

puranima

ID:

15-Feb-2023 10:59:07

Manipal Hospitals, Ghaziabad

32years  
Female  
Asian

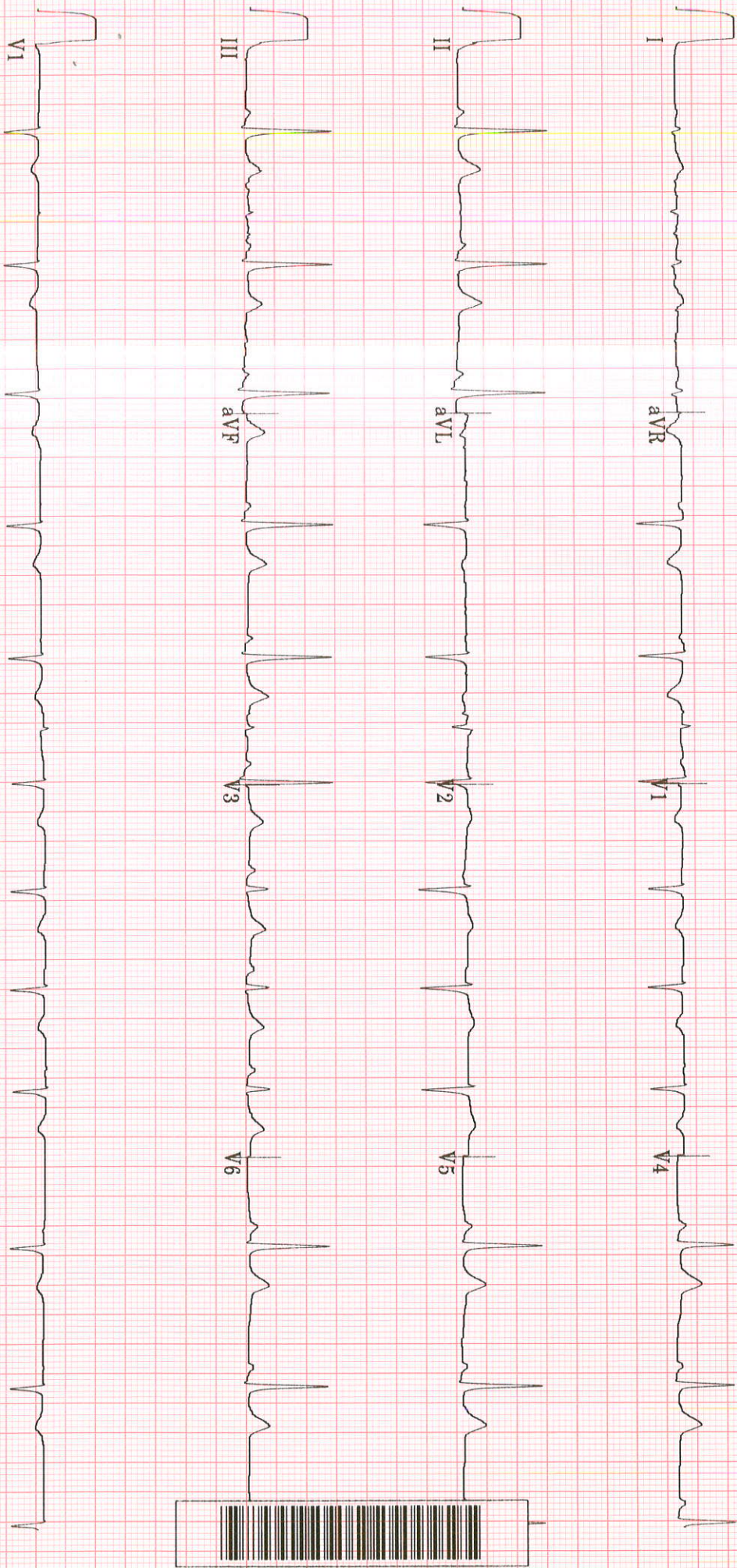
|              |            |
|--------------|------------|
| Vent rate    | 71 bpm     |
| PR interval  | 148 ms     |
| QRS duration | 78 ms      |
| QT/QTc       | 382/415 ms |
| P-R-T axes   | 76 89 72   |

Sinus rhythm with marked sinus arrhythmia  
Otherwise normal ECG

Technician:  
Test ind.

