





CLIENT'S NAME AND ADDRESS : ACROFEMI HEALTHCARE LTD (MEDIWHEEL) F-703, LADO SARAI, MEHRAULI SOUTH WEST DELHI NEW DELHI 110030 DELHI INDIA 8800465156

SRL Ltd M/S S.S. WELLNESS CENTRE,GROUND FLOOR,C-22,SHASTRI NAGAR,NEAR CENTRAL ACADEMY SCHOOL JODHPUR, 342001 RAJASTHAN, INDIA Tel : 0291-2646000, 2644000, Fax : CIN - U74899PB1995PLC045956 Email : srl.jodhpur@gmail.com

PATIENT NAME : KISHNA RAM 145645 PATIENT ID : KISHM11038461							
ACCESSION NO : 0061WC000962 AGE : 39 Years SEX : Male	ABHA NO :						
DRAWN : 11/03/2023 09:27 RECEIVED : 11/03/2023 12:55	REPORTED : 14/03/2023 11:05						
REFERRING DOCTOR : DR. BOB PACKAGE	CLIENT PATIENT ID:						
Test Report Status <u>Final</u> Results	Biological Reference Interval Units						
Test Report Status Final Results MEDI WHEEL FULL BODY HEALTH CHECK UP BELOW 40 MALE	Biological Reference Interval Units						

HEMOGLOBIN (HB)	13.4		13.0 - 17.0	g/dL
RED BLOOD CELL (RBC) COUNT	5.38		4.5 - 5.5	mil/µL
WHITE BLOOD CELL (WBC) COUNT	6.14		4.0 - 10.0	thou/µL
PLATELET COUNT	235		150 - 410	thou/µL
RBC AND PLATELET INDICES				
HEMATOCRIT (PCV)	39.6	Low	40 - 50	%
MEAN CORPUSCULAR VOLUME (MCV)	73.6	Low	83 - 101	fL
MEAN CORPUSCULAR HEMOGLOBIN (MCH)	24.9	Low	27.0 - 32.0	pg
MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION (MCHC)	33.8		31.5 - 34.5	g/dL
RED CELL DISTRIBUTION WIDTH (RDW)	14.0		11.6 - 14.0	%
MENTZER INDEX	13.7			
MEAN PLATELET VOLUME (MPV)	12.6	High	6.8 - 10.9	fL
WBC DIFFERENTIAL COUNT				
NEUTROPHILS	57		40 - 80	%
LYMPHOCYTES	37		20 - 40	%
MONOCYTES	04		2 - 10	%
EOSINOPHILS	02		1 - 6	%
BASOPHILS	00		< 1 - 2	%
MORPHOLOGY				
RBC	RED BLOOD CELLS A	RE NO	RMOCYTIC NORMOCHROMIC	
WBC	WBCS ARE NORMAL	IN NU	IMBER & MORPHOLOGY	
PLATELETS	PLATELETS ARE ADEC	QUATE	IN NUMBER	
ERYTHROCYTE SEDIMENTATION RATE (ESR),WI	HOLE			
E.S.R	10		0 - 14	mm at 1 hr
METHOD : WESTERGREN METHOD				
GLUCOSE FASTING, FLUORIDE PLASMA				
FBS (FASTING BLOOD SUGAR)	90		74 - 99	mg/dL
METHOD : SPECTROPHOTOMETRY				
GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA W	HOLE			



BLOOD







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CLIENT PATIENT ID:

ABHA NO :

REPORTED :

> 11.0 High Risk

PATIENT NAME: KISHNA RAM 145645

PATIENT ID : KISHM11038461

14/03/2023 11:05

ACCESSION NO : **0061WC000962** AGE : 39 Years SEX : Male DRAWN : 11/03/2023 09:27 RECEIVED : 11/03/2023 12:55

REFERRING DOCTOR : DR. BOB PACKAGE

Test Report Status <u>Final</u>	Results		Biological Reference Interv	al Units
HBA1C	5.4		Non-diabetic: < 5.7 Pre-diabetics: 5.7 - 6.4 Diabetics: > or = 6.5 ADA Target: 7.0 Action suggested: > 8.0	%
ESTIMATED AVERAGE GLUCOSE(EAG)	108.3		< 116.0	mg/dL
GLUCOSE, POST-PRANDIAL, PLASMA				
PPBS(POST PRANDIAL BLOOD SUGAR) METHOD : SPECTROPHOTOMETRY LIPID PROFILE, SERUM	118		70 - 139	mg/dL
CHOLESTEROL, TOTAL	196		< 200 Desirable 200 - 239 Borderline High >/= 240 High	mg/dL
METHOD : SPECTROPHOTOMETRY TRIGLYCERIDES	104		< 150 Normal 150 - 199 Borderline High 200 - 499 High >/=500 Very High	mg/dL
METHOD : SPECTROPHOTOMETRY				<i>,</i>
HDL CHOLESTEROL METHOD : SPECTROPHOTOMETRY	62	High	< 40 Low >/=60 High	mg/dL
CHOLESTEROL LDL	113	High	< 100 Optimal 100 - 129 Near optimal/ above optimal 130 - 159 Borderline High 160 - 189 High >/= 190 Very High	mg/dL
NON HDL CHOLESTEROL	134	High	Desirable: Less than 130 Above Desirable: 130 - 159 Borderline High: 160 - 189 High: 190 - 219 Very high: > or = 220	mg/dL
VERY LOW DENSITY LIPOPROTEIN	20.8		= 30.0</td <td>mg/dL</td>	mg/dL
CHOL/HDL RATIO	3.2	Low	3.3 - 4.4 Low Risk 4.5 - 7.0 Average Risk 7.1 - 11.0 Moderate Risk	











