

Health Check up Booking Request(bobS25922), Beneficiary Code-63066

Mediwheel <wellness@mediwheel.in>

Wed 1/18/2023 10:27 AM

To: hcp.dnsh <hcp.dnsh@narayanahealth.org>

Cc: mediwheelwellness@gmail.com <mediwheelwellness@gmail.com>

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011-41195959

Email:wellness@mediwheel.in

Dear **Dharamshila Narayana Superspeciality Hospital,**

City : Delhi . **Address :** Vasundhara Enclave Near Ashok Nagar, Dallupura -110096,

We have received the confirmation for the following booking .

Name : Pooja Kumari

Age : 30

Gender : Male

Package Name : Medi-Wheel Metro Full Body Health Checkup Female Below 40

Contact Details : 8800824420

Booking Date : 18-01-2023

Appointment Date : 21-01-2023

Member Information			
Booked Member Name	Age	Gender	Cost(In INR)
Pooja Kumari	26	Female	Cashless
Total amount to be paid			Cashless

We will get back to you with confirmation update shortly. Please find the package details as attached for your reference.

Package Name : Medi-Wheel Metro Full Body Health Checkup Female Below 40 - Includes (37)Tests

Ecg, TSH, X-ray Chest, Stress Test (tmt)/ 2d Echo, Blood Sugar Postprandial, A:g Ratio, Blood Group, Total Cholesterol, Triglycerides, Fasting Blood Sugar, Ultrasound Whole Abdomen , Glycosylated Haemoglobin (hba1c), Hdl, Vldl, Urine Analysis, LDL, Total Protine, General Consultation, HDL/ LDL ratio, GGT(Gamma-glutamyl Transferase), Eye Check-up consultation, ALP (ALKALINE PHOSPHATASE), Uric Acid, AST/ALT Ratio, Serum Protein, CBC with ESR, Stool Analysis, Urine Sugar Fasting, Urine Sugar PP, T3, T4, Cholesterol Total / HDL Ratio, BUN, BUN/Creatinine Ratio, Bilirubin Total & Direct and Indirect, Albumin, Globulin

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DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Puja Kumari MRN : 15050000143339 Gender/Age : FEMALE , 26y (20/02/1996)

Collected On : 21/01/2023 09:47 AM Received On : 21/01/2023 10:03 AM Reported On : 21/01/2023 10:44 AM

Barcode : D62301210097 Specimen : Plasma Consultant : Dr. Praveen Roy(GENERAL MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 8800824420

BIOCHEMISTRY

Test	Result	Unit	Biological Reference Interval
Fasting Blood Sugar (FBS) (GOD/POD)	90	mg/dL	74.0-106.0

--End of Report--

Dr. Amit Samadhiya
MBBS, MD Biochemistry
Junior Consultant

Note

- Abnormal results are highlighted.
- Results relate to the sample only.
- Kindly correlate clinically.



DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Puja Kumari MRN : 15050000143339 Gender/Age : FEMALE , 26y (20/02/1996)

Collected On : 21/01/2023 09:47 AM Received On : 21/01/2023 12:17 PM Reported On : 21/01/2023 03:07 PM

Barcode : D32301210006 Specimen : Urine Consultant : Dr. Praveen Roy(GENERAL MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 8800824420

CLINICAL PATHOLOGY

Test	Result	Unit	Biological Reference Interval
URINE ROUTINE & MICROSCOPY			
PHYSICAL EXAMINATION			
Colour	Pale Yellow	-	-
Appearance	Clear	-	-
CHEMICAL EXAMINATION			
pH(Reaction) (Double Indicator Method)	6.0	-	4.8-7.5
Sp. Gravity (PKa Change Ionic Concentration Method)	1.005	-	1.002-1.030
Protein (Protein Error Method)	Nil	-	Nil
Urine Glucose (GOD/POD)	Nil	-	Nil
Ketone Bodies	Nil	-	-
Blood Urine (Pseudo Peroxidase Method)	Nil	-	-
MICROSCOPIC EXAMINATION			
Pus Cells	1-3	/hpf	1-2
RBC	0-1	/hpf	0 - 3
Epithelial Cells	6-8	/hpf	2-3
Urine For Sugar (Fasting)	Negative	-	-

