

Mediwheel <wellness@mediwheel.in>

Thu 10/5/2023 2:52 PM

To: PHC [MH-Ghaziabad] <phc.ghaziabad@manipalhospitals.com>

Cc: customercare@mediwheel.in <customercare@mediwheel.in>



Mediwheel
...Your wellness partner

011-41

Email:wellness@mediw

Hi **Manipal Hospitals**,

Diagnostic/Hospital Location : **NH-24 Hapur Road, Oppo. Bahmeta Village, Near La Golf Links Apartment, City: Ghaziabad**

We have received the confirmation for the following booking .

Beneficiary Name : PKG10000241

Beneficiary Name : MS. SINHA SHALINI

Member Age : 27

Member Gender : Female

Member Relation : Employee

Package Name : Medi-Wheel Metro Full Body Health Checkup Female Below 40

Location : PATNA, Bihar-800023

Contact Details : 7250634601

Booking Date : 05-08-2023

Appointment Date : 28-10-2023

Instructions to undergo Health Check:

1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
2. During fasting time do not take any kind of medication, alcohol, cigarettes, tobacco or other liquids (except Water) in the morning.
3. Bring urine sample in a container if possible (containers are available at the Health centre).
4. Please bring all your medical prescriptions and previous health medical records with you.
5. Kindly inform the health check reception in case if you have a history of diabetes or cardiac problems.

For Women:

1. Pregnant Women or those suspecting are advised not to undergo any X-Ray test.
2. It is advisable not to undergo any Health Check during menstrual cycle.

We request you to facilitate the employee on priority.



भारत सरकार

Government of India



शालिनी सिनहा

Shalini Sinha

जन्म तिथि/DOB: 15/07/1993

महिला/ FEMALE

Issue Date: 10/11/2014

Shalini Sinha

3520 7012 8084

VID : 9163 3040 8209 1711

मेरा आधार, मेरी पहचान



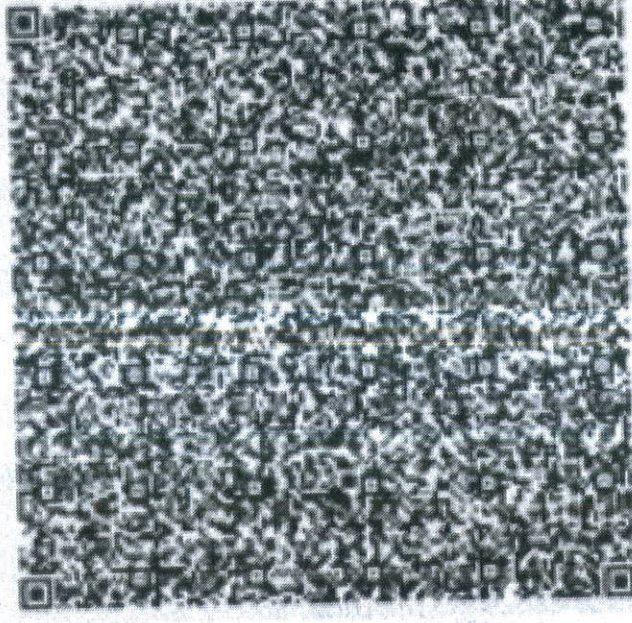
भारतीय विशिष्ट पहचान प्राधिकरण

Unique Identification Authority of India



पता:
D/O: गौतम कुमार सिन्हा, 4, इन्द्रपुरी, रोड न- 8, राजीव
नगर, पटना, फुलवारी, पटना,
बिहार - 800024

Address:
D/O: Gautam Kumar Sinha, 4, Indrapuri,
Road No- 8, Rajiv Nagar, Patna, Phulwari,
Patna,
Bihar - 800024



