



Swaminarayan Nagar, Off Mumbai-Agra Highway,
Panchvati, Nashik - 422 003.
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QFAHN/BILL/003/V1



Apollo
HOSPITALS
NASHIK

Name : Mr. RAKESH DILIP SONAWANE (32 /M)
Address : MEDI WHEEL NASHIK, NASHIK, NASHIK, MAHARASHTRA, INDIA
Examined by:
Package : MediWheel Full Body Health Checkup Male Below 40
Package

Date : 10/12/2022
UHID : MHN1.0000130029
AHC No : NSKAH28489



CHIEF COMPLAINTS

For corporate health checkup
No specific complaints

PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,
Hypertension, Thyroid
disorder, Heart disease,
Stroke, Asthma, COPD,
Cancer



DRUG ALLERGY

NO KNOWN ALLERGY

:10/12/2022



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant



Past medical history

Do you have any - No
allergies?
Do you have any drug - No
allergies?
Past medical history - nil significant
Covid 19 - Yes
- March-2020
Hospitalization for - No
Covid 19
Oxygen support - No
Surgical history
Surgical history - Nil
Immunization history
- Covid Dose1, Covid Dose2



Personal history

Marital status - Married
No. of children - 02
Diet - Vegetarian
Alcohol - does not consume alcohol
Smoking - No
Chews tobacco - No
Physical activity - Active



Family history

Hypertension - mother
Coronary artery - none
disease
Cancer - None

PHYSICAL EXAMINATION



General

General appearance - normal
Build - normal
Height - 165
Weight - 70
BMI - 25.71
Pallor - No
Oedema - no
Temperature - 98
SpO2 - 96



Cardiovascular system

Heart rate (Per minute) - 78
Rhythm - Regular
- B.P. Supine
Systolic(mm of Hg) - 130
Diastolic(mm of Hg) - 80
Heart sounds - S1S2+

Respiratory system



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Breath sounds - Normal vesicular breath sounds

 Abdomen

Organomegaly - No
Tenderness - No





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C B C WITH ESR (AUTOMATION + STANDARD METHOD)

Test Name	Result	Unit	Level	Range
Hemoglobin	15.5	g/dl	●	13.0-18.0
Haematocrit	48.7	%	●	39.0-54.0
RBC COUNT	5.86	Million/ ul	●	4.2-6.5
MCV	83	fl	●	75.0-95.0
MCH	26.5	pg	●	26.0-32.0
MCHC	31.9	g/dl	●	31.0-36.0
H ₂ O ₂	15.6	%	●	11-16
Platelet Count(Optical/Impedance)	214	10 ³ /m ³	●	140-440
TLC Count	5.81	10 ³ /m ³	●	4.0-11.0
Neutrophils	60	%	●	45-75
Lymphocytes	29	%	●	20-45
Eosinophils	04	%	●	1-6
Monocytes	07	%	●	1-10
Basophils	00	%	●	0-1
ERYTHROCYTE SEDIMENTATION RATE (ESR)	4	mm/1st hr	●	0-10

ALBUMIN:GLOBULIN - SERUM(RATIO) (Calculated) 0.7 * ● 1.1-1.8

ALKALINE PHOSPHATASE - SERUM/PLASMA 74 U/L ● 0-100

AST (SGOT) - SERUM 22 U/L ● 15-37

BILIRUBIN, TOTAL - SERUM 0.6 mg/dL ● 0.0-1.0

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Total Cholesterol	159	mg/dL	●	0-200

CREATININE - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
CREATININE - SERUM / PLASMA	1.0	mg/dL	●	0.8-1.3

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	24	U/L	●	0-50

BLOOD GROUPING AND TYPING (ABO and Rh)

Test Name	Result	Unit	Level	Range
ABO Group:	A			
Rh (D) Type:	POSITIVE			

GLUCOSE - SERUM / PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Fasting)	82	mg/dL	●	70-100

URINE GLUCOSE(FASTING): (Strip Method) Nil

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM / PLASMA	36	U/L	●	30-65
ALBUMIN - SERUM	4.5	g/dL	●	3.5-5
GLOBULIN - SERUM: (Calculated)	3.8 *	g/dL	●	1.8-3.6

GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (POST PRANDIAL)	103	mg/dL	●	70-140

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
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● Within Normal Range ● Borderline High/Low ● Out of Range



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HDL CHOLESTEROL - 46 mg/dL ● 40-60
SERUM / PLASMA

TOTAL CHOLESTEROL/HDL 3.5 ● 0.0-4.5
CHOLESTEROL
RATIO(Calculated)

LDL Cholesterol (Direct 116 mg/dL
LDL)

BILIRUBIN 0.2 mg/dL ● 0.0-0.3
CONJUGATED
(DIRECT) - SERUM

BILIRUBIN 0.4 mg/dL ● 0.0-0.7
UNCONJUGATED -
SERUM(Calculated)

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN, TOTAL - SERUM / PLASMA	8.3 *	g/dL	●	6.4-8.2
PROTEIN, TOTAL - SERUM / PLASMA	8.3 *	g/dL	●	6.4-8.2

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	190	ng/dL	●	Healthy Adults: 69 - 215
TOTAL T4: THYROXINE - SERUM	9.4	µg/dL	●	Healthy Adults: 5.2-12.7

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Triglycerides - Serum	88	mg/dL	●	0-150

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	2.5	uIU/mL	●	Euthyroid: 0.3 - 4.5 Hypothyroid: 7.1 - >75

URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	4.8	mg/dL	●	3.5-7.2

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
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CARDIAC STRESS TEST - (TMT)

ECG

ULTRASOUND - WHOLE ABDOMEN

No significant abnormality is detected.

X-RAY CHEST PA

No significant abnormality is detected.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Haematology

STOOL ROUTINE

● Within Normal Range ● Borderline High/Low ● Out of Range



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AHC No : NSKAH28489

Printed By :

AHC Physician / Consultant Internal Medicine



Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.



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AICVD RISK SCORE REPORT

RISK STATUS

Low Risk

YOUR SCORE

3

ACCEPTABLE SCORE

3

Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.
- Continue with medications for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding follow up tests, consults and annual health assessment

DISCLAIMER

- This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
- This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician's or cardiologist's discretion.
- To ensure the information in the report is up to date, accurate and correct, doctor shall be consulted for interpretation of the report.
- Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side.
- By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515

Rakesh sonawane,

ID:

DOB:

32yr, Male

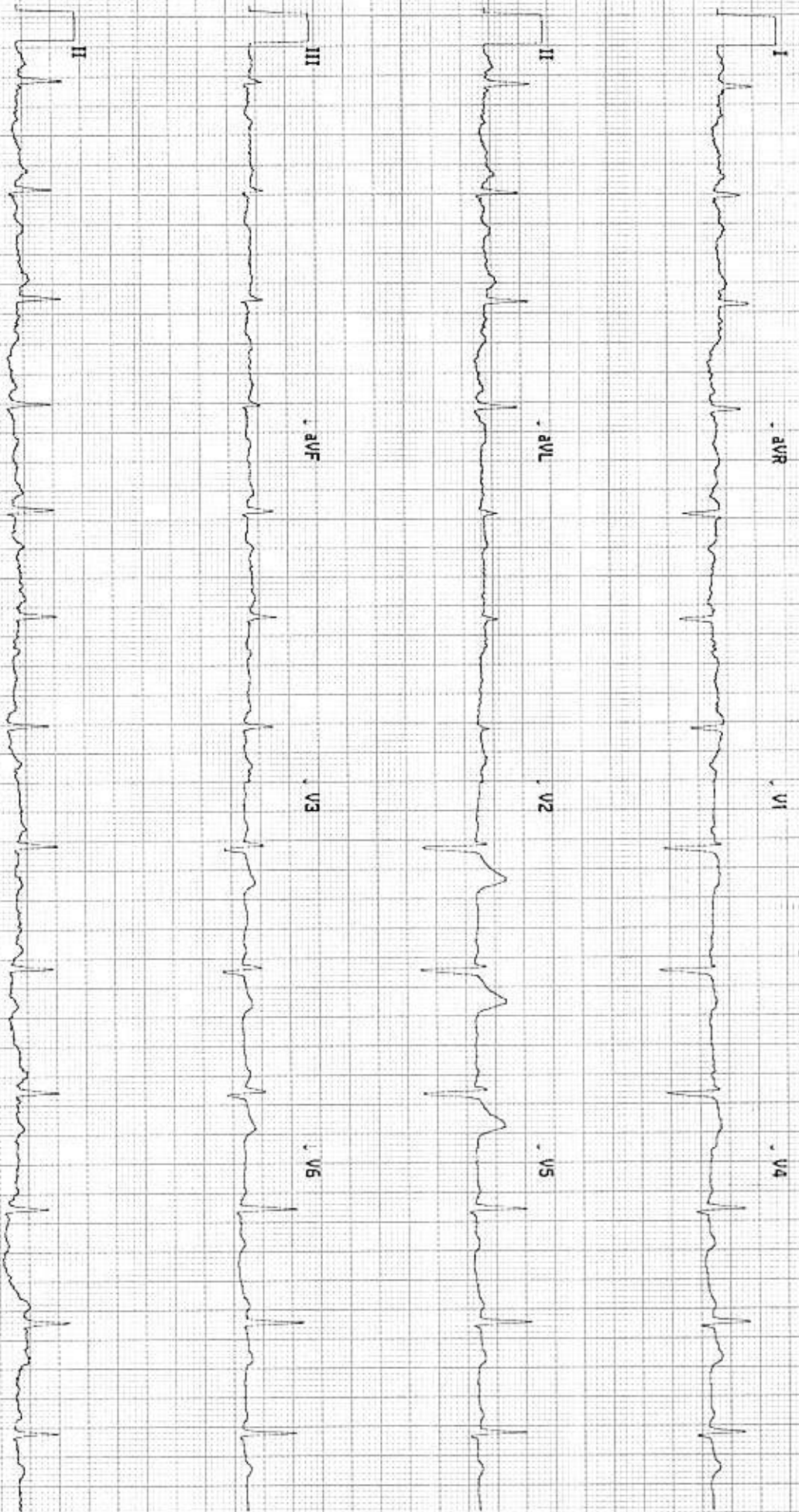
10-Dec-2022 10:56:24

SINUS RHYTHM

NORMAL ECG

UNCONFIRMED REPORT

Heart rate: 78 BPM
PR int: 154 ms
QRS dur: 86 ms
QT/QTc: 345/378 ms
P-R-T axes: 48 48 29



11350018B213

No Site Name

Site #

0 Cart #

2


Version 2.0.4.0 Sequence #21171 25mm/5 10mm/mV 0.05-40 Hz



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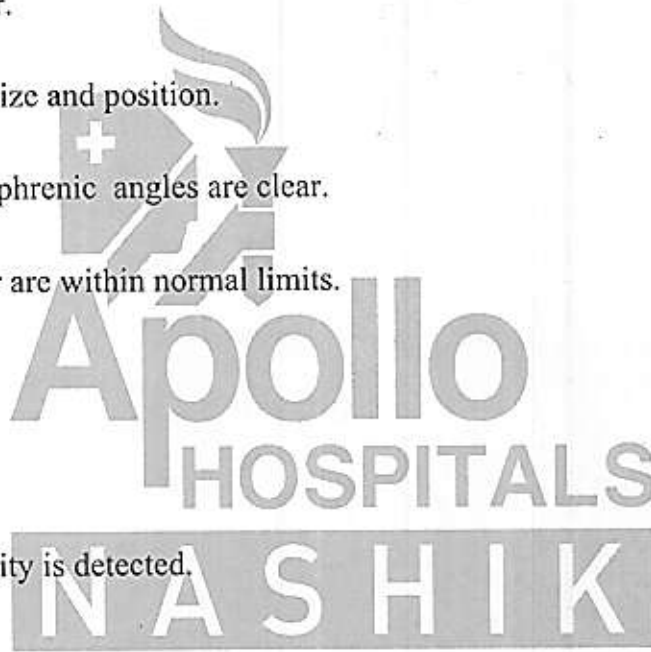


MD (Radiology)

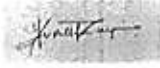
Patient Details : Mr. RAKESH DILIP SONAWANE | Male | 32Yr 1Mth 25Days
UHID : MHN1.0000130029 **Patient Location:** AHC
Patient Identifier: NSKAH28489 
DRN : 122049087 **Completed on :** 10-DEC-2022 10:35
Ref Doctor : Dr. Rajashri Dhongade

X-RAY CHEST PA

Both lung fields are clear.
 Both hila are normal in size and position.
 Costophrenic and cardiophrenic angles are clear.
 Cardiac size and contour are within normal limits.
 Rib cage is normal.
 Soft tissues are normal.
Impression
 No significant abnormality is detected.