--End of Report--

Dharamshila Narayana Superspeciality Hospital

(A Unit of Dharamshila Cancer Foundation and Research Centre)
(Hospital Reg. No.: DHS/NH/144 | PAN No.: AAATD0451G | GST No.: 07AAATD0451G1Z7)

Hospital Address: Vasundhara Enclave, Near New Ashok Nagar Metro Station, Delhi 110 096

Tel +91 11 6904-5555 | www.narayanahealth.org | info.dnsh@narayanahealth.org

Appointments
1800-309-0309

Emergencies
73700-73700

Patient Name : Puja Kumari MRN : 15050000143339 Gender/Age : FEMALE , 26y (20/02/1996)

Prachi

Dr. Prachi
MBBS, MD Pathology
Junior Consultant

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DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Puja Kumari MRN : 15050000143339 Gender/Age : FEMALE , 26y (20/02/1996)

Collected On : 21/01/2023 09:47 AM Received On : 21/01/2023 10:03 AM Reported On : 21/01/2023 10:14 AM

Barcode : D72301210078 Specimen : Whole Blood Consultant : Dr. Praveen Roy(GENERAL MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 8800824420

HAEMATOLOGY

Test	Result	Unit	Biological Reference Interval
COMPLETE BLOOD COUNT (CBC)			
Haemoglobin (Hb%) (Spectrophotometry)	11.9 L	g/dL	12.0-15.0
Red Blood Cell Count (Electrical Impedance)	4.50	10 ⁶ /mm ³	4.5-6.5
PCV (Packed Cell Volume) / Hematocrit (Calculated)	37.3	%	36.0-46.0
MCV (Mean Corpuscular Volume) (Calculated)	83	μm ³	83.0-101.0
MCH (Mean Corpuscular Haemoglobin) (Calculated)	26.4 L	pg	27.0-32.0
MCHC (Mean Corpuscular Haemoglobin Concentration) (Calculated)	31.8 L	g/dL	32.0-36.0
Red Cell Distribution Width (RDW) (Calculated)	13.0	%	11.5-14.0
Platelet Count (Electrical Impedance)	129 L	10 ³ /mm ³	150.0-450.0
Total Leucocyte Count(WBC) (Electrical Impedance)	4.7	10 ³ /mm ³	4.0-11.0
DIFFERENTIAL COUNT (DC)			
Neutrophils (DHSS)	69.8	%	40.0-80.0
Lymphocytes (DHSS)	25.1	%	20.0-40.0
Monocytes (DHSS)	2.7	%	2.0-10.0
Eosinophils (DHSS)	1.8	%	1.0-6.0
Basophils (DHSS)	0.6	%	0.0-2.0
Absolute Neutrophil Count (Calculated)	3.28	10 ³ /mm ³	2.0-7.5

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Patient Name : Puja Kumari MRN : 15050000143339 Gender/Age : FEMALE , 26y (20/02/1996)

Absolute Lymphocyte Count (Calculated)	1.18	$\times 10^3$ cells/ μ l	1.0-3.0
Absolute Monocyte Count (Calculated)	0.13 L	$\times 10^3$ cells/ μ l	0.2-1.0
Absolute Eosinophil Count (Calculated)	0.08	$\times 10^3$ cells/ μ l	0.02-0.5
Absolute Basophil Count (Calculated)	0.03	$\times 10^3$ cells/ μ l	0.02-0.1

As per the recommendation of International Council for Standardization in Hematology, the differential counts are additionally being reported as absolute numbers.

