



MEDICAL EXAMINATION REPORT (FITNESS)

Application Number <b>BOBE13556</b>	Date <b>08/07/22</b>	Referred by	Location <b>NASHIK</b>
Name of Examinee <b>KUMAR SUBODH</b>	Age <b>43</b>	Sex <b>Male</b>	Contact No.
Height (c.m.) <b>162cm</b>	Weight (Kg) <b>69</b>	BMI <b>26.3</b>	Pulse /bpm <b>83/bpm</b>
		Blood Pressure [mm of Hg]	
		Systolic <b>120</b>	Diastolic <b>80</b>

Family History

Past History

Present Complaints

Clinical Examination (General)

Clinical Examination (Systemic)

**Father - DM since 10 years.**

**NA**

**NA**

General Condition:

Anemia: Positive  Negative

Jaundice: Positive  Negative

Cyanosis: Positive  Negative

Lymphadenopathy: Positive  Negative

Oedema: Present  Absent

Respiratory System: **AE B E clear**

Central Nervous System: **conscious oriented**

Cardiovascular System: **S1 S2 Normal**

Per Abdominal: **Soft non tender**



<b>Pathology investigations</b>	<i>Reports Attached</i>
ECG	
Stress Test / 2D-Echo	
Chest X-Ray	
USG	
Vision / Ophthalmic check up	
Audiometry	
Spirometry	
Gynecologist Checkup	
Diet & Nutrition Consultation	
ENT Check up	
Dental check up	

He / She is Physically Fit / Unfit for the Job

**Comment / Advise:**

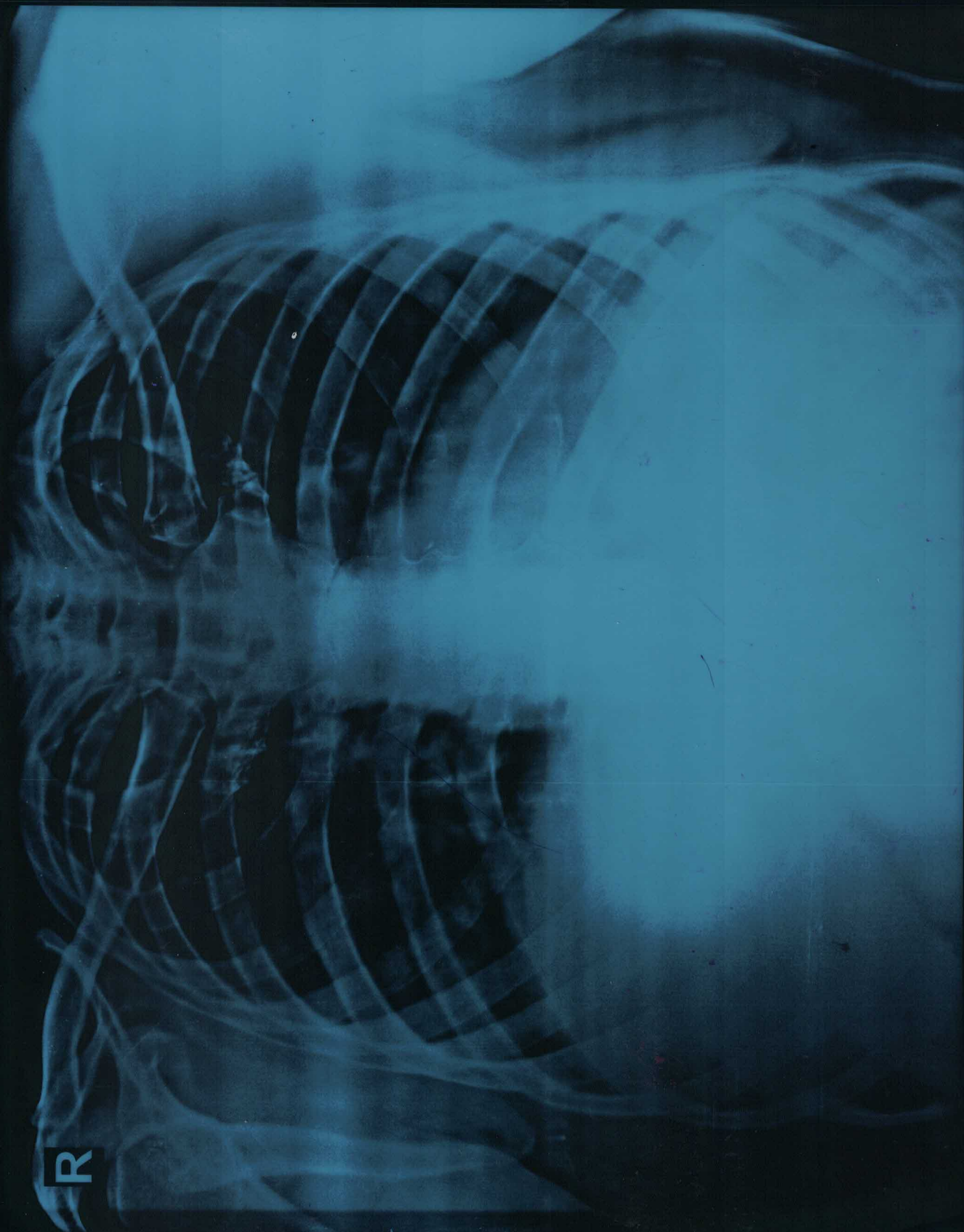


{Audit & Verification Stamp}

*NSY*  
**DR. NISHANT GAWALE**  
MBBS, DNB  
SIGNATURE OF MEDICAL EXAMINER  
Reg. No. 2003/08/3347  
**SADGURU HOSPITAL**  
OLD ADGAON NAKA, PANCHAVATI,  
NASHIK-422 003

Fujifilm

R



MR SUBODH KUMAR 44/Y HEALTHCHEST PA 08-Jul-22  
SADGURU HOSPITAL NASHIK.

- MULTI SPECIALITY
- CRITICAL CARE
- TRAUMA CARE CENTER

<b>PATIENT'S NAME : MR SUBODH KUMAR</b>	<b>AGE :44Y</b>
<b>SEX:M</b>	
<b>REFERRED BY :SADGURU HOSPITAL</b>	<b>DATE: 08/07/2022</b>

Thanks for reference.

### CHEST X-RAY (PA VIEW)

Both lung fields appear normal.

No infiltration is seen on either side.

Pleural spaces are clear.

Both CP angles are clear.

Both hila appear normal.

Cardiac size appears normal.

The domes of diaphragm are normal in position & show smooth outline.

Bony thorax is normal.

**IMPRESSION: No significant abnormality seen.**

**Suggest : Clinical correlation**



Dr. Santosh Bharat Rathod  
MBBS, DNB  
Consultant Radiologist



# Maple Diagnostics

Patient Name : MR. SUBODH KUMAR

Date : 08 Jul 2022

Referred By : SADGURU HOSPITAL

Age : 44 YEARS Sex : M

## USG-ABDOMEN AND PELVIS

- \* LIVER : Normal in contour and parenchymal texture.  
Small (12 x 10 mm) thin walled cyst seen in right lobe.  
Intrahepatic biliary and venous channels are normal
- \* G B : Partially distended. No gall stones seen.
- \* PANCREAS : Normal in size and parenchymal echo pattern with normal peripancreatic planes.
- \* SPLEEN : Normal in size, contour with homogenous echo pattern.
- \* AORTA & I V C: Normal. No evidence of paraaorta/ paracaval lymphadenopathy
- \* KIDNEYS : Normal in size, contour and echotexture.  
No calculus or hydronephrosis is seen on both sides.  
Renal sinus and cortical echoes are normal.  
Peri renal planes are normal.  
Cortico-Medullary differentiation is maintained.  
RK -11.3 x 4.8 cms LK -11.6 x 5.3 cms.
- \* URINARY BLADDER : Partially distended. Walls are normal.
- \* Prostate is normal.