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LDL/HDL RATIO

1.8

0.5 - 3.0 Desirable/Low Risk 3.1 - 6.0 Borderline/Moderate Risk >6.0 High Risk









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REFERRING DOCTOR : DR. BOB PACKAGE	Results	CLIENT PATIENT ID : Biological Reference Interval Units

Interpretation(s)

1) Cholesterol levels help assess the patient risk status and to follow the progress of patient under treatment to lower serum cholesterol concentrations.

2) Serum Triglyceride (TG) are a type of fat and a major source of energy for the body. Both quantity and composition of the diet impact on plasma triglyceride concentrations. Elevations in TG levels are the result of overproduction and impaired clearance. High TG are associated with increased risk for CAD (Coronary artery disease) in patients with other risk factors, such as low HDL-C, some patient groups with elevated apolipoprotein B concentrations, and patients with forms of LDL that may be particularly atherogenic.

3)HDL-C plays a crucial role in the initial step of reverse cholesterol transport, this considered to be the primary atheroprotective function of HDL

4) LDL -C plays a key role in causing and influencing the progression of atherosclerosis and, in particular, coronary sclerosis. The majority of cholesterol stored in atherosclerotic plaques originates from LDL, thus LDL-C value is the most powerful clinical predictor.

5)Non HDL cholesterol: Non-HDL-C measures the cholesterol content of all atherogenic lipoproteins, including LDL hence it is a better marker of risk in both primary and secondary prevention studies. Non-HDL-C also covers, to some extent, the excess ASCVD risk imparted by the sdLDL, which is significantly more atherogenic than the normal large buoyant particles, an elevated non-HDL-C indirectly suggests greater proportion of the small, dense variety of LDL particles

Serum lipid profile is measured for cardiovascular risk prediction.Lipid Association of India recommends LDL-C as primary target and Non HDL-C as co-primary treatment target.

Risk Category							
Extreme risk group	A.CAD with > 1 feature of high risk group						
	B. CAD with > 1 feature of Very high risk group or recurrent ACS (within 1 year) despite LDL-C						
	< or $=$ 50 mg/dl or polyvascular disease						
Very High Risk	1. Established ASCVD 2. Diabetes with 2 major risk factors or evidence of end organ damage 3.						
	Familial Homozygous Hypercholesterolemia						
High Risk	1. Three major ASCVD risk factors. 2. Diabetes with 1 major risk factor or no evidence of end						
	organ damage. 3. CKD stage 3B or 4. 4. LDL >190 mg/dl 5. Extreme of a single risk factor. 6.						
	Coronary Artery Calcium - CAC >300 AU. 7. Lipoprotein a >/= 50mg/dl 8. Non stenotic carotid						
	plaque						
Moderate Risk	2 major ASCVD risk factors						
Low Risk	0-1 major ASCVD risk factors						
Major ASCVD (Ath	erosclerotic cardiovascular disease) Risk Fa	actors					
1. Age $>$ or $=$ 45 year	s in males and $>$ or $= 55$ years in females	3. Current Cigarette smoking or tobacco use					
2. Family history of p	remature ASCVD	4. High blood pressure					
5. Low HDL							
NT							

Risk Stratification for ASCVD (Atherosclerotic cardiovascular disease) by Lipid Association of India

Newer treatment goals and statin initiation thresholds based on the risk categories proposed by LAI in 2020.

Risk Group	Treatment Goals		Consider Drug Therapy		
	LDL-C (mg/dl) Non-HDL (mg/dl		LDL-C (mg/dl)	Non-HDL (mg/dl)	











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Biological Reference Interval Units

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Test Report Statu	s Final

Extreme Risk Group Category A	<50 (Optional goal < OR = 30)	< 80 (Optional goal <or 60)<="" =="" th=""><th>>OR = 50</th><th>>OR = 80</th></or>	>OR = 50	>OR = 80
Extreme Risk Group	<or 30<="" =="" td=""><td><or 60<="" =="" td=""><td>> 30</td><td>>60</td></or></td></or>	<or 60<="" =="" td=""><td>> 30</td><td>>60</td></or>	> 30	>60
Category B				
Very High Risk	<50	<80	>OR= 50	>OR= 80
High Risk	<70	<100	>OR= 70	>OR=100
Moderate Risk	<100	<130	>OR=100	>OR=130
Low Risk	<100	<130	>OR=130*	>OR=160

Results

*After an adequate non-pharmacological intervention for at least 3 months.