--End of Report--

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MC - 2328



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Final Report

Patient Name : Puja Kumari MRN : 15050000143339 Gender/Age : FEMALE , 26y (20/02/1996)

Collected On : 21/01/2023 12:51 PM Received On : 21/01/2023 01:11 PM Reported On : 21/01/2023 01:52 PM

Barcode : D62301210145 Specimen : Plasma Consultant : Dr. Praveen Roy(GENERAL MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 8800824420

BIOCHEMISTRY

Test	Result	Unit	Biological Reference Interval
Post Prandial Blood Sugar (PPBS) (Enzyme Method (GOD POD))	93 L	mg/dL	100.0-140.0

--End of Report--

Dr. Amit Samadhiya
MBBS, MD Biochemistry
Junior Consultant

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Final Report

Patient Name : Puja Kumari MRN : 15050000143339 Gender/Age : FEMALE , 26y (20/02/1996)

Collected On : 21/01/2023 09:47 AM Received On : 21/01/2023 10:03 AM Reported On : 21/01/2023 10:57 AM

Barcode : D62301210098 Specimen : Serum Consultant : Dr. Praveen Roy(GENERAL MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 8800824420

BIOCHEMISTRY

Test	Result	Unit	Biological Reference Interval
LIPID PROFILE (CHOL,TRIG,HDL,LDL,VLDL)			
Cholesterol Total (Non LDL Selective Elimination, CHOD/POD)	212.9 H	mg/dL	<200.0
Triglycerides (LIPASE/GK/GPO/POD)	53.6	mg/dL	<150.0
HDL Cholesterol (HDLC) (Colorimetric (Phosphotungstic Acid Method))	50.2	mg/dL	40.0-60.0
Non-HDL Cholesterol	162.7 H	mg/dL	<130.0
LDL Cholesterol (Turbidometric /Microtip)	143.75 H	mg/dL	<100.0
VLDL Cholesterol (Calculated)	10.7	mg/dL	0.0-40.0
Cholesterol /HDL Ratio (Calculated)	4.3	-	<4.5
THYROID PROFILE (T3, T4, TSH)			
Tri Iodo Thyronine (T3) (ECLIA/ ELFA)	2.09	nmol/L	1.49-2.6
Thyroxine (T4) (ECLIA/ ELFA)	160 H	nmol/L	71.2-141.0
TSH (Thyroid Stimulating Hormone) (Electrochemiluminescence (ECLIA))	2.78	uIU/ml	0.465-4.68
LIVER FUNCTION TEST(LFT)			
Bilirubin Total (Azobilirubin Dyphylline)	0.68	mg/dL	0.2-1.3
Conjugated Bilirubin (Direct) (Dual Wavelength Reflectance)	0.21	mg/dL	0.0-0.4
Unconjugated Bilirubin (Indirect) (Calculated)	0.46	mg/dL	0.1-1.0
Total Protein (Biuret Method)	8.87 H	gm/dL	6.3-8.2

