

To,

The Coordinator,
Mediwheel (Arcofemi Healthcare Limited)
Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following spouse of our employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS OF HEALTH CHECK UP BENEFICIARY	
NAME	NEETI
DATE OF BIRTH	01-01-1988
PROPOSED DATE OF HEALTH CHECKUP FOR EMPLOYEE SPOUSE	24-12-2022
BOOKING REFERENCE NO.	22D99035100034828S
SPOUSE DETAILS	
EMPLOYEE NAME	MR. KUMAR VISHAL
EMPLOYEE EC NO.	99035
EMPLOYEE DESIGNATION	DAFTARY
EMPLOYEE PLACE OF WORK	GHAZIABAD,DASNA
EMPLOYEE BIRTHDATE	24-09-1985

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **23-12-2022** till **31-03-2023**. The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee's spouse and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-


Chief General Manager
HRM Department
Bank of Baroda

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))

SUGGESTIVE LIST OF MEDICAL TESTS

FOR MALE	FOR FEMALE
CBC	CBC
ESR	ESR
Blood Group & RH Factor	Blood Group & RH Factor
Blood and Urine Sugar Fasting	Blood and Urine Sugar Fasting
Blood and Urine Sugar PP	Blood and Urine Sugar PP
Stool Routine	Stool Routine
Lipid Profile	Lipid Profile
Total Cholesterol	Total Cholesterol
HDL	HDL
LDL	LDL
VLDL	VLDL
Triglycerides	Triglycerides
HDL / LDL ratio	HDL / LDL ratio
Liver Profile	Liver Profile
AST	AST
ALT	ALT
GGT	GGT
Bilirubin (total, direct, indirect)	Bilirubin (total, direct, indirect)
ALP	ALP
Proteins (T, Albumin, Globulin)	Proteins (T, Albumin, Globulin)
Kidney Profile	Kidney Profile
Serum creatinine	Serum creatinine
Blood Urea Nitrogen	Blood Urea Nitrogen
Uric Acid	Uric Acid
HBA1C	HBA1C
Routine urine analysis	Routine urine analysis
USG Whole Abdomen	USG Whole Abdomen
General Tests	General Tests
X Ray Chest	X Ray Chest
ECG	ECG
2D/3D ECHO / TMT	2D/3D ECHO / TMT
Stress Test	Thyroid Profile (T3, T4, TSH)
PSA Male (above 40 years)	Mammography (above 40 years) and Pap Smear (above 30 years).
Thyroid Profile (T3, T4, TSH)	Dental Check-up consultation
Dental Check-up consultation	Physician Consultation
Physician Consultation	Eye Check-up consultation
Eye Check-up consultation	Skin/ENT consultation
Skin/ENT consultation	Gynaec Consultation





नीति
Neeti
जन्म तिथि / DOB : 01/01/1988
महिला / Female

4532 5475 2683
आधार - आम आदमी का अधिकार

LABORATORY REPORT

Name : MRS NEETI **Age** : 34 Yr(s) Sex :Female
Registration No : MH010665604 **Lab No** : 202212002074
Patient Episode : H1800000072 **Collection Date** : 24 Dec 2022 10:07
Referred By : HEALTH CHECK MGD **Reporting Date** : 24 Dec 2022 12:01
Receiving Date : 24 Dec 2022 10:07

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
GLUCOSE-Fasting Specimen: Plasma GLUCOSE, FASTING (F) Method: Hexokinase	100.0	mg/dl	[70.0-110.0]

Page 8 of 8

-----END OF REPORT-----



Dr. Alka Dixit Vats
Consultant Pathologist

LABORATORY REPORT

Name :	MRS NEETI	Age :	34 Yr(s) Sex :Female
Registration No :	MH010665604	Lab No :	32221208285
Patient Episode :	H1800000072	Collection Date :	24 Dec 2022 20:20
Referred By :	HEALTH CHECK MGD	Reporting Date :	25 Dec 2022 11:50
Receiving Date :	24 Dec 2022 20:28		