Referred by: hcp

Unconfirmed





## TMT INVESTIGATION REPORT

|                                   |             |                   |
|-----------------------------------|-------------|-------------------|
| Patient Name : Mrs. Purnima VERMA | Location    | : Ghaziabad       |
| Age/Sex : 32Year(s)/Female        | Visit No    | : V000000001-GHZZ |
| MRN No MH010781574                | Order Date  | : 15/02/2023      |
| Ref. Doctor : HCP                 | Report Date | : 15/02/2023      |

**Protocol** : Bruce **MPHR** : 188BPM  
**Duration of exercise** : 8min 38sec **85% of MPHR** : 159BPM  
**Reason for termination** : THR achieved **Peak HR Achieved** : 163BPM  
**Blood Pressure (mmHg)** : Baseline BP : 100/66mmHg **% Target HR** : 86%  
Peak BP : 126/70mmHg **METS** : 10.1METS

| STAGE     | TIME (min) | H.R (bpm) | BP (mmHg) | SYMPTOMS | ECG CHANGES        | ARRHYTHMIA |
|-----------|------------|-----------|-----------|----------|--------------------|------------|
| PRE- EXC. | 0:00       | 68        | 100/66    | Nil      | No ST changes seen | Nil        |
| STAGE 1   | 3:00       | 107       | 110/66    | Nil      | No ST changes seen | Nil        |
| STAGE 2   | 3:00       | 128       | 116/66    | Nil      | No ST changes seen | Nil        |
| STAGE     | 2:38       | 163       | 126/70    | Nil      | No ST changes seen | Nil        |
| RECOVERY  | 3:14       | 90        | 120/70    | Nil      | No ST changes seen | Nil        |

**COMMENTS:**

- No ST changes in base line ECG.
- No ST changes during exercise and recovery.
- Normal chronotropic response.
- Normal blood pressure response.
- Fair effort tolerance.

**IMPRESSION:**

Treadmill test is **negative** for exercise induced reversible myocardial ischemia.

**Dr. Bhupendra Singh**MD, DM (CARDIOLOGY), FACC  
Sr. Consultant Cardiology**Dr. Abhishek Singh**MD, DNB (CARDIOLOGY), MNAMS  
Sr. Consultant Cardiology**Dr. Sudhanshu Mishra**MD  
Cardiology Registrar

Manipal Hospital, Ghaziabad

NH - 24, Hapur Road, Opp. Bahmeta Village, Ghaziabad, Uttar Pradesh - 201 002

P : 0120-616 5666

Page 1 of 2

Manipal Health Enterprises Private Limited

CIN: U85110KA2003PTC033055

Regd. Off. The Annexe, #98/2, Rustom Bagh, Off. HAL Airport Road, Bengaluru - 560 017

Health Check up Booking Confirmed Request(bobS29181),Package Code-PKG10000241,  
Beneficiary Code-21060

X DELETE ← REPLY ← REPLY ALL → FORWARD ...



Mediwheel <wellness@mediwheel.in>

Mark as unread

Mon 2/13/2023 12:46 PM

To: PHC [MH-Ghaziabad];

Cc: mediwheelwellness@gmail.com;



Mediwheel  
...Your wellness partner



011-41195959

Email:wellness@mediwheel.in

Hi Manipal Hospitals,

Diagnostic/Hospital Location :NH-24 Hapur Road,Oppo. Bahmeta Village, Near Lancroft  
Golf Links Apartment, City:Ghaziabad

We have received the confirmation for the following booking .

**Beneficiary Name** : PKG10000241

**Beneficiary Name** : Purnima verma

**Member Age** : 33

**Member Gender** : Female

**Member Relation** : Spouse

**Package Name** : Medi-Wheel Metro Full Body Health Checkup Female Below 40

**Location** : GHAZIABAD,Uttar Pradesh-201001

**Contact Details** : 7007308301

**Booking Date** : 13-02-2023

**Appointment Date** : 15-02-2023

**Instructions to undergo Health Check:**

1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
2. During fasting time do not take any kind of medication, alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning.
3. Bring urine sample in a container if possible (containers are available at the Health Check centre).
4. Please bring all your medical prescriptions and previous health medical records with you.
5. Kindly inform the health check reception in case if you have a history of diabetes and cardiac problems.

