

Mediwheel

R/O - Nagpur

Dr. Vimmi Goel  
MBBS, MD (Internal Medicine)  
Sr. Consultant Non Invasive Cardiology  
Reg. No: MMC- 2014/01/0113

**KIMS-KINGSWAY  
HOSPITALS**

Name: Mrs. Bhagyashree Kumbhalkar Date: 26/11/22

Age: 43y Sex: MF Weight: 64.4 kg Height: 149.3 Inc BMI: 28.9

BP: 130/80 mmHg Pulse: 84 bpm RBS: \_\_\_\_\_ mg/dl

Spo2: 100%

LMP:- 09/11/22

Non HT

Non DM

compl. pain neck

O/E

Ins<sup>o</sup>

Char /  
Lm /  
P/A /  
N

Ins → noted.

Adv.

- Sonomammography
- T. Ultrasound 1 - x - 1  
x 3 days

then 1 SOS

- Physiotherapy referral  
(pain neck)

- T. ECG x - 1 - x  
4/2

30

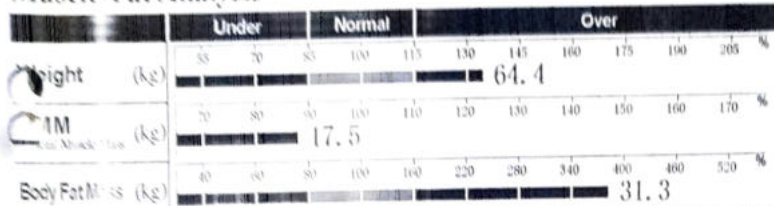
**Dr. VIMMI GOEL**  
MBBS, MD  
Sr. Consultant Non Invasive Cardiology  
Reg. No.: 2014/01/0113

ID 125792	Height 149.3cm	Age 43	Gender Female	Test Date / Time 26.11.2022 11:24
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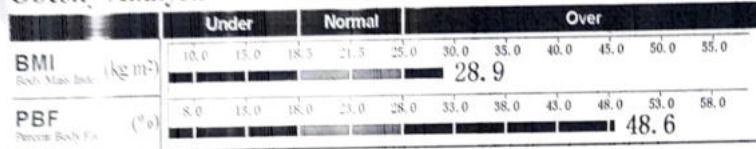
## Body Composition Analysis

Total amount of water in my body	<b>Total Body Water</b> (L)	24.3	(24.4~29.8)
What I need to build muscles	<b>Protein</b> (kg)	6.5	(6.6~8.0)
What I need for strong bones	<b>Mineral</b> (kg)	2.30	(2.26~2.76)
Where my excess energy is stored	<b>Body Fat Mass</b> (kg)	31.3	(9.6~15.3)
Sum of the above	<b>Weight</b> (kg)	64.4	(40.7~55.1)

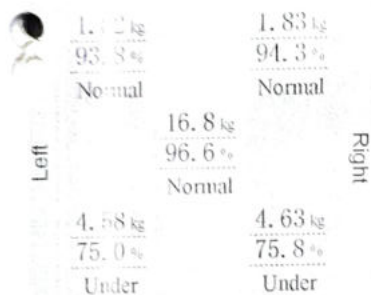
## Muscle-Fat Analysis



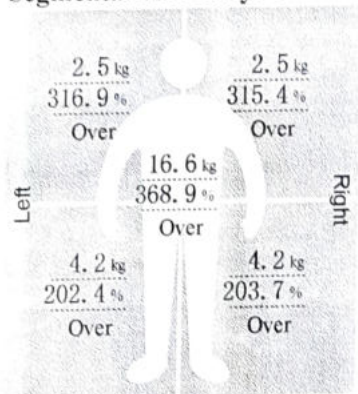
## Obesity Analysis



## Segmental Lean Analysis



## Segmental Fat Analysis



## InBody Score

56/100 Points  
\* Total score that evaluates the evaluation of body composition. A normal score for a person may vary from 100 points.

