

LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,
Mediwheel (Arcofemi Healthcare Limited)
Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	MS. RATHWA RESHMA MANOJBHAI
EC NO.	101890
DESIGNATION	SINGLE WINDOW OPERATOR A
PLACE OF WORK	VADODARA, KHODIYARNAGAR
BIRTHDATE	13-09-1980
PROPOSED DATE OF HEALTH CHECKUP	24-09-2022
BOOKING REFERENCE NO.	22S101890100025832E

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **16-09-2022** till **31-03-2023** The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

**Chief General Manager
HRM Department
Bank of Baroda**

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))

SUGGESTIVE LIST OF MEDICAL TESTS

FOR MALE	FOR FEMALE
CBC	CBC
ESR	ESR
Blood Group & RH Factor	Blood Group & RH Factor
Blood and Urine Sugar Fasting	Blood and Urine Sugar Fasting
Blood and Urine Sugar PP	Blood and Urine Sugar PP
Stool Routine	Stool Routine
Lipid Profile	Lipid Profile
Total Cholesterol	Total Cholesterol
HDL	HDL
LDL	LDL
VLDL	VLDL
Triglycerides	Triglycerides
HDL / LDL ratio	HDL / LDL ratio
Liver Profile	Liver Profile
AST	AST
ALT	ALT
GGT	GGT
Bilirubin (total, direct, indirect)	Bilirubin (total, direct, indirect)
ALP	ALP
Proteins (T, Albumin, Globulin)	Proteins (T, Albumin, Globulin)
Kidney Profile	Kidney Profile
Serum creatinine	Serum creatinine
Blood Urea Nitrogen	Blood Urea Nitrogen
Uric Acid	Uric Acid
HBA1C	HBA1C
Routine urine analysis	Routine urine analysis
USG Whole Abdomen	USG Whole Abdomen
General Tests	General Tests
X Ray Chest	X Ray Chest
ECG	ECG
2D/3D ECHO / TMT	2D/3D ECHO / TMT
Stress Test	Thyroid Profile (T3, T4, TSH)
PSA Male (above 40 years)	Mammography (above 40 years) and Pap Smear (above 30 years).
Thyroid Profile (T3, T4, TSH)	Dental Check-up consultation
Dental Check-up consultation	Physician Consultation
Physician Consultation	Eye Check-up consultation
Eye Check-up consultation	Skin/ENT consultation
Skin/ENT consultation	Gynaec Consultation



PHYSICIAN EXAMINATION

Name:- RESHMA RATHWA

Age: 42/FEMALE

Reg.No: 20221106556

DOE: 24/12/2022

Physical Examination:

Height: 155CM

Weight: 50 KG

PULSE: 96

Temperature: NORMAL

BMI: 20.08

BP:150/97

SPO2- 99%

Chief Complaint: NAD

Past History: NAD

General Examination: NAD

Systemic Examination: NAD

INVESTIGATION : NAD

ADVICE: PLENTY OF ORAL FLUIDE.

CAP. AUTRIN 1-0-0 (1 MONTH)

DR SAURABH JAIN





Examination by GYNAECOLOGIST

Name:- RESHMA M RATHWA
Reg.No: 20221106556

Age:42/FEMALE
DOE : 24/12/2022

**Presenting Complaint: MO/ C/O MENSTRUAL DISTURBANCES
MO/CO/ BLADDER BOWEL DISTENTION**

Medical History :-

M/H: LMP:- 26/11/22

O/H: G2;P1,AP: 1M/3YRFTLSCS / ALIVE /TVC

OTHER:LAP:SALPINGECTOMY LEFT ECTOPIC PREGNANCY BEFORE 1 YR

EXAMINATION:-

P/A: H/O TL DONE

P/S: SOFT

P/V:NOT DONE

IMPRESSION: NILL GYNEC

ADVICE:- TAB:- DOXY 1---0---1 (10)

DR NIRAV SHAH





Savita

Superspeciality Hospital
(A Unit of Solace Healthcare Pvt. Ltd.)

