



| Name : Mrs. YAMUNA M V | | REG/LAB NO. : 23010194 / 1141 |
|---------------------------|-----------------|---|
| AGE/SEX : 30 Yrs / Female | | DATE OF COLLECTION : 28-01-2023 at 09:35 AM |
| REFERRED BY : | | DATE OF REPORT : 30-01-2023 at 10:58 AM |
| REF CENTER : MEDIWHEEL | | |
| TEST PARAMETER | RESULT | REFERENCE RANGE |
| BLOOD GROUP | "B" | |
| RH TYPE | POSITIVE | |
| COMPLETE BLOOD COUNT(CBC) | | |
| HAEMOGLOBIN | 13.3 gm/dl | 12 - 16 gm/dl |
| TOTAL COUNT | 4400 cells/cumm | 4000 - 11000 cells/cumm |
| DIFFERENTIAL COUNT | | |
| NEUTROPHILS | 67 % | 40 - 70 % |
| LYMPHOCYTES | 26 % | 20 - 45 % |
| EOSINOPHILS | 03 % | 2 - 8 % |
| MONOCYTES | 04 % | 1 - 6 % |
| BASOPHILS | 00 % | 0 - 1 % |
| PLATELET COUNT | 2.2 Lakhs/cumm | 1.5 - 4.5 Lakhs/cumm |
| R.B.C COUNT | 4.6 mill/cumm | 4 - 5.5 mill/cumm |
| PACKED CELL VOLUME (PCV) | 40 % | 37 - 47 % |
| M.C.V | 87 fl | 80 - 98 fl |
| M.C.H | 28 pg | 26 - 34 pg |
| M.C.H.C | 33 % | 31 - 38 % |
| ESR | 10 mm/hr | 0 - 20 mm/hr |
| late mandations | | |

Interpretation:

ESR is non specific marker of inflammatory process. Its main clinical utility is in monitoring the course or response to traetment of various acute and chronic disorders like hematologic diseases, malignancy, collagen vascular disorders and renal diseases.

FASTING BLOOD SUGAR 78 mg/dl 60 - 110 mg/dl

COMMENTS :

80 - 99 mg/dL : Normal, 100 - 125 mg/dL : Impaired Fasting Glucose (Pre-Diabetes), >126 mg/ dL : Diabetes. reference intervals for FBS from ADA RECOMMENDATION 2015.

A level of 126 mg/dL or above, confirmed by repeating the test on another day, means a person has diabetes. Impaired fasting glucose (IFG) : Fasting glucose repeatedly is at upper limit, family history or abnormal lipid profile. Advised : HbA1c and clinical correlation.

NOTE :

In absence of pregnancy, IGT and IFG are risk factors for future DM and cardiovascular disease ; they are not clinical entities. A person's blood glucose levels normally move up and down depending on meals , Exercise, sickness, and stress.





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| TEST PARAMETE | R | RESULT | REFE | RENCE RANGE |
| HbA1c (GLYCOSY | (LATED Hb) | 4.4 % | Norma | l: <5.7 |
| HPLC | | | Pre-Di | abetes: 5.7-6.4 |
| | | | Diabet | es: 6.5 |

MEAN BLOOD GLUCOSE

| Degree of Control | HbA1c | MBG | |
|-------------------|-----------|---------------|--|
| Normal | < 6.0 % | 61-124 mg/dl | |
| Good Control | 6.0-7.0 % | 124-156 mg/dl | |
| Fair Control | 7.0-8.0 % | 158-188 mg/dl | |
| Poor Control | > 8.0 % | >188 mg/dl | |

73.4

Note:

1. Since HbA1c reflects long term fluctuations in the blood glucose concentration, a diabetic patient who is recently under good control may still have a high concentration of HbA1c.

2. Target goals of < 7.0 % may be beneficial in patients with short duration of diabetes, long life expectancy and no significant cardiovascular disease. In patients with significant complications of diabetes, limited life expectancy or extensive co-morbid conditions, targeting a goal of < 7.0 % may not be appropriate.

