

Dr. Vimmi Goel
MBBS, MD (Internal Medicine)
Sr. Consultant Non Invasive Cardiology
Reg. No: MMC- 2014/01/0113



Name: Mrs. Priti Shende Date: 31/01/23
Age: 35y Sex: M/F Weight: 67.9 kg Height: 159.5 inc BMI: 26.7
BP: 110/70 mmHg Pulse: 76 bpm RBS: _____ mg/dl

SPO₂ - 99%

LMP - 19/12/22

InBody

InBody270

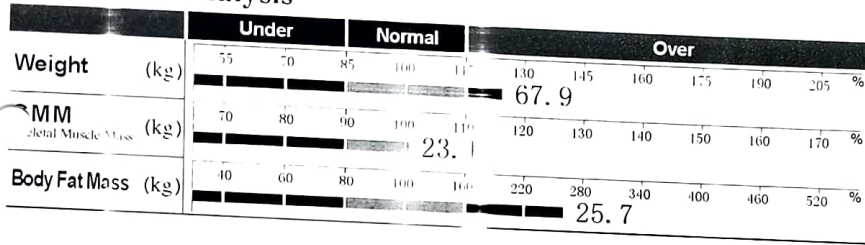
Kingway Hospital

ID 130310	Height 159.5cm	Age 35	Gender Female	Test Date / Time 03.01.2023 12:41
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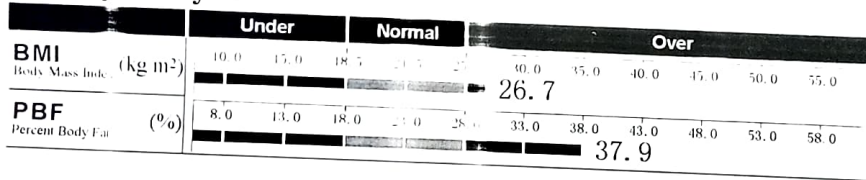
Body Composition Analysis

Total amount of water in my body	Total Body Water (L)	30.9 (27.9~34.1)
What I need to build muscles	Protein (kg)	8.3 (7.5~9.1)
What I need for strong bones	Mineral (kg)	3.01 (2.57~3.15)
Where my excess energy is stored	Body Fat Mass (kg)	25.7 (10.9~17.5)
Sum of the above	Weight (kg)	67.9 (46.5~62.9)

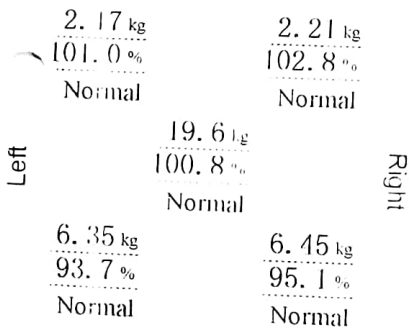
Muscle-Fat Analysis



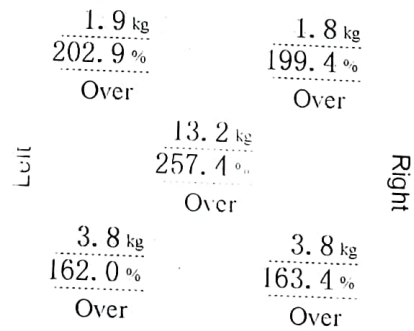
Obesity Analysis



Segmental Lean Analysis



Segmental Fat Analysis



* Segmental fat is estimated

Body Composition History

Weight (kg)	67.9				
SMM (kg)	23.1				
PBF (%)	37.9				
Recent <input checked="" type="checkbox"/> Total <input type="checkbox"/>	03.01.23 12:41				

InBody Score

67/100 Points

* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points

Weight Control

Target Weight	54.8 kg
Weight Control	-13.1 kg
Fat Control	-13.1 kg
Muscle Control	0.0 kg

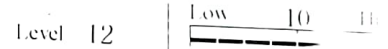
Obesity Evaluation

BMI	<input type="checkbox"/> Normal <input type="checkbox"/> Under <input checked="" type="checkbox"/> Over
PBF	<input type="checkbox"/> Normal <input type="checkbox"/> Slightly Over <input checked="" type="checkbox"/> Over

