

DEPT. OF APOLLO HEALTH CHECK



CASE RECORD

AHB.0001110050 Name: MR. SUDHAKARA D NAYAK Age: 63 Year(s) Year(s)/Male 11 Nov 2022 8:22:10 AM Age:	Age:	Sex: M/F
		UHID:



Physical Examination

General : Build Height **181 cm** Weight **78.6 kg** BMI :

Anaemia

Icterus

Cyanosis

Clubbing

Oedema

Glands

HEAD & NECK :

ENT :

CVS : Heart Rate & Rhythm **83 bpm** SpO₂ - **95 %**

B.P. : Supine **134/84** Sitting Standing

Chest shape

mm Hg

Retroscreening

Heart Sounds

Normal (vsystolic fraction)

Murmurs

NORWMA

Thrills

RF = 60%

RS : Rate & Type

Breath Sounds

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PHB.0001110050
 DR. SUDHAKARA D NAYAK
 Age: 53 Year(s) Year(s)/Male
 1 Nov 2022 8:22:48 AM
 Age, Sex, Date, Name of Treating Physician



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Previous Investigations

ECG

TMT

ECHO

**Past Cath Findings
 Planned Investigation
 Advice**

ECG

TMT

ECHO

CAG / PTCA

Allergies : <i>Not known</i>	Fall Risk Assessment		Wt: _____	Ht: _____	T: _____	P: <i>83</i>	BP: <i>134/84</i>
	H/o fall (within 1 year)	Yes No					
	Mobility Aid	Yes No					
	Gait	Dep. Indep.	Pain _____/10	<input type="checkbox"/> Psychological & Social Assessment done			

- Health check up.

- No chest Pain.

HR - 83/min

BP - 134/84 mmHg.

ECG - SR

ECHO - Good LV function

TMT - Positive.

Adv:

- CT. Coronary angiogram.

- T. ECOSPRIN. AV 75/10 oral.

Kindly get this document scanned at the counter for the record purpose

Signature and Date

Dr. Jyoti Jain
 MBBS, DNB (Family Medicine), PGDGM
 (Dip in Geriatric Medicine)
 Senior Consultant - Dept. of Apollo Health Check

AHB-1110050

Place Label Here

MR. SUDHAKARA DNANAK

Age: 53 year ♂ male

If label not available, write Pt. Name, UHID No.,
 Age, Sex, Date, Name of Treating Physician

Form # OP1



Allergies : NKDA.	Fall Risk Assessment		Wt: 78.6	Ht: 181	T: _____	P: 83	BP: 134/84
	H/o fall (within 1 year) Mobility Aid Gait	Yes No Yes No Dep. Indep.					
				<input checked="" type="checkbox"/> Psychological & Social Assessment done			

DM - Type 2 since 4 years.
 Undermet 100.

FBS - 113 Excl ⊕ Mils
 PPBS - 111
 HbA1c - 6.8 %

Dyslipidemia - Takes statin 2 times/wk. LDL - 130
 TMT positive (Borderline) TGL - 174.

Fatty liver.
 Prostrator megly.

Medicine Reconciliation Dose & Frequency Advice & Plan

- Follow cardiology Advise.
- Annual fundoscropy.
- Continue the same medicine for DM.

After 3 mths → HbA1c, FBS, PPBS

Kindly get this document scanned at the counter for the record purpose

Jyoti Jain
 Signature and Date

AH-QF-RD-04

DEPARTMENT OF RADIOLOGY

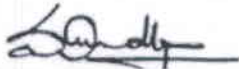
Patient's Details :	Mr. SUDHAKARA D NAYAK	M	053Y
UHID :	AHB.0001110050	Ward/Bed No. :	AHC /
I.P.No./Bill No. :	AHBHC111533	Scanned on :	11-Nov-2022
Accession Number :	10601.122120941	Reported On :	09:51
Referring Doctor :	Dr. MHC		11-Nov-2022

X-RAY CHEST PA VIEW

Lung fields appear clear bilaterally with normal bronchovascular markings.
 Cardiac silhouette and cardiothoracic ratio appear normal.
 Costophrenic angles appear normal on both sides.
 Domes of the diaphragm appear normal.
 Underlying bony and soft tissue shadows appear normal.