References: Management of Dyslipidaemia for the Prevention of Stroke: Clinical Practice Recommendations from the Lipid Association of India. Current Vascular Pharmacology, 2022, 20, 134-155.

LIVER FUNCTION PROFILE, SERUM

LIVER FUNCTION PROFILE, SERUM				
BILIRUBIN, TOTAL	0.40		0.2 - 1.0	mg/dL
METHOD : SPECTROPHOTOMETRY				
BILIRUBIN, DIRECT	0.10		0.0 - 0.2	mg/dL
METHOD : SPECTROPHOTOMETRY				
BILIRUBIN, INDIRECT	0.30		0.1 - 1.0	mg/dL
METHOD : SPECTROPHOTOMETRY				
TOTAL PROTEIN	7.5		6.4 - 8.2	g/dL
METHOD : SPECTROPHOTOMETRY				
ALBUMIN	4.2		3.4 - 5.0	g/dL
METHOD : SPECTROPHOTOMETRY				
GLOBULIN	3.3		2.0 - 4.1	g/dL
METHOD : CALCULATED PARAMETER				
ALBUMIN/GLOBULIN RATIO	1.3		1.0 - 2.1	RATIO
METHOD : CALCULATED PARAMETER				
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	23		15 - 37	U/L
METHOD : SPECTROPHOTOMETRY				
ALANINE AMINOTRANSFERASE (ALT/SGPT)	30		< 45.0	U/L
METHOD : SPECTROPHOTOMETRY				
ALKALINE PHOSPHATASE	84		30 - 120	U/L
METHOD : SPECTROPHOTOMETRY				
GAMMA GLUTAMYL TRANSFERASE (GGT)	32		15 - 85	U/L
METHOD : SPECTROPHOTOMETRY				
LACTATE DEHYDROGENASE	193	High	100 - 190	U/L
METHOD : SPECTROPHOTOMETRY				

BLOOD UREA NITROGEN (BUN), SERUM











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REFERRING DOCTOR : DR. BOB PACKAGE

Test Report Status <u>Final</u>	Results		Biological Reference	Interval Units
BLOOD UREA NITROGEN	13		6 - 20	mg/dL
METHOD : SPECTROPHOTOMETRY	15		0 - 20	iiig/uL
CREATININE, SERUM				
CREATININE	0.71	Low	0.90 - 1.30	mg/dL
METHOD : SPECTROPHOTOMETRY	•		0.000 1.000	
BUN/CREAT RATIO				
BUN/CREAT RATIO	18.31	High	5.00 - 15.00	
METHOD : SPECTROPHOTOMETRY		-		
URIC ACID, SERUM				
URIC ACID	6.5		3.5 - 7.2	mg/dL
METHOD : SPECTROPHOTOMETRY				-
TOTAL PROTEIN, SERUM				
TOTAL PROTEIN	7.5		6.4 - 8.2	g/dL
METHOD : SPECTROPHOTOMETRY				
ALBUMIN, SERUM				
ALBUMIN	4.2		3.4 - 5.0	g/dL
METHOD : SPECTROPHOTOMETRY				
GLOBULIN				
GLOBULIN	3.3		2.0 - 4.1	g/dL
METHOD : CALCULATED PARAMETER				
ELECTROLYTES (NA/K/CL), SERUM				
SODIUM, SERUM	140		136 - 145	mmol/L
METHOD : ION SELECTIVE ELECTRODE TECHNOLOGY				
POTASSIUM, SERUM	4.3		3.50 - 5.10	mmol/L
METHOD : ION SELECTIVE ELECTRODE TECHNOLOGY				
CHLORIDE, SERUM	105		98 - 107	mmol/L
METHOD : ION SELECTIVE ELECTRODE TECHNOLOGY				











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Test Report Status Final

Results

Biological Reference Interval Units

CLIENT PATIENT ID:

Interpretation(s)

