0.7		0.1	8.20
RECOVERY	8:15	0:59			122	140 / 90	170	2.4	0		1.6	
RECOVERY	9:13	1:57			113	130 / 80	146	2.3	0.2		1.1	
RECOVERY	10:11	2:55			101	120 / 80	121	0.8	0.3		0.5	

RESULTS

EXERCISE DURATION : 7:8  
 MAX HEART RATE : 168 bpm  
 MAX BLOOD PRESSURE : 150 / 100 mm Hg  
 REASON OF TERMINATION : Achieved THR,  
 BP RESPONSE : Normal,  
 ARRYTHMIA : None,  
 H.R. RESPONSE : Normal Chronotropic Response,  
 IMPRESSIONS :

Good effort tolerance  
 No angina, No arrythmia,  
 Normal HR, BP response  
 No significant ST changes noted during Test as compared to baseline ECG,  
 Stress test negative for inducible ischemia, ,

HEALTHCARE  
 Medical Centre And Diagnostics  
 Yogi Avenue, Yogi Nagar,  
 Borivali (West), Mumbai-400 097  
 Tel : 28996565

Dr. NUPUR RAI  
 MBBS, DIPLOMA CARDIOLOGY (PGCCO)

Reg. No.: 2018115643

Technician : 1



# HEALTHCARE BORIVALI

MR KUSHAL RUMATIA  
I.D. 133  
Age 31/M  
Date 26/03/2022

RATE 96bpm  
B.P. 130/90

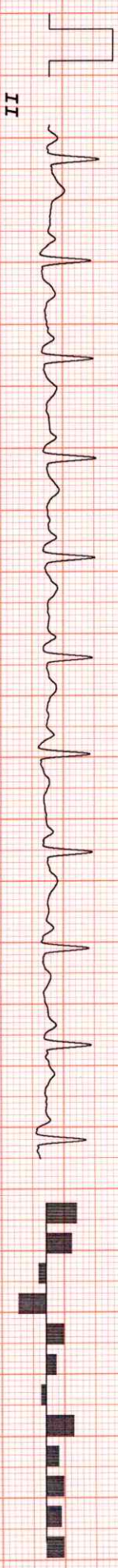
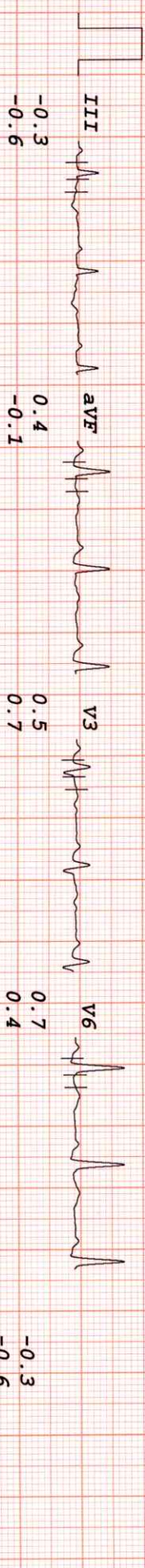
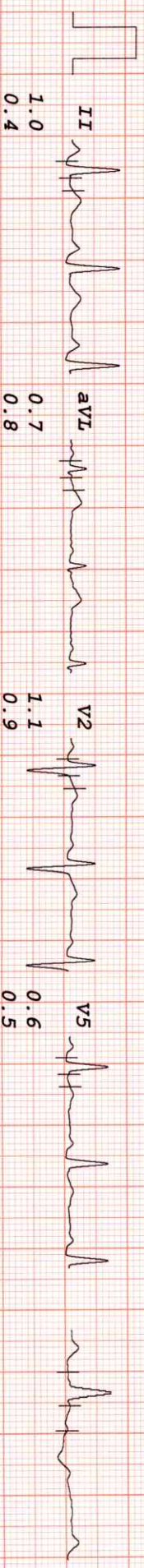
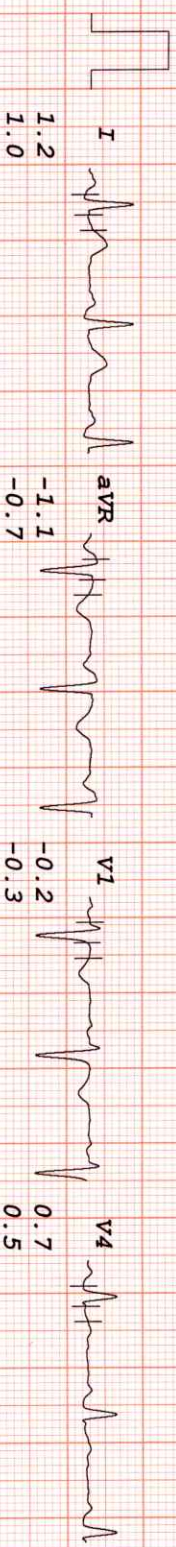
PRETEST  
SUPINE