IMPRESSION:

No definite abnormality noted on the chest radiograph.



DR. MEDIPALLY MADHUKAR
REGISTRAR

---END OF THE REPORT---

N.B. : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

YOUR CLINICAL TEST RESULTS

Mr. SUDHAKARA D NAYAK

MALE / 53 Yrs / AHB.0001110050 / AHBHC111533

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE ABOVE 40 YEARS

Date: ~~11/11/2022~~

HEMOGRAM

Test Name	Result	Unit	Level	Range
Hemoglobin :Oxyhemoglobin method(Photometric measurement)	15.2	g/dL	●	13-17
RBC Count (Impedance)	5.16	x(10) ¹² /l	●	4.5 - 5.5
Packed cell volume (Calculated)	46	%	●	40 - 50
MCV (Derived from RBC histogram)	89	fl	●	83 - 101
MCH (Calculated)	29	pg	●	27 - 32
MCHC (Calculated)	33	g/dl	●	31.5 - 34.5
RDW (Calculated)	12.8	%	●	11.60-14.00
Platelet Count (Impedance)	244	x(10) ⁹ /l	●	150 - 450
WBC Count (Impedance)	5.79	x(10) ⁹ /l	●	4 - 11
Neutrophils	63	%	●	40 - 80
Lymphocytes	26	%	●	8.6 -23.8
Monocytes	5	%	●	2 - 10
Eosinophils	6	%	●	1 - 6
Basophils	0	%	●	0 - 2
ERYTHROCYTE SEDIMENTATION RATE (ESR) (Teflon Capillary Photometry)	14 *	mm/1st hr	●	Adult Male- 0 - 10

URINE ROUTINE (CUE)

Test Name	Result	Unit	Level	Range
Color :	Yellow			Yellow

Within Normal Range
 Borderline High/Low
 Outside Range

YOUR CLINICAL TEST RESULTS

Mr. SUDHAKARA D NAYAK

MALE / 53 Yrs / AHB.0001110050 / AHBHC111533

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE ABOVE 40 YEARS

Date: 10/11/2022

Volume :	30	ml	
Appearance	Clear		Clear
pH	6.0		
Specific Gravity	1.010 *		● 1.016 - 1.022
Protein :	NEGATIVE		NEGATIVE
Glucose:	NEGATIVE		NEGATIVE
Ketone	NEGATIVE		NEGATIVE
Bile Salts :	NEGATIVE		NEGATIVE
Bile Pigments:	NEGATIVE		NEGATIVE
Urobilinogen	0.2	E.U./dL	● 0.2 - 1.0
Blood :	TRACE-LYSED		NEGATIVE
Nitrate:	NEGATIVE		NEGATIVE
Leucocyte Esterases	NEGATIVE		NEGATIVE
RBC	Nil	Cells/hpf	0 - 2
WBC	1-2 /h.p.f	/HPF	0 - 5
Epithelial Cells	Occasional		Occasional - Few

BLOOD GROUPING AND TYPING (ABO and Rh)

Test Name	Result	Unit	Level	Range
Blood Group:	A			
Rh (D) Type:	POSITIVE			

● Within Normal Range ● Boderline High/Low ● Outside Range

YOUR CLINICAL TEST RESULTS

Mr. SUDHAKARA D NAYAK

MALE / 53 Yrs / AHB.0001110050 / AHBHC111533

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE ABOVE 40 YEARS

Date: 11/11/2022

Method: COLUMN AGGLUTINATION

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	30	U/L	●	<= 50

Test Name	Result	Unit	Level	Range
GLOBULIN - SERUM - CALCULATED	2.9	g/dL	●	Adult 2.0 - 4.0
ALBUMIN:GLOBULIN (RATIO) - CALCULATED	1.6		●	0.8 - 2.0
ALBUMIN - SERUM	4.5	g/dL	●	Adult- 3.5-5.2

Test Name	Result	Unit	Level	Range
ALKALINE PHOSPHATASE - SERUM	47	U/L	●	Adult: 30 - 120

Test Name	Result	Unit	Level	Range
AST (SGOT) - SERUM	26	U/L	●	<= 50

Test Name	Result	Unit	Level	Range
BILIRUBIN, TOTAL - SERUM	0.74	mg/dL	●	0.30-1.20