— END OF THE REPORT —



Kunal Kalyanrao Patil
 Consultant - MD (Radiodiagnosis)



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MD (Radiology)

Patient Details : Mr. RAKESH DILIP SONAWANE | Male | 32Yr 1Mth 25Days
UHID : MHN1.0000130029 **Patient Location:** AHC
Patient Identifier: NSKAH28489 
DRN : 222030085 **Completed on :** 10-DEC-2022 12:26
Ref Doctor : Dr. Rajashri Dhongade

ULTRASOUND - WHOLE ABDOMEN

LIVER : Normal in size. Echotexture is uniform and normal.
No I.H.B.D./ focal lesions.

PORTAL VEIN: Normal in size.

GALL BLADDER: Partially distended.

COMMON BILE DUCT: Normal in size.

PANCREAS : Visualized portion of head and body of pancreas appears normal in size and echotexture. Rest of the pancreas is obscured due to bowel gases.

AORTA, IVC and para aortic areas are normal.

SPLEEN : Normal in size and echotexture.

KIDNEYS: Both kidneys are normal in site, size and echotexture.

No evidence of calculi/ hydronephrosis.

Right kidney measures : 9.6 x 4.8 cm.

Left kidney measures : 10.8 x 4.9 cm.

URINARY BLADDER: Well distended with normal walls.

No evidence of calculi/ growth/ diverticula .

PROSTATE : Normal in size with homogenous echogenicity. No evidence of calcification within.

Prostate measures :10.5gms.

Seminal vesicles are normal.



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Mr. RAKESH DILIP SONAWANE

MHN1.0000130029

NSKAH28489

ULTRASOUND - WHOLE ABDOMEN

Visualized bowel loops appear grossly normal.

No evidence of any free fluid in the peritoneal cavity.

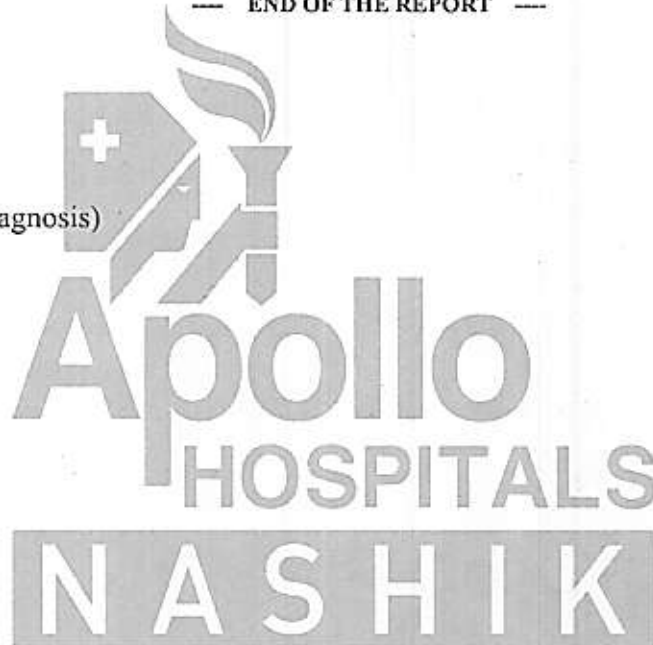
Impression

No significant abnormality is detected.

