



NABL & ISO 9001 : 2008 Certified
Wellness . Diagnostics
A Unit of Gian Life Care Limited



7/216 (6), Swaroop Nagar
(In Front of L.L.R. Hospital), Kanpur
Mob. : 8808051576
E-mail : reportsgpx@gmail.com
arunguptagpx@gmail.com

Gian Pathology and X-Ray

Pathology . Radiology

Gian Life Line - Health Checkup

Lab No.	: 012209250042	Reg No/BarcodeNo	: 456412/01438288
Patient Name	: Mr..RAJ KUMAR	Reg. Date	: 25/Sep/2022 10:27AM
	: ANAND		
Age/Sex	: 42 Y / Male	Sample Taken Date	: 25/Sep/2022 11:26AM
Client Code/Name	: MEDIWHEEL FULL	Report Date	: 25/Sep/2022 12:16PM
	: BODY CHECKUP		
Referred By Doctor	: Dr. B O B		

Blood Sugar (Fasting)

Blood Sugar Fasting 312 mg/dl 70 - 100
Glucose Oxidase Peroxidase

Sample Type:Plasma

Blood Sugar (PP)

Blood Sugar PP (2 Hr.) 348 mg/dl 70-140
Glucose Oxidase Peroxidase

Sample Type:Plasma

GAMMA GT/GGT

GAMMA GT / GGT 149 IU/l 15 - 73

Not in NABL Scope

Sample Type:Serum

BUN / BLOOD UREA NITROGEN

BLOOD UREA NITROGEN 9 mg/dl 8.4 - 21.0
Urease

Sample Type:Serum

CREATININE SERUM

CREATININE, Serum 0.81 mg/dl 0.66 - 1.25
Aminohydrolase

Sample Type:Serum

URIC ACID

URIC ACID, Serum 5.0 mg/dl 3.5 - 8.5
Uricase Peroxidase

Sample Type:Serum



Arun Kumar Gupta

Dr. Arun Kumar Gupta
M.D. Chief Pathologist
(Reg No. 34930)



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LFT/LIVER FUNCTION TESTS

BILIRUBIN TOTAL	0.70	mg/dl	0.20 - 1.30
Reflectance spectrophotometry			
BILIRUBIN DIRECT	0.30	mg/dl	0.0 - 0.3
Reflectance Spectrophotometry			
BILIRUBIN INDIRECT	0.4	mg/dl	0.10 - 1.1
Reflectance Spectrophotometry			
SGOT /AST	24	U/L	15 - 46
Multipoint Rate with P-5-P			
SGPT /ALT	38	U/L	0.0 - 55
UV with P5P			
Alk. Phosphatase, Serum	73	U/L	38 - 126
PNPP AMP BUFFER			
PROTEIN TOTAL	7.6	g/dl	6.4 - 8.3
Biuret			
ALBUMIN	4.8	g/dl	3.5 - 5.0
BCP			
GLOBULIN	2.8	g/dl	2.3 - 3.5
Calculated			
A/G RATIO	1.71	Ratio	1.5 - 2.5
Calculated			

Sample Type:Serum



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Lipid Profile

CHOLESTEROL TOTAL Cholesterol Oxidase	165	mg/dl	Desirable: <200 Boderline High: 200 – 239 High : ≥240
TRIGLYCERIDES Lip/Glucero Kinase	212	mg/dl	Normal <150 Boderline High: 150 – 199 High : 200 – 499 Very High: ≥500
HDL CHOLESTEROL Non HDL Precopitation	28	mg/dl	40 - 60
LDL CHOLESTEROL Calculated	94.6	mg/dl	70 - 130
VLDL CALCULATED Calculated	42.4	mg/dl	13 - 36
CHOL/ HDL RATIO Calculated	5.89	Ratio	Less than 4.0
LDL / HDL RATIO	3.38		

Ratio of LDL to HDL

Risk	Men	Women
Very low (1/2 average)	1	1.5
Average risk	3.6	3.2
Moderate risk (2x average)	6.3	5.0
High risk (3x risk)	8	6.1

HDL levels have an inverse relationship with coronary heart disease. The ability of **HDL** to predict the development of coronary atherosclerosis has been estimated to be four times greater than **LDL** and eight times greater than **TC**. Treatment is recommended for those with a **HDL** level below 40 mg/dL. An **HDL** of 60 mg/dL is considered protection against heart disease.

Preparation:

Blood should be collected after a 12-hour fast (no food or drink, except water). For the most accurate results, wait at least 2 months after a heart attack, surgery, infection, injury or pregnancy to check Lipid Profile.

Sample Type:Serum



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BUN/CREATININE RATIO

BLOOD UREA NITROGEN Urease	9.0	mg/dl	8.4 - 21.0
CREATININE, Serum Aminohydrolaase	0.81	mg/dl	0.66 - 1.25
Ratio	11.11		

Sample Type:Serum



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Referred By Doctor	: Dr. B O B		

MEDIWHEEL MALE ABOVE 40

URINE SUGAR (F)

URINE SUGAR (F) PRESENT (++)

(*Not in NABL Scope*)



A Gupta

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URINE ROUTINE EXAMINATION

Method -Dipstick And Microscopy

PHYSICAL EXAMINATION

COLOUR	STRAW	
SPECIFIC GRAVITY (Based on pka change)	1.015	1.001-1.030
pH (methylred/Bromothymol blue method)	6.0	7.50 - 8.0
TURBIDITY	ABSENT	
Deposit (UR)	ABSENT	

Chemical

PROTEIN Dipstick/Tetra bromophenol blue/ Heat & Acid Test method).	NIL	Nil
GLUCOSE (Oxidase Peroxidase method)	PRESENT (++)	Nil
KETONE (Nitroprusside Method)	NEGATIVE	Nil
BILL PIGMENT (Diazo Method)	NEGATIVE	Negative
UROBILINOGEN (Ehrlich reaction)	NEGATIVE	Normal
Nitrite (Based on presence of bacteria)	NEGATIVE	Negative
Leucocyte Esterase (Esterase Diazonium Method)	NEGATIVE	Negative

After Centrifugation at 2500 R.P.M. For 5 Minutes

MICROSCOPIC EXAMINATION

RBC (Microscopic)	NIL	/ HPF	
PUS CELLS (Microscopic)	0-1	Per HPF	0 - 5 WBC/hpf
EPITHELIAL CELLS (Microscopic)	NIL	/hpf	Nil
CASTS (Microscopic)	NIL	Per LPF	0-0
CRYSTALS (Microscopic)	NIL		
Amorphous Material (Microscopic)	Nil	Per HPF	Nil
BACTERIA (Microscopic)	NIL	Per HPF	0-0

URINE SUGAR (PP)

URINE SUGAR (PP) PRESENT (+++)

(*Not in NABL Scope*)