NEPHROLOGY RENAL PROFILE (RANDOM)

● Within Normal Range ● Boderline High/Low ● Outside Range

YOUR CLINICAL TEST RESULTS

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MALE / 53 Yrs / AHB.0001110050 / AHBHC111533

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE ABOVE 40 YEARS

Date: 11/11/2022

Test Name	Result	Unit	Level	Range
CHLORIDE - SERUM	103	mmol/L	●	98 - 107

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Total Cholesterol	192	mg/dL	●	"Desirable : <200 Borderline : 200 - 239 High Risk : >239"

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	1.11	mg/dL	●	Male : 0.9 - 1.3

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	21	U/L	●	<= 55

GLUCOSE - SERUM / PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Fasting)	113 *	mg/dL	●	"Non-Diabetic : <= 100 Impaired Fasting Glucose: 100-125 Diabetic : >= 126"

GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
	● Within Normal Range		● Boderline High/Low	● Outside Range

YOUR CLINICAL TEST RESULTS

Mr. SUDHAKARA D NAYAK

MALE / 53 Yrs / AHB.0001110050 / AHBHC111533

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE ABOVE 40 YEARS

Date: ~~11/11/2022~~

Glucose - Plasma (POST PRANDIAL)	111	mg/dL	●	"Non-Diabetic : <=140 Impaired Glucose Tolerance : 140-199Diabetic : >=200 "
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GLYCATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD

Test Name	Result	Unit	Level	Range
Glycosylated Hemoglobin (HbA1c)	6.8 *	%	●	"NON-DIABETICS <=5.6 PRE-DIABETIC: 5.7-6.4 DIABETIC >=6.5"

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	46	mg/dL	●	"Low : <40 High: >59"

Test Name	Result	Unit	Level	Range
LDL Cholesterol (Direct LDL)	130 *	mg/dL	●	"Optimal : <100 Near/Above Optimal: 100 - 129 Borderline High: 130 - 159 High: 160 - 189 Very High: > 189"

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
POTASSIUM - SERUM	4.8	mmol/L	●	3.5-5.1

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.4	g/dL	●	ADULT: 6.0 - 8.5

● Within Normal Range ● Boderline High/Low ● Outside Range

YOUR CLINICAL TEST RESULTS

Mr. SUDHAKARA D NAYAK

MALE / 53 Yrs / AHB.0001110050 / AHBHC111533

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE ABOVE 40 YEARS

Date: ~~11/11/2022~~

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
SODIUM - SERUM	140	mmol/L	●	135 - 145

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	112.7	ng/dL	●	Adults: 87 - 178

Test Name	Result	Unit	Level	Range
TOTAL T4: THYROXINE - SERUM	8.6	µg/dL	●	5.93 - 13.29

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Triglycerides - Serum	174 *	mg/dL	●	"Normal: < 150 Borderline High: 150 – 199 High: 200 – 499 Very High: > 499"
TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated)	4.2		●	< 5.0

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
THYROID STIMULATING HORMONE [TSH]	1.75	µIU/mL	●	0.34 - 5.6

● Within Normal Range ● Boderline High/Low ● Outside Range

YOUR CLINICAL TEST RESULTS

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2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE ABOVE 40 YEARS

Date: 11/11/2022

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
UREA - SERUM	22	mg/dL	●	15 - 45

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	6.6	mg/dL	●	Adult Male: 3.0 - 7.0

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
VLDL CHOLESTEROL - SERUM	35	mg/dl	●	Desirable: <30

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN DIRECT - SERUM	0.12	mg/dL	●	upto 0.4
BILIRUBIN INDIRECT - SERUM - CALCULATED	0.62	mg/dL	●	0.1 - 1.0

PROSTATE SPECIFIC ANTIGEN (PSA TOTAL) - SERUM

Test Name	Result	Unit	Level	Range
PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM	1.33	ng/mL	●	0.000-4.000

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
	● Within Normal Range		● Boderline High/Low	● Outside Range