ST @ 10mm/mv  
80ms PostJ

LINKED MEDIAN

Mag. X 2

III



I III aVL V1 V3 V5

II aVR aVF V2 V4 V6



MR KUSHAL RUMATIA  
I.D. 133  
Age 31/M  
Date 26/03/2022

RATE 95bpm  
B.P. 130/90

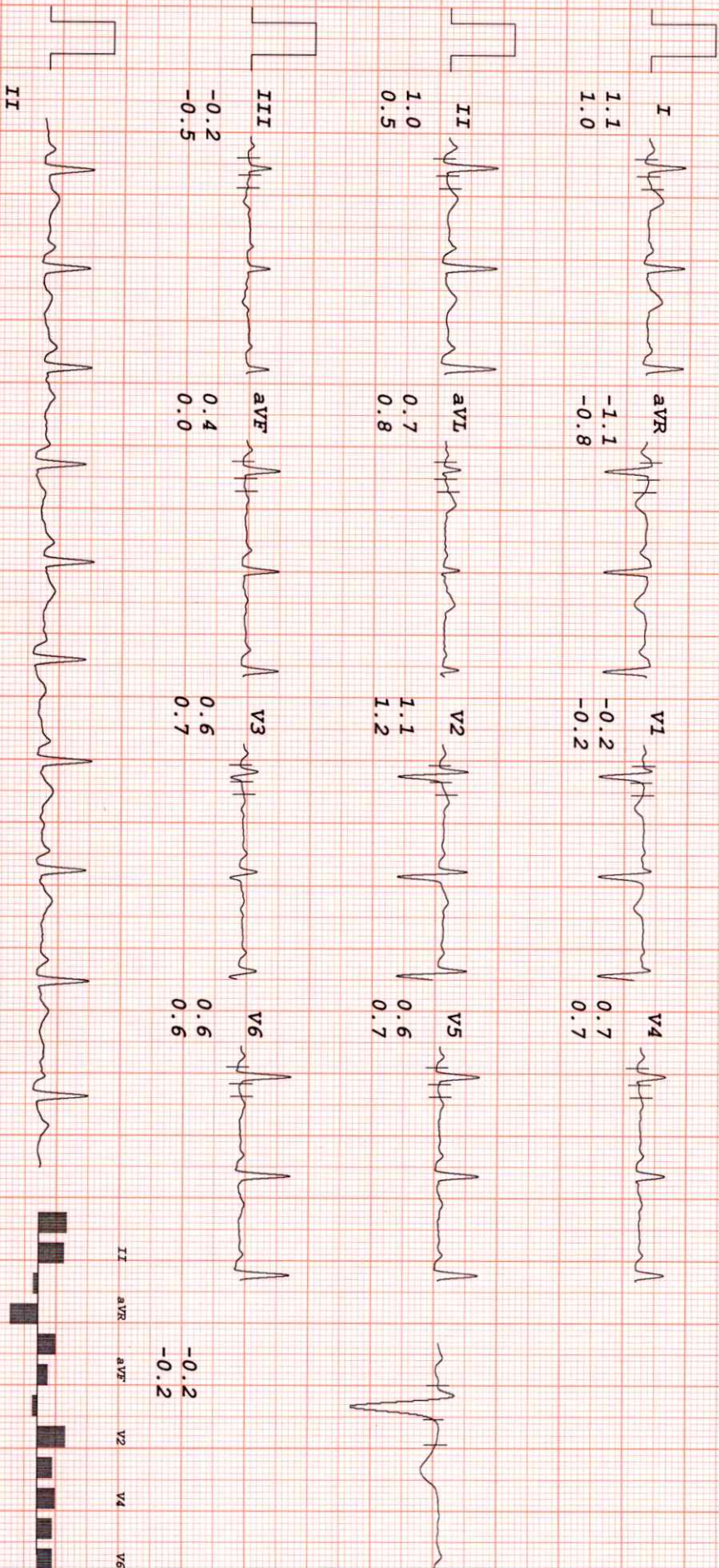
# HEALTHCARE BORIVALLI

PRETEST  
STANDING

ST @ 10mm/mV  
80ms PostJ

LINKED MEDIAN

Mag. X 2





# HEALTHCARE BORIVALI

MR KUSHAL RUMATIA  
I.D. 133  
Age 31/M  