## Weight Control

Target Weight 47.9 kg  
Weight Control 16.5 kg  
Fat Control 20.3 kg  
Muscle Control 13.8 kg

## Obesity Evaluation

BMI  Normal  Under  Slightly Over  Over

PBF  Normal  Slightly Over  Over

## Waist-Hip Ratio

1.02  0.75  1.00  1.25  1.50

## Visceral Fat Level

Level 19  10  15  20  25

## Research Parameters

Fat Free Mass 33.1 kg  
Basal Metabolic Rate 1085 kcal (43.3~47.0)  
Obesity Degree 134% (99~140)  
SMI 5.8 kg/m<sup>2</sup>  
Recommended calorie intake 1446 kcal

## Calorie Expenditure of Exercise

Golf	113	Gateball	113
Walking	129	Yoga	129
Badminton	146	Table Tennis	146
Tennis	193	Bicycling	193
Boxing	193	Basketball	193
Mountain Climbing	210	Jumping Rope	210
Aerobics	225	Jogging	225
Soccer	225	Swimming	225
Japanese Fencing	222	Racketball	222
Squash	222	Taekwondo	222

\* Based on your current weight  
\* Based on 30 minute duration

## Impedance

	RA	LA	TR	RI	LI
Z <sub>1</sub> (Ω) 20kHz	381.0	383.9	28.2	318	318
100kHz	344.1	347.0	26.4	288	288

## Body Composition History

<b>Weight</b> (kg)	64.4				
<b>SMM</b> (kg)	17.5				
<b>PBF</b> (%)	48.6				
Recent <input checked="" type="checkbox"/> Total <input type="checkbox"/>	26.11.22 11:24				

Patient Name: Mrs Bhagyashree Pramod Kumbhalkar

UHID KH125792	Age Patient Type 43 Y -	Gender Female	Admission No OPRI-74348
Speciality -	Registration No. -	Created By Ashish Kamble	

**RIGHT EYE**

Sph	Cyl	Axis	Visual Acuity
00	-0.50	170	6/6

**LEFT EYE**

Sph	Cyl	Axis	Visual Acuity
00	-0.50	165	6/6

**Near: Addition**

**RIGHT**

-1.00, N6  
Pr By

**LEFT**

+1.25D, N6

26-11-2022 12:26 PM

Print Date & Time

Dr. Rahul Atara  
BDS, MDS (Endodontics)  
Sr. Consultant Dental Surgeon  
Reg. No: A-16347

Name: Mrs. Bhagyashree Kumbhalkar Date: 26/11/22

Age: 43 Sex: M/F ✓ Weight: \_\_\_\_\_ kg Height: \_\_\_\_\_ inc BMI: \_\_\_\_\_

BP: \_\_\_\_\_ mmHg Pulse: \_\_\_\_\_ bpm RBS: \_\_\_\_\_ mg/dl

PMH → N/A

o/e - cavities =  $\frac{4}{1}$

calc, stains +

Adv: - Oral prophylaxis -

RCT =  $\frac{1}{1}$



Name : Mrs Bhagyashree Ramod DOB : \_\_\_\_\_ Date : 06/11/2022

Age : 43y Sex : M/F Weight : \_\_\_\_\_ kg Height : \_\_\_\_\_ in BMI : \_\_\_\_\_

BP : \_\_\_\_\_ mmHg Pulse : \_\_\_\_\_ bpm

cf - dysmenorrhea.

LMP - 09/11/2022

M/H → 3-4 / 30-31d.

O/H → P<sub>3</sub>L<sub>3</sub>. - FTND all 3.

LCB → 12yrs. /M.

PH → N.R

SH → Sterilisation done 10yrs back at Abhinav Hosp.

O/E.

BP - 130/80 mmHg

P - 84/min

P/A - soft.

P/S - C<sub>4</sub> } (H)  
 V<sub>3</sub>

P/V - . . . . . WAD

Tab MCFAL SPAS (500) for  
 Pain during periods

B/L  
 Breast - soft

Adv  
 Pap smear



UHID	KH125792	Order Date & time	26-11-2022
Patient Name	Mrs Bhagyashree Pramod Kumbhalkar	Sample Collection Date	26-11-2022 08:40 AM
Age/Gender	43 Y/Female	Acknowledge Date	26-11-2022 09:03 AM
Patient Type	OP	Visit No	OP-118460
Ordering Doctor		Refer By	Dr Vimmi Goel
Order Id	ODRID-307764	Accession Number	0150618