YOUR CLINICAL TEST RESULTS

Mr. SUDHAKARA D NAYAK

MALE / 53 Yrs / AHB.0001110050 / AHBHC111533

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE ABOVE 40 YEARS

Date: ~~11/11/2022~~

BICARBONATE (HCO₃) - SERUM

33 *

● Healthy Adults: 22 - 29

● Within Normal Range ● Boderline High/Low ● Outside Range

YOUR CLINICAL TEST RESULTS

Mr. SUDHAKARA D NAYAK

MALE / 53 Yrs / AHB.0001110050 / AHBHC111533

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE ABOVE 40 YEARS

Date: ~~11/11/2022~~

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Haematology

STOOL ROUTINE

Biochemistry

GLUCOSE - SERUM / PLASMA (RANDOM)

CARDIOLOGY

ECHO/TMT - OPTIONAL

Ultrasound Radiology

ULTRASOUND - WHOLE ABDOMEN

CARDIOLOGY

ECG

X Ray

X-RAY CHEST PA

● Within Normal Range ● Boderline High/Low ● Outside Range

DEPARTMENT OF RADIOLOGY

Patient's Details	: Mr. SUDHAKARA D NAYAK	M 053Y
UHID	: AHB.0001110050	Ward/Bed No. : AHC /
I.P.No./Bill No.	: AHBHC111533	Scanned on : 11-Nov-2022 11:21
Accession Number	: 10601.222098409	Reported On :
Referring Doctor	: Dr. MHC	

ULTRASOUND WHOLE ABDOMEN

Clinical Information: General health checkup.

Liver appears normal in size, shows diffuse increase in parenchymal echogenicity. No focal parenchymal lesions identified. No evidence of intra/extrahepatic biliary tree dilatation noted. Portal vein appears to be of normal size.

Gall bladder: Partially distended.

Spleen appears normal in size, shape and echopattern. No focal parenchymal lesions identified.

Pancreas: Head and body appear normal. Tail obscured by bowel gas.

Both kidneys appear normal in size, shape and echopattern. Corticomedullary differentiation appears maintained. No evidence of calculi or hydronephrosis seen on either side.

Urinary bladder distended and appears normal. No evidence of abnormal wall thickening noted. Prevoid volume ~ 200cc, postvoid volume ~ 39cc.

Prostate appears enlarged in size (volume ~ 28 cc).

No evidence of ascites or pleural effusion seen.


IMPRESSION:

Fatty liver

Prostatomegaly.

- Suggested clinical correlation.

(Enclosed report) Mn


DR. ANJITHA S
RESIDENT

DR. SHRIVALLIN
MBBS, DMRD, DNB
CONSULTANT RADIOLOGIST

N.B. : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

APC LO HOSPITALS
BAJANERGATTA ROAD
BANGALORE

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: SUDHAKARA D NAYAK,
Patient ID: AHB/1110050
Height: 181 cm
Weight: 78 kg

DOB: 17.03.1963
Age: 59yrs
Gender: Male
Race: Indian

Study Date: 11.11.2022
Test Type: Treadmill Stress Test
Protocol: BRUCE

Referring Physician: AHC
Attending Physician: DR K M NAIR
Technician: Jagadeesha A B

Medications:
--

Medical History:
--

Reason for Exercise Test:
Screening for CAD

Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:28	0.00	0.00	79	130/80	
	STANDING	00:01	0.00	0.00	80	130/80	
	HYPERV.	00:01	0.00	0.00	80	130/80	
	WARM-UP	00:05	0.00	0.00	78	130/80	
EXERCISE	STAGE 1	03:00	1.70	10.00	134	130/80	
	STAGE 2	03:00	2.50	12.00	150	140/80	
	STAGE 3	01:06	3.40	14.00	164	150/80	
RECOVERY		04:40	0.00	0.00	101	140/80	

The patient exercised according to the BRUCE for 7:06 min:s, achieving a work level of Max. METS: 10.10. The resting heart rate of 93 bpm rose to a maximal heart rate of 164 bpm. This value represents 101 % of the maximal, age-predicted heart rate. The resting blood pressure of 130/80 mmHg, rose to a maximum blood pressure of 150/80 mmHg. The exercise test was stopped due to Target heart rate achieved.

Interpretation

Summary: Functional Capacity: normal.
HR Response to Exercise: appropriate.
BP Response to Exercise: normal resting BP - appropriate response.
Chest Pain: none.
Arrhythmias: none.
ST Changes: Depression downsloping in peak exercise.

