

DEPT. OF APOLLO HEALTH CHECK



CASE RECORD

Name	Age :	Sex : M/F
	Age	UHID :

CKOR.0000145376  
 MR. ARIKATA MANOJ KUMA  
 R.  
 Age: 33 Year(s) Year(s)/Male  
 10 Dec 2022 9:45:13 AM



Physical Examination

**General :** Build Height *167 cm* Weight *72.4 kg* BMI :  
 Anaemia Icterus Cyanosis Clubbing  
 Oedema Glands

HEAD & NECK :

ENT :

**CVS :** Heart Rate & Rhythm *78 bpm* SpO<sub>2</sub> - *96*  
 B.P. : Supine Sitting Standing  
*125/82*  
 Chest shape  
 Heart Sounds *normal*

*Screening Echo Report*  
 @ LV function  
 No RWMA  
 LVEF-60%

**RS :** Rate & Type  
 Breath Sounds

**Dr. MEHTA .Y**  
MBBS, DNB (Family Medicine)  
Senior Consultant  
Reg. No. : ANP20010000845KTK

Place Label Here  
**Mr ARIKATA MANOJ KUMAR**  
A KOR.00001H5376  
Age-33/m  
If label not available, write Pt. Name, UHID No.,  
Age, Sex, Date, Name of Treating Physician



Allergies : <u>NIL</u>	<b>Fall Risk Assessment</b>		Wt: <u>72.4</u>	Ht: <u>167</u>	T: _____	P: <u>98</u>	BP: <u>125/82</u>
	H/o fall (within 1 year)	Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	Dep.	Indep.	Pain	<input checked="" type="checkbox"/> Psychological & Social Assessment done	
	Mobility Aid	Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>					
	Gait				<u>0</u> /10		

- ① Hypothyroidism - on 25 mcg thyroxine (TSH-13.62)
- ② Fatty liver
- ③ Dyslipidemia
- ④ HbA1c - 5.7%

Adv.

- Low carb, low fat, High fiber diet
- Good Hydration
- Regular exercise - 150/week - Cardio
- weight reduction

Rx

1. Tab. THYROXINE 37.5 mcg  
(25+12.5mcg) on empty stomach  
to continue

Thyroid profile after 3 months

Kindly get this document scanned at the counter for the record purpose

*Heh*  
Signature and Date

**DEPARTMENT OF RADIOLOGY**

**Patient's Details** : Mr. ARIKATA MANOJ KUMAR . | M | 033Y  
**UHID** : CKOR.0000145376 **Ward/Bed No.** : AHC /  
**I.P.No./Bill No.** : AHBHC113513 **Scanned on** : 10-Dec-2022 13:18  
**Accession Number** : 10601.222109804 **Reported On** :  
**Referring Doctor** : Dr. MHC

**ULTRASOUND WHOLE ABDOMEN**

*Clinical Information: General health checkup*

*Liver appears normal in size, shows diffuse increased parenchymal echogenicity. No focal parenchymal lesions identified. No evidence of intra/extrahepatic biliary tree dilatation noted. Portal vein appears to be of normal size.*

Gall bladder: Partially distended.

Spleen appears normal in size, shape and echopattern. No focal parenchymal lesions identified.

Pancreas: Head appears normal. Rest obscured by bowel gas.

Both kidneys appear normal in size, shape and echopattern. Corticomedullary differentiation appears maintained. No evidence of calculi or hydronephrosis seen on either side.

Urinary bladder distended and appears normal. No evidence of abnormal wall thickening noted.

Prostate appears normal in size. Normal echopattern noted within the gland

No evidence of ascites or pleural effusion seen.

**IMPRESSION:**

*Fatty liver*

- *Suggested clinical correlation.*

*(Enclosed reports) Mn*

**DR. ANJITHA S**  
**RESIDENT**

**DR. SHANTHALA Y**  
**MBBS, DMRD, DNB**  
**CONSULTANT RADIOLOGIST**

N.B. : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.



APOLLO HOSPITALS  
BANNERGHATTA ROAD  
BANGALORE-560076

Station  
Telephone:

## EXERCISE STRESS TEST REPORT

Patient Name: ARIKATA MANOJ KUMAR,  
Patient ID: CKOR/145376  
Height: 167 cm  
Weight: 72 kg

DOB: 24.06.1989  
Age: 33yrs  
Gender: Male  
Race: Indian

Study Date: 10.12.2022  
Test Type: --  
Protocol: BRUCE

Referring Physician: --  
Attending Physician: DR K M NAIR  
Technician: JAGADEESHA A B