— END OF THE REPORT —

Kunal Kalyanrao Patil

Consultant - MD (Radiodiagnosis)





OPHTHALMOLOGY



Name : <u>Mr Rakesh Sonwane</u> Occupation : _____ Age : <u>32</u> Sex : Male <input checked="" type="checkbox"/> Female <input type="checkbox"/> S/M/W/D Address : <u>NISIC</u> _____ Tel. No. _____	Date <u>10/12/20</u> UNIT _____ Room No. _____ Out Patient <input type="checkbox"/> Ref. Physician : _____ Copies to : _____
---	---

REPORT ON OPHTHALMIC EXAMINATION

HISTORY : _____

PRESENT COMPLAINT : No complaint

PAST HISTORY : DM / HTN / ALLERGY

ON EXAMINATION

VISION :

		RE RIGHT				LE LEFT				
		PGP	SPH	CYL	AXIS	VA	SPH	CYL	AXIS	VA
VISION	DIST									
	NEAR									

VA 6/6
VA 6/6

AR / Retinoscopy :

RIGHT			LEFT		
SPH	CYL	AXIS	SPH	CYL	AXIS
—	<u>pc</u>	—	—	<u>pc</u>	—

Refraction or Acceptance :

		RIGHT				LEFT			
		SPH	CYL	AXIS	VA	SPH	CYL	AXIS	VA
REFRACTION	DIST	—	<u>pc</u>	—	<u>6/6</u>	—	<u>pc</u>	—	<u>6/6</u>
	NEAR	—	—	—	<u>N/A</u>	—	—	—	<u>N/A</u>

Are also advised on my

CONSULTANT OPTOMETRIST



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10/12/22

Mr Rakesh Sonawane

32/M

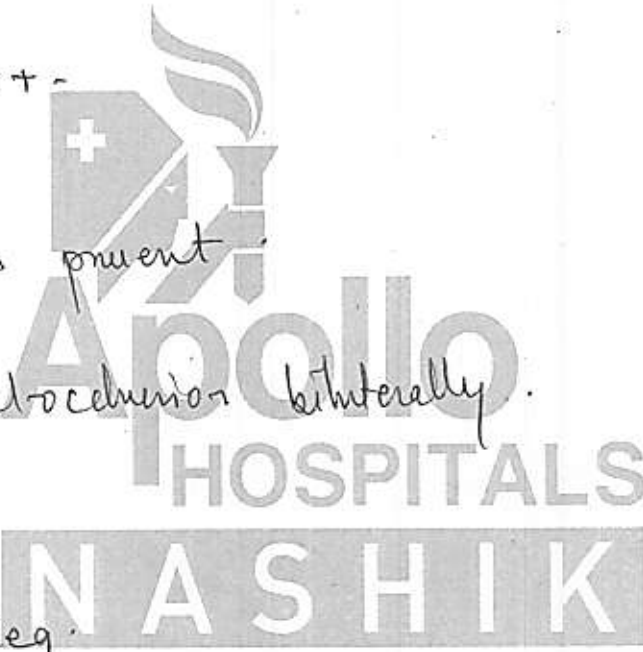
- No H/o of DM & HTN.

- Calculus - + + + +

- Stains - + +

- No Caries present

- class I malocclusion bilaterally.



- dx - Scaling Req.

LOPA =

7.6

[Handwritten signature]

ID: 000130029

Visit:

32years

Male

Asian

BRUCE

Total Exercise time: 9:08

Max HR: 161bpm 91% of max predicted 176bpm

Max BP: 140/80

Maximum workload: 10.3METS

10-Dec-2022

13:10:20

Reason for Termination: Max HR attained

Comments:

Referred by:

Test ind:

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	WorkLoad (METS)	HR (bpm)	BP (mmHg)	RPP (x100)
PRETEST	SUPINE	2:45	***	***	1.0	90	120/80	108
	STANDING	0:05	***	***	1.0	94	120/80	113
	HYPERTENT	0:16	0.8	0.0	1.0	96	120/80	115
EXERCISE	STAGE 1	3:00	1.7	10.0	4.5	114	120/80	137
	STAGE 2	3:00	2.5	12.0	7.0	137	120/80	164
	STAGE 3	3:00	3.4	14.0	10.1	157	140/80	220
	STAGE 4	0:08	4.2	16.0	10.3	160	140/80	224
RECOVERY	Post	3:14	***	***	1.0	103	140/80	144

TMT Negative for S11

Technician: MEGHA

APOLLO HOSPITAL NASIK

Unconfirmed

MAC55 010B