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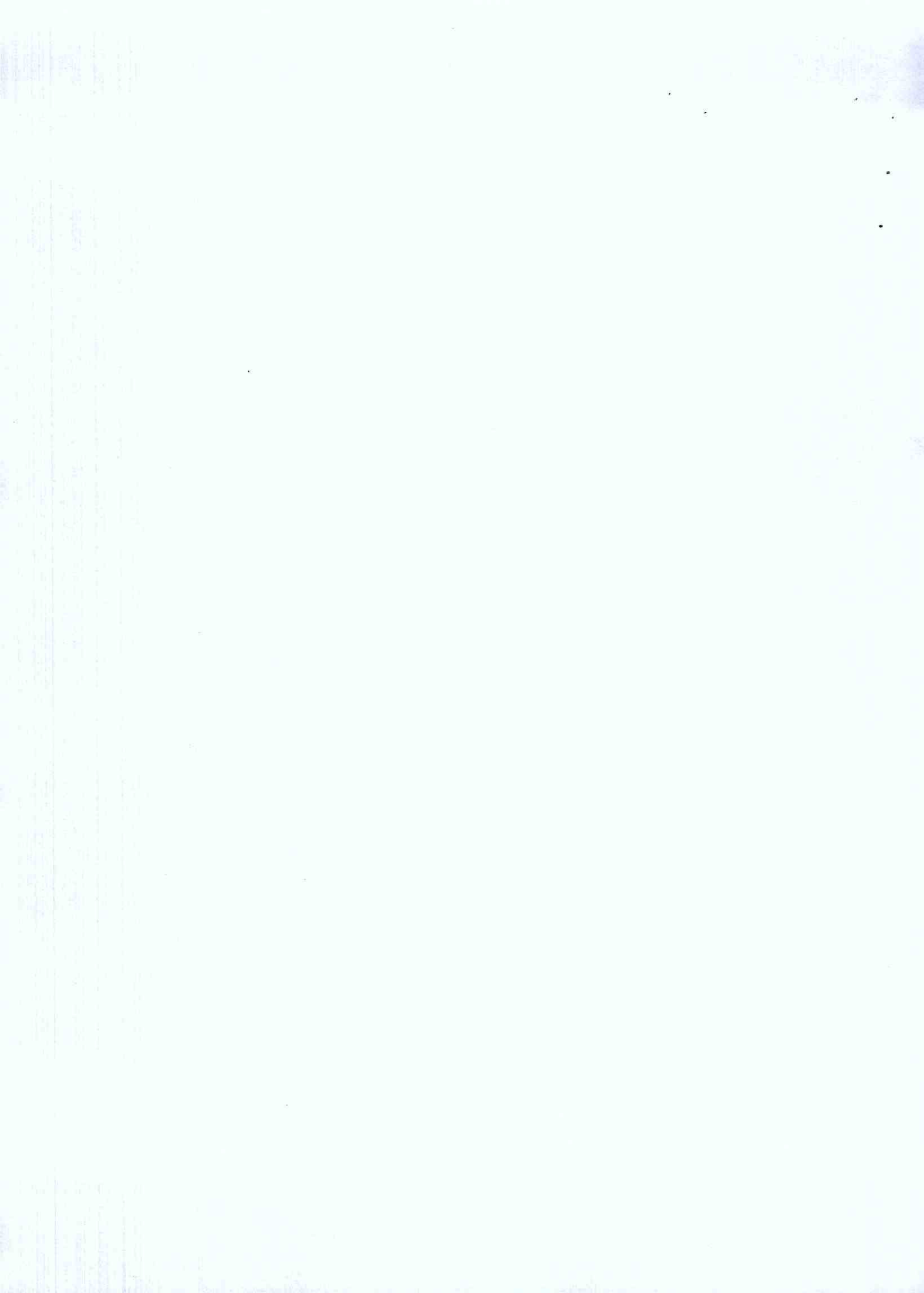
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Patient Name : Puja Kumari MRN : 15050000143339 Gender/Age : FEMALE , 26y (20/02/1996)

Serum Albumin (Bromcresol Green (BCG))	5.27 H	gm/dL	3.5-5.0
Serum Globulin (Calculated)	3.60 H	gm/dL	2.3-3.5
Albumin To Globulin (A/G)Ratio (Calculated)	1.46	-	0.9-2.0
SGOT (AST) (P - Phosphate)	27.6	U/L	14.0-36.0
SGPT (ALT) (P - Phosphate)	22.5	U/L	<35.0
Alkaline Phosphatase (ALP) (PNPP With Amp Buffer)	69.0	U/L	38.0-126.0
Gamma Glutamyl Transferase (GGT) (GCNA)	11.2 L	U/L	12.0-43.0