Sodium	Potassium	Chloride	
Decreased in:CCF, cirrhosis,	Decreased in: Low potassium	Decreased in: Vomiting, diarrhea,	
vomiting, diarrhea, excessive	intake, prolonged vomiting or diarrhea,	renal failure combined with salt	
sweating, salt-losing	RTA types I and II,	deprivation, over-treatment with	
nephropathy,adrenal insufficiency,	hyperaldosteronism, Cushing's	diuretics, chronic respiratory acidosis	
nephrotic syndrome, water	syndrome,osmotic diuresis (e.g.,	diabetic ketoacidosis, excessive	
intoxication, SIADH. Drugs:	hyperglycemia),alkalosis, familial	sweating, SIADH, salt-losing	
thiazides, diuretics, ACE inhibitors,	periodic paralysis,trauma	nephropathy, porphyria, expansion o	
chlorpropamide,carbamazepine,anti	(transient).Drugs: Adrenergic agents,	extracellular fluid volume,	
depressants (SSRI), antipsychotics.	diuretics.	adrenalinsufficiency,	
		hyperaldosteronism, metabolic	
		alkalosis. Drugs: chronic	
		laxative,corticosteroids, diuretics.	
Increased in: Dehydration	Increased in: Massive hemolysis,	Increased in: Renal failure, nephrotic	
(excessivesweating, severe	severe tissue damage, rhabdomyolysis,	syndrome, RTA, dehydration,	
vomiting or diarrhea),diabetes	acidosis, dehydration,renal failure,	overtreatment with	
mellitus, diabetesinsipidus,	Addison's disease, RTA type IV,	saline, hyperparathyroidism, diabetes	
hyperaldosteronism, inadequate	hyperkalemic familial periodic	insipidus, metabolic acidosis from	
water intake. Drugs: steroids,	paralysis. Drugs: potassium salts,	diarrhea (Loss of HCO3-), respiratory	
licorice, oral contraceptives.	potassium- sparing diuretics,NSAIDs,	alkalosis, hyperadrenocorticism.	
	beta-blockers, ACE inhibitors, high-	Drugs: acetazolamide, and rogens,	
	dose trimethoprim-sulfamethoxazole.	hydrochlorothiazide, salicylates.	
Interferences: Severe lipemia or	Interferences: Hemolysis of sample,	Interferences: Test is helpful in	
hyperproteinemi, if sodium analysis	delayed separation of serum,	assessing normal and increased anion	
involves a dilution step can cause	prolonged fist clenching during blood	gap metabolic acidosis and in	
spurious results. The serum sodium	drawing, and prolonged tourniquet	distinguishing hypercalcemia due to	
falls about 1.6 mEq/L for each 100	, , , , , , , , , , , , , , , , , , ,		
mg/dL increase in blood glucose.	may cause spurious. Plasma potassium	hyperparathyroidism (high serum chloride) from that due to malignancy	
-	levels are normal.	(Normal serum chloride)	

PHYSICAL EXAMINATION, URINE

 PALE YELLOW

APPEARANCE	CLEAR	
CHEMICAL EXAMINATION, URINE		
PH	5.0	4.7 - 7.5
SPECIFIC GRAVITY	1.010	1.003 - 1.035
PROTEIN	NOT DETECTED	NOT DETECTED
GLUCOSE	NOT DETECTED	NOT DETECTED
KETONES	NOT DETECTED	NOT DETECTED
BLOOD	NOT DETECTED	NOT DETECTED
BILIRUBIN	NOT DETECTED	NOT DETECTED
UROBILINOGEN	NORMAL	NORMAL
NITRITE	NOT DETECTED	NOT DETECTED
LEUKOCYTE ESTERASE	NOT DETECTED	NOT DETECTED

MICROSCOPIC EXAMINATION, URINE











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Test Report Status <u>Final</u>	Results	Biological Reference	Biological Reference Interval Units	
RED BLOOD CELLS	NOT DETECTED	NOT DETECTED	/HPF	
PUS CELL (WBC'S)	1-2	0-5	/HPF	
EPITHELIAL CELLS	1-2	0-5	/HPF	
CASTS	NOT DETECTED			
CRYSTALS	NOT DETECTED			
BACTERIA	DETECTED (OCCASIONAL)	NOT DETECTED		
METHOD : MICROSCOPIC EXAMINATION				
YEAST	NOT DETECTED	NOT DETECTED		











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Interpretation(s)

The following table describes the probable conditions, in which the analytes are present in urine

Presence of	Conditions		
Proteins	Inflammation or immune illnesses		
Pus (White Blood Cells)	Urinary tract infection, urinary tract or kidney stone, tumors or any kind		
	of kidney impairment		
Glucose	Diabetes or kidney disease		
Ketones	Diabetic ketoacidosis (DKA), starvation	or thirst	
Urobilinogen	Liver disease such as hepatitis or cirrhos	is	
Blood	Renal or genital disorders/trauma		
Bilirubin	Liver disease		
Erythrocytes	Urological diseases (e.g. kidney and blac tract infection and glomerular diseases		
Leukocytes	Urinary tract infection, glomerulonephritis, interstitial nephritis either acute or chronic, polycystic kidney disease, urolithiasis, contamination by genital secretions		
Epithelial cells	Urolithiasis, bladder carcinoma or hydronephrosis, ureteric stents or bladder catheters for prolonged periods of time		
Granular Casts	Low intratubular pH, high urine osmolal interaction with Bence-Jones protein	ity and sodium concentration,	
Hyaline casts	Physical stress, fever, dehydration, acute congestive heart failure, renal diseases		
Calcium oxalate	Metabolic stone disease, primary or secondary hyperoxaluria, intravenous infusion of large doses of vitamin C, the use of vasodilator naftidrofuryl oxalate or the gastrointestinal lipase inhibitor orlistat, ingestion of ethylene glycol or of star fruit (Averrhoa carambola) or its juice		
Uric acid	arthritis		
Bacteria	Urinary infection when present in significant numbers & with pus cells.		
Trichomonas vaginalis	Vaginitis, cervicitis or salpingitis		
THYROID PANEL, SERUM	· · · · · · · · · · · · · · · · · · ·		
ГЗ	131.70	80.0 - 200.0	
Γ4	7.76 5.10 - 14.10		