3520 7012 8084

VID : 9163 3040 8209 1711



1947



help@uidai.gov.in



www.uidai.gov.in

11442799 30years SHALINI SIMHA

Female Asian

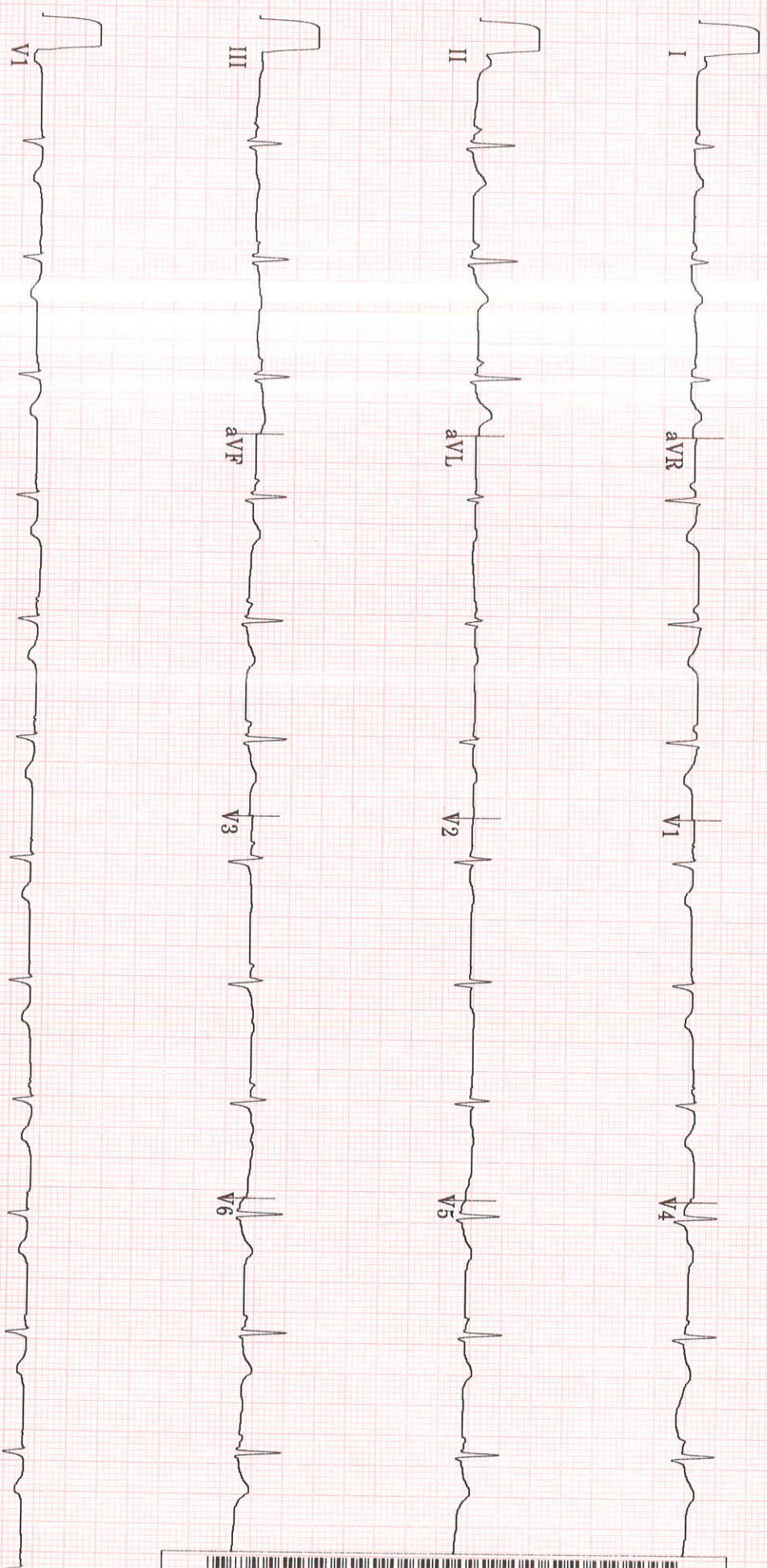
Vent. rate	77 bpm
PR interval	106 ms
QRS duration	74 ms
QT/QTc	378/427 ms
P-R-T axes	39 63 43

Sinus rhythm with short PR
Otherwise normal ECG

Technician:
Test ind:

Referred by: hcp

Unconfirmed



20 Hz 25.0 mm/s 10.0 mm/mV

4 by 2.5s + 1 rhythm 1d

MAC35 009C

12SL™ v239



TMT INVESTIGATION REPORT

Patient Name	SHALINI SINHA	Location	: Ghaziabad
Age/Sex	: 30Year(s)/Female	Visit No	: V0000000001-GHZZ
MRN No	MH011442799	Order Date	: 28/10/2023
Ref. Doctor	: HCP	Report Date	: 28/10/2023

