

MER- MEDICAL EXAMINATION REPORT

Date of Examination	14/8/23		
NAME	DEVESH kumar BAZPAR		
AGE	40	Gender	M
HEIGHT(cm)	163	WEIGHT (kg)	76 Bmi-28.6
B.P.	110/76		
ECG	normal		
X Ray	normal		
Vision Checkup			
Present Ailments	None		
Details of Past ailments (If Any)	No		
Comments / Advice : She /He is Physically Fit	meritury fit		



Dr. Shikha Rastogi
MBBS, DCP
RAC No. 37370

Shikha Rastogi

Signature with Stamp of Medical Examiner

भारत सरकार
Government of India



श्री. कुमार बाजपै
Devash Kumar Bajpai
जन्म तिथि/DOB: 08/07/1983
पुरुष / MALE



5361 9817 7029

मेरा आधार, मेरी पहचान



Devash K. Bajpai

भारत सरकार
Unique Identification Authority of India



पता:
श्री. अक्षय नारायण बाजपै, विभाग
20A/235, वृन्देवन चौक, लखनऊ,
लखनऊ,
उत्तर प्रदेश - 226029

Address:
C/O. Aditya Narayan Bajpai,
Sector 20A/235, Vrindavan
Chowk, Lucknow, Lucknow,
Uttar Pradesh - 226029

5361 9817 7029



To,

modern psychiatry & Diagnostic Centre
Gomti Nagar

Re: 3 Test not included in package provided.

- we have inform here about that 3 tests i.e. Eye, ENT,
& Diet is not available in this centre. as recommended
in my package of health package, and we have advised that
in 2D test replace by TMT.

Devendra K. Bhatt

14/08/2023





MODERN PATHOLOGY AND DIAGNOSTIC CENTER

Gomti Nagar Lucknow

DEVESH KUMAR BAJPAI / 40 Yrs / M / 163 Cms / 76 Kg

Date: 14 - 08 - 2023 Refd By : APOLLO HEALTH Examined By:

Stage	Time	Duration	Speed(Kmph)	Elevation	METs	Rate	% THR	BP	RPP	PVC	Comments
Supine	00:03	0:03	00.0	00.0	01.0	087	48 %	110/76	095	00	
Standing	00:08	0:05	00.0	00.0	01.0	087	48 %	110/76	095	00	
HV	00:12	0:04	00.0	00.0	01.0	086	48 %	110/76	094	00	
ExStart	01:04	0:52	00.0	00.0	01.0	085	47 %	110/76	093	00	
BRUCE Stage 1	04:04	3:00	02.7	10.0	04.7	141	78 %	126/82	177	00	
BRUCE Stage 2	07:04	3:00	04.0	12.0	07.1	157	87 %	130/86	204	00	
PeakEx	07:32	0:28	05.5	14.0	07.6	169	94 %	136/90	229	00	
Recovery	08:32	1:00	00.0	00.0	01.2	144	80 %	132/86	190	00	
Recovery	09:32	2:00	00.0	00.0	01.0	112	62 %	130/84	145	00	
Recovery	10:32	3:00	00.0	00.0	01.0	106	59 %	126/80	133	00	
Recovery	11:32	4:00	00.0	00.0	01.0	102	57 %	126/80	128	00	
Recovery	11:32	4:00	00.0	00.0	01.0	102	57 %	126/80	128	00	

FINDINGS :

Exercise Time : 06:28
 Max HR Attained : 169 bpm 94% of Target 180
 Max BP Attained : 136/90 (mm/Hg)
 Max WorkLoad Attained : 7.6 Fair response to induced stress
 Test End Reasons : Test Complete

REPORT :

CONCLUSIONS:

1. STRESS TEST IS NEGATIVE FOR EXERCISE INDUCED ISCHAEMIC HEART DISEASE.

(Signature)
 Lt. Col. Anil Kumar
 MID
 Rep. No. 44559

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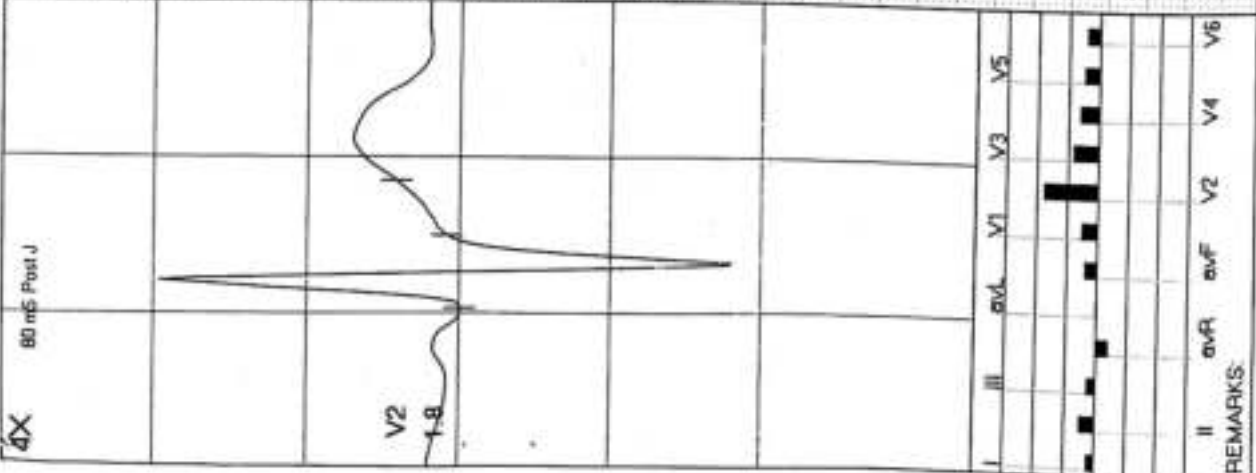
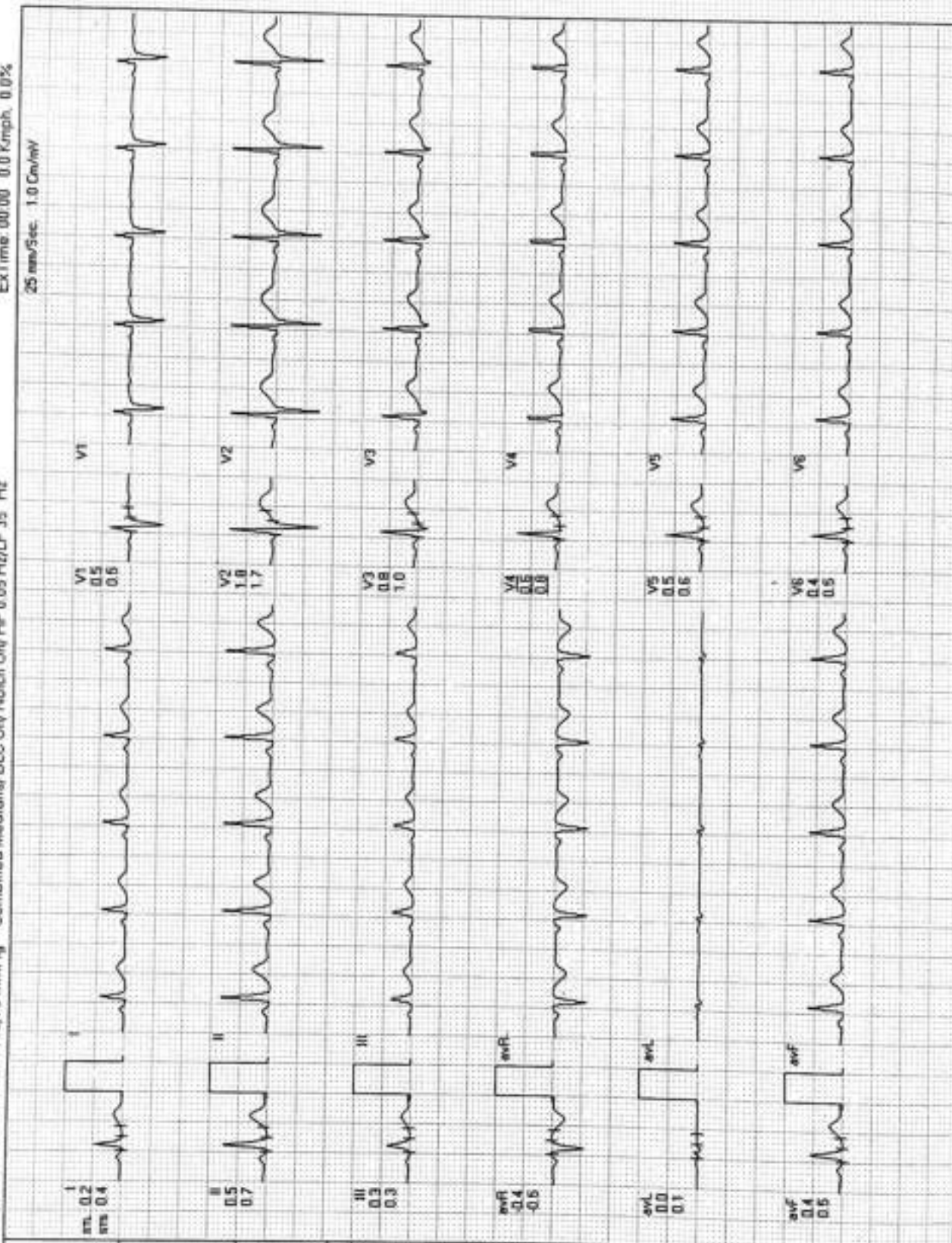
DEVESH KUMAR BAJPAI / 40 Yrs / M / 163 Cms / 76 Kg / HR : 87