 T4
 7.76

 TSH (ULTRASENSITIVE)
 2.130





ng/dL µg/dL

µIU/mL

0.270 - 4.200





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Interpretation(s)

Triiodothyronine T3. Thyroxine T4, and Thyroid Stimulating Hormone TSH are thyroid hormones which affect almost every physiological process in the body, including growth, development, metabolism, body temperature, and heart rate.

Production of T3 and its prohormone thyroxine (T4) is activated by thyroid-stimulating hormone (TSH), which is released from the pituitary gland. Elevated concentrations of T3, and T4 in the blood inhibit the production of TSH.

Excessive secretion of thyroxine in the body is hyperthyroidism, and deficient secretion is called hypothyroidism.

In primary hypothyroidism, TSH levels are significantly elevated, while in secondary and tertiary hyperthyroidism, TSH levels are low. Below mentioned are the guidelines for Pregnancy related reference ranges for Total T4, TSH & Total T3. Measurement of the serum TT3 level is a more sensitive test for the diagnosis of hyperthyroidism, and measurement of TT4 is more useful in the diagnosis of hypothyroidism.Most of the thyroid hormone in blood is bound to transport proteins. Only a very small fraction of the circulating hormone is free and biologically active. It is advisable to detect Free T3, FreeT4 along with TSH, instead of testing for albumin bound Total T3, Total T4.

Sr. No.	TSH	Total T4	FT4	Total T3	Possible Conditions
1	High	Low	Low	Low	(1) Primary Hypothyroidism (2) Chronic autoimmune Thyroiditis (3)
					Post Thyroidectomy (4) Post Radio-Iodine treatment
2	High	Normal	Normal	Normal	(1)Subclinical Hypothyroidism (2) Patient with insufficient thyroid
					hormone replacement therapy (3) In cases of Autoimmune/Hashimoto
					thyroiditis (4). Isolated increase in TSH levels can be due to Subclinical
					inflammation, drugs like amphetamines, Iodine containing drug and
					dopamine antagonist e.g. domperidone and other physiological reasons.
3	Normal/Low	Low	Low	Low	(1) Secondary and Tertiary Hypothyroidism
4	Low	High	High	High	(1) Primary Hyperthyroidism (Graves Disease) (2) Multinodular Goitre
					(3)Toxic Nodular Goitre (4) Thyroiditis (5) Over treatment of thyroid
					hormone (6) Drug effect e.g. Glucocorticoids, dopamine, T4
					replacement therapy (7) First trimester of Pregnancy
5	Low	Normal	Normal	Normal	(1) Subclinical Hyperthyroidism
6	High	High	High	High	(1) TSH secreting pituitary adenoma (2) TRH secreting tumor
7	Low	Low	Low	Low	(1) Central Hypothyroidism (2) Euthyroid sick syndrome (3) Recent
					treatment for Hyperthyroidism
8	Normal/Low	Normal	Normal	High	(1) T3 thyrotoxicosis (2) Non-Thyroidal illness
9	Low	High	High	Normal	(1) T4 Ingestion (2) Thyroiditis (3) Interfering Anti TPO antibodies

REF: 1. TIETZ Fundamentals of Clinical chemistry 2. Guidlines of the American Thyroid association during pregnancy and Postpartum, 2011. NOTE: It is advisable to detect Free T3, FreeT4 along with TSH, instead of testing for albumin bound Total T3, Total T4.TSH is not affected by variation in thyroid - binding protein. TSH has a diurnal rhythm, with peaks at 2:00 - 4:00 a.m. And troughs at 5:00 - 6:00 p.m. With ultradian variations.

PHYSICAL EXAMINATION, STOOL

COLOUR

SAMPLE NOT RECEIVED

TYPE B

ABO GROUP & RH TYPE, EDTA WHOLE BLOOD

ABO GROUP

METHOD : FORWARD/REVERSE











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SRL Ltd M/S S.S. WELLNESS CENTRE, GROUND FLOOR, C-22, SHASTRI NAGAR, NEAR CENTRAL ACADEMY SCHOOL JODHPUR, 342001 RAJASTHAN, INDIA Tel: 0291-2646000, 2644000, Fax: CIN - U74899PB1995PLC045956 Email : srl.jodhpur@gmail.com

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PATIENT NAME : KISHNA RAM 14	PATIENT ID : KISHM11038461	