**For Women:**

1. Pregnant Women or those suspecting are advised not to undergo any X-Ray test.



भारत सरकार



Issue Date: 03/05/2017

पुणिमा वर्मा  
Punima Verma  
जन्म तिथि / DOB : 17/08/1990  
महिला / Female

5012017206



**5481 3532 3936**

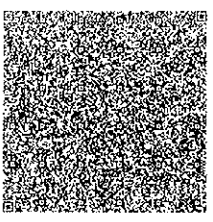
मेरा आधार, मेरी पहचान



भारतीय विहित प्रहान् अधिकरण  
 Ministry of Information and Public Relations, Government of India



पता: इन्डिया/ओ सचिदानन्द वर्मा, फ्लैट नं. 23009  
 टावर बी, 14वां एवेन्यू गौर सिटी 2, ग्रेटर नोएडा  
 वेस्ट, गौतम बुद्ध नगर \*\*, गौतमबुद्ध नगर,  
 उत्तर प्रदेश, 201301  
 Address: W/o Sachidanand Verma, FLAT  
 NO 23009 TOWER B, 14TH AVENUE GAUR  
 CITY 2, GREATER NOIDA WEST, Gautam  
 Buddha Nagar \*\*, Gautam Buddha Nagar,  
 Uttar Pradesh, 201301



5481 3532 3936



1947



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www.uidai.gov.in

## RADIOLOGY REPORT

|                   |                      |                     |                     |
|-------------------|----------------------|---------------------|---------------------|
| <b>Name</b>       | Purnima VERMA        | <b>Modality</b>     | DX                  |
| <b>Patient ID</b> | MH010781574          | <b>Accession No</b> | R5165801            |
| <b>Gender/Age</b> | F / 32Y 5M           | <b>Scan Date</b>    | 15-02-2023 10:04:59 |
| <b>Ref. Phys</b>  | Dr. HEALTH CHECK MGD | <b>Report Date</b>  | 15-02-2023 10:22:37 |

### XR- CHEST PA VIEW

#### FINDINGS:

LUNGS: Normal.  
TRACHEA: Normal.  
CARINA: Normal.  
RIGHT AND LEFT MAIN BRONCHI: Normal.  
PLEURA: Normal.  
HEART: Normal.  
RIGHT HEART BORDER: Normal.  
LEFT HEART BORDER: Normal.  
PULMONARY BAY: Normal.  
PULMONARY HILA: Normal.  
AORTA: Normal.  
THORACIC SPINE: Normal.  
OTHER VISUALIZED BONES: Normal.  
VISUALIZED SOFT TISSUES: Normal.  
DIAPHRAGM: Normal.  
VISUALIZED ABDOMEN: Normal.  
VISUALIZED NECK: Normal.

#### IMPRESSION:

**No significant abnormality seen.**

*Please correlate clinically*

RADIOLOGY REPORT

|                   |                      |                     |                     |
|-------------------|----------------------|---------------------|---------------------|
| <b>Name</b>       | Purnima VERMA        | <b>Modality</b>     | DX                  |
| <b>Patient ID</b> | MH010781574          | <b>Accession No</b> | R5165801            |
| <b>Gender/Age</b> | F / 32Y 5M           | <b>Scan Date</b>    | 15-02-2023 10:04:59 |
| <b>Ref. Phys</b>  | Dr. HEALTH CHECK MGD | <b>Report Date</b>  | 15-02-2023 10:22:37 |

*Pr Gupta*

Dr. Prabhat Prakash Gupta,  
MBBS, DNB, MNAMS, FRCR(I)  
Consultant Radiologist, Reg no DMC/R/14242

**RADIOLOGY REPORT**

|                     |                      |                     |                     |
|---------------------|----------------------|---------------------|---------------------|
| <b>Name</b>         | Purnima VERMA        | <b>Modality</b>     | US                  |
| <b>Patient ID</b>   | MH010781574          | <b>Accession No</b> | R5165802            |
| <b>Gender / Age</b> | F / 32Y 5M           | <b>Scan Date</b>    | 15-02-2023 10:12:02 |
| <b>Ref. Phys</b>    | Dr. HEALTH CHECK MGD | <b>Report Date</b>  | 15-02-2023 10:34:41 |