Comments:

HbA1c provides an index of average blood glucose levels over the past 8 - 12 weeks and is a much better indicator of long term glycemic control as compared to blood and urinary glucose determinations. ADA criteria for correlation between HbA1c & Mean plasma glucose levels.

LIPID PROFILE TEST (LPT)

| TOTAL CHOLESTEROL | 133 mg/dl | up to 200 mg/dl |
|--------------------------|------------|--|
| TRIGLYCERIDES | 43 mg/dl | up to 200 mg/dl <u>Special condition:</u> Borderline high risk : 200 - 400 mg/dL Elevated : > 400 mg/dL |
| HDL CHOLESTEROL - DIRECT | 52 mg/dl | 35 - 55 mg/dl |
| LDL CHOLESTEROL - DIRECT | 72.4 mg/dl | up to 150 mg/dl |
| VLDL CHOLESTEROL | 8.6 mg/dl | 0 - 60 mg/dl |
| TC/HDL | 2.6 | |
| LDL/HDL | 1.4 | |





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| TEST PARAMETER | RESULT | REFERENCE RANGE |
| LIVER FUNCTION TEST (LFT) | | |
| TOTAL BILIRUBIN | 0.9 mg/dl | 0 - 1 mg/dl |
| DIRECT BILIRUBIN | 0.3 mg/dl | 0 - 0.25 mg/dl |
| INDIRECT BILIRUBIN | 0.6 mg/dl | 0 - 0.75 mg/dl |
| TOTAL PROTEIN | 5.0 g/dl | 6 - 8.5 g/dl |
| SERUM ALBUMIN | 4.9 g/dl | 3.5 - 5.2 g/dl |
| SERUM GLOBULIN | 0.1 g/dL | 2.3 - 3.5 g/dL |
| A/G RATIO | 49 | 1 - 1.5 |
| ASPARATE AMINOTRANSFERASE (SGOT/AST) | 16 U/L | up to 40 U/L |
| ALANINE AMINOTRANSFERASE (SGPT/ALT) | 21 U/L | up to 40 U/L |
| ALKALINE PHOSPHATASE | 49 IU/L | 25 - 147 IU/L |
| POST PRANDIAL BLOOD SUGAR | 89 mg/dl | 70 - 140 mg/dl |
| RENAL FUNCTION TEST (RFT) | | |
| BLOOD UREA | 29 mg/dL | 11 - 45 mg/dL |
| SERUM URIC ACID | 4.3 mg/dL | 3.2 - 6.4 mg/dL |
| SERUM CREATININE | 0.7 mg/dL | 0.6 - 1.4 mg/dL |
| | | |

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|--|--------------|---|
| TEST PARAMETER | RESULT | REFERENCE RANGE |
| THYROID PROFILE (T3, T4, TSH) | | |
| TOTAL TRIIODOTHYRONINE (T3) | 0.96 ng/mL | 0.60-1.81 1st Trimester :0.71 - 1.75 2nd Trimester :0.91 - 1.95 3rd Trimester :1.04 - 1.82 |
| TOTAL THYROXINE (T4) | 7.10 μg/dL | 4.5-10.9 1st Trimester :6.5 - 10.1 2nd Trimester :7.5 - 10.03 3rd Trimester :6.3 - 9.7 |
| THYROID STIMULATING HORMONE (TSH) | 2.474 μIU/mI | 0.35-5.5 1st Trimester :0.1 - 2.5 2nd Trimester :0.2 - 3.0 3rd Trimester :0.3 - 3.0 |

Note:

1.TSH levels are subject to circadian variation, reaching peak levels between 2 - 4 a.m. and at a minimum between 6-10 p.m. The variation is of the order of 50% hence time of the day has influence on the measured serum TSH concentrations.

2.Recommended test for T3 and T4 is unbound fraction or free levels as it is metabolically active.