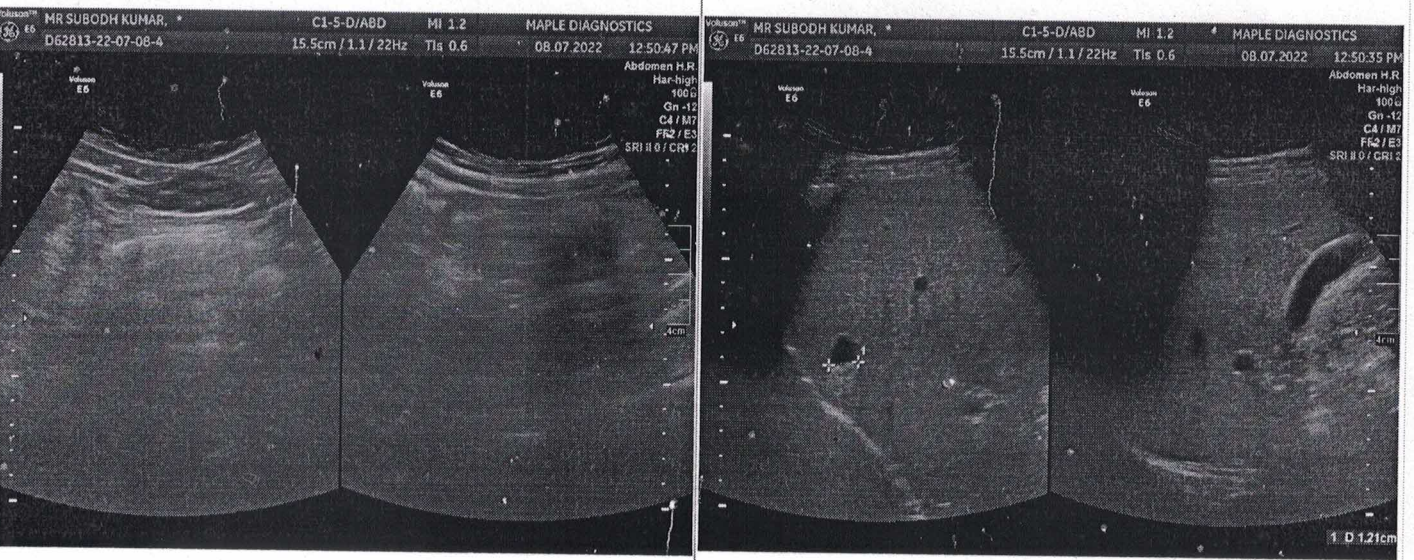
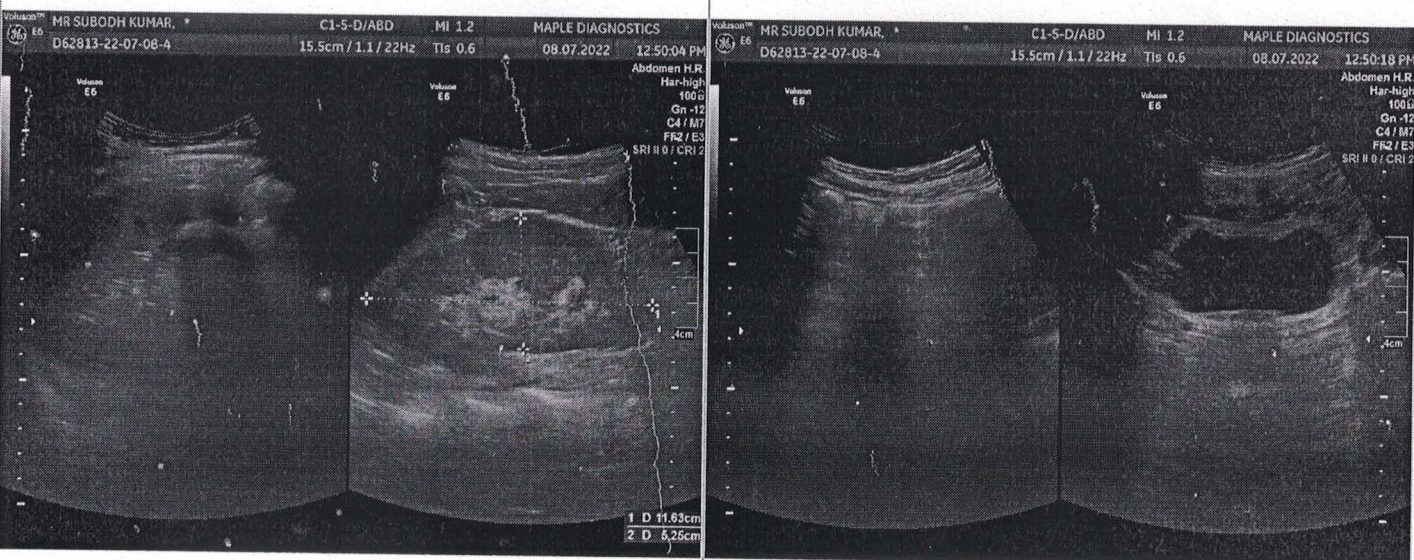
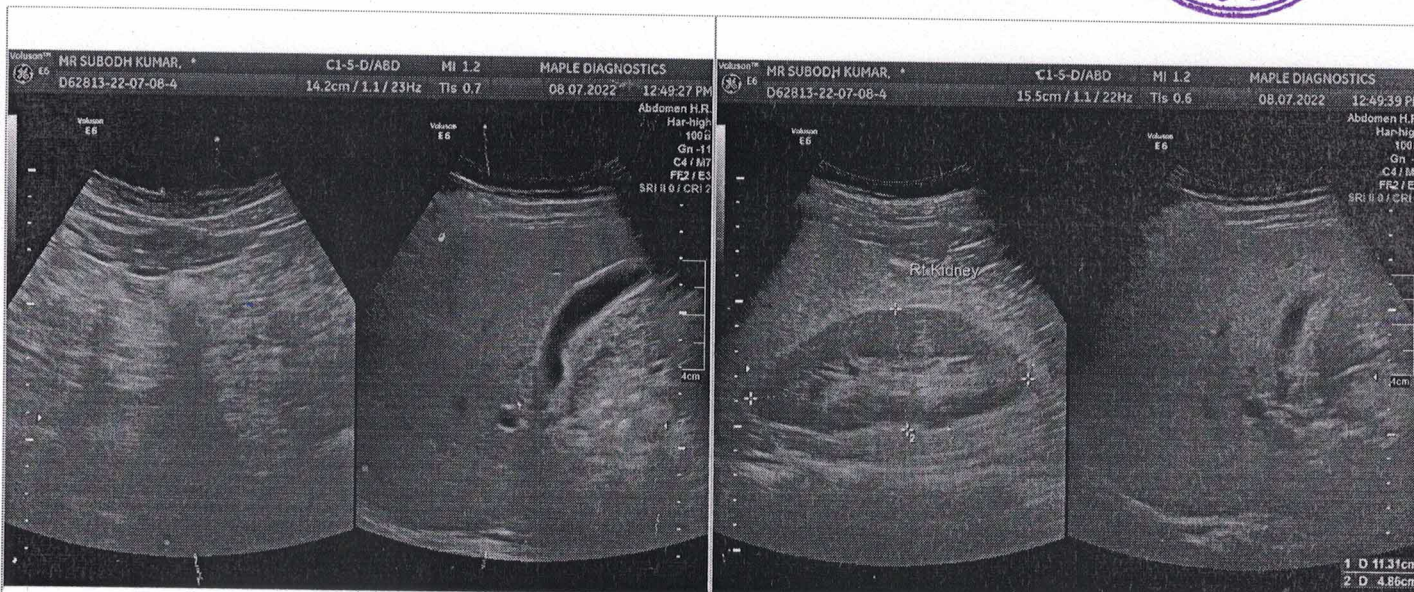
### IMPRESSION:

→Small thin walled cyst seen in right lobe of liver.



**DR. HARDIK PATEL**  
DNB Radiodiagnosis

# MR SUBODH KUMAR, : US From 7/8/2022



Patient ID : 016 UHID No. : 5990722-MEDI-WHEEL  
Patient Name : MR. SUBODH KUMAR Regn/Sample Date : 08-Jul-2022 10.46 AM  
Age / Sex : 43 Years / Male Report Date : 08-Jul-2022 12.27 PM  
Referred By : SADGURU HOSPITAL Sample Type : Whole Blood  
Barcode



COMPLETE BLOOD COUNT

Investigation	Result	Unit	Bio. Ref. Range
Haemoglobin (HB)	14.5	gm/dl	13-18
RBC	4.84	10 <sup>6</sup> /uL	4.7-6.0
PCV	43.9	%	42-52
MCV	90.7	fl	70-100
MCH	30.0	pg	27-31
MCHC	33.0	g/dl	32-36
RDW-CV	12.6	%	11.5-14.5
Platelet count	150000	/cumm	150000-450000
Total Leucocytes Count	5400	/cumm	4000-11000
<b>DIFFERENTIAL LEUCOCYTES COUNT</b>			
Neutrophils	65	%	44-76
Lymphocytes	31	%	20-40
Monocytes	02	%	2-10
Eosinophils	02	%	1-6
Basophils	00	%	0-2


END OF REPORT



sadguru\_Admin

Checked By  
Page 1 of 7

Dr. Pravin Bagul  
(MD Path  
Consulting Pathologist)

Patient ID	: 016	UHID No.	: 5990722-MEDI-WHEEL
Patient Name	: MR. SUBODH KUMAR	Regn/Sample Date	: 08-Jul-2022 10.46 AM
Age / Sex	: 43 Years / Male	Report Date	: 08-Jul-2022 12.27 PM
Referred By	: SADGURU HOSPITAL	Sample Type	: Whole Blood
		Barcode	 * 0 1 6 *

HAEMATOLOGY.

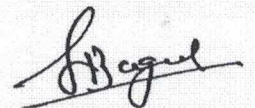
Investigation	Result
<b>BLOOD GROUP ABO &amp; RH TYPING</b> (EDTA Whole Blood)	
Blood group (ABO Typing)	A
RhD Factor (Rh typing)	POSITIVE
Method	Manual Slide Hemagglutination
Note	Kindly recheck Blood Group before blood transfusion
<b>ESR (Wintrobe)</b> (EDTA Whole Blood)	08 mm/1hr. 0-9

----- END OF REPORT -----




  
saddguru\_Admin

Checked By  
Page 2 of 7



Dr. Pravin Bagul  
(MD Path  
Consulting Pathologist)



Patient ID	: 016	UHID No.	: 5990722-MEDI-WHEEL
<b>Patient Name</b>	: <b>MR. SUBODH KUMAR</b>	Regn/Sample Date	: 08-Jul-2022 10.46 AM
Age / Sex	: 43 Years / Male	Report Date	: 08-Jul-2022 12.27 PM
<b>Referred By</b>	: SADGURU HOSPITAL	Sample Type	: SERUM
		Barcode	 * 0 1 6 *

**LIVER FUNCTION TEST**

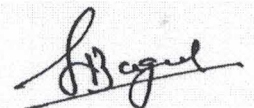
Investigation	Result	Unit	Bio. Ref. Range
<b>LIVER FUNCTION TEST</b>			
SGOT (AST) (Serum,IFCC)	37.2	U/L	Upto 40
SGPT (ALT) (Serum,IFCC)	40.9	U/L	Upto 40
Bilirubin-Total (Serum,Diazo)	0.90	mg/dL	0.1-1.2
Bilirubin-Direct (Serum,Diazo)	0.40	mg/dL	0.0-0.5
Bilirubin- Indirect	0.50	mg/dL	0.1-1.0
Alkaline Phosphatase (Serum, ALP-AMP)	255.8	U/L	54-306
Total Protein (Serum, Modified Biuret)	6.50	g/dl	6.0-8.5
Albumin (Serum,Bromocresol green)	3.80	g/dl	3.0-5.4
Globulin	2.70	g/dl	1.8-3.6
A/G Ratio (Calculated)	1.41		1.1-2.2