Parivar Char Rasta, Waghodia-Dabhoi Ring Road, Vadodara-390019

☎ 0265-2578844 / 2578849 ✉ mh@savitahospital.com 🌐 savitahospital.com

Examination By Ophthalmologist

Name:-RESHMA M RATHWA

Reg.No: 20221106556

Age:-42/FEMALE

DOE: 24/12/2022

Present Complaints: NAD

Medical History: NAD

Examination Of Eye:	<u>Right</u>	<u>Left</u>
External Examination :	NAD	NAD
Ati Seg Examination:	A/S WNL	NAD
Schiotz Tonometry IOP:	RRRL	RRRL

Fundus: NILL

Without Glass Distant Vision: ___NAD___NAD___

Near Vision: _NAD _NAD _

With Glass Distant Vision: 6/6 WITH -0.75DSPH ___6/6 WITH -1.0 DSPH

Near Vision: N6___ N6

Colour Vision (With Ishihara Chart): WNL

Advice: NAD

DR CHETAN CHAUHAN



CANON RK-F2
24/DEC/2022 14:03
No. : 003342
NAME : M/F

<RIGHT>
[REF] VD: 13.5
SPH CYL AX
-0.25 0.00 180
-0.75 -0.25 160
-0.75 -0.25 171
[-0.75 -0.25 172]

<LEFT >
[REF]
-1.75 0.00 180

PD : 64 mm

SOLACE HEALTH CARE
WAGHODIA ROAD,
VADODARA.



Examination by DENTAL

Name:- RESHMA RATHWA
Reg.No: 20221106556

Age:42/FEMALE
DOE : 24/12/2022

Presenting Complaint: COUNTY IN LOWER RIGHT BACK TOOTH REGION

Medical History : NAD

Examination: GROSSLY CARIOUS IRT $\frac{\quad}{8}$, CROWN IRT $\frac{65}{\quad}$
CALCULUS++ STAIN + 8

Impression:NAD

Advice: EXTRACTION IRT $\frac{\quad}{8}$ RESTORATION IRT $\frac{65}{\quad}$

SCALLING AND POLLISHING

DR RUSHDA MALEK





Patient Name : Reshma Manoj Rathwa

Sample No. : 20221212275



Patient ID : 20221106556

Visit No. : OPD20221221005

Age / Sex : 42y/Female

Coll. Date : 24/12/2022 09:46

Consultant : DR SAURABH JAIN

S. Coll. Date : 24/12/2022 10:08

Ward : -

Report Date : 24/12/2022 18:54

FBS & PPBS

Investigation	Result	Normal Value
Blood Sugar (FBS) :	89 mg/dl	74 - 100 mg/dl
Urine Sugar (FUS) :	Nil	
Blood Sugar (PP2BS) :	75 mg/dl	70 to 120 mg/dl
Urine Sugar (PP2US) :	Nil	

Dr.Mehul Desai
M.B.D.C.P
Reg.No.G-9521



TEST REPORT

Name	: RESHMA RATHVA	Acc. ID	: 221023488
Age/Sex	: 42 Years / Female	Birthdate	: Regd. Dt : 24-Dec-2022 01:49 PM
Refd. By	: SAVITA SUPERSPECIALITY HOSPITAL	Status	: Final
Sample	: Serum (Blood in Plain)	PassportNo:	Coll Dt. TM. : 24-Dec-2022 01:00 PM
Client Details	: SAVITA SUPERSPECIALITY HOSPITAL	Mobile	: Recd. Dt. Tm. : 24-Dec-2022 01:49 PM
			Report Dt. Tm. : 24-Dec-2022 02:56 PM

IMMUNOLOGY

Test Name	Result	Unit	Biological Ref. Interval
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THYROID FUNCTION TEST