BIOCHEMISTRY

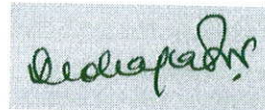
TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
THYROID PROFILE, Serum			
T3 - Triiodothyronine (ECLIA)	1.57	ng/ml	² [0.70-2.04]
T4 - Thyroxine (ECLIA)	8.47	micg/dl	[4.60-12.00]
Thyroid Stimulating Hormone (ECLIA)	2.180	μIU/mL	[0.340-4.250]
1st Trimester:0.6 - 3.4		micIU/mL	
2nd Trimester:0.37 - 3.6		micIU/mL	
3rd Trimester:0.38 - 4.04		micIU/mL	

Note : TSH levels are subject to circadian variation, reaching peak levels between 2-4.a.m.and at a minimum between 6-10 pm.Factors such as change of seasons hormonal fluctuations,Ca or Fe supplements,high fibre diet, stress and illness affect TSH results.

* References ranges recommended by the American Thyroid Association

- 1) Thyroid. 2011 Oct;21(10):1081-125.PMID .21787128
- 2) <http://www.thyroid-info.com/articles/tsh-fluctuating.html>

-----END OF REPORT-----



Dr. Lona Mohapatra
CONSULTANT PATHOLOGY

LABORATORY REPORT

Name	: MRS NEETI	Age	: 34 Yr(s) Sex :Female
Registration No	: MH010665604	Lab No	: 202212002073
Patient Episode	: H18000000072	Collection Date	: 24 Dec 2022 10:08
Referred By	: HEALTH CHECK MGD	Reporting Date	: 24 Dec 2022 14:30
Receiving Date	: 24 Dec 2022 10:08		

HAEMATOLOGY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
COMPLETE BLOOD COUNT (AUTOMATED)		SPECIMEN-EDTA Whole Blood	
RBC COUNT (IMPEDENCE)	4.09	millions/cu mm	[3.80-4.80]
HEMOGLOBIN	11.1 #	g/dl	[12.0-15.0]
Method:cyanide free SLS-colorimetry			
HEMATOCRIT (CALCULATED)	35.6 #	%	[36.0-46.0]
MCV (DERIVED)	87.0	fL	[83.0-101.0]
MCH (CALCULATED)	27.1	pg	[27.0-32.0]
MCHC (CALCULATED)	31.2 #	g/dl	[31.5-34.5]
RDW CV% (DERIVED)	14.4 #	%	[11.6-14.0]
Platelet count	253	x 10 ³ cells/cumm	[150-400]
MPV (DERIVED)	11.1		
WBC COUNT (TC) (IMPEDENCE)	6.79	x 10 ³ cells/cumm	[4.00-10.00]
DIFFERENTIAL COUNT (VCS TECHNOLOGY/MICROSCOPY)			
Neutrophils	53.0	%	[40.0-80.0]
Lymphocytes	40.0	%	[17.0-45.0]
Monocytes	6.0	%	[2.0-10.0]
Eosinophils	1.0 #	%	[2.0-7.0]
Basophils	0.0	%	[0.0-2.0]
ESR	72.0 #	/1sthour	[0.0-

LABORATORY REPORT

Name	: MRS NEETI	Age	: 34 Yr(s) Sex :Female
Registration No	: MH010665604	Lab No	: 202212002073
Patient Episode	: H18000000072	Collection Date	: 24 Dec 2022 10:08
Referred By	: HEALTH CHECK MGD	Reporting Date	: 24 Dec 2022 14:27
Receiving Date	: 24 Dec 2022 10:08		

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
Glycosylated Hemoglobin			
Specimen: EDTA			
HbA1c (Glycosylated Hemoglobin)	5.8 #	%	[0.0-5.6]
Method: HPLC			
As per American Diabetes Association (ADA)			
HbA1c in %			
Non diabetic adults >= 18years <5.7			
Prediabetes (At Risk)5.7-6.4			
Diagnosing Diabetes >= 6.5			
Estimated Average Glucose (eAG)	120	mg/dl	

Comments : HbA1c provides an index of average blood glucose levels over the past 8-12 weeks and is a much better indicator of long term glycemc control.