3.Physiological rise in Total T3 / T4 levels is seen in pregnancy and in patients on steroid therapy.

Clinical Use:

Primary Hypothyroidism, Hyperthyroidism, Hypothalamic – Pituitary hypothyroidism, Inappropriate TSH secretion, Non thyroidal illness, Autoimmune thyroid disease, Pregnancy ,associated thyroid disorders, Thyroid dysfunction in infancy and early childhood

STOOL ANALYSIS

| PHYSICAL EXAMINATION | |
|-------------------------|------------|
| CONSISTANCY | SEMI SOLID |
| COLOUR | BROWNISH |
| MUCUS | ABSENT |
| REDUCING SUGAR | ABSENT |
| MICROSCOPIC EXAMINATION | |
| OVA | NIL |
| CYST | NIL |
| PUS CELLS | 1-2 /hpf |
| RBC | NII |





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| TEST PARAMETER | RESULT | REFERENCE RANGE |
| COMPLETE URINE ANALYSIS | | |
| PHYSICAL CHARACTERS | | |
| COLOUR | PALE YELLOW | PALE YELLOW |
| APPEARANCE | CLEAR | CLEAR |
| SPECIFIC GRAVITY | 1.015 | 1.005-1.030 |
| рН | 5.0 | 4.5-7.0 |
| CHEMICAL CONSTITUENTS | | |
| ALBUMIN | PRESENT (+) | ABSENT |
| SUGAR | NIL | ABSENT |
| BILE SALTS | ABSENT | ABSENT |
| BILE PIGMENTS | ABSENT | ABSENT |
| KETONE BODIES | ABSENT | ABSENT |
| MICROSCOPY | | |
| PUS CELLS | 3 - 4 /hpf | 4-6 |
| R.B.C | NIL | 0-4 |
| EPITHELIAL CELLS | 1 - 2 /hpf | 0-2 |
| CASTS | ABSENT | ABSENT |
| CRYSTALS | ABSENT | ABSENT |
| FASTING URINE SUGAR | NIL | NIL |
| POST PRANDIAL URINE SUGAR (PPUS) | NIL | NIL |
| | | |

Dispatched by: Somashekhara h c

**** End of Report ****

Printed by: Somashekhara h c on 30-01-2023 at 10:58 AM

Dr. Sowmya T.M DNB ,PDF Consultant Pathologist

Lab Technician

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Mediclu Diagnostics & Speciality Centre

 Patient Details
 Date:
 28-Jan-23
 Time:
 13:29:46

 Name: MRS YAMUNA
 ID:
 258741537
 Height:
 158 cms
 Weight:
 600 Kgs

Interpretation

- Target heart rate achieved 81%.
- Average effort tolerance, Normal HR & BP response.
- No significant ST-T changes during exercise and recovery.
- No angina / Arrhythmias.

IMPRESSION

Ref Doctor MEDIWHEEL

Summary Report edited by user)

TMT NEGATIVE FOR INDUCIBLE ISCHEMIA.

To correlate clinically.

C) Schiller Healthcare India Pvt Ltd. V 4.51

BPL-DYNATRAC

Mediclu Diagnostics & Speciality Centre

| Patient Details | Date: 28-Jan-23 | Time: 13:29:46 | |
|-------------------|-----------------|-----------------|-----------------|
| Name: MRS YAMUNA | D: 258741537 | | |
| Age: 30 y | Sex: F | Height: 158 cms | Weight: 600 Kgs |
| Clinical History: | | | , |
| | | | |

Medications:

Test Details

| Protocol: Bruce | Pr.MHR: 190 bpm | THR: 171 (90 % of Pr.MHR) bpm |
|----------------------------|----------------------------------|-------------------------------|
| Total Exec. Time: 6 m 1 s | Max. HR: 154 (81% of Pr.MHR)bpm | Max. Mets: 10.20 |
| Max. BP: 144 / 99 mmHg | Max. BP x HR: 22176 mmHg/min | Min. BP x HR: 7920 mmHg/min |
| Test Termination Criteria: | | |