Units Test Report Status Results Biological Reference Interval Final

RH TYPE

METHOD : FORWARD/REVERSE

POSITIVE

Interpretation(s) BLOOD COUNTS,EDTA WHOLE BLOOD-The cell morphology is well preserved for 24hrs. However after 24-48 hrs a progressive increase in MCV and HCT is observed leading to a decrease in MCHC. A direct smear is recommended for an accurate differential count and for examination of RBC morphology. RBC AND PLATELET INDICES-Mentzer index (MCV/RBC) is an automated cell-counter based calculated screen tool to differentiate cases of Iron deficiency anaemia(>13)

from Beta thalassaemia trait (<13) in patients with microcytic anaemia. This needs to be interpreted in line with clinical correlation and suspicion. Estimation of HbA2 remains the gold standard for diagnosing a case of beta thalassaemia trait.

WBC DIFFERENTIAL COUNT-The optimal threshold of 3.3 for NLR showed a prognostic possibility of clinical symptoms to change from mild to severe in COVID positive patients. When age = 49.5 years old and NLR = 3.3, 46.1% COVID-19 patients with mild disease might become severe. By contrast, when age < 49.5 years old and NLR = .3, COVID-19 patients tend to show mild disease.

(Reference to - The diagnostic and predictive role of NLR, d-NLR and PLR in COVID-19 patients A.-P. Yang, et al. International Immunopharmacology 84 (2020) 106504 This ratio element is a calculated parameter and out of NABL scope.

ERYTHROCYTE SEDIMENTATION RATE (ESR), WHOLE BLOOD-TEST DESCRIPTION :-Erythrocyte sedimentation rate (ESR) is a test that indirectly measures the degree of inflammation present in the body. The test actually measures the rate of fall (sedimentation) of erythrocytes in a sample of blood that has been placed into a tall, thin, vertical tube. Results are reported as the millimetres of clear fluid (plasma) that are present at the top portion of the tube after one hour. Nowadays fully automated instruments are available to measure ESR.

ESR is not diagnostic it is a non-specific test that may be elevated in a number of different conditions. It provides general information about the presence of an inflammatory condition.CRP is superior to ESR because it is more sensitive and reflects a more rapid change. TEST INTERPRETATION

Increase in: Infections, Vasculities, Inflammatory arthritis, Renal disease, Anemia, Malignancies and plasma cell dyscrasias, Acute allergy Tissue injury, Pregnancy,

Estrogen medication, Aging. Finding a very accelerated ESR(>100 mm/hour) in patients with ill-defined symptoms directs the physician to search for a systemic disease (Paraproteinemias,

In pregnancy BRI in first trimester is 0-48 mm/hr(62 if anemic) and in second trimester (0-70 mm /hr(95 if anemic). ESR returns to normal 4th week post partum. Decreased in: Polycythermia vera, Sickle cell anemia

LIMITATIONS

False elevated ESR : Increased fibrinogen, Drugs(Vitamin A, Dextran etc), Hypercholesterolemia

False Decreased : Poikilocytosis, (SickleCells, spherocytes), Microcytosis, Low fibrinogen, Very high WBC counts, Drugs (Quinine,

salicylates)

REFERENCE :

1. Nathan and Oski's Haematology of Infancy and Childhood, 5th edition 2. Paediatric reference intervals. AACC Press, 7th edition. Edited by S. Soldin 3. The reference for the adult reference range is "Practical Haematology by Dacie and Lewis,10th edition.

GLUCOSE FASTING, FLUORIDE PLASMA-TEST DESCRIPTION

Normally, the glucose concentration in extracellular fluid is closely regulated so that a source of energy is readily available to tissues and sothat no glucose is excreted in the urine.

Increased in:Diabetes mellitus, Cushing's syndrome (10 – 15%), chronic pancreatitis (30%). Drugs:corticosteroids,phenytoin, estrogen, thiazides. Decreased in :Pancreatic islet cell disease with increased insulin,insulinoma,adrenocortical insufficiency,hypopituitarism,diffuse liver disease,

malignancy(adrenocortical,stomach,fibrosarcoma),infant of a diabetic mother,enzyme deficiency diseases(e.g.galactosemia),Drugs-insulin,ethanol,propranolol sulfonylureas,tolbutamide, and other oral hypoglycemic agents. NOTE: While random serum glucose levels correlate with home glucose monitoring results (weekly mean capillary glucose values), there is wide fluctuation within

Individuals. Thus, glycosylated hemoglobin(HbA1c) levels are favored to monitor glycemic control. High fasting glucose level in comparison to post prandial glucose level may be seen due to effect of Oral Hypoglycaemics & Insulin treatment, Renal Glyosuria, Glycaemic

index & response to food consumed, Alimentary Hypoglycemia, Increased insulin response & sensitivity etc. GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA WHOLE BLOOD-**Used For**:

1. Evaluating the long-term control of blood glucose concentrations in diabetic patients.

2. Diagnosing diabetes.

3. Identifying patients at increased risk for diabetes (prediabetes).



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The ADA recommends measurement of HbA1c (typically 3-4 times per year for type 1 and poorly controlled type 2 diabetic patients, and 2 times per year for

well-controlled type 2 diabetic patients) to determine whether a patients metabolic control has remained continuously within the target range.