----- END OF REPORT -----




  
sadguru\_Admin

Checked By  
Page 3 of 7



**Dr. Pravin Bagul**  
(MD Path  
Consulting Pathologist)

Patient ID	: 016	UHID No.	: 5990722-MEDI-WHEEL
Patient Name	: MR. SUBODH KUMAR	Regn/Sample Date	: 08-Jul-2022 10.46 AM
Age / Sex	: 43 Years / Male	Report Date	: 08-Jul-2022 12.27 PM
Referred By	: SADGURU HOSPITAL	Sample Type	: SERUM
		Barcode	

**BIOCHEMISTRY**

Investigation	Result	Unit	Bio. Ref. Range
<b>Sr. Creatinine</b> (Serum, Picrate Alcalin)	1.30	mg/dL	0.5-1.3
<b>Random Blood Glucose</b> (Plasma-R, GOD-POD)	<b>210.3</b>	mg/dL	Upto 140
Parallel Urine Glucose	PRESENT(++)	.	.
<b>Gamma GT (GGTP)</b> (Serum, Enzymatic)	30.8	U/L	9-36
<b>Sr. Uric Acid</b> (Serum, Uricase Peroxidase)	6.1	mg/dL	3.5-7.2
<b>BLOOD UREA NITROGEN (BUN)</b>			
Sr. Blood Urea (Serum, Urease)	45.2	mg/dL	10-50
BUN-Blood Urea Nitrogen	21	mg/dL	8-23
Remark : In blood, Urea is usually reported as BUN and expressed in mg/dl. BUN mass units can be converted to urea mass units by multiplying by 2.14.			
<b>Sr. Blood Urea</b> (Serum, Urease)	45.2	mg/dL	10-50
Remark : In blood, Urea is usually reported as BUN and expressed in mg/dl. BUN mass units can be converted to urea mass units by multiplying by 2.14.			

----- END OF REPORT -----




*PPawob*  
sadguru Admin

Checked By  
Page 4 of 7

*Pravin Bagul*

Dr. Pravin Bagul  
(MD Path)  
Consulting Pathologist)

Patient ID	: 016	UHID No.	: 5990722-MEDI-WHEEL
<b>Patient Name</b>	: <b>MR. SUBODH KUMAR</b>	Regn/Sample Date	: 08-Jul-2022 10.46 AM
Age / Sex	: 43 Years / Male	Report Date	: 08-Jul-2022 12.27 PM
<b>Referred By</b>	: SADGURU HOSPITAL	Sample Type	: SERUM
		Barcode	 * 0 1 6 *

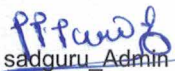
**LIPID PROFILE**

Investigation	Result	Unit	Bio. Ref. Range
Nature Of Sample (Serum, Enzymatic)	Fasting		
Serum Cholesterol -Total	<b>245.9</b>	mg/dL	Desirable - Upto 200 Borderline High - 200-239 High - Above 240
Serum Triglycerides	<b>188.3</b>	mg/dL	Normal: Below 150 Borderline High :150-199 High : 200-499 Very High : >= 500
HDL Cholesterol	46.5	mg/dL	Major risk factor for heart disease: < 40 Negative risk factor for heart disease: >=60
LDL Cholesterol	<b>162</b>	mg/dL	Optimal: < 100 Near Optimal/Above Optimal: 100-129 Borderline High: 130-159 High : 160-189 Very High : >= 190
VLDL Cholesterol	38	mg/dL	6-38
CHOL/HDL Ratio	<b>5.29</b>	Ratio	0-4.5
LDL / HDL Ratio	3.5	Ratio	1.5-3.5

Note: Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

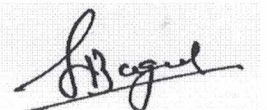
VLDL,CHOL/HDL Ratio, LDL/HDL Ratio, LDL Cholesterol,serum, are calculated parameter

----- END OF REPORT -----


  
sadguru\_Admin

Checked By  
Page 5 of 7





**Dr. Pravin Bagul**  
(MD Path  
Consulting Pathologist)

Patient ID	: 016	UHID No.	: 5990722-MEDI-WHEEL
<b>Patient Name</b>	: <b>MR. SUBODH KUMAR</b>	Regn/Sample Date	: 08-Jul-2022 10.46 AM
Age / Sex	: 43 Years / Male	Report Date	: 08-Jul-2022 12.27 PM
<b>Referred By</b>	: SADGURU HOSPITAL	Sample Type	: Whole Blood
		Barcode	

**BIOCHEMISTRY.**

Investigation	Result	Unit	Bio. Ref. Range
<b>HbA1C</b>	<b>8.9</b>	%	Non-diabetic: <= 5.8 Pre-diabetic: 5.9-6.4 Diabetic: >= 6.5
Mean Blood Glucose level	209	mg/dL	
Method	Nephelometry		

**INTERPRETATION :**

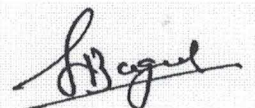
- 1] HbA1c is used for monitoring diabetic control . If reflects the estimated average glucose (eAG) .
- 2] HbA1c has been endorsed by clinical groups & ADA(American Diabetes Association ) guidelines 2012 , for diagnosis of diabetes using a cut- off point of 6.5%. ADA defined biological reference range for HbA1c is 4% - 6%. Patient with HbA1c value between 6.0% to 6.5% are considered at risk for developing diabetes in the future .
- 3] Trends in HbA1c are a better indicator of diabetes control than a solitary test .
- 4] In known diabetic patients, following values can be considered as a tool for monitoring the glycemc control. Excellent Control - 6 to 7 % , Fair to Good Control - 7 to 8 % , Unsatisfactory Control - 8 to 10 % and Poor Control - More than 10 % .

----- END OF REPORT -----


  
sadguru Admin

Checked By  
Page 6 of 7





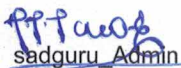
**Dr. Pravin Bagul**  
(MD Path  
Consulting Pathologist)

Patient ID	: 016	UHID No.	: 5990722-MEDI-WHEEL
<b>Patient Name</b>	: <b>MR. SUBODH KUMAR</b>	Regn/Sample Date	: 08-Jul-2022 10.46 AM
Age / Sex	: 43 Years / Male	Report Date	: 08-Jul-2022 12.27 PM
<b>Referred By</b>	: SADGURU HOSPITAL	Sample Type	: URINE
		Barcode	 * 0 1 6 *

**REPORT ON URINE ROUTINE**

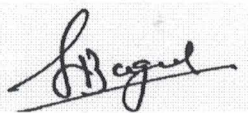
Investigation	Result
Specimen Name	Urine
<b>PHYSICAL EXAMINATION</b>	
Nature of specimen	Random
Colour	Pale Yellow
Transparency (Appearance)	Clear
Reaction (pH)	Acidic
Quantity	20 ml
Deposits	Absent
Specific Gravity	1.020
<b>CHEMICAL EXAMINATION</b>	
Urine Protein (Albumin)	Absent
Urine Glucose (Sugar)	PRESENT(++)
Urine Ketones (Acetone)	Absent
Bile pigments	Absent
Bile Salt	Absent
<b>MICROSCOPIC EXAMINATION</b>	
Red blood cells	Not Seen
Pus Cells (WBCs)	2-4/hpf
Epithelial cells	1-2/hpf
Crystals	Not seen
Cast	Not seen
Bacteria	Absent

END OF REPORT

  
sadguru\_Admin

Checked By  
Page 7 of 7



  
Dr. Pravin Bagul  
(MD Path  
Consulting Pathologist)



भारत सरकार  
Government of India



सुबोध कुमार

SUBODH KUMAR

जन्म तारीख/DOB: 01/02/1978

पुरुष/ MALE



Download Date: 09/09/2021

Issue Date: 04/09/2021

**3980 2142 5322**

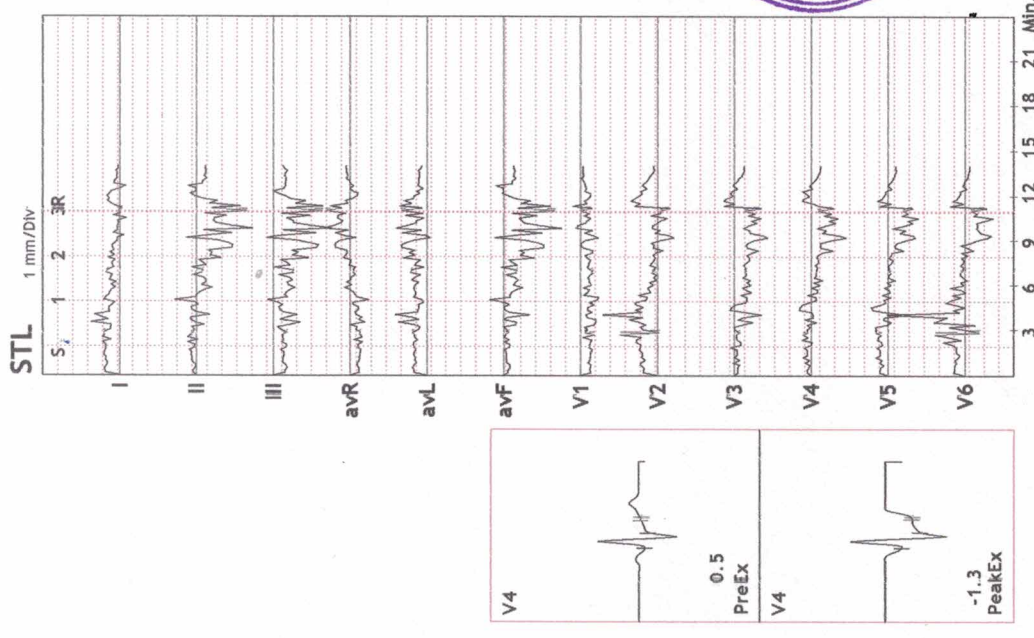
VID : 9171 9991 8648 9799

माझे आधार, माझी ओळख



Ref. By : BOB	Protocol : BRUICE1	Medication : NO ANS		History : NO ANS							
Objective : N/A	Stage	Time (Min:Sec)	Phase	Speed (mph)	Grade (%)	METs	H.R. (bpm)	B.P. (mmHg)	R.P.P. (x100)	PVC	Comments
Supine						1.0	97	128/81	124	-	
Standing						1.0	92	128/81	117	-	
HV						1.0	104	128/81	133	-	
ExStart						1.0	112	128/81	143	-	
Stage 1	3:00	3:01	1.5	10.0	4.2	124	136/87	168	-		
Stage 2	3:00	6:01	2.5	12.0	7.1	147	148/96	217	-		
Stage 3	3:00	9:01	3.5	14.0	10.4	170	158/104	268	-		
PeakEx	0:05	9:06	4.5	16.0	10.5	179	158/104	282	-		
Recovery	1:00		1.1	0.0	4.5	140	158/104	221	-		
Recovery	2:00		1.1	0.0	1.0	120	164/120	196	-		
Recovery	3:00		1.1	0.0	1.0	109	160/114	174	-		
Recovery	3:02		1.1	0.0	1.0	103	160/114	164	-		