**USG ABDOMEN & PELVIS  
FINDINGS**

LIVER: appears normal in size (measures 138 mm) and shape but shows diffuse increase in liver echotexture, in keeping with diffuse grade I fatty infiltration. Rest normal.  
 SPLEEN: Spleen is normal in size (measures 100 mm), shape and echotexture. Rest normal.  
 PORTAL VEIN: Appears normal in size and measures 8.4 mm.  
 COMMON BILE DUCT: Appears normal in size and measures 3.5 mm.  
 IVC, HEPATIC VEINS: Normal.  
 BILIARY SYSTEM: Normal.  
 GALL BLADDER: Gall bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.  
 PANCREAS: Pancreas is normal in size, shape and echotexture. Rest normal.  
 KIDNEYS: Bilateral kidneys are normal in size, shape and echotexture. Cortico-medullary differentiation is maintained. Rest normal.  
 Right Kidney: measures 101 x 33 mm.  
 Left Kidney: measures 92 x 42 mm. It shows a concretion measuring 3 mm at mid calyx.  
 PELVI-CALYCEAL SYSTEMS: Compact.  
 NODES: Not enlarged.  
 FLUID: Nil significant.  
 URINARY BLADDER: Urinary bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.  
 UTERUS: Uterus is anteverted, normal in size (measures 76 x 43 x 36 mm), shape and echotexture.  
 Endometrial thickness measures 4.3 mm. Cervix appears normal.  
 OVARIES: Both ovaries are normal in size, shape and echotexture. Rest normal.  
 Right ovary measures 29 x 27 x 18 mm with volume 7.2 cc.  
 Left ovary measures 27 x 24 x 20 mm with volume 7.0 cc.  
 Bilateral adnexa is clear.  
 No free fluid is seen in cul-de-sac.  
 BOWEL: Visualized bowel loops appear normal.

**IMPRESSION**

- Diffuse grade I fatty infiltration in liver.
- Left renal concretion.

Recommend clinical correlation.



RADIOLOGY REPORT

|                   |                      |                     |                     |
|-------------------|----------------------|---------------------|---------------------|
| <b>Name</b>       | Purnima VERMA        | <b>Modality</b>     | US                  |
| <b>Patient ID</b> | MH010781574          | <b>Accession No</b> | R5165802            |
| <b>Gender/Age</b> | F / 32Y 5M           | <b>Scan Date</b>    | 15-02-2023 10:12:02 |
| <b>Ref. Phys</b>  | Dr. HEALTH CHECK MGD | <b>Report Date</b>  | 15-02-2023 10:34:41 |

*Monica*

Dr. Monica Shekhawat, MBBS,DNB,  
Consultant Radiologist,Reg No MCI 11 10887

## LABORATORY REPORT

|                        |                     |                        |                        |
|------------------------|---------------------|------------------------|------------------------|
| <b>Name</b>            | : MRS PURNIMA VERMA | <b>Age</b>             | : 32 Yr(s) Sex :Female |
| <b>Registration No</b> | : MH010781574       | <b>Lab No</b>          | : 32230205972          |
| <b>Patient Episode</b> | : H1800000223       | <b>Collection Date</b> | : 15 Feb 2023 15:10    |
| <b>Referred By</b>     | : HEALTH CHECK MGD  | <b>Reporting Date</b>  | : 15 Feb 2023 16:27    |
| <b>Receiving Date</b>  | : 15 Feb 2023 15:28 |                        |                        |

### BIOCHEMISTRY

| TEST                                | RESULT      | UNIT     | BIOLOGICAL REFERENCE INTERVAL |
|-------------------------------------|-------------|----------|-------------------------------|
| Specimen Type : Serum               |             |          |                               |
| <b>THYROID PROFILE, Serum</b>       |             |          |                               |
| T3 - Triiodothyronine (ECLIA)       | 1.17        | ng/ml    | [0.70-2.04]                   |
| T4 - Thyroxine (ECLIA)              | 7.91        | micg/dl  | [4.60-12.00]                  |
| Thyroid Stimulating Hormone (ECLIA) | 1.380       | μIU/mL   | [0.340-4.250]                 |
| 1st Trimester:                      | 0.6 - 3.4   | micIU/mL |                               |
| 2nd Trimester:                      | 0.37 - 3.6  | micIU/mL |                               |
| 3rd Trimester:                      | 0.38 - 4.04 | micIU/mL |                               |

Note : TSH levels are subject to circadian variation, reaching peak levels between 2-4.a.m.and at a minimum between 6-10 pm.Factors such as change of seasons hormonal fluctuations,Ca or Fe supplements,high fibre diet, stress and illness affect TSH results.