Waist-Hip Ratio



Visceral Fat Level



Research Parameters

Fat Free Mass	42.2 kg
Basal Metabolic Rate	1281 kcal (13~14)
Obesity Degree	124% (10~14)
SMI	6.8 kg/m²
Recommended calorie intake	1621 kcal

Calorie Expenditure of Exercise

Golf	20	Gateball	10
Walking	36	Yoga	10
Badminton	53	Table Tennis	10
Tennis	70	Bicycling	10
Boxing	70	Basketball	10
Mountain Climbing	72	Jumping Rope	10
Aerobics	78	Jogging	10
Soccer	78	Swimming	10
Japanese Fencing	70	Racketball	10
Squash	70	Taekwondo	10

* Based on your current weight
* Based on 30 minute duration

Impedance

RA	LA	RL	RL	LL
Z(Ω) 20kHz	375.3	382.7	261.4	282.9
100kHz	336.3	341.4	233.2	248.8



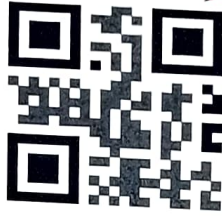
MC-4807

CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

Patient Name : Mrs. PRITI SHENDE	Age / Gender : 35 Y(s)/Female
Bill No/ UMR No : BIL2223007307/UMR2223130340	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 03-Jan-23 10:24 am	Report Date : 03-Jan-23 01:13 pm

HAEMOGRAM

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Haemoglobin	Blood	12.3	12.0 - 15.0 gm%	Photometric
Haematocrit(PCV)		37.1	36.0 - 46.0 Vol%	Calculated
RBC Count		4.58	3.8 - 4.8 Millions/cumm	Photometric
Mean Cell Volume (MCV)		81	83 - 101 fl	Calculated
Mean Cell Haemoglobin (MCH)		26.9	27 - 32 pg	Calculated
Mean Cell Haemoglobin Concentration (MCHC)		33.2	31.5 - 35.0 g/l	Calculated
RDW		15.3	11.5 - 14.0 %	Calculated
Platelet count		312	150 - 450 10^3 /cumm	Impedance
WBC Count		5800	4000 - 11000 cells/cumm	Impedance
<u>DIFFERENTIAL COUNT</u>				
Neutrophils		51.3	50 - 70 %	Flow Cytometry/Light microscopy
Lymphocytes		40.0	20 - 40 %	Flow Cytometry/Light microscopy
Eosinophils		6.2	1 - 6 %	Flow Cytometry/Light microscopy
Monocytes		2.4	2 - 10 %	Flow Cytometry/Light microscopy
Basophils		0.1	0 - 1 %	Flow Cytometry/Light microscopy
Absolute Neutrophil Count		2975.4	2000 - 7000 /cumm	Calculated



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DEPARTMENT OF PATHOLOGY

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Received Dt : 03-Jan-23 10:24 am	Report Date : 03-Jan-23 01:13 pm

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Absolute Lymphocyte Count		2320	1000 - 4800 /cumm	Calculated
Absolute Eosinophil Count		359.6	20 - 500 /cumm	Calculated
Absolute Monocyte Count		139.2	200 - 1000 /cumm	Calculated
Absolute Basophil Count		5.8	0 - 100 /cumm	Calculated
<u>PERIPHERAL SMEAR</u>				
Microcytosis		Microcytosis +(Few)		
Hypochromasia		Hypochromia +(Few)		
E S R		15	0 - 20 mm/hr	Automated Westergren's Method
*** End Of Report ***				

Suggested Clinical Correlation * If necessary, Please discuss
 Verified By : : 11100245
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Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST

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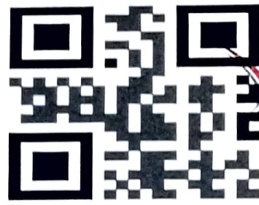


CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mrs. PRITI SHENDE	Age / Gender : 35 Y(s)/Female
Bill No/ UMR No : BIL2223007307/UMR2223130340	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 03-Jan-23 10:21 am	Report Date : 03-Jan-23 12:22 pm