ROUTINE URINE ANALYSIS (Semi Automated) Specimen-Urine

MACROSCOPIC DESCRIPTION

Colour	PALE YELLOW	(Pale Yellow - Yellow)
Appearance	CLEAR	
Reaction[pH]	5.0	(4.6-8.0)
Specific Gravity	1.005	(1.003-1.035)

CHEMICAL EXAMINATION

Protein/Albumin	Negative	(NOT DETECTED)
Glucose	Normal	(NOT DETECTED)
Ketone Bodies	Negative	(NOT DETECTED)
Urobilinogen	Normal	(NORMAL)

LABORATORY REPORT

Name	: MRS NEETI	Age	: 34 Yr(s) Sex :Female
Registration No	: MH010665604	Lab No	: 202212002073
Patient Episode	: H18000000072	Collection Date	: 24 Dec 2022 11:58
Referred By	: HEALTH CHECK MGD	Reporting Date	: 24 Dec 2022 14:20
Receiving Date	: 24 Dec 2022 11:58		

CLINICAL PATHOLOGY

MICROSCOPIC EXAMINATION (Automated/Manual)

Pus Cells	6-8 /hpf	(0-5/hpf)
RBC	0-1/hpf	(0-2/hpf)
Epithelial Cells	4-6 /hpf	
CASTS	nil	
Crystals	nil	
OTHERS	nil	

Serum LIPID PROFILE

Serum TOTAL CHOLESTEROL	195	mg/dl	[<200] Moderate risk:200-239 High risk:>240
TRIGLYCERIDES (GPO/POD)	145	mg/dl	[<150] Borderline high:151-199 High: 200 - 499 Very high:>500
HDL- CHOLESTEROL	56.0	mg/dl	[35.0-65.0]
Method : Enzymatic Immunoimhibition			
VLDL- CHOLESTEROL (Calculated)	29	mg/dl	[0-35]
CHOLESTEROL, LDL, DIRECT	110.0	mg/dl	[<120.0] Near/ Borderline High:130-159 High Risk:160-189
Above optimal-100-129			<4.0 Optimal 4.0-5.0 Borderline >6 High Risk
T.Chol/HDL.Chol ratio(Calculated)	3.5		
LDL.CHOL/HDL.CHOL Ratio(Calculated)	2.0		<3 Optimal 3-4 Borderline >6 High Risk

Note:

LABORATORY REPORT

Name	: MRS NEETI	Age	: 34 Yr(s) Sex :Female
Registration No	: MH010665604	Lab No	: 202212002073
Patient Episode	: H18000000072	Collection Date	: 24 Dec 2022 10:08
Referred By	: HEALTH CHECK MGD	Reporting Date	: 24 Dec 2022 12:01
Receiving Date	: 24 Dec 2022 10:08		

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
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Reference ranges based on ATP III Classifications.

KIDNEY PROFILE

Specimen: Serum

UREA	28.9	mg/dl	[15.0-40.0]
<i>Method: GLDH, Kinatic assay</i>			
BUN, BLOOD UREA NITROGEN	13.5	mg/dl	[8.0-20.0]
<i>Method: Calculated</i>			
CREATININE, SERUM	0.56 #	mg/dl	[0.70-1.20]
<i>Method: Jaffe rate-IDMS Standardization</i>			
URIC ACID	5.6	mg/dl	[4.0-8.5]
<i>Method:uricase PAP</i>			

SODIUM, SERUM	137.0	mmol/L	[136.0-144.0]
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POTASSIUM, SERUM	4.90	mmol/L	[3.60-5.10]
SERUM CHLORIDE	103.0	mmol/l	[101.0-111.0]
<i>Method: ISE Indirect</i>			

eGFR (calculated)	122.0	ml/min/1.73sq.m	[>60.0]
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Technical Note

eGFR which is primarily based on Serum Creatinine is a derivation of CKD-EPI 2009 equation normalized to 1.73 sq.m BSA and is not applicable to individuals below 18 years. eGFR tends to be less accurate when Serum Creatinine estimation is indeterminate e.g. patients at extremes of muscle mass, on unusual diets etc. and samples with severe Hemolysis Icterus / Lipemia.

