


DEPT. OF APOLLO HEALTH CHECK



CASE RECORD

|              |   |              |  |                  |  |
|--------------|---|--------------|--|------------------|--|
| <b>Name</b>  | AH3.0001143021<br>MR RAJARSHI PRAMANICK<br>Age: 34 Year(s) Year(s)/Male<br>14 Apr 2023 9:37:39 AM | <b>Age :</b> |  | <b>Sex : M/F</b> |  |
| <b>Age :</b> |                  |              |  | <b>UHID :</b>    |  |

Physical Examination

General :

Build

Height

171 cm Weight 66.3 kg

BMI :

Anaemia

Icterus

Cyanosis

Clubbing

Oedema

Glands

HEAD & NECK :

ENT :

CVS :

Heart Rate & Rhythm

98 bpm

B.P. : Supine

Sitting

Standing

Sp02 98 %

Chest shape

MMMA 104 / 72

Heart Sounds

Murmurs

Thrills

RS :

Rate & Type

Breath Sounds

Screening echo report

Normal Lt systolic function

No RWMA, LVEF : 60%.

14/04/23

Form # GP1

AHB: 0001143021

Dr. Jyoti Jain  
MBBS, DNB (Family Medicine), PGDGM  
(Dip in Geriatric Medicine)  
Senior Consultant - Dept. of Apollo Health Check

Place Label Here

MR. RAJARSHI PRAMANICK

Age: - 34 / M

If label not available, write Pt. Name, UHID No.,  
Age, Sex, Date, Name of Treating Physician



|                              |                             |        |                  |            |          |       |                  |
|------------------------------|-----------------------------|--------|------------------|------------|----------|-------|------------------|
| Allergies :<br><br>not known | <b>Fall Risk Assessment</b> |        | Wt: 66.3 kg      | HE: 171 cm | T: _____ | P: 98 | BP: 104/72 mm/hg |
|                              | H/o fall (within 1 year)    | Yes No | Pain: _____ / 10 |            |          |       |                  |
| Mobility Aid                 | Yes No                      |        |                  |            |          |       |                  |
| Gait                         | Dep. Indep.                 |        |                  |            |          |       |                  |

In case of:  
 Anaemia - ~~IDA~~?  $\beta$  thalassaemia trait.  
 H/o. Migraine - around once in 2 mth  
 (Trigger - sunlight)  
 Indirect Bilirubin > Direct ? Gilbert's dz  
 Tinea infection.

Medicine Reconciliation Dose & Frequency  
 Advice & Plan

Advice: Regular exercise.

Tab. Naxdom 500mg. @ A.F as needed

Zimig 250mg o.d.t (A.F) x 4 wks.

Candid ointment Mng & Night for LA - 6wk

~~Hb Electrophoresis.~~

Kindly get this document scanned at the counter for the record purpose

Jyoti Jain  
 Signature and Date

## YOUR CLINICAL TEST RESULTS

**Mr. RAJARSHI PRAMANICK**

MALE / 34 Yrs / AHB.0001143021 / AHBHC121098

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE BELOW 40 YEARS

Date : 14/04/2023

### HEMOGRAM

| Test Name   | Result | Unit                   | Level | Range       |
|---|--------|------------------------|-------|-------------|
| Hemoglobin :Oxyhemoglobin method(Photometric measurement) | 12.2 * | g/dL                   | ●     | 13-17       |
| RBC Count (Impedance)                                     | 6.08 * | x(10) <sup>12</sup> /l | ●     | 4.5 - 5.5   |
| Packed cell volume (Calculated)                           | 38 *   | %                      | ●     | 40 - 50     |
| MCV (Derived from RBC histogram)                          | 62 *   | fl                     | ●     | 83 - 101    |
| MCH (Calculated)  | 20 *   | pg                     | ●     | 27 - 32     |
| RDW (Calculated)  | 17.2 * | %                      | ●     | 11.60-14.00 |
| MCHC (Calculated)   | 32     | g/dl                   | ●     | 31.5 - 34.5 |
| Platelet Count (Impedance)                                | 70 *   | x(10) <sup>9</sup> /l  | ●     | 150 - 450   |
| WBC Count (Impedance)                                     | 6.3    | x(10) <sup>9</sup> /l  | ●     | 4 - 11      |
| Neutrophils   | 58     | %                      | ●     | 40 - 80     |
| Lymphocytes   | 32     | %                      | ●     | 8.6 -23.8   |
| Monocytes   | 7      | %                      | ●     | 2 - 10      |
| Eosinophils   | 2      | %                      | ●     | 1 - 6       |
| Basophils   | 1      | %                      | ●     | 0 - 2       |

RBC: Mild erythrocytosis, anisocytosis with few target cells, elliptocytes and

RBC: Mixed population of normocytic normochromic and microcytic hypochromic RBCs.