AG (Estimated average glucose) converts percentage HbA1 to md/dl, to compare blood glucose levels.
 AG gives an evaluation of blood glucose levels for the last couple of months.

3. eAG is calculated as eAG (mg/dl) = 28.7 * HbA1c - 46.7

HbA1c Estimation can get affected due to :

1. Shortened Erythrocyte survival : Any condition that shortens erythrocyte survival or decreases mean erythrocyte age (e.g. recovery from acute blood loss, hemolytic anemia) will falsely lower HbA1c test results. Fructosamine is recommended in these patients which indicates diabetes control over 15 days.

 Vitamin C & E are reported to falsely lower test results. (possibly by inhibiting glycation of hemoglobin.
 Iron deficiency anemia is reported to increase test results. Hypertriglyceridemia, uremia, hyperbilirubinemia, chronic alcoholism, chronic ingestion of salicylates & opiates addiction are reported to interfere with some assay methods, falsely increasing results.

4. Interference of hemoglobinopathies in HbA1c estimation is seen in

a) Homozygous hemoglobinopathy. Fructosamine is recommended for testing of HbA1c.
 b) Heterozygous state detected (D10 is corrected for HbS & HbC trait.)

c) HbF > 25% on alternate paltform (Boronate affinity chromatography) is recommended for testing of HbA1c. Abnormal Hemoglobin electrophoresis (HPLC method) is recommended for detecting a hemoglobinopathy GLUCOSE, POST-PRANDIAL, PLASMA-High fasting glucose level in comparison to post prandial glucose level may be seen due to effect of Oral Hypoglycaemics & Insulin

treatment, Renal Glyosuria, Glycaemic index & response to food consumed, Alimentary Hypoglycemia, Increased insulin response & sensitivity etc.Additional test HbA1c LIVER FUNCTION PROFILE, SERUM-

Bilirubin is a yellowish pigment found in bile and is a breakdown product of normal heme catabolism. Bilirubin is excreted in bile and urine, and elevated levels may give yellow discoloration in jaundice. Elevated levels results from increased bilirubin production (eg, hemolysis and ineffective erythropoiesis), decreased bilirubin excretion (eg, obstruction and hepatitis), and abnormal bilirubin metabolism (eg, hereditary and neonatal jaundice). Conjugated (direct) bilirubin is elevated more than unconjugated (indirect) bilirubin in Viral hepatitis, Drug reactions, Alcoholic liver disease Conjugated (direct) bilirubin is also elevated more than unconjugated (indirect) bilirubin when there is some kind of blockage of the bile ducts like in Gallstones getting into the bile ducts, tumors &Scarring of the bile ducts. Increased unconjugated (indirect) bilirubin may be a result of Hemolytic or pernicious anemia, Transfusion reaction & a common metabolic condition termed Gilbert syndrome, due to low levels of the enzyme that attaches sugar molecules to bilirubin.

AST is an enzyme found in various parts of the body. AST is found in the liver, heart, skeletal muscle, kidneys, brain, and red blood cells, and it is commonly measured clinically as a marker for liver health. AST levels increase during chronic viral hepatitis, blockage of the bile duct, cirrhosis of the liver, liver cancer, kidney failure, hemolytic anemia, pancreatitis, hemochromatosis. AST levels may also increase after a heart attack or strenuous activity. ALT test measures the amount of this enzyme in the blood. ALT is found mainly in the liver, but also in smaller amounts in the kidneys, heart, muscles, and pancreas. It is commonly measured as a part of a diagnostic evaluation of hepatocellular injury, to determine liver health.AST levels increase during acute hepatitis, sometimes due to a viral infection, ischemia to the liver, chronic hepatitis, obstruction of bile ducts, cirrhosis.

ALP is a protein found in almost all body tissues. Tissues with higher amounts of ALP include the liver, bile ducts and bone. Elevated ALP levels are seen in Biliary obstruction, Osteoblastic bone tumors, osteomalacia, hepatitis, Hyperparathyroidism, Leukemia, Lymphoma, Pagets disease, Rickets, Sarcoidosis etc. Lower-than-normal ALP levels seen in Hypophosphatasia, Malnutrition, Protein deficiency, Wilsons disease.

GGT is an enzyme found in cell membranes of many tissues mainly in the liver,kidney and pancreas. It is also found in other tissues including intestine, spleen, heart, brain and seminal vesicles. The highest concentration is in the kidney, but the liver is considered the source of normal enzyme activity. Serum GGT has been widely used as an index of liver dysfunction. Elevated serum GGT activity can be found in diseases of the liver, biliary system and pancreas. Conditions that increase serum GGT are obstructive liver disease, high alcohol consumption and use of enzyme-inducing drugs etc.