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MEDIWHEEL MALE ABOVE 40

CBC / COMPLETE BLOOD COUNT

HEMOGLOBIN (Hb) Photometry Cyanide Free	14.0	g/dl	13.5-17.5
TLC Impedence	5570	/cumm	4000-11000
DLC (%)			
NEUTROPHIL DHSS/Microscopic	58	%	40-80
LYMPHOCYTE DHSS/Microscopic	38	%	24-44
EOSINOPHIL DHSS/Microscopic	1	%	01-06
MONOCYTE DHSS/Microscopic	3	%	3-6
BASOPHIL DHSS/Microscopic	0	%	0 - 1
Platelet Impedance/Microscopic	157	10 ³ /μL	140 - 440
RBC COUNT Impedance	5.07	10 ⁶ /μL	4.5 - 5.5
PCV (HCT) Numeric Integration	42.9	%	41-53
MCV Calculated	84.6	fL	83-91
MCH Calculated	27.6	pg	26-34
MCHC Calculated	32.6	g/dL	31-37
RDW-CV Calculated	14.6	%	11.6 - 14.0
MPV	13.3	fL	8 - 12
IG	0.5	%	0 - 0.5
ABSOLUTE LEUCOCYTE COUNT	2.11		
ABSOLUTE NEUTROPHIL COUNT DHSS/Calculated	3.22	10 ³ /μL	2.00-7.00
ABSOLUTE LYMPHOCYTE COUNT DHSS/Calculated	2.11	10 ³ /μL	1.0-3.0
ABSOLUTE MONOCYTE COUNT	0.16	.10 ³ /μL	0.0.20-1.0



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DHSS/Calculated ABSOLUTE EOSINOPHIL COUNT	0.08	10 ³ /μL	0.02 - 0.50
DHSS/Calculated N/L Ratio	1.53	Ratio	Normal:1-3,Mildly High: 4-6,Moderately High:7-9 Severly High: >9.0

Sample Type Whole Blood EDTA

ESR WESTERGREN (Automated)

ESR WESTERGREN (Automated) WESTERGREN	8	mm	0 - 14
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Not in NABL Scope

Sample Type:EDTA Blood

ABO Rh / BLOOD GROUP Tube Agglutination (FORWARD & REVERSE Method)

BLOOD GROUP / ABO-RH

ABO	B
Reverse & Forward	
Rh	POSITIVE
Reverse & Forward	

Sample Type:EDTA Blood



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 : **BODY CHECKUP**
Referred By Doctor : Dr. B O B

HbA1C/GLYCATED HEMOGLOBIN/GHB

HBA1C/GLYCATED HEMOGLOBIN 10.0 %
Average of Glucose Level 240 mg/dl

Test is done by HPLC method (Gold Standard) D-10 Analyzer.

Expected Values :-

Test	Normal Range	
HbA1c	Non Diabetic:	4.0% - 6.0%
	Good Control:	6.1% - 8.0%
	Poor Control:	8.1% - 9.0 %
	Unsatisfactory:	> 9 %

To convert an A1c to the new average mean blood glucose, use this formula:
 $eAG(mg/dl) = (28.7 \times HbA1c) - 46.7$

Not in NABL Scope

Sample Type:EDTA Blood



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MEDIWHEEL MALE ABOVE 40

T3 / TRIDOTHYRONINE TOTAL

T3 TOTAL 1.07 ng/mL 0.35 - 1.93
CLIA

Increased levels are seen in hyperthyroidism and decreased levels are seen in hypothyroidism.

Sample Type:Serum

T4 / THYROXIN TOTAL

T4 TOTAL 7.77 µg/dl 4.50 - 10.9
CLIA

Increased levels are seen in graves disease cancer of thyroid as symptoms of hyperthyroidism.Low levels are seen in hypothyroidism whose symptoms are myoxyedema hashmito disease and pituitary disorders

TSH (Thyroid Stimulating Hormone)

TSH (ECLIA) 2.37 µIU/ml 0.35 - 5.50
CLIA

NOTE:

Guidelines for interpretation of abnormal thyroid function test.

TSH	T4/FT4	T3/FT3	Interpretation
High	Normal Normal	Mild(subclinical)	Hypothyroidism.
High	Low	Low/Normal	Hypothyroidism
Low	Normal Normal	Mild (subclinical)	Hyperthyroidism.
Low	High/Normal	High/Normal	Hyperthyroidism
Low	Low/Normal	Low/Normal	Rare pituitary(secondary)Hypothyroidism

Sample Type:Serum



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PSA/PROSTATE SPECIFIC ANTGEN TOTAL

PSA TOTAL CMIA	0.344	ng/ml	0.00 - 4.00
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Note:

Normal PSA does not exclude Prostatic Carcinoma.

DISTRIBUTION OF PSA VALUES IN BPH AND PROSTATE CARCINOMA

PSA BPH CARCINOMA

0-4 ng/mL 74 % 7%

4-10ng/mL 20% 17%

> 10ng/mL 6% 76%

*Not in NABL scope

Sample Type:Serum



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Client Code/Name	: MEDIWHEEL FULL BODY CHECKUP	Report Date	: 03/Oct/2022 11:58AM
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MEDIWHEEL MALE ABOVE 40

X RAY CHEST PA VIEW

Diaphragms are normal.

C.P. angles are clear.

Cardiac shadow is normal.

Trachea is in midline.

Hilar shadow are heavy.

Broncho-vascular markings are prominent ----- Bronchitis.

No parenchymal lesion is seen.

Advise :- Correlate Clinically.

DR. S. KHURANA
M.B.B.S.,D.M.R.E.

*** End Of Report ***





7/216 (6), SWAROOP NAGAR (IN FORN OF L.L.R. HOSPITAL) KANPUR

84 (456412) / RAJ KUMAR ANAND / 42 Yrs / M / 0 Cms / 0 Kg Date: 25-Sep-2022 Refd By : BANK OF BARODA

Stage	Time	Duration	Belt Speed (mph)	Elevation	METs	Rate	BP	RPP	PVC	Comments
Supine	00:36	0:01	00.0	00.0	01.0	99	130/84	128	00	
Standing	00:47	0:01	00.0	00.0	01.0	104	130/84	135	00	
HV	01:04	0:01	00.0	00.0	01.0	94	130/84	135	00	
ExStart	01:55	0:01	00.0	00.0	01.0	102	130/84	132	00	
BRUCE Stage 1	04:55	3:00	01.7	10.0	04.7	150	140/88	210	00	
PeakEx	05:38	0:43	02.5	12.0	05.3	158	140/88	221	00	
Recovery	06:37	1:00	00.0	00.0	01.0	126	136/86	214	00	
Recovery	07:37	2:00	00.0	00.0	01.0	127	132/84	167	00	
Recovery	08:52	3:14	00.0	00.0	01.0	118	126/82	148	00	

Findings :

Exercise Time : 03:44
 Max HR Attained : 158 bpm 89% of Target 178
 Max BP Attained : 140/88
 Max WorkLoad Attained : 5.3 Fair response to induced stress
 Max ST Dep Lead & Value : III & -1.3 mm
 Duke Treadmill Score : 00.0
 Test Objective : For Testing
 History : Nil
 Test End Reasons : Dyspnoea, Leg Fatigue

Doctor : DR. KUSH KUMAR TYAGI D.M.