T3 (Triiodothyronine) <small>CHEMILUMINESCENT MICROPARTICLE IMMUNOASSAY</small>	1.54	ng/mL	0.97 - 1.69
T4 (Thyroxine) <small>CHEMILUMINESCENT MICROPARTICLE IMMUNOASSAY</small>	9.91	µg/dL	5.5 - 11.0
TSH <small>CHEMILUMINESCENT MICROPARTICLE IMMUNOASSAY</small>	2.681	µIU/ml	Infants (1-23 months):- 0.5885-6.880 Children (2-12 years):- 0.7291-4.402 Adolescents(13-21 years):- 0.4557-4.160 Adults (>=22 years):- 0.4001-4.049 Pregnant:- (1st trimester):- 0.1298- 3.12 (2nd trimester):- 0.2749- 2.652 (3rd trimester):- 0.3127- 2.947

CHEMILUMINESCENT MICROPARTICLE IMMUNOASSAY

----- End Of Report -----

This is an Electronically Authenticated Report.



Dr. Kinjal Patel
M. D. PATHOLOGY
GMC No. G-33123

Verified By
Auto

Dr. VIRAL A. PATEL
M. D. PATHOLOGY
GMC No. G-22658

Page 1 of 1



Patient Name :	Reshma Manoj Rathwa	Sample No. :	20221212275 
Patient ID :	20221106556	Visit No. :	OPD20221221005
Age / Sex :	42y/Female	Coll. Date :	24/12/2022 09:46
Consultant :	DR SAURABH JAIN	S. Coll. Date :	24/12/2022 10:08
Ward :	-	Report Date :	24/12/2022 12:21

CBC, ESR

Investigation	Result	Normal Value
Hemoglobin :	10.8 gm/dl [L]	12.5 to 16.0 gm/dl
P.C.V. :	34.2 % [L]	37.0 to 47.0 %
M.C.V. :	64.8 fL [L]	78 to 100 fL
M.C.H. :	20.5 pg [L]	27 to 31 pg
M.C.H.C. :	31.6 g/dl [L]	32 to 36 g/dl
RDW :	14.2 % [H]	11.5 to 14.0 %
RBC Count :	5.28 X 10 ⁶ /cumm	4.2 to 5.4 X 10 ⁶ /cumm
Polymorphs :	63 %	38 to 70 %
Lymphocytes :	29 %	15 to 48 %
Eosinophils :	5 %	0 to 6 %
Monocytes :	3 %	3 to 11 %
Total :	100	< 100 > 100
WBC Count :	5200 /cmm	4000 to 10000 /cmm
Platelets Count :	274000 /cmm	1,50,000 to 4,50,000 /cmm
ESR - After One Hour :	19 mm/hr	1 to 20 mm/hr



Dr. Mehul Desai
M.B.D.C.P
Reg.No.G-9521



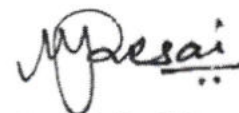
Patient Name :	Reshma Manoj Rathwa	Sample No. :	20221212275 
Patient ID :	20221106556	Visit No. :	OPD20221221005
Age / Sex :	42y/Female	Coll. Date :	24/12/2022 09:46
Consultant :	DR SAURABH JAIN	S. Coll. Date :	24/12/2022 10:08
Ward :	-	Report Date :	24/12/2022 11:34

Blood Group

Investigation	Result	Normal Value
BLOOD GROUP :		
ABO	O	
Rh	Positive	


HBA1C

Investigation	Result	Normal Value
Glycosylated Hb :	5.7 %	Near Normal Glycemia : 6 to 7 Excellent Control : 7 to 8 Good Control : 8 to 9 Fair Control : 9 to 10 Poor Control : > 10
Average Plasma Glucose of Last 3 Months :	116.89	



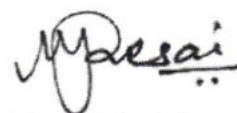
Dr.Mehul Desai
M.B.D.C.P
Reg.No.G-9521



Patient Name :	Reshma Manoj Rathwa	Sample No. :	20221212275 
Patient ID :	20221106556	Visit No. :	OPD20221221005
Age / Sex :	42y/Female	Coll. Date :	24/12/2022 09:46
Consultant :	DR SAURABH JAIN	S. Coll. Date :	24/12/2022 10:08
Ward :	-	Report Date :	24/12/2022 11:34