Date 26/03/2022

RATE 87bpm  
B.P. 130/90

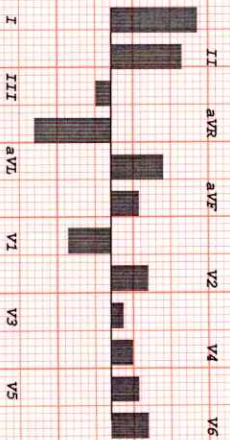
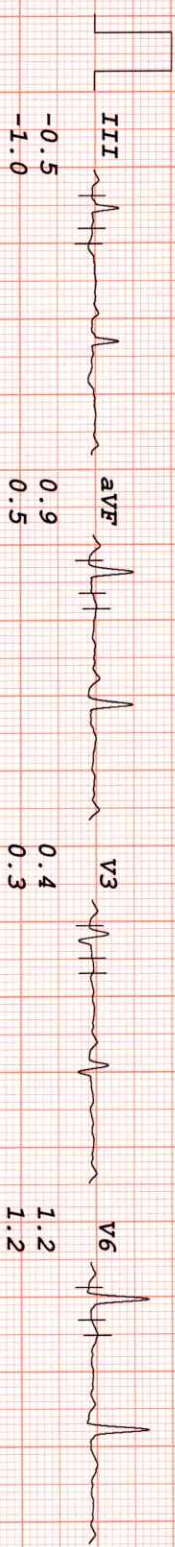
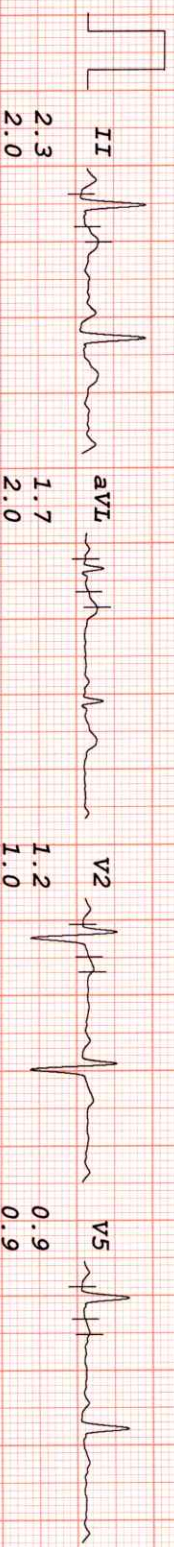
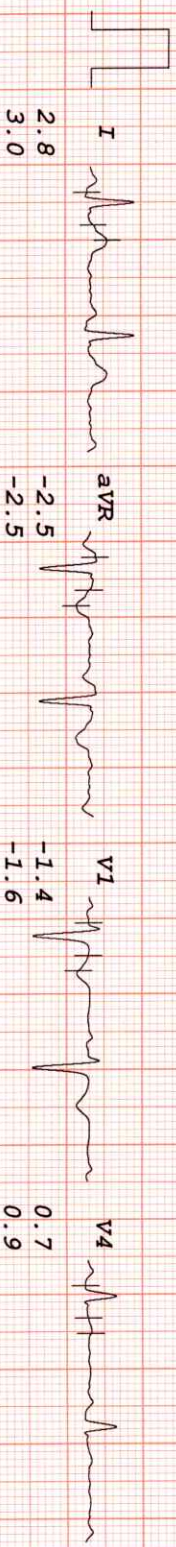
PRETEST  
HYPERVENT  
PHASE TIME 0:28

ST @ 10mm/mv  
80ms Post J

LINKED MEDIAN

Mag. X 2

V1





MR KUSHAL RUMATIA  
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RATE 88bpm  
 B.P. 130/90