Report :

Sample Name: Stress Test Graded Exercise Treadmill
Description: .

INDICATIONS: R/O CAD.

PROCEDURE DONE: Graded exercise treadmill stress test.

STRESS ECG RESULTS:

LOW NORMAL FUNCTIONAL CAPACITY, ADEQUATE B.P. RESPONSE, THR 89% ACHIEVED,
NO CHEST PAIN, DYSPNOEA WITHOUT SIGNIFICANT ST-T CHANGES DURING EXERCISE
AND RECOVERY. NO ARRHYTHAEMIA.

TEST IS NEGATIVE FOR STRESS INDUCED REVERSIBLE MYOCARDIAL ISCHEMIA
FOR THIS MUCH OF WORK LOAD.

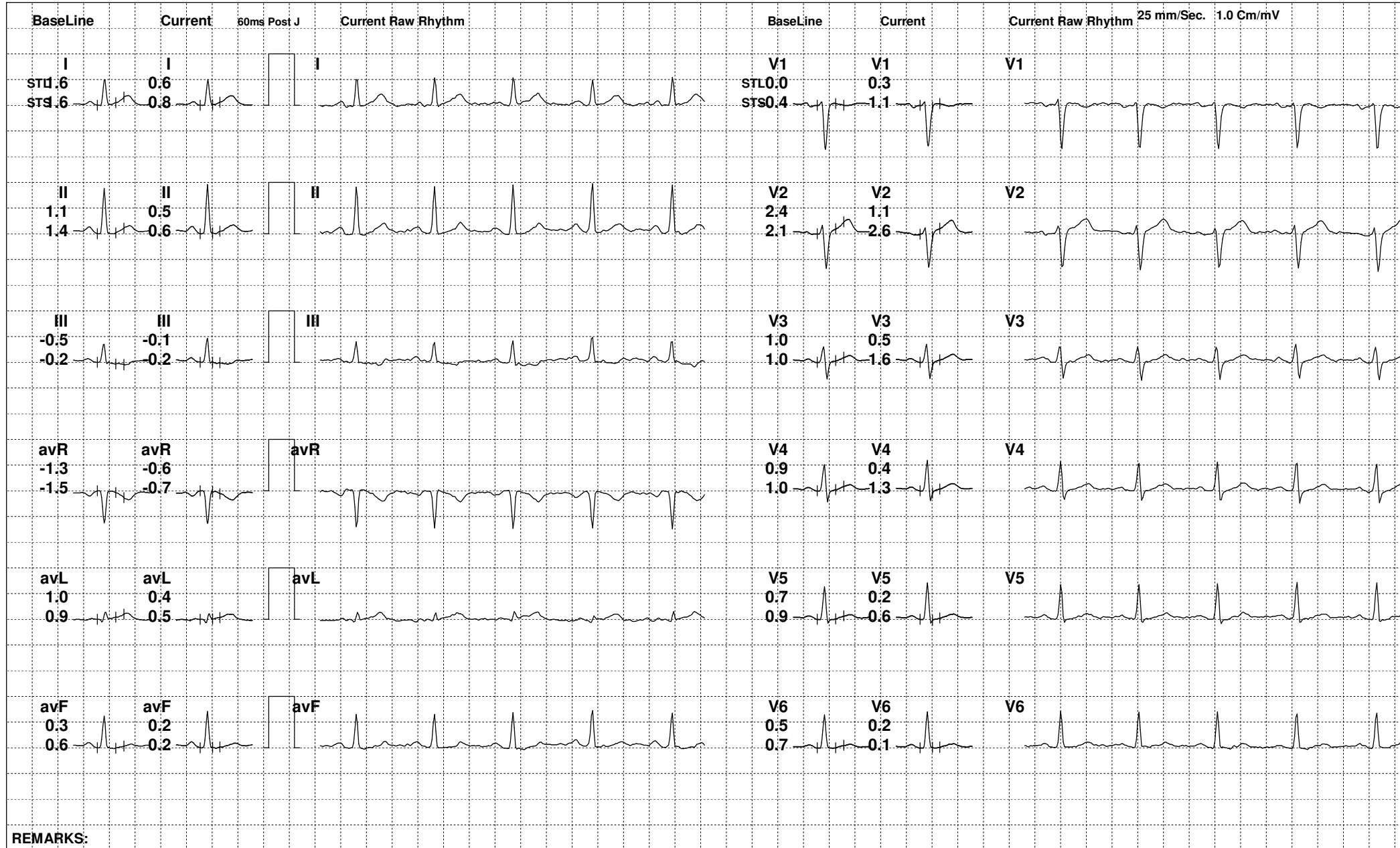
Doctor : DR. KUSH KUMAR TYAGI D.M.



84 (456412) / RAJ KUMAR ANAND / 42 Yrs / M

Date: 25-Sep-2022 02:37:40 PM METS: 1.0/ 99 bpm 55% of THR BP: 130/84 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 00:34 0.0 mph, 0.0%



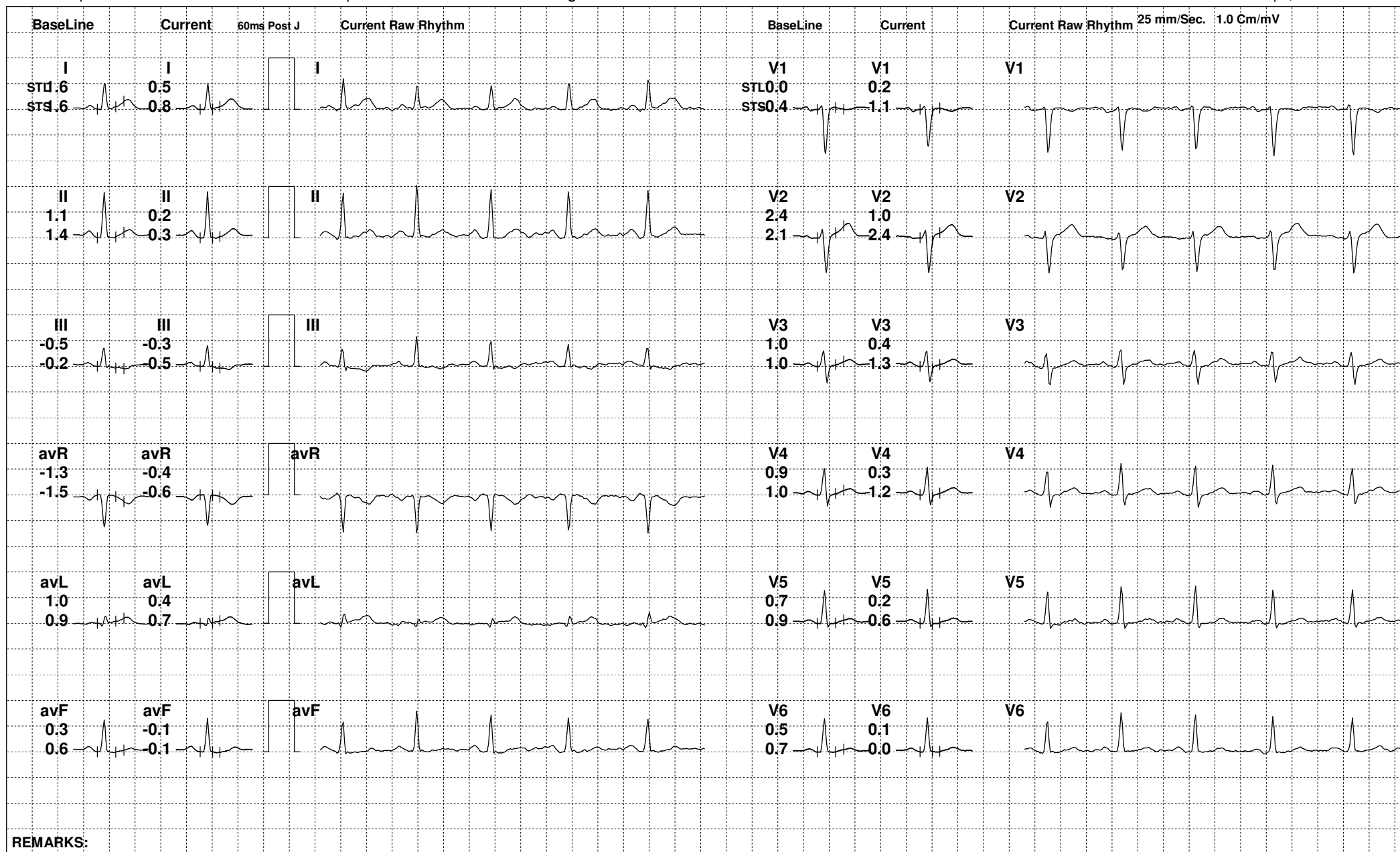
REMARKS:



84 (456412) / RAJ KUMAR ANAND / 42 Yrs / M

Date: 25-Sep-2022 02:37:40 PM METS: 1.0/ 104 bpm 58% of THR BP: 130/84 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 00:45 0.0 mph, 0.0%



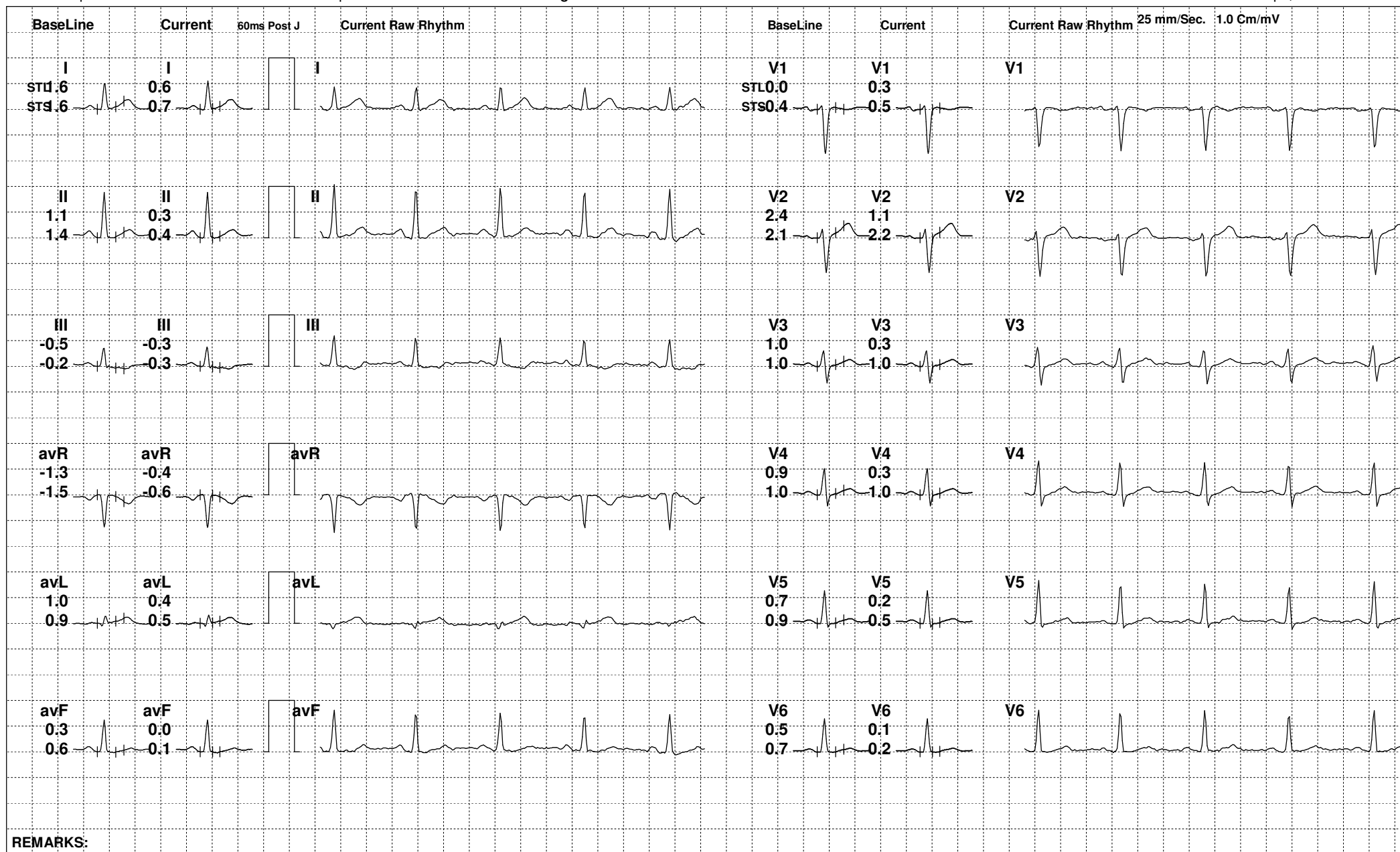
REMARKS:



84 (456412) / RAJ KUMAR ANAND / 42 Yrs / M

Date: 25-Sep-2022 02:37:40 PM METS: 1.0/ 94 bpm 52% of THR BP: 130/84 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 01:02 0.0 mph, 0.0%