Total Protein also known as total protein is a biochemical test for measuring the total amount of protein in serum. Protein in the plasma is made up of albumin and globulin. Higher-than-normal levels may be due to: Chronic inflammation or infection, including HIV and hepatitis B or C, Multiple myeloma, Waldenstroms disease.Lower-than-normal levels may be due to: Agammaglobulinemia,Bleeding (hemorrhage),Burns,Glomerulonephritis,Liver disease, Malabsorption,Malnutrition,Nephrotic

syndrome, Protein-losing enteropathy etc. Albumin is the most abundant protein in human blood plasma. It is produced in the liver. Albumin constitutes about half of the blood serum protein. Low blood albumin levels (hypoalbuminemia) can be caused by:Liver disease like cirrhosis of the liver, nephrotic syndrome,protein-losing enteropathy,Burns,hemodilution,increased vascular permeability or decreased lymphatic clearance,malnutrition and wasting etc

BLOOD UREA NITROGEN (BUN), SERUM-**Causes of Increased** levels include Pre renal (High protein diet, Increased protein catabolism, GI haemorrhage, Cortisol, Dehydration, CHF Renal), Renal Failure, Post Renal (Malignancy, Nephrolithiasis, Prostatism) **Causes of decreased** level include Liver disease, SIADH.

CREATININE, SERUM-Higher than normal level may be due to:

 Blockage in the urinary tract, Kidney problems, such as kidney damage or failure, infection, or reduced blood flow, Loss of body fluid (dehydration), Muscle problems, such as breakdown of muscle fibers, Problems during pregnancy, such as seizures (eclampsia)), or high blood pressure caused by pregnancy (preeclampsia) Lower than normal level may be due to: • Myasthenia Gravis, Muscuophy

URIC ACID, SERUM-Causes of Increased levels:-Dietary(High Protein Intake,Prolonged Fasting,Rapid weight loss),Gout,Lesch nyhan syndrome,Type 2 DM,Metabolic syndrome Causes of decreased levels-Low Zinc intake,OCP,Multiple Sclerosis

TOTAL PROTEIN, SERUM-is a biochemical test for measuring the total amount of protein in serum. Protein in the plasma is made up of albumin and globulin.

Higher-than-normal levels may be due to: Chronic inflammation or infection, including HIV and hepatitis B or C, Multiple myeloma, Waldenstroms disease. Lower-than-normal levels may be due to: Agammaglobulinemia, Bleeding (hemorrhage), Burns, Glomerulonephritis, Liver disease, Malabsorption, Malnutrition, Nephrotic syndrome, Protein-losing enteropathy etc. ALBUMIN, SERUM-

Human serum albumin is the most abundant protein in human blood plasma. It is produced in the liver. Albumin constitutes about half of the blood serum protein. Low blood albumin levels (hypoalbuminemia) can be caused by: Liver disease like cirrhosis of the liver, nephrotic syndrome, protein-losing enteropathy, Burns,









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hemodilution, increased vascular permeability or decreased lymphatic clearance,malnutrition and wasting etc. ABO GROUP & RH TYPE, EDTA WHOLE BLOOD-Blood group is identified by antigens and antibodies present in the blood. Antigens are protein molecules found on the surface of red blood cells. Antibodies are found in plasma. To determine blood group, red cells are mixed with different antibody solutions to give A,B,O or AB.

Disclaimer: "Please note, as the results of previous ABO and Rh group (Blood Group) for pregnant women are not available, please check with the patient records for availability of the same."

The test is performed by both forward as well as reverse grouping methods.

End Of Report Please visit www.srlworld.com for related Test Information for this accession

Dr. Itisha Dhiman Pathologist

CONDITIONS OF LABORATORY TESTING & REPORTING

 It is presumed that the test sample belongs to the patient named or identified in the test requisition form.
 All tests are performed and reported as per the turnaround time stated in the SRL Directory of Services.
 Result delays could occur due to unforeseen

circumstances such as non-availability of kits / equipment breakdown / natural calamities / technical downtime or any other unforeseen event.

- 4. A requested test might not be performed if:
 - i. Specimen received is insufficient or inappropriate
 - ii. Specimen quality is unsatisfactory
 - iii. Incorrect specimen type

iv. Discrepancy between identification on specimen container label and test requisition form

5. SRL confirms that all tests have been performed or assayed with highest quality standards, clinical safety & technical integrity.

6. Laboratory results should not be interpreted in isolation; it must be correlated with clinical information and be interpreted by registered medical practitioners only to determine final diagnosis.

7. Test results may vary based on time of collection, physiological condition of the patient, current medication or nutritional and dietary changes. Please consult your doctor or call us for any clarification.

- 8. Test results cannot be used for Medico legal purposes.
- 9. In case of queries please call customer care
- (91115 91115) within 48 hours of the report.

SRL Limited

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