--End of Report--



Dr. Amit Samadhiya
MBBS, MD Biochemistry
Junior Consultant

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DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Puja Kumari MRN : 15050000143339 Gender/Age : FEMALE , 26y (20/02/1996)

Collected On : 21/01/2023 09:47 AM Received On : 21/01/2023 10:03 AM Reported On : 21/01/2023 10:50 AM

Barcode : D62301210098 Specimen : Serum Consultant : Dr. Praveen Roy(GENERAL MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 8800824420

BIOCHEMISTRY

Test	Result	Unit	Biological Reference Interval
RENAL PACKAGE - 2 (RFT FASTING)			
Fasting Blood Sugar (FBS) (GOD/POD)	86.7	mg/dL	74.0-106.0
Blood Urea Nitrogen (BUN) (Urease, UV)	8.6	mg/dL	7.0-17.0
SERUM CREATININE			
Serum Creatinine (Enzymatic Two Point Rate - Creatinine Amidohydrolase)	0.55	mg/dL	0.5-1.04
eGFR (Calculated)	133.7	mL/min/1.73m ²	Indicative of renal impairment < 60 Note:eGFR is inaccurate for Hemodynamically unstable patients eGFR is not applicable for less than 18 years of age.
Serum Sodium (ISE Direct)	142.5	mmol/L	137.0-145.0
Serum Potassium (ISE Direct)	4.77	mmol/L	3.5-5.1
Serum Chloride (ISE Direct)	103.6	mmol/L	98.0-107.0
Serum Bicarbonate Level (Phosphoenolpyruvate Carboxylase /Mdh Enzymatic End Piont Assay)	26.5	mmol/L	22.0-30.0
Serum Calcium (Arsezano III Dye Binding Method)	9.75	mg/dL	8.4-10.2
Serum Magnesium (Formazan Dye)	2.11	mg/dL	1.6-2.3
Serum Uric Acid (Colorimetric - Uricase,Peroxidase)	1.70 L	mg/dL	3.5-8.5
Serum Phosphorus (Phosphomolybdate Reduction)	3.89	mg/dL	2.5-4.5

--End of Report--

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Patient Name : Puja Kumari MRN : 15050000143339 Gender/Age : FEMALE , 26y (20/02/1996)



Dr. Amit Samadhiya
MBBS, MD Biochemistry
Junior Consultant

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Appointments
1800-309-0309

Emergencies
73700-73700

DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Puja Kumari MRN : 15050000143339 Gender/Age : FEMALE , 26y (20/02/1996)

Collected On : 21/01/2023 09:47 AM Received On : 21/01/2023 10:03 AM Reported On : 21/01/2023 10:51 AM

Barcode : D62301210099 Specimen : Whole Blood Consultant : Dr. Praveen Roy(GENERAL MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 8800824420

BIOCHEMISTRY

Test	Result	Unit	Biological Reference Interval
HBA1C			
HbA1c (Enzymatic Method)	4.2	%	Normal: 4.0-5.6 Pre Diabetes: 5.7-6.4 Diabetes: => 6.5 ADA Recommendation 2017
Estimated Average Glucose	73.84	-	-

Interpretation:

- HbA1C above 6.5% can be used to diagnose diabetes provided the patient has symptoms. If the patient does not have symptoms with HbA1C>6.5%, repeat measurement on further sample. If the repeat test result is <6.5%, consider as diabetes high risk and repeat measurement after 6 months.
- HbA1C measurement is not appropriate in diagnosing diabetes in children, suspicion of type 1 diabetes, symptoms of diabetes for less than 2 months, pregnancy, hemoglobinopathies, medications that may result sudden increase in glucose, anemia, renal failure, HIV infection, malignancies, severe chronic hepatic, and renal disease.
- Any sample with >15% should be suspected of having a haemoglobin variant.

Interpretation Notes

- HbA1c provides an index of average blood glucose levels over the past 8 - 12 weeks and is a much better indicator of long term glycemic control as compared to blood and urinary glucose determinations. Target goals of < 7.0 % may be beneficial in patients. Please co-relate with Blood Sugar Fasting.