WBC: Differentials within normal limits.

Platelets: Few giant platelets seen, platelet count corrected manually.

Impression Normocytic normochromic to microcytic hypochromic anemia-Favoring hemoglobinopathy.

SUGGEST Iron panel.

Hemoglobin electrophoresis to rule out hemoglobinopathy.

ERYTHROCYTE SEDIMENTATION RATE (ESR) (Teflon Capillary Photometry) 9 mm/1st hr ● Adult Male- 0 - 10

● Within Normal Range    ● Boderline High/Low    ● Outside Range

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**Mr. RAJARSHI PRAMANICK**

MALE / 34 Yrs / AHB.0001143021 / AHBHC121098

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE BELOW 40 YEARS

Date : 14/04/2023

### URINE ROUTINE (CUE)

| Test Name           | Result     | Unit      | Level | Range            |
|---------------------|------------|-----------|-------|------------------|
| Color :             | Yellow     |           |       | Yellow           |
| Appearance          | Clear      |           |       | Clear            |
| Volume :            | 30         | ml        |       |                  |
| pH                  | 6.0        |           |       |                  |
| Specific Gravity    | 1.015 *    |           | ●     | 1.016 - 1.022    |
| Protein :           | NEGATIVE   |           |       | NEGATIVE         |
| Glucose:            | NEGATIVE   |           |       | NEGATIVE         |
| Ketone              | NEGATIVE   |           |       | NEGATIVE         |
| Bile Salts :        | NEGATIVE   |           |       | NEGATIVE         |
| Bile Pigments:      | NEGATIVE   |           |       | NEGATIVE         |
| Urobilinogen        | 0.2        | E.U./dL   | ●     | 0.2 - 1.0        |
| Blood :             | NEGATIVE   |           |       | NEGATIVE         |
| Nitrate:            | NEGATIVE   |           |       | NEGATIVE         |
| Leucocyte Esterases | NEGATIVE   |           |       | NEGATIVE         |
| RBC                 | Nil        | Cells/hpf |       | 0 - 2            |
| WBC                 | 1-2 /h.p.f | /HPF      |       | 0 - 5            |
| Epithelial Cells    | Occasional |           |       | Occasional - Few |

### BLOOD GROUPING AND TYPING (ABO and Rh)

| Test Name    | Result               | Unit | Level | Range |
|--------------|----------------------|------|-------|-------|
| Blood Group: | B                    |      |       |       |
| Rh (D) Type: | POSITIVE             |      |       |       |
| Method:      | COLUMN AGGLUTINATION |      |       |       |

### LIVER FUNCTION TEST (PACKAGE)

● Within Normal Range    ● Boderline High/Low    ● Outside Range

## YOUR CLINICAL TEST RESULTS

### Mr. RAJARSHI PRAMANICK

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2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE BELOW 40 YEARS

Date : 14/04/2023

| Test Name                             | Result | Unit  | Level | Range           |
|---------------------------------------|--------|-------|-------|-----------------|
| ALT(SGPT) - SERUM                     | 45     | U/L   | ●     | <= 50           |
| GLOBULIN - SERUM - CALCULATED         | 2.4    | g/dL  | ●     | Adult 2.0 - 4.0 |
| ALBUMIN:GLOBULIN (RATIO) - CALCULATED | 2.0    |       | ●     | 0.8 - 2.0       |
| ALBUMIN - SERUM                       | 4.7    | g/dL  | ●     | Adult- 3.5-5.2  |
| ALKALINE PHOSPHATASE - SERUM          | 85     | U/L   | ●     | Adult: 30 - 120 |
| AST (SGOT) - SERUM                    | 36     | U/L   | ●     | <= 50           |
| BILIRUBIN, TOTAL - SERUM              | 2.63 * | mg/dL | ●     | 0.30-1.20       |