Protocol Details

| Stage Name | Stage Time (min : sec) | Mets | Speed (mph) | Grade (%) | Heart Rate | Max. BP (mm/Hg) | Max. ST Level | Max. ST Slope |
|------------------|---------------------------|------|----------------|--------------|---------------|--------------------|------------------|------------------|
| | | | | ()~) | (bpm) | (| (mm) | (mV/s) |
| Supine | 0:14 | 1.0 | 0 | 0 | 81 | 144 / 99 | -0.21 II | 0.35 1 |
| Standing | 0:14 | 1.0 | 0 | 0 | 80 | 144 / 99 | -0.42 V6 | 0.35 1 |
| Hyperventilation | 0:6 | 1.0 | 0 | 0 | 92 | 144 / 99 | -0.42 | 0.35 1 |
| 1 | 3:0 | 4.6 | 1.7 | 10 | 121 | 144 / 99 | -3.82 | 3.18 |
| 2 | 3:0 | 7.0 | 2.5 | 12 | 154 | 144 / 99 | -5.73 II | -5.66 111 |
| Peak Ex | 0 1 | 10.2 | 3.4 | 14 | 154 | 144 / 99 | -5.31 II | -3.54 111 |
| Recovery(1) | 1:0 | 1.8 | 1 | 0 | 115 | 144 / 99 | -5.31 II | -4.60 aVR |
| Recovery(2) | 1:0 | 1.0 | 0 | 0 | 107 | 144 / 99 | -2.97 11 | 3.18 V3 |
| Recovery(3) | 1:0 | 1.0 | 0 | 0 | 97 | 144 / 99 | -1.27 aVF | 1.77 V3 |
| Recovery(4) | 1:0 | 1.0 | 0 | 0 | 100 | 144 / 99 | -1.27 | 1.77 V3 |
| Recovery(5) | 1:0 | 1.0 | 0 | 0 | 102 | 144 / 99 | -2.12 | -1.06 |
| Recovery(6) | 0:15 | 1.0 | 0 | 0 | 98 | 144 / 99 | -1.06 | 1.06 |

| HR x Stage | | BP | x Stage | | Mets x Stage | |
|---------------------------|-----|-----------|-------------------------------|---------|---------------------------|------|
| 200 | 300 | | | 30 | | |
| 180 | 270 | | | 27 | | |
| 160 | 240 | | | 24 | | |
| 140 | 210 | | | 21 | | |
| 120 | 180 | | | 18 | | |
| 100 | 150 | | • • • • • • • • • • • • • • • | 15 | | |
| 80 | 120 | | | 12 | | |
| 60 | 90 | | | 9 | | |
| 40 | 60 | | | 6 | | |
| 20 | 30 | | | 3 | • | |
| SuSt HyPr 1 2 PeReReReReF | le | SuSt HyPr | 1 2 PeReReR | eReReRe | SuSt HyPr 1 2 PeReReReReF | ReRe |
| | | | | | L-DYNATRAC | |



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| NAME: | Mrs. YAMUNA | DATE: | 28-01-2023 |
|---------|-------------|--------------|---------------------|
| AGE: | 30 YEARS | ID. NO: | 200879 |
| GENDER: | FEMALE | REFERRED BY: | OLYMPUS DIAGNOSTICS |

X-RAY REPORT- CHEST (PA VIEW)

OBSERVATIONS:

The lung fields are clear bilaterally.

CP angles are clear.

Both the hila appear normal.

Cardiac diameter is within normal limits.

Trachea is midline.

Visible bony thoracic cage is normal.

Adjacent soft tissues appear normal.

IMPRESSION:

> No significant abnormality in the visualized lung fields.