**Findings :**  
 Exercise Time : 9:06 minutes  
 Max HR attained : 179 bpm 102% of Max Predictable HR 176  
 Max BP : 158/104(mmHg)  
 WorkLoad attained : 10.5 (Good Effort/Tolerance )  
 No significant ST segment changes noted during exercise or recovery.  
 No Angina/Arrhythmia/S3/murmur  
 Final Impression : Test is negative for inducible ischaemia.  
 Maximum Depression: 7:58



**DR. KRISHNA YADAV**  
 MBBS, MD (Medicine) PGDGM, FID, FCCM  
 Reg. No. 2007/05/1595  
**SADGURU HOSPITAL**  
 OLD ADGAON NAKA, PANCHAVATI,  
 NASHIK-422 003

Advice/Comments:

**NASHIK**  
11524/MR SUBODH KUMAR  
44 Yrs/Male  
69 Kg/162 Cms.

Date: 07-Jul-2022 12:00:00 AM

HR: 109 bpm  
METS: 1.0  
BP: 160/114

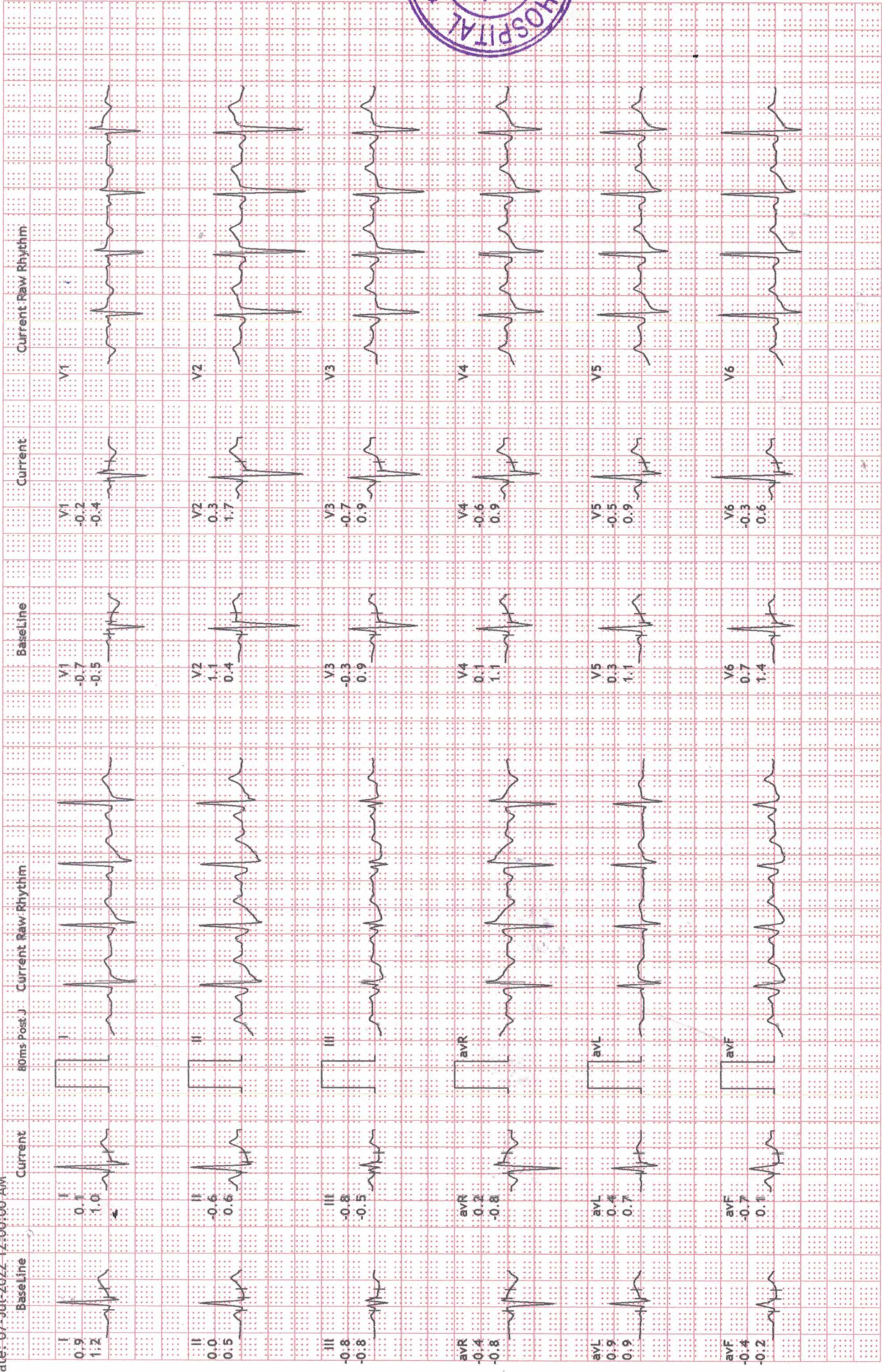
MPHR: 61% of 176  
Speed: 1.1 mph  
Grade: 0.0%

Raw ECG  
BRUCE1  
(1.0-100)Hz

Ex Time 09:05  
BLC : On  
Notch : On

Recovery : ( 03:00 )  
10.0 mm/mV  
25 mm/Sec.

**12 Lead + Comparison**





**NASHIK**  
 11524/MR SUBODH KUMAR  
 44 Yrs/Male  
 69 Kg/162 Cms

Date: 07-Jul-2022 12:00:00 AM

HR: 120 bpm  
 METS: 1.0  
 BP: 164/120

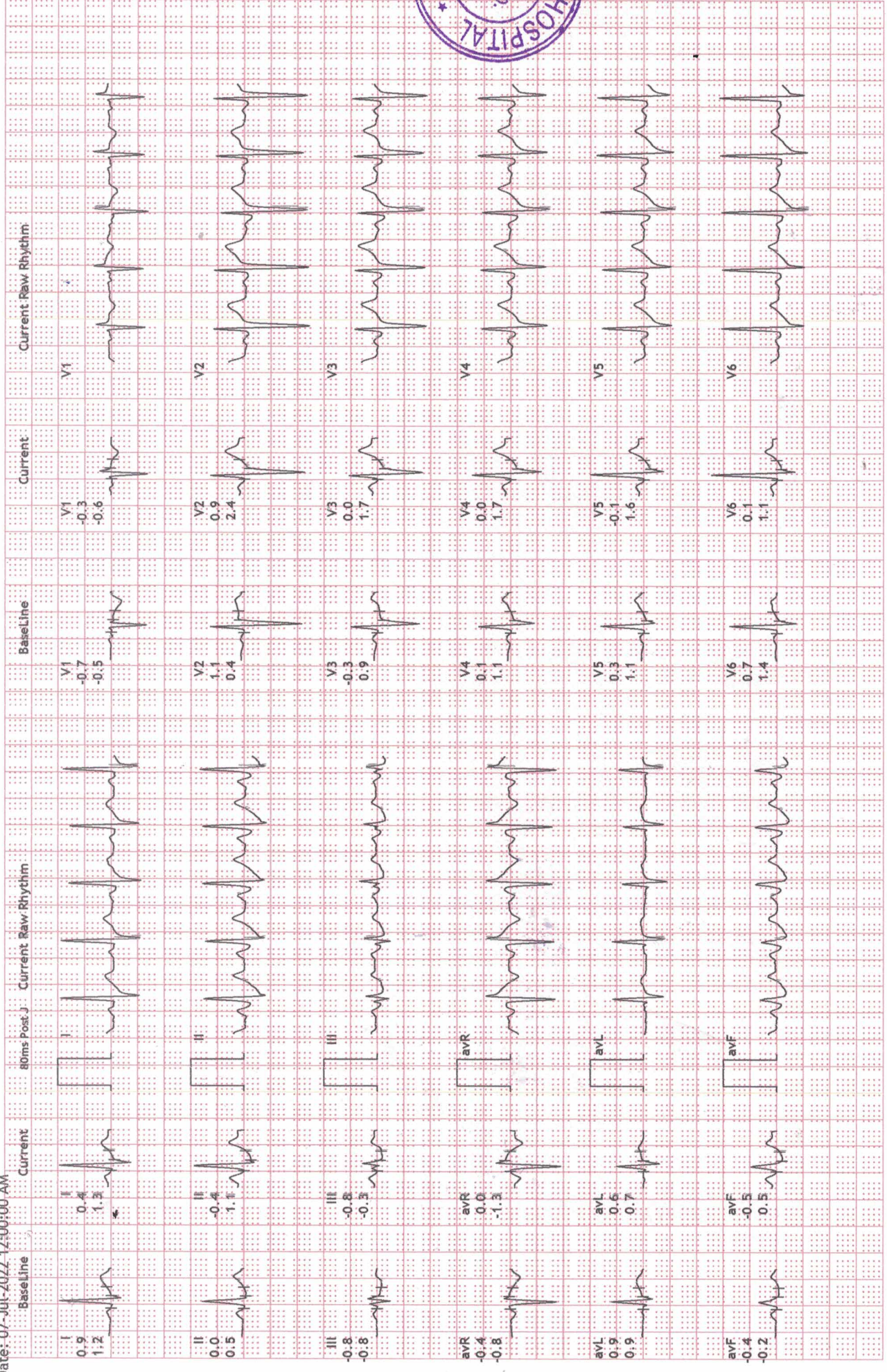
MPHR: 68% of 176  
 Speed: 1.1 mph  
 Grade: 0.0%

Raw ECG  
 BRUICE1  
 (1.0-100)Hz

**12 Lead + Comparison**

Ex Time 09:05  
 BLC: On  
 Notch: On

Recovery : ( 02:00 )  
 10.0 mm/mV  
 25 mm/Sec.