### Haematology

Service Name	Result	Unit	Reference Range	Method
<b>Haemogram (CBC with ESR), Whole Blood</b>				
<b>Erythrocytes</b>				
* Haemoglobin	12.5	gm/dl	12-15	Photometric Measurement
* RBC count	4.10	millions/cumm	3.8-4.8	Photometric Measurement
* Packed Cell Volume (PCV/HCT)	37.4	%	36-46	Calculated
* MCV	91	fl	83-101	Calculated
* MCH	30.4	pg	27-32	Calculated
* MCHC	33.3	gm/dl	31.5-34.5	Calculated
* RDW	<b>17.1 H</b>	%	11.5-14.0	Calculated
<b>Leucocytes</b>				
* TLC (Total Leukocyte Count)	7200	/cumm	4000-10000	Flow cytometry
* Neutrophils	<b>48.0 L</b>	%	50-70	
* Lymphocytes	<b>45.3 H</b>	%	25-30	
* Eosinophils	3.5	%	1-5	
* Monocytes	<b>3.2 L</b>	%	5-10	
* Basophils	<b>0.0 L</b>	%	1-2	
* Large Immature Cells	0.0	%		
* Absolute Neutrophil Count	3456.00	/cumm	2000-7000	Calculated
* Absolute Lymphocyte Count	3261.60	/cumm	1000-4800	Calculated
* Absolute Eosinophil Count	252.00	/Cumm	20-500	Calculated
* Absolute Monocyte Count	230.40	/cumm	200-1000	Calculated
* Absolute Basophil Count	<b>0.00 L</b>	/cumm	20-100	Calculated
<b>Platelets</b>				
* Platelet Count	290	10 <sup>3</sup> /cumm	150-450	Impedance
* MPV	<b>9.7 H</b>	fl	6.0-9.5	Calculated
* PCT (Platelet Hematocrit)	0.28	%	0.2-0.5	
* PDW (Platelet Distribution Width)	<b>17.80 H</b>	%	9-17	
<b>Peripheral Smear Examination</b>				
<b>RBC Morphology</b>				
* Normochromic Normocytic	seen			
* Anisocytosis	+ (Few)			
* WBCs	As Above			
* Platelets	Adequate			
* ESR (Westergren)	16	mm/hr	<20	Westergren
* Blood Grouping & RH Factor, Whole Blood & Serum	"A" Rh POSITIVE			Column agglutination test
* HbA1c (Glycosylated Haemoglobin), Blood	5.6	%	Non-Diabetic: <=5.6 % Pre-Diabetic: 5.7-6.4 % Diabetic >=6.5 %	HPLC

### Clinical Biochemistry

Service Name	Result	Unit	Reference Range	Method
Fasting Blood Sugar, Plasma	<b>104.0 H</b>	mg/dL	<100	GOD/POD, Colorimetric
* Post Prandial Blood Sugar, Plasma	118.0	mg%	<140	GOD/POD, Colorimetric

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44, Parwana Chawan, Kingsway, Nagpur - 440 001, Maharashtra, India.

Phone: +91 0712 6789100

CIN : U74999MH2018PTC303510

GOD/POD, Colorimetric

GOD/POD, Colorimetric

UHID	KH125792	Order Date & time	26-11-2022
Patient Name	Mrs Bhagyashree Pramod Kumbhalkar	Sample Collection Date	26-11-2022 08:40 AM
Age/Gender	43 Y/Female	Acknowledge Date	26-11-2022 09:03 AM
Patient Type	OP	Visit No	OP-118460
Ordering Doctor		Refer By	Dr Vimmi Goel
Order Id	ODRID-307764	Accession Number	0150618