HEALTHCARE BORIVALI

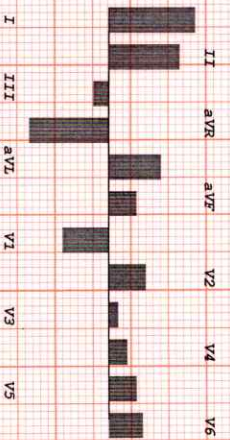
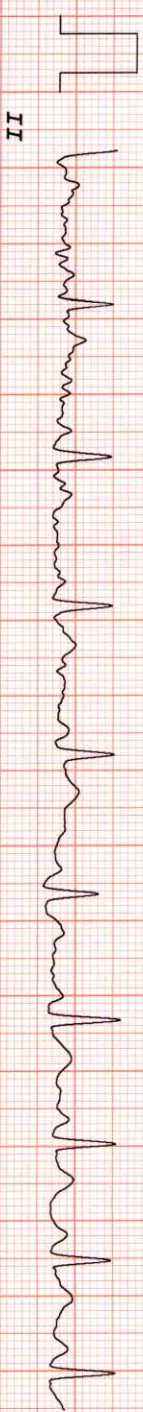
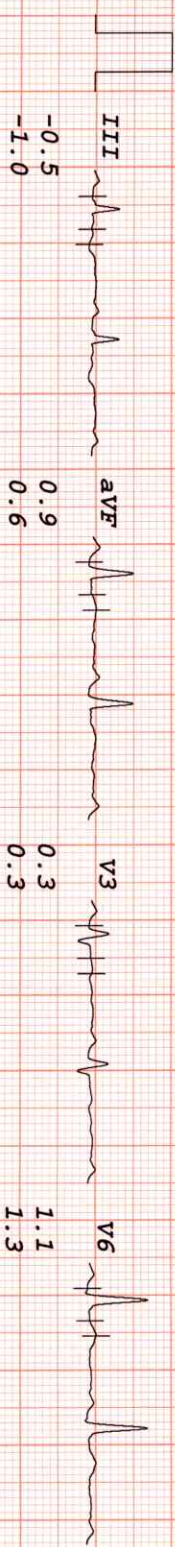
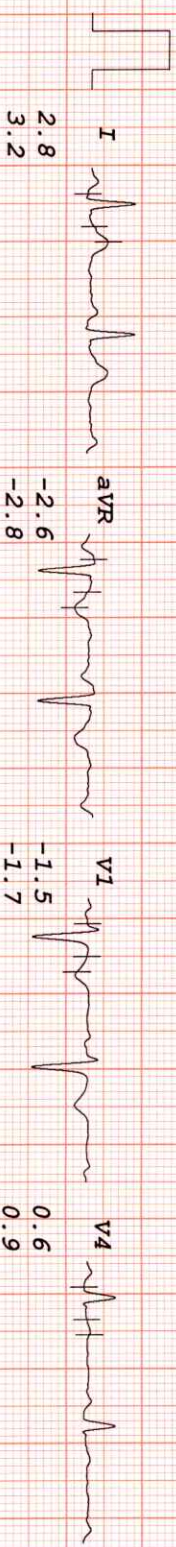
PRETEST  
 VALSALVA

ST @ 10mm/mV  
 80ms PostJ

LINKED MEDIAN

Mag. X 2

V1



*[Handwritten signature]*



# HEALTHCARE BORIVALI

MR KUSHAL RUMATIA  
I.D. 133  
Age 31/M  
Date 26/03/2022

RATE 118bpm  
B.P. 140/100

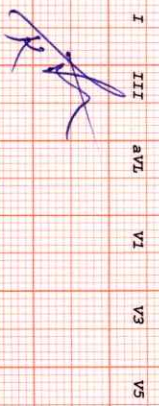
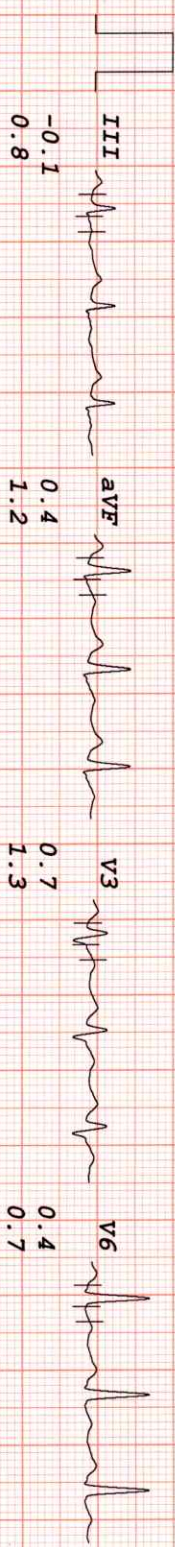
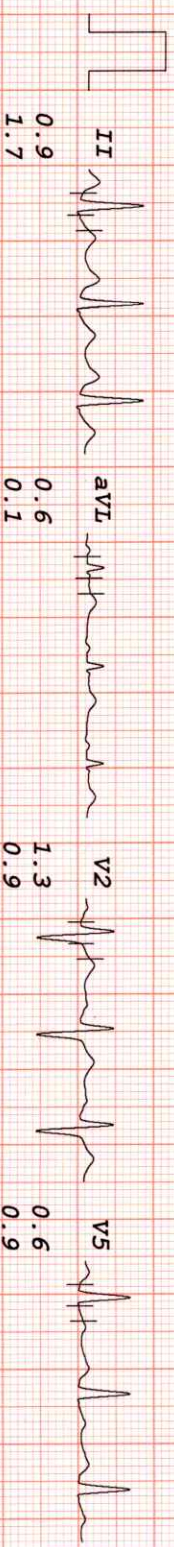
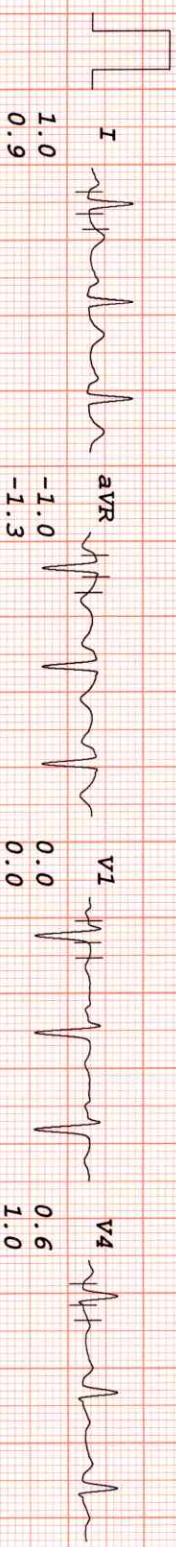
Bruce  
Stage 1  
TOTAL TIME 2:55  
PHASE TIME 2:55