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Fasting Plasma Glucose	Plasma	103	< 100 mg/dl	GOD/POD, Colorimetric
Post Prandial Plasma Glucose		66	< 140 mg/dl	GOD/POD, Colorimetric
GLYCOSYLATED HAEMOGLOBIN (HBA1C)				
HbA1c		6.0	Non-Diabetic : <= 5.6 % Pre-Diabetic : 5.7 - 6.4 % Diabetic : >= 6.5 %	HPLC
LIPID PROFILE				
Total Cholesterol		143	< 200 mg/dl	Enzymatic(CHE/CHO/POD)
Triglycerides		111	< 150 mg/dl	Enzymatic (Lipase/GK/GPO/POD)
HDL Cholesterol Direct		44	> 50 mg/dl	Phosphotungstic acid/mgcl-Enzymatic (microslide)
LDL Cholesterol Direct		76.75	< 100 mg/dl	Enzymatic
VLDL Cholesterol		22	< 30 mg/dl	Calculated
Tot Chol/HDL Ratio		3	3 - 5	Calculation
RFT				
Blood Urea		26	15.0 - 36.0 mg/dl	Urease with indicator dye
Creatinine		0.7	0.52 - 1.04 mg/dl	Enzymatic (creatinine amidohydrolase)
GFR		115.6	100 - 110 ml/min/1.73m2	Calculation by CKD-EPI 2021
Sodium		140	136 - 145 mmol/L	Direct ion selective electrode
Potassium		4.63	3.5 - 5.1 mmol/L	Direct ion selective electrode
LIVER FUNCTION TEST(LFT)				
Total Bilirubin		0.29	0.2 - 1.3 mg/dl	Azobilirubin/Dyphylline
Direct Bilirubin		0.04	0.1 - 0.3 mg/dl	Calculated
Indirect Bilirubin		0.25	0.1 - 1.1 mg/dl	Duel wavelength spectrophotometric
Alkaline Phosphatase		85	38 - 126 U/L	pNPP/AMP buffer
SGPT/ALT		12	13 - 45 U/L	Kinetic with pyridoxal 5 phosphate
SGOT/AST		21	13 - 35 U/L	Kinetic with pyridoxal 5 phosphate
Serum Total Protein		7.83	6.3 - 8.2 gm/dl	Biuret (Alkaline cupric sulfate)
Albumin Serum		4.20	3.5 - 5.0 gm/dl	Biuret (Alkaline cupric sulfate)
Globulin		3.63	2.0 - 4.0 gm/	Bromocresol green Dye Binding
A/G Ratio		1.2		Calculated



CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

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Bill No/ UMR No : BIL2223007307/UMR2223130340	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 03-Jan-23 10:24 am	Report Date : 03-Jan-23 03:17 pm

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
THYROID PROFILE				
T3		1.30	0.55 - 1.70 ng/ml	Enhanced chemiluminescence
Free T4		1.12	0.80 - 1.70 ng/dl	
TSH		1.37	0.50 - 4.80 uIU/ml	Enhanced chemiluminescence

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

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Dr. Anuradha Deshmukh, MBBS,MD
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CONSULTANT MICROBIOLOGIST
 Phone: +91 0712 6789100
 CIN: U74999MH2018PTC303510



CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF PATHOLOGY

Patient Name : Mrs. PRITI SHENDE	Age / Gender : 35 Y(s)/Female
Bill No/ UMR No : BIL2223007307/UMR2223130340	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 03-Jan-23 10:25 am	Report Date : 03-Jan-23 12:10 pm

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Method</u>
URINE MICROSCOPY			
<u>PHYSICAL EXAMINATION</u>			
Volume	Urine	30 ml	
Colour.		Yellow	
Appearance		Slightly Hazy	
<u>CHEMICAL EXAMINATION</u>			
Reaction (pH)	Urine	5.0	Indicators
Specific gravity		1.020	ion concentration
Urine Protein		1+ (Approx 25mg/dl)	protein error of pH indicator
Sugar		Negative	GOD/POD
Bilirubin		Negative	Diazonium
Ketone Bodies		Negative	Legal's est Principle
Nitrate		Negative	
Urobilinogen		Normal	Ehrlich's Reaction
<u>MICROSCOPIC EXAMINATION</u>			
Epithelial Cells	Urine	5-10	0 - 4 /hpf Manual
R.B.C.		21-50	0 - 4 /hpf Manual
Pus Cells		5-10	0 - 4 /hpf Manual
Casts		Absent	
Crystals		Absent	Manual
<u>USF(URINE SUGAR FASTING)</u>			
Urine Glucose	Urine	Negative	GOD/POD
*** End Of Report ***			