BRUCE:Supine(0:06)



Date: 14-08-2023 METS: 1.0/87 bpm 48% of Th-R BP: 110/76 mmHg Combined Medians/BLC On/ HF 0.05 Hz/LF 35 Hz

ExTime: 00:00 0.0 Km/ph. 0.0%
25 mm/Sec. 1.0 Cm/mV



REMARKS:

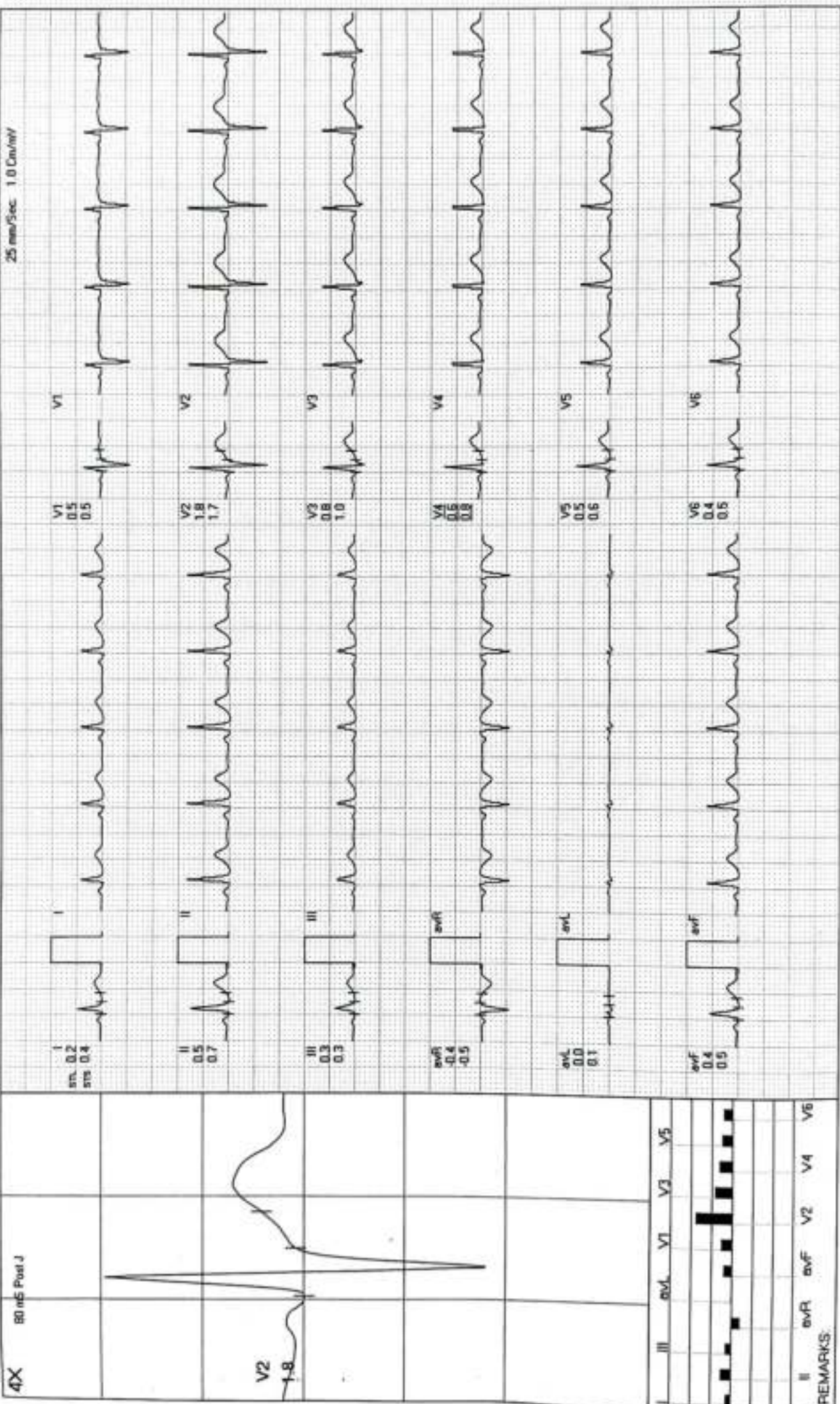
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DEVESH KUMAR BAUFAL / 40 Yrs / M / 163 Cms / 76 Kg / HR : 87

BRUCE: Standing(0:05)



Date: 14-08-2023 METS: 1.0/87 bpm 48% of THR BP: 110/76 mmHg Combined Medians/BLC On/Notch On/HF 0.05 Hz/ALF 35 Hz ExTime: 00:00 0.0 Kmph, 0.0%



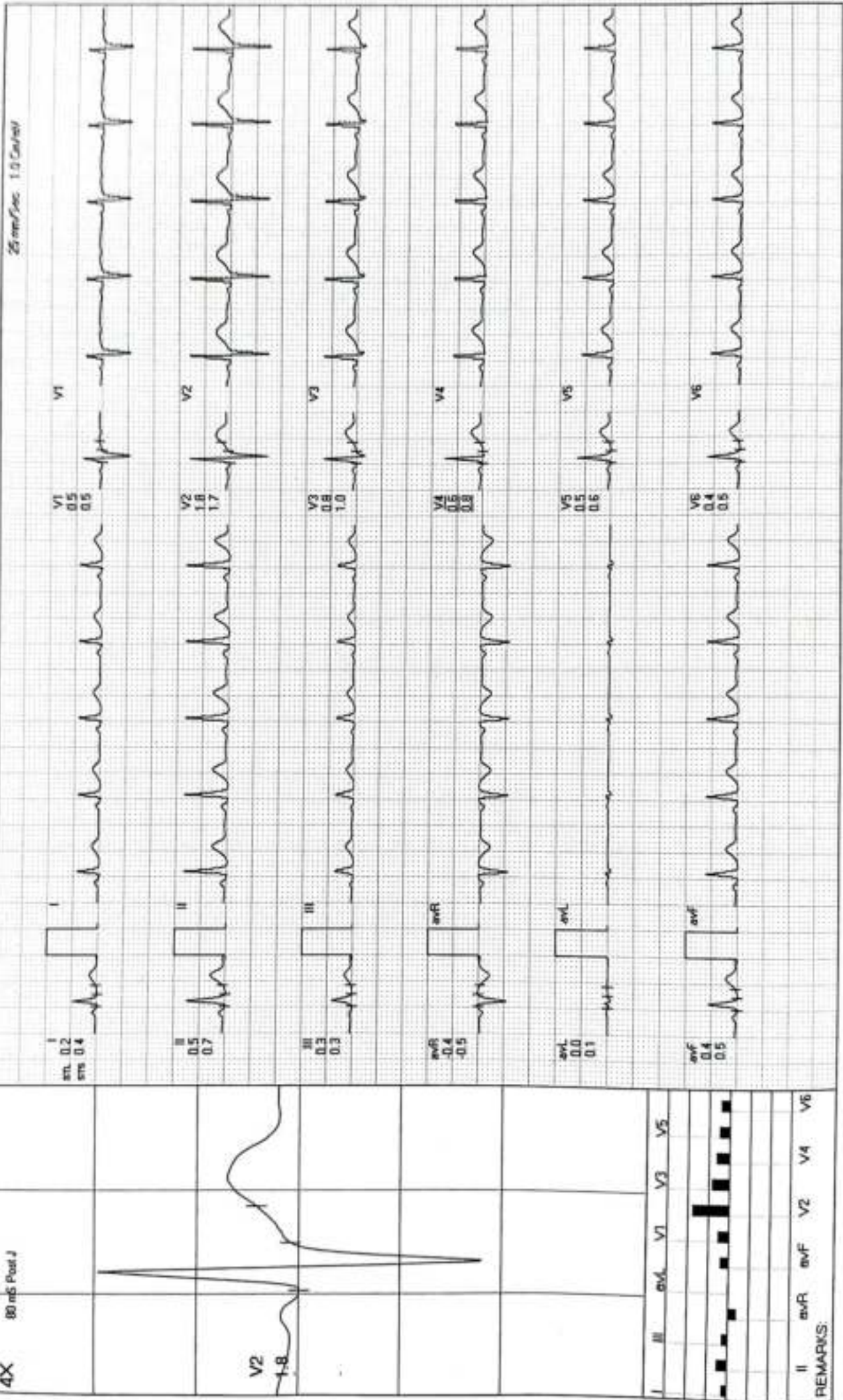
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DEVESH KUMAR BAUPAI / 40 Yrs / M / 163 Cms / 76 Kg / HR . 86

BRUCE:HV(0:06)



DESI: 14-08-2023 METS: 1.0/ 86 bpm 48% of TH-R BP: 110/76 mmHg Combined Medians/BLC/Day/Notch On/HF 0.05 Hz/LF 35 Hz ExTime: 00:00 0.5 Kmph. 0.0%



REMARKS:

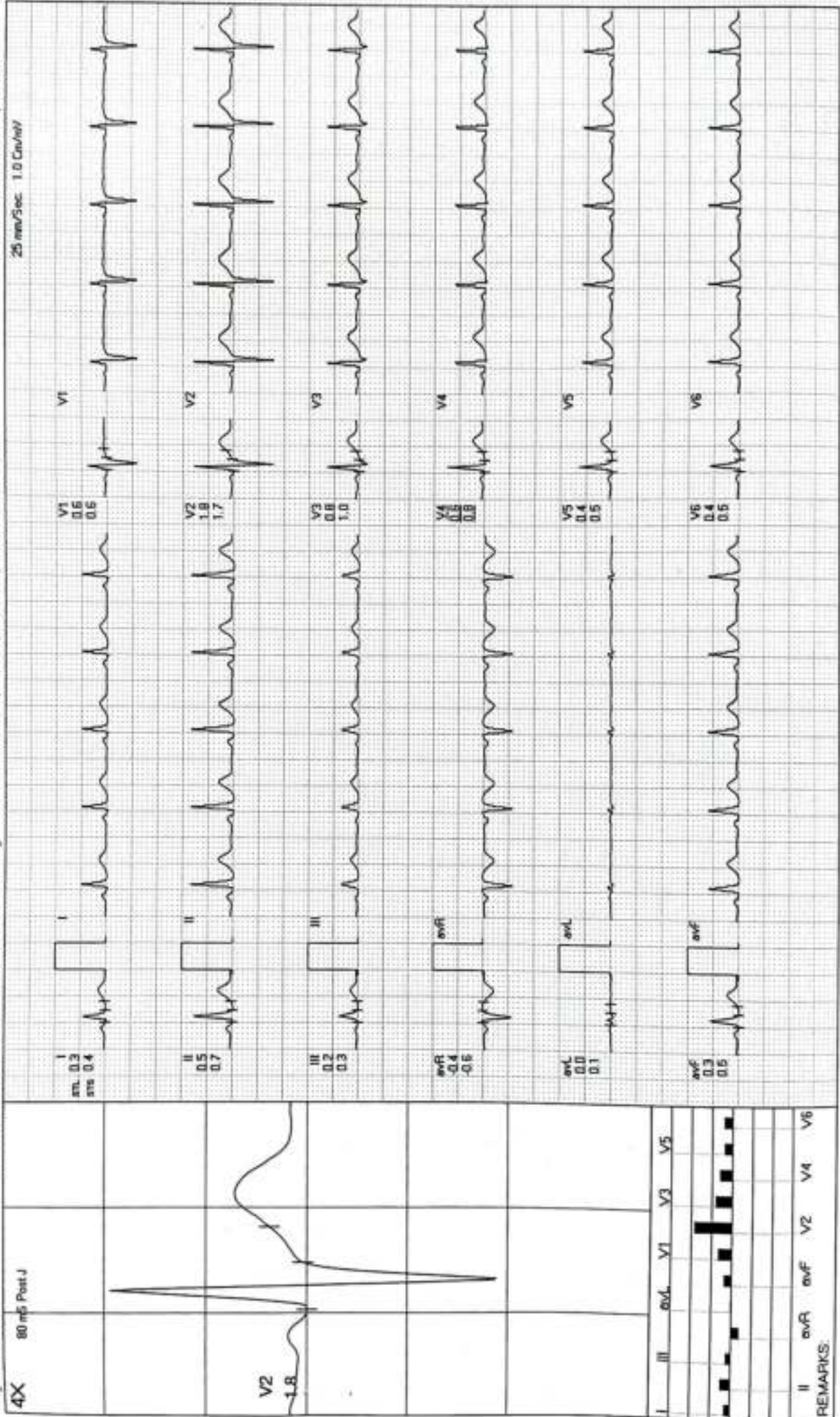
MODERN PATHOLOGY AND DIAGNOSTIC CENTER

DEVESH KUMAR BAJPAL / 40 Yrs / M / 163 Cms / 76 Kg / HR : 85

ExStart



Delg: 14-08-2023 METS: 1.0/85 bpm 47% of TH-R BP: 110/76 mmHg Combined Medians/BLC Ov/ Natch Ov/ HF 0.05 Hz/LF 35 Hz ExTime: 00:00 0.0 Kmph. 0.0%



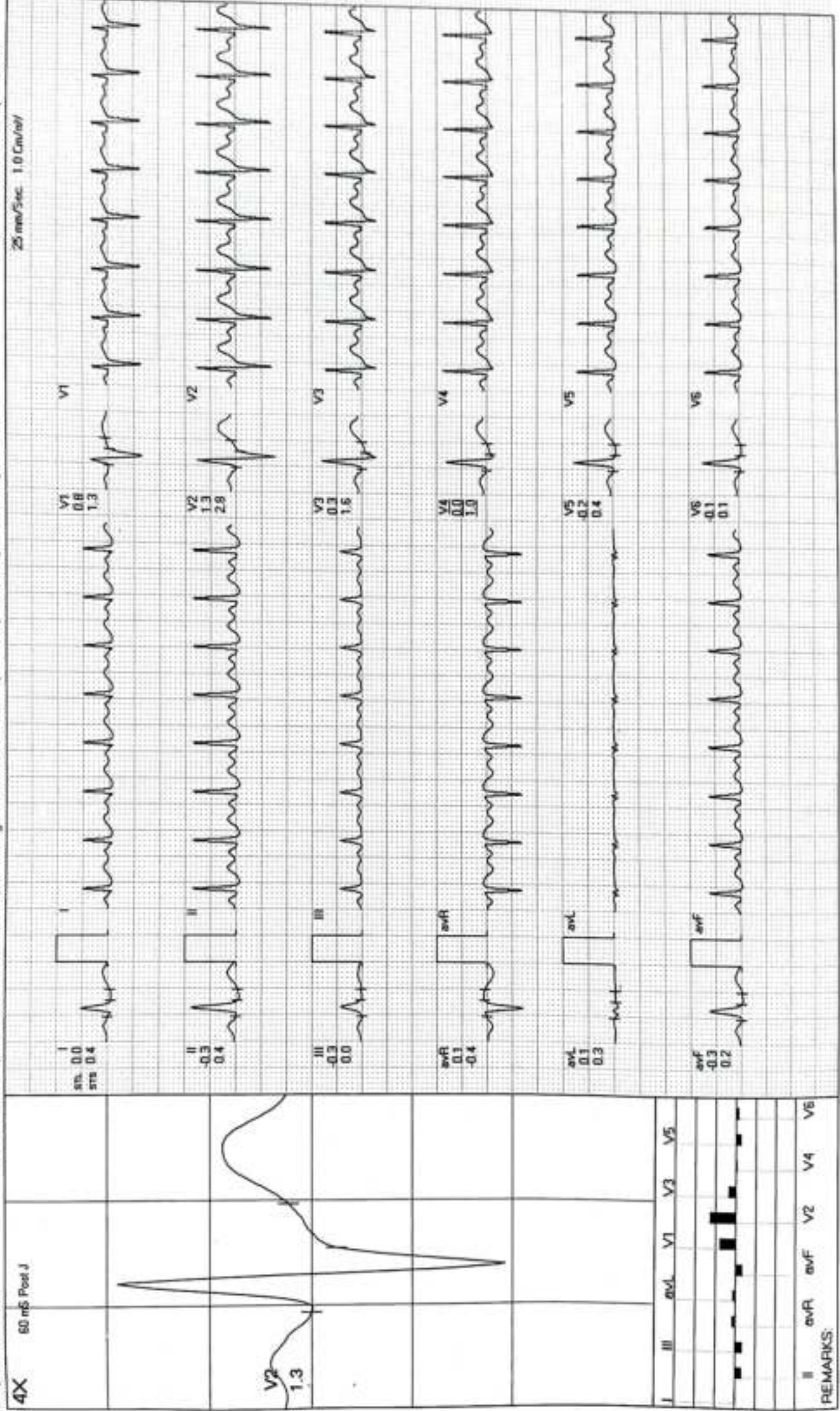


Date: 14-08-2023

METS: 4.7/141 bpm 78% of THR BP: 126/82 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 03:00 2.7 Kmph 10.0%

4X 60 mS Post J



REMARKS:

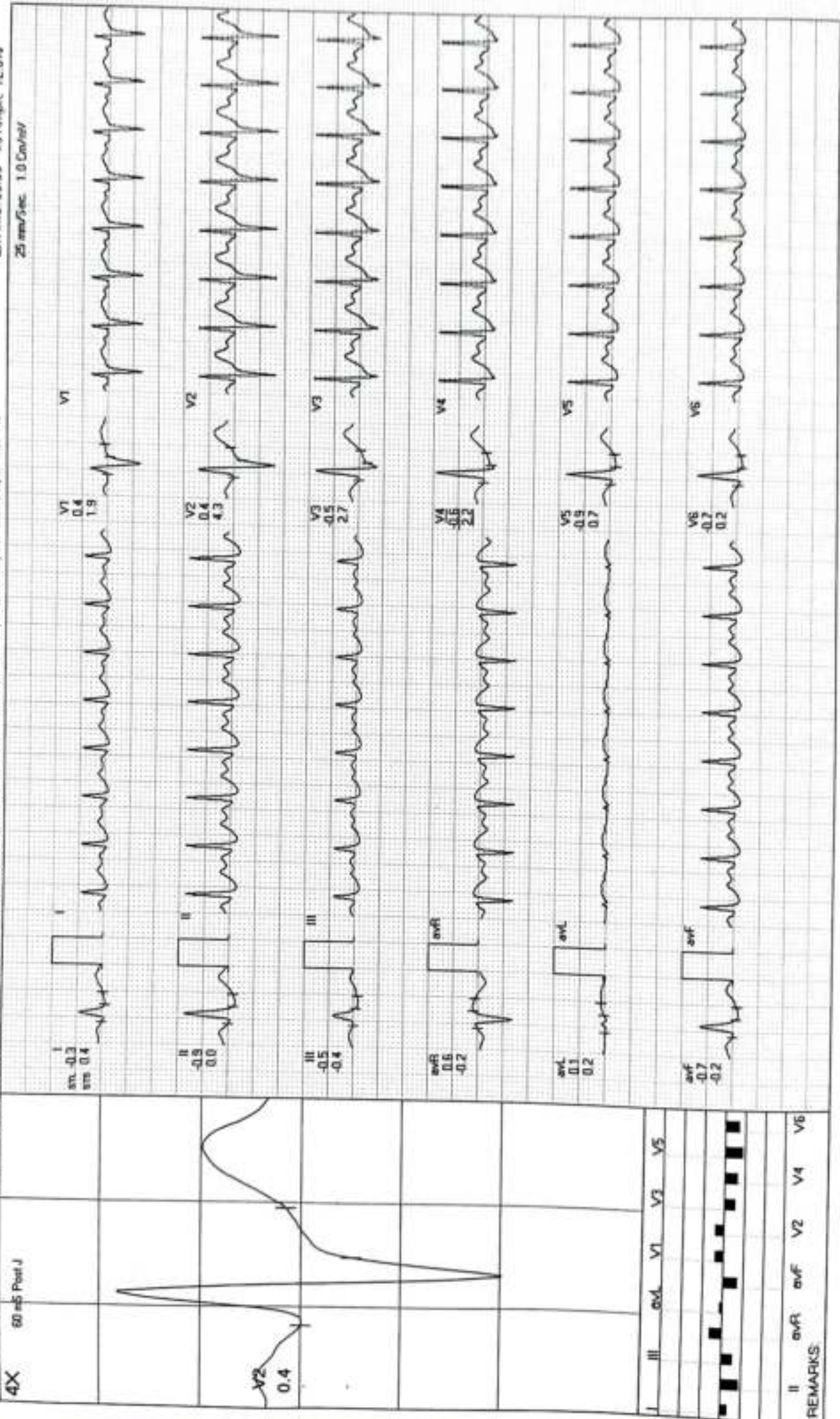
MODERN PATHOLOGY AND DIAGNOSTIC CENTER

DEVESH KUMAR BAJPAI / 40 Yrs / M / 163 Cms / 76 Kg / HR : 157

BRUCE: Stage 2(3:00)



Date: 14-06-2023 METS: 7.1/157 bpm 87% of THR BP: 130/86 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz ExTime: 06:00 4.0 Km/pt. 12.0%



REMARKS



PeakEx

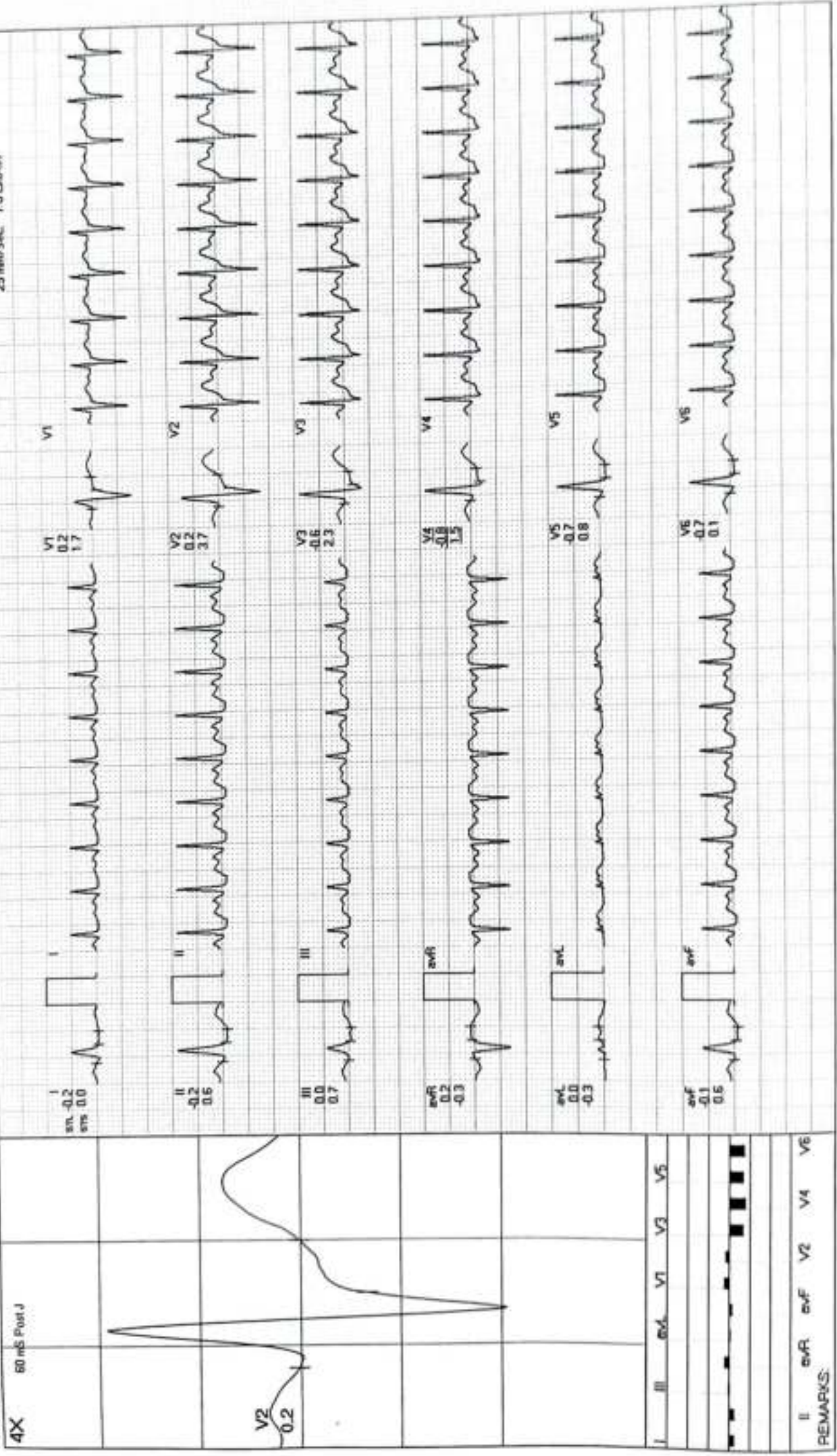
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DEVESH KUMAR BAJPAL / 40 Yrs / M / 163 Cms / 76 Kg / HR : 169

ExTime 06:28 5.5 Km/ph 14.0%

25 mm/Sec 1.0 Cm/mV

Date: 14-06-2023 METS: 7.6/169 bpm 94% of THR BP: 136/90 mmHg Combined Meds: BLC On/ Notch On/ HF 0.05 Hz/ LF 35 Hz