ST @ 10mm/mV  
80ms PostJ  
Speed 2.7 km/hr  
SLOPE 10 %

LINKED MEDIAN

Mag. X 2

III





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Age 31/M  
Date 26/03/2022

RATE 144bpm  
B.P. 150/100

# HEALTHCARE BORIVALI

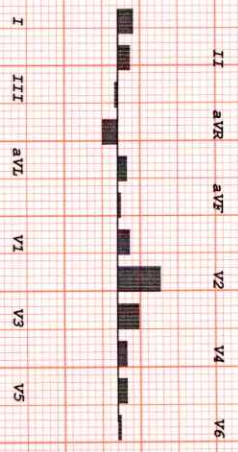
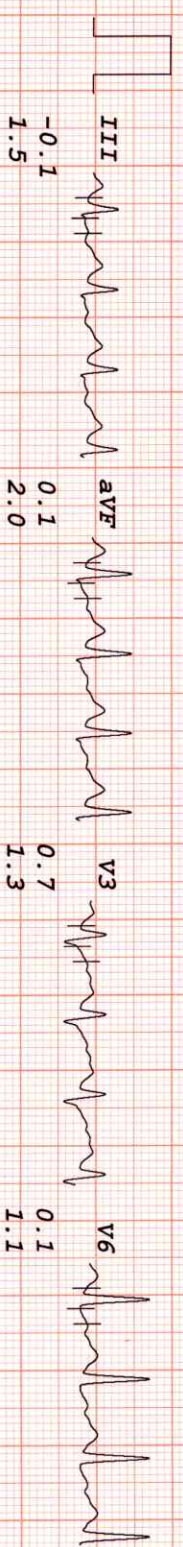
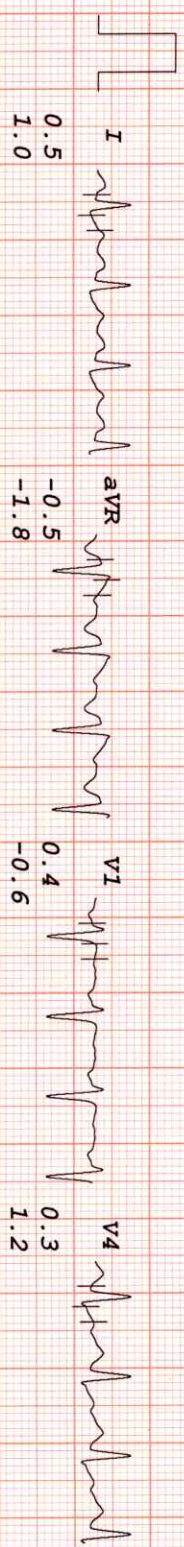
Bruce  
Stage 2  
TOTAL TIME 5:55  
PHASE TIME 2:55

ST @ 10mm/mV  
80ms PostJ  
Speed 4 km/hr  
SLOPE 12 %

LINKED MEDIAN

Mag. X 2

III





# HEALTHCARE BORIVALI

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 Date 26/03/2022

RATE 168bpm  
 B.P. 150/100

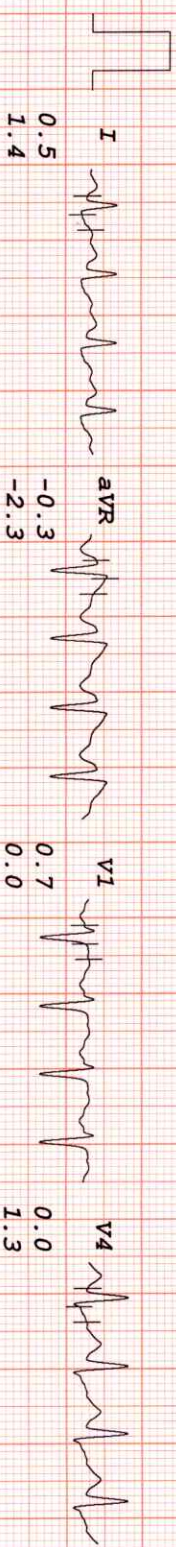
Bruce  
 PK-EXERCISE  
 TOTAL TIME 7:08  
 PHASE TIME 1:08