Dr. MOHAN S. MDRD Consultant radiologist

No. 79, Kendra Upadyayara Sangha Layout, Nagarbhavi Circle, Nagarbhavi, Bengaluru - 560 072 Enquiry: +91 99867 33 333, Appointments : +91 98863 55 135, Reports: +91 74063 11 116 For Home Sample Collections Contact: +91 99867 333 33 Email: info@mediclu.com Website: www.mediclu.com (A Unit of Vijayalakshmi Diagnostics Pvt. Ltd.) Diagnostics & Speciality Centre

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USG REPORT - ABDOMEN AND PELVIS

OBSERVATION:

LIVER:

Liver is normal in size (14.9 cm) and shows homogenous echotexture. No obvious focal lesion is seen. Intrahepatic biliary radicles not dilated. Hepatic & portal veins are normal. CBD is normal.

GALL BLADDER:

Normal in distension. Lumen echo free. Wall thickness is normal.

PANCREAS:

Head and body visualized and appears normal. No obvious focal lesion is seen. Pancreatic duct not dilated. Tail not visualized.

SPLEEN:

Normal in size (10.1cm) with normal echotexture. No focal lesion is seen.

RIGHT KIDNEY:

Right kidney measures $9.9 \ge 1.2 \text{ cm}$ (length $\ge 1.2 \text{ parenchymal thickness}$) with normal echo pattern and cortical thickness.

The shape, size and contour of the right kidney appear normal. Cortical medullary differentiation is maintained. No evidence of pelvicalyceal dilatation. No sonologically detectable calculi seen.

LEFT KIDNEY:

Left kidney measures $10.5 \ge 1.3 \text{ cm}$ (length $\ge 1.3 \text{ parenchymal thickness}$) with normal echo pattern and cortical thickness.

The shape, size and contour of the left kidney appear normal. Cortical medullary differentiation is maintained. No evidence of pelvicalyceal dilatation. No sonologically detectable calculi seen.

URINARY BLADDER:

Is normal in contour. No intraluminal echoes are seen. No calculus or diverticulum is seen.

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USG REPORT - ABDOMEN AND PELVIS

UTERUS:

Anteverted, normal in size measures $9.7 \times 4.4 \times 5.3$ cm with multiple hypoechoic foci noted in the myometrium-Likely calcifications.

Hypoechoic lesion noted in the endometrial cavity arising from anterior wall measuring $\sim 1.3 \times 0.8 \times 1.6$ cm. No obvious internal vascularity noted.

Few nabothian cysts noted, largest measuring $2.1 \ge 1.7$ cm in the posterior lip of cervix.

Endometrial thickness measures 11mm.

OVARIES:

Both ovaries are normal in size with normal echo pattern.

Right ovary measures 2.6 x 1.7 x 2.4 cm (Vol- 5.7 cc).

Left ovary measures 2.7 x 2.0 x 3.1 cm (Vol-9.5 cc).

No adnexal mass lesion seen.

No evidence of free fluid in the abdomen or pelvis.

IMPRESSION:

Hypoechoic lesion in the endometrial cavity arising from anterior wall as described-? Submucosal fibroid/ endometrial polyp (suggested transvaginal ultrasound/ MRI pelvis for further evaluation).

Note: All abnormalities cannot be detected by Ultrasound scan due to technical limitation, obesity and other factors. Scan findings to be correlated with old reports or other investigations.

Dr. MOHAN S. MDRD **Consultant radiologist**

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| | | rmed by doctor! | *The result must be confirmed by doctor! | | | |
| ÷. | Report Confirmed by: | mv 1,49 | RV5+SV1 | | | |
| | | | | | | |
| | | | P/QRS/1 AXES | BP(mmHg): 101/63 | Weight(Kg): | |
| | | ms 370/410 | ***** | Height(cm): | Age: <u>30</u> | |
| | | ms 103 | Q-N-3 | Gender: Female | Name: YAMUNA M V | |
| ×. | ** NORMAL ECG ** | | D 7 | | | |
| | 801 Sinus Rhythm | | 0 | | 5 | |
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