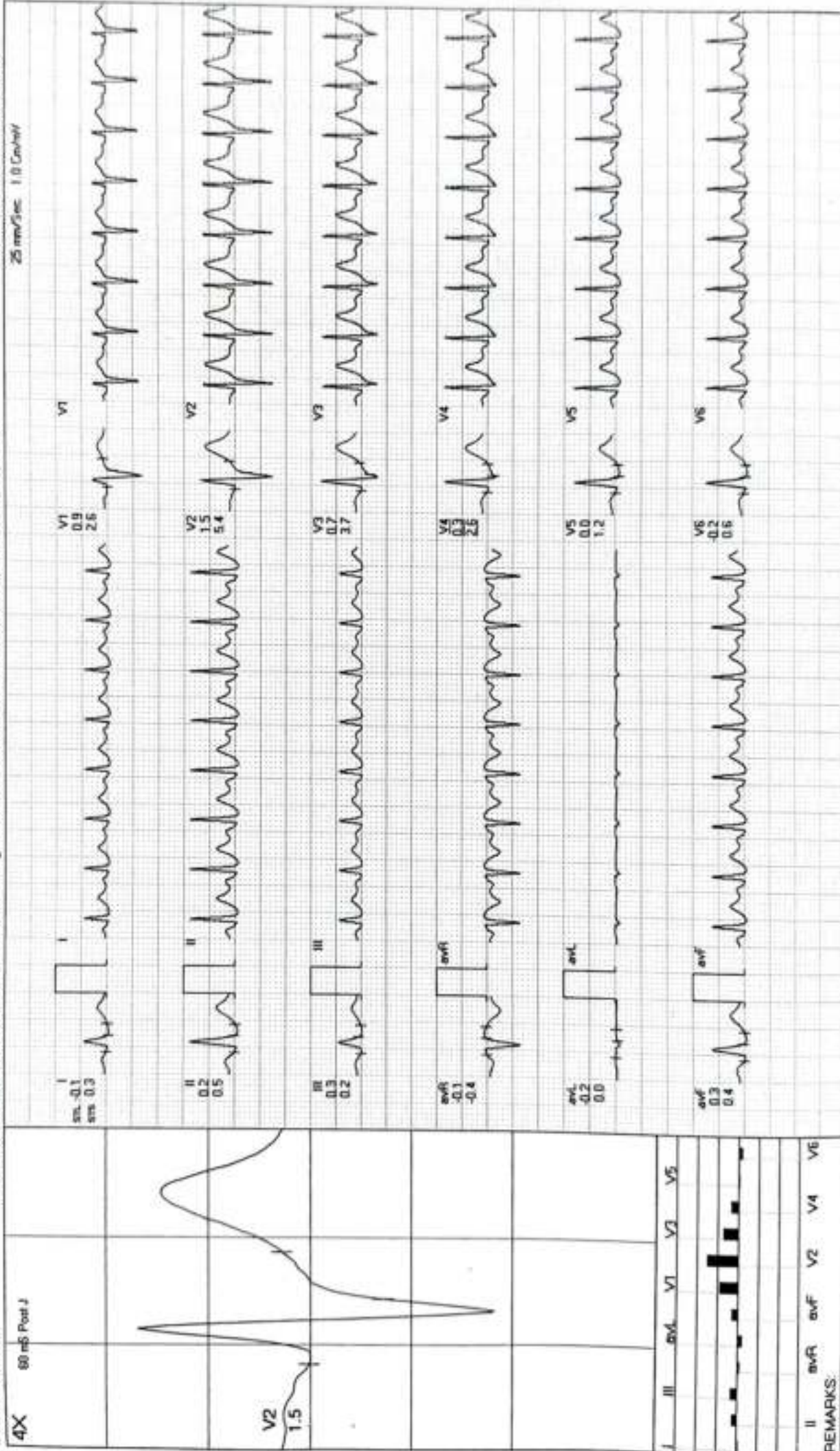
MODERN PATHOLOGY AND DIAGNOSTIC CENTER

DEVESH KUMAR BAJPAL / 40 Yrs / M / 163 Cms / 76 Kg / HR : 144

Recovery(1:00)



Date: 14-08-2023 METS: 1.2/144 bpm 80% of THR BP: 132/86 mmHg Combined Medians/ BLC On/ HF 0.05 Hz/ LF 35 Hz ExtTime: 06:28 0.0 f/mph, 0.0%





Recovery(2:00)

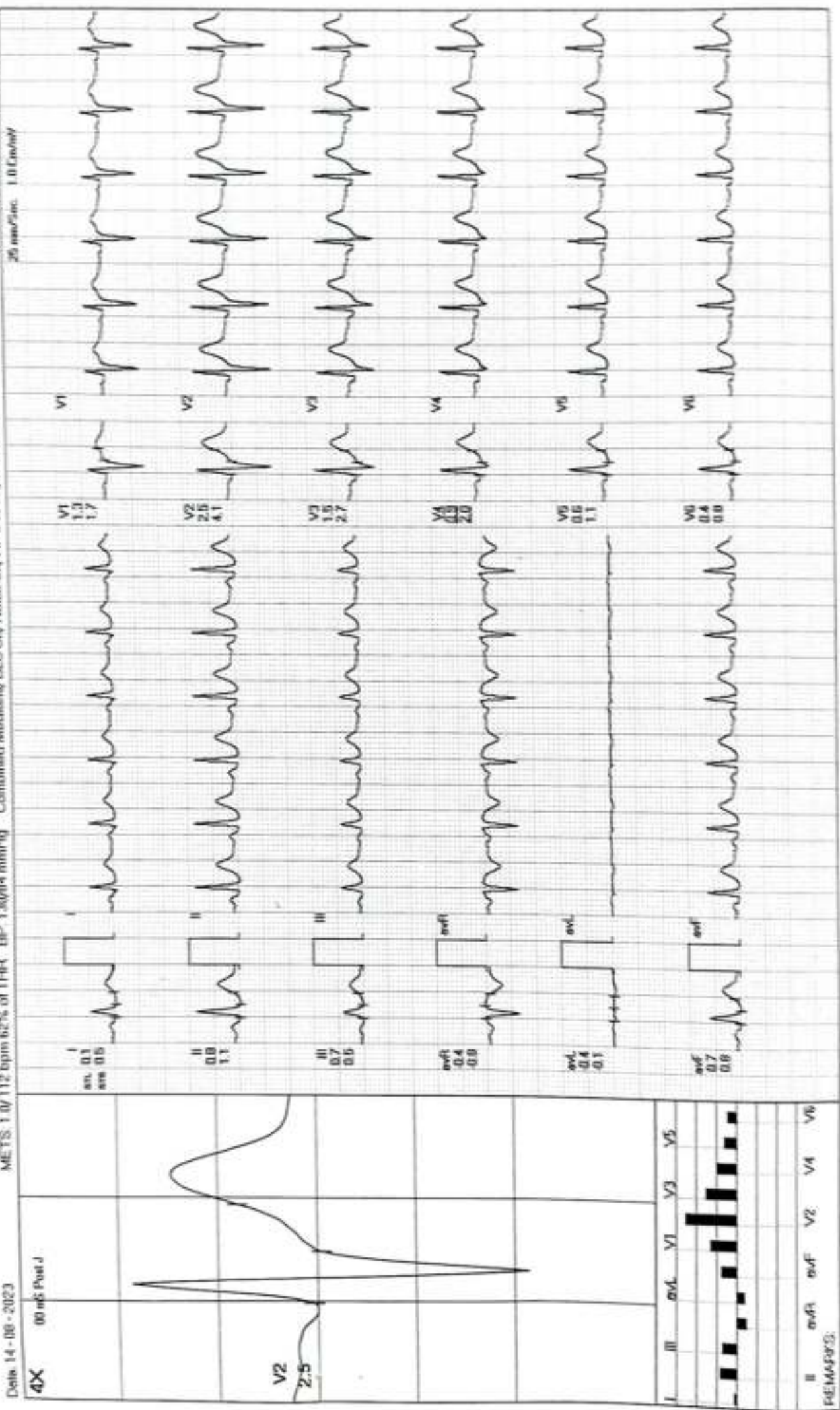
MODERN PATHOLOGY AND DIAGNOSTIC CENTER

DEVESH KUMAR BAJPAL / 40 Yrs / M / 163 Cms / 76 Kg / HR : 112

ExTime 06:28 0.0 Kmph 0.0%

25 mm/Sec 1.0 Cm/Div

METS: 1.0 / 112 bpm 62% of THR BP: 130/84 mmHg Combined Medicines/DLC On/Notch On/HF 0.05 Hz/AF 35 Hz



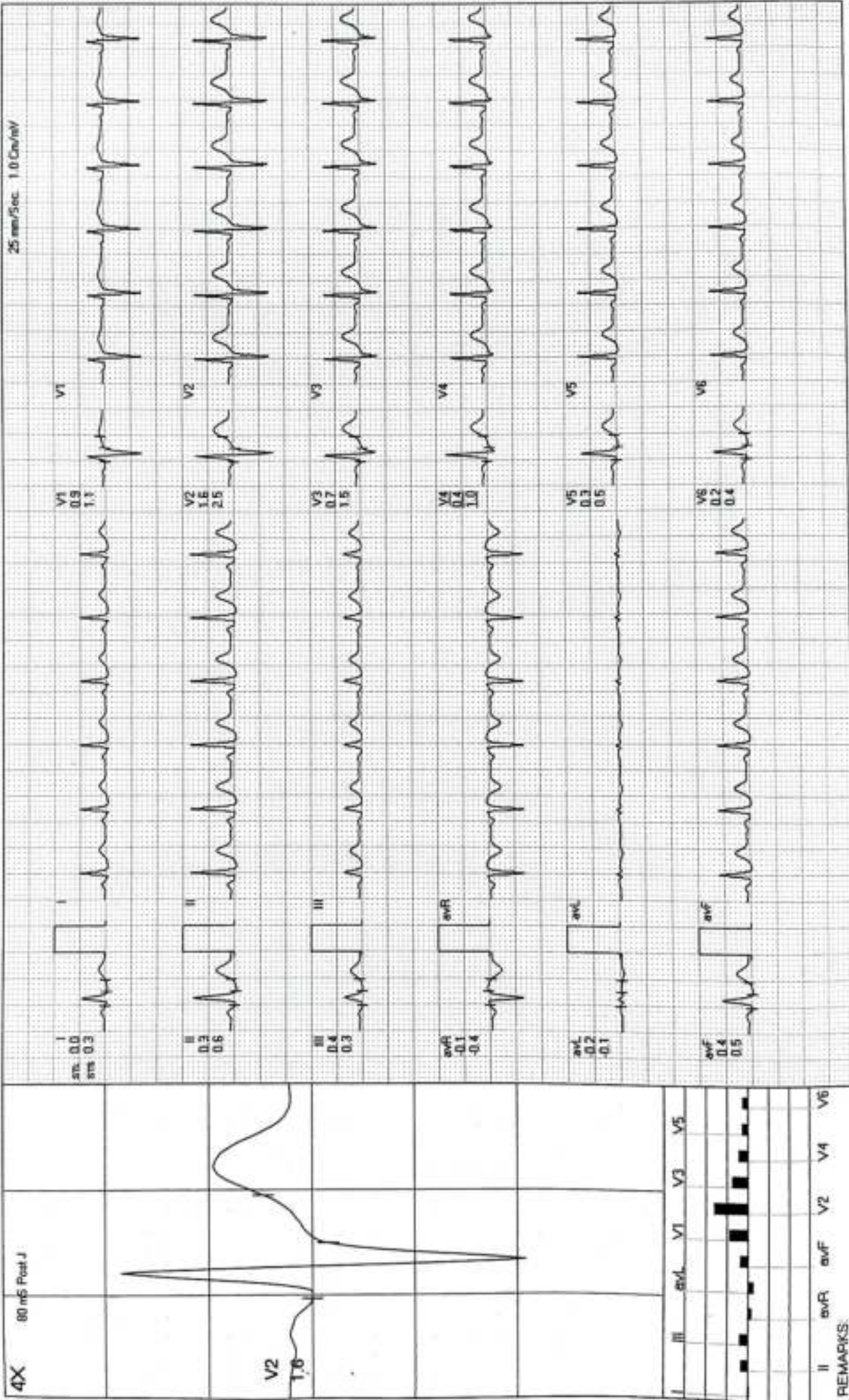
REMARKS:



Date: 14-08-2023

METS: 1.0/ 106 bpm 59% of THR BP: 126/80 mmHg Combined Medians/ BLC: On/ Notch On/ HF: 0.05 Hz/ F: 35 Hz

ExTime: 06:28 0.0 Kmph 0.0%

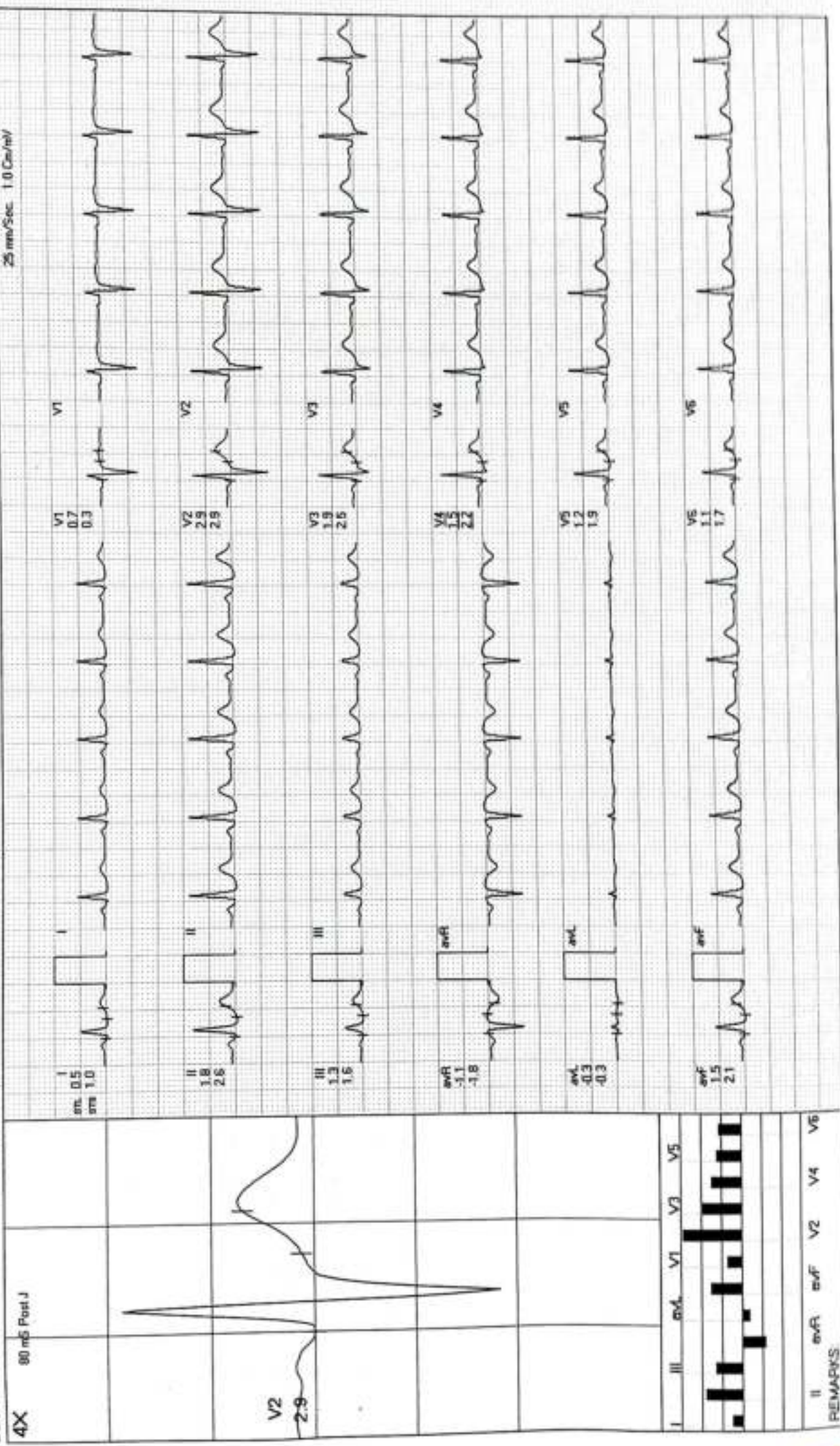




Recovery(4:00)

MODERN PATHOLOGY AND DIAGNOSTIC CENTER
DEVESH KUMAR BAJPAI / 40 Yrs / M / 163 Cms / 76 Kg / HR : 102

Date: 14-08-2023 METS: 1.0/102 bpm 57% of THR BP: 126/80 mmHg Combined Medians/BLC On/Notch On/HF 0.05 Hz/LF 35 Hz ExTime 06:28 0.0 Kmph 0.0%



MODERN PATHOLOGY AND DIAGNOSTIC CENTER

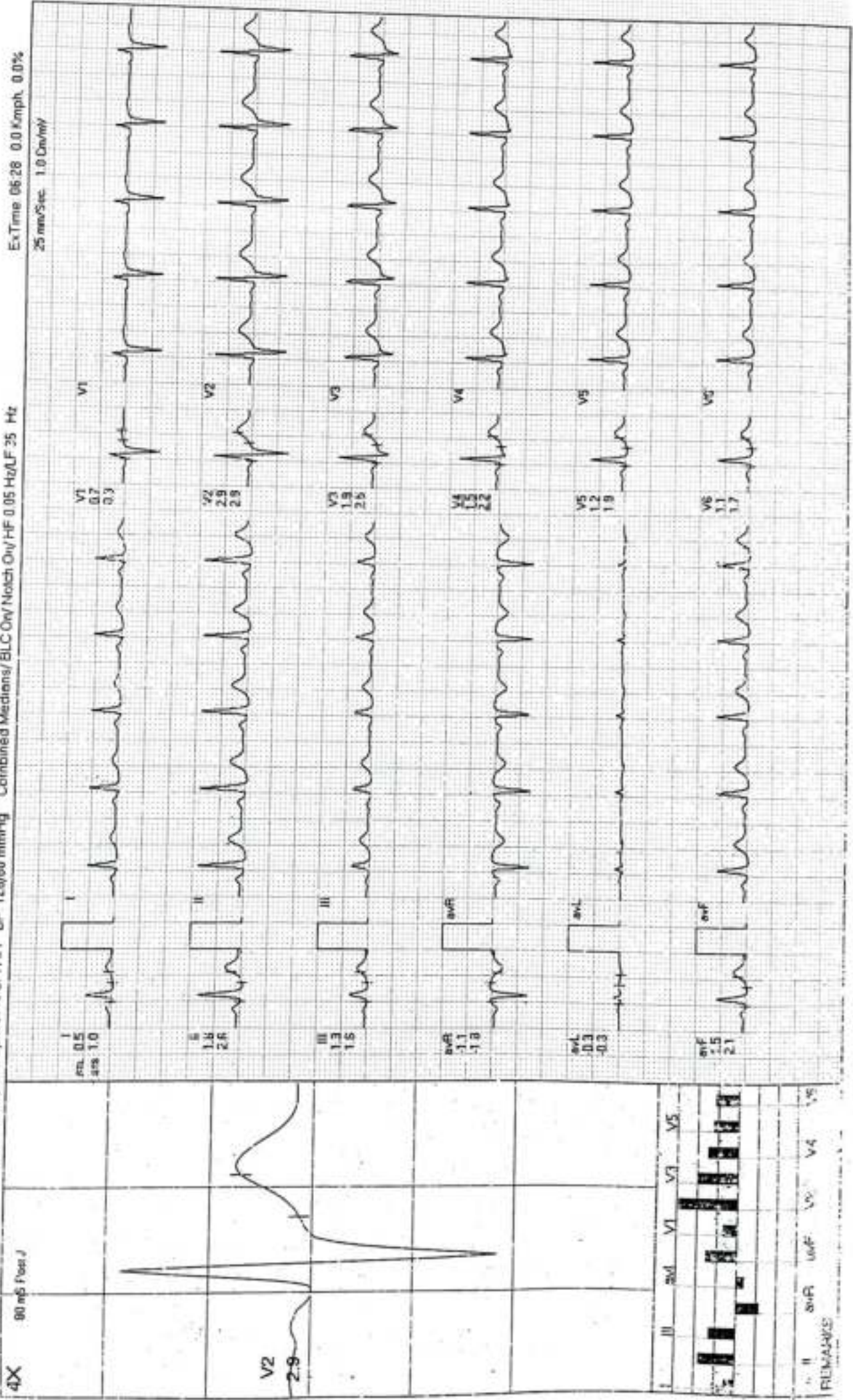
DEVEESH KUMAR BAJPAI / 40 Yrs / M / 163 Cms / 76 Kg / HR : 102

Recovery(4:00)



Date: 14-09-2023

METS: 1.0 / 102 bpm 57% of THR BP: 125/80 mmHg Combined Medians/ELC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



Ex Time 06:28 0.0 Kmph 0.0%

25 mm/Sec 1.0 Div/cm

4X

90 m/s / sec /

V2
2.9



REMARKS



MODERN PATHOLOGY & DIAGNOSTIC CENTRE

DIAGNOSTIC CENTRE

Dr. R. P. Rastogi
M.B.B.S., M.D. (Path & Bact)

CLINIC :

1/4A, Vineet Khand, (Opp Jaipuria Management)
Gomb Nagar, Lucknow - 226 010
Ph.: 0522-4008184, 4308184 • 8112323230
Mob.: 7618884441, 9450389932, 817706387



TEST REQUEST ID :012308140023	SAMPLE DATE	:14/Aug/2023 09:19AM
NAME :Mr. DEVESH KUMAR BAJPAI	SAMPLE REC. DATE	:14/Aug/2023 09:19AM
AGE/SEX :40 YRS/MALE	REPORTED DATE	:14/Aug/2023 12:04PM
REFERRED BY : Apollo Health and Lifestyle Limited,	BARCODE NO	:01140023

USG WHOLE ABDOMEN-MALE

Liver: is mildly enlarged in size (153 mm). Parenchymal echogenicity is normal. No focal echovariant lesion is seen. Intrahepatic biliary radicles are not dilated.

Gall Bladder: is well distended. Lumen is anechoic. Wall is of normal thickness.

CBD: is normal in diameter. Portal vein is normal in diameter.

Pancreas: is normal in size, shape and echotexture. No focal echovariant lesion is seen. Pancreatic duct is not dilated.

Spleen: is normal in size (104 mm), shape and echotexture. No focal echovariant lesion is seen. Splenic vein is normal.

Both Kidneys: are normal in size (RK-95 x 43 mm & LK -102 x 52 mm), shape, position and excursion. Parenchymal echogenicity and echotexture is normal with maintained corticomedullary differentiation. No mass, cyst or calculi is seen. Pelvicalyceal systems are not dilated. Ureters are not dilated.

Urinary bladder: is well distended. Lumen is anechoic. Wall is of normal thickness. No mass or calculus is seen.


Prostate: is normal in size (30 x 24 x 31 mms, wt = 12.2 gms), shape and echotexture. No focal echovariant lesion is seen. Prostatic capsule appears to be intact. Median lobe is not projecting in UB lumen. Both seminal vesicles appear normal.

Both iliac fossae are clear. No obvious bowel pathology is noted.
There is no free fluid in peritoneal cavity.

OPINION: MILD HEPATOMEGALY.

*** End Of Report ***

Dr. Sanjay Rastogi
M.B.B.S., DCP, CRIAT (BARC)


DR. PANKAJ UPADHYAYA
Consultant Radiologist

Dr. Smita Rastogi
M.B.B.S., DCP

Printed Report, adhering to W.H.O. and International Federation of Clinical Chemists Quality Control Standards.

SAMPLE COLLECTION FACILITY AVAILABLE

Report needs clinicopathological correlation ♦ Not for Medico Legal Purpose

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Gomti Nagar, Lucknow - 226 010
Ph.: 0522-4008184, 4308184 • 8112323230
Mob.: 7618884441, 9450389932, 8177063877

Patient name: Mr Devesh Kumar Bajpai
Ref By. : Icici Prudential Life Ins

Age/Sex 40/M
14/08/2023

E.C.G. REPORT

1. Rhythm	:	Sinus, Regular
2. Atrial Rate	:	84/mt
3. Ventricular Rate	:	84/mt
4. P – Wave	:	Normal
5. P R Interval	:	Normal
6. Q R S	:	
Axis	:	Normal
R/S Ratio	:	Normal
Configuration	:	Normal
7. Q T c Interval	:	Normal
8. S-T Segment	:	Normal
9. T-Wave	:	Normal

FINAL IMPRESSION

E.C.G. is within normal limits.


Signature of Doctor
Reg. No. 44559 MD

Dr. Sanjay Rastogi
M.B.B.S., DCP, CRIAT (BARC)

Dr. Smita Rastogi
M.B.B.S., DCP

Results, adhering to W.H.O. and International Federation of Clinical Chemists Quality Control Standards.

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25mm/s 0.1-25 Hz 9.5

25mm/s

Age: Yes No

Sex: M F

Name: Devesh Kumar Bhatnagar



Devesh Kumar Bhatnagar

Dr. Clayton Med FORSO-ICH



25mm/s



ANTHONY MORGAN
 Res. No. 123456



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Mob.: 7618884441, 9450389932, 8177063677



TEST REQUEST ID :012308140023	SAMPLE DATE	:14/Aug/2023 09:19AM
NAME :Mr. DEVESH KUMAR BAJPAI	SAMPLE REC. DATE	:14/Aug/2023 09:19AM
AGE/SEX :40 YRS/MALE	REPORTED DATE	:14/Aug/2023 12:16PM
REFERRED BY : Apollo Health and Lifestyle Limited,	BARCODE NO	:01140023

XRAY CHEST PA

- Trachea is central in position.
- Bilateral lung fields are normally aerated.
- Both hilar shadows are normal.
- Both C.P. angles are clear.
- Cardiac shadow is within normal limits.
- Bony cage appears normal.

OPINION: NORMAL STUDY.

Please correlate clinically.

*** End Of Report ***

Dr. Sanjay Rastogi
M.B.B.S., DCP, CRIAT (BARC)

DR. PANKAJ UPADHYAYA

Dr. Smita Rastogi
M.B.B.S., DCP

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Ph : 0522-4008184, 4308184 • 8112323230
Mob : 7618884441, 9450389932, 8177063877

Date	: 14-Aug-2023		
Name	: Mr. DEVESH KUMAR BAJPAI	Age	: 40 Yrs.
Ref.By	: APOLLO HEALTH	Sex	: Male
Haemoglobin	11.2	gm%	14 - 17
Total Leucocyte Count	7800	Cells/cumm.	4000-11000
Differential Leucocyte Count			
Polymorphs	57	%	45 - 70
Lymphocytes	37	%	20 - 45
Eosinophils	03	%	0 - 6
Monocytes	03	%	0 - 8
Basophils	00	%	0 - 1
Erythrocyte Sedimentation Rate (Wintrobe)			
ESR	14	mm in 1st Hr.	0 - 9
PCV	35.1	cc%	40 - 52
Corrected ESR	06	mm in 1st Hr.	0 - 9
Platelet Count	0.96	lakh/cumm.	1.5 - 4.0
Red Cells Count	3.14	million/cmm	3.90 to 5.80
Absolute values			
MCV	111.6	fL	77 - 97
MCH	35.8	pg	27 - 31
MCHC	32.1	gm /dl	31 - 34

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Date	: 14-Aug-2023	Age	: 40 Yrs.
Name	: Mr. DEVESH KUMAR BAJPAI	Sex	: Male
Ref.By	: APOLLO HEALTH		

General Blood Picture

RBCs	RBCs are Normocytic & Normochromic. No Normoblasts are seen.
WBCs	TLC is within normal range. DLC shows normal counts. No immature cells of WBC seen.
PLATELETS	Platelets are reduced in number and morphology.
OTHERS	No haemoparasites are seen.
IMPRESSION	THROMBOCYTOPENIA

Plasma Glucose - F GOD-POD Method	101	mg/dl	70 - 110
--------------------------------------	-----	-------	----------

Plasma Glucose - PP GOD POD Method	109	mg/dl	110 - 170
---------------------------------------	-----	-------	-----------

KFT			
UREA	25.1	mg %	15 - 50
CREATININE	0.91	mg %	0.5 - 1.5
URIC ACID	5.3	mg %	2 - 7
CALCIUM	9.9	mg %	8.8 - 10.0

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Date	: 14-Aug-2023	Age	: 40 Yrs.
Name	: Mr. DEVESH KUMAR BAJPAI	Sex	: Male
Ref.By	: APOLLO HEALTH		

Serum Gamma G.T.	38	IU/L	11 - 50
------------------	----	------	---------

Blood Group & Rh	"O" Positive
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LFT T&D			
Total Bilirubin	0.66	mg%	0.2 - 1.0
Direct Bilirubin	0.34	mg%	0.0 to 0.40
Indirect Bilirubin	0.32	mg%	0.10 to 0.90
S.G.P.T	85	IU/L	5 - 40
S.G.O.T	78	IU/L	5 - 50
ALP	84	IU/L	40 to 129