Service Name	Result	Unit	Reference Range	Method
<b>Lipid Profile, Serum</b>				
* Cholesterol	173.00	mg/dL	<200 Normal Less than 150 mg/dl Borderline High 150 - 199 mg/dl High 200 - 499 mg/dl Very High More than 499 mg/dl	Enzymatic Method
* Triglyceride	82.0	mg/dL	Major risk factor for Heart disease <40 mg/dl (Males) Major risk factor for Heart disease <50 mg/dl (Female) Negative risk factor for Heart disease >60 mg/dl Optimal <100 mg/dl Near optimal 100 - 129 mg/dl	Enzymatic(Lipase/GK/GPO /POD)
* HDL Cholesterol Direct	57.0	mg/dL	Borderline high 130 - 159 mg/dl High 60 - 189 mg/dl Very High >190 mg/dl	Phosphotungstic acid/mgcl-Enzymatic (microslide)
* LDL Cholesterol (Direct)	107.7 H	mg/dL	<30 3-5	Enzymatic
* VLDL	16.00	mg/dL	<30	Calculated
* Cholesterol/HDL Ratio	3.00		3-5	Calculated
* Non HDL	116.00	mg/dL	<30	Calculated
<b>Kidney Function Test (KFT), Serum</b>				
* Blood Urea	8.00 L	mg/dL	15-36	Urease with indicator dye
* Creatinine	0.62	mg/dL	0.52-1.04	Enzymatic (creatinine amidohydrolase)
* eGFR	110.44	mL/min/1.73m <sup>2</sup>		Calculated
* Sodium	140	mmol/L	136-145	Direct ion selective electrode
* Potassium	4.58	mmol/L	3.5-5.1	Direct ion selective electrode
BUN (Blood Urea Nitrogen), Serum	8.0	mg/dL	7-17	Urease with indicator dye
<b>Liver Function test, Serum</b>				
* Total Bilirubin	0.28	mg/dL	0.2-1.3	Azobilirubin/Dyphylline
* Bilirubin Direct	0.15	mg/dL	0.1-0.3	Calculated
* Bilirubin Indirect	0.13	mg/dL	0.1-1.1	Dual wavelength Spectrophotometric
* SGOT (AST)	24	U/L	13-35	Kinetic with pyridoxal 5 phosphate
* SGPT (ALT)	21	U/L	13-45	Kinetic with pyridoxal 5 phosphate
* Alkaline Phosphatase	72.00	U/L	38-126	Pnpp/AMP buffer
* Total Protein	7.05	gm/dl	6.3-8.2	Biuret(Alkaline cupric Sulfate)
* Albumin	4.15	gm/dl	3.5-5.0	Bromocresol green dye binding
* Globulin	2.90	gm/dl	2-4	Calculated
* Albumin/Globulin Ratio	1.43			Calculated
* Gamma GT (GGT), Serum	27.0	U/L	12-43	Kinetic Method



UHID	KH125792	Order Date & time	26-11-2022
Patient Name	Mrs Bhagyashree Pramod Kumbhalkar	Sample Collection Date	26-11-2022 08:40 AM
Age/Gender	43 Y/Female	Acknowledge Date	26-11-2022 09:03 AM
Patient Type	OP	Visit No	OP-118460
Ordering Doctor		Refer By	Dr Vimmi Goel
Order Id	ODRID-307764	Accession Number	0150618

Service Name	Result	Unit	Reference Range	Method
<b>Interpretation:</b>				
*A high fat meal may cause decreased bilirubin levels by interfering with the clinical reactions. GT activity is elevated in all forms of liver disease. This test is much more sensitive than either the alkaline phosphatase test or the transaminase test (i.e., SGOT, SGPT) in detecting obstructive jaundice, cholangitis, and cholecystitis. It is also indicated in the differential diagnosis of liver disease in children and pregnant women who have elevated levels of LDH and alkaline phosphatase.				
* Uric Acid, Serum	4.12	mg/dL	2.6-6.0	Uricase/Peroxidase (Colorimetric)
<b>Thyroid Function Test (T3,FT4,TSH), Serum</b>				
* T3	1.46	ng/mL	0.55-1.7	Enhanced chemiluminescence
* Free T4	1.14	ng/dL	0.8-1.7	Enhanced chemiluminescence
* Thyroid Stimulating Hormone (TSH)	2.63	uIU/mL	0.5-4.8	Enhanced chemiluminescence