RENAL FUNCTION TEST

Investigation	Result	Normal Value
Creatinine :	0.7 mg/dl	0.6 - 1.4 mg/dl
Urea :	21 mg/ dl	13 - 45 mg/dl
Uric Acid :	3.6 mg/dl	3.5 - 7.2 mg/dl
Calcium :	8.6 mg/dl	8.5 - 10.5
Phosphorus :	4 mg/dl	1.5 - 6.8



Dr.Mehul Desai
M.B.D.C.P
Reg.No.G-9521



Patient Name : Reshma Manoj Rathwa

Sample No. : 20221212275



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Visit No. : OPD20221221005

Age / Sex : 42y/Female

Coll. Date : 24/12/2022 09:46

Consultant : DR SAURABH JAIN

S. Coll. Date : 24/12/2022 10:08

Ward : -

Report Date : 24/12/2022 11:34

LFT (Liver Function Test)

Investigation	Result	Normal Value
Total Bilirubin :	0.4 mg/dl	0.2 to 1.0 mg/dl
Direct Bilirubin :	0.2 mg/dl	0.0 to 0.2 mg/dl
Indirect Bilirubin :	0.2 mg/dl	0.0 to 0.8 mg/dl
AST (SGOT) :	35 U/L [H]	5 to 34 U/L
ALT (SGPT) :	14 U/L	0 to 55 U/L
Total Protein (TP) :	7 g/dl	6.4 to 8.3, g/dl
Albumin (ALB) :	4 g/dl	3.5 to 5.2 g/dl
Globulin :	3 g/dl	2.3 to 3.5 g/dl
A/G Ratio :	1.33	
Alkaline Phosphatase (ALP) :	144 U/L	40 to 150 U/L
GAMMA GT. :	10 U/L	7 to 35 U/L

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Consultant :	DR SAURABH JAIN	S. Coll. Date :	24/12/2022 10:08
Ward :	-	Report Date :	24/12/2022 11:34

Lipid Profile

Investigation	Result	Normal Value
Sample :	Fasting	
Sample Type :	Normal	
Cholesterol (Chol) :	159 mg/dl	Low risk : < 200 Moderate risk : 200 - 239 High risk : > or = 240
Triglyceride :	75 mg/dl	Normal : < 200.0 High : 200 - 499 Very High : > or = 500
HDL Cholesterol :	40 mg/dl	Low risk: >or = 60 mg/dL High risk : Up to 35 mg/dL
LDL :	104 mg/dl [L]	131.0 to 159.0(N) < 130.0(L) > 159.0(H)
VLDL :	15 mg/dl	Up to 0 to 34 mg/dl
LDL/HDL Ratio :	2.6	Low risk : 0.5 to 3.0 Moderate risk : 3.0 to 6.0 Elevted level high > 6.0
Total Chol / HDL Ratio :	3.98	Low Risk : 3.3 to 4.4 Average Risk : 4.4 to 7.1 Moderate Risk : 7.1 to 11.0 High Risk : > 11.0
Total Lipids :	574 mg/dl	400 to 700 mg/dl

Note :- Lipemic samples give high triglyceride value and falsely low LDL value.



Dr. Mehul Desai
M.B.D.C.P
Reg.No.G-9521



Patient Name : Reshma Manoj Rathwa

Sample No. : 20221212275



Patient ID : 20221106556

Visit No. : OPD20221221005

Age / Sex : 42y/Female

Coll. Date : 24/12/2022 09:46

Consultant : DR SAURABH JAIN

S. Coll. Date : 24/12/2022 10:08

Ward : -

Report Date : 24/12/2022 11:34

Urine R/M

Investigation	Result	Normal Value
Quantity - :	20 ml	
Colour - :	Straw	
Reaction (pH) :	5.0	4.6-8.0
Turbidity :	Clear	
Deposit :	Absent	Absent
Sp.Gravity :	1.015	1.005-1.010
Protein :	Absent	Absent
Glucose :	Absent	Absent
Bile Salts :	Absent	Absent
Bile pigments :	Absent	Absent
Ketones :	Absent	Absent
Urobilinogen :	Absent	
Blood :	Absent	Absent
Pus Cells :	0-1 /hpf	0-5/hpf
Red Blood Cells :	1-3 /hpf	Absent
Epithelial Cells :	3-5 /hpf	

