

**Name** : Mr. DAVID CHAKRABORTY (31 /M)

**Date** : 28/02/2022

**Address** : AUROBINDA ROAD BAXIBAGAN SANTRAGACHI HOWRAH WEST BENGAL,  
HOWRAH, HOWRAH, WEST BENGAL, INDIA

**Examined by:**

**UHID** : AMHL.0001922575

**Package** : MEDI WHEEL FULL BODY HCK - MALE (BELOW 40 YRS  
WITH TMT/ECHO)

**AHC No** : AMHLAH142909



## CHIEF COMPLAINTS

For corporate health checkup  
C/O Put on 15 kgs in 3 years.  
C/O Shortness of breath on exertion x 3 years.  
PRESENT KNOWN ILLNESS:-  
No H/O HTN/DM/TB/Asthma/Heart Disease.



## DRUG ALLERGY

Nil. :01/03/2022



## SYSTEMIC REVIEW

### Cardiovascular system

PALPITATION – Present, on exertion.

### Respiratory system

Nil significant.

### Gastrointestinal system

APPETITE - Normal, FLATULENCE AND  
DYSPEPSIA - Preset, on medication PRN, BOWEL  
HABITS – Regular.

### Genitourinary system

FREQUENCY – Normal.

### Central nervous system

MEMORY & CONCENTRATION – Normal, SLEEP  
– Normal.

### Eyes

VISION - Corrected with bifocal glasses.

### ENT

HEARING – Normal.

### Skin

Nil significant.

### Weight

Put on 15 kgs in 3 years.



### Present medications

Nil.



### Past medical history

Jaundice - 2004.



### Surgical history

Surgical history - Nil



### Personal history

Marital status - Single  
Diet - Mixed Diet  
Alcohol - does not consume alcohol  
Smoking - No  
Chews tobacco - No  
Physical activity - Active



### Family history

Father - has expired  
Mother - alive  
Sisters - 1  
Diabetes - mother  
Hypertension - father  
Coronary artery  
disease - none

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Cancer - None

Ophthalmology findings

- Distant vision with glasses  
6/6 P (Right eye) and 6/6  
(Left eye).  
Near vision with glasses N6.

## PHYSICAL EXAMINATION



### General

Build - obese  
Height (in cms) - 169  
Weight (in Kgs) - 105  
BMI - 36.76  
Pallor - no  
Oedema - no



### Cardiovascular system

Heart rate(Per minute) - 96  
Rhythm - Normal  
Systolic(mm of Hg) - 134  
Diastolic(mm of Hg) - 82  
Heart sounds - S1S2+



### Respiratory system

Breath sounds - Normal vesicular breath sounds



### Abdomen

Appearance - Protruded.  
Organomegaly - No  
Tenderness - No



### Central nervous system

No neurological deficit



### Skin

No significant finding



### Musculo Skeletal System

Extremities - No significant finding  
Spine - No significant finding

### Ophthalmology consultation

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**COMPLETE HAEMOGRAM PROFILE**

Test Name	Result	Unit	Level	Range
Hemoglobin	14.8	g/dl	●	13.0-17.0
RBC COUNT	5.59 *	Million/ul	●	4.5-5.5
Hematocrit - Hct:	44.6	%	●	41-53
MCV	79.8 *	fl	●	83-101
MCH	26.5 *	pg	●	27-32
MCHC	33.2	%	●	31.5-34.5
RDW	15.4 *	%	●	11.8-14.0
WBC Count	8500	/cu mm	●	4000-10000
Platelet Count	2.24	lacs/cu mm	●	1.5-4.0
Neutrophils	70	%	●	40-80
Lymphocytes	23	%	●	20-40
Monocytes	05	%	●	2-10
Eosinophils	02	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Microcytic Hypochromic RBCs.			
Platelets:	Adequate.			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	10	mm/1st hr	●	0-15

**URINE ROUTINE AND MICROSCOPY**

Test Name	Result	Unit	Level	Range
Volume:	50	mL		
Colour:	Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.020			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	0-2	/hpf		

Epithelial Cells Occasional/hpf  
 Casts: Not Found  
 Crystals: Not Found  
 Note: Biological reference interval  
 RBC- 0-2/hpf  
 Pus Cell - 0-5/hpf.

**URINE SUGAR - POST PRANDIAL (QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

**URINE SUGAR- FASTING(QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

**BLOOD GROUPING AND TYPING (ABO AND RH)**

Test Name	Result	Unit	Level	Range
ABO Group:	B			
Rh (D) Type:	POSITIVE			

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	159 *	U/L	●	10-40
ALBUMIN - SERUM	4.5	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	71	U/L	●	53-128
AST (SGOT) - SERUM	78 *	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	1.5 *	mg/dL	●	0.0-1.0

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	173	mg/dL	●	0-200

**CREATININE - SERUM**

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	1.1	mg/dL	●	0.9-1.3

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
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● Within Normal Range    ● Borderline High/Low    ● Out of Range

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GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM 66 \* U/L ● 7-64

TOTAL T3: TRI IODOTHYRONINE - SERUM 2.0 ng/ml ● 0.8-2

TOTAL T4: THYROXINE - SERUM 9.0 µg/dL ● 5.1-14.1

GLUCOSE - PLASMA (FASTING)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (FASTING) 113 \* mg/dL ● 70-99

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
TRIGLYCERIDES - SERUM 242 \* mg/dL ● 0-150

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (POST PRANDIAL) 161 \* mg/dL ● 70-140

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range
TSH: THYROID STIMULATING HORMONE - SERUM 3.9 µIU/mL ● 0.270-4.200

HBA1C (GLYCOSYLATED

HAEMOGLOBIN)-WHOLE BLOOD

Test Name Result Unit Level Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD 5.9 \* % ●
Nondiabetic : 4 - 5.6 %
Prediabetics : 5.7 - 6.4%
Diabetes : >= 6.5%
ADA Therapeutic goal : <7%

URIC ACID - SERUM

Test Name Result Unit Level Range
URIC ACID - SERUM 7.8 \* mg/dL ● 3.5-7.2

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM 0.3 \* mg/dL ● 0.0-0.2

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
HDL CHOLESTEROL - SERUM 37 mg/dL ● 30-70
LDL CHOLESTEROL -SERUM 113 mg/dL ● Optimal: <100
VLDL CHOLESTEROL - SERUM (Calculated) 23 mg/dL ● 0-35

BUN (BLOOD UREA NITROGEN)

Test Name Result Unit Level Range
BUN (BLOOD UREA NITROGEN) 12.1 mg/dL ● 7.0-18.0

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
A/G - RATIO 1.4:1.0 1.0-2.0

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
PROTEIN TOTAL - SERUM 7.6 g/dL ● 6.4-8.3
GLOBULIN: (CALCULATED) - SERUM 3.1 g/dL ● 1.8-3.6

ECG

NORMAL SINUS RHYTHM, WITHIN NORMAL LIMITS.

TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

ULTRASOUND SCREENING WHOLE ABDOMEN

\* Fatty changes in liver.

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range

X-RAY CHEST PA

\* Descriptive.

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INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT  
PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

**Haematology**

STOOL ROUTINE



Within Normal Range



Borderline High/Low



Out of Range

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**Other Lifestyle Changes & Recommendations :-**

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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