LABORATORY REPORT

Name	: MRS NEETI	Age	: 34 Yr(s) Sex :Female
Registration No	: MH010665604	Lab No	: 202212002073
Patient Episode	: H18000000072	Collection Date	: 24 Dec 2022 10:08
Referred By	: HEALTH CHECK MGD	Reporting Date	: 24 Dec 2022 12:01
Receiving Date	: 24 Dec 2022 10:08		

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
LIVER FUNCTION TEST			
BILIRUBIN - TOTAL Method: D P D	0.45	mg/dl	[0.30-1.20]
BILIRUBIN - DIRECT Method: DPD	0.05	mg/dl	[0.00-0.30]
INDIRECT BILIRUBIN (SERUM) Method: Calculation	0.40 #	mg/dl	[0.10-0.30]
TOTAL PROTEINS (SERUM) Method: BIURET	7.80	gm/dl	[6.60-8.70]
ALBUMIN (SERUM) Method: BCG	4.22	g/dl	[3.50-5.20]
GLOBULINS (SERUM) Method: Calculation	3.60 #	gm/dl	[1.80-3.40]
PROTEIN SERUM (A-G) RATIO Method: Calculation	1.18		[1.00-2.50]
AST (SGOT) (SERUM) Method: IFCC W/O P5P	24.00	U/L	[0.00-40.00]
ALT (SGPT) (SERUM) Method: IFCC W/O P5P	21.00	U/L	[14.00-54.00]
Serum Alkaline Phosphatase Method: AMP BUFFER IFCC)	77.0	IU/L	[40.0-98.0]
GGT	12.0		[7.0-50.0]

Page 6 of 8

-----END OF REPORT-----

Alka

Dr. Alka Dixit Vats

RADIOLOGY REPORT

Name	NEETI	Modality	DX
Patient ID	MH010665604	Accession No	R4949251
Gender/Age	F / 34Y 11M 24D	Scan Date	24-12-2022 10:25:21
Ref. Phys	Dr. HEALTH CHECK MGD	Report Date	24-12-2022 11:45:18

XR- CHEST PA VIEW

FINDINGS:

LUNGS: Normal.
TRACHEA: Normal.
CARINA: Normal.
RIGHT AND LEFT MAIN BRONCHI: Normal.
PLEURA: Normal.
HEART: Normal.
RIGHT HEART BORDER: Normal.
LEFT HEART BORDER: Normal.
PULMONARY BAY: Normal.
PULMONARY HILA: Normal.
AORTA: Normal.
THORACIC SPINE: Normal.
OTHER VISUALIZED BONES: Normal.
VISUALIZED SOFT TISSUES: Normal.
DIAPHRAGM: Normal.
VISUALIZED ABDOMEN: Normal.
VISUALIZED NECK: Normal.

IMPRESSION:

No significant abnormality noted.

Recommend clinical correlation.



Dr. Monica Shekhawat, MBBS, DNB,
Consultant Radiologist, Reg No MCI 11 10887

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Page 1 of 1

MANIPAL HOSPITALS

NH-24, Hapur Road, Near Landcraft Golflinks, Ghaziabad - 201002

www.manipalhospitals.com

This report is subject to the terms and conditions mentioned overleaf

RADIOLOGY REPORT

Name	NEETI	Modality	US
Patient ID	MH010665604	Accession No	R4949252
Gender/Age	F / 34Y 11M 24D	Scan Date	24-12-2022 10:26:46
Ref. Phys	Dr. HEALTH CHECK MGD	Report Date	24-12-2022 12:21:21

USG ABDOMEN & PELVIS**FINDINGS**

LIVER: appears enlarged in size (measures 160 mm) but normal in shape and shows diffuse increase in liver echotexture, in keeping with diffuse grade I fatty infiltration. Rest normal.