### Clinical Pathology

Service Name	Result	Unit	Reference Range	Method
<b>Urine Routine and Microscopy, Urine</b>				
<b>Physical Examination</b>				
* Volume	20 ml			
* Appearance	Clear			
* Colour	Pale Yellow			
* PH	5.0	NA	4.6-8.0	
* Specific Gravity	1.010 L	NA	1.016-1.022	Iodometric method
<b>Chemical Examination</b>				
* Protein	Negative	mg/dL		
* Glucose	Negative			
* Ketone	Negative			
* Bilirubin	Negative			
* Urobilinogen	Normal			
* Nitrate	Negative			
<b>Microscopic Examination</b>				
* Pus Cells	0-1	/ hpf		
* Epithelial Cells	0-1	/ hpf		
* Red Blood Cells	Absent	/ hpf		
* Crystal	Absent			
* Cast	Absent	/hpf		
* Bacteria	Absent			
* Other	-			
Urine Sugar Fasting, Urine	Negative			GOD/POD
Urine Post Prandial Sugar, Urine	Negative			GOD/POD

Disclaimer: Only Starred Parameters are under the Scope of NABL

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**KINGSWAY**  
**HOSPITALS**

PERSONALISING HEALTHCARE  
PERSONALISING HEALTHCARE

A Unit of SPANV Medisearch Lifesciences Pvt. Ltd.

CIN U74999MH2018PTC303510

SPANV Medisearch Lifesciences Pvt. Ltd.

44, Kingsway, Near Kasturchand Park,

Nagpur - 440 001, Maharashtra, India

Phone: +91 0712 6789100

CIN: U74999MH2018PTC303510

GST: 27AAZCS7904H1ZM

UHID	KH125792	Patient Name	Mrs Bhagyashree Pramod Kumbhalkar
Age	43 Y	Gender	Female
Payer Name	Self	Payer Type	cash
Order Date & time	26-11-2022 12:00 AM	Acknowledge Date	26-11-2022 09:25 AM
Refer By	Dr Vimmi Goel	Treating Doctor Speciality	Non Invasive Cardiology
Accession Number	OPRDAC-23733	DOB	
Patient Type	OP	Order Id	ODRID-307764

### X-Ray Chest PA

Both the lung fields are clear.

Heart and Aorta are normal.

Both hilar shadows appear normal.

Diaphragm domes and CP angles are clear.

Bony cage is normal.

#### IMPRESSION -

No pleuro-parenchymal abnormality seen.

Dr Asawari S Lautre  
Consultant Radiologist  
MBBS,MD (Radio-Diag)

44, Kingsway, Near Kasturchand Park, Nagpur, Maharashtra, India - 440 001.

Phone: + 91 7126789100 | Email: info@kingswayhospitals.com

www.kingswayhospitals.com

Toll-free Number 1800 266 8346 | Emergency No: 0712-6789200 | Ambulance No: 60096 60098

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UHID	KH125792	Patient Name	Mrs Bhagyashree Pramod Kumbhalkar
Age	43 Y	Gender	Female
Payer Name	Self	Payer Type	cash
Order Date & time	26-11-2022 12:00 AM	Acknowledge Date	26-11-2022 09:50 AM
Refer By	Dr Vimmi Goel	Treating Doctor Speciality	Non Invasive Cardiology
Accession Number	OPRDAC-23736	DOB	
Patient Type	OP	Order Id	ODRID-307764

### Mammography Both Breast

#### MAMMOGRAPHY OF BOTH BREASTS

TECHNIQUE: Bilateral MLO and CC projections taken. Markers placed in external aspect in CC view and superior in MLO view.

#### OBSERVATION:

Both breast show type C parenchyma, limits optimal evaluation.

#### Right breast:

Right breast does not show any dominant mass, architectural distortion or suspicious microcalcification.  
No skin or trabecular thickening noted.  
No enlarged axillary nodes seen.

#### Left breast:

**Asymmetric density is seen in upper inner quadrant of left breast.**  
Left breast does not show any dominant mass, architectural distortion or suspicious microcalcification.  
No skin or trabecular thickening noted.  
No enlarged axillary nodes seen.

#### IMPRESSION: X RAY mammography reveals:

Asymmetric density in upper inner quadrant of left breast.  
ACR – BIRADS Category 0- Incomplete study, suggest USG correlation for further evaluation.