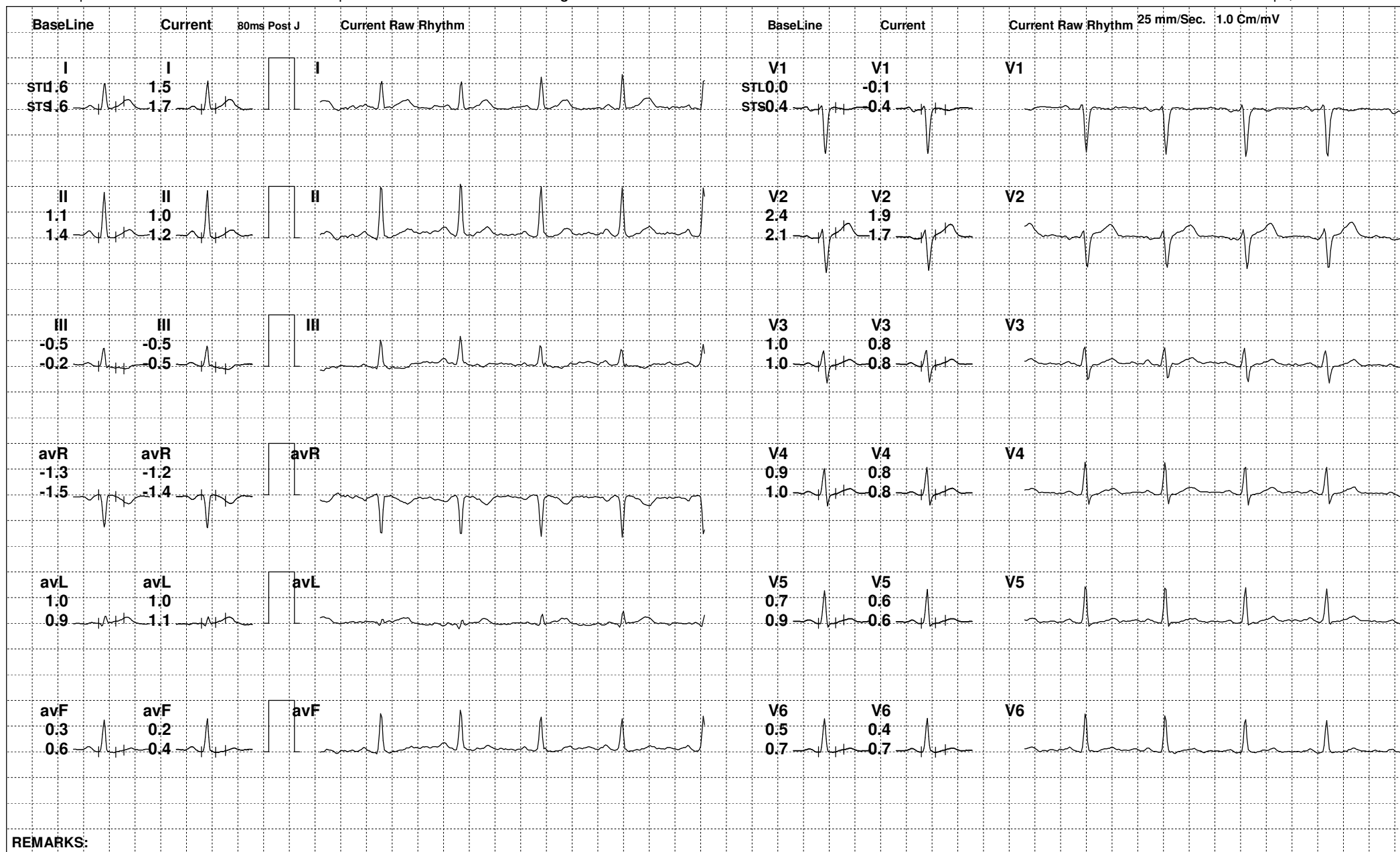
REMARKS:



84 (456412) / RAJ KUMAR ANAND / 42 Yrs / M

Date: 25-Sep-2022 02:37:40 PM METS: 1.0/ 96 bpm 53% of THR BP: 130/84 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 01:53 0.0 mph, 0.0%



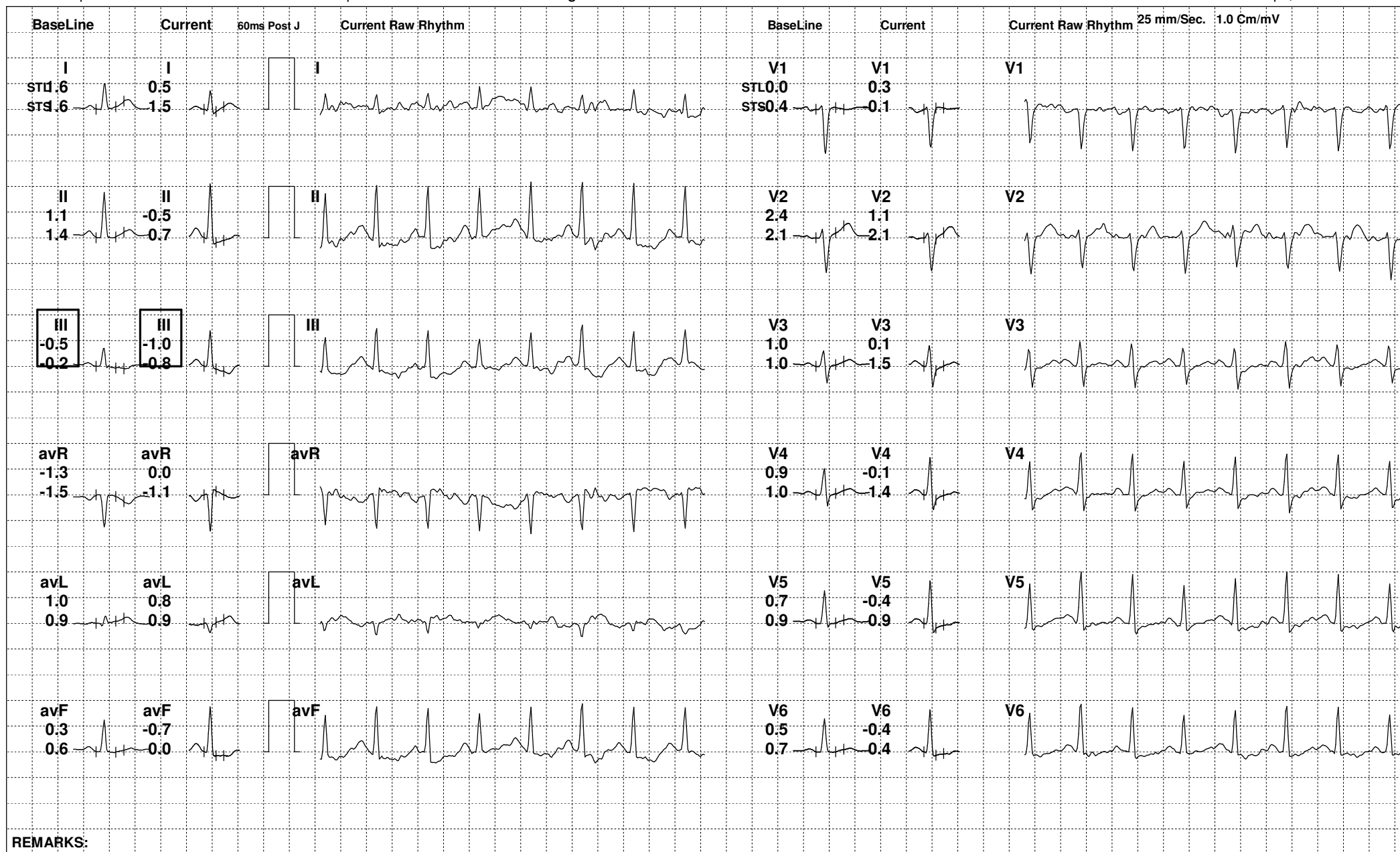
REMARKS:



84 (456412) / RAJ KUMAR ANAND / 42 Yrs / M

Date: 25-Sep-2022 02:37:40 PM METS: 4.7/ 150 bpm 84% of THR BP: 140/88 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 03:00 1.7 mph, 10.0%



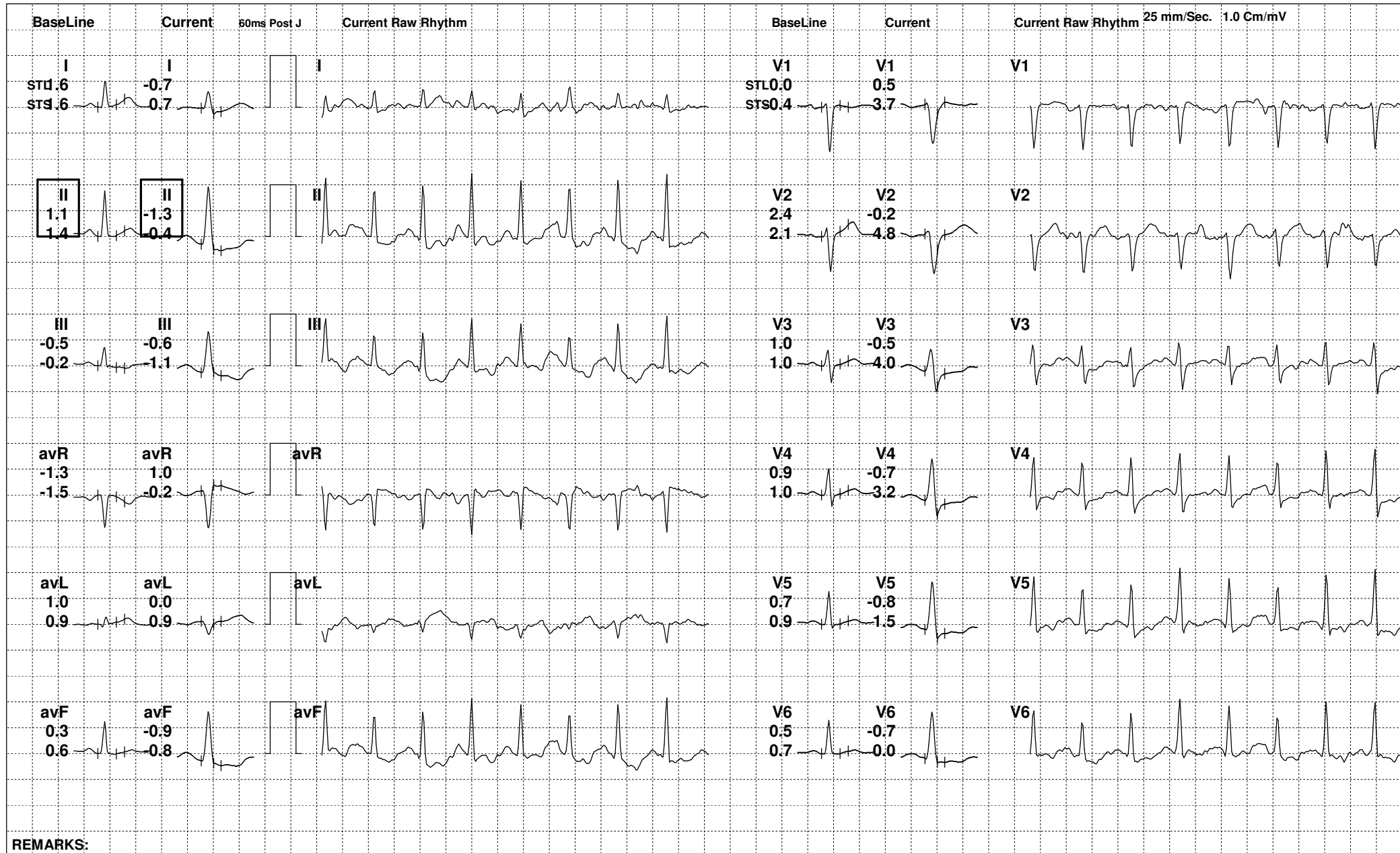
REMARKS:



84 (456412) / RAJ KUMAR ANAND / 42 Yrs / M

Date: 25-Sep-2022 02:37:40 PM METS: 5.3/ 158 bpm 88% of THR BP: 140/88 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 03:43 2.5 mph, 12.0%