--End of Report--

Dr. Amit Samadhiya
MBBS, MD Biochemistry
Junior Consultant

Patient Name : Puja Kumari MRN : 15050000143339 Gender/Age : FEMALE , 26y (20/02/1996)

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Final Report

Patient Name : Puja Kumari MRN : 15050000143339 Gender/Age : FEMALE , 26y (20/02/1996)

Collected On : 21/01/2023 09:47 AM Received On : 21/01/2023 10:03 AM Reported On : 21/01/2023 11:03 AM

Barcode : D72301210079 Specimen : Whole Blood - ESR Consultant : Dr. Praveen Roy(GENERAL MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 8800824420

HAEMATOLOGY

Test	Result	Unit	Biological Reference Interval
Erythrocyte Sedimentation Rate (ESR) (Modified Westergren Method)	30.0 H	mm/hr	0.0-20.0

--End of Report--

Prachi

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Final Report

Patient Name : Puja Kumari MRN : 15050000143339 Gender/Age : FEMALE , 26y (20/02/1996)

Collected On : 21/01/2023 09:47 AM Received On : 21/01/2023 02:00 PM Reported On : 21/01/2023 02:11 PM

Barcode : QQ2301210005 Specimen : Whole Blood Consultant : Dr. Praveen Roy(GENERAL MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 8800824420

BLOOD BANK LAB

Test	Result	Unit
BLOOD GROUP & RH TYPING		
Blood Group	"B"	-
RH Typing	Positive	-

--End of Report--

Dr. Manoj Rawat
Consultant & HOD, Blood Bank Center
Consultant & HOD, Blood Bank Center

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Final Report

Patient Name : Puja Kumari MRN : 15050000143339 Gender/Age : FEMALE , 26y (20/02/1996)

Collected On : 21/01/2023 09:47 AM Received On : 21/01/2023 12:17 PM Reported On : 21/01/2023 03:07 PM

Barcode : D32301210006 Specimen : Urine Consultant : Dr. Praveen Roy(GENERAL MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 8800824420

CLINICAL PATHOLOGY

Test	Result	Unit	Biological Reference Interval
URINE ROUTINE & MICROSCOPY			
PHYSICAL EXAMINATION			
Colour	Pale Yellow	-	-
Appearance	Clear	-	-
CHEMICAL EXAMINATION			
pH(Reaction) (Double Indicator Method)	6.0	-	4.8-7.5
Sp. Gravity (PKa Change Ionic Concentration Method)	1.005	-	1.002-1.030
Protein (Protein Error Method)	Nil	-	Nil
Urine Glucose (GOD/POD)	Nil	-	Nil
Ketone Bodies	Nil	-	-
Blood Urine (Pseudo Peroxidase Method)	Nil	-	-
MICROSCOPIC EXAMINATION			
Pus Cells	1-3	/hpf	1-2
RBC	0-1	/hpf	0 - 3
Epithelial Cells	6-8	/hpf	2-3
Urine For Sugar (Fasting)	Negative	-	-

--End of Report--

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73700-73700



Patient Name	Puja Kumari	Requested By	Dr. Praveen Roy
MRN	15050000143339	Procedure DateTime	2023-01-21 11:00:54
Age/Sex	26Y 11M/Female	Hospital	NH-Dharamshila

Investigation No. 533

ULTRASONOGRAPHY WHOLE ABDOMEN

Liver : Shows a normal contour & echopattern. Normal sized intrahepatic biliary and vascular channels are seen. No focal lesion. The common bile duct and portal vein are normal.

Gall bladder : Normal in size with normal wall thickness and contents.

The pancreas : The pancreas shows normal contour, echogenicity and size.

The spleen : is normal in size, contour and echopattern.

The right kidney : The right kidney has a normal contour & echopattern in the cortex, medulla and pelvicalyceal system.