#### Note:

- \* The false negative of mammography is approximately 10%
- \* Investigations have their limitations. Solitary Radiological /pathological and other investigations never confirm the final diagnosis of disease . Please correlate accordingly



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Consultant Radiologist  
MBBS,MD (Radio-Diag)

44, Kingsway, Near Kasturchand Park, Nagpur, Maharashtra, India - 440 001.

Phone: + 91 7126789100 | Email: info@kingswayhospitals.com

www.kingswayhospitals.com

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UHID	KH125792	Patient Name	Mrs Bhagyashree Pramod Kumbhalkar
Age	43 Y	Gender	Female
Payer Name	Self	Payer Type	cash
Order Date & time	26-11-2022 12:00 AM	Acknowledge Date	26-11-2022 10:33 AM
Refer By	Dr Vimmi Goel	Treating Doctor Speciality	Non Invasive Cardiology
Accession Number	OPRDAC-23748	DOB	
Patient Type	OP	Order Id	ODRID-307764

### USG Whole Abdomen

LIVER is normal in size ( 11.4 cm), shape and echotexture. No evidence of any focal lesion seen. Intrahepatic biliary radicals are not dilated. PORTAL VEIN and CBD are normal in course and caliber.

GALL BLADDER is physiologically distended. No stones or sludge seen within it. Wall thickness is within normal limits.

Visualized head and body of PANCREAS is normal in shape, size and echotexture.

SPLEEN is normal in size (9.3 cm), shape and echotexture. No focal lesion seen.

Right kidney measures - 9.7 x 3.6 cm. Left kidney measures - 10.6 x 4.7 cm  
Both KIDNEYS are normal in shape, size and echotexture.  
No evidence of calculus or hydronephrosis seen.  
URETERS are not dilated.

URINARY BLADDER is well distended. No calculus or mass lesion seen.  
Uterus is anteverted and normal. No focal myometrial lesion seen.  
Endometrial echo-complex appears normal. ET- 9 mm.  
Bilateral adnexa are clear.

There is no free fluid or abdominal lymphadenopathy seen.

**IMPRESSION: USG reveals,  
No significant visceral abnormality seen.**



Dr Asawari S Lautre  
Consultant Radiologist  
MBBS,MD (Radio-Diag)

## 2D ECHOCARDIOGRAPHY AND COLOR DOPPLER REPORT

Patient Name : Mrs. Bhagyashree Pramod Kumbhalkar  
Age : 43 years / Female  
UHID : KH125792  
Date : 26/11/2022  
Done by : Dr. Vimmi Goel  
ECG : NSR, MInor ST-T changes

### **Impression:**

#### **Normal 2D Echocardiography Study**

Normal chambers dimensions  
No RWMA of LV at rest  
Good LV systolic function, LVEF 68%  
Normal LV diastolic function  
E/A is 1.2  
E/E' is 9.6 (Normal filling pressure)  
Valves are normal  
No pulmonary hypertension  
IVC is normal in size and collapsing well with respiration  
No clots or pericardial effusion

### **Comments:**

Sector echocardiography was performed in various conventional views (PLAX, SSAX, AP4 CH and 5 CH views). LV size normal. There is no RWMA of LV seen at rest. Good LV systolic function. LVEF 68%. Normal LV diastolic function. E Velocity is 112 cm/s, A Velocity is 90 cm/s. E/A is 1.2. Valves are normal. No Pulmonary Hypertension. IVC normal in size and collapsing well with respiration. Pericardium is normal. No clots or pericardial effusion seen. E' at medial mitral annulus is 9.6 cm/sec & at lateral mitral annulus is 16.1 cm/sec. E/E' is 9.6 (Average).

### M Mode echocardiography and dimension:

	Normal range (mm)		Observed (mm)
	(adults)	(children)	
Left atrium	19-40	7-37	32
Aortic root	20-37	7-28	26
LVIDd	35-55	8-47	37
LVIDs	23-39	6-28	23
IVS (d)	6-11	4-8	09
LVPW (d)	6-11	4-8	10
LVEF %	~ 60%	~60%	68%
Fractional Shortening			37%

P.T.O

  
**Dr. Vimmi Goel**  
**MD, Sr. Consultant**  
**Non-invasive Cardiology**



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44, Kingsway, Near Kasturchand Park, Nagpur, Maharashtra, India - 440 001

Phone: +91 712 2523996 | Email: info@kingswayhospitals.com

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KH125792  
43 Years

MRS. BHAGYASHREE KUMBHALKAR  
Female

26-NOV-22 11:04:23 AM  
KIMS-KINGSWAY HOSPITALS

PHC DEPT.