Dr.Mehul Desai
M.B.D.C.P
Reg.No.G-9521



Savita

Superspeciality Hospital

(A Division of Sai Place Healthcare Pvt. Ltd.)

Parivar Char Rasta, Waghodiya-Dabhoi Ring Road, Vadodara-390019

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24/12/2022

RESHMA M RATHNA

42 YEARS/FEMALE

CHEST X RAY PA VIEW

Both the lung fields appear normal.

Both costophrenic angles appear clear.

Cardiac silhouette appear normal.

Both hila appears normal.

Mediastinum and aorta appear normal.

Bony thorax appears normal.

No evidence of free gas seen under dome of diaphragm.

COMMENTS:

- NORMAL BOTH LUNG FIELDS.
- NORMAL CARDIAC SIZE.


DR. CHETNA DUHAN, M.D
CONSULTANT RADIOLOGIST




Saturday, December 24, 2022

RESHMA

42 YEARS/FEMALE

ULTRASONOGRAPHY OF ABDOMEN AND PELVIS

Liver shows normal in size and echotexture. No mass lesion detected.
PV, CBD and intrahepatic biliary radicals shows no dilatation.

The gall bladder is physiologically distended. It reveals normal gall bladder wall.
There is no evidence of gallstone.

Spleen appears normal in size and echotexture. No evidence of focal lesion.
Pancreas appears normal in size and echotexture. No evidence of focal lesion.

A calculus of size approx. 4mm is noted at upper pole of left kidney.
Both kidneys show normal size, position and cortical echogenicity.
Right kidney measures 8.0 cm and Left kidney measures 10.2 cm.
Corticomedullary differentiation is preserved bilaterally.

The urinary bladder is distended and appears normal.
Uterus appears normal.No focal lesion.ET measures 12 mm.
A well defined cystic structure of size 4 x 4 cm is noted to be arising from right ovary suggests
p/o right ovarian cyst likely.
Left ovary measures 6 cc, appears normal.

CONCLUSION:

- **LEFT RENAL CALCULUS**
- **SIMPLE RIGHT OVARIAN CYST**



DR. CHETNA DUHAN, M.D

CONSULTANT RADIOLOGIST



2D-ECHOCARDIOGRAPHY AND COLOR DOPPLER REPORT

NAME: RESHMA MANOJ RATHWA

AGE/SEX: 42 YRS/FEMALE

DATE : 24/12/2022

REF BY: DR.

OBSERVATION:

- NORMAL LV SIZE WITH NORMAL LV SYSTOLIC FUNCTION. LVEF = 60% (VISUAL).
- NO RWMA AT REST.
- TRIVIAL MR. NO MS.
- TRIVIAL AR. NO AS.
- MILD TR. NO PAH.
- NORMAL LA, RA & RV SIZE WITH NORMAL RV SYSTOLIC FUNCTION.
- NORMAL MPA, RPA & LPA.
- THIN IAS / INTACT IAS & IVS.
- NO E/O INTRACARDIAC CLOT/VEGETATION/PE.
- NORMAL IVC, NORMAL PERICARDIUM.
- NO COARCTATION OF AORTA

CONCLUSION:

- NORMAL LV/RV SIZE AND NORMAL SYSTOLIC FUNCTION.
- NO RWMA AT REST, LVEF = 60% (VISUAL).
- MILD TR / NO PAH



DR.NIRAV BHALANI
[CARDIOLOGIST]

DR.ARVIND SHARMA
[CARDIOLOGIST]

DR. CHIRAG SHETH
[CARDIOLOGIST]