Suggested Clinical Correlation * If necessary, Please discuss

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Phone: +91 0712 6789100

CIN: U74999MH2018PTC303510



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF IMMUNO HAEMATOLOGY

Patient Name : Mrs. PRITI SHENDE	Age /Gender : 35 Y(s)/Female
Bill No/ UMR No : BIL2223007307/UMR2223130340	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 03-Jan-23 10:24 am	Report Date : 03-Jan-23 01:27 pm

BLOOD GROUPING AND RH

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	
BLOOD GROUP.	EDTA Whole Blood & Plasma/ Serum	" B "	Gel Card Method
Rh (D) Typing.		" Positive "(+Ve)	

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100400

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Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST

NAME OF PATIENT:	PRITI SHENDE	AGE & SEX:	35 Y / F
REF BY:	DR. VIMMI GOEL	DATE:	03/01/2023

X- RAY CHEST (PA VIEW)

Both the lung fields are clear.

Heart and Aorta are normal.

Both hilar shadows appear normal.

Diaphragm domes and CP angles are clear.

Bony cage is normal.

IMPRESSION -

No pleuro-parenchymal abnormality seen.


DR. MILI PARIKH
MD, DNB (RADIOLOGIST)
REG NO. 2017083895

NAME OF PATIENT:	MRS. PRITI SHENDE	AGE & SEX:	35 YRS/F
UMR NO	UMR2223130340	BILL NO	2223007307
REF BY:	DR. VIMMI GOEL	DATE:	03/01/2023

USG WHOLE ABDOMEN

LIVER is normal in size (13.3 cm), shape and echotexture.
No evidence of any focal lesion seen. Intrahepatic biliary radicals are not dilated.
PORTAL VEIN and CBD are normal in course and caliber.

GALL BLADDER is physiologically distended. No stones or sludge seen within it.
Wall thickness is within normal limits.

PANCREAS is normal in shape, size and echotexture.

SPLEEN is normal in size (10 cm), shape and echotexture. No focal lesion seen.

Right kidney measures 11.7 x 4.9 cm. Left kidney measures 11.1 x 4.7 cm
Both KIDNEYS are normal in shape, size and echotexture.
No evidence of calculus or hydronephrosis seen.
URETERS are not dilated.

BLADDER is partially distended. No calculus or mass lesion seen.

Uterus is anteverted and normal. It measures 7.9 x 6.0 x 4.0 cm.

No focal myometrial lesion seen.

Endometrial echo-complex appear normal. ET- 5.6 mm.

Bulky cervix (AP diameter measures 3.6 cm).

Right ovary measures 2.1 x 2.2 x 3.1 cm, volume – 7.5 cc.

Left ovary measures 2.3 x 2.4 x 3.6 cm, volume – 11 cc.

Both ovaries show multiple tiny peripherally arranged follicles with central echogenic stroma however normal in volume.

No adnexal mass lesion seen.

There is no free fluid or abdominal lymphadenopathy seen.

IMPRESSION:

- ✚ Bulky cervix could be related to the cervicitis
- ✚ Poly cystitis ovaries.

Suggest clinical correlation / further evaluation.

DR. ARVIND BORDE

MD, DNB, MNAMS

CONSULTANT RADIOLOGIST

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Phone: +91 0712 6789100

CIN: U74999MH2018PTC303510

2D ECHOCARDIOGRAPHY AND COLOR DOPPLER REPORT

Patient Name : Mrs. Priti Shende
 Age : 35 years / Female
 UMR No : UMR2223130340
 Date : 03/01/2023
 Done by : Dr. Vimmi Goel
 ECG : NSR, WNL

Impression:

Normal 2D Echocardiography Study

Normal chambers dimensions
 No RWMA of LV at rest
 Good LV systolic function, LVEF 56%
 Normal LV diastolic function
 E/A is 1.8
 Valves are normal
 Trivial MR
 No pulmonary hypertension
 IVC is normal in size and collapsing well with respiration
 No clots or pericardial effusion

Comments:

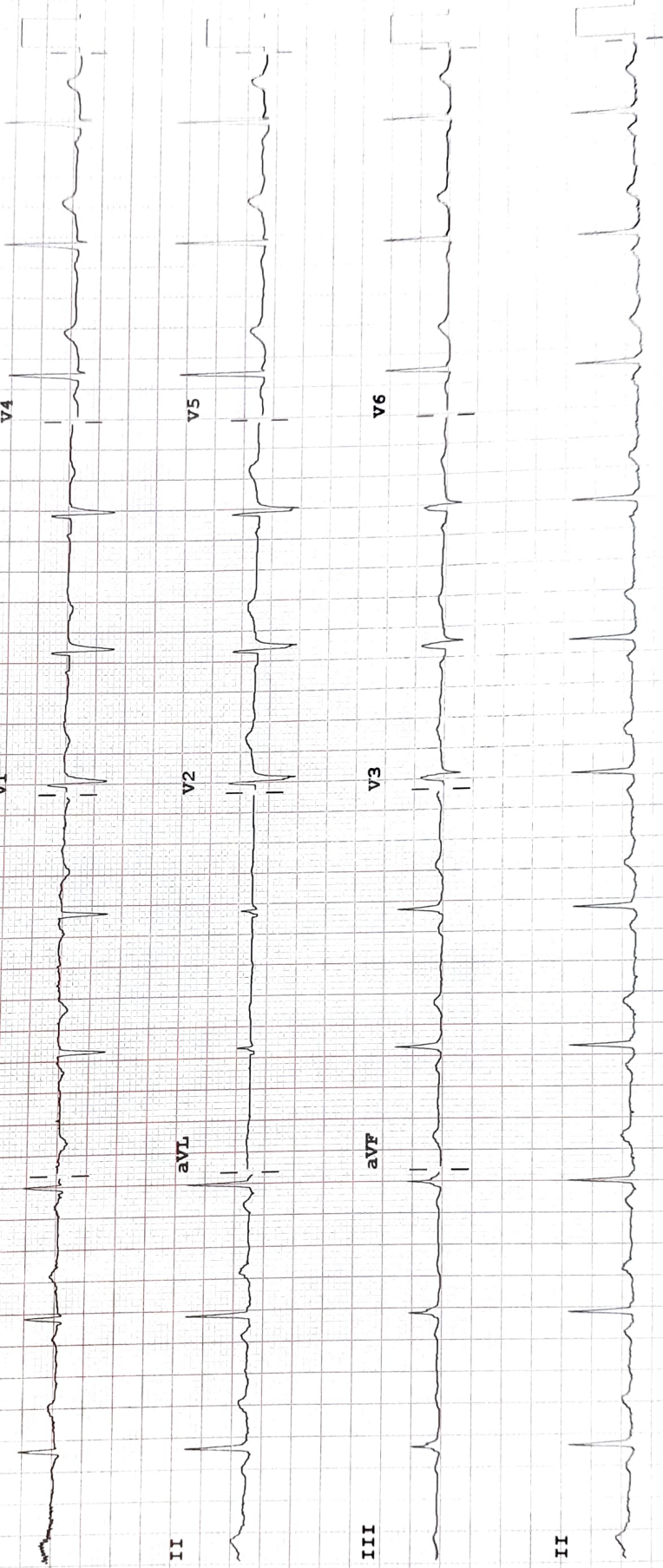
Sector echocardiography was performed in various conventional views (PLAX, SSAX, AP4 CH and 5 CH views). LV size normal. There is no RWMA of LV seen at rest. Good LV systolic function. LVEF 56%. Normal LV diastolic function. E Velocity is 122 cm/s, A Velocity is 68 cm/s. E/A is 1.8. Valves are normal. Trivial MR. No Pulmonary Hypertension. IVC normal in size and collapsing well with respiration. Pericardium is normal. No clots or pericardial effusion seen.

M Mode echocardiography and dimension:

	Normal range (mm)		Observed (mm)
	(adults)	(children)	
Left atrium	19-40	7-37	34
Aortic root	20-37	7-28	22
LVIDd	35-55	8-47	43
LVIDs	23-39	6-28	30
IVS (d)	6-11	4-8	09
LVPW (d)	6-11	4-8	09
LVEF %	~ 60%	~60%	09
Fractional Shortening			56%
			28%

P.T.O


Dr. Vimmi Goel
MD, Sr. Consultant
Non-invasive Cardiology



Device:

Speed: 25 mm/sec

Limb: 10 mm/mV

Chest: 10.0 mm/mV

100B CL

P?

F 50~ 0.50-150 Hz W