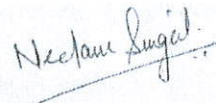
\* References ranges recommended by the American Thyroid Association

1) Thyroid. 2011 Oct;21(10):1081-125.PMID .21787128

2) <http://www.thyroid-info.com/articles/tsh-fluctuating.html>

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-----END OF REPORT-----



**Dr. Neelam Singal**  
CONSULTANT BIOCHEMISTRY

## LABORATORY REPORT

|                        |                     |                        |                        |
|------------------------|---------------------|------------------------|------------------------|
| <b>Name</b>            | : MRS PURNIMA VERMA | <b>Age</b>             | : 32 Yr(s) Sex :Female |
| <b>Registration No</b> | : MH010781574       | <b>Lab No</b>          | : 202302001632         |
| <b>Patient Episode</b> | : H18000000223      | <b>Collection Date</b> | : 15 Feb 2023 09:46    |
| <b>Referred By</b>     | : HEALTH CHECK MGD  | <b>Reporting Date</b>  | : 15 Feb 2023 12:24    |
| <b>Receiving Date</b>  | : 15 Feb 2023 09:46 |                        |                        |

### HAEMATOTOLOGY

| TEST  | RESULT | UNIT                             | BIOLOGICAL REFERENCE INTERVAL |
|---|--------|----------------------------------|-------------------------------|
| <b>COMPLETE BLOOD COUNT (AUTOMATED)</b>           |        | <b>SPECIMEN-EDTA Whole Blood</b> |                               |
| RBC COUNT (IMPEDEANCE)                            | 4.53   | millions/cu mm                   | [3.80-4.80]                   |
| HEMOGLOBIN  | 13.3   | g/dl                             | [12.0-16.0]                   |
| Method:cyanide free SLS-colorimetry               |        |                                  |                               |
| HEMATOCRIT (CALCULATED)                           | 40.3   | %                                | [36.0-46.0]                   |
| MCV (DERIVED)                                     | 89.0   | fL                               | [83.0-101.0]                  |
| MCH (CALCULATED)                                  | 29.4   | pg                               | [27.0-32.0]                   |
| MCHC (CALCULATED)                                 | 33.0   | g/dl                             | [31.5-34.5]                   |
| RDW CV% (DERIVED)                                 | 13.5   | %                                | [11.6-14.0]                   |
| Platelet count                                    | 171    | x 10 <sup>3</sup> cells/cumm     | [150-400]                     |
| MPV (DERIVED)                                     | 11.9   |                                  |                               |
| WBC COUNT (TC) (IMPEDEANCE)                       | 4.87   | x 10 <sup>3</sup> cells/cumm     | [4.00-10.00]                  |
| DIFFERENTIAL COUNT<br>(VCS TECHNOLOGY/MICROSCOPY) |        |                                  |                               |
| Neutrophils                                       | 50.0   | %                                | [40.0-80.0]                   |
| Lymphocytes                                       | 42.0   | %                                | [17.0-45.0]                   |
| Monocytes   | 6.0    | %                                | [2.0-10.0]                    |
| Eosinophils                                       | 2.0    | %                                | [2.0-7.0]                     |
| Basophils   | 0.0    | %                                | [0.0-2.0]                     |
| ESR   | 7.0    | /1sthour                         | [0.0-                         |

## LABORATORY REPORT

|                        |                     |                        |                        |
|------------------------|---------------------|------------------------|------------------------|
| <b>Name</b>            | : MRS PURNIMA VERMA | <b>Age</b>             | : 32 Yr(s) Sex :Female |
| <b>Registration No</b> | : MH010781574       | <b>Lab No</b>          | : 202302001632         |
| <b>Patient Episode</b> | : H18000000223      | <b>Collection Date</b> | : 15 Feb 2023 09:46    |
| <b>Referred By</b>     | : HEALTH CHECK MGD  | <b>Reporting Date</b>  | : 15 Feb 2023 17:57    |
| <b>Receiving Date</b>  | : 15 Feb 2023 09:46 |                        |                        |