DR ANIKET KATARIA
[CARDIOLOGIST]

42 Years

RATHWA, RESHMA
Female

24-Dec-22 9:27:19 AM

Rate 68

PR 136

QRSD 70

QT 380

QTc 405

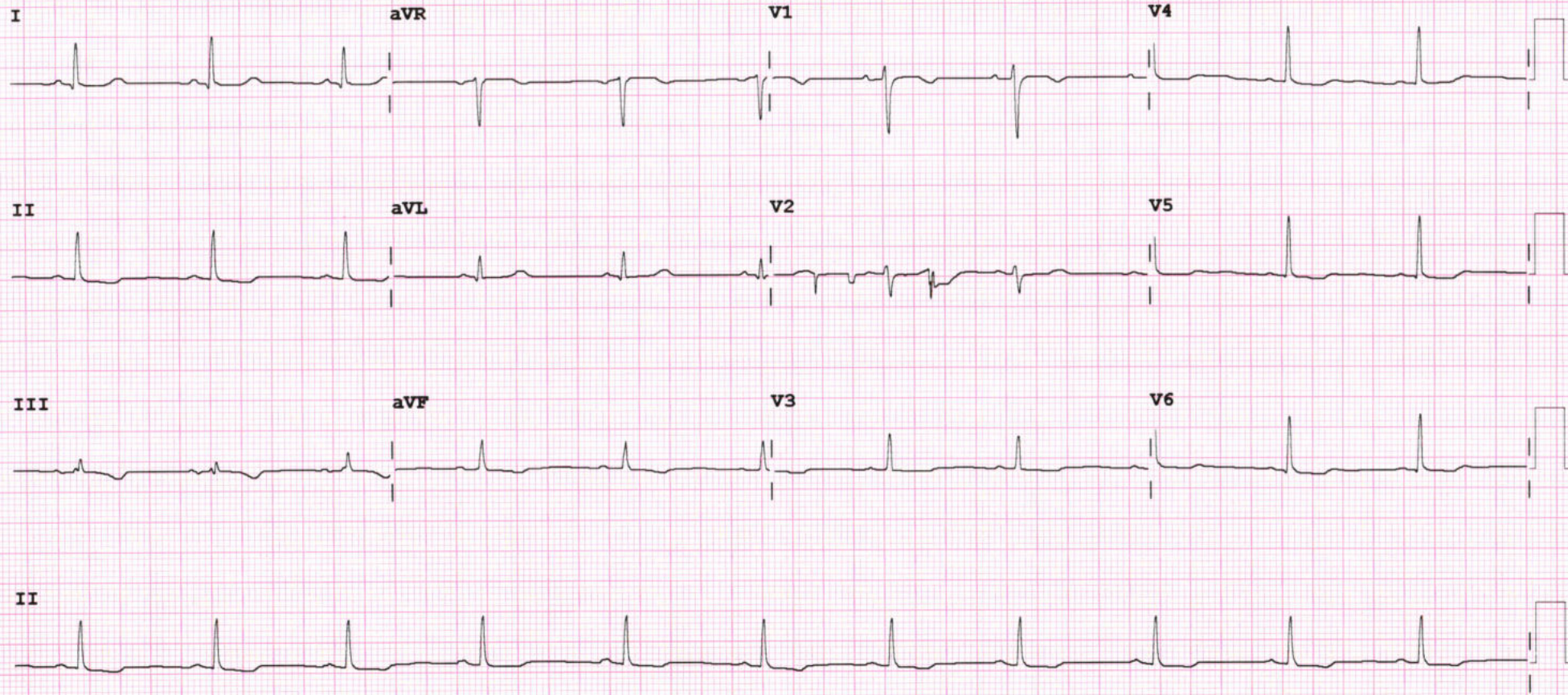
--AXIS--

P 29

QRS 44

T -61

12 Lead; Standard Placement



Device:

Speed: 25 mm/sec

Limb: 10 mm/mV

Chest: 10.0 mm/mV Elect. Off

F 50~ 0.50-150 Hz W

PH09

P?