ST @ 10mm/mV  
 80ms PostJ  
 Speed 5.4 km/hr  
 SLOPE 14 %

LINKED MEDIAN

Mag. X 2

V6

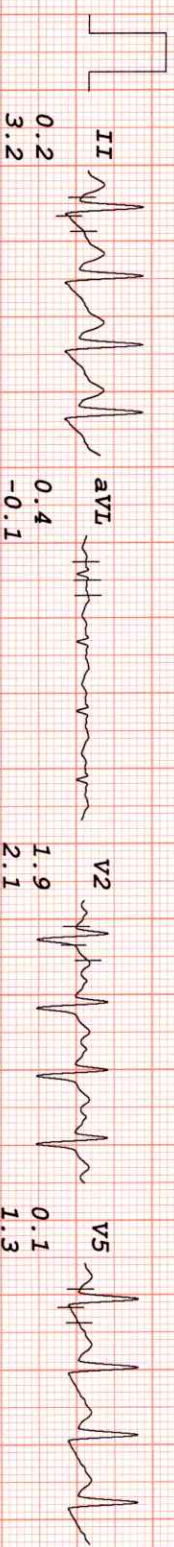


I  
0.5  
1.4

aVR  
-0.3  
-2.3

V1  
0.7  
0.0

V4  
0.0  
1.3

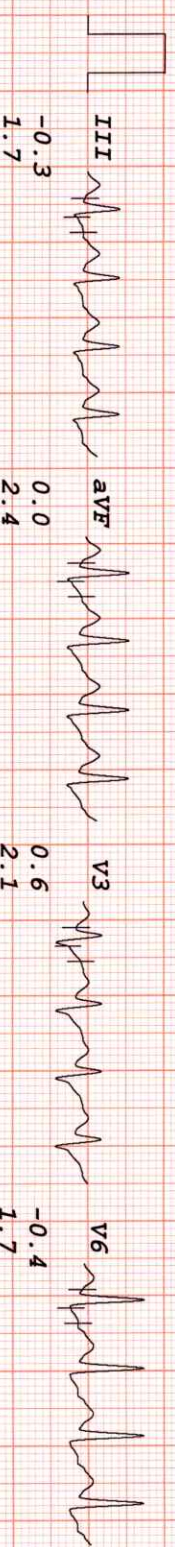


II  
0.2  
3.2

aVL  
0.4  
-0.1

V2  
1.9  
2.1

V5  
0.1  
1.3



III  
-0.3  
1.7

aVF  
0.0  
2.4

V3  
0.6  
2.1

V6  
-0.4  
1.7



II



*[Handwritten Signature]*



MR KUSHAL RUMWATIA  
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RATE 122bpm  
 B.P. 140/90

# HEALTHCARE BORIVALI

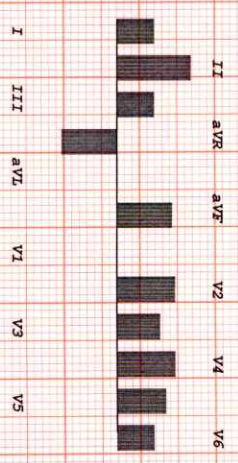
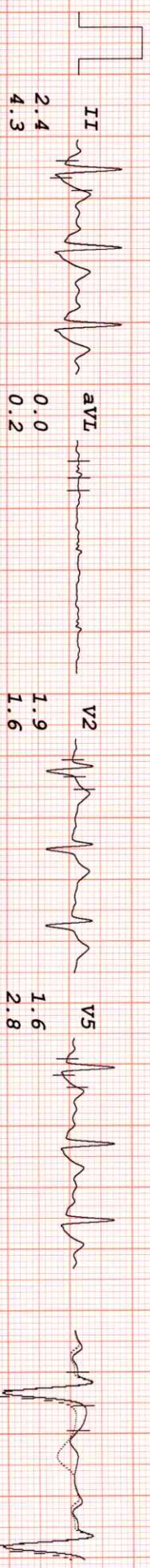
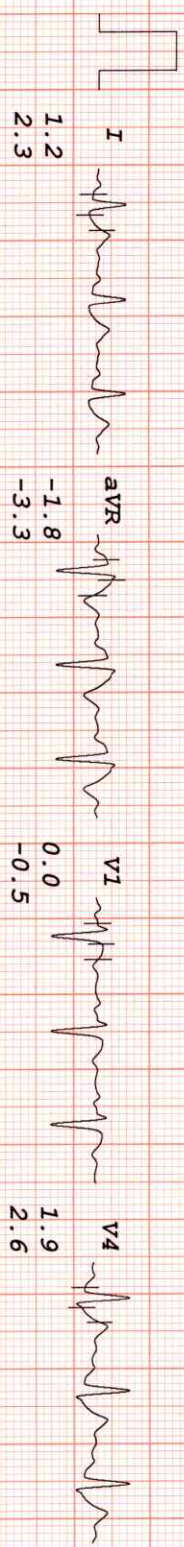
Bruce  
 RECOVERY  
 TOTAL TIME 8:15  
 PHASE TIME 0:59