Protocol : Bruce **MPHR** : 190BPM
Duration of exercise : 1min 58sec **85% of MPHR** : 161BPM
Reason for termination : THR achieved **Peak HR Achieved** : 192BPM
Blood Pressure (mmHg) : Baseline BP : 114/72mmHg **% Target HR** : 100%
Peak BP : 120/72mmHg **METS** : 4.5METS

STAGE	TIME (min)	H.R (bpm)	BP (mmHg)	SYMPTOMS	ECG CHANGES	ARRHYTHMIA
PRE- EXC.	0:00	85	114/72	Nil	No ST changes seen	Nil
STAGE 1	1:58	192	120/72	Nil	No ST changes seen	Nil
RECOVERY	3:17	81	114/72	Nil	No ST changes seen	Nil

COMMENTS:

- No ST changes in base line ECG.
- No ST changes at peak stage.
- No ST changes in recovery.
- Normal chronotropic response.
- Normal blood pressure response.
- Poor effort tolerance.

IMPRESSION:

Treadmill test is **negative** for exercise induced reversible myocardial ischemia.

Dr. Bhupendra Singh
MD, DM (CARDIOLOGY),FACC
Sr. Consultant Cardiology

Dr. Abhishek Singh
MD, DNB (CARDIOLOGY),MNAMS
Sr.Consultant Cardiology

Dr. Sudhanshu Mishra
MD
Cardiology Registrar

Manipal Hospital, Ghaziabad

NH - 24, Hapur Road, Ghaziabad,Uttar Pradesh - 201 002

P : 0120-3535353

Page 1 of 2

Manipal Health Enterprises Private Limited

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RADIOLOGY REPORT

NAME	MRS Shalini SINHA	STUDY DATE	28/10/2023 11:25AM
AGE / SEX	30 y / F	HOSPITAL NO.	MH011442799
ACCESSION NO.	R6315941	MODALITY	US
REPORTED ON	28/10/2023 11:46AM	REFERRED BY	HEALTH CHECK MGD

USG ABDOMEN & PELVIS


FINDINGS

LIVER: Liver is normal in size (measures 140 mm), shape and echotexture. Rest normal.
 SPLEEN: Spleen is normal in size (measures 86 mm), shape and echotexture. Rest normal.
 PORTAL VEIN: Appears normal in size and measures 9.4 mm.
 COMMON BILE DUCT: Appears normal in size and measures 3.9 mm.
 IVC, HEPATIC VEINS: Normal.
 BILIARY SYSTEM: Normal.
 GALL BLADDER: Gall bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.
 PANCREAS: Pancreas is normal in size, shape and echotexture. Rest normal.
 KIDNEYS: Bilateral kidneys are normal in size, shape and echotexture. Cortico-medullary differentiation is maintained. Rest normal.
 Right Kidney: measures 103 x 34 mm.
 Left Kidney: measures 103 x 38 mm.
 PELVI-CALYCEAL SYSTEMS: Compact.
 NODES: Not enlarged.
 FLUID: Nil significant.
 URINARY BLADDER: Urinary bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.
 UTERUS: Uterus is anteverted, normal in size (measures 79 x 48 x 33 mm), shape and echotexture.
 Endometrial thickness measures 4 mm. Cervix appears normal.
 OVARIES: Both ovaries are normal in size, shape and echotexture. Rest normal.
 Right ovary measures 35 x 35 x 25 mm with volume 15.4 cc.
 Left ovary measures 34 x 34 x 29 mm with volume 17.4 cc.
 BOWEL: Visualized bowel loops appear normal.

IMPRESSION

-No significant abnormality noted.

Recommend clinical correlation.



Dr. Prabhat Prakash Gupta MBBS, DNB, MNAMS

CONSULTANT RADIOLOGIST

*****End Of Report*****

MANIPAL HOSPITALS

NH-24, Hapur Road, Near Landcraft Golflinks, Ghaziabad - 201002

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RADIOLOGY REPORT

NAME	MRS Shalini SINHA	STUDY DATE	28/10/2023 10:48AM
AGE / SEX	30 y / F	HOSPITAL NO.	MH011442799
ACCESSION NO.	R6315940	MODALITY	CR
REPORTED ON	28/10/2023 2:15PM	REFERRED BY	HEALTH CHECK MGD

XR- CHEST PA VIEW

FINDINGS:

LUNGS: Normal.
TRACHEA: Normal.
CARINA: Normal.
RIGHT AND LEFT MAIN BRONCHI: Normal.
PLEURA: Normal.
HEART: Normal.
RIGHT HEART BORDER: Normal.
LEFT HEART BORDER: Normal.
PULMONARY BAY: Normal.
PULMONARY HILA: Normal.
AORTA: Normal.
THORACIC SPINE: Normal.
OTHER VISUALIZED BONES: Normal.
VISUALIZED SOFT TISSUES: Normal.
DIAPHRAGM: Normal.
VISUALIZED ABDOMEN: Normal.
VISUALIZED NECK: Normal.