**NASHIK**  
 11524/MR SUBODH KUMAR  
 44 Yrs/Male  
 69 Kg/162 Cms  
 Date: 07-Jul-2022 12:00:00 AM

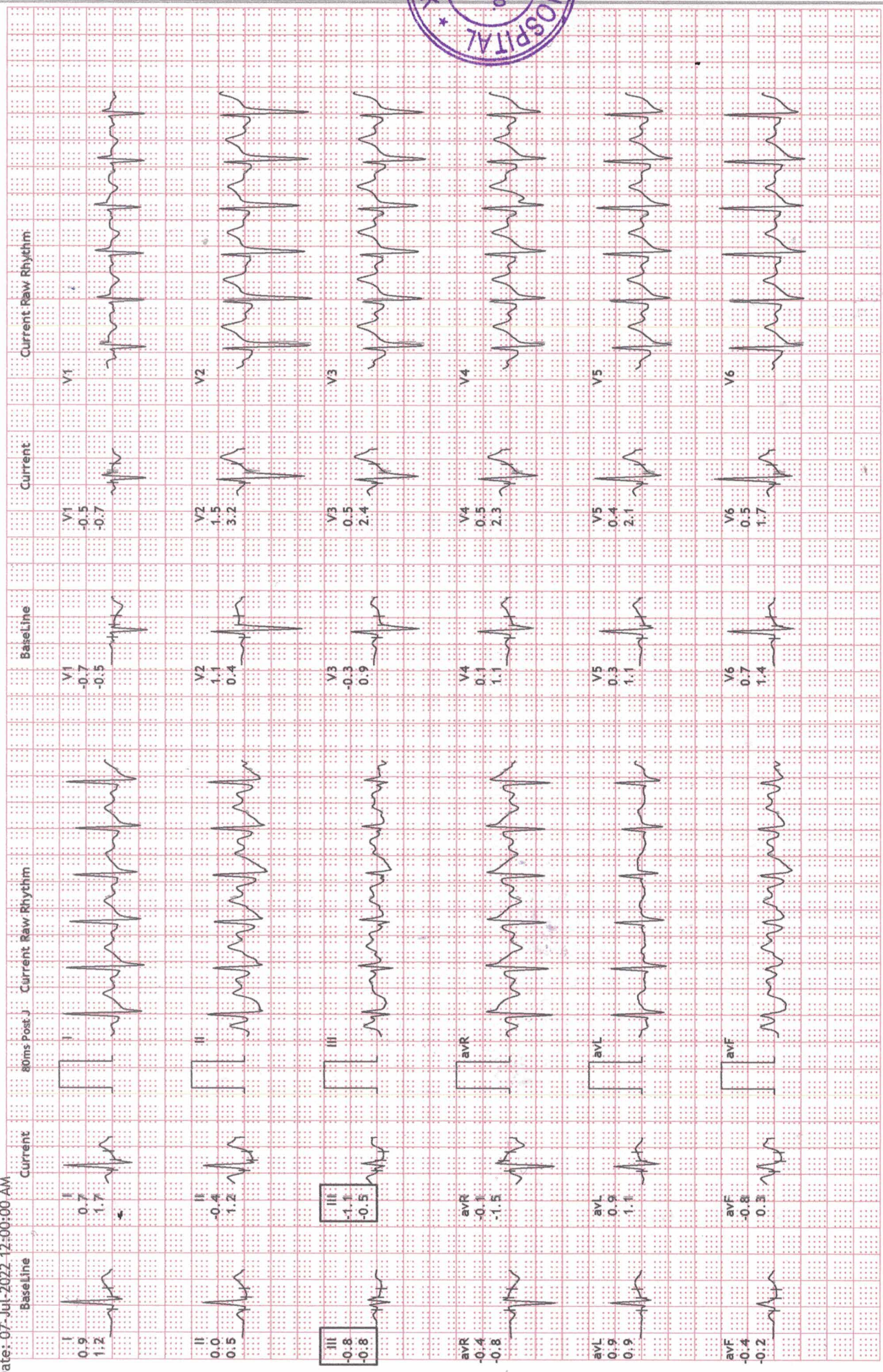
**HR: 140 bpm**  
 METS: 4.4  
 BP: 158/104

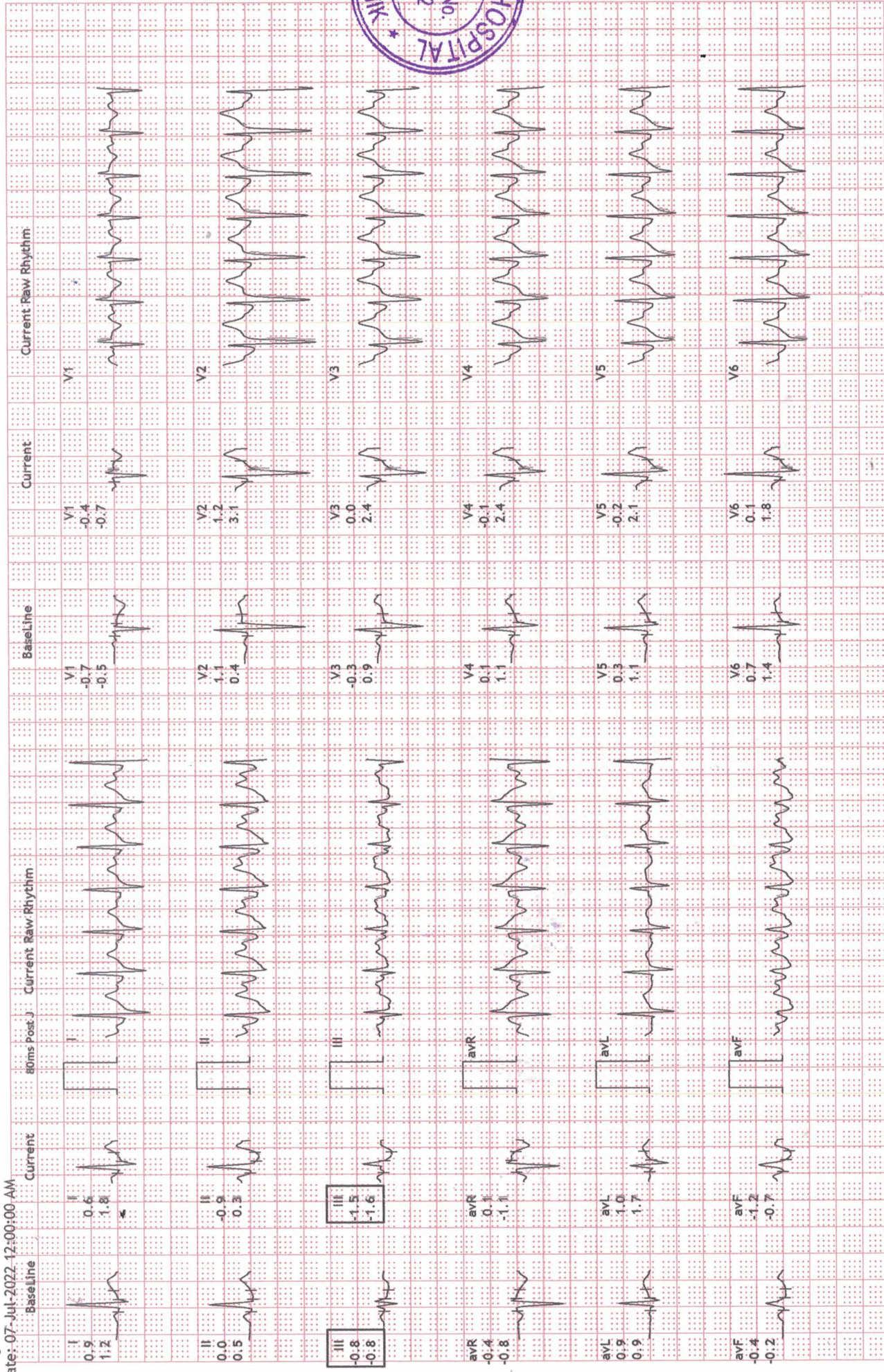
**MPHR: 79% of 176**  
 Speed: 1.1 mph  
 Grade: 0.0%