Urine Sugar (Fasting)	NIL
-----------------------	-----

Urine Sugar (PP)	NIL
------------------	-----



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Date : 14-Aug-2023	Age : 40 Yrs.
Name : Mr. DEVESH KUMAR BAJPAI	Sex : Male
Ref.By : APOLLO HEALTH	

LIPID PROFILE

Triglycerids	303	mg%	70 - 190
S. Cholestrol S.	193	mg%	130 - 230
S. HDL Cholestrol	43.8	mg%	35 - 75
S. LDL Cholestrol	88.6	mg%	75 - 150
VLDL	60.6	mg%	0 - 34
Chol / HDL factor	4.41		
LDL / HDL Factor	2.02		

COMMENTS

- * Triglycerides (TG) are the main dietary lipids. Cholesterol constitutes a small part of the dietary lipids, it is mostly synthesised in the liver. Both TG and Chol. are transported through the plasma by lipoproteins (Chylomicrons, VLDL, LDL, IDL, HDL).
- * LDL is the major cholesterol particle in plasma and high levels are strongly implicated in the formation of atheroma. An increase in the LDL leads to hypercholesterolemia, and therefore a risk factor for IHD. LDL increases with age particularly in females. Oestrogen lower LDL and raise HDL. Raised chol. in females is mostly due to disturbed thyroid function.
- * Increase in VLDL leads to hyperglyceridaemia. Raised TGs are associated with increased risk of CHD. Very high TGs increase the risk of Pancreatitis. Cholesterol is often raised due to Diabetes, Renal disease, Diuretic or Betablocker therapy.

TYPES OF HYPERLIPOPROTEINEMIAS

TYPE 1: Normal cholesterol TG greatly raised	TYPE 3: Cholesterol increased TG increased
TYPE 2a: Cholesterol increased LDL increased TG normal	TYPE 4: Cholesterol normal /increased VLDL increased TG increased
TYPE 2b Chol. increased VLDL raised TG increased LDL increased	TYPE 5: Cholesterol increased LDL reduced VLDL increased TG greatly increased

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Contd... M.B.B.S., DCP

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SAMPLE COLLECTION FACILITY AVAILABLE

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MODERN PATHOLOGY & DIAGNOSTIC CENTRE

Dr. R. P. Rastogi
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Date	: 14-Aug-2023	Age	: 40 Yrs.
Name	: Mr. DEVESH KUMAR BAJPAI	Sex	: Male
Ref.By	: APOLLO HEALTH		

THYROID TEST

Tri-iodothyronine (T3)	1.29	nmol/L	0.50 to 2.50
Thyroxine (T4)	10.14	mcg/dL	5.0 to 12.5
Thyroid Stimulating Hormone (TSH)	5.64	mIU/ ml	0.3 to 6.0

COMMENTS

- 1) Primary hyperthyroidism is accompanied by elevated Serum T3 and T4 values along with depressed TSH levels.
- 2) Primary Hypothyroidism is accompanied by depressed serum T3 and T4 values and elevated serum TSH levels.
- 3) Normal T4 levels accompanied by high T3 levels are seen in patients with T3 thyrotoxicosis.
- 4) Slightly elevated T3 levels may be found in pregnancy and estrogen therapy, while depressed levels maybe encountered in severe illness, malnutrition, renal failure and during therapy with drugs like propranolol and propylthiouracil.
- 5) Elevated TSH levels may also be indicative of TSH secreting Pituitary Tumour.

Dr. Sanjay Rastogi
M.B.B.S., DCP, CRIAT (BARC)

Dr. Smita Rastogi
Contd..M.B.B.S., DCP

Results, adhering to W.H.O. and International Federation of Clinical Chemists Quality Control Standards.

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Date : 14-Aug-2023	Age : 40 Yrs.
Name : Mr. DEVESH KUMAR BAJPAI	Sex : Male
Ref.By : APOLLO HEALTH	

Glycosylated Haemoglobin

Glycosylated Haemoglobin	5.8	%	4.5 TO 6.0
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INTERPRETATION AND COMMENTS

NON DIABETIC : 4.5 to 6.0 %
GOOD CONTROL: 6.0 to 7.0
FAIR CONTROLLED 7.0 AND 8.0
UNCONTROLLED 8.0 AND ABOVE

Glycosylated haemoglobin is the adducted glucose in the haemoglobin of the red blood cells, this adduction is stable for the life time of the RBC (i.e 120 days). There fore the measure of glycosylated haemoglobin reflects the average blood glucose concentration over the preseding several weeks. The sudden change in blood glucose level would not effect the glycosylated haemoglobin level ,which serves as a better marker of long term metabolic control and the efficacy of therapy.

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Date : 14-Aug-2023

Name : **Mr. DEVESH KUMAR BAJPAI**

Age : 40 Yrs.

Ref.By : APOLLO HEALTH

Sex : Male

Urine Examination

PHYSICAL

Colour	Straw
Turbidity	Nil
Deposit	Nil
Reaction	Acidic
*Specific Gravity	1.020

CHEMICAL

Protein	Nil
Sugar	Nil
*Bile Salts	Nil
*Bile Pigments	Nil
Phosphate	Nil

MICROSCOPIC

Pus Cells	Nil	/hpf
Epithelial Cells	1-2	/hpf
Red Blood Cells	Nil	/hpf
Casts	Nil	
Crystals	Nil	
Others	Nil	

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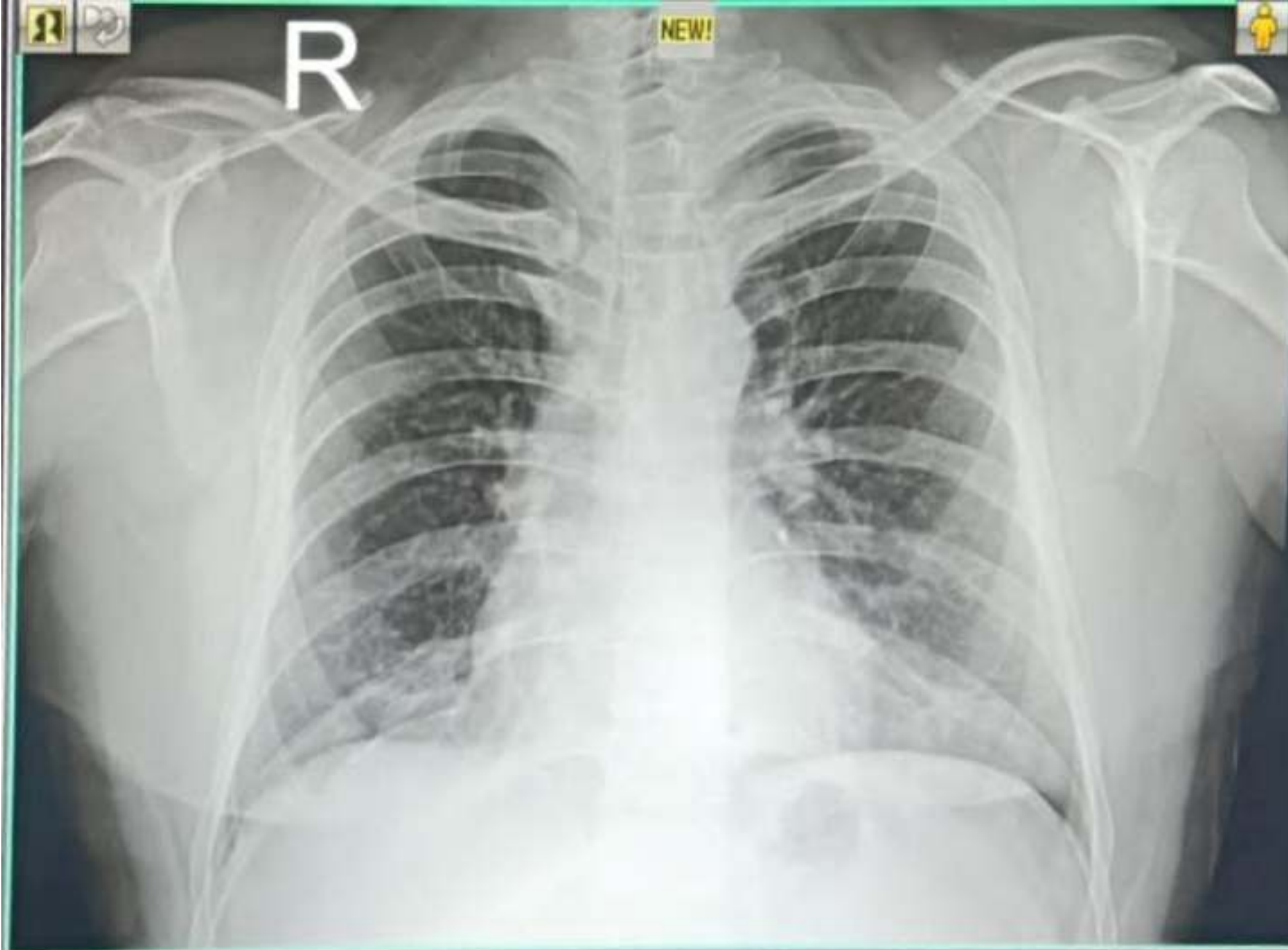
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