Rate 78  
 • Sinus rhythm.....normal P axis, V-rate 50-99  
 • Borderline short PR interval.....  
 • Borderline repolarization abnormality.....PR int <120ms  
 • Baseline wander in lead(s) V2.....ST dep & abnormal T

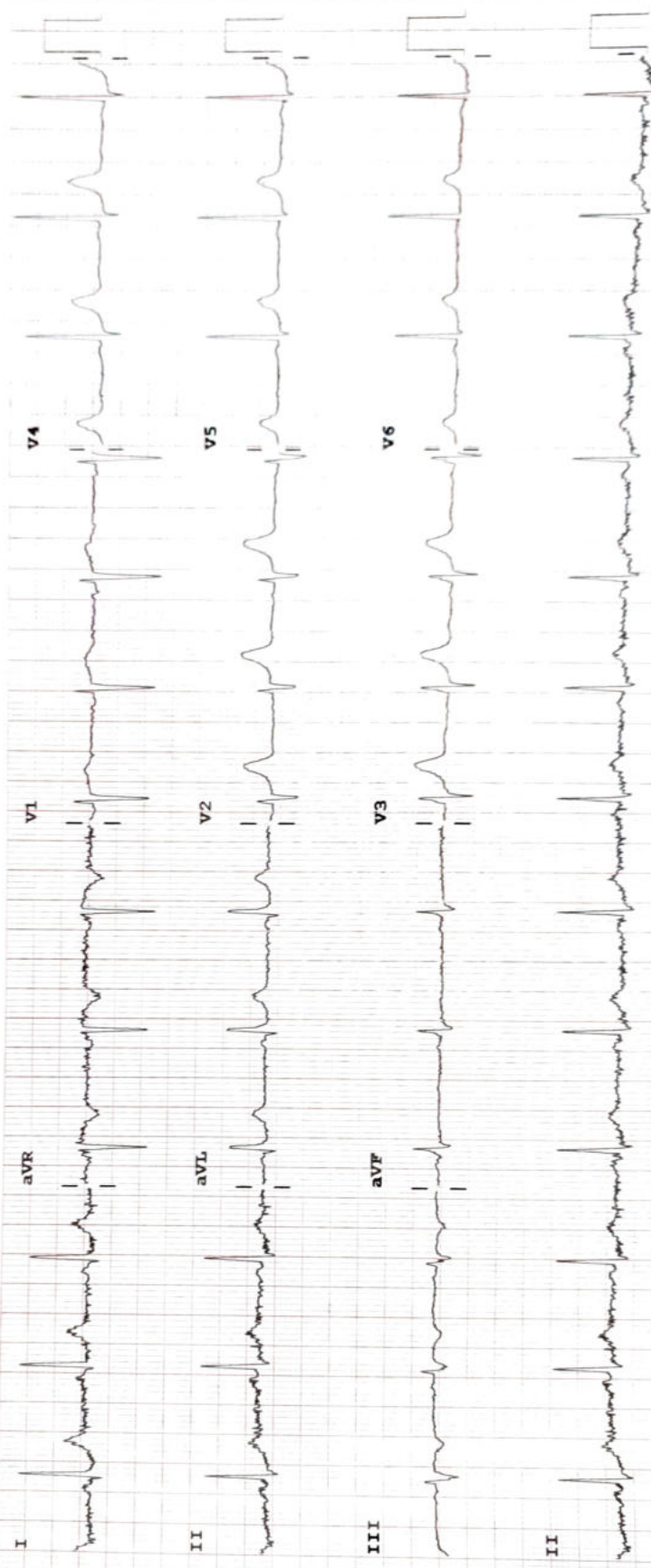
--AXIS--

P 43  
 QRS 16  
 T 2

12 Lead; Standard Placement

- BORDERLINE ECG -

Unconfirmed Diagnosis



Device: Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10.0 mm/mV

F 50- 0.50-150 Hz W

100B CL

P?

PHILIPS