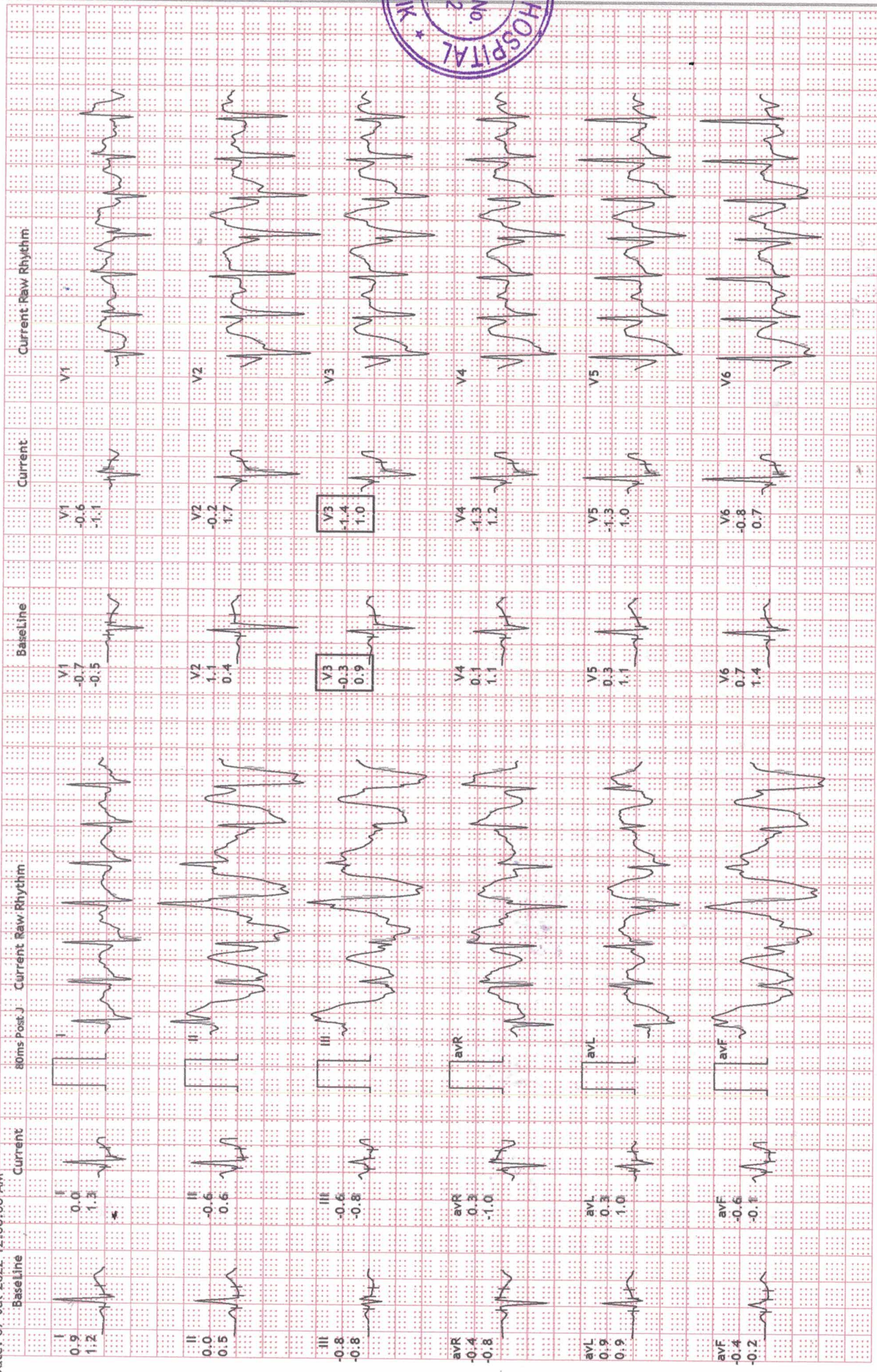
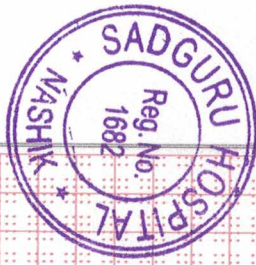
**Raw ECG**  
 BRUCE1  
 (1.0-100)Hz

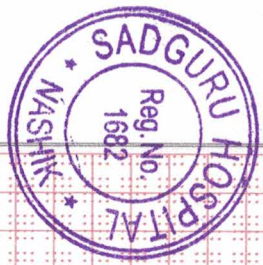
**Ex Time 09:05**  
 BLC :On  
 Notch :On

**Recovery : ( 01:00 )**  
 10.0 mm/mV  
 25 mm/Sec.









**NASHIK**  
 11524/MR SUBODH KUMAR  
 44 Yrs/Male  
 69 Kg/162 Cms

HR: 147 bpm  
 METS: 7.1  
 BP: 148/96

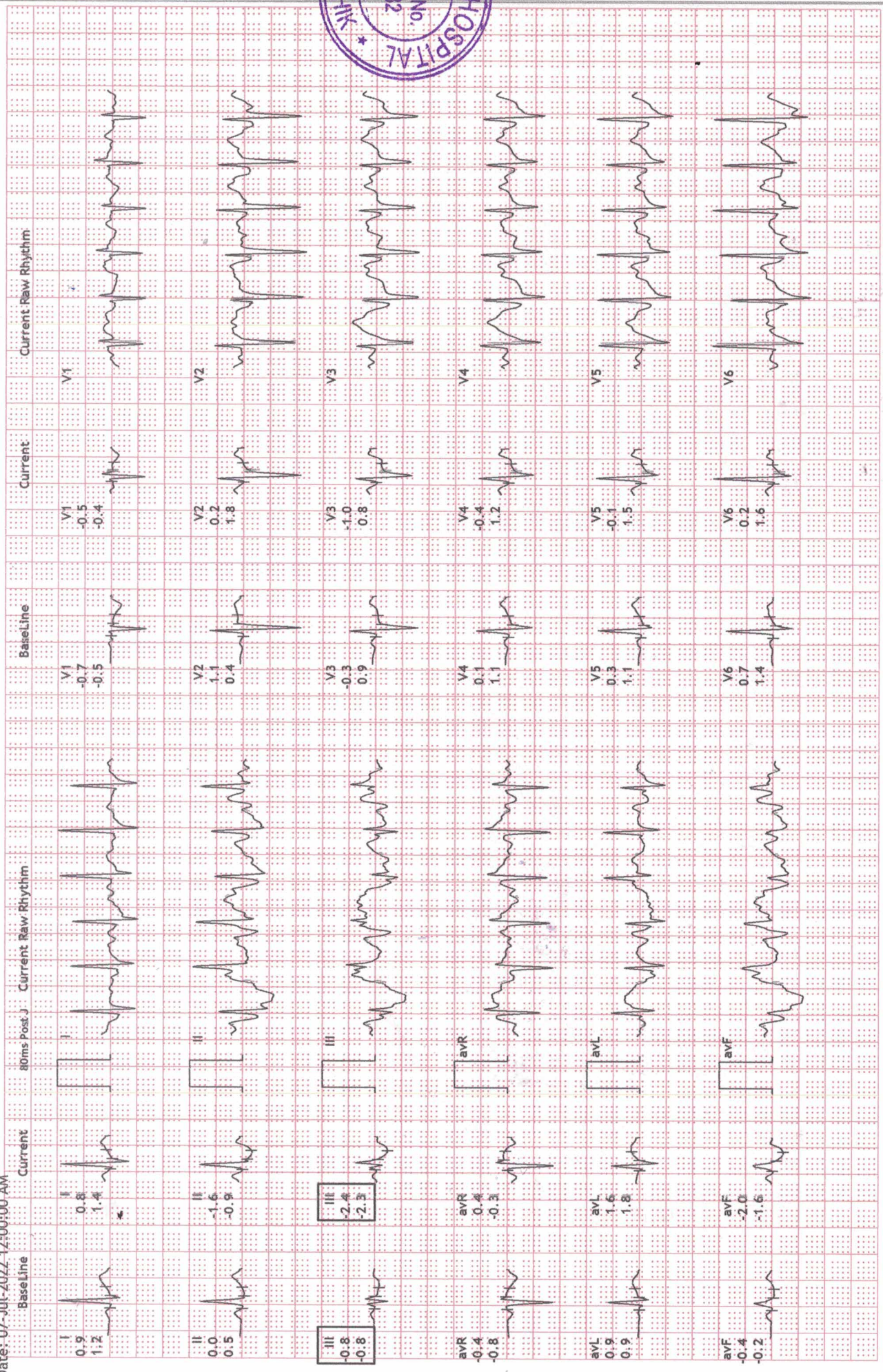
MPHR: 83% of 176  
 Speed: 2.5 mph  
 Grade: 12.0%

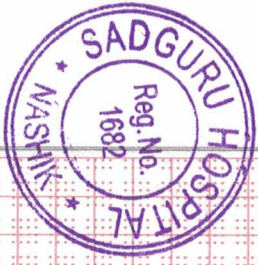
Raw ECG  
 BRUICE1  
 (1.0-100)Hz

Ex Time 06:00  
 BLC :On  
 Notch :On

Stage 2 ( 03:00 )  
 10.0 mm/mV  
 25 mm/Sec.