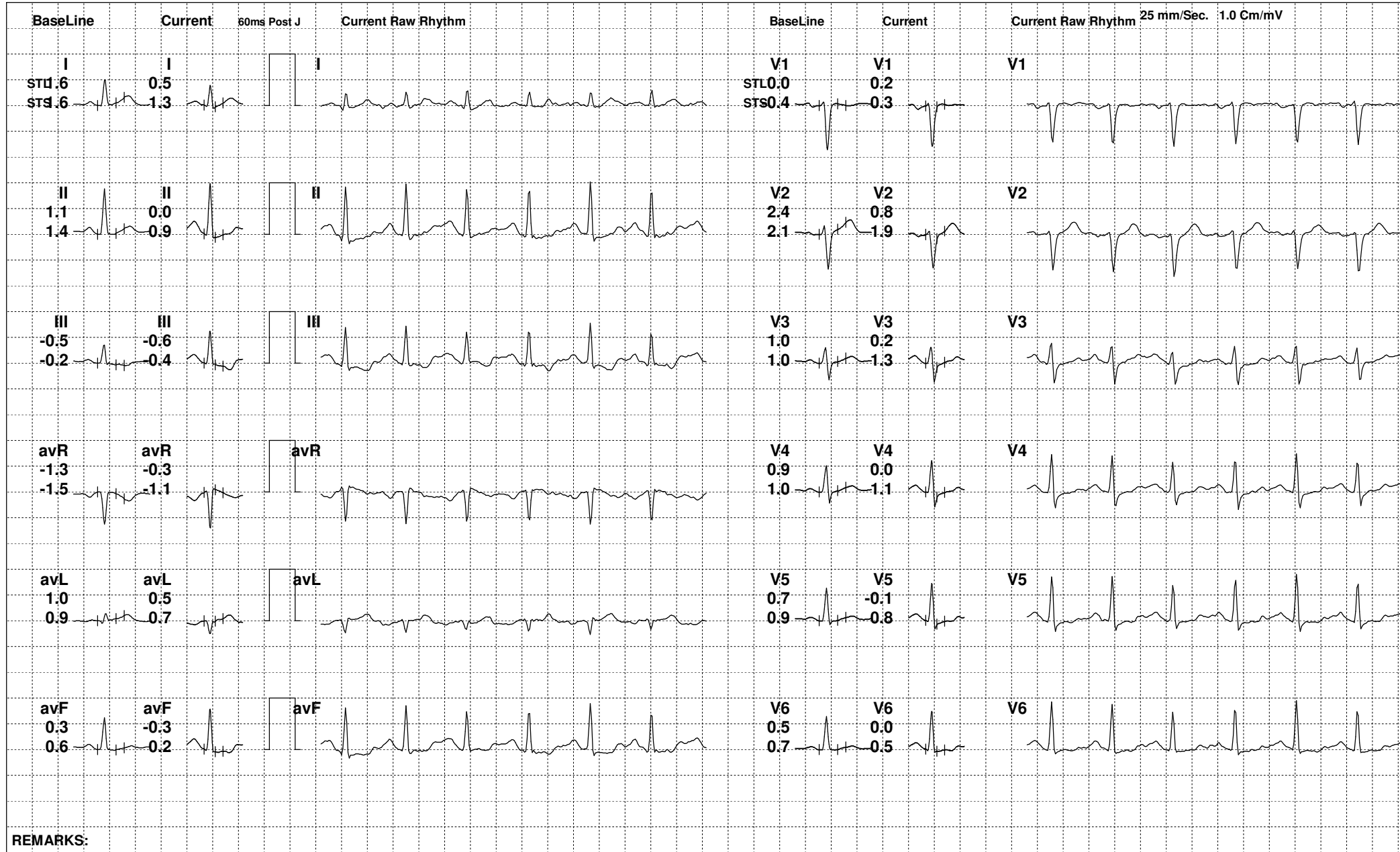




84 (456412) / RAJ KUMAR ANAND / 42 Yrs / M

Date: 25-Sep-2022 02:37:40 PM METS: 1.0/ 126 bpm 70% of THR BP: 136/86 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 03:44 0.0 mph, 0.0%

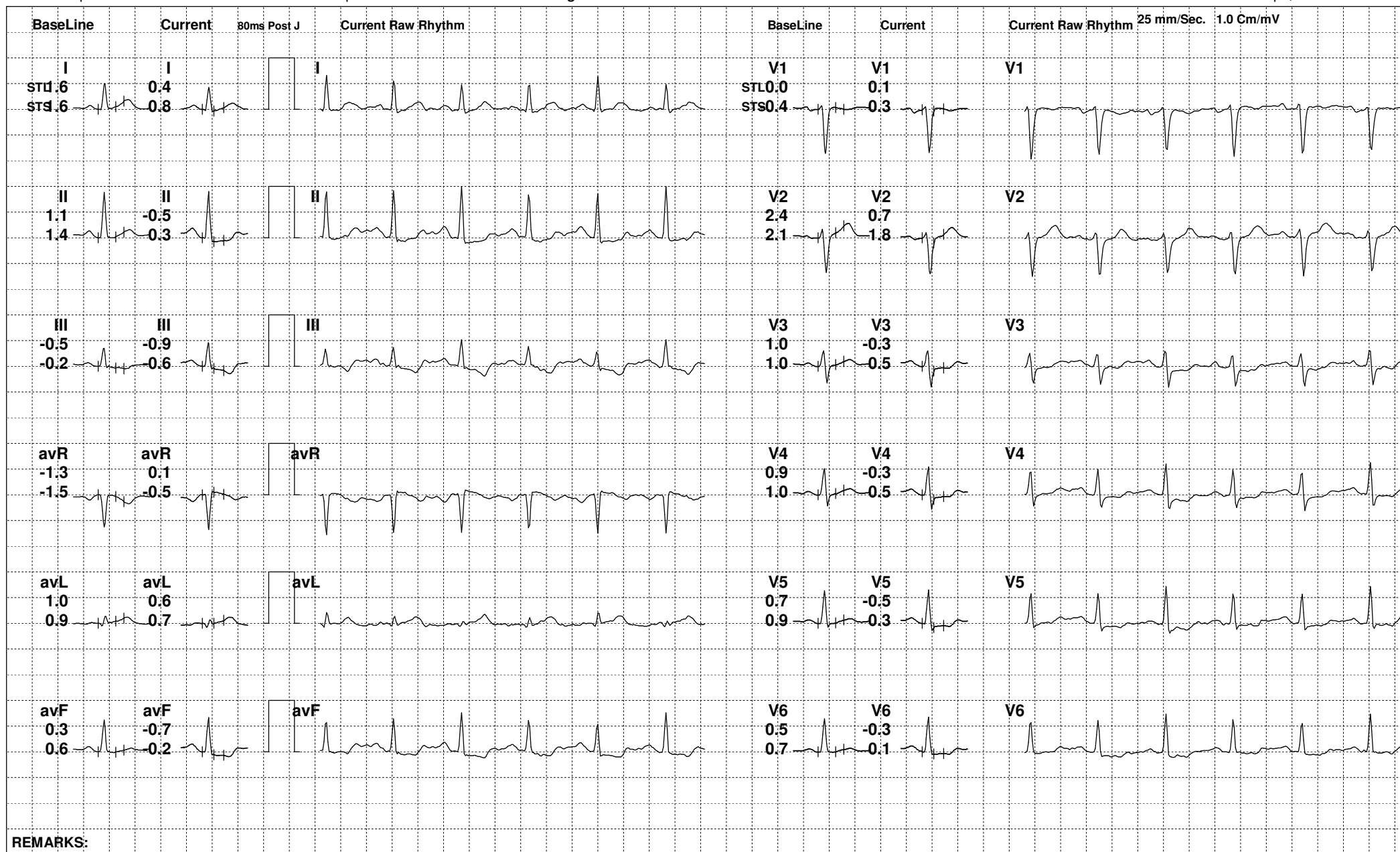




84 (456412) / RAJ KUMAR ANAND / 42 Yrs / M

Date: 25-Sep-2022 02:37:40 PM METS: 1.0/ 114 bpm 64% of THR BP: 132/84 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 03:44 0.0 mph, 0.0%

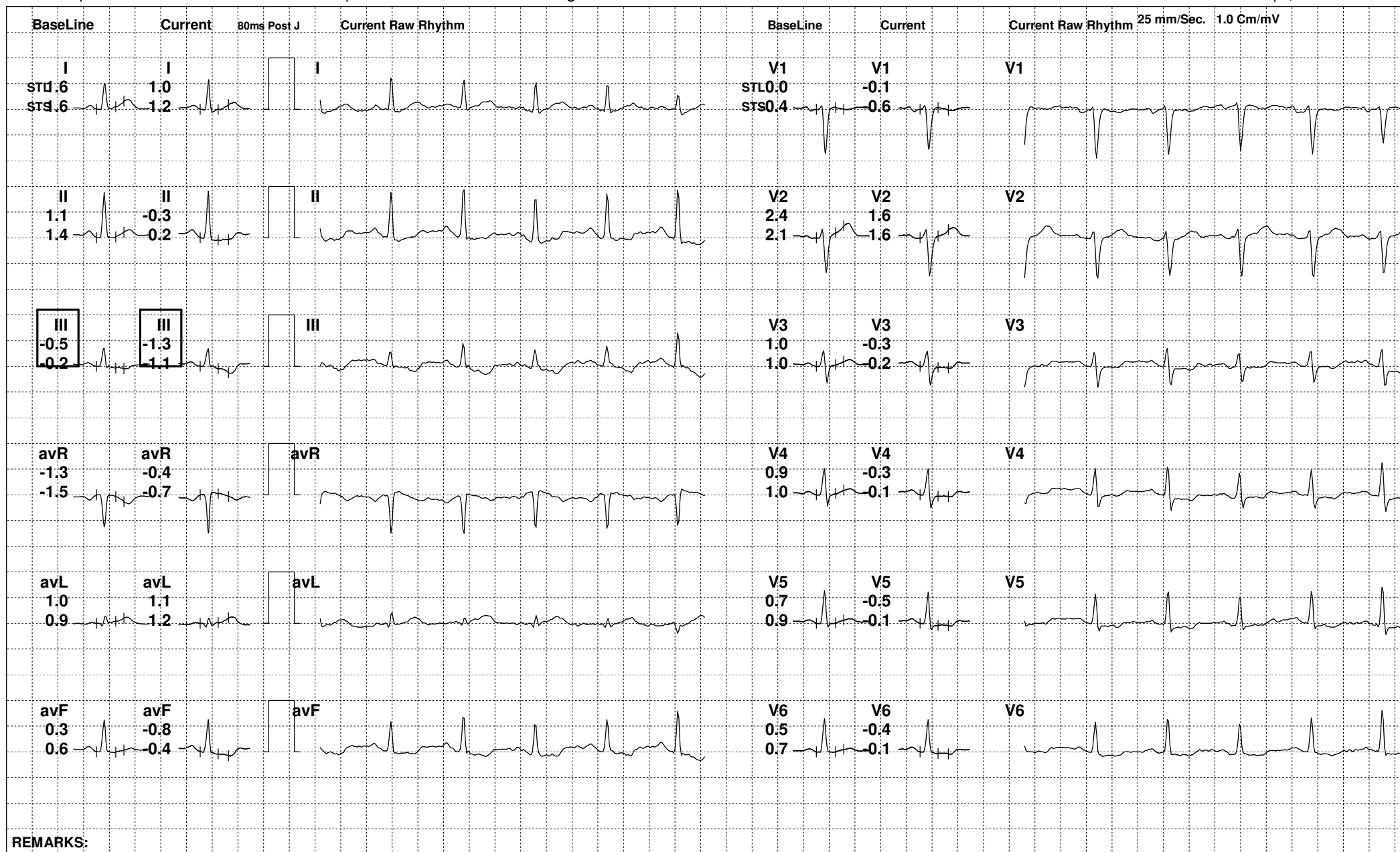




84 (456412) / RAJ KUMAR ANAND / 42 Yrs / M

Date: 25-Sep-2022 02:37:40 PM METS: 1.0/ 110 bpm 61% of THR BP: 126/82 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

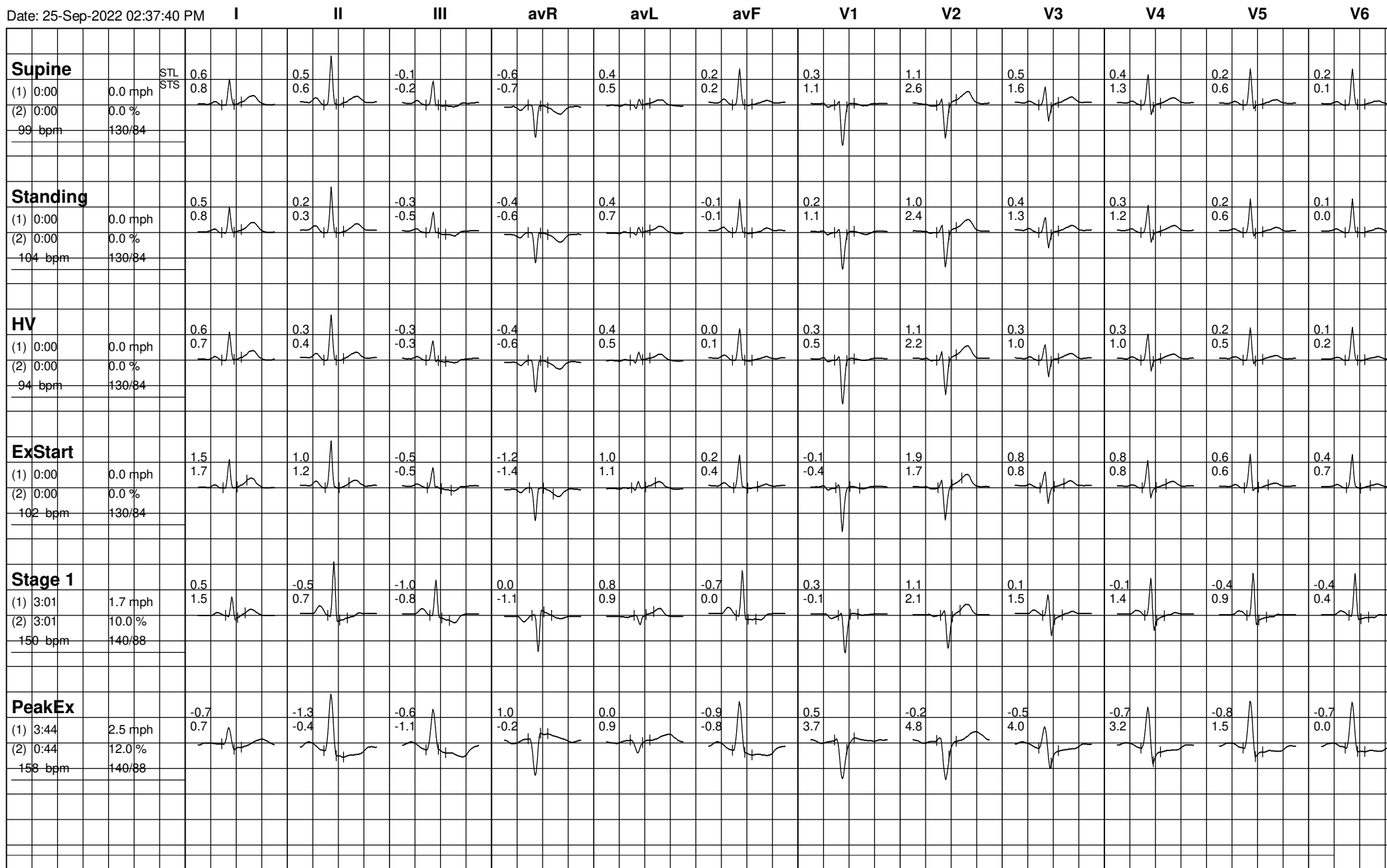
ExTime: 03:44 0.0 mph, 0.0%





84 (456412) / RAJ KUMAR ANAND / 42 Yrs / M

Date: 25-Sep-2022 02:37:40 PM





84 (456412) / RAJ KUMAR ANAND / 42 Yrs / M

Date: 25-Sep-2022 02:37:40 PM