Medications:  
--

Medical History:  
--

Reason for Exercise Test:  
--

### Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	02:08	0.00	0.00	81	120/80	
	STANDING	00:02	0.00	0.00	82	120/80	
	HYPERV.	00:03	0.00	0.00	81	120/80	
	WARM-UP	00:03	0.00	0.00	80	120/80	
EXERCISE	STAGE 1	03:00	1.70	10.00	106	120/80	
	STAGE 2	03:00	2.50	12.00	125	130/80	
	STAGE 3	03:00	3.40	14.00	148	140/80	
	STAGE 4	00:34	4.20	16.00	166	150/80	
RECOVERY		03:14	0.00	0.00	122	140/80	

The patient exercised according to the BRUCE for 9:33 min:s, achieving a work level of Max. METS: 11.90. The resting heart rate of 84 bpm rose to a maximal heart rate of 166 bpm. This value represents 88 % of the maximal, age-predicted heart rate. The resting blood pressure of 120/80 mmHg, rose to a maximum blood pressure of 160/80 mmHg. The exercise test was stopped due to Target heart rate achieved.


### Interpretation

Summary: Functional Capacity: normal.  
HR Response to Exercise: appropriate.  
BP Response to Exercise: normal resting BP - appropriate response.  
Chest Pain: none.  
Arrhythmias: none.  
ST Changes: none.

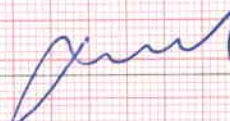
### Conclusions

IMP:STRESS TEST NEGATIVE FOR INDUCIBLE ISCHEMIA.

Physician



Technician





## YOUR CLINICAL TEST RESULTS

**Mr. ARIKATA MANOJ KUMAR .**

MALE / 33 Yrs / CKOR.0000145376 / AHBHC113513

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE BELOW 40 YEARS

Date : 10/12/2022

### STOOL ROUTINE

Test Name	Result	Unit	Level	Range
Color :	Brownish			Yellow
Consistency :	Semi Solid			
Reaction:	Acidic			7.2-7.8
Food :	NEGATIVE			NEGATIVE
Mucus:	Absent			
Pus Cells	1-2 /h.p.f	/HPF		0 - 5
RBC	Nil	Cells/hpf		0 - 2
Ova:	Absent			
Cysts:	Absent			
Trophozoite	Absent			
Yeast Cells	Yeast Cells Not Seen			
Vegetable Matter	Absent			

### URINE ROUTINE (CUE)

Test Name	Result	Unit	Level	Range
Color :	Yellow			Yellow
Volume :	30	ml		
Appearance	Clear			Clear
pH	6.5			
Specific Gravity	<=1.005			1.016 - 1.022
Protein :	NEGATIVE			NEGATIVE
Glucose:	NEGATIVE			NEGATIVE
Ketone	NEGATIVE			NEGATIVE
Bile Salts :	NEGATIVE			NEGATIVE

Within Normal Range    
  Boderline High/Low    
  Outside Range

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2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE BELOW 40 YEARS

Date : 10/12/2022

Test Name	Result	Unit	Level	Range
Bile Pigments:	NEGATIVE			NEGATIVE
Urobilinogen	0.2	E.U./dL	●	0.2 - 1.0
Blood :	TRACE-INTACT			NEGATIVE
Nitrate:	NEGATIVE			NEGATIVE
Leucocyte Esterases	NEGATIVE			NEGATIVE
WBC	1-2 /h.p.f	Cells/hpf		0 - 2
Pus Cells	1-2 /h.p.f	/HPF		0 - 5
Epithelial Cells	Occasional			Occasional - Few

### BLOOD GROUPING AND TYPING (ABO and Rh)

Test Name	Result	Unit	Level	Range
Blood Group:	O			
Rh (D) Type:	POSITIVE			
Method:	COLUMN AGGLUTINATION			

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	42	U/L	●	<= 50
ALBUMIN - SERUM - CALCULATED	3.1	g/dL	●	Adult 2.0 - 4.0
ALBUMIN:GLOBULIN (RATIO) - CALCULATED	1.5		●	0.8 - 2.0
ALBUMIN - SERUM	4.5	g/dL	●	Adult- 3.5-5.2
ALKALINE PHOSPHATASE - SERUM	40	U/L	●	Adult: 30 - 120
AST (SGOT) - SERUM	27	U/L	●	<= 50
BILIRUBIN, TOTAL - SERUM	0.64	mg/dL	●	0.30-1.20

### NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
	● Within Normal Range		● Boderline High/Low	● Outside Range

# YOUR CLINICAL TEST RESULTS

**Mr. ARIKATA MANOJ KUMAR .**

MALE / 33 Yrs / CKOR.0000145376 / AHBHC113513

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE BELOW 40 YEARS

Date : 10/12/2022

CHLORIDE - SERUM	103	mmol/L	●	98 - 107
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### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Total Cholesterol	193	mg/dL	●	"Desirable : <200 Borderline : 200 - 239 High Risk : >239 "

### NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	1.01	mg/dL	●	Male : 0.9 -1.3

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	58 *	U/L	●	<= 55

### GLUCOSE - SERUM / PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Fasting)	84	mg/dL	●	"Non-Diabetic : <= 100 Impaired Fasting Glucose: 100-125 Diabetic : >= 126 "

### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	35 *	mg/dL	●	"Low : <40 High: >59"
LDL Cholesterol (Direct LDL)	143 *	mg/dL	●	"Optimal : <100 Near/Above Optimal: 100 - 129 Borderline High: 130 - 159 High: 160 - 189 Very High: > 189"

### NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
POTASSIUM - SERUM	4.2	mmol/L	●	3.5-5.1

### LIVER FUNCTION TEST (PACKAGE)

Within Normal Range
  Boderline High/Low
  Outside Range

# YOUR CLINICAL TEST RESULTS

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MALE / 33 Yrs / CKOR.0000145376 / AHBHC113513

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Date : 10/12/2022

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.6	g/dL	●	ADULT: 6.0 - 8.5

## NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
SODIUM - SERUM	138	mmol/L	●	135 - 145

## THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	88.7	ng/dL	●	Adults: 87 - 178
TOTAL T4: THYROXINE - SERUM	7.9	µg/dL	●	5.93 - 13.29

## LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Triglycerides - Serum	210 *	mg/dL	●	"Normal: < 150 Borderline High: 150 - 199 High: 200 - 499 Very High: > 499"
TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated)	5.5 *		●	< 5.0

## THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
THYROID STIMULATING HORMONE [TSH]	13.62 *	µIU/mL	●	0.34 - 5.6

## NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
UREA - SERUM	18	mg/dL	●	15 - 45
URIC ACID - SERUM	6.5	mg/dL	●	Adult Male: 3.0 - 7.0

## LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
VLDL CHOLESTEROL - SERUM	42 *	mg/dl	●	Desirable: <30

● Within Normal Range    ● Boderline High/Low    ● Outside Range



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Date : 10/12/2022

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN DIRECT - SERUM	0.12	mg/dL	●	upto 0.4
BILIRUBIN INDIRECT - SERUM - CALCULATED	0.52	mg/dL	●	0.1 - 1.0

### NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
BICARBONATE (HCO <sub>3</sub> ) - SERUM	27		●	Healthy Adults: 22 - 29

● Within Normal Range    ● Boderline High/Low    ● Outside Range

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Date : 10/12/2022

**INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)**

**Biochemistry**

GLYCATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD

GLUCOSE - SERUM / PLASMA (RANDOM)

GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

**Haematology**

HEMOGRAM

**CARDIOLOGY**

ECHO/TMT - OPTIONAL

**Ultrasound Radiology**

ULTRASOUND - WHOLE ABDOMEN

**CARDIOLOGY**

ECG

X Ray

X-RAY CHEST PA

● Within Normal Range

● Boderline High/Low

● Outside Range



Print

Find...

1 of 1

100%

Main Report



BIOCHEMISTRY

Name : Mr. ARIKATA MANOJ KUMAR . Age : 33Yr 0Mth 0Days Gender : Male  
 UHID : CKOR.0000145376 /AHBHC113513 W/BNo/RefNo: AHC  
 SIN \ LRN : 8289695 \ 3625793  
 Specimen : Blood  
 Ref Doctor : Dr. MHC



**\*CKOR.0000145376\***

Collected on : 10-DEC-2022 10:29:54 AM Received on : 10-DEC-2022 11:19:41 AM Reported on : 10-DEC-2022 01:01:10 PM

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE BELOW 40 YEARS

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
GLYCATED HEMOGLOBIN (HbA1C) - WHOLE BLOOD (HPLC)	5.7	NON-DIABETICS: <5.7 PRE-DIABETIC: >=5.7 - <6.5 DIABETIC: >=6.5	%
GLYCATED HEMOGLOBIN (HbA1C) - WHOLE BLOOD		THERAPEUTIC GOALS: <6 years : <8.5 (but >7.5) 6-12 years : <8 13-19 years : <7.5 ADULTS : <7.0 POOR CONTROL: >8.0	

Report Status:Provisional  
 \* - Abnormal Value

\* END OF REPORT \*

CHECKED BY 152875



Printed On : 10-DEC-2022 01:03:32 PM

Vema Kumar V



AH-QF-RD-04

**DEPARTMENT OF RADIOLOGY**

<b>Patient's Details</b> :	Mr. ARIKATA MANOJ KUMAR .		M	033Y
<b>UHID</b> :	CKOR.0000145376	<b>Ward/Bed No.</b> :		AHC /
<b>I.P.No./Bill No.</b> :	AHBHC113513	<b>Scanned on</b> :		10-Dec-2022
<b>Accession Number</b> :	10601.122134075	<b>Reported On</b> :		11:04
<b>Referring Doctor</b> :	Dr. MHC			10-Dec-2022

**X-RAY CHEST PA VIEW**

*Clinical information: Routine health check.*

*Positional rotation present.*

Lung fields appear clear bilaterally with normal bronchovascular markings.  
 Cardiac silhouette and cardiothoracic ratio appear normal.  
 Costophrenic angles appear normal on both sides.  
 Domes of the diaphragm appear normal.  
 Underlying bony and soft tissue shadows appear normal.