SPLEEN: Spleen is normal in size (measures 105 mm), shape and echotexture. Rest normal.

PORTAL VEIN: Appears normal in size and measures 12.1 mm.

COMMON BILE DUCT: Appears normal in size and measures 4.2 mm.

IVC, HEPATIC VEINS: Normal.

BILIARY SYSTEM: Normal.

GALL BLADDER: Gall bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.

PANCREAS: Pancreas is normal in size, shape and echotexture. Rest normal.

KIDNEYS: Bilateral kidneys are normal in size, shape and echotexture. Cortico-medullary differentiation is maintained. Rest normal.

Right Kidney: measures 110 x 31 mm. It shows a concretion measuring 2.6 mm at mid calyx.

Left Kidney: measures 114 x 34 mm.

PELVI-CALYCEAL SYSTEMS: Compact.

NODES: Not enlarged.

FLUID: Nil significant.

URINARY BLADDER: Urinary bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.

UTERUS: Uterus is retroverted, bulky in size (measures 93 x 57 x 56 mm) but normal in shape and shows coarse myometrial echotexture. Endometrial thickness is thin and measures 6.4 mm. Cervix appears normal.

OVARIES: Both ovaries are normal in size, shape and echotexture. Rest normal.

Right ovary measures 32 x 30 x 19 mm with volume 9.3 cc.

Left ovary measures 33 x 32 x 22 mm with volume 12.2 cc.

BOWEL: Visualized bowel loops appear normal.

IMPRESSION

- Hepatomegaly with diffuse grade I fatty infiltration in liver.
- Right renal concretion.
- Bulky uterus with coarse myometrial echotexture.
- Thin endometrium.

Recommend clinical correlation.

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Page 1 of 2

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ID:

24-Dec-2022 12:19:30

Manipal Hospitals, Chazhiabad

34 years
Female
Caucasian

Vent. rate 102 bpm
PR interval 128 ms
QRS duration 66 ms
QT/QTc 344/448 ms
P-R-T axes 63 73 27

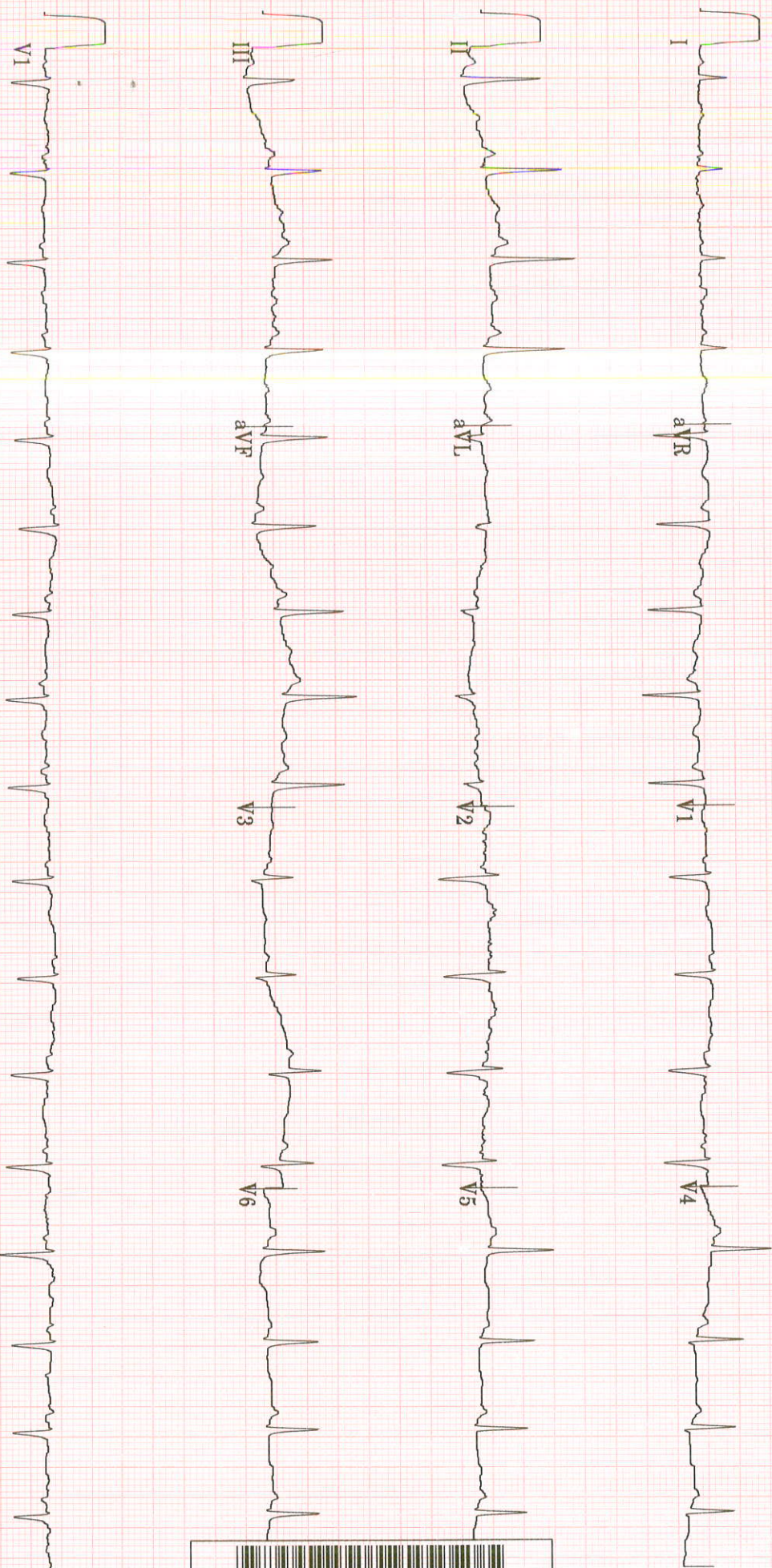
Sinus tachycardia
Nonspecific T wave abnormality
Abnormal ECG