IMPRESSION:

XR- CHEST PA VIEW
No significant abnormality seen.

Please correlate clinically



Dr. Prabhat Prakash Gupta MBBS, DNB, MNAMS
CONSULTANT RADIOLOGIST

*****End Of Report*****

MANIPAL HOSPITALS

NH-24, Hapur Road, Near Landcraft Golflinks, Ghaziabad - 201002

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Department Of Laboratory Medicine
LABORATORY REPORT

Name : MRS SHALINI SINHA
 Registration No : MH011442799
 Patient Episode : O03001206735
 Referred By : REFERRAL DOCTOR
 Receiving Date : 28 Oct 2023 19:43

Age : 30 Yr(s) Sex :Female
 Lab No : 32231012031
 Collection Date : 28 Oct 2023 19:26
 Reporting Date : 30 Oct 2023 07:46

BIOCHEMISTRY

THYROID PROFILE, Serum

Specimen Type : Serum

T3 - Triiodothyronine (ECLIA)	1.260	ng/ml	[0.800-2.040]
T4 - Thyroxine (ECLIA)	8.070	µg/dl	[5.500-11.000]
Thyroid Stimulating Hormone (ECLIA)	1.240	µIU/mL	[0.340-4.250]
1st Trimester:0.6 - 3.4		micIU/mL	
2nd Trimester:0.37 - 3.6		micIU/mL	
3rd Trimester:0.38 - 4.04		micIU/mL	

Note : TSH levels are subject to circadian variation, reaching peak levels between 2-4.a.m.and at a minimum between 6-10 pm.Factors such as change of seasons hormonal fluctuations,Ca or Fe supplements,high fibre diet,stress and illness affect TSH results.

* References ranges recommended by the American Thyroid Association

1) Thyroid. 2011 Oct;21(10):1081-125.PMID .21787128

2) <http://www.thyroid-info.com/articles/tsh-fluctuating.html>

-----END OF REPORT-----

Neelam Singal

Dr. Neelam Singal
CONSULTANT BIOCHEMISTRY





LABORATORY REPORT

Name	: MRS SHALINI SINHA	Age	: 30 Yr(s) Sex :Female
Registration No	: MH011442799	Lab No	: 202310005636
Patient Episode	: H18000001378	Collection Date	: 28 Oct 2023 10:32
Referred By	: HEALTH CHECK MGD	Reporting Date	: 28 Oct 2023 16:29
Receiving Date	: 28 Oct 2023 10:32		

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
Glycosylated Hemoglobin			
Specimen: EDTA			
HbA1c (Glycosylated Hemoglobin)	6.0 #	%	[0.0-5.6]
Method: HPLC			
As per American Diabetes Association (ADA) HbA1c in % Non diabetic adults >= 18years <5.7 Prediabetes (At Risk)5.7-6.4 Diagnosing Diabetes >= 6.5			
Estimated Average Glucose (eAG)	126	mg/dl	

Comments : HbA1c provides an index of average blood glucose levels over the past 8-12 weeks and is a much better indicator of long term glycemic control.

ROUTINE URINE ANALYSIS (Semi Automated) Specimen-Urine

MACROSCOPIC DESCRIPTION

Colour	PALE YELLOW	(Pale Yellow - Yellow)
Appearance	CLEAR	
Reaction[pH]	5.0	(4.6-8.0)
Specific Gravity	1.005	(1.003-1.035)

CHEMICAL EXAMINATION

Protein/Albumin	Negative	(NEGATIVE)
Glucose	NIL	(NIL)
Ketone Bodies	Negative	(NEGATIVE)
Urobilinogen	Normal	(NORMAL)