#### NEPHROLOGY RENAL PROFILE (RANDOM)

| Test Name        | Result | Unit   | Level | Range    |
|------------------|--------|--------|-------|----------|
| CHLORIDE - SERUM | 107    | mmol/L | ●     | 98 - 107 |

#### LIPID PROFILE TEST (PACKAGE)

| Test Name         | Result | Unit  | Level | Range   |
|-------------------|--------|-------|-------|---|
| Total Cholesterol | 132    | mg/dL | ●     | "Desirable : <200<br>Borderline : 200 – 239<br>High Risk : >239 " |

#### NEPHROLOGY RENAL PROFILE (RANDOM)

| Test Name          | Result | Unit  | Level | Range           |
|--------------------|--------|-------|-------|-----------------|
| CREATININE - SERUM | 1.01   | mg/dL | ●     | Male : 0.9 -1.3 |

#### LIVER FUNCTION TEST (PACKAGE)

| Test Name                                   | Result | Unit | Level | Range |
|---|--------|------|-------|-------|
| GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM | 15     | U/L  | ●     | <= 55 |

#### GLUCOSE - SERUM / PLASMA (FASTING)

| Test Name                  | Result | Unit  | Level | Range   |
|----------------------------|--------|-------|-------|---|
| Glucose - Plasma (Fasting) | 88     | mg/dL | ●     | "Non-Diabetic :<= 100<br>Impaired Fasting Glucose:100-125<br>Diabetic :>= 126 " |

● Within Normal Range    ● Boderline High/Low    ● Outside Range



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2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE BELOW 40 YEARS

Date : 14/04/2023

#### GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

| Test Name                        | Result | Unit  | Level | Range  |
|----------------------------------|--------|-------|-------|--|
| Glucose - Plasma (POST PRANDIAL) | 83     | mg/dL | ●     | "Non-Diabetic : <=140<br>Impaired Glucose Tolerance :<br>140-199<br>Diabetic : >=200 " |

#### GLYCATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD

| Test Name                       | Result | Unit | Level | Range  |
|---------------------------------|--------|------|-------|--|
| Glycosylated Hemoglobin (HbA1c) | 5.4    | %    | ●     | "NON-DIABETICS<=5.6<br>PRE-DIABETIC: 5.7-6.4<br>DIABETIC>=6.5" |

#### LIPID PROFILE TEST (PACKAGE)

| Test Name                    | Result | Unit  | Level | Range  |
|------------------------------|--------|-------|-------|--|
| HDL CHOLESTEROL - SERUM      | 56     | mg/dL | ●     | "Low : <40<br>High: >59"   |
| LDL Cholesterol (Direct LDL) | 76     | mg/dL | ●     | "Optimal : <100<br>Near/Above Optimal: 100 – 129<br>Borderline High: 130 – 159<br>High: 160 – 189<br>Very High: > 189" |

#### NEPHROLOGY RENAL PROFILE (RANDOM)

| Test Name         | Result | Unit   | Level | Range   |
|-------------------|--------|--------|-------|---------|
| POTASSIUM - SERUM | 4.1    | mmol/L | ●     | 3.5-5.1 |

#### LIVER FUNCTION TEST (PACKAGE)

| Test Name             | Result | Unit | Level | Range            |
|-----------------------|--------|------|-------|------------------|
| PROTEIN TOTAL - SERUM | 7.1    | g/dL | ●     | ADULT: 6.0 - 8.5 |

#### NEPHROLOGY RENAL PROFILE (RANDOM)

| Test Name      | Result | Unit   | Level | Range     |
|----------------|--------|--------|-------|-----------|
| SODIUM - SERUM | 140    | mmol/L | ●     | 135 - 145 |

#### THYROID PROFILE - I (T3, T4 AND TSH)

| Test Name                           | Result | Unit  | Level | Range            |
|-------------------------------------|--------|-------|-------|------------------|
| TOTAL T3: TRI IODOTHYRONINE - SERUM | 100.5  | ng/dL | ●     | Adults: 87 - 178 |

● Within Normal Range    ● Boderline High/Low    ● Outside Range

## YOUR CLINICAL TEST RESULTS

**Mr. RAJARSHI PRAMANICK**

MALE / 34 Yrs / AHB.0001143021 / AHBHC121098

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE BELOW 40 YEARS

Date : 14/04/2023

TOTAL T4: THYROXINE - SERUM 9.2 µg/dL ● 5.93 - 13.29

### LIPID PROFILE TEST (PACKAGE)

| Test Name   | Result | Unit  | Level | Range  |
|---|--------|-------|-------|--|
| Triglycerides - Serum                               | 90     | mg/dL | ●     | "Normal: < 150<br>Borderline High: 150 - 199<br>High: 200 - 499<br>Very High: > 499" |
| TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated) | 2.4    |       | ●     | < 5.0  |

### THYROID PROFILE - I(T3,T4 AND TSH)

| Test Name                         | Result | Unit   | Level | Range      |
|-----------------------------------|--------|--------|-------|------------|
| THYROID STIMULATING HORMONE [TSH] | 5.54   | µIU/mL | ●     | 0.34 - 5.6 |

### NEPHROLOGY RENAL PROFILE (RANDOM)

| Test Name         | Result | Unit  | Level | Range                 |
|-------------------|--------|-------|-------|-----------------------|
| UREA - SERUM      | 23     | mg/dL | ●     | 15 - 45               |
| URIC ACID - SERUM | 5.9    | mg/dL | ●     | Adult Male: 3.0 - 7.0 |

### LIPID PROFILE TEST (PACKAGE)

| Test Name                | Result | Unit  | Level | Range          |
|--------------------------|--------|-------|-------|----------------|
| VLDL CHOLESTEROL - SERUM | 18     | mg/dl | ●     | Desirable: <30 |

### LIVER FUNCTION TEST (PACKAGE)

| Test Name                               | Result | Unit  | Level | Range     |
|---|--------|-------|-------|-----------|
| BILIRUBIN DIRECT - SERUM                | 0.43 * | mg/dL | ●     | upto 0.4  |
| BILIRUBIN INDIRECT - SERUM - CALCULATED | 2.20 * | mg/dL | ●     | 0.1 - 1.0 |

### NEPHROLOGY RENAL PROFILE (RANDOM)

| Test Name                               | Result | Unit | Level | Range                   |
|---|--------|------|-------|-------------------------|
| BICARBONATE (HCO <sub>3</sub> ) - SERUM | 28     |      | ●     | Healthy Adults: 22 - 29 |

### X-RAY CHEST PA

● Within Normal Range    ● Boderline High/Low    ● Outside Range

## YOUR CLINICAL TEST RESULTS

**Mr. RAJARSHI PRAMANICK**

MALE / 34 Yrs / AHB.0001143021 / AHBHC121098

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE BELOW 40 YEARS

Date : 14/04/2023

**IMPRESSION:**

No definite abnormality noted on the chest radiograph.

---END OF THE REPORT---



Within Normal Range



Boderline High/Low



Outside Range



## YOUR CLINICAL TEST RESULTS

**Mr. RAJARSHI PRAMANICK**

MALE / 34 Yrs / AHB.0001143021 / AHBHC121098

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE BELOW 40 YEARS

Date : 14/04/2023

**INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY  
& CARDIOLOGY)**

**Haematology**

STOOL ROUTINE

**Biochemistry**

GLUCOSE - SERUM / PLASMA (RANDOM)

**CARDIOLOGY**

ECHO/TMT - OPTIONAL

**Ultrasound Radiology**

ULTRASOUND - WHOLE ABDOMEN

**CARDIOLOGY**

ECG

● Within Normal Range    ● Boderline High/Low    ● Outside Range

AH-QF-RD-04

## DEPARTMENT OF RADIOLOGY

|                   |                        |              |                      |
|-------------------|------------------------|--------------|----------------------|
| Patient's Details | Mr. RAJARSHI PRAMANICK | M            | 034Y                 |
| UHID              | AHB.0001143021         | Ward/Bed No. | AHC / AHC            |
| I.P.No./Bill No.  | AHBHC121098            | Scanned on   | 14-Apr-2023 09:59    |
| Accession Number  | 10601.123043120        | Reported On  | 14-Apr-2023 11:40:24 |
| Referring Doctor  | null                   |              |                      |

### X-RAY CHEST PA VIEW

#### Clinical Information: Routine health check

Lung fields appear clear bilaterally with normal bronchovascular markings.  
 Cardiac silhouette and cardiothoracic ratio appear normal.  
 Costophrenic angles appear normal on both sides.  
 Domes of the diaphragm appear normal.  
 Underlying bony and soft tissue shadows appear normal.