The left kidney : The left kidney has a normal contour & echopattern in the cortex, medulla and pelvicalyceal system.

Urinary bladder is normal in wall & contents.

Uterus is normal in size and echogenicity of the myometrium.

Endometrial stripe is normal.

Both the ovaries are normal in size and echopattern.

Adnexa are clear.

No ascites seen.

Impression : Normal Study.

Dr. HARMEET KAUR
MBBS MD (Radiodiagnosis)
CONSULTANT RADIOLOGIST





Transthoracic Echo color Doppler Report

Patient's Name	Puja Kumari	Age/Sex	26Years/Female
Ref By:	Dr. Parveen Roy	Date:	21/01/2023
MRN No.	15050000143339	PVT/MRD/IPD	EHP Mediwheel full body Health Check Up

Final Interpretation

1. Normal sized cardiac chamber dimensions.
2. No Regional wall motion abnormality, LVEF = 55-60%.
3. MIP - Normal
4. LVEDP – Normal
5. Normal RV systolic function. TAPSE - 2.2cm.
6. Trace MR, No AR, No PR, Trace TR (PASP - 20mmHg).
7. No clot/vegetation/pericardial effusion.
8. IVC normal with >50% collapsibility with respiration.
9. No coarctation of aorta.

Morphology :-

- ❖ Left Ventricle: It is normal sized.
- ❖ Left Atrium: It is normal sized.
- ❖ Right Atrium: It is normal sized.
- ❖ Right Ventricle: It is normal sized. RV systolic function is normal.
- ❖ Aortic Valve: Aortic valve appears tricuspid & cusps are normal.
- ❖ Mitral Valve: open normally, Subvalvular apparatus appears normal.
- ❖ Tricuspid valve: It appears normal.
- ❖ Pulmonic Valve: It appears normal.
- ❖ Main Pulmonary artery & its branches: Appear normal.
- ❖ Pericardium: There is no pericardial effusion.

DOPPLER/COLOUR FLOW

<u>VALVE</u>	<u>MAX. VELOCITY cm/sec</u>	<u>PG/MG mmHg</u>	<u>REGURGITATION</u>
MITRAL	E- 120cm/sec, A- 89cm/sec		Trace MR
AORTIC	154		No AR
TRICUSPID	194	(PASP – 20mmHg)	Trace TR
PULMONARY	95		No PR

Contd.....





M MODE & 2D Measurements

	Observed values	Normal values
Aortic root diameter	22	20-34(mm)
Left atrium size	26	19-40(mm)
Left Ventricular Size diastole	44	ED 37-56(mm)
Left Ventricular Size systole	28	ES 22-40 (mm)
Inter ventricular Septum diastole	09	ED 6-10(mm)
Posterior Wall thickness diastole	09	ED 6-10(mm)
End Diastolic Volume	89	
End Systolic Volume	31	
LV Ejection Fraction (%)	55-60%	55%-75%

2D EXAMINATION DESCRIPTION

2D and M Mode examination done in multiple views revealed fair movement of both mitral leaflets. Aortic valve has three cusps & cusps are normal. Tricuspid valve leaflets move normally. Pulmonary valve is normal. Ascending Aorta is normal. Interatrial septum and interventricular septum are intact.

Dimension of left atrium and left ventricle are normal. No regional wall motion abnormality seen. Global LVEF is 55-60%. No intracardiac mass or thrombus seen.

Dr. Anand Pandey

Sr. Consultant & Head
Cardiologist

Dr. Sajal Gupta

Consultant Cardiologist

Dr. Amrendra Pandey
Consultant Cardiology

Dr. Rakesh Bachloo
Consultant - Cardiology

Note:- This is a professional opinion based on imaging finding and not the diagnosis. Not valid for medico-legal purposes. In case of any discrepancy due to machine error or typing error, please get it rectified immediately.