LABORATORY REPORT

Name	: MRS SHALINI SINHA	Age	: 30 Yr(s) Sex :Female
Registration No	: MH011442799	Lab No	: 202310005636
Patient Episode	: H18000001378	Collection Date	: 28 Oct 2023 11:52
Referred By	: HEALTH CHECK MGD	Reporting Date	: 28 Oct 2023 15:18
Receiving Date	: 28 Oct 2023 11:52		

CLINICAL PATHOLOGY

MICROSCOPIC EXAMINATION (Automated/Manual)

Pus Cells	1-2 /hpf	(0-5/hpf)
RBC	0-1/hpf	(0-2/hpf)
Epithelial Cells	NIL /hpf	
CASTS	NIL	
Crystals	NIL	
Bacteria	NIL	
OTHERS	NIL	

Serum LIPID PROFILE

Serum TOTAL CHOLESTEROL	162	mg/dl	[<200] Moderate risk:200-239 High risk:>240
Method:Oxidase,esterase, peroxide			
TRIGLYCERIDES (GPO/POD)	71	mg/dl	[<150] Borderline high:151-199 High: 200 - 499 Very high:>500
HDL-CHOLESTEROL	61.0	mg/dl	[35.0-65.0]
Method : Enzymatic Immunoimhibition			
VLDL- CHOLESTEROL (Calculated)	14	mg/dl	[0-35]
CHOLESTEROL, LDL, CALCULATED	87.0	mg/dl	[<120.0] Near/ Borderline High:130-159 High Risk:160-189
Above optimal-100-129			
T.Chol/HDL.Chol ratio (Calculated)	2.7		<4.0 Optimal 4.0-5.0 Borderline >6 High Risk
LDL.CHOL/HDL.CHOL Ratio (Calculated)	1.4		<3 Optimal 3-4 Borderline >6 High Risk



LABORATORY REPORT

Name : MRS SHALINI SINHA
Registration No : MH011442799
Patient Episode : H18000001378
Referred By : HEALTH CHECK MGD
Receiving Date : 28 Oct 2023 10:32

Age : 30 Yr(s) Sex :Female
Lab No : 202310005636
Collection Date : 28 Oct 2023 10:32
Reporting Date : 28 Oct 2023 15:06

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
LIVER FUNCTION TEST			
BILIRUBIN - TOTAL Method: D P D	0.41	mg/dl	[0.30-1.20]
BILIRUBIN - DIRECT Method: DPD	0.09	mg/dl	[0.00-0.30]
INDIRECT BILIRUBIN (SERUM) Method: Calculation	0.32	mg/dl	[0.10-0.90]
TOTAL PROTEINS (SERUM) Method: BIURET	7.40	gm/dl	[6.60-8.70]
ALBUMIN (SERUM) Method: BCG	4.70	g/dl	[3.50-5.20]
GLOBULINS (SERUM) Method: Calculation	2.70	gm/dl	[1.80-3.40]
PROTEIN SERUM (A-G) RATIO Method: Calculation	1.74		[1.00-2.50]
AST (SGOT) (SERUM) Method: IFCC W/O P5P	21.00	U/L	[0.00-40.00]
ALT (SGPT) (SERUM) Method: IFCC W/O P5P	21.80	U/L	[14.00-54.00]
Serum Alkaline Phosphatase Method: AMP BUFFER IFCC)	76.0	IU/L	[32.0-91.0]
GGT	26.0	U/L	[7.0-50.0]



LABORATORY REPORT

Name	: MRS SHALINI SINHA	Age	: 30 Yr(s) Sex :Female
Registration No	: MH011442799	Lab No	: 202310005637
Patient Episode	: H18000001378	Collection Date	: 28 Oct 2023 10:31
Referred By	: HEALTH CHECK MGD	Reporting Date	: 28 Oct 2023 15:06
Receiving Date	: 28 Oct 2023 10:31		

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
GLUCOSE-Fasting Specimen: Plasma			
GLUCOSE, FASTING (F)	89.0	mg/dl	[70.0-110.0]
Method: Hexokinase			

Normally, the glucose concentration in extracellular fluid is closely regulated so that a source of energy is readily available to tissues and so that no glucose is excreted in the urine.

Increased in Diabetes mellitus, Cushing's syndrome (10-15%), chronic pancreatitis (30%).
Drugs corticosteroids, phenytoin, estrogen, thiazides

Decreased in Pancreatic islet cell disease with increased insulin, insulinoma, adrenocortical insufficiency, hypopituitarism, diffuse liver disease, malignancy(adrenocortical, stomach, fibro sarcoma), infant of a diabetic mother enzyme deficiency diseases (e.g.galactosemia),
Drugs-
insulin, ethanol, propranolol, sulfonylureas, tobutamide, and other oral hypoglycemic agents.