ST @ 10mm/mv  
 80ms PostJ

LINKED MEDIAN

Mag. X 2

V1



*[Handwritten signature]*



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RATE 113bpm  
B.P. 130/80

# HEALTHCARE BORIVALI

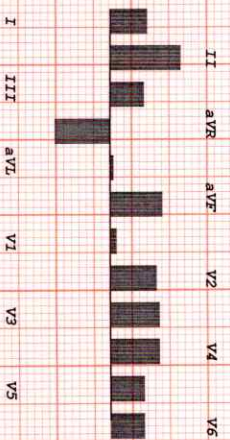
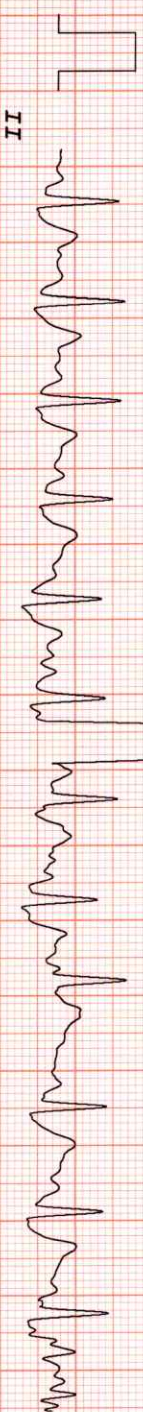
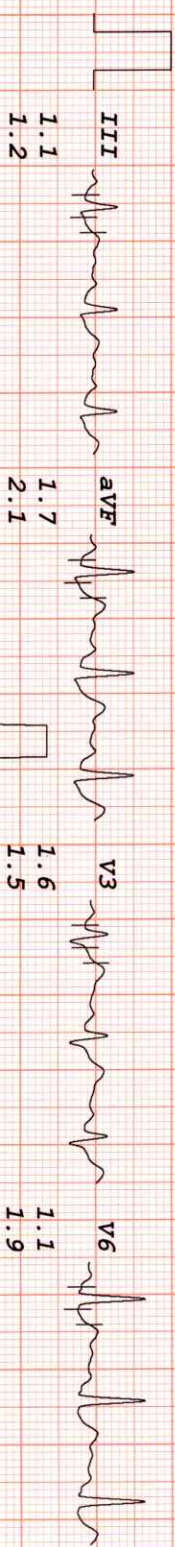
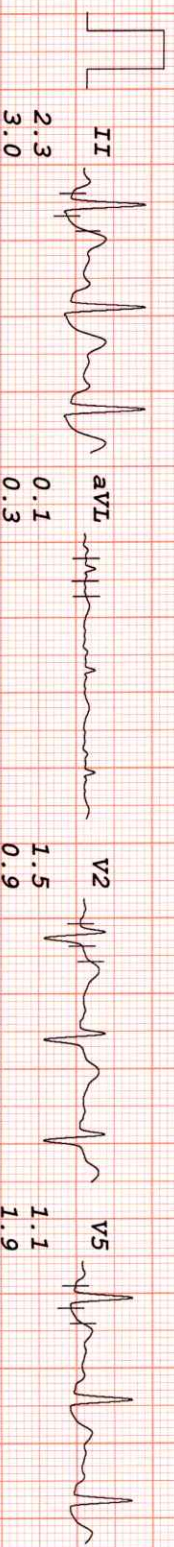
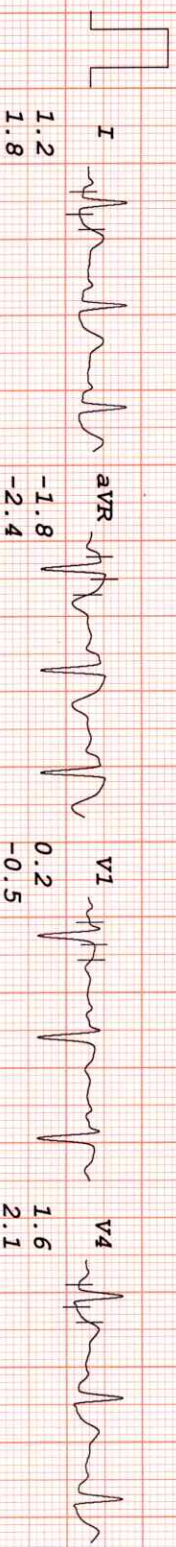
Bruce  
RECOVERY  
TOTAL TIME 9:13  
PHASE TIME 1:57