Date: 07-Jul-2022 12:00:00 AM





**NASHIK**  
 11524/MR SUBODH KUMAR  
 44 Yrs/Male  
 69 Kg/162 Cms

HR: 124 bpm  
 METS: 4.2  
 BP: 136/87

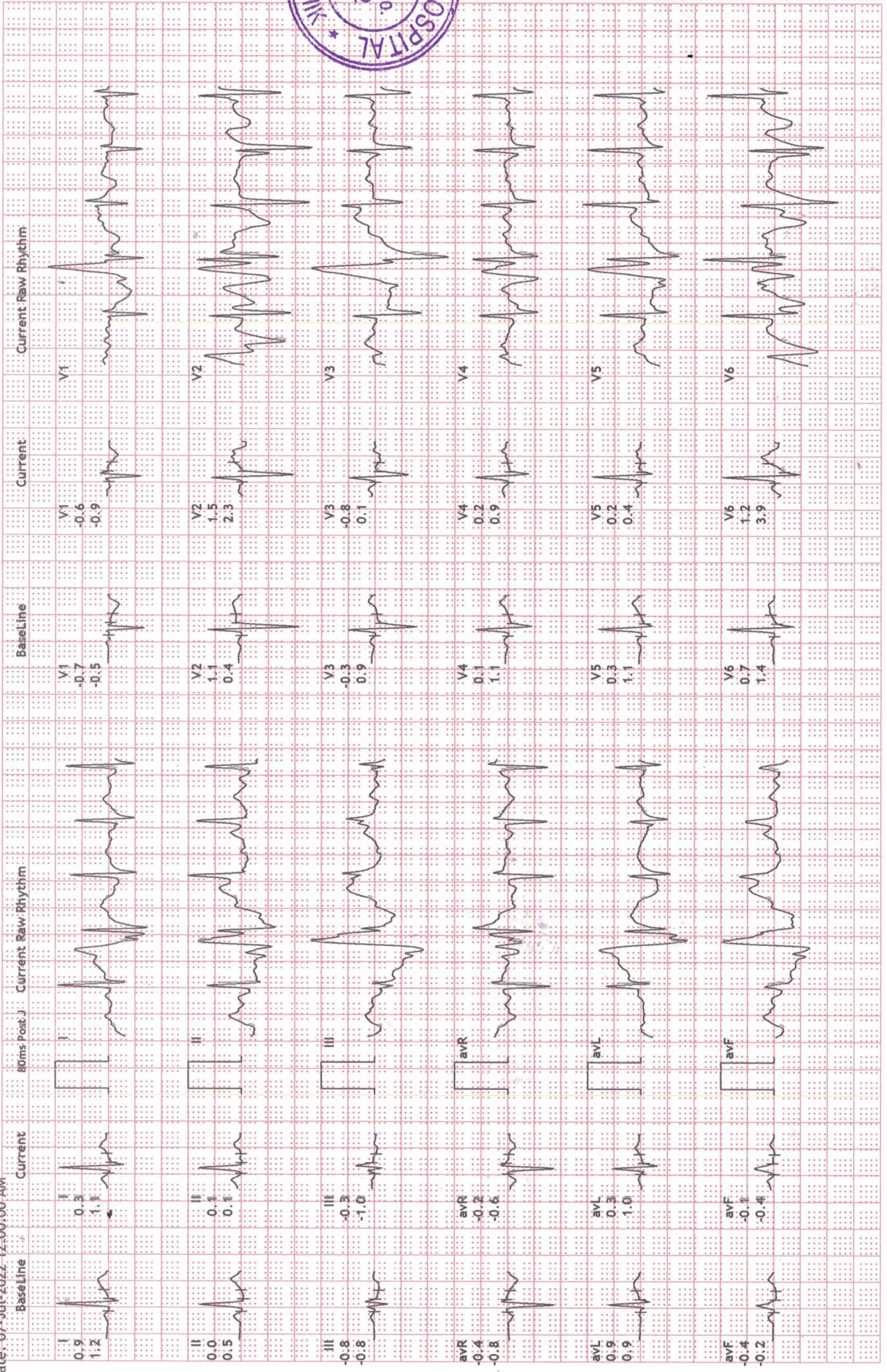
MPHR: 70% of 176  
 Speed: 1.5 mph  
 Grade: 10.0%

Raw ECG  
 BRUICE1  
 (1.0-100)HZ

Ex Time 03:00  
 BLC :On  
 Notch :On

Stage 1 ( 03:00 )  
 10.0 mm/mV  
 25 mm/Sec.

Date: 07-Jul-2022 12:00:00 AM





**NASHIK**  
 11524/MR SUBODH KUMAR  
 44 Yrs/Male  
 69 Kg/162 Cms  
 Date: 07-Jul-2022 12:00:00 AM

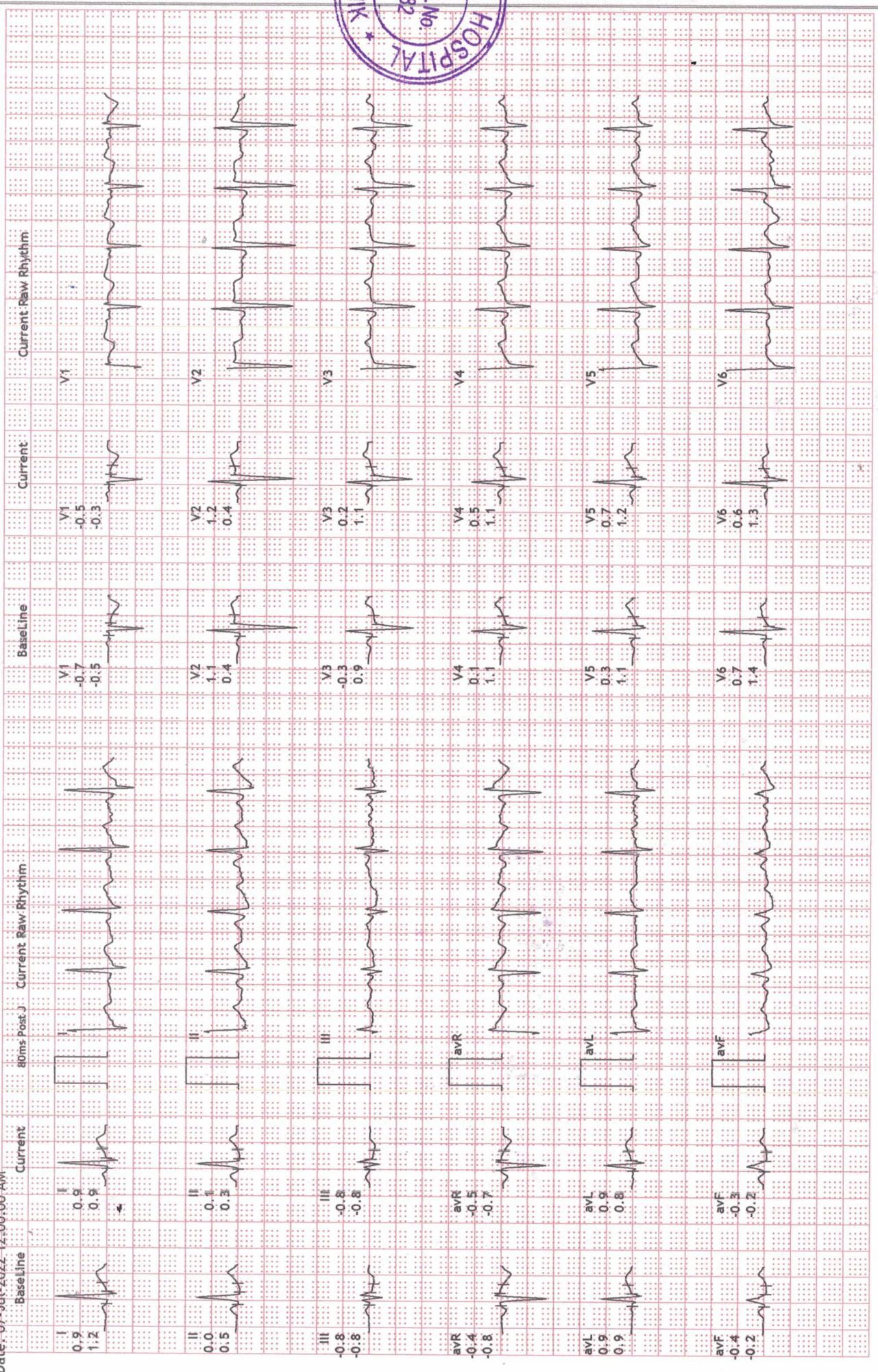
HR: 112 bpm  
 METS: 1.0  
 BP: 128/81

MPHR: 63% of 176  
 Speed: 0.0 mph  
 Grade: 0.0%

Raw ECG  
 BRUICE1  
 (1.0-100)Hz

ExStrt  
 10.0 mm/mV  
 25 mm/Sec.

Ex Time 00:00  
 BLC : On  
 Notch : On





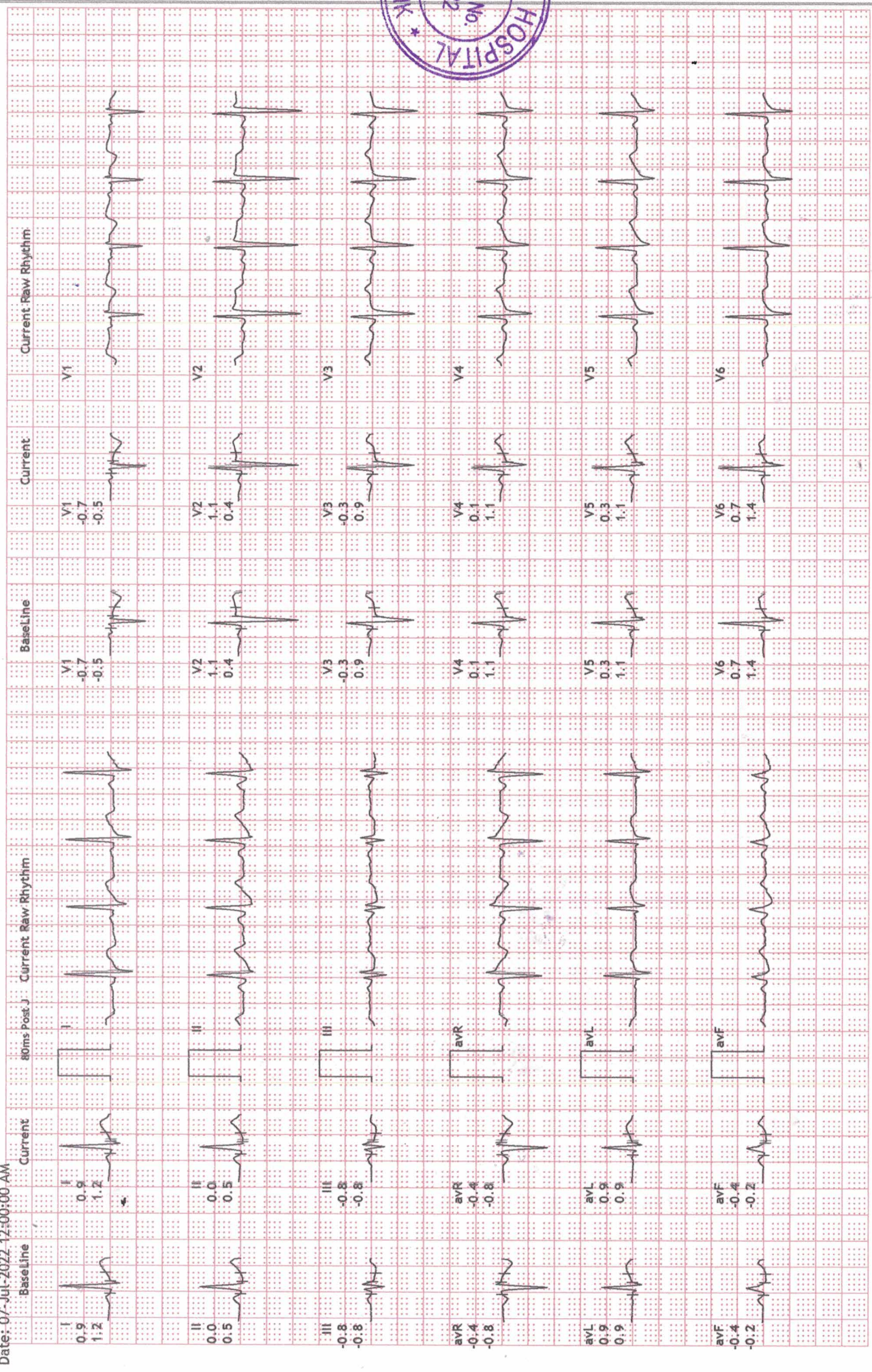
**NASHIK**  
11524/MR SUBODH KUMAR  
44 Yrs/Male  
69 Kg/162 Cms  
Date: 07-Jul-2022 12:00:00 AM