=====

#### IMPRESSION:

*No definite abnormality noted on the chest radiograph.*



**Dr. VINAY MD,  
RADIOLOGIST**

---END OF THE REPORT---

**DEPARTMENT OF RADIOLOGY**

|   |                                       |
|---|---------------------------------------|
| <b>Patient's Details</b> : Mr. RAJARSHI PRAMANICK | M   034Y                              |
| <b>UHID</b> : AHB.0001143021                      | <b>Ward/Bed No.</b> : AHC / AHC       |
| <b>I.P.No./Bill No.</b> : AHBHC121098             | <b>Scanned on</b> : 14-Apr-2023 11:34 |
| <b>Accession Number</b> : 10601.223033695         | <b>Reported On</b> :                  |
| <b>Referring Doctor</b> : null                    |                                       |

**ULTRASOUND WHOLE ABDOMEN SCREENING**

**Clinical Information:** - Routine health checkup.

Liver appears normal in size, shape and echopattern. No focal parenchymal lesions identified. No evidence of intra/extrahepatic biliary tree dilatation noted. Portal vein appears to be of normal size.

Gallbladder moderately distended. No definite calculi identified. No evidence of abnormal wall thickening.

Spleen appears normal in size, shape and echopattern. No focal parenchymal lesions identified.

Pancreas: Head appears normal. Rest obscured by bowel gas.

Both kidneys appear normal in size, shape and echopattern. Corticomedullary differentiation appears maintained. No sonological evidence of calculi or hydronephrosis seen on either side.

Urinary bladder is moderately distended and appears normal. No evidence of abnormal wall thickening.

Prostate appears normal in size. Normal echopattern noted within the gland.

No evidence of ascites or pleural effusion seen.

**IMPRESSION:**

USG study of the abdomen shows no definite abnormality.

- Suggested clinical correlation.