Technician:
Test ind:

Referred by:

Unconfirmed

②



20 Hz 25.0 mm/s 10.0 mm/mV 4 by 2.5s + 1 Rhythm Id MAC55 009C 12SL™ V239



TMT INVESTIGATION REPORT

Patient Name : Mrs.NEETI	Location : Ghaziabad
Age/Sex : 34Year(s)/Female	Visit No : V0000000001-GHZB
MRN No :MHO10665604	Order Date : 24/12/2022
Ref. Doctor : HCP	Report Date : 24/12/2022

Protocol : Bruce **MPHR** : 186BPM
Duration of exercise : 4min 02sec **85% of MPHR** : 158BPM
Reason for termination : THR achieved **Peak HR Achieved** : 193BPM
Blood Pressure (mmHg) : Baseline BP : 110/76mmHg **% Target HR** : 100%
Peak BP : 126/76mmHg **METS** : 5.8METS

STAGE	TIME (min)	H.R (bpm)	BP (mmHg)	SYMPTOMS	ECG CHANGES	ARRHYTHMIA
PRE- EXC.	0:00	120	110/76	Nil	No ST changes seen	Nil
STAGE 1	3:00	177	120/76	Nil	No ST changes seen	Nil
STAGE 2	1:02	193	126/76	Nil	No ST changes seen	Nil
RECOVERY	3:50	121	114/76	Nil	No ST changes seen	Nil

COMMENTS:

- No ST changes in base line ECG.
- No ST changes during exercise and recovery.
- Normal chronotropic response.
- Normal blood pressure response.
- Fair effort tolerance.

IMPRESSION:

Treadmill test is **negative** for exercise induced reversible myocardial ischemia.

Dr. Bhupendra SinghMD, DM (CARDIOLOGY),FACC
Sr. Consultant Cardiology**Dr. Abhishek Singh**MD, DNB (CARDIOLOGY),MNAMS
Sr. Consultant Cardiology**Dr. Sudhanshu Mishra**MD
Cardiology Registrar

Manipal Hospital, Ghaziabad

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Page 1 of 2

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