HR: 112 bpm  
METS: 1.0  
BP: 128/81

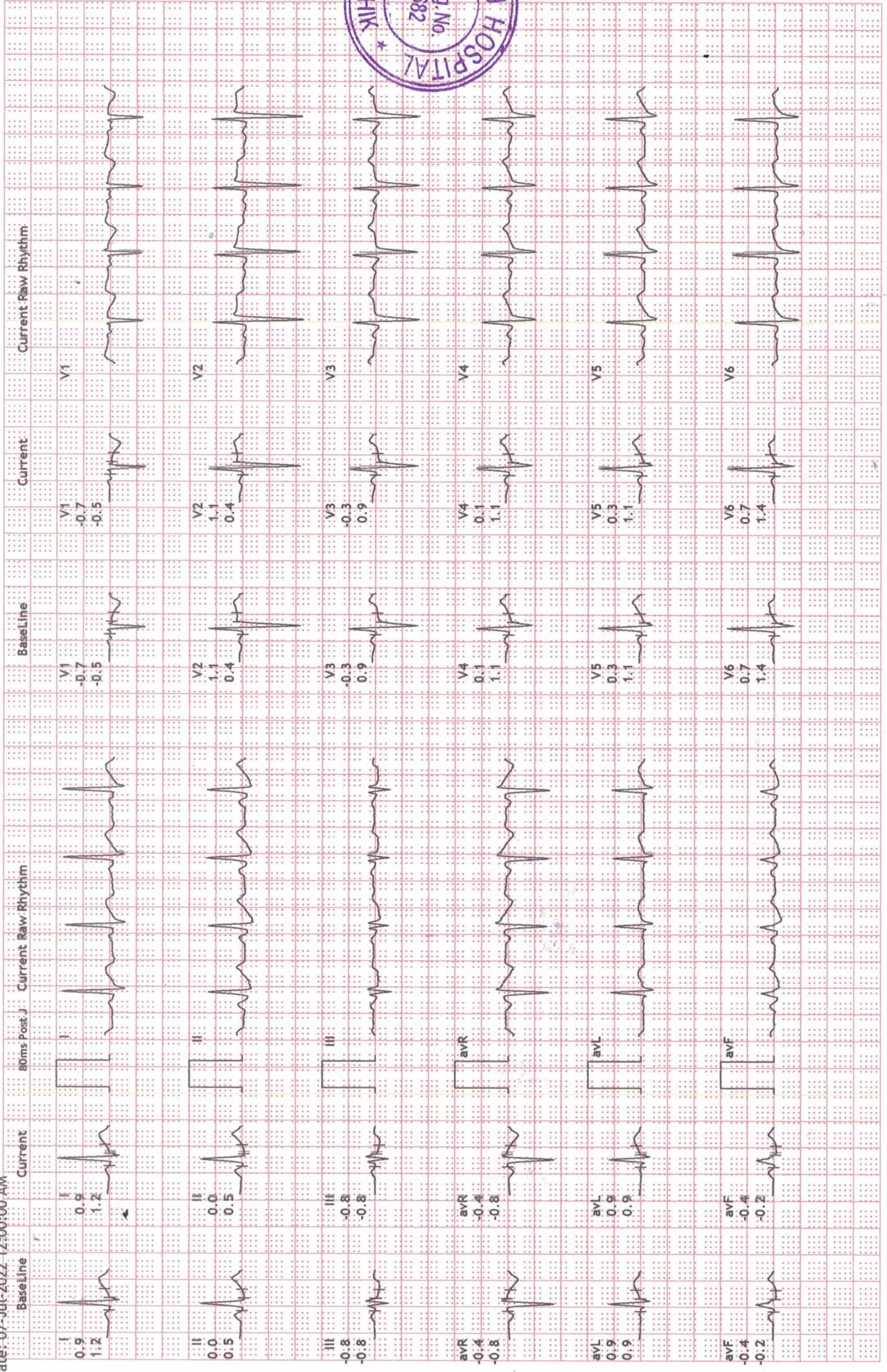
MPHR: 63% of 176  
Speed: 0.0 mph  
Grade: 0.0%

Raw ECG  
BRUCE1  
(1.0-100)Hz

HV  
10.0 mm/mV  
25 mm/Sec.









**NASHIK**  
 11524/MR SUBODH KUMAR  
 44 Yrs/Male  
 69 Kg/162 Cms  
 Date: 07-Jul-2022 12:00:00 AM

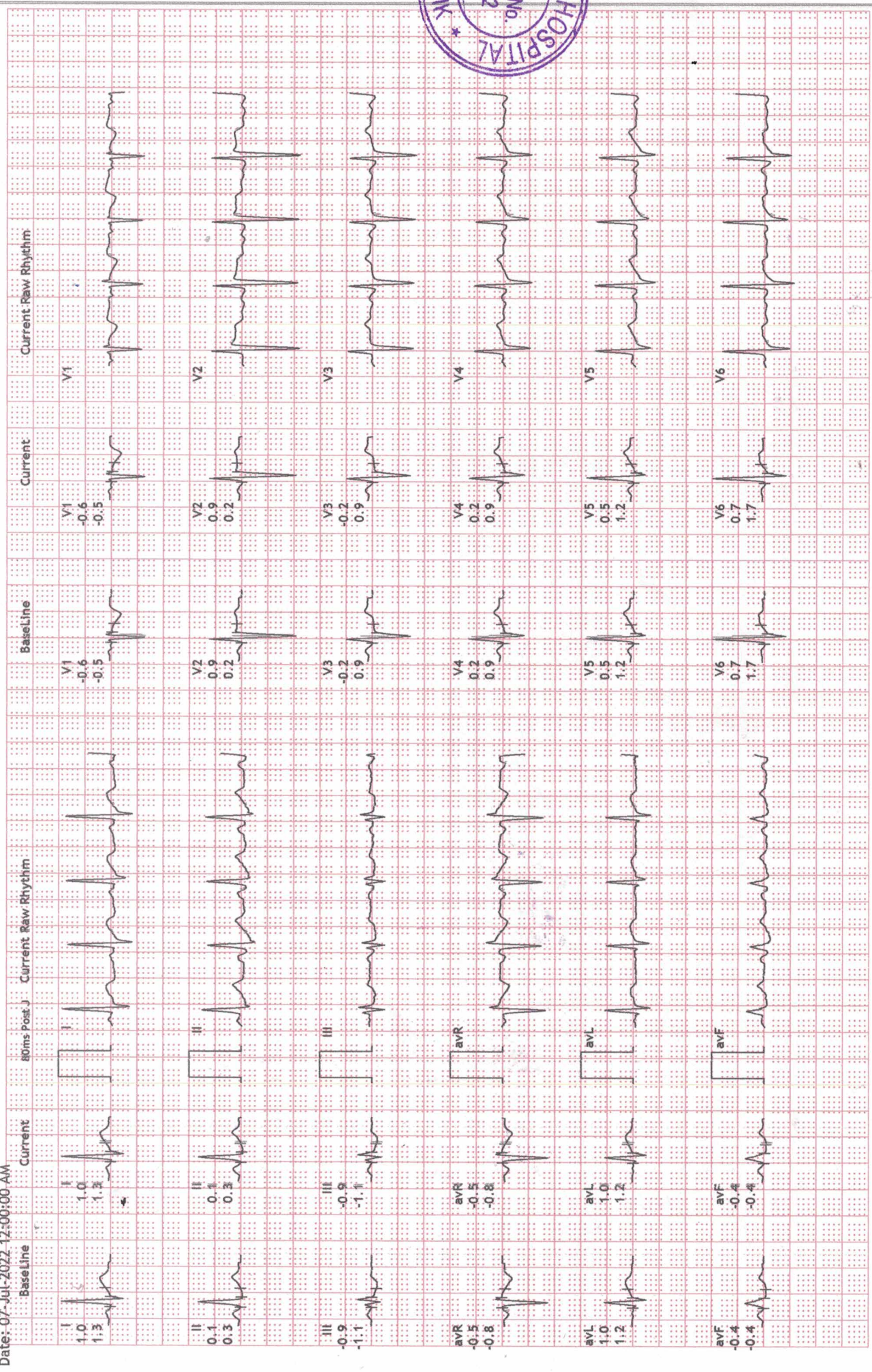
HR: 93 bpm  
 METS: 1.0  
 BP: 128/81

MPHR: 52% of 176  
 Speed: 0.0 mph  
 Grade: 0.0%

Raw ECG  
 BRUICE1  
 (1.0-100)HZ

**SUPINE**  
 10.0 mm/mV  
 25 mm/Sec.

Ex Time 00:39  
 BLC : On  
 Notch : On





2022.07.08 10:38