(Enclosed report) Ak

**DR. SHADAB ALAM**  
ASSOCIATE CONSULTANT  
RADIOLOGIST



AH3 0001143021

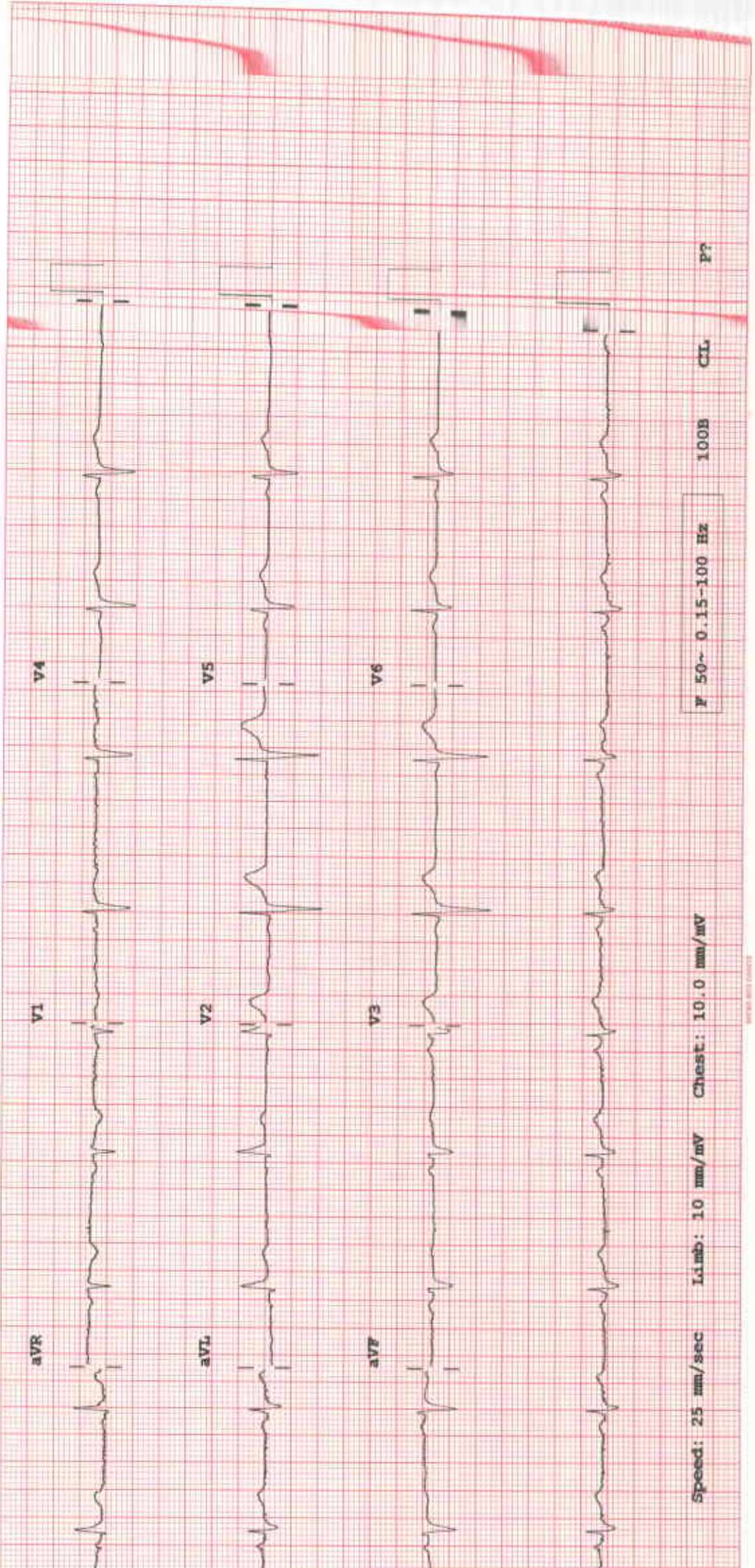
MR RAJARSHI PRAMANICK

Age: 34 Year(s) Male

14 Apr 2023 9:37:42 AM



Standard Placement

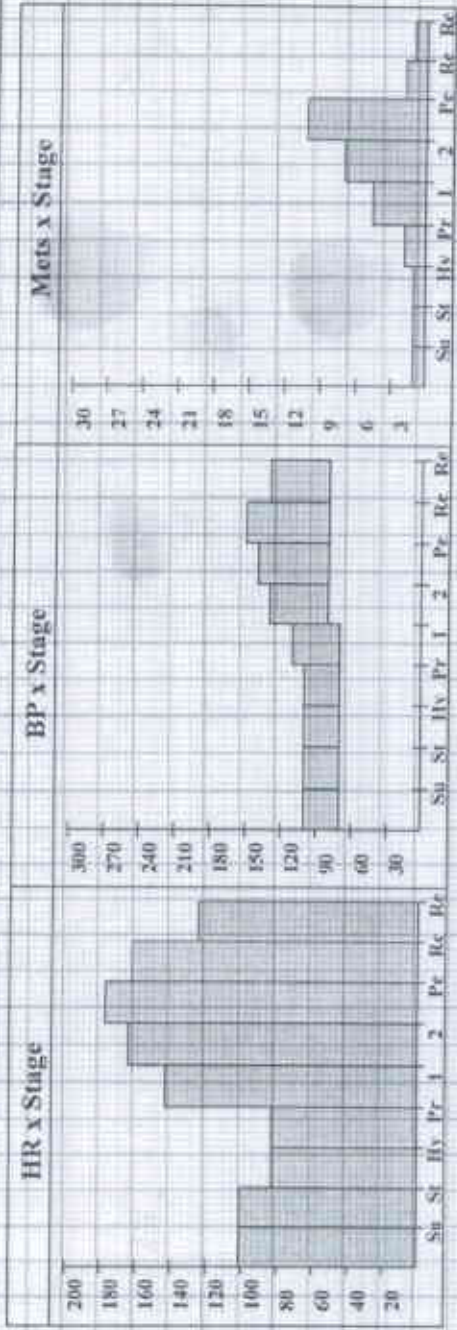




# APOLLO HOSPITALS

**Patient Details**  
 Date: 14-Apr-23  
 Name: RAJARSHI PRAMANICK ID: AHB1143021  
 Age: 34 y Sex: M

Time: 10:46:52  
 Height: 171 cms  
 Weight: 66 Kgs



**Interpretation**

GOOD EFFORT TOLERANCE  
 NORMAL HR AND BP RESPONSE  
 NO ANGINA OR ARRHYTHMIAS  
 NO SIGNIFICANT ST-T CHANGES NOTED  
 IMP:- STRESS TEST NEGATIVE FOR INDUCIBLE ISCHEMIA.

Ref. Doctor: AHC

Doctor: DR K M NAIR

(Summary Report edited by user)

Schiller CS-20 F T 9