ST @ 10mm/mV  
80ms PostJ

LINKED MEDIAN

Mag. X 2

V1





# HEALTHCARE BORIVALLI

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 I.D. 133  
 Age 31/M  
 Date 26/03/2022

RATE 101bpm  
 B.P. 120/80

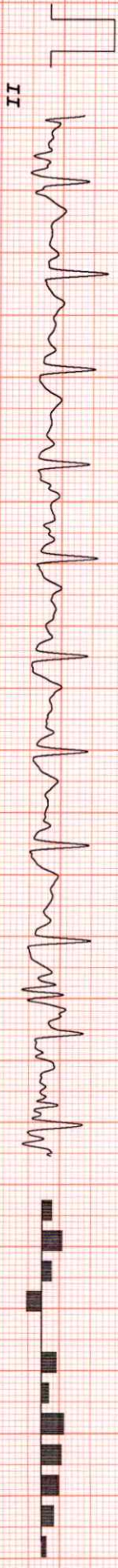
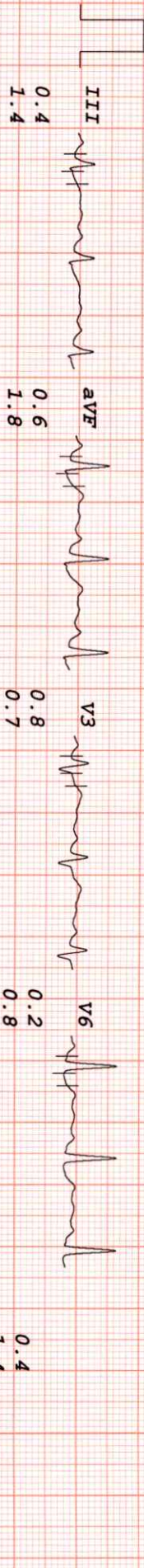
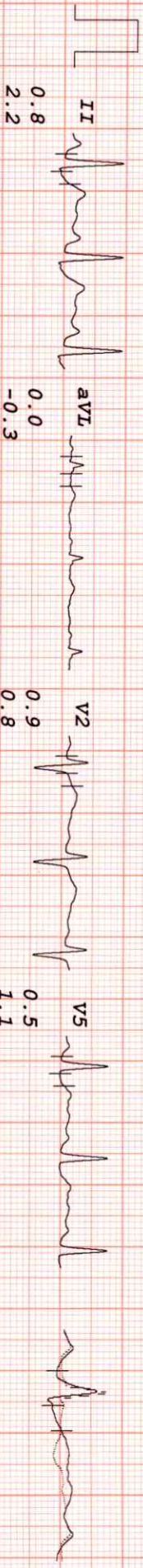
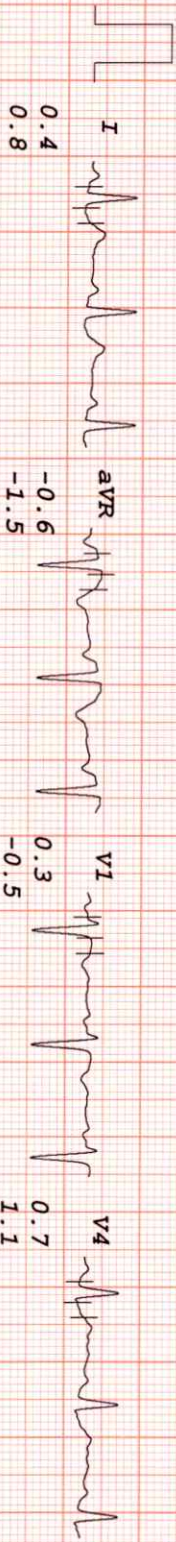
Bruce  
 RECOVERY  
 TOTAL TIME 10:11  
 PHASE TIME 2:55

ST @ 10mm/mV  
 80ms PostJ

LINKED MEDIAN

Mag. X 2

III



I III aVL V1 V3 V5