**IMPRESSION:**

*No definite abnormality noted on the chest radiograph.*

*Suggested clinical correlation*

N.B. : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.



Rate 69

PR 130

QRSD 103

QT 367

QTc 393

--AXIS--

P -31

QRS -18

T 3

CKOR.000145376

MR. ARIKATA MANOJ KUMA

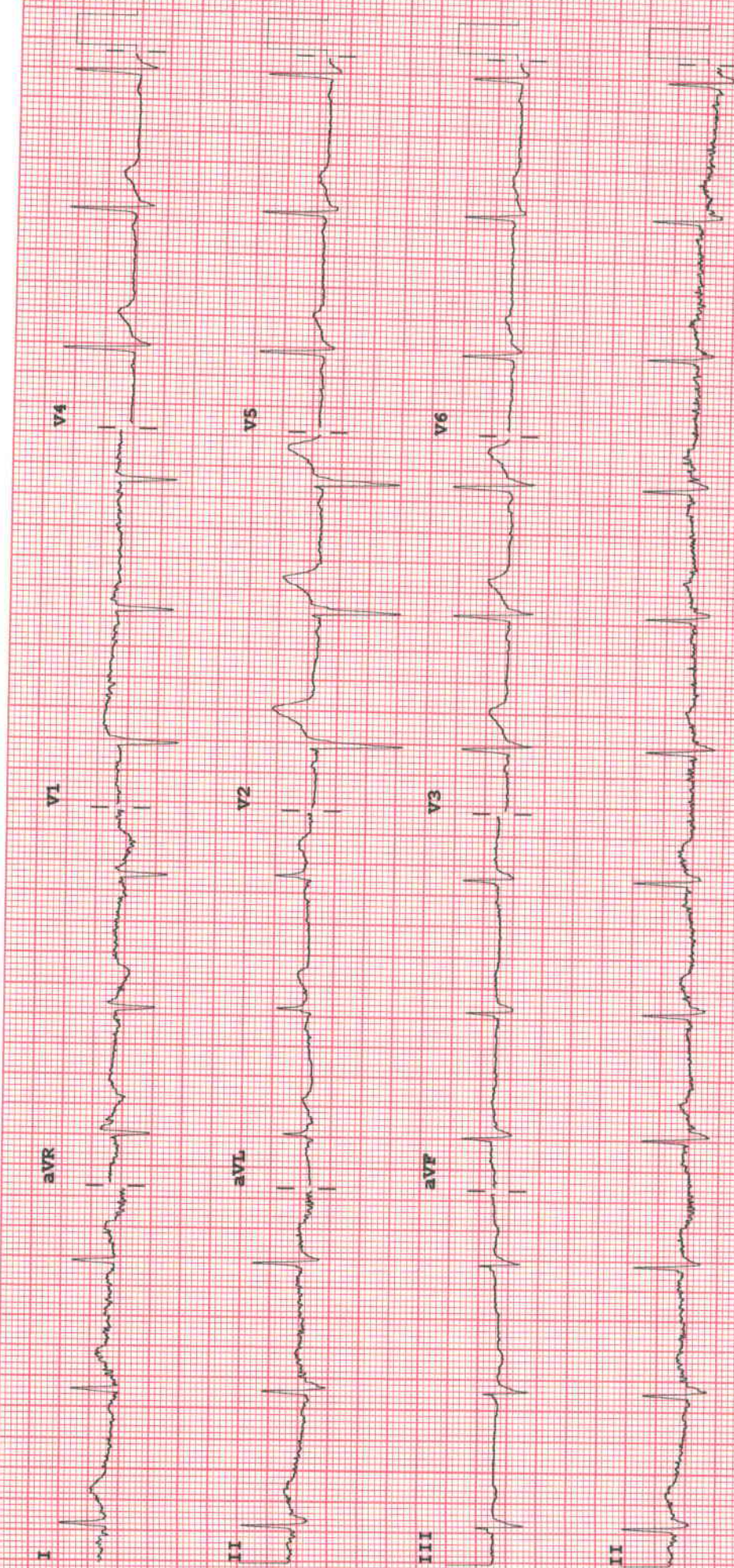
R.

Age: 33Year(s) Year(s)/Male

10 Dec 2022 8:45:11 AM



12 Lead; Standard Placement



Device: Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10.0 mm/mV

P 50~ 0.15-100 Hz

100B CL P?