NOTE:

- Abnormal Values

-----END OF REPORT-----

Dr. Alka Dixit Vats
Consultant Pathologist



Eye Trust Clinic
& DAY CARE CENTRE



In association with
Manipal Hospitals - Ghaziabad

Helpline: 99996 51125

Manipal Hospitals - Ghaziabad, NH-24, Hapur Road, Near Landcraft Golf Links, Ghaziabad - 201 002, Uttar Pradesh

Dr. Anant Vir Jain, MS, Fellow Aravind Eye Care Systems, Madurai. Cataract, Cornea & Glaucoma
Dr. Shishir Narain, MS, FRCSEd FRCOphth, Fellow Sankara Nethralaya, Retina & Uveitis

SHAJINI SYNHA

	RIGHT				LEFT			
	sph	cyl	axis	prism	sph	cyl	axis	prism
CONSTANT								
DISTANCE	-0.50 Dsph				-0.50 Dsph			
READING								

2810123

FIFTY YEARS



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0120 3535 353 / +91 88609 45566



URN : MH011442799

HEALTH CHECK RECORD

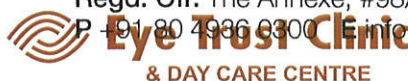
Hospital No: MH011442799	Visit No: H18000001378																															
Name: MRS SHALINI SINHA	Age/Sex: 30 Yrs/Female																															
Doctor Name: DR. ANANT VIR JAIN	Specialty: HC SERVICE MGD																															
Date: 28/10/2023 12:14PM																																
BP Systolic: 114 mmHg	BP Diastolic: 72 mmHg	Pulse Rate: 80beats per minute																														
Saturation(Oxygen): 100%	Height: 165.5cm	Weight : 47.8kg																														
BMI: 17.45	Pain Score: 00	Fall Risk: 01																														
Vulnerable: 01																																
<p>OPD Notes :</p> <p>PRESENT OPHTHALMIC COMPLAINS -HC</p> <p>SYSTEMIC/ OPHTHALMIC HISTORY -NIL</p> <table border="0"> <tr> <td>EXAMINATION DETAILS</td> <td>RIGHT EYE</td> <td>LEFT EYE</td> </tr> <tr> <td>VISION</td> <td>6/6</td> <td>6/6</td> </tr> <tr> <td>CONJ</td> <td>NORMAL</td> <td>NORMAL</td> </tr> <tr> <td>CORNEA</td> <td>CLEAR</td> <td>CLEAR</td> </tr> <tr> <td>LENS</td> <td>CLEAR</td> <td>CLEAR</td> </tr> <tr> <td>OCULAR MOVEMENTS</td> <td>FULL</td> <td>FULL</td> </tr> <tr> <td>NCT</td> <td>18</td> <td>16</td> </tr> <tr> <td>FUNDUS EXAMINATION</td> <td></td> <td></td> </tr> <tr> <td>OPTIC DISC</td> <td>C:D 0.4</td> <td>C:D 0.4</td> </tr> <tr> <td>MACULAR AREA</td> <td>FOVEAL REFLEX PRESENT</td> <td>FOVEAL REFLEX PRESENT</td> </tr> </table> <p>ADVISE / TREATMENT</p> <p>E/D NST 4 TIMES DAILY BE</p> <p>CONTINUE SAME GLASSES</p> <p>REVIEW AFTER 6 MTH</p>			EXAMINATION DETAILS	RIGHT EYE	LEFT EYE	VISION	6/6	6/6	CONJ	NORMAL	NORMAL	CORNEA	CLEAR	CLEAR	LENS	CLEAR	CLEAR	OCULAR MOVEMENTS	FULL	FULL	NCT	18	16	FUNDUS EXAMINATION			OPTIC DISC	C:D 0.4	C:D 0.4	MACULAR AREA	FOVEAL REFLEX PRESENT	FOVEAL REFLEX PRESENT
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Anant Vir Jain
DR. ANANT VIR JAIN
 "MBBS,MS (Ophthalmology)"
 Reg. No.: 18126

Manipal Health Enterprises Pvt. Ltd.

CIN: U85110KA2010PTC052540

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