Conclusions

IMP:- STRESS TEST BORDERLINE POSITIVE FOR INDUCIBLE ISCHAEMIA.
* CORRELATE CLINICALLY*

Physician

Technician

Rate 73

PR 123

QRS 94

QT 391

QTc 431

--AXIS--

P 59

QRS 28

T 50

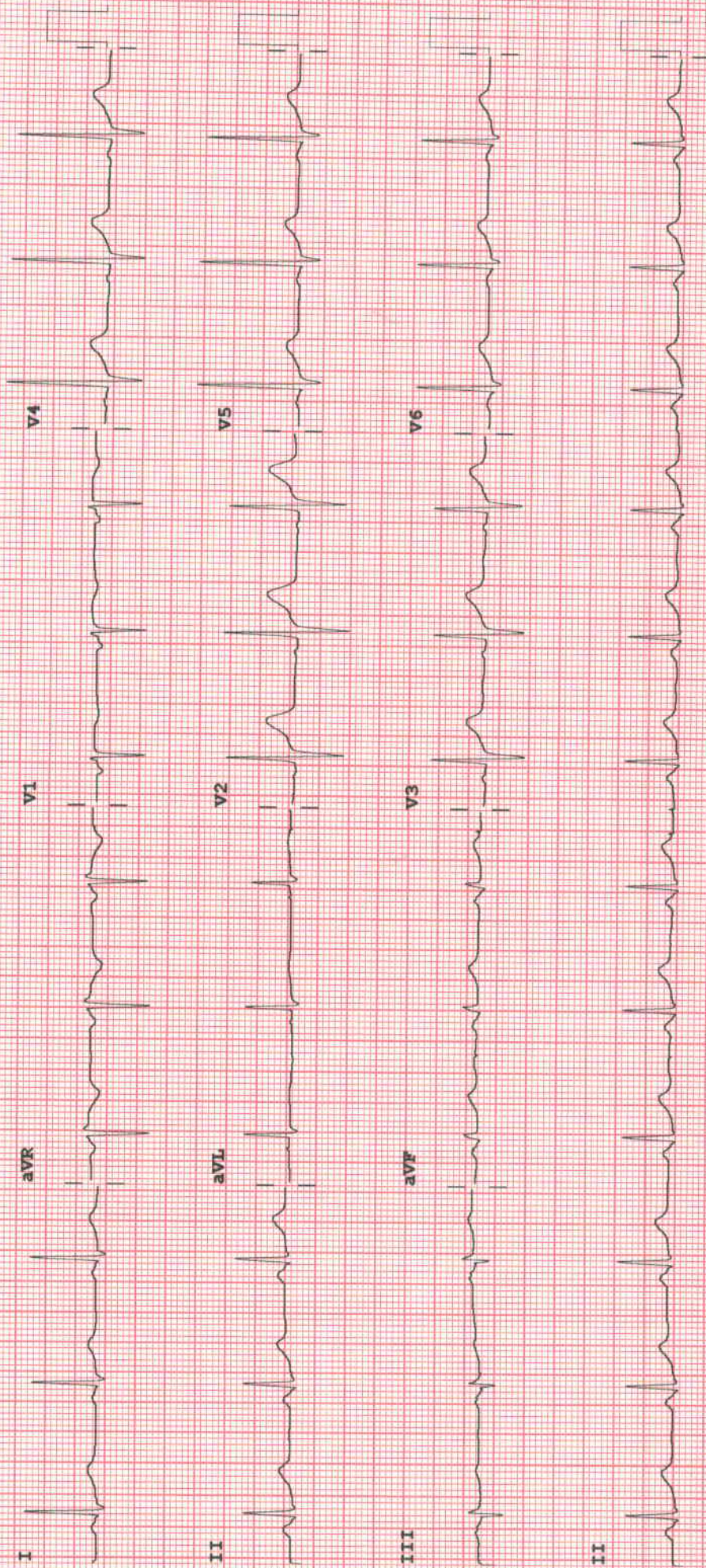
12 Lead; Standard Placement

AHB.0001110050

MR. SUDHAKARA D NAYAK

Age: 53Year(s) Year(s)/Male

11 Nov 2022 8:22:46 AM



Device:

Speed: 25 mm/sec

Limb: 10 mm/mV

Chest: 10.0 mm/mV

F 50~ 0.15-100 Hz

100B

CL

P?