

Name : Mr. NILESH G POKHARKAR (35 /M)

Date : 28/10/2023

Address : MEDIWHEEL NASHIK, NASHIK, NASHIK, MAHARASHTRA, INDIA

Examined by:

UHID : MHN1.0000133282

Package : MediWheel Full Body Health Checkup Male Below 40 Package

AHC No : NSKAH35826



## CHIEF COMPLAINTS

For corporate health checkup  
No specific complaints



## DRUG ALLERGY

NO KNOWN ALLERGY

:28/10/2023



## Past medical history

Do you have any - No  
allergies?

## Immunization history

- Covid Dose2



## Personal history

Marital status - Married  
No. of children - 02  
Diet - Mixed Diet  
Alcohol - does not consume alcohol  
Smoking - No  
Chews tobacco - No  
Physical activity - Active



## Family history

Father - alive  
Aged - 63  
Mother - alive  
Aged - 53  
Hypertension - father  
Coronary artery disease - none  
Cancer - None

## PHYSICAL EXAMINATION



## General

Height - 178  
Weight - 77

BMI - 24.3  
Pallor - No  
Oedema - no  
Temperature - 96  
SpO2 - 94



## Cardiovascular system

Heart rate (Per minute) - 82  
Rhythm - Regular  
- B.P. Supine  
Systolic(mm of Hg) - 120  
Diastolic(mm of Hg) - 80  
Systolic(mm of Hg) - 120  
Diastolic(mm of Hg) - 80  
Heart sounds - S1S2+

## Respiratory system

Breath sounds - Normal vesicular breath sounds



## Abdomen

Organomegaly - No  
Tenderness - No

Printed By : Leena Ganpat Wakare

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**C B C WITH ESR (AUTOMATION + STANDARD METHOD)**

Test Name	Result	Unit	Level	Range
Hemoglobin	14.3	g/dl	●	13.0-18.0
Haematocrit	40.6	%	●	39.0-54.0
RBC COUNT	4.98	Million/ ul	●	4.2-6.5
MCV	81.6	fl	●	75.0-95.0
MCH	28.6	pg	●	26.0-32.0
MCHC	35.1	g/dl	●	31.0-36.0
RDW	13.8	%	●	11-16
Platelet Count(Optical/Impedance)	238	10 <sup>9</sup> /m <sup>3</sup>	●	140-440
TLC Count	6.38	10 <sup>9</sup> /m <sup>3</sup>	●	4.0-11.0
Neutrophils	55	%	●	45-75
Lymphocytes	38	%	●	20-45
Eosinophils	03	%	●	1-6
Monocytes	04	%	●	1-10
Basophils	00	%	●	0-1
ERYTHROCYTE SEDIMENTATION RATE (ESR)	06	mm/1st hr	●	0-10

**BLOOD GROUPING AND TYPING (ABO and Rh)**

Test Name	Result	Unit	Level	Range
ABO Group:	B			
Rh (D) Type:	POSITIVE			

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM / PLASMA	28 *	U/L	●	30-65
ALBUMIN - SERUM	4.6	g/dL	●	3.5-5
GLOBULIN - SERUM: (Calculated)	3.4	g/dL	●	1.8-3.6
ALBUMIN:GLOBULIN - SERUM(RATIO) (Calculated)	1.2		●	1.1-1.8

ALKALINE PHOSPHATASE - SERUM/PLASMA	62	U/L	●	0-100
AST (SGOT) - SERUM	33	U/L	●	15-37
BILIRUBIN, TOTAL - SERUM	1.1 *	mg/dL	●	0.0-1.0

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
Total Cholesterol	148	mg/dL	●	0-200

**CREATININE - SERUM / PLASMA**

Test Name	Result	Unit	Level	Range
CREATININE - SERUM / PLASMA	0.9	mg/dL	●	0.8-1.3

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	21	U/L	●	0-50

**GLUCOSE - SERUM / PLASMA (FASTING)**

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Fasting)	87	mg/dL	●	70-100

**GLUCOSE - SERUM / PLASMA (POST PRANDIAL)**

Test Name	Result	Unit	Level	Range
Glucose - Plasma (POST PRANDIAL)	98	mg/dL	●	70-140

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM / PLASMA	37 *	mg/dL	●	40-60
TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated)	4.0		●	0.0-4.5
LDL Cholesterol (Direct LDL)	123	mg/dL		

● Within Normal Range    ● Borderline High/Low    ● Out of Range

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### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN, TOTAL - SERUM / PLASMA	8.0	g/dL	●	6.4-8.2
PROTEIN, TOTAL - SERUM / PLASMA	8.0	g/dL	●	6.4-8.2

Probe tenderness noted in epigastric region.

No other significant abnormality is detected.

Advice : Upper GI endoscopy correlation.

### X-RAY CHEST PA

No significant abnormality is detected.

[INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE\(LAB,RADIOLOGY & CARDIOLOGY\)](#)

### THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	132	ng/dL	●	Healthy Adults: 69 - 215
TOTAL T4: THYROXINE - SERUM	6.6	µg/dL	●	Healthy Adults:5.2-12.7

### Haematology

STOOL ROUTINE

### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Triglycerides - Serum	104	mg/dL	●	0-150

### THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	1.7	uIU/mL	●	Euthyroid: 0.3 - 4.5 Hypothyroid: 7.1 - >75

### URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	5.4	mg/dL	●	3.5-7.2

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.3	mg/dL	●	0.0-0.3
BILIRUBIN UNCONJUGATED - SERUM(Calculated)	0.8 *	mg/dL	●	0.0-0.7

### CARDIAC STRESS TEST - (TMT)

TEST IS NEGATIVE FOR INDUCIBLE ISCHEMIA

### ECG

### ULTRASOUND - WHOLE ABDOMEN

● Within Normal Range    ● Borderline High/Low    ● Out of Range

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**Printed By** :

AHC Physician / Consultant Internal Medicine

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

## AICVD RISK SCORE REPORT

### RISK STATUS

Low Risk

### YOUR SCORE

2

### ACCEPTABLE SCORE

4

### Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

### Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**

### DISCLAIMER

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician 's or cardiologist's discretion.
3. To ensure the information in the report is up to date , accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side .
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

**The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515**