### BIOCHEMISTRY

| TEST  | RESULT | UNIT  | BIOLOGICAL REFERENCE INTERVAL |
|---|--------|-------|-------------------------------|
| <b>Glycosylated Hemoglobin</b>              |        |       |                               |
| Specimen: EDTA                              |        |       |                               |
| HbA1c (Glycosylated Hemoglobin)             | 5.5    | %     | [0.0-5.6]                     |
| Method: HPLC                                |        |       |                               |
| As per American Diabetes Association (ADA)  |        |       |                               |
| HbA1c in %                                  |        |       |                               |
| Non diabetic adults $\geq 18$ years $< 5.7$ |        |       |                               |
| Prediabetes (At Risk) 5.7-6.4               |        |       |                               |
| Diagnosing Diabetes $\geq 6.5$              |        |       |                               |
| Estimated Average Glucose (eAG)             | 111    | mg/dl |                               |

Comments : HbA1c provides an index of average blood glucose levels over the past 8-12 weeks and is a much better indicator of long term glycemic control.

### ROUTINE URINE ANALYSIS (Semi Automated) Specimen-Urine

#### MACROSCOPIC DESCRIPTION

|                  |             |                        |
|------------------|-------------|------------------------|
| Colour           | PALE YELLOW | (Pale Yellow - Yellow) |
| Appearance       | CLEAR       |                        |
| Reaction [pH]    | 7.0         | (4.6-8.0)              |
| Specific Gravity | 1.005       | (1.003-1.035)          |

#### CHEMICAL EXAMINATION

|                 |          |            |
|-----------------|----------|------------|
| Protein/Albumin | Negative | (NEGATIVE) |
| Glucose         | NIL      | (NIL)      |
| Ketone Bodies   | Negative | (NEGATIVE) |
| Urobilinogen    | Normal   | (NORMAL)   |

## LABORATORY REPORT

|                        |                     |                        |                        |
|------------------------|---------------------|------------------------|------------------------|
| <b>Name</b>            | : MRS PURNIMA VERMA | <b>Age</b>             | : 32 Yr(s) Sex :Female |
| <b>Registration No</b> | : MH010781574       | <b>Lab No</b>          | : 202302001632         |
| <b>Patient Episode</b> | : HI8000000223      | <b>Collection Date</b> | : 15 Feb 2023 10:30    |
| <b>Referred By</b>     | : HEALTH CHECK MGD  | <b>Reporting Date</b>  | : 15 Feb 2023 15:44    |
| <b>Receiving Date</b>  | : 15 Feb 2023 10:30 |                        |                        |

### CLINICAL PATHOLOGY

#### MICROSCOPIC EXAMINATION (Automated/Manual)

|                  |          |           |
|------------------|----------|-----------|
| Pus Cells        | 1-2 /hpf | (0-5/hpf) |
| RBC              | NIL      | (0-2/hpf) |
| Epithelial Cells | 1-2 /hpf |           |
| CASTS            | nil      |           |
| Crystals         | nil      |           |
| OTHERS           | nil      |           |

#### Serum LIPID PROFILE

|                                     |      |       |  |
|-------------------------------------|------|-------|--|
| Serum TOTAL CHOLESTEROL             | 150  | mg/dl | [<200]<br>Moderate risk:200-239<br>High risk:>240                      |
| TRIGLYCERIDES (GPO/POD)             | 62   | mg/dl | [<150]<br>Borderline high:151-199<br>High: 200 - 499<br>Very high:>500 |
| HDL- CHOLESTEROL                    | 54.0 | mg/dl | [35.0-65.0]  |
| Method : Enzymatic Immunoimhibition |      |       |  |
| VLDL- CHOLESTEROL (Calculated)      | 12   | mg/dl | [0-35]   |
| CHOLESTEROL, LDL, CALCULATED        | 84.0 | mg/dl | [<120.0]<br>Near/<br>Borderline High:130-159<br>High Risk:160-189      |
| Above optimal-100-129               |      |       | <4.0 Optimal<br>4.0-5.0 Borderline<br>>6 High Risk                     |
| T.Chol/HDL.Chol ratio(Calculated)   | 2.8  |       |  |
| LDL.CHOL/HDL.CHOL Ratio(Calculated) | 1.6  |       | <3 Optimal<br>3-4 Borderline<br>>6 High Risk                           |

Note: